



Books that strengthen, inspire and entertain!

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Spring 2019

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To be sold...

The Secret Books of the Medici

David Newman



THE SECRET BOOKS OF THE MEDICI is a proposed fictional trilogy loosely based on the actual letters, account books and diaries of the ‘early’ Medici: Giovanni (di Bicci) de’Medici, his son Cosimo, grandson Piero, and great-grandson Lorenzo, ‘the Magnificent’ -- in which are recounted not only the political and financial exploits by which they rose to power, but also their relationships with wives and children, artists, warriors, engineers, thinkers, slaves and scoundrels.

Book 1—COSIMO—is complete.

Early fifteenth century Florence, cradle of the Renaissance, enjoyed a generation of peace and unparalleled prosperity. Her fame as the cloth center and banking capital of Europe drew scores of artists to her service including Brunelleschi, Donatello and Masaccio, each of whom figures prominently in these stories. Beneath this brilliant surface, however, an ancient feud simmered between the Guelfs, the old aristocratic warrior class of Florence, and the newly monied merchant Guildsmen. Supporting both camps by their labor, but with no voice in the governing *Signoria*, thirty thousand cloth-workers – carders, spinners, dyers —seethed with resentment against both factions.

As the Pope's bankers, the Medici were staunch Guildsmen, but their charitable offerings (hospitals, orphanages, convents) had earned them the goodwill of the workers, just as their liberal patronage endeared them to the finest artists, engineers and thinkers of their time.

This is the backdrop for completed Book 1: COSIMO, which begins the rich tale of Cosimo de’ Medici’s journey from idealistic youth to the founder of a dynasty that rose to the papal throne and married into the royal houses of Europe.

Historical Fiction

Mommy Needs Wine

Celeste Yvonne

Excerpt from *Mommy Needs Wine*:

“Mommy Needs Wine!” the Facebook memes shout. “This might be wine”, the coffee mugs read. Today, thanks to social media and pop culture, it’s hard to imagine a more perfect pairing than parenting and wine.

And for a long time, I was all-in. No one wants to drink alone, right? And these memes, the parties, and the encouragement to drink “mommy juice” was just the fuel I needed to validate what was increasingly becoming obvious: Mommy Needs Wine.

Between giving birth, being ushered out of the hospital one day later with a prescription for pain killers and a brochure on newborn care, and learning the ropes of breastfeeding, pumping, and figuring out how to swaddle properly (I never did manage that, by the way), the anxiety only grew worse. I practically threw wine a “welcome back” party when I was home and had googled the ins and outs of pumping and dumping breastmilk.

And little did I know, the ugly postpartum depression monster was slowly creeping around, ready to pounce just when I felt like I was getting my act together. More wine, please.

But an alcohol buzz doesn’t last. I found myself consuming more, trying to retain that feeling. And the after-effects became more pronounced: poor sleep, headaches and nasty hangovers, and the loss of energy.

Energy, after all, is currency for the new parent. That shit’s valuable and you have to pick and choose what you’re going to spend it on. Things that used to excite me, like staying up late or going out, started to take a back seat to things that wouldn’t drain my energy. Alcohol drains energy. Period. And a hangover is the ultimate energy drain. Soon I realized I couldn’t have energy and my now nightly 3-4 glasses of wine. I would have to choose.

In *Mommy Needs Wine*, Yvonne offers a mix of memoir, research explained accessibly, widely recognizable cultural references and engaging interviews with other moms who sought refuge in wine and some who still do. She will dissect the catch-22 of the drinking they do to blur their tumultuous days of parenting; the same days they’re constantly being reminded to savor.

In other words, Yvonne’s going to tackle one of the biggest open secrets among young parents: there’s a crap load of drinking going on and it isn’t good.

Yvonne found however, there is light at the end of the hangover. She found grace, peace, and energy – yes, energy! – when she put the bottle down for good. And while wine marketers and heavy drinkers will be loath to hear it, this mommy is very happy sober. And life feels more in control than it ever did with a drink in her hand.

Memoir

Beautiful Us

Shelby Riley

Angel is dying. Or so she tells her three daughters.

Two rush home to help her clear out their junk-filled childhood home before death claims her.

The third and eldest, Bird, has stayed in their hometown. Between taking care of their mother and a job coaching local figure skaters, her husband and kids are almost an afterthought. Bird meets her sisters like a bodyguard, steeled to defend their mother, no matter what.

Lea, the middle daughter, now a neuroscientist, has left a rocky marriage and young son at home in Pennsylvania, and arrives with the secret of an unexpected pregnancy she's not sure she'll keep.

Addie, the "sexy, stupid, crazy" youngest sister, floats in from Costa Rica or Belize or maybe Brazil--no one can get a straight story out of her--with her ethereal beauty, her poetry, an old drug habit and only one change of clothes.

In the course of seven days, while the weather heats up and the house seems to close in on them, the sisters find themselves embroiled in a strange fight for the lives they'd tried to forge when they'd left Angel years ago.

BEAUTIFUL US is a novel alternatively told in the compelling and varied voices of each of these four women. It examines how family roles come to define us, the great lengths we go to to break free from dysfunction, and finally, the tenacity and power of familial love.

Shelby Riley is a licensed marriage and family therapist with over 20 years of practice. Her experience as a mental health professional helps to make this complex and nuanced family story ring startlingly true to readers. This is her first novel.

Novel

Wars We've Lost, Wars We've Won: A Soldier's Fight For and Against Her Army

Laurie Jean Cannady, Ph.D.

Excerpt from *Wars We've Lost, Wars We've Won*

At the start of *Wars We've Lost, Wars We've Won*, I am a hopeful, determined, eighteen-year-old, prepared to cast off childhood traumas, as I begin basic training at Fort Jackson, South Carolina. Before enlisting, no matter what I'd done, no matter how many successes garnered, I'd been unable to avoid traps seemingly fashioned to imprison me in a generational cycle of poverty, abuse, and abandonment. Sometimes, I toppled into those traps; other times, I dived in. But that cycle, I believed, would be broken once I joined the Army.

Despite my best intentions, I quickly learn my Army, my "savior," has its own snares, specifically designed for girls like me. *Wars We've Lost, Wars We've Won* follows me, Private Carter, as I work to embark on a more purposeful and prosperous future in the Army. I find, though, that there's no erasing past traumas and that I will have to battle my past and my future if I'm to become the soldier I hope to be. Issues that continue to plague the military and its members even today such as fraternization, sexual assault, predatory drill sergeants, domestic violence, single motherhood, and child abandonment are front and center within the narrative. Believing, at first, my own issues are simply too much for the Army to handle soon morphs into an understanding that the Army's issues might be too much for me.

Through the author's personal story, told in the honest, lyrical language of brutal experience and unabashed hope, *Wars We've Lost, Wars We've Won* follows Carter's journey through external and self-inflicted abuse as it exposes flaws in US military training and service. But *Wars We've Lost, Wars We've Won* not only sings tragedy; at its core, it is a display of determination, of fight, of a wounded girl becoming the soldier she aspired to be, despite the obstacles she faced.

Memoir

Find her previous memoir, CRAVE, on page 13

Between Scenes

Liz Locke



BETWEEN SCENES is a novel that both honors and pokes fun at its subject in the nicest possible way. Told in a recognizably soap-opera-ish voice, and brimming with the juicy highs and lows of every good soap opera plot, it will delight and amuse fans of that genre, and beyond.

The Daytime Emmy Awards ceremony begins BETWEEN SCENES where we meet its four main characters, all former or current soap opera actors --Tina, Mike, Bridgette and William. Tina has been nominated for Best Actress but

her date, Mike, suddenly has disappeared. Just before Tina's category is announced, a gunshot is heard in the ballroom, causing commotion and panic.

We then head back in time, to see what led to this moment:

Tina Powers has enjoyed a decades-long career as an actress on the soap, *Forever & Always*. Despite problems in her marriage to producer-turned-network exec Randall Powers, she is shocked when he serves her with divorce papers. Soon after, the network cancels *Forever & Always*. Distraught, Tina finds an unexpected ally in dishy co-star Mike McGarvey. Mike has his own problems, dealing with both the show's cancellation, and a humiliating dance performance on the reality TV show, *Celebrity Dancing*. Although Tina is nearly 20 years his senior, they fall into a surprising romance after sharing hard luck stories. Their burgeoning relationship will be tested by nasty publicity about their age difference and Mike's increasing dependency on painkillers, used to treat an injury he sustained on *Celebrity Dancing*.

Tina's friend, actress Bridgette Rousseau, is forced to relocate with her son Max when her current medical soap, *Southeast General*, moves from New York to Los Angeles. LA is where Max's biological father and former soap star, William Curtis, now works as a popular prime-time television and feature film actor. Unaware of Bridgette's pregnancy when they broke up seven years earlier, William's still oblivious after they reconnect in LA. They begin to date again, realizing quickly that their love has never faded. When a serious health issue for Max forces Bridgette to confess the paternity secret, William shuns her while still vowing to save their child's life.

Despite celebrity gossip, mixed signals, obsessive fans, and, of course, murder, this tasty romp has a happy ending for all in the best soap opera tradition.

Fiction

UPCOMING...



In Another Place: a memoir by Susan Mailer, daughter of Norman Mailer Susan Mailer

With the hindsight of maturity and the professional perspective of a practicing psychoanalyst, Susan Mailer brings a compassionate clarity to life with her father, Norman Mailer.

Norman Mailer was among the most celebrated, talented and controversial writers of the 20th Century. He won Pulitzer Prizes for *The Armies of the Night* (1968) and *The Executioner's Song* (1979). His first book, the bestselling *The Naked and the Dead* (1948), made him famous at the age of 25. Mailer would go on to have 10 more bestsellers from the more than 40 books he published. He was actively writing and muckraking until his death at 84 in November 2007.

Although Susan's parents separated when she was a baby, she spent the next 18 years shuttling between her mother's home in Mexico, and her father's in New York. Notoriously combative and egotistical, Mailer enjoyed a good fight both physically and verbally. Whether cheered or booed, Mailer was front and center of the cultural battles from the 1950s into the 2000s. Mailer was married 6 times, and fathered 9 children.

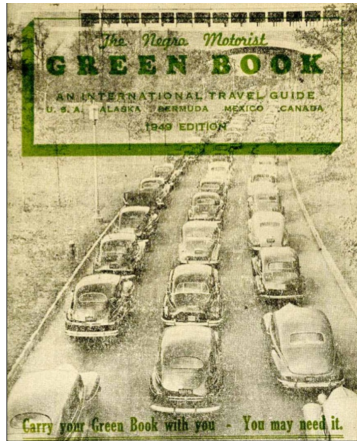
Susan is the eldest, and the only one who bore witness to his triumphs and tribulations throughout his career. No other Mailer child is able to bring such a sweeping and intimate perspective to his complex character. Photos, many never seen before, are included.

Not only is IN ANOTHER PLACE a look at the tumultuous experience of being Norman Mailer's daughter, it is a unique view of the rewards and struggles that come from living in two very different cultures, as Susan has. Of being someone who belongs everywhere and nowhere, always having indelible ties to a life IN ANOTHER PLACE.

2018 is the 70th Anniversary of the publication of *The Naked and the Dead*, and the 50th of *The Armies of the Night*, making it the perfect time to publish IN ANOTHER PLACE.

Memoir

US: (Northampton Press, 2019)



The Overground Railroad: The Green Book and the Roots of Black Travel in America

Candacy Taylor

While the American road trip signaled freedom for some, it was really only meant for white Americans.

From 1936 to 1966 Victor H. Green, a black postal worker from Harlem, NY, published an annual guide to help blacks travel the country with dignity. He called it “The Negro Motorist Green Book”, and every cover featured Mark Twain’s quote, “Travel is fatal to prejudice”. Advertisements inside affirmed: “Just What You Have Been Looking For!! NOW WE CAN TRAVEL WITHOUT EMBARRASSMENT”.

The Green Book was a resourceful and innovative solution to a horrific problem. Segregation was in full force throughout the country and black travelers couldn’t eat, sleep, or even get gas in most white-owned businesses. Moreover, they had to navigate a country with nearly 10,000 “sundown towns”, all-white communities which banned blacks from their city limits after dark. Considering the violence and terror blacks encountered on the road, The Green Book provided critical, life-saving information and offered shelter in an unsafe world during a shameful chapter in American history. It was a powerful tool which helped blacks to persevere and literally move forward in the face of racism. The Green Book listed hotels, restaurants, beauty salons, department stores, barbershops, taverns, nightclubs, tailors, garages and real estate offices that opened their doors to black people. It even included recreation parks such as Disneyland, golf courses, and Murray’s Dude Ranch, billed as the “Only Negro Dude Ranch in the World”.

In *THE OVERGROUND RAILROAD*, Candacy Taylor, an award-winning African American photographer, author and cultural documentarian is creating a trans-media, multidisciplinary project that will consist of a book, a traveling exhibition, an interactive digitized map, a mobile app featuring the most compelling Green Book sites still standing, and a virtual reality platform.

This is an exciting and rich opportunity to re-examine America’s checkered history of segregation, integration, black migration and the rise of the black leisure class before these rare examples of physical evidence disappear. In addition to photographing Green Book sites she will interview people who used these facilities

as well as living Green Book property owners and/or their family members. It took courage to be listed in the Green Book, and the stories from those who took a stand against racial segregation deserve to be recorded and celebrated.

The Smithsonian Institution has gathered a team to develop an exhibit based on Taylor's project, designed to travel the country for 3 to 5 years, for which she will be the curator. The exhibition will act as a site of historic conscience and a repository of public memory. As people enter the exhibit, they will take an immersive, multi-sensory 5 minute virtual reality tour that will show what it may have felt like for a black traveler to drive through a sundown town just before sunset and then finally arrive at a Green Book restaurant or motel.

Taylor has been featured in the Smithsonian Channel's Green Book documentary, CBS Sunday Morning's cover story on the Green Books, and Universal Studio's DVD for its feature film, *The Green Book*, for which she contributed historical bonus material. She will be seen in an upcoming documentary from Ric Burns, *Driving While Black*. She is interviewed regularly by national newspapers and magazines on the subject of the Green Book, and spoke at the U.S. Congress on March 7, 2019 on the impact of the Green Book on black American culture.

Taylor's Green Book work is supported by various prestigious grants, including one from The National Endowment for the Arts; and fellowships, including her current position at Harvard University working under the auspices of Henry Louis Gates.

Taylor's previous book, *Counter Culture: The American Coffee Shop Waitress* (Cornell University Press, 2014) is used in university-level reading lists, was widely covered in the popular media and was bought as the basis for a prime time television series by ABC television.

Non-Fiction: Social History

US: (3 Abrams editions, 2019: adult, middle grade children's, exhibition catalog)

Seneca Element (Book #2 of the Seneca Series)

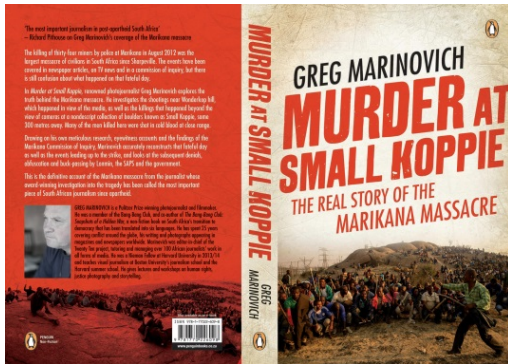
Rayya Deeb

Not even teen math genius, Doro Campbell, could have imagined what would happen when she chose to have an implant connect her brain to her computer. Soon, though, she's at the center of a struggle for power that runs deep inside Seneca, the near-futuristic secret society that Doro calls home. She quickly realizes that she may no longer have control of her own mind.

Doro must fight two battles simultaneously: One is a breakneck race to find her dad, a mathematician uniquely capable of reversing a plot threatening possible planetary destruction. In another, amidst the implant effects that technologically confuse her ability to know truth from fantasy, Doro must either trust her instincts and knowledge, or buy in completely to the technological advances that lured her to Seneca in the first place. Add to that the emotions swirling around her own first love, and Doro has opened Pandora's Box. Will she find the answers to save not only herself but the planet, too... or will it be too late?

Young Adult**Find Seneca Book 1 on Page 12**

Released...



Murder at Small Koppie: The Real Story of the Marikana Massacre

Greg Marinovich

In *Murder at Small Koppie*, renowned Pulitzer Prize winning photojournalist Greg Marinovich explores the truth behind the Marikana massacre, looking specifically at the largely untold slaughter of black miners at Small Koppie.

In August 2012, the miners' wildcat strike at Lonmin PLC's platinum mine in Marikana, northwest of Johannesburg had been a long time coming; working and living conditions at the mine had become increasingly desperate as the company failed to make promised improvements.

The workers expected a largely peaceful job action. Instead, they were met with a hail of bullets from assault weapons fired by police who were there ostensibly to maintain law and order. When the fusillade ended, 34 miners were dead—some clearly hunted down and killed at close range. In the aftermath, many of the survivors would be charged with the murders of their compatriots. No police were charged.

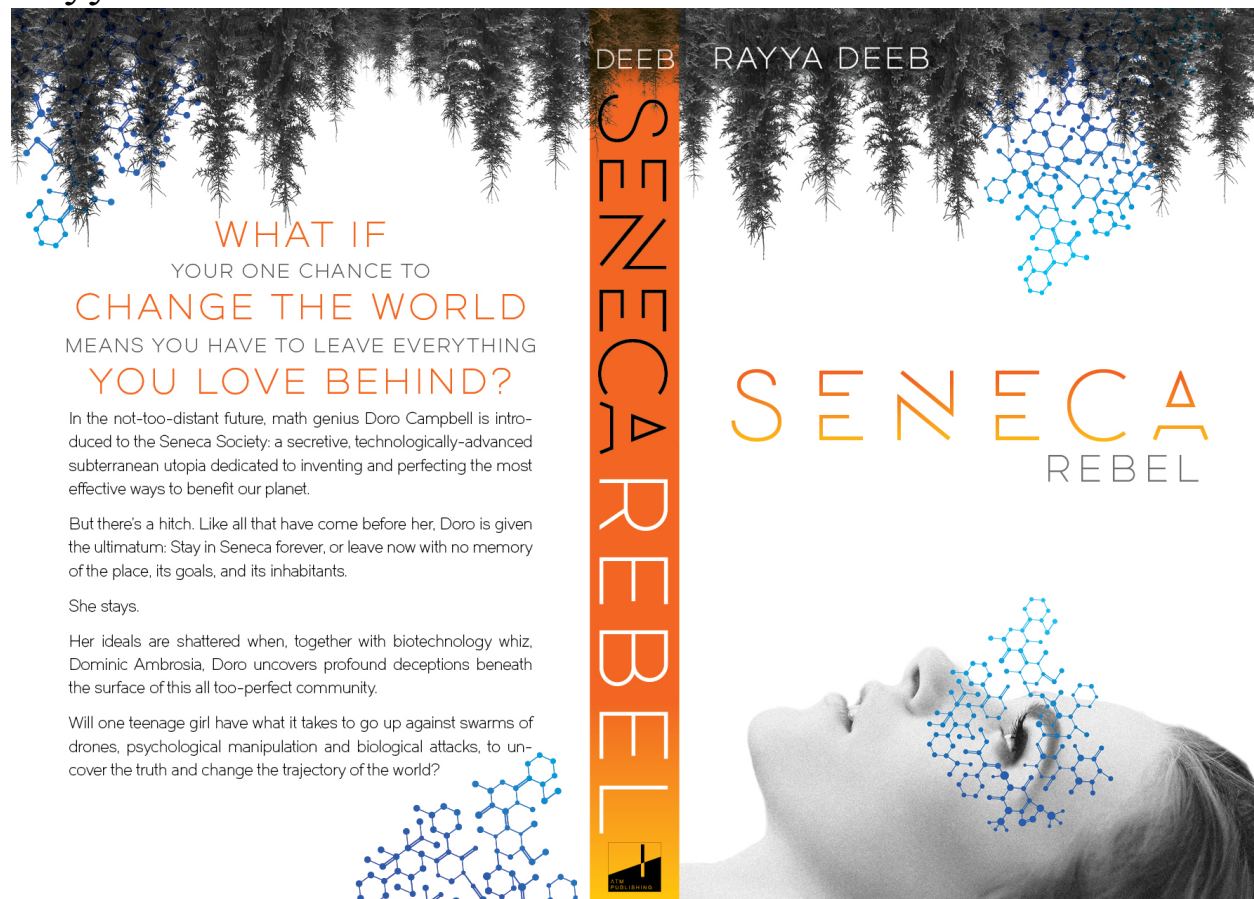
It was the worst act of government violence in South Africa since the Sharpeville Massacre, committed by the apartheid regime in 1960; and this time it was a black-run government killing black workers. Greg Marinovich uncovers the complex and highly questionable relationships among company executives, union officers, and major government officials. Taking readers into the mines, the shacks where the miners live, and the boardroom, Marinovich puts names, faces and stories to Marikana's victims and perpetrators. He addresses the big questions that any nation must ask when justice and equality are subverted by conflicts around class, race, money, and power.

Social History

Published in: South Africa (Random House South Africa, 2016)

US: (Michigan State University Press, 2017)

The Seneca Society:
Seneca Rebel (Book #1)
 Rayya Deeb



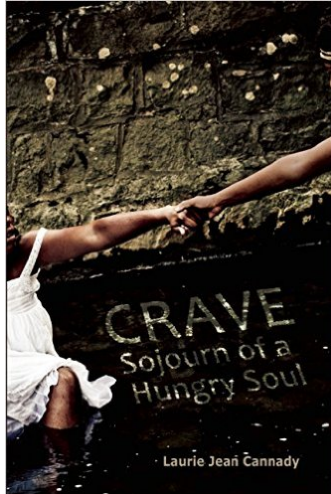
In the not-too-distant future, math genius Doro Campbell is introduced to the Seneca Society: a secretive, technologically-advanced subterranean utopia dedicated to inventing and perfecting the most effective ways to benefit our planet. But there's a hitch. Like all that have come before her, Doro is given the ultimatum: Stay in Seneca forever, or leave now with no memory of the place, its goals, and its inhabitants. She stays.

Her ideals are shattered when, together with biotechnology whiz, Dominic Ambrosia, Doro uncovers profound deceptions beneath the surface of this all too-perfect community.

Young Adult

US: (Across the Margins Publishing, 2016)

Find Seneca Book 2 on page 10



Crave: Sojourn of a Hungry Soul

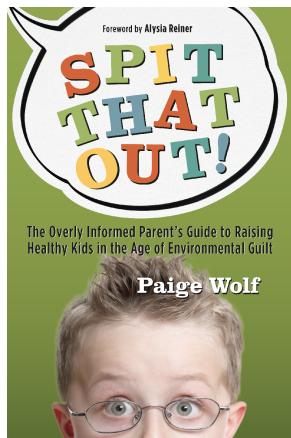
Laurie Jean Cannady

Set in the poorest neighborhoods of Virginia, *Crave* is a gritty coming-of-age memoir that chronicles a young girl perpetually hungry for food, safety and survival but possessed by a fierce will not just to survive, but to flourish. Laurie Jean Cannady is assertive, motivational, and unafraid. Her voice is lyrical and august yet strangely intimate; her lucid memory for the texture of daily existence weaves the reader into the fabric of her story. We discover that the most slender threads bind the strongest, and we

know that she will survive.

Published in: US (Etruscan Press, 2015)

A succeeding memoir is in preparation, *Wars We've Lost, Wars We've Won*, which covers Laurie's light and dark experiences (and those of many other young American women) in the US military. Find this on page 5



Spit That Out!: The Overly-Informed Parent's Guide to Raising Children in the Age of Environmental Guilt

Paige Wolf

From BPA in baby bottles and asbestos in crayons to misleading "natural" labels—it can frustrate and confuse even the most steadfast parent.

Lighthearted yet authoritative, *Spit That Out!* cuts through the information overload, sorts cloth from disposable, and

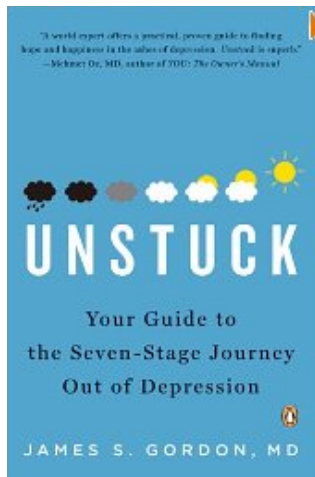
empowers readers to make simple but impactful changes.

Featuring real life anxieties and advice from both celebrities and every day moms, Paige Wolf, publicist and green-living expert, assures you that you aren't alone.

Hot-button topics include food, toys, breast milk and diapers, clothing, the hidden toxins in schools, and how to spot greenwashing from a mile away. Bursting with valuable advice on green vacations, how to handle unsupportive friends and family, and how to be green on a budget.

Parenting

US: New Society Publishers, 2016

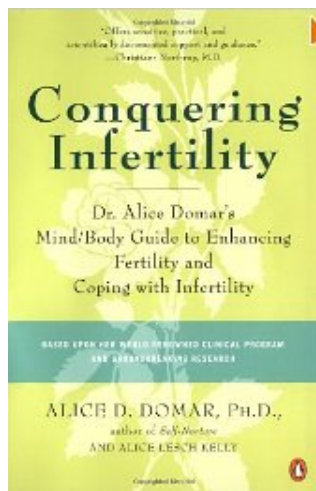


Unstuck: Your Guide to the Seven-Stage Journey Out of Depression

James S. Gordon, M.D.

121 million people worldwide are affected by depression every year. Tens of millions more suffer from anxiety or deep unhappiness. In *Unstuck*, Dr. Gordon has created a seven step program which explains depression as a journey, and encourages turning to pharmaceuticals only if absolutely necessary. Dr. Gordon also recounts stories of his own patients (and himself) to show how ordinary people can move through those seven stages and be healed along the way.

Published in: US (Penguin Press), UK (Hay House UK), China (Chong Qing University Press), Indonesia (Mizan Publishing House)



Conquering Infertility: Dr. Alice Domar's Mind/Body Guide to Enhancing Fertility and Coping with Infertility

Alice Domar, MD and Alice Lesch Kelly

Infertility is a heartbreaking condition that affects nine million couples worldwide. In *Conquering Infertility*, Harvard psychologist Dr. Alice Domar provides infertile women with what they need most: stress relief, support, and hope. Her innovative mind/body tools help women to regain control of not only their infertility treatment but their lives, concentrating on the often overlooked emotional and psychological effects of infertility. In *Conquering Infertility*, women learn to carve a positive path toward a rich, happy life, whether they give birth or not.

Published in: US (Viking Penguin), Japan (Kobunsha Publishing), Korea (Sahoi Pyoungnon Academy Co., Ltd.), Turkey (Akademisyen Yayınevi)

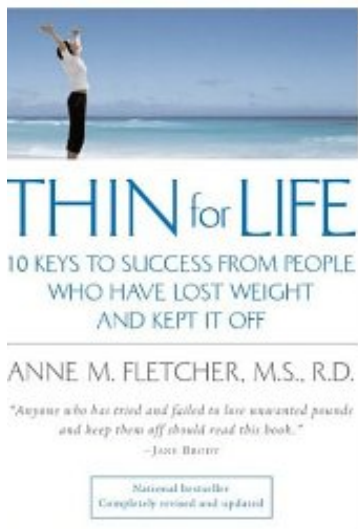


The DERMAdoctor Skinstruction Manual: The Smart Guide to Healthy, Beautiful Skin and Looking Good at Any Age

Audrey Kunin & Bill Gottlieb

This practical compendium of how-to advice comes from a woman dermatologist who truly understands the issues that women have with their skin. Covering a wide range of problems and treatments, the DERMAdoctor addresses fifty of the most popular questions women have about skin, hair and nail care. Kunin's DERMAdoctor.com, is America's leading skincare advice Internet website, and is a trusted resource for the most effective dermatological products, including the DERMAdoctor proprietary line. **Published in:**

US (Simon & Schuster), China (Jilin Publishing)

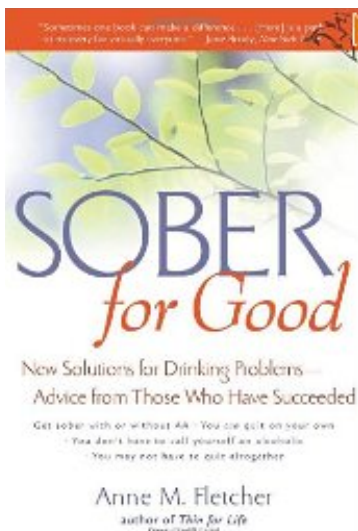


Thin for Life: 10 Keys to Success from People Who Have Lost Weight & Kept It Off

Anne M. Fletcher

Whether you want to lose 10 pounds or 100, *Thin For Life* will help you master your weight problem once and for all by sharing techniques of the real experts: people who have succeeded in keeping weight off for good. *Thin For Life* refutes the popular notion that losing weight permanently is hopeless. Along the way, nutritionist Anne Fletcher dispels the myths associated with shedding unwanted pounds and gives you the tools to lose weight forever. Over 300,000 copies sold.

Published in: US (Houghton Mifflin)

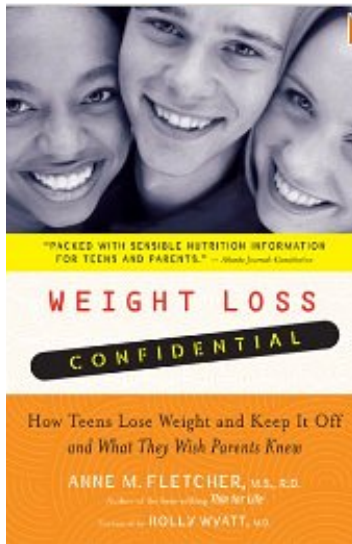


Sober For Good: New Solutions for Drinking Problems—Advice from Those Who Have Succeeded

Anne M. Fletcher

Using the model that worked so well in *Thin For Life*, best-selling author Anne Fletcher once again has gone straight to the real experts: hundreds of men and women who have resolved a drinking problem. Fletcher asked them a simple question: how did you do it? The result: the first completely unbiased guide for problem drinkers, which shatters long-held assumptions about alcohol recovery. Weaving together the success stories of ordinary people and the latest scientific research on the subject, Fletcher uncovers a vital truth: no single path to sobriety is right for every individual.

Published in: US (Houghton Mifflin Harcourt), Spain (Paidós)

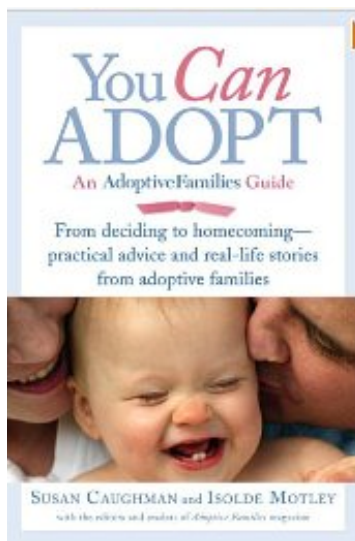


Weight Loss Confidential

Anne M. Fletcher

With the number of overweight children and teens skyrocketing worldwide, *Weight Loss Confidential* is the only book that goes to the *real* experts on how teens lose weight successfully: the teens who have actually done it! Challenging conventional assumptions about teen weight loss, Fletcher distills the results of the latest scientific studies and the findings of countless authorities in the field, weaving them together with her own conclusions. *Weight Loss Confidential* offers solutions—healthy approaches that families can use for a lifetime.

Published in: US (Houghton Mifflin Harcourt)

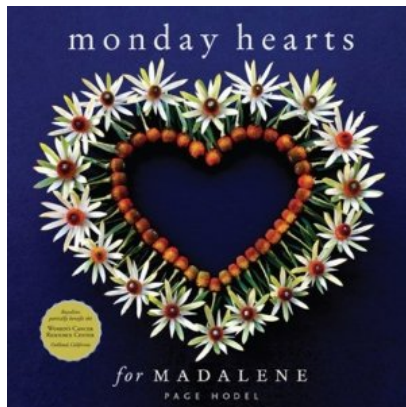


You Can Adopt: An Adoptive Families Guide

Susan Caughman & Isolde Motley

From *Adoptive Families* magazine, this warm, authoritative book is full of practical, realistic advice from leading attorneys, doctors, social workers, and psychologists, as well as honest, intimate stories from real parents and children. *You Can Adopt* answers every question—even the ones you're afraid to ask. Complete with checklists and worksheets, *You Can Adopt* will make your dreams of family come true.

Published in: US (Ballantine Books)

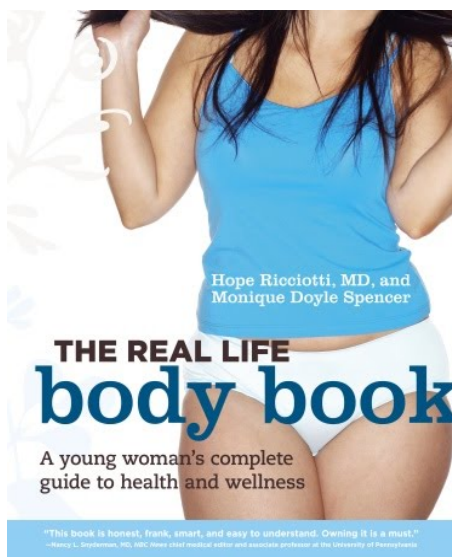


Monday Hearts for Madalene

Page Hodel

When a person falls in love, the universe becomes vividly alive. It happened to artist Page Hodel, when she found the love of her life, Madalene Rodriguez. Every Monday morning, Page would create a heart for Madalene and leave it for her to discover. Sadly, Madalene passed away from ovarian cancer, but Page's love goes on as she continues to make hearts every Monday, using diverse materials such as berries, buttons and bungee cords. This book is a photo collection of one hundred hearts for Madalene—a true testimony to love and enduring faith that anyone can appreciate.

**Published in: US (Stewart, Tabori & Chang),
Germany (Knesebeck)**

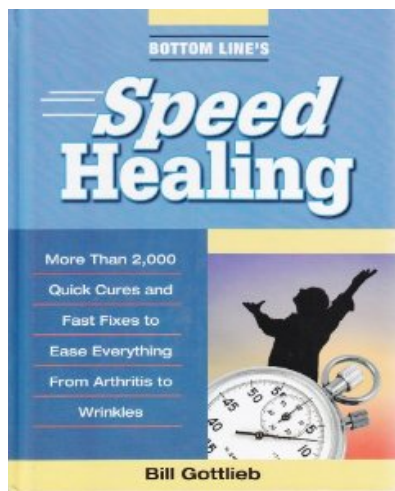


The Real Life Body Book: A Young Woman's Guide to Health and Wellness

Hope Ricciotti, MD, and Monique Doyle Spencer

All girls have questions about her health that they're afraid to ask. In *The Real Life Body Book*, a Harvard obstetrician/gynecologist explains the full range of health issues facing young women today. In this comprehensive and accessible guide, topics range from tattoos to menstrual cycles to piercings to depression. *The Real Life Body Book* is a go-to resource for keeping a girl's body healthy today and for the rest of her life!

Published in: US (Celestial Arts)

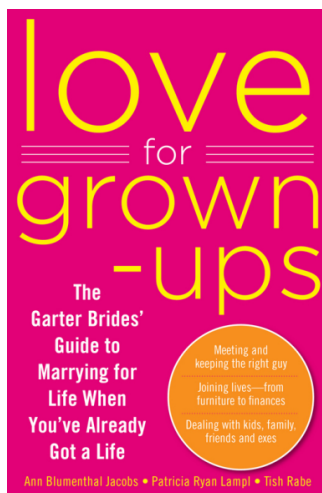


Bottom Line's Speed Healing: More Than 2,000 Quick Cures and Fast Fixes to Ease Everything From Arthritis to Wrinkles

Bill Gottlieb

Prescription drugs and invasive surgeries work **ON** your body, but natural cures work **WITH** your body, so they often work more quickly. Bill Gottlieb scoured the medical journals for the fastest acting natural supplements, home remedies, and gentle, over-the-counter medications in the world. This A-to-Z encyclopedia features more than 2,000 of the world's fastest natural cures for 101 common medical conditions including asthma, headaches, and heart disease.

Published in: US (Bottom Line)



Love for Grown-Ups: How to Marry For Life When You've Already Got A Life

Ann Blumenthal Jacobs, Patricia Ryan Lampl and Tish Rabe
These three friends—whose name derived from the lucky garter passed from one woman to another—met and married wonderful men later in life. Now you can tap into the wisdom of this special sisterhood through the true stories and real-life strategies these women—plus the dozens of others they interviewed—used to meet the right guy, fall in love and create exciting, happy and fulfilling lives. A testament to the notion that marrying older is better!

Published in: US (Harlequin)



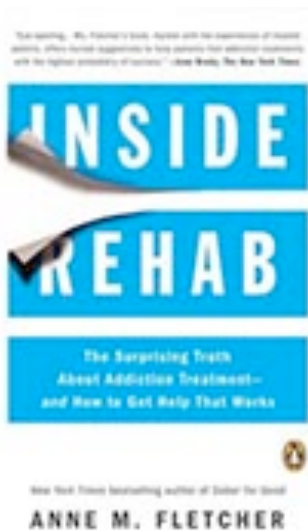
One Good Deed

Erin McHugh

In July 2010, Erin McHugh started a journey called *One Good Deed*, hoping to change her own life (and the lives of others) by ‘doing good’ for someone every day for an entire year. The entries are short, sometimes funny or surprising, but never cloying; they are followed by one-line, inspirational take-aways. McHugh also has been chronicling her good deeds online, blogging weekly at her website, onegooddeedbook.com. *One Good Deed*: a quest in which one year shines light on the simple question: Where Is The Goodness?

Published in: US (Abrams)

English language rights available through US publisher.



Inside Rehab

Anne M. Fletcher

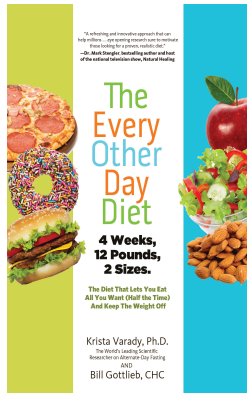
The word “rehab” is in the common parlance; everyone thinks they know what it means, and that a stint there is the cure-all for addiction. But do we really know what goes on in rehabilitation, and is it actually effective? Is there recent scientific evidence to back up the treatments commonly used in rehab? At the end of the day, is rehab a savior or a scam? *Rehab Nation* is the first book to take you inside rehab facilities to show what goes on from both the patient’s and the institution’s perspectives. Written by best-selling author Anne M. Fletcher, you’ll hear first-hand the emotional stories of people struggling through treatment, as well as the opinions of top experts in this field on what works, what doesn’t, and why.

Published in: US (Viking Press)

English language rights available through US publisher.

The Every-Other Day Diet

Krista Varady, PhD and Bill Gottlieb, CHC

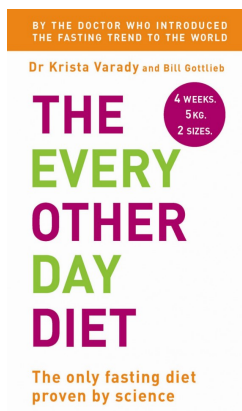


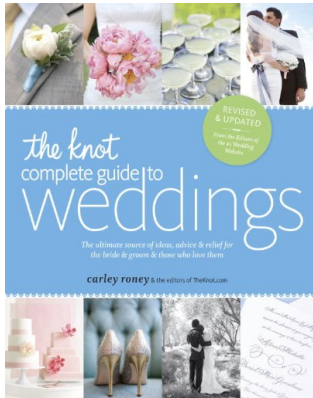
The Every-Other-Day Diet is a new, effective, simple and unique approach to weight loss—a remarkable diet that allows you to eat anything you want, and as much as you want, every other day. Here’s how it works: the diet breaks up the week into alternating Feast Days and Fast Days. On Feast Day you can eat whatever you like, with no restrictions. And on alternate days –Diet Days – you eat only 500 calories, about 25% of normal caloric intake. And that’s it! The Every-Other-Day Diet is perhaps the simplest diet to hit the market because there is truly only one rule: every other day, eat 500 calories.

Krista Vardy, PhD, an associate professor of nutrition at the University of Illinois, has more than 30 papers on the topic published in the American Journal of Nutrition, Obesity and many other respected journals, and she is currently working under a 2 million dollar grant from the National Institutes of Health on every-other-day dieting and weight maintenance.

Went back to press three times in the first month in the UK.

Published in: US (Hyperion), UK (Hodder & Stoughton), North and South American Spanish Language rights (Oceano Mexico), Lebanon (Arab Scientific Publisher, Inc.), Poland (Illuminatio Lukasz Kierus), Korea (Contents Cave), Czech Republic (Millenium Publishing), and Denmark (Politikens Forlag)





The Knot Complete Guide to Weddings

Planning a wedding can be exciting, fun... and at times, overwhelming. This title answers your questions and arms you with all the know-how you need to manage every detail of your big day. What's more, this book will help you save times and money, so you can dream up and carry out the most meaningful celebration you can imagine. Here, The Knot will walk you through every step of the planning process, from choosing your bridal party to booking your venue. Over 230,000 copies sold.

Published in: US (Clarkson Potter)

China (Beijing Zhengqingyuanliu Culture & Development Co., Ltd)



The Knot Guide to Wedding Vows & Traditions

This indispensable resource, completely revised and updated, to help you choose the perfect words, music, and traditions for your ceremony and reception. The ceremony is the cornerstone of your wedding celebration. There are countless ways to make it your own, from meaningful poetry readings to the music that plays as you walk down the aisle.

Over 123,000 copies sold.

Published in: US (Clarkson Potter)



The Knot Ultimate Wedding Planner & Organizer

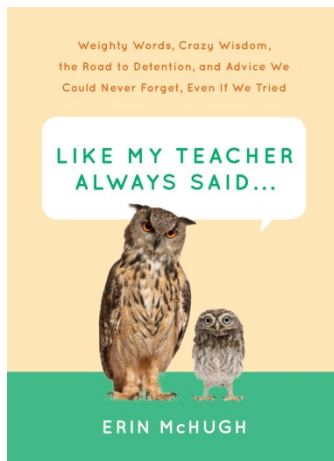
This is a compilation of The Knot's entire essential wedding planning tools – with dozens of new ideas – in a beautiful organizer. This binder has pockets for collecting inspiring tearsheets, color chips, and business cards; detailed timelines and worksheets for scheduling and budgeting; and 8-tabbed dividers packed with visual inspiration. Filled to the brim with ideas for the twenty-first century bride. Once you have it, you won't want to plan anything without it. Over 508,000 copies sold (Binder edition).

Plus, **The Knot Ultimate Wedding Planner**

The perfect companion to the Organizer, this title is a smaller paperback version.

Over 183,000 copies sold (Paperback).

Both Published in: US (Clarkson Potter)



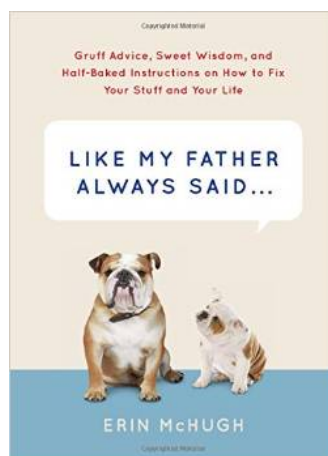
Like My Teacher Always Said...: Weighty Words, Crazy Wisdom, Raps with the Ruler, and Advice We Can Never Forget – Even If We Tried

Erin McHugh

Who's right up there as an authority figure to growing children and inquisitive grownups-to-be? Teachers, of course, and they come in many guises – from kindergarten teachers to college guidance counselors, homeroom referees to nuns, coaches to the artists and musicians who round out our kids' cultural persona. Outside the home they mold lives more than any other person our kids come in contact with, and any teacher will tell you this “other” part of their jobs has grown exponentially in the last decades; the effects of two working parent and single-parent homes has upped the responsibility and breadth of what teachers do every day for children. In many cases, they become the third parent, and kids grow up remembering just what they say.

Published in: US (April 2016, Abrams)

English language rights available through US publisher.



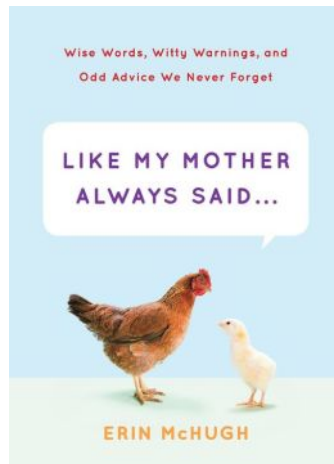
Like My Father Always Said...: Gruff Advice, Sweet Wisdom, and Half-Baked Instructions on How to Fix Your Stuff and Your Life

Erin McHugh

With the early success of LIKE MY MOTHER ALWAYS SAID..., the obvious next branch on the family tree is fathers. McHugh says that in the process of doing LIKE MY MOTHER ALWAYS SAID..., she encountered lots of people who asked, “Please come back to me if you do a book about fathers – I’ve got plenty to say!” Now, McHugh offers fatherly advice, which is significantly different in tone from what mothers say: while mothers seem to take more of a bear-to-cub protective approach, dads’ wisdom carries a sweet, but sometimes gruff note of worry for their kids’ futures.

Published in: US (Abrams)

English language rights available through US publisher.



Like My Mother Always Said...: Wise Words, Witty Warnings, and Odd Advice We Never Forget

Erin McHugh

Though you might not even realize it, you probably repeat the words and (occasionally questionable) wisdom of your mother. After a friend pointed out to Erin McHugh how often she invoked her mom's quotations and memories, she started noticing just how frequently other people did, too.

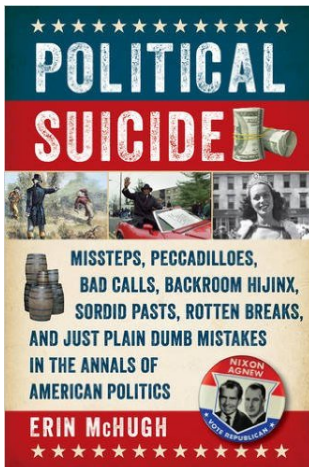
Erin also recognized how humorous, moving, and unusual these gems were and set out to collect as much maternal philosophy as she could. *Like My Mother Always*

Said presents the wonderful and screwy things that our moms tell us in their attempts to be helpful and instructive. (Whether they succeed or not is another thing entirely.)

Offered up in quips and short anecdotes, the wide variety of information gleaned from our mothers covers all the bases from love and marriage to how to handle your alcohol and plastic surgery.

Published in: US (Abrams), China (Beijing Zhengqing Culture and Art Co Ltd.)

English language rights available only through US publisher.



Political Suicide: Missteps, Peccadilloes, Bad Calls, Backroom Hijinks, Sordid Past, Rotten Breaks, and Just Plain Dumb Mistakes in the Annals of American Politics

Erin McHugh

Every time there are elections, we can be certain that more skeletons will be found in closets, more mud slung – and, as we know all too well from history, it matters not whether the stories are real or imagined. Once something is in the ether, true or false, it can often mean POLITICAL SUICIDE.

This book brings fascinating history *plus* the crazy antics to readers who thrive on politics and election details that throw voters on both sides of the aisle into tailspins every few years. Did he cheat on his wife? Did she buy the election? Who stole what? Is that even legal? Some actions (and the voters' reactions) simply put politicians in the hot seat for a while – other problems put them straight out to pasture. Full of scandalous facts and anecdotes – much more pithy than a book of trivia, and definitely the tastiest morsel of 2016 and the book of choice for everyone who either gets fed up or never gets enough of this stuff.

US (April 2016, Pegasus Books)

English language rights available only through US publisher.

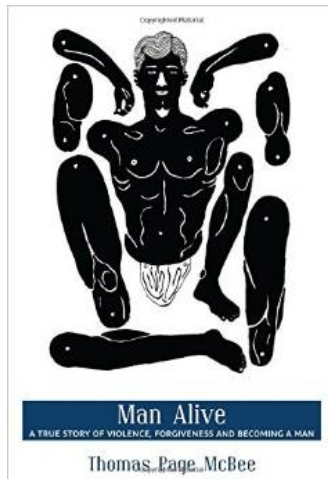
Second Chances

Erin McHugh



This book is an inspiring, funny, thoughtful compendium of stories from people who have wanted another chance at something – and got it. Big stuff like going back to college after the kids grew up. Little stuff like getting a judo belt when you thought you could hardly manage a push-up. Reminiscences of people who found a leg up, a soft shoulder, another spurt of energy, a hidden talent, sometimes with the unexpected help of friends (and strangers) – and sometimes from a place inside them they didn't even know existed.

US: (Abrams, 2017)**English language rights available through US publisher.**



Man Alive: A True Story of Violence, Forgiveness and Becoming a Man

Thomas Page McBee

What does it mean to be a man?

In *Man Alive*, Thomas Page McBee attempts to answer that question by focusing on two of the men who most impacted this life – one, his otherwise ordinary father who abused him as a child, and the other, a mugger who almost killed him. Standing at the brink of the life-changing decision to transition from female to male, McBee seeks to understand these examples of flawed manhood and tells us how a brush with violence sent him on the quest to untangle a sinister past, and freed him to become the man he was meant to be.

Memoir

Published in: US (City Lights Books)

UK (Canongate)

Taiwan (Lumieres Publishing)

Korea (Jihaksa Publishing Company Limited)

For French and German rights please contact

The Tomasino Agency directly.