



2021

SHE WRITES PRESS CATALOG



ABOUT SHE WRITES PRESS

She Writes Press is an independent publishing company, founded in 2012, with a thriving publishing program dedicated to community, education, and giving women authors a voice and a platform for their writing.

We are a curated press that's both mission-driven and community-oriented, aiming to serve writers who wish to maintain greater ownership and control of their projects while still getting the highest-quality editorial help possible for their work.

Every expert we work with has been handpicked by She Writes Press Publisher Brooke Warner.

Celebrating eight years of publishing in 2020, She Writes Press has signed more than 400 authors. We are an award-winning press whose authors have appeared in publications ranging from *O, The Oprah Magazine* to *People* to *Redbook*, as well as all the industry trade reviews. Our books are distributed by Ingram Publisher Services and are sold into bookstores, libraries, and specialty retail accounts. We are excited to be partnering with high-caliber authors whose books are giving the publishing industry reason to keep its eye on She Writes Press.

She Writes Press is a proud member of the SparkPoint Studio family, spearheaded by its CEO, Crystal Patriarche.

Publisher Brooke Warner is a cofounder of the press and leads the editorial and production department along with associate publisher and editorial manager Lauren Wise and two project managers, Samantha Strom and Shannon Green.

She Writes Press is known for its beautiful cover designs and interiors; for this we would like to thank our design team, led by Creative Director Julie Metz, who's supported in her efforts by Leah Lococo, Tabitha Lahr, Rebecca Lown, Kiran Spees, Stacey Aaronson, and Katherine Lloyd.

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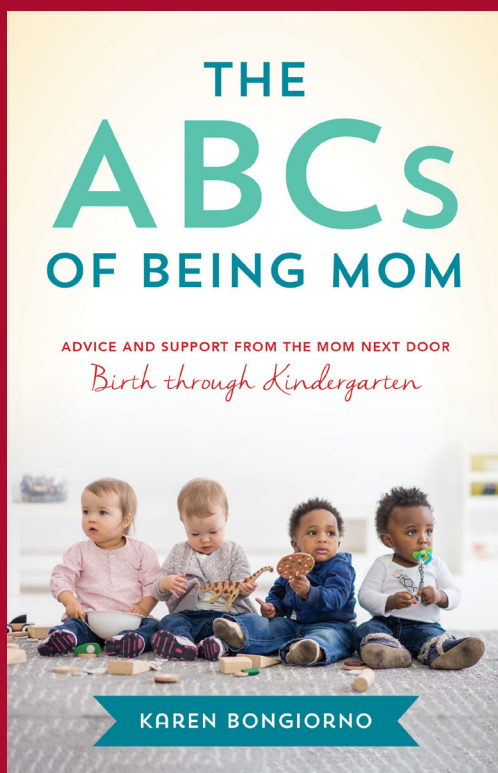
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Spring
2021



APRIL 2021



Publication Date: April 6, 2020

Collections: Self-Help/Inspirational

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-010-9

E-ISBN: 978-1-64742-011-6

THE ABCS OF BEING MOM

ADVICE AND SUPPORT FROM THE MOM NEXT DOOR

KAREN BONGIORNO

DESCRIPTION:

Moms enter the world of motherhood with no sense of the impact that entry will have upon them. They need orientation and guidance to get through this bewildering maze—and *The ABCs of Being Mom*, with its abundance of wisdom acquired directly from the trenches of motherhood struggles, is that road map.

In this instructive guide, Karen Bongiorno addresses the changes parenthood brings and how to manage them, the importance of being part of a supportive community and taking time for personal care and restoration, the need for equal participation from spouses or partners, and more, with a steady voice of encouragement and understanding that will get moms through even the toughest of times. The wise friend every mom needs to accompany her in her new role, *The ABCs of Being Mom* offers mothers everything they need to feel confident in managing motherhood so they can rid themselves of useless worry and have more time and energy to enjoy their early years of “Being Mom.”

ABOUT THE AUTHOR:

Karen Bongiorno is a mother of two children, a daughter and a son, who have both graduated from college and launched independently. Before motherhood, she had a career in private banking in Los Angeles and on Wall Street in New York. During her child-raising years, she started up and ran a small business and wrote books for moms. She also volunteered in her community, working many hours in local children’s and parents’ organizations and raising funds for local philanthropies and her children’s schools and activities. Those years were often filled with worry and the overriding question of, “Now what?!” This book is her answer to those concerns. Karen and her husband, George, live in Marin, CA, with their beloved dog, Charlie.

APRIL 2021



Publication Date: April 6, 2020

Collections: Fiction, Romance,
Contemporary Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-014-7

E-ISBN: 978-1-64742-015-4

"In Leslie A. Rasmussen's debut novel, a woman finds herself reanalyzing her life and her marriage when her daughter is heading off to college. Smart and funny, *After Happily Ever After* is an exciting debut."

—Laura Dave, international best-selling author of *Eight Hundred Grapes*

"Leslie A. Rasmussen has written a fiction story that most women can relate to in one way or another with compassion and love. *After Happily Ever After* is a wonderful read that will not disappoint."

—Readers' Favorite, five stars

AFTER HAPPILY EVER AFTER

A NOVEL

LESLIE A. RASMUSSEN

DESCRIPTION:

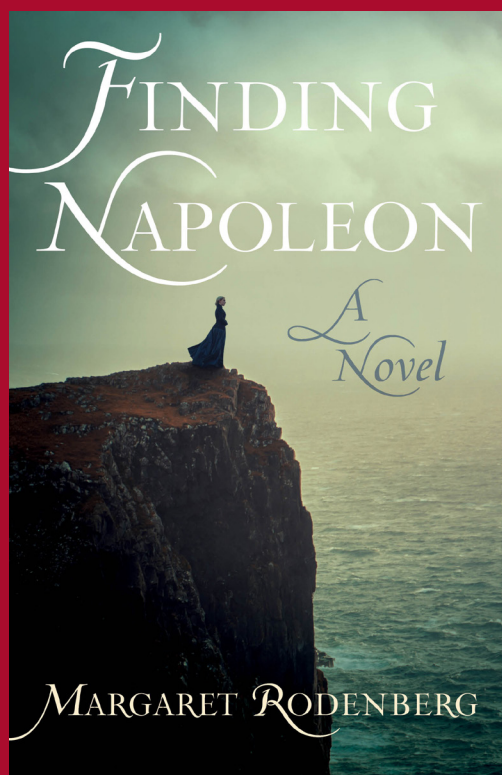
Maggie Dolin is forty-five and isn't dealing with getting older very well. Seventeen years ago, she gave up her job in publishing to raise her daughter, Gia—but now her only child is about to leave for college, and Maggie isn't sure what her new purpose will be. She's been the caretaker and nurturer for so long that she can't even remember the last time someone took care of her. She wishes Jim, her husband of nineteen years, would take that role on—but he's been distracted and disconnected, and she's convinced he's hiding something from her. Her self-involved, judgmental mother and resentful brother, meanwhile, are certainly no help, and her father—the only person in her life who's always been there for her and asked nothing in return—is dealing with increasingly serious health issues, leaving Maggie without her rock.

As all these stressors pile on, a chance meeting with a younger man causes Maggie to act in a way that is completely out of character for her. As she gets deeper in, she's forced to make some big decisions about what she wants and deserves—decisions that could change her life forever.

ABOUT THE AUTHOR:

Leslie A. Rasmussen was born and raised in Los Angeles, California. She graduated with a bachelor's in communications from UCLA and went on to write television comedies for Gerald McRaney, Burt Reynolds, Roseanne Barr, Norm McDonald, Drew Carey, and Ralph Macchio, as well as *The Wild Thornberrys* and *Sweet Valley High*. Later, she earned a master's degree in nutrition and ran her own business for ten years. Most recently, Leslie has written personal essays for online magazines such as Huffington Post, Maria Shriver, and SheKnows. She loves dogs and besides having two adorable Labradors, she volunteers at the Burbank Animal Shelter in Burbank, California. Leslie lives in Los Angeles and has two sons, and a husband she's been with since college. This is her debut novel.

APRIL 2021



Publication Date: April 6, 2021

Collections: Fiction, Historical Fiction,
Literary Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-016-1

E-ISBN: 978-1-64742-017-8

“Napoleon Bonaparte’s life was an incredible, inspiring, and ultimately tragic epic. In *Finding Napoleon*, readers enter deep into both the beginning and the end of that exceptional drama as Margaret Rodenberg brings to life the inner circle of the ailing emperor as he spends his final years in exile on the remote island of St Helena. No one is more qualified to tell this sweeping tale than Margaret Rodenberg—her research is in a league of its own, and her writing is beautiful and poignant.”

—Allison Pataki, *New York Times* best-selling author of *The Queen’s Fortune*

FINDING NAPOLEON

A NOVEL

MARGARET RODENBERG

DESCRIPTION:

With its delightful adaptation of Napoleon Bonaparte’s real attempt to write a novel, *Finding Napoleon* offers a fresh take on Europe’s most powerful man after he’s lost everything. A forgotten woman of history—the audacious Albine de Montholon—narrates their tale of intrigue, love, and betrayal.

After the defeated Emperor Napoleon goes into exile on tiny St. Helena Island in the remote South Atlantic, he and his lover, Albine de Montholon, plot to escape and rescue his young son. Banding together African slaves, British sympathizers, a Jewish merchant, a Corsican rogue, and French followers, they confront British opposition—as well as treachery within their own ranks—with sometimes subtle, sometimes bold, but always desperate action.

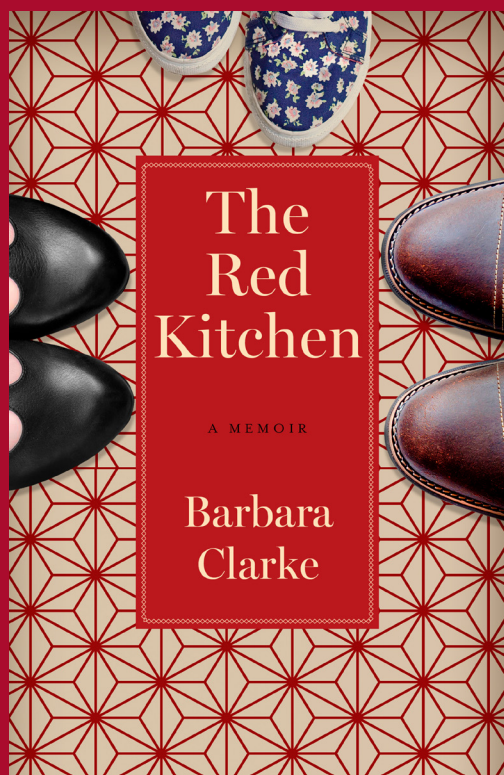
When Napoleon and Albine break faith with one another, ambition and Albine’s husband threaten their reconciliation. To survive, Albine must decide whom to betray. To succeed, Napoleon must learn whom to trust.

Two hundred years after Napoleon’s death, this elegant, richly researched novel reveals the man history conceals.

ABOUT THE AUTHOR:

Margaret Rodenberg’s passion for French history began when she lived in France as a young teen with her US Navy family. An avid traveler who has visited over sixty countries, she has journeyed more than 30,000 miles to conduct Napoleonic research, including to St. Helena Island in the remote South Atlantic. She’s a former businesswoman, an award-winning writer, and a proud director of the Napoleonic Historical Society, a non-profit that promotes knowledge of the Napoleonic era. Her website, www.margaretrodenberg.com, reports on Napoleon’s ongoing presence in world culture. *Finding Napoleon* is her first novel.

APRIL 2021



Publication Date: April 6, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-008-6

E-ISBN: 978-1-64742-009-3

THE RED KITCHEN

A MEMOIR

BARBARA CLARKE

DESCRIPTION:

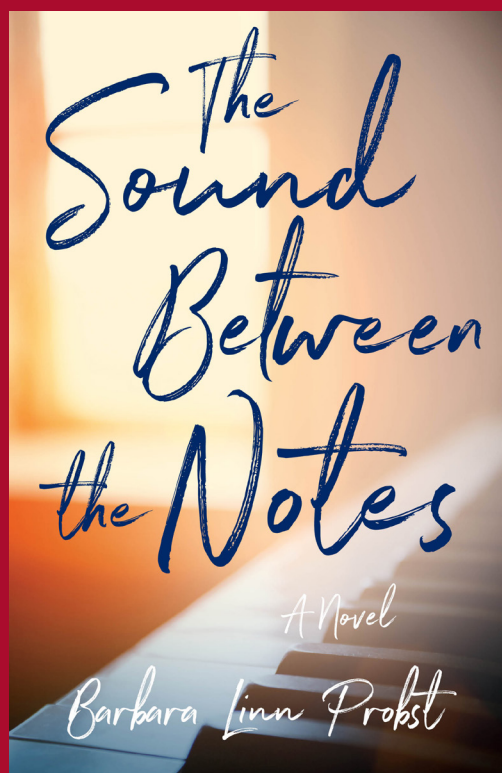
At the age of seven, Barbara witnesses a frightening incident between her parents. She goes on to spend much of her childhood toggling between the happy family she longs for and the unhappy one she's in but can't repair. Disturbed by the smell of rotting leaves and an uneasy feeling about her father, she will spend half her life trying to get to the bottom of the reasons why.

As an adult, a summer in Africa allows Barbara to live without labels—wife, mother, daughter, sister—and become the woman she wants to be: funny, compassionate, complex, and often flawed. *The Red Kitchen* is the story of both Barbara and her mother, who, like many women, both spend much of their lives surrendering to society's expectation to be one thing while yearning to be another. Ultimately, both women—in very different ways—come of age, find the loving parts of their mother-daughter relationship, and start living their best lives.

ABOUT THE AUTHOR:

Barbara Clarke has received many labels through the years, some unwanted—"Best Body" in the ninth grade and "ex-wife" twice. In midlife, she worked in Kenya; she later developed a career as an executive. She has moved more than sixty times. A mailperson once told her that she held the local record for the most forwarding labels of someone not fleeing the law: three. And most recently she was given a label she treasures, earned in a class developing this memoir: "Most likely to start a forgiveness movement." You can find out more about her varied career as a writer and read her blog at www.barbaraclarke.net.

APRIL 2021



Publication Date: April 6, 2021

Collections: Fiction, Women's Fiction,
Literary Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-012-3

E-ISBN: 978-1-64742-013-0

"In her second novel, Barbara Linn Probst delivers yet another powerful story, balancing lyrical language with a skillfully paced plot to build a sensory-rich world that will delight those who loved *Queen of the Owls* and win countless new readers. Offering a deep exploration of the search for identity and connection, *The Sound Between the Notes* reminds us to embrace everything we are—and everything that's made us who we are."

—Julie Cantrell, *New York Times* and *USA TODAY* best-selling author of *Perennials*

THE SOUND BETWEEN THE NOTES

A NOVEL

BARBARA LINN PROBST

DESCRIPTION:

What if you had a second chance at the very thing you thought you'd renounced forever? How steep a price would you be willing to pay?

Susannah's career as a pianist has been on hold for nearly sixteen years, ever since her son was born. An adoptee who's never forgiven her birth mother for not putting her first, Susannah vowed to put her own child first, no matter what. And she did.

But now, suddenly, she has a chance to vault into that elite tier of "chosen" musicians. There's just one problem: somewhere along the way, she lost the power and the magic that used to be hers at the keyboard. She needs to get them back. Now.

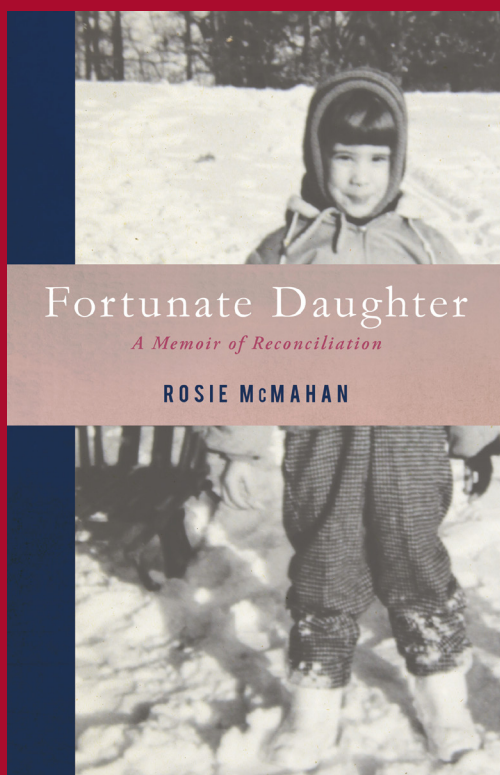
Her quest—what her husband calls her obsession—turns out to have a cost Susannah couldn't have anticipated. Even her hand betrays her, as she learns that she has a progressive hereditary disease that's making her fingers cramp and curl—a curse waiting in her genes, legacy of a birth family that gave her little else. As her now-or-never concert draws near, Susannah is catapulted back to memories she's never been able to purge—and forward, to choices she never thought she would have to make.

Told through the unique perspective of a musician, *The Sound Between the Notes* draws the reader deeper and deeper into the question Susannah can no longer silence: Who am I, and where do I belong?

ABOUT THE AUTHOR:

Barbara Linn Probst is a writer of both fiction and non-fiction who lives on an historic dirt road in New York's Hudson Valley. Her debut novel, *Queen of the Owls* (April 2020), is the powerful story of a woman's search for wholeness, framed around the art and life of iconic American painter Georgia O'Keeffe. Like her first novel, *The Sound Between the Notes* it shows how art can help us to be more fully human. Barbara has also published numerous blogs on the craft of writing on award-winning sites such as Jane Friedman and Writer Unboxed. To learn more about Barbara and her work, please see www.barbaralinnprobst.com. She resides in New York.

APRIL 2021



Publication Date: April 13, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-024-6

E-ISBN: 978-1-64742-025-3

"Fortunate Daughter is a compelling memoir about the searing pain of abuse, the tenacity of resistance, and, ultimately, the deep capacity for healing and forgiveness. Woven through the personal narrative are the threads of resilience that transform wounds into wisdom—vital teen rage, caring helpers outside the family, outstanding trauma therapy, and making amends. Rosie McMahon's life journey illustrates how all of us humans grow 'strong at the broken places.'"

—Steve Brown, director of the Traumatic Stress Institute of Klingberg Family Centers

FORTUNATE DAUGHTER

A MEMOIR OF RECONCILIATION

ROSIE McMAHAN

DESCRIPTION:

Rosie's sins were never difficult to recall; they lined themselves up like baby ducks in her mind's eye. Her confession to Father Hart one day in 1974 went like this: "I didn't finish all my chores. I stole the Halloween candy my mom hid in the pantry. And I let my Daddy touch my private places."

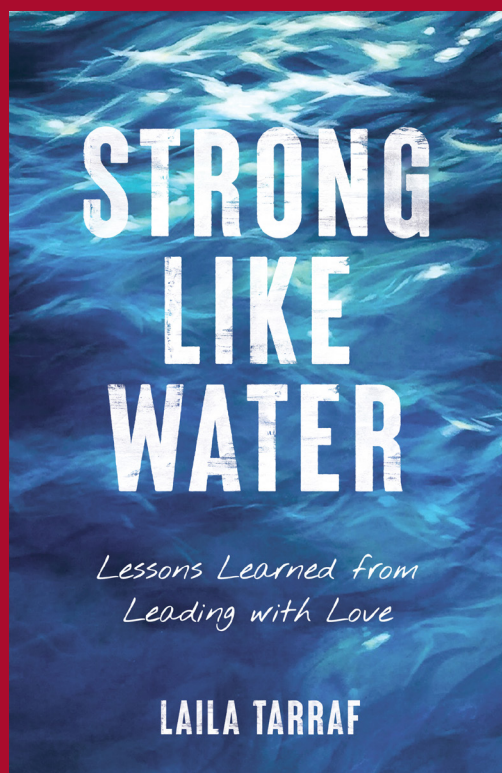
Though it begins as an all-too-common story of childhood sexual abuse, *Fortunate Daughter* gradually becomes a rare story of how one person heals from that early trauma. In this intimate first-person narrative, Rosie McMahon offers the reader a portrait of misery, abuse, and hurt, followed by the difficult and painful task of healing—a journey that, in the end, reveals a complicated and nuanced venture of true reconciliation and the freedom that comes along with it.

ABOUT THE AUTHOR:

Rosie McMahon was brought up in Somerville, MA, at a time when kids and dogs roamed the streets in unlawful packs and the walk to a barroom or Catholic church was less than a quarter of a mile in any direction. She and her husband moved to western Massachusetts in 2001 to raise their children.

Rosie's writing has received prizes and she can be seen reading in local venues, including Pecha Kucha (a local storytelling event), the annual Garlic & Arts Festival, and the Greenfield Annual Word Festival (GAWF). She has also been published in several journals, including *Silkworm*, *Typehouse Literary Magazine*, *Black Fox Literary Magazine*, the 2017 *Gallery of Readers Anthology*, and *Passager Journal*. She currently lives in Amherst, MA.

APRIL 2021



Publication Date: April 13, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-022-2

E-ISBN: 978-1-64742-023-9

"It's time for women to know that their true power is in their ability to embrace their femininity. Faced with brutal circumstances, Laila Tarraf shows us how she learned to do just that. I'm a great fan of this book, its author, and its message."

—Laura Munson, *New York Times* best-selling author and founder of Haven Writing Retreats

"In this riveting story, both heartbreaking and uplifting, Laila Tarraf shows that adversity didn't break her."

—Carter Cast, Clinical Professor of Entrepreneurship at Kellogg School of Business, former CEO of Walmart.com, and author of *The Right (and Wrong) Stuff*

STRONG LIKE WATER

LESSONS LEARNED FROM LEADING WITH LOVE

LAILA TARRAF

DESCRIPTION:

Laila Tarraf was the Chief People Officer for Peet's Coffee and Tea, the iconic Berkeley coffee roaster that launched the craft coffee movement in America, but she had a secret: she was failing in the most important relationships in her life. Yes, she was a strong and effective business leader, the successful daughter of immigrants, and the mother of a toddler; but she was also disconnected from her own feelings and had little patience for the feelings of others.

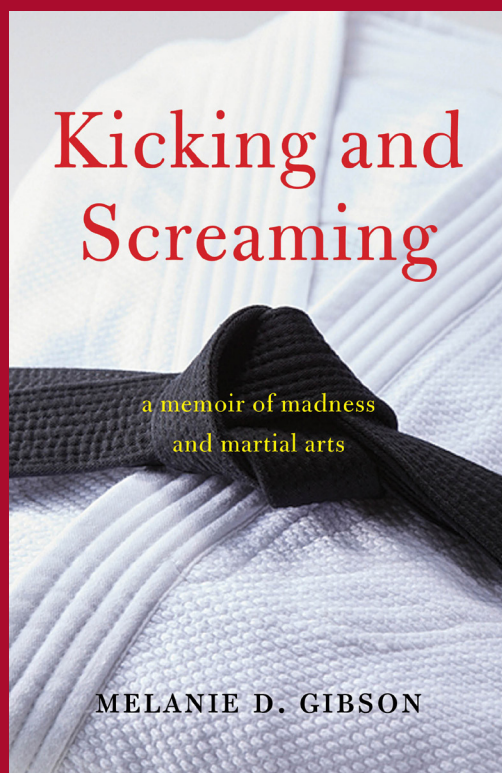
All that changed when life handed her a trifecta of losses: her husband died of an accidental drug overdose, and her parents' deaths followed in quick succession. Laila had spent her life leading from the head, convinced that any display of vulnerability would make her soft. What she didn't expect was that soft would turn out to be strong. As she reconnected to her heart, one painful step at a time, something remarkable happened: she became a better leader, a better mother, and a better person. Her heart turned out to be the true source of her power, at home and at work.

This is a book about healing, about waking up, about learning who you are—who you really, truly are at the core—and reclaiming and embracing all the pieces of yourself you long ago abandoned in the name of survival. Women longing for balance will discover a path to infusing our leadership and relationships with love, compassion, and authenticity.

ABOUT THE AUTHOR:

Laila Tarraf is a senior human resource executive with more than twenty-five years of professional experience. After graduating with her MBA from the Haas School of Business at the University of California at Berkeley, she became one of the founding team members at Walmart.com. She then served as Chief People Officer at Peet's Coffee and Tea, an iconic Bay Area premium coffee company. Currently, Laila is the Head of People and Employee Experience for AllBirds, advises entrepreneurs and investors, and guest lectures at Berkeley Law School. She resides in Larkspur, California. You can find her online at www.lailatarraf.com.

APRIL 2021



Publication Date: April 20, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-028-4

E-ISBN: 978-1-64742-029-1

KICKING AND SCREAMING

A MEMOIR OF MADNESS AND MARTIAL ARTS

MELANIE D. GIBSON

DESCRIPTION:

Melanie Gibson was an independent woman with a good job, multiple college degrees, and a condo in the trendy part of town. She also had a few mental illnesses, a minor substance abuse problem, and rotten relationship skills. She was a high-functioning crazy who needed a good kick in the pants, literally and metaphorically.

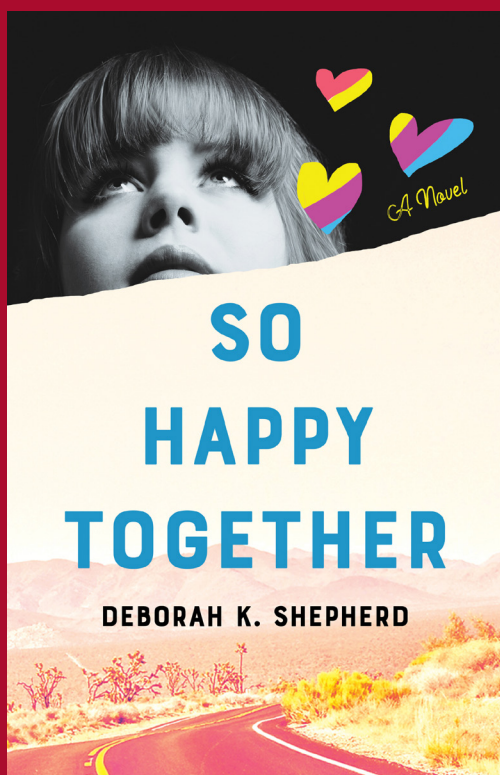
In early 2013, as a last, desperate means to save her sanity, Melanie turned to a nearly forgotten childhood activity: the Korean martial art of taekwondo. As if the universe were listening, she discovered her West Texas childhood taekwondo instructors' Grandmaster operated a taekwondo school a few miles from her home in Fort Worth, Texas—and she decided to start her training over as a white belt.

In taekwondo, Melanie felt like she had a fresh start in more ways than one. She found an inner peace she'd never known before, a sense of community, a newfound confidence, and a positive outlook on life. The kicking and screaming she was doing in class quieted the long-term kicking and screaming in her mind. Funny and frank, *Kicking and Screaming* is the story of Melanie's life-changing journey from troubled, lost soul to confident taekwondo black belt.

ABOUT THE AUTHOR:

Melanie Gibson was raised in Snyder, Texas, where she began taekwondo training at age ten. She has a bachelor's degree in English from Texas Woman's University, a Master of Library Science from the University of North Texas, and an MBA from the University of Texas at Arlington. She has worked in the healthcare industry since 2004, with roles as a hospital librarian, corporate trainer, and learning designer. Melanie continues to pursue advanced taekwondo black belt degrees, writes about taekwondo on her blog Little Black Belt, and is a competitive board breaker. She lives in Fort Worth, Texas.

APRIL 2021



Publication Date: April 20, 2021

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-026-0

E-ISBN: 978-1-64742-027-7

"Shepherd takes us on a literal ride into the not-so-distant past, remembering how naïve we were before we understood there are things you just can't change—even if you're destined, even if you're soul mates, even if you're willing to risk everything . . . The reader will ache at the forced (and quite salty) sass of the young narrator, desperate to show it doesn't hurt, and highly enjoy the ironic wit of the mature voice, who knows better and goes for it all the same. A story for anyone who can relate to how we cling to a fantasy of the past to avoid committing to the present."

—Rita Dragonette, author of *The Fourteenth of September*

SO HAPPY TOGETHER

A NOVEL

DEBORAH K. SHEPHERD

DESCRIPTION:

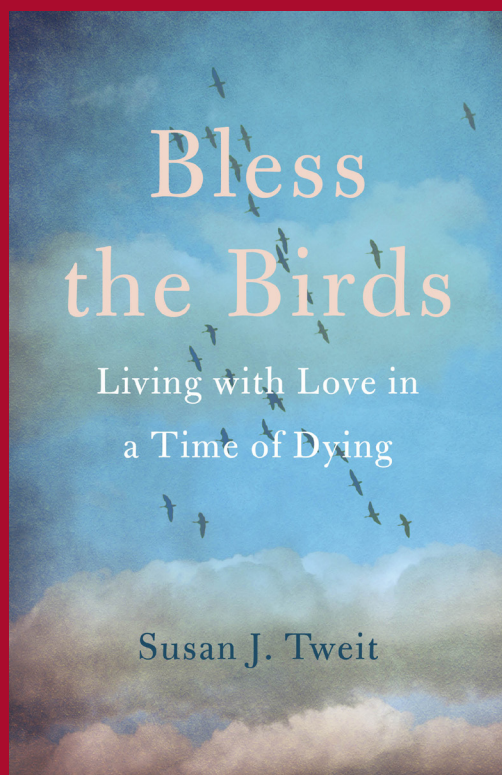
As her stultifying marriage to Jack is unraveling and she is mourning the loss of her creative self, Caro has a nightmare about Peter, an old love whom she hasn't seen in twenty years. She takes this as a sign he still needs her and—with her three children safely off at summer camp—embarks on a pre-Facebook, pre-cell phone road trip to recapture who she once was and what she thinks she once had.

Set in the sex, drugs, and rock 'n' roll '60s of Tucson, Arizona, when Caro and Peter were kooky, colorful, and inseparable, and in the suburban '80s, when Caro's creative spark has been quashed to serve the needs of her husband and children, *So Happy Together* explores the conundrum of love and sexual attraction, creativity and family responsibilities, and what happens when they are out of sync. It is a story of missed opportunities, the tantalizing possibility of second chances, and what we leave behind, carry forward, and settle for when we choose. It sits in that raw, messy, confounding, beautiful place where love resides.

ABOUT THE AUTHOR:

Deborah K. Shepherd was born in Cambridge, MA, and spent much of her early life in the New York area. Before retiring in 2014, she was a social worker with a primary focus on the prevention of domestic violence and sexual assault, and provision of victim services. During an earlier career as a reporter, she wrote for *Show Business* in New York City and for the *Roe Jan Independent*, a weekly newspaper in Columbia County, New York. She also freelanced as a travel writer. She graduated from the Interlochen Arts Academy in Interlochen, Michigan, and holds a BFA in drama from the University of Arizona and an MSW from the Fordham University Graduate School of Social Service. Deborah lives with her husband and two rescue dogs on the coast of Maine, where she gardens, cooks, swims, reads, entertains her grandsons, tries to speak French, and blogs at www.deborahshepherdwrites.com and www.paleogram.com. She is currently at work on a memoir.

APRIL 2021



Publication Date: April 27, 2021

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-036-9

E-ISBN: 978-1-64742-037-6

"*Bless the Birds* is the book for our times. It's a splendid blend of landscapes, relationships, spirituality—finding meaning in life framed by an awareness of death—and creative work. I have a dozen people I want to share this authentic, honest, hopeful story with. You will too. It's a treasure."

—Jane Kirkpatrick, *New York Times* best-selling author of *Something Worth Doing*

BLESS THE BIRDS

LIVING WITH LOVE IN A TIME OF DYING

SUSAN J. TWEIT

DESCRIPTION:

Writer Susan Tweit and her economist-turned-sculptor husband Richard Cabe had just settled into their version of a "good life" when Richard saw thousands of birds one day—harbingers of the brain cancer that would kill him two years later. This compelling and intimate memoir chronicles their journey into the end of his life, framed by their final trip together, a 4,000-mile-long delayed honeymoon road trip.

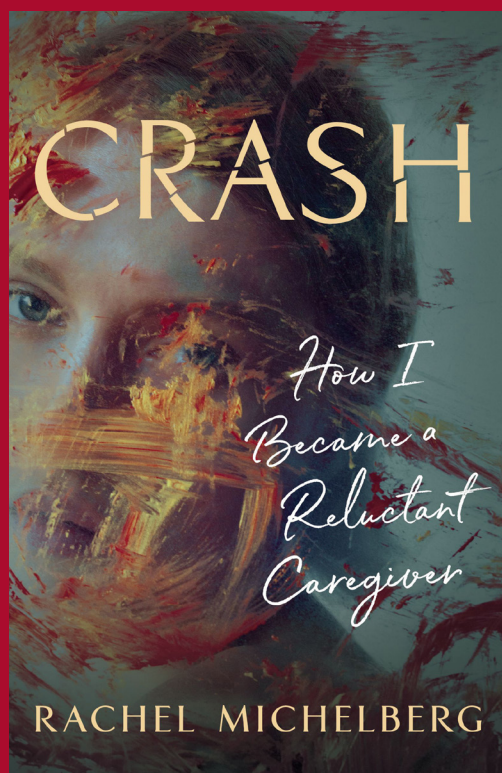
As Susan and Richard navigate the unfamiliar territory of brain cancer treatment and learn a whole new vocabulary—craniotomies, adjuvant chemotherapy, and brain geography—they also develop new routines for a mindful existence, relying on each other and their connection to nature, including the real birds Richard enjoys watching. Their determination to walk hand in hand, with open hearts, results in profound and difficult adjustments in their roles.

Bless the Birds is not a sad story. It is both prayer and love song, a guide to how to thrive in a world where all we hold dear seems to be eroding, whether simple civility and respect, our health and safety, or the Earth itself. It's an exploration of living with love in a time of dying—whether personal or global—with humor, unflinching courage, and grace. And it is an invitation to choose to live in the light of what we love, rather than the darkness of what we fear.

ABOUT THE AUTHOR:

Susan J. Tweit is a plant biologist who began her career working in the wilderness studying wildfires, grizzly bear habitat, and sagebrush ecosystems. She is an award-winning author of twelve books, including a previous memoir, *Walking Nature Home*, and has been published in magazines and newspapers including *Audubon*, *Popular Mechanics*, *the Denver Post*, and the *Los Angeles Times*. Her essays and commentaries have been collected in numerous anthologies, and heard on regional public radio. She is cofounder of the Border Book Festival and Audubon Rockies' Be A Habitat Hero Project, and an active member of Women Writing the West and Story Circle Network. Visit her online at www.susanjtweit.com. Tweit writes from the high desert outside Santa Fe, New Mexico, and a farm at the foot of high peaks near Paonia, Colorado, where deer and coyotes saunter through her garden and stars stud a dark night sky.

APRIL 2021



Publication Date: April 27, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Black-and-white images throughout

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-032-1

E-ISBN: 978-1-64742-033-8

"I couldn't put this book down . . . Rachel Michelberg gives the reader the gift of unfiltered honesty, without excuses or complaints. She shows us how the clarity of a scrupulous heart can guide us through the worst of times. *Crash* is an important story told by a remarkable storyteller."

—Joanne Silver Jones, author of *Headstrong: Surviving a Traumatic Brain Injury*

"I read this book cover to cover and then finally remembered to breathe. *Crash* is a profoundly human story told with grace and raw honesty."

—Mark Lukach, author of *My Lovely Wife in the Psych Ward*

CRASH

HOW I BECAME A RELUCTANT CAREGIVER

RACHEL MICHELBERG

DESCRIPTION:

Rachel likes to think of herself as a nice Jewish girl, dedicated to doing what's honorable, just as her parents raised her to do. But when her husband, David, survives a plane crash and is left with severe brain damage, she faces a choice: will she dedicate her life to caring for a man she no longer loves, or walk away?

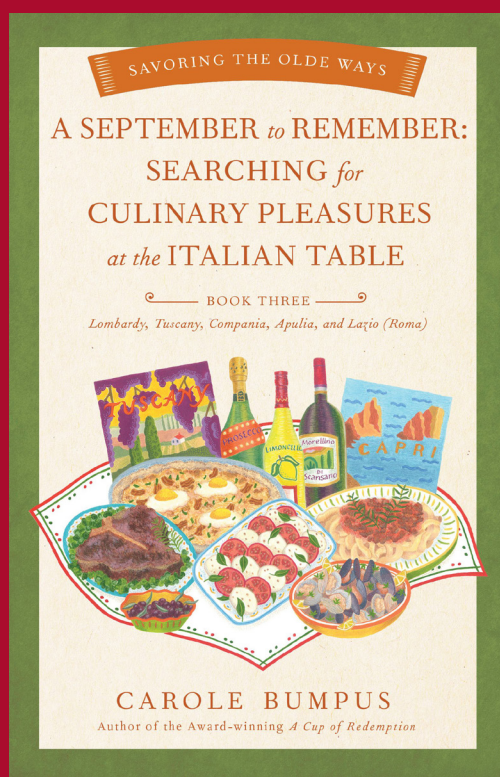
Their marriage had been rocky at the time of the accident, and though she wants to do the right thing, Rachel doesn't know how she is supposed to care for two kids in addition to a now irrational, incontinent, and seizure-prone grown man. And how will she manage to see her lover? But then again, what kind of selfish monster would refuse to care for her disabled husband, no matter how unhappy her marriage had been? Rachel wants to believe that she can dedicate her life to David's needs, but knows in her heart it is impossible.

Crash tackles a pervasive dilemma in our culture: the moral conflicts individuals face when caregiving for a disabled or cognitively impaired family member.

ABOUT THE AUTHOR:

Rachel Michelberg grew up in the San Francisco Bay Area and still enjoys living there with her husband, Richard, and their two dogs, Nala and Beenie. She earned her Bachelor of Music degree in vocal performance from San Jose State University, and has performed leading roles in musicals and opera from *Carmen* to *My Fair Lady*, as well as the part of the Mother Abbess (three times!) in *The Sound of Music*. When Rachel isn't working with one of her thirty voice and piano students, she loves gardening, hiking, and making her own bone broth. *Crash* is her first book.

APRIL 2021



Publication Date: April 27, 2021
Collections: Cooking, Memoir, Nonfiction
Trim size: 5.5 X 8.5
Price: \$16.95 paperback / \$9.95 ebook
Distribution by Ingram Publisher Services
Print ISBN: 978-1-63152-727-2
E-ISBN: 978-1-63152-728-9

Praise for Book One of Savoring the Olde Ways:

“Both a regional history and a cooking memoir, this is even more than the sum of its parts, and a celebration of living life every moment. Francophiles, history fans, and foodies will love this book.”

—Booklist

“... engaging. . . . Bumpus’ writing is perspicuous and economical. . . . The recipes, too, are enticing and detailed, and the book as a whole should appeal to Francophiles and ambitious cooks.”

—Kirkus Reviews

A SEPTEMBER TO REMEMBER

SEARCHING FOR CULINARY PLEASURES AT THE ITALIAN TABLE — LOMBARDY, TUSCANY, COMPANIA, APULIA, AND LAZIO (ROMA)

CAROLE BUMPUS

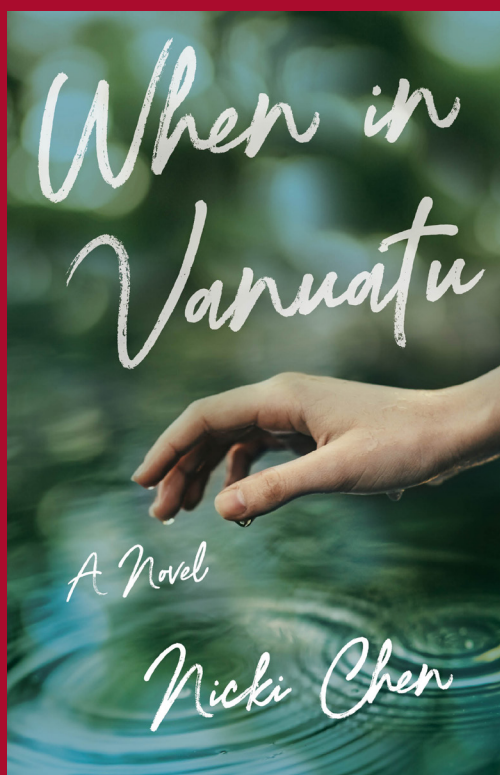
DESCRIPTION:

Join Carole Bumpus and her husband in Book Three of the Savoring the Olde Ways series as they take you on their first culinary trek through Italy, including regions of Lombardy, Tuscany, Campania, Apulia, and Lazio. Embrace unforgettable characters such as lovely guides Lisa and Margarita, who introduce you to the “true Italian experience.” Sup on traditional foods (*cucina povera*) including local *tortelli*, *pappardelle al cinghiale* (wild boar), *bistecca all Fiorentina*, *pasta alla vongole* (clams), or *saltimbocca alla Romana*. Sip regional wines, along with memorable *digestivos* like limoncello and grappa. Find yourself dancing at harvest festivals, climbing through Etruscan tombs, traipsing among Roman ruins, or bathing in ancient Roman termés (hot springs). Climb to the heights in elegant Capri on the gorgeous Amalfi Coast, or to the top of the “holiest of holies” at St. Peter’s Basilica. Soak up ancient and cultural history in Milan, Firenze (Florence), Amalfi, Pompeii, Lecce, and Rome. Bask in the sun and opalescent waters along the rugged coasts of the Tyrrhenian and Adriatic Seas. And, best of all, capture a rare glimpse into the secrets of the Mediterranean psyche while sharing a good meal with new friends. It is truly the trip of a lifetime.

ABOUT THE AUTHOR:

Carole Bumpus began writing about food and travel when she stumbled upon the amazing stories of women and war in France. Her historical novel, *A Cup of Redemption*, was published in October 2014, and her unique companion cookbook, *Recipes for Redemption: A Companion Cookbook to A Cup of Redemption*, was released in August 2015. Book One of her Savoring the Olde Ways Series, *Searching for Family and Traditions at the French Table*, was published August 2019, and Book Two was published August 2020. She has also had three short stories published in the Fault Zone anthologies: *Words from the Edge*, *Stepping up to the Edge*, and *Over the Edge*. A retired family therapist, Bumpus lives in the San Francisco Bay Area. Visit her website at www.carolebumpus.com.

APRIL 2021



Publication Date: April 27, 2021

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-034-5

E-ISBN: 978-1-64742-035-2

“Nicki Chen has, once again, deftly created a story of an exotic world. In *When in Vanuatu*, you will meet a fascinating international community of men and women, intent on contributing to global development despite significant obstacles, both at work and in the homes they endeavor to create in a distant land. Enlightening and captivating.”

—Sally Stiles, author of *Plunge!* and *Like a Mask Dancing*

WHEN IN VANUATU

A NOVEL

NICKI CHEN

DESCRIPTION:

When Diana quit her job and followed her husband to Manila, she believed the move would work for both of them: Jay would finally have his dream job, and she would take time off from her accounting career to start a family.

Four years later, however, she's still not pregnant. Her fertility doctor advises her to relax—an undertaking that is easier said than done in one of the noisiest, most crowded cities in the world. Nevertheless, Diana tries. She takes up yoga and meditation. She buys goldfish. Then one day, while Jay is away on business, a violent coup d'état erupts. The rebels bomb the presidential palace and occupy parts of the city.

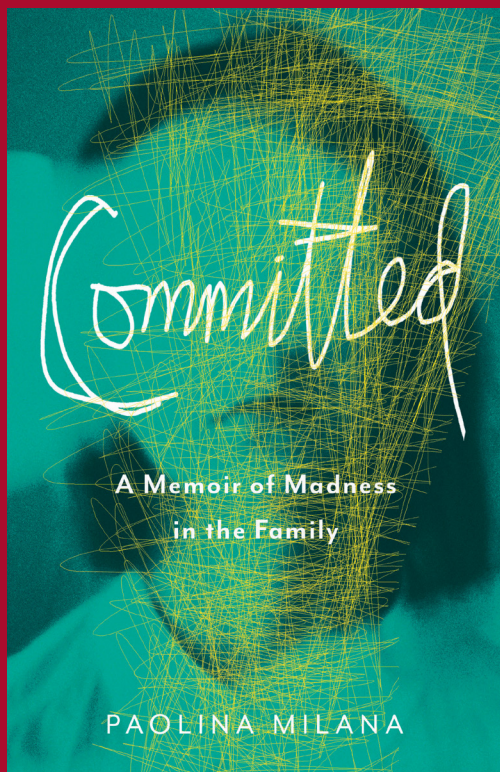
Clearly, Diana decides, something needs to change.

Determined to have a baby while she's still young enough, she convinces Jay to transfer to the small South Pacific nation of Vanuatu, said to be “the most relaxing place on earth.” It isn't long before she realizes that the island's tropical beauty hides dangers and disappointments that will test her courage, her marriage, and her ability to open herself up to new possibilities.

ABOUT THE AUTHOR:

Nicki Chen is the author of two novels, *Tiger Tail Soup* and *When in Vanuatu*, the latter of which grew out of her experiences during the twenty years she lived with her husband and their three daughters in the Philippines and the South Pacific. She currently lives in Edmonds, WA, a sometimes rainy, always beautiful little city overlooking Puget Sound.

MAY 2021



Publication Date: May 4, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Black-and-white images throughout

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-042-0

E-ISBN: 978-1-64742-043-7

COMMITTED

A MEMOIR OF MADNESS IN THE FAMILY

PAOLINA MILANA

DESCRIPTION:

After a decade of caring for crazy and keeping her mother's mental illness a secret from the outside world, twenty-year-old Paolina Milana longs for just one year free from the madness of her home. When she gets the chance to go to an out-of-state school, she takes it, but her family won't leave her be. Letter after letter arrives, constantly reminding her of the insanity rooted in her family tree. Even worse, the voices in her own head whisper words she's not sure are normal. "*Please don't make me be like Mamma,*" she prays to a God she's not sure is listening.

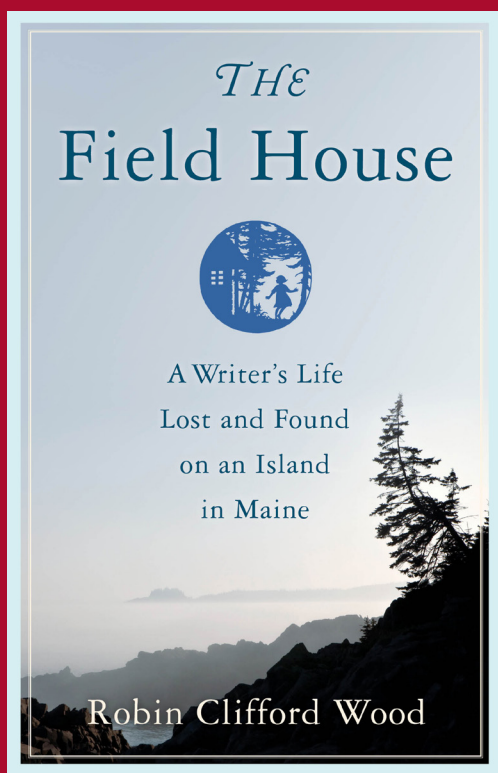
The unexpected death of her father soon after she returns home leaves Paolina in shock—and in charge of her paranoid schizophrenic mother. But it isn't until she is twenty-seven and her sister two years her junior explodes in a psychotic episode and, just like Mamma, is diagnosed with paranoid schizophrenia and must be committed, that Paolina descends into her own despair, nearly losing herself to the darkness.

Poignant and impactful, *Committed* is one woman's story of resilience as she struggles to stay sane despite the madness that surrounds her.

ABOUT THE AUTHOR:

Published author, speaker, podcaster, and founder of Madness To Magic, Paolina Milana's mission is to share stories that celebrate the triumph of the human spirit and the power that lies within each of us to bring about change for the better. Her professional background includes telling other people's stories, first as a journalist and then as a PR and digital marketing executive in both corporate and non-profit environments. She currently serves as a Court Appointed Special Advocate (CASA) for children in foster care and as an empowerment coach, using storytelling to help people reimagine their lives, write their next chapters, and become the heroes of their own journeys. Paolina has won awards for her writing and creative campaigns, including her first full-length book, *The S Word*, which received the National Indie Excellence Award. Her self-help picture book for adults *Seriously! Are We There Yet?!* will publish late 2020. Paolina is first-generation Sicilian, married, and lives on the edge of the Angeles National Forest in Southern California.

MAY 2021



Publication Date: May 4, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-045-1

E-ISBN: 978-1-64742-046-8

"The Field House lures readers to 'a long-abandoned, wood-framed house on an island off the coast of Maine.'

When author Robin Clifford Wood buys a summer cottage belonging to famed poet and award-winning author Rachel Field,

Wood is haunted by Field's sudden death, her untold stories. Discovering treasures and clues Field left behind, Wood weaves a stunning and intimate portrait of a once-prized American writer and poet who deserves to be remembered."

—Barbara Walsh, Pulitzer Prize-winning writer and author of August Gale: A Father and Daughter's Journey into the Storm and Sammy in the Sky

THE FIELD HOUSE

A WRITER'S LIFE LOST AND FOUND ON
AN ISLAND IN MAINE

ROBIN CLIFFORD WOOD

DESCRIPTION:

Born of illustrious New England stock, Rachel Field was a National Book Award-winning novelist, a Newbery Medal-winning children's writer, a poet, playwright, and rising Hollywood success in the early twentieth century. Her light was abruptly extinguished at the age of forty-seven, when she died at the pinnacle of her personal happiness and professional acclaim.

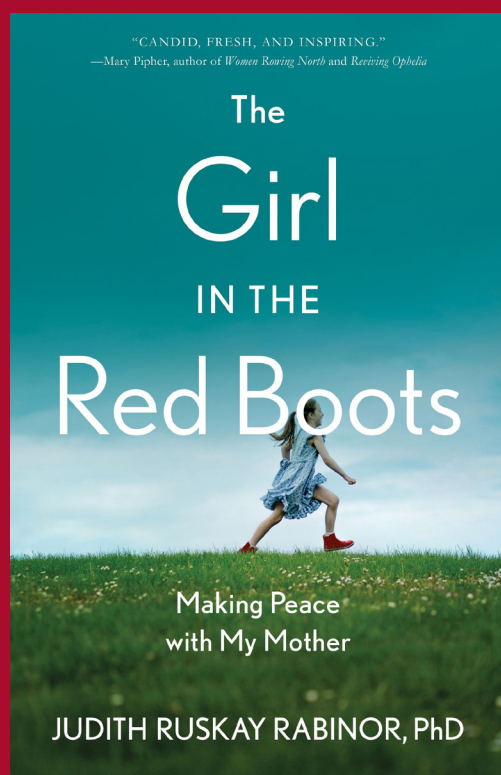
Fifty years later, Robin Clifford Wood stepped onto the sagging floorboards of Rachel's long-neglected home on the rugged shores of an island in Maine and began dredging up Rachel's history. She was determined to answer the questions that filled the house's every crevice: Who was this vibrant, talented artist whose very name entrances those who still remember her work? Why is that work—so richly remunerated and widely celebrated in her lifetime—so largely forgotten today? The journey into Rachel's world took Wood further than she ever dreamed possible, unveiling a life fraught with challenge and buried by tragedy, and yet incandescent with joy.

The Field House is a book about beauty—beauty in Maine island landscapes, in friendship, love, and heartbreak; beauty hidden beneath a woman's woefully unbeautiful exterior; beauty in a rare, delightful spirit that still whispers from the past. Just listen.

ABOUT THE AUTHOR:

Robin Clifford Wood has a BA from Yale University, an MA in English from the University of Rochester, and an MFA in creative writing from the Stonecoast program at the University of Southern Maine. During twenty-five years as a full-time mom, she published local human-interest features in New Hampshire, New York, and Massachusetts and spent seven years as a regular columnist, first in Massachusetts, then for Maine's *Bangor Daily News*. She began teaching college writing in 2015. Her articles have appeared in *Port City Life* magazine, *Bangor Metro*, and *Solstice* literary magazine, which published her powerful essay "How Do You Help Your Parents Die?" in its spring 2019 issue. For more information, visit www.robincliffordwood.com. Wood lives in central Maine with her husband and dogs. *The Field House* is her first book.

MAY 2021



Publication Date: May 4, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-040-6

E-ISBN: 978-1-64742-041-3

“Mother loss comes in many different forms, as Judy Rabinor explores in this affecting story of the fractured, flawed mother-daughter relationship that entangled her for decades. As a long-time psychotherapist, Rabinor is an expert on grief and healing. As a daughter, she longed for a deeper connection with a mother whose imperfect love, ultimately, left her with valuable gifts and insights to share. Both of those threads make *The Girl in the Red Boots* a unique and valuable contribution to the bereavement field.”

—Hope Edelman, author of *The Aftergrief*

THE GIRL IN THE RED BOOTS

MAKING PEACE WITH MY MOTHER

JUDITH RUSKAY RABINOR, PHD

DESCRIPTION:

Can a mother be both loving and selfish? Caring and thoughtless? Deceitful and devoted? These are the questions that fuel psychologist Dr. Judy Rabinor’s quest to understand her ambivalence toward her mother.

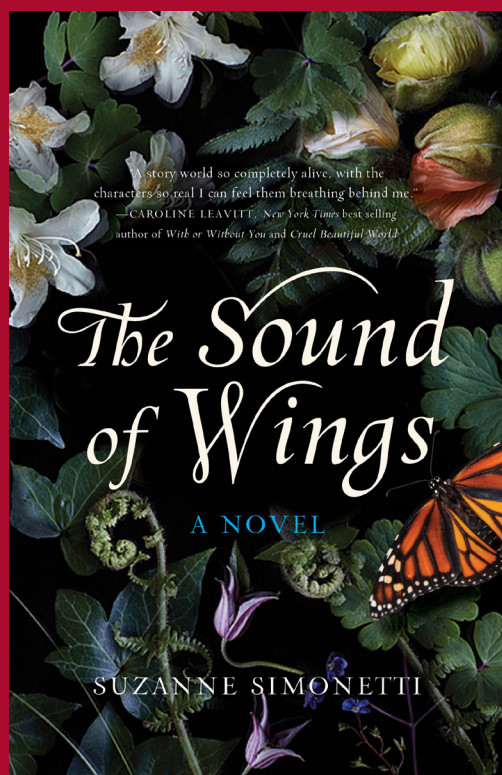
While leading a seminar exploring the importance of the mother-daughter relationship, Dr. Judy Rabinor, an eating disorder expert, is blindsided by a memory of a childhood trauma. Realizing how this buried trauma has resonated through her life, she sets off to heal herself. *The Girl in the Red Boots* weaves together tales from Rabinor’s psychotherapy practice and her life, helping readers understand how painful childhood experiences can linger and leave emotional scars. In the process, Rabinor traces her own journey becoming a wounded healer and ultimately making peace with her mother, and herself.

Not a traditional self-help book outlining “steps” to reconcile or forgive one’s mother, *The Girl in the Red Boots* is a poignant memoir filled with hard-won life lessons, including the fact that it’s never too late to let go of hurts and disappointments and develop compassion for yourself—and even for your mother.

ABOUT THE AUTHOR:

Judith Ruskay Rabinor, PhD, is a clinician, author, writing coach, speaker, and workshop leader. In addition to her New York City private psychotherapy practice, she offers remote consultations for writers, clinicians and families. She has published dozens of articles for both the public and professionals and has authored two books, *A Starving Madness: Tales of Hunger, Hope and Healing* (Gurze Books, 2002) and *Befriending Your Ex After Divorce: Making Life Better for You, Your Ex and Yes, Your Ex!* (New Harbinger Publications, 2012). A sought-after speaker and workshop leader, Judy speaks at national and international mental health conferences and runs workshops at spas (including Canyon Ranch), colleges and universities (including Harvard University Continuing Education), and retreat centers such as the Esalon Institute, California. She resides in New York City.

MAY 2021



Publication Date: May 4, 2021

Collections: Fiction, Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-044-4

E-ISBN: 978-1-64742-047-5

"A story world so completely alive with the characters so real, I can feel them breathing behind me."

—Caroline Leavitt, *New York Times* best-selling author of *Pictures of You and Is This Tomorrow*

"Gardens are home to many things—plants, winged visitors, secrets, and sorrows. In *The Sound of Wings*, Suzanne Simonetti weaves a story of memories that float on the garden air, of people who carry the past with them, who struggle with the pull of memories and the wish to move on from them."

—Patti Davis, author of *The Earth Breaks in Colors* and *The Wrong Side of Night*

THE SOUND OF WINGS

A NOVEL

SUZANNE SIMONETTI

DESCRIPTION:

Seventy-year-old Goldie Sparrows faces declining finances, questionable health, and a late husband who torments her from the beyond. She seeks refuge in her butterfly garden, which is filled with voices and memories from long ago.

Jocelyn Anderson is a struggling writer who finds escape from her custody battle in the journal of her late mother-in-law. As she gets pulled through the pages of time, Jocelyn discovers her own husband has a hidden history she knows nothing about. Is this secret now Jocelyn's to keep?

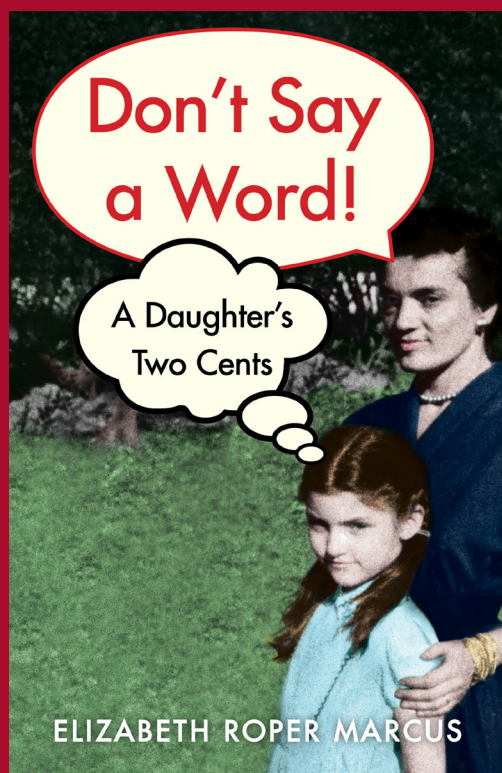
Krystal Axelrod is living a life she never dreamed she could have. And yet the demons of a dysfunctional childhood and mean-girl culture from her cheerleading days cast their shadow over her ability to feel whole, capable, and worthy. Does Goldie hold the key to Krystal's path to freedom?

A masterfully crafted tale of love, friendship, betrayal, and the risks we take in the pursuit of justice.

ABOUT THE AUTHOR:

Suzanne Simonetti grew up in the New York suburbs just outside of the city. After earning a BS in marketing, she spent several years writing press releases, until she left her corporate job to focus on her passion for crafting fiction. She lives on Cape May Harbor with her husband. When not on her paddle board or yoga mat, she can be found at the beach trailing the shoreline for seashells, scribbling in her notebook, and channeling dolphins for meaningful conversation.

MAY 2021



Publication Date: May 11, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Black-and-white images throughout

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-052-9

E-ISBN: 978-1-64742-054-3

DON'T SAY A WORD

A DAUGHTER'S TWO CENTS

ELIZABETH ROPER MARCUS

DESCRIPTION:

Edna and Leo, a perpetually warring, tyrannical pair in their eighties, begin wintering in Mexico, where they abandon their usual prudence to embrace adventure and a bevy of sketchy new friends. Soon, Edna adopts a pair of wacky, shyster builders whom she trusts over her own architect-daughter Elizabeth, and a farcical house results. Blithely indifferent to the calamities that result, the pair refuse all help from their too-compliant only child.

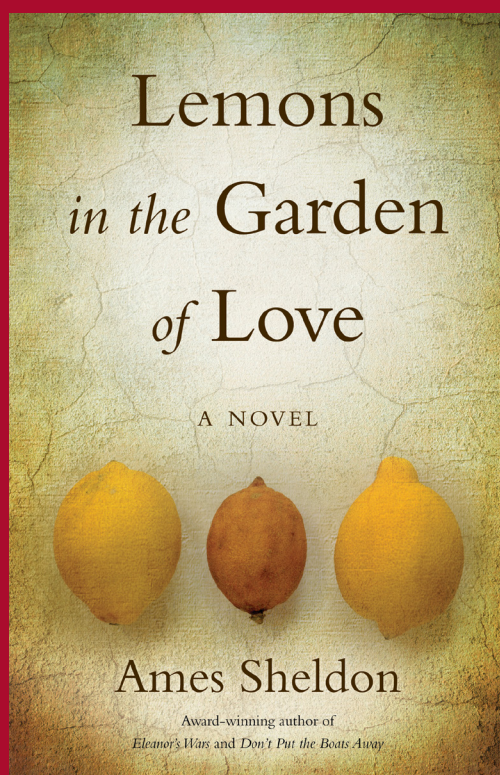
Later, following her mother's sudden death, Elizabeth's wise, principled father attempts to fill his late wife's shoes with a string of loopy, live-in housekeepers—with privileges, he hopes. Before it is over, the Mexican escapade will bring down the kind of disasters commonly found in pulp fiction. Why can't Elizabeth stop any of this from happening? No matter the madness, she cannot confront her parents any more than she ever could. In the end, the surprising way in which they come undone reveals just what they spent their lives trying to hide, thereby setting her free.

Though unique in its loony details, *Don't Say A Word!* will resonate with beleaguered adult-children everywhere who will recognize the special misery of watching, helpless, as stubborn, diminished parents career precariously toward the end of life.

ABOUT THE AUTHOR:

Elizabeth Marcus grew up in Manhattan, the only child of a dentist and a Macy's dress buyer, the Zeus and Hera of Apartment 2B. After escaping to Boston, she ran a small architectural office for twenty years, when she wasn't traveling to far-flung places with her psychiatrist husband and rambunctious children. Eventually, she decided to concentrate on writing, which allows her to pursue the many, quirky questions that fascinate her: Why are butterflies called 'butterflies'? Why can't she recall the taste of wines? Why are first-love memories so potent? Her essays have appeared in *The New York Times* and *Boston Globe*, on online sites like Cognoscenti, and in essay anthologies like *Travelers' Tales*. "*Don't Say A Word!*": *A Daughter's Two Cents* is her first book. She posts essays related to the book at www.eLizWrites.com; she posts essays about everything else at www.archive.eLizWrites.com.

MAY 2021



Publication Date: May 11, 2021

**Collections: Fiction, Historical Fiction,
Women's Fiction**

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-048-2

E-ISBN: 978-1-64742-049-9

LEMONS IN THE GARDEN OF LOVE

A NOVEL

AMES SHELDON

DESCRIPTION:

It's 1977 and Cassie Lyman, a graduate student in women's history, is struggling to find a topic for her doctoral dissertation. When she discovers a trove of drawings, suffrage cartoons, letters, and diaries at Smith College belonging to Kate Easton, founder of the Birth Control League of Massachusetts in 1916, she believes she has located her subject.

Digging deeper into Kate's life, Cassie learns that she and Kate are related—closely. Driven to understand why her family has never spoken of Kate, Cassie travels to Cape Ann to attend her sister's shotgun wedding, where she questions her female relatives about Kate—only to find herself soon afterward in the same challenging situation Kate faced.

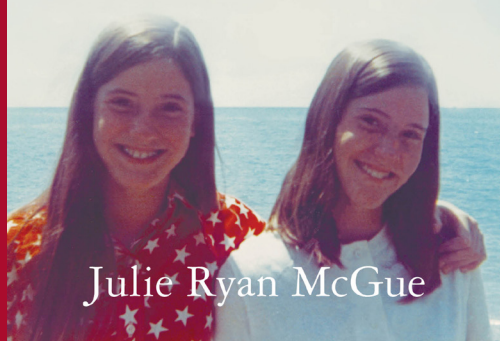
ABOUT THE AUTHOR:

Ames Sheldon worked as a reporter for two small-town newspapers in Minnesota before becoming lead author and associate editor of the monumental reference work *Women's History Sources: A Guide to Archives and Manuscript Collections in the United States*, which ignited her passion for writing about the history of women in America. Then she worked as a development officer, raising funds for the Sierra Club in San Francisco, the Minnesota Historical Society in St. Paul, the Minneapolis Public Library, and other nonprofit organizations. Her first historical novel, *Eleanor's Wars*, won the 2016 Benjamin Franklin Gold Award for Best New Voice: Fiction. Her second historical novel, *Don't Put the Boats Away*, was finalist in historical fiction for the 2019 Best Book Awards. Sheldon lives with her husband in Eden Prairie, Minnesota.

MAY 2021

Twice a Daughter

*A Search for Identity,
Family, and Belonging*



Publication Date: May 11, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-050-5

E-ISBN: 978-1-64742-051-2

"Twice a Daughter is an enchanting story about searching and fighting for hidden information and what it means to be adopted—to wrestle with love, pain, rejection, and acceptance. We can all find pieces of our own stories reflected in Julie's compelling words. This is a must-read for everyone—especially those touched by adoption."

—Linda Fiore, director of Adoption Center for Family Building

TWICE A DAUGHTER

A SEARCH FOR IDENTITY, FAMILY, AND BELONGING

JULIE RYAN MCGUE

DESCRIPTION:

Julie is adopted. She is also a twin. Because their adoption was closed, she and her sister lack both a health history and their adoption papers—which becomes an issue for Julie when, at forty-eight years old, she finds herself facing several serious health issues.

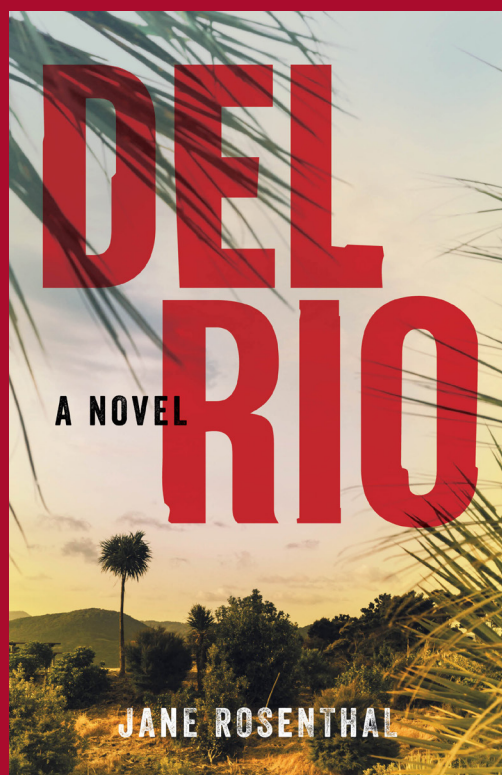
To launch the probe into her closed adoption, Julie first needs the support of her sister. The twins talk things over, and make a pact: Julie will approach their adoptive parents for the adoption paperwork and investigate search options, and the sisters will split the costs involved in locating their birth relatives. But their adoptive parents aren't happy that their daughters want to locate their birth parents—and that is only the first of many obstacles Julie will come up against as she digs into her background.

Julie's search for her birth relatives spans eight years and involves a search agency, a PI, a confidential intermediary, a judge, an adoption agency, a social worker, and a genealogist. By journey's end, what began as a simple desire for a family medical history has evolved into a complicated quest—one that unearths secrets, lies, and family members who are literally right next door.

ABOUT THE AUTHOR:

Julie Ryan McGue is a memoirist, blogger, and columnist, as well as an adult domestic adoptee and an identical twin. She writes two weekly blogs: *Touched By Adoption*, which deals with the complicated topic of adoption, and *That Girl, This Life*, which features snippets of her daily life. *That Girl, This Life* is also the name of the monthly column she pens for *The Beacher*, a weekly paper serving the beach communities of Northwest Indiana. Julie has served multiple terms on the board of the Midwest Adoption Center and is a member of the American Adoption Congress. Besides her laptop, she loves her Steinway, Nikon camera, and tennis racquet. Married for over thirty-five years, she is the mother of four adult children and splits her time between Northwest Indiana and Sarasota, Florida.

MAY 2021



Publication Date: May 18, 2021

Collections: Fiction, Thriller

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-055-0

E-ISBN: 978-1-64742-056-7

DEL RIO

A NOVEL

JANE ROSENTHAL

DESCRIPTION:

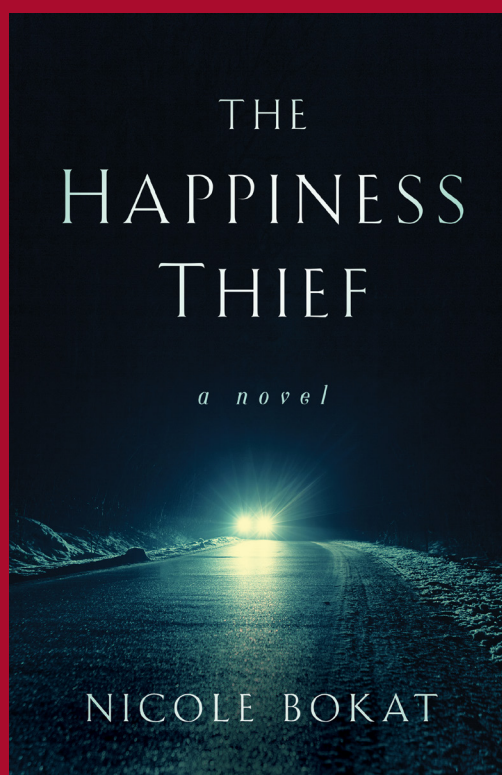
Del Rio, California, a once-thriving Central Valley farm town, is now filled with run-down Dollar Stores, *llanterias*, *carnicerias*, and shabby mini-marts that sell one-way bus tickets straight to Tijuana on the Flecha Amarilla line. It's a place you drive through with windows up and doors locked, especially at night—a place the locals call Cartel Country. While it's no longer the California of postcards, for local District Attorney Callie McCall, her dying hometown is the perfect place to launch a political career and try to make a difference.

But when the dismembered body of a migrant teen is found in one of Del Rio's surrounding citrus groves, Callie faces a career make-or-break case that takes her on a dangerous journey down the violent west coast of Mexico to a tropical paradise hiding a terrible secret, and finally back home again, where her determination to find the killer pits her against the wealthiest, most politically connected, most ruthless farming family in California: her own.

ABOUT THE AUTHOR:

Jane Rosenthal studied creative writing at San Francisco State University. She worked for NPR and California Public Radio before teaching radio production and English in public high schools in Oakland, California. For fifteen years, before relocating to Santa Fe, New Mexico, Jane lived on a ranch in the Sierra mountains complete with horses and cattle, fulfilling her dream of being a western cowgirl. Now, she can be found exploring the many cultural offerings of her new home in New Mexico or traveling to her favorite *pueblos mágicos* in old Mexico when she's not in her office with a window overlooking the Georgia O'Keeffe landscape around her and writing those novels that have been kicking around in her head all these many years.

MAY 2021



Publication Date: May 18, 2021

Collections: Fiction, Thriller

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-057-4

E-ISBN: 978-1-64742-058-1

“So, so smart, and as downright dangerous a read as the edge of a razor, Bokat’s book is a masterful study of memory, family, and the lies that derail us. Don’t even dare to think you’ll get any sleep once you start reading.”

—Caroline Leavitt, *New York Times*
best-selling author of *Pictures of You* and
With or Without You

“Nicole Bokat has the rare and precious gift of being both a master storyteller and an elegant poet.”

—Judy Batalion, author of *The Light of Days: The Untold Story of Women Resistance Fighters in Hitler’s Ghettos and White Walls*

THE HAPPINESS THIEF

A NOVEL

NICOLE BOKAT

DESCRIPTION:

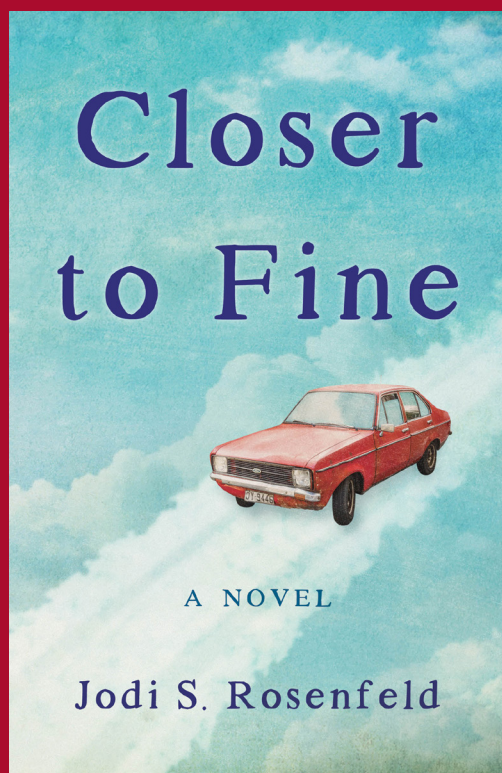
Forty-one-year-old Natalie Greene lost her mom and her childhood memories in a car crash two decades ago. What remains is a haunting feeling that she was responsible for her mother’s death. After her husband leaves for another woman, Natalie accompanies her famous stepsister, Isabel Walker (aka “The Happiness Guru”), on a retreat to the Cayman Islands. There, a late-night collision triggers Natalie’s long-buried trauma and a heightened sense of guilt.

Upon returning home to Boston, Natalie tries to settle back into her life as a food photographer and single mother to a teenage daughter—but then, one day, an anonymous email arrives about the Cayman accident that suggests foul play. In her search for the truth, Natalie must deal with a mix of fear, confusion, and suspects. With the help of Isabel and an attractive journalist, she uncovers a trail of deceit that begins on that deserted Caribbean road, circles back home, and ends in the most unexpected of places.

ABOUT THE AUTHOR:

Nicole Bokat is the author of the novels *Redeeming Eve* and *What Matters Most*. *Redeeming Eve* was nominated for both the Hemingway Foundation/PEN award and the Janet Heidinger Kafka Prize for Fiction. She’s also published *The Novels of Margaret Drabble: This Freudian Family Nexus*. She received her PhD from New York University and has taught at NYU, Hunter College, and The New School. Her essays and articles have appeared in *The New York Times*, *Parents* magazine, and *The Forward*, and at More.com. She lives with her husband in New Jersey and has two grown sons.

MAY 2021



Publication Date: May 25, 2021

Collections: Fiction, Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-059-8

E-ISBN: 978-1-64742-060-4

"This book radiates goodness. It's warm and smart, funny and brave. It has deep, particular knowledge of people, while at the same time embracing the great, wistful messiness of being human.

And it's a sheer pleasure to read: a beautifully paced, searching journey full of surprises and wisdom."

—Leah Hager Cohen, author of *Strangers and Cousins*

CLOSER TO FINE

A NOVEL

JODI S. ROSENFELD

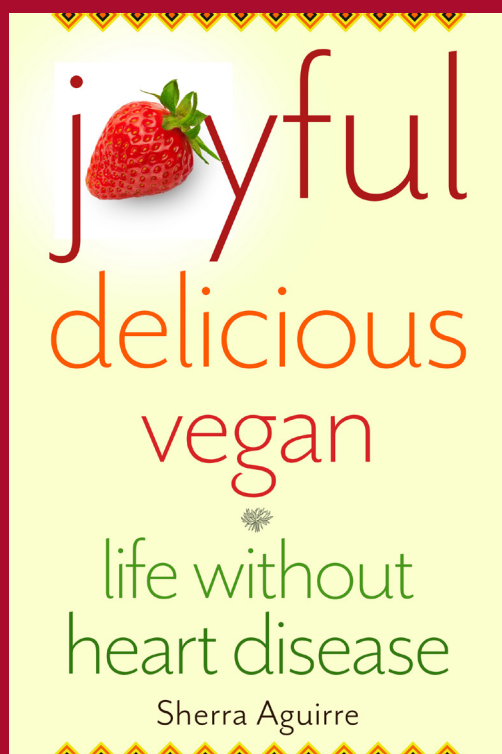
DESCRIPTION:

Closer to Fine is the story of Rachel Levine, a young, Jewish, bisexual woman finding her adult footing in a world full of uncertainties. Rachel has many teachers along the way—a stubborn grandfather, a progressive Rabbi, a worldly girlfriend, a wise supervisor, and an insightful therapist—but in the end, it is her own anxiety that is the best teacher of all. As Rachel learns that accepting that which she cannot control is the mark of true growth, she becomes ever more connected to the people who matter most in her life.

ABOUT THE AUTHOR:

Jodi S. Rosenfeld is a clinical psychologist specializing in anxiety and acceptance-based therapies. She is a graduate of Tufts University and the Massachusetts School of Professional Psychology (now William James College). She lives with her husband and two teenage children in the western suburbs of Philadelphia and plans to enter rabbinical school in the very near future. *Closer to Fine* is her first novel.

MAY 2021



Publication Date: May 25, 2021

Collections: Nonfiction, Cooking,
Health and Fitness

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-063-5

E-ISBN: 978-1-64742-064-2

"A great health resource for everyone concerned with our deteriorating health in a world of scientific advances that should be improving it, this book is a journey back to health by going back to basics—by recognizing, appreciating, and returning the love of our body's highly evolved 60-trillion cells, working hard 24/7 to keep us healthy. It shows us our own ability to heal disease by paying absolute attention to what we are feeding them, by changing our diets in ways that ensure their well-being."

—Elisabet Sahtouris, PhD, evolution biologist,
futurist, and author of *Gaia's Dance: The
Story of Earth & Us*

JOYFUL, DELICIOUS, VEGAN

LIFE WITHOUT HEART DISEASE

SHERRA AGUIRRE

DESCRIPTION:

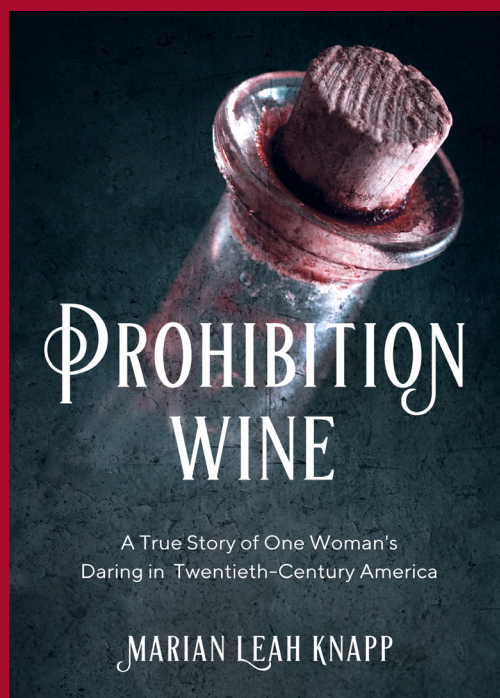
We can all learn how to enjoy good health naturally at any age—and it starts in our kitchens by changing how we eat. In *Joyful, Delicious, Vegan*, Sherra Aguirre equips readers with the simplest, most effective way to prevent or reverse heart disease, our number one killer here in the US—especially for African American women, who are on the front line of the fight against heart disease, diabetes, and other chronic illnesses.

In this empowering guide to healthy eating, Aguirre shares her own story of reversing hypertension and other heart disease symptoms, despite a long family history; she presents current knowledge about the effectiveness of a plant-based diet in reversing disease; and she offers up recommendations from two world-renowned cardiologists who have demonstrated results with patients for many years. *Joyful, Delicious, Vegan* guides readers in building a simple food plan around their particular needs with delicious anti-inflammatory foods and provides support for developing the habit of mindful eating. Aguirre explores ways in which choosing a vegan diet and eating consciously are compassionate acts that can positively impact many areas of our lives—and includes tips to help readers sustain results. Full of tips for success based on Aguirre's personal experience and the experience of others, *Joyful, Delicious, Vegan* is a source of inspiration, encouragement, and staying power for all readers.

ABOUT THE AUTHOR:

Sherra Aguirre founded and led a successful business for thirty-five years, during which time she won national awards for entrepreneurship, innovation, and service excellence. She sold the business in 2016 to focus on her passion for healthy diet and lifestyle. Now in her seventies, Aguirre has practiced meditation and yoga daily for more than twenty-five years. As a health enthusiast, environmentalist, and "foodie," she writes about the healing qualities of compassion, simplicity, and gratitude and the ripple effect vegan eating can have on individuals, families, and communities. Sherra is married and has two daughters: Attica Locke, a multiple-award-winning novelist and screenwriter/producer, and Tembi Locke, an actor, speaker, and *New York Times* best-selling author. She currently lives in Houston, TX.

MAY 2021



Publication Date: May 25, 2021

Collections: Nonfiction, Biography

Trim size: 5 X 8

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-061-1

E-ISBN: 978-1-64742-062-8

PROHIBITION WINE

A TRUE STORY OF ONE WOMAN'S DARING
IN TWENTIETH-CENTURY AMERICA

MARIAN LEAH KNAPP

DESCRIPTION:

In 1918, Rebecca Goldberg—a Jewish immigrant from the Russian Empire living in rural Wilmington, Massachusetts—lost her husband, Nathan, to a railroad accident, a tragedy that left her alone with six children to raise. To support the family after Nathan's death, Rebecca continued work she'd done for years: keeping chickens. Once or twice a week, with a suitcase full of fresh eggs in one hand and a child in the other, she delivered her product to relatives and friends in and around Boston.

Then, in 1920—right at the start of Prohibition—one of Rebecca's customers suggested that she start selling alcoholic beverages in addition to her eggs to add to her meager income. He would provide his homemade raw alcohol; Rebecca would turn it into something drinkable and sell it to new customers in Wilmington. Desperate to feed her family and keep them together, and determined to make sure her kids would all graduate from high school, Rebecca agreed—making herself a wary participant in the illegal alcohol trade.

Rebecca's business grew slowly and surreptitiously until 1925, when she was caught and summoned to appear before a judge. Fortunately for her, the chief of police was one of her customers, and when he spoke highly of her character before the court, all charges were dropped. Her case made headline news—and she made history.

ABOUT THE AUTHOR:

Marian Leah Knapp is a writer and community activist. Her previously published books include *Aging in Places: Reflective Preparation for the Future*, *A Steadfast Spirit: The Essence of Caregiving*, and, with Vivien Goldman, *The Outermost Cape: Encountering Time*. For more than ten years, she has written a regular column for the *Newton TAB*. When Marian was sixty-four years old, she went back to school to obtain a PhD. She passed her dissertation defense right before her seventieth birthday. Marian lives in Chestnut Hill, MA.

JUNE 2021



Publication Date: June 1, 2021

**Collections: Fiction, Historical Fiction,
Literary Fiction**

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-106-9

E-ISBN: 978-1-64742-107-6

AMONG THE BEAUTIFUL BEASTS

A NOVEL

LORI McMULLEN

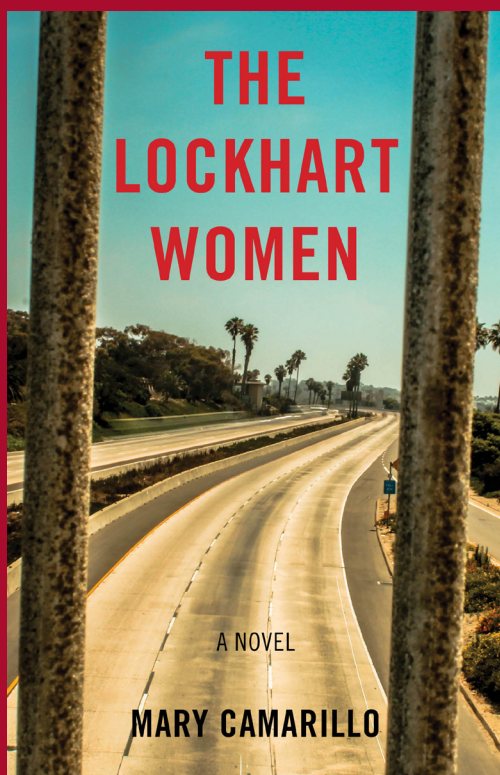
DESCRIPTION:

Set in the early 1900s, *Among the Beautiful Beasts* is the untold story of the early life of Marjory Stoneman Douglas, known in her later years as a tireless activist for the Florida Everglades. After a childhood spent in New England estranged from her father and bewildered by her mother, who fades into madness, Marjory marries a swindler thirty years her senior. The marriage nearly destroys her, but Marjory finds the courage to move to Miami, where she is reunited with her father and begins a new life as a journalist in that bustling, booming frontier town. Buoyed by a growing sense of independence and an affair with a rival journalist, Marjory embraces a life lived at the intersection of the untamed Everglades and the rapacious urban development that threatens it. When the demands of a man once again begin to swallow Marjory's own desires and dreams, she sees herself in the vulnerable, inimitable Everglades and is forced to decide whether to commit to a life of subjugation or leap into the wild unknown. Told in chapters that alternate between an urgent midnight chase through the wetlands and extensive narrative flashbacks, *Among the Beautiful Beasts* is at once suspenseful and deeply reflective.

ABOUT THE AUTHOR:

Lori McMullen grew up in unincorporated Dade County, outside of Miami, and now lives with her family in Chicago. She is a graduate of Dartmouth College and Harvard Law School, and her short fiction has appeared in the *Tampa Review* and *Slush Pile* magazine. *Among the Beautiful Beasts* is her first novel.

JUNE 2021



Publication Date: June 1, 2021

Collections: Fiction, Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-100-7

E-ISBN: 978-1-64742-101-4

“... an intimate portrayal of a Southern California working-class family. Brenda Lockhart and her two daughters are complicated and not always admirable characters, but they are relentlessly human. Camarillo laces their story with concise prose, dry humor, and flinty realism, allowing love, resilience, hope, and eventual forgiveness to shine through.”

—Samantha Dunn, author of the best-selling memoir *Not By Accident: Reconstructing a Careless Life*

THE LOCKHART WOMEN

A NOVEL

MARY CAMARILLO

DESCRIPTION:

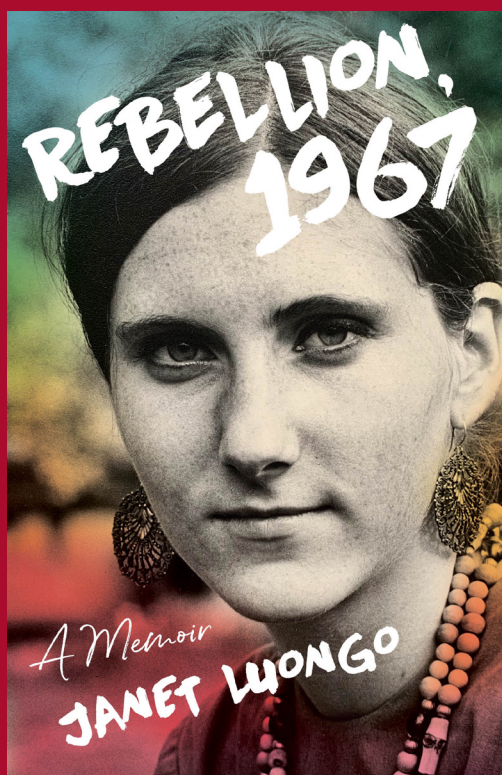
Brenda Lockhart's family has been living well beyond their means for too long when Brenda's husband leaves them—for a woman who is older and less attractive than Brenda, no less. Brenda's never worked outside the home, and the family's economic situation quickly declines. Older daughter Peggy is certain she's heading off to a university, until her father offers her a job sorting mail while she attends community college instead. Younger daughter Allison, a high school senior, can't believe her luck that California golden boy Kevin has fallen in love with her.

Meanwhile, the chatter about the O. J. Simpson murder investigations is always on in the background, a media frenzy that underscores domestic violence against women and race and class divisions in Southern California. Brenda, increasingly obsessed with the case, is convinced O. J. is innocent and has been framed by the LAPD. Both daughters are more interested in their own lives—that is, until Peggy starts noticing bruises Allison can't explain. For a while, it feels to everyone as if the family is falling apart; but in the end, they all come together again in unexpected ways.

ABOUT THE AUTHOR:

Mary Camarillo went to work for the Postal Service after high school. It might be genetic; both her grandfathers were railway mail clerks. She sorted mail, sold stamps, balanced the books in the accounting office, went to night school to get her degree, earned her CPA, authored countless audit reports, and then started writing fiction. Her short stories and poems have been published in *The Sonora Review*, *The Bookends Review*, *Lunch Ticket*, and *The Ear*, among others. This is her first novel. She lives in Huntington Beach, California, with her husband, who plays ukulele, and their terrorist cat, Riley, who has his own Instagram account.

JUNE 2021



Publication Date: June 1, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-104-5

E-ISBN: 978-1-64742-105-2

"It takes rare courage to be this vulnerable, honest, and authentic in a memoir. With heart wide open, Janet reveals herself as a girl whose path was driven by intellect, curiosity, and a quest for justice. The history she weaves into her personal story gives gravity to the book. A compelling story."

—Denise Page, writer, storyteller, diversity trainer, and vision engineer with F.U.N. (Fired Up Network)

"Now is the best time for this memoir to come out. Janet has an important message to deliver."

—Sonja Ahuja, Capacity Building and Training Partner, Co-Creating Effective and Inclusive Organizations (CEIO)

REBELLION, 1967

A MEMOIR

JANET LUONGO

DESCRIPTION:

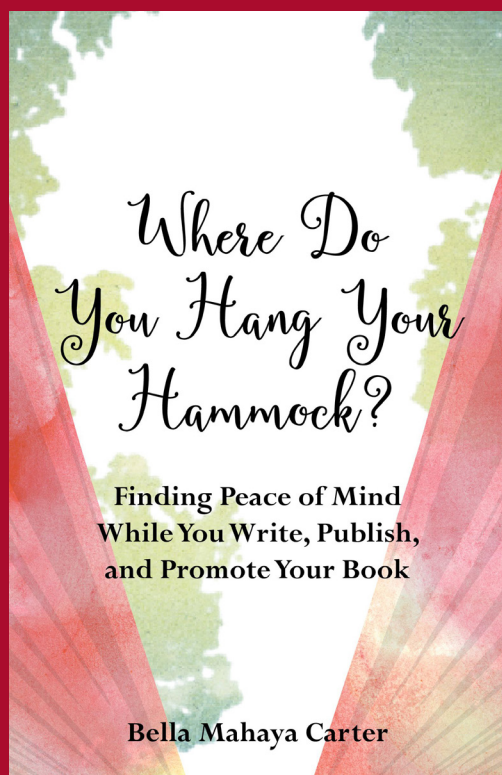
Janet Duffy, a spunky, seventeen-year-old Irish girl, is eager to start college—but instability between her alcoholic father and self-absorbed mother jeopardizes her dream, so she sets up her own apartment with her younger sister in Jamaica, Queens, and treks to City College in Manhattan, New York. The routine is deadening, but she finds purpose in the black community, working for a mural painter and volunteering for a civil rights activist.

After turning eighteen, Janet marches with Dr. Martin Luther King, Jr. and falls for a young black saxophone player, Carmen. Her father, a policeman, explodes over their relationship, so Janet rebels—runs away with the jazz musician, and then winds up in the East Village in the Summer of Love. In the ensuing months, she deals with heartbreak, sexual harassment, poverty, and danger—but eventually, she asks for the help she needs in order to pick up the pieces of her life and return to her dream.

ABOUT THE AUTHOR:

Janet Luongo writes stories, creates art, and gives speeches and workshops. Raised Unitarian Universalist in New York City, she holds an MEd from Queens College at CUNY and taught art from kindergarten to college. While teaching at the International School of Geneva over several years, she exhibited paintings in Geneva and Paris. In Connecticut, she taught communication at Sacred Heart University. As an art education curator in Bridgeport museums, her innovative programs garnered grants, awards and media attention for connecting urban and suburban children and developing leadership in underserved teens. Her book, *365 Daily Affirmation for Creativity*, with a foreword by Jack Canfield and published in five countries, led to presentations in the US and as far as Xian, China. To make diverse feminist artists visible, she founded a non-profit that went on to mount forty exhibits. She coproduced the movie *Women Make Art*, which was screened at the UNIFEM film festival. Currently, photography is her art. She resides with her husband, Jim, in Norwalk, Connecticut, and they enjoy hiking with their son and family in Colorado.

JUNE 2021



Publication Date: June 1, 2021
Collections: Self-Help and Inspirational
Trim size: 5 X 8
Price: \$16.95 paperback / \$9.95 ebook
Distribution by Ingram Publisher Services
Print ISBN: 978-1-64742-065-9
E-ISBN: 978-1-64742-066-6

"Where Do You Hang Your Hammock?" is a respite for any writer navigating not only their inner critic but also the brass tacks of publishing, an often fickle industry. Carter's voice instills a sense of calm and assurance in uncertain times. This book is a meditation, and a perfect gift for the writer in your life. I truly love it."

—Elizabeth K. Kracht, author of *The Author's Checklist: An Agent's Guide to Developing and Editing Your Manuscript*

WHERE DO YOU HANG YOUR HAMMOCK?

FINDING PEACE OF MIND WHILE YOU WRITE, PUBLISH, AND PROMOTE YOUR BOOK

BELLA MAHAYA CARTER

DESCRIPTION:

In *Where Do You Hang Your Hammock?* seasoned coach and author Bella Mahaya Carter shows writers how to use their present circumstances as stepping-stones to a successful and meaningful writing life, navigated from the inside out. It encourages writers and authors to rethink their ambitions (which may be fueled by the tyrannical demands of the ego) and trust in their heartfelt purpose and values in the journey to becoming, or continuing on, as authors.

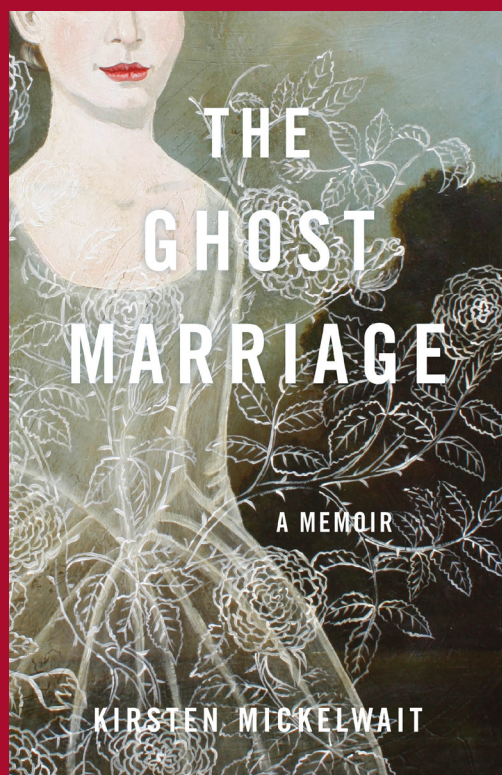
Many writers believe their self-sabotaging thoughts are trustworthy and true. They take rejection personally. They surmise that if they don't achieve their goals they have failed, and lose sight of who they are and what matters most.

This book is for writers looking for inspiration and for authors daunted by the publishing process, who might lack the requisite author platform to get published the way they dreamed, or whose careers may not be unfolding as expected. It aims to be the friend and trusted expert writers turn to when hijacked by their own thinking. Ultimately, it reminds authors that they are infinite creators.

ABOUT THE AUTHOR:

Bella Mahaya Carter is a creative writing teacher, empowerment coach, speaker, and author of an award-winning memoir, *Raw: My Journey from Anxiety to Joy*, and *Secrets of My Sex*, a collection of narrative poems. She has worked with hundreds of writers over the past eleven years and has degrees in literature, film production, and spiritual psychology. Her poetry, fiction, creative nonfiction, articles, and interviews have appeared in *Mind, Body, Green*; *The Sun*; *Lilith*; *Fearless Soul*; *Writer's Bone*; *Women Writers*, *Women's Books*; *Chic Vegan*; *Bad Yogi Magazine*; *Jane Friedman's Blog*; *Pick The Brain*; *Spiritual Medial Blog*; *Literary Mama*; several anthologies; and elsewhere. She lives in Studio City, California. Visit her online: www.BellaMahayaCarter.com.

APRIL 2021



Publication Date: June 1, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-030-7

E-ISBN: 978-1-64742-031-4

THE GHOST MARRIAGE

A MEMOIR

KIRSTEN MICKELWAIT

DESCRIPTION:

At thirty-one, Kirsten has just returned to San Francisco from a bohemian year in Rome, ready to pursue a serious career as a writer and eventually, she hopes, marriage and family. When she meets Steve Bickford, a handsome and successful attorney, she begins to see that future materialize more quickly than she'd dared to expect.

Twenty-two years later, Steve has turned into someone quite different. Unemployed and addicted to opioids, he uses money and their two children to emotionally blackmail Kirsten. What's more, he's been having an affair with their real estate agent, who is also her close friend. So she divorces him—but after their divorce is finalized, Steve is diagnosed with colon cancer and dies within a year, leaving Kirsten with \$1.5 million in debts she knew nothing about. It's then that she finally understands: The man she'd married was a needy, addictive person who came wrapped in a shiny package.

As she fights toward recovery, Kirsten begins to receive communications from Steve in the afterlife—which lead her on an unexpected path to forgiveness. *The Ghost Marriage* is her story of discovery—that life isn't limited to the tangible reality we experience on this earth, and that our worst adversaries can become our greatest teachers.

ABOUT THE AUTHOR:

Kirsten Mickelwait is a professional copywriter and editor by day and a writer of fiction and creative nonfiction by night. She's an alumna of the Squaw Valley Community of Writers, the Napa Valley Writers' Conference, the Paris Writers' Conference, and the San Francisco Writers' Conference. Her short story, "Parting with Nina," won first prize in *The Ledge's* 2004 Fiction Awards Competition. She lives in the San Francisco Bay Area, where she's at work on a new novel.

JUNE 2021

Hope Is a Bright Star

A Mother's Memoir of
Love, Loss, and
Learning to Live Again

Faith Fuller Wilcox

Publication Date: June 8, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-108-3

E-ISBN: 978-1-64742-109-0

"Hope Is A Bright Star, a memoir by Faith Fuller Wilcox, is a raw, honest and beautiful reflection on loss, love, and healing. In 2000, Faith's thirteen-year-old daughter, Elizabeth, was diagnosed with osteosarcoma, a malignant tumor of the bone that would ultimately end her life. Wilcox invites us into her journey, allowing us to feel with her and to glimpse the profound impact that such a diagnosis and loss can have on a mother and on a family."

—Annie Brewster, MD, internist at Massachusetts General Hospital, assistant professor at Harvard Medical School, and founder of Health Story Collaborative

HOPE IS A BRIGHT STAR

A MOTHER'S MEMOIR OF LOVE, LOSS,
AND LEARNING TO LIVE AGAIN

FAITH FULLER WILCOX

DESCRIPTION:

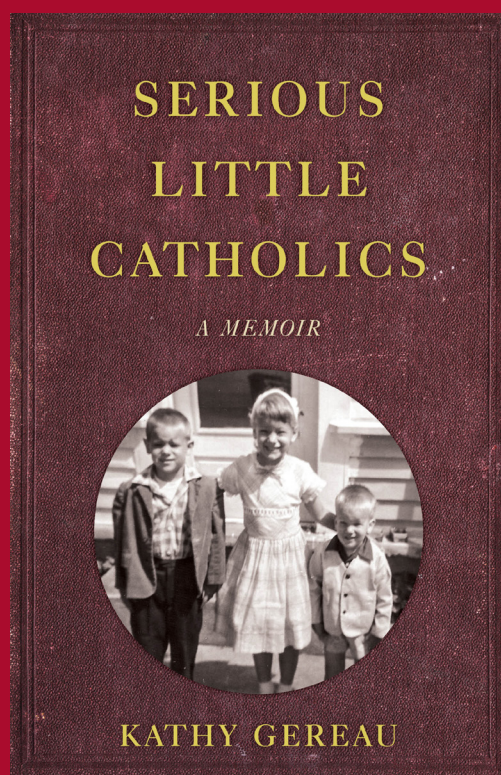
Hope Is a Bright Star is the story of a mother's journey from shock and fear at her young daughter's cancer diagnosis to anguish and despair at her death just a year later—and, finally, to peace and acceptance of her new life.

When thirteen-year-old Elizabeth is diagnosed with a rare bone cancer, Faith is in awe of her courageous child, who faces her plight straight on and inspires all who meet her. Despite an army of medical professionals who provide innovative care for Elizabeth, she dies, and Faith and her surviving daughter, Olivia, are thrown into a maelstrom of grief. They find unexpected comfort in the arms of their family, friends, and community—but Faith faces another shock when she's given her own cancer diagnosis while navigating the uncharted waters of a life she never expected. In time, Faith discovers moments and places of comfort and peace, and she slowly changes from a mother in despair to a woman with hope for the future. At turns heartbreaking and heartwarming, *Hope Is a Bright Star* reveals how abiding love can heal a family.

ABOUT THE AUTHOR:

Faith Fuller Wilcox is the author of *Facing Into the Wind: A Mother's Healing After the Death of Her Child*, a book of poetry that is a companion to those who are the journey of grieving and healing. Faith's thirteen-year-old daughter, Elizabeth, was diagnosed with a rare bone cancer that took her life. Faith's journey from grief and despair to moments of comfort and peace taught her life-affirming lessons that she shares today through her writing.

JUNE 2021



Publication Date: June 8, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-110-6

E-ISBN: 978-1-64742-111-3

SERIOUS LITTLE CATHOLICS

A MEMOIR

KATHY GEREAU

DESCRIPTION:

Serious Little Catholics follows Kathy Gereau, the oldest of seven children, as she grows up in the mid-'50s and '60s and makes her way through Catholic school alongside her siblings. Initially, she buys into the mysteries of faith and the litany of rules being spouted by the Sisters of Mercy. But when her fourth grade teacher tells the class that Kathy's sweet little Protestant grandmother would never be admitted into heaven, she begins to question the rigid dogma of the church. Later, she discovers that not all boys are as goofy as her brothers and struggles with the notion that it is a woman's responsibility to discourage men from the plague of impure thoughts. Even an innocent flirtation can sinfully lead men into a temptation they are not capable of resisting; it doesn't seem fair.

Ultimately, with the help of her classmates and a few understanding teachers, she learns to laugh at the ridiculous bits of her religion—and discovers the spiritual message within.

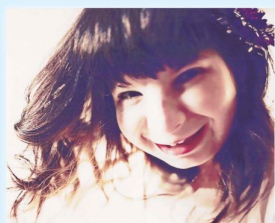
ABOUT THE AUTHOR:

Kathy Gereau was born into a family of natural storytellers in 1951. Her family soon moved from Washington, DC, to a small town in Illinois. After graduating from Northern Illinois University, she landed a special education teaching job in Galena, IL, where she currently lives. She retired at age fifty and began looking for her next passion. She joined a local writer's group and began jotting down stories from her childhood. Encouraged by these supportive and accomplished writers, she decided to put her stories into a book. She currently resides in Galena, IL.

JUNE 2021

A MEMOIR

EMMA'S LAUGH



THE GIFT OF SECOND CHANCES

DIANA KUPERSHMIT

Publication Date: June 15, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-112-0

E-ISBN: 978-1-64742-113-7

“Diana Kupershmit writes an incredible story after being forged in the fire of her experience. Her story is urgent, necessary, and shows readers how to persevere with love, in every circumstance.”

**—Emily Rapp Black, *New York Times*
best-selling author of *The Still Point of the
Turning World***

EMMA'S LAUGH

THE GIFT OF SECOND CHANCES - A MEMOIR

DIANA KUPERSHMIT

DESCRIPTION:

As Diana surveyed her newborn baby's face, languid body, and absent cry, she knew something was wrong. Then the doctors delivered devastating news: her first child, Emma, had been born with a rare genetic disorder that would leave her profoundly physically and intellectually disabled.

Diana imagined life with a child with disabilities as a dark and insular one—a life in which she would be forced to exist in the periphery alongside her daughter. Convinced of her inability to love her “imperfect” child and give her the best care and life she deserved, Diana gave Emma up for adoption. But as with all things that are meant to be, Emma found her way back home.

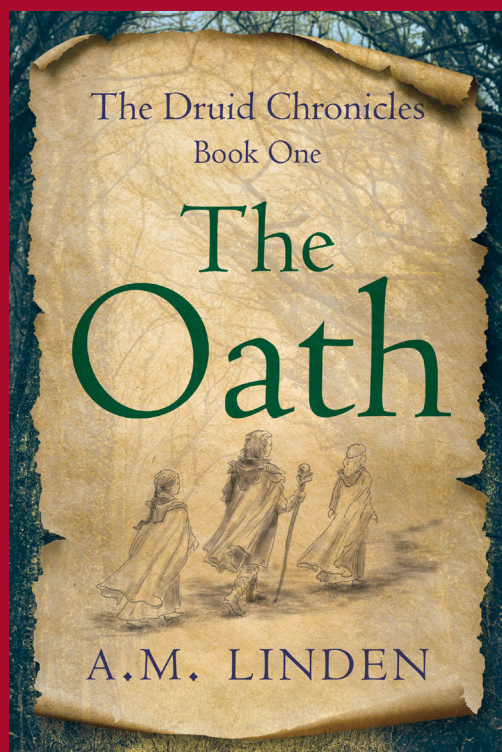
As Emma grew, Diana watched her live life determinedly and unapologetically, radiating love always. Emma evolved from a survivor to a warrior, and the little girl that Diana didn't think she could love enough rearranged her heart. In her short eighteen years of life, Emma gifted her family the indelible lesson of the healing and redemptive power of love.

This is a mother's requiem to her perfectly imperfect child—a child who left too soon, but whose lessons continue to inspire a life lived and loved.

ABOUT THE AUTHOR:

Diana Kupershmit holds a Master of Social Work degree and works for the Department of Health in the Early Intervention program, a federal entitlement program servicing children birth to three with developmental delays and disabilities. She has published online in the *Manifest Station*, *Power of Moms*, *Motherwell Magazine*, *Still Standing Magazine*, and *Her View From Home*. On the weekends, she indulges her creative passion working as a portrait photographer specializing in newborn, family, maternity, and event photography.

JUNE 2021



Publication Date: June 15, 2021

Collections: Fiction, Fantasy

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-114-4

E-ISBN: 978-1-64742-115-1

"The Oath urges readers along on a richly textured quest among the Saxons and Celts of eighth-century Britain. Young and rather humorously naïve Druid priest-healer Caelym swears to 'rescue' a damsel in distress who turns out to be neither a young damsel nor in distress. With a feminist slant, this engaging tale brings the conflict between Druids and early Christians to vivid life through sympathetic and well-rounded characters. I particularly enjoyed the ironic voice of the aging midwife Annwr. Brava!"

—Sara Stamey, author of *The Ariadne Connection*

THE OATH

THE DRUID CHRONICLES, BOOK ONE

A.M. LINDEN

DESCRIPTION:

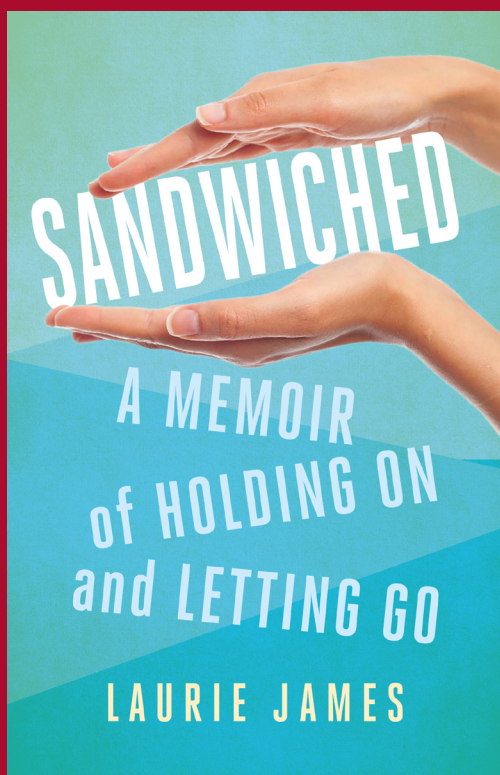
When the last members of a secretive Druid cult are forced to abandon their hidden sanctuary, they send the youngest of their remaining priests in search of Annwr, their chief priestess's sister, who was abducted by a Saxon war band fifteen years ago. With only a rudimentary grasp of English and the ambiguous guidance of an oracle's prophecy, Caelym manages to find Annwr—who, he discovers, has been living in a hut on the grounds of a Christian convent.

Annwr has spent her years of captivity caring for the timid Aleswina, an orphaned Saxon princess who was consigned to the cloistered convent by her cousin, King Gilberth, after he assumed her father's throne. Just as Caelym and Annwr are about to leave together, Aleswina learns that Gilberth, a tyrant known for his cruelty and vicious temper, means to take her out of the convent and marry her. Terrified, she flees with the two Druids—beginning a heart-pounding adventure that unfolds in ways none of them could have anticipated.

ABOUT THE AUTHOR:

Ann Margaret Linden was born in Seattle, Washington, but grew up on the East Coast before returning to the Pacific Northwest as a young adult. She has undergraduate degrees in anthropology and nursing and a master's degree as a nurse practitioner. After working in a variety of acute care and community health settings, she took a position in a program for children with special health care needs where her responsibilities included writing clinical reports, parent educational materials, provider newsletters, grant submissions and other program related materials. *The Oath* is the first installment of The Druid Chronicles, a five-volume series that began as a somewhat whimsical decision to write something for fun and ended up becoming a lengthy journey that involved Linden taking adult education creative writing courses, researching early British history, and traveling to England, Scotland, and Wales. Retired from nursing, she lives with her husband, dogs, and cat in Bellingham, WA.

JUNE 2021



Publication Date: June 23, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-785-2

E-ISBN: 978-1-63152-786-9

SANDWICHED

A MEMOIR OF HOLDING ON AND LETTING GO

LAURIE JAMES

DESCRIPTION:

Laurie James spent most of her life wondering what it means to belong; loneliness dictated the choices she made. She rarely shared this secret with others, however; it was always hidden behind a carefree and can-do attitude.

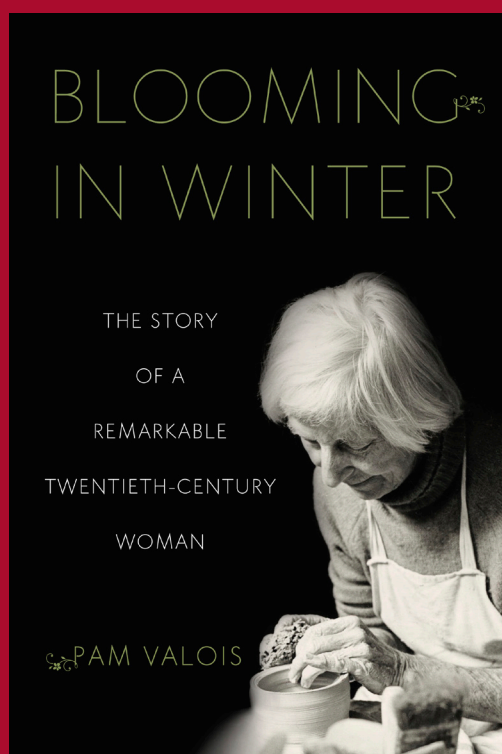
When she's in her mid-forties, Laurie's mother has a heart attack and her husband's lawyer delivers some shocking news. She suddenly finds herself sandwiched between caring for her parents, managing unruly caregivers, raising four teenage daughters, and trying to understand the choices of the husband she thought she knew.

Laurie's story is about one woman's struggle to "do it all" while facing the reality that the "ideal life" and "perfect family" she believed could save her was slowly crumbling beneath her. Laurie tries everything to keep her family together—seeks therapy, practices yoga, rediscovers nature, develops strong female friends, and begins writing—but as she explores the layers of her life and heals her past, she realizes that she's the only one who can create the life she wants and deserves. *Sandwiched* is a memoir about what it means to let go of the life you planned in order to find the life you belong to.

ABOUT THE AUTHOR:

Laurie James has successfully launched four daughters, has been the primary caretaker for her elderly parents, and is the founder of a unique program in Manhattan Beach, California, that helps women through pivotal transitions in life. An active community volunteer, she co-chairs a youth program for high school students, exposing them to a variety of career paths before they apply to college. Laurie graduated from Cal Poly Pomona with a BS in business and was a corporate recruiter before she stayed home to raise her four daughters. She lives in Manhattan Beach and enjoys yoga, hiking, skiing, sailing, and adventure travel. This is her first book.

JUNE 2021



Publication Date: June 29, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Black-and-white images throughout

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-116-8

E-ISBN: 978-1-64742-117-5

BLOOMING IN WINTER

**THE STORY OF A REMARKABLE
TWENTIETH-CENTURY WOMAN**

PAM VALOIS

DESCRIPTION:

When Pam Valois met her in the 1970s, Jacomena (Jackie) Maybeck was a model of zestful, hands-on living and aging, still tarring roofs and splitting logs in her seventies, and Pam was a young working mother trying to carve out time for creative projects. Jackie became her mentor, and their friendship led to a best-selling book, *Gifts of Age*, that features portraits of Jackie and other exemplary women in the winter of their lives.

Decades later, when Pam and her husband bought Jackie's home, she realized that she knew little about her mentor's fascinating life. What had shaped and supported Jackie in living "at full tilt" until her death at ninety-five? *Blooming in Winter* tells this tale—a story that stretches from Java to a magical house designed by Jackie's famous father-in-law, Bernard Maybeck, chronicling her early years as an immigrant and ranch girl and later as a bohemian, mother of twins, ceramicist, and widow, and, ultimately, the steward of the Maybeck legacy. Along the way, Jackie became an old woman who lived with grace and aplomb. Her uncommon approach to life encourages us to reflect on our own lives and what it looks like to live exuberantly to the very end.

ABOUT THE AUTHOR:

After growing up in Sierra Madre, CA, Pam Valois moved north to attend UC Berkeley during the Free Speech Movement. After almost flunking out due to political rallies and other interests—birth control pills had just been offered—she returned to Los Angeles to become a dental hygienist and, in her free time, a quasi-hippie, selling macramé and her photos at weekend craft fairs. Pam married psychologist Lloyd Linford on the lawn of Jacomena Maybeck's Berkeley cottage and studied photography with Ruth Bernhard in San Francisco. *Gifts of Age: Portraits and Essays of 32 Remarkable Women*, a bestseller inspired by Jacomena, was published in 1985. After immensely enjoying mothering two sons, Pam earned a master's degree and started a new career in health care. Now, at age seventy-five, she's been retired for ten years. She enjoys walking in the woods, reading, and hanging out with friends and family.

JUNE 2021

HOMES *with* **HEART**

Turning Living Spaces
Into Loving Places



RUTH FROST, M.DIV.

Publication Date: June 29, 2021

**Collections: Memoir, Self-Help,
Inspirational**

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-118-2

E-ISBN: 978-1-64742-119-9

"Homes with Heart offers us inspiring road maps to find our own true homes, no matter our circumstances. Ruth Frost paints a picture of what home can be, changing over time and responding to the needs of the larger community—from birth to death. I find myself wanting to say, 'You've got to read it because of this and this and this,' but it's hard to pick just a few examples. Frost ranges widely and invites her readers to do the same as they continue their own process of 'homing.'"

—Jan Johnson, former publisher of Conari Press

HOMES WITH HEART

TURNING LIVING SPACES INTO LOVING PLACES

RUTH FROST, M.DIV.

DESCRIPTION:

So much of our world today is crying out for welcome, refuge, and belonging. *Homes with Heart* is both inspiration and guide for people to create home in the world: first, through their own living spaces; second, within families of choice; and third, through supportive communities. While author Ruth Frost includes elements of home design, she also delves deeply into making home in the world through the power of love in community and offers practical tools to help people overcome obstacles associated with home living, such as homes obstructed by clutter, homes associated with traumatic events, or homes that need to support families in transition.

Sharing both from Frost's own life experience and that of others, including children, refugees, trauma survivors, and home hospice patients, *Homes with Heart* extends well beyond "bricks and mortar"; it deals with who we are and how we live in the world within and beyond the walls that shelter us, inspiring laughter and tears in equal measure.

ABOUT THE AUTHOR:

Ruth Frost inspires people to create homes that tell their stories. Living in San Francisco during the twin epidemics of AIDS and homelessness, she worked closely with people disenfranchised from home and family. Her church community became a refuge of welcome, safety, and belonging, and she helped develop a grassroots national advocacy movement for the rights and visibility of LGBTQ people in the wider Lutheran Church. In recognition of her work, she received an "A Leading Voice" award from the Center for Lesbian and Gay Studies in Religion and Ministry, Berkeley, CA. She is also a stained glass artisan who has created lamps and windows for homes and churches. After leaving parish ministry for hospice chaplaincy, Ruth settled into the quieter side of soul care, accompanying patients as they prepared to leave home to "go home" and helping them record their life stories and celebrate the love they would leave behind. Now retired and living in Minneapolis, Ruth enjoys time with family as well as leading workshops and retreats on creating "Homes with Heart" and "Families of the Heart."

JUNE 2021



Publication Date: June 29, 2021

Collections: Self-Help and Inspirational

Trim size: 5.5 X 8.5

10 black-and-white images

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-120-5

E-ISBN: 978-1-64742-121-2

NO SPRING CHICKEN

**STORIES AND ADVICE FROM A WILD
HANDICAPPER ON AGING AND DISABILITY**

FRANCINE FALK-ALLEN

DESCRIPTION:

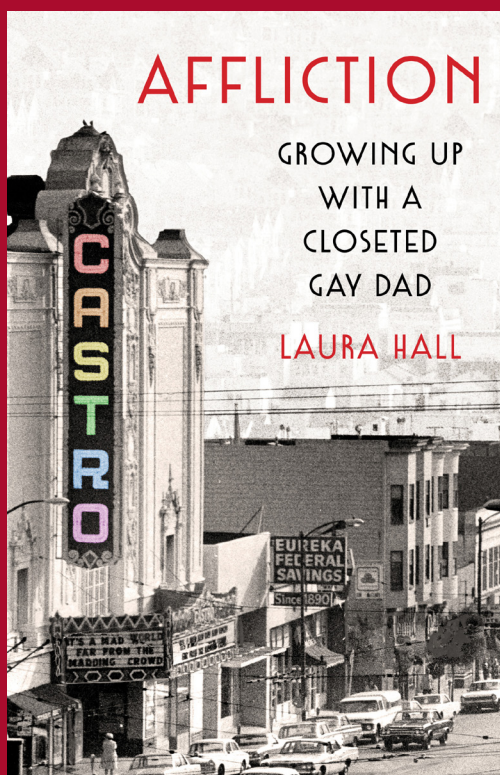
People who are disabled or handicapped and/or beginning to have physical difficulties as they grow older have much to contend with. It can be hard for spouses, children, and friends to adapt to the changes people go through as they age—to drop expectations and meet their loved ones where they are. And often the advice well-meaning but clueless folks give is just unrealistic and doesn't help solve problems.

In *No Spring Chicken*, Francine Falk-Allen—a polio survivor who knows a thing or two about living with a disability—offers her own take on how to navigate the complications aging brings with equanimity (and a sense of humor). The handbook is divided into three sections: Part I is a jaunt through accessible travel pleasures and pitfalls in several parts of the world; Part II addresses the adaptation people who love a handicapped or aging person could make in order to have a lighter, more mutually rewarding relationship with him or her, as well as advice for physically challenged and aging persons themselves regarding self-care, exercise, pain management, healthcare, and more; and Part III discusses the challenges, rewards, and logistics of engaging with groups of people who share similar issues.

ABOUT THE AUTHOR:

Francine Falk-Allen was born in Los Angeles and has lived nearly all of her life in Northern California. A former art major with a BA in managerial accounting who ran her own business for thirty-three years, she has always craved creative outlets. This has taken the form of singing and recording with various groups, painting, and writing songs, poetry, and essays, some of which have been published. Falk-Allen facilitates Polio Survivors of Marin County and Just Write Marin County (a Meetup writing group), and is a volunteer member of the San Rafael City ADA Accessibility Committee. Her first book, *Not a Poster Child: Living Well with a Disability – A Memoir* has been included on several national outlet's lists of best books of 2018, including *Kirkus Reviews*, *BuzzFeed*, and *PopSugar*, and received a gold medal from Living Now Book Awards for Inspiring Memoir – Female and a silver medal from Sarton Women's Book Awards for memoir. She was also named one of "25 Women Making a Difference in 2019" by *Conversations Magazine*. She loves the outdoors, gardening, pool exercise, her sweet, peculiar old cat, spending time with her husband and good friends, strong British tea, and a little champagne now and then. Francine lives in San Rafael, California.

JULY 2021



Publication Date: July 13, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-124-3

E-ISBN: 978-1-64742-125-0

"This moving memoir is about not just a daughter, not just a father, but a whole family, one that's impossible not to love. Hall's writing is honest and insightful and her story a comfort and a gem."

—Victoria Loustalot, author of *This is How You Say Goodbye* and *Living Like Audrey: Life Lessons from the Fairest Lady of All*

"This book shares a vital perspective that, until now, was missing from the LGBTQ community's understanding of its own history. Hall finally adds the missing puzzle piece: the voice of the children of gay parents, a group that has long stood in the shadows."

—Robin Marquis, former national program director of COLAGE

AFFLICTION

GROWING UP WITH A CLOSETED GAY DAD

LAURA HALL

DESCRIPTION:

Laura Hall was born in a small city on the San Francisco peninsula to a straight mother and a gay father who lived in the shadows. She grew up in the post–World War II era of hopeful optimism and entered her teenage years during the rebellious sixties.

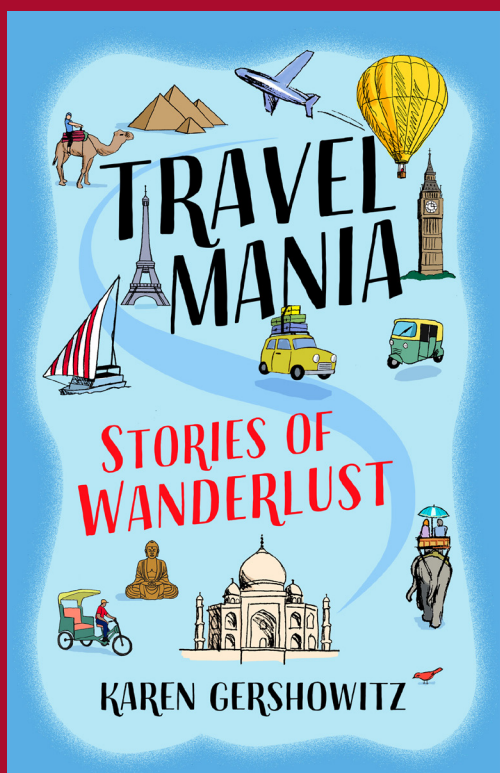
Laura's father, it turned out, also longed to rebel, although social constriction prevented him from doing so. By the time he came out to her in 1975, she was a twice-divorced, twenty-four-year-old single mother struggling to make sense of how her "perfect" family of origin could have sheltered so many secrets.

Another three decades would pass before Laura would examine her own infidelities, multiple partners, night terrors, and fear of abandonment in light of the double life her father led throughout his sixty-five-year marriage to her mother. *Affliction* is a tender and frank account of how a father's secret became his daughter's inheritance and, ultimately, the path to her own healing.

ABOUT THE AUTHOR:

Laura Hall was born in a small city on the San Francisco Peninsula. A member of the post–World War II baby boom, she grew up in an era of hopeful optimism. After turning sixteen in 1967, just as the Summer of Love kicked off in San Francisco, she hung out with flower children in Haight-Ashbury, marched against the Vietnam War in Golden Gate Park, sang along to live counterculture music at the famed Fillmore Auditorium, and was pregnant by the time she was a senior in high school. When her daughter started college eighteen years later, so did Laura. After receiving her BA and MA in Landscape Architecture at University of California, Berkeley, she went on to teach for the school's Extension program and build an urban design professional practice where her projects included community facilitation in northern California communities and rebuilding plans for Mississippi Gulf Coast towns after Hurricane Katrina. She currently works in the Environmental Protection Agency's Tribal, Intergovernmental, and Policy Division in San Francisco.

JULY 2021



Publication Date: July 13, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Black-and-white images throughout

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-126-7

E-ISBN: 978-1-64742-127-4

TRAVEL MANIA

STORIES OF WANDERLUST

KAREN GERSHOWITZ

DESCRIPTION:

Since leaving home for Europe alone at age seventeen, Karen Gershowitz has traveled to more than ninety countries.

In pursuit of her passion for travel, she lost and gained friends and lovers and made a radical career change. She learned courage and risk taking and succeeded at things she didn't think she could do: She climbed Mt. Kilimanjaro. She visited remote areas of Indonesia on her own and became a translator, though only fluent in English. She conquered her fear of falling while on an elephant trek in Thailand. And she made friends across the globe, including a Japanese family who taught her to make sushi and a West Berliner who gave her an insider's look at the city shortly after the wall came down.

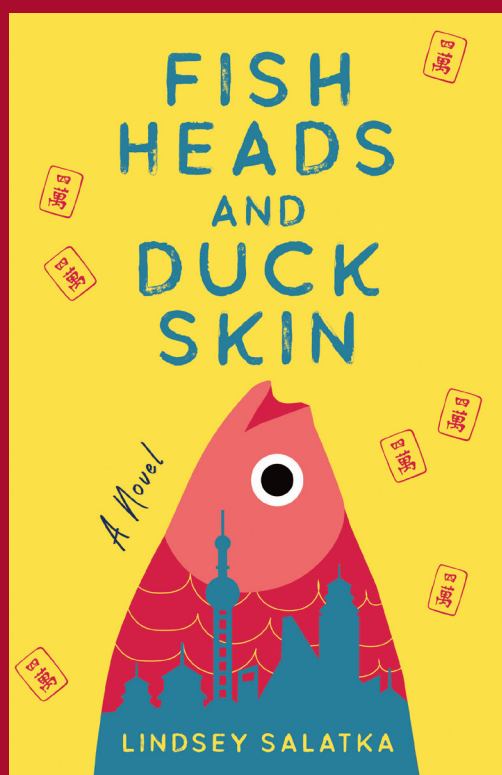
An example that will inspire armchair travelers to become explorers and embolden everyone to be more courageous, *Travel Mania* is a vivid story of how one woman found her strength, power, and passion.

Travel is Karen's addiction—and she doesn't want treatment.

ABOUT THE AUTHOR:

Karen Gershowitz grew up in Manhattan. During her long career as a marketing researcher, she crisscrossed the globe, conducting thousands of focus groups and interviews. While traveling, she used her interview skills in ordinary conversations to get strangers to open up and connect with her. Her work received an honorable mention at the 2018 Oregon Writer's Conference. *Travel Mania* is her first book. She lives in New York, New York.

JULY 2021



Publication Date: July 20, 2021

**Collections: Fiction, Women's Fiction,
Literary Fiction**

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-128-1

E-ISBN: 978-1-64742-129-8

FISH HEADS AND DUCK SKIN

A NOVEL

LINDSEY SALATKA

DESCRIPTION:

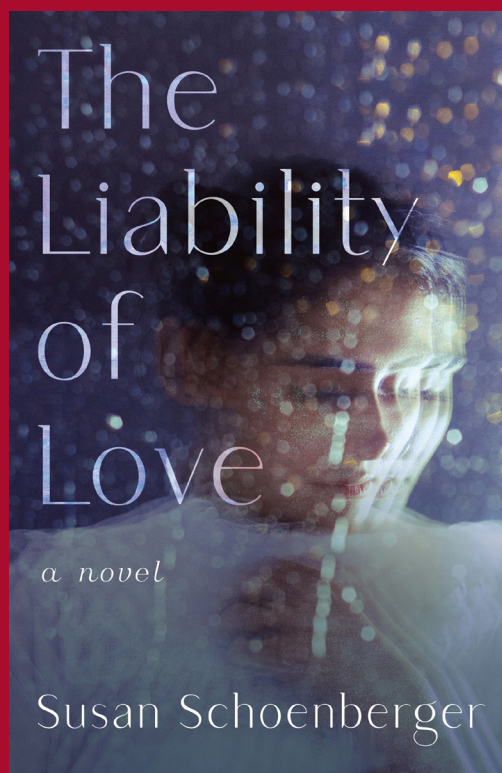
On the advice of a five-dollar psychic, Tina Martin, a zany, overworked mother of two, quits her high-powered job and moves her family to Shanghai. Tina yearns for this new setting to bring her the zen-like inner peace she's always heard about on infomercials. Instead, she becomes a totally exasperated fish out of water, doing wacky things like stealing the shoes of a shifty delivery man, spraying local women with a bidet hose, and contemplating the murder of her new pet cricket.

It takes the friendship of an elderly tai chi instructor, a hot Mandarin tutor, and several mah-jongg-tile-slinging expats to bring Tina closer to a culture she doesn't understand, the dream job she never knew existed, and the self she has always sought. *Fish Heads and Duck Skin* will resonate with anyone who has ever wondered who they are, why they were put here, and how they ever lived before eating pan-fried pork buns.

ABOUT THE AUTHOR:

Lindsey Salatka is a mother, author, ghostwriter, editor, and general over-committer who feels happy and lucky to do so. She blogs and loves to dance and sing karaoke (her friends and the majority of innocent bystanders are less excited about her passions). Lindsey's writing has been featured on BlogHer.com, eWritersCoach.com, *In The Loop*, *Shanghai Family Magazine*, *Urbanatomy: Shanghai*, and TheFeistyWriter.com where she was the managing editor for two years. A non-fiction piece she wrote was recently chosen to be in Volume 3 of the anthology *Shaking the Tree*. She is on the advisory board of the San Diego Writers Festival, where she wears a variety of hats and loves to revel in her element with her tribe. *Fish Heads and Duck Skin* is her debut novel. She is currently working on a non-fiction book and a sequel to her novel. Most nights find Lindsey curled up with her family or musing about life, love, and culture on her blog, *Fishheadology*. She currently resides in San Diego, California.

JULY 2021



Publication Date: July 20, 2021

**Collections: Fiction, Romance,
Women's Fiction**

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-130-4

E-ISBN: 978-1-64742-131-1

THE LIABILITY OF LOVE

A NOVEL

SUSAN SCHOENBERGER

DESCRIPTION:

Margaret Carlyle is searching for an epic love as she heads to college in 1979 after the loss of her beloved mother to cancer. When a charismatic boy named Anders rapes her on their first date, she wants nothing more than to forget it ever happened. But as the years pass, each life decision she makes seems driven by what happened that night.

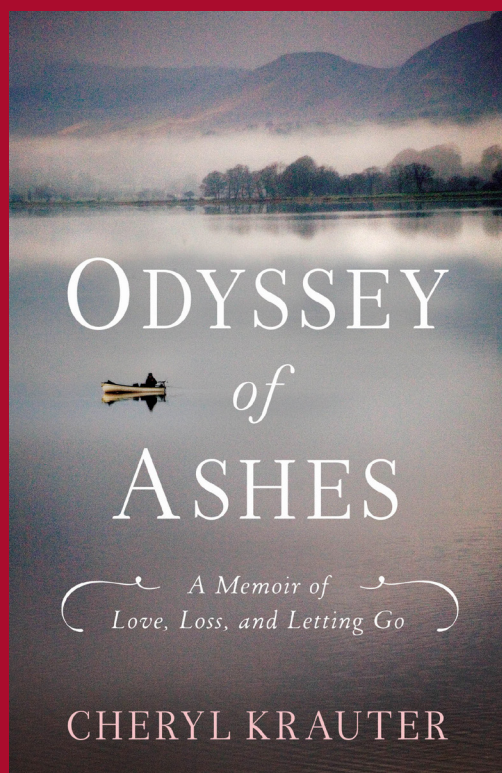
When Anders becomes famous as an actor, Margaret can no longer ignore her past—and she must make choices that will affect everyone around her, most notably her husband, Douglas, and Fitz, the man who has loved her patiently since college.

This deeply moving novel is a window into class and privilege, the mysteries of marriage, and the destructive power of secrets—and an examination of what happens when we try to bury the past, as well as the consequences of confronting it.

ABOUT THE AUTHOR:

Susan Schoenberger is the award-winning author of *A Watershed Year* and *The Virtues of Oxygen*. With a linotype operator as a grandfather, she has ink in her blood and worked as a journalist and copyeditor for many years, including for *The Hartford Courant* and *The Baltimore Sun*. She currently serves as Director of Communications at Hartford Seminary, a graduate school with a focus on interfaith dialogue. She lives in West Hartford, Connecticut, with her husband, Kevin. They have three grown children and a small dog named Leo.

JULY 2021



Publication Date: July 20, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-132-8

E-ISBN: 978-1-64742-133-5

ODYSSEY OF ASHES

A MEMOIR OF LOVE, LOSS, AND LETTING GO

CHERYL KRAUTER

DESCRIPTION:

Odyssey of Ashes: A Memoir of Love, Loss, and Letting Go begins with the sudden death of Cheryl Krauter's spouse. Five months later, in a stroke of irony and magic, her husband wins a long-desired guided fly fishing trip in a raffle—and Cheryl decides to go in his place, fulfilling a promise to scatter his ashes by a trout stream.

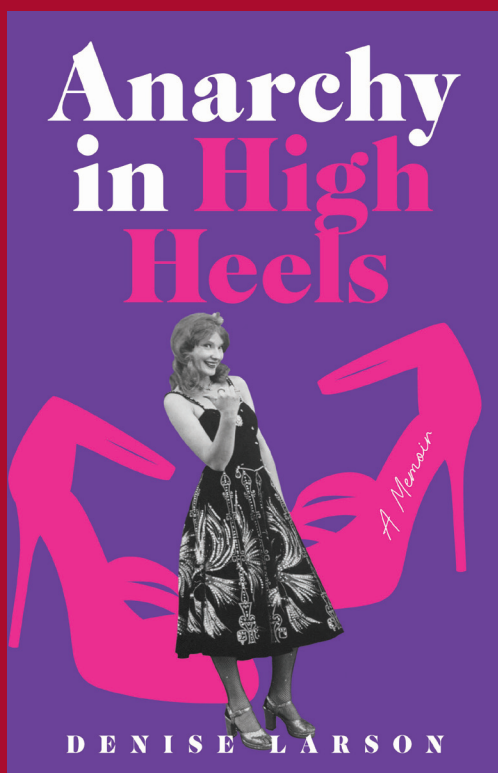
Part I of this memoir is an account of the first year after Cheryl's husband's death, where she becomes an explorer in the infinite stream of grief and loss, a time traveler between the darkness of sorrow and the light of daily life. Part II concludes with stories of the poignant and humorous adventures she had during the ensuing year. Tying it all together and woven throughout is Cheryl's account of the creation of an altar assembled during the three-day ritual of Los Días de los Muertos.

Poetic and mythological, *Odyssey of Ashes* is a raw story of loss and the deep transformation that traveling through darkness and returning to light can bring.

ABOUT THE AUTHOR:

Cheryl Krauter is a San Francisco Bay Area psychotherapist with forty years of experience in the field of depth psychology and human consciousness. She is the author of *Surviving the Storm: A Workbook for Telling Your Cancer Story* (Oxford University Press, 2017) and *Psychosocial Care of Cancer Survivors: A Clinician's Guide and Workbook for Providing Wholehearted Care* (Oxford University Press, 2018).

JULY 2021



Publication Date: July 27, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-136-6

E-ISBN: 978-1-64742-137-3

ANARCHY IN HIGH HEELS

A MEMOIR

DENISE LARSON

DESCRIPTION:

Anarchy in High Heels is not a state of dress; it's a state of mind.

A San Francisco porno theater might be the last place you'd expect to plant the seed of a feminist troupe, but truth is stranger than fiction.

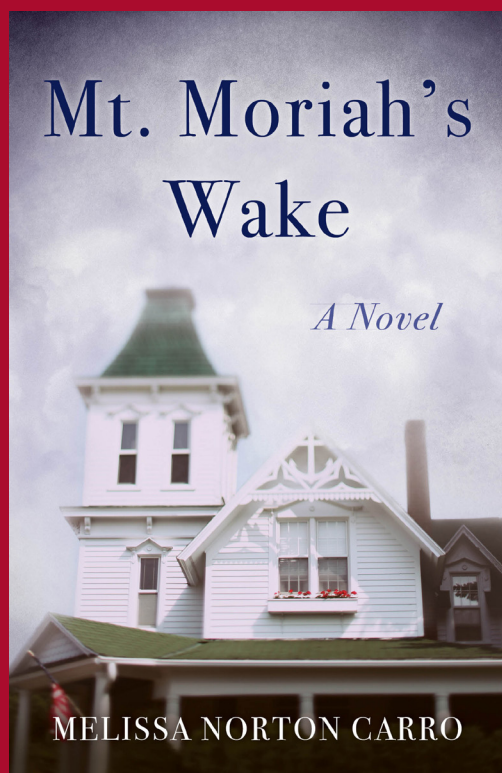
In 1972, access to birth control and a burn-your-bra ethos were leading young women to repudiate their 1950s conservative upbringing and embrace a new liberation. Denise Larson was a timid twenty-four-year-old actress wannabe when, at an after-hours countercultural event, The People's Nickelodeon, she accidentally created Les Nিকেettes. This banding together of like-minded women with an anything-goes spirit unlocked a deeply hidden female humor. For the first time, Denise allowed the suppressed satirical thoughts dancing through her head to come out in the open. Together with Les Nিকেettes, which quickly became a brazen women's lib troupe, she presented a series of feminist skits, stunts, and musical comedy plays. In 1980, *The Bay Guardian* described the group as "nutty, messy, flashy, trashy, and very funny."

With sisterhood providing the moxie, Denise took on leadership positions not common for women at the time: playwright, stage director, producer, and administrative/artistic director. But, in the end, the most important thing she learned was the power of female friendship.

ABOUT THE AUTHOR:

Denise Larson is a native Californian: she went to elementary school in the Los Angeles suburb town of Torrance and high school in the San Joaquin Valley city of Manteca and finally, after college, she put down roots in San Francisco. With a BA in theater from San Francisco State University, she pinned her dreams on becoming an experimental theater artist in the '70s counterculture milieu of the Bay Area. Along that path she founded Les Nিকেettes. For thirteen years, she helmed the feminist theater company and assumed the role of actress, playwright, producer, stage director, and administrative/artistic director. Then she gave it all up to become a mother and teacher. After a twenty-year career in early childhood education, she retired and took up writing. Denise still lives in San Francisco with her husband and their cat. She has also returned to her first love: theater. She is taking an improv class, and collaborating with other performers to form a new theatre group: Cosmic Elders. She resides in San Francisco, CA.

JULY 2021



Publication Date: July 27, 2021

Collections: Fiction, Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-138-0

E-ISBN: 978-1-64742-139-7

MT. MORIAH'S WAKE

A NOVEL

MELISSA NORTON CARRO

DESCRIPTION:

Orphaned at age eight, JoAnna Rivers was raised by her eccentric aunt in the bucolic southern community of Mt. Moriah. Now a twenty-six-year-old would-be writer, JoAnna faces several crossroads: in her marriage, in her career, and in her faith. She left home for Chicago in 1997 immediately following the murder of her best friend, Grace. Now she comes back to Mt. Moriah for the first time in four years to attend her aunt's funeral—and realizes that she must confront both the profound sorrow she feels over Grace's death and the mysterious guilt she carries. She must finally grieve.

A hauntingly sweet story of love and loss that alternates between JoAnna's childhood in Mt. Moriah, her life in Chicago and her present encounters upon returning home, *Mt.*

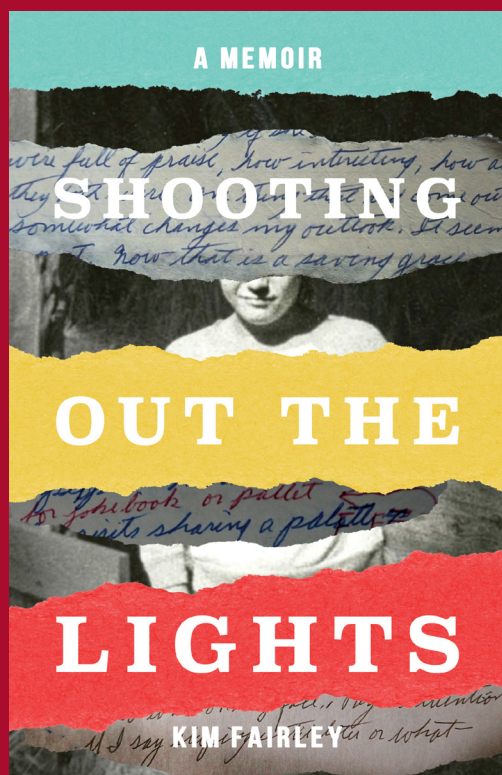
Moriah's Wake ponders deep questions: When we experience unspeakable tragedy, do we see ourselves as victim or survivor? Is it possible to regain happiness in the face of such? And how do we find our faith again, once it is lost?

As her past and present worlds collide, JoAnna grapples with these questions—and her journey moves toward an unexpected conclusion.

ABOUT THE AUTHOR:

A native southerner, Melissa Norton Carro has over twenty years of experience in marketing and communications, including her own business, Norton Carro Communications. She has edited textbooks and been a non-fiction ghostwriter, as well as a regular copyeditor for Gannett Publishing. She received her Bachelor of Arts, with Honors, from Vanderbilt University, where she currently works. She lives in Nashville with her husband and blue heeler mutt. Carro was a closet fiction writer for years while raising three daughters, and *Mt. Moriah's Wake* is her first novel. She writes a weekly blog, *In the Middle*, about life in the sandwich generation and is currently working on another novel, *Bagels at Nine*.

JULY 2021



Publication Date: July 27, 2021

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-64742-134-2

E-ISBN: 978-1-64742-135-9

“... riveting and absorbing ...”

—Phillip Lopate, author of *A Mother's Tale*

“A riveting book that builds ominously.”

—Jerry S. Walden, MD, founder of Physicians
for Prevention of Gun Violence

SHOOTING OUT THE LIGHTS

A MEMOIR

KIM FAIRLEY

DESCRIPTION:

Kim Fairley was twenty-four when she fell in love with and married a man who was fifty-six. Something about Vern—his quirkiness, his humor, his devilish smile—made her feel an immediate connection with him. She quickly became pregnant, but instead of the idyllic interlude she'd imagined as she settled into married life and planned for their family, their love was soon tested by the ghosts of Vern's past—a town, a house, a family, a memory—Vern's failing health, and the unexpected arrival of a visitor.

Shooting Out the Lights begins in Vern's historic home in the small town of Hillsboro, Ohio, with the gun death of Vern's fourteen-year-old son, Ben. Four years later, Vern and Kim are married and living in the same home, surrounded by Ben's memory and the vestiges of Vern's former life. Then, out of the blue, Vern receives a phone call: a woman from 800 miles away in Old Lyme, Connecticut, the widow of his dear friend, asks Vern a favor that challenges Kim's devotion and trust, and the underpinnings of her marriage.

Shooting Out the Lights is a May–December love story that explores the ongoing, wrenching aftermath of gun violence and the healing that comes with confronting the past.

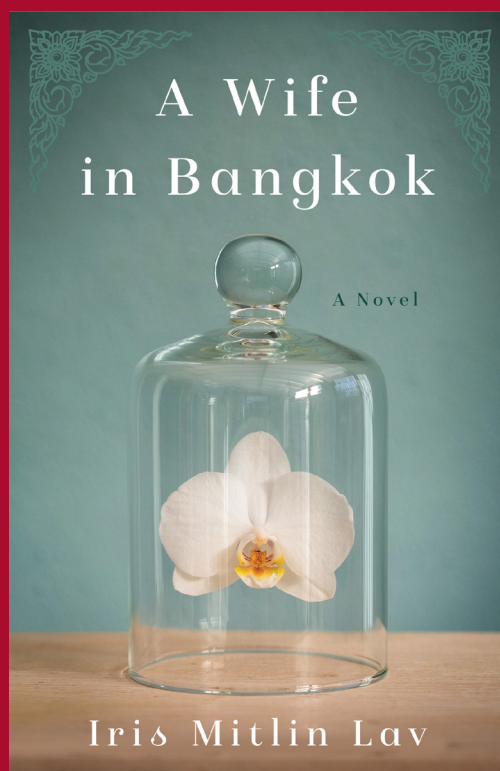
ABOUT THE AUTHOR:

Kim Fairley was born in Plainfield, New Jersey, and raised in Cincinnati, Ohio. She attended the University of Southern California and holds an MFA in Mixed Media from the University of Michigan. Her first book, *Boreal Ties: Photographs and Two Diaries of the 1901 Peary Relief Expedition*, chronicled the Arctic expedition of her great grandfather, Clarence Wyckoff. Kim lives in Ann Arbor, Michigan.



Fall
2020

AUGUST 2020



Publication Date: August 4, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-707-4

E-ISBN: 978-1-63152-707-4

“Over the course of this novel, Lav presents an ambitious tale about overstepping cultural boundaries and losing one’s autonomy within a marriage . . . an unusual glimpse of life in Thailand in the aftermath of the Vietnam War.”

—Kirkus Reviews

“Iris Mitlin Lav’s story excels in its survey of emotional condition and growth. . . . The growth process she experiences by being an American wife transplanted to the alien culture and conditions of Bangkok makes for a mesmerizing story.”

—Midwest Book Review

A WIFE IN BANGKOK

A NOVEL

IRIS MITLIN LAV

DESCRIPTION:

When Crystal’s husband, Brian, suddenly announces that his company is sending him to manage its Bangkok office and that he expects her and their children to come along, she reluctantly acquiesces. She doesn’t want to leave the job she loves and everything familiar in their small Oklahoma town; it’s 1975, however, and Crystal, a woman with traditional values, feels she has to be a good wife and follow her husband.

Crystal finds beauty in Thailand, but also isolation and betrayal. Fighting intense loneliness and buffeted by a series frightening and shocking events, she struggles to adapt to a very different culture and battle a severe depression—and, ultimately, decide whether her broken relationship with her husband is worth saving.

ABOUT THE AUTHOR:

Iris Mitlin Lav grew up in the Hyde Park neighborhood of Chicago, Illinois. She moved to Washington, DC, with her husband in 1969, where they raised three children. She is retired from a long, award-winning career of policy analysis and management with an emphasis on improving policies for low- and moderate-income families. She has traveled extensively in the US and abroad, and she lived in Thailand for two years in the 1970s. She and her husband now live in Chevy Chase, Maryland, with Mango, their goldendoodle, and with grandchildren nearby.

AWARDS:

2020 Readers’ Favorite Book Awards Finalist in Fiction – Cultural

2020 International Book Awards Finalist in Fiction: Multicultural

AUGUST 2020



Publication Date: August 4, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-709-8

E-ISBN: 978-1-63152-710-4

“A compelling and enjoyable ride with five women who supposedly have it all.”

—Kirkus Reviews

“A vivid, relatable, swiftly moving portrait of five women each learning to pursue happiness and success on her own terms and in her own time.”

—Helen Wan, author of *The Partner Track*

“A relatable read filled with complicated relationships, hard choices, betrayal, and redemption—pulled straight out of the pages of life.”

—Brandy Ferner, author of *Adult Conversation*

ALL THE RIGHT MISTAKES

A NOVEL

LAURA JAMISON

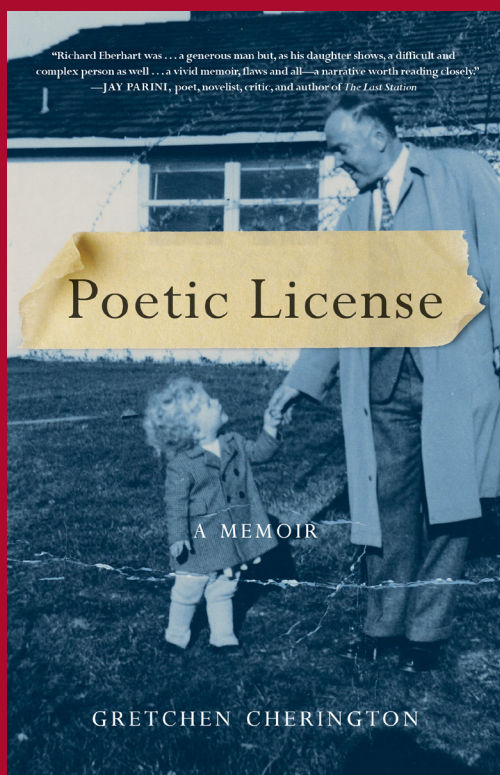
DESCRIPTION:

Five college friends have arrived at forty in very different circumstances, but with at least one thing in common: they are among the more privileged in society. Elizabeth and Sara are lawyers, Martha is a doctor, Carmen is a wealthy and well-educated homemaker, and Heather, the most successful, is a famous tech executive—and after more than two decades of friendship, they know one another better than anyone. Then Heather writes a women’s advice book detailing the key life “mistakes” of her four friends—opting out, ramping off, giving half effort, and forgetting your fertility—that becomes wildly popular, and Elizabeth, Sara, Martha, and Carmen all feel the sting of her cruel words. Despite their status, these women face everyday obstacles, including work problems, parenting challenges, secondary infertility, racism, sexism, financial stress, and marital woes—and as they weather their fortieth year, each one can’t help but wonder if their life might have been different if they had followed Heather’s advice. But as these friends are continually reminded, life is complex, messy, disappointing, and joyful, often all at once—and no one can plan her way out of that reality. In the end, all five women must embrace the idea that their lives are shaped not just by their choices but also by how they handle the obstacles life inevitably throws at us all.

ABOUT THE AUTHOR:

Laura Jamison is an attorney from Whitefish Bay, Wisconsin, where she lives with her husband and their four children. When she is not practicing law or writing, she is driving her kids to one of their many activities in her minivan. Laura is a graduate of Dartmouth College and the University of Michigan Law School. This is her first book.

AUGUST 2020



Publication Date: August 4, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-711-1

E-ISBN: 978-1-63152-712-8

"Pulitzer Prize-winning poet Richard Eberhart was a close friend of many years, a beloved colleague. I loved his genial personality and admired his unique poetic gift. He was a generous man but, as his daughter shows, a difficult and complex person as well. This is a vivid memoir, flaws and all, and Gretchen Eberhart Cherington has crafted a narrative worth reading closely."

—Jay Parini poet, novelist, critic, and author of *The Last Station: A Novel of Tolstoy's Last Year*

POETIC LICENSE

A MEMOIR

GRETCHEN CHERINGTON

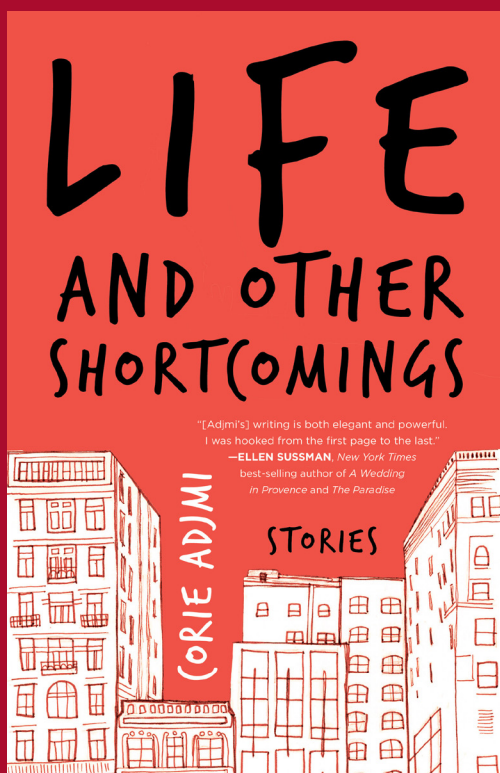
DESCRIPTION:

At age forty, with two growing children and a new consulting company she'd recently founded, Gretchen Cherington, daughter of Pulitzer Prize-winning poet Richard Eberhart, faced a dilemma: Should she protect her parents' well-crafted family myths while continuing to silence her own voice? Or was it time to challenge those myths and speak her truth—even the unbearable truth that her generous and kind father had sexually violated her? In this powerful memoir, aided by her father's extensive archives at Dartmouth College and interviews with some of her father's best friends, Cherington candidly and courageously retraces her past to make sense of her father and herself. From the women's movement of the '60s and the back-to-the-land movement of the '70s to Cherington's consulting work through three decades with powerful executives to her eventual decision to speak publicly in the formative months of #MeToo, *Poetic License* is one woman's story of speaking truth in a world where, too often, men still call the shots.

ABOUT THE AUTHOR:

Gretchen Eberhart Cherington grew up in a household that—thanks to her Pulitzer Prize-winning father, the poet Richard Eberhart—was populated by many of the most revered poets and writers of the twentieth century, from Robert Frost to James Dickey. She's spent her adult life advising top executives in changing their companies and themselves. Her essays have been published in *Crack The Spine*, *Bloodroot Literary Magazine*, and *Yankee Magazine*, among other journals and newspapers, and her essay "Maine Roustabout" was nominated for a 2012 Pushcart Prize. Cherington is a leader in her community and has served on twenty boards. Passionate about her family and friends, she most enjoys spending time with them at home or in wild places around the world. She splits her time between Plainfield, New Hampshire, and Brooksville, Maine.

AUGUST 2020



Publication Date: August 4, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-713-5

E-ISBN: 978-1-63152-714-2

"A compelling collection that captures the mystery and menace beneath love and family life."

—Kirkus Reviews

"All that glitters is not gold in Corie Adjmi's wonderful short story collection *Life and Other Shortcomings*. Adjmi exposes the fear, envy, and yearning that simmer just beneath the surface of her characters' beautiful lives. Her writing is both elegant and powerful. I was hooked from the first page to the last."

—Ellen Sussman, *New York Times*
best-selling author of, *A Wedding in Provence*, *The Paradise Guest House*, *French Lessons* and *On a Night Like This*

LIFE AND OTHER SHORTCOMINGS

STORIES

CORIE ADJMI

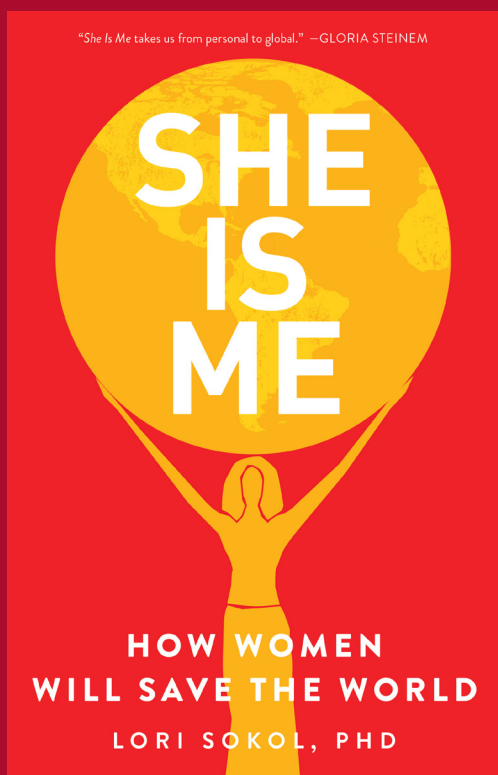
DESCRIPTION:

Life and Other Shortcomings is a collection of linked short stories that takes the reader from New Orleans to New York City to Madrid, and from 1970 to the present day. The women in these twelve stories make a number of different choices: some work, others don't; some stay married, some get divorced; others never marry at all. Through each character's intimate journey, specific truths are revealed about what it means to be a woman—in relationship with another person, in a particular culture and era—and how these conditions ultimately affect her relationship with herself. The stories as a whole depict patriarchy, showing what still might be, but certainly what was, for some women in this country before the #MeToo movement. Both a cautionary tale and a captivating window into women's lives, *Life and Other Shortcomings* is required reading for anyone interested in an honest, incisive, and compelling portrayal of the female experience.

ABOUT THE AUTHOR:

Corie Adjmi grew up in New Orleans. She started writing in her late thirties, and her award-winning fiction and personal essays have since appeared in close to two dozen publications, including *North American Review*, *Indiana Review*, *South Dakota Review*, and, more recently, *HuffPost* and *Man Repeller*. In 2019, *Life and Other Shortcomings* was a finalist for the G. S. Sharat Chandra Prize for short fiction from BkMk Press. When she is not writing, Corie does volunteer work, cooks, draws, bikes, and hikes. She and her husband have five children and a number of grandchildren, with more on the way. She lives and works in New York City.

AUGUST 2020



Publication Date: August 11, 2020

Collections: Self-Help

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-715-9

E-ISBN: 978-1-63152-716-6

“Lori Sokol has done something extraordinary with *She Is Me*: she writes stories—chapters—about the women who have shaped her, shaped this world, warriors and SHEroes and activists and Artivists—brave and bold and delicious women, women we know of and hear of and fall in love with but never get quite near. What Lori has done beautifully—seamlessly, dare I say—is bring them to life in a way that makes you actually feel that each woman is a new friend. This book should be read by all women and all girls because THIS BOOK is filled with hope and possibility and unlimited power.”

—Amy Ferris, author of *Marrying George Clooney: Confessions from a Midlife Crisis*

SHE IS ME

HOW WOMEN WILL SAVE THE WORLD

LORI SOKOL, PHD

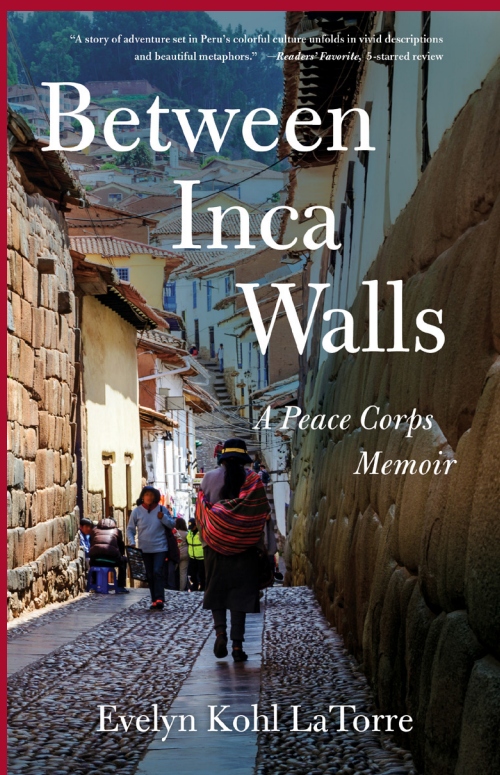
DESCRIPTION:

Women are entering the national and international arena more than ever today, from political campaigns to corporate boards to entrepreneurship, and their success is showing. Statistics show that when women lead countries, those countries are less apt to go to war. There is also a positive correlation between the number of women on corporate boards and greater profits. Women entrepreneurs have also been shown to generate higher revenues and create more jobs than male entrepreneurs. In *She Is Me*, veteran journalist Lori Sokol, PhD, introduces readers to thirty-five women hailing from all walks of life who have successfully utilized qualities like compassion, empathy, introspection, and solidarity to create change and transform lives. Through interviews with women including Gloria Steinem, Billie Jean King, and Nobel Peace Prize recipient Leymah Gbowee, readers will come to understand how these traits, which have long been considered soft and weak in our patriarchal culture, are actually proving more effective in transforming lives, securing our planet, and saving the world.

ABOUT THE AUTHOR:

Lori Sokol, PhD, is a veteran journalist with more than thirty years of experience. Her articles have appeared in the *Huffington Post* and *Baltimore Sun*, and on Slate.com. She was recently interviewed on the *Wall Street Journal's* podcast and by Forbes.com. She currently serves as the executive director and editor-in-chief of Women's eNews, an award-winning, non-profit news organization that reports on the most crucial issues impacting women and girls around the world. Dr. Sokol has also spoken internationally at a number of women's empowerment summits and conferences in the United States and Asia. She is coauthor of *The Agile Workplace and Workforce: Flex-Primer for the New Future of Work* (Bonnier Corp., 2011). She lives in New York City.

AUGUST 2020



Publication Date: August 11, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-717-3

E-ISBN: 978-1-63152-718-0

“LaTorre presents a forthright and candid voice. . . . LaTorre’s story is one of a determined young woman keen to achieve her goals; her relationship with Antonio will have readers guessing how the romance will turn out. Illustrated with the author’s photographs, this bold memoir offers many rich details about Peru and the Peace Corps . . .”

—Kirkus Reviews

“Evelyn LaTorre creates a masterful portrait of place—from the Montana hills to the peaks of Perú—and illustrates how place shapes us.”

—Linda Joy Myers, author of *Don’t Call Me Mother*, *Song of the Plains*, and *The Power of Memoir*

BETWEEN INCA WALLS

A PEACE CORPS MEMOIR

EVELYN KOHL LATORRE

DESCRIPTION:

At twenty-one, Evelyn is naïve about life and love. Raised in a small Montana town, she moves at age sixteen with her devout Catholic family to California. There, she is drawn to Latino culture when she works among the migrant workers. After graduation, Evelyn joins the Peace Corps and is sent to perform community development work in a small mountain town in the Andes of Perú. There, she and her roommate, Marie, search for meaningful projects and adjust to living with few amenities. Over the course of eighteen months, the two young women work in a hospital, start 4-H clubs, attend campesino meetings, and teach PE in a school with dirt floors. Evelyn, meanwhile, is chosen queen of the local boys’ high school and—despite her resolve to resist such temptations—falls in love with a university student. As she comes of age, Evelyn learns about life and love the hard way when she must choose between following the religious rules of her youth and giving in to her sexual desires.

ABOUT THE AUTHOR:

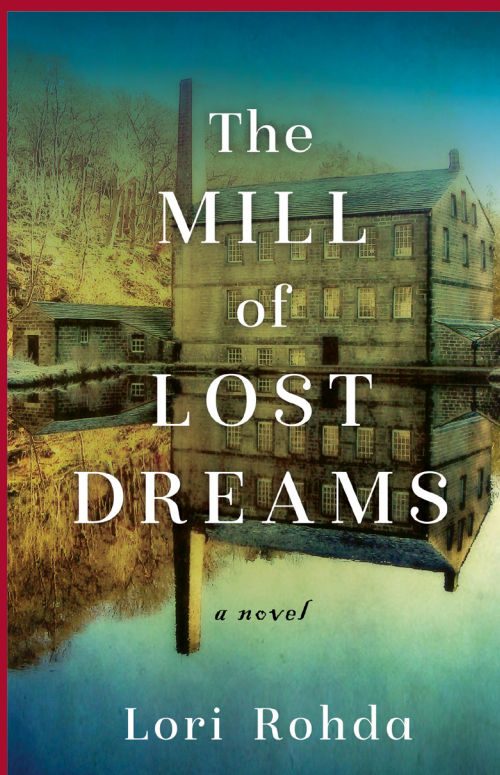
Evelyn Kohl LaTorre holds a doctorate in multicultural education from the University of San Francisco and a master’s degree in social welfare from UC Berkeley. She worked as a bilingual school psychologist and school administrator in public education until her retirement. Her writing has appeared in *World View Magazine*, *The Delta Kappa Gamma Bulletin*, *the California Writers Club Literary Review*, *the Tri-City Voice*, *Dispatches*, and *Clever Magazine*. She is currently completing a second book about the struggles and triumphs of a bicultural marriage in the US. Evelyn lives in Fremont, California.

AWARDS:

2020 *Readers’ Favorite* Book Awards Finalist in Non-Fiction – Cultural

2020 International Book Awards Finalist Multicultural Non-Fiction

AUGUST 2020



Publication Date: August 11, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-719-7

E-ISBN: 978-1-63152-720-3

“... richly told historical tale.”

—Kirkus Reviews

“... I was really impressed with how perfectly paced the book was and found myself hooked from beginning to end, racing through it relatively quickly, always keen to read on.”

—Diary of a Bookish Mumma

THE MILL OF LOST DREAMS

A NOVEL

LORI ROHDA

DESCRIPTION:

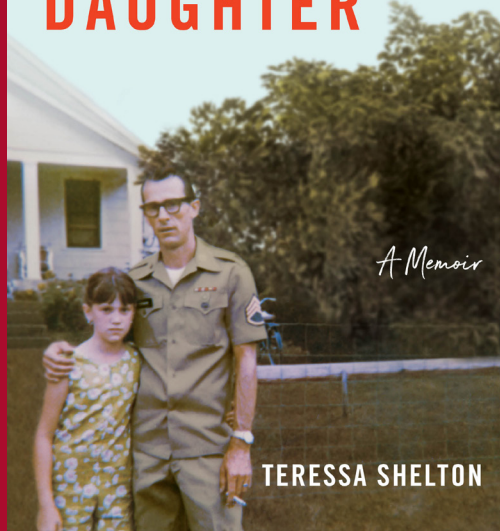
Between 1870 and 1900, twelve million people immigrated to America. Hundreds of thousands of them came to work in the textile mills of Fall River, Massachusetts. *The Mill of Lost Dreams* is a story of love, friendship and sacrifice that provides an inside view into the world of textile mills and the daily life of seven courageous souls who leave home and risk everything for their shared dream of a better life: Angelina and Guido Wallabee, who have left their family's failed farm in Italy; eleven-year-old Miranda Alyswoth and her fifteen-year-old brother, Francois, who have escaped from indentured service in Canada; twins Phoebe and Charlie Dougherty, the children of Irish immigrant parents, who, though not yet thirteen, are forced to work in Troy Mill to support their family after their father's untimely death; and eleven-year-old, Anne Kenny, an orphan who's never known where she came from. All but one take jobs in Troy Mill in Fall River. Over the course of seven decades, marriages and births take place, secrets are exposed, friendships are tested, and innocence is lost. Some succeed in making a new life away from harm but pay a terrible price. Many cannot build the life they dreamed of, and the consequences impact and shape the lives of their children—and their children's children.

ABOUT THE AUTHOR:

Lori Rohda is a former Assistant Dean of Students at Boston University and management consultant to Fortune 500 companies. Since retiring in 1998, she has divided her time between Boston, Massachusetts, and Whistler, British Columbia. She loves skiing, hiking, landscape design, reading, and traveling.

AUGUST 2020

THE SERGEANT'S DAUGHTER



Publication Date: August 11, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-721-0

E-ISBN: 978-1-63152-722-7

"Shelton hails from an extremely dysfunctional family, but, miraculously, she survives intact. People in seemingly hopeless situations may take solace."

—Booklist

"The courageous and harrowing memoir focuses on the author's childhood and teenage years when she set about evading her father's grip . . . a powerfully cathartic memoir . . ."

—Kirkus Reviews

THE SERGEANT'S DAUGHTER

A MEMOIR

TERESSA SHELTON

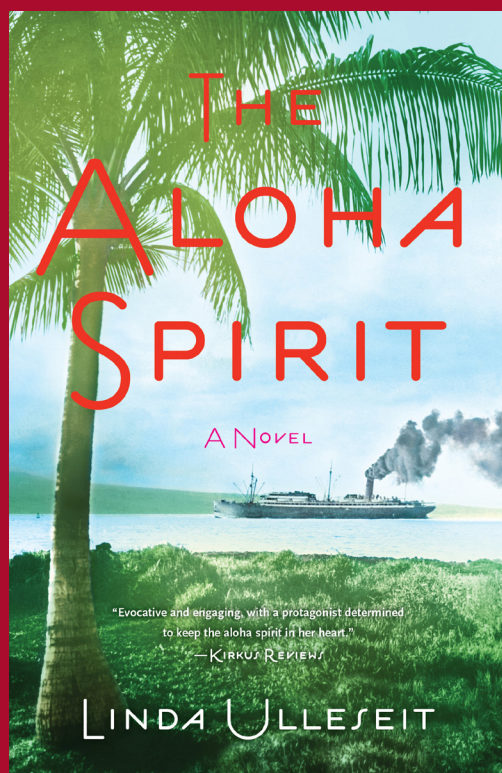
DESCRIPTION:

As a little girl, Teressa's father dotes on her and little sister, Karen, while mercilessly mocking her older sister, Debbie. Teressa thinks it's Debbie's fault—until she gets a little older and he begins tormenting her, too. Soon enough, his verbal abuse turns physical. Her sergeant father brings his military life home, meeting each of his daughters' infractions with extreme punishment for them all. Meanwhile, their mother watches silently, never defending her daughters and never subjected to physical abuse herself. Terrified to be at home and terrified to tell anyone, Teressa seeks solace in books, music, and the family she can find outside of her home: a best friend, a kind neighbor, and a doting grandfather. At first cowed by her father's abuse and desperate to believe that maybe, one day, things will change, Teressa ultimately grows into a young woman who understands that if she wants a better life, she'll have to build it for herself—so she does.

ABOUT THE AUTHOR:

Teressa Shelton has lived in nine states and three countries. After graduating from Belmont University in Nashville, she embarked on a career in managing medical practices. She lives with her family in Springfield, IL. *The Sergeant's Daughter* is her first book.

AUGUST 2020



Publication Date: August 18, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-723-4

E-ISBN: 978-1-63152-724-1

“The poignant and atmospheric tale captures the pre–World War II diversity of Hawaiian culture, a melting pot of religions and ethos... Evocative and engaging, with a protagonist determined to keep the aloha spirit in her heart.”

—Kirkus Reviews

“Linda Ulleseit has written a heroic tale of family, friendship, loss, and redemption. With undeniable beauty, she captures the courage of a young woman and community stunned by unforgettable tragedy.”

—Milana Marsenich, author of *Copper Sky* and *The Swan Keeper*

THE ALOHA SPIRIT

A NOVEL

LINDA ULLESEIT

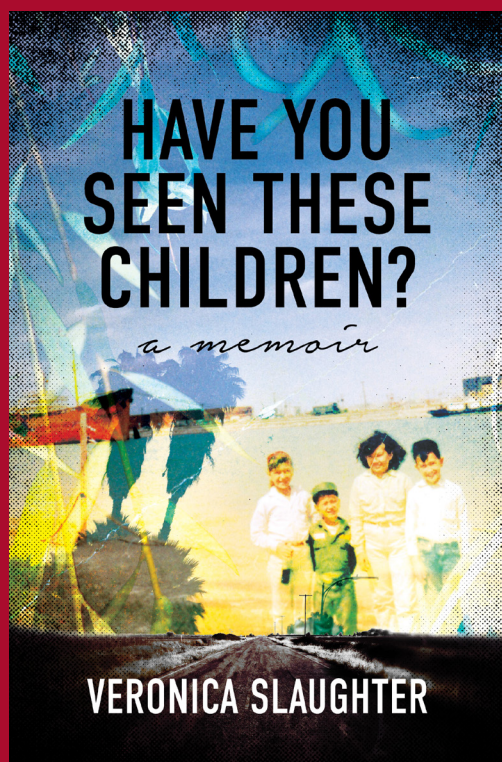
DESCRIPTION:

The spirit of aloha is found in Hawaii’s fresh ocean air, the flowers, the trade winds . . . the natural beauty that smooths the struggles of daily life. In 1922 Honolulu, unhappy in the adoptive family that’s raised her, Dolores begins to search for that spirit early on—and she begins by running away at sixteen to live with her newlywed friend Maria. Trying to find her own love, Dolores marries a young Portuguese man named Manolo. His large family embraces her, but when his drinking leads to physical abuse, only his relative Alberto comes to her rescue—and sparks a passion within Dolores that she hasn’t known before. Staunch Catholics can’t divorce, however; so, after the Pearl Harbor attack, Dolores flees with her two daughters to California, only to be followed by both Manolo and Alberto. In California, Manolo’s drinking problems continue—and Alberto’s begin. Outraged that yet another man in her life is turning to the bottle for answers, Dolores starts to doubt her feelings for Alberto. Is he only going to disappoint her, as Manolo has? Or is Alberto the embodiment of the aloha spirit she’s been seeking?

ABOUT THE AUTHOR:

Linda Ulleseit, born and raised in Saratoga, California, has an MFA in writing from Lindenwood University. She is a member of the Hawaii Writers Guild, Marketing Chair for Women Writing the West, and a founding member of Paper Lantern Writers. Linda is the author of *Under the Almond Trees*, which was a semifinalist in the Faulkner-Wisdom Creative Writing Contest, and *The Aloha Spirit*, to be released in 2020. Linda believes in the unspoken power of women living ordinary lives. Her books are the stories of women in her family who were extraordinary but unsung. She recently retired from teaching elementary school and now enjoys writing full-time, as well as cooking, leatherworking, reading, gardening, spending time with her family, and taking long walks with her dogs. She currently lives in San Jose with her husband. They have two adult sons and two yellow Labradors. For more about Linda and her books, visit: www.ulleseit.com

AUGUST 2020



Publication Date: August 18, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-725-8

E-ISBN: 978-1-63152-726-5

“Slaughter writes with passion, gracefully offering the delicate details of her parents’ courtship and the erosion of her own relationship with her father as well as relating the fear and confusion that she and her siblings felt.”

—Kirkus Reviews

“A harrowing account of the lifelong consequences victims of parental abductions experience—months, years, even decades after they are reunited with the left-behind parent.”

—Lizbeth Meredith, author of *Pieces of Me: Rescuing My Kidnapped Daughters*

HAVE YOU SEEN THESE CHILDREN?

A MEMOIR

VERONICA SLAUGHTER

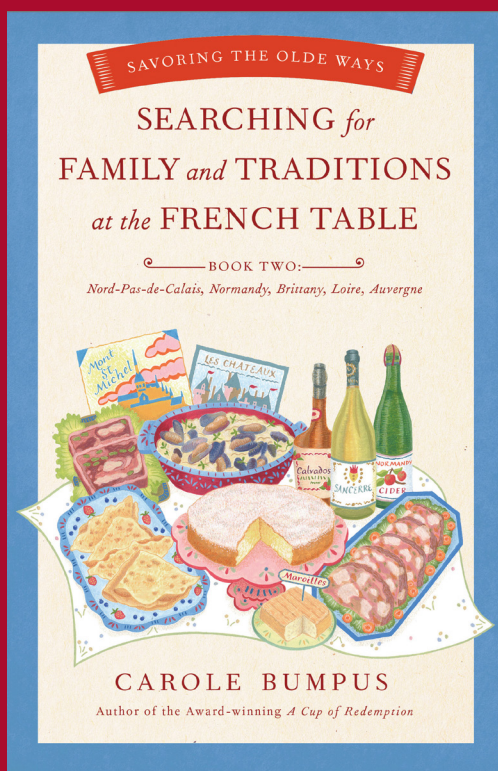
DESCRIPTION:

Four young children caught between love and hate—hostages to the cruelty of revenge. A deceitful American father and a naïve decision by a Filipino mother transformed their lives forever. Valorie, Veronica, Vance, and Vincent’s perfect world turned into a nightmare one hot afternoon in 1959 in Cebu, Philippines. What was to be a quick lunch with their father turned into a flight to America, where four dreadfully long years of running from state to state, hiding, and vanishing into the night followed. Kidnapped from the only world they knew, confusion quickly set in. At nine, Valorie, the eldest, liked seeing their father after his absence for over a year. Vance, a timid six-year-old, went along with whatever Valorie did. Vincent, the baby at three, cried for his mother while clinging to Veronica for comfort. Veronica, eight, was the only one who was truly panicked by what was happening around them—and she recognized instantly that she and her siblings would have to stick together in order to survive. In that moment, her childhood ended and the warrior within her emerged. Moving from state to state and school to school, avoiding the law, looking over their shoulders at every turn, the four Slaughter children found themselves fighting not only the heartbreak of separation from their loving mother but also poverty, discrimination, and abuse. Their only weapons were their deep love for one another and an unwavering determination to survive the trials they faced—and find their way back to their mother.

ABOUT THE AUTHOR:

Dr. Veronica Slaughter was born in the Philippines to an American father and a Filipino mother in 1951. At eight, she, along with her siblings, were kidnapped by their father and brought to the United States. In spite of her turbulent childhood, she was able to achieve the American Dream through her resilience and determination. In 2017, she retired from her thirty-five-year chiropractic practice in California and moved to the beautiful island of Maui, where she continues to live with her many animals. She has one son; he lives in Northern California, and is the love of her life.

AUGUST 2020



Publication Date: August 18, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-896-5

E-ISBN: 978-1-63152-897-2

“The author’s straightforward narrative delivers vivid imagery of both the surroundings and the people. . . . An engaging gastronomic presentation of French history and culture.”

—Kirkus Reviews

“Bumpus’s attention to detail creates a rich sense of people and places. . . . The food that Bumpus tastes and writes about is unforgettable, thanks to the array of included recipes with unusual names. . . . Eloquent and packed with history, geography, and recipes.”

—Foreword Clarion Reviews

SEARCHING FOR FAMILY AND TRADITIONS AT THE FRENCH TABLE, BOOK TWO

SAVORING THE OLDE WAYS

CAROLE BUMPUS

DESCRIPTION:

Join Carole Bumpus as she continues the culinary journey she began in Book One of *Searching for Family and Traditions at the French Table* with her incomparable guide, Josiane, as they head north from Paris to Nord-Pas-de-Calais, Normandy, and Brittany, then drop into the Loire Valley before ending in the Auvergne. Sample family favorites and regional delights such as Flemish *Potjevlesh*, Algerian-influenced chicken tagine, *moules* (mussels) in cider and cream, salt-encrusted *Lamb Grevin*, *Far Brêton*, and *Pâté de Pomme de Terre*. Enjoy the music and antics of local festivals like *La Bande de Pecheur* (Gang of Fisherman), Feast of St. John, and the Blessing of the Fleet. Discover the wonder of troglodyte caves, wineries, and truffle farms in the Loire Valley. Then travel to Josiane’s family home, where you, too, can discover why food and family time are considered sacred in the Auvergne. And, all along the route, witness the impact WWI and WWII on the families profiled. Even seventy-five years later, the legacy of war remains—and yet, incredibly, the gift that each generation has handed down has been gratitude and a deep understanding of the importance of family. A compilation of personal stories, memorable moments, family secrets, and mouthwatering recipes, this French culinary travelogue is sure to find a prized place on the bookshelf of readers who love France—its food, its people, and its history.

ABOUT THE AUTHOR:

Carole Bumpus began writing about food and travel when she stumbled upon the amazing stories of women and war in France. Her historical novel, *A Cup of Redemption*, was published in October 2014, and her unique companion cookbook, *Recipes for Redemption: A Companion Cookbook to A Cup of Redemption*, was released in August 2015. Book One of her Savoring the Olde Ways series was published in August 2019. Her second of this series is due to be published in August 2020, and the third book, *Searching for Family and Traditions at the Italian Table*, is due to be released in April 2021. She has also had three short stories published in the Fault Zone anthologies: *Words from the Edge*, *Stepping up to the Edge*, and *Over the Edge*. A retired family therapist, Bumpus lives in the San Francisco Bay Area. Visit her website at www.carolebumpus.com.

AUGUST 2020



Publication Date: August 18, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-729-6

E-ISBN: 978-1-63152-730-2

"Maggie Humm has brilliantly filled in the edges beyond Woolf's canvas; she has a deep, awe-inspiring understanding of the role of the visual in Woolf's work, and here she reveals that she also has a novelist's gift to create something new, that has its own imaginative life, from that understanding."

—Lauren Elkin, author of the award-winning *Flaneuse*

"Evocative of Woolf's *To the Lighthouse* in the way [Humm] represents the tensions between nostalgia and the passing of time."

—Historical Writers Association

TALLAND HOUSE

A NOVEL

MAGGIE HUMM

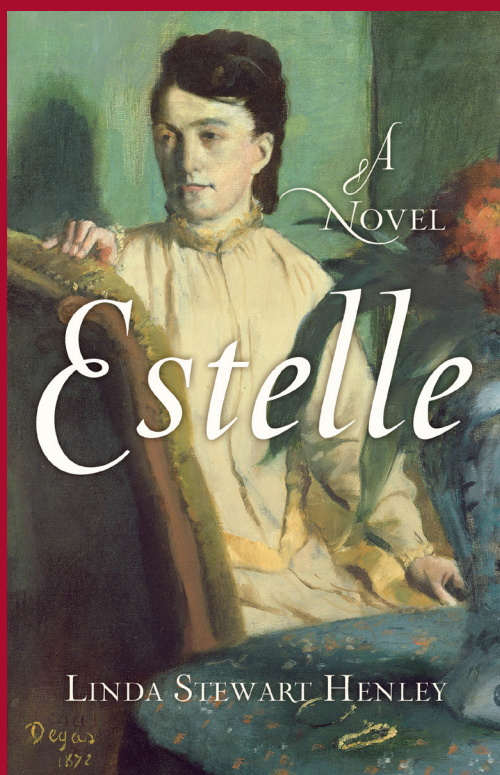
DESCRIPTION:

Royal Academy, London 1919: Lily has put her student days in St. Ives, Cornwall—a time when her substitute mother, Mrs. Ramsay, seemingly disliked Lily's portrait of her and Louis Grier, her tutor, never seduced her as she hoped he would—behind her. In the years since, she's been a suffragette and a nurse in WWI, and now she's a successful artist with a painting displayed at the Royal Academy. Then Louis appears at the exhibition with the news that Mrs. Ramsay has died under suspicious circumstances. Talking to Louis, Lily realizes two things: 1) she must find out more about her beloved Mrs. Ramsay's death (and her sometimes-violent husband, Mr. Ramsay), and 2) She still loves Louis. Set between 1900 and 1919 in picturesque Cornwall and war-blasted London, *Talland House* takes Lily Briscoe from the pages of Virginia Woolf's *To the Lighthouse* and tells her story outside the confines of Woolf's novel—as a student in 1900, as a young woman becoming a professional artist, her loves and friendships, mourning her dead mother, and solving the mystery of her friend Mrs. Ramsay's sudden death. *Talland House* is both a story for our present time, exploring the tensions women experience between their public careers and private loves, and a story of a specific moment in our past—a time when women first began to be truly independent.

ABOUT THE AUTHOR:

Maggie Humm is an Emeritus Professor at University of East London in the UK. An international Woolf scholar, she is the author/editor of fourteen books, the last three of which focused on Woolf and the arts. *Talland House* was shortlisted for the Impress and Fresher Fiction prizes in 2017 (as *Who Killed Mrs. Ramsay?*) and the Retreat West and Eyelands prizes in 2018. She lives in London and is currently writing *Rodin's Mistress*, a novel about the tumultuous love affair of the artists Gwen John and Rodin. Find her at www.maggiehummm.net.

AUGUST 2020



Publication Date: August 25, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-791-3

E-ISBN: 978-1-63152-792-0

“Interweaving a contemporary story with a rich and detailed glimpse into a little-known segment of famed French painter Edgar Degas’s life, Linda Stewart Henley invites readers into the intriguing art world of New Orleans through interlocking storylines set a century apart. An admirable debut!”

—Ashley E. Sweeney, award-winning author of *Eliza Waite*

“Edgar Degas and Sam Mollineux are seductive, brilliant, and fiendishly evasive. In this powerful historical novel, both men leave many beautiful dreamers in their wake—including themselves.”

—Thomas West, PhD, former Professor, University of Paris-Nanterre, and former chief editor, *Art International*

ESTELLE

A NOVEL

LINDA STEWART HENLEY

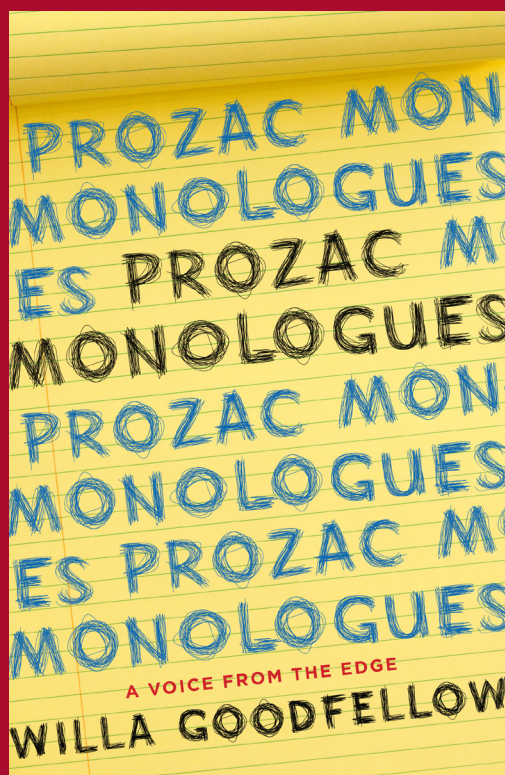
DESCRIPTION:

When Edgar Degas visits his French Creole relatives in New Orleans from 1872 to '73, Estelle, his cousin and sister-in-law, encourages the artist—who has not yet achieved recognition and struggles to find inspiration—to paint portraits of their family members. In 1970, Anne Gautier, a young artist, finds connections between her ancestors and Degas while renovating the New Orleans house she has inherited. When Anne finds two identical portraits of Estelle, she discovers disturbing truths that change her life as she searches for meaningful artistic expression—just as Degas did one hundred years earlier. A gripping historical novel told by two women living a century apart, *Estelle* combines mystery, family saga, art, and romance in its exploration of the man Degas was before he became the world-famous artist he’s known as today.

ABOUT THE AUTHOR:

Linda Stewart Henley is an English-born American who moved to the United States at sixteen. She is a graduate of Newcomb College of Tulane University in New Orleans. She currently lives with her husband in Anacortes, Washington. This is her first novel.

AUGUST 2020



Publication Date: August 25, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-731-9

E-ISBN: 978-1-63152-732-6

“Brilliantly written, engaging from the first page, *Prozac Monologues* is a bit like a great evening at a first-rate comedy club . . . except that it is deadly serious. Goodfellow’s painful and all-too-common journey to finding the right treatment for her bipolar disorder points her to the ultimate realization that doing well with this illness requires the right medication, the right psychotherapy, and the specific lifestyle modifications that support wellness.”

—Ellen Frank, PhD, distinguished Professor Emeritus of Psychiatry at University of Pittsburgh School of Medicine and author of *Treating Bipolar Disorder: A Clinician’s Guide to Interpersonal and Social Rhythm Therapy*

PROZAC MONOLOGUES

A VOICE FROM THE EDGE

WILLA GOODFELLOW

DESCRIPTION:

She was going to stab her doctor, but she wrote a book instead. Years later, Willa Goodfellow revisits her account of the antidepressant-induced hypomania that hijacked her Costa Rican vacation and tells the rest of the story: her missed diagnosis of Bipolar 2, how she’d been given the wrong medications, and finally, her process of recovery. *Prozac Monologues* is a book within a book—part memoir of misdiagnosis and part self-help guide about life on the bipolar spectrum. Through edgy and comedic essays, Goodfellow offers information about a mood disorder frequently mistaken for major depression as well as resources for recovery and further study. Plus, Costa Rica.

- If your depression keeps coming back . . .
- If your antidepressant side effects are dreadful . . .
- If you are curious about the bipolar spectrum . . .
- If you want ideas for recovery from mental illness . . .
- If you care for somebody who might have more than depression . . .

. . . This book is for you.

ABOUT THE AUTHOR:

Willa Goodfellow’s early work with troubled teens as an Episcopal priest shaped an edgy perspective and preaching style. A bachelor’s degree from Reed College and a master’s from Yale gave her the intellectual chops to read and comprehend scientific research about mental illness—and her life mileage taught her to recognize and call out the bull. So, she set out to turn her own misbegotten sojourn in the land of antidepressants into a writing career. Her journalism has attracted the attention of leading psychiatrists who worked on the DSM-5. She is certified in Mental Health First Aid, graduated from NAMI’s Peer to Peer, and has presented on mental health recovery at NAMI events and Carver Medical College of Medicine at the University of Iowa. This is her first book. Willa lives in Sisters, Oregon.

AUGUST 2020

NOT IF, WHEN



LYME DISEASE IN VERSE
GAIL TIERNEY

Publication Date: August 25, 2020

Collections: Poetry

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-735-7

E-ISBN: 978-1-63152-736-4

NOT IF, WHEN

LYME DISEASE IN VERSE

GAIL TIERNEY

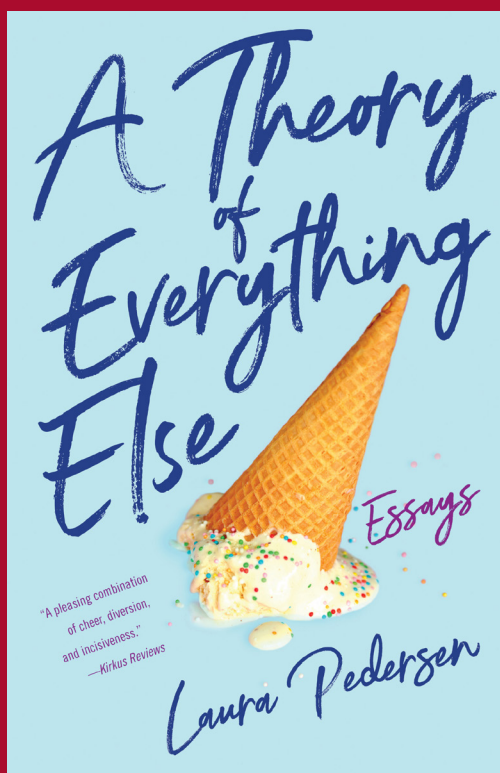
DESCRIPTION:

Even the most integrative, supportive doctor can only do so much for an individual during the worst period of healing from Lyme. The process looks different for everyone, but a patient must feel significantly worse before they begin to recover. When Lyme bacteria (or other coinfections) are first attacked by antibiotics, herbs, or other treatment, they release toxins into the body quicker than they can be dispelled. This is called a Jarisch-Herxheimer (Herx) reaction, and it can often include panic attacks, brain fog, paranoia, depression, pain, affected vision, racing heartrate, dysfunctional thyroid, disrupted digestion, severe confusion, and amnesia, among many other symptoms. Herxing, in other words, is a complete—and sometimes seemingly unending—nightmare. When you've fretted about that frustrating doctor all night and Herxed all day, these autobiographical poems may go down smoother than a pill. Arranged chronologically in the order that they were written, they move from devastation to determination, addressing the various frustrations and dynamics of living with chronic Lyme disease—the isolation, the trauma, the fear—and also providing a voice of solidarity and inspiration for those suffering from this devastating illness. Written as a love letter for Lyme patients who are running out of patience, as well as for their family and friends, *Not If, When* is a clear-eyed, defiant, and poignant exploration of what it means to live—and sometimes even thrive—with Lyme.

ABOUT THE AUTHOR:

Gail Tierney wrote *Not If, When* as a love letter to others with Lyme disease. She is currently attending grad school full time at Princeton Theological Seminary and also serving as Artistic Director of an eco-theatre troupe called The Kaleidoscapes. This one is for her granny—a warrior who showed her firsthand the extraordinary resilience of a survivor. Tierney currently lives in Princeton, New Jersey.

SEPTEMBER 2020



Publication Date: September 1, 2020

Collections: Memoir, Nonfiction Essays

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-737-1

E-ISBN: 978-1-63152-738-8

“Both thoughtful and irreverent, Pedersen’s writings shine an illuminating light on the complexities of human (and animal) nature.”

—Publishers Weekly

Praise for *Life in New York*:

“The prolific author and playwright parcels her stream of consciousness into wily and witty essays in *Life in New York*.”

—The New York Times

“A pleasing combination of cheer, diversion, and incisiveness.”

—Kirkus Reviews

A THEORY OF EVERYTHING ELSE

ESSAYS

LAURA PEDERSEN

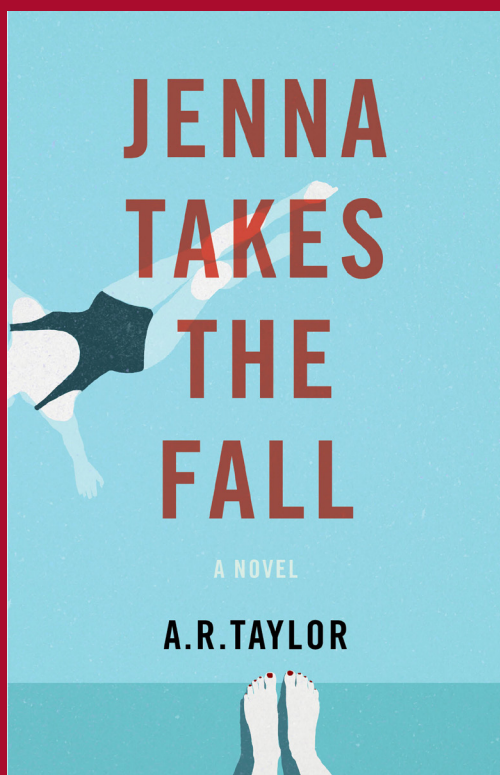
DESCRIPTION:

That elusive Holy Grail of modern physics, a theory of everything (ToE), would explain the universe in a single set of equations. Albert Einstein and Stephen Hawking tackled the problem during their lifetimes and the quest continues today in laboratories around the world. Leaving string theory, galaxy clusters, and supersymmetry to the Quantum Computer and Hadron Collider crowd, Pedersen has taken up the rest—that is, a theory of everything else (ToEE), based on her own groundbreaking experiences as a dog walker, camp counselor, and Bingo caller. Pedersen’s essays are a series of colorful helium balloons that entertain as well as affirm and uplift. Why, she ponders in one essay, are thousands are perishing as a result of assault weapons, carbon emissions, forest fires, pesticides, and processed foods—and yet lawn darts were banned in the 1980s after two people died? In *A Theory of Everything Else*, Pedersen vividly demonstrates how life can appear to grind us down while it’s actually polishing us up—and why everyone wants to live a long time but no one wants to grow old.

ABOUT THE AUTHOR:

Laura Pedersen is a former *New York Times* columnist and the author of sixteen books and four plays. She has appeared on *Oprah*, *Good Morning America*, *CBS This Morning*, *Today*, *Primetime*, *Late Show with David Letterman*, and many other national shows. Her book *Life in New York* won the Seven Sisters Book Award for best nonfiction. Laura writes for several well-known comedians. She currently resides in New York City; more information can be found at www.laurapedersenbooks.com.

SEPTEMBER 2020



Publication Date: September 1, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-793-7

E-ISBN: 978-1-63152-794-4

"Taylor's latest novel begins with a grabber of a prologue. . . . An enjoyable escape that leaves you smiling."

—Kirkus Reviews

"A dazzling debut. Jenna Takes the Fall introduces a hero who could have stepped from today's headlines. This modern tale of a desperate ingenue who careens into power plays, romance, and wealth will keep you reading into the night and waiting for A.R. Taylor's next novel."

—Doug Stanton, *New York Times* best-selling author of *12 Strong*

JENNA TAKES THE FALL

A NOVEL

A.R. TAYLOR

DESCRIPTION:

Twenty-four years old and newly employed in Manhattan, Jenna McCann agrees to place herself under the dead body of a wealthy, prominent New Yorker—her boss—to hide the identity of his real lover. But why?

Because she was half in love with him herself; because her only friend at Hull Industries asked her to; because she feared everyone around her; because she had no idea how this would spin out into her own, undeveloped life; because she had nothing and no one?

Or just because?

Deftly told and sharply observed, *Jenna Takes the Fall* is the story of someone who became infamous . . . before she became anybody at all.

ABOUT THE AUTHOR:

A.R. Taylor is an award-winning playwright, essayist, and fiction writer. Her debut novel, *Sex, Rain, and Cold Fusion*, won a Gold Medal for Best Regional Fiction at the Independent Publisher Book Awards 2015, was a USA Best Book Awards finalist, and was named one of the 12 Most Cinematic Indie Books of 2014 by *Kirkus Reviews*. She's been published in the *Los Angeles Times*, the *Southwest Review*, *Pedantic Monthly*, *The Cynic* online magazine, the *Berkeley Insider*, *So It Goes—the Kurt Vonnegut Memorial Library Magazine on Humor*, *Red Rock Review*, and *Rosebud*. In her past life, she was head writer on two Emmy-winning series for public television. She has performed at the Gotham Comedy Club in New York, Tongue & Groove in Hollywood, and Lit Crawl LA. You can find her video blog, *Trailing Edge: Ideas Whose Time Has Come and Gone* at her website, www.lonecamel.com. She lives in Los Angeles, CA.

SEPTEMBER 2020

All of Us WARRIORS

CANCER
STORIES *of*
SURVIVAL
and LOSS

Rebecca Whitehead Munn

Publication Date: September 1, 2020

Collections: Body, Mind & Spirit

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-795-1

E-ISBN: 978-1-63152-796-8

“What sets this volume apart from other cancer accounts is that it includes the stories of those who did not survive, told from the perspectives of their loved ones. Because of this, the book succeeds in demystifying the experience of having cancer or loving someone who does.”

—Kirkus Reviews

“*All Of Us Warriors* strips away the fear, demonstrating time and again that there is always hope, that there can be joy in life, even when faced with the tremendous challenges of illness.”

—Dr. Robin Williams, breast surgeon at Saint Thomas Medical Partners

ALL OF US WARRIORS

CANCER STORIES OF SURVIVAL AND LOSS

REBECCA WHITEHEAD MUNN

DESCRIPTION:

In *All of Us Warriors*, Rebecca Whitehead Munn paints a realistic picture of the impact cancer has on an individual's life, and she attempts to demystify the experience by sharing heartfelt stories from twenty survivors and the loved ones of those that passed. They are mothers and fathers with seven types of cancers and all stages of the disease, as well as advice regarding how to approach someone you love living with cancer and tips and tricks for helping others feel joy in the midst of pain. This inspirational book provides a positive outlook of strength and perseverance through belief in a higher power, reinforcing the idea that the reader is stronger than cancer and not alone, and offering real strategies that cannot be found in online medical sites. Like a conversation with a new best friend (or twenty of them), *All of Us Warriors* is full of understanding, acceptance, and practical advice gained from personal experience.

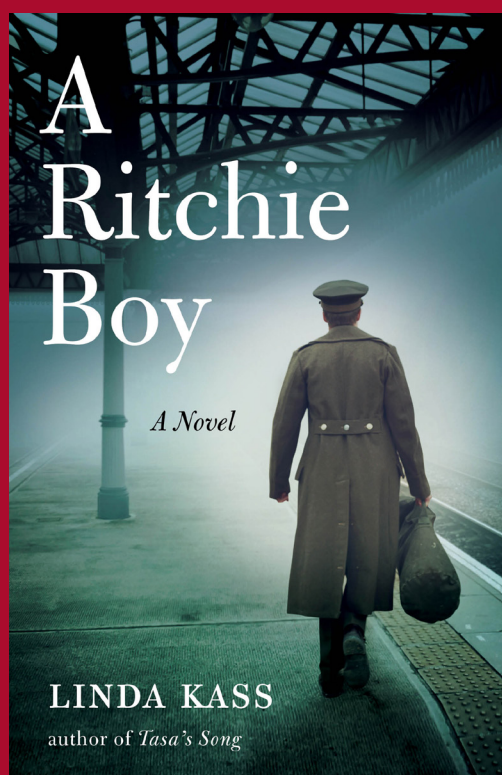
ABOUT THE AUTHOR:

Rebecca Whitehead Munn is an award-winning author and speaker, healthcare change catalyst, and value creator. Her award-winning, debut memoir, *The Gift of Goodbye: A Story of Agape Love*, was released in 2017. She has been a featured Maria Shriver Architect of Change on surviving grief, and she shared her healing through yoga story at www.mindbodygreen.com. She is a certified End of Life Doula and a Nashville Healthcare Council Fellow. She is happiest spending time outdoors, eating Mexican food, practicing yoga, listening to live music, snow skiing, and playing golf. She was born in Bloomington, IN, grew up in Houston, TX, and has lived in Nashville, TN, since 2005.

AWARDS:

2020 Living Now Book Awards Gold Winner in Health/Wellness
2020 International Book Awards Winner in Heath: Cancer
2020 Living Now Book Awards Gold Winner in Health/Wellness
2020 International Book Awards Finalist in Self-Help: General

SEPTEMBER 2020



Publication Date: September 1, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-739-5

E-ISBN: 978-1-63152-740-1

“Told as a series of interconnected stories, Linda Kass’s captivating, based-in-truth novel *A Ritchie Boy* is about assimilation, hope, and perseverance.”

—Foreword Reviews

“Linda Kass’s eagerly anticipated second novel, *A Ritchie Boy*, is an engrossing, deeply moving story of the immigrant journey, a profound and timely reminder of how refugees have woven their strengths, talents, successes, and sacrifices into the fabric of America.”

—Jennifer Chiaverini, *New York Times* best-selling author of *Resistance Women*

A RITCHIE BOY

A NOVEL

LINDA KASS

DESCRIPTION:

From the author of *Tasa’s Song*, an extraordinary narrative about one young immigrant’s triumph in America, inspired by true events.

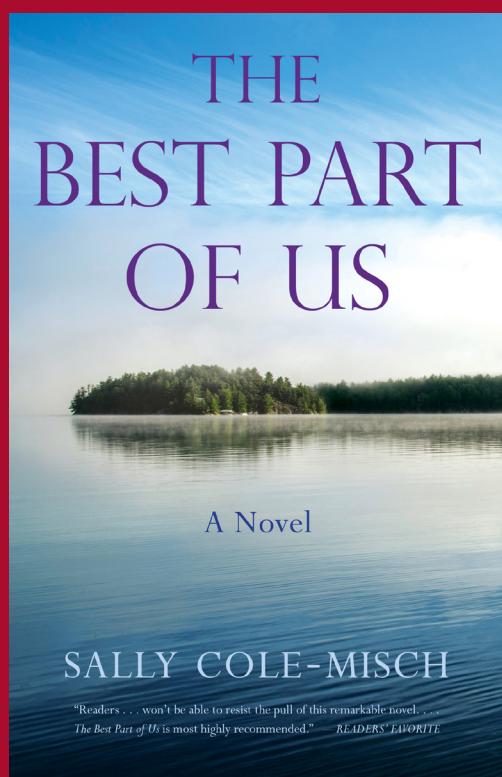
1938. Eli Stoff and his parents, Austrian Jews, escape to America just after Germany takes over their homeland. Within five years, Eli enlists in the US Army and, thanks to his understanding of the German language and culture, joins thousands of others like him who become known as Ritchie boys, young men who work undercover in Intelligence on the European front to help the Allies win World War II. In *A Ritchie Boy*, different characters tell interrelated stories that, together, form a cohesive narrative about the circumstances and people Eli encounters from Vienna to New York, from Ohio to Maryland to war-torn Europe, before he returns to the heartland of his new country to set down his roots.

Set during the dawn of World War II and the disruptive decade to follow, *A Ritchie Boy* is the poignant, compelling tale of one young immigrant’s triumph over adversity as he journeys from Europe to America, and from boyhood to manhood.

ABOUT THE AUTHOR:

Linda Kass began her career as a magazine writer and correspondent for regional and national publications. Her work has previously appeared in *TIME*, *The Detroit Free Press*, *Columbus Monthly*, and, more recently, *Full Grown People*, *The MacGuffin*, and *Kenyon Review Online*. She is the author of the historical World War II novel *Tasa’s Song* (2016) and is the founder and owner of Gramercy Books, an independent bookstore in central Ohio, where she currently lives.

SEPTEMBER 2020



Publication Date: September 8, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-741-8

E-ISBN: 978-1-63152-742-5

"The novel . . . honors the natural world with dazzling imagery. . . . A dramatic, rewarding story about a woman reconnecting with family, nature, and herself."

—Kirkus Reviews

"Sally Cole-Misch's novel is a lush and lovely homage to the natural places where her protagonist grew up. . . . The plot spanning past and present kept me enthralled and engaged throughout my reading of this exceptionally good book. *The Best Part of Us* is most highly recommended."

—Readers' Favorite

THE BEST PART OF US

A NOVEL

SALLY COLE-MISCH

DESCRIPTION:

Beth cherished her childhood summers on a pristine northern Canadian lake, where she reveled in the sweet smell of dew on early morning hikes, the loons' evening trills across the lake's many bays, every brush stroke of her brother's paintings celebrating their cherished place, and their grandfather's laughter as he welcomed neighbors to their annual Welsh harvest celebration. Theirs was an unshakeable bond with nature, family, and friends, renewed every summer on their island of granite and pines. But that bond was threatened and then torn apart, first as rights to their island were questioned and then by nature itself, and the family was forced to leave. Fourteen years later, Beth has created a new life in urban Chicago. There, she's erected a solid barrier between the past and present, no matter how much it costs—until her grandfather asks her to return to the island to determine its fate. Will she choose to preserve who she has become, or risk everything to discover if what was lost still remains? *The Best Part of Us* will immerse readers in a breathtaking natural world, a fresh perspective on loyalty, and an exquisite ode to the essential roles that family, nature, and place hold in all of our lives.

ABOUT THE AUTHOR:

Sally Cole-Misch is a writer and environmental communicator who advocates for the natural world through work and play. She holds a bachelor's degree in journalism from the University of Missouri, a master's degree in environmental education and international water policy from the University of Michigan, and a certificate in fiction writing from Stanford University. Sally splits her time between Bloomfield Hills and Glen Arbor, Michigan, with her husband and son and enjoys hiking, kayaking, sailing, skiing, and gardening.

SEPTEMBER 2020

THE BOOK OF OLD LADIES

CELEBRATING WOMEN OF A CERTAIN AGE
IN FICTION

RUTH O. SAXTON

DESCRIPTION:

This is a book that champions older women's stories and challenges the limiting outcomes we seem to hold for them. *The Book of Old Ladies* introduces readers to thirty stories featuring fictional "women of a certain age" who increasingly become their truest selves. Their stories will entertain and provide insight into the stories we tell ourselves about the limits and opportunities of aging. A celebration of women who push back against the limiting stereotypes regarding older women's possibility, *The Book of Old Ladies* is a book lover's guide to approaching old age and dealing with its losses while still embracing beauty, creativity, connection, and wonder.

ABOUT THE AUTHOR:

Dr. Ruth O. Saxton is a Professor Emerita of English at Mills College in Oakland, CA. Over the course of her forty-two-year career, she has studied, taught, and published works on fiction by women for decades, focusing on how narratives limit or expand what we imagine to be possible. Dr. Saxton served as the college's first Dean of Letters, cofounded the Women's Studies program, and founded the Rhetoric and Composition program. Her scholarly works include *The Girl: Constructions of the Girl in Contemporary Fiction by Women*; *Approaches to Teaching Woolf's Mrs. Dalloway* (with Eileen Barrett); and *Woolf and Lessing: Breaking the Mold* (with Jean Tobin).

"This thoughtful, elegantly written book is a gem for anyone who understands the meaning of lifelong connection to literature."
—YIYUN LI, 2010 MacArthur Fellow and PEN/Jean Stein Book Award-winning author of *Where Reasons End*

The Book of Old Ladies

Celebrating Women
Of A Certain Age In Fiction



RUTH O. SAXTON

Publication Date: September 8, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-797-5

E-ISBN: 978-1-63152-798-2

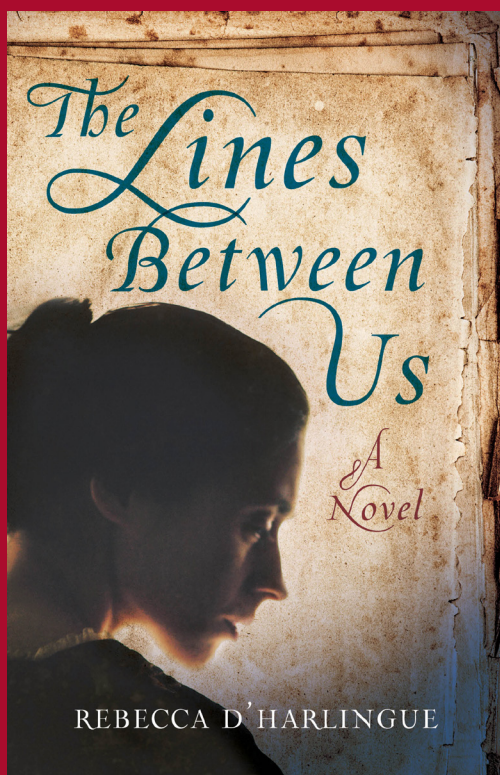
"... Saxton's beautifully fluid prose would be a pleasure to read while relaxing at the beach. A thought-provoking, informative, and valuable literary analysis."

—Kirkus Reviews

"*The Book of Old Ladies* reminds us of the true joy of reading fiction ... Ruth Saxton is an elegant writer, and this thoughtful book is a gem for anyone who understands the meaning of lifelong connection to literature."

—Yiyun Li, award-winning author of *Dear Friend and Kinder Than Solitude*

SEPTEMBER 2020



Publication Date: September 8, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-743-2

E-ISBN: 978-1-63152-744-9

"An ambitious, engaging novel that explores the power of finding personal connection to the past."

—Kirkus Reviews

"D'Harlingue's elegantly crafted, intriguing story spans the Old and New Worlds, exploring the oppression and power of generations of women bound together by a dark family secret—and their modern-day descendant's quest to uncover the truth about her ancestry."

—Kristen Harnisch, international best-selling author of *The Vintner's Daughter* and *The California Wife*

THE LINES BETWEEN US

A NOVEL

REBECCA D'HARLINGUE

DESCRIPTION:

In 1661 Madrid, Ana is still grieving the loss of her husband when her niece, sixteen-year-old Juliana, suddenly vanishes. Ana frantically searches the girl's room and comes across a diary. Journeying to southern Spain in the hope of finding her, Ana immerses herself in her niece's private thoughts. After a futile search in Seville, she comes to Juliana's final entries and, discovering the horrifying reason for the girl's flight, abandons her search. In 1992 Missouri, in her deceased mother's home, Rachel finds a packet of letters, and a diary written by a woman named Juliana. Rachel's reserved mother has never mentioned these items, but Rachel recognizes the names Ana and Juliana: her mother uttered them on her deathbed. She soon becomes immersed in Juliana's diary, which recounts the young woman's journey to Mexico City and her life in a convent. As she learns the truth about Juliana's tragic family history, Rachel seeks to understand her connection to the writings—hoping that in finding those answers, she will somehow heal the wounds caused by her mother's lifelong reticence.

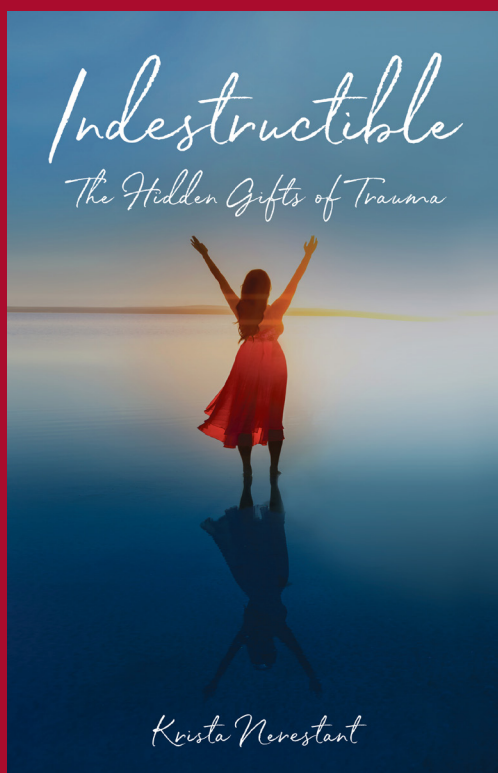
ABOUT THE AUTHOR:

Rebecca D'Harlingue has done graduate work in Spanish literature, worked as a hospital administrator, and taught English as a Second Language to adults from all over the world. She shares her love of story both with preschoolers at a Head Start program and with the members of the book club she has belonged to for decades. D'Harlingue lives in Oakland, California, with her husband, Arthur, where they are fortunate to frequently spend time with their children and grandchildren.

AWARDS:

2020 International Book Awards Finalist in Best New Fiction

SEPTEMBER 2020



Publication Date: September 8, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-799-9

E-ISBN: 978-1-64742-002-4

"In moving, unsparing prose, Krista shares the incredible, heroic journey of her life, and along the way turns her struggles into powerful lessons that can help anyone. Despite the unbelievable obstacles she's faced, Krista shows that it's possible not just to survive but to thrive, so long as you never stop nurturing compassion."

—Jeff Campbell, writing teacher and author

"Krista's story proves that you can heal and manage PTSD. She provides the encouragement and motivational essence to look deep into yourself and conquer your darkest moments so that you may live a stable life."

—Danielle Pignatiello, MSW, LSW

INDESTRUCTIBLE

THE HIDDEN GIFTS OF TRAUMA

KRISTA NERESTANT

DESCRIPTION:

Welcome to Krista Nerestant's journey from the other side of the globe—the islands of the Philippines—to the United States of America. *Indestructible* is where she shares the hidden gifts of trauma that have empowered her to not only survive but also thrive in a life most would have given up on. Krista was a traumatized overachiever bound by the cultural and societal limitations of her home country. But coming out as a spiritual medium exposed the many resources she had in her arsenal, inspiring her to embark on a healing journey. In *Indestructible*, she shares how she learned to extract life-healing lessons while overcoming a violent past, with the hope of inspiring and teaching survivors to approach personal wounds as a gateway to unleashing their self-actualization. Her story will stimulate you mentally, physically, emotionally, and spiritually—but most of all, it will lead you to start your own journey of self-discovery and uncover your very own hidden gifts of trauma.

ABOUT THE AUTHOR:

Krista Nerestant is the owner of Self-ish Lifestyle, a website where she serves as a certified spiritual medium and teacher to demystify the world of spirit and energy. She also works as a neurolinguistic life coach and hypnotist, specializing in the Satir Method of Transformational Systemic Therapy. An advocate for women and children, Krista hosts a podcast dedicated to encouraging, empowering, and elevating the self-care journey at SelfCareTuesdays.com, and she offers presentations as an inspirational speaker that focus on the power and understanding of the four bodies of our unique SELF—physical, mental, emotional, and spiritual. She hopes that her work will ignite a surge of positivity in her community in New Jersey, where she lives with her child and her husband. This is her first book.

SEPTEMBER 2020

What's Not Said

A Novel



"A witty and often amusing marriage drama."
—KIRKUS REVIEWS

Valerie Taylor

Publication Date: September 15, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-745-6

E-ISBN: 978-1-63152-746-3

"A witty and often amusing marriage drama."

—Kirkus Reviews

"*What's Not Said* is oh-so-clever at illustrating the unintended consequences of secrets. Valerie Taylor's characters face a tangle of events and emotions that keep the reader turning pages!"

—Joan Cohen, author of *Land of Last Chances*

"Taylor has written a sharp-witted and fun story, so grab a seat, buckle in, and enjoy!"

—Marianne Lile, author of *Stepmother: A Memoir*

WHAT'S NOT SAID

A NOVEL

VALERIE TAYLOR

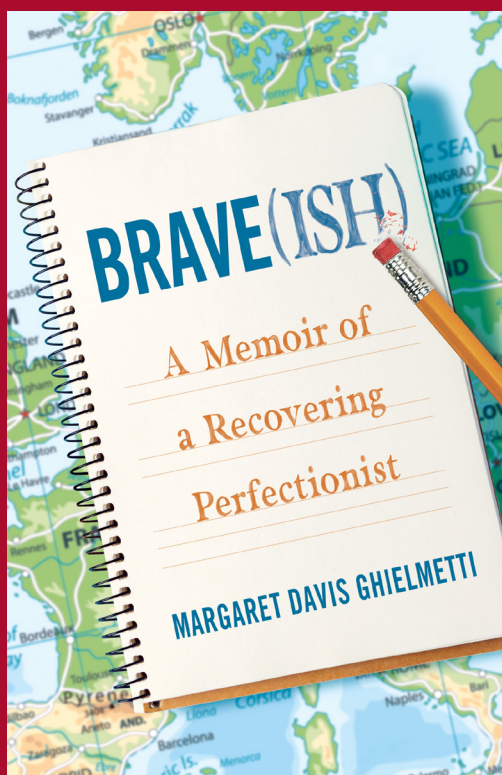
DESCRIPTION:

Kassie O'Callaghan's meticulous plans to divorce her emotionally abusive husband, Mike, and move in with Chris, a younger man she met five years ago on a solo vacation in Venice, are disrupted when she finds out Mike has chronic kidney disease—something he's concealed from her for years. Once again, she postpones her path to freedom—at least, until she pokes around his pajama drawer and discovers that his illness is the least of his deceptions. But Kassie is no angel, either. As she struggles to justify her own indiscretions, the secret lives she and Mike have led collide head-on, revealing a tangled web of sex, lies, and DNA. Still, mindful of her vows, Kassie commits to helping her husband find an organ donor. In the process, she uncovers a life-changing secret. Problem is, if she reveals it, her own immorality will be exposed, which means she has an impossible decision to make: Whose life will she save—her husband's or her own?

ABOUT THE AUTHOR:

Valerie Taylor was born and raised in Stamford, Connecticut. She had a thirty-year career in the financial services industry as a marketer and writer. After her divorce, she spread her wings and relocated her career, first to Boston and then to Seattle. When she retired, she resettled in Shelton, Connecticut, to be near her two grown children and granddaughter. She's a published book reviewer with BookTrib.com and a member of the Westport Writers' Workshop. She enjoys practicing tai chi and being an expert sports spectator. *What's Not Said* is her debut novel.

SEPTEMBER 2020



Publication Date: September 15, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-747-0

E-ISBN: 978-1-63152-748-7

"In *Brave(ish)*, author Margaret Davis Ghielmetti travels the globe, describing the Technicolor riches of places and people with humor, generosity, and candor."

—Janice Deal, award-winning author of
The Decline of Pigeons

"*Brave(ish)* should be required reading for all perfectionists who are sick of people pleasing and ready to reclaim their own lives."

—Nadine Kenney Johnstone, award-winning
memoirist of *Of This Much I'm Sure*

BRAVE(ISH)

A MEMOIR OF A RECOVERING PERFECTIONIST

MARGARET DAVIS GHIELMETTI

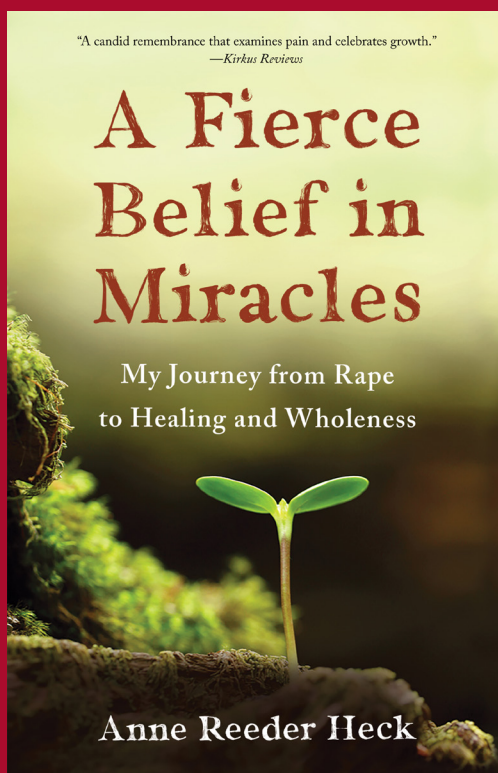
DESCRIPTION:

At forty, Margaret quits her sales job to follow her husband's hotel career to Paris. She's setting sail on this adventure with a glass half full of bravery, a well-traveled passport, a journal in which she plans to write her novel, and the mentally engrained *Davis Family Handbook of Rules to Live By*. Everyone tells Margaret she's living the dream, but she feels adrift without a professional identity. Desperate to feel productive and valued, she abandons her writing and throws herself into new roles: perfect wife, hostess, guide, and expatriate. When she and her husband move to Cairo, however, the void inside she's been ignoring threatens to engulf her. It's clear that something needs to change, so she does the one thing she was raised never to do: asks for—and accepts—help. Over the next fifteen years abroad, the cultures of Egypt, Thailand, and Singapore confront Margaret with lessons she never would have learned at home. But it's only when they move back to Chicago—with Margaret now stepping into the role of perfect caretaker to her parents—that she has to decide once and for all: will she dare to let go of the old rules and roles she thinks keep her safe in order to step into her own life and creative destiny?

ABOUT THE AUTHOR:

Margaret Davis Ghielmetti has lived on four continents and has visited fifty countries. She is a Live Lit Storyteller who has won two StorySLAMs with The Moth. She wrote and performed a solo show, "Fierce," about refinding her creative expression, and is passionate about sharing the beauty of the world through her photos. She and her Swiss-born husband, Patrick, can be found in Chicago when they're not out exploring.

SEPTEMBER 2020



Publication Date: September 22, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-749-4

E-ISBN: 978-1-63152-750-0

Heck is a bracingly honest and clear writer, and her penchant for detail . . . gives her recollections an intense feeling of immediacy. Her prose is simple and graceful. . . . A candid remembrance that examines pain and celebrates growth."

—Kirkus Reviews

In *A Fierce Belief in Miracles*, Anne has explored in depth her healing path so that others can navigate their trials with greater ease and inspiration."

—Lynne Twist, cofounder of the Pachamama Alliance, founder of the Sould of Money Institute, and best-selling author of *The Soul of Money*

A FIERCE BELIEF IN MIRACLES

MY JOURNEY FROM RAPE TO HEALING AND
WHOLENESS

ANNE REEDER HECK

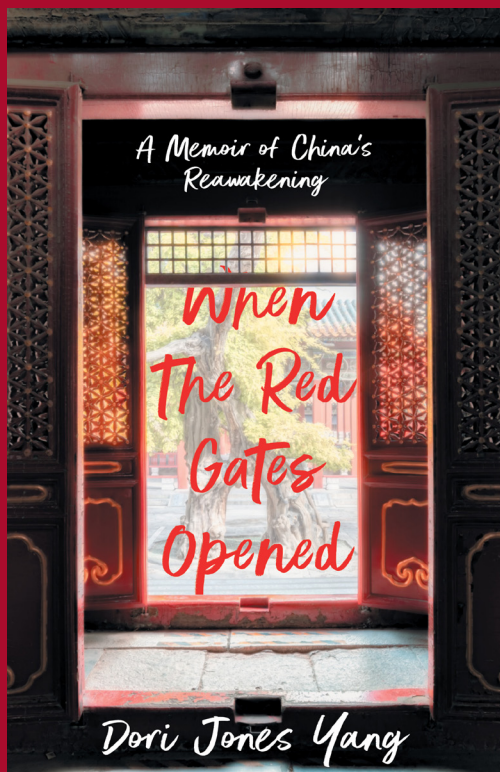
DESCRIPTION:

When faced with overwhelming hardship, what we believe makes all the difference. At age twenty-six, Anne Reeder Heck was attacked by a stranger and brutally raped. Years later, still seeking to heal the remnants of this trauma, Anne stands alone in her living room one winter day and claims her desired belief aloud: "This is my year of strength." Her clear intention results in a phone call; her rapist has been identified—fourteen years after the crime. Offering all the gripping and uplifting details of a story that sparked national interest—Heck appeared on the front page of *The Washington Post* and was interviewed by Diane Sawyer on *Good Morning America*—*A Fierce Belief in Miracles* lights the way for those seeking to heal from life's traumas by demonstrating the importance of clear intention and trusting inner guidance, and the transformative power of forgiveness.

ABOUT THE AUTHOR:

Anne Heck is a speaker, healer, mentor, and artist devoted to inspiring and guiding women to trust themselves, open to their intuitive guidance, and experience the magic of life through ceremony, positive intention, and a creative and curious spirit. Anne graduated with honors from Oberlin College with a degree in chemistry. She lives in the beautiful Blue Ridge Mountains of North Carolina with her husband of twenty-six years and her sweet retriever pup. She can often be found exploring the trails in Pisgah Forest with her dog or meditatively turning her pedals on the Blue Ridge Parkway. When she's not outdoors, Anne is passionately speaking, leading workshops, mentoring, or making art. Learn more and see photos of the healing dolls described in *A Fierce Belief in Miracles* at www.anneheck.com.

SEPTEMBER 2020



Publication Date: September 22, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-751-7

E-ISBN: 978-1-63152-752-4

"Dori Jones Yang enfolds us in her frank personal story and the saga of a China just opening its gates to the 'outside world' . . . Americans of Yang's generation in the China field are sure to be swept by nostalgia and vivid reminiscence. Younger readers will see today's China more clearly after they ingest this saga of opportunity, challenge, frustration, reward, and tenacious love. As America's relations with China stumble today, looking back to the decade of Yang's encounter with China is more important than ever."

—Robert A. Kapp, former president, US-China Business Council

WHEN THE RED GATES OPENED

A MEMOIR OF CHINA'S REAWAKENING

DORI JONES YANG

DESCRIPTION:

A riveting memoir of cross-cultural romance at a pivotal moment in history.

When China opened its doors in the 1980s, it shocked the world by allowing private enterprise and free markets. As a foreign correspondent for *BusinessWeek*, Dori Jones Yang was among the first American journalists to cover China under Deng Xiaoping, who dared to defy Maoist doctrine as he rushed to catch up with richer nations. Fluent in Mandarin, she got to know ordinary Chinese people—who were embracing opportunities that had once been unimaginable in China.

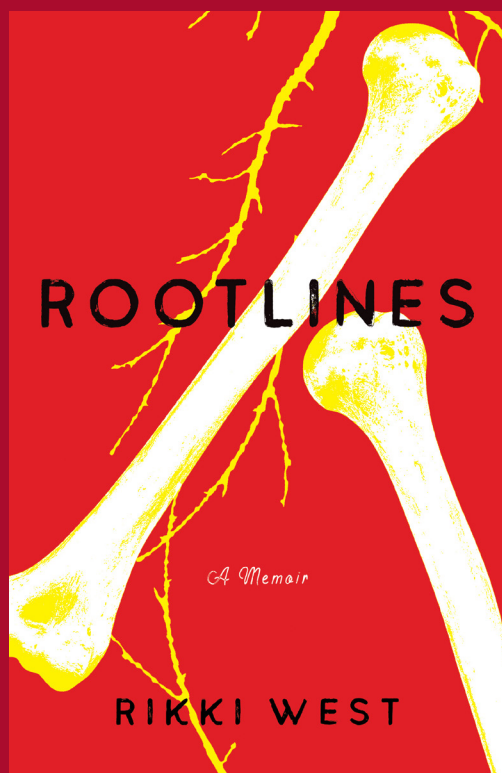
This deeply personal story follows her rise from rookie reporter to experienced journalist. Her cross-cultural romance gave her deeper insights into how Deng's reforms led to hopes for better lives. This euphoria—shared by American businesses and Chinese citizens alike—reached its peak in 1989, when peaceful protestors filled Tiananmen Square, demanding democracy. On the ground in Beijing, Dori lived that hope, as well as the despair that followed.

Written in a time when China's rapid rise is setting off fears in Washington, this book offers insight into the daring policies that started it all.

ABOUT THE AUTHOR:

An experienced journalist, author, and speaker, Dori Jones Yang has written seven previous books, including a best-selling business book about Starbucks and two award-winning novels about Chinese children in America. Educated in history at Princeton and in international relations at Johns Hopkins, Dori worked for eight years in the 1980s as a foreign correspondent for *Business Week*, covering China during its pivotal years. From her current base near Seattle, she also worked as West Coast technology correspondent for *U.S. News and World Report*. Fluent in Mandarin Chinese, she has traveled throughout China over forty years and spoken about her books across the United States. She currently resides in Kirkland, Washington.

SEPTEMBER 2020



Publication Date: September 15, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-753-1

E-ISBN: 978-1-63152-754-8

“Fascinating, engaging, and moving . . . on the level of Robert Pirsig’s *Zen and the Art of Motorcycle Maintenance*, with the immune system taking the place of the motorcycle.”

—Richard S. Marken, PhD, author of *Controlling People: The Paradoxical Nature of Being Human*

“A hard book to put down, and a gift that marks a path for others to follow. Inspiring!”

—C. Deborah Laughton, publisher and senior editor at Guilford Publications

ROOTLINES

A MEMOIR

RIKKI WEST

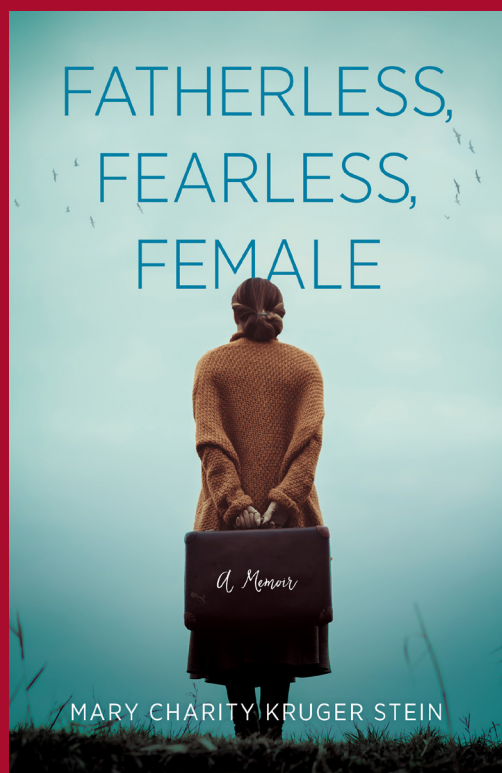
DESCRIPTION:

Rikki and her sister, Linda, fell out with one another four months ago. They are not speaking when Linda emails that she has lethal abdominal tumors, and that her only hope of survival is a total bone marrow replacement. Linda claims Rikki is too old to donate, and explains there’s only a slight chance she is a good match anyway—but Rikki refuses to accept that. Despite the wounding between them, Linda’s email ignites a wild aspiration in her sister: she will become the perfect donor, the perfect match, with the healthiest, most vigorous cells possible. She rises with intent to heal herself, her sister, and their rootlines, the patterns formed in their family of origin that have quietly shaped their lives. Rikki walks through the science while confronting dogma that limits how mind can transform body. She builds herself into a stem cell factory using Muay Thai kickboxing and vegetarian nutrition. Working through childhood wounds and mental limits with meditation and yoga, she finds her own power, as well as ways to show up for Linda and walk with her from the edge of death to a new life. Together, the two sisters beat the lymphoma—and, as they rediscover the intimacy and love of their innocent childhood, heal the intertwined roots of their family pain.

ABOUT THE AUTHOR:

Rikki West is a birdwatcher, book lover, and student of meditation who started training in Muay Thai at age sixty-two. She holds a bachelor’s in genetics from the University of California at Berkeley and a master’s in integrative humanities from San Francisco State University. Her greatest passion is ideas, and her greatest thrill is understanding a new subject, perspective, or person. Thai kickboxing and meditation support her aspiration to awaken as much as possible before her lights go out. Now retired from a thirty-five-year high-tech management career, she is the mother of Lauren Magnolia and godmother of Morgan Lisa, and she lives in Santa Fe, New Mexico, with her spouse, Jill.

SEPTEMBER 2020



Publication Date: September 29, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-755-5

E-ISBN: 978-1-63152-756-2

“In this provocative and passionate memoir, Mary Stein confronts the rapidly changing status of sexual identity, marriage, parenting, and education as she recounts decades of social, ethical, and political transformations, from her childhood in rural Wisconsin to her teaching experiences in America, Greece, and Iran.”

—Marsha Keith Schuchard, PhD, author of *Why Mrs. Blake Cried: William Blake and the Sexual Basis of Spiritual Vision and Masonic Rivalries* and *Literary Politics: From Jonathan Swift to Henry Fielding*

FATHERLESS, FEARLESS, FEMALE

A MEMOIR

MARY CHARITY KRUGER STEIN

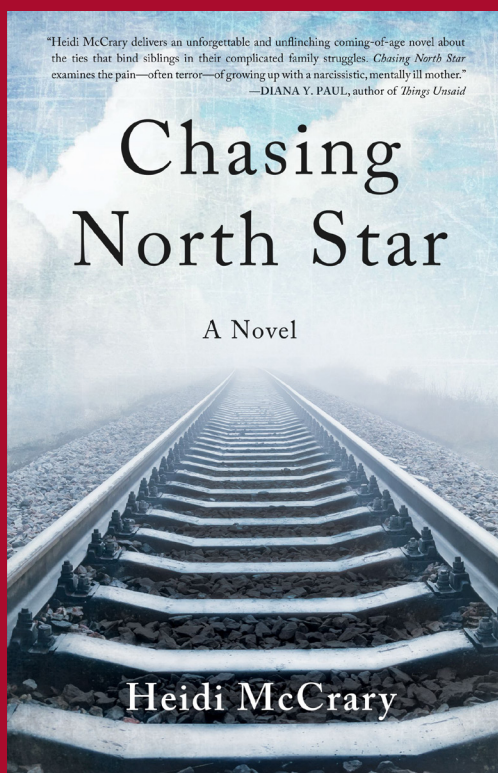
DESCRIPTION:

Mary, a Rust Belt farm girl, the bastard child of an unwed, unconventional single mother, claws her way out of poverty and weds, but soon stumbles over the myth of monogamy. When her first husband, Don, dies, she seeks a more honest, equitable relationship, determined that her infant son, Billy, will not be a fatherless child as she was. The day before she leaves on a freighter for Greece, she meets Isaac in the East Village, and their romance blooms as they shuttle back and forth between Brooklyn and Crete. In addition to the distance between them, however, Mary must also take on Isaac's conventional Jewish mother and all her beliefs about how and where they should live. *Fatherless, Fearless, Female* follows the international adventures of the dauntless Mary as she moves from a mob-operated strip joint in Chicago to the vineyards and villages of Crete, from art schools in New York and Jerusalem to the Imperial Iranian Air Force Base in Isfahan during the revolution of '78. Along the way, she navigates through a maze of broken vows, broken families, and broken educational systems—and learns, at last, the value of love and the true meaning of her mother's deathbed story.

ABOUT THE AUTHOR:

Mary C. K. Stein is a #MeToo octogenarian who started life as a Rust Belt farmgirl and learned the hard way the pitfalls that await the poor and unprotected in their quest for upward social mobility. After working for Bell Telephone, and then as a stripper in a mob-operated show lounge, and after that as a substitute teacher in an underserved middle school in Brooklyn, she began teaching AP/IB English abroad. That work took her to six countries on five continents: Greece, Egypt, Venezuela, China, Panama, and Taiwan. She wrote *Fatherless, Fearless, Female* in the hopes that it will give the current women's movements their own embodiment of exploited youth, a memorable Times Up Topsy, to help focus attention on their issues and bring about social change. She lives in Reno, Nevada.

SEPTEMBER 2020



Publication Date: September 29, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-757-9

E-ISBN: 978-1-63152-758-6

"Chasing North Star has heart and is packed with nostalgic cultural references from the Wonder Years era. Inspired by a true story, Heidi McCrary's novel is *no one's fantasy* of the perfect childhood."

—Lori Moore, TV/radio personality and actress

"Chasing North Star explores universal themes of abandonment, isolation, grief, mental illness, and forgiveness in an authentic and engaging manner."

—J. Dylan Yates, author of *The Belief in Angels* and *Szaja's Story*

CHASING NORTH STAR

A NOVEL

HEIDI MCCRARY

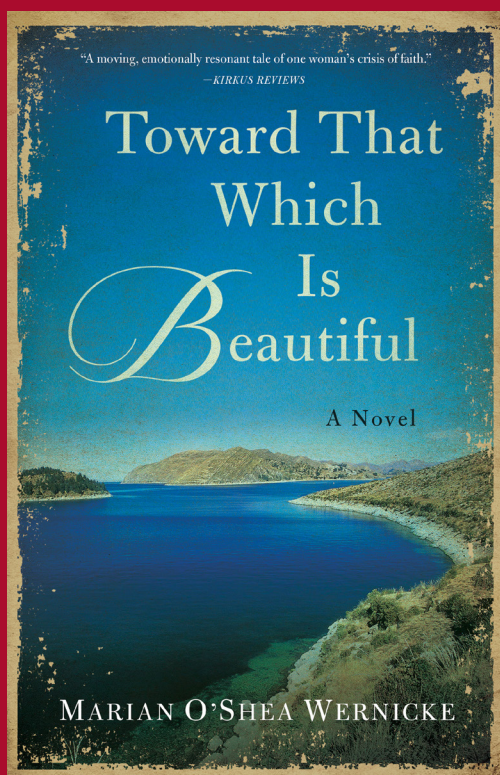
DESCRIPTION:

Germany, 1940. While struggling to survive at an orphanage, young Didi crosses paths with a rebellious, quirky girl who will either help her escape a life of abuse and uncertainty or lead her down an even darker path. Fast-forward to 1970. With help from a worn leather journal, another young girl learns the story of Didi, who escaped war-torn Germany for a better life in America—except her life didn't turn out as expected. The stories of these two girls intertwine and eventually collide one Christmas night when Didi, all grown up, finally remembers the secret she buried long ago. *Chasing North Star* looks back at a time when four free-range siblings, cigarettes in hand, roamed the streets 'til sunrise and hid from a gun-toting, mentally ill mother who couldn't help herself. Stingray bicycles, transistor radios, and late nights in the cemetery—just another day in Alamo. That is, until the youngest sibling stumbles upon Didi's story.

ABOUT THE AUTHOR:

Heidi McCrary is the youngest of five children. She has worked in the media world all her life; she spent many years with the West Michigan CBS TV station, and is currently in the advertising marketing industry. She is also a contributing writer for a regional women's magazine. Embracing all that West Michigan has to offer, Heidi can often be found in one of the many wonderful towns along the Lake Michigan shoreline, or on the local golf course, working on her goal of becoming a mediocre golfer. She lives with her husband, Jon, in Kalamazoo, Michigan, just a short drive from Alamo, where she grew up, and owns the family woods depicted in *Chasing North Star*. Her two sons, Tyler and Phillip, are doing great despite being raised by a mother with no formal training. *Chasing North Star* is her first novel.

SEPTEMBER 2020



Publication Date: September 29, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-759-3

E-ISBN: 978-1-63152-760-9

"In her novel, Wernicke, a former nun who once worked in Peru, turns what could be a simple tale of forbidden romance into something far more complex. . . . A moving, emotionally resonant tale of one woman's crisis of faith."

—Kirkus Reviews

"Not since *Bel Canto* have I enjoyed a novel set in South America as much as I have *Toward That Which Is Beautiful*."

—Herta Feely, author of *Saving Phoebe Murrow*, winner of the Independent Press Award in women's fiction

TOWARD THAT WHICH IS BEAUTIFUL

A NOVEL

MARIAN O'SHEA WERNICKE

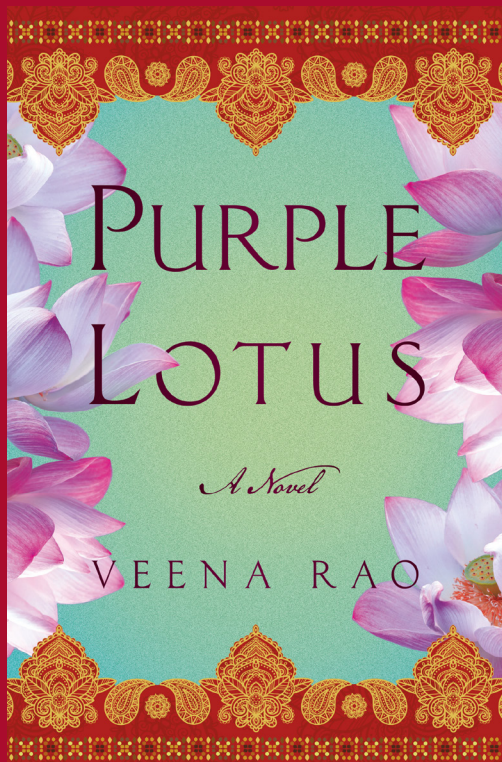
DESCRIPTION:

On an ordinary day in June of 1964 in a small town in the Altiplano of Peru, Sister Mary Katherine (formerly known as Kate), a young American nun recently arrived in this very foreign place, walks away from her convent with no money and no destination. Desperate and afraid of her feelings for an Irish priest with whom she has been working, she spends eight days on the run and encounters a variety of characters along the way: a cynical Englishman who helps her out; a suspicious Peruvian police officer who takes her in for questioning; and two American Peace Corps workers who befriend her. As Kate traverses this dangerous physical journey through Peru, she also embarks upon an interior journey of self-discovery—one that leads her somewhere she never could have expected.

ABOUT THE AUTHOR:

Born and raised in an Irish Catholic family in St. Louis, Missouri, Marian O'Shea Wernicke is the eldest of seven children. She was a nun for eleven years and spent three years working in Lima, Peru, during that time. She is a former professor of English and creative writing at Pensacola State College and the author of a memoir about her father called *Tom O'Shea: A Twentieth Century Man*. She also coedited and contributed to an award-winning book of short fiction and memoir called *Confessions: Fact or Fiction?* Marian is married to Michael Wernicke, and they are the parents of three adult children. After many years in Pensacola, Florida, they now live in Austin, Texas.

SEPTEMBER 2020



Publication Date: September 29, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-761-6

E-ISBN: 978-1-63152-762-3

"A moving and polished novel that highlights Rao's literary promise."

—Kirkus Reviews

"The dazzling tale of an Indian-American woman finding her way through the labyrinth of tradition to self-awareness in the modern world. The writer employs an energetic prose style interspersed with melodic passages to make the writing itself a hybrid. Set in particular times and places, *Purple Lotus* nonetheless appeals to readers everywhere, especially women, to claim the full measure of their human rights."

—Elaine Neil Orr, critically acclaimed author of *Swimming Between Worlds*

PURPLE LOTUS

A NOVEL

VEENA RAO

DESCRIPTION:

Tara moves to the American South three years after her arranged marriage to tech executive Sanjay. Ignored and lonely, Tara finds herself regressing back to childhood memories that have scarred her for life. When she was eight, her parents took her baby brother with them to make a new life for the family in Dubai—but left her behind in Mangalore with her aging grandparents and a schizophrenic uncle. Tara's memories of abandonment and isolation mirror her present life of loneliness and escalating abuse at the hands of her husband. She accepts the help of kind-hearted American strangers to fight Sanjay, only to be pressured by her patriarchal family to make peace with her circumstances. Then, in a moment of truth, she discovers the importance of self-worth—a revelation that gives her the courage to break free, gently rebuild her life, and even risk being shunned by her community when she marries her childhood love, Cyrus Saldanha. Life with Cyrus is beautiful, until old fears come knocking. Ultimately, Tara must face these fears to save her relationship with Cyrus—and to confront the victim-shaming society she was raised within. Intimate and deeply moving, *Purple Lotus* is the story of one woman's ascension from the dark depths of desolation toward the light of freedom.

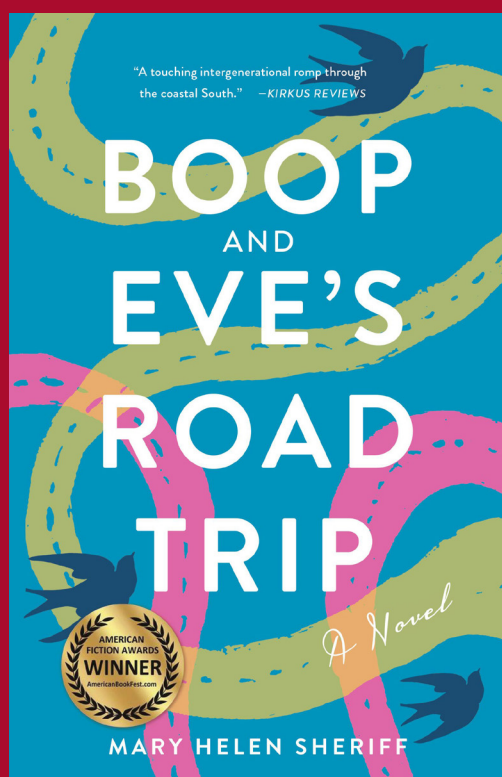
ABOUT THE AUTHOR:

Veena Rao was born and raised in India but calls Atlanta home. A journalist by profession, she is the founding editor and publisher of *NRI Pulse*, a popular Indian-American newspaper. Although her day job involves news reports, interviews, and meeting press deadlines, she devotes her spare time to creative writing and long walks in the woods. *Purple Lotus*, her debut novel, is the winner of the She Writes Press and SparkPress Toward Equality in Publishing (STEP) contest.

AWARD:

2018 STEP contest winner

OCTOBER 2020



Publication Date: October 6, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-763-0

E-ISBN: 978-1-63152-764-7

"A touching intergenerational romp through the coastal South."

—Kirkus Reviews

"*Boop and Eve's Road Trip* will touch your heart. A beautiful and emotional story of sisterhood, family, and friendship. From the first page, Mary Helen Sheriff's lush and lyrical writing draws you in."

—Kerry Lonsdale, *Wall Street Journal*
best-selling author of *Last Summer*

BOOP AND EVE'S ROAD TRIP

A NOVEL

MARY HELEN SHERIFF

DESCRIPTION:

Eve Prince is done—with college, with her mom, with guys, and with her dream of fashion design. But when her best friend goes MIA, Eve must gather together the broken threads of her life in order to search for her. When Eve's grandmother, Boop, a retiree dripping with Southern charm, finds out about the trip, she—desperate to see her sister, and also hoping to alleviate Eve's growing depression—hijacks her granddaughter's road trip. Boop knows from experience that healing Eve will require more than flirting lessons and a Garlic Festival makeover. Nevertheless, Boop is frustrated when her feeble efforts yield the same failure that her sulfur-laced sip from the Fountain of Youth wrought on her age. She knows that sharing the secret that's haunted her for sixty years might be the one thing that will lessen Eve's growing depression—but she also fears that if she reveals it, she'll lose her family and her own hard-won happiness. Boop and Eve's journey through the heart of Dixie is an unforgettable love story between a grandmother and her granddaughter.

ABOUT THE AUTHOR:

Mary Helen Sheriff spent fourteen years in classrooms teaching elementary school, middle school, college, and professionals. During that time, she also had the pleasure of dabbling in writing for children, teenagers, and adults in a variety of forms including fiction, poetry, blogs, and nonfiction. She spent several summers immersed in an MFA program in children's literature at Hollins University. Currently, she lives and writes in Richmond, Virginia, where she lives with her two kids, two cats, and husband.

AWARD:

2020 American Fiction Awards Winner in Coming of Age

OCTOBER 2020

"A raw, honest, and unsettling account lifted by flashes of humor and an ultimate victory." —KIRKUS REVIEWS

THE ART OF LOSING IT

A MEMOIR OF
GRIEF AND ADDICTION



ROSEMARY KEEVIL

Publication Date: October 6, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-777-7

E-ISBN: 978-1-63152-778-4

"As much as the first half of the painfully candid memoir is heart-rending; the beginning of the second half is terrifying. Keevil's drinking was out of control. She commonly mixed alcohol with prescription drugs and, for a while, cocaine."

—Kirkus Reviews

"Raw. Honest. Keevil writes with utmost candor and shows us how easily we can bleed over those we love the most but also that, through recovery, families can and do heal. This book tells the truth! I loved it!"

—Lisa Boucher, award-winning author of *Raising the Bottom: Making Mindful Choices in a Drinking Culture*

THE ART OF LOSING IT

A MEMOIR OF GRIEF AND ADDICTION

ROSEMARY KEEVIL

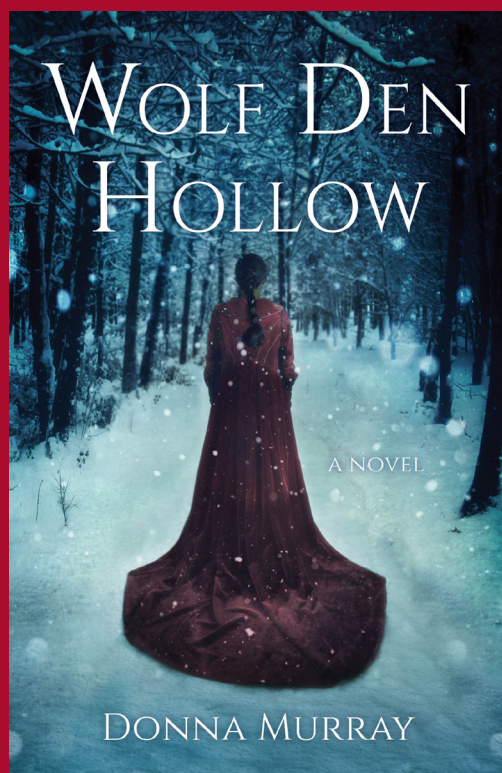
DESCRIPTION:

When her brother dies of AIDS and her husband dies of cancer in the same year, Rosemary is left on her own with two young daughters and antsy addiction demons dancing in her head. This is the nucleus of *The Art of Losing It*: a young mother jerking from emergency to emergency as the men in her life drop dead around her; a high-functioning radio show host waging war with her addictions while trying to raise her two little girls who just lost their daddy; and, finally, a stint in rehab and sobriety that ushers in a fresh brand of chaos instead of the tranquility her family so desperately needs. Heartrending but ultimately hopeful, *The Art of Losing It* is the story of a struggling mother who finds her way—slowly, painfully—from one side of grief and addiction to the other.

ABOUT THE AUTHOR:

Rosemary Keevil has been a TV news reporter, a current affairs radio show host, and the managing editor of a professional women's magazine. She has a master's degree in journalism, a sophisticated knowledge of alcoholism, addiction, and associated treatments and therapies, and two grown daughters with successful careers. Keevil lives with her partner and her sheep-a-doodle in West Vancouver, Canada. She has been clean and sober since 2002.

OCTOBER 2020



Publication Date: October 6, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-765-4

E-ISBN: 978-1-63152-766-1

"Compelling from the first page, Donna Murray's novel deftly captures a heroine who escapes her abusive husband in the dead of winter and discovers a logging mill called Wolf Den Hollow . . . Murray enlivens this long-ago world and creates a book of historical fiction that reverberates with the reader. Bravo!"

—Linda Gray Sexton, author of *Searching For Mercy Street: My Journey Back to My Mother*, *Anne Sexton and Half In Love: Surviving the Legacy of Suicide*

WOLF DEN HOLLOW

A NOVEL

DONNA MURRAY

DESCRIPTION:

Sila, a young, bewitching Cherokee, flees a marriage to a brutal drunk in the dead of winter and finds herself knocking on the door of a mill office, destitute and looking for work. There, she meets the handsome Charley Barkley, the owner and a married father of ten. Despite the fact that they have virtually nothing in common—and thirty years between them—a spark ignites.

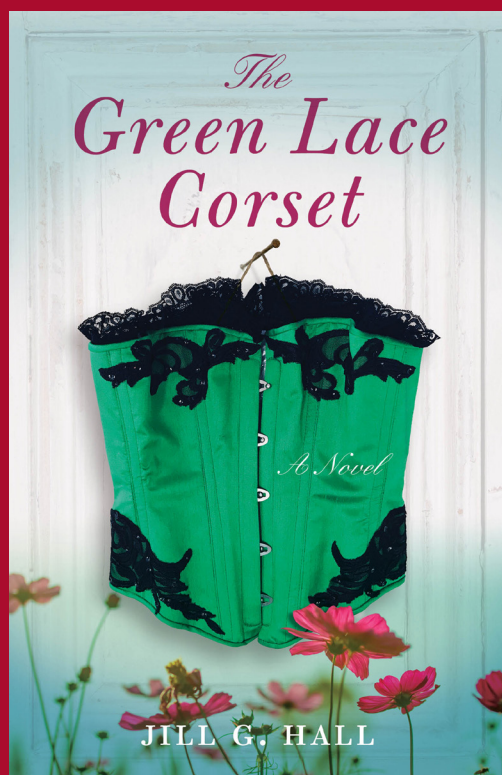
For Charley, once their passionate love affair intensifies, there is no going back to his loveless marriage—especially once Sila is with child. They marry and his logging empire expands, as does their family. Though they face tragedy and treachery along the way, they thrive until, just when their lives seems perfect, Charley falls victim to cancer. Sila's devastation at the loss of her husband is compounded by the onset of the Great Depression. With her inheritance gone and faced with losing her home, she is forced to do the unthinkable to protect herself and her children in a final act of survival.

Inspired by a true story, and replete with natural healing, glimpses of the logging boom, and heartbreaking drama, *Wolf Den Hollow* brings to life this unlikely, captivating romance of the early 1900s.

ABOUT THE AUTHOR:

After living in Bali, Indonesia, where she designed and manufactured garments, Donna Murray relocated back to San Francisco. She worked with the San Francisco Ballet on their Opening Night Gala in 2010, and when she left the event that rainy evening, she stepped into a deep pothole—and broke both her feet. With months of recuperation ahead, she embraced the opportunity to write her first novel—and the result was *Wolf Den Hollow*. Donna has a passion for the arts and culture, travel, nature, food, and wine, and living the good life in the beautiful Napa Valley.

OCTOBER 2020



Publication Date: October 13, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-769-2

E-ISBN: 978-1-63152-770-8

Praise for the series:

"Jill G. Hall creates a novel with two unforgettable characters whose lives, though generations apart, are inexplicably intertwined, which gives you the qualities you want in a great story—mystery, suspense, and romance."

—Judy Reeves, author of *Wild Women, Wild Voices*

"Readers looking for a simple story will find charming elements in this blend of mystery and historical fiction."

—*Library Journal*

THE GREEN LACE CORSET

A NOVEL

JILL G. HALL

DESCRIPTION:

Jill G. Hall, best-selling author of *The Black Velvet Coat* and *The Silver Shoes*, brings readers another dual tale of two vibrant women from different eras trying to discover their true identities.

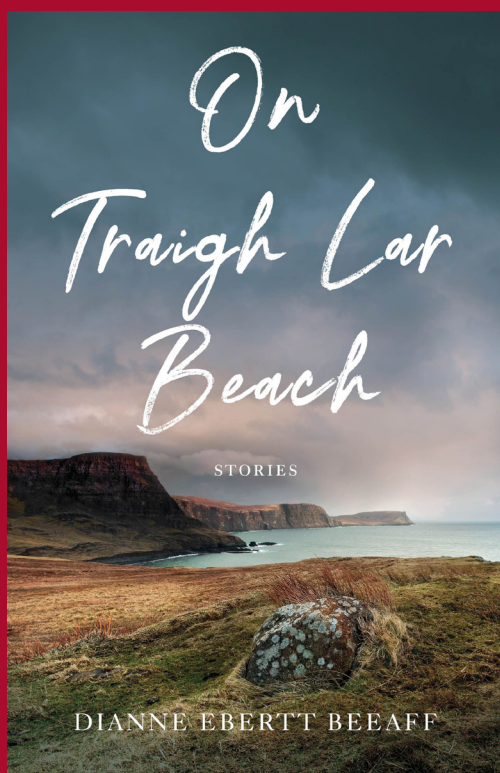
Anne McFarland, a modern-day, thirty-something San Francisco artist in search of spiritual guidance, buys a corset in a Flagstaff resale boutique—a purchase that results in her having to make a decision that will change her life forever. One hundred and thirty-five years earlier, in 1885, naïve Sally Sue Sullivan, a young woman from the Midwest, is kidnapped on a train by a handsome but dangerous bank robber. Held prisoner on a homestead in Northern Arizona's Wild West, Sally Sue discovers her own spunk and grit as she plots her escape.

Ultimately, both Anne and Sally Sue face their fears and find the strength to journey down their designated paths and learn the true meaning of love and family . . . with a little push from the same green lace corset.

ABOUT THE AUTHOR:

Jill G. Hall is the author of *The Black Velvet Coat*, an International Book Award Finalist for Best New Fiction, and *The Silver Shoes*, a Distinguished Favorite in the NYC Big Book Awards. Her poems have appeared in a variety of publications, including *A Year in Ink*, *The Avocet*, and *Wild Women, Wild Voices*. As a visual artist, Jill uses found objects to fashion whimsical mosaics and assemblages. She is a seasoned presenter at seminars, readings, and community events. She resides in San Diego, where she spends as much time in nature as possible. On her blog, *Crealivity*, she shares personal musings about the art of practicing a creative lifestyle. Learn more at www.jillghall.com.

OCTOBER 2020



Publication Date: October 13, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-771-5

E-ISBN: 978-1-63152-772-2

“Dianne Beeaff has a keen eye for specific settings and an uncanny ability to express the unique concerns of people from a broad spectrum of humanity.”

—Carol Sletten, author of *Three Strong Western Women* and *Story of the American West: Legends of Arizona*

“*On Tràigh Lar Beach* is rich in lyrical prose and stunning detail and takes a poignant look at human connectedness, how unremarkable items are mirrors of lives an ocean apart, yet link us in the most human way.”

—Susan Haught, award-winning author of *A Promise of Fireflies*

ON TRAIGH LAR BEACH

STORIES

DIANNE EBERTT BEEAFF

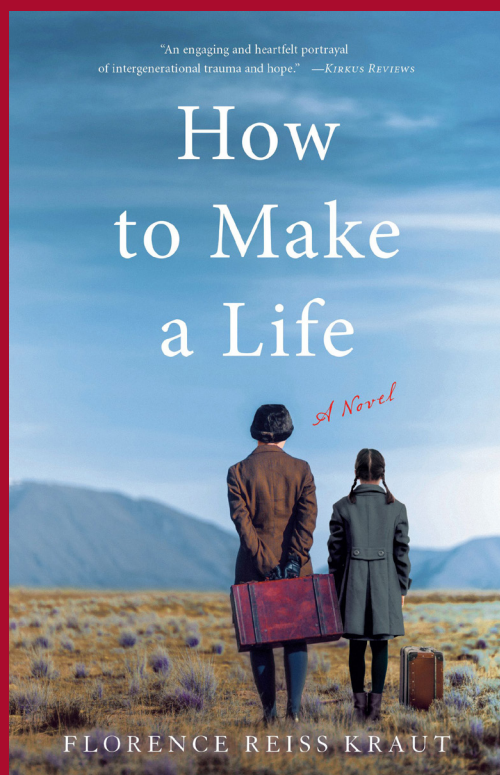
DESCRIPTION:

Erica Winchat, a young writer overwhelmed by the stress of her first book contract, discovers thirteen curious items tangled in the flotsam on the Scottish beach of Tràigh Lar. Erica tells the intriguing story of the owner of each of these items, uncovering a series of dramatic events—from a Chicago widow’s inspiring visit to Quebec City to a shrimper’s daughter facing Tropical Storm Ruby in North Carolina. The thirteenth item, a concert laminate badge, inspires Erica’s novella *Fan Girls*, in which the separate stories of four fans of the Scottish rock band Datha unfold in first person, culminating in their reunion at a concert in Chicago—a show where a shooting takes place.

ABOUT THE AUTHOR:

Dianne Ebertt Beeaff is the award-winning author of five previous books. Her poetry, watercolors, graphite drawings, and magazine articles have been featured throughout the United States and Canada. Dianne and her husband, Dan, reside in Tucson and are the parents of two children.

OCTOBER 2020



Publication Date: October 13, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-779-1

E-ISBN: 978-1-63152-780-7

"Florence Reiss Kraut's rich, gutsy, and poignant novel *How to Make a Life* is the saga of four generations of an immigrant family held together by the legacy of trauma and the loyalties of succeeding generations. All the challenges of any real family are woven through this complex story. Kraut's superb writing and deeply drawn characters, and her faithful evocation of distinct places and eras over the whole of the 20th century, keep the reader grounded and engaged."

—Barbara Stark-Nemon, author of award-winning novels *Hard Cider* and *Even in Darkness*

HOW TO MAKE A LIFE

A NOVEL

FLORENCE REISS KRAUT

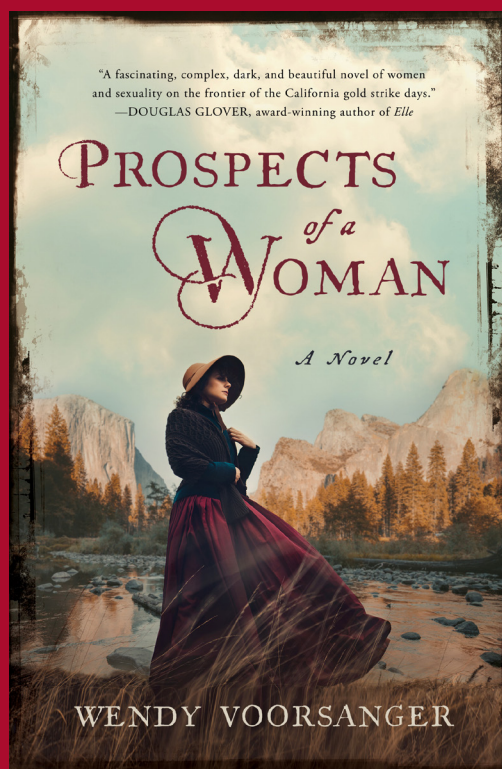
DESCRIPTION:

When Ida and her daughter, Bessie, flee a catastrophic pogrom in Ukraine for America in 1905, they believe their emigration will ensure that their children and grandchildren will be safe from harm. But choices and decisions made by one generation have ripple effects on those who come later—and in the decades that follow, family secrets, betrayals, and mistakes made in the name of love threaten the survival of the family: Bessie and Abe Weissman's children struggle with the shattering effects of daughter Ruby's mental illness, of Jenny's love affair with her brother-in-law, of the disappearance of Ruby's daughter as she flees her mother's legacy, and of the accidental deaths of Irene's husband and granddaughter. A sweeping saga that follows three generations from the tenements of Brooklyn through WWII, from Woodstock to India, and from Spain to Israel, *How to Make a Life* is the story of a family who must learn to accept each other's differences—or risk cutting ties with the very people who anchor their place in the world.

ABOUT THE AUTHOR:

Florence Reiss Kraut is a native New Yorker, raised and educated in four of the five boroughs of New York City. She holds a BA in English and a master's in social work. She worked for thirty years as a clinician, a family therapist, and the CEO of a family service agency before retiring to write and travel widely. She has published personal essays for *The New York Times* and her fiction has appeared in journals including *The Evening Street Press*, *SNReview*, *The Westchester Review*, and others. She has three married children and nine grandchildren and lives with her husband in Rye, New York.

OCTOBER 2020



Publication Date: October 20, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-781-4

E-ISBN: 978-1-63152-782-1

"Prospects of a Woman is a fascinating, complex, dark, and beautiful novel of women and sexuality on the frontier of the California gold strike days."

—Douglas Glover, award-winning author of *Elle*

"Prospects of a Woman is a riveting read about a woman who comes to California during the Gold Rush determined to escape societal constraints, find love, and strike it rich. As a woman in a man's world, she faces innumerable challenges but manages to rise above them."

—Frances Dinkelspiel, award-winning journalist and author of the best-selling books *Tangled Vines* and *Towers of Gold*

PROSPECTS OF A WOMAN

A NOVEL

WENDY VOORSANGER

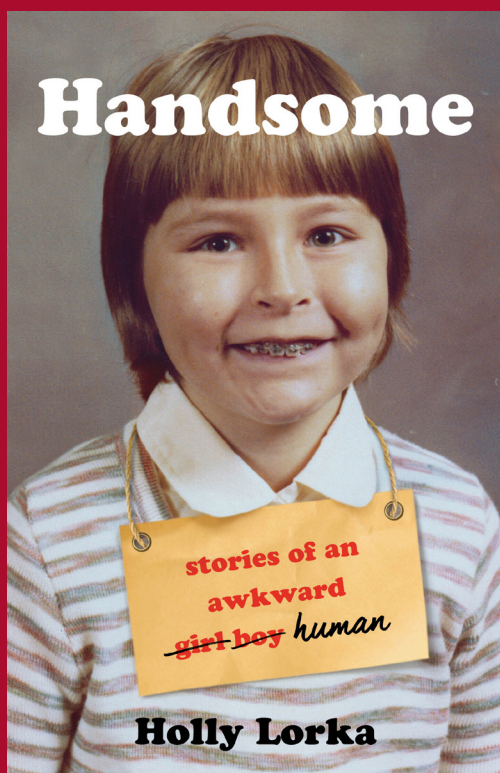
DESCRIPTION:

Elisabeth Goodwin comes to California from Massachusetts in 1849 with her new husband, Nate, to reunite with her father, who's struck gold on the American River. But she soon realizes her husband is not the man she thought—and neither is her father, who abandons them shortly after they arrive. As Nate struggles with his sexuality, Elisabeth is forced to confront her preconceived notions of family, love, and opportunity. She finds comfort in corresponding with her childhood friend back home, writer Louisa May Alcott, and spending time in the company of a mysterious Californio Don. Armed with Ralph Waldo Emerson's *Self-Reliance*, she sets out to determine her role in building the West, even as she comes to terms with the sacrifices she must make to achieve independence and happiness. A gripping and illuminating window into life in the Old West, *Prospects of a Woman* is the story of one woman's passionate quest to carve out a place for herself in the liberal and bewildering society that emerged during the California gold rush frenzy.

ABOUT THE AUTHOR:

Born and raised on the American River in Sacramento, Wendy Voorsanger has long held an intense interest in the historical women of California. She started her career in the Silicon Valley, writing about technology trends and innovations for newspapers, magazines, and Fortune 100 companies. She currently manages ShelsCalifornia.net, a blog dedicated to chronicling the accomplishments of California women through history. She earned a BA in journalism from California Polytechnic State University in San Luis Obispo and an MFA from the Vermont College of Fine Arts, and has attended Hedgebrook, the Squaw Valley Writers Workshop, and Lit Camp. She is a member of the Castro Writers' Cooperative, the Lit Camp Advisory Board, and the San Mateo Public Library Literary Society. She has also worked as a lifeguard, ski instructor, and radio disc jockey. Wendy lives in Northern California with her husband and two boys. Learn more at www.wendyvoorsanger.net.

OCTOBER 2020



Holly Lorka

Publication Date: October 20, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-783-8

E-ISBN: 978-1-63152-784-5

"Lorka's ability to balance life's harshness alongside its ridiculousness and to poke fun at herself make for a read that's never disingenuous or boring. . . . A delightful remembrance that's brimming with honesty and wit."

—Kirkus Reviews, starred review

HANDSOME

STORIES OF AN AWKWARD ~~GIRL~~ ~~BOY~~ HUMAN

HOLLY LORKA

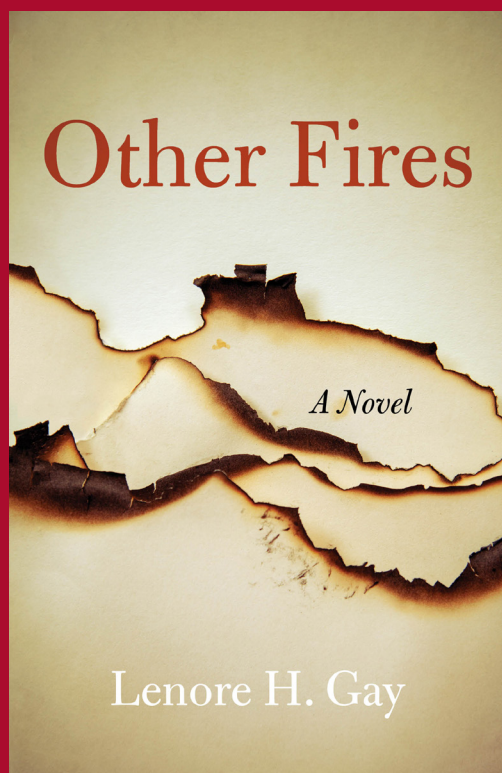
DESCRIPTION:

As a horny little kid, Holly Lorka had no idea why God had put her in the wrong body and made her want to kiss girls. She had questions: Was she a monster? Would she ever be able to grow sideburns? And most importantly, where was her penis? The problem was, it was the 1970s, so there were no answers yet. Here, Lorka tells the story—by turns hilarious and poignant—of her romp through the first fifty years of her life searching for sex, love, acceptance, and answers to her questions. With a sharp wit, endearing innocence, and indelible sense of optimism, she struggles through the awkward years (spoiler: that's all of them) and discovers that what she thought were mistakes are actually powerful tools to launch her into a magical—and ridiculous—life. Oh, and she discovers that she can buy a penis at the store, too.

ABOUT THE AUTHOR:

Holly Lorka is a writer, storyteller, and retired standup comedian whose work has been included in several anthologies and podcasts, including *Hot Mic with Dan Savage*. Her stories of gender, sex, and shame have earned her a following in Austin, Texas, where she lives and works as an ICU nurse and super sharp wedding officiant. *Handsome* is her first book, and she's a little nervous about her dad reading it.

OCTOBER 2020



Publication Date: October 20, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-773-9

E-ISBN: 978-1-63152-774-6

"Other Fires is a brilliant study of tragedy on multiples levels. Beginning with a dysfunctional family struggling in the aftermath of a terrible fire, Gay expertly peels back the layers of human behavior and motivation that unravels the lives of the guilty and innocent."

—Pam Webber, author of *The Wiregrass* and *Moon Water*

"Heartwarming and dramatic, the two major intertwining stories in Other Fires reach across decades from troubled childhood to mid-life adults and reaffirm what remains human and vulnerable in all of us."

—Diana Y. Paul, author of *Things Unsaid*

OTHER FIRES

A NOVEL

LENORE H. GAY

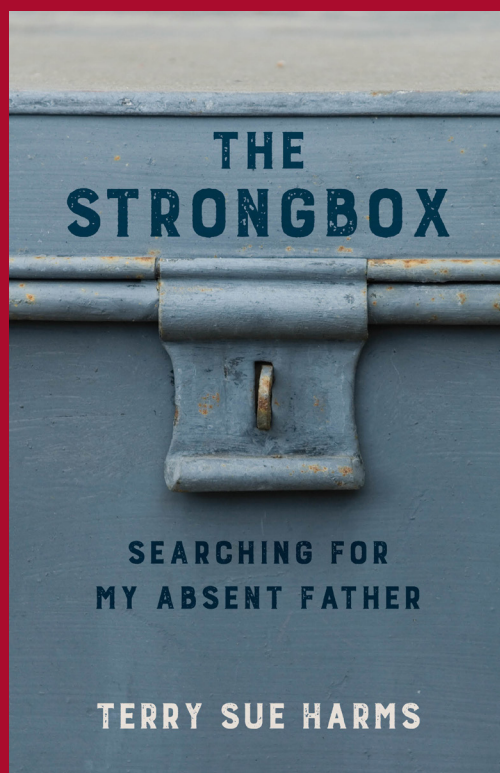
DESCRIPTION:

Joss and Phil's already rocky marriage is fragmented when Phil is injured in a devastating fire and diagnosed with Capgras delusion—a misidentification syndrome in which a person becomes convinced that a loved one has been replaced by an identical imposter. Faced with a husband who no longer recognizes her, Joss struggles to find motivation to save their marriage, even as family secrets start to emerge that challenge everything she thought she knew. With two young daughters, a looming book deadline, and an attractive but complicated distraction named Adam confusing her situation even further, Joss has to decide what she wants for her family—and what family even means.

ABOUT THE AUTHOR:

Lenore Gay is a retired Licensed Professional Counselor with a master's in sociology and rehabilitation counseling. She was an adjunct faculty at Virginia Commonwealth University's Rehabilitation Counseling Department for thirty years. She has worked in several agencies and psychiatric hospitals, and for ten years worked at her private counseling practice before becoming Coordinator of VCU's Rehabilitation Counseling Department internship program. Her debut novel, *Shelter of Leaves*, was a finalist for the Foreword Book of the Year award and a finalist for an INDEFAB award. For three years, Lenore has served on the Steering Committee of the RVALitCrawl, which has been featured in *RVAMag*, *Richmond Family Magazine*, and *Richmond Magazine*. She is an active member of James River Writers. She lives in Richmond, Virginia.

OCTOBER 2020



Publication Date: October 27, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-775-3

E-ISBN: 978-1-63152-776-0

“Investigating her family of origin story, TSH refused to be dismissed by the culture of silence that surrounded her biological father. With probing curiosity, she dared to ask who her father was and why he was never a part of her life. The unexpected answers came as the result of her tenacity, candor, and compassion. Truth seekers everywhere will find and enjoy a kindred spirit in *The Strongbox*.”

—David Talbot, best-selling author of *Season of the Witch*

THE STRONGBOX

SEARCHING FOR MY ABSENT FATHER

TERRY SUE HARMS

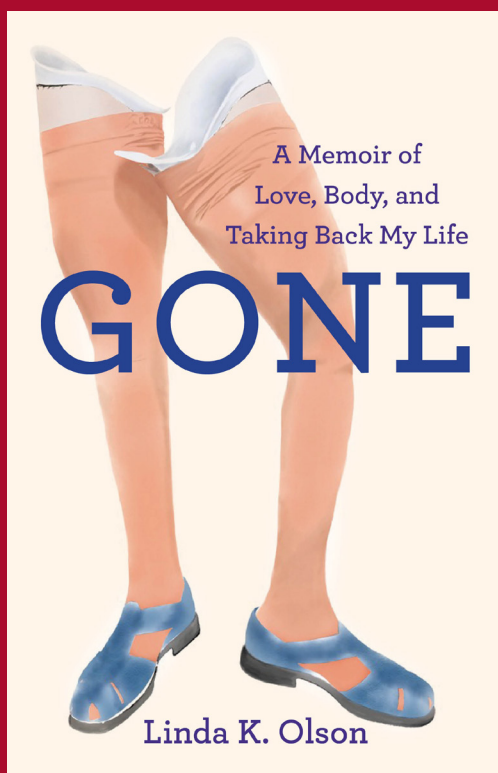
DESCRIPTION:

Following the unexpected death of her alcoholic mother and worn down by the unceasing taunts of “bastard” from her hostile and mentally unstable stepfather, plucky sixteen-year-old Terry Sue sets out to find her biological father—believing this man, whom she has never met, could change her life for the better. But before she can find him, she must identify him, and the unfamiliar names on her birth certificate perplex her. She comes to realize that tenacity must run in her family, for as determined as she is to find her father, he appears equally determined to remain hidden. In *The Strongbox*, Terry Sue offers readers a forthright and inspirational account of her challenges, as well as her against-all-odds successes. This decades-long personal journey reads like a detective novel, full of setbacks, false leads, jaw-dropping discoveries, and heartening triumphs. The narrative’s twists and turns also pull back the curtain on many of today’s inconvenient truths: child abandonment, multigenerational alcoholism, sexism, economic inequality, domestic violence, mental illness, and illiteracy. Undaunted by the many blind alleys she encounters, Terry Sue forges on in her hunt for the loving care and emotional support she never received from her parents, and she ultimately finds it—but it arrives in forms she never expected.

ABOUT THE AUTHOR:

Terry Sue Harms has been a hairdresser and salon owner for over forty years. After a childhood of illiteracy, she taught herself to read and write as a young adult, one of her proudest and most rewarding accomplishments. She has self-published two books: *Pearls My Mother Wore: A Novel and Reflections Upon the Occasion of My 85th Year*, a memoir coauthored with her father-in-law. Terry Sue lives in scenic Sonoma, California, with her husband. This is her third book.

OCTOBER 2020



Publication Date: October 27, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-789-0

E-ISBN: 978-1-63152-790-6

“Olson’s riveting narrative is about love and devotion as much as it is about attitude and tenacity. . . . Inspirational, gripping, and a testament to positive thinking.”

—Kirkus Reviews

“This book will make you question your assumptions about what it means to be handicapped. It is a beautifully written exemplar of resilience. Linda Olson and her family show us how a family surmounted incredible adversity with bravery, honesty, and humor.”

—Joel E. Dimsdale, MD, Distinguished Professor of Psychiatry, Emeritus University of California, San Diego

GONE

A MEMOIR OF LOVE, BODY, AND
TAKING BACK MY LIFE

LINDA K. OLSON

DESCRIPTION:

Linda Olson and her husband, Dave Hodgens, were young doctors whose story had all the makings of a fairy tale. But then, while they were vacationing in Germany, a train hit their van, shattering their lives—and Linda’s body. When Linda saw Dave for the first time after losing her right arm and both of her legs, she told him she would understand if he left. His response: “I didn’t marry your arms or your legs. If you can do it, I can do it.” In order to protect their loved ones, they decided to hide the truth about what really happened on those train tracks, and they kept their secret for thirty-five years. As a triple amputee, Linda learned to walk with prostheses and to change diapers and insert IVs with one hand. She finished her residency while pregnant and living on her own. And she and Dave went on to pursue their dream careers, raise two children, and travel the world. Inspiring and deeply moving, *Gone* asks readers to find not only courage but also laughter in the unexpected challenges we all face. The day of the accident, no one envied Linda and Dave. Today, many do.

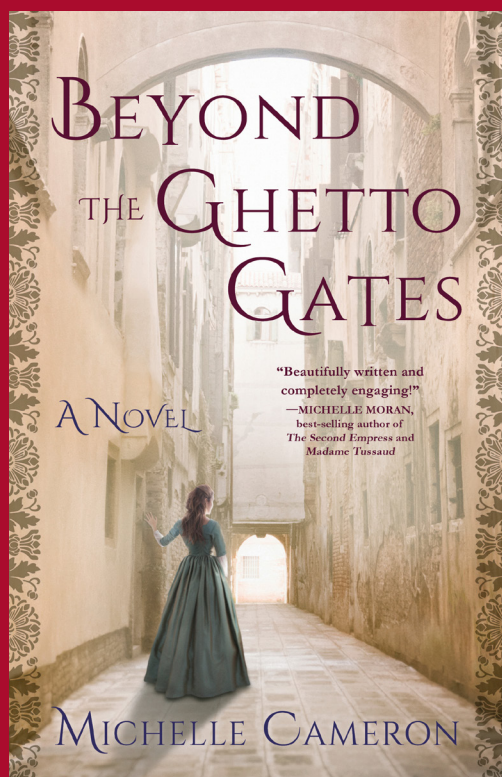
ABOUT THE AUTHOR:

Linda K. Olson, MD, FACR, is an author and motivational speaker with a Get Out and Go message. A Professor Emeritus of radiology at University of California, San Diego, she is committed to empowering Parkinson’s patients and families to live life as fully as possible in spite of their disabilities. She has been a triple amputee since 1979 and was diagnosed with Parkinson’s disease in 2015. Olson and her husband, David Hodgens, MD, raised two children and now live in San Diego with their black lab, Sally. This is her first book. Learn more at www.lindakolson.com.

Spring 2020



APRIL 2020



Publication Date: April 7, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-850-7

E-ISBN: 978-1-63152-851-4

"One of those novels which is so evocative, so compelling, that after you've finished you're left thinking about the book for days. Beautifully written and completely engaging!"

—Michelle Moran, best-selling author of *The Second Empress* and *Madame Tussaud*

"Fascinating! Cameron shines a light on a rarely explored facet of the Napoleonic era set in the Italian provinces with a spirited Jewish woman at its center."

—Heather Webb, international best-selling author of *Becoming Josephine* and coauthor of *Ribbons of Scarlet*

BEYOND THE GHETTO GATES

A NOVEL

MICHELLE CAMERON

DESCRIPTION:

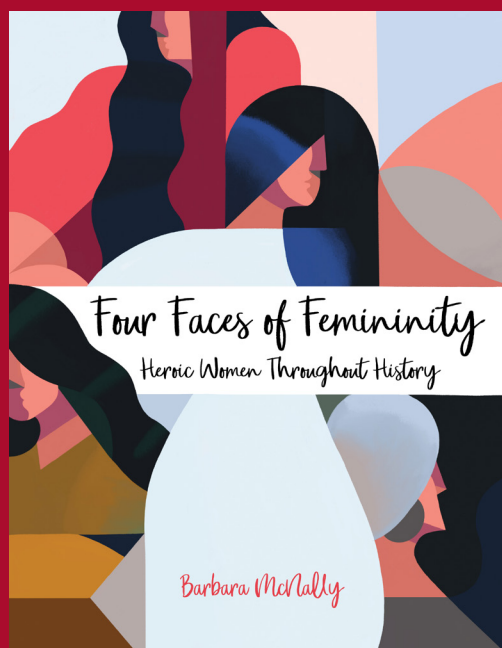
When French troops occupy the Italian port city of Ancona, freeing the city's Jews from their repressive ghetto, it unleashes a whirlwind of progressivism and brutal backlash as two very different cultures collide. Mirelle, a young Jewish maiden, must choose between her duty—an arranged marriage to a wealthy Jewish merchant—and her love for a dashing French Catholic soldier. Meanwhile, Francesca, a devout Catholic, must decide if she will honor her marriage vows to an abusive and murderous husband when he enmeshes their family in the theft of a miracle portrait of the Madonna.

Set during the turbulent days of Napoleon Bonaparte's Italian campaign (1796-'97), *Beyond the Ghetto Gates* is both a cautionary tale for our present moment, with its rising tide of anti-Semitism, and a story of hope—a reminder of a time in history when men and women of conflicting faiths were able to reconcile their prejudices in the face of a rapidly changing world.

ABOUT THE AUTHOR:

Michelle Cameron is a director of the Writers Circle, an NJ-based organization that offers creative writing programs to kids and adults, and the author of works of historical fiction and poetry, including *The Fruit of Her Hands: The Story of Shira of Ashkenaz* (Pocket, 2009) and *In the Shadow of the Globe* (Lit Pot Press, 2003). She lived in Israel for fifteen years (including three weeks in a bomb shelter during the Yom Kippur War), where she served as an officer in the Israeli army teaching air force cadets technical English. Michelle lives in New Jersey with her husband and has two grown sons of whom she is inordinately proud.

APRIL 2020



Publication Date: April 7, 2020

Collections: Nonfiction

Trim size: 8.5 X 11

French flaps, Four-color

Price: \$24.95 paperback / \$14.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-884-2

E-ISBN: 978-1-63152-885-9

FOUR FACES OF FEMININITY

HEROIC WOMEN THROUGHOUT HISTORY

BARBARA MCNALLY

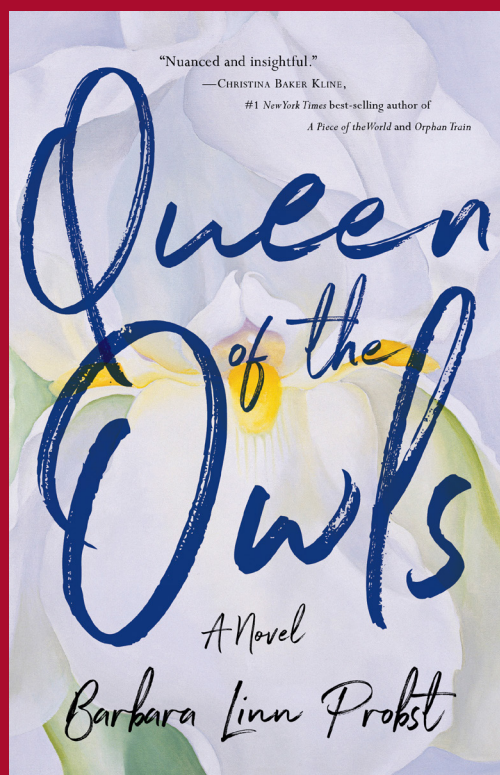
DESCRIPTION:

Four Faces of Femininity tells the story of remarkable women who, through their creativity, passion, intelligence, and sheer determination, have left an indelible mark on the history of humankind. The book is divided into four sections, with figures placed in Mother, Lover, Warrior, or Sage. Accessible, informative, and uplifting, *Four Faces of Femininity* explores the many ways in which women have changed the course of history—and demonstrates how crucial it is that women from every background be provided with role models that inspire. The book includes questions for exploration to help modern, multifaceted women see these qualities in themselves and balance them to lead a fuller life.

ABOUT THE AUTHOR:

Barbara McNally is the author of *Unbridled*, a soulful memoir of personal liberation, and *Wounded Warrior, Wounded Wife*, firsthand accounts of woman thrust into the role of caregiver when their spouses return from the battlefield with major wounds. These stories inspired the launch of the Barbara McNally Foundation, which offers seminars, scholarships, and workshops dedicated to enhancing the lives of women. Barbara is a licensed physical therapist who makes her home in Southern California, where she juggles the responsibilities of being a mother, lover, warrior, and sage.

APRIL 2020



Publication Date: April 7, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-890-3

E-ISBN: 978-1-63152-891-0

"This is a stunner about the true cost of creativity, and about what it means to be really seen. Gorgeously written and so, so smart (and how can you resist any novel that has Georgia O'Keeffe in it?), Probst's novel is a work of art in itself."

—Caroline Leavitt, best-selling author of *Pictures of You, Is This Tomorrow*, and *Cruel Beautiful World*

"*Queen of the Owls* is a powerful novel about a woman's relation to her body, diving into contemporary controversies about privacy and consent."

—Barbara Claypole White, best-selling author of *The Perfect Son* and *The Promise Between Us*

QUEEN OF THE OWLS

A NOVEL

BARBARA LINN PROBST

DESCRIPTION:

A chance meeting with a charismatic photographer will forever change Elizabeth's life.

Until she met Richard, Elizabeth's relationship with Georgia O'Keeffe and her little-known Hawaii paintings was purely academic. Now, it's personal. Richard tells Elizabeth that the only way she can truly understand O'Keeffe isn't with her mind—it's by getting into O'Keeffe's skin and reenacting her famous nude photos.

In the intimacy of Richard's studio, Elizabeth experiences a new, intoxicating abandon and fullness. It never occurs to her that the photographs might be made public, especially without her consent. Desperate to avoid exposure—she's a rising star in the academic world and the mother of young children—Elizabeth demands that Richard dismantle the exhibit. But he refuses. The pictures are his art. His property, not hers.

As word of the photos spreads, Elizabeth unwittingly becomes a feminist heroine to her students, who misunderstand her motives in posing. To the university, however, her actions are a public scandal, and to her husband, they're a public humiliation. Yet Richard has reawakened an awareness that's haunted Elizabeth since she was a child—the truth that cerebral knowledge will never be enough.

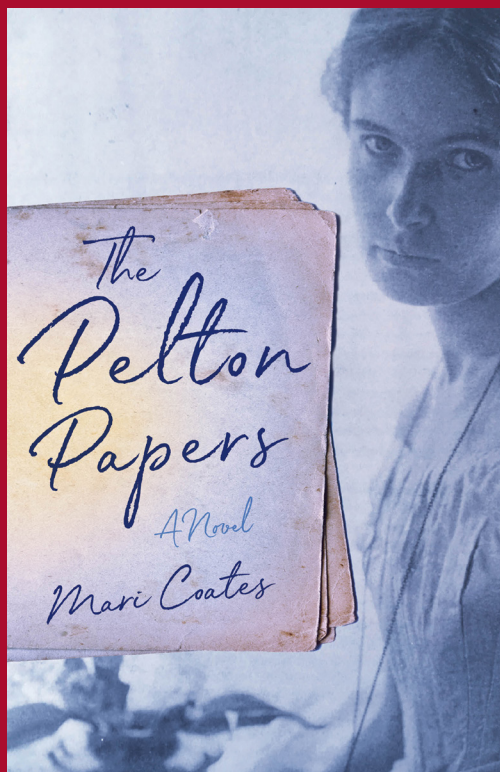
Now she must face one question: How much is she willing to risk to be truly seen and known?

ABOUT THE AUTHOR:

Barbara Linn Probst is a writer, researcher, and former clinician living on an historic dirt road in New York's Hudson Valley. Her novels (*Queen of the Owls*, April 2020, and *The Sound of One Hand*, forthcoming in April 2021) tell of the search for authenticity, wholeness, and connection. In both novels, art helps the protagonist to become more fully herself. *Queen of the Owls* has been chosen as a 2020 selection by the Pulpwood Queens Book Club. Author of the groundbreaking book on nurturing out-of-the-box children *When the Labels Don't Fit*, Probst holds a PhD in clinical social work and is a frequent guest essayist on major online sites for fiction writers. Please see www.barbaralinnprobst.com.

Title was chosen as the May 2020 selection for The Pulpwood Queens, a network of more than 780 book clubs throughout the US and in international markets.

APRIL 2020



Publication Date: April 7, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-687-9

E-ISBN: 978-1-63152-688-6

"The Pelton Papers is an extraordinary book. Like its subject, Agnes Pelton, it avoids the obvious at every turn. I loved accompanying her through the first half of the twentieth century to her own visionary modernism as a painter. It's the skill of this novel to make her life of contradictions—solitary, social, ignored, glorified—the quietly fabulous tale that it is."

—Joan Silber, author of *Improvement*, winner of the PEN/Faulkner award for Fiction and the National Book Critics Circle Award

THE PELTON PAPERS

A NOVEL

MARI COATES

DESCRIPTION:

A richly imagined novel based on the life of artist Agnes Pelton, whose life tracks the early days of modernism in America. Born into a family ruined by scandal, Agnes becomes part of the lively New York art scene, finding early success in the famous Armory Show of 1913. Fame seems inevitable, but Agnes is burdened by shyness and instead retreats to a contemplative life, first to a Long Island windmill and then to the California desert. Undeclared by her history—family ruination in the Beecher-Tilton scandal, a shrouded Brooklyn childhood, and a passionate attachment to another woman—she follows her muse to create more than a hundred luminous and deeply spiritual abstract paintings.

ABOUT THE AUTHOR:

Mari Coates lives in San Francisco, where, before diving into fiction writing, she was an arts writer and the theater critic for the *SF Weekly*. She holds degrees from Connecticut College and the Warren Wilson MFA Program for Writers.

APRIL 2020



Publication Date: April 14, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-882-8

E-ISBN: 978-1-63152-883-5

“Part memoir, part tribute . . . Alternately witty and touching.”

—Kirkus Reviews

“Lucille captured the lives of so many in the Dallas area and around the country. This is a behind-the-scenes look at how Lucille and Judy forged an inseparable bond. A story that had to be told!”

—Jane McGarry, host of *Good Morning Texas*

LOVE, LIFE, AND LUCILLE

LESSONS LEARNED FROM A CENTENARIAN

JUDY GAMAN

DESCRIPTION:

Judy Gaman was so busy making a name for herself that she barely took the time to meet a stranger, enjoy life, or simply stop to breathe. Immersed in her job as the director of business development for a high-profile medical practice—a job that required her to write health and wellness books and host a nationally syndicated radio show—she spent every day going full speed ahead with no looking back. That is, until the day she met Lucille Fleming.

While writing a book on longevity, Judy interviewed Lucille, an elegant and spirited woman who had just recently turned 100. Lucille had the fashion and style of old Hollywood, but it was all hidden behind the doors of her assisted living center. What began as a quick meeting became a lasting friendship that transformed into an inseparable bond. Lucille brought incredible wisdom and great stories to the table, while Judy provided an avenue for excitement and new opportunities. Together, the two began living life to the fullest, and meeting the most interesting people along the way (including Suzanne Somers). But then Lucille’s life came to an end through unexpected and unfortunate circumstances—and the very first lesson she ever taught Judy proved to be the most important one of all.

ABOUT THE AUTHOR:

Author, speaker, and CEO Judy Gaman is a force to be reckoned with. She spent almost a decade as a nationally syndicated radio show host of the *Staying Young Show* and has now ventured out with a new podcast, *Luxury Medicine Playbook*, in addition to continuing to offer *Stay Young America* on both radio and podcast every day. She is an award-winning author whose past works have won accolades from the Beverly Hills Book Award (finalist), National Indie Excellence Awards, Next Generation Indie Book Awards, and *ForeWord Magazine*’s Book of the Year Awards (bronze), as well as earned a *Readers’ Favorite* 5-star review. A mother of ten and grandmother of five, she lives in Texas with her husband.

APRIL 2020



Publication Date: April 14, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-860-6

E-ISBN: 978-1-63152-861-3

"Irene Kessler captures the flavor and feeling of the ancient world and makes the spiritual journey of a remarkable woman into something alive, earthy, and incredibly vivid."

—Joyce Sweeney, author of *Headlock* and *The Guardian*

MOUNTAIN OF FULL MOONS

A NOVEL

IRENE KESSLER

DESCRIPTION:

Thirteen-year-old Elisha lives in a village near Shechem in the Land of Canaan in ancient Israel. She wants to be like other girls but is unmarried, speaks to an angel, and composes and sings her own songs—a pursuit her parents disapprove of. When she tells the women of her village to stand up for themselves, the men are outraged and her tribe banishes her.

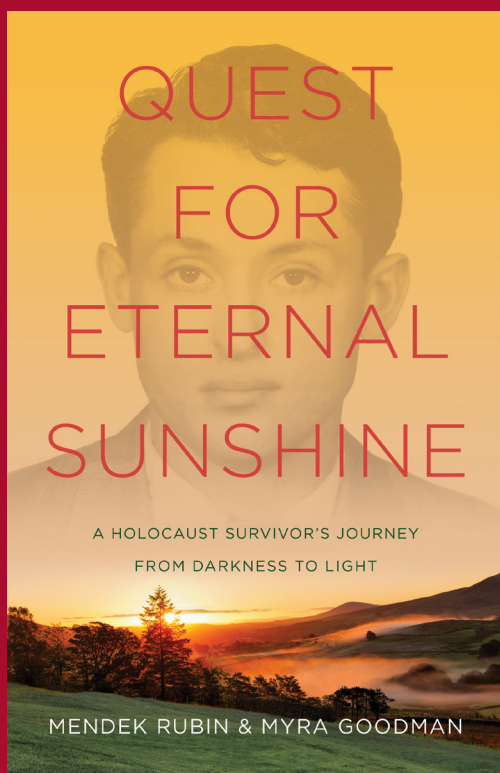
After journeying alone through the desert, where she escapes bandits, wild animals, and men who would sell her as a servant, Elisha makes it to Jerusalem. There, her angel guides her to study with Abraham and Sarah. She learns much, including reading and writing, and Abraham even gives her Doron, his servant, to accompany her as she sings her songs throughout the country. Doron becomes Elisha's lover and her songs are well accepted—until she sings one about equality for women.

Mountain of Full Moons explores how we overcome our fears, go out into the world, and gain the courage to speak up and be who we choose to be.

ABOUT THE AUTHOR:

Born in New York City, Irene Kessler is a jill of many trades. As a single mother of three, she was the Polaroid Camera Girl, sold jewelry, and held makeup parties to supplement her alimony. She moved on to sing minor roles at New York City Opera, the Metropolitan Opera, and the Teatro Principal in Barcelona, Spain. Next, she received her master's degree in psychology, moved to Florida, and became an eating disorder specialist at Glenbeigh Hospital. She completed her PhD in 1997 and went on to work at the Radar Institute and Renfrew Center. She was in private practice for over thirty years, during which time she also joined a local quartet that performed opera, operetta, and Broadway tunes at venues in Broward and Palm Beach counties. She was inspired to begin writing after attending a presentation by writer and teacher Joyce Sweeney.

APRIL 2020



Publication Date: April 14, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-878-1

E-ISBN: 978-1-63152-879-8

"Mendek's unique and beautifully told story is one of the most inspiring healing journeys I've ever read. I've savored this gem of a book many times, and each time, I am amazed and filled with awe. If you want to be deeply inspired, buy this book today."

—Laura Davis, author of *The Courage to Heal* and *I Thought We'd Never Speak Again*

"Mendek's story is moving and realistic. His journey is remarkable precisely because it is so honest and human."

—Rabbi Leah Novick, author of *On the Wings of Shekinah: Rediscovering Judaism's Divine Feminine*

QUEST FOR ETERNAL SUNSHINE

A HOLOCAUST SURVIVOR'S JOURNEY FROM DARKNESS TO LIGHT

MENDEK RUBIN & MYRA GOODMAN

DESCRIPTION:

Quest for Eternal Sunshine chronicles the triumphant, true story of Mendek Rubin, a brilliant inventor who overcame both the trauma of the Holocaust and decades of unrelenting depression to live a life of deep peace and boundless joy.

Born into a Hassidic Jewish family in Poland in 1924, Mendek grew up surrounded by extreme anti-Semitism. Armed with an ingenious mind, he survived three horrific years in Nazi slave-labor concentration camps while virtually his entire family was murdered in Auschwitz. After arriving in America in 1946—despite having no money or professional skills—his inventions helped revolutionize both the jewelry and packaged-salad industries. Remarkably, Mendek also applied his ingenuity to his own psyche, developing innovative ways to heal his heart and end his emotional suffering. After Mendek died in 2012, his daughter, Myra Goodman, found an unfinished manuscript in which he'd revealed the intimate details of his healing journey.

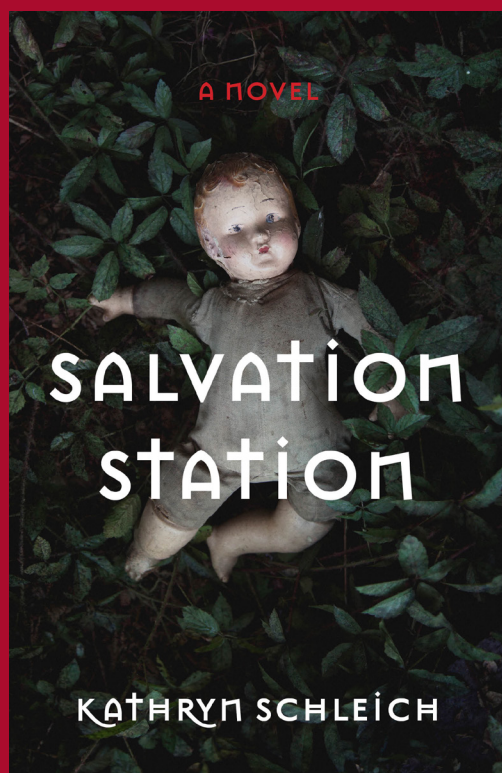
Quest for Eternal Sunshine—the extraordinary result of a posthumous father-daughter collaboration—tells Mendek's whole story and is filled with eye-opening revelations, effective self-healing techniques, and profound wisdom that have the power to transform the way we live our lives.

ABOUT THE AUTHOR:

Mendek Rubin was a Holocaust survivor and brilliant inventor who helped revolutionize the jewelry manufacturing industry, generating numerous patents in the 1960s and 1970s. He is the author of two books: *Why Not Now*, a book of poems and prose, and *I Am Small, I Am Big: The Way We Choose to Live*, a book about positive thinking written for children. A self-taught artist and nature photographer, Mendek died in September 2012 in Carmel Valley, California, at the age of eighty-seven.

Myra Goodman is a well-known pioneer in the world of organic food and farming and is the author of three cookbooks. She has appeared on national television shows and has been featured in hundreds of publications. Myra and Drew have two grown children and continue to live on their original farm in Carmel Valley with their two yellow labs, Oscar and Henry.

APRIL 2020



Publication Date: April 14, 2020

Collections: Fiction, Mystery

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-892-7

E-ISBN: 978-1-63152-893-4

"An edge-of-your-seat, page-turning thriller that might possibly leave you unable to sleep when you meet this female killer . . . Luckily, the heroine is stronger and smarter and just as determined."

—Margo Dill, Managing Editor, *WOW! Women On Writing*

"A devilishly good, juicy page-turner about murder, faith, and ultimately . . . revenge."

—Cara Lockwood, *USA Today* best-selling author of *I Do (But I Don't)*

SALVATION STATION

A NOVEL

KATHRYN SCHLEICH

DESCRIPTION:

Despite her years of experience investigating homicides for the force, Captain Linda Turner is haunted by the murders of the Hansen family. The two small children, clothed in tattered Disney pajamas, were buried with their father, a pastor, in the flower garden behind a church parsonage in Lincoln, Nebraska. But Mrs. Hansen is nowhere to be found—and neither is the killer.

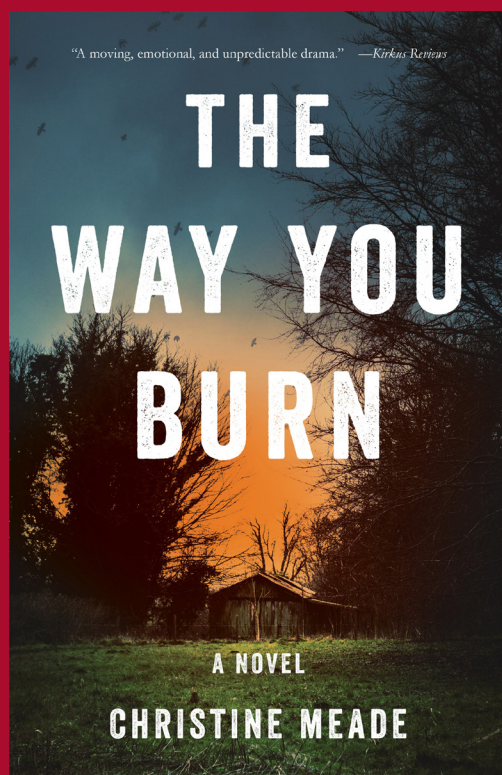
In St. Louis, the televangelist Ray Williams is about to lose his show—until one of his regular attendees approaches him with an idea that will help him save it. Despite his initial misgivings, Ray agrees to give it a try. He can't deny his attraction to this woman, and besides, she's assured him the plan is just—God gave her the instructions in a dream.

Multiple story lines entwine throughout this compelling mystery, delving into the topics of murder, religious faith, and the inherent dangers in blindly accepting faith as truth. While Reverend Williams is swept up in his newfound success and plans for his wedding, Captain Turner can only hope that she and her team will catch the Hansens' cunning killer—before more bodies surface.

ABOUT THE AUTHOR:

Kathryn Schleich has been a writer for thirty years. Her most recent publications include the short story "Reckless Acts," featured in *After Effects: A Zimbell House Anthology*, and her story "Grand Slam," published in *The Acentos Review* in May 2017. She is the author of two editions of the book *Hollywood and Catholic Women: Virgins, Whores, Mothers, and Other Images*, which evolved from her master's thesis. Her guest posts have been featured on the Women On Writing blog and *The Muffin*, and she writes for the Amherst H. Wilder Foundation's volunteer newsletter. When she's not writing, Schleich is likely volunteering in the education and arts communities in the Twin Cities, where she lives. Friends, family, good food, wine, and traveling are important aspects of her life. *Salvation Station* is her first novel.

APRIL 2020



Publication Date: April 14, 2020

Collections: Fiction, Mystery

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-691-6

E-ISBN: 978-1-63152-692-3

"A moving, emotional, and unpredictable drama."

—Kirkus Reviews

"Mysterious, vivid, and deftly drawn, *The Way You Burn* explores the perils of intimacy and the psychic burdens of the past. You'll stay up late turning pages as if they were hot to the touch."

—Molly Prentiss, author of *Tuesday Nights in 1980*

"*The Way You Burn* is a thrilling mystery, a complex romance, and a beautifully written character study all in one."

—Sonia Belasco, author of *Speak of Me As I Am*

THE WAY YOU BURN

A NOVEL

CHRISTINE MEADE

DESCRIPTION:

When David approaches his New Hampshire cabin one cool October night to find it engulfed in flames, he knows his girlfriend Hope set the fire. At least, he's pretty sure he knows.

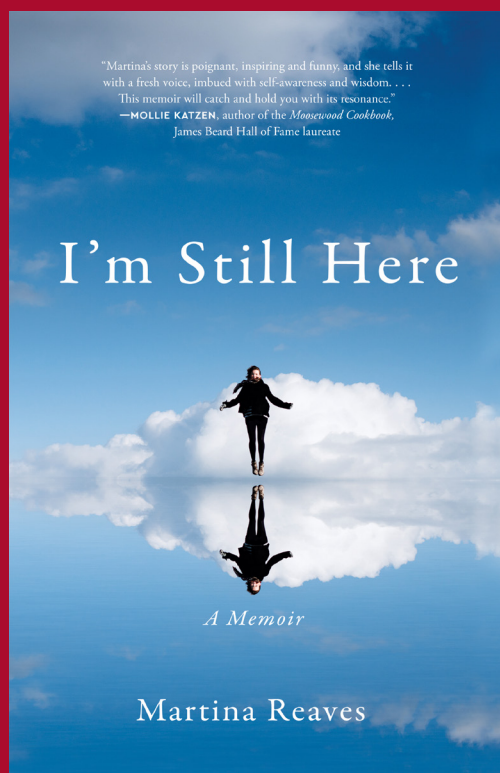
David first decides to upend the creature comforts of his post-collegiate life and try roughing it for a year after he inherits two acres of land and a rustic cabin from his deceased grandfather. Life at the cabin proves to be more difficult than expected, however, and it all starts with the woman he loves—Hope—whose dark past is written in the twisting pink scars covering her body. Their relationship is challenged after David's car slides through an intersection one dark night and, later, his realization that someone is out there, watching him through the trees.

Over the course of five seasons, David struggles to maintain his relationship with Hope. Ultimately, in an attempt to understand the sacrifices she has had to make, he decides to rewrite their story. In doing so, he explores the lessons he's left with—after everything he thought mattered has been or burned away—and the surprising bits of wisdom he finds in the ashes.

ABOUT THE AUTHOR:

Christine Meade is a freelance writer, a book editor, and a writing teacher. She holds an MFA in creative writing from the California College of the Arts. A native New Englander, she currently lives and writes in Somerville, MA.

APRIL 2020



Publication Date: April 21, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-876-7

E-ISBN: 978-1-63152-877-4

"A story rich in emotional
description . . ."

—Kirkus Reviews

"Immediate, visceral, loaded with humor and insight, *I'm Still Here* is like an intimate conversation with a wonderful friend—it leaves you feeling enlightened, enriched, and a little happier than you were before. Savor this book and share it with people you love!"

—David Schweidel, author of *Milkweed*
National Fiction Prize winner *Confidence of the Heart* and coauthor of *What Men Call Treasure*

I'M STILL HERE

A MEMOIR

MARTINA REAVES

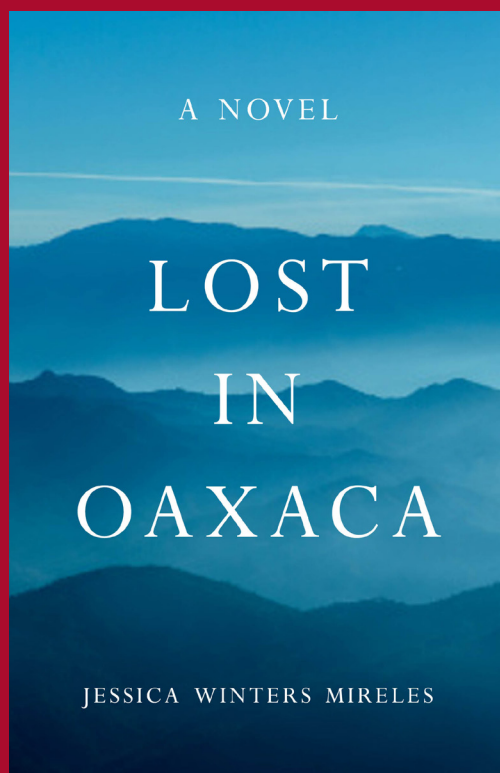
DESCRIPTION:

In 1969, at age twenty, Martina moves to San Francisco. She lives in a commune, marries her hippie streetcar driver, and moves away from the city—first to Mendocino County, Oregon, and then to the Virgin Islands. In 1980, Martina comes out. She finds her life partner, Tanya, at work, and in 1986 they have a son, Cooper. In 2008, Martina is diagnosed with serious tongue cancer. Her journey in the aftermath of this diagnosis is one of hope, fear, family, friendship, perseverance, and learning to live with a terminal diagnosis. She braids these strands of her life together in *I'm Still Here*, presenting readers with a nuanced, poignant exploration of what it means to live—and love—authentically.

ABOUT THE AUTHOR:

Martina Reaves grew up in a Navy family and lived in thirty-four places before she finally settled in her current home in Berkeley with her wife, Tanya, and their son, Cooper, who now lives in Oakland. She considers living in one place for over thirty years a major accomplishment. A lawyer who hated practicing law, she became a mediator in 1986 and worked with divorcing couples and neighbors with disputes. In 2007, she dropped writing legal documents and began writing fiction and memoir, and she has been at it ever since. She loves creating serenity in her home, gardening, reading, going to plays, and that the music venue Freight and Salvage is five minutes from her home. She thinks eating is wonderful but cooking is boring.

APRIL 2020



Publication Date: April 21, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-880-4

E-ISBN: 978-1-63152-881-1

LOST IN OAXACA

A NOVEL

JESSICA WINTERS MIRELES

DESCRIPTION:

Once a promising young concert pianist, Camille Childs retreated to her mother's Santa Barbara estate after an injury to her hand destroyed her hopes for a musical career. She now leads a solitary life teaching piano, and she has a star student: her student, the daughter of her mother's Mexican housekeeper. Camille has been grooming the young Graciela for the career that she herself lost out on, and now Graciela, newly turned eighteen, has just won the grand prize in a piano competition, which means she gets to perform with the LA Philharmonic. Camille is ecstatic; if she can't play herself, at least as Graciela's teacher, she will finally get the recognition she deserves.

But there are only two weeks left before the concert, and Graciela has disappeared—gone back to her family's village in the mountains of Oaxaca, Mexico. Desperate to bring Graciela back in time for the concert, Camille goes after her, but on the way there, a bus accident leaves her without any of her possessions. Alone and unable to speak the language, Camille is befriended by Alejandro, a Zapotec man who lives in LA but is from the same village as Graciela. Despite a contentious first meeting, Alejandro helps Camille navigate the rugged terrain and unfamiliar culture of Oaxaca, allowing her the opportunity to view the world in a different light—and perhaps find love in the process.

ABOUT THE AUTHOR:

Born and raised in Santa Barbara, California, Jessica Winters Mireles holds a degree in piano performance from USC. After graduating, she began her career as a piano teacher and performer. Four children and a studio of over forty piano students later, Jessica's life changed drastically when her youngest daughter was diagnosed with leukemia at the age of two; she soon decided that life was too short to give up on her dreams of becoming a writer, and after five years of carving out some time each day from her busy schedule, she finished *Lost in Oaxaca*. Jessica's work has been published in *GreenPrints* and *Mothering* magazines. She also knows quite a bit about Oaxaca, as her husband is an indigenous Zapotec man from the highlands of Oaxaca and is a great source of inspiration. She lives with her husband and family in Santa Barbara, California.

APRIL 2020

"A must-read in today's political environment, this courageous book demonstrates how to fight prejudice and embrace acceptance."
—STEVE ADLER, Mayor of Austin

once a girl, always a boy

a family memoir of
a transgender journey



Jo Ivester

Publication Date: April 21, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-886-6

E-ISBN: 978-1-63152-887-3

"... a heartwarming story that anyone with a complicated life and identity can relate to. A multifaceted, rich, and moving exploration of the trans experience."

—Kirkus Reviews, starred review

"An important purchase both for its heartwarming demonstration of a family's unconditional love and for effective advocacy for transgender individuals ... a model for other families searching for acceptance and ways to support their loved one's transition journey."

—Library Journal, starred review

ONCE A GIRL, ALWAYS A BOY

A FAMILY MEMOIR OF A TRANSGENDER JOURNEY
JO IVESTER

DESCRIPTION:

Jeremy Ivester is a transgender man. Thirty years ago, his parents welcomed him into the world as what they thought was their daughter. As a child, he preferred the toys and games our society views as masculine. He kept his hair short and wore boys' clothing. They called him a tomboy. That's what he called himself.

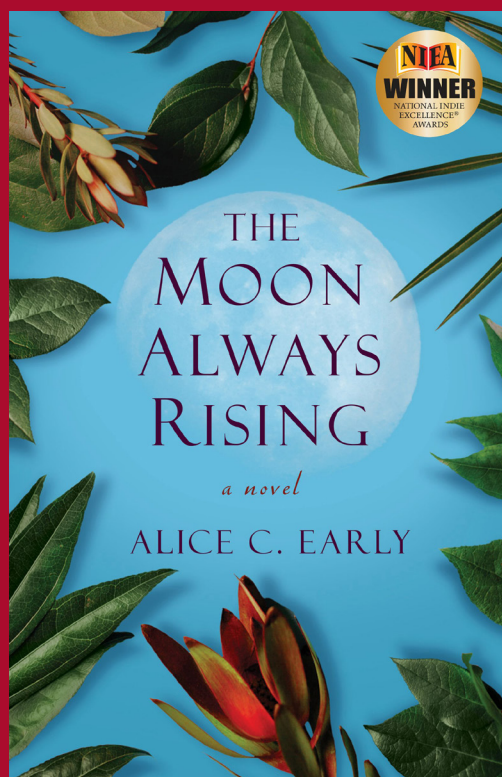
By high school, when he showed no interest in flirting, his parents thought he might be lesbian. At twenty, he wondered if he was asexual. At twenty-three, he surgically removed his breasts. A year later, he began taking the hormones that would lower his voice and give him a beard—and he announced his new name and pronouns.

Once a Girl, Always a Boy is Jeremy's journey from childhood through coming out as transgender and eventually emerging as an advocate for the transgender community. This is not only Jeremy's story but also that of his family, told from multiple perspectives—those of the siblings who struggled to understand the brother they once saw as a sister, and of the parents who ultimately joined him in the battle against discrimination. This is a story of acceptance in a world not quite ready to accept.

ABOUT THE AUTHOR:

Jo Ivester was raised in a politically active family. In 1967, when she was ten years old, her father moved their family from Boston, MA to an all-black town in the Mississippi Delta, where they were drawn into the heart of the civil rights movement. Because of this experience, Jo is committed to advocating for equal rights for all. Her best-selling, award-winning memoir about her family's time in Mississippi, *The Outskirts of Hope* (She Writes Press, April 2015), has led to numerous speaking engagements about racial relations. In the last few years, she has broadened her focus to raise awareness about the transgender community, and now serves on the board of Equality Texas, a non-profit LGBTQ rights organization. When not focused on family, writing, and advocate work, Jo enjoys skiing, walking on the beach, and swing dancing with her husband.

APRIL 2020



Publication Date: April 21, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-683-1

E-ISBN: 978-1-63152-684-8

"The Moon Always Rising takes your imagination on a trip to lush Caribbean Nevis and the Scottish Highlands in an engrossing story about how love and forgiveness help broken people mend. I especially loved the fabulous ghost (jumbie)—such a unique and intriguing character!"

—Martha Hall Kelly, author of international bestseller *Lilac Girls* and its prequel, *Lost Roses*

THE MOON ALWAYS RISING

A NOVEL

ALICE C. EARLY

DESCRIPTION:

In 1998, fiery Eleanor "Els" Gordon thought the new century would find her married to her childhood soul mate, rejuvenating her family's Scottish Highlands estate, and finally earning a managing director title at her investment bank. Maybe she'd even have the courage to discover why her estranged mother ran home to Italy thirty years earlier.

But when 2000 dawns, Els is mourning her fiancé and her father, and she's unemployed, broke, and sharing an antique plantation house on the Caribbean island of Nevis with the ghost—or "jumbie"—of Jack Griggs, the former owner. Jack's jumbie wangles Els's help in making amends for wrongs committed during his Casanova life, and in exchange he appoints himself Cupid on behalf of a charter captain who's as skittish about vulnerability as Els. Meanwhile, Els lures her mother to Nevis in hopes of unraveling the family secrets—but will the shocking truth set her free, or pull her fragile new happiness apart?

A moving and lyrical novel that transports readers from lush tropics to rugged highlands and back again, *The Moon Always Rising* explores how the power of forgiveness can help even the most damaged person fix whatever is broken.

ABOUT THE AUTHOR:

Alice C. Early's career has involved academia, international executive recruiting, commercial real estate, career-change coaching, and always writing. Her Vassar English/creative writing major and her Harvard degree in counseling helped hone her writer's ability to see and listen, and to touch others. Alice and her partner have visited Nevis annually since 1996 and otherwise share a hand-built life on Martha's Vineyard in view of the sea.

APRIL 2020



Publication Date: April 28, 2020

Collections: Historical Fiction, Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-836-1

E-ISBN: 978-1-63152-837-8

"Cox's eye for historical detail remains sharp. . . . A pleasant, escapist diversion."

—Kirkus Reviews

"Set in the 1930s, this romantic mystery combines the teetering elegance of *Downton Abbey* and the staid traditions of *Pride and Prejudice* with a bit of spunk and determination."

—Booklist

A CHILD LOST

A HENRIETTA AND INSPECTOR HOWARD NOVEL,
BOOK 5

MICHELLE COX

DESCRIPTION:

A spiritualist, an insane asylum, a lost little girl . . .

When Clive, anxious to distract a depressed Henrietta, begs Sergeant Frank Davis for a case, he is assigned to investigating a seemingly boring affair: a spiritualist woman operating in an abandoned schoolhouse on the edge of town who is suspected of robbing people of their valuables. What begins as an open-and-shut case becomes more complicated, however, when Henrietta—much to Clive's dismay—begins to believe the spiritualist's strange ramblings.

Meanwhile, Elsie begs Clive and Henrietta to help her and the object of her budding love, Gunther, locate the whereabouts of one Liesel Klinkhammer, the German woman Gunther has traveled to America to find and the mother of the little girl, Anna, whom he has brought along with him. The search leads them to Dunning Asylum, where they discover some terrible truths about Liesel. When the child, Anna, is herself mistakenly admitted to the asylum after an epileptic fit, Clive and Henrietta return to Dunning to retrieve her. This time, however, Henrietta begins to suspect that something darker may be happening. When Clive doesn't believe her, she decides to take matters into her own hands . . . with horrifying results.

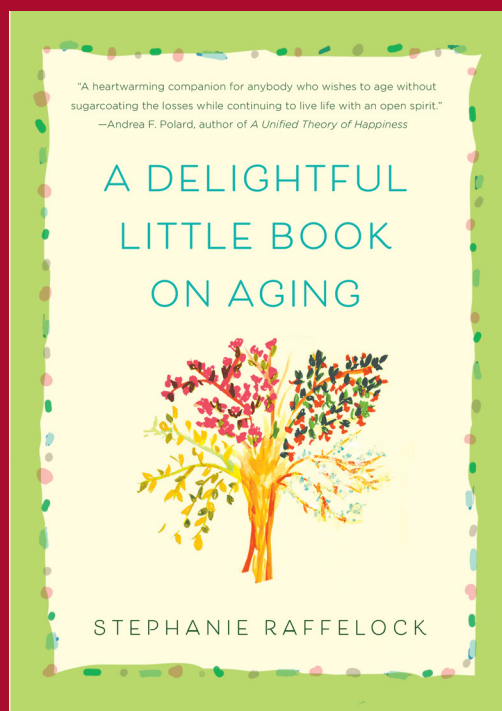
ABOUT THE AUTHOR:

Michelle Cox is the author of the multiple award-winning *Henrietta and Inspector Howard* series as well as *Novel Notes of Local Lore*, a weekly blog dedicated to Chicago's forgotten residents. She suspects she may have once lived in the 1930s and, having yet to discover a handy time machine lying around, has resorted to writing about the era as a way of getting herself back there. (Her books have been praised by *Kirkus*, *Library Journal*, *Publishers Weekly*, *Booklist*, and many others, so she might be on to something.) Unbeknownst to most, Cox hoards board games she doesn't have time to play and is, not surprisingly, addicted to period dramas and big band music. Also, marmalade.

AWARDS:

2019 Next Generation Indie Book Awards: Finalist in Romance
2019 Next Generation Indie Book Awards: Finalist in Series

APRIL 2020



Publication Date: April 28, 2020

Collections: Nonfiction, Self-help

Trim size: 5.5 X 7.25

Two-color with illustrations

Price: \$19.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-840-8

E-ISBN: 978-1-63152-841-5

“Where are the elders? The wise women, the crones, the guardians of truth here to gently, lovingly, and playfully guide us toward the fulfillment of our collective destiny? It turns out that they are right here, in our midst, and Stephanie Raffelock is showcasing the reclamation of aging as a moment of becoming, no longer a dreaded withering into insignificance. *A Delightful Little Book on Aging* lays down new and beautiful tracks for the journey into our richest, deepest, and wildest years.”

—Kelly Brogan, MD, author of *The New York Times* bestseller of *A Mind of Your Own*

A DELIGHTFUL LITTLE BOOK ON AGING

STEPHANIE RAFFELOCK

DESCRIPTION:

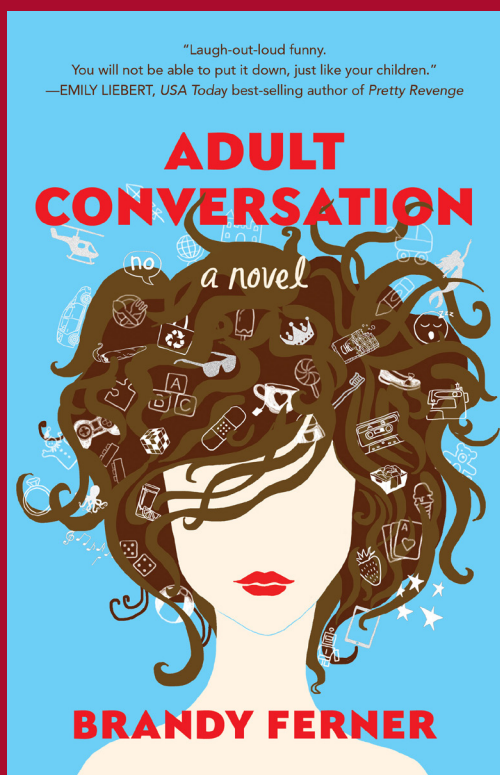
All around us, older women flourish in industry, entertainment, and politics. Do they know something that we don't, or are we all just trying to figure it out? So many of us still feel in our hearts and minds that we are twenty-something young women who can take on the world. But in our bodies, the flexibility and strength that we once took for granted are far from how we remember them. Every day we have to rise above the creaky joints and achy knees to earn the opportunity of moving through the world with a modicum of grace. Yet we do rise, because it's a privilege to grow old, and every single day is a gift. Peter Pan's mantra was “never grow up”; our collective mantra should be “never stop growing.”

This collection of user-friendly stories, essays, and philosophies invites readers to celebrate whatever age they are with a sense of joy and purpose and with a spirit of gratitude.

ABOUT THE AUTHOR:

Stephanie Raffelock is a graduate of Naropa University's program in writing and poetics. She has penned articles for numerous publications, including *The Aspen Times*, *Quilters Magazine*, *Care2.com*, *Nexus Magazine*, *Omaha Lifestyles*, and *The Rogue Valley Messenger*. Currently she writes a monthly column for *SixtyandMe.com*. A recent transplant to Austin, Texas, she enjoys life with her husband, Dean, and their Labrador retriever, Jeter (yes, named after the great Yankee shortstop). Raffelock lives an active life that she fills with hiking, Pilates, and swimming in an attempt to offset the amount of time that she spends in her head thinking up stories and essays.

MAY 2020



Publication Date: May 5, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-842-2

E-ISBN: 978-1-63152-843-9

"In *Adult Conversation*, Brandy Ferner presents a truly unique take on motherhood that is both absurdly funny and deeply relatable. If you've ever considered going out to buy diapers and never coming back, read this book."

—Caroline Goddard, writer on *The Office* and *Arrested Development*

ADULT CONVERSATION

A NOVEL

BRANDY FERNER

DESCRIPTION:

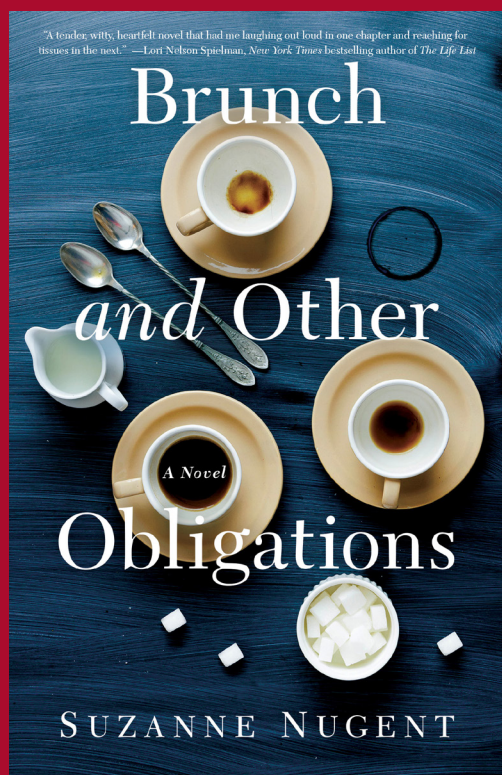
April is a thoughtful yet sarcastic mother of two who tries her best to be a caring, connected mom in a middle-class culture where motherhood has become relentless. April rages at modern motherhood's impossible pressures, her husband's "Dad privilege," and her kids' incessant snack requests. She wants to enjoy motherhood, but her idealist vision and lived experience are in constant conflict with one another. Is she broken—or is motherhood?

Desperate for an answer, she seeks out a therapist and lands with an unexpected woman whose validation and wisdom gives April the clarity to reclaim herself and even start designing clothes—her pre-motherhood passion. But when the ever-elusive babysitter cancels last-minute, April finds herself back at square one. She seeks guidance, but her therapist is now dealing with her own crumbling marriage—and instead of counseling April, she convinces her to speed off to Las Vegas with her to help catch her husband cheating. With a little weed, alcohol, and topless pool hopping, plus a male stripper and some much-needed autonomy, the two find lost pieces of themselves that motherhood has swallowed up. But neither one is prepared for how tested—and tempted—they will be, or for the life-altering choices their journey will force them to make. Who is guiding whom anymore?

ABOUT THE AUTHOR:

Brandy Ferner is a mother and wife and the creator of the Adult Conversation podcast, social media pages, and blog. Her writing has been featured on *Good Morning America* and at *HuffPost*, *Romper*, *CafeMom*, *TODAY Parents*, and more. In addition to writing and fulfilling her kids' endless snack requests, she's spent the past decade working as a doula, childbirth educator, and birth trauma mentor, ushering clients through the intense transition into motherhood. The insight gained from watching moms crack wide open—literally and figuratively—and her own experience as an independent woman who suddenly traded autonomy for snuggles led her to say out loud the things that modern mothers are thinking. Sometimes it's serious, sometimes it's comedic, but it's always honest. She currently lives in Southern California, and her love language is sleep.

MAY 2020



Publication Date: May 5, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-854-5

E-ISBN: 978-1-63152-855-2

"Brunch and Other Obligations is women's fiction at its finest! A tender, witty, heartfelt novel that had me laughing out loud in one chapter and reaching for tissues in the next. With humor, heart, and hope, Nugent reminds us that, once in a lifetime, if we're very, very lucky, we just might find a friend who knows us better than we know ourselves."

—Lori Nelson Spielman, #1 international best-selling author of *The Life List*

"A vivid, relatable, swiftly moving portrait of five women each learning to pursue happiness and success on her own terms and in her own time."

—Helen Wan, author of *The Partner Track*

BRUNCH AND OTHER OBLIGATIONS

A NOVEL

SUZANNE NUGENT

DESCRIPTION:

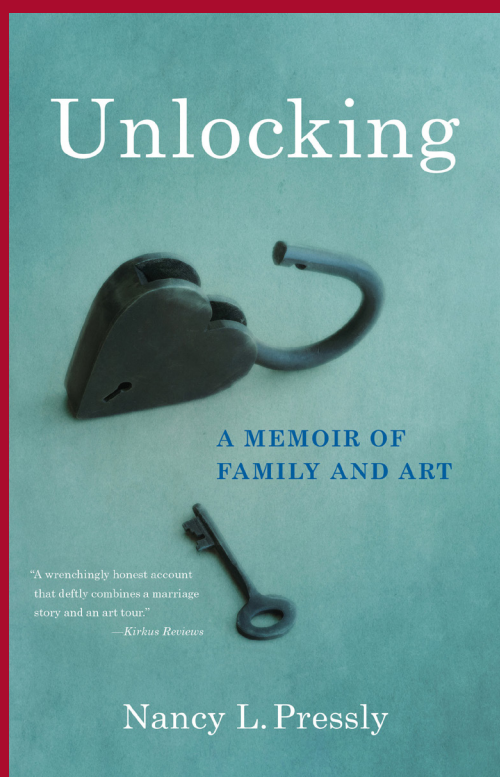
The only thing reclusive bookworm Nora, high-powered attorney Christina, and supermom-in-training Leanne ever had in common was their best friend, Molly. When Molly dies, she leaves mysterious gifts and cryptic notes for each of her grieving best friends, along with one final request: that these three mismatched frenemies have brunch together every month for a year.

Filled with heart-wrenching scenes and witty prose, *Brunch and Other Obligations* explores the intricate dynamics of girlhood acquaintances who are forced to reconnect as women. This upbeat novel reminds readers that there's hope for getting through the hard times in life—with a lot of patience, humor, and a standing brunch date.

ABOUT THE AUTHOR:

Suzanne Nugent is a writer committed to exploring women's lives and relationships through poignant comedy (or funny drama, depending on your level of optimism). She was shortlisted for the prestigious Academy Nicholl Fellowship in Screenwriting and has received accolades from the Denver Film Festival and the San Francisco Writers Conference. She holds a dual degree in journalism and film from UMass Amherst and studied screenwriting at UCLA. She lives in Los Angeles with her husband and son. *Brunch and Other Obligations* is her first novel.

MAY 2020



Publication Date: May 5, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-862-0

E-ISBN: 978-1-63152-863-7

"This is an unflinchingly honest memoir, written with the clarity and powerful visual sense of an art historian.

Particularly vivid are the retrieval of [Pressly's] childhood memories through letters, diaries, and photographs. . . . Her career as art historian, curator, and arts administrator offer fascinating insights. But above all, this is a memoir about her love of family and her own evolution as a person. Finishing it, you realize you have been privileged to get to know a remarkably gifted and indomitable spirit."

—Tom Dunne, author of Ewart-Biggs Memorial Prize winner *Rebellions: Memoir, Memory, and 1798*

UNLOCKING

A MEMOIR OF FAMILY AND ART

NANCY L. PRESSLY

DESCRIPTION:

While recovering from a near-fatal illness, Nancy Pressly discovers a treasure trove of family material stored in her attic. Haunted by images of her grandparents and her parents in their youth, she sets out to create a family narrative before it is lost forever. It takes several more years before she summons the courage to reconstitute a path back to her own past, slowly pulling back the veil of amnesia that has, until now, all but obliterated her memory of her childhood.

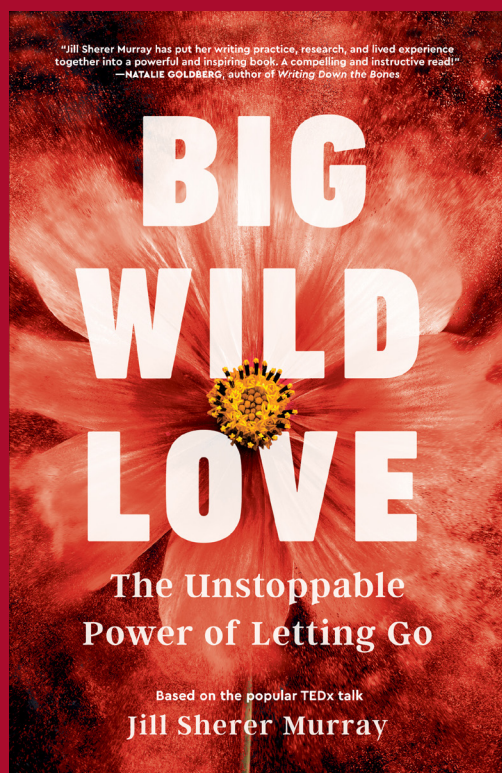
In this sensitive and forgiving meditation on the meaning of family, Pressly unravels the family dynamics and life in a small rural town in the 1950s that so profoundly affected her—then moves forward in time, through to her adulthood. With an eye attuned to visual detail, she relates how she came into her own as a graduate student in the tumultuous sixties in New York; examines how she assumed the role of caretaker for her family as she negotiated with courage and resilience the many health setbacks, including her own battle with pancreatic cancer, that she and her husband encountered; and evokes her interior struggle as a mother as she slowly traverses the barriers of expectations, self-doubt, and evolving norms in the 1980s to embrace a remarkable life as a scholar, champion of contemporary art, and nationally recognized art museum strategic planning consultant.

Full of candor and art-inspired insight, *Unlocking* leaves the reader with a deep appreciation of the power of art and empathy and the value of trying to understand one's life journey.

ABOUT THE AUTHOR:

Nancy L. Pressly, a graduate of Goucher College, received her master's degree in art history from Columbia University. She began her career at the Metropolitan Museum of Art and subsequently held curatorial positions at the Yale Center for British Art and the San Antonio Museum of Art. In 1984 she became Assistant Director of the Museum Program at the National Endowment for the Arts in 1992 was a visiting Senior Fellow at the Center for Advanced Studies in the Visual Arts; and in 1993 she founded Nancy L. Pressly & Associates, a nationally recognized consulting firm specializing in strategic planning for art museums. She has authored numerous publications, most recently a book titled *Settling the South Carolina Backcountry*. She and her husband live in Atlanta, Georgia, close to their son and two grandchildren.

MAY 2020



Publication Date: May 12, 2020

Collections: Nonfiction, Self-help

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-852-1

E-ISBN: 978-1-63152-853-8

"*Big Wild Love* is a beautifully written, frequently hilarious, occasionally tear-jerking, miles-deep, wonderful resource for anyone who's ever experienced self-doubt or had a broken heart . . . and that is everyone! Highly recommended!"

—Jonathan Maberry, *New York Times* best-selling author

"Jill Sherer Murray is your best friend, getting you through your worst heartbreak. If you think you've loved and lost, you will relate to her truly personal story."

—Lu Ann Cahn, author of *I Dare Me*, speaker, and eight-time Emmy Award-winning journalist

BIG WILD LOVE

THE UNSTOPPABLE POWER OF LETTING GO

JILL SHERER MURRAY

DESCRIPTION:

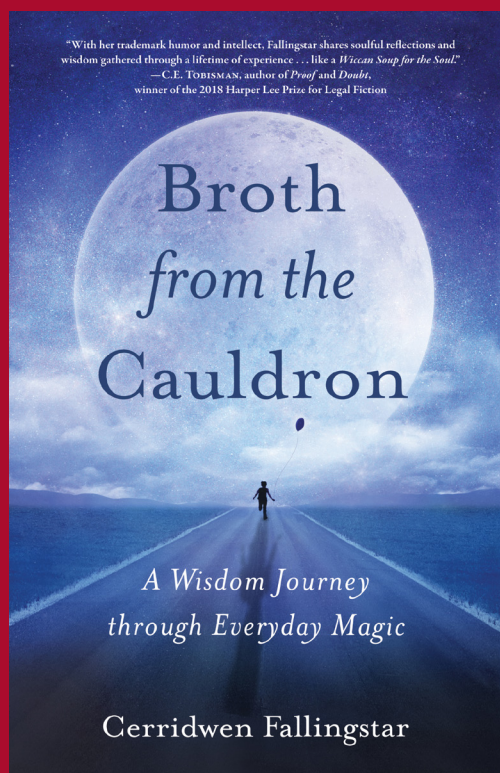
Jill Sherer Murray lived in a dead-end relationship into her forties before she finally let it go. She was like millions of women who struggle with whether to stay in a loveless marriage or bad relationship, or to give up on dating altogether, believing love isn't in the cards. You may be struggling with a similar decision yourself. Perhaps you're terrified of being single, and yet you don't feel you're living the life you want.

With warmth and honesty, Murray shows how letting go—of feeling stuck, afraid, and alone, and of believing what you've got is all you deserve—can free you from a life that isn't serving you. She knows this is true, because she did it herself—and ultimately attracted the love and life she wanted. Through her story, other women's stories, surprising facts and statistics, and helpful exercises, *Big Wild Love* will show you the way back to the self you've lost. It will put you on the path to change and teach you that, wherever you are, it's never too late to start anew and find the Big Wild Love you deserve.

ABOUT THE AUTHOR:

Jill Sherer Murray is a TEDx speaker, author, blogger, coach, and founder of Let Go For It®, a lifestyle brand dedicated to helping individuals let go for a better life. She is also an award-winning journalist and communications leader who can trace practically every success she's had in her career, love life, and more to letting go. Her TEDx talk, "The Unstoppable Power of Letting Go" has been viewed by more than one million people—a number that is currently growing by 30k each week. Murray also coaches and consults with business leaders on how to let go and communicate effectively. She spent a year studying improvisation comedy at the famous Second City Training Center in Chicago, and another five years writing a popular blog called *Diary of a Writer in Mid-Life Crisis* for the *Wild River Review*. She also let go of just about everything to put her weight in *Shape Magazine*—twelve times—as part of a year-long assignment to document her weight loss journey for millions of readers.

MAY 2020



Publication Date: May 12, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-699-2

E-ISBN: 978-1-63152-704-3

"In Fallingstar's *Broth from the Cauldron*, we are gifted with a *Chicken Soup for the Witchy Soul*. Many of us will find our thoughts and instincts confirmed within these pages, from a writer who beautifully articulates the journey."

—Ellen Evert Hopman, author of *Being a Pagan: Druids, Wiccans, and Witches Today*

"Magic dreams and Wiccan rituals cross into the real world in Cerridwen Fallingstar's latest book, *Broth from the Cauldron*. Her stories spin a spell that leads us on a dance into the mystery of life's wonders and synchronicities."

—Lisa Alpine, author of *Dance Life: Movin' & Groovin' Around the Globe*

BROTH FROM THE CAULDRON

A WISDOM JOURNEY THROUGH EVERYDAY MAGIC
CERRIDWEN FALLINGSTAR

DESCRIPTION:

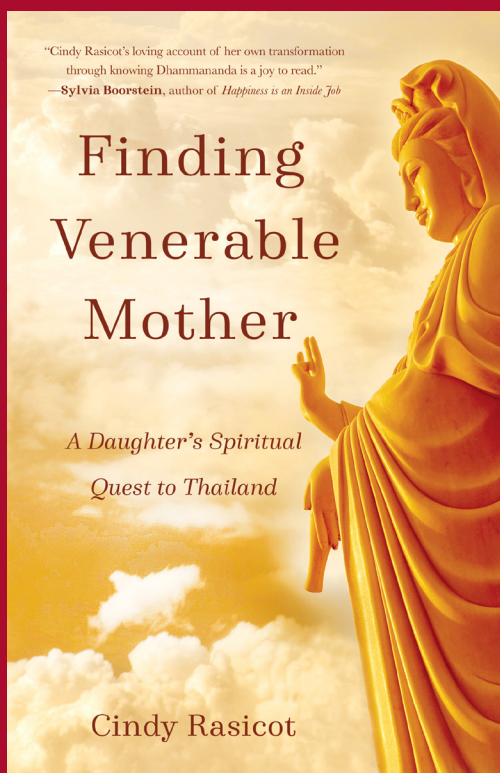
Broth from the Cauldron is a collection of "teaching stories," a literary Wiccan soup for the soul. It is a distillation of the wisdom Cerridwen Fallingstar has gathered from her journey through life, and from her forty years as a Shamanic teacher and Wiccan Priestess. At turns poignant and humorous, it chronicles her trajectory from a Republican Cold War upbringing to Pagan Priestess, offering a portrait of a culture growing from denial to awareness.

Accessible to any audience interested in personal growth, *Broth from the Cauldron* is for anyone who's ever stood at the crossroads wishing a faery godmother would come along and show them the path.

ABOUT THE AUTHOR:

Cerridwen Fallingstar is a shamanic Witch who has taught classes in magic and ritual for over thirty years. She gives lectures tying together psychology, spirituality, history, contemporary issues, and politics in an entertaining, enlightening, and humorous format. She is the author of three historical novels based on her past lives: *The Heart of the Fire*, *White as Bone*, *Red as Blood: The Fox Sorceress*, and *White as Bone*, *Red as Blood: The Storm God*. She lives in Marin County, California.

MAY 2020



Publication Date: May 12, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-702-9

E-ISBN: 978-1-63152-703-6

"I met Dhammananda personally decades ago and although our time together was short, the memory of her clarity and unshakable dedication and, above all, her kindness has stayed with me until now. Cindy Rasicot's loving account of her own transformation through knowing her is a joy to read."

—Sylvia Boorstein, author of *Happiness Is an Inside Job*

"The journey to heal the mother wound is long and dark. What a blessing it was for Cindy Rasicot to find a woman spiritual leader who shines a light upon her path to help heal her heart."

—Linda Joy Myers, President, National Association of Memoir Writers

FINDING VENERABLE MOTHER

A DAUGHTER'S SPIRITUAL QUEST TO THAILAND CINDY RASICOT

DESCRIPTION:

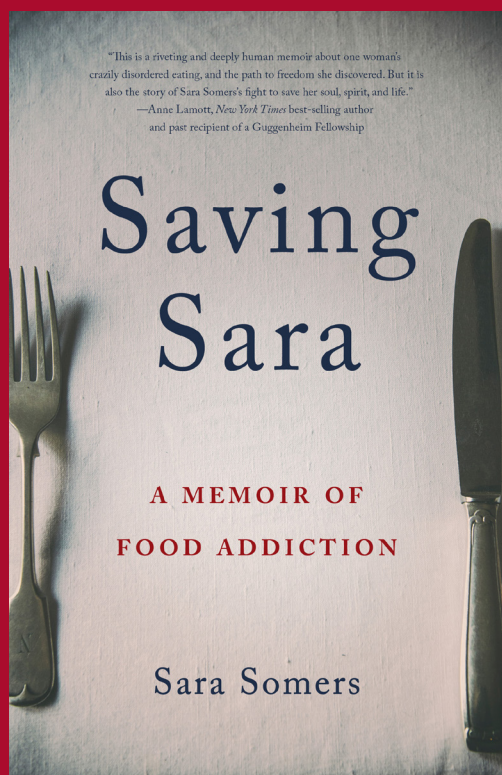
When Cindy moves to Thailand with her husband and teenage son, she finds herself strangely adrift in a foreign culture, unprepared for the challenges she encounters there. On an impulse, she signs up for a conference where she unexpectedly meets a Thai Buddhist nun, Venerable Dhammananda Bhikkhuni, who leads her on a spiritual journey from which there is no turning back. Along the way, she discovers the beauty of the Thai people and culture.

This soulful and engaging memoir is the story of one woman's journey of physical, emotional, and spiritual healing through her connection to a loving Buddhist teacher who fully accepts and nurtures her in a way her own mother never did. *Finding Venerable Mother* is a testimony to the power of faith, forgiveness, and love.

ABOUT THE AUTHOR:

Cindy Rasicot's life has been a spiritual journey since she was a small child. At four she asked her older brother (who was five at the time): "Where is God?" His answer: "Everywhere." Puzzled, she looked all around her, but didn't find evidence. She kept her brother's words in her heart while growing up, and figured she'd have an answer someday. In the meantime, she got her master's degree in marriage, family, and child counseling, married, and held management positions in non-profits for twenty-five years—all while exploring her passion for dance, art, and writing. Cindy's spiritual journey took on new dimensions when she, her husband, and their son moved to Bangkok, Thailand, where she met her spiritual teacher, Venerable Dhammananda Bhikkuni, the first fully ordained Thai Theravada nun—an encounter that opened her heart and changed her life forever. Rasicot's other writings include an article in *Sawasdee Magazine* in 2007 and essays featured in two anthologies: *Wandering in Paris: Luminaries and Love in the City of Light* (Wanderland Writers, 2013) and *A Café in Space: The Anaïs Nin Literary Journal, Volume 11* (Sky Blue Press, 2014). She currently resides in Point Richmond, California, where she writes and enjoys views of the San Francisco Bay.

MAY 2020



Publication Date: May 12, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-846-0

E-ISBN: 978-1-63152-847-7

"*Saving Sara* is a mental-anguish page-turner, depicting the relentless drive to eat that can dominate and destroy life's opportunities, just like any other addiction . . . ideal reading for someone who is struggling with compulsive eating or who is suffering with complications from obesity. It is essential reading for someone working in the addiction field. A critical book for anyone who really wants to walk in the shoes of a food addict, who lives in the disease, and finally finds her recovery."

—Dr. Vera Tarman, MD, FCFP, ABAM, medical specialist in food addiction, author of *Food Junkies: Recovery from Food Addiction*

SAVING SARA

A MEMOIR OF FOOD ADDICTION

SARA SOMERS

DESCRIPTION:

For nearly fifty years, Sara Somers suffered from untreated food addiction. In this brutally honest and intimate memoir, Somers offers readers an inside view of a food addict's mind, showcasing her experiences of obsessive cravings, compulsivity, and powerlessness regarding food.

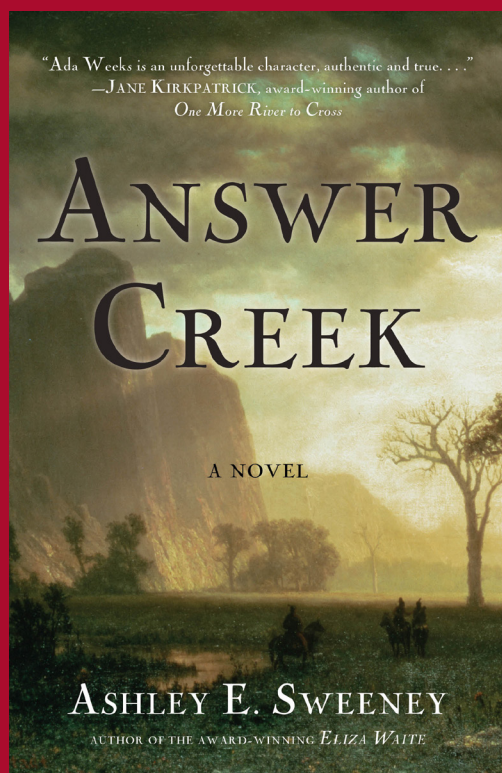
Saving Sara chronicles Somers's addiction from childhood to adulthood, beginning with abnormal eating as a nine-year-old. As her addiction progresses in young adulthood, she becomes isolated, masking her shame and self-hatred with drugs and alcohol. Time and again, she rationalizes why this time will be different, only to have her physical cravings lead to ever-worse binges, to see her promises of doing things differently next time broken, and to experience the amnesia that she—like every addict—experiences when her obsession sets in again.

Even after Somers is introduced to the solution that will eventually end up saving her, the strength of her addiction won't allow her to accept her disease. Twenty-six more years pass until she finally crawls on hands and knees back to that solution and learns to live life on life's terms. A raw account of Somers's decades-long journey, *Saving Sara* underscores the challenges faced by food addicts of any age—and the hope that exists for them all.

ABOUT THE AUTHOR:

Sara Somers suffered from food addiction from age nine to age fifty-eight; she has been in food recovery since 2005. In a double life of sorts, Somers worked as a licensed psychotherapist in the San Francisco Bay Area for thirty-four years. After finding recovery, Somers moved to Paris, France, where she currently lives. She writes a blog called *Out My Window: My Life in Paris*. When she's not writing, Somers volunteers at the American Library in Paris, enjoys the cinema, reads prolifically, and follows her favorite baseball team, the Oakland Athletics. Most important, Somers devotes time each day to getting the word out about food addiction and helping other food addicts. *Saving Sara* is her first book.

MAY 2020



Publication Date: May 19, 2020

Collections: Historical Fiction, Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-844-6

E-ISBN: 978-1-63152-845-3

"So well researched, one can almost feel the cold of winter and the stifling pain inflicted upon the heart and soul of these courageous pioneers."

—K.S. Jones, award-winning author of *Shadow of the Hawk*

"The author is a master of vivid descriptions, dragging readers along every wretched mile of the trail, sharing every dashed hope and every dramatic confrontation, with Ada as their guide."

—Kirkus Reviews

ANSWER CREEK

A NOVEL

ASHLEY E. SWEENEY

DESCRIPTION:

From the award-winning author of *Eliza Waite* comes a gripping tale of adventure and survival based on the true story of the ill-fated Donner Party on their 2,200-mile trek on the Oregon–California Trail from 1846 to '47.

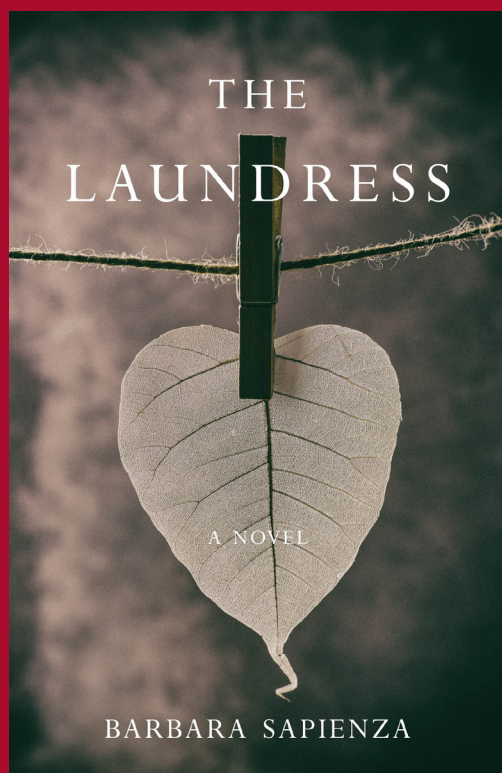
Nineteen-year-old Ada Weeks confronts danger and calamity along the hazard-filled journey to California. After a fateful decision that delays the overlanders more than a month, she—along with eighty-one other members of the Donner Party—finds herself stranded at Truckee Lake on the eastern side of the Sierra Nevada Mountains, stuck there for the entirety of a despairing, blizzard-filled winter. Forced to eat shoe leather and blankets to survive, will Ada be able to battle the elements—and her own demons—as she envisions a new life in California?

Researched with impeccable detail and filled with imagery as wide as the western prairie, *Answer Creek* blends history and hearsay in an unforgettable story of challenging the limits of human endurance and experiencing the triumphant power of love.

ABOUT THE AUTHOR:

Ashley E. Sweeney is the winner of the 2017 Nancy Pearl Book Award for her debut novel, *Eliza Waite*. A native New Yorker, she is a graduate of Wheaton College in Norton, Massachusetts, and resides in the Pacific Northwest and Tucson. *Answer Creek* is her second novel.

MAY 2020



Publication Date: May 19, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-679-4

E-ISBN: 978-1-63152-680-0

"Barbara Sapienza has provided a blueprint for living and prevailing in the modern world of the 21st century."

—John D Bredehoeft, PhD, member of the National Academy of Engineering

"Sapienza elicits sympathy for her Italian immigrant heroine, who has more ups and downs than San Francisco has hills but whose travails and travels left me happy and hungry for Mexican food and espresso."

—Ann Ludwig, freelance travel writer for The New York Times

THE LAUNDRESS

A NOVEL

BARBARA SAPIENZA

DESCRIPTION:

Twenty-six-year-old Lavinia is burdened by her unknown heritage—but her uncle Sal, who raised her in San Francisco, has always kept silent, refusing to reveal the devastating secret of her origin. And now, following the death of his wife, he's left for Italy.

In the wake of her uncle's departure, Lavinia has quit school. Now she works as a personal laundress to a diverse cast of San Francisco residents—people with stories as complicated as her own. As time progresses, through the sacred ritual of washing clothes—and with the help of a friend and her nurturing, flamenco-dancing mother—Lavinia begins to recover memories of her mother. Gradually, her gifts of receptivity multiply, and she communes with nature, finding messages from birds and the leaves of her garden's fig tree. And when she recovers Raggedy, a beloved doll that accompanied her from Naples when she was four years old, she experiences a tangible connection to her mother.

Even as Lavinia makes these discoveries, she is busy building new relationships—discovering healing dance with her lover, a barista in a North Beach coffee shop; learning to understand Time and forgiveness with an elderly client; and even getting to know her father, a man who has never been a part of her life. Poetic and poignant, *The Laundress* is a coming-of-age story for anyone who's ever sought to understand where they came from in order to figure out who they're meant to become.

ABOUT THE AUTHOR:

Barbara Sapienza, PhD, is a retired clinical psychologist and an alumna of San Francisco State University's creative writing master's program. She writes and paints, nourished by her spiritual practices of meditation, tai chi, and dance. Her family, friends, and grandchildren are her teachers. Her first novel, *Anchor Out* (She Writes Press, 2017), received an IPPY bronze medal for Best Regional Fiction, West Coast. Sapienza lives in Sausalito, CA, with her husband.

MAY 2020

The Little A to Z

A Companion for
FIRST-TIME MOTHERS & THEIR PARTNERS

Rachel Perks, PhD

Publication Date: May 19, 2020

Collections: Nonfiction

Trim size: 6 X 4.75

Two-color

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-681-7

E-ISBN: 978-1-63152-682-4

“Rachel’s *The Little A–Z* is the perfect combination of advice and pep talk for new moms. I especially appreciate the fact that she’s reached beyond traditional medical topics to address health and well-being in a holistic way—for mother, child and partner alike. If only this type of book had been around when I had my son!”

—Jamie McClean, image consultant, stylist, author, and blogger

“As a doula, I thought I knew a lot about those first years after birth. But Rachel’s *The Little A–Z* offers gems even for ‘experts’ like me. It’s the kind of resource I wish I’d had access to when I had my son.”

—Bridget Boland, author of *The Doula*

THE LITTLE A-Z

A COMPANION FOR FIRST-TIME MOTHERS AND THEIR PARTNERS

RACHEL PERKS, PHD

DESCRIPTION:

Early days of motherhood can be overwhelming. The initial weeks are fraught with a lack of confidence in parenting abilities, heightened by the absence of sleep. Once the multitude of visits die down, new mothers and their partners can slip into isolation, facing very real day-to-day problems of child rearing on their own. Parenting chat sites and blogs are becoming a popular source of information and community for some new parents, yet the plethora of information can inadvertently contribute to increases in stress. How, in this modern age, can new mothers and their partners nurture their own parenting confidence?

The Little A–Z is here to help. This curated, holistic treasure trove of parenting advice is organized alphabetically with a tab system so that information is literally at your fingertips. It assumes that medical issues confronting you and your baby are not to be treated in isolation to personal questions of well-being, relationships, and going back to work. You will find tips, tricks, and advice on issues ranging from diaper rash to travel to negotiating reentry with your boss. Compiled from the author’s own experience as a working mother, and complemented by input from friends across the globe, this book is a must-have for any new mother asking herself how to navigate childrearing, a career, and loving relationships in this busy, modern, and highly digitized age of parenting.

ABOUT THE AUTHOR:

Following over a decade of working and living in sub-Saharan Africa, Rachel Perks moved to Washington DC in 2012. Shortly thereafter, she met her husband at a horse race in Virginia, at which point the biggest adventure of her life—motherhood—began. Though her professional career has brought her to war zones and developing countries across the globe, motherhood has proven to be by far the riskiest yet most rewarding assignment she’s ever accepted. *The Little A–Z* is her response to the frequent feelings of overwhelm, isolation, and confusion she experienced as a foreigner navigating the early days of parenting in the nation’s capitol.

MAY 2020

Beginning with Cannonballs

A Novel



"... a gorgeous mosaic ... Coupe is one savvy, irresistible, and fearless writer."
—JOHN DUFRESNE, author of *I Don't Like Where This Is Going*

JILL McCROSKEY COUPE

Publication Date: May 26, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-848-4

E-ISBN: 978-1-63152-849-1

"This lyric novel is a gorgeous mosaic, fragmented in a way that lets the reader into the gaps in order to complete the meaning, to connect the narrative dots. *Beginning with Cannonballs* reminds me of an Alice Munro story, one that looks at people's lives over decades, like catching them in snapshots, so we can see how they relate to the people they once were. Jill McCroskey Coupe is one savvy, irresistible, and fearless writer."

—John Dufresne, author of *I Don't Like Where This Is Going*

BEGINNING WITH CANNONBALLS

A NOVEL

JILL McCROSKEY COUPE

DESCRIPTION:

In the 1940s, in segregated Knoxville, Tennessee, Gail (white) and Hanna (black) shared a crib in Gail's parents' house, where Hanna's mother, Sophie, was the live-in maid. When the girls were four, Sophie taught them to swim, and soon they were gleefully doing cannonballs off the diving board, playing a game they'd invented based on their favorite Billie Holiday song.

By the time they're both in college, however, the two friends have lost touch with each other. A reunion in Washington, DC—sought by Gail and resented by Hanna—sets the tone for their relationship from then on. Marriage, children, and a tragic death further strain the increasingly fragile bond. How much longer can the friendship last?

ABOUT THE AUTHOR:

Jill McCroskey Coupe's first job was gathering (collating) in her father's printing plant in Knoxville, Tennessee, in the foothills of the Great Smoky Mountains. A former librarian at Johns Hopkins University, she has an MFA in Fiction from Warren Wilson College, located in the heart of the Blue Ridge. The Southern Appalachians will always feel like home to her, but so does Baltimore, where she has lived for more than thirty years.

MAY 2020



Publication Date: May 26, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-874-3

E-ISBN: 978-1-63152-875-0

I'M SO GLAD YOU'RE HERE

A MEMOIR

PAMELA GAY

DESCRIPTION:

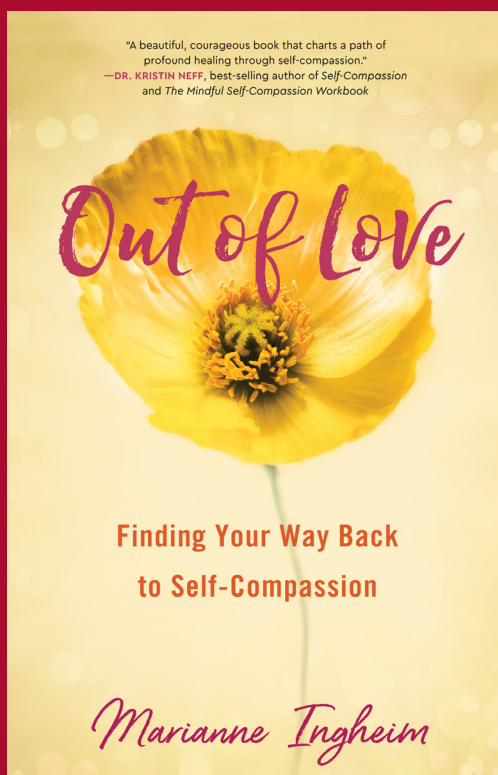
I'm So Glad You're Here is the story of a family disrupted by ramifications of a father's mental illness. The memoir opens with a riveting account of Gay, age eighteen, witnessing her father being bound in a straitjacket and carried out of the house on a stretcher. The trauma she experiences escalates when, after her father has had electroshock treatments at a state mental hospital, her parents leave her in a college dorm room and move from Massachusetts to Florida without her. She feels abandoned. Both her parents have gone missing.

Decades later, when Gay and her three much-older siblings show up for their father's funeral, she witnesses her sundered family's inability to gather together. Eventually, she is diagnosed with PTSD of abandonment and treated with EMDR therapy—and finally begins to heal. Poignant and powerful, *I'm So Glad You're Here* is Gay's exploration of the idea that while the wounds we carry from growing up in fractured families stay with us, they do not have to control us—a reflective journey that will inspire readers to think about their own relational lives.

ABOUT THE AUTHOR:

Pamela Gay is the recipient of a New York Foundation for the Arts (NYFA) award in creative nonfiction and an Independent eBook Award for her memoir *Homecoming*, which combined text, image, and sound. An installation based on this memoir and sponsored by the New York State Council on the Arts (NYSCA) included artifacts. Gay's writing has been published in *Brevity*, *Iowa Review*, *Paterson Literary Review*, *Midway Journal*, *Monkeybicycle*, *Grey Sparrow*, *Vestal Review*, and other literary journals, as well as two anthologies. Gay is a professor emerita at Binghamton University, State University of New York, where she taught courses in flash memoir and flash fiction. She lives in Upstate New York.

MAY 2020



Publication Date: May 26, 2020

Collections: Nonfiction, Self-help

Trim size: 5 X 7

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-695-4

E-ISBN: 978-1-63152-696-1

“... a beautiful, courageous book that charts a path of profound healing through self-compassion.”

—Dr. Kristin Neff, best-selling author of *Self-Compassion* and *The Mindful Self-Compassion Workbook*

“A helpful guide for readers hoping to move beyond self-blame that’s holding them back.”

—Kirkus Reviews

OUT OF LOVE

FINDING YOUR WAY BACK TO SELF-COMPASSION

MARIANNE INGHEIM

DESCRIPTION:

We all tell ourselves stories about who we are. Many of these stories are self-critical and disempowering. Through the practice of self-compassion, we can rewrite these stories and become more authentic and powerful versions of ourselves—transforming not only our own lives but also the lives of those around us.

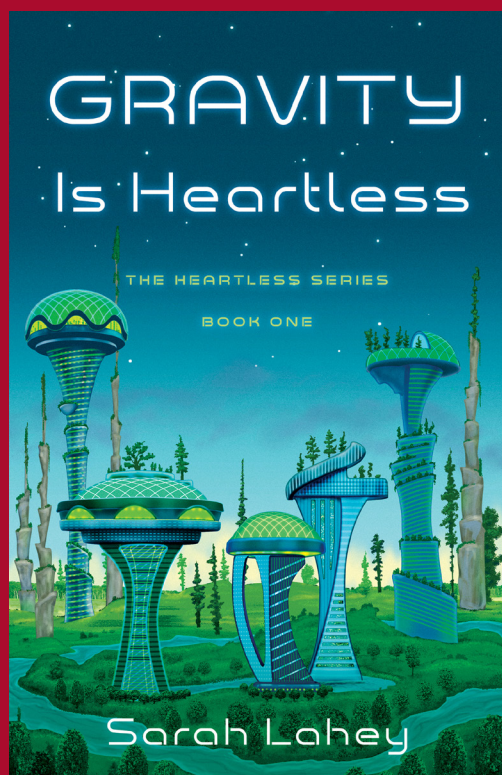
In short and personal pieces, Marianne Ingheim tells the story of how the practice of self-compassion has changed her life in ways big and small, helping her unlearn harsh self-criticism, survive multiple tragedies, and live more authentically. In the wake of a breast cancer diagnosis and her husband’s suicide, she discovers the power of self-compassionate storytelling and finds belonging within herself—and in doing so, she learns how to manage anxiety and stress, how to be authentic in relationships, and how to let go of comparison and be truly creative.

Through stories and journaling prompts, *Out of Love: Finding Your Way Back to Self-Compassion* aims to inspire readers to unlearn the self-critical patterns holding them hostage—and begin to live a happier, more courageous life.

ABOUT THE AUTHOR:

Marianne Ingheim is a Danish-Norwegian American writer, teacher, and PhD student at California Institute of Integral Studies. She lives in the San Francisco Bay Area. For more information, please visit www.marianneingheim.com.

JUNE 2020



Publication Date: June 2, 2020

Collections: Science Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-872-9

E-ISBN: 978-1-63152-873-6

GRAVITY IS HEARTLESS

THE HEARTLESS SERIES, BOOK ONE

SARAH LAHEY

DESCRIPTION:

What will the world look like in thirty years' time? How will humanity survive the oncoming effects of climate change? Set in the near future and inspired by the world around us, *Gravity is Heartless* is a romantic adventure that imagines a world on the cusp of climate catastrophe.

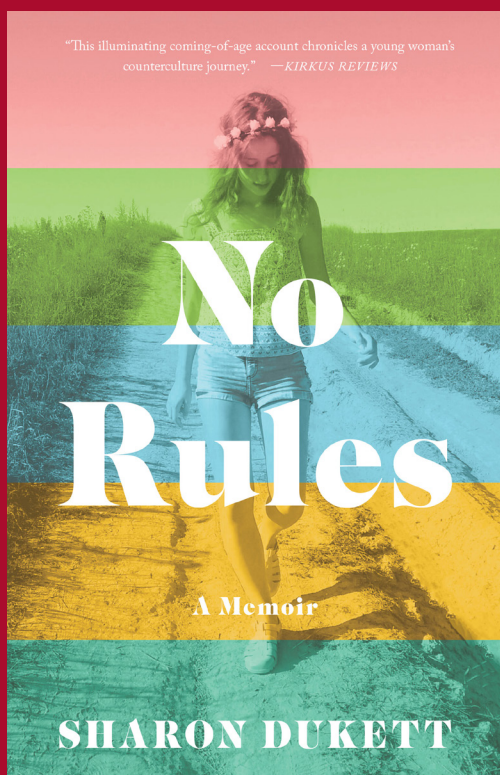
The year is 2050: automated cities, vehicles, and homes are now standard, artificial intelligence, CRISPR gene editing, and quantum computing have become a reality, and climate change is in full swing—sea levels are rising, clouds have disappeared, and the planet is heating up.

Quinn Buyers is a climate scientist who'd rather be studying the clouds than getting ready for her wedding day. But when an unexpected tragedy causes her to lose everything, including her famous scientist mother, she embarks upon a quest for answers that takes her across the globe—and she uncovers friends, loss, and love in the most unexpected of places along the way. *Gravity is Heartless* is bold, speculative fiction that sheds a hard light on the treatment of our planet even as it offers a breathtaking sense of hope for the future.

ABOUT THE AUTHOR:

Sarah Lahey is a designer, educator, and writer. She holds bachelor's degrees in interior design, communication, and visual culture and works as a senior lecturer teaching classes on design, technology, sustainability and creative thinking. She has three children and lives on the Northern Beaches in Sydney, Australia.

JUNE 2020



Publication Date: June 2, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-856-9

E-ISBN: 978-1-63152-857-6

"No Rules does more than pull us into the adventures of a girl who finds the courage to leave home and forge a life contrary to everything she has been taught. It is also a reminder that every girl has the right—and owes it to herself—to grow, learn, succeed, and become the woman she is meant to be, no matter how difficult it is to find her way and her purpose in a male-dominated society."

—Victoria Zackheim, author of *The Bone Weaver*

NO RULES

A MEMOIR

SHARON DUKETT

DESCRIPTION:

It's 1971 in Connecticut, and sixteen-year-old Sharon's parents think that, because she's a girl, she should become a clerical office worker after high school and live at home until she marries and has a family. But Sharon wants to join the hippies and be part of the changing society, so she leaves home and heads to California.

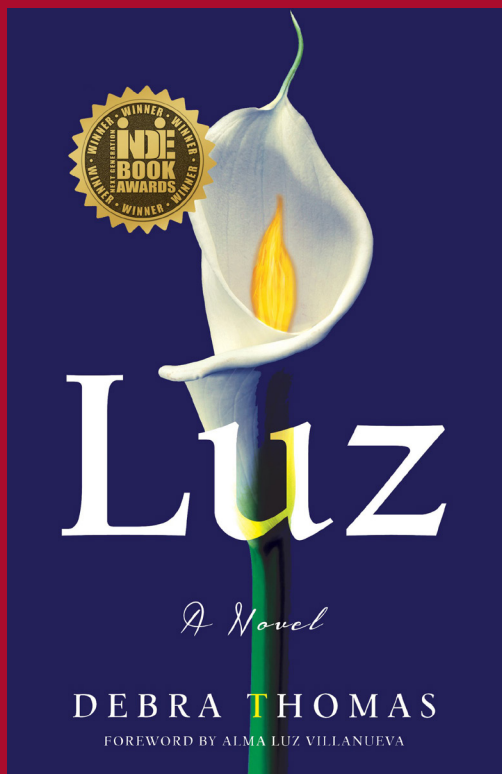
Upon arriving in California, Sharon is thrown into an adult world for which she is unprepared, and she embarks on a precarious journey amid the 1970s counterculture. On her various adventures across the country and while living on a commune, with friends and lovers filtering in and out of her life, she realizes she must learn quickly in order to survive—as well as figure out a way to reconcile her developing spirituality with her Catholic upbringing.

In this colorful memoir, Sharon reflects upon the changes that reshaped her during the 1970s women's movement and how they have transformed society's expectations for girls and women today—and, through it all, shares moments of triumph, joy, love, and awakening.

ABOUT THE AUTHOR:

Sharon Dukett has been a computer programmer, deputy director in state government, cocktail waitress, and project manager (PMP certified), and she has designed and embroidered handmade clothing. She travels extensively, using loyalty points and avoiding tourist traps. When she is home, she and her husband live in central Connecticut in a house he built that overlooks the Connecticut River—the house they raised their family in. When not writing or blogging, she is reading, skiing, biking, golfing, spending time with family and friends, creating clutter, and committing to more activities than she probably should. She loves reading memoir from a variety of backgrounds—to learn how others feel, experience life, and deal with their struggles. *No Rules* is her debut memoir.

JUNE 2020

**Publication Date: June 9, 2020**

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook**Distribution by Ingram Publisher Services****Print ISBN: 978-1-63152-870-5**

E-ISBN: 978-1-63152-871-2

"This is a novel of great tenderness and great brutality—Debra is right inside of her characters' minds, bodies, spirits, their souls, and doesn't spare the reader either tenderness or brutality."

—Alma Luz Villanueva, author of
The Ultraviolet Sky, winner of the American
Book Award

“Luz is a deeply generous novel, steeped with compassion, [and] written with an open, observant heart.”

—Gayle Brandeis, author of *The Book of Dead Birds*, winner of Barbara Kingsolver's Bellwether Prize for Fiction of Social Engagement

LUZ

A NOVEL

DEBRA THOMAS

DESCRIPTION:

Alma Cruz wishes her willful teenage daughter, Luz, could know the truth about her past, but there are things Luz can never know about the journey Alma took to the US to find her missing father when she was a young woman.

Alma's father knows her better than anyone else, encouraging her love of math and her dreams of becoming a teacher, so when he disappears in 1997 after leaving home to work on farms in California, a part of her is lost as well.

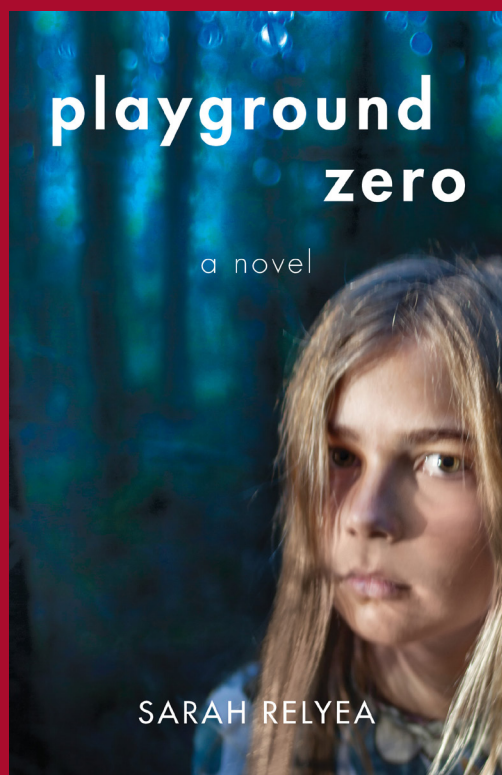
After three years of poverty, Alma and her sister Rosa set out on a perilous journey north to find their father. Along the way, Alma discovers first love and encounters both kindness and profound cruelty. What happens once she reaches the US is a journey from despair to hope. A connection to her father's past, the truth about a hidden letter, and her determined search to find farmworker-champion Dolores Huerta all help Alma move forward as she finds answers and gains the strength she needs to begin a new life in Los Angeles.

A timely novel that illuminates the plight of those desperate to cross the US border, *Luz* is also timeless in its depiction of the depths of family devotion and the blaze of first love.

ABOUT THE AUTHOR:

Originally from Upstate New York, Debra Thomas has lived in Southern California for most of her adult life. She holds both a bachelor's and a master's in English from California State University, Northridge, and attended the UCLA Extension Writers' Program. She has taught literature and writing at a Los Angeles public high school and English as a Second Language to adults from all over the world. Her experience as an advocate for immigrant and refugee rights led her to write *Luz*. She is currently at work on her second novel.

JUNE 2020



Publication Date: June 9, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-889-7

E-ISBN: 978-1-63152-888-0

PLAYGROUND ZERO

A NOVEL

SARAH RELYEA

DESCRIPTION:

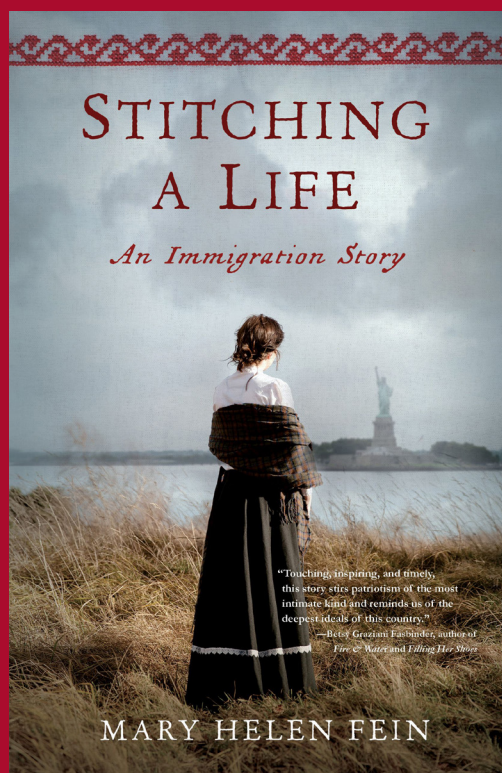
1968. It's the season of siren songs and loosened bonds—as well as war, campaign slogans, and assassination. Ten-year-old Alice Rayson has never thought of herself as a rebel, but when her father, Washington lawyer Tom Rayson, moves their family to Berkeley, everything changes. Her father soon busies himself earning his spurs chasing a sexy horsewoman through the Marin County woods; her mother, meanwhile, joins a peace party that's running a Black Panther for president.

Feeling abandoned by her family and confused in her newly integrated school, Alice embraces the moment and falls in with Jim and Valerie Dupres, whose anti-government dad helped found People's Park. Jim and Valerie learn the ropes on Telegraph Avenue, cadging meals and camping out in People's Park. But when the park falls to government forces, they find themselves confronting tear gas-spewing helicopters and National Guardsmen. As Alice's family and school fade away in a tear gas fog, the countercultural world of Berkeley brings ambiguous freedom to all who occupy its homes—and streets.

ABOUT THE AUTHOR:

Sarah Relyea left the Berkeley counterculture at age thirteen and processed its effects as a suburban teenager. She has long addressed questions of identity in her writing, including in her book of literary criticism, *Outsider Citizens: The Remaking of Postwar Identity in Wright, Beauvoir, and Baldwin* (Routledge, 2006). She has degrees in literature from Harvard College and The CUNY Graduate Center and has taught at universities in New York and Taiwan. She lives in Brooklyn.

JUNE 2020



Publication Date: June 9, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-677-0

E-ISBN: 978-1-63152-678-7

“The heroine of this story is my grandmother as well as the author’s. For years I wondered about her life in Lithuania as a young girl, about her brave journey to America on her own, what her life was like when she got here, and how she met my grandfather. To my shame, I never asked her about any of these things. But Mary Helen Fein has brought them all to life for me in wonderful, vivid colors, and now I see her as the young woman who eventually became my beloved old Nana.”

—Julian Barry, Oscar-nominated screenwriter of *Lenny* and many other films

STITCHING A LIFE

AN IMMIGRATION STORY

MARY HELEN FEIN

DESCRIPTION:

It’s 1900, and sixteen-year-old Helen comes alone in steerage across the Atlantic from a small village in Lithuania, fleeing terrible anti-Semitism and persecution. After arriving at Ellis Island, she finds a place to live in the colorful Lower East Side of New York. She quickly finds a job in the thriving garment industry and, like millions of others who are coming to America during this time, devotes herself to bringing the rest of her family to join her in the New World, refusing to rest until her family is safe in New York.

A few at a time, Helen’s family members arrive. Each goes to work with the same fervor she has and contributes everything to bringing over their remaining beloved family members in a chain of migration. Helen, meanwhile, makes friends and, once the whole family is safe in New York, falls in love with a man who introduces her to a different New York—a New York of wonder, beauty, and possibility.

ABOUT THE AUTHOR:

Mary Helen Fein was born in New York City in 1943. She attended schools in New York and began writing at the age of twelve, when her mother died. Writing has ever since been an important part of her life, a way to understand and process life’s events. Mary Helen holds a BA in English literature from Temple University and an MS in computer science engineering from the University of Pennsylvania; she also studied painting at the Pennsylvania Academy of Fine Arts, America’s oldest art school, for two years. Today she lives in Northern California, where she owns her own website design company, writes, paints, and teaches Insight meditation. In 2014, she published her first novel, *Loss of Deliverance*—the story of a young woman’s adventures in the drug trade during the 1960s.

JUNE 2020



Publication Date: June 16, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-868-2

E-ISBN: 978-1-63152-869-9

"Combining elements of reality with the supernatural, *Rachael's Return* takes the reader on an intricately plotted and heart-stopping journey of suspense even as it explores the larger themes of immortality and the inscrutable nature of both death and rebirth"

—Barbara Taylor Sissel, best-selling author of *What Lies Below* & *Tell No One*

"In this fascinating ethereal stunner, Rebhan explores unique concepts: Are soulmates real? Is there an afterlife? Do we reincarnate? On this wild emotional ride, readers will question the bonds that define us. A book with heart."

—Rea Frey, author of *Until I Find You*

RACHAEL'S RETURN

A NOVEL

JANET REBHAN

DESCRIPTION:

In present-day Los Angeles, Caroline Martin has everything but the thing her soul craves most: a daughter. When she undergoes what is supposed to be a routine hysterectomy, she unwittingly aborts the little girl she's always longed for, leaving the unborn baby's soul in limbo. Sharing a hospital room with Caroline is a pregnant woman who's just been shot by her boyfriend. Her unborn child is barely hanging on—and the soul of Caroline's hovering baby cannot resist the overwhelming urge to rebirth via this unclaimed fetus.

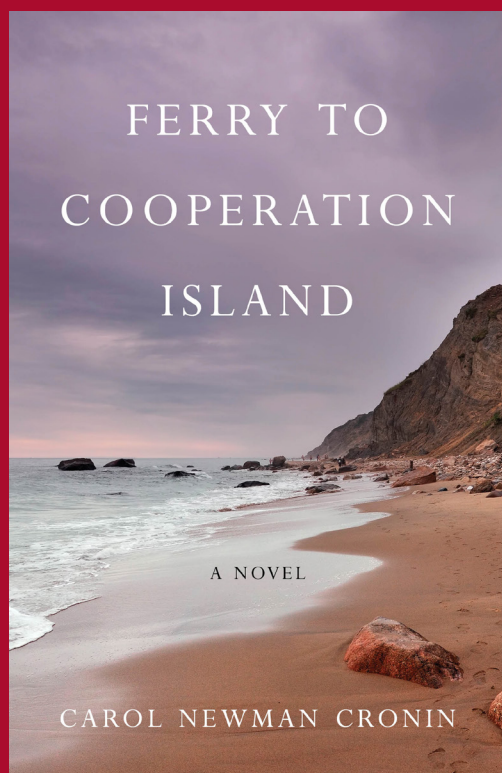
In the aftermath of these events, two engaging heavenly guides, working together through sensitive humans, struggle to find an alternate way to help Caroline and her would-be daughter forge the link that was always meant to be between them—before the child's brutal father makes good on his vow to steal the girl and disappear with her forever.

By turns comic and tragic, *Rachael's Return* explores the concept of soulmates, the afterlife, reincarnation, and relationships that never die, even as it offers readers a glimpse of the mysteries that exist within the ordinary and challenges assumptions about the true nature of reality.

ABOUT THE AUTHOR:

Janet Rebhan is the author of the novel *Finding Tranquility Base* (2012). Born in Texas, she was sixteen when she moved to Los Angeles, where she pursued acting and modeling before studying creative writing at UCLA. Rebhan has two grown daughters and still resides in the Los Angeles area. For more information, visit her website at www.janetrebhan.com.

JUNE 2020



Publication Date: June 16, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-864-4

E-ISBN: 978-1-63152-865-1

"Lifetime sailor Carol Newman Cronin combines well-drawn characters, their family legacies, and the history of the island itself in a vivid story about the struggle of preservation versus development, grace against greed.

Anyone who visits a New England island should have a copy of this in hand for summer reading. Wherever you look—the ferry landing, the coffee shop, the general store—you'll recognize the characters."

—Doug Logan, author of *BoatSense*

FERRY TO COOPERATION ISLAND

A NOVEL

CAROL NEWMAN CRONIN

DESCRIPTION:

Loner James Malloy is a ferry captain—or used to be, until he was unceremoniously fired and replaced by a girl named Courtney Farris. Now, instead of piloting Brenton Island's daily lifeline to the glitzy docks of Newport, Rhode Island, James spends his days beached, bitter, and bored.

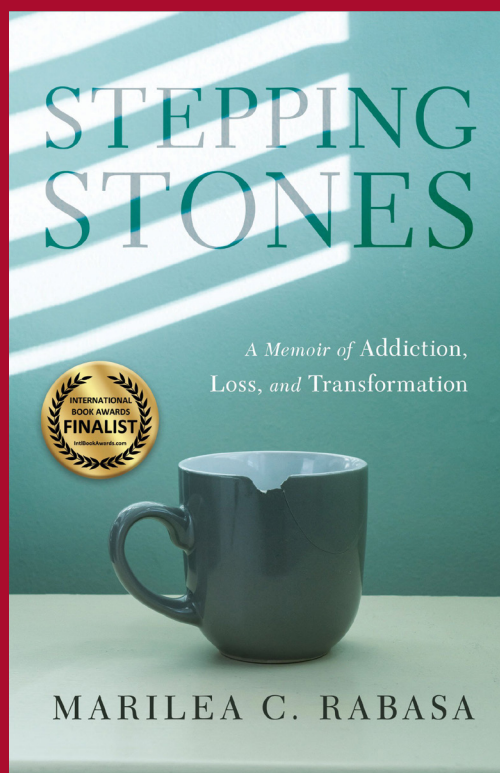
When he discovers a private golf course staked out across wilderness sacred to his dying best friend, a Narragansett Indian, James is determined to stop such "improvements." But despite Brenton's nickname being "Cooperation Island," James is used to working solo. To keep rocky bluffs, historic trees, and ocean shoreline open to all, he'll have to learn to cooperate with other islanders—including Captain Courtney, who might just morph from irritant to irresistible once James learns a secret that's been kept from him for years.

This salt-sprayed fourth novel by 2004 Olympic Sailor Carol Newman Cronin celebrates wilderness and water, open space and open-mindedness, and the redemptive power of neighborly cooperation.

ABOUT THE AUTHOR:

Carol Newman Cronin is an award-winning writer of stories about boats and waterfront personalities. A lifetime sailor, she won two races at the 2004 Olympics and continues to compete at events around the world.

JUNE 2020



Publication Date: June 16, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-898-9

E-ISBN: 978-1-63152-899-6

STEPPING STONES

A MEMOIR OF ADDICTION, LOSS, AND
TRANSFORMATION

MARILEA C. RABASA

DESCRIPTION:

Addiction is a stealth predator. Unrecognized, it will grow and flourish. Unchecked, it destroys.

Marilea Rabasa grew up in post-WWII Massachusetts in a family that lived comfortably and offered her every advantage. But they were also haunted by closely guarded family secrets. Alcoholism reached back through several generations, and it was not openly discussed. Shame and stigma perpetuated the silence. And Marilea became part of this ongoing tragedy.

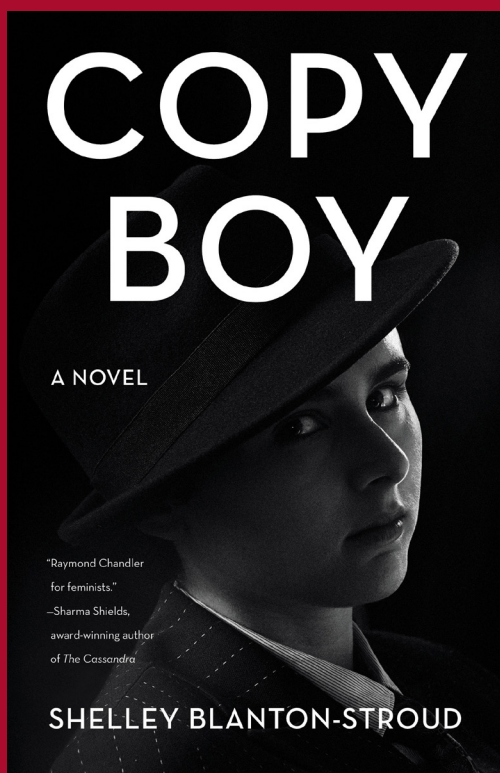
From an unhappy childhood to a life overseas in the diplomatic service to now, living on an island in Puget Sound, *Stepping Stones* chronicles Marilea's experiences, weaving a compelling tale of travel, motherhood, addiction, and heartbreaking loss. The constant thread throughout this story is the many faces and forms of addiction, phantoms that stalk her like an obsessed lover. What, if anything, will free her of the masks she has worn all her life?

An inspiring, poignant recovery story, *Stepping Stones* tells how Marilea took on the demons that plagued her all her life—and defeated them.

ABOUT THE AUTHOR:

Marilea Rabasa grew up in a small Massachusetts town. Her marriage took her overseas, where she lived with her husband and children in the Foreign Service. After divorcing, she taught English as a Second Language in Virginia for seventeen years, and earned a Master of Arts (Reflective Practice) in teaching. She joined Story Circle Network in 2013; since then, her stories have appeared in several publications, among them the SCN anthologies, their journal, and their blog, *One Woman's Day*. She has also blogged at www.recoveryofthespirit.com on the topic of addiction recovery since 2015. Marilea and her partner spend most of the year enjoying grandchildren, boats, and salt air on an island in Puget Sound. The rest of the year they live in New Mexico, where they grow produce for sale.

JUNE 2020



Publication Date: June 23, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-697-8

E-ISBN: 978-1-63152-698-5

"A stellar debut. *Copy Boy* may be Shelley Blanton-Stroud's first novel, but it's apparent from page one that she's been working on her craft for many years. Combining the best elements of noir, historical fiction, and coming-of-age stories, Blanton-Stroud has written a compelling, nuanced story. Deftly plotted and expertly executed, *Copy Boy* is as mesmerizing as the moment when the fog lifts over Nob Hill. Highly recommended."

—Sheldon Siegel, *New York Times* best-selling author of the Mike Daley/Rosie Fernandez novels

COPY BOY

A NOVEL

SHELLEY BLANTON-STROUD

DESCRIPTION:

You think you're a body, but you're not—you're a kind of electricity, though you've got to fill the right body to go anywhere, do anything important. That's how seventeen-year-old Jane explains it to herself.

Manipulated by her mother and urged by the voice of her dead twin brother, Benjamin, Jane hits her father with a crowbar, leaves him for dead in an irrigation ditch, and escapes to San Francisco.

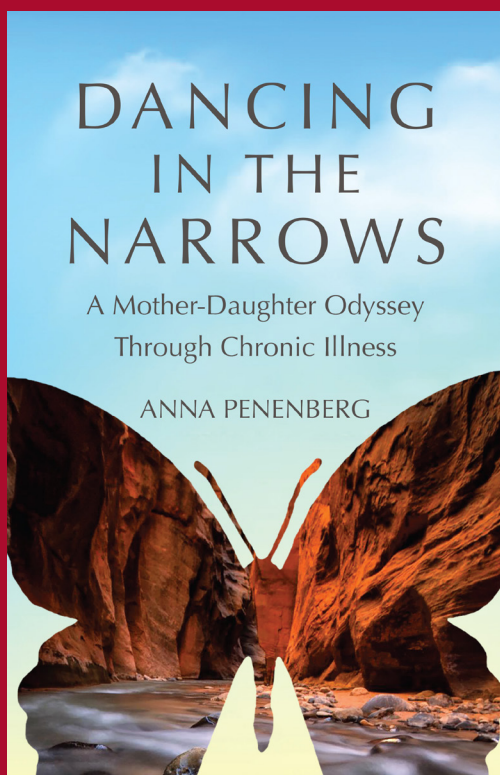
It's 1937, the height of the Great Depression, and there are almost no jobs for girls, so Jane turns herself into Benny and gets hired as a newspaper copy boy. She soon begins to climb the ladder at the paper, gaining validation, skill, and connections with the artists and thinkers of her day; but then her father appears on the paper's front page, his arm around a girl who was just beaten into a coma one block from Jane's newspaper—hit in the head with a crowbar.

Jane's got to find her father before he finds her, and before everyone else finds her out. She's got to protect her invented identity. This is what she thinks she wants. It's definitely what her dead brother wants.

ABOUT THE AUTHOR:

Shelley Blanton-Stroud grew up in California's Central Valley, the daughter of Dust Bowl immigrants who made good on their ambition to get out of the field. She teaches college writing in Northern California and consults with writers in the energy industry. She serves on the advisory boards of 916 Ink, an arts-based creative writing nonprofit for children, and Stories on Stage Sacramento, where actors perform the stories of established and emerging authors. She has also served on the Writers' Advisory Board for the Belize Writers' Conference. *Copy Boy* is her first novel, and she's currently working on her second. She also writes and publishes flash fiction and nonfiction, which you can find at such journals as *Brevity* and *Cleaver*. She and her husband live in Sacramento with an aging beagle and many photos of their out-of-state sons. To learn where you can read her stories and more, go to www.shelleyblanton-stroud.com.

JULY 2020



Publication Date: July 7, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-838-5

E-ISBN: 978-1-63152-839-2

“This compelling memoir pulls you into an epic search for answers in a medical system where there is limited understanding of chronic Lyme disease, and where both Western and alternative medicines are challenged. Amidst fear and exhaustion, as well as the age-old struggle of independence between parent and child, we find humor, road trips, and nature treks. You will undoubtedly be inspired by this story of a woman’s lifelong focus on wellness.”

—JJ Virgin, *New York Times* best-selling author of *Warrior Mom*

DANCING IN THE NARROWS

A MOTHER-DAUGHTER ODYSSEY THROUGH CHRONIC ILLNESS

ANNA PENENBERG

DESCRIPTION:

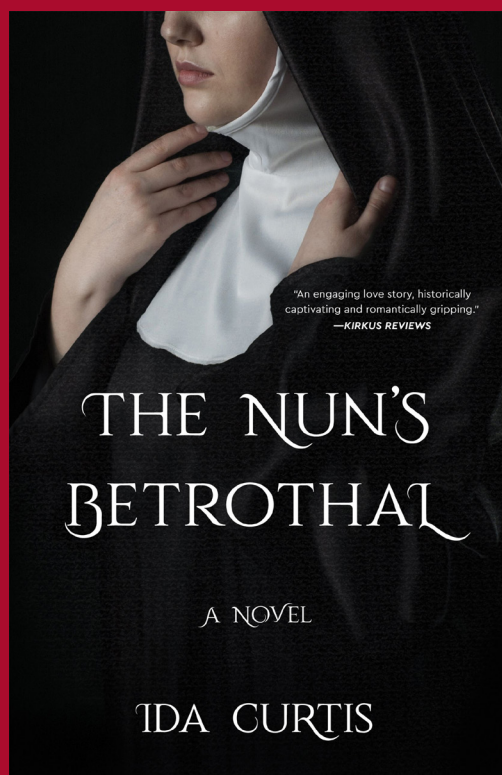
Dancing in the Narrows is the story of a mother’s love and persistence in the face of fear and defeat. At sixteen, Anna Penenberg’s daughter, Dana, is stricken with a debilitating illness that is eventually identified as chronic Lyme disease—a disease with no known cure. In search of wellness, mother and child are propelled through the established medical world and beyond. Completely dependent on Anna, in so much pain that she can barely move, Dana spends years on the couch, and her extreme environmental sensitivities ultimately drive friends and family away—everyone but Anna.

After a nearly fatal five-month trial of IV antibiotics, Dana and Anna decide to leave Western medicine behind. Together, they enter the rarified world of restricted diets, esoteric protocols, and alternative medical treatments, one of which necessitates fifteen trips over the Mexican border for RHP ozone treatments—treatments that are illegal in the United States. Full of terror, adventure, laughter, and sheer grit, *Dancing in the Narrows* is an exploration of the healing journey as an opportunity to grow and expand through love, commitment, and experience—and a chronicle of a mother-daughter odyssey like no other.

ABOUT THE AUTHOR:

Anna Penenberg, MA, is a healer by nature and training, and the mother of two daughters. She holds a BA in dance and psychology and a master’s degree in Dance Therapy from UCLA and a California license in psychotherapy. After her children were born, she trained as a Kundalini Yoga teacher and a somatic therapist in craniosacral therapy, Body-Mind Centering®, and Infant Developmental Movement Education. She has worked over the last thirty-five years with adults, children, and infants, focusing on facilitating integration—brain and body, psyche and spirit. She continues her healing practice in Topanga, CA, and in her free time she enjoys reading, yoga, hiking, and working on her next memoir.

JULY 2020



Publication Date: July 7, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-685-5

E-ISBN: 978-1-63152-686-2

"Curtis delivers a wonderfully fresh romantic mystery that combines the arcane complications of medieval marriage customs, court intrigue, and a smart, witty heroine in a fast-paced tale that will delight readers with twists and surprises right up to the very last page. Gilda and Justin are well-matched, both as lovers and as sleuths. They deserve an entire series."

—Jayne Ann Krentz (a.k.a. Amanda Quick),
author of *Untouchables* and *The Lady Vanishes*

THE NUN'S BETROTHAL

A NOVEL

IDA CURTIS

DESCRIPTION:

Just before taking her vows, Sister Gilda, along with Lord Justin, King Louis's counselor, is given a task: investigate grounds for the annulment of a marriage between Count Cedric and Lady Mariel. Together, they discover that Mariel believes she actually married Cedric's younger half-brother Phillip—Cedric's surrogate—at the marriage ceremony, and that Cedric plans to marry Lady Emma as soon as the annulment is granted. Emma and Phillip, meanwhile, have declared their love for each other.

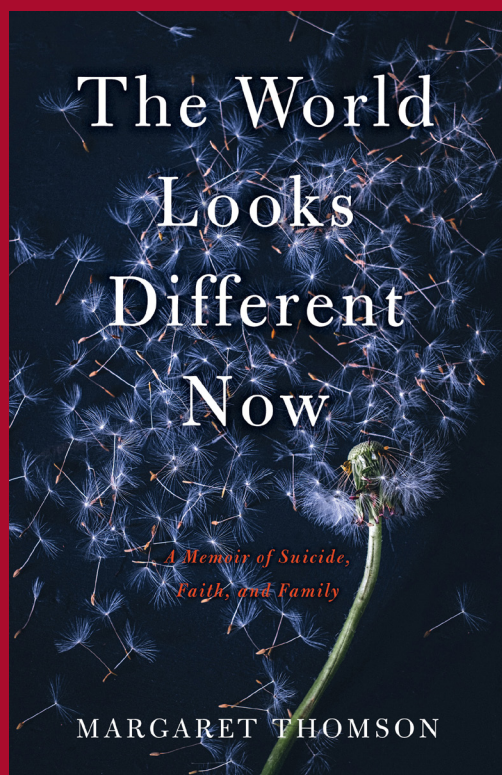
Gilda and Justin must find a fair and just solution that will satisfy the principals, the archbishop, and the king—and at the same time deal with the distracting passion developing between the two of them. As they work together to unravel the mysterious circumstances of the count's marriage, their attraction grows—threatening Gilda's freedom and Justin's reputation.

Set in ninth-century France, *The Nun's Betrothal* is a suspenseful, romantic tale of court intrigue and forbidden love.

ABOUT THE AUTHOR:

Ida Curtis was born in 1935 in New Haven, Connecticut. She grew up and went to school in Newington, Connecticut, where at age eighteen she contracted polio. After two years of rehabilitation, she spent two years at St. Joseph's College in West Hartford before marrying her husband, Jared. Following his academic career, they lived in various places, including four years at Indiana University, where Ida finished her BA degree in history. In 2002, after thirty years in Vancouver, British Columbia, they returned to the US to live in Seattle, Washington. Ida has been writing fiction and memoir since she retired in 1996. A member of Pacific Northwest Writers Association, she won first prize for historical fiction at PNWA's annual convention in 2009. Her novel, *Song of Isabel*, grew out of that experience. She published *My Polio Memoir: 1953–2016* with Lulu.com in 2016.

JULY 2020



Publication Date: July 14, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-693-0

E-ISBN: 978-1-63152-694-7

“A beautifully written and harrowing tale of a mother coming to terms with her son’s devastating suicide. *The World Looks Different Now* offers comfort and companionship to other parents grieving this unbearable loss.”

—Sarah Neustadter, PhD, author of *Love You Like the Sky*

“Margaret Thomson has achieved the near-impossible by looking grief right in the eye and finding a story that illuminates us on the toughest topic there is. With grace, a light touch, and a great deal of truth, she moves us past the plot of her tale of loss and into a place of knowing.”

—Marion Roach Smith

THE WORLD LOOKS DIFFERENT NOW

A MEMOIR OF SUICIDE, FAITH, AND FAMILY

MARGARET THOMSON

DESCRIPTION:

The World Looks Different Now takes readers behind the statistics and into the private world of a family whose lives are forever changed following the suicide of the family’s older son less than three months before he was due to deploy to Afghanistan.

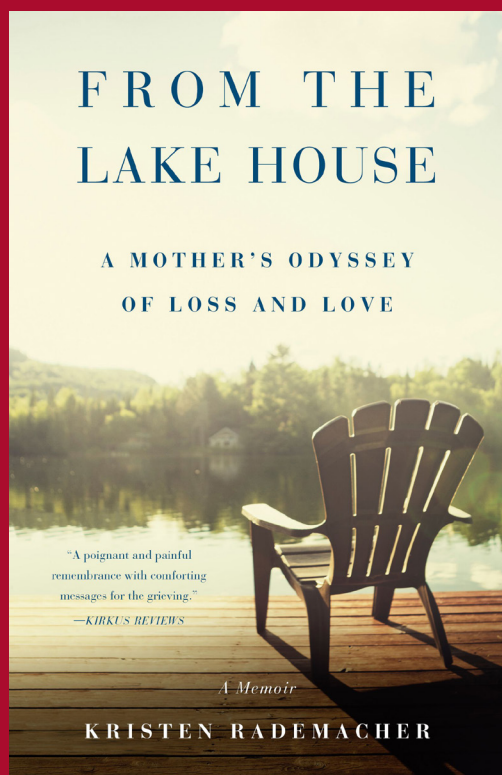
A journalist as well as a grieving mother, author Margaret Thomson instinctively turns to writing during the weeks, months, and even years following her son’s death in an effort to make sense out of a seemingly senseless act that she never dreamed could happen. In *The World Looks Different Now*, she chronicles the grueling journey she and her husband, along with their surviving son, are forced to embark upon as they move toward eventual—if only partial—healing.

Poignant and insightful, this memoir will help those who’s suffered a major loss to better understand the need to grieve at one’s own pace, as well as in one’s own individual way.

ABOUT THE AUTHOR:

Margaret Thomson is a journalist and television producer who’s reported on a variety of subjects, from Middle East politics to the British royal family. As a radio correspondent for ABC News, she was the first American broadcast journalist to report the end of the Falklands War in May 1982; several years later, she became the first radio correspondent to report on the AIDS epidemic in Africa. Upon returning to the United States in 1992, she taught journalism and television production at the University of Memphis. In 1993, she worked as a production associate on the HBO documentary *The Trial of James Earl Ray*. Thomson continues to write for print and online publications. In 2016, she and her husband, Tim relocated from Memphis to Franklin, Tennessee. Their son Matt, a recent graduate of the United States Merchant Marine Academy, visits frequently from his job in the shipping industry.

JULY 2020



Publication Date: July 21, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-866-8

E-ISBN: 978-1-63152-867-5

FROM THE LAKE HOUSE

A MOTHER'S ODYSSEY OF LOSS AND LOVE

KRISTEN RADEMACHER

DESCRIPTION:

Dizzy with grief after a shattering breakup, Kristen did what any sensible thirty-nine-year-old woman would do: she fled, abandoning her well-ordered life in metropolitan Boston and impulsively relocating to a college town in North Carolina to start anew with a freshly divorced southerner.

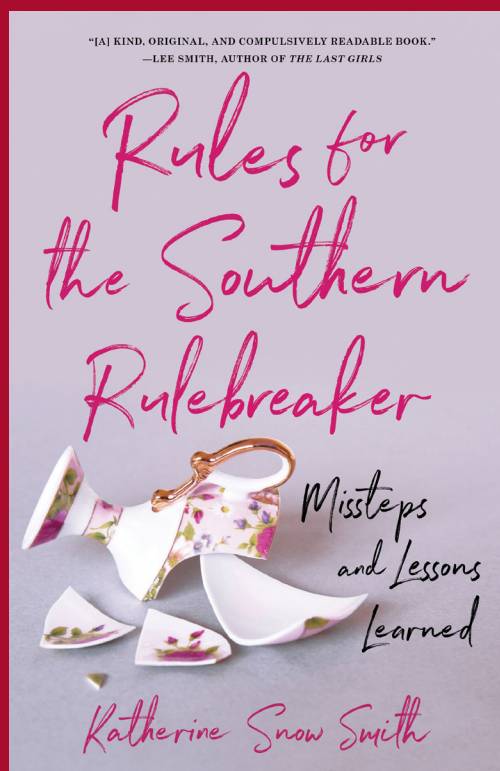
Dismissing the neon signs that flashed Rebound Relationship, Kristen was charmed by the host of contrasts with her new beau. He loved hunting and country music, she loved yoga and NPR; he worried about nothing, she worried about everything. The luster of her new romance and small-town lifestyle soon—and predictably—faded, but by then a pregnancy test stick had lit up. As Kristen's belly grew, so did her concern about the bond with her partner—and so did a fierce love for her unborn child. Ready or not, she was about to become a mother. And then, tragedy struck.

Poignant and insightful, *From the Lake House* explores the echoes of rash decisions and ill-fated relationships, the barren and disorienting days an aching mother faces without her baby, and the mysterious healing that can take root while rebuilding a life gutted by loss.

ABOUT THE AUTHOR:

Kristen Rademacher has lived in Chapel Hill, North Carolina, since 2002, which is when she began writing. *From the Lake House* is her first memoir. She holds a master's degree in education and life coach certification, and is an Academic Coach at the University of North Carolina at Chapel Hill.

JULY 2020



Publication Date: July 21, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-858-3

E-ISBN: 978-1-63152-859-0

"Katherine Snow Smith's sure voice, deft pen, hilarious sense of humor, and always original slant on things offer the reader much to enjoy in these delightful essays—and also much to identify with, especially for another southern girl. Her delightful, humorous accounts always convey a deeper truth—about self-image, especially for women; about raising children; about an early death in the family and the later loss of a friend; about politics and belief—about life itself."

—Lee Smith, author of *Fair and Tender Ladies* and winner of the Robert Penn Warren Award for Fiction and the Southern Book Critics Circle Award

RULES FOR THE SOUTHERN RULEBREAKER

MISSTEPS AND LESSONS LEARNED

KATHERINE SNOW SMITH

DESCRIPTION:

Southern women are inundated with rules starting early—from always wearing sensible shoes to never talking about death to the dying, and certainly not relying on song lyrics for marriage therapy.

Nevertheless, Katherine Snow Smith keeps doing things like falling off her high heels onto President Barack Obama, gaining dubious status as the middle school "lice mom," and finding confirmation in the lyrics of Miranda Lambert after her twenty-four-year marriage ends. Somehow, despite never meaning to defy southern expectations for parenting, marriage, work, and friendship, Smith has found herself doing just that for over four decades. Luckily for everyone, the outcome of these "broken rules" is this collection of refreshing stories, filled with vulnerability, humor, and insight, sharing how she received lifelong advice from a sixth-grade correspondence with an Oscar-winning actress, convinced a terminally ill friend to write good-bye letters, and won the mother of all "don't give up" lectures by finishing a road race last (as the pizza boxes were thrown away).

Rules for the Southern Rule Breaker will resonate with every woman, southern or not, who has a tendency to wander down the hazy side roads and realizes that the rewards that come from listening to the pull in one's heart over the voice in one's head.

ABOUT THE AUTHOR:

Katherine Snow Smith has lived throughout the South as a newspaper reporter, magazine editor, public relations executive, daughter, sister, mother, wife, divorcee, and friend. She graduated from the University of North Carolina at Chapel Hill and started her journalism career covering three miniscule towns in South Carolina. After a stint covering business in Charlotte, NC, she got married, moved to Florida, and started a twenty-year career at the *Tampa Bay Times*—first covering business, and then, after having a baby, creating a parenting column, Rookie Mom, for the paper. Now—three kids, two careers, and one divorce later—she's embracing the fact that life has many chapters.

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Cathy Richardson, lead singer of Jefferson Starship

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Matt Iseman, host of *American Ninja Warrior*

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SheBooks is now part of She Writes Press

SparkPoint Studio, parent company of award-winning hybrid publisher She Writes Press, announced in 2018 the acquisition of SheBooks, a women's e-book publisher with the mission of bridging the gap between magazines and books by carefully curating and publishing short e-books, by and for women, designed for women's busy lives. The acquisition of SheBooks, which SparkPoint rolled into She Writes Press, is a testament to the reputation and success of She Writes Press in the hybrid publishing space. It also demonstrates SparkPoint Studio's continued investment and commitment to growing She Writes Press as the leader and gold standard in hybrid publishing for women authors and expand She Writes Press's product offerings.

SheBooks was cofounded in 2013 by Laura Fraser, journalist and best-selling author (*An Italian Affair*); veteran magazine editor Peggy Northrop (former Global Editor-in-Chief of *Reader's Digest* and former Editor-in-Chief of *More* magazine and *Sunset* magazine); and publishing veteran Rachel Greenfield (former Executive Vice President, Martha Stewart Living Omnimedia).

When it launched, SheBooks was awarded a seed grant by the New Media Women's Entrepreneurial Fund, raised additional funding, and was able to publish 75 high-quality short e-book titles from well-respected authors, including best-selling author Hope Edelman; National Book Award nominee Ann Pearlman; best-selling author Caroline Leavitt; PEN award-winning memoirist Faith Adiele; and many others.





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