

2020
**SHE WRITES
PRESS
CATALOG**



ABOUT SHE WRITES PRESS

She Writes Press is an independent publishing company, founded in 2012, with a thriving publishing program dedicated to community, education, and giving women authors a voice and a platform for their writing.

We are a curated press that's both mission-driven and community-oriented, aiming to serve writers who wish to maintain greater ownership and control of their projects while still getting the highest-quality editorial help possible for their work.

Every expert we work with has been handpicked by She Writes Press Publisher Brooke Warner.

Celebrating eight years of publishing in 2020, She Writes Press has signed more than 400 authors. We are an award-winning press whose authors have appeared in publications ranging from *O*, *The Oprah Magazine* to *People* to *Redbook*, as well as all the industry trade reviews. Our books are distributed by Ingram Publisher Services and are sold into bookstores, libraries, and specialty retail accounts. We are excited to be partnering with high-caliber authors whose books are giving the publishing industry reason to keep its eye on She Writes Press.

She Writes Press is a proud member of the SparkPoint Studio family, spearheaded by its CEO, Crystal Patriarche.

Publisher Brooke Warner is a cofounder of the press and leads the editorial and production department along with associate publisher and editorial manager Lauren Wise and two project managers, Samantha Strom and Shannon Green.

She Writes Press is known for its beautiful cover designs and interiors; for this we would like to thank our design team, led by Creative Director Julie Metz, who's supported in her efforts by Leah Lococo, Tabitha Lahr, Rebecca Lown, Kiran Spees, Stacey Aaronson, and Katherine Lloyd.

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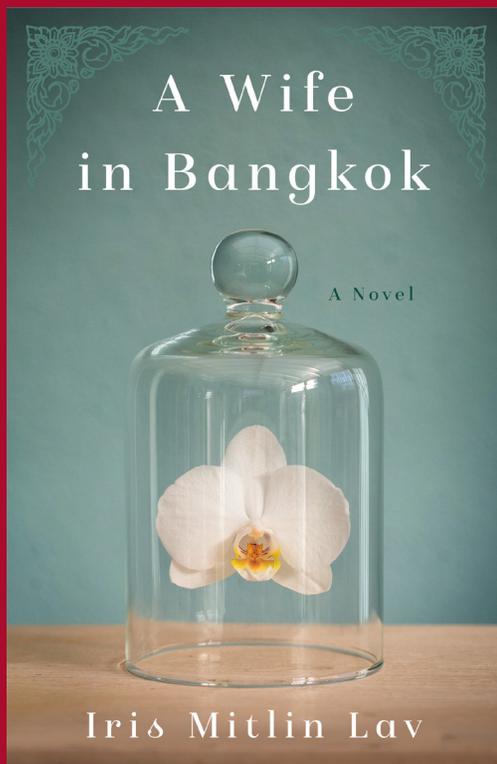
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Fall
2020

AUGUST 2020



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Print ISBN: 978-1-63152-707-4

E-ISBN: 978-1-63152-707-4

“A thoughtful portrayal of a major depressive episode in a wife and mother leaving everything behind in the 1970s to follow her husband to a foreign country for his career, also known as ‘trailing spouse syndrome.’ Culture clash and resentment ensue, leading to her treatment in a Houston psychiatric facility, which is illustrated in a sensitive way without stigma.”

—Karen B. Rosenbaum, MD, psychiatrist and faculty at NYU and Weill Cornell Medical College

A WIFE IN BANGKOK

A NOVEL

IRIS MITLIN LAV

DESCRIPTION:

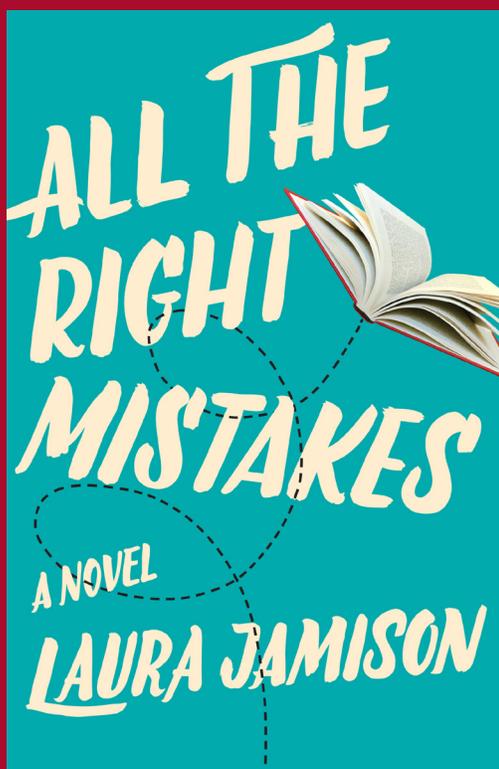
When Crystal’s husband, Brian, suddenly announces that his company is sending him to manage its Bangkok office and that he expects her and their children to come along, she reluctantly acquiesces. She doesn’t want to leave the job she loves and everything familiar in their small Oklahoma town; it’s 1975, however, and Crystal, a woman with traditional values, feels she has to be a good wife and follow her husband.

Crystal finds beauty in Thailand, but also isolation and betrayal. Fighting intense loneliness and buffeted by a series of frightening and shocking events, she struggles to adapt to a very different culture and battle a severe depression—and, ultimately, decide whether her broken relationship with her husband is worth saving.

ABOUT THE AUTHOR:

Iris Mitlin Lav grew up in the Hyde Park neighborhood of Chicago, Illinois. She moved to Washington, DC, with her husband in 1969, where they raised three children. She is retired from a long, award-winning career of policy analysis and management with an emphasis on improving policies for low- and moderate-income families. She has traveled extensively in the US and abroad, and she lived in Thailand for two years in the 1970s. She and her husband now live in Chevy Chase, Maryland, with Mango, their goldendoodle, and with grandchildren nearby.

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“A vivid, relatable, swiftly moving portrait of five women each learning to pursue happiness and success on her own terms and in her own time.”

—Helen Wan, author of *The Partner Track*

ALL THE RIGHT MISTAKES

A NOVEL

LAURA JAMISON

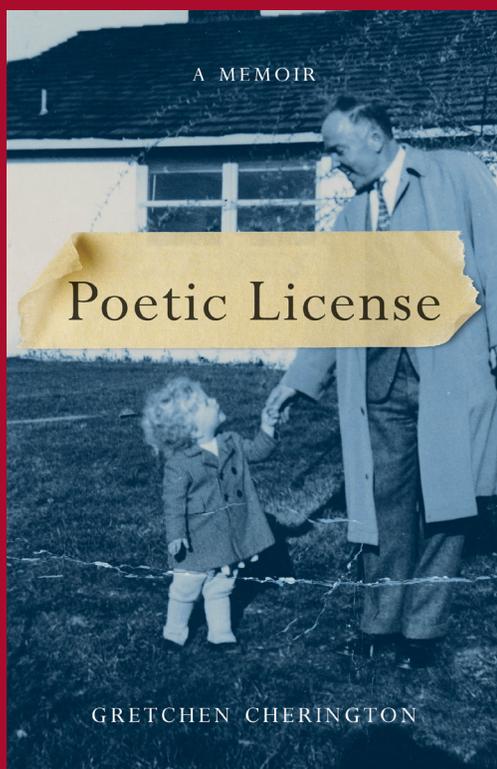
DESCRIPTION:

Five college friends have arrived at forty in very different circumstances, but with at least one thing in common: they are among the more privileged in society. Elizabeth and Sara are lawyers, Martha is a doctor, Carmen is a wealthy and well-educated homemaker, and Heather, the most successful, is a famous tech executive—and after more than two decades of friendship, they know one another better than anyone. Then Heather writes a women’s advice book detailing the key life “mistakes” of her four friends—opting out, ramping off, giving half effort, and forgetting your fertility—that becomes wildly popular, and Elizabeth, Sara, Martha, and Carmen all feel the sting of her cruel words. Despite their status, these women face everyday obstacles, including work problems, parenting challenges, secondary infertility, racism, sexism, financial stress, and marital woes—and as they weather their fortieth year, each one can’t help but wonder if their life might have been different if they had followed Heather’s advice. But as these friends are continually reminded, life is complex, messy, disappointing, and joyful, often all at once—and no one can plan her way out of that reality. In the end, all five women must embrace the idea that their lives are shaped not just by their choices but also by how they handle the obstacles life inevitably throws at us all.

ABOUT THE AUTHOR:

Laura Jamison is an attorney from Whitefish Bay, Wisconsin, where she lives with her husband and their four children. When she is not practicing law or writing, she is driving her kids to one of their many activities in her minivan. Laura is a graduate of Dartmouth College and the University of Michigan Law School. This is her first book.

AUGUST 2020



Publication Date: August 4, 2020

Collections: Memoir

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E-ISBN: 978-1-63152-712-8

“Pulitzer Prize–winning poet Richard Eberhart was a close friend of many years, a beloved colleague. I loved his genial personality and admired his unique poetic gift. He was a generous man but, as his daughter shows, a difficult and complex person as well. This is a vivid memoir, flaws and all, and Gretchen Eberhart Cherington has crafted a narrative worth reading closely.”

—Jay Parini poet, novelist, critic, and author of *The Last Station: A Novel of Tolstoy's Last Year*

POETIC LICENSE

MEMOIR

GRETCHEN CHERINGTON

DESCRIPTION:

At age forty, with two growing children and a new consulting company she'd recently founded, Gretchen Cherington, daughter of Pulitzer Prize–winning poet Richard Eberhart, faced a dilemma: Should she protect her parents' well-crafted family myths while continuing to silence her own voice? Or was it time to challenge those myths and speak her truth—even the unbearable truth that her generous and kind father had sexually violated her? In this powerful memoir, aided by her father's extensive archives at Dartmouth College and interviews with some of her father's best friends, Cherington candidly and courageously retraces her past to make sense of her father and herself. From the women's movement of the '60s and the back-to-the-land movement of the '70s to Cherington's consulting work through three decades with powerful executives to her eventual decision to speak publicly in the formative months of #MeToo, *Poetic License* is one woman's story of speaking truth in a world where, too often, men still call the shots.

ABOUT THE AUTHOR:

Gretchen Eberhart Cherington grew up in a household that—thanks to her Pulitzer Prize–winning father, the poet Richard Eberhart—was populated by many of the most revered poets and writers of the twentieth century, from Robert Frost to James Dickey. She's spent her adult life advising top executives in changing their companies and themselves. Her essays have been published in *Crack The Spine*, *Bloodroot Literary Magazine*, and *Yankee Magazine*, among other journals and newspapers, and her essay “Maine Roustabout” was nominated for a 2012 Pushcart Prize. Cherington is a leader in her community and has served on twenty boards. Passionate about her family and friends, she most enjoys spending time with them at home or in wild places around the world. Gretchen splits her time between Plainfield, New Hampshire, and Brooksville, Maine.

AUGUST 2020

LIFE AND OTHER SHORTCOMINGS



Publication Date: August 4, 2020

Collections: Fiction

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E-ISBN: 978-1-63152-714-2

“All that glitters is not gold in Corie Adjmi’s wonderful short story collection *Life and Other Shortcomings*. Adjmi exposes the fear, envy, and yearning that simmer just beneath the surface of her characters’ beautiful lives. Her writing is both elegant and powerful. I was hooked from the first page to the last.”

—Ellen Sussman, *New York Times* best-selling author of *A Wedding in Provence*, *The Paradise Guest House*, *French Lessons*, and *On a Night Like This*

LIFE AND OTHER SHORTCOMINGS

STORIES

CORIE ADJMI

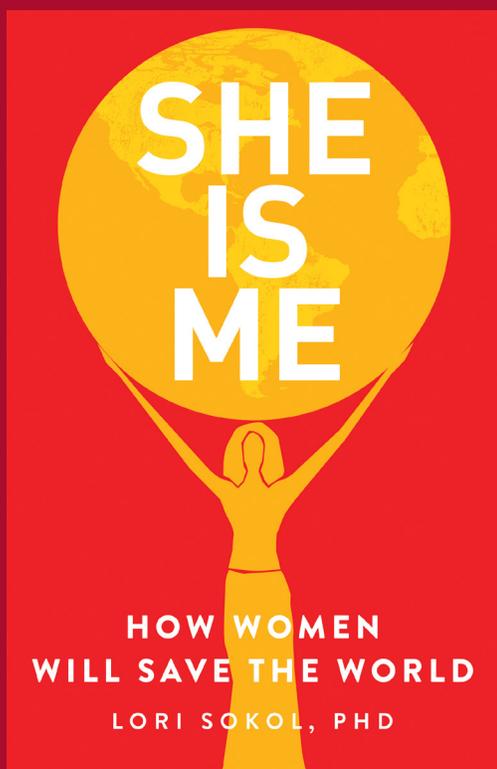
DESCRIPTION:

Life and Other Shortcomings is a collection of linked short stories that takes the reader from New Orleans to New York City to Madrid, and from 1970 to the present day. The women in these twelve stories make a number of different choices: some work, others don’t; some stay married, some get divorced; others never marry at all. Through each character’s intimate journey, specific truths are revealed about what it means to be a woman—in relationship with another person, in a particular culture and era—and how these conditions ultimately affect her relationship with herself. The stories as a whole depict patriarchy, showing what still might be, but certainly what was, for some women in this country before the #MeToo movement. Both a cautionary tale and a captivating window into women’s lives, *Life and Other Shortcomings* is required reading for anyone interested in an honest, incisive, and compelling portrayal of the female experience.

ABOUT THE AUTHOR:

Corie Adjmi grew up in New Orleans. She started writing in her late thirties, and her award-winning fiction and personal essays have since appeared in close to two dozen publications, including *North American Review*, *Indiana Review*, *South Dakota Review*, and, more recently, *HuffPost* and *Man Repeller*. In 2019, *Life and Other Shortcomings* was a finalist for the G. S. Sharat Chandra Prize for short fiction from BkMk Press. When she is not writing, Corie does volunteer work, cooks, draws, bikes, and hikes. She and her husband have five children and a number of grandchildren, with more on the way. She lives and works in New York City.

AUGUST 2020



Publication Date: August 11, 2020

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E-ISBN: 978-1-63152-716-6

“Lori Sokol has done something extraordinary with *She Is Me*: she writes stories—chapters—about the women who have shaped her, shaped this world, warriors and SHEroes and activists and Artists—brave and bold and delicious women, women we know of and hear of and fall in love with but never get quite near. What Lori has done beautifully—seamlessly, dare I say—is bring them to life in a way that makes you actually feel that each woman is a new friend. This book should be read by all women and all girls because THIS BOOK is filled with hope and possibility and unlimited power.”

—Amy Ferris, author of *Marrying George Clooney: Confessions from a Midlife Crisis*

SHE IS ME

HOW WOMEN WILL SAVE THE WORLD

LORI SOKOL

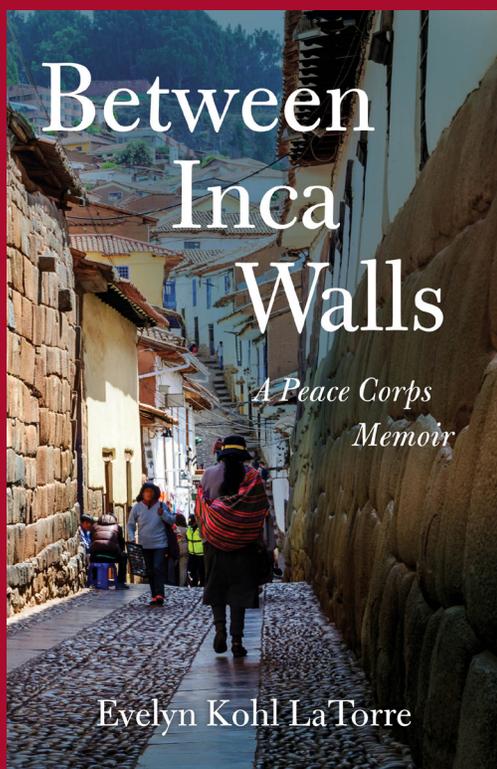
DESCRIPTION:

Women are entering the national and international arena more than ever today, from political campaigns to corporate boards to entrepreneurship, and their success is showing. Statistics show that when women lead countries, those countries are less apt to go to war. There is also a positive correlation between the number of women on corporate boards and greater profits. Women entrepreneurs have also been shown to generate higher revenues and create more jobs than male entrepreneurs. In *She Is Me*, veteran journalist Lori Sokol, PhD, introduces readers to thirty-five women hailing from all walks of life who have successfully utilized qualities like compassion, empathy, introspection, and solidarity to create change and transform lives. Through interviews with women including Gloria Steinem, Billie Jean King, and Nobel Peace Prize recipient Leymah Gbowee, readers will come to understand how these traits, which have long been considered soft and weak in our patriarchal culture, are what we need to transform lives, secure our planet, and save the world.

ABOUT THE AUTHOR:

Lori Sokol, PhD, is a veteran journalist with more than thirty years of experience. Her articles have appeared in the *Huffington Post* and *Baltimore Sun*, and on Slate.com. She was recently interviewed on the *Wall Street Journal's* podcast and by Forbes.com. She currently serves as the executive director and editor-in-chief of Women's eNews, an award-winning, non-profit news organization that reports on the most crucial issues impacting women and girls around the world. Dr. Sokol has also spoken internationally at a number of women's empowerment summits and conferences in the United States and Asia. She is coauthor of *The Agile Workplace and Workforce: Flex-Primer for the New Future of Work* (Bonnier Corp., 2011). She lives in New York City.

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“In a stunning Andean valley blessed by eternal spring, a young woman finds her life turning around even more than the winding mountain roads that brought her there for two years of volunteer service in the Peace Corps. A great read for all ages.”

—Charles David Kleymeyer, PhD, author of the award-winning *YESHU: A Novel for the Open-Hearted*

BETWEEN INCA WALLS

A PEACE CORPS MEMOIR

EVELYN KOHL LATORRE

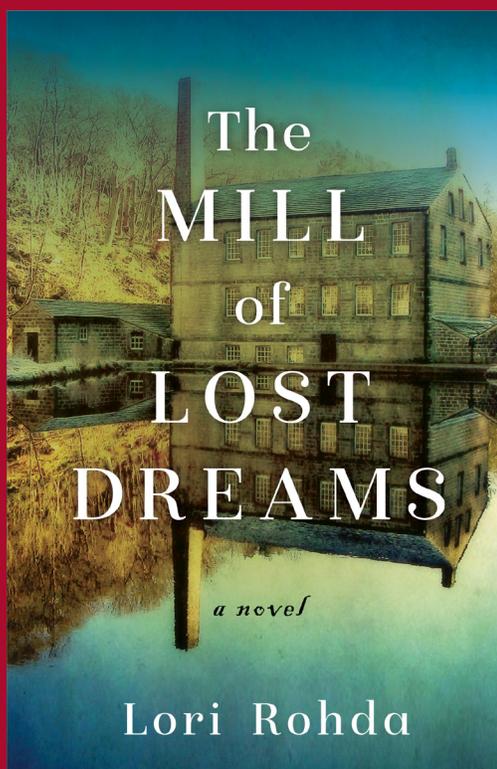
DESCRIPTION:

At twenty-one, Evelyn is naïve about life and love. Raised in a small Montana town, she moves at age sixteen with her devout Catholic family to California. There, she is drawn to Latino culture when she works among the migrant workers. During the summer of her junior year in college, Evelyn travels to a small Mexican town to help set up a school and a library—an experience that whets her appetite for a life full of both purpose and adventure. After graduation, Evelyn joins the Peace Corps and is sent to perform community development work in a small mountain town in the Andes of Perú. There, she and her roommate, Marie, search for meaningful projects and adjust to living with few amenities. Over the course of eighteen months, the two young women work in a hospital, start 4-H clubs, attend campesino meetings, and teach PE in a school with dirt floors. Evelyn, meanwhile, is chosen queen of the local boys’ high school and—despite her resolve to resist such temptations—falls in love with a university student. As she comes of age, Evelyn learns about life and love the hard way when she must choose between following the religious rules of her youth and giving in to her sexual desires.

ABOUT THE AUTHOR:

Evelyn Kohl LaTorre grew up in rural southeastern Montana, surrounded by sheep and cattle ranches, before coming to California with her family at age sixteen. She holds a doctorate in multicultural education from the University of San Francisco and a master’s degree in social welfare from UC Berkeley. She worked as a bilingual school psychologist and school administrator in public education until her retirement. Evelyn loves to travel; to date, she and her husband have traveled to some 100 countries. You can view her stories and photos on her website, www.evelynlatorre.com. Her writing has appeared in *World View Magazine*, *The Delta Kappa Gamma Bulletin*, *the California Writers Club Literary Review*, *the Tri-City Voice*, *Dispatches*, and *Clever Magazine*. She is currently completing a second book about the struggles and triumphs of a bicultural marriage in the US. Evelyn lives in Fremont, California.

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THE MILL OF LOST DREAMS

A NOVEL

LORI ROHDA

DESCRIPTION:

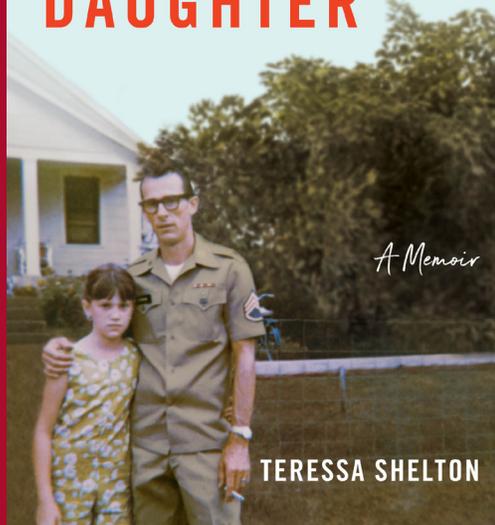
Between 1870 and 1900, twelve million people immigrated to America. Hundreds of thousands of them came to work in the textile mills of Fall River, Massachusetts. *The Mill of Lost Dreams* is a story of love, friendship and sacrifice that provides an inside view into the world of textile mills and the daily life of seven courageous souls who leave home and risk everything for their shared dream of a better life: Angelina and Guido Wallabee, who have left their family's failed farm in Italy; eleven-year-old Miranda Alysworth and her fifteen-year-old brother, Francois, who have escaped from indentured service in Canada; twins Phoebe and Charlie Dougherty, the children of Irish immigrant parents, who, though not yet thirteen, are forced to work in Troy Mill to support their family after their father's untimely death; and eleven-year-old, Anne Kenny, an orphan who's never known where she came from. All but one take jobs in Troy Mill in Fall River. Over the course of seven decades, marriages and births take place, secrets are exposed, friendships are tested, and innocence is lost. Some succeed in making a new life away from harm but pay a terrible price. Many cannot build the life they dreamed of, and the consequences impact and shape the lives of their children—and their children's children.

ABOUT THE AUTHOR:

Lori Rohda is a former Assistant Dean of Students at Boston University and management consultant to Fortune 500 companies. Since retiring in 1998, she has divided her time between Boston, Massachusetts, and Whistler, British Columbia. She loves skiing, hiking, landscape design, reading, and traveling.

AUGUST 2020

**THE
SERGEANT'S
DAUGHTER**



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E-ISBN: 978-1-63152-722-7

THE SERGEANT'S DAUGHTER

A MEMOIR

TERESSA SHELTON

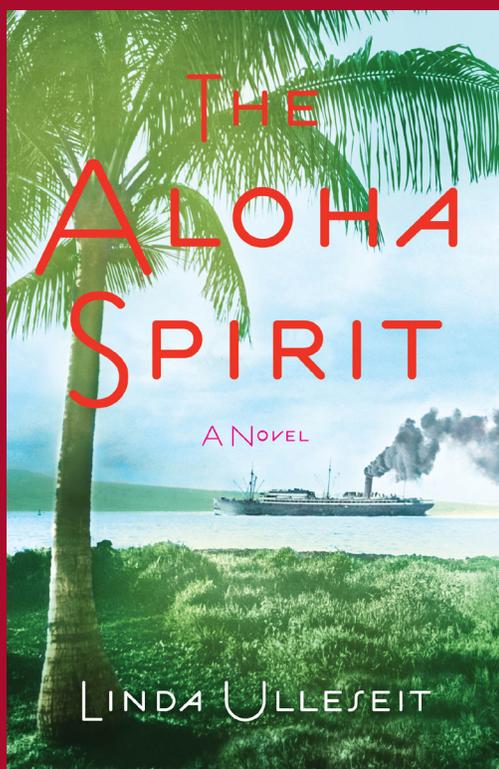
DESCRIPTION:

As a little girl, Teressa's father dotes on her and little sister, Karen, while mercilessly mocking her older sister, Debbie. Teressa thinks it's Debbie's fault—until she gets a little older and he begins tormenting her, too. Soon enough, his verbal abuse turns physical. Her sergeant father brings his military life home, meeting each of his daughters' infractions with extreme punishment for them all. Meanwhile, their mother watches silently, never defending her daughters and never subjected to physical abuse herself. Terrified to be at home and terrified to tell anyone, Teressa seeks solace in books, music, and the family she can find outside of her home: a best friend, a kind neighbor, and a doting grandfather. At first cowed by her father's abuse and desperate to believe that maybe, one day, things will change, Teressa ultimately grows into a young woman who understands that if she wants a better life, she'll have to build it for herself—so she does.

ABOUT THE AUTHOR:

Teressa Shelton has lived in nine states and three countries. After graduating from Belmont University in Nashville, she embarked on a career in managing medical practices. She lives with her family in Springfield, IL. *The Sergeant's Daughter* is her first book.

AUGUST 2020



Publication Date: August 18, 2020

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Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

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E-ISBN: 978-1-63152-724-1

“Linda Ulleseit has written a heroic tale of family, friendship, loss, and redemption. With undeniable beauty, she captures the courage of a young woman and community stunned by unforgettable tragedy. She writes with humility, grace, and a quiet brilliance as she portrays young Dolores’s search for family and the generous, hardworking heart at the center of *The Aloha Spirit*.”

—Milana Marsenich, author of *Copper Sky*
and *The Swan Keeper*

THE ALOHA SPIRIT

A NOVEL

LINDA ULLESEIT

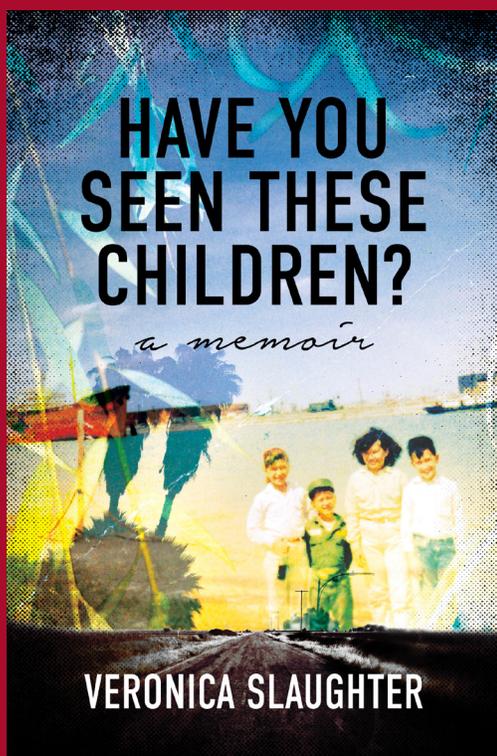
DESCRIPTION:

The spirit of aloha is found in Hawaii’s fresh ocean air, the flowers, the trade winds . . . the natural beauty that smooths the struggles of daily life. In 1922 Honolulu, unhappy in the adoptive family that’s raised her, Dolores begins to search for that spirit early on—and she begins by running away at sixteen to live with her newlywed friend Maria. Trying to find her own love, Dolores marries a young Portuguese man named Manolo. His large family embraces her, but when his drinking leads to physical abuse, only his relative Alberto comes to her rescue—and sparks a passion within Dolores that she hasn’t known before. Staunch Catholics can’t divorce, however; so, after the Pearl Harbor attack, Dolores flees with her two daughters to California, only to be followed by both Manolo and Alberto. In California, Manolo’s drinking problems continue—and Alberto’s begin. Outraged that yet another man in her life is turning to the bottle for answers, Dolores starts to doubt her feelings for Alberto. Is he only going to disappoint her, as Manolo has? Or is Alberto the embodiment of the aloha spirit she’s been seeking?

ABOUT THE AUTHOR:

Linda Ulleseit was born and raised in Saratoga, California. She is the author of a historical fantasy trilogy for middle grade/YA readers that features flying horses. She is also the author of *Under the Almond Trees*, a semifinalist in the Faulkner-Wisdom Creative Writing Contest in 2013. Linda is a retired elementary school teacher who has an MFA in creative fiction writing from Lindenwood University. She currently lives in San Jose, California.

AUGUST 2020



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HAVE YOU SEEN THESE CHILDREN?

A MEMOIR

VERONICA SLAUGHTER

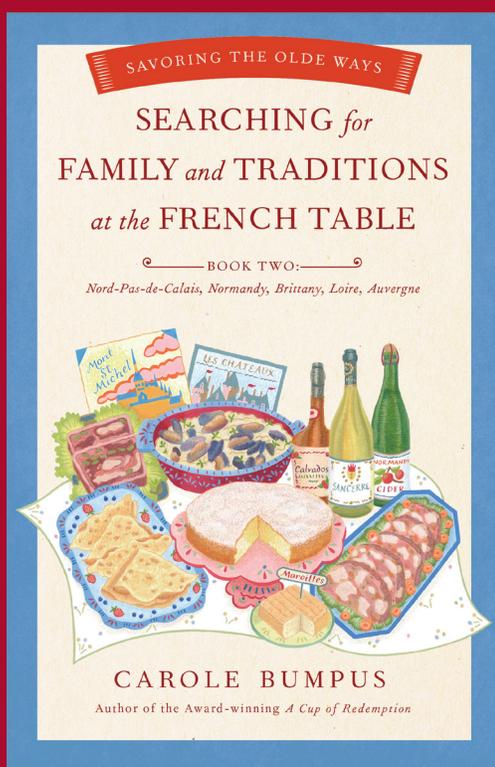
DESCRIPTION:

Four young children caught between love and hate—hostages to the cruelty of revenge. A deceitful American father and a naïve decision by a Filipino mother transformed their lives forever. Valorie, Veronica, Vance, and Vincent's perfect world turned into a nightmare one hot afternoon in 1959 in Cebu, Philippines. What was to be a quick lunch with their father turned into a flight to America, where four dreadfully long years of running from state to state, hiding, and vanishing into the night followed. Kidnapped from the only world they knew, confusion quickly set in. At nine, Valorie, the eldest, liked seeing their father after his absence for over a year. Vance, a timid six-year-old, went along with whatever Valorie did. Vincent, the baby at three, cried for his mother while clinging to Veronica for comfort. Veronica, eight, was the only one who was truly panicked by what was happening around them—and she recognized instantly that she and her siblings would have to stick together in order to survive. In that moment, her childhood ended and the warrior within her emerged. Moving from state to state and school to school, avoiding the law, looking over their shoulders at every turn, the four Slaughter children found themselves fighting not only the heartbreak of separation from their loving mother but also poverty, discrimination, and abuse. Their only weapons were their deep love for one another and an unwavering determination to survive the trials they faced—and find their way back to their mother.

ABOUT THE AUTHOR:

Dr. Veronica Slaughter was born in the Philippines to an American father and a Filipino mother in 1951. At eight, she, along with her siblings, were kidnapped by their father and brought to the United States. In spite of her turbulent childhood, she was able to achieve the American Dream through her resilience and determination. In 2017, she retired from her thirty-five-year chiropractic practice in California and moved to the beautiful island of Maui, where she continues to live with her many animals. She has one son; he lives in Northern California, and is the love of her life.

AUGUST 2020



Publication Date: August 18, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-896-5

E-ISBN: 978-1-63152-897-2

“... engaging. . . . Bumpus’s writing is perspicuous and economical. . . . The recipes, too, are enticing and detailed, and the book as a whole should appeal to Francophiles and ambitious cooks. A culinary adventure that’s enhanced by familial and regional histories.”

—Kirkus Reviews

“This is a gem of a book for foodies, Francophiles, and lovers of storytelling. Carole Bumpus is an insightful and gracious guest.”

—Patricia Sands, author of the best-selling Love in Provence series

SEARCHING FOR FAMILY AND TRADITIONS AT THE FRENCH TABLE, BOOK TWO

SAVORING THE OLDE WAYS

CAROLE BUMPUS

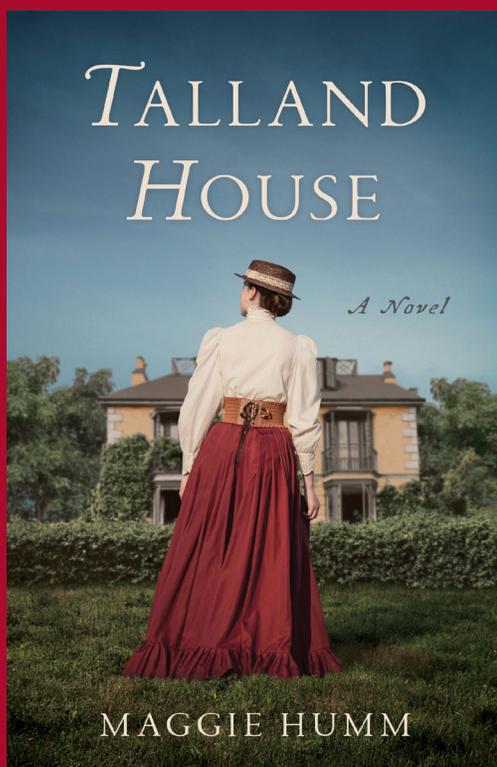
DESCRIPTION:

Join Carole Bumpus as she continues the culinary journey she began in Book One of Searching for Family and Traditions at the French Table with her incomparable guide, Josiane, as they head north from Paris to Nord-Pas-de-Calais, Normandy, and Brittany, then drop into the Loire Valley before ending in the Auvergne. Sample family favorites and regional delights such as Flemish *Potjevlesh*, Algerian-influenced chicken tagine, *moules* (mussels) in cider and cream, salt-encrusted *Lamb Grevin*, *Far Brêton*, and *Pâté de Pomme de Terre*. Enjoy the music and antics of local festivals like *La Bande de Pecheur* (Gang of Fisherman), Feast of St. John, and the Blessing of the Fleet. Discover the wonder of troglodyte caves, wineries, and truffle farms in the Loire Valley. Then travel to Josiane’s family home, where you, too, can discover why food and family time are considered sacred in the Auvergne. And, all along the route, witness the impact WWI and WWII on the families profiled. Even seventy-five years later, the legacy of war remains—and yet, incredibly, the gift that each generation has handed down has been gratitude and a deep understanding of the importance of family. A compilation of personal stories, memorable moments, family secrets, and mouthwatering recipes, this French culinary travelogue is sure to find a prized place on the bookshelf of readers who love France—its food, its people, and its history.

ABOUT THE AUTHOR:

Carole Bumpus began writing about food and travel when she stumbled upon the amazing stories of women and war in France. Her historical novel, *A Cup of Redemption*, was published in October 2014, and her unique companion cookbook, *Recipes for Redemption: A Companion Cookbook to A Cup of Redemption*, was released in August 2015. Book One of her Savoring the Olde Ways series was published in August 2019. Her second of this series is due to be published in August 2020, and the third book, *Searching for Family and Traditions at the Italian Table*, is due to be released in April 2021. She has also had three short stories published in the Fault Zone anthologies: *Words from the Edge*, *Stepping up to the Edge*, and *Over the Edge*. A retired family therapist, Bumpus lives in the San Francisco Bay Area. Visit her website at www.carolebumpus.com.

AUGUST 2020



Publication Date: August 18, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-729-6

E-ISBN: 978-1-63152-730-2

“Maggie Humm has brilliantly filled in the edges beyond Woolf’s canvas; she has a deep, awe-inspiring understanding of the role of the visual in Woolf’s work, and here she reveals that she also has a novelist’s gift to create something new, that has its own imaginative life, from that understanding.”

—Lauren Elkin, author of the award-winning *Flâneuse*

TALLAND HOUSE

A NOVEL

MAGGIE HUMM

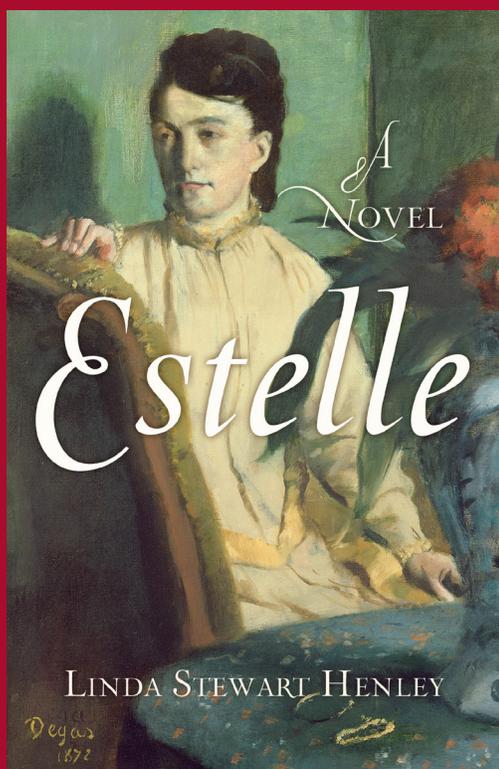
DESCRIPTION:

Royal Academy, London 1919: Lily has put her student days in St. Ives, Cornwall—a time when her substitute mother, Mrs. Ramsay, seemingly disliked Lily’s portrait of her and Louis Grier, her tutor, never seduced her as she hoped he would—behind her. In the years since, she’s been a suffragette and a nurse in WWI, and now she’s a successful artist with a painting displayed at the Royal Academy. Then Louis appears at the exhibition with the news that Mrs. Ramsay has died under suspicious circumstances. Talking to Louis, Lily realizes two things: 1) she must find out more about her beloved Mrs. Ramsay’s death (and her sometimes-violent husband, Mr. Ramsay), and 2) She still loves Louis. Set between 1900 and 1919 in picturesque Cornwall and war-blasted London, *Talland House* takes Lily Briscoe from the pages of Virginia Woolf’s *To the Lighthouse* and tells her story outside the confines of Woolf’s novel—as a student in 1900, as a young woman becoming a professional artist, her loves and friendships, mourning her dead mother, and solving the mystery of her friend Mrs. Ramsay’s sudden death. *Talland House* is both a story for our present time, exploring the tensions women experience between their public careers and private loves, and a story of a specific moment in our past—a time when women first began to be truly independent.

ABOUT THE AUTHOR:

Maggie Humm is an Emeritus Professor at University of East London in the UK. An international Woolf scholar, she is the author/editor of fourteen books, the last three of which focused on Woolf and the arts. *Talland House* was shortlisted for the Impress and Fresher Fiction prizes in 2017 (as *Who Killed Mrs. Ramsay?*) and the Retreat West and Eyelands prizes in 2018. She lives in London and is currently writing *Rodin’s Mistress*, a novel about the tumultuous love affair of the artists Gwen John and Rodin. Find her at www.maggiehum.net.

AUGUST 2020



Publication Date: August 25, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-791-3

E-ISBN: 978-1-63152-792-0

“Interweaving a contemporary story with a rich and detailed glimpse into a little-known segment of famed French painter Edgar Degas’s life, Linda Stewart Henley invites readers into the intriguing art world of New Orleans through interlocking storylines set a century apart. An admirable debut!”

—Ashley E. Sweeney, award-winning author of *Eliza Waite*

“Edgar Degas and Sam Mollineux are seductive, brilliant, and fiendishly evasive. In this powerful historical novel, both men leave many beautiful dreamers in their wake—including themselves.”

—Thomas West, PhD, former Professor, University of Paris-Nanterre, and former chief editor, *Art International*

ESTELLE

A NOVEL

LINDA STEWART HENLEY

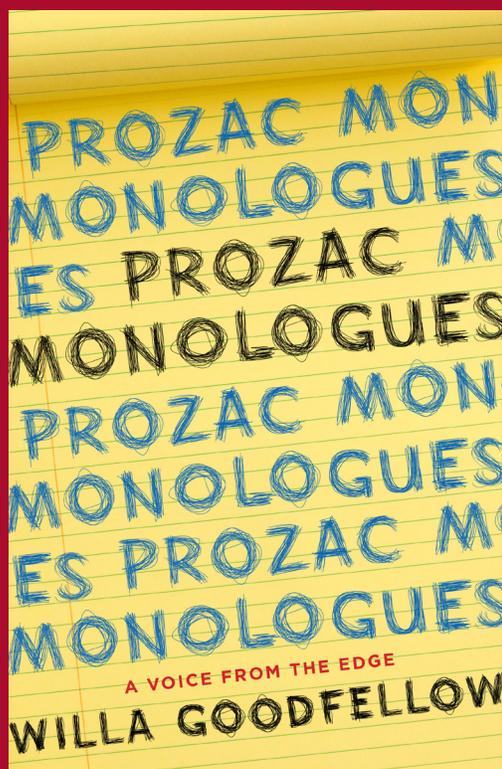
DESCRIPTION:

When Edgar Degas visits his French Creole relatives in New Orleans from 1872 to '73, Estelle, his cousin and sister-in-law, encourages the artist—who has not yet achieved recognition and struggles to find inspiration—to paint portraits of their family members. In 1970, Anne Gautier, a young artist, finds connections between her ancestors and Degas while renovating the New Orleans house she has inherited. When Anne finds two identical portraits of Estelle, she discovers disturbing truths that change her life as she searches for meaningful artistic expression—just as Degas did one hundred years earlier. A gripping historical novel told by two women living a century apart, *Estelle* combines mystery, family saga, art, and romance in its exploration of the man Degas was before he became the world-famous artist he’s known as today.

ABOUT THE AUTHOR:

Linda Stewart Henley is an English-born American who moved to the United States at sixteen. She is a graduate of Newcomb College of Tulane University in New Orleans. She currently lives with her husband in Anacortes, Washington. This is her first novel.

AUGUST 2020



Publication Date: August 25, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-731-9

E-ISBN: 978-1-63152-732-6

“Willa Goodfellow’s book is, at once, a clear, compelling, and helpful guide for the often confusing territory of mood disorders and a vividly written personal narrative . . . I believe this book will be of benefit to any reader seeking to understand the personal and clinical aspects of bipolar disorder.”

—Ronald W. Pies, MD, Professor Emeritus of Psychiatry, SUNY Upstate Medical University, and author of *Psychiatry on the Edge*

PROZAC MONOLOGUES

A VOICE FROM THE EDGE

WILLA GOODFELLOW

DESCRIPTION:

Willa Goodfellow was going to stab her doctor, but she wrote a book instead. Years later, Goodfellow revisits her account of the antidepressant-induced hypomania that hijacked her Costa Rican vacation and tells the rest of the story: her missed diagnosis of Bipolar 2, how she was given the wrong medications, and finally, her process of recovery. *Prozac Monologues* is a book within a book—part memoir of misdiagnosis and part self-help guide about life on the bipolar spectrum. Through edgy and comedic essays, Goodfellow offers information about a mood disorder frequently mistaken for major depression, as well as resources for recovery and further study. Plus, Costa Rica. · If your depression keeps coming back . . . If your depression keeps coming back; if your antidepressant side effects are dreadful; if you are curious about the bipolar spectrum; if you want ideas for recovery from mental illness; if you care for somebody who might have more than depression . . . This book is for you.

ABOUT THE AUTHOR:

Willa Goodfellow’s early work with troubled teens as an Episcopal priest shaped an edgy perspective and preaching style. A bachelor’s degree from Reed College and a master’s from Yale gave her the intellectual chops to read and comprehend scientific research about mental illness—and her life mileage taught her to recognize and call out the bull. So, she set out to turn her own misbegotten sojourn in the land of antidepressants into a writing career. Her journalism has attracted the attention of leading psychiatrists who worked on the DSM-5. She is certified in Mental Health First Aid, graduated from NAMI’s Peer to Peer, and has presented on mental health recovery at NAMI events and Carver Medical College of Medicine at the University of Iowa. This is her first book. Willa lives in Sisters, Oregon.

AUGUST 2020

NOT IF, WHEN



LYME DISEASE IN VERSE
GAIL TIERNEY

Publication Date: August 25, 2020

Collections: Poetry

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-735-7

E-ISBN: 978-1-63152-736-4

NOT IF, WHEN

LYME DISEASE IN VERSE

GAIL TIERNEY

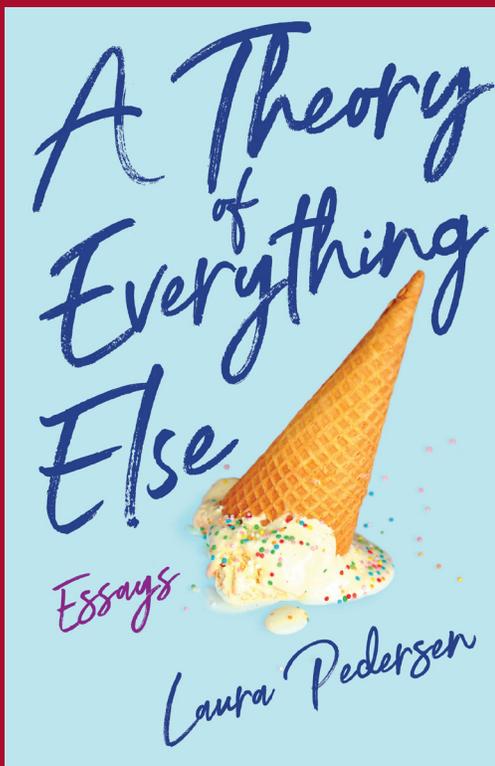
DESCRIPTION:

Even the most integrative, supportive doctor can only do so much for an individual during the worst period of healing from Lyme. The process looks different for everyone, but a patient must feel significantly worse before they begin to recover. When Lyme bacteria (or other coinfections) are first attacked by antibiotics, herbs, or other treatment, they release toxins into the body quicker than they can be dispelled. This is called a Jarisch-Herxheimer (Herx) reaction, and it can often include panic attacks, brain fog, paranoia, depression, pain, affected vision, racing heartrate, dysfunctional thyroid, disrupted digestion, severe confusion, and amnesia, among many other symptoms. Herxing, in other words, is a complete—and sometimes seemingly unending—nightmare. When you've fretted about that frustrating doctor all night and Herxed all day, these autobiographical poems may go down smoother than a pill. Arranged chronologically in the order that they were written, they move from devastation to determination, addressing the various frustrations and dynamics of living with chronic Lyme disease—the isolation, the trauma, the fear—and also providing a voice of solidarity and inspiration for those suffering from this devastating illness. Written as a love letter for Lyme patients who are running out of patience, as well as for their family and friends, *Not If, When* is a clear-eyed, defiant, and poignant exploration of what it means to live—and sometimes even thrive—with Lyme.

ABOUT THE AUTHOR:

Gail Tierney wrote *Not If, When* as a love letter to others with Lyme disease. She is currently attending grad school full time at Princeton Theological Seminary and also serving as Artistic Director of an eco-theatre troupe called The Kaleidoscapes. This one is for her granny—a warrior who showed her firsthand the extraordinary resilience of a survivor. She currently lives in Princeton, New Jersey.

SEPTEMBER 2020



Publication Date: September 1, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-737-1

E-ISBN: 978-1-63152-738-8

“The prolific author and playwright parcels her stream of consciousness into wily and witty essays in *Life in New York*.”

—*The New York Times*

A THEORY OF EVERYTHING ELSE

ESSAYS

LAURA PEDERSEN

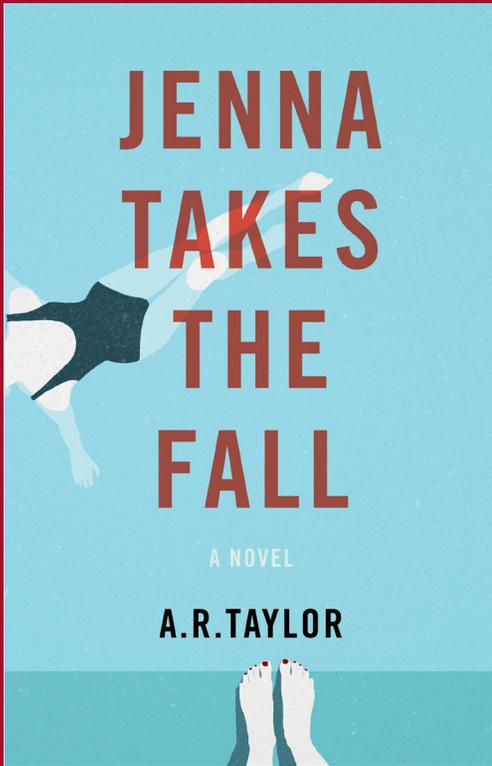
DESCRIPTION:

That elusive Holy Grail of modern physics, a theory of everything (ToE), would explain the universe in a single set of equations. Albert Einstein and Stephen Hawking tackled the problem during their lifetimes and the quest continues today in laboratories around the world. Leaving string theory, galaxy clusters, and supersymmetry to the Quantum Computer and Hadron Collider crowd, Pedersen has taken up the rest—that is, a theory of everything else (ToEE), based on her own groundbreaking experiences as a dog walker, camp counselor, and Bingo caller. Pedersen’s essays are a series of colorful helium balloons that entertain as well as affirm and uplift. Why, she ponders in one essay, are thousands are perishing as a result of assault weapons, carbon emissions, forest fires, pesticides, and processed foods—and yet lawn darts were banned in the 1980s after two people died? In *A Theory of Everything Else*, Pedersen vividly demonstrates how life can appear to grind us down while it’s actually polishing us up—and why everyone wants to live a long time but no one wants to grow old.

ABOUT THE AUTHOR:

Laura Pedersen is a former *New York Times* columnist and the author of sixteen books and four plays. She has appeared on *Oprah*, *Good Morning America*, *CBS This Morning*, *Today*, *Primetime*, *Late Show with David Letterman*, and many other national shows. Her book *Life in New York* won the Seven Sisters Book Award for best nonfiction. Laura writes for several well-known comedians. She currently resides in New York City; more information can be found at www.laurapedersenbooks.com.

SEPTEMBER 2020



Publication Date: September 1, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-793-7

E-ISBN: 978-1-63152-794-4

“A dazzling debut. *Jenna Takes the Fall* introduces a hero who could have stepped from today’s headlines. This modern tale of a desperate ingenue who careens into power plays, romance, and wealth will keep you reading into the night and waiting for A.R. Taylor’s next novel.”

—Doug Stanton, *New York Times* best-selling author of *12 Strong*

“I am quite sure this going to be a really big book.”

—Anne Stanton, cofounder and executive editor of National Writers Series and editorial director of Mission Point Press

JENNA TAKES THE FALL

A NOVEL

A.R. TAYLOR

DESCRIPTION:

Twenty-four years old and newly employed in Manhattan, Jenna McCann agrees to place herself under the dead body of a wealthy, prominent New Yorker—her boss—to hide the identity of his real lover. But why? Because she was half in love with him herself; because her only friend at Hull Industries asked her to; because she feared everyone around her; because she had no idea how this would spin out into her own, undeveloped life; because she had nothing and no one? Or just because? Deftly told and sharply observed, *Jenna Takes the Fall* is the story of someone who became infamous . . . before she became anybody at all.

ABOUT THE AUTHOR:

A.R. Taylor is an award-winning playwright, essayist, and fiction writer. Her debut novel, *Sex, Rain, and Cold Fusion*, won a Gold Medal for Best Regional Fiction at the Independent Publisher Book Awards 2015, was a USA Best Book Awards finalist, and was named one of the 12 Most Cinematic Indie Books of 2014 by Kirkus Reviews. She’s been published in the *Los Angeles Times*, the *Southwest Review*, *Pedantic Monthly*, *The Cynic* online magazine, the *Berkeley Insider*, *So It Goes—the Kurt Vonnegut Memorial Library Magazine on Humor*, *Red Rock Review*, and *Rosebud*. In her past life, she was head writer on two Emmy-winning series for public television. She has performed at the Gotham Comedy Club in New York, Tongue & Groove in Hollywood, and Lit Crawl LA. She lives in Los Angeles. You can find her video blog, *Trailing Edge: Ideas Whose Time Has Come and Gone* at her website, www.lonecamel.com.

SEPTEMBER 2020

All of Us
WARRIORS

CANCER
STORIES of
SURVIVAL
and LOSS

Rebecca Whitehead Munn

Publication Date: September 1, 2020

Collections: Body, Mind & Spirit

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-795-1

E-ISBN: 978-1-63152-796-8

“In this book, Ms. Whitehead Munn truly captures the highs and lows of a cancer diagnosis. The stories she tells provide insights into living with cancer. Each story contains nuggets of advice that patients and caregivers alike will find helpful as they navigate a diagnosis. A must-read for anyone who knows someone with cancer and is looking for ways to understand their loved one’s experience.”

—Christie Lockhart, Colon Cancer Coalition

ALL OF US WARRIORS

CANCER STORIES OF SURVIVAL AND LOSS

REBECCA WHITEHEAD MUNN

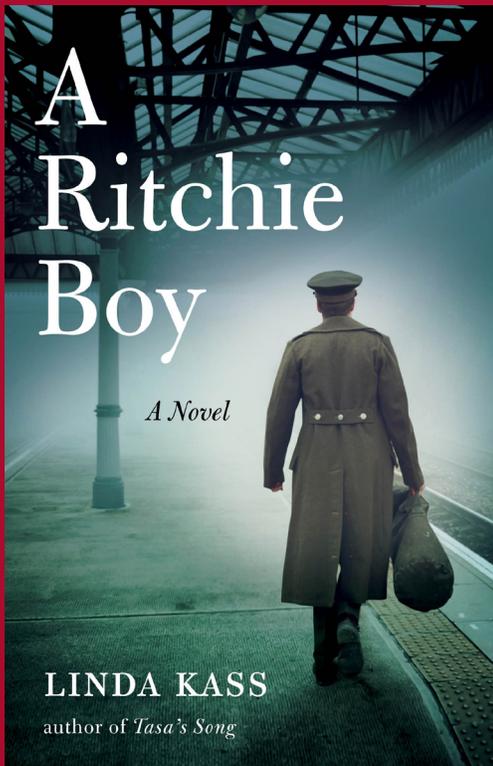
DESCRIPTION:

The incidence of cancer continues to rise—but despite how many lives have been touched by cancer, hearing of a loved one or friend’s diagnosis still invokes such fear that it is hard to know what to do next. In *All of Us Warriors*, Rebecca Whitehead Munn paints a realistic picture of the impact cancer has on an individual’s life, and she attempts to demystify the experience by sharing heartfelt stories from twenty survivors and their loved ones, men and women, with seven types of cancers and all stages of the disease, as well as advice regarding how to approach someone you love who is living with cancer and tips and tricks for helping others feel joy in the midst of pain. This inspirational book provides a positive outlook of strength and perseverance, reinforcing the idea that the reader is stronger than cancer and not alone, and offering real strategies that cannot be found in online medical sites. Like a conversation with a new best friend (or twenty of them), *All of Us Warriors* is full of understanding, acceptance, and practical advice gained from personal experience.

ABOUT THE AUTHOR:

Rebecca Whitehead Munn is an award-winning author and speaker, healthcare change catalyst, and value creator. Her award-winning, debut memoir, *The Gift of Goodbye: A Story of Agape Love*, was released in 2017. She has been a featured Maria Shriver Architect of Change on surviving grief, and she shared her healing through yoga story at www.mindbodygreen.com. She is a certified End of Life Doula and a Nashville Healthcare Council Fellow. She is happiest spending time outdoors, eating Mexican food, practicing yoga, listening to live music, snow skiing, and playing golf. She was born in Bloomington, IN, grew up in Houston, TX, and has lived in Nashville, TN, since 2005.

SEPTEMBER 2020



Publication Date: September 1, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-739-5

E-ISBN: 978-1-63152-740-1

“A mesmerizing kaleidoscope of stories about displacement, finding home, and the kindness of strangers. Haunting and heartfelt.”

—Fiona Davis, national best-selling author of *The Chelsea Girls*

“From Vienna during the Anschluss to booming post-war Columbus, Linda Kass has done her homework. Half historical novel, half family saga, *A Ritchie Boy* will charm readers who loved *All the Light We Cannot See*.”

—Stewart O’Nan, author of *A World Away*

A RITCHIE BOY

A NOVEL

LINDA KASS

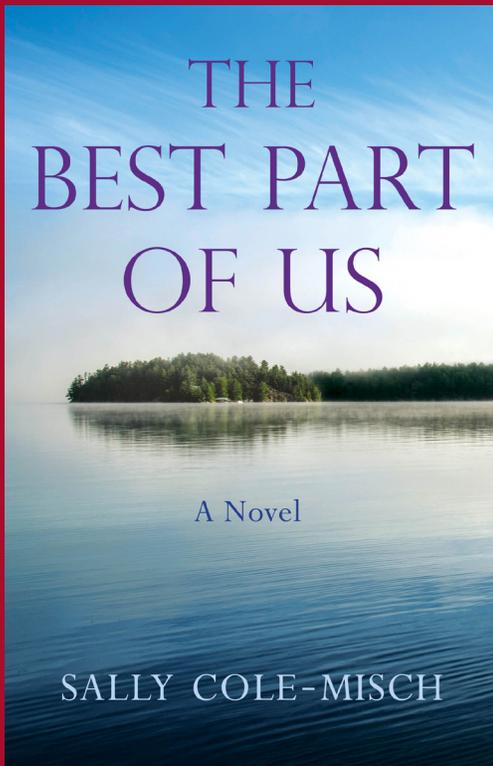
DESCRIPTION:

An extraordinary narrative inspired by true events. 1938. Eli Stoff and his parents, Austrian Jews, escape to America just after Germany takes over their homeland. Within five years, Eli joins the US Army and, like all those who became known as Ritchie Boys, he works undercover in Intelligence on the European front to help the Allies win World War II. In *A Ritchie Boy*, different characters tell interrelated stories that, together, form a cohesive narrative that follows Eli from Vienna to New York, from Ohio to Maryland, and then to war-torn Europe before he returns to the heartland of his new country to set down his roots. Set during the dawn of World War II and the disruptive decade to follow, *A Ritchie Boy* is the poignant, compelling tale of one young immigrant’s triumph over adversity.

ABOUT THE AUTHOR:

Linda Kass began her career as a magazine writer and correspondent for regional and national publications. Her work has previously appeared in *TIME*, *The Detroit Free Press*, *Columbus Monthly*, and, more recently, *Full Grown People*, *The MacGuffin*, and *Kenyon Review Online*. She is the author of the historical World War II novel *Tasa’s Song* (2016) and is the founder and owner of Gramercy Books, an independent bookstore in central Ohio, where she currently lives.

SEPTEMBER 2020



Publication Date: September 8, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-741-8

E-ISBN: 978-1-63152-742-5

“Sally writes some of the most breathtaking descriptions of the natural world I’ve had the pleasure to read. . . . Who owns the land, the tribe or Beth’s Welsh grandfather, who bought the island for a song decades ago? Can anyone really own a piece of nature? It’s important questions like these that make the book feel relevant and contemporary. Their resolution, which is not tidy but believably complicated—full of the mess and pain of imperfect decisions—is nonetheless hopeful, and reflects the inherent value nature and family have in all of our lives.”

—Angela Pneuman, award-winning author of *Lay It on My Heart* and *Home Remedies*

THE BEST PART OF US

A NOVEL

SALLY COLE-MISCH

DESCRIPTION:

Beth cherished her childhood summers on a pristine northern Canadian lake, where she reveled in the sweet smell of dew on early morning hikes, the loons’ evening trills across the lake’s many bays, every brush stroke of her brother’s paintings celebrating their cherished place, and their grandfather’s laughter as he welcomed neighbors to their annual Welsh harvest celebration. Theirs was an unshakeable bond with nature, family, and friends, renewed every summer on their island of granite and pines. But that bond was threatened and then torn apart, first as rights to their island were questioned and then by nature itself, and the family was forced to leave. Fourteen years later, Beth has created a new life in urban Chicago. There, she’s erected a solid barrier between the past and present, no matter how much it costs—until her grandfather asks her to return to the island to determine its fate. Will she choose to preserve who she has become, or risk everything to discover if what was lost still remains? *The Best Part of Us* will immerse readers in a breathtaking natural world, a fresh perspective on loyalty, and an exquisite ode to the essential roles that family, nature, and place hold in all of our lives.

ABOUT THE AUTHOR:

Sally Cole-Misch is a writer and environmental communicator who advocates for the natural world through work and play. She holds a bachelor’s degree in journalism from the University of Missouri, a master’s degree in environmental education and international water policy from the University of Michigan, and a certificate in fiction writing from Stanford University. Sally splits her time between Bloomfield Hills and Glen Arbor, Michigan, with her husband and son and enjoys hiking, kayaking, sailing, skiing, and gardening.

SEPTEMBER 2020

"This thoughtful, elegantly written book is a gem for anyone who understands the meaning of lifelong connection to literature."
—YIYUN LI, 2010 MacArthur Fellow and PEN/Jean Stein Book Award-winning author of *Where Reasons End*

The Book of Old Ladies

Celebrating Women
Of A Certain Age In Fiction



RUTH O. SAXTON

Publication Date: September 8, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-797-5

E-ISBN: 978-1-63152-798-2

"Saxton teases out the diverse ways that these aging fictional women have to reimagine and reinvent themselves, just as she did, to cope with the demands of a society that dismisses their contributions and demeans their intelligence."

—Julie A. Chappell, editor at Ink Brush Press

THE BOOK OF OLD LADIES

CELEBRATING WOMEN OF A CERTAIN AGE
IN FICTION

RUTH O. SAXTON

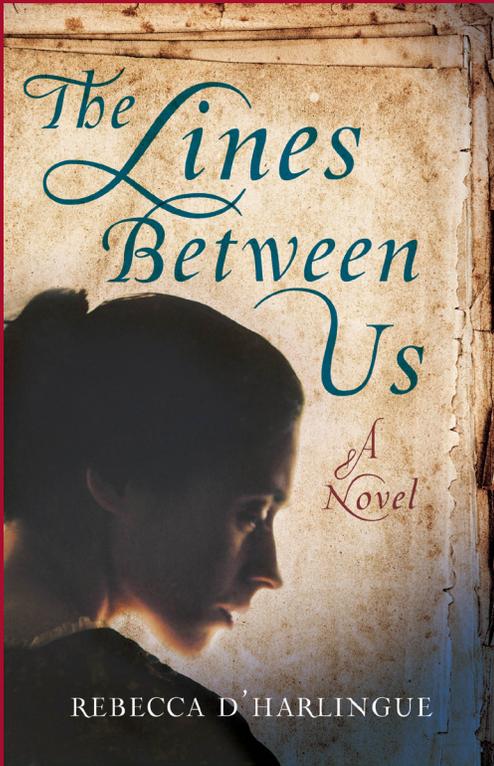
DESCRIPTION:

This is a book that champions older women's stories and challenges the limiting outcomes we seem to hold for them. *The Book of Old Ladies* introduces readers to thirty stories featuring fictional "women of a certain age" who increasingly become their truest selves. Their stories will entertain and provide insight into the stories we tell ourselves about the limits and opportunities of aging. A celebration of women who push back against the limiting stereotypes regarding older women's possibility, *The Book of Old Ladies* is a book lover's guide to approaching old age and dealing with its losses while still embracing beauty, creativity, connection, and wonder.

ABOUT THE AUTHOR:

Dr. Ruth O. Saxton is a Professor Emerita of English at Mills College in Oakland, CA. Over the course of her forty-two-year career, she has studied, taught, and published works on fiction by women for decades, focusing on how narratives limit or expand what we imagine to be possible. Dr. Saxton served as the college's first Dean of Letters, cofounded the Women's Studies program, and founded the Rhetoric and Composition program. Her scholarly works include *The Girl: Constructions of the Girl in Contemporary Fiction by Women*; *Approaches to Teaching Woolf's Mrs. Dalloway* (with Eileen Barrett); and *Woolf and Lessing: Breaking the Mold* (with Jean Tobin).

SEPTEMBER 2020



Publication Date: September 8, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-743-2

E-ISBN: 978-1-63152-744-9

THE LINES BETWEEN US

A NOVEL

REBECCA D'HARLINGUE

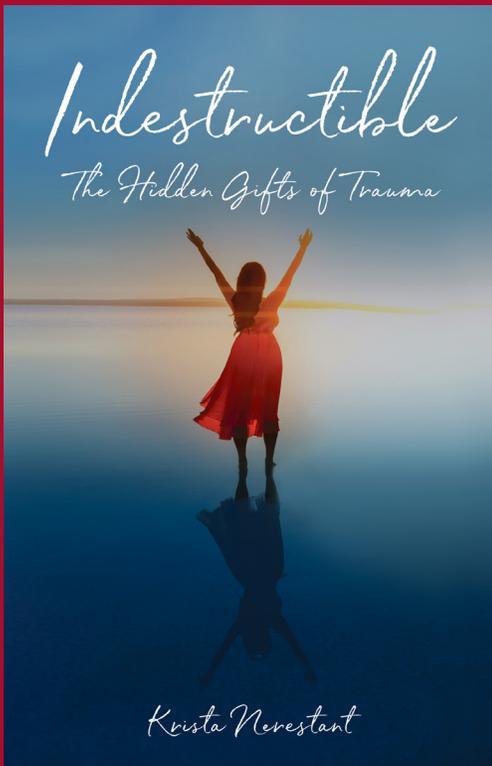
DESCRIPTION:

In 1661 Madrid, Ana is still grieving the loss of her husband when her niece, sixteen-year-old Juliana, suddenly vanishes. Ana frantically searches the girl's room and comes across a diary. Journeying to southern Spain in the hope of finding her, Ana immerses herself in her niece's private thoughts. After a futile search in Seville, she comes to Juliana's final entries and, discovering the horrifying reason for the girl's flight, abandons her search. In 1992 Missouri, in her deceased mother's home, Rachel finds a packet of letters, and a diary written by a woman named Juliana. Rachel's reserved mother has never mentioned these items, but Rachel recognizes the names Ana and Juliana: her mother uttered them on her deathbed. She soon becomes immersed in Juliana's diary, which recounts the young woman's journey to Mexico City and her life in a convent. As she learns the truth about Juliana's tragic family history, Rachel seeks to understand her connection to the writings—hoping that in finding those answers, she will somehow heal the wounds caused by her mother's lifelong reticence.

ABOUT THE AUTHOR:

Rebecca D'Harlingue has done graduate work in Spanish literature, worked as a hospital administrator, and taught English as a Second Language to adults from all over the world. She shares her love of story both with preschoolers at a Head Start program and with the members of the book club she has belonged to for decades. D'Harlingue lives in Oakland, California, with her husband, Arthur, where they are fortunate to frequently spend time with their children and grandchildren.

SEPTEMBER 2020



Publication Date: September 8, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-799-9

E-ISBN: 978-1-64742-002-4

“In moving, unsparing prose, Krista shares the incredible, heroic journey of her life, and along the way turns her struggles into powerful lessons that can help anyone. Despite the unbelievable obstacles she’s faced, Krista shows that it’s possible not just to survive but to thrive, so long as you never stop nurturing compassion.”

—Jeff Campbell, writing teacher and author

“Krista’s story proves that you can heal and manage PTSD. She provides the encouragement and motivational essence to look deep into yourself and conquer your darkest moments so that you may live a stable life.”

—Danielle Pignatiello, MSW, LSW

INDESTRUCTIBLE

THE HIDDEN GIFTS OF TRAUMA

KRISTA NERESTANT

DESCRIPTION:

Welcome to Krista Nerestant’s journey from the other side of the globe—the islands of the Philippines—to the United States of America. In *Indestructible*, she shares the hidden gifts of trauma that have empowered her not just to survive but to thrive in a life most would have given up on. These pages contain her hard-won understanding of how it’s possible to extract life-healing lessons from each of life’s obstacles—even a violent past. As a young woman, Krista was a traumatized overachiever bound by the cultural and societal limitations of the developing nation in which she was raised. But coming out as a spiritual medium unearthed for her the many resources she had in her emotional arsenal, and inspired her to embark on a healing journey. In this candid memoir she brings readers along with her through the many trials of adversity she’s faced—as well as her moments of triumph and healing. A book that will inspire readers to seek the presence of the Hero within and begin to create the life they want, *Indestructible* reveals that the power of choice—belief, perspective, feeling—is the ultimate resource.

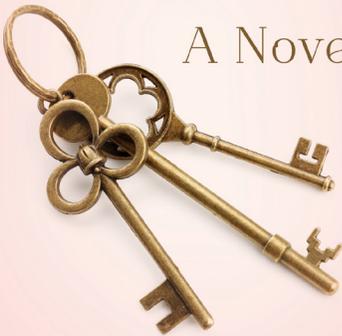
ABOUT THE AUTHOR:

Krista Nerestant is the owner of Self-ish Lifestyle, a website where she serves as a certified spiritual medium and teacher to demystify the world of spirit and energy. She also works as a neurolinguistic life coach and hypnotist, specializing in the Satir Method of Transformational Systemic Therapy. An advocate for women and children, Krista hosts a podcast dedicated to encouraging, empowering, and elevating the self-care journey at SelfCareTuesdays.com, and she offers presentations as an inspirational speaker that focus on the power and understanding of the four bodies of our unique SELF—physical, mental, emotional, and spiritual. She hopes that her work will ignite a surge of positivity in her community in New Jersey, where she lives with her child and her husband. This is her first book.

SEPTEMBER 2020

What's Not Said

A Novel



Valerie Taylor

Publication Date: September 15, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-745-6

E-ISBN: 978-1-63152-746-3

WHAT'S NOT SAID

A NOVEL

VALERIE TAYLOR

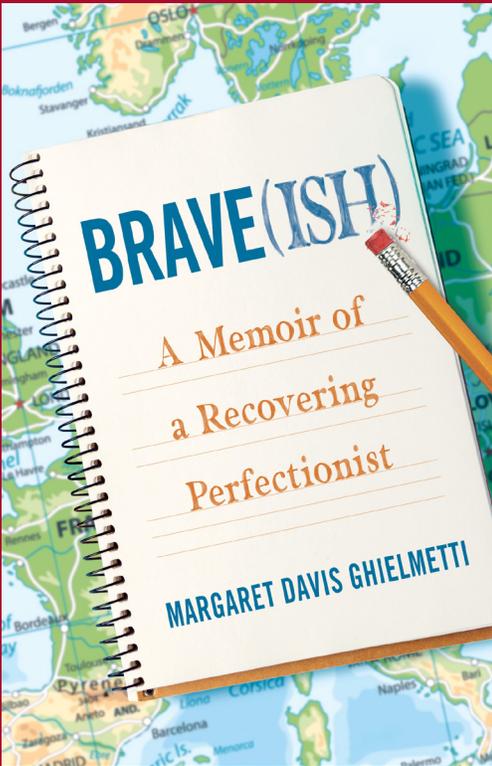
DESCRIPTION:

Kassie O'Callaghan's meticulous plans to divorce her emotionally abusive husband, Mike, and move in with Chris, a younger man she met five years ago on a solo vacation in Venice, are disrupted when she finds out Mike has chronic kidney disease—something he's concealed from her for years. Once again, she postpones her path to freedom—at least, until she pokes around his pajama drawer and discovers that his illness is the least of his deceptions. But Kassie is no angel, either. As she struggles to justify her own indiscretions, the secret lives she and Mike have led collide head-on, revealing a tangled web of sex, lies, and DNA. Still, mindful of her vows, Kassie commits to helping her husband find an organ donor. In the process, she uncovers a life-changing secret. Problem is, if she reveals it, her own immorality will be exposed, which means she has an impossible decision to make: Whose life will she save—her husband's or her own?

ABOUT THE AUTHOR:

Valerie Taylor was born and raised in Stamford, Connecticut. She had a thirty-year career in the financial services industry as a marketer and writer. After her divorce, she spread her wings and relocated her career, first to Boston and then to Seattle. When she retired, she resettled in Shelton, Connecticut, to be near her two grown children and granddaughter. She's a published book reviewer with BookTrib.com and a member of the Westport Writers' Workshop. She enjoys practicing tai chi and being an expert sports spectator. *What's Not Said* is her debut novel.

SEPTEMBER 2020



Publication Date: September 15, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-747-0

E-ISBN: 978-1-63152-748-7

BRAVE(ISH)

A MEMOIR OF A RECOVERING PERFECTIONIST

MARGARET DAVIS GHIELMETTI

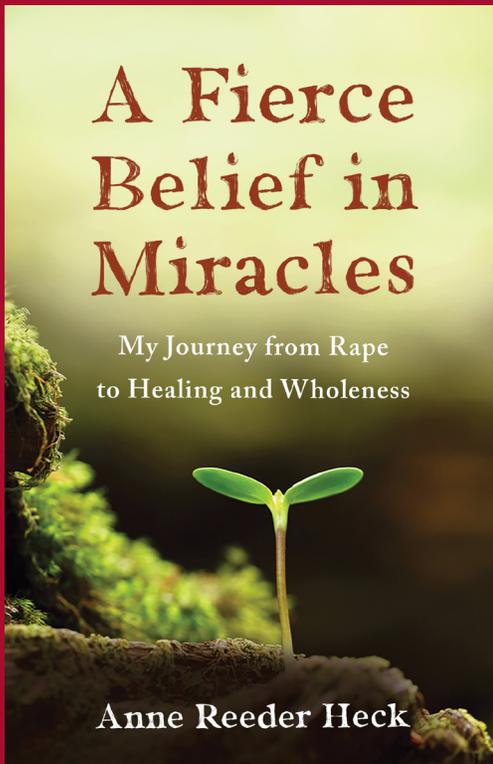
DESCRIPTION:

At forty, Margaret quits her sales job to follow her husband's hotel career to Paris. She's setting sail on this adventure with a glass half full of bravery, a well-traveled passport, a journal in which she plans to write her novel, and the mentally engrained *Davis Family Handbook of Rules to Live By*. Everyone tells Margaret she's living the dream, but she feels adrift without a professional identity. Desperate to feel productive and valued, she abandons her writing and throws herself into new roles: perfect wife, hostess, guide, and expatriate. When she and her husband move to Cairo, however, the void inside she's been ignoring threatens to engulf her. It's clear that something needs to change, so she does the one thing she was raised never to do: asks for—and accepts—help. Over the next fifteen years abroad, the cultures of Egypt, Thailand, and Singapore confront Margaret with lessons she never would have learned at home. But it's only when they move back to Chicago—with Margaret now stepping into the role of perfect caretaker to her parents—that she has to decide once and for all: will she dare to let go of the old rules and roles she thinks keep her safe in order to step into her own life and creative destiny?

ABOUT THE AUTHOR:

Margaret Davis Ghielmetti has lived on four continents and has visited fifty countries. She is a Live Lit Storyteller who has won two StorySLAMs with The Moth. She wrote and performed a solo show, "Fierce," about refinding her creative expression, and is passionate about sharing the beauty of the world through her photos. She and her Swiss-born husband, Patrick, can be found in Chicago when they're not out exploring.

SEPTEMBER 2020



Publication Date: September 22, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-749-4

E-ISBN: 978-1-63152-750-0

“This beautifully written page-turner about a cyclist with a passion for exploring wilderness trails gently guides readers through her violation of rape into a courageous and creative healing journey of self-discovery . . . Wise and breathtakingly honest, this inspiring story will bring hope to those who suffer the after-effects of trauma and long to liberate their captive truths into consciousness.”

—Jean Benedict Raffa, EdD, author of *The Bridge to Wholeness*, *Dream Theatres of the Soul*, *Healing the Sacred Divide*, and *The Soul's Twins*

A FIERCE BELIEF IN MIRACLES

MY JOURNEY FROM RAPE TO HEALING AND
WHOLENESS

ANNE REEDER HECK

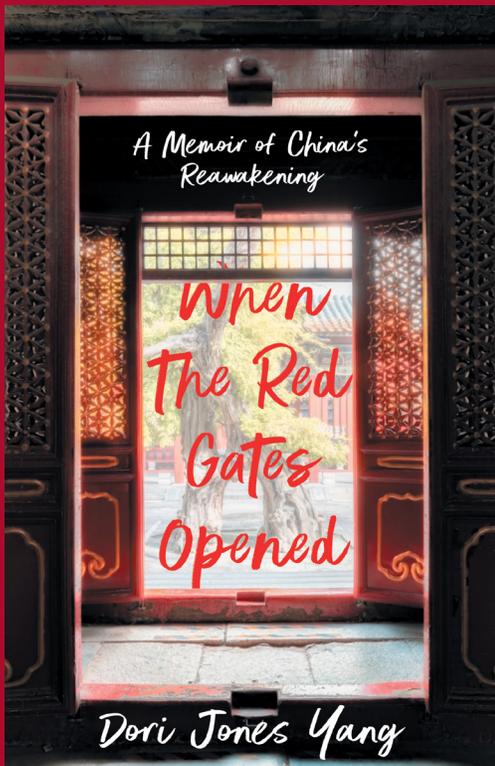
DESCRIPTION:

When faced with overwhelming hardship, what we believe makes all the difference. At age twenty-six, Anne Reeder Heck was attacked by a stranger and brutally raped. Years later, still seeking to heal the remnants of this trauma, Anne stands alone in her living room one winter day and claims her desired belief aloud: “This is my year of strength.” Her clear intention results in a phone call; her rapist has been identified—fourteen years after the crime. Offering all the gripping and uplifting details of a story that sparked national interest—Heck appeared on the front page of *The Washington Post* and was interviewed by Diane Sawyer on *Good Morning America*—*A Fierce Belief in Miracles* lights the way for those seeking to heal from life’s traumas by demonstrating the importance of clear intention and trusting inner guidance, and the transformative power of forgiveness.

ABOUT THE AUTHOR:

Anne Heck is a speaker, healer, mentor, and artist devoted to inspiring and guiding women to trust themselves, open to their intuitive guidance, and experience the magic of life through ceremony, positive intention, and a creative and curious spirit. Anne graduated with honors from Oberlin College with a degree in chemistry. She lives in the beautiful Blue Ridge Mountains of North Carolina with her husband of twenty-six years and her sweet retriever pup. She can often be found exploring the trails in Pisgah Forest with her dog or meditatively turning her pedals on the Blue Ridge Parkway. When she’s not outdoors, Anne is passionately speaking, leading workshops, mentoring, or making art. Learn more and see photos of the healing dolls described in *A Fierce Belief in Miracles* at www.anneheck.com.

SEPTEMBER 2020



Publication Date: September 22, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-751-7

E-ISBN: 978-1-63152-752-4

“Dori Jones Yang enfolds us in her frank personal story and the saga of a China just opening its gates to the ‘outside world’ . . . Americans of Yang’s generation in the China field are sure to be swept by nostalgia and vivid reminiscence. Younger readers will see today’s China more clearly after they ingest this saga of opportunity, challenge, frustration, reward, and tenacious love. As America’s relations with China stumble today, looking back to the decade of Yang’s encounter with China is more important than ever.”

—Robert A. Kapp, former president, US-China Business Council

WHEN THE RED GATES OPENED

A MEMOIR OF CHINA’S REAWAKENING

DORI JONES YANG

DESCRIPTION:

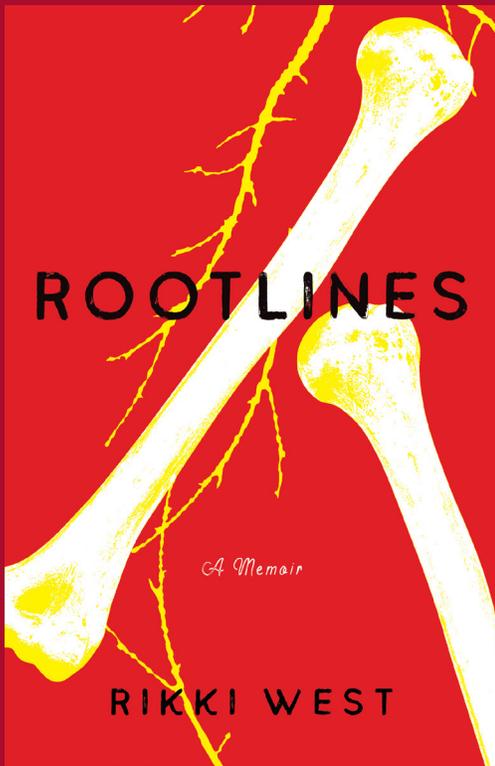
When China opened its doors in the 1980s, it shocked the world by allowing private enterprise and free markets. Dori Jones was among the first American correspondents to cover China under Deng Xiaoping, who dared to defy Maoist doctrine to try to catch up with richer nations. Though introverted, Dori used her fluency in Mandarin to get to know the ordinary people she met—people embracing opportunities that had once been unimaginable in China. Soon, Dori fell for a Chinese man who had fled China with his family in 1949 and only recently returned. Together, they found the relatives his parents had left behind, who were just starting to hope for a better future. This euphoria—shared by American businesses and Chinese citizens alike—reached its peak in 1989, when a million peaceful protestors filled Tiananmen Square, demanding democracy. Dori lived that hope, as well as the despair that followed when the army opened fire.

After Tiananmen, dejected and sure that the era of promising possibilities was over, she returned to America in 1990—only to watch as China resumed its growth. Written in a time when China’s rapid rise is setting off fears in Washington, *When the Red Gates Opened* offers insight into the daring policies that started it all.

ABOUT THE AUTHOR:

An experienced journalist, author, and speaker, Dori Jones Yang has written seven previous books, including a best-selling business book about Starbucks and two award-winning novels about Chinese children in America. Educated in history at Princeton and in international relations at Johns Hopkins, Dori worked for eight years in the 1980s as a foreign correspondent for *Business Week*, covering China during its pivotal years. From her current base near Seattle, she also worked as West Coast technology correspondent for *U.S. News and World Report*. Fluent in Mandarin Chinese, she has traveled throughout China over forty years and spoken about her books across the United States. She currently resides in Kirkland, Washington.

SEPTEMBER 2020



Publication Date: September 15, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

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Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-753-1

E-ISBN: 978-1-63152-754-8

“Fascinating, engaging, and moving . . . on the level of Robert Pirsig’s *Zen and the Art of Motorcycle Maintenance*, with the immune system taking the place of the motorcycle.”

—Richard S. Marken, PhD, author of *Controlling People: The Paradoxical Nature of Being Human*

“A hard book to put down, and a gift that marks a path for others to follow. Inspiring!”

—C. Deborah Laughton, publisher and senior editor at Guilford Publications

ROOTLINES

A MEMOIR

RIKKI WEST

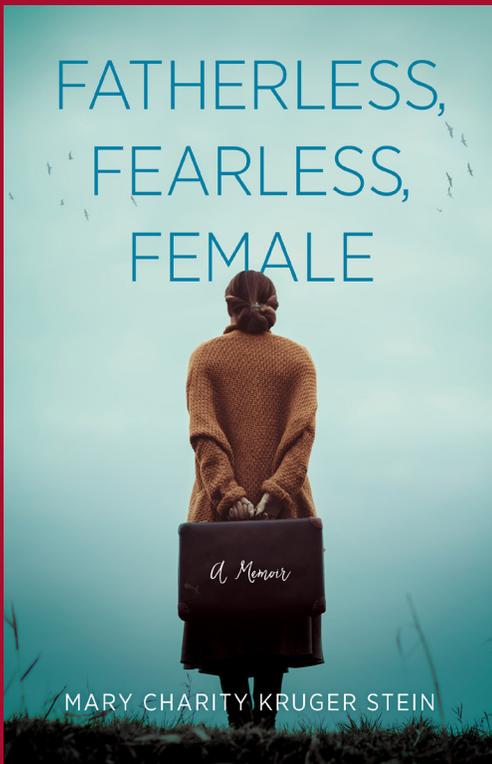
DESCRIPTION:

Rikki and her sister, Linda, fell out with one another four months ago. They are not speaking when Linda emails that she has lethal abdominal tumors, that her only hope of survival is a total bone marrow replacement. Linda claims Rikki is too old to donate, and explains there’s only a slight chance she is a good match anyway—but Rikki refuses to accept that. Despite the wounding between them, Linda’s email ignites a wild aspiration in her sister: she will become the perfect donor, the perfect match, with the healthiest, most vigorous cells possible. She rises with intent to heal herself, her sister, and their rootlines, the patterns formed in their family of origin that have quietly shaped their lives. Rikki walks through the science while confronting dogma that limits how mind can transform body. She builds herself into a stem cell factory using Muay Thai kickboxing and vegetarian nutrition. Working through childhood wounds and mental limits with meditation and yoga, she finds her own power, as well as ways to show up for Linda and walk with her from the edge of death to a new life. Together, the two sisters beat the lymphoma—and, as they rediscover the intimacy and love of their innocent childhood, heal the intertwined roots of their family pain.

ABOUT THE AUTHOR:

Rikki West is a birdwatcher, book lover, and student of meditation who started training in Muay Thai at age sixty-two. She holds a bachelor’s in genetics from the University of California at Berkeley and a master’s in integrative humanities from San Francisco State University. Her greatest passion is ideas, and her greatest thrill is understanding a new subject, perspective, or person. Thai kickboxing and meditation support her aspiration to awaken as much as possible before her lights go out. Now retired from a thirty-five-year high-tech management career, she is the mother of Lauren Magnolia and godmother of Morgan Lisa, and she lives in Santa Fe, New Mexico, with her spouse, Jill.

SEPTEMBER 2020



Publication Date: September 29, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-755-5

E-ISBN: 978-1-63152-756-2

“In this provocative and passionate memoir, Mary Stein confronts the rapidly changing status of sexual identity, marriage, parenting, and education as she recounts decades of social, ethical, and political transformations, from her childhood in rural Wisconsin to her teaching experiences in America, Greece, and Iran.”

—Marsha Keith Schuchard, PhD, author of *Why Mrs. Blake Cried: William Blake and the Sexual Basis of Spiritual Vision and Masonic Rivalries and Literary Politics: From Jonathan Swift to Henry Fielding*

FATHERLESS, FEARLESS, FEMALE

A MEMOIR

MARY CHARITY KRUGER STEIN

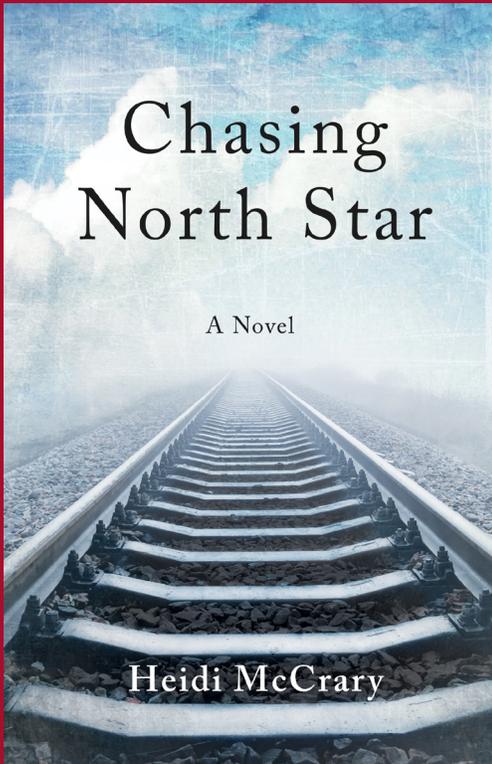
DESCRIPTION:

Mary, a Rust Belt farm girl, the bastard child of an unwed, unconventional single mother, claws her way out of poverty and weds, but soon stumbles over the myth of monogamy. When her first husband, Don, dies, she seeks a more honest, equitable relationship, determined that her infant son, Billy, will not be a fatherless child as she was. The day before she leaves on a freighter for Greece, she meets Isaac in the East Village, and their romance blooms as they shuttle back and forth between Brooklyn and Crete. In addition to the distance between them, however, Mary must also take on Isaac's conventional Jewish mother and all her beliefs about how and where they should live. *Fatherless, Fearless, Female* follows the international adventures of the dauntless Mary as she moves from a mob-operated strip joint in Chicago to the vineyards and villages of Crete, from art schools in New York and Jerusalem to the Imperial Iranian Air Force Base in Isfahan during the revolution of '78. Along the way, she navigates through a maze of broken vows, broken families, and broken educational systems—and learns, at last, the value of love and the true meaning of her mother's deathbed story.

ABOUT THE AUTHOR:

Mary C. K. Stein is a #MeToo octogenarian who started life as a Rust Belt farmgirl and learned the hard way the pitfalls that await the poor and unprotected in their quest for upward social mobility. After working for Bell Telephone, and then as a stripper in a mob-operated show lounge, and after that as a substitute teacher in an underserved middle school in Brooklyn, she began teaching AP/IB English abroad. That work took her to six countries on five continents: Greece, Egypt, Venezuela, China, Panama, and Taiwan. She wrote *Fatherless, Fearless, Female* in the hopes that it will give the current women's movements their own embodiment of exploited youth, a memorable Times Up Topsy, to help focus attention on their issues and bring about social change. She lives in Reno, Nevada.

SEPTEMBER 2020



Publication Date: September 29, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-757-9

E-ISBN: 978-1-63152-758-6

CHASING NORTH STAR

A NOVEL

HEIDI MCCRARY

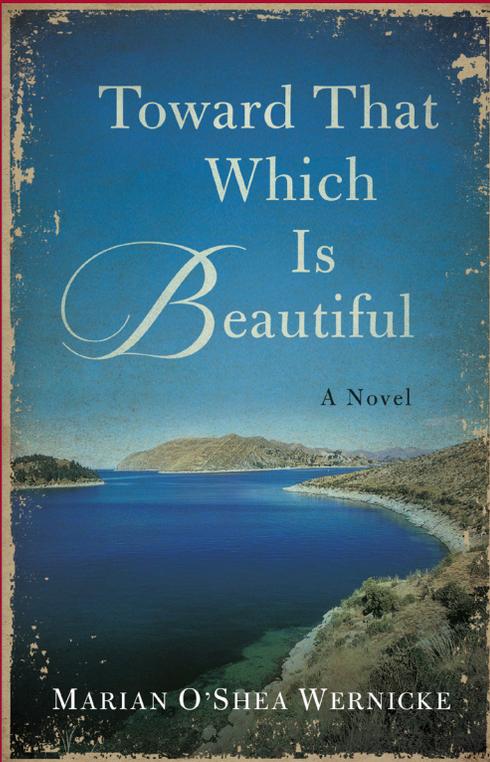
DESCRIPTION:

Germany, 1940. While struggling to survive at an orphanage, young Didi crosses paths with a rebellious, quirky girl who will either help her escape a life of abuse and uncertainty or lead her down an even darker path. Fast-forward to 1970. With help from a worn leather journal, another young girl learns the story of Didi, who escaped war-torn Germany for a better life in America—except her life didn't turn out as expected. The stories of these two girls intertwine and eventually collide one Christmas night when Didi, all grown up, finally remembers the secret she buried long ago. *Chasing North Star* looks back at a time when four free-range siblings, cigarettes in hand, roamed the streets 'til sunrise and hid from a gun-toting, mentally ill mother who couldn't help herself. Stingray bicycles, transistor radios, and late nights in the cemetery—just another day in Alamo. That is, until the youngest sibling stumbles upon Didi's story.

ABOUT THE AUTHOR:

Heidi McCrary is the youngest of five children. She has worked in the media world all her life; she spent many years with the West Michigan CBS TV station, and is currently in the advertising marketing industry. She is also a contributing writer for a regional women's magazine. Embracing all that West Michigan has to offer, Heidi can often be found in one of the many wonderful towns along the Lake Michigan shoreline, or on the local golf course, working on her goal of becoming a mediocre golfer. She lives with her husband, Jon, in Kalamazoo, Michigan, just a short drive from Alamo, where she grew up, and owns the family woods depicted in *Chasing North Star*. Her two sons, Tyler and Phillip, are doing great despite being raised by a mother with no formal training. *Chasing North Star* is her first novel.

SEPTEMBER 2020



Publication Date: September 29, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-759-3

E-ISBN: 978-1-63152-760-9

“Toward That Which Is Beautiful is a lyrical journey of faith and love. Wernicke’s writing is graceful and heartrending. A dance to the sacredness of place and the force of surrender—a most elegant novel.”

—Christine Bell, author of *The Perez Family* and *Grievance*

“Wernicke’s beautiful prose is as enchanting as the story’s mountainous landscape and the main characters’ love affair. Her writing transports the reader, like a masterful prose poem. Once you start reading, you won’t be able to put it down.”

—Herta Feely, author of *Saving Phoebe Murrow*, winner of the Independent Press Award in women’s fiction

TOWARD THAT WHICH IS BEAUTIFUL

A NOVEL

MARIAN O’SHEA WERNICKE

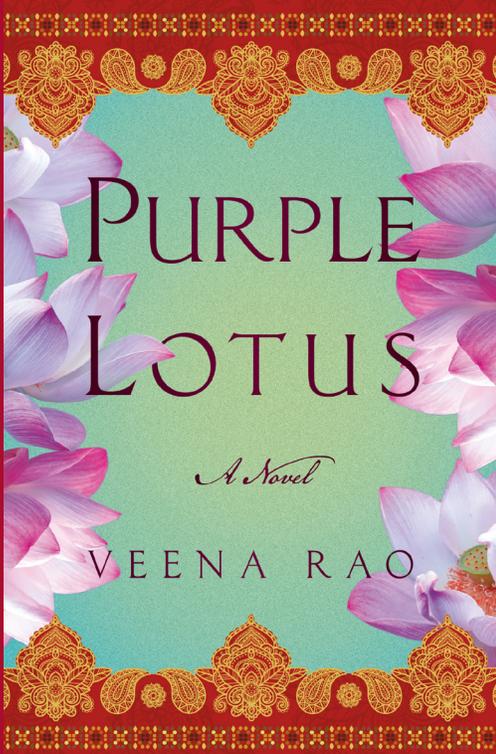
DESCRIPTION:

On an ordinary day in June of 1964 in a small town in the Altiplano of Peru, Sister Mary Katherine (formerly known as Kate), a young American nun recently arrived in this very foreign place, walks away from her convent with no money and no destination. Desperate and afraid of her feelings for an Irish priest with whom she has been working, she spends eight days on the run and encounters a variety of characters along the way: a cynical Englishman who helps her out; a suspicious Peruvian police officer who takes her in for questioning; and two American Peace Corps workers who befriend her. As Kate traverses this dangerous physical journey through Peru, she also embarks upon an interior journey of self-discovery—one that leads her somewhere she never could have expected.

ABOUT THE AUTHOR:

Born and raised in an Irish Catholic family in St. Louis, Missouri, Marian O’Shea Wernicke is the eldest of seven children. She was a nun for eleven years and spent three years working in Lima, Peru, during that time. She is a former professor of English and creative writing at Pensacola State College and the author of a memoir about her father called *Tom O’Shea: A Twentieth Century Man*. She also coedited and contributed to an award-winning book of short fiction and memoir called *Confessions: Fact or Fiction?* Marian is married to Michael Wernicke, and they are the parents of three adult children. After many years in Pensacola, Florida, they now live in Austin, Texas.

SEPTEMBER 2020



Publication Date: September 29, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

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E-ISBN: 978-1-63152-762-3

PURPLE LOTUS

A NOVEL

VEENA RAO

DESCRIPTION:

Tara moves to the American South three years after her arranged marriage to tech executive Sanjay. Ignored and lonely, Tara finds herself regressing back to childhood memories that have scarred her for life. When she was eight, her parents had left her behind with her aging grandparents and a schizophrenic uncle in Mangalore, while taking her baby brother with them to make a new life for the family in Dubai. Tara's memories of abandonment and isolation mirror her present life of loneliness and escalating abuse at the hands of her husband. She accepts the help of kind-hearted American strangers to fight Sanjay, only to be pressured by her patriarchal family to make peace with her circumstances. Then, in a moment of truth, she discovers the importance of self-worth—a revelation that gives her the courage to break free, gently rebuild her life, and even risk being shunned by her community when she marries her childhood love, Cyrus Saldanha. Life with Cyrus is beautiful, until old fears come knocking. Ultimately, Tara must face these fears to save her relationship with Cyrus—and to confront the victim-shaming society she was raised within. Intimate and deeply moving, *Purple Lotus* is the story of one woman's ascension from the dark depths of desolation toward the light of freedom.

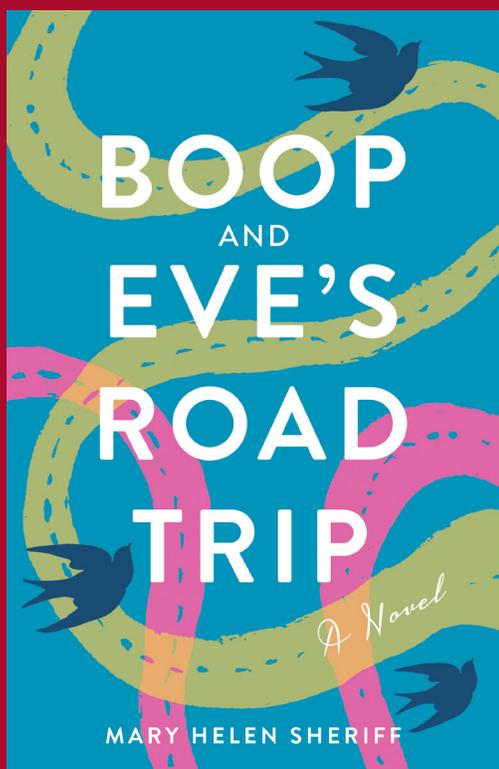
ABOUT THE AUTHOR:

Veena Rao was born and raised in India but calls Atlanta home. A journalist by profession, she is the founding editor and publisher of *NRI Pulse*, a popular Indian-American newspaper. Although her day job involves news reports, interviews, and meeting press deadlines, she devotes her spare time to creative writing and long walks in the woods. *Purple Lotus*, her debut novel, is the winner of the She Writes Press and SparkPress Toward Equality in Publishing (STEP) contest.

AWARD:

2018 STEP contest winner

OCTOBER 2020



Publication Date: October 6, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-763-0

E-ISBN: 978-1-63152-764-7

BOOP AND EVE'S ROAD TRIP

A NOVEL

MARY HELEN SHERIFF

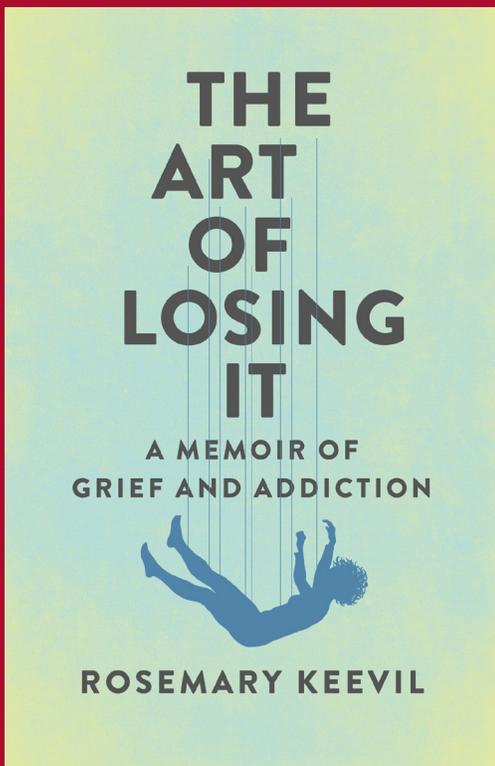
DESCRIPTION:

Eve Prince is done—with college, with her mom, with guys, and with her dream of fashion design. But when her best friend goes MIA, Eve must gather together the broken threads of her life in order to search for her. When Eve's grandmother, Boop, a retiree dripping with Southern charm, finds out about the trip, she—desperate to see her sister, and also hoping to alleviate Eve's growing depression—hijacks her granddaughter's road trip. Boop knows from experience that healing Eve will require more than flirting lessons and a Garlic Festival makeover. Nevertheless, Boop is frustrated when her feeble efforts yield the same failure that her sulfur-laced sip from the Fountain of Youth wrought on her age. She knows that sharing the secret that's haunted her for sixty years might be the one thing that will lessen Eve's growing depression—but she also fears that if she reveals it, she'll lose her family and her own hard-won happiness. Boop and Eve's journey through the heart of Dixie is an unforgettable love story between a grandmother and her granddaughter.

ABOUT THE AUTHOR:

Mary Helen Sheriff spent fourteen years in classrooms teaching elementary school, middle school, college, and professionals. During that time, she also had the pleasure of dabbling in writing for children, teenagers, and adults in a variety of forms including fiction, poetry, blogs, and nonfiction. She spent several summers immersed in an MFA program in children's literature at Hollins University. Currently, she lives and writes in Richmond, Virginia, where she lives with her two kids, two cats, and husband.

OCTOBER 2020



Publication Date: October 6, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-777-7

E-ISBN: 978-1-63152-778-4

THE ART OF LOSING IT

A MEMOIR OF GRIEF AND ADDICTION

ROSEMARY KEEVIL

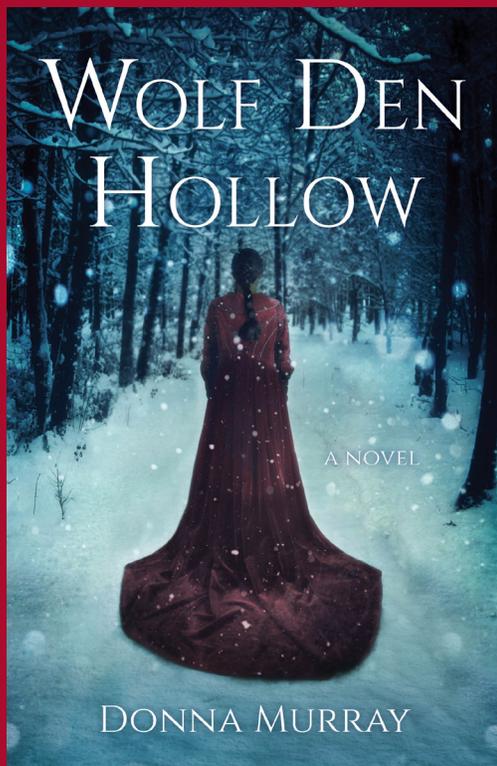
DESCRIPTION:

When her brother dies of AIDS and her husband dies of cancer in the same year, Rosemary is left on her own with two young daughters and antsy addiction demons dancing in her head. This is the nucleus of *The Art of Losing It*: a young mother jerking from emergency to emergency as the men in her life drop dead around her; a high-functioning radio show host waging war with her addictions while trying to raise her two little girls who just lost their daddy; and, finally, a stint in rehab and sobriety that ushers in a fresh brand of chaos instead of the tranquility her family so desperately needs. Heartrending but ultimately hopeful, *The Art of Losing It* is the story of a struggling mother who finds her way—slowly, painfully—from one side of grief and addiction to the other.

ABOUT THE AUTHOR:

Rosemary Keevil has been a TV news reporter, a current affairs radio show host, and the managing editor of a professional women's magazine. She has a master's degree in journalism, a sophisticated knowledge of alcoholism, addiction, and associated treatments and therapies, and two grown daughters with successful careers. Keevil lives with her partner and her sheep-a-doodle in West Vancouver, Canada. She has been clean and sober since 2002.

OCTOBER 2020



Publication Date: October 6, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-765-4

E-ISBN: 978-1-63152-766-1

“Compelling from the first page, Donna Murray’s novel deftly captures a heroine who escapes her abusive husband in the dead of winter and discovers a logging mill called Wolf Den Hollow . . . Murray enlivens this long-ago world and creates a book of historical fiction that reverberates with the reader. Bravo!”

—Linda Gray Sexton, author of *Searching For Mercy Street: My Journey Back to My Mother*, *Anne Sexton* and *Half In Love: Surviving the Legacy of Suicide*

WOLF DEN HOLLOW

A NOVEL

DONNA MURRAY

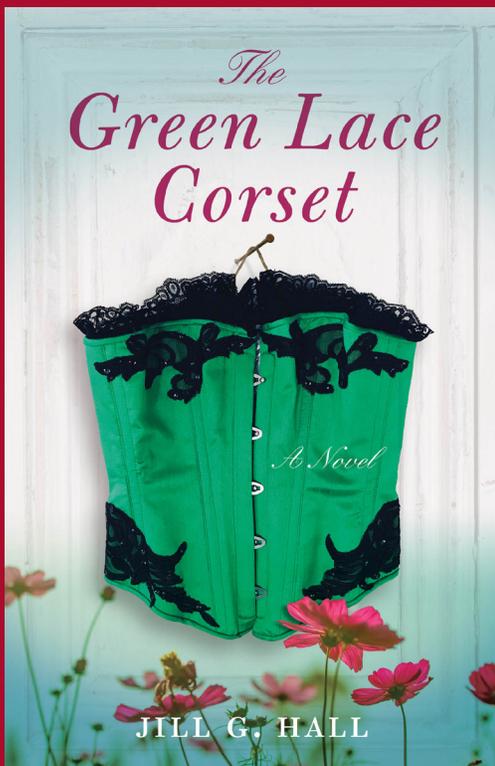
DESCRIPTION:

It’s the dead of winter and Sila, a bewitching Cherokee teenager, has just fled her marriage to a brutal drunk. Desperate for work, she finds herself knocking on the door of a mill office in the Missouri Ozarks. There she meets the handsome owner, Charley Barclay. Despite the fact that Sila and Charley have virtually nothing in common and thirty years between them, a spark ignites. Their passionate love affair quickly intensifies, and for Charley, there is no going back to his loveless marriage—especially after Sila is with child. They marry, and his empire expands as they face tragedy and treachery along the way. Just as their lives seem perfect, Charley falls victim to cancer. Sila’s devastation is compounded by the onset of the Great Depression. She loses her inheritance and is faced with losing her home. As her situation grows increasingly dire, Sila—determined to protect herself and her family—is forced to make a desperate decision. Inspired by a true story and replete with natural healing, glimpses of the logging boom, and heartbreaking drama, *Wolf Den Hollow* brings to life this unlikely, captivating romance of the early 1900s.

ABOUT THE AUTHOR:

After living in Bali, Indonesia, where she designed and manufactured garments, Donna Murray relocated back to San Francisco. She worked with the San Francisco Ballet on their Opening Night Gala in 2010, and when she left the event that rainy evening, she stepped into a deep pothole—and broke both her feet. With months of recuperation ahead, she embraced the opportunity to write her first novel—and the result was *Wolf Den Hollow*. Donna has a passion for the arts and culture, travel, nature, food, and wine, and living the good life in the beautiful Napa Valley.

OCTOBER 2020



Publication Date: October 13, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-769-2

E-ISBN: 978-1-63152-770-8

Praise for the series:

“In Jill G. Hall’s lovely debut novel, a vintage coat and the brass key discovered in its pocket provide the foundation for the alternating stories of two women from different eras. As we read, we follow Anne and Sylvia as they navigate love and loss, heartbreak, and triumph. *The Black Velvet Coat* is an absolute delight.”

—Midge Raymond, author of *Forgetting English*

THE GREEN LACE CORSET

A NOVEL

JILL G. HALL

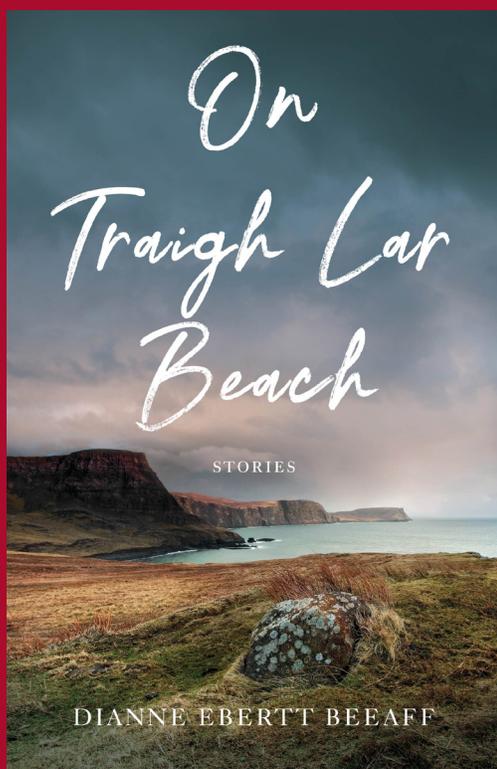
DESCRIPTION:

In the third novel in her trilogy, Jill G. Hall, author of *The Black Velvet Coat* and *The Silver Shoes*, brings readers another dual tale of two vibrant women from different eras trying to discover their true identities. Anne McFarland, a modern-day, thirty-something San Francisco artist in search of spiritual guidance, buys a corset in a Flagstaff resale boutique—a purchase that results in her having to make a decision that will change her life forever. One hundred and thirty-five years earlier, in 1885, naïve Sally Sue Sullivan, a young woman from the Midwest, is kidnapped on a train by a handsome but dangerous bank robber. Held prisoner on a homestead in Northern Arizona’s Wild West, Sally Sue discovers her own spunk and grit as she plots her escape. Ultimately, both Anne and Sally Sue face their fears and find the strength to journey down their designated paths and learn the true meaning of love and family . . . with a little push from the same green lace corset.

ABOUT THE AUTHOR:

Jill G. Hall is the author of *The Black Velvet Coat*, an International Book Award Finalist for Best New Fiction, and *The Silver Shoes*, a Distinguished Favorite in the NYC Big Book Awards. Her poems have appeared in a variety of publications, including *A Year in Ink*, *The Avocet*, and *Wild Women, Wild Voices*. As a visual artist, Jill uses found objects to fashion whimsical mosaics and assemblages. She is a seasoned presenter at seminars, readings, and community events. She resides in San Diego, where she spends as much time in nature as possible. On her blog, *Creativity*, she shares personal musings about the art of practicing a creative lifestyle. Learn more at www.jillghall.com.

OCTOBER 2020



Publication Date: October 13, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-771-5

E-ISBN: 978-1-63152-772-2

“Dianne Beeaff has a keen eye for specific settings and an uncanny ability to express the unique concerns of people from a broad spectrum of humanity. *On Traigh Lar Beach* deeply satisfies because its vivid descriptions pulled me into the characters’ experiences and kept me wondering until I reached each of her stories’ unexpected, but not illogical, conclusion.”

—Carol Sletten, author of *Three Strong Western Women* and *Story of the American West: Legends of Arizona*

ON TRAI GH LAR BEACH

STORIES

DIANNE EBERTT BEEAFF

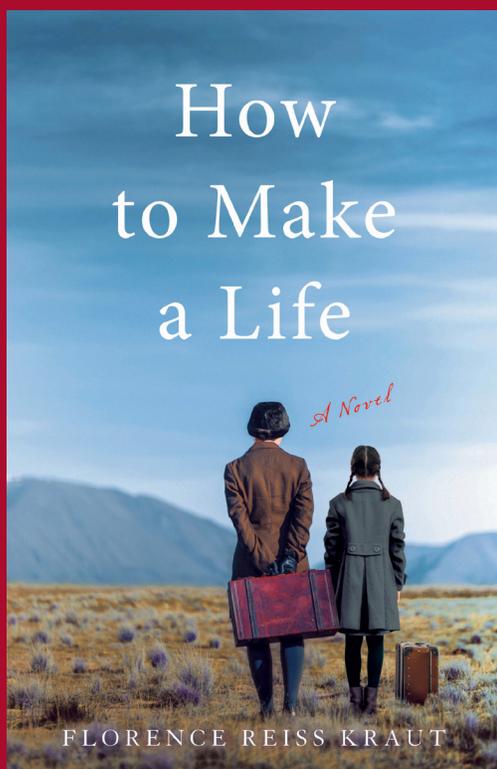
DESCRIPTION:

Erica Winchat, a young writer overwhelmed by the stress of her first book contract, discovers thirteen curious items tangled in the flotsam on the Scottish beach of Tràigh Lar. Erica tells the intriguing story of the owner of each of these items, uncovering a series of dramatic events—from a Chicago widow’s inspiring visit to Quebec City to a shrimper’s daughter facing Tropical Storm Ruby in North Carolina. The thirteenth item, a concert laminate badge, inspires Erica’s novella *Fan Girls*, in which the separate stories of four fans of the Scottish rock band Datha unfold in first person, culminating in their reunion at a concert in Chicago—a show where a shooting takes place.

ABOUT THE AUTHOR:

Dianne Ebertt Beeaff is the award-winning author of five previous books. Her poetry, watercolors, graphite drawings, and magazine articles have been featured throughout the United States and Canada. Dianne and her husband, Dan, reside in Tucson and are the parents of two children.

OCTOBER 2020



Publication Date: October 13, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-779-1

E-ISBN: 978-1-63152-780-7

HOW TO MAKE A LIFE

A NOVEL

FLORENCE REISS KRAUT

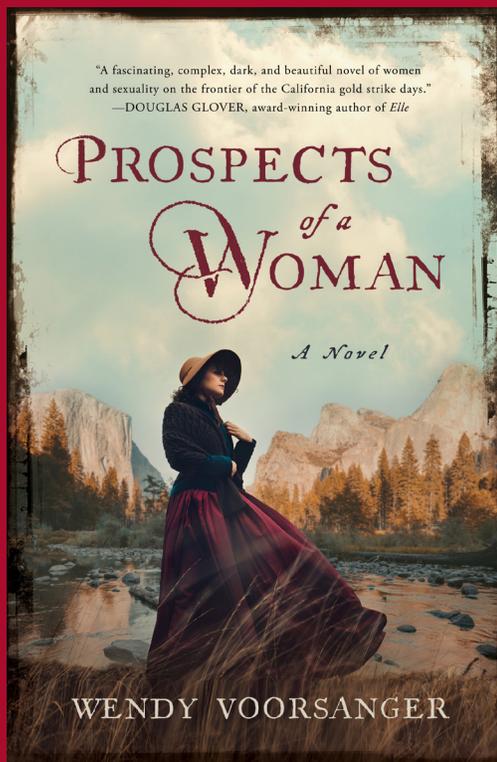
DESCRIPTION:

When Ida and her daughter, Bessie, flee a catastrophic pogrom in Ukraine for America in 1905, they believe their emigration will ensure that their children and grandchildren will be safe from harm. But choices and decisions made by one generation have ripple effects on those who come later—and in the decades that follow, family secrets, betrayals, and mistakes made in the name of love threaten the survival of the family: Bessie and Abe Weissman's children struggle with the shattering effects of daughter Ruby's mental illness, of Jenny's love affair with her brother-in-law, of the disappearance of Ruby's daughter as she flees her mother's legacy, and of the accidental deaths of Irene's husband and granddaughter. A sweeping saga that follows three generations from the tenements of Brooklyn through WWII, from Woodstock to India, and from Spain to Israel, *How to Make a Life* is the story of a family who must learn to accept each other's differences—or risk cutting ties with the very people who anchor their place in the world.

ABOUT THE AUTHOR:

Florence Reiss Kraut is a native New Yorker, raised and educated in four of the five boroughs of New York City. She holds a BA in English and a master's in social work. She worked for thirty years as a clinician, a family therapist, and the CEO of a family service agency before retiring to write and travel widely. She has published personal essays for *The New York Times* and her fiction has appeared in journals including *The Evening Street Press*, *SNReview*, *The Westchester Review*, and others. She has three married children and nine grandchildren and lives with her husband in Rye, New York.

OCTOBER 2020



Publication Date: October 20, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-781-4

E-ISBN: 978-1-63152-782-1

“Prospects of a Woman is a fascinating, complex, dark, and beautiful novel of women and sexuality on the frontier of the California gold strike days.”

—Douglas Glover, award-winning author of *Elle*

PROSPECTS OF A WOMAN

A NOVEL

WENDY VOORSANGER

DESCRIPTION:

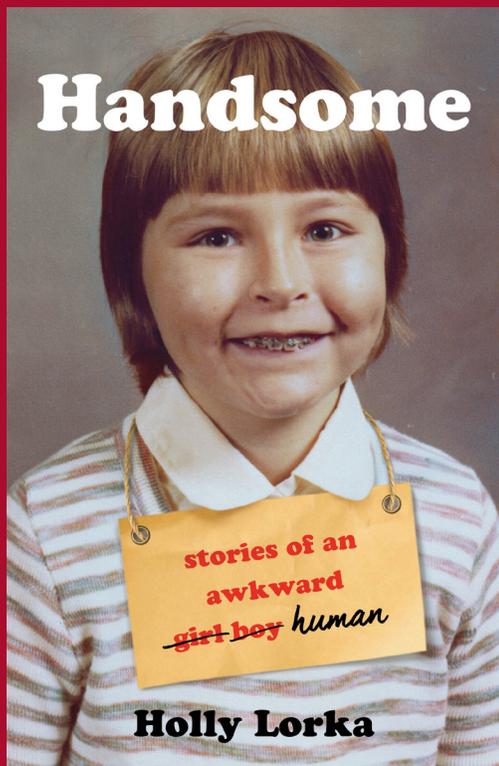
Elisabeth Goodwin comes to California from Massachusetts in 1849 with her new husband, Nate, to reunite with her father, who's struck gold on the American River. But she soon realizes her husband is not the man she thought—and neither is her father, who abandons them shortly after they arrive. As Nate struggles with his sexuality, Elisabeth is forced to confront her preconceived notions of family, love, and opportunity. She finds comfort in corresponding with her childhood friend back home, writer Louisa May Alcott, and spending time in the company of a mysterious Californio Don. Armed with Ralph Waldo Emerson's *Self-Reliance*, she sets out to determine her role in building the West, even as she comes to terms with the sacrifices she must make to achieve independence and happiness. A gripping and illuminating window into life in the Old West, *Prospects of a Woman* is the story of one woman's passionate quest to carve out a place for herself in the liberal and bewildering society that emerged during the California gold rush frenzy.

ABOUT THE AUTHOR:

Born and raised on the American River in Sacramento, Wendy Voorsanger has long held an intense interest in the historical women of California. She started her career in the Silicon Valley, writing about technology trends and innovations for newspapers, magazines, and Fortune 100 companies. She currently manages ShelsCalifornia.net, a blog dedicated to chronicling the accomplishments of California women through history. She earned a BA in journalism from California Polytechnic State University in San Luis Obispo and an MFA from the Vermont College of Fine Arts, and has attended Hedgebrook, the Squaw Valley Writers Workshop, and Lit Camp. She is a member of the Castro Writers' Cooperative, the Lit Camp Advisory Board, and the San Mateo Public Library Literary Society. She has also worked as a lifeguard, ski instructor, and radio disc jockey. Wendy lives in Northern California with her husband and two boys. Learn more at www.wendyvoorsanger.net.

OCTOBER 2020

Handsome



Holly Lorka

Publication Date: October 20, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-783-8

E-ISBN: 978-1-63152-784-5

HANDSOME

STORIES OF AN AWKWARD ~~GIRL~~ ~~BOY~~ HUMAN

HOLLY LORKA

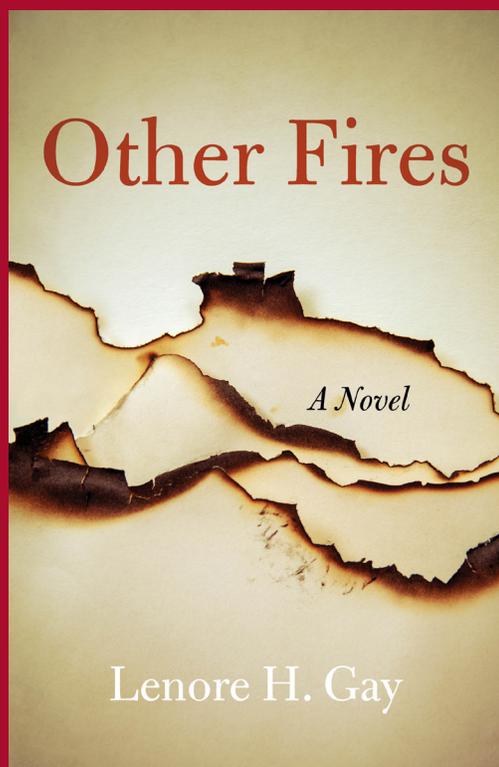
DESCRIPTION:

As a horny little kid, Holly Lorka had no idea why God had put her in the wrong body and made her want to kiss girls. She had questions: Was she a monster? Would she ever be able to grow sideburns? And most importantly, where was her penis? The problem was, it was the 1970s, so there were no answers yet. Here, Lorka tells the story—by turns hilarious and poignant—of her romp through the first fifty years of her life searching for sex, love, acceptance, and answers to her questions. With a sharp wit, endearing innocence, and indelible sense of optimism, she struggles through the awkward years (spoiler: that's all of them) and discovers that what she thought were mistakes are actually powerful tools to launch her into a magical—and ridiculous—life. Oh, and she discovers that she can buy a penis at the store, too.

ABOUT THE AUTHOR:

Holly Lorka is a writer, storyteller, and retired standup comedian whose work has been included in several anthologies and podcasts, including Hot Mic with Dan Savage. Her stories of gender, sex, and shame have earned her a following in Austin, Texas, where she lives and works as an ICU nurse and super sharp wedding officiant. *Handsome* is her first book, and she's a little nervous about her dad reading it.

OCTOBER 2020



Publication Date: October 20, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-773-9

E-ISBN: 978-1-63152-774-6

OTHER FIRES

A NOVEL

LENORE H. GAY

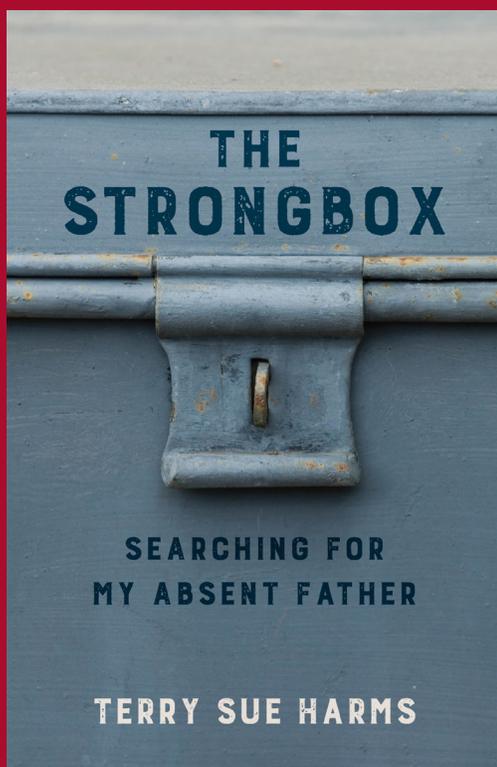
DESCRIPTION:

Joss and Phil's already rocky marriage is fragmented when Phil is injured in a devastating fire and diagnosed with Capgras delusion—a misidentification syndrome in which a person becomes convinced that a loved one has been replaced by an identical imposter. Faced with a husband who no longer recognizes her, Joss struggles to find motivation to save their marriage, even as family secrets start to emerge that challenge everything she thought she knew. With two young daughters, a looming book deadline, and an attractive but complicated distraction named Adam confusing her situation even further, Joss has to decide what she wants for her family—and what family even means.

ABOUT THE AUTHOR:

Lenore Gay is a retired Licensed Professional Counselor with a master's in sociology and rehabilitation counseling. She was an adjunct faculty at Virginia Commonwealth University's Rehabilitation Counseling Department for thirty years. She has worked in several agencies and psychiatric hospitals, and for ten years worked at her private counseling practice before becoming Coordinator of VCU's Rehabilitation Counseling Department internship program. Her debut novel, *Shelter of Leaves*, was a finalist for the Foreword Book of the Year award and a finalist for an INDEFAB award. For three years, Lenore has served on the Steering Committee of the RVALitCrawl, which has been featured in *RVAMag*, *Richmond Family Magazine*, and *Richmond Magazine*. She is an active member of James River Writers. She lives in Richmond, Virginia.

OCTOBER 2020



Publication Date: October 27, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-775-3

E-ISBN: 978-1-63152-776-0

“Investigating her family of origin story, TSH refused to be dismissed by the culture of silence that surrounded her biological father. With probing curiosity, she dared to ask who her father was and why he was never a part of her life. The unexpected answers came as the result of her tenacity, candor, and compassion. Truth seekers everywhere will find and enjoy a kindred spirit in *The Strongbox*.”

—David Talbot, best-selling author of *Season of the Witch*

THE STRONGBOX

SEARCHING FOR MY ABSENT FATHER

TERRY SUE HARMS

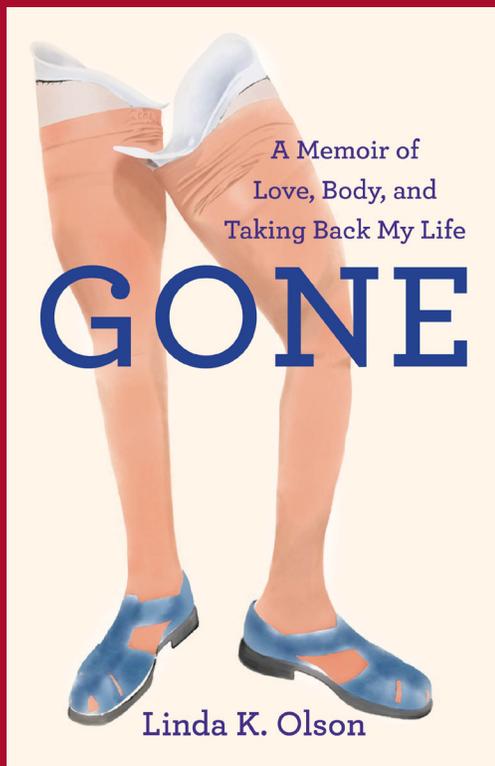
DESCRIPTION:

Following the unexpected death of her alcoholic mother, and worn down by the unceasing taunts of “bastard” from her hostile and mentally unstable stepfather, plucky sixteen-year-old Terry Sue sets out to find her biological father—believing this man, whom she has never met, could change her life for the better. But before she can find him, she must identify him, and the unfamiliar names on her birth certificate perplex her. She comes to realize that tenacity must run in her family, for as determined as she is to find her father, he appears equally determined to remain hidden. In *The Strongbox*, Terry Sue offers readers a forthright and inspirational account of her challenges, as well as her against-all-odds successes. This decades-long personal journey reads like a detective novel, full of setbacks, false leads, jaw-dropping discoveries, and heartening triumphs. The narrative’s twists and turns also pull back the curtain on many of today’s inconvenient truths: child abandonment, multigenerational alcoholism, sexism, economic inequality, domestic violence, mental illness, and illiteracy. Undaunted by the many blind alleys she encounters, Terry Sue forges on in her hunt for the loving care and emotional support she never received from her parents, and she ultimately finds it—but it arrives in forms she never expected.

ABOUT THE AUTHOR:

Terry Sue Harms has been a hairdresser and salon owner for over forty years. After a childhood of illiteracy, she taught herself to read and write as a young adult, one of her proudest and most rewarding accomplishments. She has self-published two books: *Pearls My Mother Wore: A Novel and Reflections Upon the Occasion of My 85th Year*, a memoir coauthored with her father-in-law. Terry Sue lives in scenic Sonoma, California, with her husband. This is her third book.

OCTOBER 2020



Publication Date: October 27, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-789-0

E-ISBN: 978-1-63152-790-6

“This book will make you question your assumptions about what it means to be handicapped. It is a beautifully written exemplar of resilience. Linda Olson and her family show us how a family surmounted incredible adversity with bravery, honesty, and humor.”

—Joel E. Dimsdale, MD, Distinguished Professor of Psychiatry, Emeritus, University of California, San Diego

GONE

A MEMOIR OF LOVE, BODY, AND
TAKING BACK MY LIFE

LINDA K. OLSON

DESCRIPTION:

Linda Olson and her husband, Dave Hodgens, were young doctors whose story had all the makings of a fairy tale. But then, while they were vacationing in Germany, a train hit their van, shattering their lives—and Linda’s body. When Linda saw Dave for the first time after losing her right arm and both of her legs, she told him she would understand if he left. His response: “I didn’t marry your arms or your legs. If you can do it, I can do it.” In order to protect their loved ones, they decided to hide the truth about what really happened on those train tracks, and they kept their secret for thirty-five years. As a triple amputee, Linda learned to walk with prostheses and to change diapers and insert IVs with one hand. She finished her residency while pregnant and living on her own. And she and Dave went on to pursue their dream careers, raise two children, and travel the world. Inspiring and deeply moving, *Gone* asks readers to find not only courage but also laughter in the unexpected challenges we all face. The day of the accident, no one envied Linda and Dave. Today, many do.

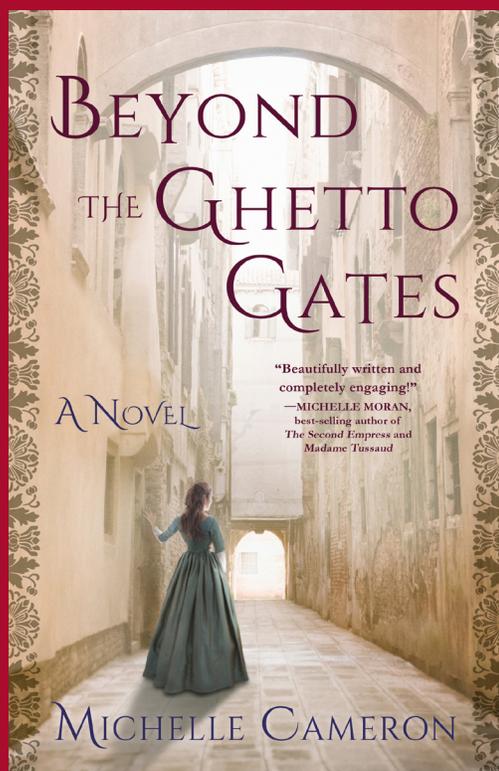
ABOUT THE AUTHOR:

Linda K. Olson, MD, FACR, is an author and motivational speaker with a Get Out and Go message. A Professor Emeritus of radiology at University of California, San Diego, she is committed to empowering Parkinson’s patients and families to live life as fully as possible in spite of their disabilities. She has been a triple amputee since 1979 and was diagnosed with Parkinson’s disease in 2015. Olson and her husband, David Hodgens, MD, raised two children and now live in San Diego with their black lab, Sally. This is her first book. Learn more at www.lindakolson.com.

Spring 2020



APRIL 2020



Publication Date: April 7, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-850-7

E-ISBN: 978-1-63152-851-4

“One of those novels which is so evocative, so compelling, that after you’ve finished you’re left thinking about the book for days. Beautifully written and completely engaging!”

—Michelle Moran, best-selling author of *The Second Empress* and *Madame Tussaud*

“Fascinating! Cameron shines a light on a rarely explored facet of the Napoleonic era set in the Italian provinces with a spirited Jewish woman at its center.”

—Heather Webb, international best-selling author of *Becoming Josephine* and coauthor of *Ribbons of Scarlet*

BEYOND THE GHETTO GATES

A NOVEL

MICHELLE CAMERON

DESCRIPTION:

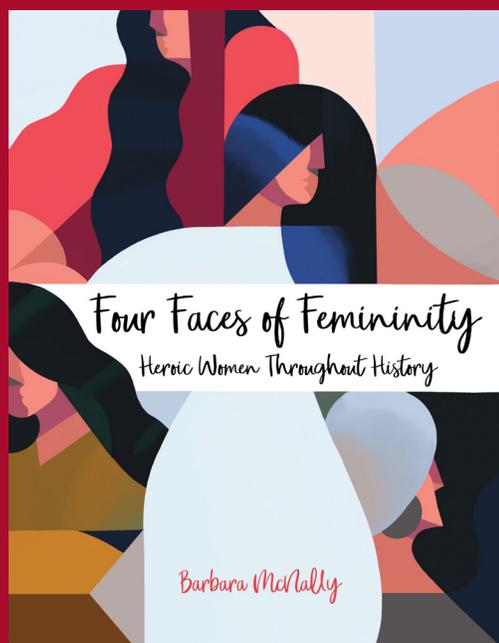
When French troops occupy the Italian port city of Ancona, freeing the city’s Jews from their repressive ghetto, it unleashes a whirlwind of progressivism and brutal backlash as two very different cultures collide. Mirelle, a young Jewish maiden, must choose between her duty—an arranged marriage to a wealthy Jewish merchant—and her love for a dashing French Catholic soldier. Meanwhile, Francesca, a devout Catholic, must decide if she will honor her marriage vows to an abusive and murderous husband when he enmeshes their family in the theft of a miracle portrait of the Madonna.

Set during the turbulent days of Napoleon Bonaparte’s Italian campaign (1796–97), *Beyond the Ghetto Gates* is both a cautionary tale for our present moment, with its rising tide of anti-Semitism, and a story of hope—a reminder of a time in history when men and women of conflicting faiths were able to reconcile their prejudices in the face of a rapidly changing world.

ABOUT THE AUTHOR:

Michelle Cameron is a director of the Writers Circle, an NJ-based organization that offers creative writing programs to kids and adults, and the author of works of historical fiction and poetry, including *The Fruit of Her Hands: The Story of Shira of Ashkenaz* (Pocket, 2009) and *In the Shadow of the Globe* (Lit Pot Press, 2003). She lived in Israel for fifteen years (including three weeks in a bomb shelter during the Yom Kippur War), where she served as an officer in the Israeli army teaching air force cadets technical English. Michelle lives in New Jersey with her husband and has two grown sons of whom she is inordinately proud.

APRIL 2020



Publication Date: April 7, 2020

Collections: Nonfiction

Trim size: 8.5 X 11

French flaps, Four-color

Price: \$24.95 paperback / \$14.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-884-2

E-ISBN: 978-1-63152-885-9

FOUR FACES OF FEMININITY

HEROIC WOMEN THROUGHOUT HISTORY

BARBARA MCNALLY

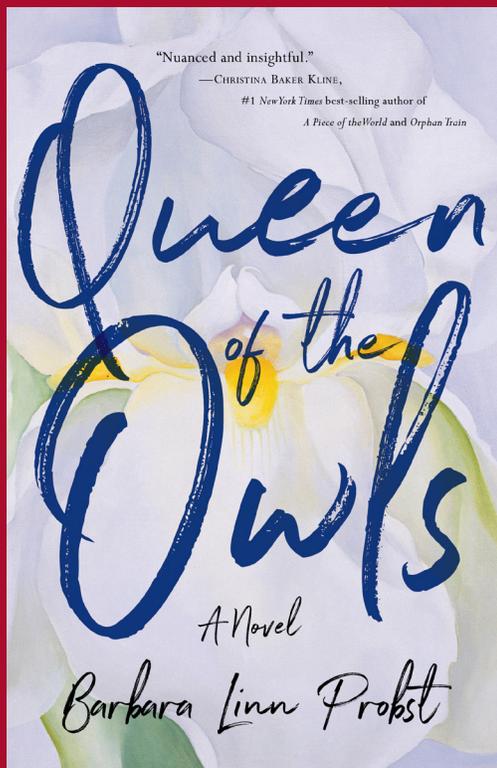
DESCRIPTION:

Four Faces of Femininity tells the story of remarkable women who, through their creativity, passion, intelligence, and sheer determination, have left an indelible mark on the history of humankind. The book is divided into four sections, with figures placed in Mother, Lover, Warrior, or Sage. Accessible, informative, and uplifting, *Four Faces of Femininity* explores the many ways in which women have changed the course of history—and demonstrates how crucial it is that women from every background be provided with role models that inspire. The book includes questions for exploration to help modern, multifaceted women see these qualities in themselves and balance them to lead a fuller life.

ABOUT THE AUTHOR:

Barbara McNally is the author of *Unbridled*, a soulful memoir of personal liberation, and *Wounded Warrior, Wounded Wife*, firsthand accounts of woman thrust into the role of caregiver when their spouses return from the battlefield with major wounds. These stories inspired the launch of the Barbara McNally Foundation, which offers seminars, scholarships, and workshops dedicated to enhancing the lives of women. Barbara is a licensed physical therapist who makes her home in Southern California, where she juggles the responsibilities of being a mother, lover, warrior, and sage.

APRIL 2020



Publication Date: April 7, 2020

Collections: Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-890-3

E-ISBN: 978-1-63152-891-0

“This is a stunner about the true cost of creativity, and about what it means to be really seen. Gorgeously written and so, so smart (and how can you resist any novel that has Georgia O’Keeffe in it?), Probst’s novel is a work of art in itself.”

—Caroline Leavitt, best-selling author of *Pictures of You, Is This Tomorrow*, and *Cruel Beautiful World*

“*Queen of the Owls* is a powerful novel about a woman’s relation to her body, diving into contemporary controversies about privacy and consent.”

—Barbara Claypole White, best-selling author of *The Perfect Son* and *The Promise Between Us*

QUEEN OF THE OWLS

A NOVEL

BARBARA LINN PROBST

DESCRIPTION:

A chance meeting with a charismatic photographer will forever change Elizabeth’s life.

Until she met Richard, Elizabeth’s relationship with Georgia O’Keeffe and her little-known Hawaii paintings was purely academic. Now, it’s personal. Richard tells Elizabeth that the only way she can truly understand O’Keeffe isn’t with her mind—it’s by getting into O’Keeffe’s skin and reenacting her famous nude photos.

In the intimacy of Richard’s studio, Elizabeth experiences a new, intoxicating abandon and fullness. It never occurs to her that the photographs might be made public, especially without her consent. Desperate to avoid exposure—she’s a rising star in the academic world and the mother of young children—Elizabeth demands that Richard dismantle the exhibit. But he refuses. The pictures are his art. His property, not hers.

As word of the photos spreads, Elizabeth unwittingly becomes a feminist heroine to her students, who misunderstand her motives in posing. To the university, however, her actions are a public scandal. To her husband, they’re a public humiliation. Yet Richard has reawakened an awareness that’s haunted Elizabeth since she was a child—the truth that cerebral knowledge will never be enough.

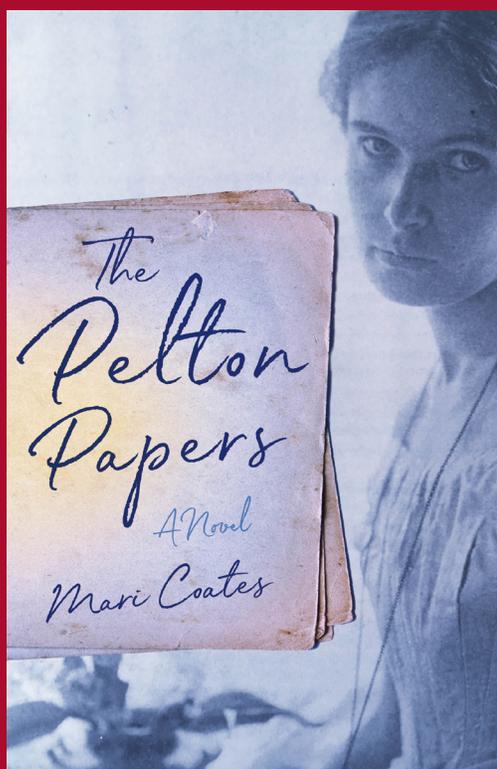
Now she must face one question: How much is she willing to risk to be truly seen and known?

ABOUT THE AUTHOR:

Barbara Linn Probst is a writer, researcher, and former clinician living on an historic dirt road in New York’s Hudson Valley. Her novels (*Queen of the Owls*, April 2020, and *The Sound of One Hand*, forthcoming in April 2021) tell of the search for authenticity, wholeness, and connection. In both novels, art helps the protagonist to become more fully herself. *Queen of the Owls* has been chosen as a 2020 selection by the Pulpwood Queens Book Club. Author of the groundbreaking book on nurturing out-of-the-box children *When the Labels Don’t Fit*, Probst holds a PhD in clinical social work and is a frequent guest essayist on major online sites for fiction writers. Please see www.barbaralinnprobst.com.

Title has been chosen as the May 2020 selection for The Pulpwood Queens, a network of more than 780 book clubs throughout the US and in international markets.

APRIL 2020



Publication Date: April 7, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-687-9

E-ISBN: 978-1-63152-688-6

“The Pelton Papers is an extraordinary book. Like its subject, Agnes Pelton, it avoids the obvious at every turn. I loved accompanying her through the first half of the twentieth century to her own visionary modernism as a painter. It’s the skill of this novel to make her life of contradictions—solitary, social, ignored, glorified—the quietly fabulous tale that it is.”

—Joan Silber, author of *Improvement*, winner of the PEN/Faulkner award for Fiction and the National Book Critics Circle Award

THE PELTON PAPERS

A NOVEL

MARI COATES

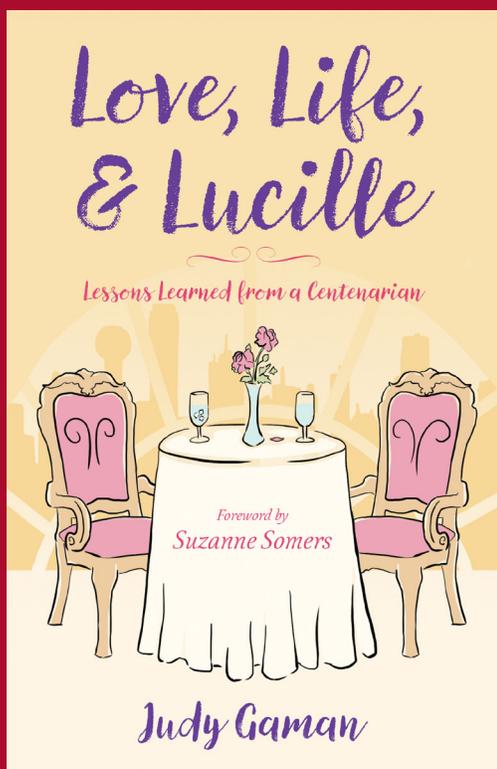
DESCRIPTION:

A richly imagined novel based on the life of artist Agnes Pelton, whose life tracks the early days of modernism in America. Born into a family ruined by scandal, Agnes becomes part of the lively New York art scene, finding early success in the famous Armory Show of 1913. Fame seems inevitable, but Agnes is burdened by shyness and instead retreats to a contemplative life, first to a Long Island windmill and then to the California desert. Undeclared by her history—family ruination in the Beecher-Tilton scandal, a shrouded Brooklyn childhood, and a passionate attachment to another woman—she follows her muse to create more than a hundred luminous and deeply spiritual abstract paintings.

ABOUT THE AUTHOR:

Mari Coates lives in San Francisco, where, before diving into fiction writing, she was an arts writer and the theater critic for the *SF Weekly*. She holds degrees from Connecticut College and the Warren Wilson MFA Program for Writers.

APRIL 2020



Publication Date: April 14, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-882-8

E-ISBN: 978-1-63152-883-5

“Part memoir, part tribute . . . Alternately witty and touching.”

—Kirkus Reviews

“Lucille captured the lives of so many in the Dallas area and around the country. This is a behind-the-scenes look at how Lucille and Judy forged an inseparable bond. A story that had to be told!”

—Jane McGarry, host of *Good Morning Texas*

LOVE, LIFE, AND LUCILLE

LESSONS LEARNED FROM A CENTENARIAN

JUDY GAMAN

DESCRIPTION:

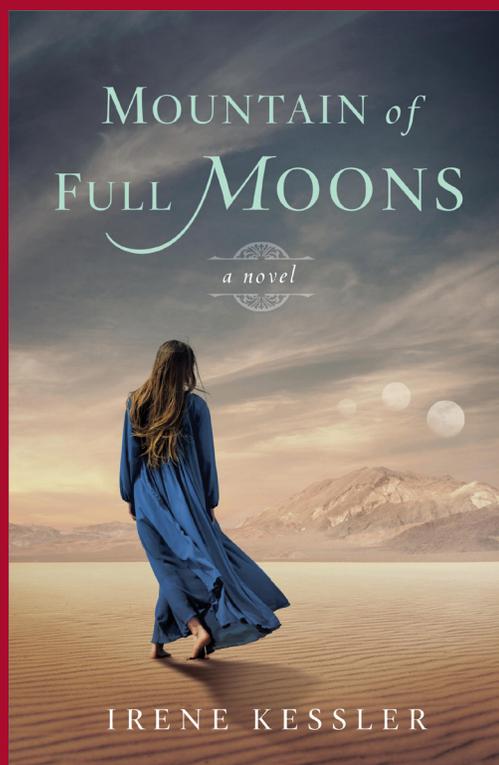
Judy Gaman was so busy making a name for herself that she barely took the time to meet a stranger, enjoy life, or simply stop to breathe. Immersed in her job as the director of business development for a high-profile medical practice—a job that required her to write health and wellness books and host a nationally syndicated radio show—she spent every day going full speed ahead with no looking back. That is, until the day she met Lucille Fleming.

While writing a book on longevity, Judy interviewed Lucille, an elegant and spirited woman who had just recently turned 100. Lucille had the fashion and style of old Hollywood, but it was all hidden behind the doors of her assisted living center. What began as a quick meeting became a lasting friendship that transformed into an inseparable bond. Lucille brought incredible wisdom and great stories to the table, while Judy provided an avenue for excitement and new opportunities. Together, the two began living life to the fullest, and meeting the most interesting people along the way (including Suzanne Somers). But then Lucille’s life came to an end through unexpected and unfortunate circumstances—and the very first lesson she ever taught Judy proved to be the most important one of all.

ABOUT THE AUTHOR:

Author, speaker, and CEO Judy Gaman is a force to be reckoned with. She spent almost a decade as a nationally syndicated radio show host of the *Staying Young Show* and has now ventured out with a new podcast, *Luxury Medicine Playbook*, in addition to continuing to offer *Stay Young America* on both radio and podcast every day. She is an award-winning author whose past works have won accolades from the Beverly Hills Book Award (finalist), National Indie Excellence Awards, Next Generation Indie Book Awards, and *ForeWord Magazine*’s Book of the Year Awards (bronze), as well as earned a *Readers’ Favorite* 5-star review. A mother of ten and grandmother of five, she lives in Texas with her husband.

APRIL 2020



Publication Date: April 14, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-860-6

E-ISBN: 978-1-63152-861-3

“Irene Kessler captures the flavor and feeling of the ancient world and makes the spiritual journey of a remarkable woman into something alive, earthy, and incredibly vivid.”

—Joyce Sweeney, author of *Headlock* and *The Guardian*

MOUNTAIN OF FULL MOONS

A NOVEL

IRENE KESSLER

DESCRIPTION:

Thirteen-year-old Elisha lives in a village near Shechem in the Land of Canaan in ancient Israel. She wants to be like other girls but is unmarried, speaks to an angel, and composes and sings her own songs—a pursuit her parents disapprove of. When she tells the women of her village to stand up for themselves, the men are outraged and her tribe banishes her.

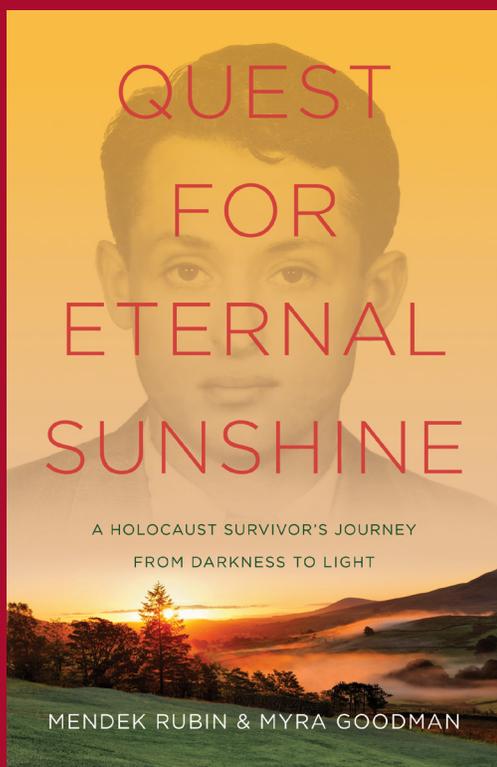
After journeying alone through the desert, where she escapes bandits, wild animals, and men who would sell her as a servant, Elisha makes it to Jerusalem. There, her angel guides her to study with Abraham and Sarah. She learns much, including reading and writing, and Abraham even gives her Doron, his servant, to accompany her as she sings her songs throughout the country. Doron becomes Elisha’s lover and her songs are well accepted—until she sings one about equality for women.

Mountain of Full Moons explores how we overcome our fears, go out into the world, and gain the courage to speak up and be who we choose to be.

ABOUT THE AUTHOR:

Born in New York City, Irene Kessler is a jill of many trades. As a single mother of three, she was the Polaroid Camera Girl, sold jewelry, and held makeup parties to supplement her alimony. She moved on to sing minor roles at New York City Opera, the Metropolitan Opera, and the Teatro Principal in Barcelona, Spain. Next, she received her master’s degree in psychology, moved to Florida, and became an eating disorder specialist at Glenbeigh Hospital. She completed her PhD in 1997 and went on to work at the Radar Institute and Renfrew Center. She was in private practice for over thirty years, during which time she also joined a local quartet that performed opera, operetta, and Broadway tunes at venues in Broward and Palm Beach counties. She was inspired to begin writing after attending a presentation by writer and teacher Joyce Sweeney.

APRIL 2020



Publication Date: April 14, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-878-1

E-ISBN: 978-1-63152-879-8

“Mendek’s unique and beautifully told story is one of the most inspiring healing journeys I’ve ever read. I’ve savored this gem of a book many times, and each time, I am amazed and filled with awe. If you want to be deeply inspired, buy this book today.”

—Laura Davis, author of *The Courage to Heal* and *I Thought We’d Never Speak Again*

“Mendek’s story is moving and realistic. His journey is remarkable precisely because it is so honest and human.”

—Rabbi Leah Novick, author of *On the Wings of Shekhinah: Rediscovering Judaism’s Divine Feminine*

QUEST FOR ETERNAL SUNSHINE

A HOLOCAUST SURVIVOR’S JOURNEY FROM DARKNESS TO LIGHT

MENDEK RUBIN & MYRA GOODMAN

DESCRIPTION:

Quest for Eternal Sunshine chronicles the triumphant, true story of Mendek Rubin, a brilliant inventor who overcame both the trauma of the Holocaust and decades of unrelenting depression to live a life of deep peace and boundless joy.

Born into a Hassidic Jewish family in Poland in 1924, Mendek grew up surrounded by extreme anti-Semitism. Armed with an ingenious mind, he survived three horrific years in Nazi slave-labor concentration camps while virtually his entire family was murdered in Auschwitz. After arriving in America in 1946—despite having no money or professional skills—his inventions helped revolutionize both the jewelry and packaged-salad industries. Remarkably, Mendek also applied his ingenuity to his own psyche, developing innovative ways to heal his heart and end his emotional suffering. After Mendek died in 2012, his daughter, Myra Goodman, found an unfinished manuscript in which he’d revealed the intimate details of his healing journey.

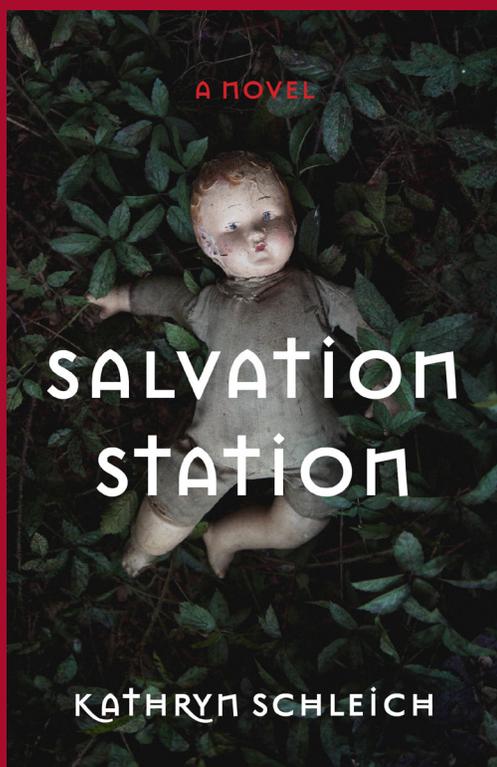
Quest for Eternal Sunshine—the extraordinary result of a posthumous father-daughter collaboration—tells Mendek’s whole story and is filled with eye-opening revelations, effective self-healing techniques, and profound wisdom that have the power to transform the way we live our lives.

ABOUT THE AUTHOR:

Mendek Rubin was a Holocaust survivor and brilliant inventor who helped revolutionize the jewelry manufacturing industry, generating numerous patents in the 1960s and 1970s. He is the author of two books: *Why Not Now*, a book of poems and prose, and *I Am Small, I Am Big: The Way We Choose to Live*, a book about positive thinking written for children. A self-taught artist and nature photographer, Mendek died in September 2012 in Carmel Valley, California, at the age of eighty-seven.

Myra Goodman is a well-known pioneer in the world of organic food and farming and is the author of three cookbooks. She has appeared on national television shows and has been featured in hundreds of publications. Myra and Drew have two grown children and continue to live on their original farm in Carmel Valley with their two yellow labs, Oscar and Henry.

APRIL 2020



Publication Date: April 14, 2020

Collections: Fiction, Mystery

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-892-7

E-ISBN: 978-1-63152-893-4

“An edge-of-your-seat, page-turning thriller that might possibly leave you unable to sleep when you meet this female killer . . . Luckily, the heroine is stronger and smarter and just as determined.”

—Margo Dill, Managing Editor, *WOW! Women On Writing*

“A devilishly good, juicy page-turner about murder, faith, and ultimately . . . revenge.”

—Cara Lockwood, USA Today best-selling author of *I Do (But I Don't)*

SALVATION STATION

A NOVEL

KATHRYN SCHLEICH

DESCRIPTION:

Despite her years of experience investigating homicides for the force, Captain Linda Turner is haunted by the murders of the Hansen family. The two small children, clothed in tattered Disney pajamas, were buried with their father, a pastor, in the flower garden behind a church parsonage in Lincoln, Nebraska. But Mrs. Hansen is nowhere to be found—and neither is the killer.

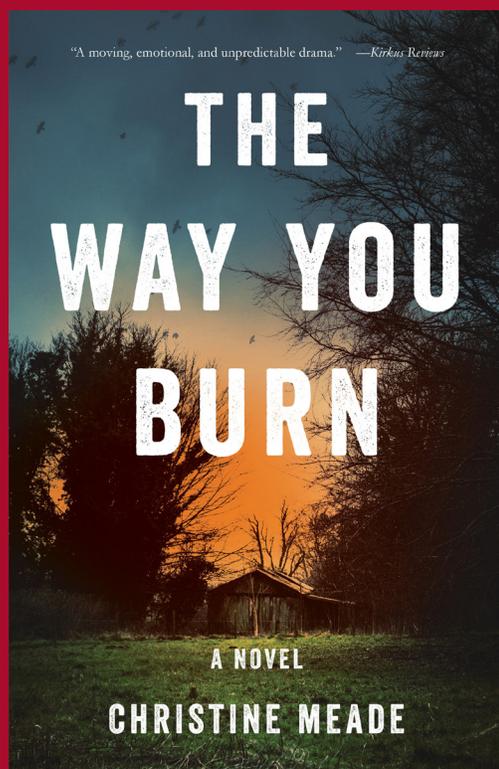
In St. Louis, the televangelist Ray Williams is about to lose his show—until one of his regular attendees approaches him with an idea that will help him save it. Despite his initial misgivings, Ray agrees to give it a try. He can't deny his attraction to this woman, and besides, she's assured him the plan is just—God gave her the instructions in a dream.

Multiple story lines entwine throughout this compelling mystery, delving into the topics of murder, religious faith, and the inherent dangers in blindly accepting faith as truth. While Reverend Williams is swept up in his newfound success and plans for his wedding, Captain Turner can only hope that she and her team will catch the Hansens' cunning killer—before more bodies surface.

ABOUT THE AUTHOR:

Kathryn Schleich has been a writer for thirty years. Her most recent publications include the short story “Reckless Acts,” featured in *After Effects: A Zimbell House Anthology*, and her story “Grand Slam,” published in *The Acentos Review* in May 2017. She is the author of two editions of the book *Hollywood and Catholic Women: Virgins, Whores, Mothers, and Other Images*, which evolved from her master's thesis. Her guest posts have been featured on the Women On Writing blog and *The Muffin*, and she writes for the Amherst H. Wilder Foundation's volunteer newsletter. When she's not writing, Schleich is likely volunteering in the education and arts communities in the Twin Cities, where she lives. Friends, family, good food, wine, and traveling are important aspects of her life. *Salvation Station* is her first novel.

APRIL 2020



Publication Date: April 14, 2020

Collections: Fiction, Mystery

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-691-6

E-ISBN: 978-1-63152-692-3

“A moving, emotional, and unpredictable drama.”

—Kirkus Reviews

“Mysterious, vivid, and deftly drawn, *The Way You Burn* explores the perils of intimacy and the psychic burdens of the past. You’ll stay up late turning pages as if they were hot to the touch.”

—Molly Prentiss, author of *Tuesday Nights in 1980*

“*The Way You Burn* is a thrilling mystery, a complex romance, and a beautifully written character study all in one.”

—Sonia Belasco, author of *Speak of Me As I Am*

THE WAY YOU BURN

A NOVEL

CHRISTINE MEADE

DESCRIPTION:

When David approaches his New Hampshire cabin one cool October night to find it engulfed in flames, he knows his girlfriend Hope set the fire. At least, he’s pretty sure he knows.

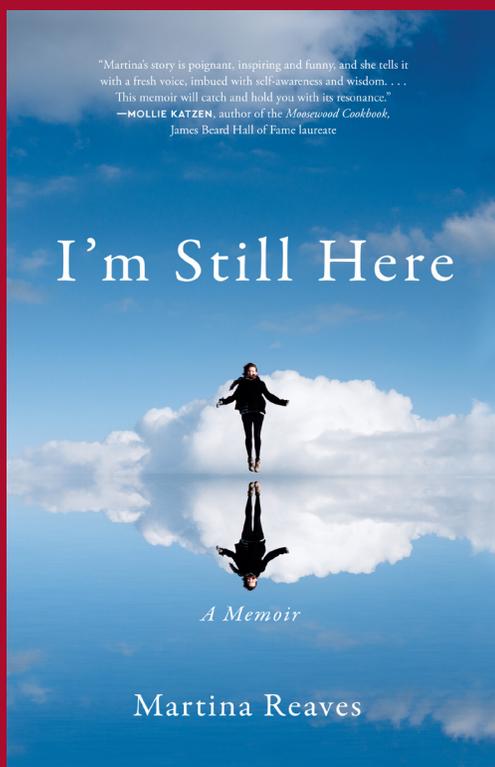
David first decides to upend the creature comforts of his post-collegiate life and try roughing it for a year after he inherits two acres of land and a rustic cabin from his deceased grandfather. Life at the cabin proves to be more difficult than expected, however, and it all starts with the woman he loves—Hope—whose dark past is written in the twisting pink scars covering her body. Their relationship is challenged after his car slides through an intersection one dark night and, later, his realization that someone is out there, watching him through the trees.

Over the course of five seasons, David struggles to maintain his relationship with Hope. Ultimately, in an attempt to understand the sacrifices she has had to make, he decides to rewrite their story. In doing so, he explores the lessons he’s left with—after everything he thought mattered has been or burned away—and the surprising bits of wisdom he finds in the ashes.

ABOUT THE AUTHOR:

Christine Meade is a freelance writer, a book editor, and a writing teacher. She holds an MFA in creative writing from the California College of the Arts. A native New Englander, she currently lives and writes in Somerville, MA.

APRIL 2020



Publication Date: April 21, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-876-7

E-ISBN: 978-1-63152-877-4

“A story rich in emotional description . . .”

—Kirkus Reviews

“Immediate, visceral, loaded with humor and insight, *I’m Still Here* is like an intimate conversation with a wonderful friend—it leaves you feeling enlightened, enriched, and a little happier than you were before. Savor this book and share it with people you love!”

—David Schweidel, author of *Milkweed* National Fiction Prize winner *Confidence of the Heart* and coauthor of *What Men Call Treasure*

I’M STILL HERE

A MEMOIR

MARTINA REAVES

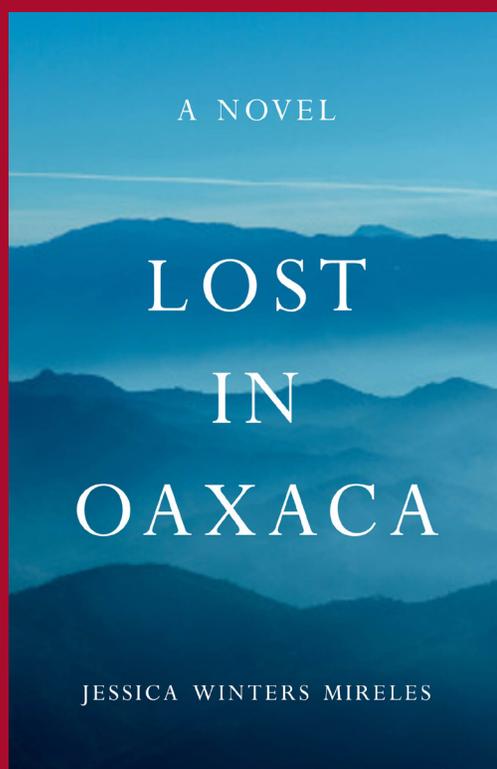
DESCRIPTION:

In 1969, at age twenty, Martina moves to San Francisco. She lives in a commune, marries her hippie streetcar driver, and moves away from the city—first to Mendocino County, Oregon, and then to the Virgin Islands. In 1980, Martina comes out. She finds her life partner, Tanya, at work, and in 1986 they have a son, Cooper. In 2008, Martina is diagnosed with serious tongue cancer. Her journey in the aftermath of this diagnosis is one of hope, fear, family, friendship, perseverance, and learning to live with a terminal diagnosis. Reaves braids these strands of her life together in *I’m Still Here*, presenting readers with a nuanced, poignant exploration of what it means to live—and love—authentically.

ABOUT THE AUTHOR:

Martina Reaves grew up in a Navy family and lived in thirty-four places before she finally settled in her current home in Berkeley with her wife, Tanya, and their son, Cooper, who now lives in Oakland. She considers living in one place for over thirty years a major accomplishment. A lawyer who hated practicing law, she became a mediator in 1986 and worked with divorcing couples and neighbors with disputes. In 2007, she dropped writing legal documents and began writing fiction and memoir, and she has been at it ever since. She loves creating serenity in her home, gardening, reading, going to plays, and that the music venue Freight and Salvage is five minutes from her home. She thinks eating is wonderful but cooking is boring.

APRIL 2020



Publication Date: April 21, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-880-4

E-ISBN: 978-1-63152-881-1

LOST IN OAXACA

A NOVEL

JESSICA WINTERS MIRELES

DESCRIPTION:

Once a promising young concert pianist, Camille Childs retreated to her mother's Santa Barbara estate after an injury to her hand destroyed her hopes for a musical career. She now leads a solitary life teaching piano, and she has a star student: her student, the daughter of her mother's Mexican housekeeper. Camille has been grooming the young Graciela for the career that she herself lost out on, and now Graciela, newly turned eighteen, has just won the grand prize in a piano competition, which means she gets to perform with the LA Philharmonic. Camille is ecstatic; if she can't play herself, at least as Graciela's teacher, she will finally get the recognition she deserves.

But there are only two weeks left before the concert, and Graciela has disappeared—gone back to her family's village in the mountains of Oaxaca, Mexico. Desperate to bring Graciela back in time for the concert, Camille goes after her, but on the way there, a bus accident leaves her without any of her possessions. Alone and unable to speak the language, Camille is befriended by Alejandro, a Zapotec man who lives in LA but is from the same village as Graciela. Despite a contentious first meeting, Alejandro helps Camille navigate the rugged terrain and unfamiliar culture of Oaxaca, allowing her the opportunity to view the world in a different light—and perhaps find love in the process.

ABOUT THE AUTHOR:

Born and raised in Santa Barbara, California, Jessica Winters Mireles holds a degree in piano performance from USC. After graduating, she began her career as a piano teacher and performer. Four children and a studio of over forty piano students later, Jessica's life changed drastically when her youngest daughter was diagnosed with leukemia at the age of two; she soon decided that life was too short to give up on her dreams of becoming a writer, and after five years of carving out some time each day from her busy schedule, she finished *Lost in Oaxaca*. Jessica's work has been published in *GreenPrints* and *Mothering* magazines. She also knows quite a bit about Oaxaca, as her husband is an indigenous Zapotec man from the highlands of Oaxaca and is a great source of inspiration. She lives with her husband and family in Santa Barbara, California.

APRIL 2020

"A must-read in today's political environment, this courageous book demonstrates how to fight prejudice and embrace acceptance."
—STEVE ADLER, Mayor of Austin

once a girl, always a boy

a family memoir of
a transgender journey



Jo Ivester

Publication Date: April 21, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-886-6

E-ISBN: 978-1-63152-887-3

"...a heartwarming story that anyone with a complicated life and identity can relate to. A multifaceted, rich, and moving exploration of the trans experience."

—Kirkus Reviews (starred review)

"An important purchase both for its heartwarming demonstration of a family's unconditional love and for effective advocacy for transgender individuals . . . a model for other families searching for acceptance and ways to support their loved one's transition journey."

—Library Journal, starred review

ONCE A GIRL, ALWAYS A BOY

A FAMILY MEMOIR OF A TRANSGENDER JOURNEY
JO IVESTER

DESCRIPTION:

Jeremy Ivester is a transgender man. Thirty years ago, his parents welcomed him into the world as what they thought was their daughter. As a child, he preferred the toys and games our society views as masculine. He kept his hair short and wore boys' clothing. They called him a tomboy. That's what he called himself.

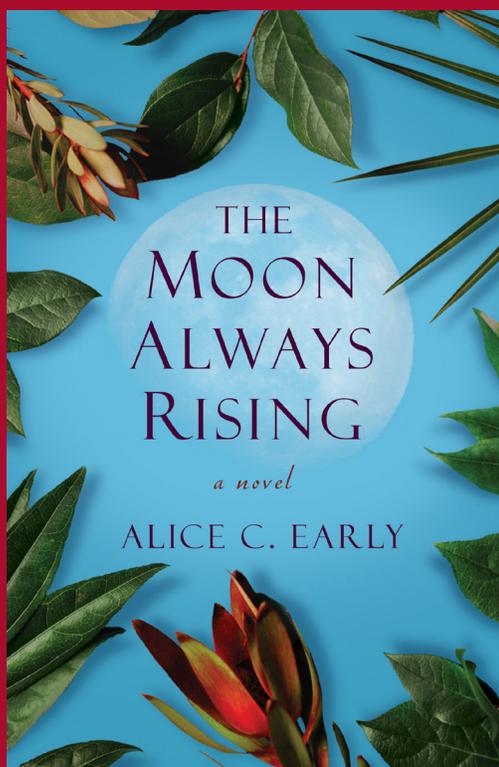
By high school, when he showed no interest in flirting, his parents thought he might be lesbian. At twenty, he wondered if he was asexual. At twenty-three, he surgically removed his breasts. A year later, he began taking the hormones that would lower his voice and give him a beard—and he announced his new name and pronouns.

Once a Girl, Always a Boy is Jeremy's journey from childhood through coming out as transgender and eventually emerging as an advocate for the transgender community. This is not only Jeremy's story but also that of his family, told from multiple perspectives—those of the siblings who struggled to understand the brother they once saw as a sister, and of the parents who ultimately joined him in the battle against discrimination. This is a story of acceptance in a world not quite ready to accept.

ABOUT THE AUTHOR:

Jo Ivester was raised in a politically active family. In 1967, when she was ten years old, her father moved their family from Boston, MA to an all-black town in the Mississippi Delta, where they were drawn into the heart of the civil rights movement. Because of this experience, Jo is committed to advocating for equal rights for all. Her best-selling, award-winning memoir about her family's time in Mississippi, *The Outskirts of Hope* (She Writes Press, April 2015), has led to numerous speaking engagements about racial relations. In the last few years, she has broadened her focus to raise awareness about the transgender community, and now serves on the board of Equality Texas, a non-profit LGBTQ rights organization. When not focused on family, writing, and advocate work, Jo enjoys skiing, walking on the beach, and swing dancing with her husband.

APRIL 2020



Publication Date: April 21, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-683-1

E-ISBN: 978-1-63152-684-8

"The Moon Always Rising takes your imagination on a trip to lush Caribbean Nevis and the Scottish Highlands in an engrossing story about how love and forgiveness help broken people mend. I especially loved the fabulous ghost (jumbie)—such a unique and intriguing character!"

—Martha Hall Kelly, author of international bestseller *Lilac Girls* and its prequel *Lost Roses*

THE MOON ALWAYS RISING

A NOVEL

ALICE C. EARLY

DESCRIPTION:

In 1998, fiery Eleanor "Els" Gordon thought the new century would find her married to her childhood soul mate, rejuvenating her family's Scottish Highlands estate, and finally earning a managing director title at her investment bank. Maybe she'd even have the courage to discover why her estranged mother ran home to Italy thirty years earlier.

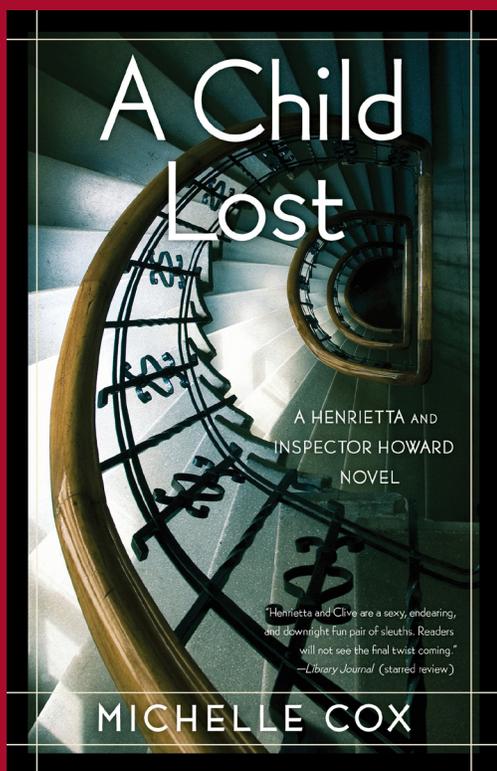
But when 2000 dawns, Els is mourning her fiancé and her father, and she's unemployed, broke, and sharing an antique plantation house on the Caribbean island of Nevis with the ghost—or "jumbie"—of Jack Griggs, the former owner. Jack's jumbie wangles Els's help in making amends for wrongs committed during his Casanova life, and in exchange he appoints himself Cupid on behalf of a charter captain who's as skittish about vulnerability as Els. Meanwhile, Els lures her mother to Nevis in hopes of unraveling the family secrets—but will the shocking truth set her free, or pull her fragile new happiness apart?

A moving and lyrical novel that transports readers from lush tropics to rugged highlands and back again, *The Moon Always Rising* explores how the power of forgiveness can help even the most damaged person fix whatever is broken.

ABOUT THE AUTHOR:

Alice C. Early's career has involved academia, international executive recruiting, commercial real estate, career-change coaching, and always writing. Her Vassar English/creative writing major and her Harvard degree in counseling helped hone her writer's ability to see and listen, and to touch others. Alice and her partner have visited Nevis annually since 1996 and otherwise share a hand-built life on Martha's Vineyard in view of the sea.

APRIL 2020



Publication Date: April 28, 2020

Collections: Historical Fiction, Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-836-1

E-ISBN: 978-1-63152-837-8

"Cox's eye for historical detail remains sharp. . . . A pleasant, escapist diversion."

—Kirkus Reviews

"Set in the 1930s, this romantic mystery combines the teetering elegance of *Downton Abbey* and the staid traditions of *Pride and Prejudice* with a bit of spunk and determination."

—Booklist

A CHILD LOST

A HENRIETTA AND INSPECTOR HOWARD NOVEL
BOOK 5

MICHELLE COX

DESCRIPTION:

A spiritualist, an insane asylum, a lost little girl . . .

When Clive, anxious to distract a depressed Henrietta, begs Sergeant Frank Davis for a case, he is assigned to investigating a seemingly boring affair: a spiritualist woman operating in an abandoned schoolhouse on the edge of town who is suspected of robbing people of their valuables. What begins as an open-and-shut case becomes more complicated, however, when Henrietta—much to Clive's dismay—begins to believe the spiritualist's strange ramblings.

Meanwhile, Elsie begs Clive and Henrietta to help her and the object of her budding love, Gunther, locate the whereabouts of one Liesel Klinkhammer, the German woman Gunther has traveled to America to find and the mother of the little girl, Anna, whom he has brought along with him. The search leads them to Dunning Asylum, where they discover some terrible truths about Liesel. When the child, Anna, is herself mistakenly admitted to the asylum after an epileptic fit, Clive and Henrietta return to Dunning to retrieve her. This time, however, Henrietta begins to suspect that something darker may be happening. When Clive doesn't believe her, she decides to take matters into her own hands . . . with horrifying results.

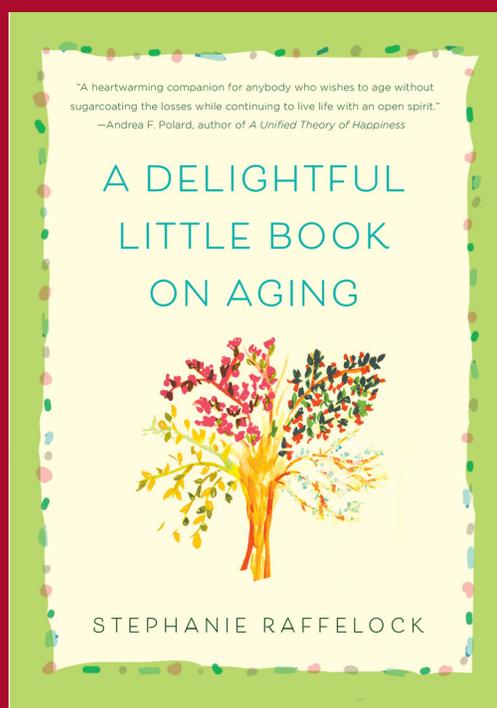
ABOUT THE AUTHOR:

Michelle Cox is the author of the multiple award-winning Henrietta and Inspector Howard series as well as *Novel Notes of Local Lore*, a weekly blog dedicated to Chicago's forgotten residents. She suspects she may have once lived in the 1930s and, having yet to discover a handy time machine lying around, has resorted to writing about the era as a way of getting herself back there. (Her books have been praised by *Kirkus*, *Library Journal*, *Publishers Weekly*, *Booklist*, and many others, so she might be on to something.) Unbeknownst to most, Cox hoards board games she doesn't have time to play and is, not surprisingly, addicted to period dramas and big band music. Also, marmalade.

AWARDS:

2019 Next Generation Indie Book Awards: Finalist in Romance
2019 Next Generation Indie Book Awards: Finalist in Series

APRIL 2020



Publication Date: April 28, 2020

Collections: Nonfiction, Self-help

Trim size: 5.5 X 7.25

Two-color with illustrations

Price: \$19.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-840-8

E-ISBN: 978-1-63152-841-5

"Where are the elders? The wise women, the crones, the guardians of truth here to gently, lovingly, and playfully guide us toward the fulfillment of our collective destiny? It turns out that they are right here, in our midst, and Stephanie Raffelock is showcasing the reclamation of aging as a moment of becoming, no longer a dreaded withering into insignificance. *A Delightful Little Book on Aging* lays down new and beautiful tracks for the journey into our richest, deepest, and wildest years."

—Kelly Brogan, MD, author of the *New York Times* bestseller of *A Mind of Your Own*

A DELIGHTFUL LITTLE BOOK ON AGING

A NOVEL

STEPHANIE RAFFELOCK

DESCRIPTION:

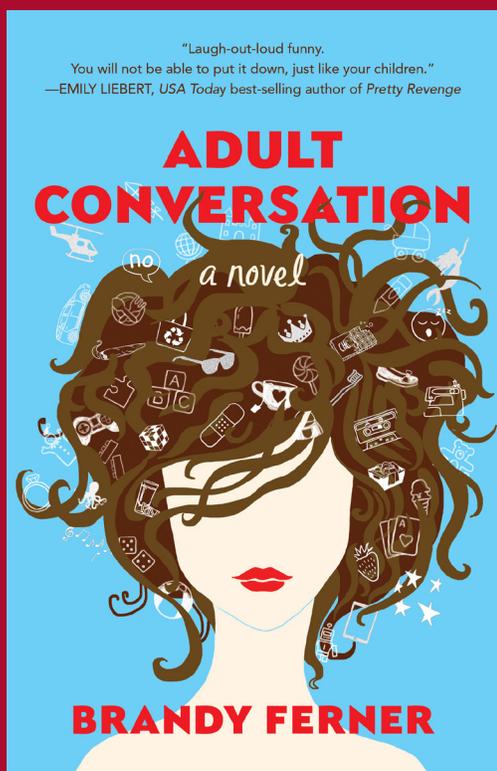
All around us, older women flourish in industry, entertainment, and politics. Do they know something that we don't, or are we all just trying to figure it out? So many of us still feel in our hearts and minds that we are twenty-something young women who can take on the world. But in our bodies, the flexibility and strength that we once took for granted are far from how we remember them. Every day we have to rise above the creaky joints and achy knees to earn the opportunity of moving through the world with a modicum of grace. Yet we do rise, because it's a privilege to grow old, and every single day is a gift. Peter Pan's mantra was "never grow up"; our collective mantra should be "never stop growing."

This collection of user-friendly stories, essays, and philosophies invites readers to celebrate whatever age they are with a sense of joy and purpose and with a spirit of gratitude.

ABOUT THE AUTHOR:

Stephanie Raffelock is a graduate of Naropa University's program in writing and poetics. She has penned articles for numerous publications, including *The Aspen Times*, *Quilters Magazine*, *Care2.com*, *Nexus Magazine*, *Omaha Lifestyles*, and *The Rogue Valley Messenger*. Currently she writes a monthly column for *SixtyandMe.com*. A recent transplant to Austin, Texas, she enjoys life with her husband, Dean, and their Labrador retriever, Jeter (yes, named after the great Yankee shortstop). Raffelock lives an active life that she fills with hiking, Pilates, and swimming in an attempt to offset the amount of time that she spends in her head thinking up stories and essays.

MAY 2020



Publication Date: May 5, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-842-2

E-ISBN: 978-1-63152-843-9

"In *Adult Conversation*, Brandy Ferner presents a truly unique take on motherhood that is both absurdly funny and deeply relatable. If you've ever considered going out to buy diapers and never coming back, read this book."

—Caroline Goddard, writer on *The Office* and *Arrested Development*

ADULT CONVERSATION

A NOVEL

BRANDY FERNER

DESCRIPTION:

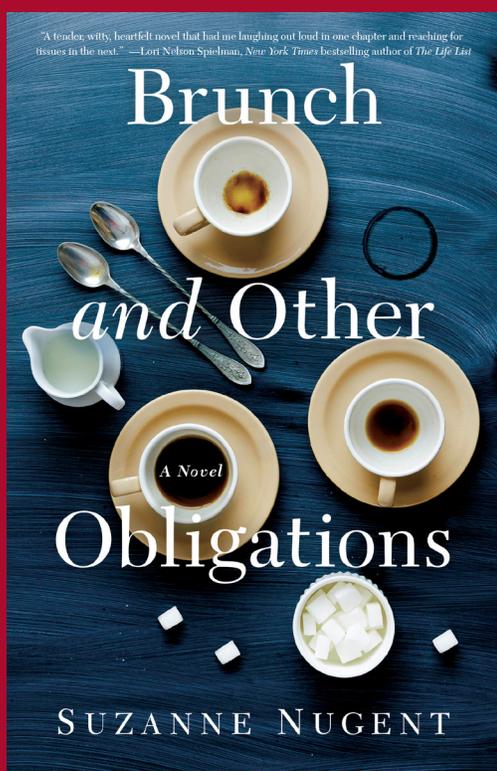
April is a thoughtful yet sarcastic mother of two who tries her best to be a caring, connected mom in a middle-class culture where motherhood has become relentless. April rages at modern motherhood's impossible pressures, her husband's "Dad privilege," and her kids' incessant snack requests. She wants to enjoy motherhood, but her idealist vision and lived experience are in constant conflict with one another. Is she broken—or is motherhood?

Desperate for an answer, she seeks out a therapist and lands with an unexpected woman whose validation and wisdom gives April the clarity to reclaim herself and even start designing clothes—her pre-motherhood passion. But when the ever-elusive babysitter cancels last-minute, April finds herself back at square one. She seeks guidance, but her therapist is now dealing with her own crumbling marriage—and instead of counseling April, she convinces her to speed off to Las Vegas with her to help catch her husband cheating. With a little weed, alcohol, and topless pool hopping, plus a male stripper and some much-needed autonomy, the two find lost pieces of themselves that motherhood has swallowed up. But neither one is prepared for how tested—and tempted—they will be, or for the life-altering choices their journey will force them to make. Who is guiding whom anymore?

ABOUT THE AUTHOR:

Brandy Ferner is a mother and wife and the creator of the Adult Conversation podcast, social media pages, and blog. Her writing has been featured on *Good Morning America* and at *HuffPost*, *Romper*, *CafeMom*, *TODAY Parents*, and more. In addition to writing and fulfilling her kids' endless snack requests, she's spent the past decade working as a doula, childbirth educator, and birth trauma mentor, ushering clients through the intense transition into motherhood. The insight gained from watching moms crack wide open—literally and figuratively—and her own experience as an independent woman who suddenly traded autonomy for snuggles led her to say out loud the things that modern mothers are thinking. Sometimes it's serious, sometimes it's comedic, but it's always honest. She currently lives in Southern California, and her love language is sleep.

MAY 2020



Publication Date: May 5, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-854-5

E-ISBN: 978-1-63152-855-2

"Brunch and Other Obligations is women's fiction at its finest! A tender, witty, heartfelt novel that had me laughing out loud in one chapter and reaching for tissues in the next. With humor, heart, and hope, Nugent reminds us that, once in a lifetime, if we're very, very lucky, we just might find a friend who knows us better than we know ourselves."

—Lori Nelson Spielman, #1 international best-selling author of *The Life List*

"A vivid, relatable, swiftly moving portrait of five women each learning to pursue happiness and success on her own terms and in her own time."

—Helen Wan, author of *The Partner Track*

BRUNCH AND OTHER OBLIGATIONS

A NOVEL

SUZANNE NUGENT

DESCRIPTION:

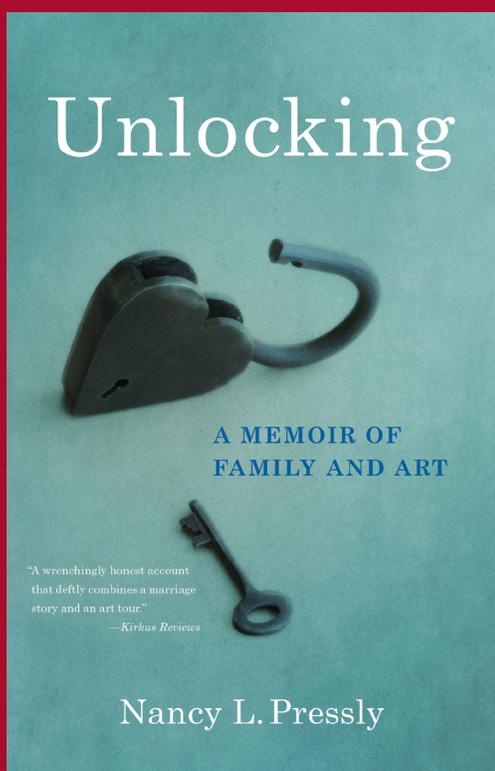
The only thing reclusive bookworm Nora, high-powered attorney Christina, and supermom-in-training Leanne ever had in common was their best friend, Molly. When Molly dies, she leaves mysterious gifts and cryptic notes for each of her grieving best friends, along with one final request: that these three mismatched frenemies have brunch together every month for a year.

Filled with heart-wrenching scenes and witty prose, *Brunch and Other Obligations* explores the intricate dynamics of girlhood acquaintances who are forced to reconnect as women. This upbeat novel reminds readers that there's hope for getting through the hard times in life—with a lot of patience, humor, and a standing brunch date.

ABOUT THE AUTHOR:

Suzanne Nugent is a writer committed to exploring women's lives and relationships through poignant comedy (or funny drama, depending on your level of optimism). She was shortlisted for the prestigious Academy Nicholl Fellowship in Screenwriting and has received accolades from the Denver Film Festival and the San Francisco Writers Conference. She holds a dual degree in journalism and film from UMass Amherst and studied screenwriting at UCLA. She lives in Los Angeles with her husband and son. *Brunch and Other Obligations* is her first novel.

MAY 2020



Publication Date: May 5, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-862-0

E-ISBN: 978-1-63152-863-7

“This is an unflinchingly honest memoir, written with the clarity and powerful visual sense of an art historian.

Particularly vivid are the retrieval of [Pressly’s] childhood memories through letters, diaries, and photographs. . . . Her career as art historian, curator, and arts administrator offer fascinating insights. But above all, this is a memoir about her love of family and her own evolution as a person. Finishing it, you realize you have been privileged to get to know a remarkably gifted and indomitable spirit.”

—Tom Dunne, author of Ewart-Biggs Memorial Prize winner *Rebellions: Memoir, Memory, and 1798*

UNLOCKING

A MEMOIR OF FAMILY AND ART

NANCY L. PRESSLY

DESCRIPTION:

While recovering from a near-fatal illness, Nancy Pressly discovers a treasure trove of family material stored in her attic. Haunted by images of her grandparents and her parents in their youth, she sets out to create a family narrative before it is lost forever. It takes several more years before she summons the courage to reconstitute a path back to her own past, slowly pulling back the veil of amnesia that has, until now, all but obliterated her memory of her childhood.

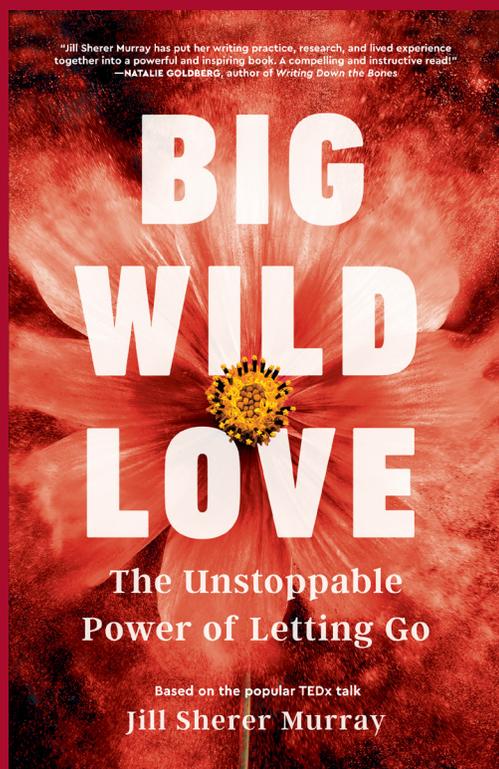
In this sensitive and forgiving meditation on the meaning of family, Pressly unravels the family dynamics and life in a small rural town in the 1950s that so profoundly affected her—then moves forward in time, through to her adulthood. With an eye attuned to visual detail, she relates how she came into her own as a graduate student in the tumultuous sixties in New York; examines how she assumed the role of caretaker for her family as she negotiated with courage and resilience the many health setbacks, including her own battle with pancreatic cancer, that she and her husband encountered; and evokes her interior struggle as a mother as she slowly traverses the barriers of expectations, self-doubt, and evolving norms in the 1980s to embrace a remarkable life as a scholar, champion of contemporary art, and nationally recognized art museum strategic planning consultant.

Full of candor and art-inspired insight, *Unlocking* leaves the reader with a deep appreciation of the power of art and empathy and the value of trying to understand one’s life journey.

ABOUT THE AUTHOR:

Nancy L. Pressly, a graduate of Goucher College, received her master’s degree in art history from Columbia University. She began her career at the Metropolitan Museum of Art and subsequently held curatorial positions at the Yale Center for British Art and the San Antonio Museum of Art. In 1984 she became Assistant Director of the Museum Program at the National Endowment for the Arts in 1992 was a visiting Senior Fellow at the Center for Advanced Studies in the Visual Arts; and in 1993 she founded Nancy L. Pressly & Associates, a nationally recognized consulting firm specializing in strategic planning for art museums. She has authored numerous publications, most recently a book titled *Settling the South Carolina Backcountry*. She and her husband live in Atlanta, Georgia, close to their son and two grandchildren.

MAY 2020



Publication Date: May 12, 2020

Collections: Nonfiction, Self-help

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-852-1

E-ISBN: 978-1-63152-853-8

“Big Wild Love is a beautifully written, frequently hilarious, occasionally tear-jerking, miles-deep, wonderful resource for anyone who’s ever experienced self-doubt or had a broken heart . . . and that is everyone! Highly recommended!”

—Jonathan Maberry, *New York Times* best-selling author

“Jill Sherer Murray is your best friend, getting you through your worst heartbreak. If you think you’ve loved and lost, you will relate to her truly personal story.”

—Lu Ann Cahn, author of *I Dare Me*, speaker, and eight-time Emmy Award-winning journalist

BIG WILD LOVE

THE UNSTOPPABLE POWER OF LETTING GO

JILL SHERER MURRAY

DESCRIPTION:

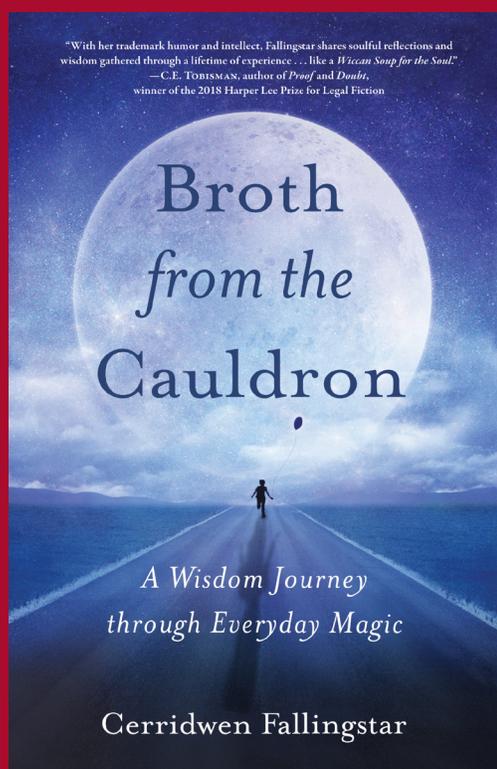
Jill Sherer Murray lived in a dead-end relationship into her forties before she finally let it go. She was like millions of women who struggle with whether to stay in a loveless marriage or bad relationship, or to give up on dating altogether, believing love isn’t in the cards. You may be struggling with a similar decision yourself. Perhaps you’re terrified of being single, and yet you don’t feel you’re living the life you want.

With warmth and honesty, Murray shows how letting go—of feeling stuck, afraid, and alone, and of believing what you’ve got is all you deserve—can free you from a life that isn’t serving you. She knows this is true, because she did it herself—and ultimately attracted the love and life she wanted. Through her story, other women’s stories, surprising facts and statistics, and helpful exercises, *Big Wild Love* will show you the way back to the self you’ve lost. It will put you on the path to change and teach you that, wherever you are, it’s never too late to start anew and find the Big Wild Love you deserve.

ABOUT THE AUTHOR:

Jill Sherer Murray is a TEDx speaker, author, blogger, coach, and founder of Let Go For It®, a lifestyle brand dedicated to helping individuals let go for a better life. She is also an award-winning journalist and communications leader who can trace practically every success she’s had in her career, love life, and more to letting go. Her TEDx talk, “The Unstoppable Power of Letting Go” has been viewed by more than one million people—a number that is currently growing by 30k each week. Murray also coaches and consults with business leaders on how to let go and communicate effectively. She spent a year studying improvisation comedy at the famous Second City Training Center in Chicago, and another five years writing a popular blog called *Diary of a Writer in Mid-Life Crisis* for the *Wild River Review*. She also let go of just about everything to put her weight in *Shape Magazine*—twelve times—as part of a year-long assignment to document her weight loss journey for millions of readers.

MAY 2020



Publication Date: May 12, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-699-2

E-ISBN: 978-1-63152-704-3

“In Fallingstar’s *Broth from the Cauldron*, we are gifted with a Chicken Soup for the Witchy Soul. Many of us will find our thoughts and instincts confirmed within these pages, from a writer who beautifully articulates the journey.”

—Ellen Evert Hopman, author of *Being a Pagan: Druids, Wiccans, and Witches Today*

“Magic dreams and Wiccan rituals cross into the real world in Cerridwen Fallingstar’s latest book, *Broth from the Cauldron*. Her stories spin a spell that leads us on a dance into the mystery of life’s wonders and synchronicities.”

—Lisa Alpine, author of *Dance Life: Movin’ & Groovin’ Around the Globe*

BROTH FROM THE CAULDRON

A WISDOM JOURNEY THROUGH EVERYDAY MAGIC
CERRIDWEN FALLINGSTAR

DESCRIPTION:

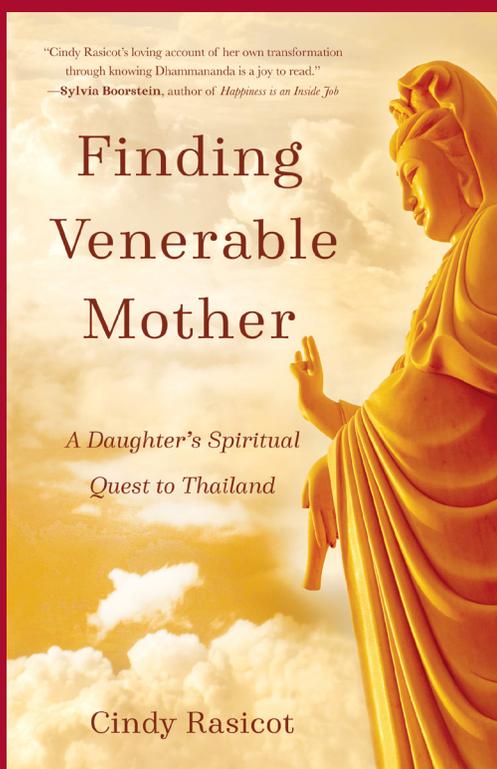
Broth from the Cauldron is a collection of “teaching stories,” a literary Wiccan soup for the soul. It is a distillation of the wisdom Cerridwen Fallingstar has gathered from her journey through life, and from her forty years as a Shamanic teacher and Wiccan Priestess. At turns poignant and humorous, it chronicles her trajectory from a Republican Cold War upbringing to Pagan Priestess, offering a portrait of a culture growing from denial to awareness.

Accessible to any audience interested in personal growth, *Broth from the Cauldron* is for anyone who’s ever stood at the crossroads wishing a faery godmother would come along and show them the path.

ABOUT THE AUTHOR:

Cerridwen Fallingstar is a shamanic Witch who has taught classes in magic and ritual for over thirty years. She gives lectures tying together psychology, spirituality, history, contemporary issues, and politics in an entertaining, enlightening, and humorous format. She is the author of three historical novels based on her past lives: *The Heart of the Fire*, *White as Bone, Red as Blood: The Fox Sorceress*, and *White as Bone, Red as Blood: The Storm God*. She lives in Marin County, California.

MAY 2020



Publication Date: May 12, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-702-9

E-ISBN: 978-1-63152-703-6

"I met Dhammananda personally decades ago and although our time together was short, the memory of her clarity and unshakable dedication and, above all, her kindness has stayed with me until now. Cindy Rasicot's loving account of her own transformation through knowing her is a joy to read."

—Sylvia Boorstein, author of *Happiness Is an Inside Job*

"The journey to heal the mother wound is long and dark. What a blessing it was for Cindy Rasicot to find a woman spiritual leader who shines a light upon her path to help heal her heart."

—Linda Joy Myers, President, National Association of Memoir Writers

FINDING VENERABLE MOTHER

A DAUGHTER'S SPIRITUAL QUEST TO THAILAND
CINDY RASICOT

DESCRIPTION:

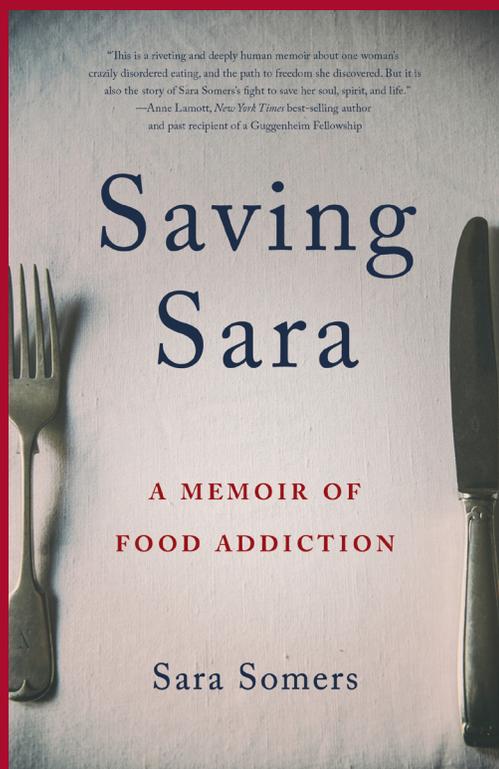
When Cindy moves to Thailand with her husband and teenage son, she finds herself strangely adrift in a foreign culture, unprepared for the challenges she encounters there. On an impulse, she signs up for a conference where she unexpectedly meets a Thai Buddhist nun, Venerable Dhammananda Bhikkhuni, who leads her on a spiritual journey from which there is no turning back. Along the way, she discovers the beauty of the Thai people and culture.

This soulful and engaging memoir is the story of one woman's journey of physical, emotional, and spiritual healing through her connection to a loving Buddhist teacher who fully accepts and nurtures her in a way her own mother never did. *Finding Venerable Mother* is a testimony to the power of faith, forgiveness, and love.

ABOUT THE AUTHOR:

Cindy Rasicot's life has been a spiritual journey since she was a small child. At four she asked her older brother (who was five at the time): "Where is God?" His answer: "Everywhere." Puzzled, she looked all around her, but didn't find evidence. She kept her brother's words in her heart while growing up, and figured she'd have an answer someday. In the meantime, she got her master's degree in marriage, family, and child counseling, married, and held management positions in non-profits for twenty-five years—all while exploring her passion for dance, art, and writing. Cindy's spiritual journey took on new dimensions when she, her husband, and their son moved to Bangkok, Thailand, where she met her spiritual teacher, Venerable Dhammananda Bhikkuni, the first fully ordained Thai Theravada nun—an encounter that opened her heart and changed her life forever. Rasicot's other writings include an article in *Sawasdee Magazine* in 2007 and essays featured in two anthologies: *Wandering in Paris: Luminaries and Love in the City of Light* (Wanderland Writers, 2013) and *A Café in Space: The Ana's Nin Literary Journal, Volume 11* (Sky Blue Press, 2014). She currently resides in Point Richmond, California, where she writes and enjoys views of the San Francisco Bay.

MAY 2020



Publication Date: May 12, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-846-0

E-ISBN: 978-1-63152-847-7

“Saving Sara is a mental anguish page turner, depicting the relentless drive to eat that can dominate and destroy life’s opportunities, just like any other addiction . . . ideal reading for someone who is struggling with compulsive eating or who is suffering with complications from obesity. It is essential reading for someone working in the addiction field. A critical book for anyone who really wants to walk in the shoes of a food addict, who lives in the disease, and finally finds her recovery.”

—Dr. Vera Tarman, MD, FCFP, ABAM, medical specialist in food addiction, author of *Food Junkies: Recovery from Food Addiction*

SAVING SARA

A MEMOIR OF FOOD ADDICTION

SARA SOMERS

DESCRIPTION:

For nearly fifty years, Sara Somers suffered from untreated food addiction. In this brutally honest and intimate memoir, Somers offers readers an inside view of a food addict’s mind, showcasing her experiences of obsessive cravings, compulsivity, and powerlessness regarding food.

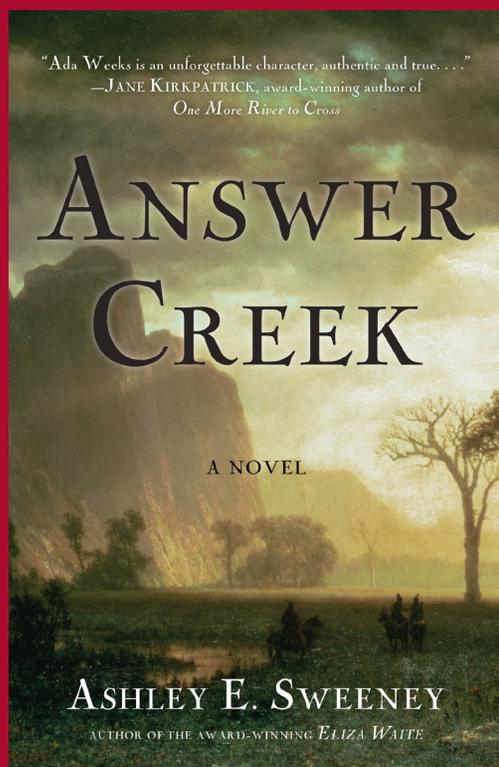
Saving Sara chronicles Somers’s addiction from childhood to adulthood, beginning with abnormal eating as a nine-year-old. As her addiction progresses in young adulthood, she becomes isolated, masking her shame and self-hatred with drugs and alcohol. Time and again, she rationalizes why this time will be different, only to have her physical cravings lead to ever-worse binges, to see her promises of doing things differently next time broken, and to experience the amnesia that she—like every addict—experiences when her obsession sets in again.

Even after Somers is introduced to the solution that will eventually end up saving her, the strength of her addiction won’t allow her to accept her disease. Twenty-six more years pass until she finally crawls on hands and knees back to that solution and learns to live life on life’s terms. A raw account of Somers’s decades-long journey, *Saving Sara* underscores the challenges faced by food addicts of any age—and the hope that exists for them all.

ABOUT THE AUTHOR:

Sara Somers suffered from food addiction from age nine to age fifty-eight; she has been in food recovery since 2005. In a double life of sorts, Somers worked as a licensed psychotherapist in the San Francisco Bay Area for thirty-four years. After finding recovery, Somers moved to Paris, France, where she currently lives. She writes a blog called *Out My Window: My Life in Paris*. When she’s not writing, Somers volunteers at the American Library in Paris, enjoys the cinema, reads prolifically, and follows her favorite baseball team, the Oakland Athletics. Most important, Somers devotes time each day to getting the word out about food addiction and helping other food addicts. *Saving Sara* is her first book.

MAY 2020



Publication Date: May 19, 2020

Collections: Historical Fiction, Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-844-6

E-ISBN: 978-1-63152-845-3

"So well researched, one can almost feel the cold of winter and the stifling pain inflicted upon the heart and soul of these courageous pioneers."

—K.S. Jones, award-winning author of *Shadow of the Hawk*

"The author is a master of vivid descriptions, dragging readers along every wretched mile of the trail, sharing every dashed hope and every dramatic confrontation, with Ada as their guide."

—Kirkus Reviews

ANSWER CREEK

A NOVEL

ASHLEY E. SWEENEY

DESCRIPTION:

From the award-winning author of *Eliza Waite* comes a gripping tale of adventure and survival based on the true story of the ill-fated Donner Party on their 2,200-mile trek on the Oregon-California Trail from 1846 to '47.

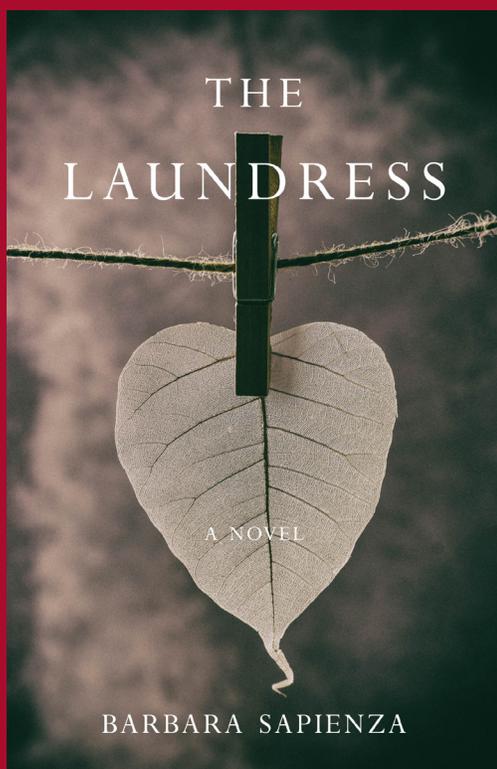
Nineteen-year-old Ada Weeks confronts danger and calamity along the hazard-filled journey to California. After a fateful decision that delays the overlanders more than a month, she—along with eighty-one other members of the Donner Party—finds herself stranded at Truckee Lake on the eastern side of the Sierra Nevada Mountains, stuck there for the entirety of a despairing, blizzard-filled winter. Forced to eat shoe leather and blankets to survive, will Ada be able to battle the elements—and her own demons—as she envisions a new life in California?

Researched with impeccable detail and filled with imagery as wide as the western prairie, *Answer Creek* blends history and hearsay in an unforgettable story of challenging the limits of human endurance and experiencing the triumphant power of love.

ABOUT THE AUTHOR:

Ashley E. Sweeney is the winner of the 2017 Nancy Pearl Book Award for her debut novel, *Eliza Waite*. A native New Yorker, she is a graduate of Wheaton College in Norton, Massachusetts, and resides in the Pacific Northwest and Tucson. *Answer Creek* is her second novel.

MAY 2020



Publication Date: May 19, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-679-4

E-ISBN: 978-1-63152-680-0

“Barbara Sapienza has provided a blueprint for living and prevailing in the modern world of the 21st century.”

—John D Bredehoeft, PhD, member of the National Academy of Engineering

“Sapienza elicits sympathy for her Italian immigrant heroine, who has more ups and downs than San Francisco has hills but whose travails and travels left me happy and hungry for Mexican food and espresso.”

—Ann Ludwig, freelance travel writer for *The New York Times*

THE LAUNDRESS

A NOVEL

BARBARA SAPIENZA

DESCRIPTION:

Twenty-six-year-old Lavinia is burdened by her unknown heritage—but her uncle Sal, who raised her in San Francisco, has always kept silent, refusing to reveal the devastating secret of her origin. And now, following the death of his wife, he's left for Italy.

In the wake of her uncle's departure, Lavinia has quit school. Now she works as a personal laundress to a diverse cast of San Francisco residents—people with stories as complicated as her own. As time progresses, through the sacred ritual of washing clothes—and with the help of a friend and her nurturing, flamenco-dancing mother—Lavinia begins to recover memories of her mother. Gradually, her gifts of receptivity multiply, and she communes with nature, finding messages from birds and the leaves of her garden's fig tree. And when she recovers Raggedy, a beloved doll that accompanied her from Naples when she was four years old, she experiences a tangible connection to her mother.

Even as Lavinia makes these discoveries, she is busy building new relationships—discovering healing dance with her lover, a barista in a North Beach coffee shop; learning to understand Time and forgiveness with an elderly client; and even getting to know her father, a man who has never been a part of her life. Poetic and poignant, *The Laundress* is a coming-of-age story for anyone who's ever sought to understand where they came from in order to figure out who they're meant to become.

ABOUT THE AUTHOR:

Barbara Sapienza, PhD, is a retired clinical psychologist and an alumna of San Francisco State University's creative writing master's program. She writes and paints, nourished by her spiritual practices of meditation, tai chi, and dance. Her family, friends, and grandchildren are her teachers. Her first novel, *Anchor Out* (She Writes Press, 2017), received an IPPY bronze medal for Best Regional Fiction, West Coast. Sapienza lives in Sausalito, CA, with her husband.

MAY 2020

The Little A to Z

A Companion for

FIRST-TIME MOTHERS & THEIR PARTNERS

Rachel Perks, PhD

Publication Date: May 19, 2020

Collections: Nonfiction

Trim size: 6 X 4.75

Two-color

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-681-7

E-ISBN: 978-1-63152-682-4

“Rachel’s *The Little A–Z* is the perfect combination of advice and pep talk for new moms. I especially appreciate the fact that she’s reached beyond traditional medical topics to address health and well-being in a holistic way—for mother, child and partner alike. If only this type of book had been around when I had my son!”

—Jamie McClean, image consultant, stylist, author, and blogger

“As a doula, I thought I knew a lot about those first years after birth. But Rachel’s *The Little A–Z* offers gems even for ‘experts’ like me. It’s the kind of resource I wish I’d had access to when I had my son.”

—Bridget Boland, author of *The Doula*

THE LITTLE A-Z

A COMPANION FOR FIRST-TIME MOTHERS AND THEIR PARTNERS

RACHEL PERKS, PHD

DESCRIPTION:

Early days of motherhood can be overwhelming. The initial weeks are fraught with a lack of confidence in parenting abilities, heightened by the absence of sleep. Once the multitude of visits die down, new mothers and their partners can slip into isolation, facing very real day-to-day problems of child rearing on their own. Parenting chat sites and blogs are becoming a popular source of information and community for some new parents, yet the plethora of information can inadvertently contribute to increases in stress. How, in this modern age, can new mothers and their partners nurture their own parenting confidence?

The Little A–Z is here to help. This curated, wholistic treasure trove of parenting advice is organized alphabetically with a tab system so that information is literally at your fingertips. It assumes that medical issues confronting you and your baby are not to be treated in isolation to personal questions of well-being, relationships, and going back to work. You will find tips, tricks, and advice on issues ranging from diaper rash to travel to negotiating reentry with your boss. Compiled from the author’s own experience as a working mother, and complemented by input from friends across the globe, this book is a must-have for any new mother asking herself how to navigate childrearing, a career, and loving relationships in this busy, modern and highly digitized age of parenting.

ABOUT THE AUTHOR:

Following over a decade of working and living in sub-Saharan Africa, Rachel Perks moved to Washington DC in 2012. Shortly thereafter, she met her husband at a horse race in Virginia, at which point the biggest adventure of her life—motherhood—began. Though her professional career has brought her to war zones and developing countries across the globe, motherhood has proven to be by far the riskiest yet most rewarding assignment she’s ever accepted. *The Little A–Z* is her response to the frequent feelings of overwhelm, isolation, and confusion she experienced as a foreigner navigating the early days of parenting in the nation’s capitol.

MAY 2020

Beginning with
Cannonballs

A Novel



"... a gorgeous mosaic... Coupe is one savvy, irresistible, and fearless writer."
—JOHN DUFRESNE, author of *I Don't Like Where This Is Going*

JILL McCROSKEY COUPE

Publication Date: May 26, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-848-4

E-ISBN: 978-1-63152-849-1

"This lyric novel is a gorgeous mosaic, fragmented in a way that lets the reader into the gaps in order to complete the meaning, to connect the narrative dots. *Beginning with Cannonballs* reminds me of an Alice Munro story, one that looks at people's lives over decades, like catching them in snapshots, so we can see how they relate to the people they once were. Jill McCroskey Coupe is one savvy, irresistible, and fearless writer."

—John Dufresne, author of *I Don't Like Where This Is Going*

BEGINNING WITH CANNONBALLS

A NOVEL

JILL McCROSKEY COUPE

DESCRIPTION:

In the 1940s, in segregated Knoxville, Tennessee, Gail (white) and Hanna (black) shared a crib in Gail's parents' house, where Hanna's mother, Sophie, was the live-in maid. When the girls were four, Sophie taught them to swim, and soon they were gleefully doing cannonballs off the diving board, playing a game they'd invented based on their favorite Billie Holiday song.

By the time they're both in college, however, the two friends have lost touch with each other. A reunion in Washington, DC—sought by Gail and resented by Hanna—sets the tone for their relationship from then on. Marriage, children, and a tragic death further strain the increasingly fragile bond. How much longer can the friendship last?

ABOUT THE AUTHOR:

Jill McCroskey Coupe's first job was gathering (collating) in her father's printing plant in Knoxville, Tennessee, in the foothills of the Great Smoky Mountains. A former librarian at Johns Hopkins University, she has an MFA in Fiction from Warren Wilson College, located in the heart of the Blue Ridge. The Southern Appalachians will always feel like home to her, but so does Baltimore, where she has lived for more than thirty years.

MAY 2020



Publication Date: May 26, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-874-3

E-ISBN: 978-1-63152-875-0

I'M SO GLAD YOU'RE HERE

A MEMOIR

PAMELA GAY

DESCRIPTION:

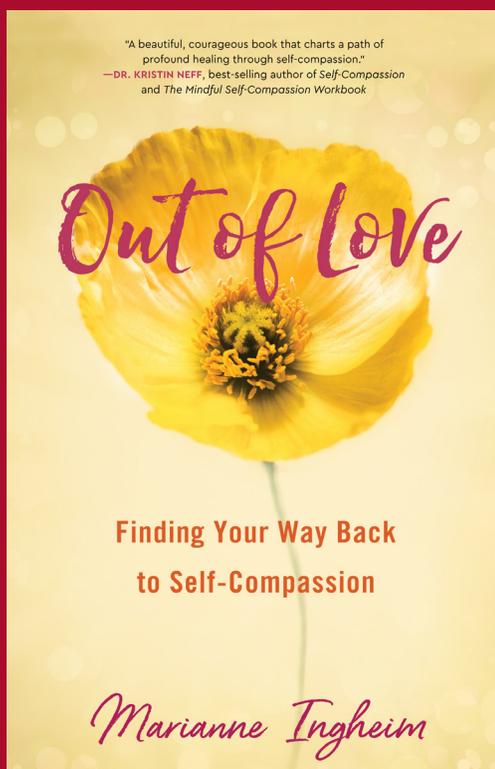
I'm So Glad You're Here is the story of a family disrupted by ramifications of a father's mental illness. The memoir opens with a riveting account of Gay, age eighteen, witnessing her father being bound in a straitjacket and carried out of the house on a stretcher. The trauma she experiences escalates when, after her father has had electroshock treatments at a state mental hospital, her parents leave her in a college dorm room and move from Massachusetts to Florida without her. She feels abandoned. Both her parents have gone missing.

Decades later, when Gay and her three much-older siblings show up for their father's funeral, she witnesses her sundered family's inability to gather together. Eventually, she is diagnosed with PTSD of abandonment and treated with EMDR therapy—and finally begins to heal. Poignant and powerful, *I'm So Glad You're Here* is Gay's exploration of the idea that while the wounds we carry from growing up in fractured families stay with us, they do not have to control us—a reflective journey that will inspire readers to think about their own relational lives.

ABOUT THE AUTHOR:

Pamela Gay is the recipient of a New York Foundation for the Arts (NYFA) award in creative nonfiction and an Independent eBook Award for her memoir *Homecoming*, which combined text, image, and sound. An installation based on this memoir and sponsored by the New York State Council on the Arts (NYSCA) included artifacts. Gay's writing has been published in *Brevity*, *Iowa Review*, *Paterson Literary Review*, *Midway Journal*, *Monkeybicycle*, *Grey Sparrow*, *Vestal Review*, and other literary journals, as well as two anthologies. Gay is a professor emerita at Binghamton University, State University of New York, where she taught courses in flash memoir and flash fiction. She lives in Upstate New York.

MAY 2020



"A beautiful, courageous book that charts a path of profound healing through self-compassion."
—DR. KRISTIN NEFF, best-selling author of *Self-Compassion* and *The Mindful Self-Compassion Workbook*

Out of Love

**Finding Your Way Back
to Self-Compassion**

Marianne Ingheim

Publication Date: May 26, 2020

Collections: Nonfiction, Self-help

Trim size: 5 X 7

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-695-4

E-ISBN: 978-1-63152-696-1

"... a beautiful, courageous book that charts a path of profound healing through self-compassion."

—Dr. Kristin Neff, best-selling author of *Self-Compassion* and *The Mindful Self-Compassion Workbook*

"A helpful guide for readers hoping to move beyond self-blame that's holding them back."

—*Kirkus Reviews*

OUT OF LOVE

FINDING YOUR WAY BACK TO SELF-COMPASSION

MARIANNE INGHEIM

DESCRIPTION:

We all tell ourselves stories about who we are. Many of these stories are self-critical and disempowering. Through the practice of self-compassion, we can rewrite these stories and become more authentic and powerful versions of ourselves—transforming not only our own lives but also the lives of those around us.

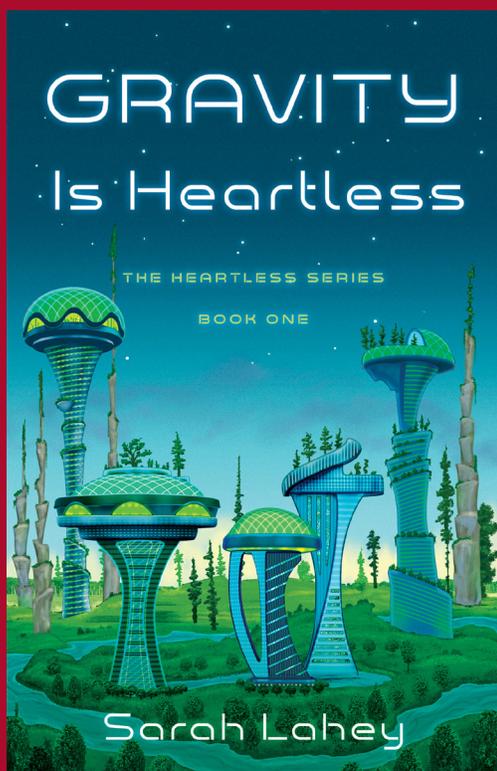
In short and personal pieces, Marianne Ingheim tells the story of how the practice of self-compassion has changed her life in ways big and small, helping her unlearn harsh self-criticism, survive multiple tragedies, and live more authentically. In the wake of a breast cancer diagnosis and her husband's suicide, she discovers the power of self-compassionate storytelling and finds belonging within herself—and in doing so, she learns how to manage anxiety and stress, how to be authentic in relationships, and how to let go of comparison and be truly creative.

Through stories and journaling prompts, *Out of Love: Finding Your Way Back to Self-Compassion* aims to inspire readers to unlearn the self-critical patterns holding them hostage—and begin to live a happier, more courageous life.

ABOUT THE AUTHOR:

Marianne Ingheim is a Danish-Norwegian American writer, teacher, and PhD student at California Institute of Integral Studies. She lives in the San Francisco Bay Area. For more information, please visit www.marianneingheim.com.

JUNE 2020



Publication Date: June 2, 2020

Collections: Science Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-872-9

E-ISBN: 978-1-63152-873-6

GRAVITY IS HEARTLESS

THE HEARTLESS SERIES, BOOK ONE

SARAH LAHEY

DESCRIPTION:

What will the world look like in thirty years' time? How will humanity survive the oncoming effects of climate change? Set in the near future and inspired by the world around us, *Gravity is Heartless* is a romantic adventure that imagines a world on the cusp of climate catastrophe.

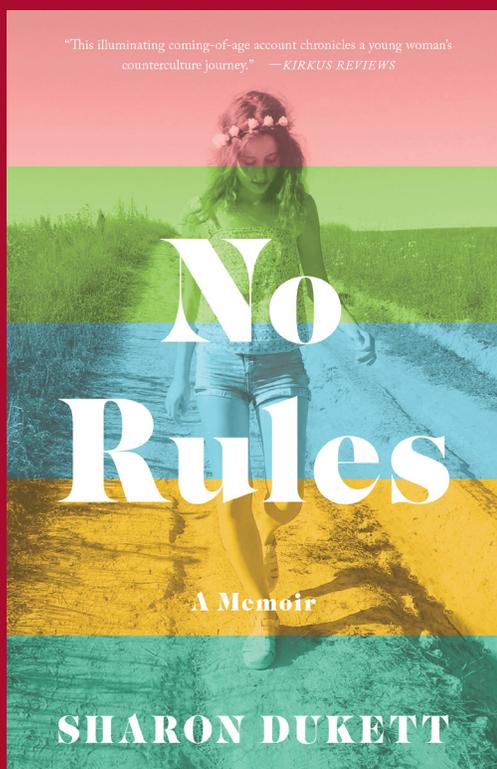
The year is 2050: automated cities, vehicles, and homes are now standard, artificial intelligence, CRISPR gene editing, and quantum computing have become a reality, and climate change is in full swing—sea levels are rising, clouds have disappeared, and the planet is heating up.

Quinn Buyers is a climate scientist who'd rather be studying the clouds than getting ready for her wedding day. But when an unexpected tragedy causes her to lose everything, including her famous scientist mother, she embarks upon a quest for answers that takes her across the globe—and she uncovers friends, loss, and love in the most unexpected of places along the way. *Gravity is Heartless* is bold, speculative fiction that sheds a hard light on the treatment of our planet even as it offers a breathtaking sense of hope for the future.

ABOUT THE AUTHOR:

Sarah Lahey is a designer, educator, and writer. She holds bachelor's degrees in interior design, communication, and visual culture and works as a senior lecturer teaching classes on design, technology, sustainability and creative thinking. She has three children and lives on the Northern Beaches in Sydney, Australia.

JUNE 2020



Publication Date: June 2, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-856-9

E-ISBN: 978-1-63152-857-6

“No Rules does more than pull us into the adventures of a girl who finds the courage to leave home and forge a life contrary to everything she has been taught. It is also a reminder that every girl has the right—and owes it to herself—to grow, learn, succeed, and become the woman she is meant to be, no matter how difficult it is to find her way and her purpose in a male-dominated society.”

—Victoria Zackheim, author of *The Bone Weaver*

NO RULES

A MEMOIR

SHARON DUKETT

DESCRIPTION:

It's 1971 in Connecticut, and sixteen-year-old Sharon's parents think that, because she's a girl, she should become a clerical office worker after high school and live at home until she marries and has a family. But Sharon wants to join the hippies and be part of the changing society, so she leaves home and heads to California.

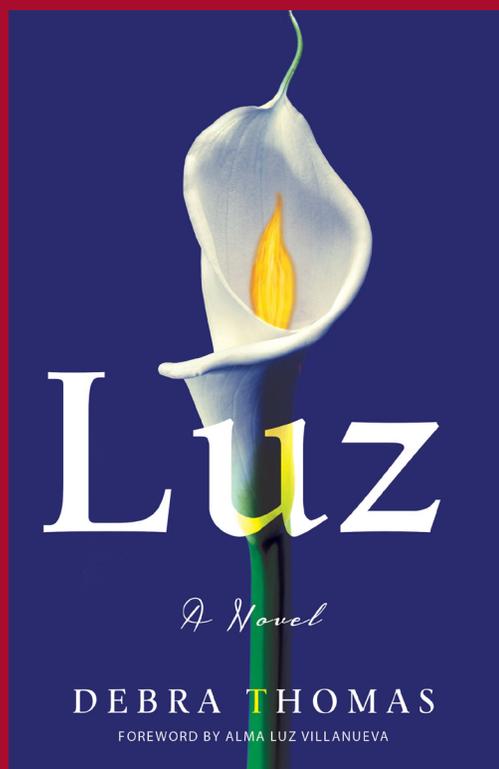
Upon arriving in California, Sharon is thrown into an adult world for which she is unprepared, and she embarks on a precarious journey amid the 1970s counterculture. On her various adventures across the country and while living on a commune, with friends and lovers filtering in and out of her life, she realizes she must learn quickly in order to survive—as well as figure out a way to reconcile her developing spirituality with her Catholic upbringing.

In this colorful memoir, Sharon reflects upon the changes that reshaped her during the 1970s women's movement and how they have transformed society's expectations for girls and women today—and, through it all, shares moments of triumph, joy, love, and awakening.

ABOUT THE AUTHOR:

Sharon Dukett has been a computer programmer, deputy director in state government, cocktail waitress, and project manager (PMP certified), and she has designed and embroidered handmade clothing. She travels extensively, using loyalty points and avoiding tourist traps. When she is home, she and her husband live in central Connecticut in a house he built that overlooks the Connecticut River—the house they raised their family in. When not writing or blogging, she is reading, skiing, biking, golfing, spending time with family and friends, creating clutter, and committing to more activities than she probably should. She loves reading memoir from a variety of backgrounds—to learn how others feel, experience life, and deal with their struggles. *No Rules* is her debut memoir.

JUNE 2020



Publication Date: June 9, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-870-5

E-ISBN: 978-1-63152-871-2

“This is a novel of great tenderness and great brutality—Debra is right inside of her characters’ minds, bodies, spirits, their souls, and doesn’t spare the reader either tenderness or brutality.”

—Alma Luz Villanueva, author of *The Ultraviolet Sky*, winner of the American Book Award

“*Luz* is a deeply generous novel, steeped with compassion, [and] written with an open, observant heart.”

—Gayle Brandeis, author of *The Book of Dead Birds*, winner of Barbara Kingsolver’s Bellwether Prize for Fiction of Social Engagement

LUZ

A NOVEL

DEBRA THOMAS

DESCRIPTION:

Alma Cruz wishes her willful teenage daughter, Luz, could know the truth about her past, but there are things Luz can never know about the journey Alma took to the US to find her missing father when she was a young woman.

Alma’s father knows her better than anyone else, encouraging her love of math and her dreams of becoming a teacher, so when he disappears in 1997 after leaving home to work on farms in California, a part of her is lost as well.

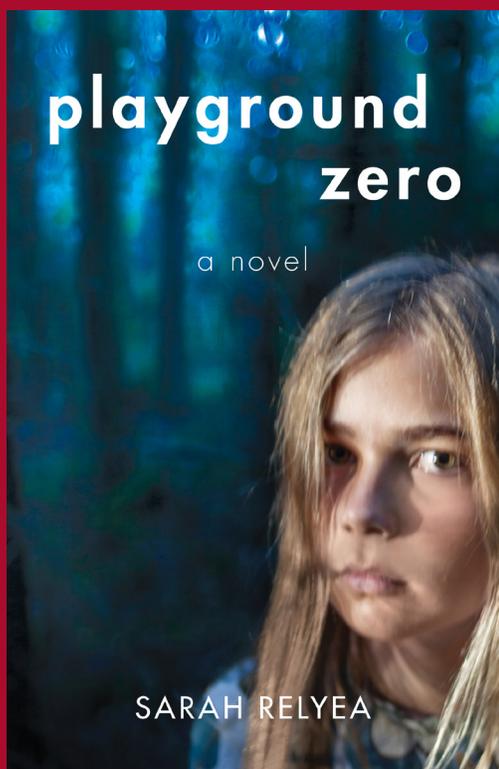
After three years of poverty, Alma and her sister Rosa set out on a perilous journey north to find their father. Along the way, Alma discovers first love and encounters both kindness and profound cruelty. What happens once she reaches the US is a journey from despair to hope. A connection to her father’s past, the truth about a hidden letter, and her determined search to find farmworker-champion Dolores Huerta all help Alma move forward as she finds answers and gains the strength she needs to begin a new life in Los Angeles.

A timely novel that illuminates the plight of those desperate to cross the US border, *Luz* is also timeless in its depiction of the depths of family devotion and the blaze of first love.

ABOUT THE AUTHOR:

Originally from Upstate New York, Debra Thomas has lived in Southern California for most of her adult life. She holds both a bachelor’s and a master’s in English from California State University, Northridge, and attended the UCLA Extension Writers’ Program. She has taught literature and writing at a Los Angeles public high school and English as a Second Language to adults from all over the world. Her experience as an advocate for immigrant and refugee rights led her to write *Luz*. She is currently at work on her second novel.

JUNE 2020



Publication Date: June 9, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-889-7

E-ISBN: 978-1-63152-888-0

PLAYGROUND ZERO

A NOVEL

SARAH RELYEA

DESCRIPTION:

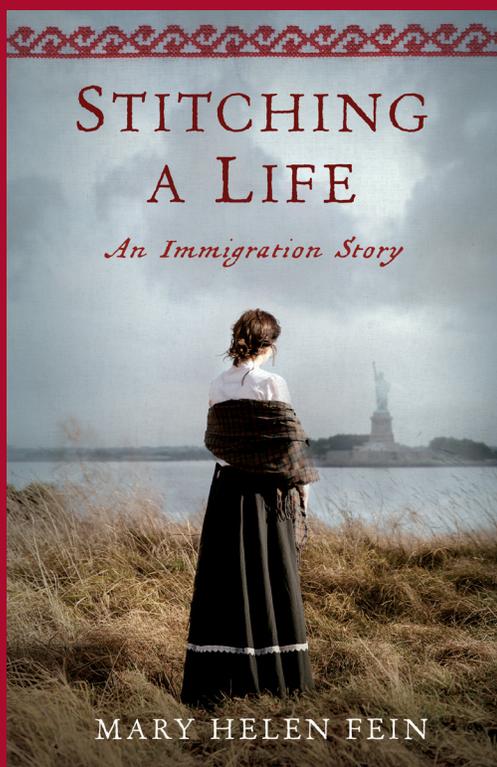
1968. It's the season of siren songs and loosened bonds—as well as war, campaign slogans, and assassination. Ten-year-old Alice Rayson has never thought of herself as a rebel, but when her father, Washington lawyer Tom Rayson, moves their family to Berkeley, everything changes. Her father soon busies himself earning his spurs chasing a sexy horsewoman through the Marin County woods; her mother, meanwhile, joins a peace party that's running a Black Panther for president.

Feeling abandoned by her family and confused in her newly integrated school, Alice embraces the moment and falls in with Jim and Valerie Dupres, whose anti-government dad helped found People's Park. Jim and Valerie learn the ropes on Telegraph Avenue, cadging meals and camping out in People's Park. But when the park falls to government forces, they find themselves confronting tear gas-spewing helicopters and National Guardsmen. As Alice's family and school fade away in a tear gas fog, the countercultural world of Berkeley brings ambiguous freedom to all who occupy its homes—and streets.

ABOUT THE AUTHOR:

Sarah Relyea left the Berkeley counterculture at age thirteen and processed its effects as a suburban teenager. She has long addressed questions of identity in her writing, including in her book of literary criticism, *Outsider Citizens: The Remaking of Postwar Identity in Wright, Beauvoir, and Baldwin* (Routledge, 2006). She has degrees in literature from Harvard College and The CUNY Graduate Center and has taught at universities in New York and Taiwan. She lives in Brooklyn.

JUNE 2020



Publication Date: June 9, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-677-0

E-ISBN: 978-1-63152-678-7

“The heroine of this story is my grandmother as well as the author’s. For years I wondered about her life in Lithuania as a young girl, about her brave journey to America on her own, what her life was like when she got here, and how she met my grandfather. To my shame, I never asked her about any of these things. But Mary Helen Fein has brought them all to life for me in wonderful, vivid colors, and now I see her as the young woman who eventually became my beloved old Nana.”

—Julian Barry, Oscar-nominated screenwriter of *Lenny* and many other films

STITCHING A LIFE

AN IMMIGRATION STORY

MARY HELEN FEIN

DESCRIPTION:

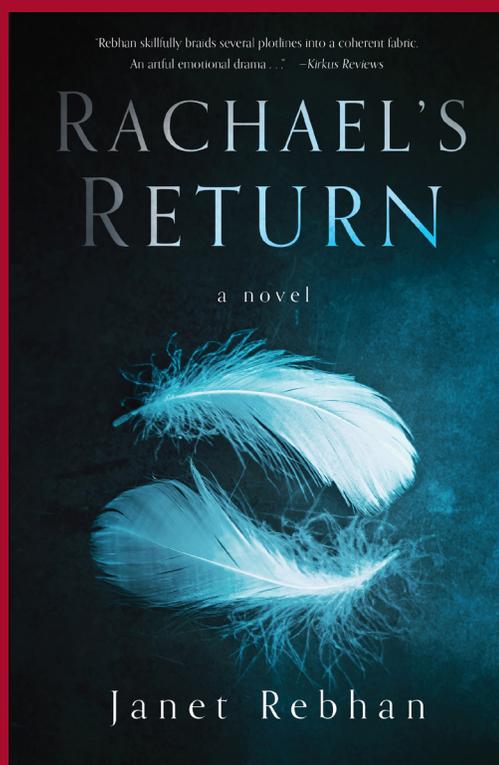
It’s 1900, and sixteen-year-old Helen comes alone in steerage across the Atlantic from a small village in Lithuania, fleeing terrible anti-Semitism and persecution. After arriving at Ellis Island, she finds a place to live in the colorful Lower East Side of New York. She quickly finds a job in the thriving garment industry and, like millions of others who are coming to America during this time, devotes herself to bringing the rest of her family to join her in the New World, refusing to rest until her family is safe in New York.

A few at a time, Helen’s family members arrive. Each goes to work with the same fervor she has and contributes everything to bringing over their remaining beloved family members in a chain of migration. Helen, meanwhile, makes friends and, once the whole family is safe in New York, falls in love with a man who introduces her to a different New York—a New York of wonder, beauty, and possibility.

ABOUT THE AUTHOR:

Mary Helen Fein was born in New York City in 1943. She attended schools in New York and began writing at the age of twelve, when her mother died. Writing has ever since been an important part of her life, a way to understand and process life’s events. Mary Helen holds a BA in English literature from Temple University and an MS in computer science engineering from the University of Pennsylvania; she also studied painting at the Pennsylvania Academy of Fine Arts, America’s oldest art school, for two years. Today she lives in Northern California, where she owns her own website design company, writes, paints, and teaches Insight meditation. In 2014, she published her first novel, *Loss of Deliverance*—the story of a young woman’s adventures in the drug trade during the 1960s.

JUNE 2020



Publication Date: June 16, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-868-2

E-ISBN: 978-1-63152-869-9

“Combining elements of reality with the supernatural, *Rachael's Return* takes the reader on an intricately plotted and heart-stopping journey of suspense even as it explores the larger themes of immortality and the inscrutable nature of both death and rebirth”

—Barbara Taylor Sissel, best-selling author of *What Lies Below & Tell No One*

“In this fascinating ethereal stunner, Rebhan explores unique concepts: Are soulmates real? Is there an afterlife? Do we reincarnate? On this wild emotional ride, readers will question the bonds that define us. A book with heart.”

—Rea Frey, author of *Until I Find You*

RACHAEL'S RETURN

A NOVEL

JANET REBHAN

DESCRIPTION:

In present-day Los Angeles, Caroline Martin has everything but the thing her soul craves most: a daughter. When she undergoes what is supposed to be a routine hysterectomy, she unwittingly aborts the little girl she's always longed for, leaving the unborn baby's soul in limbo. Sharing a hospital room with Caroline is a pregnant woman who's just been shot by her boyfriend. Her unborn child is barely hanging on—and the soul of Caroline's hovering baby cannot resist the overwhelming urge to rebirth via this unclaimed fetus.

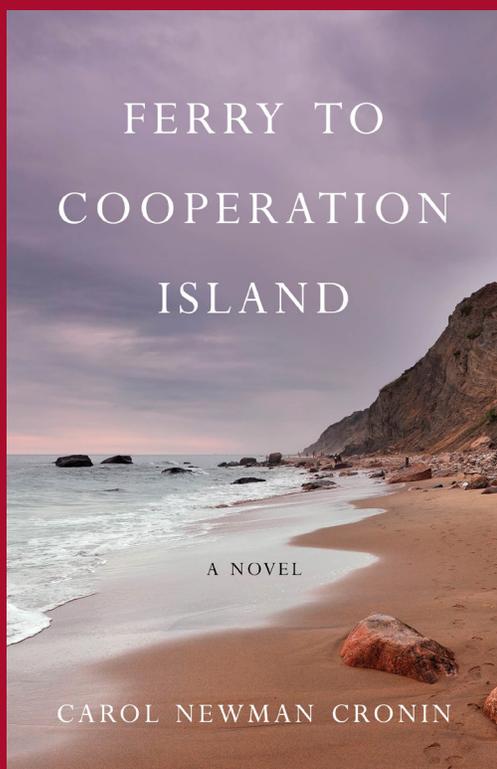
In the aftermath of these events, two engaging heavenly guides, working together through sensitive humans, struggle to find an alternate way to help Caroline and her would-be daughter forge the link that was always meant to be between them—before the child's brutal father makes good on his vow to steal the girl and disappear with her forever.

By turns comic and tragic, *Rachael's Return* explores the concept of soulmates, the afterlife, reincarnation, and relationships that never die, even as it offers readers a glimpse of the mysteries that exist within the ordinary and challenges assumptions about the true nature of reality.

ABOUT THE AUTHOR:

Janet Rebhan is the author of the novel *Finding Tranquility Base* (2012). Born in Texas, she was sixteen when she moved to Los Angeles, where she pursued acting and modeling before studying creative writing at UCLA. Rebhan has two grown daughters and still resides in the Los Angeles area. For more information, visit her website at www.janetrebhan.com.

JUNE 2020



Publication Date: June 16, 2020

Collections: Women's Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-864-4

E-ISBN: 978-1-63152-865-1

“Lifetime sailor Carol Newman Cronin combines well-drawn characters, their family legacies, and the history of the island itself in a vivid story about the struggle of preservation versus development, grace against greed. Anyone who visits a New England island should have a copy of this in hand for summer reading. Wherever you look—the ferry landing, the coffee shop, the general store—you’ll recognize the characters.”

—Doug Logan, author of *BoatSense*

FERRY TO COOPERATION ISLAND

A NOVEL

CAROL NEWMAN CRONIN

DESCRIPTION:

Loner James Malloy is a ferry captain—or used to be, until he was unceremoniously fired and replaced by a girl named Courtney Farris. Now, instead of piloting Brenton Island’s daily lifeline to the glitzy docks of Newport, Rhode Island, James spends his days beached, bitter, and bored.

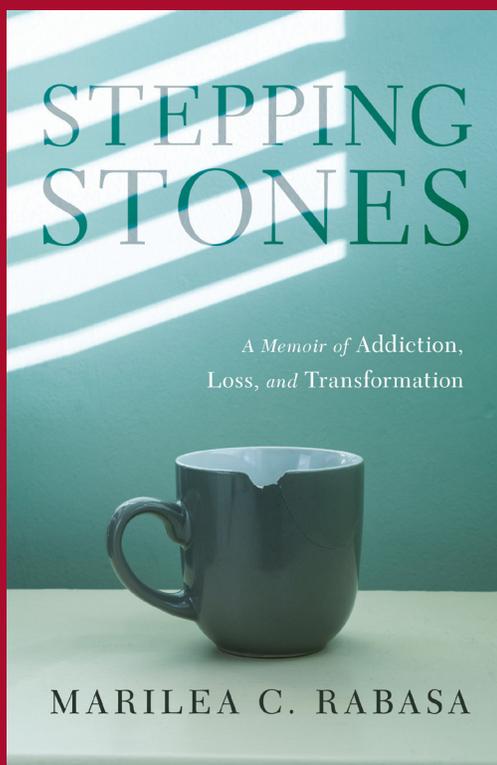
When he discovers a private golf course staked out across wilderness sacred to his dying best friend, a Narragansett Indian, James is determined to stop such “improvements.” But despite Brenton’s nickname being “Cooperation Island,” James is used to working solo. To keep rocky bluffs, historic trees, and ocean shoreline open to all, he’ll have to learn to cooperate with other islanders—including Captain Courtney, who might just morph from irritant to irresistible once James learns a secret that’s been kept from him for years.

This salt-sprayed fourth novel by 2004 Olympic Sailor Carol Newman Cronin celebrates wilderness and water, open space and open-mindedness, and the redemptive power of neighborly cooperation.

ABOUT THE AUTHOR:

Carol Newman Cronin is an award-winning writer of stories about boats and waterfront personalities. A lifetime sailor, she won two races at the 2004 Olympics and continues to compete at events around the world.

JUNE 2020



Publication Date: June 16, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-898-9

E-ISBN: 978-1-63152-899-6

STEPPING STONES

A MEMOIR OF ADDICTION, LOSS, AND TRANSFORMATION

MARILEA C. RABASA

DESCRIPTION:

Addiction is a stealth predator. Unrecognized, it will grow and flourish. Unchecked, it destroys.

Marilea Rabasa grew up in post-WWII Massachusetts in a family that lived comfortably and offered her every advantage. But they were also haunted by closely guarded family secrets. Alcoholism reached back through several generations, and it was not openly discussed. Shame and stigma perpetuated the silence. And Marilea became part of this ongoing tragedy.

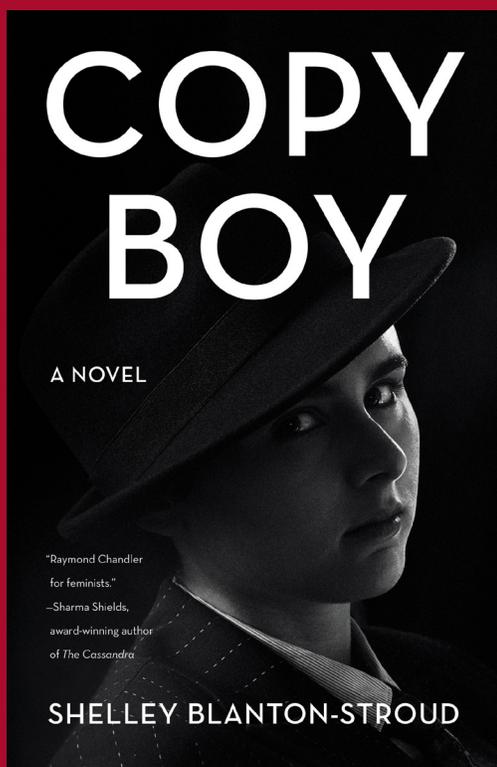
From an unhappy childhood to a life overseas in the diplomatic service to now, living on an island in Puget Sound, *Stepping Stones* chronicles Marilea's experiences, weaving a compelling tale of travel, motherhood, addiction, and heartbreaking loss. The constant thread throughout this story is the many faces and forms of addiction, phantoms that stalk her like an obsessed lover. What, if anything, will free her of the masks she has worn all her life?

An inspiring, poignant recovery story, *Stepping Stones* tells how Marilea took on the demons that plagued her all her life—and defeated them.

ABOUT THE AUTHOR:

Marilea Rabasa grew up in a small Massachusetts town. Her marriage took her overseas, where she lived with her husband and children in the Foreign Service. After divorcing, she taught English as a Second Language in Virginia for seventeen years, and earned a Master of Arts (Reflective Practice) in teaching. She joined Story Circle Network in 2013; since then, her stories have appeared in several publications, among them the SCN anthologies, their journal, and their blog, *One Woman's Day*. She has also blogged at www.recoveryofthespirit.com on the topic of addiction recovery since 2015. Marilea and her partner spend most of the year enjoying grandchildren, boats, and salt air on an island in Puget Sound. The rest of the year they live in New Mexico, where they grow produce for sale.

JUNE 2020



Publication Date: June 23, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-697-8

E-ISBN: 978-1-63152-698-5

“A stellar debut. *Copy Boy* may be Shelley Blanton-Stroud’s first novel, but it’s apparent from page one that she’s been working on her craft for many years. Combining the best elements of noir, historical fiction, and coming-of-age stories, Blanton-Stroud has written a compelling, nuanced story. Deftly plotted and expertly executed, *Copy Boy* is as mesmerizing as the moment when the fog lifts over Nob Hill. Highly recommended.”

—Sheldon Siegel, *New York Times* best-selling author of the Mike Daley/Rosie Fernandez novels

COPY BOY

A NOVEL

SHELLEY BLANTON-STROUD

DESCRIPTION:

You think you’re a body, but you’re not—you’re a kind of electricity, though you’ve got to fill the right body to go anywhere, do anything important. That’s how seventeen-year-old Jane explains it to herself.

Manipulated by her mother and urged by the voice of her dead twin brother, Benjamin, Jane hits her father with a crowbar, leaves him for dead in an irrigation ditch, and escapes to San Francisco.

It’s 1937, the height of the Great Depression, and there are almost no jobs for girls, so Jane turns herself into Benny and gets hired as a newspaper copy boy. She soon begins to climb the ladder at the paper, gaining validation, skill, and connections with the artists and thinkers of her day; but then her father appears on the paper’s front page, his arm around a girl who was just beaten into a coma one block from Jane’s newspaper—hit in the head with a crowbar.

Jane’s got to find her father before he finds her, and before everyone else finds her out. She’s got to protect her invented identity. This is what she thinks she wants. It’s definitely what her dead brother wants.

ABOUT THE AUTHOR:

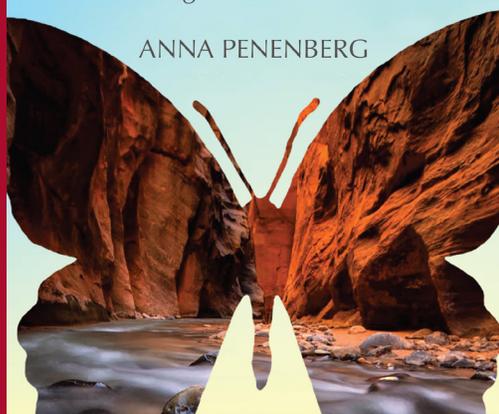
Shelley Blanton-Stroud grew up in California’s Central Valley, the daughter of Dust Bowl immigrants who made good on their ambition to get out of the field. She teaches college writing in Northern California and consults with writers in the energy industry. She serves on the advisory boards of 916 Ink, an arts-based creative writing nonprofit for children, and Stories on Stage Sacramento, where actors perform the stories of established and emerging authors. She has also served on the Writers’ Advisory Board for the Belize Writers’ Conference. *Copy Boy* is her first novel, and she’s currently working on her second. She also writes and publishes flash fiction and nonfiction, which you can find at such journals as *Brevity* and *Cleaver*. She and her husband live in Sacramento with an aging beagle and many photos of their out-of-state sons. To learn where you can read her stories and more, go to www.shelleyblanton-stroud.com.

JULY 2020

DANCING IN THE NARROWS

A Mother-Daughter Odyssey
Through Chronic Illness

ANNA PENENBERG



Publication Date: July 7, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-838-5

E-ISBN: 978-1-63152-839-2

“This compelling memoir pulls you into an epic search for answers in a medical system where there is limited understanding of chronic Lyme disease, and where both Western and alternative medicines are challenged. Amidst fear and exhaustion, as well as the age-old struggle of independence between parent and child, we find humor, road trips, and nature treks. You will undoubtedly be inspired by this story of a woman’s lifelong focus on wellness.”

—JJ Virgin, *New York Times* best-selling author of *Warrior Mom*

DANCING IN THE NARROWS

A MOTHER-DAUGHTER ODYSSEY THROUGH
CHRONIC ILLNESS

ANNA PENENBERG

DESCRIPTION:

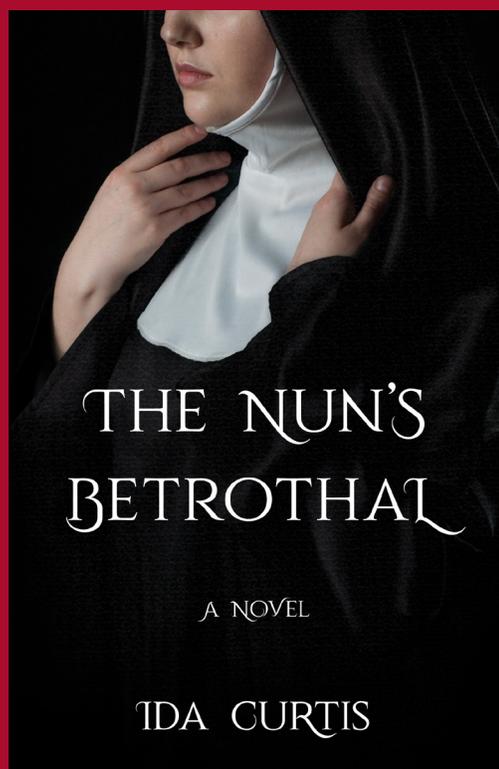
Dancing in the Narrows is the story of a mother’s love and persistence in the face of fear and defeat. At sixteen, Anna Penenberg’s daughter, Dana, is stricken with a debilitating illness that is eventually identified as chronic Lyme disease—a disease with no known cure. In search of wellness, mother and child are propelled through the established medical world and beyond. Completely dependent on Anna, in so much pain that she can barely move, Dana spends years on the couch, and her extreme environmental sensitivities ultimately drive friends and family away—everyone but Anna.

After a nearly fatal five-month trial of IV antibiotics, Dana and Anna decide to leave Western medicine behind. Together, they enter the rarified world of restricted diets, esoteric protocols, and alternative medical treatments, one of which necessitates fifteen trips over the Mexican border for RHP ozone treatments—treatments that are illegal in the United States. Full of terror, adventure, laughter, and sheer grit, *Dancing in the Narrows* is an exploration of the healing journey as an opportunity to grow and expand through love, commitment, and experience—and a chronicle of a mother-daughter odyssey like no other.

ABOUT THE AUTHOR:

Anna Penenberg, MA, is a healer by nature and training, and the mother of two daughters. She holds a BA in dance and psychology and a master’s degree in Dance Therapy from UCLA and a California license in psychotherapy. After her children were born, she trained as a Kundalini Yoga teacher and a somatic therapist in craniosacral therapy, Body-Mind Centering®, and Infant Developmental Movement Education. She has worked over the last thirty-five years with adults, children, and infants, focusing on facilitating integration—brain and body, psyche and spirit. She continues her healing practice in Topanga, CA, and in her free time she enjoys reading, yoga, hiking, and working on her next memoir.

JULY 2020



Publication Date: July 7, 2020

Collections: Historical Fiction

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-685-5

E-ISBN: 978-1-63152-686-2

“Curtis delivers a wonderfully fresh romantic mystery that combines the arcane complications of medieval marriage customs, court intrigue, and a smart, witty heroine in a fast-paced tale that will delight readers with twists and surprises right up to the very last page. Gilda and Justin are well-matched both as lovers and as sleuths. They deserve an entire series.”

—Jayne Ann Krentz (a.k.a. Amanda Quick),
author of *Untouchables* and *The Lady Vanishes*

THE NUN'S BETROTHAL

A NOVEL

IDA CURTIS

DESCRIPTION:

Just before taking her vows, Sister Gilda, along with Lord Justin, King Louis's counselor, is given a task: investigate grounds for the annulment of a marriage between Count Cedric and Lady Mariel. Together, they discover that Mariel believes she actually married Cedric's younger half-brother Phillip—Cedric's surrogate—at the marriage ceremony, and that Cedric plans to marry Lady Emma as soon as the annulment is granted. Emma and Phillip, meanwhile, have declared their love for each other.

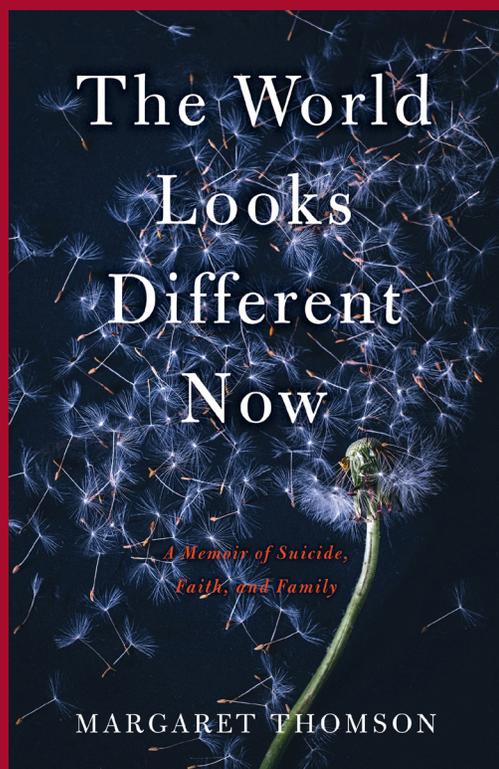
Gilda and Justin must find a fair and just solution that will satisfy the principals, the archbishop, and the king—and at the same time deal with the distracting passion developing between the two of them. As they work together to unravel the mysterious circumstances of the count's marriage, their attraction grows—threatening Gilda's freedom and Justin's reputation.

Set in ninth-century France, *The Nun's Betrothal* is a suspenseful, romantic tale of court intrigue and forbidden love.

ABOUT THE AUTHOR:

Ida Curtis was born in 1935 in New Haven, Connecticut. She grew up and went to school in Newington, Connecticut, where at age eighteen she contracted polio. After two years of rehabilitation, she spent two years at St. Joseph's College in West Hartford before marrying her husband, Jared. Following his academic career, they lived in various places, including four years at Indiana University, where Ida finished her BA degree in history. In 2002, after thirty years in Vancouver, British Columbia, they returned to the US to live in Seattle, Washington. Ida has been writing fiction and memoir since she retired in 1996. A member of Pacific Northwest Writers Association, she won first prize for historical fiction at PNWA's annual convention in 2009. Her novel, *Song of Isabel*, grew out of that experience. She published *My Polio Memoir: 1953–2016* with Lulu.com in 2016.

JULY 2020



Publication Date: July 14, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-693-0

E-ISBN: 978-1-63152-694-7

“A beautifully written and harrowing tale of a mother coming to terms with her son’s devastating suicide. *The World Looks Different Now* offers comfort and companionship to other parents grieving this unbearable loss.”

—Sarah Neustadter, PhD, author of *Love You Like the Sky*

“Margaret Thomson has achieved the near-impossible by looking grief right in the eye and finding a story that illuminates us on the toughest topic there is. With grace, a light touch, and a great deal of truth, she moves us past the plot of her tale of loss and into a place of knowing.”

—Marion Roach Smith

THE WORLD LOOKS DIFFERENT NOW

A MEMOIR OF SUICIDE, FAITH, AND FAMILY

MARGARET THOMSON

DESCRIPTION:

The World Looks Different Now takes readers behind the statistics and into the private world of a family whose lives are forever changed following the suicide of the family’s older son less than three months before he was due to deploy to Afghanistan.

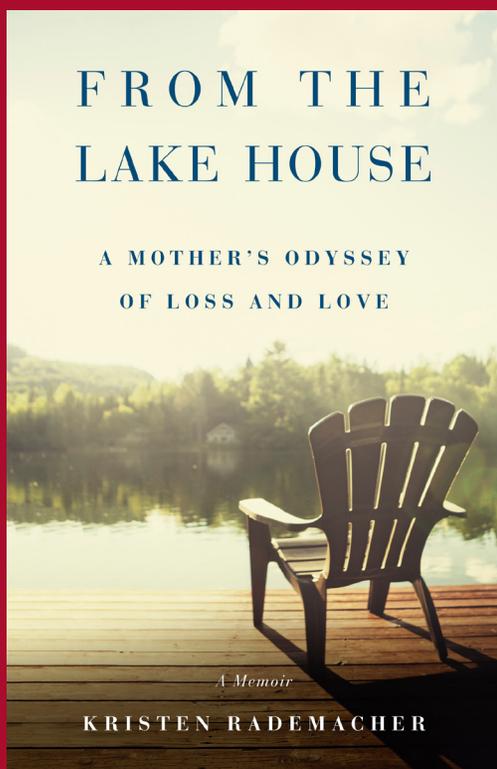
A journalist as well as a grieving mother, author Margaret Thomson instinctively turns to writing during the weeks, months, and even years following her son’s death in an effort to make sense out of a seemingly senseless act that she never dreamed could happen. In *The World Looks Different Now*, she chronicles the grueling journey she and her husband, along with their surviving son, are forced to embark upon as they move toward eventual—if only partial—healing.

Poignant and insightful, this memoir will help those who’s suffered a major loss to better understand the need to grieve at one’s own pace, as well as in one’s own individual way.

ABOUT THE AUTHOR:

Margaret Thomson is a journalist and television producer who’s reported on a variety of subjects, from Middle East politics to the British royal family. As a radio correspondent for ABC News, she was the first American broadcast journalist to report the end of the Falklands War in May 1982; several years later she became the first radio correspondent to report on the AIDS epidemic in Africa. Upon returning to the United States in 1992, she taught journalism and television production at the University of Memphis. In 1993, she worked as a production associate on the HBO documentary *The Trial of James Earl Ray*. Thomson continues to write for print and online publications. In 2016, she and her husband, Tim relocated from Memphis to Franklin, Tennessee. Their son Matt, a recent graduate of the United States Merchant Marine Academy, visits frequently from his job in the shipping industry.

JULY 2020



Publication Date: July 21, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-866-8

E-ISBN: 978-1-63152-867-5

FROM THE LAKE HOUSE

A MOTHER'S ODYSSEY OF LOSS AND LOVE

KRISTEN RADEMACHER

DESCRIPTION:

Dizzy with grief after a shattering breakup, Kristen did what any sensible thirty-nine-year-old woman would do: she fled, abandoning her well-ordered life in metropolitan Boston and impulsively relocating to a college town in North Carolina to start anew with a freshly divorced southerner.

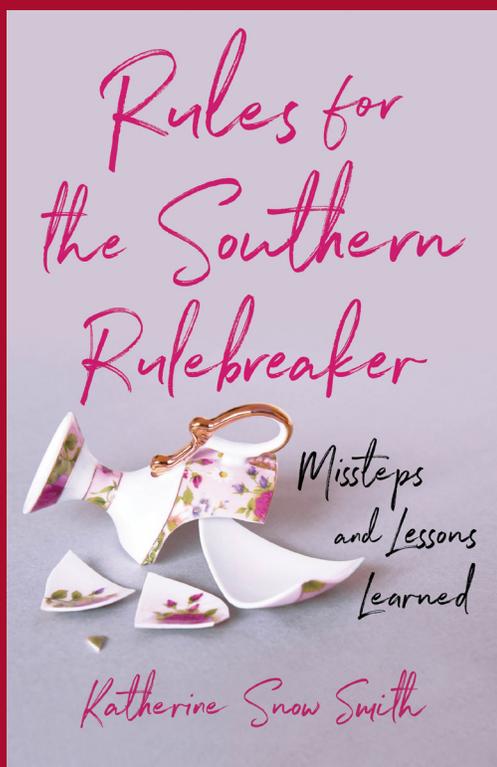
Dismissing the neon signs that flashed Rebound Relationship, Kristen was charmed by the host of contrasts with her new beau. He loved hunting and country music, she loved yoga and NPR; he worried about nothing, she worried about everything. The luster of her new romance and small-town lifestyle soon—and predictably—faded, but by then a pregnancy test stick had lit up. As Kristen's belly grew, so did her concern about the bond with her partner—and so did a fierce love for her unborn child. Ready or not, she was about to become a mother. And then, tragedy struck.

Poignant and insightful, *From the Lake House* explores the echoes of rash decisions and ill-fated relationships, the barren and disorienting days an aching mother faces without her baby, and the mysterious healing that can take root while rebuilding a life gutted by loss.

ABOUT THE AUTHOR:

Kristen Rademacher has lived in Chapel Hill, North Carolina, since 2002, which is when she began writing. *From the Lake House* is her first memoir. She holds a master's degree in education and life coach certification, and is an Academic Coach at the University of North Carolina at Chapel Hill.

JULY 2020



Publication Date: July 21, 2020

Collections: Memoir

Trim size: 5.5 X 8.5

Price: \$16.95 paperback / \$9.95 ebook

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-858-3

E-ISBN: 978-1-63152-859-0

“Katherine Snow Smith’s sure voice, deft pen, hilarious sense of humor, and always original slant on things offer the reader much to enjoy in these delightful essays—and also much to identify with, especially for another southern girl. Her delightful, humorous accounts always convey a deeper truth—about self-image, especially for women; about raising children; about an early death in the family and the later loss of a friend; about politics and belief—about life itself.”

—Lee Smith, author of *Fair and Tender Ladies* and winner of the Robert Penn Warren Award for Fiction and the Southern Book Critics Circle Award

RULES FOR THE SOUTHERN RULE BREAKER

MISSTEPS AND LESSONS LEARNED

KATHERINE SNOW SMITH

DESCRIPTION:

Southern women are inundated with rules starting early—from always wearing sensible shoes to never talking about death to the dying, and certainly not relying on song lyrics for marriage therapy.

Nevertheless, Katherine Snow Smith keeps doing things like falling off her high heels onto President Barack Obama, gaining dubious status as the middle school “lice mom,” and finding confirmation in the lyrics of Miranda Lambert after her twenty-four-year marriage ends. Somehow, despite never meaning to defy southern expectations for parenting, marriage, work, and friendship, Smith has found herself doing just that for over four decades. Luckily for everyone, the outcome of these “broken rules” is this collection of refreshing stories, filled with vulnerability, humor, and insight, sharing how she received lifelong advice from a sixth-grade correspondence with an Oscar-winning actress, convinced a terminally ill friend to write good-bye letters, and won the mother of all “don’t give up” lectures by finishing a road race last (as the pizza boxes were thrown away).

Rules for the Southern Rule Breaker will resonate with every woman, southern or not, who has a tendency to wander down the hazy side roads and realizes that the rewards that come from listening to the pull in one’s heart over the voice in one’s head.

ABOUT THE AUTHOR:

Katherine Snow Smith has lived throughout the South as a newspaper reporter, magazine editor, public relations executive, daughter, sister, mother, wife, divorcee, and friend. She graduated from the University of North Carolina at Chapel Hill and started her journalism career covering three miniscule towns in South Carolina. After a stint covering business in Charlotte, NC, she got married, moved to Florida, and started a twenty-year career at the *Tampa Bay Times*—first covering business, and then, after having a baby, creating a parenting column, Rookie Mom, for the paper. Now—three kids, two careers, and one divorce later—she’s embracing the fact that life has many chapters.

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Eve Ensler, Tony-winning playwright of *The Vagina Monologues*

Linda Fairstein, former Chief, Manhattan DA Sex Crimes Unit, and *USA Today* best-selling crime novelist

Cathy Richardson, lead singer of Jefferson Starship

Maria Jacquemetton, Emmy Award–winning producer and *Mad Men* writer

Maggie Rowe, writer for Netflix's *Arrested Development* and author of *Sin Bravely*, named one of NPR's Best Books of the Year

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Gloria Vanderbilt, designer and author

Matt Iseman, host of *American Ninja Warrior*

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SheBooks is now part of She Writes Press

SparkPoint Studio, parent company of award-winning hybrid publisher She Writes Press, announced in 2018 the acquisition of SheBooks, a women's e-book publisher with the mission of bridging the gap between magazines and books by carefully curating and publishing short e-books, by and for women, designed for women's busy lives. The acquisition of SheBooks, which SparkPoint will roll into She Writes Press, is a testament to the reputation and success of She Writes Press in the hybrid publishing space. It also demonstrates SparkPoint Studio's continued investment and commitment to growing She Writes Press as the leader and gold standard in hybrid publishing for women authors and expand She Writes Press's product offerings.

SheBooks was cofounded in 2013 by Laura Fraser, journalist and best-selling author (*An Italian Affair*); veteran magazine editor Peggy Northrop (former Global Editor-in-Chief of *Reader's Digest* and former Editor-in-Chief of *More* magazine and *Sunset* magazine); and publishing veteran Rachel Greenfield (former Executive Vice President, Martha Stewart Living Omnimedia).

When it launched, SheBooks was awarded a seed grant by the New Media Women's Entrepreneurial Fund, raised additional funding, and was able to publish 75 high-quality short e-book titles from well-respected authors, including best-selling author Hope Edelman; National Book Award nominee Ann Pearlman; best-selling author Caroline Leavitt; PEN award-winning memoirist Faith Adiele; and many others.





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