



2018  
**SHE WRITES  
PRESS  
CATALOG**





# ABOUT SHE WRITES PRESS

She Writes Press is an independent publishing company, founded in 2012, with a thriving publishing program dedicated to community, education, and giving women authors a voice and a platform for their writing.

We are a curated press that's both mission-driven and community-oriented, aiming to serve writers who wish to maintain greater ownership and control of their projects while still getting the highest-quality editorial help possible for their work.

Every expert we work with has been handpicked by She Writes Press Publisher Brooke Warner.

Celebrating five years of publishing in 2017, She Writes Press has signed more than 300 authors. We are an award-winning press whose authors have appeared in publications ranging from *O, The Oprah Magazine* to *People* to *Redbook*, as well as all the industry trade reviews. Our books are distributed by Ingram Publisher Services and are sold into bookstores, libraries, and specialty retail accounts. We are excited to be partnering with high-caliber authors whose books are giving the publishing industry reason to keep its eye on She Writes Press.

She Writes Press is now a proud member of the SparkPoint Studio family, spearheaded by its CEO, Crystal Patriarche.

Publisher Brooke Warner is a cofounder of the press and leads the editorial and production department along with three talented and dedicated project managers, Cait Levin, Lauren Wise, and Samantha Strom.

She Writes Press is known for its beautiful cover designs and interiors; for this we would like to thank our design team, led by Creative Director Julie Metz, who's supported in her efforts by Leah Lococo, Tabitha Lahr, Rebecca Lown, Kiran Spees, Stacey Aaronson, and Katherine Lloyd.

# HOW IT WORKS

SHE WRITES PRESS editorial solutions are a cornerstone of our commitment to our authors, and we have established three specific tracks for authors who submit their works to SWP.

## TRACK 1.

Green Light/Good to Go Track 1 is for those SWP authors who are ready for publication. If we determine that you have a publish-ready manuscript, you will proceed directly into the production process, meaning your manuscript will go straight to layout (designed pages).

## TRACK 2.

Copyediting (not included in the She Publishes package) Track 2 is for those SWP authors whose manuscript requires something heavier than a proofread. We offer a brief assessment of your work in order to point you to the places in your manuscript that have rendered it in need of a copyedit. We do not require that you get your copyedit done by SHE WRITES PRESS.



## TRACK 3.

Developmental Editing/Coaching (not included in the She Publishes package) Track 3 is for those authors who require more than a copyedit. We will recommend that these authors work with one of SWP's coaches for developmental editing and/or coaching. Your manuscript will qualify for this kind of service if we see inconsistencies in your story, the need for character and/or scene development, point of view problems, or lack of structure.

## PROOFREADING

(included in the She Publishes package) All authors publishing on SHE WRITES PRESS will have their final manuscript proofread after their project has been laid out (designed).

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## SPRING 2018

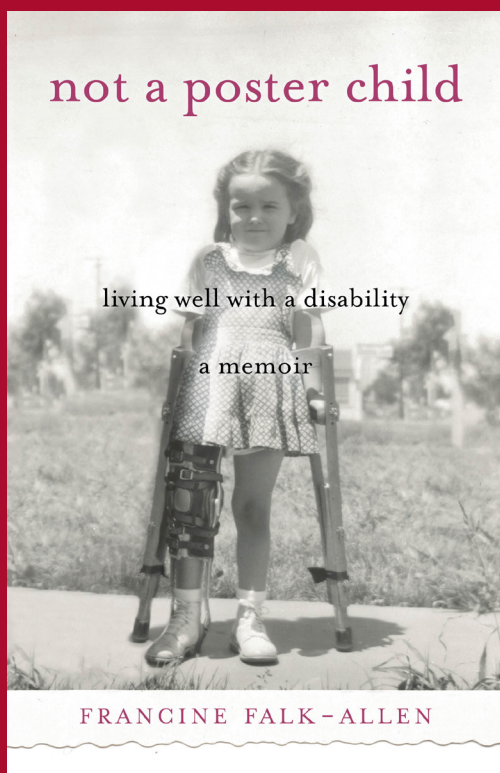
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A close-up, high-angle photograph of a white ceramic cup filled with dark coffee, sitting on a matching white saucer. A silver spoon rests on the saucer. The cup and saucer are placed on a stack of old, worn books with visible spines and pages. The background is filled with various autumnal items, including cinnamon sticks, dried orange slices, and a piece of knitted fabric, creating a cozy, seasonal atmosphere.

Fall  
2018



**AUGUST 2018**



**Publication Date: August 7, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-391-5**

**E-ISBN: 978-1-63152-392-2**

**"*Not a Poster Child* is a candid memoir that reminds us just how essential it is to find wholehearted engagement in life, no matter how difficult our path. It is eye-opening about the misinformation, types, and treatments of polio. While it chronicles the author's challenges of growing up with a physical disability, her gifts of approaching life with humor, openness, and a feisty spirit can embolden us all."**

**—Leslie Davenport, author of *Emotional Resilience in the Era of Climate Change***

# **NOT A POSTER CHILD**

**LIVING WELL WITH A DISABILITY**

**A MEMOIR**

**FRANCINE FALK-ALLEN**

## **DESCRIPTION:**

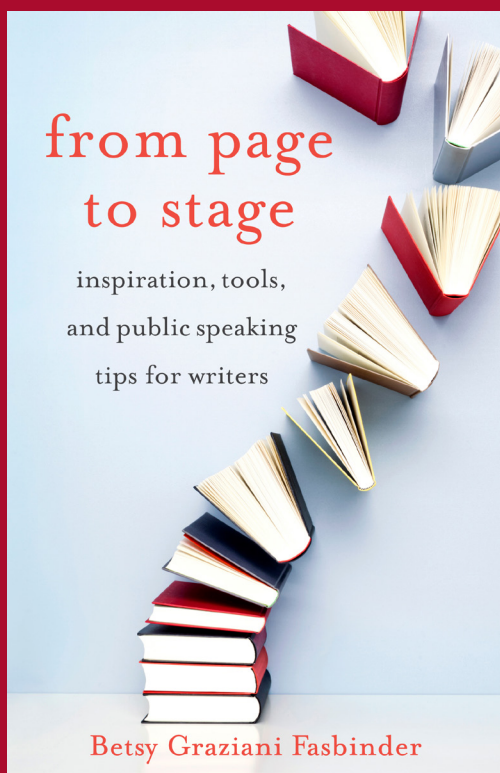
Polio is back in the news. Almost forgotten for decades in the US, it has been brought back into the spotlight by the anti-vaxxer movement—but for millions around the world, especially those who have residual or late effects of polio, this virus has never been old news.

Francine Falk-Allen was only three years old when she contracted polio and temporarily lost the ability to stand and walk. Here, she tells the story of how a toddler learned grown-up lessons too soon; a schoolgirl tried her best to be a "normie," on into young adulthood; and a woman finally found her balance, physically and spiritually. In lucid, dryly humorous prose, she also explores how her disability has affected her choices in living a fulfilling (and amusing) life in every area—relationships, career, religion (or not), athleticism, artistic expression, and aging, to name a few. A clear-eyed examination of living with a handicap, *Not a Poster Child* is one woman's story of finding her way to a balanced life—one with a little cheekiness and a lot of joy.

## **ABOUT THE AUTHOR:**

Francine Falk-Allen was born in Los Angeles and has lived nearly all of her life in northern California. As a former art major who got a BA in managerial accounting and ran her own business for thirty-three years, she has always craved creative outlets. Over the years, this has taken the form of singing and recording with various groups, painting, and writing songs, poetry, and essays, some of which have been published. Falk-Allen facilitates a polio survivors' group in Marin County, and also a Meetup writing group, Just Write Marin County. She was the polio representative interviewed in a PBS/Nobel Prize Media film, *The War Against Microbes*. Falk-Allen resides in Marin County with her husband, Richard Falk. She loves mystery, historical novels, captivating biography and memoir, movies, music, pool exercise, the outdoors, travel, hanging out with good friends, lots of British tea, and a little champagne now and then.

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**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

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**Print ISBN: 978-1-63152-463-9**

**E-ISBN: 978-1-63152-464-6**

**"Betsy has a way of making public speaking less foreign and more fun. She gives you intuitive tools that are memorable and easy, and makes the process enjoyable as well. With what she teaches, I felt immediately improved and infinitely more poised."**

**—Kate Perry, internationally best-selling author**

# FROM PAGE TO STAGE

INSPIRATION, TOOLS, AND PUBLIC  
SPEAKING TIPS FOR WRITERS

**BETSY GRAZIANI FASBINDER**

## DESCRIPTION:

In this accessible, straightforward book, seasoned author Betsy Graziani Fasbinder offers readers the why, what, and how of public speaking, along with exercises and resources to support ongoing learning. She provides inspiration and encouragement to help writers to overcome their fears of public speaking, but she doesn't stop there; she also lays out the practical, nuts-and-bolts tools they need to select, deselect, and arrange the content of what to say when they're on a podium, in an interview, or in casual conversations about their writing, and includes a model for handling challenging questions from interviewers and audience members with confidence and grace.

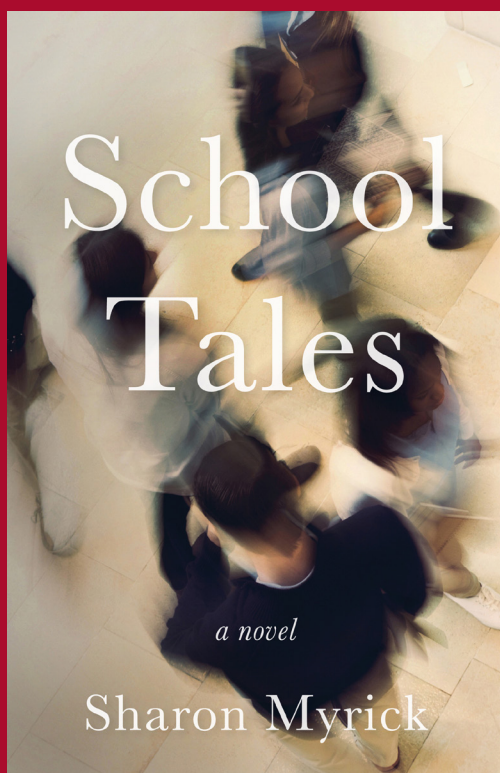
Part practical how-to—full of usable tools and tips—and part author cheerleader and champion, *From Page to Stage* is the ultimate resource for writers who wish bring their storytelling skills to their speaking opportunities.

## ABOUT THE AUTHOR:

Betsy Graziani Fasbinder is an award-winning author, a licensed psychotherapist, and an in-demand communications trainer. She has coached public speaking for the reluctant and the downright phobic in Fortune 500 companies throughout the US and abroad. She coaches others to conquer their stage fears, connect to listeners, and never again allow a fear of public speaking to be an obstacle. She is the author of *Fire & Water* and *Filling Her Shoes*.



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**Publication Date: August 14, 2018**

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**5.5 x 8.5**

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**E-ISBN: 978-1-63152-424-0**

# **SCHOOL TALES**

**A NOVEL**

**SHARON MYRICK**

## **DESCRIPTION:**

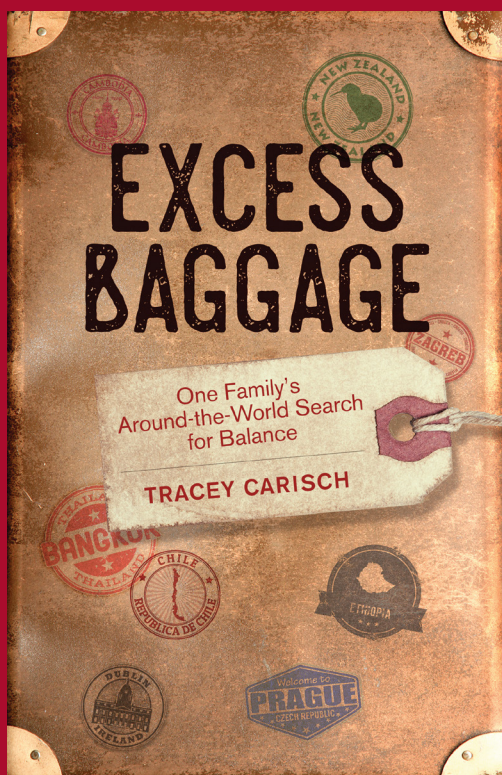
Contemporary legend says the business of high school is boring and must forever be that way—that its sole purpose is to deposit tidbits of knowledge into young minds and standardize the way each attacks the world. *School Tales* begs to differ. As is made clear by its five spunky student narrators, high school, the home-base social institution for teenagers, exerts powerful agency over answers to fundamental questions—*Who am I? What do I want to learn? Am I able to direct my life? Can I trust friends to be there for me? How do I find a sense of purpose in contributing to our world?*—and is a time of struggle with life's questions amidst intense pressure to make decisions by graduation and launch into adulthood.

Students in *School Tales*, living in a small town of the southern Shenandoah Valley in Virginia, encounter a number of personal and public issues, including racism, anxiety, shame, a cross-country move, gender identity, immigration, family instability, depression, lack of self-direction, abuse, and run-ins with law enforcement. The lessons they learn in school include the meanings of freedom, success, friendship, exploration, inquiry, confidence, false either/or choices, and dreaming. As these students take charge of their learning, the true goal of high school emerges—and the result is a truly heartwarming view of students building what they would call “a life worth living.”

## **ABOUT THE AUTHOR:**

Sharon Myrick grew up in the Deep South, trying to figure out why she was not the image of a white southern belle. School was no help in understanding that problem, or any other, until a college professor finally taught her to think. After her doctoral work in the sociology of education, Myrick's passion became teaching, and over the course of eighteen years she experienced every level of school, preschool through college. Related work experiences, managing community educational programs for thirteen years, revealed how change is possible through an “it takes a village” approach. When not tending her Virginia mountain cabin or engaging in local political concerns, Myrick contributes to the school change movement by listening to current high school students speak about their personal needs and new ways school could help them ([www.schooltaleslive.com](http://www.schooltaleslive.com)). She loves to hear from kindred spirits who want to connect with the national discussion of school transformation.

**AUGUST 2018**



**Publication Date: August 14, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

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**Print ISBN: 978-1-63152-411-0**

**E-ISBN: 978-1-63152-412-7**

**“*Excess Baggage* is both funny and enlightening as it tells the story of a woman’s brave journey to recalculate her life and set a new direction for her family. We can all learn from her courage and commitment to creating an extraordinary life.”**

**—Karen Jacobsen, international entertainer and author of *Recalculate***

**“A courageous story of travel, family, and realizing what’s important in life.”**

**—Vicki Lesage, best-selling author of *Confessions of a Paris Party Girl***

# **EXCESS BAGGAGE**

**ONE FAMILY’S AROUND-THE-WORLD SEARCH FOR BALANCE**

**TRACEY CARISCH**

## **DESCRIPTION:**

Tracey Carisch thought she had it all. As a wife, mother, and successful executive, she seemed to be living the modern American dream. But one night, a panic attack sent her tumbling into a midlife crisis and questioning everything about her life. That’s when she and her husband made a decision that shocked their family and friends: they sold everything they owned, pulled their three young daughters out of school, and became a family of wandering globetrotters.

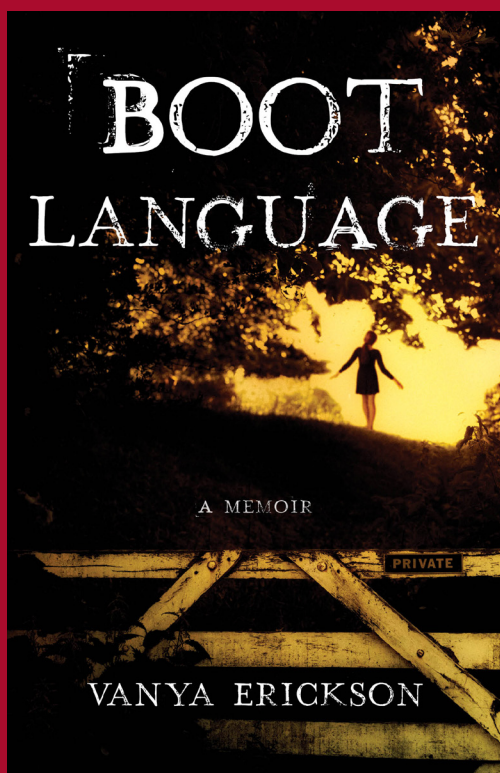
Loaded with hilarious mishaps as well as deeply meaningful revelations, *Excess Baggage* chronicles the Carisch family’s extraordinary, eighteen-month adventure across six continents. As they navigate the trials and tribulations of international travel, the family encounters unique people and bizarre situations that teach them about the world—and themselves. Carisch’s candid and insightful account of her family’s journey will have you laughing out loud, shedding a few tears, and bringing the lessons of family travel into your own life . . . without ever having to leave home.

## **ABOUT THE AUTHOR:**

Tracey Carisch grew up in a small midwestern town and attended Indiana University for her undergraduate degree. After beginning her career in technology consulting, she returned to academia for her MBA and founded her own consulting firm, helping to lead change in education and workforce development. She left her career when her family embarked on an around-the-world journey. Today she is a public speaker who gives inspirational talks focused on empathy, work-life balance, and women’s advancement. She lives in the mountains of Colorado with her family, their two dogs, and a cat who thinks he’s also a dog.



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**E-ISBN: 978-1-63152-466-0**

**“Vanya seamlessly weaves tension and lyrical beauty into every scene, playing my emotions as a reader perfectly. The result is a fantastic read. Buy this book today.”**

**—Laura Davis, best-selling author of *The Courage to Heal***

**“A young girl’s loyalty and love are tested to the extreme by her abusive, alcoholic father and a distant, Christian Scientist mother. A coming-of-age story for anyone who has ever looked for love in all the wrong places.”**

**—Nancy London, best-selling coauthor of *Our Bodies, Ourselves***

# **BOOT LANGUAGE**

**A MEMOIR**

**VANYA ERICKSON**

## **DESCRIPTION:**

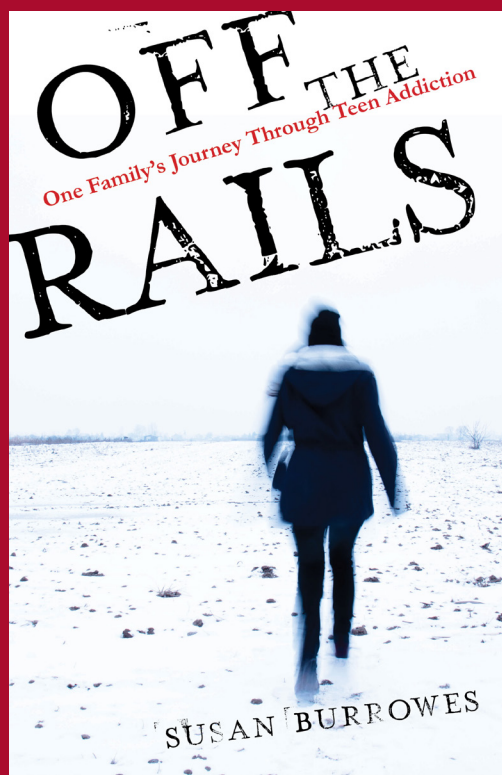
From the outside, Vanya Erickson’s childhood looked idyllic: she rode horses with her father in the solitude of the Sierra Nevada Mountains and attended flamboyant operas with her mother in the city. But life for Erickson and her family turned dark when ghosts from her father’s service on a Pacific destroyer in World War II tore her family apart.

Set in postwar California, this is the story of a girl who tried to make sense of her parents’ unpredictable actions—from being left to lie in her own blood-soaked diaper while her Christian Scientist mother prayed, refusing to get medical help, to watching her father writhe on his bed in the detox ward, his hands and feet tethered with leather straps—by immersing herself in the beauty and solitude of the wilderness around her. It was only decades later, when memories began to haunt her, that she was able to look back with unflinching honesty and tender compassion for her family and herself. In this elegant, haunting narrative, Erickson invites us to witness it all—from the gripping, often disturbing, truths of her childhood to her ultimate survival.

## **ABOUT THE AUTHOR:**

Vanya Erickson used to photograph and haul horses for a living. For the last twenty-five years she has been mentoring teachers while teaching writing and public speaking in the oldest continuously used schoolhouse in California. She loves hiking the High Sierra and coastal redwood forests, as well as dramatically reading aloud to children—especially her granddaughter and grandniece. Erickson holds a BA in comparative literature and a teaching credential from the University of California at Santa Cruz. Her essays have appeared in a dozen literary journals and anthologies, and in the book *The Magic of Memoir*. Find out more about her at [www.vanyaerickson.com](http://www.vanyaerickson.com).

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**5.5 x 8.5**

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**E-ISBN: 978-1-63152-468-4**

**"Susan Burrowes provides raw insight for families faced with the unexpected chaos of a troubled teen. This honest account of one family's journey from a stable, loving home through the bowels of downtown Santa Cruz and three separate treatment centers is a great read for anyone interested in taking a peek behind the rehabilitation of a child gone 'off the rails.'"**

**—Kristin McCandless, recovery counselor**

# OFF THE RAILS

**ONE FAMILY'S JOURNEY THROUGH  
TEEN ADDICTION**

**SUSAN BURROWES**

## **DESCRIPTION:**

Fifteen-year-old Hannah was a privileged young girl with a promising future, but that didn't stop her from sliding into an abyss of sex, drugs, alcohol, and other high-risk behaviors. *Off the Rails* narrates Hannah's sudden decline and subsequent treatment through the raw, honest, compelling voices of Hannah and her shocked and desperate mother—each one telling her side of the story.

Fearing that they couldn't keep their teen safe, Hannah's parents made the agonizing decision to send her to a wilderness program, and then to residential treatment. *Off the Rails* tells the story of the two tough years Hannah spent in three separate programs—and ponders the factors that contributed to her ultimate recovery.

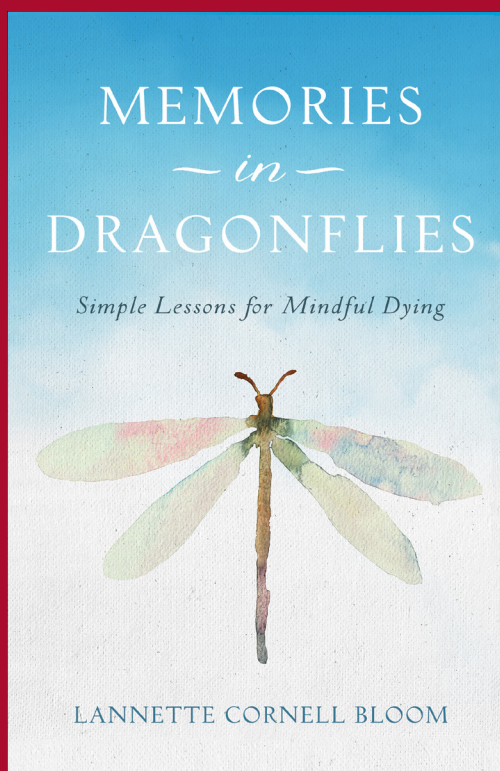
Written for parents of teens experimenting with high-risk behaviors, as well as those trying to navigate the controversial world of teen treatment programs, *Off the Rails* is an inspiring story of family love, determination, and the last-resort intervention that helped one troubled young woman find sobriety after a terrifying and harrowing journey.

## **ABOUT THE AUTHOR:**

Susan Burrowes is a presenter, teacher, trainer, and project manager. She holds a master's degree in communication, but took enough time out of her studies to produce the two extraordinary, challenging children who continue to define her life. Her career spans fifteen years in advertising, eight years teaching in the college classroom, and another ten years training professionals in organizations how to communicate with each other, an irony that was not lost on her as she struggled to reach her addicted daughter. Burrowes currently works with a team of high-achieving young adults in Admissions at the University of California Santa Cruz, where she ponders the question of teen success on a daily basis. She writes about the strength and determination of troubled teens and special needs children.



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**5.5 x 8.5**

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**E-ISBN: 978-1-63152-470-7**

# MEMORIES IN DRAGONFLIES

SIMPLE LESSONS FOR MINDFUL DYING

**LANNETTE CORNELL BLOOM**

## DESCRIPTION:

Life—and death—may be hard; but joy is simple.

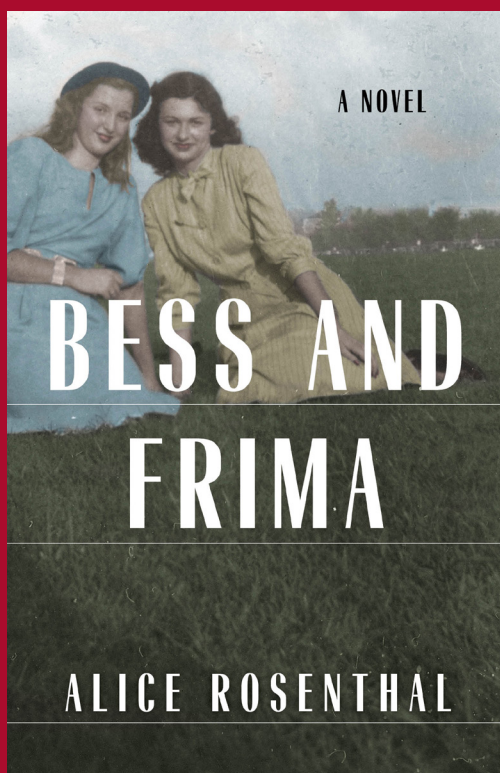
Lannette Cornell Bloom, a typical, overworked nurse, wife, and mom of two, was forty-three when her mother was diagnosed with pulmonary fibrosis. Soon after, Bloom quit her job and dove headlong into the familiar role of caretaking. This choice—to slow down and be present for the hardest year of her life—resulted in an awakening. In unexpected moments, as childhood memories flooded into the present, Lannette glimpsed bits of magic that existed just beyond the pain. Without knowing it, she was experiencing a mindful dying process with her mother—and it was a journey that would change the way she lived the rest of her life.

A touching and soulful memoir that gracefully uncovers the beauty that is often lost within the dying process, *Memories in Dragonflies* is a beautiful portrait of what it means to be human and a gentle reminder to enjoy every moment, because even the simplest ones bring lasting joy.

## ABOUT THE AUTHOR:

Lannette Cornell Bloom is a registered nurse, speaker, and author. She is passionate about bringing simple joys to others. As an RN and health practitioner of more than thirty years, she has seen firsthand the need to care for others, both emotionally and physically. She brings into focus the fragility of life and the importance of enjoying the simple joys that slip through our fingers if we're not paying attention. Bloom currently lives in La Jolla, CA with her husband and two pugs. Learn more at [SimpleJoys.com](http://SimpleJoys.com).

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**Publication Date: August 21, 2018**

**Collections: Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

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**E-ISBN: 978-1-63152-440-0**

*“Bess and Frima is a spellbinding novel and lyric evocation of the Bronx and the Catskills in the years before and after World War II. But it also something deeper and more enduring: a fearless examination of female friendship, of politics and sexuality, of courtship and marriage, artistic desire and domestic duty. Alice Rosenthal reveals the inner life of her heroines with a patience that is both tender and ruthless. She’s not just writing about them, of course. She’s writing about all of us, about the pleasures and perils of chasing the American dream.”*

*—Steve Almond, author of New York Times bestseller Candyfreak and the forthcoming Bad Stories: What the Hell Just Happened to Our Country?*

# **BESS AND FRIMA**

**A NOVEL**

**ALICE ROSENTHAL**

## **DESCRIPTION:**

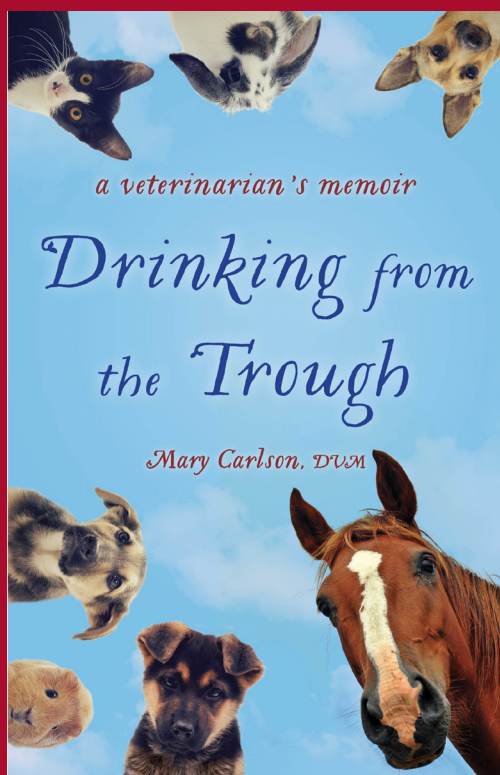
When Bess and Frima—best friends, both nineteen and from the same Jewish background in the Bronx—get summer jobs in upstate hotels near Monticello, NY, in June 1940, they have visions of romance . . . but very different expectations and needs. Frima, who seeks safety in love, finds it with the “boy next door,” who is also Bess’s brother. Meanwhile, rebellious Bess renames herself Beth and plunges into a new life with Vinny, an Italian American, former Catholic, left-wing labor leader from San Francisco. Her actions are totally unacceptable to her family—which is fine with Beth. Will their young loves have happy endings? Yes and no, for the shadow of world war is growing, and Beth and Frima must grow up fast. As their love lives entangle with war, ambitions, religion, family, and politics—and all kinds of conventional expectations—they face challenges they never dreamed of in their struggles for personal and creative growth.

## **ABOUT THE AUTHOR:**

Alice Rosenthal was born and raised in 1941 in the same Bronx neighborhood as her protagonists, though a generation later. After receiving her bachelor’s and master’s degrees from NYU, she married, divorced, and settled in the Village-Chelsea area of Manhattan, where she maintained her lifestyle by copyediting for academic presses. In 1976, she moved to San Francisco and began a new worklife teaching ESL at City College of San Francisco. She loves reading, gardening, baking, cooking, making things with her hands, and shmoozing with her friends and family. She is the author of the novel *Take the D Train*, as well as articles published in the *San Francisco Chronicle* and *Jewish Currents* magazine.



**AUGUST 2018**



**Publication Date: August 28, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-431-8**

**E-ISBN: 978-1-63152-432-5**

# **DRINKING FROM THE TROUGH**

**A VETERINARIAN'S MEMOIR**

**MARY CARLSON, DVM**

## **DESCRIPTION:**

Mary Carlson didn't start out to become a veterinarian, let alone the owner and caretaker of cats (many), dogs (two, both huskies), and horses (some with manners, some without) in Colorado. She was a suburban Chicago girl; all she knew of the American West came from the stories her uncle, who had settled in northern Colorado, told her during his annual visits. But thanks to him, she ended up moving to Fort Collins, Colorado for college—and after falling in love with a man she'd become friends with in her final year of college, when he was a student at the CSU School of Veterinary Medicine, she remained there.

Watching the work Earl did as a veterinarian inspired Mary to eventually leave her tenured teaching position and enter vet school, after which she opened her own, feline-exclusive clinic. Along the way, there were numerous pets, grueling years of vet school, a shattered hip, an enduring love, illness, and death—and the rediscovery that life, especially a life full of delightful animals, is worth living.

## **ABOUT THE AUTHOR:**

Mary Carlson, DVM, MA, CVA has been a physical education and science teacher, a community volunteer and school board member, a lecturer in Anatomy at the Colorado State University College of Veterinary Medicine and Biomedical Sciences, a guest researcher studying *Yersinia pestis* (plague) at the Centers for Disease Control and Prevention, and a veterinarian with a feline-exclusive practice. She is internationally certified in animal acupuncture. She is also a rabid Chicago Cubs fan, an avid horsewoman, an enthusiastic dog owner, and, according to her cats, excellent support staff. She is active on Facebook and channels her love of and experience in veterinary medicine into her blog, [www.marycarlsondvm.com](http://www.marycarlsondvm.com). She lives in Fort Collins, Colorado and Tucson, Arizona. Her work has appeared in both professional and lay publications. *Drinking From the Trough* is her first book.

**AUGUST 2018**



**Publication Date: August 28, 2018**

**Collections: Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-403-5**

**E-ISBN: 978-1-63152-404-2**

**“An honest portrayal of the power of friendship and the struggles many women face in love and life. Zane is a welcome addition to the world of women’s fiction.”**

**—Emily Liebert, best-selling author of *Some Women* and *Those Secrets We Keep***

**“Cathy Zane has written a compelling tale of love, manipulation, self-doubt, and the power of friendship in overcoming all odds. *Better Than This* is a page-turner with unexpected twists that will stay with you long after you put it down.”**

**—Phyllis J. Piano, award-winning author of *Love Reconsidered* and *Hostile Takeover: A Love Story***

# **BETTER THAN THIS**

**A NOVEL**

**CATHY ZANE**

## **DESCRIPTION:**

Sometimes the most enviable life is really a private hell.

On the surface, Sarah Jenkins appears to have a perfect life: she has a strikingly handsome, wealthy, and successful husband; a precocious five-year-old daughter; and a beautiful home in an affluent Seattle neighborhood. Her quirky best friend and fellow high school teacher, Maggie, envies her. Surely, Sarah’s life is the recipe for happiness.

But Sarah is far from happy. She feels empty, anxious, and on edge, with a critical inner voice that constantly puts her down—and as the reality of her marriage and the details of her past emerge, her “perfect” life begins to crumble and it becomes clear that she is living a lie. As she confronts her past, she slowly allows herself to open to the healing power of connection, friendship, and love. Can she quiet the critical voice in her head and learn to value herself instead?

## **ABOUT THE AUTHOR:**

Cathy Zane is a writer, psychotherapist, and former nurse who draws on her many years of working with women and families to create narratives of growth and empowerment. As a lifelong reader, she believes in the power of story to not only entertain but inspire, connect us to our common humanity, and instill hope. Visit her at [www.cathyzane.com](http://www.cathyzane.com)

SEPTEMBER 2018

SURVIVING  
— THE —  
SURVIVORS



a memoir

RUTH KLEIN

Publication Date: September 4, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-471-4

E-ISBN: 978-1-63152-472-1

"In her engrossing memoir *Surviving the Survivors*, Ruth Klein paints an accurate yet heart-wrenching picture of what it is like to grow up with parents who were irreparably damaged by the Holocaust.

While every second-generation (2G) Holocaust survivor's story is unique, there are threads of similarity that will leave other 2Gs, me included, nodding their heads in solidarity with Klein's experiences and behaviors. And her unfailingly positive outlook and drive to succeed will leave you cheering for her to the final word of her book."

—Emily Wanderer Cohen, Jewish Book Council, author of *From Generation to Generation*

# SURVIVING THE SURVIVORS

A MEMOIR

RUTH KLEIN

## DESCRIPTION:

Ruth Klein's story is about merchants and landowners—aristocratic Polish Jews. It's about their lives in refugee and concentration camps. About parents who survived the Holocaust but could not overcome the tragedy they had experienced, and about their children, who became indirect victims of the atrocities endured by Holocaust victims.

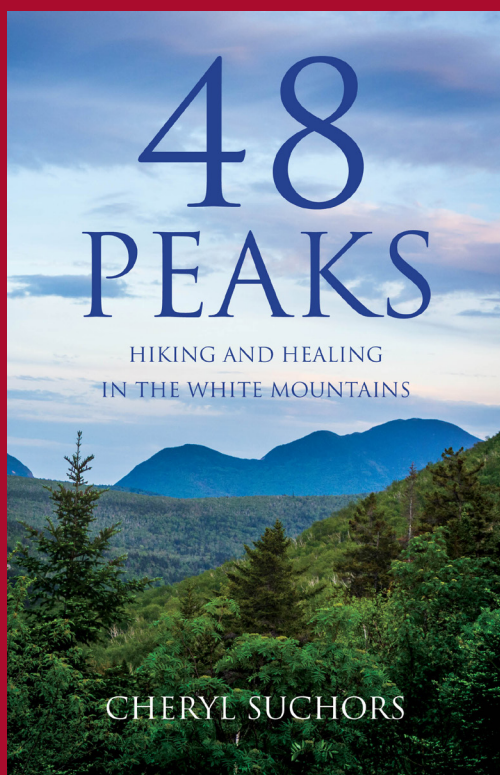
After their liberation, Ruth's parents were brought to the Displaced Person Camps in Germany, where they awaited departure to the United States. They were traumatized, starving, and impoverished—but they were among the survivors. Once in America, however, their struggles didn't end. Nearly penniless, Ruth's family—and the close-knit group of Polish refugees they belonged to—were placed for settlement in Los Angeles, where they lived in poverty only a few miles away from the wealth and glamor of Hollywood and Beverly Hills in the early 1950s. Ruth tells how, time after time, her parents had their dreams broken, only to rebuild them again. She also shares what it was like to grow up with parents who were permanently damaged by the effects of the war. Theirs was a dysfunctional household; her parents found great joy and delight moving through life's experiences in their new country, yet tumult and discord colored their world as well. As a young girl, Ruth developed a passionate relationship with the piano, which allowed her to express a wide range of feelings through her music—and survive the chaos at home. Full of both humor and unfathomable tragedy, *Surviving the Survivors* is Ruth's story of growing up in an environment unique in time and place, and of how, ultimately, her upbringing gave her a keen appreciation for the value of life and made her, like her parents, a survivor.

## ABOUT THE AUTHOR:

Ruth Klein was born in Berlin, Germany and arrived in America as a three-year-old with her parents and older sister. She grew up in Southern California and later moved to Berkeley and the San Francisco Bay Area. Since early childhood, her training in classical music has been the focal point of her life. Growing up surrounded by the history of the Holocaust, she and her sister developed a keen understanding of the impact of the Holocaust on the world—an understanding that led her to write this memoir. Klein taught piano in Houston, Texas, for twenty-three years. Her other interests include the fine arts, literature, and foreign languages. She still lives in Houston with her husband, a biomedical scientist.



SEPTEMBER 2018



Publication Date: September 11, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-473-8

E-ISBN: 978-1-63152-474-5

"In this eloquent memoir, Cheryl Suchors charts two different journeys. As she describes her many ascents of the White Mountains of New Hampshire, she also details her involuntary expedition into the world of hospitals and her return to health. And she brilliantly invokes her several friendships with the women who keep her company on both journeys. Suchors writes with eloquence and honesty about the complexities of friendship and about the landscapes she knows so well. *48 Peaks* is a compelling and moving book."

—Margot Livesey, best-selling author of *The Flight of Gemma Hardy* and *The Hidden Machinery*

# 48 PEAKS

HIKING AND HEALING IN THE WHITE MOUNTAINS

CHERYL SUCHORS

## DESCRIPTION:

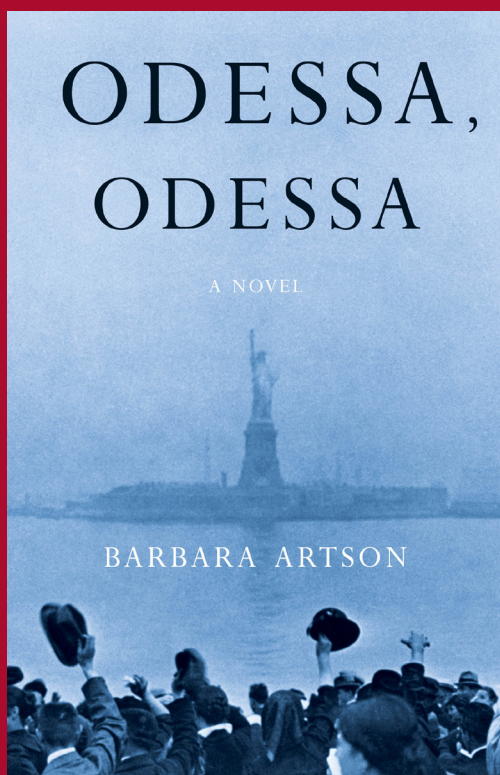
At forty-eight years old, Cheryl Suchors—hoping to find concrete successes and a feeling of control as she changes careers and fifty stares at her from the horizon—vows to summit the highest forty-eight peaks in New Hampshire's grueling White Mountains. Neglecting to consider her flimsy body, scoliosis, bum knee, and fear of heights, she dives into the challenge.

Along the way, Suchors suffers numerous injuries; her hiking buddy succumbs to ovarian cancer; and she endures breast cancer, a mastectomy, chemotherapy, and five years of adjuvant therapy herself. But she always returns to the mountains—and in that connection she finds spiritual nourishment, as well as a space powerful enough to hold her grief. Over the ten years it takes her to complete her quest, she learns that mastery alone doesn't satisfy her and control is often an illusion—that she must connect with hiking comrades and with nature in order to feel nourished and enriched. In the end, Suchors creates her own definition of success.

## ABOUT THE AUTHOR:

Cheryl Suchors began writing at age six, when she wrote a play starring her sister and herself. She continued to write poetry until she took a detour through the business world for twenty years. Her fiction, poetry, and essays have appeared in *Limestone*, *The Distillery*, *RE:AL*, and *HerSports* magazine, as well as in the anthology *My Other Ex: Women's True Stories of Losing and Leaving Friends*. In her business career she coauthored the book *Own Your Own Cable System*. She lives in Cambridge, Massachusetts, with her husband and a plethora of plants. She continues to hike every chance she gets, most recently in Poland and Canada.

SEPTEMBER 2018



Publication Date: September 11, 2018

Collections: Fiction

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-443-1

E-ISBN: 978-1-63152-444-8

"The vivid events and rich details of the intricate story are compelling and important—immigrants like the Kolopskys helped make America into the land readers recognize today (Israel, too). Readers should understand more of their world at the end of this engrossing novel than they did when they began it. . . . A complex but rewarding epic of family ties, fading memories, and immigrants who—through hard work and luck—better the lives of their progeny."

—Kirkus Reviews

# ODESSA, ODESSA

A NOVEL

BARBARA ARTSON

## DESCRIPTION:

*Odessa, Odessa* follows the families of two sons from a proud lineage of rabbis and cantors in a shtetl near Odessa in western Russia.

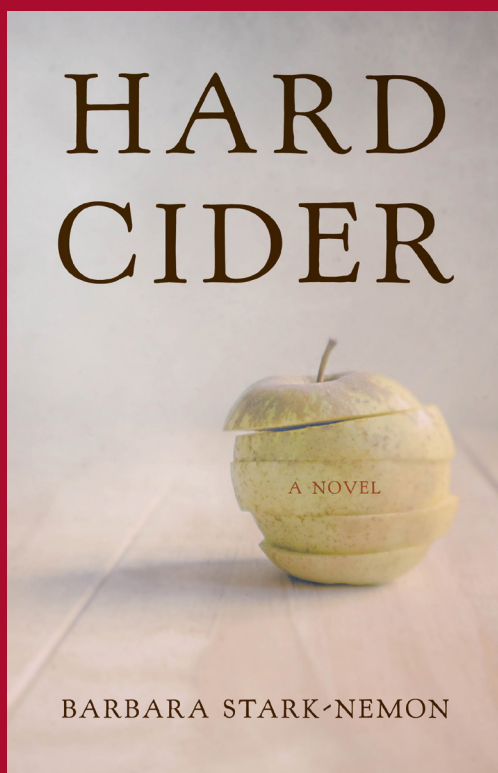
It begins as Henya, wife of Rabbi Mendel Kolopsky, considers an unexpected pregnancy and the hardships ahead for the children she already has. Soon after the child is born, Cossacks ransack the Kolopskys' home, severely beating Mendel. In the aftermath, he tells Henya that, contrary to his brother Shimshon's belief that socialism is their ticket to escaping the region's brutal anti-Semitic pogroms, he still believes America holds the answer. Henya, meanwhile, understands that any future will be perilous: she now knows their baby daughter, who has slept through this night of melee, is deaf.

So begins a beautifully told story that unfolds over decades of the twentieth century—a story in which two families, joined in tradition and parted during persecution, will remain bound by their fateful decision to leave Odessa.

## ABOUT THE AUTHOR:

Barbara Artson is a retired psychoanalyst who calls San Francisco her home. She regularly contributes essays and reviews of films and books to professional journals. In addition to a PhD in psychology, she holds BA and MA degrees in English literature, and taught Shakespeare as a graduate student while also completing the unfinished Dickens novel *The Mystery of Edwin Drood*, years before the musical production on Broadway. Like Dora in *Odessa, Odessa*, Artson's mother stitched elastic to the waistbands of women's bloomers. Visit her at [www.barbaraartsonauthor.com](http://www.barbaraartsonauthor.com).

**SEPTEMBER 2018**



**Publication Date: September 18, 2018**

**Collections: Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-475-2**

**E-ISBN: 978-1-63152-476-9**

# **HARD CIDER**

**A NOVEL**

**BARBARA STARK-NEMON**

## **DESCRIPTION:**

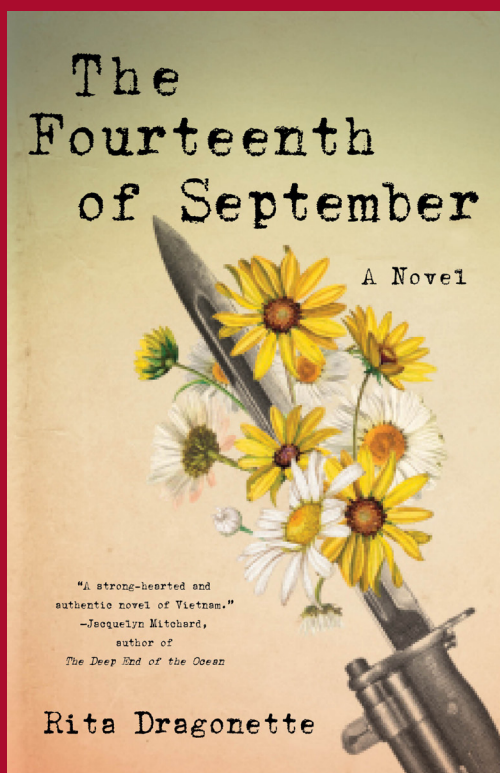
Abbie Rose Stone's acquired wisdom runs deep, and so do her scars. She has successfully navigated the shoals of a long marriage, infertility, challenging children, and a career. Now it's her turn to realize her dream: producing hard apple cider along the northern shores of Lake Michigan that she loves. She manages to resist new versions of the old pull of family dynamics that threaten to derail her plan—but nothing can protect her from the shock a lovely young stranger delivers when she exposes a long-held secret. In the wake of this revelation, Abbie must overcome circumstances that severely test her self-determination, her loyalties, and her understanding of what constitutes true family.

## **ABOUT THE AUTHOR:**

Barbara Stark-Nemon, author of the award-winning novel *Even in Darkness*, lives, writes, cycles, swims, and gardens in Ann Arbor and Northport, Michigan. Degrees in English literature, art history, and speech-language pathology from the University of Michigan led to a career as a teacher and speech therapist working with deaf children. Stark-Nemon writes novels, short stories, essays, and articles.



SEPTEMBER 2018



Publication Date: September 18, 2018

Collections: Fiction

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-453-0

E-ISBN: 978-1-63152-462-2

**"Rita Dragonette's debut novel gracefully and magnificently arcs the full distance between the deeply personal and the global. In its depiction of a seminal point in the history of our country—the deep divide over the Vietnam War that provided the backdrop for the seismic shift at the end of 1960s—her story paints a sharp portrayal of a place and time, while artfully tackling questions of universal significance: At what point must we find our own voice and speak up?"**

—Barbara Monier, author of *You, In Your Green Shirt* and *A Little Birdie Told Me*

# THE FOURTEENTH OF SEPTEMBER

A NOVEL

RITA DRAGONETTE

## DESCRIPTION:

On September 14, 1969, Private First Class Judy Talton celebrates her nineteenth birthday by secretly joining the campus anti-Vietnam War movement. In doing so, she jeopardizes both the army scholarship that will secure her future and her relationship with her military family. But Judy's doubts have escalated with the travesties of the war. Who is she if she stays in the army? What is she if she leaves?

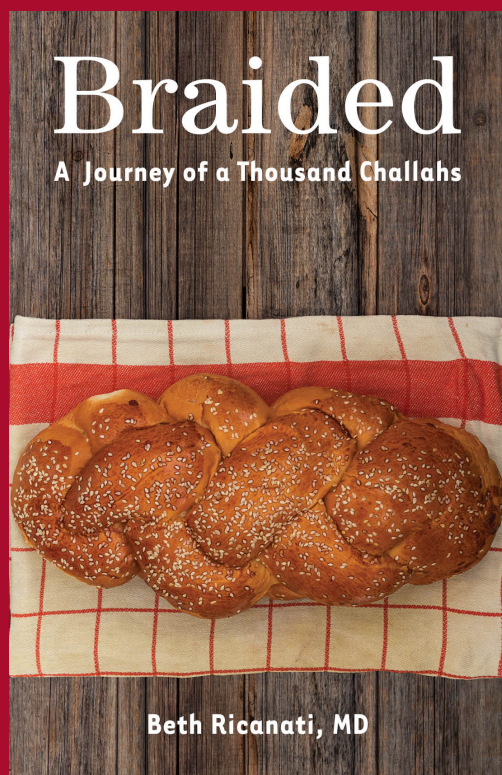
When the first date pulled in the Draft Lottery turns up as her birthday, she realizes that if she were a man, she'd have been Number One—off to Vietnam with an under-fire life expectancy of six seconds. The stakes become clear, propelling her toward a life-altering choice as fateful as that of any draftee.

*The Fourteenth of September* portrays a pivotal time at the peak of the Vietnam War through the rare perspective of a young woman, tracing her path of self-discovery and a "Coming of Conscience." Judy's story speaks to the poignant clash of young adulthood, early feminism, and war, offering an ageless inquiry into the domestic politics of protest when the world stops making sense.

## ABOUT THE AUTHOR:

Rita Dragonette is a writer who, after spending nearly thirty years telling the stories of others as an award-winning public relations executive, has returned to her original creative path. *The Fourteenth of September*, her debut novel, is based upon personal experiences on campus during the Vietnam War, and she is currently at work on her next two books: a World War II novel based upon her interest in the impact of war on and through women, and a memoir in essays. Dragonette lives and writes in Chicago, where she also hosts literary salons to showcase authors and their new books to avid readers.

**SEPTEMBER 2018**



**Publication Date: September 18, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-441-7**

**E-ISBN: 978-1-63152-442-4**

**“Beth Ricanati has written a unique book: part recipe, part health, with a whole lot of soul. Reading her book is like making a new friend—you feel transported to her California kitchen, sharing her life’s journey and prescription for being present with one hand while kneading challah dough with the other. A yummy, cozy, and inspiring read.”**

**—Lori Palatnik, author, media personality,  
and founding director of The Jewish Women’s  
Renaissance Project**

# **BRAIDED**

**A JOURNEY OF A THOUSAND CHALLAHS**

**BETH RICANATI, MD**

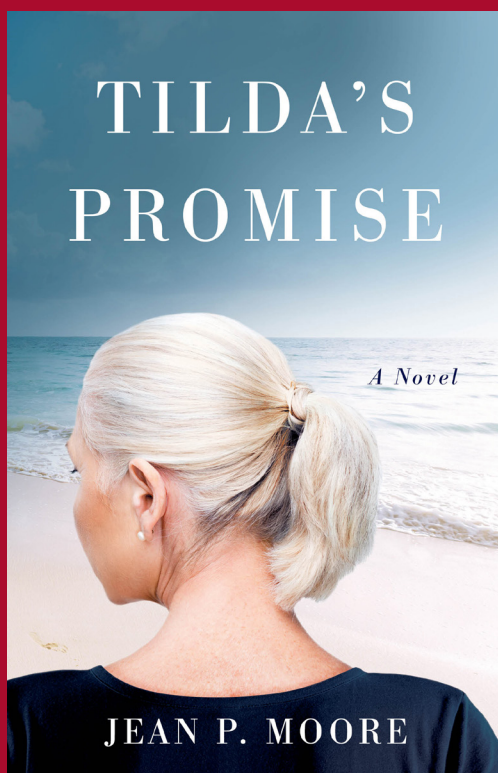
## **DESCRIPTION:**

What if you could bake bread once a week, every week? What if the smell of fresh bread could turn your house into a home? And what if the act of making the bread—mixing and kneading, watching and waiting—could heal your heartache and your emptiness, your sense of being overwhelmed? It can. This is the surprise that physician-mother Beth Ricanati learned when she started baking challah: that simply stopping and baking bread was the best medicine she could prescribe for women in a fast-paced world.

## **ABOUT THE AUTHOR:**

Beth Ricanati, MD, is a physician-mother who has built her career around bringing wellness into women’s everyday lives, especially busy moms juggling life and children. She received her undergraduate degree from the University of Pennsylvania and her MD from Case Western Reserve University; she completed her internal medicine residency at Columbia Presbyterian in NYC. She has practiced at the NY-Presbyterian/Columbia University Medical Center and the Cleveland Clinic. In addition, her writings have appeared in peer-reviewed medical journals and many lifestyle blogs. Ricanati lives in the Los Angeles area with her family and one challah-loving dog.

**SEPTEMBER 2018**



**Publication Date: September 25, 2018**

**Collections: Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-477-6**

**E-ISBN: 978-1-63152-478-3**

# **TILDA'S PROMISE**

**A NOVEL**

**JEAN P. MOORE**

## **DESCRIPTION:**

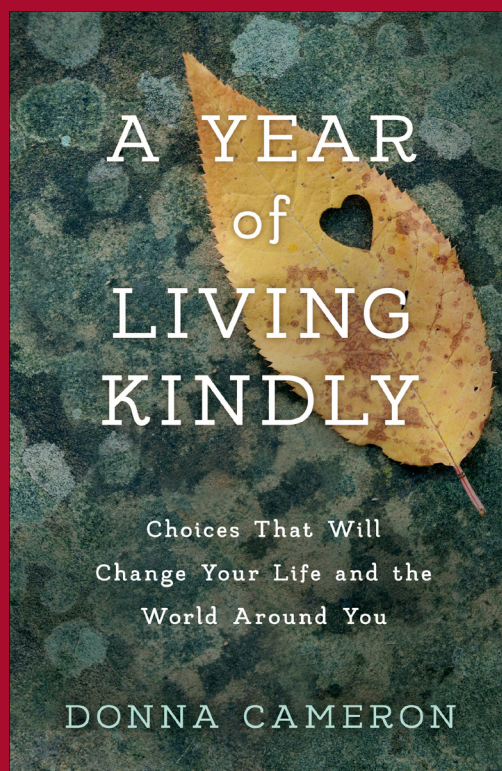
Amidst all the characters in this heartfelt novel of loss, love, and potential new beginnings, the two who grieve hardest have the most to discover. Tilda Carr has lost the love of her life—her husband, Harold—after forty years of marriage, while her granddaughter and namesake, Tilly, has lost her grandfather and best friend. Together they will embark on a journey of discovery in this intergenerational story of friends, family, and lovers—and discover that there is always potential for new beginnings.

## **ABOUT THE AUTHOR:**

Jean P. Moore was born in Brooklyn, New York, and grew up in Miami, Florida. She began her professional career as a high school teacher and went on to work for a number of years as an executive director of workforce development. Jean has since returned to her first loves: the study of literature and writing. Her novel *Water on the Moon* was published in June 2014 and was the winner of the 2015 Independent Publisher Book Award for contemporary fiction. Her work has appeared in newspapers, magazines, and literary journals such as *up street*, *SN Review*, *Adanna*, *The Timberline Review*, *Angels Flight Literary West*, *Fiction Southeast*, *Distillery*, *Skirt*, *Slow Trains*, *Long Island Woman*, the *Hartford Courant*, *Greenwich Time*, and the *Philadelphia Inquirer*. Her memoir piece “Finding Charles” appears in *Persimmon Tree*. Several of her anthologized poems can be read in *Women’s Voices of the 21st Century* (2014). Her poetry chapbook, *Time’s Tyranny*, was published in the fall of 2017 by Finishing Line Press.



SEPTEMBER 2018



Publication Date: September 25, 2018

Collections: Self-Help

Price: \$16.95 paperback / \$9.95 ebook  
5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-479-0

E-ISBN: 978-1-63152-480-6

"This book will absolutely light your heart on fire for kindness! In *A Year of Living Kindly*, Donna Cameron encourages us to suspend our spectator status and fully embrace what's happening around us. Through collected research and her own wise observations, she generously shows us how to lead fuller lives through kindness."

—Nicole J Phillips, author of *Kindness is Contagious* and host of *The Kindness Podcast*

# A YEAR OF LIVING KINDLY

CHOICES THAT WILL CHANGE YOUR LIFE AND THE WORLD AROUND YOU

DONNA CAMERON

## DESCRIPTION:

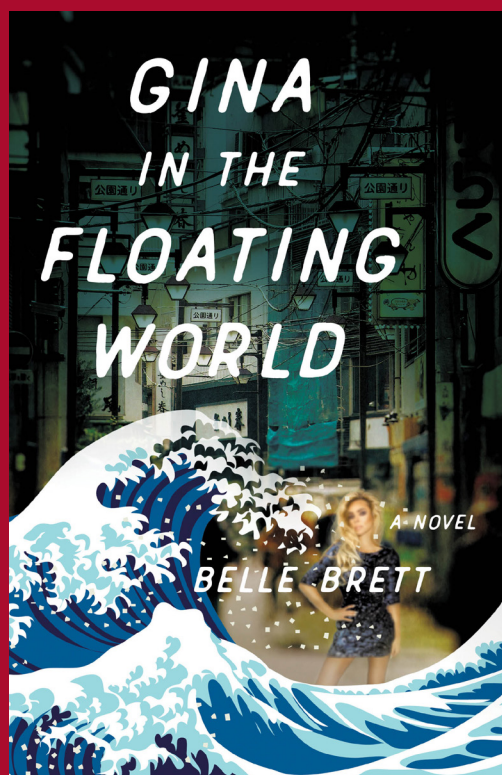
Being kind is something most of us do when it's easy and when it suits us. Being kind when we don't feel like it, or when all of our buttons are being pushed, is hard. But that's also when it's most needed; that's when it can defuse anger and even violence, when it can restore civility in our personal and virtual interactions. Kindness has the power to profoundly change our relationships with other people and with ourselves. It can, in fact, change the world.

In *A Year of Living Kindly*—using stories, observation, humor, and summaries of expert research—Donna Cameron shares her experience committing to 365 days of practicing kindness. She presents compelling research into the myriad benefits of kindness, including health, wealth, longevity, improved relationships, and personal and business success. She explores what a kind life entails, and what gets in the way of it. And she provides practical and experiential suggestions for how each of us can strengthen our kindness muscle so choosing a life of kindness becomes ever easier and more natural. An inspiring, practical guide that can help any reader make a commitment to kindness, *A Year of Living Kindly* shines a light on how we can create a better, safer, and more just world—and how you can be part of that transformation.

## ABOUT THE AUTHOR:

Donna Cameron has spent her career working with nonprofit organizations and causes—as an executive, consultant, trainer, and volunteer. She has seen kindness in action and been awed by its power to transform. When she committed to a year of living kindly she considered herself a reasonably nice person (with occasional lapses into bitchiness), but she knew that true kindness was a step above—and over the course of that year, she learned that it takes practice, patience, and understanding . . . not to mention a sense of humor. The recipient of multiple writing awards, Cameron has published numerous articles and, in 2011, coauthored (with Kristen Leathers) *One Hill, Many Voices: Stories of Hope and Healing*. Raised in the San Francisco Bay Area, Donna now lives in a suburb of Seattle with her husband.

SEPTEMBER 2018



Publication Date: September 25, 2018

Collections: Fiction

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-407-3

E-ISBN: 978-1-63152-408-0

"In this erotic thriller, Gina, a midwestern innocent, fights temptation as she falls into the underbelly of Tokyo's nightlife, where a stew of high culture, quick money, love, and lust threatens to drown her, leaving the reader hot to know what happens next."

—E.B. Moore, author of *Stones in the Road* and *An Unseemly Wife*

"In this unique coming-of-age story set in 1981, Dorothy, a good midwestern girl, plans to attend Wharton but finds herself working as a hostess named Gina in Tokyo to pay the bills."

—Stephanie Gayle, author of *Idyll Threats* and *Idyll Fears*

# GINA IN THE FLOATING WORLD

A NOVEL

BELLE BRETT

## DESCRIPTION:

A bank internship in Japan's booming 1981 economy is supposed to be twenty-three-year-old Dorothy Falwell's ticket into a prestigious international MBA program. But the internship is unpaid—so, to make ends meet, she accepts an evening job as a hostess in a rundown suburban bar, a far cry from the sensuous woodblock prints she's seen of old Tokyo's "floating world."

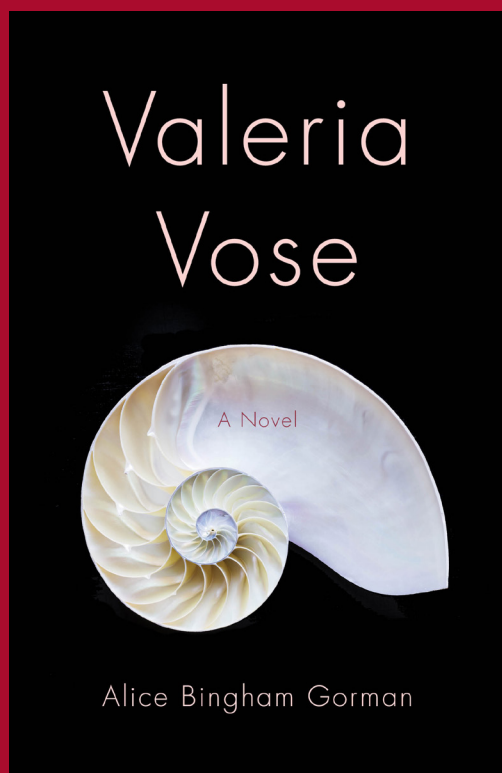
Like her namesake, Dorothy hasn't planned on the detours she encounters in her own twisted version of Oz. Renamed Gina by her boss, she struggles with nightly indignities from customers and confusing advice from new friends. Then her internship crumbles and the suave but mysterious Mr. Tambuki offers help. How can she resist?

With patience and the utmost respect for her opinions, Mr. Tambuki lures her into his exotic world of unorthodox Zen instruction, erotic art, and high-octane sex. Soon, bizarre sexual escapades with monks, salarymen, and gangsters begin to feel normal—until one of her clients goes too far and Dorothy realizes she's in over her head. But can she find her way back from this point of no return?

## ABOUT THE AUTHOR:

Belle Brett is a graduate of Grub Street's intensive Novel Incubator program. After a career in education as a teacher, career counselor, and evaluator of educational programs, she is now an artist and a writer, contributing to her own and others' blogs and writing fiction that deals with coming of age across the life span. She holds a doctorate of education in human development and psychology from Harvard University. A lifelong traveler, in her twenties Belle served as a bar hostess in a working-class Tokyo suburb after a six-month trip across Asia. She now lives with her photographer husband in Somerville, Massachusetts. *Gina in the Floating World* is her first novel.

**OCTOBER 2018**



**Publication Date: October 2, 2018**

**Collections: Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-409-7**

**E-ISBN: 978-1-63152-410-3**

“Here is that rare jewel—a spell-binding literary pageturner. It’s hard not to love its desperate and fascinating heroine—Mallie, Memphis mother, ex-belle, and artist—caught at a point of extreme crisis. You literally can’t put this book down, from the surprise revelation of Mallie’s husband’s repeated infidelity through her priest’s sexual exploitation during counseling sessions. Mallie’s determined search for her own spiritual self and her authentic identity is a winding trail that leads her into the past and back again, a rejuvenation through honesty and art.”

—Lee Smith, author of *Dimestore: A Writer’s Life*

# **VALERIA VOSE**

**A NOVEL**

**ALICE BINGHAM GORMAN**

## **DESCRIPTION:**

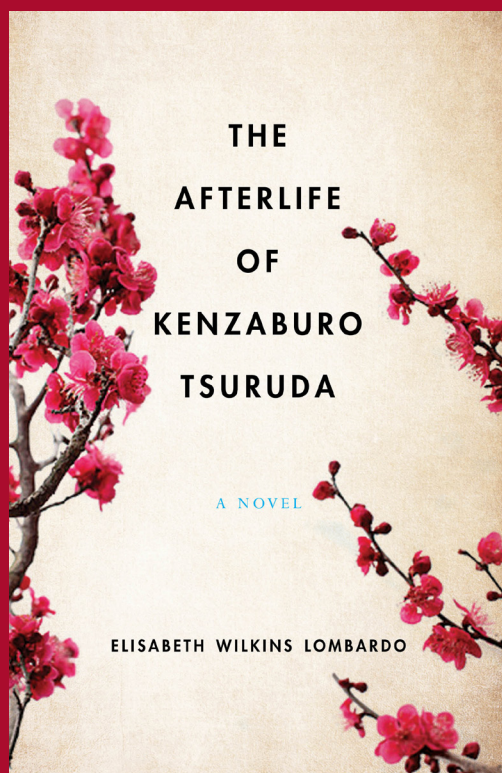
*Valeria Vose* takes a reader deep inside the cultural and emotional life of a 1970s southern woman. Privileged, approaching age forty, Mallie Malcolm’s “perfect” life is shattered. Determined to survive, she’s forced to confront all preconceived values and expectations in order to find a path toward creative, spiritual independence and her true identity.

## **ABOUT THE AUTHOR:**

Alice Bingham Gorman is a writer of fiction, nonfiction, and poetry. She earned an MFA in Writing from Spalding University in 2005 and received an Honorary PhD in Fine Arts from the Memphis College of Art in 2001. Her writing has been published in *Vogue*, *O*, the *Oprah Magazine*, *O’s Little Book of Love and Friendship*, *The Louisville Review*, and countless regional periodicals and art publications. Born and raised in Memphis, Tennessee, she now divides her time between Maine and Florida. *Valeria Vose* is her first novel.



OCTOBER 2018



Publication Date: October 2, 2018

Collections: Fiction

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-481-3

E-ISBN: 978-1-63152-482-0

"With exquisite prose, an artist's eye, and firsthand knowledge of Japanese culture, Elisabeth Wilkins Lombardo has created a masterful, memorable first novel centered on the journeys and discoveries of Kenzaburo Tsuruda, a man astounded to find himself both dead yet very much alive in the afterlife he never believed in. Her masterful prose and deft timing keep both Kenzaburo and the reader guessing the truth right up to the last page."

—Suzanne Strempek Shea, author of *Sundays in America*, *Selling the Lite of Heaven*, and *Shelf Life*

# THE AFTERLIFE OF KENZABURO TSURUDA

A NOVEL

ELISABETH WILKINS LOMBARDO

## DESCRIPTION:

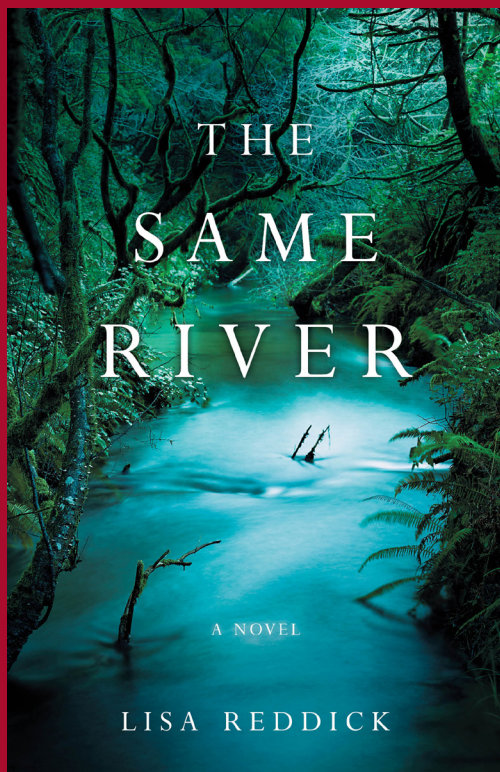
As he stumbles through an afterlife he never believed in, scientist Kenzaburo Tsuruda must make sense of his life and confront his family's secrets in order to save his ancestors from becoming Hungry Ghosts—a Buddhist state of purgatory. Meanwhile, his daughter, wife, and sister-in-law struggle with their own loss and take turns sharing their point of view to gradually reveal their family's shameful history—including when, during WWII, Kenzaburo sent his wife, Satsuki, to live with family near Hiroshima, where her rape by his brother resulted in the birth of their only child, Haruna.

Spanning the years during WWII and its horrific ending after the dropping of the atomic bomb on Hiroshima up to Emperor Hirohito's death in 1989, *The Afterlife of Kenzaburo Tsuruda* paints a beautiful and haunting portrait of ancient and modern Japan as seen through the eyes of one family as they reconcile loss, shame, honor, death, and, finally, redemption.

## ABOUT THE AUTHOR:

Elisabeth Wilkins Lombardo was awarded the 2009 PEN/New England Fiction Discovery Prize for the unpublished manuscript of her novel, *Obon*. She went to Japan as an exchange student in college and stayed for ten more years, traveling extensively throughout Asia from her home in Kobe, Japan, where she worked as a radio and TV personality, teacher, and writer. Her prize-winning essay about the Great Hanshin Earthquake, "After the Quake," was translated into Japanese and subsequently published in an anthology of the same name. Her stories have been published in *The Japan Times*, *The Daily Yomiuri*, *Mothering*, *Motherhood* (Singapore), and *Kansai Timeout*. Elisabeth received her MFA from the Stonecoast Creative Writing Program in 2005. At the time of her death in 2015, Wilkins Lombardo was the editor of *Empowering Parents*, an award-winning online parenting magazine with a growing international readership of more than 500,000. She lived in Cape Elizabeth, Maine with her husband and son.

**OCTOBER 2018**



**Publication Date: October 9, 2018**

**Collections: Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-483-7**

**E-ISBN: 978-1-63152-484-4**

# **THE SAME RIVER**

**A NOVEL**

**LISA REDDICK**

## **DESCRIPTION:**

Ever since a childhood tragedy bonded Jessica Jensen to Oregon's mighty Nesika River, she has seen herself as its guardian. Now a courageous field biologist, Jess has just finished gathering scientific evidence that could bring about the dismantling of the massive hydro dam that threatens to destroy her river. But then Jess discovers that her boss is suppressing her scientific evidence—and as she digs deeper into the reason for her boss's actions, she learns that the dam's fate is at the mercy of a dark and far-reaching government and corporate conspiracy. Even worse, her live-in boyfriend, Jeff, who is supposedly on her side, may not be the man she thought he was.

As Jess's life spirals out of control, she mysteriously starts to make contact with Piaah, a Native American Molalla woman who lived on the riverbanks of the Nesika 200 years before Jess. Piaah, too, faces a terrible threat that could destroy all that's left of her world. As the veil between their two worlds begins to lift, each woman learns important lessons from the other about how to love and rekindle their faith in the future, even in the face of tragic loss and uncertainty.

## **ABOUT THE AUTHOR:**

Lisa M. Reddick has lived in, loved, and written about the Pacific Northwest for most of her life. After completing her PhD in ecopsychology, she went on to design and facilitate an MA program for Antioch University Seattle. She currently lives in Edmonds, Washington, with her husband and two fabulous Australian shepherds.

OCTOBER 2018

# Chuckerman Makes a Movie



FRANCIE ARENSON DICKMAN

Publication Date: October 9, 2018

Collections: Fiction

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-485-1

E-ISBN: 978-1-63152-486-8

*"Chuckerman Makes a Movie is an endearing, comic novel full of love and family dysfunction. Its characters are so alive they might as well, for better or worse, be standing in your living room. By interweaving Chuckerman's screenplay with his life, Francie Arenson Dickman cleverly blends the past with the present and coming of age with romantic comedy. The result is a truly original debut novel—a story that is multi-layered, multi-generational and downright hysterical. You'll laugh, you'll cry, you'll never want to leave your front-row seat as the delightful drama unfolds."*

—Dylan Massin, television director and producer of NBC's *Parenthood*

# CHUCKERMAN MAKES A MOVIE

A NOVEL

FRANCIE ARENSON DICKMAN

## DESCRIPTION:

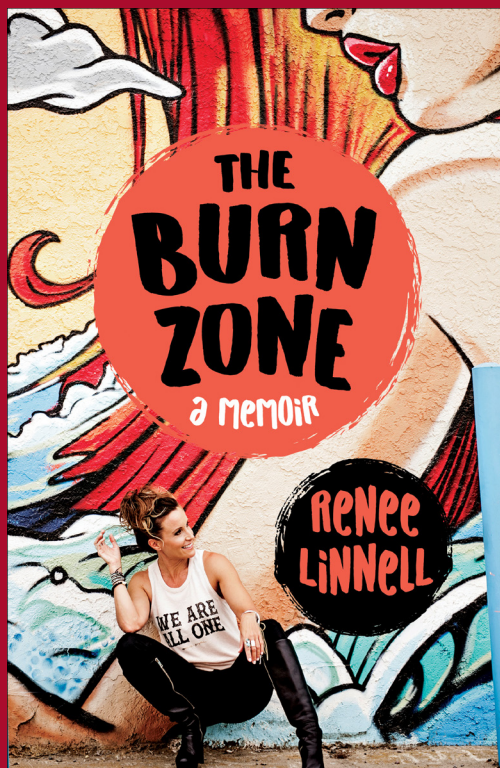
When thirty-five-year-old celebrity branding guru David Melman's niece and nephew inform him that he's hit "rock bottom," he realizes that some personal change—and growing up—might be in order. So when his sister Marcy, with her own ulterior motive, pushes him to take a film-writing class taught by her friend Laurel—dubbed "The Mormon Rodeo" by David's brother-in-law—he agrees. Once he's in the class, Laurel, in turn, pushes him to write a movie about the 1977 Cadillac he inherited from his grandfather, the relic of a pivotal Christmas vacation that ten-year-old David and his family spent in Miami Beach with his grandparents and dozens of other Jewish snow-birds. Unexpectedly, David, the Jewish man-child, begins to fall both for Laurel, a sexy Mormon with her own family issues, as well as the film she forces him to write, and for a time, their relationship—along with David's script—progresses. But eventually decisions that Laurel must make force David to make his own decisions about their relationship. And as he struggles, he begins to see how the movie he's writing about his past sheds light on the movie that is his real—not reel—life.

## ABOUT THE AUTHOR:

Francie Arenson Dickman has been using her family as the source of writing material her whole life. Her personal essays have appeared in publications such as *The Chicago Tribune*, *Huffington Post*, *Today Parents*, *Motherwell Magazine*, and *Brain, Child Magazine*, among others. She lives in the same suburb of Chicago in which she grew up, with her husband, twin daughters, and dog, Pickles. She received her BA from the University of Michigan and her JD from The George Washington University School of Law.



OCTOBER 2018



Publication Date: October 9, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-487-5

E-ISBN: 978-1-63152-488-2

"I found myself utterly spellbound by Linnell's story, which weaves us weaving us courageously through her experience with the ugly side of spiritual leaders gone bad. A must-read for anybody who has put their heart in the hands of another for spiritual growth"

—Madisyn Taylor, best-selling author of *Unmedicated: The Four Pillars of Natural Wellness*

"So honest and real . . . Linnell's ability to embrace her whole self, imperfections and all, is a great teacher for all of us."

—Meredith Rom, author of *Just Be: A Search for Self-Love in India*

# THE BURN ZONE

A MEMOIR

RENEE LINNELL

## DESCRIPTION:

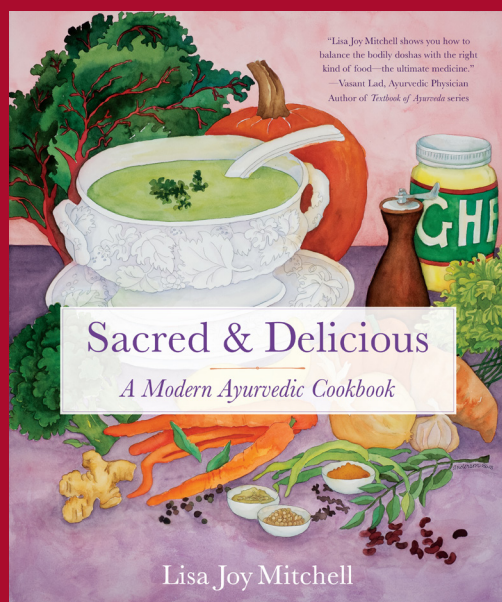
After seven years of faithfully following her spiritual teacher, Renee Linnell finally realized she was in a cult and had been severely brainwashed. Which didn't make sense. She had graduated magna cum laude with a double degree. She had traveled to nearly fifty countries alone before she turned thirty-five. She was a surf model and a professional Argentine tango dancer. She had started five different companies and had an MBA from NYU. How could someone like her end up brainwashed and in a cult?

*The Burn Zone* is an exploration of how we give up our power—how what started out as a need to heal from the loss of her parents and to understand the big questions in life could leave a young woman fighting for her sanity and her sense of self. In the years following her departure from the cult, Linnell struggled to reclaim herself. To stand in her truth, and to have the strength to build a life again. And eventually, after battling depression and isolation, she found a way to rebuild a new life and to be stronger than ever. Part inspirational story, part cautionary tale, this is a memoir for spiritual seekers and those who feel lost in a world that makes them feel less than perfect.

## ABOUT THE AUTHOR:

Renee Linnell is a serial entrepreneur who has founded or cofounded five companies and has an MBA from New York University; before that she was a model and professional dancer. Currently she is working on starting a publishing company to give people from diverse walks of life an opportunity to tell their stories. Linnell divides her time between Colorado and Southern California.

OCTOBER 2018



Publication Date: October 16, 2018

Collections: Cookbooks

Price: \$28.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-347-2

E-ISBN: 978-1-63152-348-9

**“In *Sacred & Delicious*, Mitchell shows you how to balance the bodily doshas through the right kind of food. Because proper food is the ultimate medicine, once you balance these three doshas, the inner healing of body, mind, and soul unfolds.”**

**—Vasant Lad, BAMS, MASc, Ayurvedic physician and author of *Ayurveda: Science of Self-Healing* and the Textbook of Ayurveda series**

**“Wow! That’s what I say every time I eat one of Lisa Mitchell’s amazing dishes. Such pure, delicious food, so delicately spiced to perfection. *Sacred & Delicious* is an essential book for anyone who wants to reclaim vibrant health.”**

**—Smita Naram, Ayurvedic physician, chairwoman of Ayushakti Group, and author of *Your Health in Your Hands***

# SACRED & DELICIOUS

A MODERN AYURVEDIC COOKBOOK

LISA JOY MITCHELL

## DESCRIPTION:

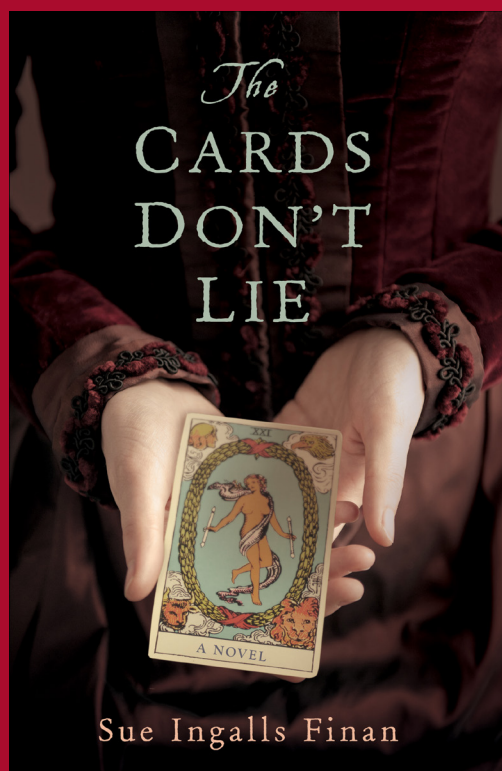
Interest in Ayurvedic cooking has exploded over the past two decades, with Deepak Chopra and other respected teachers popularizing India’s ancient wellness system across North America, Europe, and Australia. *Sacred & Delicious* is a food memoir, a primer on India’s traditional dietary approach to wellness, and a glorious cookbook—with 125 enticing gluten-free and vegetarian recipes (most with vegan options) and more than 30 full-page four-color photos. This book celebrates the healing power of food and spices, embodying ancient Ayurvedic wisdom while appealing to a modern American palate and dietary needs. With this book in hand, readers can sustain or regain their health and vitality . . . deliciously!

## ABOUT THE AUTHOR:

Lisa Joy Mitchell, a busy public relations consultant, was drawn to study Ayurvedic cooking in 1998, when chronic health problems began taking center stage in her fast-paced life. On her road to wellness, Mitchell changed her diet and began an informal study with Ayurvedic physicians Dr. Vasant Lad, Ed Danaher, and Dr. Alpana Bhatt in the US and Dr. Smita Naram in India.

Mitchell is now a wellness mentor and cooking instructor based in Raleigh, North Carolina. She often works in partnership with her husband, Tom Mitchell, a chiropractic physician who practices Ayurvedic pulse assessment and herbal medicine. During the past decade, Mitchell has cooked for hundreds of participants in Ayurvedic clinics and meditation courses.

**OCTOBER 2018**



**Publication Date: October 9, 2018**

**Collections: Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-451-6**

**E-ISBN: 978-1-63152-452-3**

**"Three strong female protagonists give fresh perspectives on a culture unique to New Orleans during the imminent British assault. Love, loss, and class anxieties mingle with war and triumphant resilience. A vibrant and engaging story!"**

**—Tom Mitchell, PhD, author of the Winning Spirit series**

# **THE CARDS DON'T LIE**

**A NOVEL**

**SUE INGALLS FINAN**

## **DESCRIPTION:**

1814: It's the third year of the United States second War of Independence. The British are on the verge of capturing the strategically important port of New Orleans. In the midst of the Americans' chaotic preparations for battle, three women play key roles in the defense of the city: Catherine, a free woman of color, voodoo priestess, and noted healer personally summoned by General Andrew Jackson; Marguerite, a pampered Creole plantation mistress prone to out-of-body experiences; and Millie, a plucky, patriotic prostitute inspired by her pirate lover to serve in the most dangerous capacity of all. These three women's lives and fates become intertwined as they join forces to defend their country.

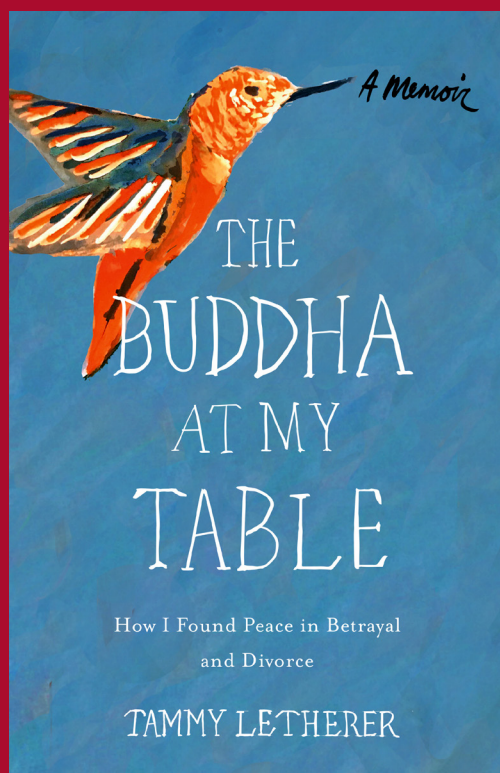
Inspired by the contributions of real-life women during the Battle of New Orleans, *The Cards Don't Lie* is a story of love, rebellion, intimacy, betrayal, and heroism in the face of terror and barbaric brutality.

## **ABOUT THE AUTHOR:**

Sue Ingalls Finan is a graduate of University of Illinois Urbana-Champaign and Loyola University Chicago. She has taught creative writing and American history in Chicago, IL, Pittsburgh, PA, and Sonoma County, CA, and her stories have appeared in textbooks, anthologies, magazines, and newspapers. Now living in Sonoma County with her husband, Jim, she writes for her local newspaper and volunteers at hospitals and libraries with Duffy, her Irish wolfhound therapy dog.



OCTOBER 2018



**Publication Date: October 16, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-425-7**

**E-ISBN: 978-1-63152-426-4**

**"Readers will be captivated by the bold storytelling and colorful expression in Tammy Letherer's memoir, *The Buddha at My Table*. . . The honesty, humor, and inspiration in Letherer's story make it a must-read."**

**—Betty Hafner, author of *Not Exactly Love: A Memoir***

# THE BUDDHA AT MY TABLE

HOW I FOUND PEACE IN BETRAYAL AND DIVORCE  
A MEMOIR

**TAMMY LETHERER**

## DESCRIPTION:

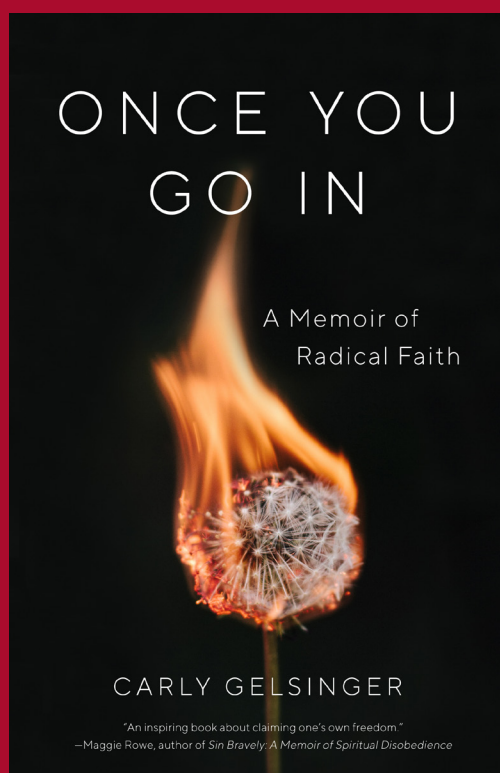
It was a Tuesday night just before Christmas when Tammy Letherer's husband of twelve years asked her to join him at the table, where he sat with a piece of paper and two fingers of scotch in front of him. He had three things to say: 1) He'd had an affair shortly after their wedding; 2) He'd been using escorts on business trips; 3) He was leaving her for someone he'd spent one day with in Las Vegas. Then her best friend, now a stranger, walked out the door, leaving her on the floor and their three children in their beds.

In *The Buddha at My Table*, Letherer describes—in honest, sometimes painful detail—the dismantling of a marriage that encompasses the ordinary and the surreal, including the night she finds a silent, smiling Thai monk sitting at her dining room table. It's this unexpected visitation, this personification of peace, that sticks with her as she listens to her husband say hurtful, shocking things—that he never loved her, he doesn't believe in monogamy, and he wants to "wrap things up" with her in four weeks—and allows her to find the blessing in his betrayal. Ultimately, it's when she realizes that she is participating in her life, not at its mercy, that she discovers the path to freedom.

## ABOUT THE AUTHOR:

Tammy Letherer is a writing coach, blogger, and author of the novel *Hello Loved Ones*. She lives in Chicago with her three children and enjoys yoga, swing dancing, reading a good novel, Earl Grey tea, and spending time outdoors. Read her blogs about creativity, spirituality, and the writing life on the *Huffington Post* or visit her at [TammyLetherer.com](http://TammyLetherer.com).

**OCTOBER 2018**



**Publication Date: October 16, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-429-5**

**E-ISBN: 978-1-63152-430-1**

**"A deeply moving, searingly honest memoir of a young woman's emergence from a radical Pentecostal sect.**

**Gelsinger tells her tale without animosity or self-pity, but with kindness and grace. We travel with her as she leaves behind the exacting God of her childhood and begins to see glimpses of a Spirit that animates all that is around her. An inspiring book about claiming one's own freedom and finding the 'revival' within."**

**—Maggie Rowe, author of *Sin Bravely***

# **ONCE YOU GO IN**

**A MEMOIR OF RADICAL FAITH**

**CARLY GELSINGER**

## **DESCRIPTION:**

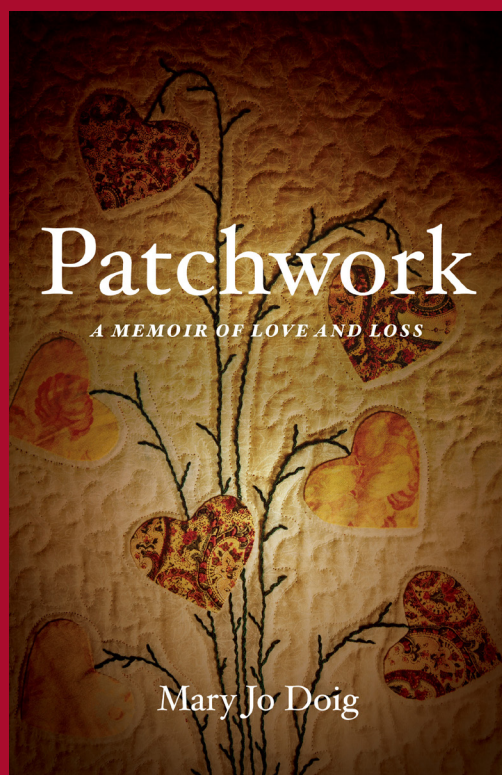
Carly Gelsinger is an awkward and lonely thirteen-year-old when she stumbles into Pine Canyon Assemblies of God, the cracked stucco church on the outskirts of her remote small town. She assimilates, despite her apprehensions, because she is desperate to belong. Soon, she is on fire for God. She speaks in tongues, slays demons, and follows her abusive pastor's every word—and it's not until her life is burnt to the ground that she finds the courage to leave.

Raw and illuminating, *Once You Go In* is a coming-of-age story about the beauty and danger of absolute faith, and the stories people tell themselves to avoid their deepest fears.

## **ABOUT THE AUTHOR:**

Carly Gelsinger lives in California with her husband and two daughters. She holds a master's in journalism and runs a small business helping people write their stories. This is her first book.

**OCTOBER 2018**



**Publication Date: October 23, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-449-3**

**E-ISBN: 978-1-63152-450-9**

# **PATCHWORK**

**A MEMOIR OF LOVE AND LOSS**

**MARY JO DOIG**

## **DESCRIPTION:**

A wife and mother of a grown son and two teen daughters, a woman enjoying her career and life, Mary Jo Doig wants nothing more from life than to live out her days embraced by the deep roots of family, friends, and her community. Tightly wrapped in a lifelong protective cocoon, she has no idea how wounded she is—until, on one starless night following the death of a relative, she has a flashback that opens a dark passageway back to her childhood and the horrific secrets buried deep inside her psyche.

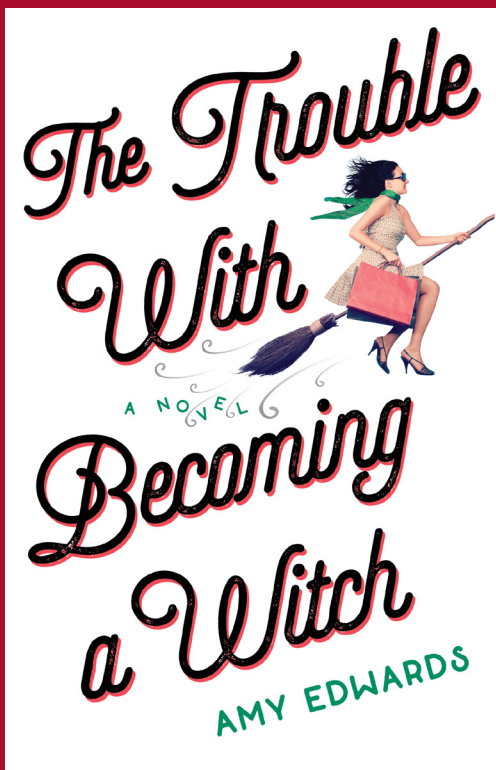
Part mystery and part inspirational memoir, *Patchwork* is the riveting story of one woman who strived to live a life full of love, only to endure tragedies with two of her children and struggles in her marriages—the consequences of a mysterious, lifelong behavior unnoticed by her family or teachers. Like a needle stitching together a quilt, the memories Doig recovers following her first flashback show her why her early years were threaded with a need to be invisible, as well as core beliefs that she was stupid, not good enough, and vastly different from her peers. Shattered by these revelations, overcome by depression, hopelessness, and a loss of trust in others, Doig embarks on a healing journey through the underground of her life that ultimately leads to transformation.

## **ABOUT THE AUTHOR:**

Mary Jo Doig, for nearly twenty years, has been an editor, a women's writing circle facilitator, and life-writing enthusiast working extensively with women writing their life stories while writing her own memoir. Her stories have appeared in anthologies and periodicals, and on her blog, *Musings from a Patchwork Quilt Life* ([maryjod.wordpress.com](http://maryjod.wordpress.com)), Facebook, and Twitter. Her hobbies include reading, writing, gardening, cooking, quilting, hiking, and sweet time with family, friends, and pets in the gorgeous Blue Ridge Mountains.



**OCTOBER 2018**



**Publication Date: October 30, 2018**

**Collections: Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-405-9**

**E-ISBN: 978-1-63152-406-6**

# **THE TROUBLE WITH BECOMING A WITCH**

**A NOVEL**

**AMY EDWARDS**

## **DESCRIPTION:**

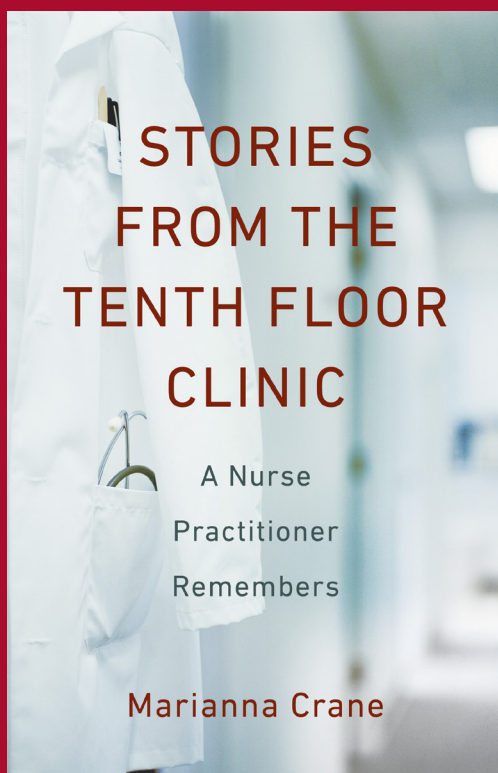
Veronica thinks she's happy. But with fight after fight, night after night, she knows that something isn't right anymore. Then her husband busts her researching witchcraft—and her picturesque suburban life is turned upside down. As her marriage falls apart, she knows that for her own sake and for the sake of her small daughter, something has to change.

*The Trouble With Becoming a Witch* is about what happens when a woman decides to stop living the life everyone has told her she is supposed to lead and starts living a life true to her desires. But seizing your own magic isn't easy—and as Veronica's marriage spirals downward, she's forced to look deeply into who she wants to become. Is risking the security of life as she knows it worth becoming the witch—and woman—she knows she truly is?

## **ABOUT THE AUTHOR:**

Amy Edwards is a musician, writer, motivational performer, actress, podcast host, and DJ, as well as a mom to two girls and two dogs. She juggles all this with her husband, Kevin, from their home base in Austin, Texas. Together, they are the authors of a children's book, *Starla and the Boogie Deluxe* (Archway, 2018). Amy's other writing work includes her Rock Your Life series (2018), articles on her website, RYmagazine.com, and freelance writing. Learn more at [www.realamyedwards.com](http://www.realamyedwards.com).

NOVEMBER 2018



Publication Date: November 6, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-445-5

E-ISBN: 978-1-63152-446-2

“Marianna Crane writes with compassion and insight about what it’s like to serve on the front lines of the medical profession—treating the most vulnerable among us. Her vivid account is moving and enlightening, a valuable contribution to the literature of social justice.”

—Philip Gerard, Professor, Department of Creative Writing, University of North Carolina, and author of *The Art of Creative Research*

# STORIES FROM THE TENTH-FLOOR CLINIC

A NURSE PRACTITIONER REMEMBERS

MARIANNA CRANE

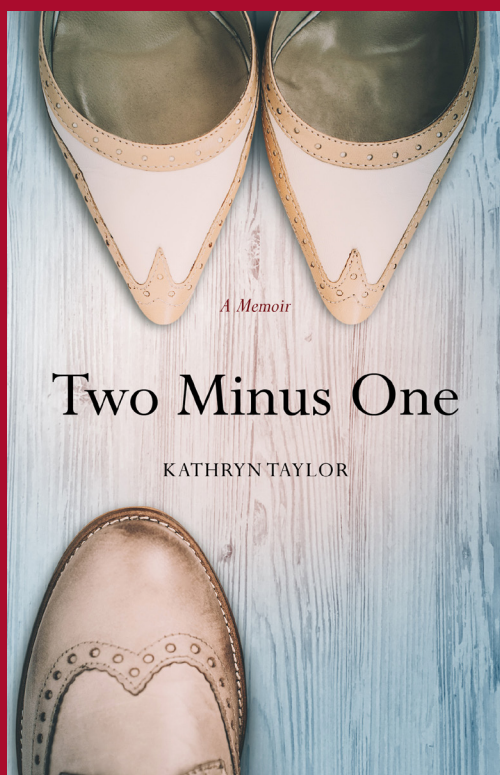
## DESCRIPTION:

Running a clinic for seniors requires a lot more than simply providing medical care. In *Stories from the Tenth-Floor Clinic*, Marianna Crane chases out scam artists and abusive adult children, plans a funeral, signs her own name to social security checks, and butts heads with her staff—two spirited older women who are more well-intentioned than professional—even as she deals with a difficult situation at home, where her tempestuous relationship with her own mother is deteriorating further than ever before. Eventually, Crane maneuvers her mother out of her household and into an apartment of her own—but only after a power struggle and no small amount of guilt—and she finally begins to learn from her older staff and her patients how to juggle traditional health care with unconventional actions to meet the complex needs of a frail and underserved elderly population.

## ABOUT THE AUTHOR:

Marianna Crane became one of the first gerontological nurse practitioners in the early 1980s. A nurse for over forty years, she has worked in hospitals, clinics, home care, and hospice settings. She writes to educate the public about what nurses really do. Her work has appeared in *The New York Times*, *The Eno River Literary Journal*, *Examined Life Journal*, *Hospital Drive*, *Stories That Need to Be Told: A Tulip Tree Anthology*, and *Pulse: Voices from the Heart of Medicine*. She lives with her husband in Raleigh, North Carolina.

NOVEMBER 2018



Publication Date: November 6, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-454-7

E-ISBN: 978-1-63152-455-4

“From the words that came out of the blue—‘I’m done with our marriage’—through the desolation, heartbreak, and steps towards healing, Kathryn Taylor opens her heart and soul to take us on her journey of recovery. With resilience and grace, she reminds us that no matter what life throws your way, you can reach down and bring up the courage to not only go on but grow.”

—Vikki Stark, author of *Runaway Husbands: The Abandoned Wife's Guide to Recovery and Renewal*

# TWO MINUS ONE

A MEMOIR

KATHRYN TAYLOR

## DESCRIPTION:

“You can quit waiting for the other shoe to drop: I’m in it for life.” Those are the fateful, repeated words that help convince Kathryn Taylor to remarry, retire from her thirty-year profession, sell her home, and relocate in support of her new husband’s career. But five years later, in a car packed with food she has carefully prepared to nourish his dying brother, the other shoe does drop.

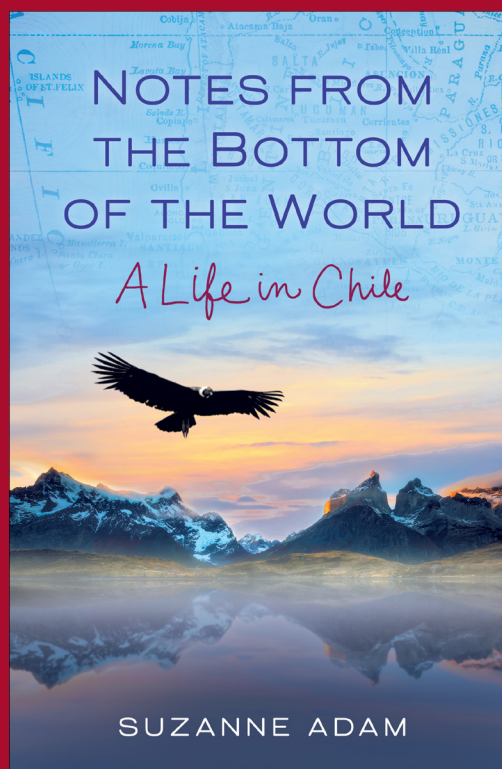
With this, the life Taylor has come to know is over. Relying on the strength of a lifelong friend who refuses to let her succumb to the intense waves of grief, she slowly begins to find her way out of the shadows of grief. Over the course of two years, through appointments with attorneys and therapists, purging shared belongings, and pushing herself to meet new people and do new things, Taylor not only regains a sense of control in her life, she also learns to enjoy the new life she has built and the friendships she’s formed—and to savor her newfound strength.

## ABOUT THE AUTHOR:

For thirty years, Kathryn Taylor taught life’s most important lessons to elementary school children as a public school teacher. In her retirement, she realized that she had valuable lessons and experiences to share with adults—specifically, women going through grey divorce. Through writing her first book, she uncovered the strong, loving, independent woman that remained in the aftermath of her second divorce, and it is her hope that her story will help other women recover their own strength and self-love.



**NOVEMBER 2018**



**Publication Date: November 6, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-415-8**

**E-ISBN: 978-1-63152-416-5**

# NOTES FROM THE BOTTOM OF THE WORLD

A LIFE IN CHILE

**SUZANNE ADAM**

## DESCRIPTION:

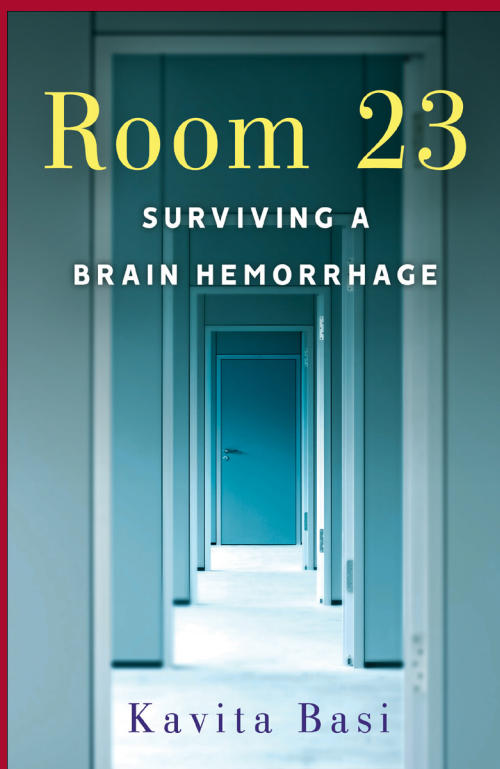
Chile—named the Lonely Planet 2017 destination of the year—has been Suzanne Adam’s home for over four decades. She knows the territory—its culture, its idiosyncrasies, and its exotic landscapes, from Patagonian glaciers to the northern Atacama Desert. In this heartfelt collection of sixty-three personal essays, she searches for universal truths and sparks of beauty revealed in small, daily moments in both her native land—the United States—and in Chile. She considers how her American past and move to Chile have shaped her life and enriched her worldview, and she explores with insight questions on aging, women’s roles, spiritual life, friendship, love, and writers who inspire.

In a return trip to Colombia fifty years after her two-year stay there as a Peace Corps Volunteer, Adam reflects on the mark left on her by that experience. Finally, she crosses America from east to west, immersing herself in regional cultures and discovering a common thread of reciprocity throughout.

## ABOUT THE AUTHOR:

A California native, Suzanne Adam served in the Peace Corps in Colombia before moving to Santiago, Chile in 1972 to marry her boyfriend, Santiago. She explores how this experience shaped her life in her 2015 memoir *Marrying Santiago*. Adam admits to being a tree-hugger, avid reader, nature writer, gardener, CNN news junkie, bird watcher, lover of storms and laughter, and doting granny. Before turning to writing, she worked as a teacher of learning-disabled children. Her essays have been published in *The Christian Science Monitor*, *California Magazine*, the *Marin Independent Journal*, *Nature Writing*, and *Persimmon Tree*. She blogs at [www.tarweedspirit.blogspot.com](http://www.tarweedspirit.blogspot.com).

**NOVEMBER 2018**



**Publication Date: November 6, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-489-9**

**E-ISBN: 978-1-63152-490-5**

## **ROOM 23**

**SURVIVING A BRAIN HEMORRHAGE**

**KAVITA BASI**

### **DESCRIPTION:**

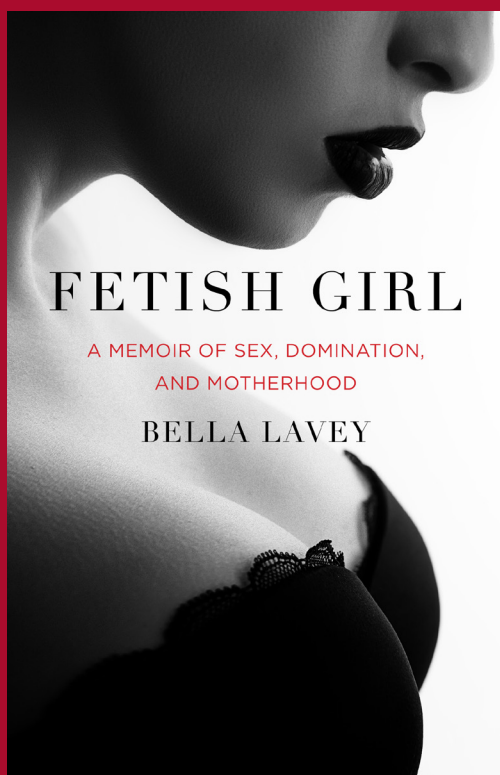
Kavita Basi had a wonderful life—a job she enjoyed, a wonderful family, and seemingly perfect health. Then an unexpected event took place and turned her entire world upside down.

In *Room 23*, Basi chronicles her time suffering from a subarachnoid hemorrhage—bleeding in the area of the skull surrounding the brain. With this diagnosis, Basi went from being healthy and happy to battling a condition with a 50 percent mortality rate. Following her challenging journey through near death and recovery, this memoir takes an exciting, interactive approach, using QR codes within the chapters so readers can transport themselves to the timeline of what Basi was doing at each moment of her experience, either linking to an Instagram post or video blog—bringing her struggles, and ultimate triumph, alive.

### **ABOUT THE AUTHOR:**

Born in the 1970s, Kavita Basi was brought up in a middle-class area in the northeast of the UK. She is a vice president in a global organization and an ambassador for a neurological charity in the UK. She writes a monthly blog on a community website, *The Garden Hale*, and is active on Facebook, Twitter, and Instagram, regularly posting motivating images and information. Basi loves to paint, sing, dance, write, run, walk, and spend time with her family.

**NOVEMBER 2018**



**Publication Date: November 13, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-435-6**

**E-ISBN: 978-1-63152-436-3**

# **FETISH GIRL**

**A MEMOIR OF SEX, DOMINATION,  
AND MOTHERHOOD**

**BELLA LAVEY**

## **DESCRIPTION:**

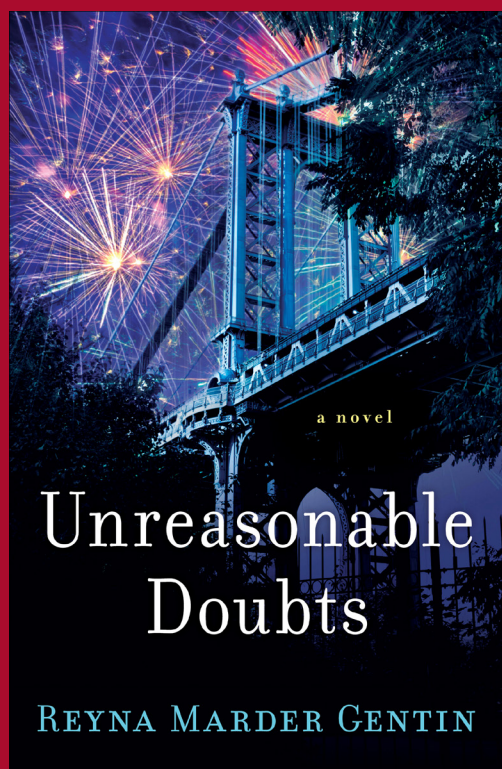
*Fetish Girl* is a kinky roller coaster ride through addiction, violence, motherhood, sex, and the creation of Evil Kitty, Bella LaVey's larger-than-life dominatrix persona. It is a singular memoir that shows that a heavily tattooed BDSM sex worker can be courageous enough to come to terms with her painful truths and raise a healthy, loving child, even as she remains boldly sexual and authentic. It's the story of a woman attracted to extremes who is willing to go to great lengths to uncover and make peace with her true nature.

## **ABOUT THE AUTHOR:**

Bella LaVey spent five years as a highly sought-after dominatrix and erotic wrestler known as Evil Kitty. Today, she is a sex and relationship coach, sex educator, and blogger. Her adults-only blog features her advice column, *Go Ask Sacred Slut*. Her writing has also appeared at *elephant journal*. LaVey believes sexuality can be a catalyst for emotional and physical healing and hopes to help bring that healing to others through her work as a writer and coach. After many years of journeying to sexual liberation to create a thriving, integrated life of sacred sex, intimacy, kink, dark, light, and deep feminine devotion, she now helps women and men to access their own yet-unliberated sexual selves through three exclusive coaching programs: Sexual Liberation, Shakti Healing, and Kink & BDSM. She lives in Austin, Texas.



NOVEMBER 2018



Publication Date: November 13, 2018

Collections: Fiction

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-413-4

E-ISBN: 978-1-63152-414-1

“Reyna Marder Gentin’s passion for the law shines in her debut novel. And Gentin’s deft exploration of justice, love, and tradition sets *Unreasonable Doubts* apart. A new talent has arrived!”

—Rabbi Joseph Telushkin, best-selling author of *Jewish Literacy: The Most Important Things to Know About the Jewish Religion, Its People, and Its History*, and the Rabbi Daniel Winter mystery series

“*Unreasonable Doubts* is a promising debut. An intriguing blend of romance and legal suspense from a new writer to watch.”

—William Landay, *New York Times* best-selling author of *Defending Jacob*

# UNREASONABLE DOUBTS

A NOVEL

REYNA MARDER GENTIN

## DESCRIPTION:

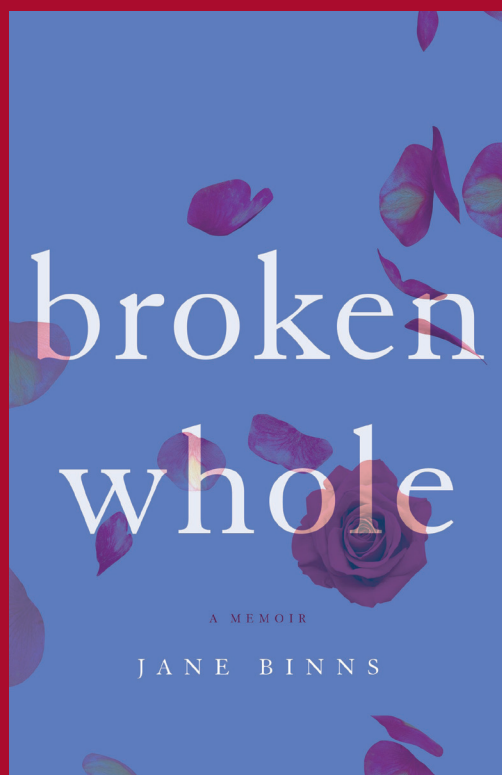
Jaded New York City Public Defender Liana Cohen would give anything to have one client in whom she can believe. Dozens of hardened criminals and repeat offenders have chipped away at her faith in both herself and the system. Her boyfriend Jakob’s high-powered law firm colleagues see her do-gooder job as a joke, which only adds to the increasing strain in their relationship.

Enter imprisoned felon Danny Shea, whose unforgivable crime would raise a moral conflict in an attorney at the height of her idealism—and that hasn’t been Liana in quite a while. But Danny’s astonishing blend of good looks, intelligence, and vulnerability intrigue Liana. Could he be the client she’s been longing for—the wrongly accused in need of a second chance? Is he innocent? As their attorney-client relationship transforms into something less than arm’s length, Liana is forced to confront fundamental questions of truth, faith, and love—and to decide who she wants to be.

## ABOUT THE AUTHOR:

Reyna Marder Gentin grew up in Great Neck, New York. She attended college and law school at Yale. For many years, she practiced as an appellate attorney representing criminal defendants who could not afford private counsel. Gentin studies at the Writing Institute at Sarah Lawrence College, and her work has been published in *The Westchester Review* and online. She lives with her family in Scarsdale, New York. To learn more, please visit [www.reynamardergentin.com](http://www.reynamardergentin.com).

NOVEMBER 2018



Publication Date: November 13, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-433-2

E-ISBN: 978-1-63152-434-9

“Masterfully crafted, unflinchingly honest, this book weaves the complicated layers of truth that make up the terrain of relationships. Sensual, tender, authentic, and relatable, this story leaves no stone unturned on the thrilling path of romance—from libido to true love. As the narrator dives deep into titillating affairs and soul-searching questions, we recognize ourselves in her journey and even see how to embrace, as she does, the paradoxical and beautiful nature of our thirst for love and truth.”

—Natascha Bruckner, former editor for  
*The Mindfulness Bell*

# BROKEN WHOLE

A MEMOIR

JANE BINNS

## DESCRIPTION:

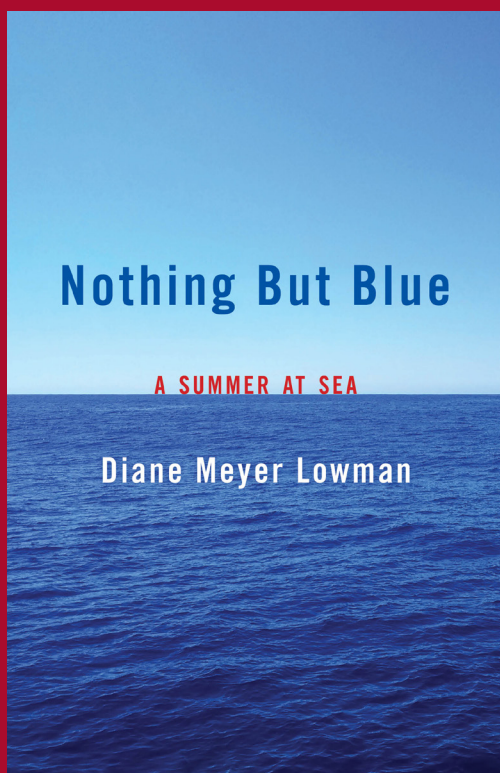
At the age of thirty-five, desperate to salvage a self that has been suffocating for years—and to save her two-year-old son from witnessing a miserable relationship between his parents—Jane Binns leaves her husband of twelve years. She has no plan or intention but to leave, however, and therein begins the misadventures lying in wait for her.

Over the years that follow, Binns falls in love with Steve, a man eighteen years her senior who has been suffering from post-traumatic stress disorder since his return from military service in Vietnam forty years prior, and who has a talent for making her feel heard. Despite his inability to provide anything more than a spurious connection, run on a mercurial and erratic schedule, and despite his repeated rejections of her love, she continues to pursue him. During their off periods, she dates other men—but she inevitably compares each new suitor to Steve, and all of them fall short. Ultimately, it takes the loss of her father in the summer of 2014, followed by the death of her ex-husband five months later, for her to finally let go of Steve—and, in the process, fully unearth the self she’s been chasing all along.

## ABOUT THE AUTHOR:

Jane Binns grew up in Ann Arbor, Michigan. She holds a BS from Eastern Michigan University, an MS in education from Syracuse University, and an MFA in prose from Naropa University. In 1998, she was awarded the Jack Kerouac Award for Prose. She was the managing editor of *Bombay Gin* with Lisa Birman from 1998 to 1999. She is an English composition instructor at Arapahoe Community College in Littleton, CO, and has worked in online learning assisting faculty, students, and staff with the online platform since 2006.

NOVEMBER 2018



Publication Date: November 13, 2018

Collections:

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-402-8

E-ISBN: 978-1-63152-417-2

“Witty and inspiring, heartfelt and empowering, *Nothing But Blue* grabs readers from the first page and doesn’t let go until the final word. Diane Lowman has crafted a riveting odyssey filled with luminous analogies, cinematic descriptions, and extraordinary adventures. It may just inspire you to take a journey of your own.”

—Sally Allen, founder and editor of Books, Ink

# NOTHING BUT BLUE

A SUMMER AT SEA

DIANE MEYER LOWMAN

## DESCRIPTION:

In the summer of 1979, Diane Meyer Lowman, a nineteen-year-old Middlebury College student, embarked on a ten-week working trip aboard a German container ship with a mostly male crew. The journey would take her from New York to Australia and New Zealand and back, through the lush Panama Canal, to a koala sanctuary and a Maori museum.

Along the way, Lowman swabbed decks, mended linens, and navigated not only the Panama Canal, but—perhaps more harrowingly—the awkward and sometimes threatening mostly male shipboard society and its politics. The voyage would forever change her perspective on the world and her place in it. She left the port of New York a subservient, malleable girl and sailed back past the Statue of Liberty on her return as a more confident, independent, resilient young woman who’d learned to stand on her own two feet—even in the roughest of waters.

## ABOUT THE AUTHOR:

Diane Meyer Lowman’s essays have appeared in many publications, including *O, The Oprah Magazine*; *Brain, Child*; *Brevity Blog*; and *When Women Waken*. She also writes a weekly column called *My Life on the Post Road* for Books, Ink ([books.hamlethub.com](http://books.hamlethub.com)). She’s explored other forms of literary expression in nearly 1,000 haiku poems and many essays about all of Shakespeare’s plays. Lowman teaches yoga, provides nutritional counseling, and tutors Spanish. She recently received an MA in Shakespeare Studies at the University of Birmingham’s Shakespeare Institute.



NOVEMBER 2018

# AUDACIOUS VOICES

PROFILES IN INTERSECTIONAL FEMINISM

Holly J. Blake  
and Melissa D. Ooten



Publication Date: November 13, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

5.5 x 8.5

Distribution by Ingram Publisher Services

Print ISBN: 978-1-63152-491-2

E-ISBN: 978-1-63152-492-9

# AUDACIOUS VOICES

PROFILES IN INTERSECTIONAL FEMINISM

HOLLY J. BLAKE AND MELISSA D. OOTEN

## DESCRIPTION:

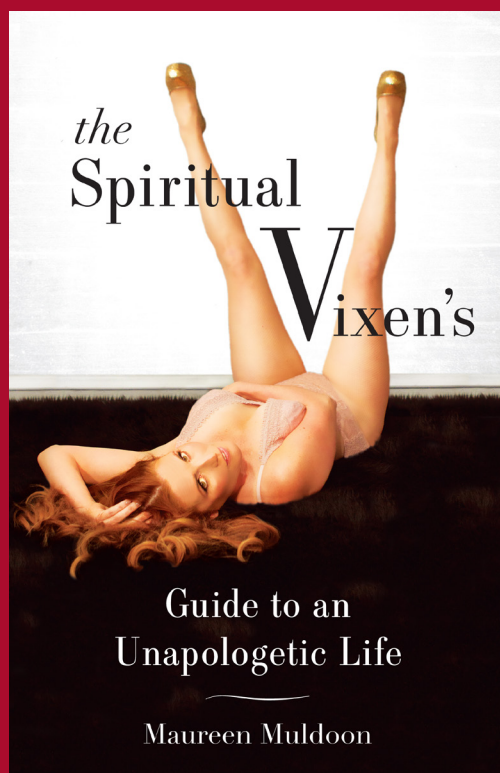
Inspiring and hopeful, *Audacious Voices* is a collection of twelve stories from alumnae/alumni of WILL\*, a feminist model for education. Each author featured in this book is working, in their own distinct way, to make their communities more equitable—and their stories illustrate how different elements of the WILL\* program influence and inspire them to act with such intentionality.

Author-activist Courtney Martin writes in *The New Better Off* that the times we live in may break our hearts, but they don't have to break our spirit; it's that spirit that these stories capture, alongside the power of a feminist educational program that engenders such spirit. Emphasizing hope, empathy, resiliency, and solutions by showcasing the transformative power of inclusive leadership, advocacy, and mentorship, *Audacious Voices* reminds us that real change is possible, even in the current political climate.

## ABOUT THE AUTHORS:

Holly Blake and Melissa Ooten have worked for more than thirty years, collectively, with WILL\*, a program that connects women, gender, and sexuality studies with feminist leadership and activism, at the University of Richmond.

NOVEMBER 2018



**Publication Date: November 20, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-447-9**

**E-ISBN: 978-1-63152-448-6**

# THE SPIRITUAL VIXEN'S GUIDE TO AN UNAPOLOGETIC LIFE

MAUREEN MULDOON

## DESCRIPTION:

This story begins with an ending: the day Maureen Muldoon realized the devastating fact that her husband was having an affair—and leaving her for Miss Universe. Miss freaking Universe! How does that even happen?

An intimate examination of Muldoon's unraveling in the face of this betrayal, *A Spiritual Vixen's Guide to An Unapologetic Life* takes a fresh, funny, and fearless look at loss, denial, anger, grace, and liberation. Muldoon reveals the strength that comes from facing one's fears, the humor that arrives in the darkest hours, and the miracles that happen when you least expect them in this grand tapestry of tales from the dark side. Ultimately, with wit and wisdom, she walks herself out of hell in a pair of sexy stilettos and manages to do what the all the king's horse and all the king's men could not: she puts herself back together. And in doing so, she comes to find more beauty and strength in the fractured places than anyone would have ever imagined.

## ABOUT THE AUTHOR:

Maureen Muldoon is a writer, motivational speaker, author, and life coach who spent twenty years working in TV and film as an actress. She lives in La Grange, Illinois and Madeline Island, WI with her trophy husband and their four kids. She is the founder of SpeakEasy Spiritual Community, an incubator of awesomeness, and Voice Box Stories, where people find their voice. She is the author of *Giant Love Song* and the children's book *The Life of A Sandcastle*. Her poetry, personal essay, fiction, and creative nonfiction have appeared in *Story Lab*, *Lit Up*, *Booby Trap*, *Story*, *Actors Access*, *Voice Box*, *Risk!*, and *Voyage Chicago*. She blogs about creativity, spirituality, and storytelling at [MaureenMuldoon.com](http://MaureenMuldoon.com)

**NOVEMBER 2018**



**Publication Date: November 20, 2018**

**Collections: Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**5.5 x 8.5**

**Distribution by Ingram Publisher Services**

**Print ISBN: 978-1-63152-427-1**

**E-ISBN: 978-1-63152-428-8**

# **A MARRIAGE IN FOUR SEASONS**

**A NOVEL**

**KATHRYN K. ABDUL-BAKI**

## **DESCRIPTION:**

After a devastating stillbirth and longing for a second child, English professor Joy explores Granada, Spain, hoping to ease her heartbreak and rekindle her relationship with her husband, Richard. Instead, their trip leads to an erotic interlude between Joy and a handsome stranger—and Richard, filled with disappointment at his disintegrating marriage, embarks on an affair with vivacious Belinda, their tryst unfolding in a series of cheap hotel rooms.

After learning of Richard's affair, Joy divorces him and moves to Virginia. Despite her lingering bitterness over his infidelity, Joy is inspired by the centuries-old love story between Sultan Suleyman and his Russian concubine, Roxelana, and in traveling to Istanbul with Richard finds herself attracted to him anew. However, Richard has a confession: Belinda, although out of his life for several years, has had his daughter—a now-three-year-old named Karma—and, critically ill, has asked that Richard and Joy take Karma. Joy agrees to travel to Tunisia with Richard—and when they arrive, Belinda divulges the shocking truth about her daughter to Joy.

## **ABOUT THE AUTHOR:**

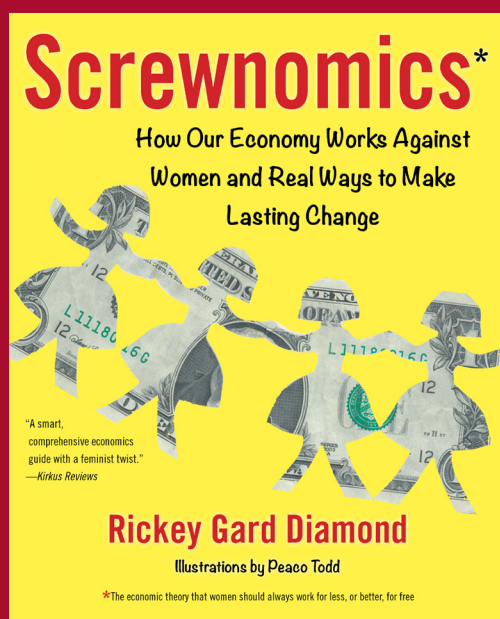
Kathryn Abdul-baki was born in Washington DC to an Arab father and an American mother. She grew up in Iran, Kuwait, Beirut, and Jerusalem, where she attended Arabic, British, and American schools. She attended the American University of Beirut, Lebanon, and has a BA in journalism from George Washington University in Washington DC and an MA in creative writing from George Mason University, Virginia. She has published four books of fiction, some of which have been taught at universities in multicultural literature, women's studies, and Arab studies departments, and is the recipient of the Mary Roberts Rinehart award for short fiction. Abdul-baki has three grown children and currently resides with her husband in McLean, Virginia.



Spring  
2018



APRIL 2018



Publication Date: April 3, 2018

Collections: Business

Price: \$19.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-318-2

E-ISBN: 978-1-63152-319-9

"Diamond's wit and charm, combined with Todd's quirky art, succeed in creating an economic primer that's both informative and fun . . . A smart, comprehensive economics guide with a feminist twist . . . her experience as a novelist, journalist, and professor are all brought to bear to demystify difficult concepts . . ."

—Kirkus Reviews

"Very, very highly recommended for the average woman who seeks a better understanding of how the American financial system works, why it's so often stacked against females, and what to do about it."

—Midwest Book Review

# SCREWNOMICS

HOW OUR ECONOMY WORKS AGAINST WOMEN  
AND REAL WAYS TO MAKE LASTING CHANGE

**RICKEY GARD DIAMOND**  
**ILLUSTRATIONS BY PEACO TODD**

## DESCRIPTION:

The personal is not only political, it's also economic and sexual. As a society, we're encouraged to view economics as objective science far removed from us—when in reality it has concrete and far-reaching effects on our everyday lives.

In *Screwnomics*, Rickey Gard Diamond shares personal stories, cartoons, and easy-to-understand economic definitions in her quest to explain the unspoken assumptions of 300 years of EconoMansplaining—the economic theory that women should always work for less, or better for free. It unpacks economic definitions, turns a men-only history on its head, and highlights female experiences and solutions, encouraging female readers to think about their own economic memoir and confront our system's hyper-masculine identity.

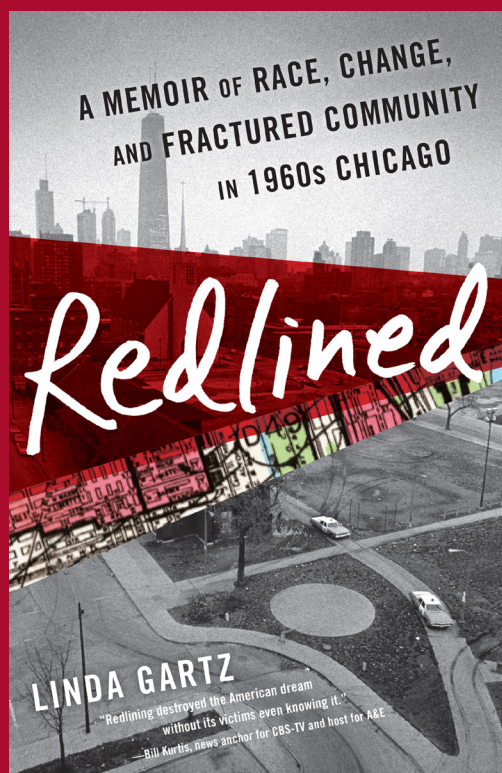
In the past fifty years, the US has witnessed a major shift in economic theory, and yet few women can identify or talk about its influence in their own lives. Accessible and inspiring, *Screwnomics* offers female readers hope for a better, more inclusive future—and the tools to make that hope a reality.

## ABOUT THE AUTHOR:

Rickey Gard Diamond began writing in the midst of big political change and growing American differences. In 1985, she became founding editor of *Vermont Woman*, where she continues today as a contributing editor. She taught writing and literature, feminist and media studies at Vermont College of Norwich University for more than twenty years, while publishing articles and short fiction. In 1999, Calyx Books published her novel *Second Sight*, which was reissued by HarperCollins in 2000. Her short fiction, published in literary journals, was recently issued as a collection titled *Whole Worlds Could Pass Away*. She was awarded a Hedgebrook fellowship in 2014 to create a book on economics that she envisioned would include cartoons and be readable and even humorous.



APRIL 2018



Publication Date: April 3, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-320-5

E-ISBN: 978-1-63152-321-2

"A stunning debut memoir . . . A rich remembrance of a captivating, transformative era in American history."

—Kirkus Reviews, starred review

"In this compelling journey into the depths of racism, Linda Gartz peels back the onion of America's original sin to a new level in a captivating personal story told through the lives of her Chicago family. Gartz probes the invisible web of oppression that affected both whites and blacks. Redlining destroyed the American dream without its victims even knowing it."

—Bill Kurtis, author of *Bill Kurtis On Assignment*

# REDLINED

A MEMOIR OF RACE, CHANGE, AND FRACTURED COMMUNITY IN 1960s CHICAGO

LINDA GARTZ

## DESCRIPTION:

Set against the backdrop of the Civil Rights Movement, *Redlined* exposes the racist lending rules that refuse mortgages to anyone in areas with even one black resident. As blacks move deeper into Chicago's West Side during the 1960s, whites flee by the thousands. But Linda Gartz's parents, Fred and Lil, choose to stay in their integrating neighborhood, overcoming previous prejudices as they meet and form friendships with their African American neighbors. The community sinks into increasing poverty and crime after two race riots destroy its once vibrant business district, but Fred and Lil continue to nurture their three apartment buildings and tenants for the next twenty years in a devastated landscape—even as their own relationship cracks and withers.

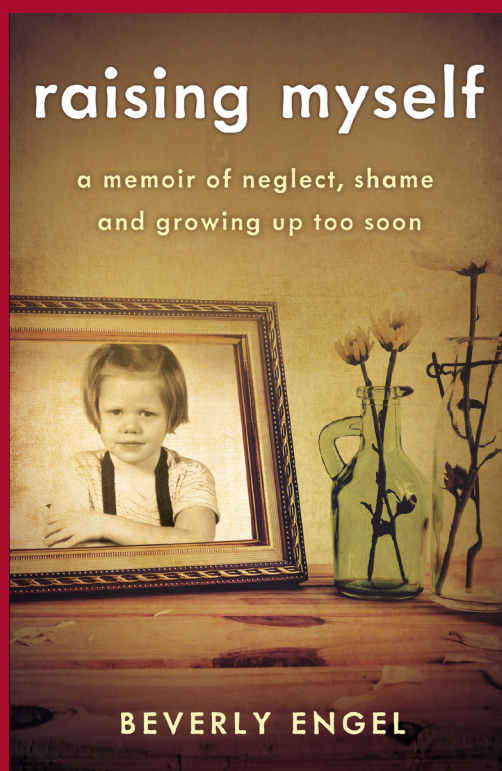
After her parents' deaths, Gartz discovers long-hidden letters, diaries, documents, and photos stashed in the attic of her former home. Determined to learn what forces shattered her parents' marriage and undermined her community, she searches through the family archives and immerses herself in books on racial change in American neighborhoods. Told through the lens of Gartz's discoveries of the personal and political, *Redlined* delivers a riveting story of a community fractured by racial turmoil, an unraveling and conflicted marriage, a daughter's fight for sexual independence, and an up-close, intimate view of the racial and social upheavals of the 1960s.

## ABOUT THE AUTHOR:

Six-time Emmy-honored Linda Gartz is a documentary producer, author, blogger, educator, and archivist. Her documentaries and TV productions have been featured on ABC, NBC, CBS, PBS, and *Investigation Discovery*, syndicated nation-wide. Her educational videos include *Begin with Love* and *Grandparenting*, which were hosted respectively by Oprah Winfrey and Maya Angelou. Gartz's articles and essays have been published in literary journals, online, and in local and national magazines and newspapers, including *The Chicago Tribune*. Born in Chicago, she studied at both Northwestern and the University of Munich and has lived most of her adult life in Evanston, IL. She earned her BA and MAT degrees from Northwestern.



APRIL 2018



Publication Date: April 3, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-367-0

E-ISBN: 978-1-63152-368-7

“Beverly Engel saved my life by showing me, and millions of others, how to recover from the aftermath of abuse.

Now, we get to discover the woman behind the recovery movement. Through her personal story, Beverly illuminates how quickly our innocence can be destroyed by the subtle choices those who are supposed to love us make, and more important, teaches us how to have hope for a better future.”

—Rhonda Britten, Emmy Award-winner,  
best-selling author of *Fearless Living*

“A gut-wrenching, cleareyed coming-of-age memoir...clean writing well serves this account of a child’s abuse and survival.”

—Kirkus Reviews

# RAISING MYSELF

A MEMOIR OF NEGLECT, SHAME, AND GROWING UP TOO SOON

BEVERLY ENGEL

## DESCRIPTION:

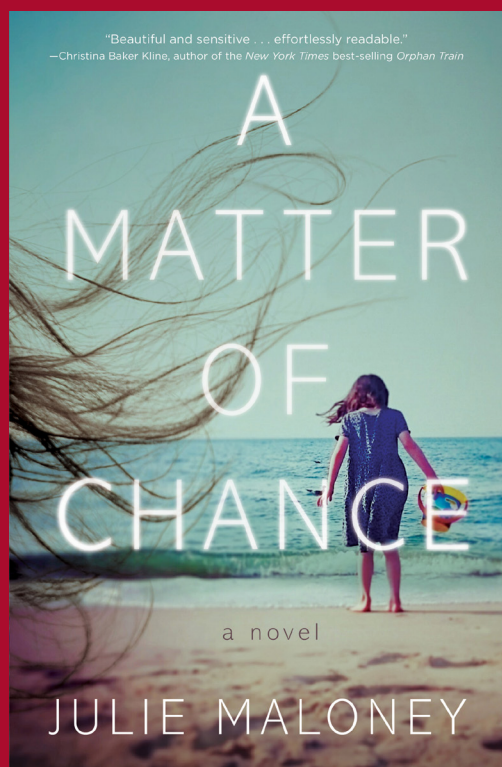
No one who knew Beverly Engel as a child could have imagined that she would become who she is today: an internationally known expert on abuse recovery and the best-selling author of twenty-two self-help books. This is the raw, candid story of how she made her way in the world in spite of her mother’s neglect, unreasonable expectations, and constant criticism; in spite of being sexually abused, first at four years old and then at nine; and in spite of being raped at twelve.

*Raising Myself* takes readers on a remarkable journey, showing us how Engel, who was basically on her own from the age of four, learned how to cope with a neglectful, narcissistic mother while being surrounded by a cast of characters that included eccentrics and misfits, a religious fanatic, child molesters, rapists, and hoodlums. It is a soul-searching memoir about how she came dangerously close to the edge of becoming a child molester, a criminal, and a suicide, and how she battled her inner demons and struggled to keep her heart open and to “reinvent” herself so she could follow her dream of making something of herself. Powerfully inspiring and unflinchingly honest, *Raising Myself* is a story of remarkable resilience and insight.

## ABOUT THE AUTHOR:

Beverly Engel has been a practicing psychologist for thirty-five years and is an internationally recognized psychotherapist and acclaimed advocate for victims of sexual, physical, and emotional abuse. She is the author of twenty-two self-help books, including the best-selling *Healing Your Emotional Self* and *The Right to Innocence*. In addition to her professional work, Engel frequently lends her expertise to national television talk shows. She has appeared on *Oprah*, *CNN*, and *Starting Over*, and many other TV programs. She has a blog on the *Psychology Today* website, regularly contributes to *Psychology Today* magazine, and has been featured in a number of newspapers and magazines, including *O, the Oprah Magazine*, *Cosmopolitan*, *Ladies Home Journal*, *Redbook*, *Marie Claire*, the *Chicago Tribune*, *The Washington Post*, the *Los Angeles Times*, *The Plain Dealer*, and *The Denver Post*.

APRIL 2018



Publication Date: April 10, 2018

Collections: Women's Fiction

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-369-4

E-ISBN: 978-1-63152-370-0

"In this effortlessly readable novel, Julie Maloney beautifully and sensitively captures the heartache and longing of a mother whose quest to find her daughter forces her to face the ghosts of her own past."

—Christina Baker Kline, author of the *New York Times* best-selling *Orphan Train*

"How do we hold on to the things we've lost? In Maloney's incandescent novel, an eight-year-old girl vanishes, leading to a heart-wrenching exploration about what it means to look after your own, the mystery of how and why we leave, and what is taken from us when we do. Beautifully written and impossible to forget."

—Caroline Leavitt, *New York Times* best-selling author of *Pictures of You* and *Cruel Beautiful World*

# A MATTER OF CHANCE

A NOVEL

JULIE MALONEY

## DESCRIPTION:

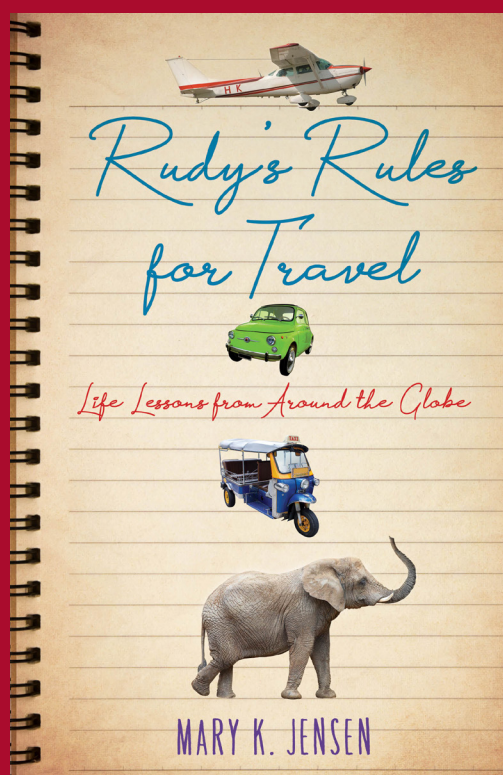
When eight-year-old Vinni Stewart disappears from a Jersey shore town, Maddy, her distraught single mother, begins a desperate search for her daughter. Maddy's five-year journey leads her to a bakery in Brooklyn, where she stumbles upon something terrifying. Ultimately, her artist neighbor, Evelyn, reconnects Maddy to her passion for painting and guides her to a life transformed through art.

Detective John D'Orfini sees more than a kidnapping in the plot-thickening twists of chance surrounding Vinni's disappearance, but his warnings to stay away from the investigation do not deter Maddy, even when her search puts her in danger. When the Russian Mafia warns her to stop sniffing into their business, Maddy must make a choice whether to save one child—even if it might jeopardize saving her own.

## ABOUT THE AUTHOR:

Julie Maloney is a former dancer/choreographer and artistic director of her own modern dance company. She is a poet whose work has been published in many literary journals. Her book of poems, *Private Landscape*, was published in 2007. As Founder/Director of Women Reading Aloud, a nonprofit organization dedicated to the support of women writers, she has been leading workshops and writing retreats in the US, Greece, and France since 2003. *A Matter of Chance* is her debut novel. She lives outside of New York City in Morris County, NJ.

APRIL 2018



Publication Date: April 10, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-322-9

E-ISBN: 978-1-63152-323-6

"A set of rules for life, by way of a delightful travel narrative . . . A book that will make readers want to pack their bags and catch the first flight to somewhere far away."

—Kirkus Reviews, starred review

"From exotic destinations like Bali to more personal excursions to uncover family history, Rudy's travels are imbued with his unceasing optimism and boundless enthusiasm, leaving the reader convinced that his rules are well worth following."

—Booklist

# RUDY'S RULES FOR TRAVEL

LIFE LESSONS FROM AROUND THE GLOBE

MARY K. JENSEN

## DESCRIPTION:

Most honeymoons, Mary knows, do not start this way. Lying outside on the sloping attic roof in Edinburgh, listening to the soft snores of her groom, she realizes that Rudy's number one rule, "adapt," once again reigns.

*Rudy's Rules for Travel* takes you across the twentieth-century globe with intrepid, frugal Rudy and his spouse, Mary, a catastrophic thinker seeking comfort. Whether stalled in a Spanish car tunnel, stranded atop a runaway elephant, or held at rifle-point at a Soviet border, Rudy has a rule for every occasion—for example, "Relax, some kind stranger will appear." Mary, meanwhile, has her deep breathing and her own commandment: "Expect the worst."

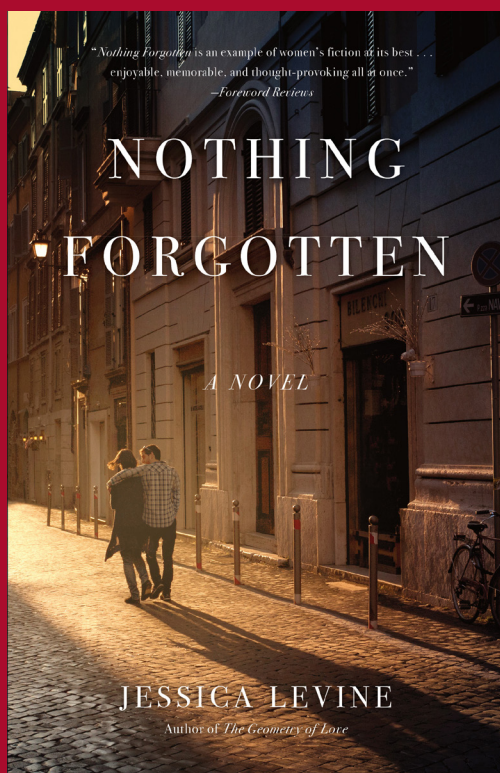
The two are a picture of contrast. As Mary was being born, Rudy was a new American citizen flying US Air Force missions over his homeland, Germany. His father was a seaman, hers an accountant. And when this marriage of opposites goes traveling, their stories combine laugh-out-loud humor with poignant lessons from the odyssey of a World War II veteran. So start packing—you'll want to join these two.

## ABOUT THE AUTHOR:

Mary K. Jensen, PhD is a recovering grants writer. After retiring as Professor Emerita from California State University, Chico, she ventured into her attic and pulled out boxes of trip diaries—raw material for her memoir. Jensen earned her master's degree at Loyola Marymount University and her doctorate at the University of Oregon, where she was an analyst and author for the federal research clearinghouse ERIC. With experience in teaching, school psychology, administration, and teacher preparation, she has been a popular writer and conference speaker, skilled in translating research findings to school practice. She is a survivor—of cancer twice, and of decades of travel with her irrepressible spouse. She lives in Northern California, where she relishes her writing group, book clubs, poetry group, walks, and friendships. Visit her at [www.marykjensen.com](http://www.marykjensen.com).



APRIL 2018



Publication Date: April 10, 2018

Collections: Women's Fiction

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-324-3

E-ISBN: 978-1-63152-325-0

“... absorbing and entertaining. . .  
Levine's writing is sparkling and  
clear. *Nothing Forgotten* is an example  
of women's fiction at its best . . .  
enjoyable, memorable, and thought-  
provoking all at once.”

—Foreword Reviews

# NOTHING FORGOTTEN

A NOVEL

JESSICA LEVINE

## DESCRIPTION:

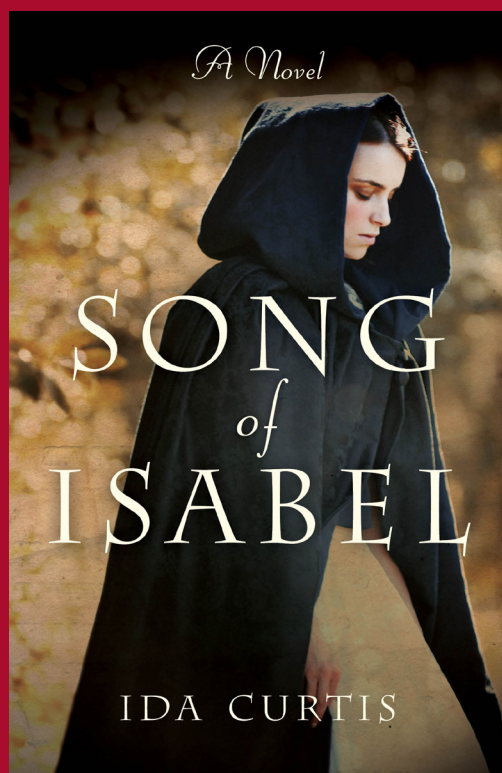
When Anna, now living in California, is contacted by the Italian lover she knew decades before, she recalls their affair and the child she gave up for adoption. As the episode returns to haunt her—threatening the life she's built, including her marriage—the story moves back in time to her youth in Europe.

Rome, 1979. Anna, twenty-two and living abroad, is involved with a man already engaged to be married. When she meets and befriends his fiancée, she is forced to confront the moral consequences of her actions. But an unexpected pregnancy, an anonymous letter, and threatening relatives complicate the picture. Layered and provocative, this is a novel in which an unconventional heroine, far from home, is forced to reckon with the judgment of others.

## ABOUT THE AUTHOR:

Jessica Levine is the author of *The Geometry of Love*, a *Booklist* Top 10 Women's Fiction Title (2015), and *Delicate Pursuit: Discretion in Henry James and Edith Wharton*, as well as several translations from French and Italian. Her writing has appeared in many publications, including *The Huffington Post* and *The Southern Review*. She lives in Northern California.

APRIL 2018



Publication Date: April 17, 2018

Collections: Women's Fiction

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-371-7

E-ISBN: 978-1-63152-372-4

"Set against the backdrop of the Frankish Empire, Curtis, with her captivating storytelling, brings to life a world filled with heroic battles, distinctive characters, and high-stakes tension that will keep readers turning the pages."

—RT Book Reviews

"Set against the historical backdrop of France in 825, Curtis' novel is a classic tale of high drama and romance . . . an easy-reading traditional love story with a romantic, nostalgic setting."

—Booklist

# SONG OF ISABEL

A NOVEL

IDA CURTIS

## DESCRIPTION:

Lady Isabel is just twelve years old when Lord Chetwynd rescues her from being raped by warriors in his company. When they meet eight years later, each has a good reason for entering an arranged marriage. Together, they embark on a perilous journey to the court of King Louis. On the way, danger from enemies on the journey brings them closer together; when they arrive at court, rivalry and intrigue nearly parts them. Ultimately, however, they survive these trials through their own native wit and charm—and gain new respect and love for one another.

Rich with historical detail and drama, *Song of Isabel* is a compelling novel of love, sex, ambition, and intrigue.

## ABOUT THE AUTHOR:

Born in New Haven, CT, in April 1935, Ida Curtis grew up in a small town near Hartford, CT. After marriage, she and her husband raised a family of two children, moving around the United States as his academic career dictated, living for the longest period in Vancouver, British Columbia. After retirement, they moved to Seattle to be near their son and daughter. Based on a handbook written by a ninth-century widow of a wealthy landowner to educate her sons, *Song of Isabel* captures what life was like for a young noblewoman of that period.

APRIL 2018



Publication Date: April 17, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-326-7

E-ISBN: 978-1-63152-327-4

"In addition to being one of the finest pianists of her generation, Carol Rosenberger is also one of the most eloquent—as her new book triumphantly attests. Hers is an important and inspiring story, and she tells it superbly."

—Jim Svejda, commentator on KUSC radio, called "The High Priest of Classical Music" by the *Los Angeles Times*

# TO PLAY AGAIN

A MEMOIR

CAROL ROSENBERGER

## DESCRIPTION:

At age twenty-one, while she was working with the legendary Nadia Boulanger in France, concert pianist Carol Rosenberger was stricken with paralytic polio—a condition that knocked out the very muscles she needed in order to play. But Rosenberger refused to give up. Over the next ten years, against all medical advice, she struggled to rebuild her technique and regain her life as a musician—and went on to not only play again but to receive critical acclaim for her performances and recordings. Beautifully written and deeply inspiring, *To Play Again* is Rosenberger's chronicle of making possible the seemingly impossible: overcoming career-ending hardships to perform again.

## ABOUT THE AUTHOR:

"Ravishing, elegant pianism" wrote *The New York Times* of American pianist Carol Rosenberger, whose four-decade concert career is represented by over thirty recordings on the Delos label. Many are enduring favorites worldwide, and have brought her a Grammy Award nomination, *Gramophone's* Critic's Choice Award, *Stereo Review's* Best Classical Compact Disc, and *Billboard's* All Time Great Recording. Rosenberger has been the subject of articles in many leading newspapers and magazines, has been a faculty member of the University of Southern California, and has given performance workshops nationwide. With Delos founder Amelia Haygood, Carol coproduced many recordings by world-class artists. After Haygood's death in 2007, Carol became the label's director.



APRIL 2018



Publication Date: April 17, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-328-1

E-ISBN: 978-1-63152-329-8

“Curtis’s story reads as true to life, full of identifiable lessons, pain, and positives. *Shunned* addresses universal themes of belonging, connection, meaning, and family togetherness; it will resonate across faith lines.”

—Foreword Reviews

“Disturbing, heartbreaking, and ultimately inspiring, *Shunned* is a must-read for anyone who has endured the pain of saying good-bye in order to find their true home, a place of belonging.”

—John Perkins, author of *NY Times* bestseller *Confessions of an Economic Hitman* and *The World Is As You Dream It*

# SHUNNED

HOW I LOST MY RELIGION AND FOUND MYSELF

LINDA A. CURTIS

## DESCRIPTION:

Raised as a Jehovah’s Witness, Linda Curtis is an unquestioning true believer who has knocked on doors since she was nine years old. Like other Witnesses, she has been discouraged from pursuing a career, higher education, or even voting, and her friendships are limited to the Witness community.

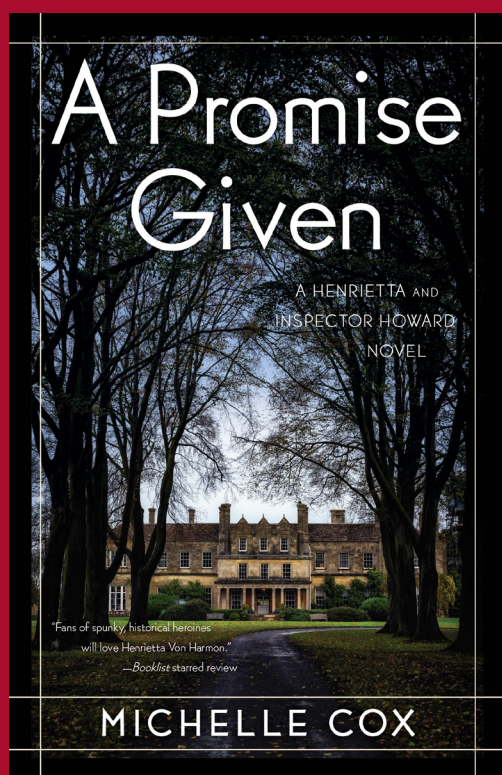
Then one day, at age thirty-three, she knocks on a door—and a coworker she deeply respects answers the door. To their mutual consternation, she launches into her usual spiel, but this time, for the first time ever, the message sounds hollow. In the months that follow, Curtis tries hard to overcome the doubts that spring from that doorstep encounter, knowing they could upend her “safe” existence. But ultimately, unable to reconcile her incredulity, she leaves her religion and divorces her Witness husband—a choice for which she is shunned by the entire community, including all members of her immediate family.

*Shunned* follows Linda as she steps into a world she was taught to fear and discovers what is possible when we stay true to our hearts, even when it means disappointing those we love.

## ABOUT THE AUTHOR:

Linda Curtis is an executive consultant, speaker, and mindfulness teacher who lives in the San Francisco Bay Area. Since 2003 she has consulted with hundreds of successful entrepreneurs, leaders, C-suite executives, and their teams. Her client list includes MasterCard, RSF Social Finance, NASDAQ, and KPMG. She serves on the core faculty of the Search Inside Yourself Leadership Institute (SIYLI.org), the groundbreaking mindfulness and emotional intelligence program developed at Google. She teaches their Search Inside Yourself course around the world at organizations including Google, Red Bull, L’Oreal, Vanderbilt University, Genentech, and LinkedIn.

APRIL 2018



**Publication Date: April 24, 2018**

**Collections: Women's Fiction**

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**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-373-1**

**E-ISBN: 978-1-63152-374-8**

**"Fans of Henrietta and Inspector Howard will delight in Michelle Cox's latest novel. Romantic and atmospheric, *A Promise Given* offers an intriguing glimpse into 1930s Chicago by weaving in authentic period details and exploring the social tensions of the day. The unlikely pairing of the Howards—two characters from very different worlds—provides a tender love story."**

**—Susanna Calkins, award-winning author of the Lucy Campion Mysteries series**

**"Cox's eye for historical detail remains sharp. . . . A pleasant, escapist diversion."**

# A PROMISE GIVEN

A HENRIETTA AND INSPECTOR HOWARD NOVEL

MICHELLE COX

## DESCRIPTION:

This third book in the Henrietta and Inspector Howard series provides a delightful romp through the English countryside and back.

Anxious to be married, Henrietta and Clive push forward with their wedding plans despite their family differences, made worse now by Oldrich Exley's attempts to control the Von Harmons. When the long-awaited wedding day arrives, there is more unfolding than just Clive and Henrietta's vows of love. Stanley and Elsie's relationship is sorely tested by the presence of the dashing Lieutenant Harrison Barnes-Smith and by Henrietta's friend Rose—a situation that grows increasingly dark and confused as time goes on.

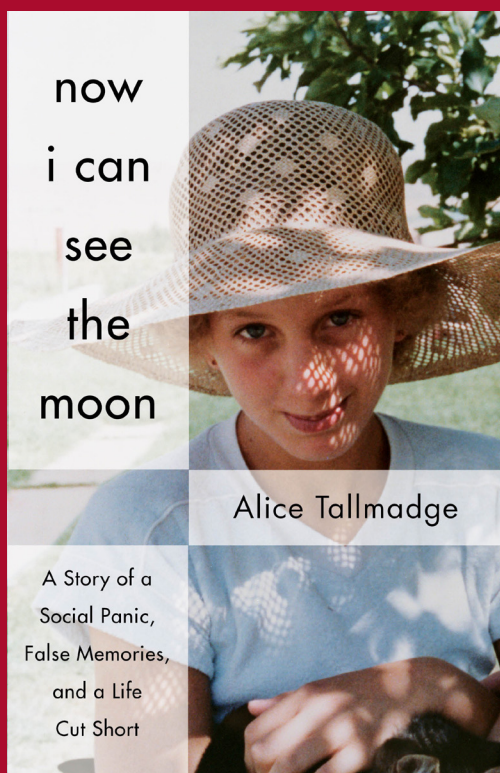
As Clive and Henrietta begin their honeymoon at Castle Linley, the Howards' ancestral estate in England, they encounter a whole new host of characters, including the eccentric Lord and Lady Linley and Clive's mysterious cousin, Wallace. When a man is murdered in the village on the night of a house party at the Castle, Wallace comes under suspicion—and Clive and Henrietta are reluctantly drawn into the case, despite Clive's anxiety at involving his new bride and Henrietta's distracting news from home.

Delicately attempting to work together for the first time, Clive and Henrietta set out to prove Wallace's innocence, uncovering as they do so some rather shocking truths that will shake the Linley name and estate forever.

## ABOUT THE AUTHOR:

Michelle Cox holds a BA in English literature from Mundelein College, Chicago, and is the author of the award-winning Henrietta and Inspector Howard series. Book two of the series, *A Ring of Truth*, was released April 2017 with She Writes Press. Cox is also known for her charming and popular *Novel Notes of Local Lore*, a blog dedicated to Chicago's forgotten residents. She lives with her husband and three children in the Chicago suburbs.

APRIL 2018



Publication Date: April 24, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-330-4

E-ISBN: 978-1-63152-331-1

"In *Now I Can See the Moon*, Alice Tallmadge tells the story of a beloved niece lost to suicide. She weaves together strands of family love, false memories, mental illness, faith, and our inability to speak in a haunting story about what we need to be whole and what we are willing to give those we love."

—Sallie Tisdale, author of *Violation: Collected Essays*

"This wrenching story illuminates the dark days of 'recovered memory,' issuing a warning that's all too relevant to 'fake news' in America today."

—Meredith Maran, author of *My Lie: A True Story of Recovered Memory and The New Old Me*

# NOW I CAN SEE THE MOON

A STORY OF A SOCIAL PANIC, FALSE MEMORIES, AND A LIFE CUT SHORT

ALICE TALLMADGE

## DESCRIPTION:

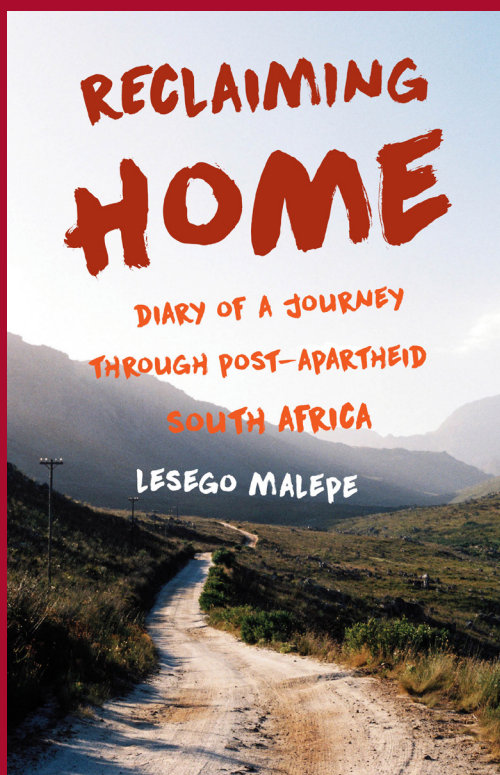
In the 1980s and 1990s, a mind-boggling social panic over child sex abuse swept through the country, landing childcare workers in prison and leading hundreds of women to begin recalling episodes of satanic ritual abuse and childhood abuse by family members. *Now I Can See the Moon: A Memoir* is a deeply personal account of the devastating impact these events had on one family. In trying to understand the suicide of her twenty-three-year-old niece, a victim of the panic, the author discovers that what she thought was an isolated tragedy was, in fact, part of a much larger social phenomenon that sucked in individuals from all walks of life, convincing them to believe the unbelievable and embrace the most aberrant claims as truth.

## ABOUT THE AUTHOR:

Alice Tallmadge has been a reporter, writer, and editor since receiving her master's degree from the University of Oregon's School of Journalism in 1987. She was a correspondent for *The Oregonian* newspaper from 1999 to 2005, and a reporter and assistant editor for the *Eugene Weekly* in the 1990s. Her essays and stories have appeared in *Portland Magazine*, *Forest Magazine*, *Oregon Humanities*, the *Register-Guard*, *Oregon Quarterly*, and *The New York Times*. Her guidebook for juvenile sex offenders, *Tell It Like It Is*, was published by Safer Society Press in 1998. She was an adjunct instructor at the University of Oregon School of Journalism and Communication from 2008 to 2014. She is currently a freelance editor.



**MAY 2018**



**Publication Date: May 1, 2018**

**Collections: Memoir**

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**E-ISBN: 978-1-63152-333-5**

# **RECLAIMING HOME**

**DIARY OF A JOURNEY THROUGH  
POST-APARTHEID SOUTH AFRICA**

**LESEGO MALEPE**

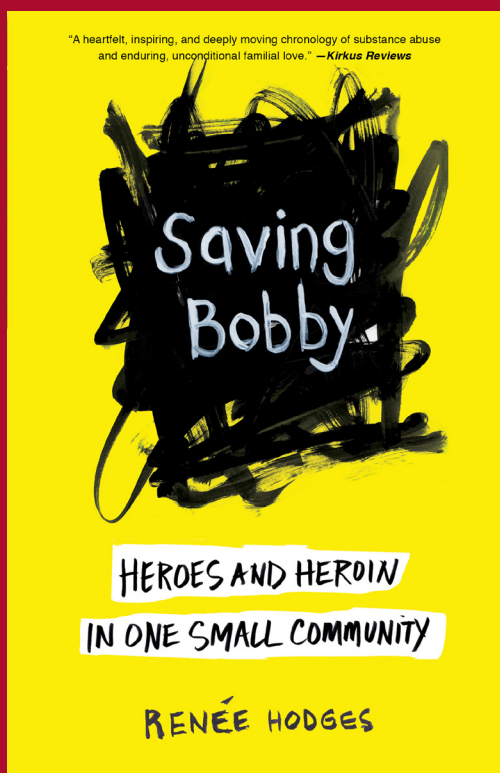
## **DESCRIPTION:**

*Reclaiming Home* is the diary of Lesego Malepe's travels in South Africa in 2004, the tenth anniversary of South Africa's democracy. The book begins with Malepe taking the bus from Pretoria, where she grew up, to Cape Town, where she visits Robben Island—the prison where her brother served a life sentence during apartheid days. She interrupts her travels to return to Pretoria, where she attends the ceremony marking the official settlement of land claims for her parents' property and her grandmother's property in Kilnerton, Pretoria, which were confiscated by the apartheid government when Malepe was four, forcing her family—along with the rest of their community—to move to Mamelodi township for Africans. Over the course of her travels, Malepe traverses much of her home country, visiting locales including Pietermaritzburg, Durban, Port Elizabeth, Thohoyandou, the University of Venda, and Giyani. Ultimately, hers is a sprawling, revealing journey that illuminates the ways South Africa has changed—and the ways it has remained the same—since the end of apartheid.

## **ABOUT THE AUTHOR:**

Lesego Malepe left apartheid South Africa with a Fulbright scholarship to study in the US in 1978. After completing her graduate work in political science at Boston University, she taught political science at a college near Boston for many years. She is the author of the novel *Matters of Life and Death*, published in 2005, about the family of a high school student who was sentenced to life on Robben Island in 1963. She has also contributed op-ed articles to national newspapers, including *USA Today*, the *Baltimore Sun*, the *San Francisco Chronicle*, and the *St. Louis Post Dispatch*. Malepe has served for many years as a judge for the Children's Africana Book Awards of the Outreach Council of the African Studies Association and leads workshops for teachers about how to teach about Africa in general and how to use African literature in the classroom.

MAY 2018



Publication Date: May 1, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-375-5

E-ISBN: 978-1-63152-376-2

"... Hodges's straightforward approach, common sense, humor, and honesty bring a heartfelt reality to a growing problem faced by far too many. This book is a must-read for all of us."

—Kim Leversedge, MD, Board Certified Pediatrician

"... strikingly personal and lyrically told ... engrossing. ... A heartfelt, inspiring, and deeply moving chronology of substance abuse and enduring, unconditional familial love."

—Kirkus Reviews

# SAVING BOBBY

HEROES AND HEROIN IN ONE SMALL COMMUNITY

RENÉE HODGES

## DESCRIPTION:

When Renee Hodges invited her nephew, Bobby, to come stay with her for a few weeks so he could visit a doctor about his back pain, she knew he was recovering from an addiction to prescription painkillers. She believed that if he could address his back problems, he would have a better chance of staying clean—but she had no idea what a roller coaster ride she was getting on.

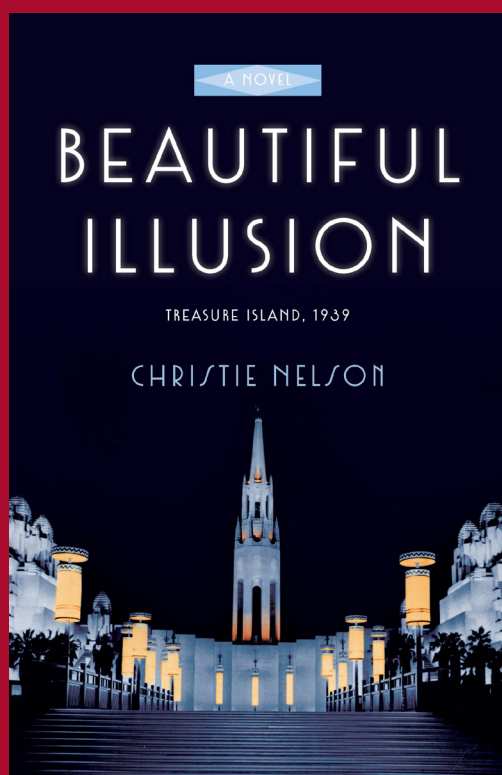
Unlike other books about addiction, *Saving Bobby* begins after rehab is over. Told in part through journal entries, emails, and personal recollections, this raw, honest, deeply moving memoir—begun to keep the family accountable—describes the sixteen months that Hodges, her husband, and their community struggled alongside Bobby as he attempted to successfully reenter the day-to-day world. Using a holistic and open approach, the shame and stigma associated with addiction was lessened—and ultimately, Bobby learned he had to save himself.

A gripping and heartrending story of survival, *Saving Bobby* is an essential, timely read for those concerned about America's most pressing epidemic.

## ABOUT THE AUTHOR:

Although her Louisiana roots run deep, Renée Hodges and her husband have called North Carolina home for the past thirty years. Hodges has worked as a campaign manager for a candidate for the Texas State House of Representatives (she won); front desk person at a ski resort; and volunteer recruiter and registration head during a presidential campaign in New York City. She also cowrote and self-published the Best Kept Secrets series of guides in the 1980s. Settling into motherhood and raising a family has been her most satisfying work, however, and today she is a wife, mother of three, writer, investor, community volunteer, and avid tennis player. Learn more at [www.reneehodgesauthor.com](http://www.reneehodgesauthor.com).

**MAY 2018**



**Publication Date: May 1, 2018**

**Collections: Women's Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-334-2**

**E-ISBN: 978-1-63152-399-1**

# BEAUTIFUL ILLUSION

A NOVEL

**CHRISTINE NELSON**

## DESCRIPTION:

As the march of boots echoes from overseas, all nations that border the Pacific and beyond are invited to build pavilions on Treasure Island at the Golden Gate International Exposition, an event dedicated to the pursuit of world peace and brotherhood. Meanwhile, Lily Nordby, smart, strong-willed, and feisty, lands a job at the *Examiner* and is given a once-in-a-lifetime assignment covering the Exposition. There she meets Tokido Okamura, the host of the Japanese Pavilion—and despite being highly suspicious of his true purpose on the island, she's swept up in a whirlwind of powerful emotions that lead her into unknown territory.

Brilliant and enigmatic Woodrow Packard, a Mayan art scholar at the Expo, prefers remaining aloof and alone. But his infatuation and deepening relationship with Lily thrusts him into the limelight. He asks himself, could someone as smart and beautiful as she return the love of a man who is a dwarf?

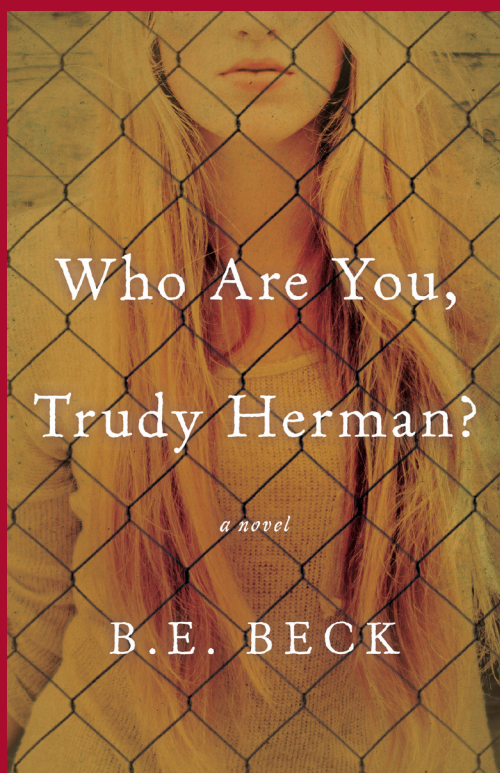
In an attempt to prevent Lily from spiraling into danger, Woodrow intercedes to help her uncover her family's past—but when fate intervenes, they are both pulled into a destiny they could never have imagined. Mixing fact and fiction with a dash of noir, *Beautiful Illusion* is a story of love and deception that explores what happens when human hearts collide as the world is plotting war.

## ABOUT THE AUTHOR:

Christie Nelson is a third-generation San Franciscan and longtime Marin resident, and the author of *Woodacre*, *Dreaming Mill Valley*, and *My Moveable Feast*. She lives in the 1880s brewmeister's home of the San Rafael Brewery with her husband.



**MAY 2018**



**Publication Date: May 8, 2018**

**Collections: Literary Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-377-9**

**E-ISBN: 978-1-63152-378-6**

**"Told with deep empathy, this tale illuminates a little-known but relevant aspect of U.S. history and deftly explores privilege and injustice in their many forms."**

**—Kirkus Reviews**

**"This novel offers a window into a lesser-known aspect of internment in WWII. . . . When a regular girl confronts extraordinary challenges, this novel forcefully asks what it takes to stand up for what is right."**

**—Booklist**

# WHO ARE YOU, TRUDY HERMAN?

**A NOVEL**

**B.E. BECK**

## **DESCRIPTION:**

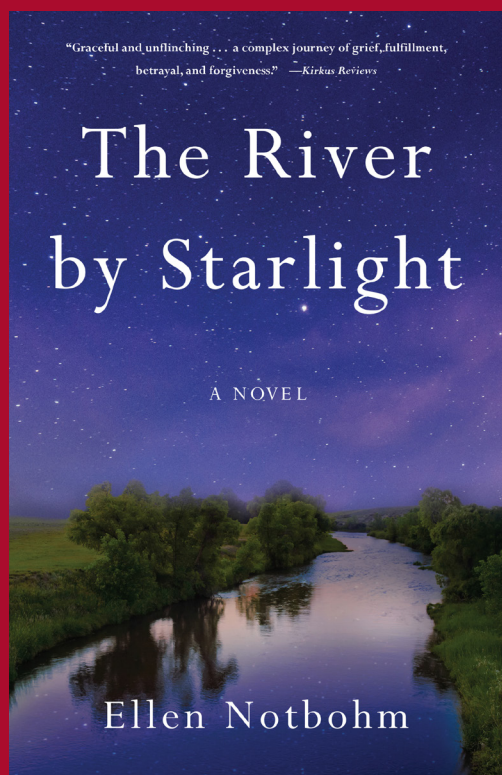
As a little girl, Trudy Herman is taught to stand up for truth by her much-loved grandfather. Then, in 1943, her family is sent to a German-American Internment Camp in Texas, and her childhood changes drastically. On the journey to the camp, Trudy meets Ruth, who tells her and her friend Eddie the legend of the Paladins—knights of Emperor Charlemagne who used magic gifted to them by the heavens to stand up for virtue and truth. Ruth insists both Trudy and Eddie will become modern-day Paladins—defenders of truth and justice—but Trudy's experiences inside the camp soon convince her that she doesn't have what it takes to be a knight.

After two years, her family is released from the camp and they move to Mississippi. Here, Trudy struggles to deal with injustice when she comes face to face with the ingrained bigotries of the local white residents and the abject poverty of the black citizens of Willow Bay. Then her family's black housekeeper—a woman Trudy has come to care for—finds herself in crisis, and Trudy faces a choice: look the other way, or become the person her grandfather and Ruth believed she could be?

## **ABOUT THE AUTHOR:**

B.E. Beck is an educator and writer. She taught at the University of Minnesota, Duluth, before moving to the Seattle College District. She is a member of Pacific Northwest Writers Association and is active in two writers' group. She and her husband live in the Seattle area.

MAY 2018



Publication Date: May 8, 2018

Collections: Literary Fiction

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-335-9

E-ISBN: 978-1-63152-336-6

"Heart-wrenching yet hopeful, *The River by Starlight* is a compelling and beautifully written debut novel."

—Ashley E. Sweeney, award-winning author of *Eliza Waite*

"Filled with vivid characters and descriptions, heartache, loss and the healing power of love, *The River by Starlight* is a tribute to so many women who were treated unjustly and who managed to find their way and survive. Bravo, Ellen Notbohm!"

—Kris Radish, best-selling author of *A Dangerous Woman From Nowhere*

# THE RIVER BY STARLIGHT

A NOVEL

ELLEN NOTBOHM

## DESCRIPTION:

*Her brother's letter touched a match to the wick of Annie's doused dreams. Dream enough for her, to stroll the length of a town without the abortive glances, the stilted greetings, the wider berth given her on the sidewalk. "I could use some help out here," he wrote. "What's holding you to Iowa anyway?"*

Annie Rushton leaves behind an unsettling past to join her brother on his Montana homestead and make a determined fresh start. There, sparks fly when she tangles with Adam Fielding, a visionary businessman-farmer determined to make his own way and answer to no one. Neither is looking for marriage, but they give in to an undeniable chemistry and form an unexpected partnership.

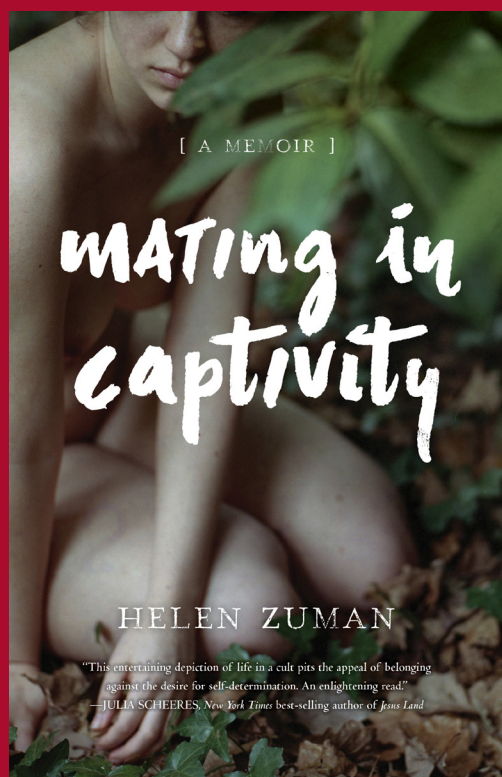
Annie and Adam's marriage brims with early promise and unanticipated passion, but their dream of having a child eludes them as an insidious illness of mind and body plagues Annie's pregnancies. Amidst deepening economic adversity, natural disaster, and the onset of world war, their personal struggles collide with the societal mores of the day. Annie's shattering periods of black depression and violent outbursts exact a terrible price. The life the Fieldings have forged begins to unravel, and the only path ahead leads to unthinkable loss. One meets the challenge with matchless resilience. One is broken by it.

Based on true events, this sweeping novel weaves a century-old story, timeless in its telling of love, heartbreak, healing, and redemption embodied in one woman's tenacious quest for control over her own destiny in the face of devastating misfortune and social injustice.

## ABOUT THE AUTHOR:

An internationally renowned author, Ellen Notbohm's work has informed and delighted millions in more than twenty languages. In addition to her award-winning books on autism, her articles and columns on such diverse subjects as history, genealogy, baseball, and politics have appeared in major publications and captured audiences on every continent. A lifelong resident of Oregon, Ellen is an avid genealogist, knitter, beachcomber, and thrift store hound who has never knowingly walked by a used bookstore without going in and dropping coin.

MAY 2018



Publication Date: May 8, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-337-3

E-ISBN: 978-1-63152-338-0

"Zuman . . . retains her sense of agency (and humor) as she weighs Zendik's weird creed and power plays against the sense of righteousness and belonging that drew her in."

—Kirkus Reviews, starred review

"Raw in perspective . . . [a] challenging memoir . . ."

—Library Journal

# MATING IN CAPTIVITY

A MEMOIR

HELEN ZUMAN

## DESCRIPTION:

When recent Harvard grad Helen Zuman moved to Zendik Farm in 1999, she was thrilled to discover that the Zendiks used go-betweens to arrange sexual assignations, or "dates," in cozy shacks just big enough for a double bed and a nightstand. Here, it seemed, she could learn an honest version of the mating dance—and form a union free of "Deathculture" lies. No one spoke the truth: Arol, the Farm's matriarch, crushed any love that threatened her hold on her followers' hearts. An intimate look at a transformative cult journey, *Mating in Captivity* shows how stories can trap us and free us, how miracles rise out of crisis, how coercion feeds on forsaken self-trust.

## ABOUT THE AUTHOR:

Helen Zuman is a tree-hugging dirt worshipper devoted to turning waste into food, and the stinky guck of experience into fertile, fragrant prose. She holds a BA in visual and environmental studies from Harvard and a half-FA in memoir from Hunter College. Raised in Brooklyn, she lives with her husband in Beacon, NY, and Black Mountain, NC. For more on life at and after Zendik, visit [www.helenzuman.com](http://www.helenzuman.com).



MAY 2018

# Last Trip Home

A STORY OF AN  
ARKANSAS FARM GIRL



Wanda Maureen Miller

Publication Date: May 15, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-339-7

E-ISBN: 978-1-63152-340-3

**"An emotionally astute account of the oppressive confines of an unhappy family life."**

—Kirkus Reviews

**"An outrageous story of love and redemption set in the not-so-gracious South, from an exciting and completely original new voice. *Last Trip Home* is for people who like their sanity skewed."**

—Terri Cheney, author of the *New York Times* bestseller *Manic* and blogger for *Psychology Today*

# LAST TRIP HOME

A STORY OF AN ARKANSAS FARM GIRL

WANDA MAUREEN MILLER

## DESCRIPTION:

*"Who do you thank you are, the Quane of Anglund?"*

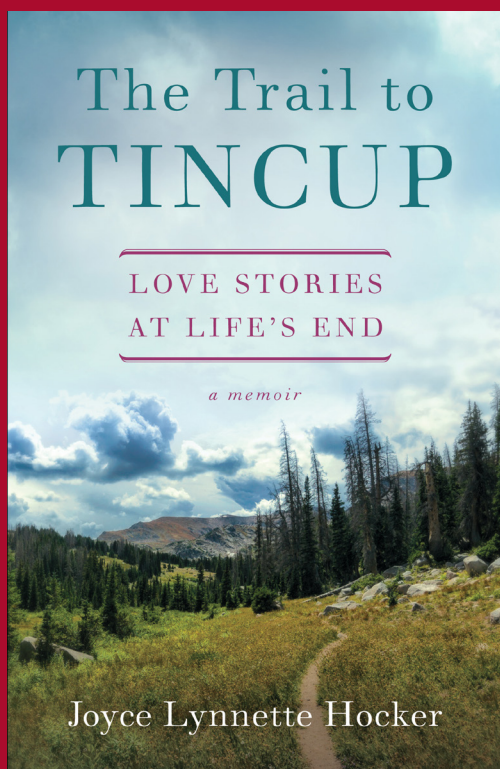
That's what Grace Marie's father used to say to her whenever he thought she was getting out of her place. In her fifties now, Grace Marie is a college professor living in a beach town in California, and when she gets a phone call telling her that her father is dead, she is glad. She hopes her return for his funeral will be her "last trip home."

As a young girl Grace Marie struggled to escape from poverty, her father's lecherous, controlling grip, and a husband in the Klan. Determined to get an education, she clawed her way to a comfortable life and a home with indoor toilets—but her most unexpected struggle turned out to be survivor's guilt, so she kept returning home to "fix" her family and the sharecropper shack. After her father's funeral, Grace Marie burns down the family home—only to discover that she has unexpected ties to both the land and the people in her community. She realizes she will never have a "last trip home."

## ABOUT THE AUTHOR:

Wanda Maureen Miller grew up on an Arkansas farm, read and wrote for escape, got an education, and moved to California. She taught college English and published four other books. She is retired now and lives in Manhattan Beach, CA, with a retired doctor. She has a daughter and granddaughter living in North Carolina and still owns the farm she grew up on.

**MAY 2018**



**Publication Date: May 15, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-341-0**

**E-ISBN: 978-1-63152-342-7**

# THE TRAIL TO TINCUP

LOVE STORIES AT LIFE'S END  
A MEMOIR

**JOYCE LYNNETTE HOCKER**

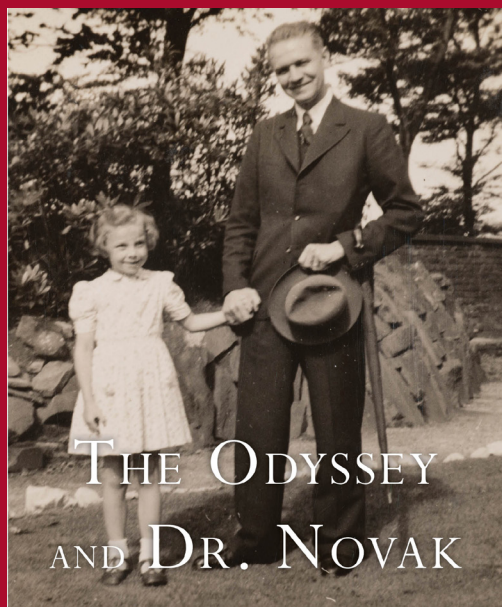
## DESCRIPTION:

In *The Trail to Tincup: Love Stories at Life's End*, a psychologist reckons with the loss of four family members within a span of two years. Hocker works backward into the lives of these people and forward into the values, perspective, and qualities they bestowed before and after leaving. Following the trail to their common gravesite in Tincup, Colorado, she remembers and recounts decisive stories and delves into artifacts, journals, and her own dreams. In the process, the grip of grief begins to lessen, death braids its way into life, and life informs the losses with abiding connections. Gradually, she begins to find herself capable of imagining life without her sister and best friend. Toward the end of the book, Hocker's own near-death experience illuminates how familiarity with her individual mortality helps her live with joy, confidence, and openness.

## ABOUT THE AUTHOR:

Joyce Lynnette Hocker grew up in Texas and is a descendent of four generations of Texans on both sides. She obtained a PhD in communication from the University of Texas–Austin, and later received a PhD in clinical psychology from the University of Montana. Her academic career as a communication studies professor brought her to Missoula, Montana in 1976, where she began her private practice in 1985. Hocker is the author of *Interpersonal Conflict*, a best-selling text used in more than 250 colleges and universities, now in its tenth edition. Now in semi-retirement, Joyce teaches in the Lifelong Learning Institute at the University of Montana and at Red Willow Learning Center, a nonprofit in Missoula, which supports resilience in people who suffer difficult life experiences. She lives with her husband, Gary Hawk, and their tuxedo cat, Lonestar.

MAY 2018



A MEMOIR

ANN C. COLLEY

Publication Date: May 22, 2018

Collections: Memoir

Price: \$18.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-343-4

E-ISBN: 978-1-63152-344-1

"Often lyrical, Ann C. Colley's personal Odyssey exposes the reader to historical and political facts as well as to other aspects of East European cultures. Her sharp eye for detail, her candor, and her illuminating insights will benefit readers interested in studying and traveling to that part of Europe."

—Regina Grol, Professor Emerita of Comparative Literature, SUNY-Empire State College

"A highly informative memoir that explores Poland and Ukraine; the book should appeal to those who revel in the poetry of intricate prose."

—Kirkus Reviews

# THE ODYSSEY AND DR. NOVAK

A MEMOIR

ANN C. COLLEY

## DESCRIPTION:

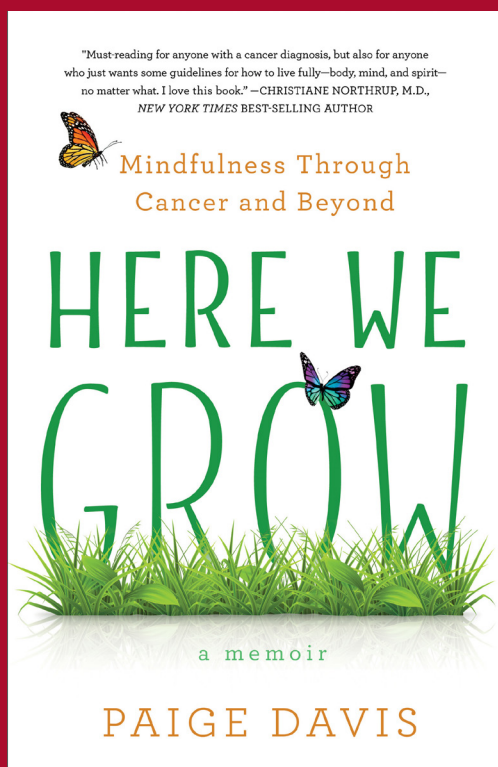
One summer afternoon in northern England in 1946, when Ann Colley was a child, she met a man from Czechoslovakia named Dr. Novak. This encounter launched her lifelong fascination with Central and Eastern Europe, one that resulted in her spending two years, in 1995 and 2000, teaching at universities in Poland and Ukraine. In *The Odyssey and Dr. Novak*, Colley records personal experiences, interactions with colleagues, and descriptions of the landscape, creating a composite portrait of these countries at a time when each is struggling to chart its course after the collapse of the Soviet Union in 1991. She recalls moments that are disturbing, absurd, discordant, frustrating, humorous, and endearing—a missing parrot flying in through the window; a robber on a train threatening her life; clouds of smoke from Chernobyl hanging over Kiev. Colley's journey ends with her return to the figure of Dr. Novak when she searches in the archives of the Harvard Divinity School Library for letters sent from Prague in 1945—letters that, just like her memoir, speak of a past that pursues the present.

## ABOUT THE AUTHOR:

Ann C. Colley is a SUNY Distinguished Professor at the State University College of New York in Buffalo. She has written extensively on nineteenth-century British literature and culture and has published with presses including Harcourt, Brace, Jovanovich, the University of Georgia Press, Macmillan, Ashgate, Palgrave, and the Cambridge University Press. She has taught abroad on Fulbright Fellowships in Poland and Ukraine. With Irving Massey she has traveled throughout South America, Central America, Nepal, Turkey, Morocco, Africa, Cape Verde, New Zealand, Armenia, Belarus, Hungary, the Soviet Union, Czechoslovakia, Poland, and Ukraine. Always nostalgic for the landscape of home, she often returns to England, where she spent the first thirteen years of her life. In the summers she lives in the wilderness of Nova Scotia.



MAY 2018



Publication Date: May 22, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-381-6

E-ISBN: 978-1-63152-382-3

"An optimistic account that effectively advocates treating disease as something to work through—not fight . . . this book—which features a few photographs—is very readable, surprisingly enjoyable, and truly uplifting."

—Kirkus Reviews

# HERE WE GROW

MINDFULNESS THROUGH CANCER AND BEYOND

PAIGE DAVIS

## DESCRIPTION:

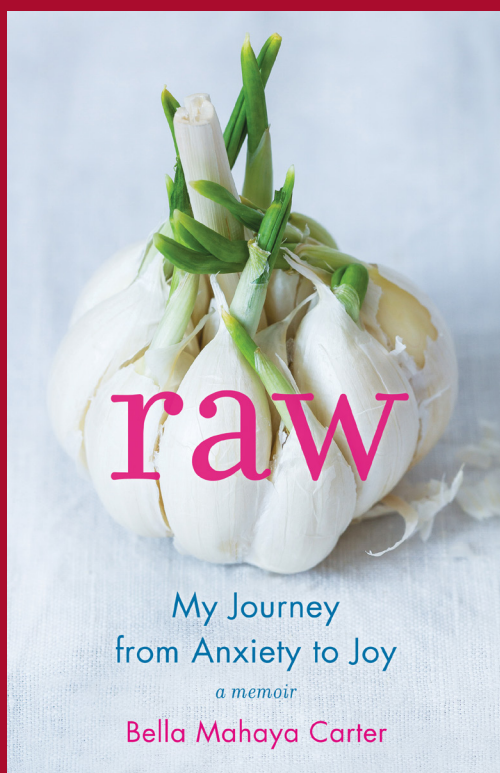
After a lifetime of seeking all things spiritual, wellness, and at times woo-woo, Paige Davis finds herself facing a breast cancer diagnosis at thirty-eight years old. But she quickly realizes that cancer isn't her crisis point; rather, it is a landing pad of experiences inviting her to integrate her mind, body, and spirit, find peace in the present moment, and heal from the inside out. She embraces cancer through a lens of love rather than as a battle to be fought.

In *Here We Grow*, Davis provides a refreshing new paradigm of integrative living that doesn't deny the hardship of a situation but instead encourages meeting difficulty through embodied, heart-centered presence. Utilizing mindfulness, meditation, and mind-body disciplines, she shares a tool kit for transformation as she learns to befriend her body, cope through compassion, face survivor's guilt, create a "new normal" post treatment, and discover the unexpected awakening of intuition and open-heartedness in the healing journey. Filled with honesty, humor, and present-moment awareness that reveals our true capacity for joy, connection, grace, and resilience, *Here We Grow* is Davis's story of meeting fear and uncertainty with mindfulness, meaning, and the unconditional love inherent in us all.

## ABOUT THE AUTHOR:

Paige Davis is an entrepreneur, writer, cancer survivor, mindfulness facilitator, and meditation teacher, and the founder of Soul Sparks ([www.soulsparks.com](http://www.soulsparks.com)), where she leads and facilitates meditation and mindfulness programming for companies, teams, and individuals seeking more patience, productivity, and present-moment awareness. She is a contributor to the cancer anthology *I Am With You: Love Letters to Cancer Patients*. Her work has been featured in the *Huffington Post* and *mindbodygreen*. She currently lives in Austin, Texas.

MAY 2018



Publication Date: May 22, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.995 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-345-8

E-ISBN: 978-1-63152-346-5

“Carter’s decade-spanning quest covers countless forms of therapy and self-help. Her relentless unease is palpable throughout, deftly portrayed through effective dialogue and memorable recollections.”

—Kirkus Reviews

“In her brave and transparent book, Bella Mahaya Carter reveals how she took her healing into her own hands, overcoming obstacles we can all relate to: fear, shame, worth. Her story will inspire readers to allow themselves to be seen while bringing their gifts and voices to the world.”

—Nancy Levin, best-selling author of *Worthy*

# RAW

MY JOURNEY FROM ANXIETY TO JOY  
A MEMOIR

BELLA MAHAYA CARTER

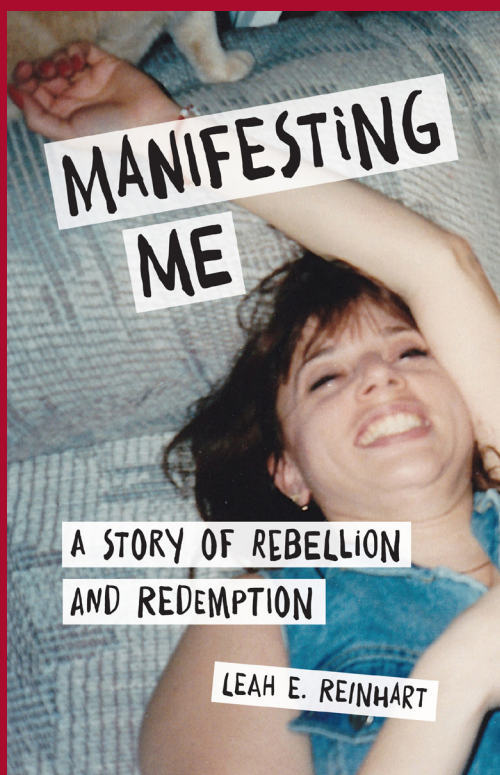
## DESCRIPTION:

*Raw* is the story of one woman’s quest for health and happiness, which dragged her kicking and screaming into spiritual adulthood. Anxiety and a desire to heal it holistically—even before she knew what it was—is at the heart of this story, which reveals Carter’s struggles to face her fears, release perfectionism, surrender things beyond her control, and find validation within for her life and work. The book is divided into three sections—body, mind, and spirit—and it begins with Carter’s efforts to holistically cure chronic stomach problems. Toward that end, she adopted a 100 percent raw, vegan diet, which eased her symptoms and produced impressive, unexpected perks, but didn’t completely heal her. She then looked to her mind for answers and discovered that unconscious negative thoughts combined with a stressful, hectic-paced life sabotaged her well-being. Finally, a few mystical experiences brought her “home” to a visceral understanding of who she really is.

## ABOUT THE AUTHOR:

Bella Mahaya Carter is a writing teacher, developmental editor, and coach with a lifelong passion for creativity, health, and healing. She is the author of *Secrets of My Sex*, a collection of narrative poems. Her poetry, fiction, and creative nonfiction have appeared in *MindBodyGreen*, *The Sun*, *Lilith*, *Calyx*, *Literary Mama*, and elsewhere. Her work has been anthologized in *The Magic of Memoir: Inspiration for the Writing Journey*, *Grandmothers’ Necklace*, and *Writing Our Way Out of The Dark: An Anthology of Literary Acts of Bravery*. She’s a featured columnist on SheWrites.com and maintains her own blog, *Body, Mind, Spirit: Inspiration for Writers, Dreamers, and Seekers of Health & Happiness*. Visit Bella online: [www.bellamahayacarter.com](http://www.bellamahayacarter.com).

**JUNE 2018**



**Publication Date: June 5, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-383-0**

**E-ISBN: 978-1-63152-384-7**

**“This is a raw and honest sharing about love, life, and success. Leah skillfully takes us through a story that gently teaches us that anything is possible if you always point yourself in the direction of love in your life.**

**—Phyllis King, author of *The Energy of Abundance***

**“Who needs a guru? Leah’s raw, self-revelatory read shows how grit and grace led the author to her own truth and healing.”**

**—Donna Morrish, psychotherapist and energy healer**

# **MANIFESTING ME**

**A STORY OF REBELLION AND REDEMPTION**

**LEAH E. REINHART**

## **DESCRIPTION:**

When Leah Reinhart was six years old, her family moved to an unlikely neighborhood on a hill much like the country—a place where everyone dressed and lived like they were living a real-life *Little House on the Prairie*. Yet their new home was in Oakland, California, and everything surrounding Leah’s neighborhood was the polar opposite of their old-fashioned lifestyle.

As an already scared little white girl in a predominantly African American city, Leah quickly learned that would have to face many of her fears—or get eaten alive. And in her search for love and belonging, she also found that things aren’t always as they appear. As she got to know her neighbors, most of whom belonged to the neighborhood church, she began to realize that the hood was sometimes much safer than the country.

Over the course of her life—learning from the streets, a cult, trial and error, and many years of therapy—Leah developed an eye for patterns. She learned how the belief system she’d absorbed during her childhood manifested in her teenage years and young adulthood. Ultimately, she learned how to change her thoughts and accept herself—and in doing so, she broke free of the cycle she’d been imprisoned by.

## **ABOUT THE AUTHOR:**

Leah E. Reinhart is a hair stylist and angel card reader turned author. When the market crashed and business was slow, her hair clients encouraged her to write a memoir after hearing some of her stories about her unusual childhood in Oakland, California. She started writing and a whole new journey began as she began to fall in love with writing and reading. Reinhart is a mother of two and a wife, and currently works in her not-so-ordinary salon, Wellness Garden Tool Shed.



JUNE 2018

IN SEARCH OF PURE LUST



LISE WEIL

Publication Date: June 5, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-385-4

E-ISBN: 978-1-63152-386-1

"Intimate, personal, visionary, *In Search of Pure Lust* is the chronicle of a now vanished golden age of the lesbian feminist movement, a time when we lived the belief that we were reinventing culture and society from root to flower. . . . A page-turner, and a call to remembrance. The reader should expect to stay up all night, and for many nights, reading."

—Kim Chernin, best-selling author of *In My Mother's House* and *The Hungry Self*

# IN SEARCH OF PURE LUST

A MEMOIR

LISE WEIL

## DESCRIPTION:

When Lise Weil came out in 1976, she came out into a land that was all on fire. Lesbian desire was the pulsing center of an entire way of life, a culture, a movement. The air throbbed with possibility. At the center of *In Search of Pure Lust* is Weil's immersion in this culture, this movement: the grand experiment of lesbian feminism of the '70s and '80s. She and the women around her lived in a state of heightened erotic intensity that was, she believed, the source of their most vital knowledge. Desire was their guiding light. But after fifteen years of torrid but ultimately failed relationships that tended to mirror the tumultuous political currents swirling around her, she had to admit that desire was also a conduit for childhood wounds. It reared its head when she was feeling wary, estranged—abused, even. It flagged when she was fondest and most trusting. And it tended to trump love, over and over again.

In the mid-'80s, when a friend asked Weil to accompany her on a Zen retreat, she was desperate enough to say yes. Her first day of sitting zazen was mostly hell—but smitten with the (female) roshi, she stuck with it, later returning for sesshin after sesshin. A period of difficult self-examination ensued and, over a period of years, she began to learn an altogether different approach to desire. Ultimately, what her search for pure lust uncovered is something that looks a lot like love.

## ABOUT THE AUTHOR:

Lise Weil founded *Trivia: A Journal of Ideas*, an award-winning radical feminist literary and political magazine, in 1982, which she edited for nine years. She was also editor of its online relaunch, *Trivia: Voices of Feminism*, from 2004 to 2011. In 1990 she translated German writer Christina Thurner-Rohr's collection of essays *Vagabonding: Feminist Thinking Cut Loose (Vagabundinnen)*, which was published by Beacon Press, and founded the online journal *Dark Matter: Women Witnessing* in 2014. Weil's short fiction, essays, reviews, literary nonfiction, and translations have been published widely in journals in both Canada and the US. Her collection of Mary Meigs's writings on aging, *Beyond Recall* (2005), was a finalist for a Lambda Literary Award in biography in 2006. Weil teaches in the Individualized master's program in Goddard College's Graduate Institute. She lives in Montreal and spends summers in a cabin in the woods north of the city, where she hosts annual retreats for women writers centered around dreamwork.

JUNE 2018



Publication Date: June 5, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-355-7

E-ISBN: 978-1-63152-356-4

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*"The Tell is a compelling coming-of-age story told with grit, humor, and a fine sense of atmosphere. From growing up with a mobster father and an unstable mother to waiting in a Catskill bungalow colony for a phone call from the future Ralph Lauren (né Lifshitz), to becoming a psychoanalyst, Meyers covers a lot of ground in this vivid portrait of resilience."*

—Mindy Greenstein, PhD, author of *The House on Crash Corner* and *Lighter as We Go*

# THE TELL

A MEMOIR

LINDA I. MEYERS

## DESCRIPTION:

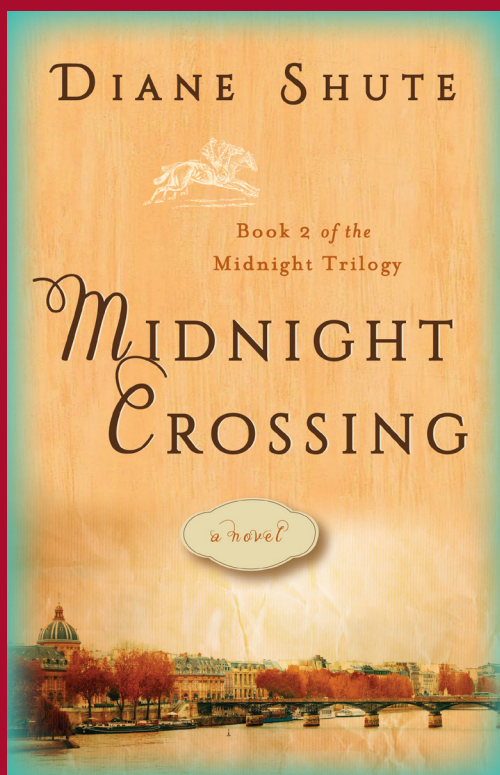
Linda I. Meyers was twenty-eight and the mother of three little boys when her mother, after a lifetime of threats, killed herself. Staggered by conflicting feelings of relief and remorse, Linda believed that the best way to give meaning to her mother's death was to make changes to her own life. Bolstered by the women's movement of the seventies, she left her marriage, went to college, started a successful family acting business, and established a fulfilling career.

Written with irony and humor and sprinkled with Yiddish, *The Tell* is one woman's inspirational story of before and after, and ultimately of emancipation and purpose.

## ABOUT THE AUTHOR:

Linda I. Meyers is a psychologist and psychoanalyst in NYC and Princeton, NJ. She has published in professional journals and academic books. In 2016 she published two chapters from *The Tell*: "The Flowers," a top five finalist in *Alligator Juniper's* annual contest in creative nonfiction, and "The Spring Line" in *Post Road*. She lives in NYC and writes in a little town in upstate New York.

**JUNE 2017**



**Publication Date: June 5, 2018**

**Collections: Women's Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-349-6**

**E-ISBN: 978-1-63152-350-2**

"Intrigue, mystery, romance! Set in 1830s England and France, *Midnight Crossing* has everything to keep readers glued to the page. Shute's exciting sequel continues to follow Alix Saint-Descoteaux as she tries to decide between her forgotten, ancestral home in France and the new life she has made for herself at Sterling Stables in England. Shute delivers a thrilling ride in this unputdownable book that will have your heart racing before the end!"

—Michelle Cox, author of the Henrietta and Inspector Howard series

# **MIDNIGHT CROSSING**

**A NOVEL**

**DIANE SHUTE**

## **DESCRIPTION:**

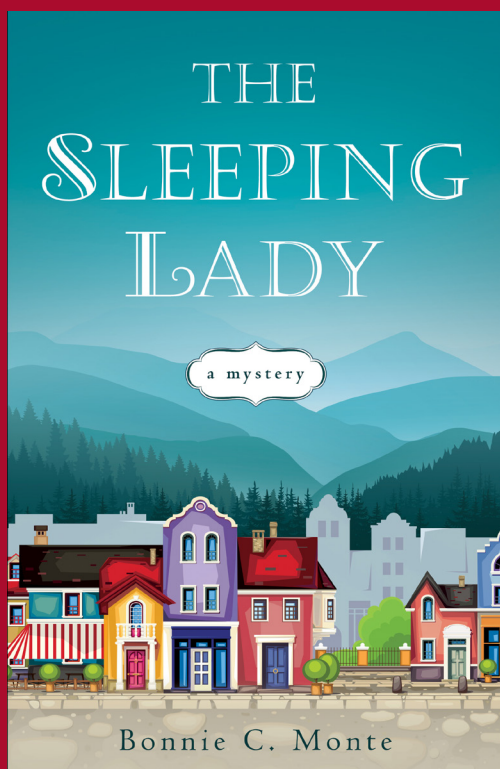
When Quenton wants to take Alix home to France after years of exile in England, she is torn between the restoration of her fortune and her dream to build her Sterling Wood Stable into a successful racing business. She finds an unlikely friend in her uncle's companion, Nicholas Griffon. Caught by her surprising fondness for him, Alix does not realize shadows from the past are stalking her—until she's trapped by their darkness.

## **ABOUT THE AUTHOR:**

Diane Shute is from Salinas, famous for its creative giants like John Steinbeck and Alfred Hitchcock. Her lifelong love of books was shaped by her father, who inspired her to write before she could read. Her passion for historical fiction led to her first published work, *After Midnight*. She currently resides in Salinas with her grandson and their family of rescued animals.



**JUNE 2018**



**Publication Date: June 12, 2018**

**Collections: Women's Fiction**

**Price: \$16.95 paperback / \$9.95 ebook**

**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-387-8**

**E-ISBN: 978-1-63152-388-5**

***"The Sleeping Lady is a terrific debut. Rae Sullivan is an engaging heroine, the characters are finely drawn, and the dialogue is tight. The plot is beautifully paced. For those who love the San Francisco Bay Area, this novel shines like the sun breaking through the morning fog on a perfect San Francisco day. We will be hearing more from this talented newcomer."***

**—Sheldon Siegel, *New York Times*  
best-selling author of *Special Circumstances***

# THE SLEEPING LADY

A NOVEL

**BONNIE C. MONTE**

## DESCRIPTION:

Thirty-five-year-old Rae Sullivan owns a thriving home décor shop in the San Francisco Bay area, near majestic Mt. Tamalpais (to locals, The Sleeping Lady). But when her business partner, Thalia, confides that she has a lover in France, Rae's comfortable life starts to unravel. Soon, an anonymous note-writer threatens to reveal the affair, and Thalia—who, unswayed by Rae's warnings, insists on confronting the blackmailer—turns up dead in Golden Gate Park.

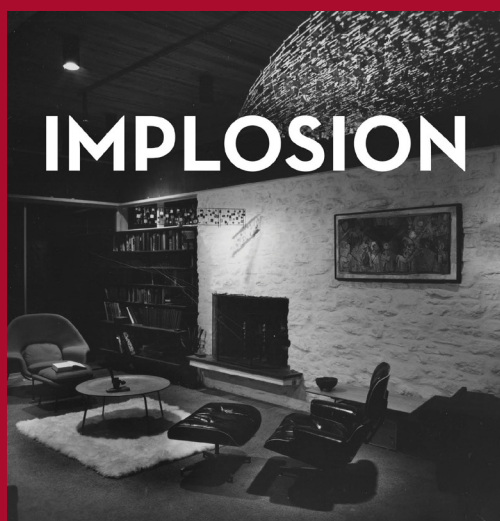
The police, convinced the crime was a random mugging, are dismissive of Rae's story of blackmail. Then a scandal from Rae's past job comes to light, and the police start to eye her as a suspect. To clear her reputation and ensure justice for Thalia, Rae decides it's up to her to unmask the murderer—despite her husband's objections.

Rae's sleuthing leads her to France, where she enlists the help of Thalia's handsome half brother. As they collaborate to catch the killer, sparks fly between them, and Rae has to contend with these newly aroused feelings—even as she strives to outmaneuver a cold-blooded murderer who wants to silence her.

## ABOUT THE AUTHOR:

Bonnie C. Monte grew up in Brooklyn before it was the nexus of cool. After graduating from Brooklyn College, she moved to the San Francisco Bay Area, where she has enjoyed a long editorial career that has included a decade on the staff of a national magazine, editing gardening books, and copywriting for major retailers. The mother of two grown daughters, she lives with her husband, a dog of uncertain lineage, and a turtle. When not working, she gardens, writes fiction, hikes, volunteers, and watches British mysteries on TV.

JUNE 2018



A MEMOIR OF  
AN ARCHITECT'S DAUGHTER

ELIZABETH W. GARBER

Publication Date: June 12, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.995 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-351-9

E-ISBN: 978-1-63152-352-6

"Garber's extraordinary debut memoir tells the story of her abusive father, architect Woodie Garber . . . and steadily charts his and her family's descent into chaos and madness, as Woodie's commissions dry up and he ceases to receive the recognition he believes he deserves. . . . Recommended for survivors of abuse and those interested in knowing more about the ways in which great professional success often comes at the sacrifice of one's own family and private life."

—Library Journal

# IMPLOSION

A MEMOIR OF AN ARCHITECT'S DAUGHTER

ELIZABETH W. GARBER

## DESCRIPTION:

What could be cooler, thinks teen Elizabeth Garber in 1965, than to live in a glass house designed by her architect dad? Ever since childhood, she's adored everything he loves—his XKE Jaguar, modern art, and his Eames black leather chair—and she's been inspired by his passionate intensity as he's taught her about modern architecture. When Woodie receives a commission to design a high-rise dormitory—a tower of glass—for the University of Cincinnati, Elizabeth, her mother and brothers celebrate with him. But less than twenty years later, Sander Hall, the mirror-glass dormitory, will be dynamited into rubble.

*Implosion: Memoir of an Architect's Daughter* delves into the life of visionary architect Woodie Garber and the collision of forces in the turbulent 1970s that caused his family to collapse. Soon after the family's move into Woodie's glass house, his need to control begins to strain normal bonds; and Elizabeth's first love, a young black man, triggers his until-then hidden racism. This haunting memoir describes his descent into madness and follows Elizabeth's inspiring journey to emerge from her abuse, gain understanding of and freedom from her father's control, and go on to become a loving mother and a healer who helps others.

## ABOUT THE AUTHOR:

Elizabeth W. Garber is the author of three books of poetry, *True Affections: Poems from a Small Town* (2012), *Listening Inside the Dance* (2005), and *Pierced by the Seasons* (2004). Three of her poems have been read on NPR by Garrison Keillor on *The Writer's Almanac*, and her poem "Feasting" was included in his *Good Poems for Hard Times*. She was awarded writing fellowships at Virginia Center for Creative Arts and Jentel Artist Residency Program in Wyoming.

Garber studied Greek Epic in the Mythology and Folklore Department at Harvard, received a BA from Johns Hopkins, a MFA in creative nonfiction from University of Southern Maine's Stonecoast Masters Program, and a master's in acupuncture from the Traditional Acupuncture Institute. She has maintained a private practice as an acupuncturist for over thirty years in mid-coast Maine, where she raised her family. Visit her at [www.elizabethgarber.com](http://www.elizabethgarber.com).

**JUNE 2018**



**Publication Date: June 12, 2018**

**Collections: Thriller**

**Price: \$16.95 paperback / \$9.99 ebook**

**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-389-2**

**E-ISBN: 978-1-63152-390-8**

**“Five good friends—Heather, Eve, Mariah, Espy, Fiona—plan their annual BFF reunion in Charleston. What could go wrong? Finding out will keep you up at night.”**

**—Barbara Elmore, author of *Breathing Room***

# ENTANGLED MOON

A NOVEL

**E.C. FREY**

## DESCRIPTION:

*It only takes one moment to change everything.*

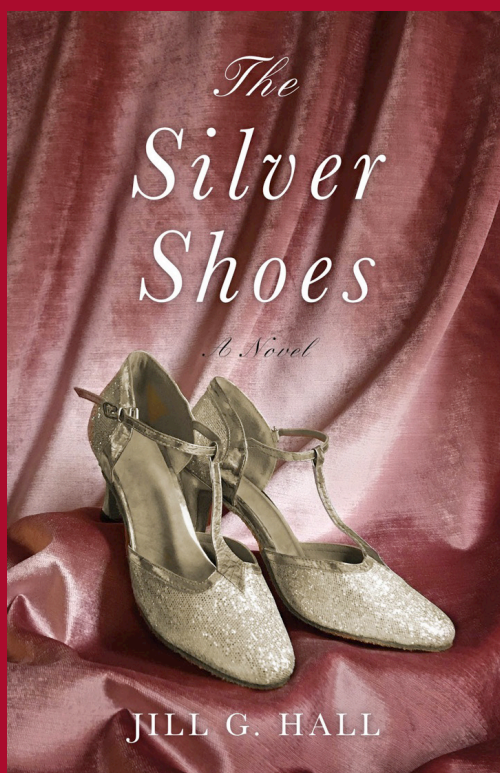
Long ago, Heather left her old life behind. Now, she has everything: a marriage to a handsome executive, a managerial human resources position in a powerful multinational, and a beautiful daughter. And she will do anything to keep it that way. But everything has a price. When a bullet ends the life of another woman—an ex-employee whom Heather helped fire—it sets off a chain of events that jeopardizes everything for which Heather has worked. Events of Heather’s past soon collide with her company’s wrongdoings, and she must risk everything to expose them. But all she’s ever known is the peril of being visible. Frightened and desperate, Heather calls upon her constant childhood friends—friends who long ago saved her from a life of pain—and, together, they will once again face the events of a traumatic night that each has sought to forget. Because sometimes the only ones who can save you are those with whom you share your deepest and darkest secrets—those who know that fear is the price of silence.

## ABOUT THE AUTHOR:

E.C. Frey has worked in Fortune 500 companies in positions dealing with systems analysis/project management, human resources, employee relations, and affirmative action. After surviving cancer, she switched gears and, during her studies for a master’s in history and non-Western cultures, focused on water rights and resources and completed a thesis on the Doctrine of Discovery and land issues in Indian country. Born in the Philippines to chronic expat parents, she has lived in too many places to name and now lives in Texas Hill Country with her husband, two gypsy-hearted kids, dogs, cows, chickens, a horse, and a swarm of transient, kamikaze hummingbirds. Learn more at [www.elizabethcampbellfrey.com](http://www.elizabethcampbellfrey.com).



**JUNE 2018**



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**E-ISBN: 978-1-63152-354-0**

"The crash of 1929, speakeasies and musical reviews, artistic challenges, family secrets, secret desires, romantic complications—these are just a few of the ingredients in Hall's wonderful new novel, *The Silver Shoes*. Clair and Anne are two compelling characters born decades apart into drastically different circumstances. Each must face her own dilemmas and neither has an easy solution."

—Judy Reeves, author of *Wild Women, Wild Voices*

"A pair of glittery shoes links two women nearly a century apart in this enchanting story by Jill G. Hall."

—Janice Steinberg, author of *The Tin Horse* and dance journalist

# THE SILVER SHOES

A NOVEL

**JILL G. HALL**

## DESCRIPTION:

In her second novel, Jill G. Hall, author of *The Black Velvet Coat*, brings readers another dual tale of two dynamic women from two very different eras searching for fulfillment.

San Francisco artist Anne McFarland has been distracted by a cross-country romance with sexy Sergio and has veered from her creative path. While visiting him in New York, she buys a pair of rhinestone shoes in an antique shop that spark her imagination and lead her on a quest to learn more about the shoes' original owner.

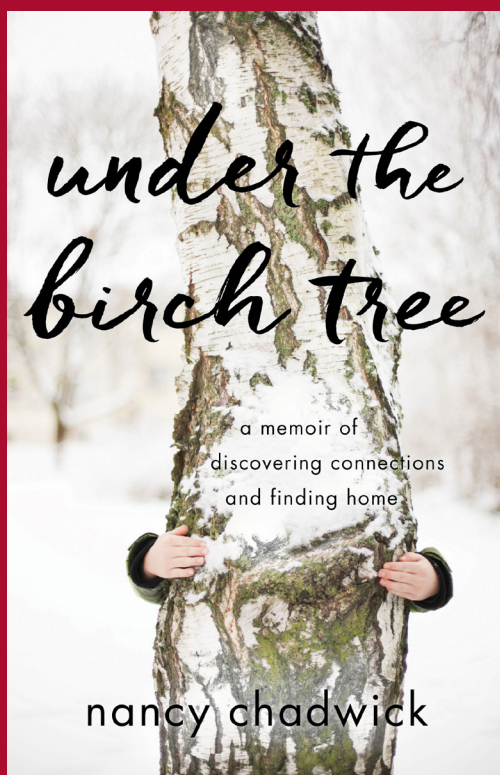
Almost ninety years earlier, Clair Deveraux, a sheltered 1929 New York debutante, tries to reside within the bounds of polite society and please her father. But when she meets Winnie, a carefree Macy's shop girl, she is lured into the steamy side of Manhattan—a place filled with speakeasies, flappers, and the beat of "that devil music"—and her true desires explode wide open. Secrets and lies heap up until her father loses everything in the stock market crash and Clair becomes entangled in the burlesque world in an effort to save her family and herself.

Ultimately, both Anne and Clair—two very different women living in very different eras—attain true fulfillment . . . with some help from their silver shoes.

## ABOUT THE AUTHOR:

Jill G. Hall is the author of *The Black Velvet Coat*, an International Book Award Finalist for Best New Fiction. Her poems have appeared in a variety of publications, including *A Year in Ink*, *The Avocet*, and *Wild Women, Wild Voices*. On her blog, *Crealivity*, she shares personal musings about the art of practicing a creative lifestyle. She is a seasoned presenter at seminars, readings, and community events. In addition to writing, Hall practices yoga, tap dances, and enjoys spending time in nature. Learn more at [www.jillghall.com](http://www.jillghall.com).

JULY 2018



Publication Date: June 19, 2018

Collections: Memoir

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-357-1

E-ISBN: 978-1-63152-358-8

“A story of finding strength in the midst of silence and secrets, and the joy of using that strength to create a life of meaning, self-worth, and faith. Nancy Chadwick’s memoir is rich with the details of a sustaining inner vision of home.”

—Nancy G. Shapiro, author of *The Book of Calm: Clarity, Clarity, Compassion, and Choice in a Turbulent World*

“*Under the Birch Tree* is the story of one woman’s search for home, connection, and belonging.”

—Patricia Pearce, author of *Beyond Jesus: A Spiritual Odyssey*

# UNDER THE BIRCH TREE

A MEMOIR OF DISCOVERING CONNECTIONS AND FINDING HOME

NANCY CHADWICK

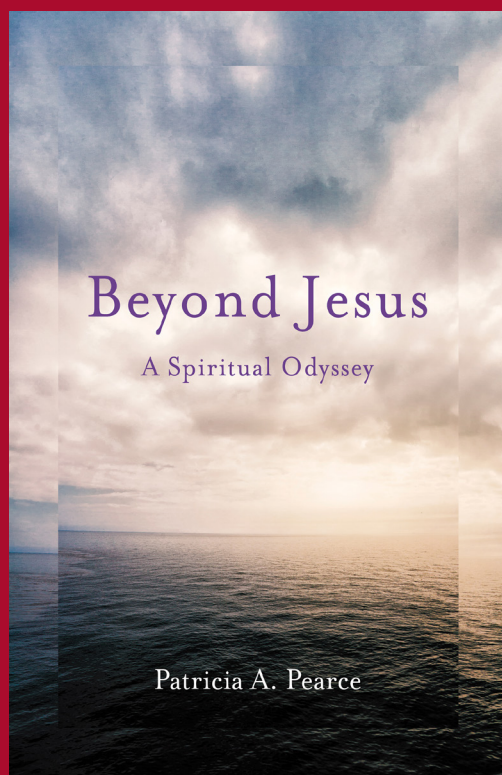
## DESCRIPTION:

A birch tree grows tall and arabesque in the front yard of Nancy Chadwick’s childhood home. Over time the tree becomes her buddy and first learned connection, synonymous with home—and one spring morning, she makes a discovery under its boughs that foreshadows the many disconnections within her family, relationships, jobs, and home that are to come. Through the chapters in her life, Chadwick’s search for home carries her through with unflinching honesty, but in the end, hers is a story of survival and triumph over adversity. She does not wallow in self-pity but remains tenacious as she examines her life. An exploration of what it means to belong, *Under the Birch Tree* is a success story of finding home.

## ABOUT THE AUTHOR:

Nancy Chadwick grew up in a north suburb of Chicago. After receiving a journalism degree at Marquette University, she got her first job at Leo Burnett advertising agency in Chicago. After ten years there, she couldn’t get to where she wanted to be in the agency business, so she reinvented herself and turned to the banking industry. Then, after another ten years, she realized she wasn’t a banker, so she quit and started to write, finding inspiration from her years in Chicago, and San Francisco and putting to use her knack for writing descriptive scenery, ear for dialogue, and experience in human interaction.

**JULY 2018**



**Publication Date: July 3, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-359-5**

**E-ISBN: 978-1-63152-360-1**

# **BEYOND JESUS**

**A SPIRITUAL ODYSSEY**

**PATRICIA A. PEARCE**

## **DESCRIPTION:**

Enlightening, revelatory, and bold, *Beyond Jesus* is a compelling account of a remarkable spiritual journey. In the crucible of grief following a friend's death, Presbyterian pastor Patricia Pearce resolved to discover a dimension of existence she sensed was present beneath her ordinary perception. She soon found herself in a vortex of revelatory dreams, synchronicities, energy openings, and insights that shattered her worldview, exposed a unified Reality of Love, and unveiled the illusory nature of the ego and the world it has created—and, faced with these discoveries, she struggled to remain in a religion that she now realized had been shaped by the very ego consciousness Jesus had transcended and urged others to abandon.

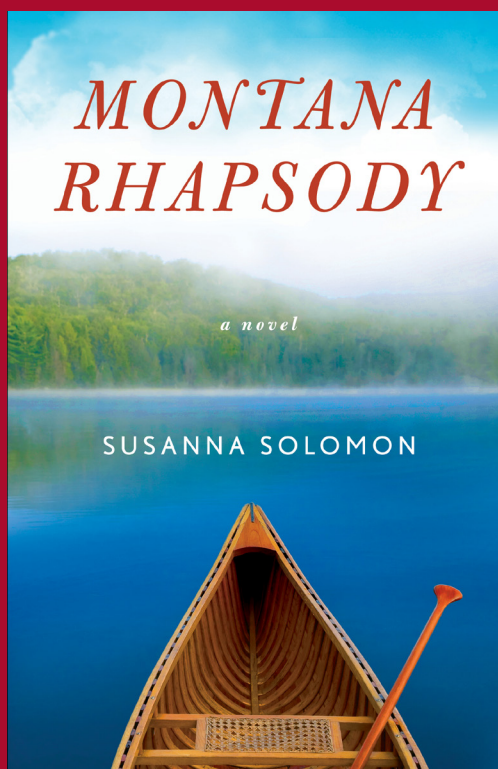
Tracing Pearce's spiritual journey—including her experiences with the Quichua Indians in the Andes of Ecuador, her incarceration in a federal prison for nonviolent civil disobedience; and her eventual departure from the ministry—*Beyond Jesus* reveals how our political and religious institutions are an outward manifestation of the inner beliefs we hold about who we are, and that beneath the layers of dogma about Jesus lies a key to our spiritual evolution and the astonishing possibility it holds for the future.

## **ABOUT THE AUTHOR:**

Patricia Pearce was born and raised in Denver, Colorado. After graduating from the University of Colorado, she served as a Peace Corps Volunteer in the Andes of Ecuador. Her experience there set her on a path of spiritual exploration that took her into ordained ministry, and for seventeen years she served as a Presbyterian pastor. But in 2002, following the death of a close friend, she experienced a spiritual awakening that led her beyond the bounds of conventional Christian belief. She resigned from parish ministry in 2010 to embark on a vocation of writing, speaking, and teaching. She lives with her spouse in Philadelphia.



JULY 2018



**Publication Date:** July 3, 2018

**Collections:** Women's Fiction

**Price:** \$16.95 paperback / \$9.95 ebook

**Distributed by** Ingram Publisher Services

**Print ISBN:** 978-1-63152-361-8

**E-ISBN:** 978-1-63152-362-5

**"Romance, adventure, adultery, Susanna Solomon has packed every page with excitement and intrigue."**

—Jeffrey Hammerhead Phillips, author of *Murder of Devil Ray Reef* and *Death at Obeah's Fire*

**"*Montana Rhapsody* is a comic romantic-suspense adventure about a pole dancer pursued by wacky bad guys on a canoe trip where she falls in love with the most unlikely guy on the planet. It's a fast read: quirky, beautifully written, warm, funny, and chuck-full of delightful plot twists. It's really a hoot."**

—James N. Frey, author of *How to Write a Damn Good Novel*

# MONTANA RHAPSODY

A NOVEL

SUSANNA SOLOMON

## DESCRIPTION:

Laura Fisher, pole dancer extraordinaire, has just moved to Great Falls, Montana to start over. When she takes to the stage for the very first time, she has no idea that her evening will end with her fighting off three men intent on taking her virtue, taking a leap out of a second story window, and going on a wild ride in a convertible to the small town of Fort Benton. The next day, with the thugs still chasing her, Laura embarks on a three-day canoe camping trip with E.B., a man she's just met—despite the fact that she doesn't even know how to swim.

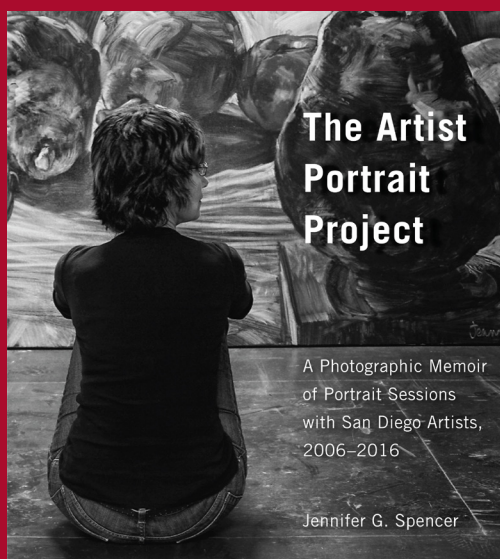
Out on the river, Laura encounters swarms of mosquitoes, a broken and leaking canoe, hail the size of golf balls, and an evil man named Tucker Claymore. Meanwhile, E.B., a broken-hearted farmer, becomes sick and is chased by a granny with a gun, among other misadventures. Along the way, Laura and E.B. meet a number of characters, including Campbell Carr, a businessman from New York who is on the river to mend fences with his fourteen-year-old daughter, Francine—a girl who knows better than to believe anything Dad says—and Daisy, Campbell's mistress, whom he has also invited along and plans to introduce to his daughter.

*Montana Rhapsody* is a romp through the wilderness with these five disparate characters, all of whom want something—and all of whom are challenged in ways they never expected by their time on the river.

## ABOUT THE AUTHOR:

Susanna Solomon, a writer and electrical engineer, lives in Marin County, where she has run her own engineering consulting firm for more than twenty years. Her books include two short story collections, *Point Reyes Sheriff's Calls* and *More Point Reyes Sheriff's Calls*, and her stories have appeared in *Foliate Oak Magazine*, *Meat for Tea – The Valley Review*, the *Mill Valley Literary Review*, and *Harlot's Sauce Radio*. An avid outdoor enthusiast, Susanna has backpacked in Yosemite, Glacier National Park, Point Reyes, the Bernese Oberland, and the Gasternal in Switzerland. She's walked across England on the Coast to Coast Trail, and has canoed extensively on rivers across the US. She now spends her free time studying Tai Chi and Tai Chi sword and swimming in Tomales Bay, which is ten minutes from her home.

**JULY 2018**



**Publication Date: July 10, 2018**

**Collections: Photography**

**Price: \$39.95 paperback / \$9.95 ebook**

**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-393-9**

**E-ISBN: 978-1-63152-394-6**

**“Tucked into this wonderfully realized selection of fifty artists, there is a fifty-first: Jennifer Spencer is in every image. She is reflected in the generosity she gives the sitters, who are seen with respect and affection. Her camera distance, little more than arm’s length, shows her intimacy. That her subjects open to her identifies her warmth, and she allows the artists’ work to be as present and speak as eloquently as do their faces.”**

**—Arthur Ollman, former director of MOPA (Museum of Photographic Arts, San Diego), San Diego State University, head of the School of Art and Design**

# **ARTIST PORTRAIT PROJECT**

**A PHOTOGRAPHIC MEMOIR OF PORTRAIT SESSIONS WITH SAN DIEGO ARTISTS, 2006–2016**

**JENNIFER G. SPENCER**

## **DESCRIPTION:**

After five years’ absence from San Diego’s art community, Jennifer G. Spencer returned and began to photograph the artists she had become acquainted with during her thirteen-year stint as an executive director of a visual arts organization—a project that became a ten-year journey. In *The Artist Portrait Project*, Spencer reveals the results of her adventure in portraiture after her retirement, and shares how this endeavor enlightened and shaped her opinion of these fifty artists and her art community. Engaging and visually stunning, *The Artist Portrait Project* is a book about self-discovery and the persistence of the creative spirit.

## **ABOUT THE AUTHOR:**

Jennifer G. Spencer is a painter/photographer who creates images using alternative photographic processes and digital imagery. Her career began as a painter back East in Massachusetts. After moving to California in the mid 1970s, her painting began to change—and during her brief business adventure in painting backdrops for photographers, her interest in photography emerged. Spencer’s curiosity and creative interests blossomed after attending Grossmont Community College, where she acquired an associate degree in digital art media and fine art photography. Her attention was drawn to photographic portraiture after her retirement from a visual arts nonprofit and return to school.

JULY 2018

## The Business of Being



SOUL PURPOSE IN AND  
OUT OF THE WORKPLACE

Laurie Buchanan, PhD

Publication Date: July 10, 2018

Collections: Self-Help

Price: \$16.95 paperback / \$9.95 ebook

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-395-3

E-ISBN: 978-1-63152-396-0

“The book combines a personal guide and business manual with a culinary story . . . lays out a series of plain-sounding but persuasively thoughtful principles organized around the straightforward contention that there really isn’t much difference between the two disciplines, asking a deceptively simple question: ‘Can implementing business values improve personal lives?’ . . . A lucid, step-by-step guide to personal and professional success—with vichyssoise mixed in.”

—Kirkus Reviews

# THE BUSINESS OF BEING

SOUL PURPOSE IN AND  
OUT OF THE WORKPLACE

LAURIE BUCHANAN, PHD

### DESCRIPTION:

This book isn’t just about being in business; it’s about the business of being. But when you stop to think about it, each of us is like a small business. Successful business owners implement strategies that improve their prospects for success. Similarly, as human beings, it serves us well to implement guiding principles that inspire us to live our purpose and reach our goals.

The rich ganache filling that flows through the center of this book is the story of *La Mandarine Bleue*, a delicious depiction of how nine individuals used twelve steps of a business plan to find their vocation and undergo a transformation (with some French recipes thrown in for good measure).

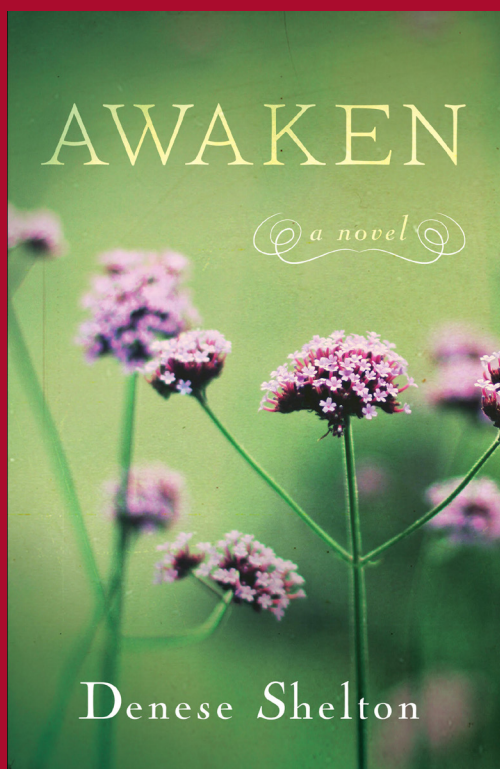
From a business plan and metrics to mission and goals with everything between—investors, clients and customers, marketing strategies, and goodwill development—this book clearly maps how to create personal transformation at the intersection of business and spirituality. Merging the language of business and self-help, *The Business of Being* will teach you how to enhance “profitability”—body, mind, and spirit.

### ABOUT THE AUTHOR:

Board Certified with the American Association of Drugless Practitioners, Laurie Buchanan is a holistic health practitioner, transformational life coach, speaker, and author. Her areas of interest include energy medicine, inner alchemy, and spiritual awareness. Embracing the belief that life is an expression of the choices we make, she’s a teacher and student of purposeful living. She enjoys yoga, long walks, bicycling, and photographing the great outdoors. She loves laughter, red licorice, and all things Idaho. Her previous book, *Note to Self: A Seven-Step Path to Gratitude and Growth* has received six literary honors, including the coveted Foreword INDIES Book of the Year (2016).



**JULY 2018**



**Publication Date: July 10, 2018**

**Collections: Women's Fiction**

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**Distributed by Ingram Publisher Services**

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**E-ISBN: 978-1-63152-364-9**

# **AWAKEN**

**A NOVEL**

**DENESE SHELTON**

## **DESCRIPTION:**

Sierra is a successful real estate agent living a comfortable life. But she has a secret so painful that she has erected emotional walls around her heart that block anyone from getting close.

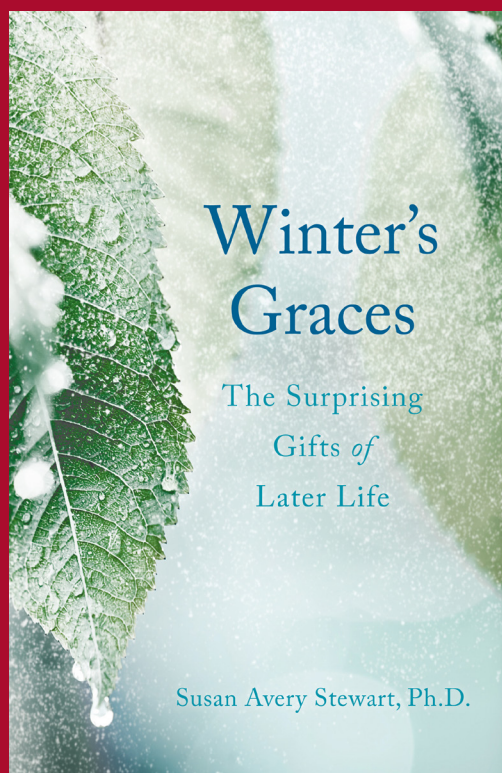
Then the dreams begin. In one, Sierra is running from the sound of dogs barking and men chasing her in the darkness; in another, she's in a field, lashes coming down on her back; in many, she is a woman of faith named Dorothy, fighting for civil rights. Sierra tries to ignore the dreams and continue with life as usual—but the more she disregards them, the longer and deeper she sleeps, and soon the long nights begin to affect her work and sanity. Finally, she seeks the help she needs.

The more she works to understand the nature of and reason for her dreams, the more freedom she feels in her own life. Doors to relationships with other people open. She meets a client that could be the love of her life. And soon, she has a decision to make: she can be who she has always been, living in fear; or she can be Dorothy, allow the dreams to show her who she really is, reconnect with God, and fill the void in her spirit.

## **ABOUT THE AUTHOR:**

Denese Shelton has been writing most of her life. She likes to read. She likes to travel. She has a Bachelor of Arts degree in English and a Doctor of Dental Surgery degree. She currently resides in Georgia.

**JULY 2018**



**Publication Date: July 17, 2018**

**Collections: Self-Help**

**Price: \$16.95 paperback / \$9.95 ebook**

**Distributed by Ingram Publisher Services**

**Print ISBN: 978-1-63152-379-3**

**E-ISBN: 978-1-63152-380-9**

**“Dr. Susan Stewart’s book is a gift to all of us who are making the transition to late adulthood. Written in a beautiful, moving, personal, and descriptive style, her work draws on the truths of science and a myriad of traditions, cultures, and stories and weaves these together into a seamless, rich tapestry.”**

**—David F. Sowerby, PhD, consultant, author, and adjunct faculty member in the psychology departments at Sonoma State University, Sofia University, and Dominican University of California**

# **WINTER’S GRACES**

**THE SURPRISING GIFTS OF LATER LIFE**

**SUSAN AVERY STEWART, PHD**

## **DESCRIPTION:**

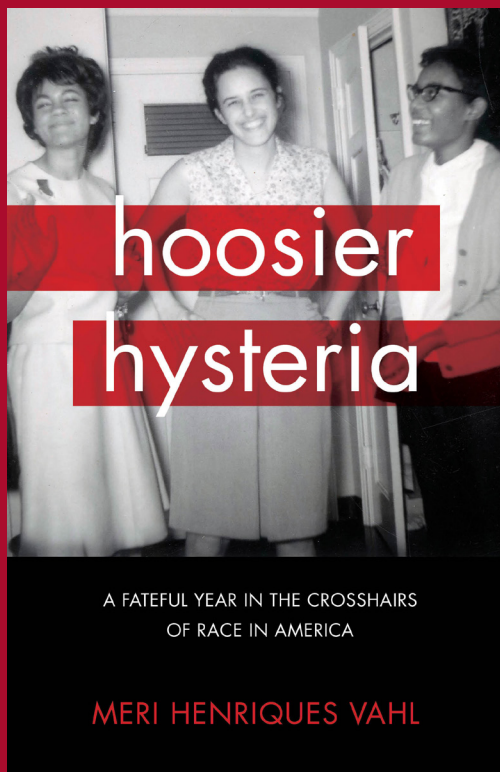
Filled with unexpected good news about growing older, *Winter’s Graces* highlights eleven qualities that ripen with age—including audacious authenticity, creative ingenuity, necessary fierceness, self-transcending generosity, and a growing capacity to savor life and ride its ups and downs with humor and grace.

Decades of research have established that the catastrophic conditions often associated with late life, such as severe dementia and debilitating frailty, are the exception, not the rule. Still, the mistaken idea that aging equals devastating decline persists, causing enormous and unnecessary suffering, especially for women. Drawing on decades of experience as a psychology professor and psychotherapist, Susan Stewart, PhD, weaves together inspiring folk stories that illustrate the graces of winter and recent research that validates them, along with a wealth of user-friendly tools and practices for amplifying these graces and bringing them to life. Written primarily for female baby boomers seeking good news about growing older, *Winter’s Graces* offers adults of all ages a compelling vision of aging that celebrates its many gifts, acknowledges its challenges, and reveals how the last season of life can be the most fulfilling of all.

## **ABOUT THE AUTHOR:**

Susan Stewart, PhD, is an emerita professor of psychology, a retired psychotherapist, a speaker and workshop facilitator, and a baby boomer who recently turned seventy-two. She belongs to a women’s group that has been meeting for forty-eight years. Susan is blessed with four grandchildren—Natalie (22), Madison (19), Lona (6), and Lukas (4)—and two grown sons, Avery and Logan. She is a singer and cellist and loves to dance.

**JULY 2018**



**Publication Date: July 17, 2018**

**Collections: Memoir**

**Price: \$16.95 paperback / \$9.95 ebook**

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**E-ISBN: 978-1-63152-366-3**

# HOOSIER HYSTERIA

A FATEFUL YEAR IN THE CROSSHAIRS OF  
RACE IN AMERICA

**MERI HENRIQUES VAHL**

## DESCRIPTION:

Indiana University, September 1963. Meri Henriques, a naïve freshman from New York, arrives on campus thinking she's about to enroll at an idyllic Midwestern college. Instead, she discovers a storm is brewing.

An intriguing cast of characters inhabits Meri's new and often troubled world: Katherine "Pixie" Gates, Meri's charming and quirky roommate; Rose, brilliant and sarcastic fellow New Yorker; Daniel, a tough radical with a tender heart; folk singer Derek Stone, Meri's heartthrob crush; and Shennandoah Waters, a white coed who only dates black men or exotic foreigners, much to her ultraconservative parents' horror.

Over the course of Meri's first year at college, tragedy strikes twice: John Kennedy is assassinated and a young, black IU basketball player is castrated and thrown into a ditch—murdered for dating a white coed. And finally, that year's commencement ceremonies bring an infamous symbol of white supremacy to campus, endangering anyone who dared to protest—thrusting Meri into the middle of violent and escalating racial tensions. Vivid and compelling, *Hoosier Hysteria* is a timely story of prejudice and political unrest that, today more than ever before, must be told.

## ABOUT THE AUTHOR:

After leaving Indiana University, Meri Henriques Vahl arrived at the University of California, Berkeley just in time to witness the Free Speech Movement. Since earning her bachelor's degree in fine arts at Berkeley, she has worked as a graphic artist and musician; she is currently an award-winning art quilter who teaches at various venues in the US and overseas. Vahl has two adult children and lives in Central California with her family and two rowdy felines.



# CONTACT INFORMATION

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We are driven to help you succeed, holding your hand through a process that mirrors a traditional press experience to ensure a high-quality book that you will be proud of and that will capture the attention of readers and reviewers alike.



## SheBooks is now part of She Writes Press

SparkPoint Studio, parent company of award-winning hybrid publisher She Writes Press, announced the acquisition of SheBooks, a women's e-book publisher with the mission to bridge the gap between magazines and books by carefully curating and publishing short e-books, by and for women, designed for women's busy lives. The acquisition of SheBooks, which SparkPoint will roll into She Writes Press, is a testament to the reputation and success of She Writes Press in the hybrid publishing space. It also demonstrates SparkPoint Studio's continued investment and commitment to growing She Writes Press as the leader and gold standard in hybrid publishing for women authors and expand She Writes Press's product its product offerings.

SheBooks was cofounded in 2013 by Laura Fraser, journalist and best-selling author (*An Italian Affair*); veteran magazine editor Peggy Northrop (former Global Editor-in-Chief of *Reader's Digest* and former Editor-in-Chief of *More* magazine and *Sunset* magazine); and publishing veteran Rachel Greenfield (former Executive Vice President, Martha Stewart Living Omnimedia).

When it launched, SheBooks was awarded a seed grant by the New Media Women's Entrepreneurial Fund, raised additional funding, and was able to publish 75 high-quality short e-book titles from well-respected authors, including best-selling author Hope Edelman; National Book Award nominee Ann Pearlman; best-selling author Caroline Leavitt; PEN award-winning memoirist Faith Adiele; and many others.

