



Penguin  
Random House  
Australia & New Zealand

# London Book Fair

## Rights Guide

### 2020

#### Non-Fiction Frontlist

**FOR RIGHTS QUERIES CONTACT**

Nerrilee Weir, Senior Rights Manager

TEL +61 2 8923 9892

EMAIL [nweir@penguinrandomhouse.com.au](mailto:nweir@penguinrandomhouse.com.au)

[penguin.com.au/rights](http://penguin.com.au/rights)

**FOR RIGHTS QUERIES CONTACT**

Alice Richardson, Rights Executive

TEL +61 2 8923 9815

EMAIL [arichardson@penguinrandomhouse.com.au](mailto:arichardson@penguinrandomhouse.com.au)

[penguin.com.au/rights](http://penguin.com.au/rights)



## STALIN'S WINE CELLAR

John Baker and Nick Place

August 2020

Viking Australia

Trade paperback – 320 pp

Rights held: World

**Stalin's Wine Cellar – which was stolen from the Czar, hidden from the Nazis and found by a Sydney wine merchant. A dangerous story of life, death, and (very expensive) broken bottles.**

Two Aussies go chasing a wine treasure that sounds too good to be true and discover thousands of bottles of rare and extremely valuable century-old wine owned by the last Czar of Russia and Josef Stalin.

In the late 1990s, John Baker was known as a purveyor of quality rare and old wines. Always entrepreneurial and up for adventure, he was the perfect person for an occasional business partner, Andrew Simon, to approach with a mysterious wine list that was foreign to anything John, or his second-in-command, Kevin Hopko, had ever seen. The list was discovered to be a catalogue of the wine collection of Nicholas II, last Czar of Russia. The wine had become property of the state after the Russian Revolution, during which Nicholas and his entire family were executed. Now owned by Stalin, the wine was discretely removed to a remote Georgian winery amid concerns about the advancing Nazi army. Half a century later, the wine was rumoured to be hidden underground and off any known map.

John and Kevin embarked on an audacious, colourful and potentially dangerous journey to Georgia to discover if the wines actually existed and if the collection could be bought and transported to a major London auction house.

*Stalin's Wine Cellar* is a wild, sometimes rough ride in the glamorous world of high-end wine, from Sydney to Tbilisi Georgia, via Paris, Bordeaux, and New York. A multi-million dollar cellar and a breathtaking wine collection is the elusive treasure. The cast of characters includes Stalin, Hitler, Czar Nicholas II and a motley bunch of Georgian businessmen, in the early days of Russian business development that led to the world of Putin and oligarchs.

### Sales points

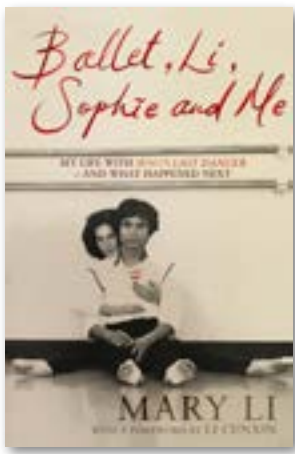
- Incredible true story of discovering some of the world's most covetable wines
- Fast-paced, accessible and adventurous
- Weaves in history and culture of Europe in the 18<sup>th</sup>, 19<sup>th</sup> and 20<sup>th</sup> centuries, Russian history and WWII history, in a readable and entertaining style
- Perfect for wine-lovers, food-lovers, history buffs and international travellers
- High-end wine is a subject of universal intrigue. Will appeal to fans of Bianca Bosker's *New York Times* bestselling *Cork Dork* and Netflix's *Sour Grapes*. Brings an extraordinary angle to the topic



NICK PLACE is a published author across fiction and non-fiction, of several genres, as well as an occasional screenwriter and a more than occasional career journalist. His most recent crime novel was *Roll With It*. He lives in Melbourne and has learned a lot about wine over the past year. Author photo credit © Nick Place



JOHN BAKER was a rock n' roll promoter in the 80s era of Midnight Oil, INXS and Cold Chisel. He became a wine merchant creating the Newport Bottler, Quaffers Double Bay Cellars, The Lambton Fridge and Grapefellas. He resides in the Southern Highlands and likes wine from anywhere (as long as it's good), and is now more involved with the business of olive oil as he says 'it's good for my health and less punishing the next day.' Author photo credit © Ann Webster



## BALLET, LI, SOPHIE AND ME: MY LIFE WITH MAO'S LAST DANCER AND WHAT HAPPENED NEXT (W/T)

Mary Li

September 2020

Viking Australia

Trade paperback – 352 pp

Rights held: World

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**The highly anticipated sequel to *Mao's Last Dancer*, one of the world's most beloved books, this is the memoir of Mary Li, Cunxin's partner in dance and in life.**

In her official autobiography, Mary Li, world-renowned Australian ballerina and wife of Li Cunxin, tells a remarkable story of family, passion and dedication.

Penguin published Li Cunxin's landmark autobiography *Mao's Last Dancer* in 2003. That book has since sold into twenty-one territories and been made into a blockbuster international film. But *Mao's Last Dancer* left its millions of fans asking one question: whatever happened to Mary Li? Why, at the height of their international fame, did Li's partner seemingly disappear from public view? Now, almost twenty years on, fans will finally get their answer.

Mary Li gave up her career on the world stage when their daughter Sophie was born profoundly deaf. She sacrificed her stellar position as Principal Artist at the Houston Ballet for her first-born daughter, and her memoir reveals how the decision affected her life and her relationships. First, Mary takes us back to her childhood in small-town Australia, growing up in a rambunctious family, through to her accidental discovery of ballet and the lifelong passion that ensued, her remarkable early success dancing in London with the likes of Nureyev, and a career that soon saw her become Principal Artist at the Houston Ballet, where she danced and fell in love with the world-renowned Chinese ballet dancer Li Cunxin. We follow the couple as they tour the world, and learn of their unplanned pregnancy and the Chinese grandparents who travelled from their village to care for baby Sophie in Houston, until the dreadful day a party balloon popped and Sophie didn't flinch – leading to her devastating diagnosis. Converting her drive for dancing into a drive for her daughter's health, Mary relinquished her career in the hope that she could one day have a conversation with her daughter.

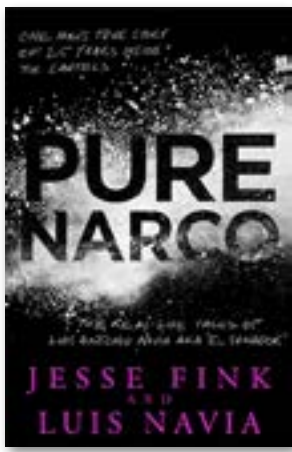
In this powerful, uplifting story about mothers and daughters, dedication and devotion, Mary reveals the heartaches and triumphs of her extraordinary relationship with Sophie, and picks up on the story – which readers have been crying out for all these years – of 'what happened next' to the beloved family of *Mao's Last Dancer*.

### Sales points

- *Mao's Last Dancer* has sold into twenty-one territories and sold 800,000 copies in Australia alone
- As the 'sequel' to *Mao's Last Dancer*, there is existing worldwide demand for this story
- A remarkable, heartbreaking and ultimately uplifting story of lives we already care deeply about
- There is a treasure-trove of photographs and videos for illustrative content and promotional materials
- The Li family are already darlings of the international media, and incredibly well connected, with ex-US Presidents and media moguls among their close friends
- Li Cunxin will be heavily involved with the promotion of the book, and has written the foreword
- Detailed insight into living with a hearing disability

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MARY LI (formerly Mary McKendry) joined the London Festival Ballet in 1977 and was promoted to Principal Dancer in 1981. She later joined Houston Ballet as Principal Dancer, and danced principal roles in all the major classical ballets, such as *Swan Lake*, *The Sleeping Beauty*, *Giselle*, *Romeo and Juliet* and *The Nutcracker*. She worked with legendary teachers and artists including Rudolf Nureyev, Glen Tetley, Margot Fonteyn, Christopher Bruce and Ben Stevenson. After returning to Melbourne when Sophie was six, Mary spent fifteen years as a coach with the Australian Ballet, and for the past six years has been Ballet Mistress with the Queensland Ballet where her husband is artistic director.



## PURE NARCO

Jesse Fink and Luis Navia

August 2020

Ebury Australia

Trade paperback – 496 pp

Rights held: World

Rights sold: United Kingdom (John Blake Books)

### Careers in the cocaine trafficking business are usually short. Not for Luis Navia.

Luis worked in one of the most dangerous professions in the world and handled ‘merchandise’ worth billions of dollars as a matter of routine but, incredibly, never carried a weapon. What made him good at his job was amassing trusted contacts, losing very few shipments, and maintaining a low profile. He was the best of the best.

*Pure Narco* begins in 1950s Cuba but spans the globe from the United States to South America, to the Caribbean, to Mexico, to Central America and finally Europe. It tells the story of Luis’s unprecedented career working with the biggest cocaine cartels in Colombia and Mexico – a veritable who’s who of evil, including Pablo Escobar’s Medellín Cartel. Luis stayed at the finest hotels and dated the most beautiful women, but amid the glitz and glamour, he was not far removed from the most brutal violence imaginable. An associate was kidnapped and got his head cut off. A good friend and fellow criminal, Joey Martino, was put in a 55-gallon drum full of cement and dumped in a canal. Luis himself was kidnapped three times, including one occasion in Mexico where he was about to be fed to crocodiles. His life was spared with a last-minute phone call. Eventually Luis came onto the radar of US Customs agent Robert Harley, who slowly built a case against him. Luis progressed from trafficking on light aircraft and fishing boats to ocean freighters. The stakes and profits got higher, but so did the risks. Drug agents from twelve nations banded together in Operation Journey, a historic takedown of the ‘Los Mellizos’ Cartel, which saw the capture of Luis Navia.

Today, remarkably, Luis Navia and Robert Harley are friends. Luis has gone full circle: from being an internationally wanted fugitive, to now working as a consultant for the US Government in the ‘war on drugs’.

### Sales points

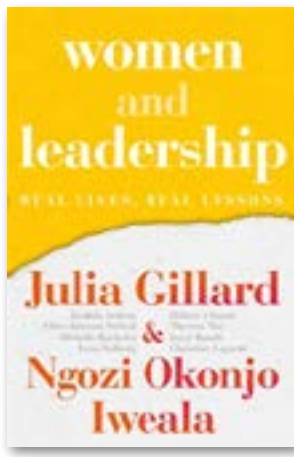
- A topic that has garnered worldwide fascination, as demonstrated by the popularity of Netflix’s *Narcos*
- Written with the cooperation of a dozen antinarcotics law-enforcement agents in the US and UK
- Foreword by DEA Special Agent (retired) Eric Kolbinsky
- A story with global reach and a variety of international settings and figures
- Jesse Fink already has a big international fan base. His book *The Youngs* has sold in fifteen territories



JESSE FINK is a British-Australian author of four books, best known for his two AC/DC biographies: *Bon: The Last Highway: The Untold Story of Bon Scott and AC/DC’s Back In Black* (2017) and *The Youngs: The Brothers Who Built AC/DC* (2013). Fink’s books have been translated into twelve languages and *Bon* was a bestseller in Australia, the UK and France. *The Youngs* was a bestseller in the United States, Denmark, Italy and Germany, chosen for PRI Public Radio International’s Best Books of 2014 and featured in *The New Yorker*. Author photo credit © Jesse Fink



Cuban-American LUIS NAVIA, born 1955, aka ‘El Senador’, was one of America’s most successful cocaine traffickers and unique for his ability to work with different cartels in Colombia and Mexico. He served five years in a federal prison in Florida and was released in 2005. He now works as a US Government consultant in fighting the war on drugs and lives in Miami. Author photo credit © Jesse Fink



## WOMEN AND LEADERSHIP: REAL LIVES, REAL LESSONS

Julia Gillard and Ngozi Okonjo-Iweala

July 2020

Vintage Australia

Trade paperback – 368 pp

Rights held: World

Rights sold: Audio (Penguin Random House Australia)

**A robust and lively call to arms, *Women and Leadership* charts the impact of gender on political power, offering the first consistent, comprehensive approach to this timely issue through the words and experiences of contemporary women leaders.**

*Lean In* progresses from Silicon Valley to Washington in this accessibly written and engaging book.

It will appeal to readers of Sheryl Sandberg, Gloria Steinem and Rebecca Solnit, ambitious women in any field, and anyone interested in gender equality. *Women and Leadership* is based on ideas explored through contributions from some of the most powerful and interesting women in the world, including **Hillary Clinton, Joyce Banda, Christine Lagarde, Michelle Bachelet, Ellen Johnson Sirleaf, Jacinda Ardern, Erna Solberg, Theresa May, Dilma Rousseff and Gloria Arroyo**. With this broad range of female leaders, *Women and Leadership* will also examine cultural differences in various political systems. These stories, along with commentary and analysis from Gillard and Okonjo-Iweala, reveal how gender and sexism affect perceptions of women as leaders, the trajectories of their leaderships, and the circumstances in which they come to an end. While the #MeToo movement has illuminated women's experiences in many environments, the political arena itself has been largely left out of in-depth gender analysis, in part because these are the women who have made it. But while they may, as they say, have smashed through the glass ceiling, we must remember that they are still picking up the shards.

This is not just a book for aspiring female politicians. It is for ambitious, driven women everywhere; a celebration of women's achievements and a call to arms.

### Sales points

- Gillard and Okonjo-Iweala are extraordinary women with high profiles and huge social media followings
- Funny, smart, brutally honest and accessible to readers with all levels of political knowledge
- Women make up less than 10% of national leaders, and behind this lies a pattern of unequal access to the corridors of power. *Women and Leadership* teases out what makes things different for women
- An extremely timely issue post #MeToo, as yet not comprehensively explored in the political arena
- Featuring high profile female leaders from all over the world



JULIA GILLARD was sworn in as the 27th Prime Minister of Australia in 2010 and served in that office until 2013. Ms Gillard is the first woman to ever serve as Australia's Prime Minister. She was central to the successful management of Australia's economy, the 12th biggest in the world, during the Global Financial Crisis. She currently serves as the Chair of Beyond Blue, one of Australia's leading mental health awareness bodies; is Chair of global funding body for education in developing countries, the Global Partnership for Education; and is the inaugural Chair of the Global Institute for Women's Leadership at Kings College in London, which is addressing women's under-representation in leadership. Author photo credit © Peter Brew-Bevan



NGOZI OKONJO-IWEALA, a former finance minister of Nigeria and former managing director of the World Bank, is the Angelopoulos Global Public Leaders Fellow at Harvard Kennedy School. She was the longest-serving finance minister in her native Nigeria and the first woman to hold that position. She was also the first female foreign minister. A magna cum laude graduate of Harvard University, Okonjo-Iweala earned her doctorate from MIT and has been awarded 15 honorary degrees. She was recognized as one of the 100 most powerful women in the world by *Forbes* magazine for four years in a row, and by *Time* magazine as one of the 100 most influential people in the world. Author photo credit © Ngozi Okonjo-Iweala





## FAR FROM HOME: A TRUE STORY OF MURDER, LOSS AND A MOTHER'S COURAGE

**Rosie Ayliffe**

July 2020

Viking

Trade paperback – 272 pp

Rights held: World

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**A mother's story of the murder of her daughter and the appalling hidden dangers of working conditions on Australian farms.**

British mother Rosie Ayliffe thought her 21-year-old daughter, Mia, would be safe travelling around Australia on a gap year.

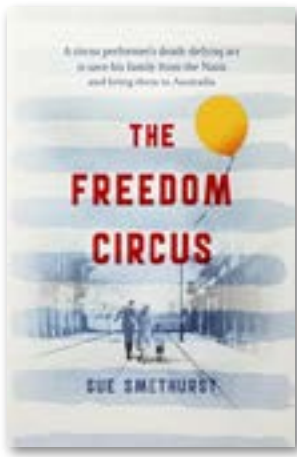
But Mia wanted to extend her visa, and in order to do that she needed to find 88 days of work on a farm – a requirement that would lead to catastrophic events. Four short days after Mia moved to a hostel in Queensland to take a job on a sugarcane farm, she was brutally murdered.

Faced with every parent's worst nightmare, Rosie travelled to Australia to retrieve Mia's body. From the moment she landed, however, she started to hear stories about the terrible treatment of young workers like Mia – stories of exploitation, sexual harassment and rape.

Mia was Rosie's only child and she brought her up as a single parent. Her death was traumatic and life-changing.

In this memoir, she describes movingly how she has found the strength to come to terms with devastating loss, drawing on inspiration from her daughter's short life. She also explains how she has become the driving force behind an international campaign to press for change to the 88 days system.

Part exposé of the dangers facing backpackers in Australia, part call to arms, *Far from Home* is an inspiring and heartfelt story of a mother's love for her daughter and her fight to protect others from suffering a similar tragedy.



## THE FREEDOM CIRCUS

Sue Smethurst

November 2020

Ebury Australia

Trade paperback – 320 pp

Rights held: World

Rights sold: Audio (Penguin Random House Australia)

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**A circus performer's death-defying act to save his family from the Nazis and bring them to Australia.**

*When I first sat down with Nanna Mindla and asked how she survived the Holocaust, she shooed me away.*

*'Why do you care?' she asked. By that time she was in a Melbourne Jewish nursing home with other survivors, her body ageing but mind still razor sharp.*

*'What about her?' she said, pointing a freshly painted purple nail towards the woman having soup opposite. 'Or her, or her.' Arms waving around. 'All the same.'*

*As death began approaching I became a little more pushy. I knew her story had to be recorded and we were running out of time. Each week I'd bring cake from her favourite shop in St Kilda, a bottle of the brightest nail polish I could find, a handful of old pictures and my tape recorder. We'd chat and with each 'chat' her story unfolded. It was beyond anything I could imagine.*

The story of how Mindla and her husband Michael Horowitz, a circus performer for the famous Staniewski Brothers, escaped from Poland with their son and embarked on a terrifying journey across Russia, is nothing short of extraordinary.

Written by award-winning author and journalist Sue Smethurst, whose husband is Mindla and Michael's grandson, *The Freedom Circus* is an epic tale of courage, love, hope, humanity, suffering and, ultimately, survival.

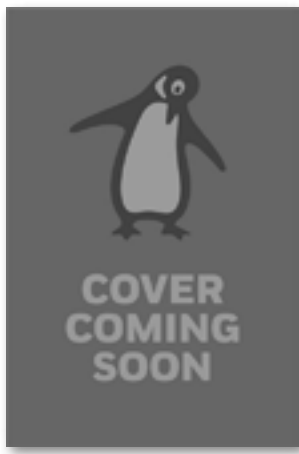
### Sales points

- For readers of *The Tattooist of Auschwitz*
- A true story – the author's husband is the grandson of Mindla and Michael Horowitz
- Mindla and Michael not only escaped from Poland, they came to Australia and started a new life. Michael became a clown on television and none of the cast knew of his past



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SUE SMETHURST is an award-winning author and journalist who has spent more than twenty years working in the media across television, radio and magazines. She is currently a senior writer with the *Australian Women's Weekly* and has written eight books, including *Behind Closed Doors*, *Spartacus and Me*, *Blood on the Rosary* and *A Diamond in the Dust*.



## HAPPYMESS (W/T)

**Sjana Elise Earp**

September 2020

Ebury Illustrated

Hardback – 232 pp

Rights held: World

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**150 uplifting, affirmative instapoems from the Miranda Kerr of the Instagram generation, accompanied by gorgeous nature photography. This is the beautiful book that Sjana's 1.6 million Instagram followers have been asking for, and an inspiring gift for any young woman.**

*For the light seekers, and the love givers. This one is for you.*

*For anyone who has ever loved, and lost. This one is for you.*

*For the sensitive souls, the magic makers, the time takers. This is for you.*

*May this book give light to your shadows, illuminate your path and walk you home to yourself.*

Sjana Elise Earp has long been a darling of the social media scene, loved by her 1.6M Instagram followers for her elegant yoga poses in exotic locations around the world. Her blog covers travel, lifestyle, yoga and recipes. Accompanying her envy-inducing images are long-form captions tagged #writtenbysjana that express her love of nature, the ocean and yoga; her journey of self-acceptance; and her messages of female empowerment. Aged 26, she's been through a lot in her short life: she struggled with bullying, anxiety and depression, but with remarkable willpower has managed to heal and create a purposeful, positivity-filled life. And writing has been a key part of cultivating and maintaining her gratitude and infectiously joyful approach. She is like a ray of golden sunshine.

Illustrated by her beachy, wanderlust-filled photos, Sjana's debut book contains 150 of her instapoems, divided into five themed chapters.

Perfect for dipping into in moments when inspiration or comfort is needed, Sjana's book can also be read cover to cover for a journey through reflection and emotion, leaving you feeling grounded, calm and more connected to the unique power within you.

### Sales points

- For fans of Rupi Kaur, Miranda Kerr's *Treasure Yourself* and Anthea Paul's *Girlosophy*
- Sjana has over 1.6 million Instagram followers, many of them based in the United States, the United Kingdom and Germany; 100,000 YouTube followers and 166,000 Facebook followers
- Sjana has brand partnerships with the LA-based Alo Yoga and Logan Hollowell jewelry, and connections to other influencers who will help promote her book; she has also been the yoga contributor for Kayla Itsines's hugely popular SWEAT app for several years



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SJANA ELISE EARP is a yoga instructor, blogger, photojournalist and model known and loved for her fitness, lifestyle, fashion, travel and mental health content.

She has been the yoga contributor to Kayla Itsines' hugely popular SWEAT app for several years. She is 26 and lives in Newcastle, New South Wales. Find her: @sjanaelise





## THE SPACE BETWEEN

Zara McDonald and Michelle Andrews

September 2020

Viking Australia

Special paperback – 272 pp

Rights held: World

**Relatable ruminations on the mess, the madness and the magic of life in the limbo of not-quite adulthood, from the creators of the hit podcast *Shameless*, hailed by the *New York Times* as a ‘great pop culture discussion [that] taps into bigger themes that hide beneath’.**

There’s this weird gap in life that’s often fuelled by cheap tacos and even cheaper tequila and doesn’t make any sense whatsoever – also known as your twenties.

It’s a specific limbo we all have the joy of going through between being a teenager and being a Proper Adult, and though it’s wildly confusing, often lonely, sometimes infuriating and frequently daunting, there’s also a whole lot of magic to be found in the chaos. It’s a time when we’re finding our voices, making up our minds, growing into (and out of) relationships and starting to fulfil our big ambitions (or simply working out what they are).

Described by *The Guardian* as ‘the voice of two generations’, Michelle Andrews and Zara McDonald, creators of the award-winning pop culture podcast *Shameless*, are two of the many twenty-something women trying to make sense of it all. They don’t have all the answers (hell, Michelle only just found out about that little arrow next to the petrol light in her car showing which side to fill up on). But they know that mapping out our place in the world is a little bit easier when we make space to sift through what doesn’t matter, to find out what we really care about.

Brimming with wit and unflinching honesty, here are their stories and puzzles about life as twenty-somethings: from heartbreak and mental health challenges to overcoming career setbacks and letting go of fear. Whip-smart and deeply relatable, Zara and Michelle’s debut book will explore the grit and glory of finding your way in the uncertain years of early adulthood. Join them as they navigate their journeys – and you just might find tiny pieces of yourself in the space between the first page and the last.

### Sales points

- With over 4 million downloads since launch, and 200k+ weekly listens, *Shameless* has clearly struck a chord – it’s even caught the attention of the *New York Times*
- *Shameless* was one of Apple’s Best Podcasts of 2018 and 2019. It has been featured in *Marie Claire* and *The Guardian*, and was *The Age* Winner of the Most Popular Podcast at the Australian Podcast Awards 2019
- Huge online following – 34k members in the *Shameless* Facebook group, with a whopping 97% engagement rate; 100k Instagram followers across their three accounts; 13k newsletter subscribers
- Zara and Michelle’s voices are warm, friendly, funny and earnest. This book will tap into the market for young adult female voices like Lena Dunham, Dolly Alderton and Mindy Kaling, but for the slightly younger generation



MICHELLE ANDREWS and ZARA MCDONALD are Melbourne-based journalists and broadcasters, aged 26. They met working as writers at *Mamamia*, and in March 2018 launched Australia’s top pop-culture podcast *Shameless* to speak directly to their fellow Millennial and Gen Z women about the topics that really interest them but aren’t sufficiently covered by traditional media – a podcast ‘for smart women who like dumb stuff’. They now run *Shameless Media* and are the producers of three other highly popular podcasts including *Love Etc.* in collaboration with Bumble.



## YOU'VE GOT THIS

**Bec Brown (illustrated by Inga Campbell)**

September 2020

Penguin Australia

Flexi paperback – 168 pp

Rights held: World

**A career hack for clever and creative Gen Zs, Millennials and start-ups. Two successful creative founders short-cut what they've learned in over 20 years of doing business, in an illustrated career guide for young women.**

With the practical, achievable steps in this book you can build your dream career in the creative industries.

*You've Got This* is a career (and life) guide, for the thousands of young women who want to learn the secrets to flourishing in any career in creative industries like entertainment, media, marketing, advertising, PR, design, fashion or the arts. Full of practical advice and savvy tips, this book will help women earn great money and have a job they love, without it sucking the life out of them. It's designed and formatted to appeal to 16–30-year-olds who like to receive their information in bite-sized pieces. And with a diverse range of women included in the illustrations, women of all ethnicities, shapes and sizes will see themselves in its pages.

Penned by Bec Brown, self-made PR success and founder of The Comms Department, and beautifully illustrated by Inga Campbell, former Deputy Art Director of *Cosmopolitan* and Art Director for *Grazia*.

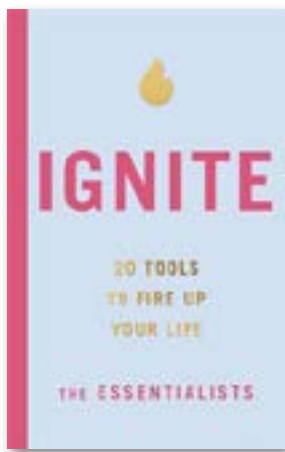
### Sales points

- A friendly and inspiring career guide that is specifically tailored to young women in the creative industries
- Magazine-like design, with illustrations of diverse, relatable women and bite-sized advice that's easy to absorb and try out
- Bec and Inga both have strong online followings across Instagram, Twitter, LinkedIn and Facebook
- Herself a savvy PR strategist at the top of her game, Bec has a comprehensive plan for the promotion of the book
- Beautiful illustrations make this stand out from other self-help, career-oriented titles for women. The aesthetic is chic yet approachable, practical, upbeat and stylish



BEC BROWN has been working as a professional communicator for 20 years, beginning as a vocalist and vocal coach, then re-training to become a PR professional. She's the Founder and Managing Director of The Comms Department, a PR, corporate communications and crisis management agency. Bec was one of five finalists for the 'PR Professional of the Year' at the 2019 Mumbrella CommsCon Awards, Australia and New Zealand's most prestigious PR industry awards. Bec's previous communications experience includes half a decade as Senior National Publicity and Promotions Manager for the world's largest record company, Universal Music. Author photo credit © The Comms Department

INGA CAMPBELL is an illustrator and designer, and the Founder of Inkling Design, a design studio that offers art direction, branding, and custom illustration. Inga has worked as a professional designer for 17 years, with her first job at *Girlfriend* magazine before moving on to roles such as Deputy Art Director of *Cosmopolitan* and Art Director for *Grazia*. She now works with clients all over the globe.



## IGNITE: 20 TOOLS TO FIRE UP YOUR LIFE

### The Essentialists

March 2020

Michael Joseph Australia

Hardback – 240 pp

Rights held: World

Rights sold: The Netherlands (Royal Jongbloed); Russia (Portal Publishing)

Rights sold previous titles: *Shine* - Turkey (Eğitim Yayınevi); Taiwan (China

Times); Audio (Bolinda); *Chaos to Calm* - Turkey (Eğitim Yayınevi); Audio

(Bolinda); *The Life Plan* - Turkey (Eğitim Yayınevi); Audio (Bolinda)

**Are you sick of settling for average? Ready to raise the bar? The Essentialists are here to spark you into action.**

*Ignite* is your vital resource if you want to energise your life and upgrade your game.

With twenty powerful, practical skills for those in need of zest and inspiration, you'll learn how to use stress to your advantage, challenge your comfort zone, set hard-hitting goals, find your purpose and much more. So, if you're ready to empower yourself and optimise your life, it's time to IGNITE! From bestselling authors Shannah Kennedy and Lyndall Mitchell, aka The Essentialists, this is the third in their stunning series of gift books - *Shine*, *Restore*, and now *Ignite*! *Ignite* is a beautifully designed book that will sit nicely alongside *Shine* and *Restore*, as gifts or for personal development and self care, easy to hold and a pleasure to read. It's full of practical, engaging and easily digestible wisdom, great for anyone who wants to lift their game, increase productivity, and refresh their life.



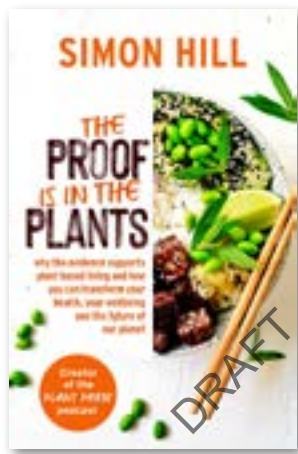
### Sales points

- There is a strong and still-growing appetite for small, well-designed and digestible wellbeing gift books. The Essentialists' clean, stylish branding will make this book stand out from the pack
- *Ignite*, *Restore* and *Shine* are short, stylish, contemporary books of life skills, building on the content from *The Life Plan* (over 60,000 copies sold) and *Chaos to Calm* (over 12,000 copies sold)
- Perfect for Christmas or Mother's Day, or as a self-purchase for those new to the area of wellbeing
- Irresistible A-format hardbacks with gorgeous design and foiled covers
- The Essentialists have strong online branding, and are very active in promotion through all channels

SHANNAH KENNEDY is the definition of a high achiever, with ten successful years in the corporate world – two in the money market and eight in high-level sports management. Shannah worked with more than 100 world-class athletes in her management, PR and sponsorship roles. She juggled fitness, finances and relationships with her demanding career. And then, her body delivered a devastating reminder, in the form of a Chronic Fatigue diagnosis, that she needed time to 'breathe'. Ten years on, Shannah is an Advanced Certified Coach and NLP Practitioner. Her ability to directly empathise with high achievers has her in constant demand among entrepreneurs, executives, celebrities and athletes.



LYNDALL MITCHELL is a coach, wellness expert, and founder of the Aurora Spa Group, Australia's pioneering, award-winning urban spa. She is a leading coach, speaker and consultant with over twenty years of experience and expertise in the health and wellbeing industry. Lyndall is a passionate wellness advocate and a regular contributor on lifestyle, spa and wellness topics for the media. Through her spas, coaching and speaking, Lyndall helps clients achieve their biggest, best and happiest lives by working with them to create a 'big picture' plan and then shows them how to turn that dream into a reality, one puzzle-piece at a time. Author photo credit © The Essentialists



## THE PROOF IS IN THE PLANTS

**Simon Hill**

September 2020

Penguin Life Australia

Trade paperback – 368 pp

Rights held: World

Rights sold: Audio (Penguin Random House Australia)

**An informative and accessible guide to reaping the many benefits of fuelling your body with plants.**

Before transitioning from animal foods to a plant-based diet, trained physiotherapist Simon Hill shared many of the common fears among men and women in the same position: Am I going to lose muscle? Will I gain fat and feel bloated? Will I get enough iron and protein?

By undertaking a masters in nutrition, poring over countless research articles and books, talking to others who are happily leading a plant-based lifestyle and tuning into hundreds of hours of podcasts, Simon has been able to answer all of those questions and more. Thanks to Simon's unusual ability to break down the science in a clear and digestible way, the Plant Proof blog and podcast have rapidly become leading resources on plant-based nutrition. After nearly two years of day-to-day engagement with the public, Simon has come to understand that people are more confused than ever when it comes to their dietary choices. With the onslaught of conflicting advice and misinformation being marketed to us each day, it's almost impossible for the average person to separate fact from fiction.

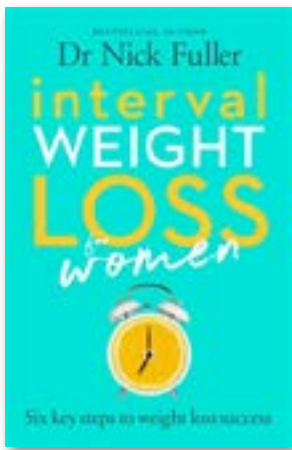
Now, Simon's goal is to share genuine, agenda-free nutritional information more widely with people looking to improve their health and quality of life. Combining all of his research on the latest scientific papers with everything he has learned from his podcast guests about plant-based nutrition, lifestyle and sustainability, this book presents the evidence that a whole-food, plant-dominant diet is the best option for your health, for the planet, and for animal welfare – and explains how you can make the shift.

### Sales points

- Simon has a huge and growing community of followers: 236k Instagram followers and 200k weekly podcast listeners. He has already been featured widely in mainstream Australian media outlets
- Simon is the plant-based food contributor on Chris Hemsworth's fitness app, Centr, and has interviewed Dr Michael Greger, Rich Roll, Gaz Oakley and many more
- While there are many plant-based recipe books available, there is a distinct lack of books about the science that backs this diet and lifestyle
- Simon is passionate about public health and will be donating his author proceeds from the book to charity



**SIMON HILL** is the founder of the Plant Proof blog and host of the popular podcast of the same name. He is a qualified physiotherapist and is currently completing a Masters in Nutrition at Deakin University, in addition to a specific Plant Based Nutrition Course at Cornell University. On top of this formal education, Simon spends hours and hours deciphering clinical and scientific studies so he can break down how to fuel your body to promote longevity and reduce the chance of developing disease while at the same time being able to achieve whatever health and fitness goals you may have. He has just opened a plant-based restaurant in Bondi, Sydney, called Eden. Author photo credit © Zac Heath



## INTERVAL WEIGHT LOSS FOR WOMEN: THE SIX KEY STEPS TO WEIGHT LOSS SUCCESS

**Dr Nick Fuller**

January 2020

Penguin Life

Trade paperback – 368 pp

Rights held: World

Rights sold previous title (*Interval Weight Loss for Life*): Taiwan (China Times)

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### Bestselling author Nick Fuller's guide to interval weight loss for women.

Renowned obesity researcher Nick Fuller offers six key steps to weight-loss success that can actually be maintained, cutting through the ineffective fads.

Nick has written two other books on interval weight loss – the bestselling *Interval Weight Loss* (2017) and *Interval Weight Loss for Life* (2018). *Interval Weight Loss for Women* builds on the principles from these books, focusing on the specific challenges that women face when trying to lose weight.

Women are constantly bombarded with information about the latest diets – diets that can result, paradoxically, in weight gain, and are not grounded in any studies. Now it's time to cut through all those fads.

There are countless reasons why women gain weight, including years of dieting, the contraceptive pill, long hours at work, pregnancy, menopause and ageing. In *Interval Weight Loss for Women* Dr Nick Fuller explains the six key principles behind successful, sustainable weight loss. He addresses all the common pitfalls and the hurdles women face, and provides simple, effective advice based on his work with women facing similar issues. *Interval Weight Loss for Women* allows you, week by week, to take back control of your body – and to stop the yo-yo dieting for good.

### Sales points

- Nick Fuller has a strong media presence in Australia, appearing regularly on television and radio
- Cuts through the ineffective, fad weight loss programs that are marketed to women, yet so often cause them to regain weight
- Specifically tailored to the biological needs of women
- Accessibly written – Fuller lays out the science so it is easy to understand
- Dr Fuller will be travelling to Germany later this year to present at the Fittech Summit in Munich

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DR NICK FULLER is a leading obesity researcher in Australia and has been running the clinical research program at the Boden Institute, Charles Perkins Centre in the University of Sydney for the past decade.

He has helped thousands of people on their weight-loss and lifestyle journeys and has investigated a broad range of topics including dietary and exercise programs, appetite hormones, commercial programs, complementary and conventional medicines, medical devices, and weight-loss surgery. He completed his doctorate on the efficacy and cost-effectiveness of different obesity weight-loss treatments, and has also completed degrees in exercise physiology and nutrition and dietetics. He has published two previous books, *Interval Weight Loss* (2017) and *Interval Weight Loss for Life* (2018). Author photo credit © Sub Zero Photography







## TODDLER WHISPERING

Sharlene Poole

March 2020

Penguin New Zealand

Paperback – 160 pp

Rights held: World

**A practical guide to having a contented and well-adjusted toddler or pre-schooler, from the acclaimed author of *Baby Whispering*.**

A follow-up to the incredibly successful *Baby Whispering*, which covered the first year of a baby's life.

*Toddler Whispering* covers the following four years, divided into two main age groups (1-2 ½ and 2 ½ -5), looking at commonly asked questions from parents, plus material on routines, significant changes during these times, sleeping, eating, toilet training, screen time, behavior management, sibling adjustment, different personalities, child care options and more.

All this is covered in a very easy-to-read manner that the tireddest of parents will be able to understand.

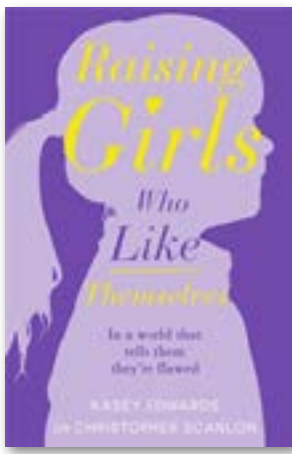
With a focus on simple methods, *Toddler Whispering* is purposefully light on text, with an emphasis on routines that are age-appropriate.



SHARLENE POOLE is a known and trusted advisor, in hot demand from exhausted parents.

She has over 25 years of experience working with babies and young children. For the last 13 years she has worked as a consultant for new parents or parents with children under 5 years, giving them guidance and advice regarding routine, sleep and behaviour. Her talents for calming babies have been showcased on television in New Zealand, and she has been a regular contributor to magazines. Now based in Raglan, she is testing her skills on her own young family, while still advising many parents in need. Her first title, *Baby Whispering*, was published in 2012. Author photo credit © Lottie Hedley





## RAISING GIRLS WHO LIKE THEMSELVES

Kasey Edwards and Dr Christopher Scanlon

July 2020

Penguin Life Australia

Trade paperback – 208 pp

Rights held: World

Rights sold: Audio (Penguin Random House Australia)

### How to enable girls to thrive in a world that tells them they are flawed.

The world is toxic for girls.

Girls are being raised in a culture where their self-worth will be defined by unachievable standards of beauty. They will graduate into a workforce that will pay them less, promote them as a last resort and discriminate against them should they become mothers. For many girls and women, this is a world characterised by anxiety, depression, self-harm and disordered eating.

But it is also a world of unprecedented opportunity. In many ways, in Western societies it's the best time in history to be a girl. Yes, women are still bound by gender stereotypes and social conventions but there are ways for girls to unshackle themselves and live an authentic and enriching life.

When you raise a girl who likes herself, everything else follows. She will strive for excellence because she has faith in her ability to achieve it and the confidence to pick herself up. She will nurture her physical and mental health because it's natural to care for that which you love. She will insist on healthy relationships because she believes she deserves nothing less. She will be joyful and secure, knowing that her greatest friend and most capable ally is herself.

Focused on girls up to ten years old, *Raising Girls Who Like Themselves* details the seven qualities that enable girls to thrive and arm themselves against a world that tells them they are flawed. Packed with practical, evidence-based advice, it is the indispensable guide to raising a girl who likes herself. Free of parental guilt and grounded in research, *Raising Girls Who Like Themselves* is imbued with the warmth and wit of a mum and dad who are in the same parenting trenches as you, fighting for their daughters' futures.

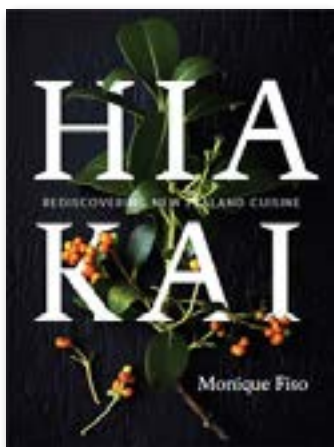
### Sales points

- In Australia alone, nearly one in five girls aged 16-17 years meet the clinical criteria for depression; seventy per cent of girls are dissatisfied with how they look, and eating disorders are the third most common chronic illness for young females and have the highest mortality rate of all mental illnesses
- The advent of social media has intensified body image issues and pressures for young women
- Kasey's work has been published widely and received global attention



KASEY EDWARDS is the author of the internationally bestselling *Thirty Something and Over It*, as well as other books including *Thirty Something and the Clock is Ticking*, *OMG! That's Not My Husband* and *Guilt Trip*. Read by over ten million people worldwide, she writes a weekly column for Fairfax's *Daily Life*, and for other publications in Australia, the UK and the US such as the *Huffington Post*, *Grazia* and *The Sydney Morning Herald*. She lives in Melbourne with her husband Christopher Scanlon and daughters Violet and Ivy.

CHRISTOPHER SCANLON holds a PhD in Politics from Monash University and is currently Chair, Teaching and Learning in the College of Arts, Social Sciences and Commerce at La Trobe University. He has over ten years of experience as an editor and freelance writer and his work has been published in *The Age*, *The Australian*, *The Canberra Times*, *The Monthly*, *Crikey*, *Overland* and *Arena Magazine*.



## HIAKAI: REIMAGINING NEW ZEALAND CUISINE

Monique Fiso

September 2020

Random House New Zealand Godwit

Hardback – 288 pp

Rights held: World

**Monique Fiso is a modern-day food warrior, taking New Zealand and Maori cuisine to the world.**

Having spent years overseas in Michelin-star restaurants, Monique returned to Aotearoa and began Hiakai, an innovative pop-up venture that's now taken the form of a permanent fixture in Wellington. It is one of the most exciting restaurants in the country.

*Hiakai* the book will similarly be an unforgettable experience: encompassing a potted history of kai Maori, an illustrated ingredient directory, and a selection of approximately 40 recipes. It won't be simply a Maori book, or a cookbook, or a high-spec illustrated title, but will be all of these things. It will be a book to be read, a physical production to savour, a subject to be celebrated, by an author as ambitious as they come. It will bring the old very much into the now with verve and a distinctive worldview.

### Sales points

- The Hiakai restaurant in Wellington was named one of *Time Magazine's* 100 Greatest Places of 2019
- Fiso's food was served to Prince Harry and Meghan Markle when they visited New Zealand
- Fiso appeared on Netflix's *The Final Table* and starred alongside Gordon Ramsey in National Geographic's *Uncharted* series
- Hiakai and Fiso's cooking have been featured in the *New York Times*, in a story on 'The Chefs Redefining Polynesian Culture', as well as *Eater USA* and *The Project NZ*.
- Fiso won the Future Food Legend Award at New Zealand's Cuisine Good Food Awards, 2018

MONIQUE FISO (Nga Rauru, Ngati Ruanui) was born and bred in Porirua.

Starting with an after-school job as a sandwich hand at the tender age of 14 and ending up in the Michelin-starred kitchens of New York City and Melbourne, Fiso always wanted to be a chef. She trained at Wellington Institute of Technology while also working the kitchen at Martin Bosley's, eventually moving on to an array of renowned restaurants in New York. After a stint in Melbourne, she returned to New Zealand in 2016 and began the pop-up dining series Hiakai. Using traditional Maori cooking techniques and ingredients, Fiso has taken Maori cuisine to a new level of sophistication, writing the next chapter in its food story. Her own restaurant, also named Hiakai, opened in Wellington at the end of 2018. Author photo credit © Penguin Random House New Zealand





## OMBRA: RECIPES FROM THE SALUMI BAR

Carlo Grossi

August 2020

Lantern

Flexibound paperback – 224 pp

Rights held: World

**The Italian ideals of preservation and quality produce get a fun and modern twist at Carlo Grossi's Ombra, home of great pizzas, cured meats and Melbourne's best aperitivo.**

In Venice you'll often hear the phrase *Andiamo per un ombra?* ('Shall we go for a drink?')

Ombra is named after the measurement of wine from the Veneto: 'ombra' means shadow and refers to the wine merchants of old who would move their carts around the town square to stay in the shadow of the church spire, thus staying out of the sun and stopping the wine from spoiling. And it's this 'ombra', the Venetian name for a small tumbler of wine, that inspired Carlo Grossi's restaurant – a modern take on an authentic Italian salumi bar, right in the bustling heart of Melbourne.

Any time is a good time for a drink at Ombra, and when you step in the door at 76 Bourke Street you'll always find a warm and hospitable welcome (and something delicious to eat). It's an intimate, energetic place where all walks of life can drop by and come together over plates of finely cured meats and cheese, bringing with them a great sense of community. The *Ombra* cookbook brings together the very best of Carlo's food and hospitality, from lovingly aged meats and homemade sausages to mouth-watering pizzas, all sorts of irresistible bar snacks (cicchetti), hearty evening meals, fermented and pickled vegetables and fruits, and delectable desserts to finish off the evening.

With family heirloom recipes and dishes inspired by Carlo's travels around Italy, the Italian ideals of preservation and quality are on proud display in this collection of familiar and tasty food made for sharing over lively conversation.

### Sales points

- Italian food for the younger generation – this is relaxed, fun and sociable
- Ombra is especially known and loved for its cured meats (salumi) and authentic bar snacks (cicchetti), and pizzas topped with all sorts of delights – all included and celebrated in the book
- Carlo is one of the stars of the new generation of young restaurateurs
- Design-led, luxe book



CARLO GROSSI is the son of much-loved Melbourne chef Guy Grossi and has inherited his father's passion for Italian food and instinct for true hospitality.

Since its opening in 2012 he has run Ombra, the salumi bar that's the younger sibling-next-door to Grossi Florentino and Cellar Bar, but Carlo also works across all of the Grossi restaurants including their recently opened wine bar, Arlechin. Carlo grew up helping out in the kitchens of the family restaurants and has written *Ombra*, his first cookbook, in close collaboration with his father.



## FEED ME FEED ME

Fran Mazza

March 2020

Random House New Zealand

Hardback – 272 pp

Rights held: World

**Delicious and accessible recipes from the team that put together a series of successful and hip cafes around Auckland, offering highly Instagrammable dishes.**

*Feed Me Feed Me* features mouth-watering photographs of each colourful recipe.

It's a delight to flick through, and is sure to get people into the kitchen and cooking with fresh, inspired ingredients. Fran Mazza is a pastry chef with a flair for design. She is also a hard-working mother of three children, and knows the time limitations that operate in most modern households. This book offers over 100 great recipes for people who enjoy tasty food that can be cooked easily with readily available ingredients.

Together, Fran and her husband Aaron Carson have been the masterminds behind a series of highly popular Auckland cafés, scattered around the city and suburbs. From Winona Forever and Fang in Parnell, to Major Tom in Albany and Just Like Martha in Three Kings, their eateries feature vibrant fit-outs, original artworks, and food that is fresh, colourful and tasty. Each café has been a success within its community, as well as a destination in itself for people wanting great flavour and good atmosphere.

Interspersed between the recipes are the stories of each of these cafés - the idea behind them, how their names were chosen, and the communities in which they operate.

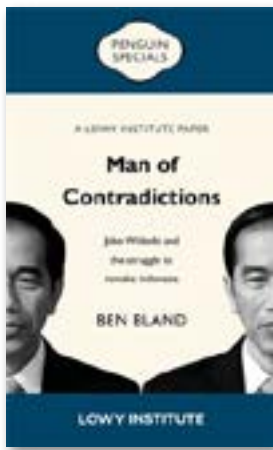
### Sales points

- Mazza runs very popular eateries around Auckland
- *Feed me Feed Me* features up-to-the-minute food, taking in current trends and ingredients without being overly fussy – nothing too hard to find
- Will appeal to the foodie market and the younger, trendy 'eating out but still like to cook at home' crowd



FRAN MAZZA grew up in an Italian family and travelled back and forth to Italy as a child.

Her Italian father taught her to cook, and her Australian mother taught her how to manage money, and what food would be popular 'down under'. But a larger Italian sensibility has been important to Fran – the idea that food binds the family, and that family is more than just people living in the same house. It's the neighbourhood and the community. In her father's town, cafes were places to meet your neighbours and places for your neighbours to meet you. She and her husband and business partner Aaron have tried to make that a part of each cafe they have opened. Fran says 'We wanted to introduce more than just good food to our neighbourhood. We wanted people to feel like they were part of a neighbourhood.' Author photo credit © Islington Cook Ltd



## MAN OF CONTRADICTIONS: JOKO WIDODO AND THE STRUGGLE TO REMAKE INDONESIA

**Ben Bland**

September 2020

Penguin

Paperback – 160 pp

Rights held: World

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**The first English-language political biography of Joko Widodo, from the Lowy Institute.**

Although he has dominated Indonesian politics for years, President Joko Widodo remains a beguiling figure.

He has consistently defied both his sternest critics and his strongest supporters. A brilliant instinctive politician, Jokowi, as he is known, was resoundingly re-elected in 2019. However, he has struggled to turn success at the ballot box into the transformational change that Indonesia desperately needs.

Jokowi has vowed to turn the world's fourth most populous nation into an Asian powerhouse with a strong economy and the heft to defend its international interests at a time of renewed US-China rivalry. Progress has been slow, however. And the scale of the challenge is increasing, at home and abroad. As he gets to work in his second and final term, will Jokowi deliver on his grand ambitions? Or will Indonesia once more fall short of expectations?

*Man of Contradictions*, the first English-language political biography of Jokowi, will examine how he became so popular, what makes him tick, and why he will struggle to remake Indonesia. The key to understanding Jokowi lies not in uncovering some core inner convictions but in embracing his contradictions. He rose from obscurity thanks to Indonesia's free and fair elections, but he has been a poor guardian of democracy. As an outsider he promised to shake up the corrupt and nepotistic elite, but he has become a consummate transactional politician. As a former factory owner, he pledged to open up the economy to foreign investors, but he has pursued a campaign of nationalisation and prioritised state-owned companies. Ultimately, the conflicts within Jokowi reflect the profound tensions in a young democracy that is still trying to escape a legacy of colonial oppression and domestic dictatorship, and make its own way in the world.

### Sales points

- The Lowy Institute is an independent international policy think tank, located in Sydney. It provides high-quality research and distinctive perspectives on the international trends shaping the world
- This is our 14<sup>th</sup> collaboration with the Lowy Institute
- Joko Widodo will be president of Indonesia until October 2024

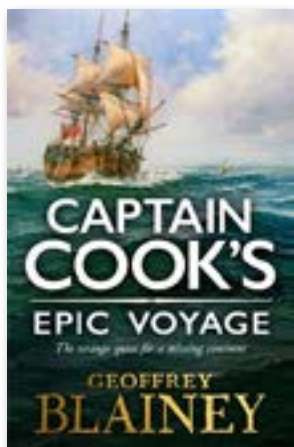


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BEN BLAND is director of the Southeast Asia project at the Lowy Institute.

Before joining the Lowy Institute, Ben was an award-winning foreign correspondent for the *Financial Times*, with postings in Hanoi, Hong Kong and Jakarta and experience reporting across China and Southeast Asia over the previous decade. His first book, *Generation HK: Seeking Identity in China's Shadow*, was published in 2017, examining the growing tensions between Hong Kong and Beijing. It was described as a 'David versus Goliath tale' by the *Sydney Morning Herald* and commended by the *Times Literary Supplement* for its 'lively prose' and 'illuminating' comparisons. Author photo credit © The Lowy Institute





## CAPTAIN COOK'S EPIC VOYAGE

**Geoffrey Blainey**

March 2020

Viking

Trade paperback – 336 pp

Rights held: World excluding North America

Rights sold: Audio (Penguin Random House Australia)

**The story of the astonishing voyage of Captain James Cook and the Endeavour, to mark the 250<sup>th</sup> anniversary of that voyage, and Cook's claim to sovereignty.**

In 1768 Captain James Cook and his crew set sail on a small British naval vessel, the boldly named Endeavour, bound for the Pacific Ocean.

He was ordered to establish an observatory at Tahiti in order to record the 1769 transit of Venus, and – with the skills of naturalist Joseph Banks and his team – to collect natural history in this far part of the world. But Cook's brief also included a secret mission from the British Admiralty: to discover Terra Australis Incognita, an unknown southern land that might prove to be larger and richer than Australia. Cook was not alone in this quest, and the Endeavour shared the Coral Sea and coastal New Zealand with an armed French merchant ship commanded by Jean de Surville. Eventually in 1770 Cook's ship crossed the Tasman Sea and reached the southern coast of New South Wales. Sailing north, he charted Australia's eastern coastline and claimed it for Great Britain. It was the most significant of Cook's voyages, transforming the world map and the way Europeans viewed the South Pacific Ocean and its lands and peoples.

On this 250th anniversary of his major discovery, *Captain Cook's Epic Voyage* reveals the hardships, adventure and achievements of Cook's most important voyage. Reshaping his previous book, *Sea of Dangers*, Professor Geoffrey Blainey takes us on a vivid journey, challenging accepted views and the intersection of myth, science and exploration.

### Sales points

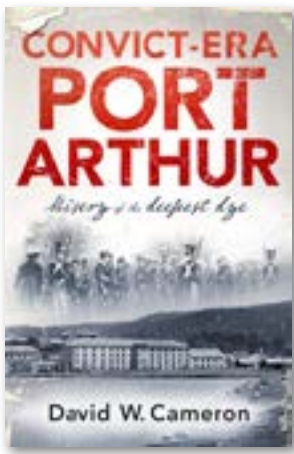
- Geoffrey Blainey has been published in Brazil, India, Spain and China
- A gripping and accessible account of the 1768-1771 voyage of Captain James Cook in the Endeavour, a perennial subject of interest
- Blainey acknowledges that Cook is a polarising national figure and this new edition of the book considers the controversy surrounding him, placing the 'discovery' of Australia in the context of Indigenous history
- Will coincide with the 250<sup>th</sup> anniversary of Cook's voyage to Australia (2020), with commemorative events and activities taking place over the next two years

PROFESSOR GEOFFREY BLAINNEY is one of Australia's most prolific and popular historians.

He has written more than forty books, including *The Tyranny of Distance*, *Triumph of the Nomads*, *A Shorter History of Australia*, *The Rush That Never Ended*, and the international bestseller *A Short History of the World*, which was published in a score of lands as far apart as Brazil, India, Spain and China. He has served the federal government as chairman of the Commonwealth Literary Fund, the Australia Council for the Arts, the National Council for the Centenary of Federation, and the Australia–China Council. At the United Nations in New York, in 1988, Professor Blainey received the celebrated Britannica Prize 'for excellence in the dissemination of knowledge for the benefit of mankind'. A recipient of Australia's highest honour, Companion in the Order of Australia (AC), he has been officially listed for two decades by the National Trust as a 'National Living Treasure'. He is married to the well-known biographer Ann Blainey.







## CONVICT-ERA PORT ARTHUR: MISERY OF THE DEEPEST DYE

David W. Cameron

July 2020

Viking

Trade paperback – 448 pp

Rights held: World

Rights sold: Audio (Penguin Random House Australia)

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**An evocative narrative of the many tragedies that fell upon those who were forced to serve time in Port Arthur, one of the most remote and feared convict locations in Australia.**

Detailing the development of this prison and its outlying stations, including its dreaded coal mines, and providing an account of the changing views on convict rehabilitation, *Convict-Era Port Arthur* focuses on a number of individuals, telling the story through their eyes.

Charles O'Hara Booth, a significant commandant of Port Arthur; Mark Jeffrey, a convict who became the grave digger on the Island of the Dead; and William Thompson, who arrived just as the new probation system started and worked in the treacherous coal mines.

Sourced from the detailed records held in archives at Hobart, *Convict-Era Port Arthur* will for the first time provide a comprehensive history of Port Arthur, its horrors and its changing role over a fifty-year period. In gripping detail, using the experiences and words of the convicts, soldiers and administrators who spent time there, David W. Cameron brings to life these deeply miserable days.

### Sales points

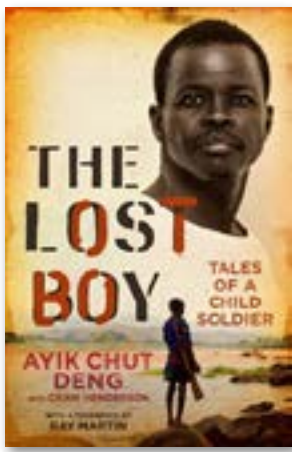
- Port Arthur is one of the most-visited tourist sites in Australia
- Wonderful picture section and vivid storytelling
- David W. Cameron is a renowned historian whose prolific research has been published worldwide



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DAVID W. CAMERON received his PhD in biological anthropology in 1995 at the Australian National University and is a former Australian Research Council QEII Fellow at the Department of Anatomy & Histology, University of Sydney.

He has conducted fieldwork in Australia, Europe, the Middle East and Asia. He is the author of several books on Australian military history and primate evolutionary biology and has published over 60 papers in internationally peer-reviewed journals. He lives in Canberra. Author photo credit © David W. Cameron



## THE LOST BOY: TALES OF A CHILD SOLDIER

**Ayik Chut Deng**

March 2020

Vintage Australia

Trade paperback – 320 pp

Rights held: World

Rights sold: Audio (Penguin Random House Australia)

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**After life as a boy soldier in South Sudan, fighting battles in Ethiopia and Sudan, Ayik Chut found himself a refugee in Australia.**

As a boy living in a tribe in what is now South Sudan, the youngest country in the world, Ayik Chut Deng was a member of the Sudanese People's Liberation Army (SPLA).

During his time as a child soldier, he witnessed unspeakable violence and was regularly tortured by older boys. At age nineteen, he and his family escaped the conflict in Sudan and resettled in small-town Australia. But adjusting to this new life was more difficult than he anticipated. He was struggling with post-traumatic stress disorder that was misdiagnosed as schizophrenia, leading to years of erratic behaviour on the wrong medication. He struggled with drugs and alcohol, fought with his family and found himself in trouble with the law before he came to the painful realisation that his behaviour was putting his life, as well as the lives of his loved ones, at risk.

As an adult now living in Brisbane, Ayik is a father, working as an actor and volunteering at his local youth centre. Overcoming a childhood filled with torture and war was a process of lifelong learning, choices and challenges that included a remarkable chance encounter with a figure from his past, and an appearance on national television.

*The Lost Boy* is an honest and revealing account of the complexities of trauma, and one man's story of how he got to where he is today.

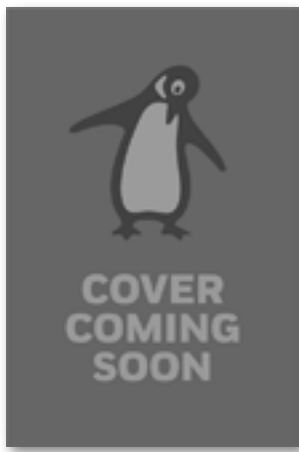
### Sales points

- An incredibly honest, challenging memoir of selling drugs, driving cars too fast and too drunk, behaving badly, and learning to do better
- A different child soldier story to Deng Adut's *Songs of a War Boy*. Ayik Chut went off the rails when he was suddenly a young man in Australia, and has slowly clawed his way back
- Explores the horrors of war, the details of a misspent youth, and the slow inexorable awakening to how you are risking your life and that of those around you
- After stewing for years about his mistreatment as a boy soldier, Ayik Chut had the opportunity to confront the training camp tormentor he most clearly remembered, Anyang, on national television in an acclaimed episode of SBS's *Look Me In The Eye*



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AYIK CHUT DENG was a boy soldier in South Sudan who eventually made his way to Australia as a refugee. He lives in Brisbane where he does acting work, looks after his baby daughter, and volunteers at the local Police and Community Youth Club. Author photo credit © Ayik Chut Deng



## IS THE MOON UPSIDE DOWN?

**Greg Quicke**

September 2020

Ebury

Trade paperback – 256 pp

Rights held: World

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### Australia's 'Space Gandalf' answers all the questions you never knew you wanted to ask about the Southern Hemisphere's night sky.

Greg Quicke – aka Space Gandalf – became a celebrity overnight when he appeared on the ABC's Stargazing Live, hosted by Professor Brian Cox and Julia Zemiro.

The show was based on a format from the BBC, and the *HuffPost* reported that 'when an astro-rock star joined the show, it's safe to say a new star was born. Dubbed "Space Gandalf", astro-tour guide greg Quicke won the hearts and minds of viewers with his approach to all things science'.

*Is the Moon Upside Down* will explore questions including:

- Why does Australia have a unique view of the Milky Way?
- Who were the world's first astronomers? (Spoiler alert – they may have been Indigenous Australians)
- Why is the moon bigger in Australia?
- What is the brightest star in the sky?
- How can you use the stars to find south?

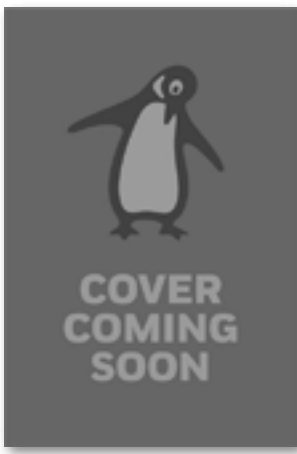
Woven through the book will be Greg's own story of how he became an outback astronomer. He is a fascinating, exceptionally intelligent man and a real eccentric. Readers will go away desperate to find out more about space, and in awe of the world around them.



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Amateur astronomer GREG QUICKE grew up in Southern Western Australia.

After working on cattle stations and sleeping outside in a swag, he became fascinated with the stars and the planets. Greg bought a book on astronomy, then saved up for his first second-hand telescope. Now he runs astronomy tours from Broome and goes by the nickname 'Space Gandalf'. Last year he appeared on the ABC's Stargazing Live and was a big hit. He also starred in *A Stargazer's Guide to the Cosmos* in which he took viewers on the ultimate guided tour of the southern sky, revealing unseen connections between the everyday world around us and the stars above. Author photo credit © Greg Quicke



## EXTRAORDINARY OLD DOGS: UPLIFTING TRUE TALES OF REMARKABLE SENIORS

**Laura Greaves**

November 2020

Viking

Trade paperback – 320 pp

Rights held: World

Rights sold previous titles: *The Rescuers* – Czech Republic (Grada); Hungary (Gabo Kiado); *Dogs With Jobs* – United Kingdom (Orion); Hungary (Gabo Kiado); Poland (Wydawnicza Foksal); Russia (Eksmo); Spain (Planeta)

*Blessed is the person who has earned the love of an old dog* – Sidney Jeanne Seward.

Puppies are wonderful, but there is something truly special about an old dog.

It's the grey muzzle and salt-and-pepper eyebrows; the face that says 'been there, sniffed that.' It's the plodding gait, the long naps in the sunshine, the undiminished wonderment at the beauty of the world. And more than anything, of course, it's the lifetime of love, laughter and licks. Most dog lovers wish their four-legged friends could live forever, and yet senior canines are surrendered to shelters and rescue groups in heartbreakingly high numbers. For some people, it seems ageing is an inconvenience rather than an achievement to be celebrated.

But every day, all over the world, elderly dogs are doing incredible things. From saving lives and breaking records to leading online movements and surviving against the odds, stately seniors are wringing every ounce of joy and adventure from their lives.

In *Extraordinary Old Dogs*, meet the geriatric tail-waggers proving there's plenty of life in the old dog yet.

### Sales points

- Laura's heartwarming dog books have been an international hit, selling in the United Kingdom, Czech Republic, Hungary, Poland, Russia and Spain
- Tens of thousands of copies sold in Australia and New Zealand alone
- Perfect as gift books and great for anyone who loves dogs



LAURA GREAVES is a multi-award-winning journalist, author and proud 'crazy dog lady'. She has spent nearly twenty years writing for newspapers and magazines in Australia and around the world and is the former editor of *Dogs Life* magazine. Now a freelance writer, Laura has written extensively for countless dog and pet-specific print and web publications. She is the author of the collections *Incredible Dog Journeys*, *Dogs with Jobs* and *The Rescuers*, the children's book *Amazing Dogs with Amazing Jobs*, and three romantic comedy novels, *Be My Baby*, *The Ex-Factor* and *Two Weeks 'Til Christmas*, all of which feature an extensive supporting cast of cheeky canines. Author photo credit © Amelia J. Dowd



## ALL OF THIS IS FOR YOU

Ruby Jones

November 2019

Penguin Random House New Zealand

Hardback – 104 pp

Rights held: World

Rights sold: North America (HarperCollins); Germany (Verlagsgruppe Random House); Italy (Rizzoli); Taiwan (Global Group Holdings)

**A beautiful, thoughtful gift book for any person needing a little inspiration in today's world, by Ruby Jones, the celebrated young illustrator behind the artwork 'This is your home and you should have been safe here.'**

In this new book, celebrated artist Ruby Jones shares dozens of luminous, heartfelt, hand-lettered artworks and messages. Life can be overwhelming, particularly in 2020. Ruby's witty, compassionate and colourful illustrations never fail to bring a smile of recognition, while her practical words of advice and reassurance remind us of how lucky we are to be here, and how we can be kinder to ourselves, to the people in our lives, and to the world around us.

Ruby's work is instantly recognisable and is suitable for a young audience through to adults – for everyone navigating modern life. She deals with difficult feelings and emotions (grief, depression, anxiety, body image) skilfully, with just the right touch of humour when needed.

These simple, heartfelt messages speak to the human condition and transcend race and culture with images that represent a global diversity. Content will resonate with a broad audience, and readers will see themselves in her illustrations and readily identify with the messages.

### Sales points

- Ruby has a huge following, a whopping 70.4K on Instagram and her fan base is actively engaged. Her Instagram post about publishing a book with Penguin attracted 8K+ likes
- Her work is instantly recognisable and is especially popular with a young audience, teens through young adults. The artwork is suitable for children as well as working for adults or anyone navigating modern life



RUBY JONES is an artist and writer whose messages of hope and kindness captured the zeitgeist and gained worldwide attention after the March 2019 Christchurch terrorist attacks, when she shared her illustration featuring two women embracing, penned with the words 'This is your home and you should have been safe here'. A few days later, Ruby was asked to illustrate a cover for *Time* magazine, and since then her work has been shared widely and has appeared online with *Buzzfeed*, *i-D*, *Vogue* and *Marie Claire* magazine. *All Of This Is For You* is her first book. Ruby has a strong Instagram presence, with around 70k followers and an actively engaged fan base. Author photo credit © Ruby Jones





## HER SAY: SURVIVORS OF DOMESTIC ABUSE TELL THEIR OWN STORIES

Jackie Clark and The Aunties

June 2020

Random House New Zealand

Trade paperback – 304 pp

Rights held: World

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**Told in their own words, the stories of New Zealand women who have lived in – and escaped – abusive relationships.**

In 2012, Jackie Clark launched The Aunties, a grassroots charity helping women to rebuild their lives after a period of trauma.

She quit her job, turning her back on her comfortable life, to focus on The Aunties full time, becoming Aunty in Charge and Assisting hundreds of women with material needs and emotional support. Jackie has long dreamed of a publication that gives these women a voice. This powerful new book features the stories of a number of very different New Zealand women, told their way. The collected stories chart their narrators' lives and personal histories, through the lens of having lived with – and escaped – an abusive partner.

*Her Say* is spoken from the heart, uncompromising but offering hope, redemption and personal triumph. It's a book for all women, showing how owning our stories gives us the power to write daring new endings. It will challenge, illuminate, and empower readers – not to mention the storytellers themselves.

### Sales points

- Real and raw accounts of an experience that is often misunderstood, with few neat happy endings but many examples of inspiration and triumph over adversity
- Jackie Clark, founder of The Aunties, is a staunch role model and rising star. She was the Supreme Winner at the 2018 Westpac Women of Influence Awards and was awarded a QSM in the 2019 New Year Honours list
- All royalties will go to The Aunties to support their efforts

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JACKIE CLARK, a kindergarten teacher by training, founded the charity The Aunties seven years ago with the aim of working with women who are affected by domestic violence.

She provides women with material needs like clothing, food or money by fundraising. Her big heart has won her a league of loyal fans and followers, and in 2018 she was the Supreme Winner at the Women of Influence Awards. She lives in Manurewa, Auckland.





## STOP SURVIVING START FIGHTING

**Jazz Thornton**

April 2020

Penguin New Zealand

Trade paperback – 272 pp

Rights held: World

**A hard-hitting, thought-provoking account of surviving suicidal thoughts and moving on to a better life, which provides practical help and inspiration to anyone affected by depression or suicide.**

Jazz Thornton first attempted to take her own life at the age of twelve. Multiple attempts followed and she spent time in psychiatric wards and under medical supervision as she rode the rollercoaster of depression and anxiety through her teenage years. The attempts continued.

In *Stop Surviving Start Fighting*, Jazz tells readers what she learned about how her negative thought patterns came to be, and how she turned those thoughts – and her life – around. Who and what helped, and what didn't? The insights she gives will help create greater understanding of those grappling with mental illness, and those around them who desperately want to help.

Jazz brings a relatable, direct approach to these issues. An internationally sought-after media star, Jazz has had recent speaking gigs at the UN General Assembly (with Lady Gaga) to help launch a global mental health campaign; in the UK to launch the Museum of Lost and Found Potential alongside Global Mental Health and at the One Young World Leaders Summit with Michelle Obama and Emma Watson in London. She also met with the Duke and Duchess of Sussex (Harry and Meghan) during their visit to New Zealand in 2018.

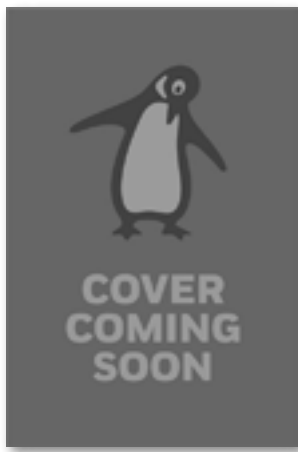
Jazz has already touched so many lives around the world and is shining light on an epidemic that crosses boundaries and cultures.

### Sales points

- Jazz created *Jessica's Tree*, a web series that follows the 24 hours between a friend, Jess, going missing, and the discovery of her body. *Jessica's Tree* was viewed more than 230,000 times in the two months following its release in March 2019. It immediately received international recognition and awards, including the Huawei Mate30 Pro New Zealand Television Awards 2019 Best Web Series, and nominations/selections for Cinema l'DEA Italy, Seoul Webfest, and other film festivals
- *The Girl on the Bridge*, a movie about Jazz set for 2020 release, will raise her profile further. The movie looks at the making of *Jessica's Tree*
- Jazz was recently announced as a semi-finalist for the Kiwibank New Zealand Local Hero of the Year award



JAZZ THORNTON is a young New Zealander who is the co-founder of Voices of Hope, which provides help and hope to those struggling with mental illness. She advocates for those with depression, anxiety and suicidal thinking all around the world. Author photo credit © Maddie Graeme



## THE SECRET DIARY OF A KNOWN SOLDIER

Ian Trafford

August 2020

Penguin New Zealand

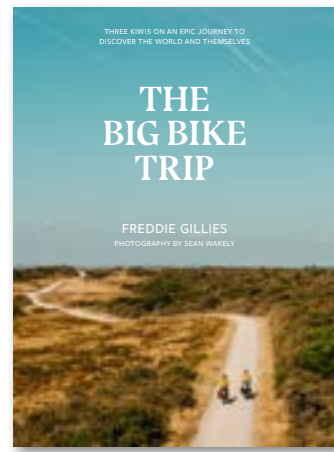
Trade paperback – 304 pp

Rights held: World

**World War I (and its aftermath) in the words of a young soldier fresh off a remote New Zealand farm, written with immediacy, emotion and clarity.**

A personal account of WWI from the diaries of a Gisborne farm boy, shaped into a gripping narrative by the diarist's grandson 100 years later.

Follow Alick as he moves from his last night on the farm in early 1916, through enshippment and training, then off to the battle fields of France and Belgium, occupied Germany and back home. His treasured diaries covered the tedium, the mud, the fear and sorrow, the discomfort, the periods of leave and the letters from those back home. See the war unfold through Alick's eyes and learn about his and his companions' attitudes to the army, to female company, to the enemy soldiers, to the hospitality provided by people under pressure, to the war itself. And after the drama and tragedy of war, comes the return home and the efforts required to make a living while remaining steadfastly silent about the traumas of those terrible years – an unseen fight that continued and affected generations to come.



## THE BIG BIKE TRIP

Freddie Gillies, Arthur Gillies and Sean Wakely

August 2020

Random House New Zealand

Paperback – 288 pp

Rights held: World

**An inspirational account of self-discovery, friendship and turning your dreams into reality.**

'When you're hurting and coughing on a steep incline, it's hard to see or even think of the top, but you just gotta push a pedal at a time and keep pushing.'

At Auckland Airport, three young Kiwis began an audacious – some would say crazy – journey, huddled together and wiping tears from their eyes.

Fourteen months later, they had cycled 23,000 kilometres, from Bali to Buckingham Palace, across more than 20 countries and adventured through some of the most exotic parts of the world. They battled extreme heat, sub-zero temperatures, culture shock and loneliness as they pushed their bodies to their limits. They overcame injury, illness, heartbreak, and, above all, their own fears and self-doubt. It was the time of their lives.

Packed with stunning photography by Sean Wakely, *The Big Bike Trip* is an inspirational account of self-discovery, friendship and turning your dreams into reality.