



SPARKING
IMAGINATION,
CONVERSATION
& CHANGE

Subsidiary Rights Guide
March 2020
Bologna Book Fair

Pantera Press — taking on the world...

Pantera Press is a young and enthusiastic Australian book publisher, created to champion writing culture and literacy in Australia with a clear community and cultural purpose.

We discover and nurture talented Australian writers who are *great storytellers*. We also publish non-fiction *books that matter*, and have a quirky imprint designed for millennials, *Lost the Plot*. From our Australian origins we are now also publishing titles that fit our criteria from around the world. As a social purpose business, we use our profits to fund charities and not-for-profits that encourage reading and work to close the literacy gap in Australia.

We released our first titles in 2010 and were short-listed in 2013, 2014, 2018 and 2019 for the Australian Book Industry's (ABIA) Small Publisher of the Year Award. In 2015 we were short-listed for the ABIA Innovation Award. We are the only publisher to have been named a 'Heatseeker' by Nielsen BookScan for three successive years (indie publishers showing both the highest short-term and long-term growth). We have a team of seasoned industry professionals fast developing a list of award-winning and critically acclaimed authors and titles across a range of genres.

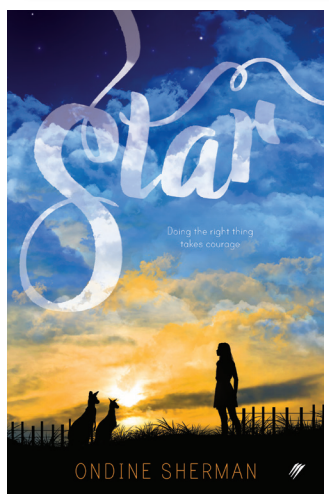
Our books are distributed in Australia and New Zealand by Bloomsbury, and we hold world rights to most of our titles. We would love to introduce you to our list.

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Upcoming and Recent Children's and YA Fiction

THE ANIMAL ALLIES SERIES | Ondine Sherman



Pub Date: April 2019

July 2019

July 2020

ISBN: 9781925700275

9780648508427

9781925700695

Category: YA Fiction (12 +)

Format: Paperback B+ 210mm x 135mm

Extent: 280pp

280pp

240pp

Rights Held: World

Sky, Snow and Star are the first three books in *The Animal Allies* series - books in which Ondine Sherman tackles different aspects of the animal welfare movement.

After the death of her mother, Sky is sent to live with her relatives in the country, learning to deal with her growing acceptance of herself and her place in the world. Sky stumbles on a case of animal cruelty, and has to question what's really important to her and the person she wants to be.

In *Snow*, Sky travels to Alaska to meet her absent father, Adam, and is forced to confront her views on animal hunting for pleasure. She is also navigating her long distance relationship with Oliver back in Australia.

Back in West Creek, Sky discovers another case of animal cruelty close to home, and is asked to take her activism to a new level in *Star*. She needs to understand how far she will go for her beliefs.

These books allow young teens to explore aspects of animal cruelty and activism, set against the endearing story of Sky's growing acceptance of herself and her place in the world.

Sky, Snow and Star are the first in *The Animal Allies* series - books in which Ondine Sherman tackles different aspects of the animal welfare movement. The first three books deal with battery farming, animal hunting for pleasure and kangaroo culling in Australia. Future books will cover marine parks and poaching in Africa — set against the engaging story of Sky's personal development.

About the Author



Ondine Sherman is a life-long animal advocate, and is passionate about promoting respect and compassion for all creatures. In 2004, she and her father, Brian Sherman AM, founded Voiceless; the organisation is now one of Australia's leading animal protection groups. And Ondine's social-media platform, Franimals, has become a popular community for animal-loving teens across the globe.

Ondine grew up in Sydney and now lives in Tel Aviv with her husband and three children. Her three mischievous street cats, two loyal dogs and a sweet ex-battery chicken all keep her extraordinarily entertained.

"When I was a teen, I was extremely passionate about helping animals. However, all the materials, films and books about animal protection were focused on adults and learning about the issues was often a difficult and even traumatic experience for me. With Sky, I wanted to make a safe space for teenagers to learn and think critically about animal protection."

Ondine Sherman

THE MEDORAN CHRONICLES | Lynette Noni

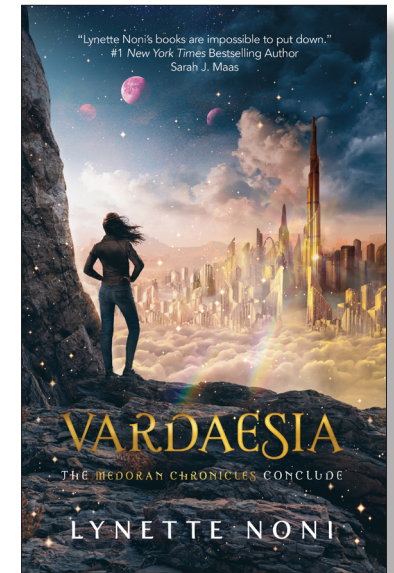
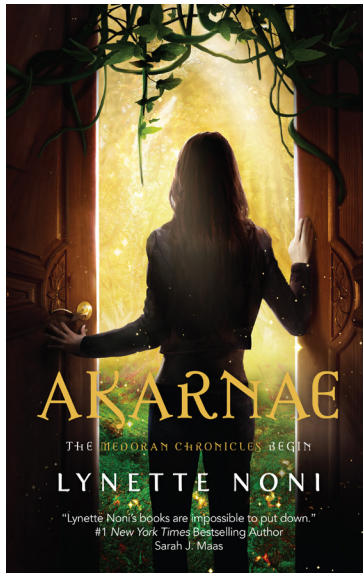
The Medoran Chronicles is an addictive five-book fantasy series set in a unique parallel world. A wondrous exploration of friendship and belief in oneself, it is set against the backdrop of an ancient betrayal and eternal war.

Sixteen-year-old Alexandra Jennings finds herself stranded in Medora, a fantasy world full of impossibilities. As she explores Akarnae Academy, a school for teenagers with extraordinary gifts, she is embraced by colourful new friends who accept her as one of their own.

But Alex soon discovers that she is an unwilling pawn in a deadly game, and the weight of an entire race's survival rests on her shoulders. She must find a way to protect the Medorans

from Aven Dalmarta, the banished Prince from the Lost City of Meya, who is on a quest to reclaim his birthright.

This refreshingly innocent YA journey emphasises the values of friendship and loyalty while offering a new slant on high school fantasy. There are authority figures who aren't quite what they seem, unconventional magic influenced by futuristic technology, and an omniscient library that can influence and guide Alex through the insecurities and uncertainties of her new world – and hopefully towards an understanding of the strength of her own willpower and an assured future for Medora.



"Lynette Noni is a marvelous and inventive storyteller, whose books are absolutely impossible to put down. I can't wait to see what she comes up with next!"
Sarah J Maas, #1 New York Times bestselling author of *The Throne of Glass* and *A Court of Thorns and Roses* series

"Lynette Noni is a master at her craft. The Medoran Chronicles have richly developed characters, superb world-building that makes you feel like you're actually there, and stories that pack a punch, full of emotion and thrills. Highly recommended!"
James Dashner, #1 New York Times bestselling author of *The Maze Runner* series

THE MEDORAN CHRONICLES

SALES HIGHLIGHTS

Sales of Lynette's books have increased by 450% from 2017 to 2018, from 10,607 units to 45,926 units

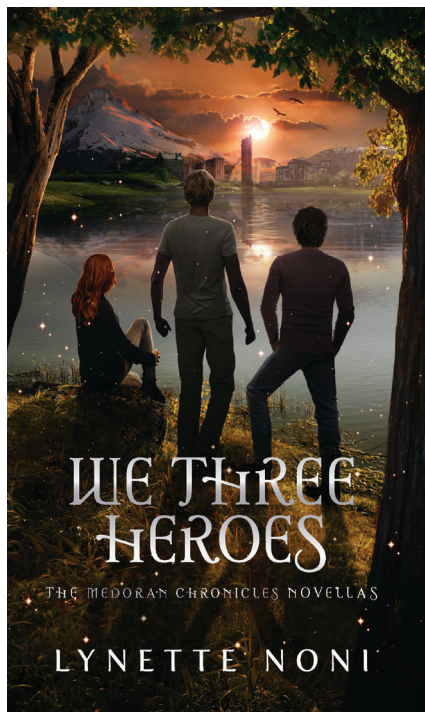
Lynette was the bestselling Australian YA author in 2018.

All of her books occupied the top 5 spots in the Australian bestseller charts for July 2018.

THE MEDORAN CHRONICLES series was voted Number 3 in the Dymocks Kids' Top 51 in 2018

WE THREE HEROES was the bestselling YA book in Australia in the week of its release.

There are over 55,000 copies of Lynette's books in print in Australia and New Zealand.



A companion volume to THE MEDORAN CHRONICLES

We Three Heroes contains three novellas which tell the stories of DC (Crowns and Curses), Jordan (Scars and Silence) and Bear (Hearts and Headstones).

While they may be considered sidekicks in *The Medoran Chronicles*, to Alex they are her heroes - her strength, her hope and the reason she never gives up. Here are their stories - their trials and triumphs - proving that they are actually the heroes of their own stories.

About the Author



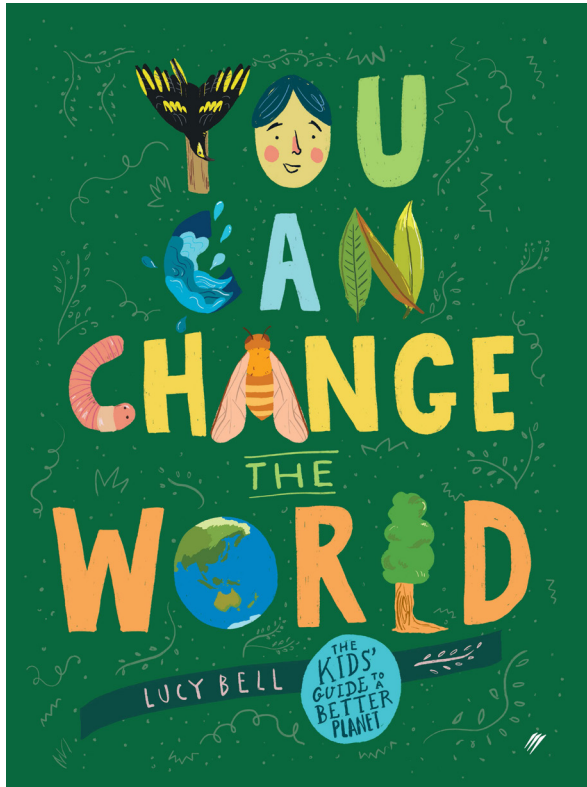
Lynette Noni loves getting lost in stories – both the ones she creates, and those created by others. Lynette grew up on an outback farm and now lives behind the sun-swept beaches of the Sunshine Coast. Devastated when her Hogwarts letter didn't arrive, she consoled herself by looking inside every wardrobe she could find, and is still determined to find her way to Narnia. Bursting with novel ideas, Lynette is a reader who writes and a writer who reads. She has a worldwide blog-following where she enthusiastically shares her devotion to books and her unashamed Disney animation addiction.

Rights Held: World

Rights Sold: Audio (Audible)

Upcoming and Recent Children's and YA Non-Fiction

YOU CAN CHANGE THE WORLD | Lucy Bell



Pub Date: September 2019

ISBN: 9781925700527

Category: Kids Non-Fiction (8 - 12 years)

Format: 247mm x 184mm (hardcover)

Extent: 224pp

Rights Held: World

Rights Sold: German (Loewe); World English Language (exc ANZ) (HarperCollins UK) ; North America non exclusive (Andrews McMeel); Spanish (Anaya).

Every day, we see a problem we would like to fix. A piece of rubbish in a green, grassy park. Plastic water bottles buried in the sand at the beach. A garbage bin overflowing onto the street. A skinny, stray dog. A homeless person on a cold day.

These problems seem impossible for one person to change. But we can fix them, if we each do our part – one step at a time.

This practical guide is designed to empower kids to make changes in their lives to help make a difference in the world.

Filled with information, ideas and activities, and interspersed with features on amazing children around the world, this book shows kids how to:

- Avoid single-use plastics
- Throw a plastic-free party
- Make a compost bin and reduce waste
- Start a herb garden
- Grow bee-friendly flowers
- Learn about where their food comes from
- Be kinder to others, share and donate

Kids are on a mission to make our earth a better, safer, happier place. And anyone can join in.

About the Author



Lucy Bell is a book editor and music teacher on a journey to live a more ethical, sustainable and mindful life. She grew up on the NSW Central Coast surrounded by four siblings, a cat, two dogs, two sheep, a lizard, lots of guinea pigs and thirteen chickens. She now lives in Sydney and while watering her balcony garden, dreams of one day owning her own country farmhouse.

Did you know?

- There are more plastic flamingos in the world than real ones.
- If you joined all the pieces of plastic in the ocean together they would go around the whole planet over 4,000 times.
- Every year, the average Australian family creates enough waste to fill a three-bedroom house.

LEAD THE WAY | Jean Hinchliffe



HOW TO CHANGE THE WORLD FROM THE FRONTLINE OF THE SCHOOL STRIKES

Want to take action and fight for what's right, but don't know where to start?

Lead the Way is your ultimate guide to activism and making systematic change, your way. Jean Hinchliffe is one of the key organisers of School Strikes 4 Climate, and in this book she shares her tools, stories and learnings from the movement with you.

From identifying your cause to finding allies, planning a march, nailing your messaging, public speaking and working with the media, to the importance of self-care when you're on your activist journey, *Lead the Way* will guide you to start changing the world today.

Teenagers are leading the way towards a better future and you can too.

Pub Date: September 2020

ISBN: 9780648677024

Category: YA Activism

Format: Paperback C 234mm x 153mm

Extent: 278pp

Rights Held: World

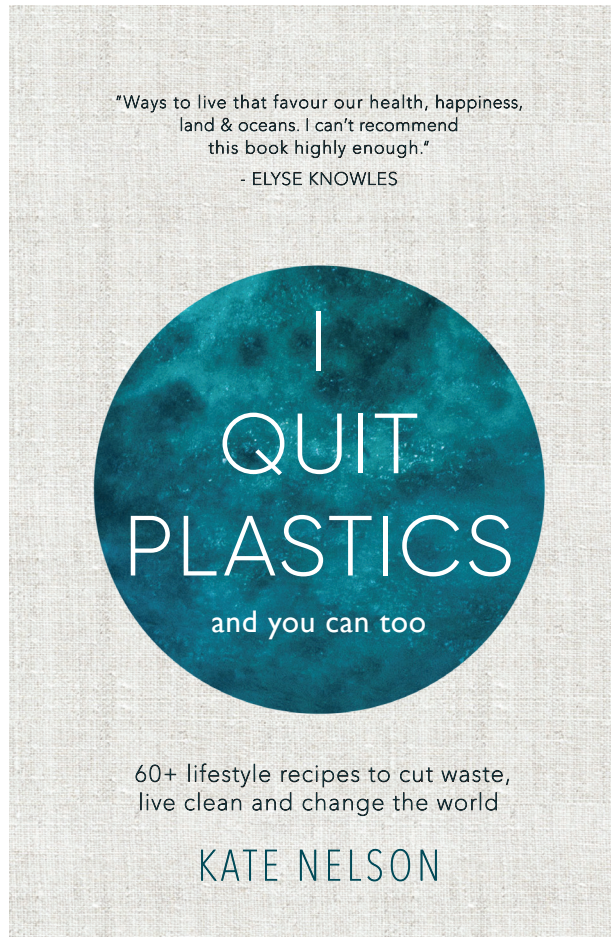
About the Author



Jean Hinchliffe became a prominent face of the Strike 4 Climate movement when she organised the student strike in Sydney in November 2018. At just 14 years of age, she took to the stage and addressed students who walked out of class to demand action by the federal government on climate change. In September 2019, Hinchliffe addressed 80,000 people in Sydney as part of the Global Climate Strike that saw over 300,000 Australians gather at rallies around the country in one of the largest protests in our history, before travelling to the UN Climate Change summit.

Jean's first foray into activism was at the age of 13 when she campaigned for marriage equality with the Vote Yes campaign. She has also worked with organisations such as GetUp and Stop Adani. Through her involvement in the climate strikes, she has appeared on The Project, The Feed, Foreign Correspondent and has been interviewed on TV and radio and featured in newspapers and magazines across the country.

Upcoming and Recent Young Adult LOST THE PLOT titles



An inspiring and practical journey to quitting plastic.

Kate Nelson has been disposable plastic free for a decade. She started small by stopping her use of plastic bags and water bottles, refusing straws and using a reusable cup for her coffee. But as she became aware of just how much plastic she encountered in her day-to-day life without realising, she knew she had to do more. It has taken years, but the journey has been humbling and full of learning.

I Quit Plastics is an inspiring and practical guide to reducing your use of plastics, wherever you may be on the journey. Complete with an 8-week phase-out program, and full of recipes and tips to help you cook, shop, wear, clean and live plastic-free, Kate Nelson shows you how to reduce your waste and live more simply and sustainably.

With over 60 recipes that cover cooking, beauty, hygiene, and cleaning, Kate Nelson shares how making small changes within your own life you can help have a lasting, global impact.

Kate Nelson is one of Australia's leading plastic-free advocates. She started her journey in 2008 when she volunteered at Jean Michel Cousteau's Ocean Futures Society.

Since then she has lobbied government, pitched to corporates, spoken at schools all over the world, and founded an education and advocacy not-for-profit called 'Save the Mermaids' to spread the word.

She now lives in Byron Bay where she has been plastic free for 10 years and where she continues to run workshops and educate 50,000+ social media followers on the joys of living simply and consciously.

Recipes include:

Cooking: Banana Bread, Sweet Potato Blueberry Porridge, Maple Glazed Pear Breakfast Crumble, Lentil Chickpea Fafels, Zoodle Pad Thai, Vegan Cheese, Eggplant Chips, Peanut Butter Cups, Rich Gooey Raw Brownies

Hygiene: Toothpaste, Deodorant, Mouthwash, Face Masks, Sunscreen

Beauty: Mascara, Foundation, Bronzer, Blush, Eyeliner

Cleaning: Laundry Detergent, Cleaning Spray, Stain Remover

Publication: April 2020

Page Size: 234 mm x 153 mm

Extent: 240 pages Full Colour

Rights Held: World



[illegible]

When our lips are cracked and dry it can be a sign we need to drink more water. It's also a nice practice to give your mouth a gentle scrub once a week to keep the lip skin supple. Apparently, how clean the skin underneath your lips is helps you absorb the lip products you use. So, if you have dry or chapped lips, it's important to keep your lips hydrated and moisturized. We have to clean away the dead skin before we can rehydrate our lips. Scrub regularly and apply balm.

Mix together in your palm:


- 2 tablespoons
SHEA BUTTER
- 2 tablespoons
COCONUT OIL

Apply to your lips.

Store with warm water.

Apply Lip Balm One page 2033

Note: You can always mix equal portions as you have enough for a week in the bathroom as well.



Sasberry Concentrated Liquid Laundry Detergent

Add about a tablespoon of this concentrate to each wash. For extra suds and cleaning, sprinkle in a tablespoon of Borax also.

200 washes
2 cups water

Add the borax and water to a large measuring cup and for 15-20 minutes.

Use the back of a large spoon or gently stir the soft borax to separate any more borax. Be sure not to break apart.

Allow to cool. Strain the liquid through your phone and hold your phone over a large bucket.

To use only a small amount is needed - a teaspoon to a tablespoon, depending on the load size.

Use this in a concentrate, once in the fridge to prevent its leakage.

- 240

... 100

Some of us are quite fortunate; bottles of shampoo and soap with labels you need to place the wraps on before they totally leave dry and crumble away.

• **Longer showers** – a small time interval does in the shape of a V that you gently hang along your shower to screen away from you.

MY FAVE WOODEN BATH ACCESSORIES

Plastic will crack, stain and never break down. I use natural materials for my bath products and I find I choose those that which most.

- **Real teak** – best for handles with natural textures.
- **Bamboo toothbrush** – there are many in the market now. Try to find one that is made from bamboo.
- **Handbrush** – get the wooden brush with natural bristles. It's a great one for your face.

MY FAVE CERAMIC BATH ACCESSORY

• **Hot pot** – this is a fabulous Apollonian pot of hot water. It's a great one for your face and hair. It's a great one for your face and hair. It's a great one for your face and hair.

THE TRUTH ABOUT ALL-PURPOSE SOAP

With the right soap you can wash your whole body and hair. After you can use it to clean surfaces and fabrics. Soap is so great and so much more than just a bar of soap.

I like to find a good soap maker – someone who makes organic natural soap – and support their craft.

100

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*Going vegan seems impossible!
What do I tell my family, they think it's unhealthy?
I don't want to annoy my friends!
Where do I find food and clothes?
How do I still get all the vitamins I need?*

Have you been thinking about going vegan? Whether it's for environmental, ethical or health reasons it can be a very big decision to make and implement into your lifestyle.

Vegan Living is a gentle, accessible and inspirational guide for a transition into vegan living by Ondine Sherman, one of Australia's leading voices in the animal welfare space.

Based on Ondine's own personal road to being vegan and expert advice, this is an easy and practical guide to implementing vegan practice into all aspects of your life including food, fashion, cosmetics and health products and other lifestyle items that use animal products. It will also provide you with the tools you need to navigate being vegan in a non-vegan world, and how to answer questions that your friends and family might have about your lifestyle change.

Ondine Sherman is the Co-founder and Managing Director of Voiceless, the animal protection institute. She stopped eating meat at seven and became full vegan (95% in reality) nearly five years ago.

Ondine holds a BA in Communications from the University of Technology, Sydney, and an MA in Environmental Education from Macquarie University. She is an Ambassador for Action for Dolphins and Director of conservation NGO, This is My Earth (TiME). Ondine writes on animal protection regularly in the media and her opinion pieces have been published in Sydney Morning Herald, AlterNet, Mamamia and more.

In 2012 she was Nominated by Cosmopolitan for "Fun, Fearless, Female" Award, presented the Commencement Speech for Macquarie University in 2011 and in 2009 nominated as Australia's top 10 Community Leaders by News Limited & Microsoft.

She lives in Israel with her husband and three children.

Publication: July 2020

Page Size: 198 mm x 128 mm

Extent: 216 pages Full Colour

Rights: World



1

THE TIME IS NOW

"There is nothing so powerful in the world as an idea whose time has come and animal protection is just such an idea."

- MICHAEL KIRBY,
AUSTRALIA'S LONGEST
SERVING JUDGE

12 - The Time Is Now

Yippee! You've taken the first step on the path to a vegan cruelty-free, plant-based lifestyle and I'm delighted you're here.

If you're an omnivore, pescatarian, vegetarian or even vegan-curious, this book is written just for you. A healthy happy vegan lifestyle is win-win-win-win (repeat infinite times) for you, animals, the environment and the future of our planet.

What's the best time to begin my journey? I hear you ask. How about, now? You'll be in great company. Animal protection is the social justice movement of our century and the vegan awakening is happening, making history in our very generation. It's worldwide and spontaneous, and involves millions of people shifting away from animal products.

We have a global population of 7.7 billion people and, in recent years, 70 per cent of the world's people have

reported either reducing or stopping their meat consumption. This has been largely led by millennials concerned about animal protection and the environment.

If you're thinking the vegan movement is populated by only hippies and hipsters, you couldn't be more wrong. Mainstream businesses, multinational corporations and investors are taking note. There's an explosion of new plant-based products, vegan food technology, ethical fashion and, most importantly, passion.

Hundreds of new cookbooks are filling bookshelves and celebrity chefs are jumping on board. The world's largest multinationals, renowned for their meat and dairy products, are now investing in vegan food technology. And companies like Google, Burger King and even McDonald's are getting on the meat-free train.

Billionaires such as Bill Gates, Jay-Z and Richard Branson are investing heavily in the area while vegan and vegetarian celebrities are influencing their billions of fans. Ariana Grande believes veganism can make you live longer and happier. Ellen DeGeneres is encouraging her fans to stop eating meat, and Miley Cyrus is sure veganism is taking over the world. Music sensation Billie Eilish told her millions of fans, "I understand that meat tastes good... and I know you think you're just one person and it won't change anything if you stop but... you should know 'one person' adds up."

♥ ♥ ♥

32 - The Time Is Now

Veganism is a joyful way of life - a conscious, responsible, ethical decision to live our lives without harming, exploiting or killing other sentient beings. It's a life based on the principles of peace and non-violence and one brimming with kindness, respect and compassion to all living creatures and the Earth.

Don't we all want a world that's more caring, just, fair and less violent? Let's give that a resounding YES.

Vegan living is not hard. Most of us living in industrialised countries have unprecedented choice about what we can eat. Our supermarkets overflow with a wide variety of products and, if we're lucky, with a click of a button, food, fashion and beauty products are delivered directly to our door. We are able to easily meet our nutritional needs and keep up with fashion trends without

supporting industries known to cause both harm to animals and environmental destruction.

But remember - veganism is not a diet, fad, club, fashion or cult. It isn't a new-age concern at all. Veganism and vegetarianism have been a part of Asian Buddhism, Jainism, Sikhism, Taoism and Hinduism for thousands of years - the concept of *ahimsa*, meaning non-violence, respecting life and doing no harm, plays a central role. In fact, the vegetarian and sometimes vegan diet of the Rastafari movement of Jamaica, is intended to improve health, avoid causing death and bring followers closer to what they refer to as universal energy and life force.

Grandpa wisely said that true happiness is when what you think, do and say are in harmony. When our diet and choices are in line with our belief system we feel our deepest values reflected in daily life. This is when we can live our innermost truth.

I know from experience that there is a soulful, authentic, joyful feeling when your outides match my insides. And I'm not alone.

34 - The Time Is Now

Fourteen years as a vegan, Grace from our Vegan A-Team explains what it means to her:

"Veganism is a philosophy on life.
It re-frames the way you see the world, see food and see yourself as a moral agent... It's opened me up to world cuisine, made me think about the intersection of a variety of social issues like animal rights, human rights, migrant rights, environmental rights... Veganism is a powerful idea... one to which very few people can meaningfully provide any kind of robust counter-argument, in my experience."

Harry Bolman, host of the Vegan Hour, a regular four-hour livestream on Facebook in which he interviews vegan identities, describes it this way:

"Veganism is the lifestyle
that seeks to eliminate (as much as possible) the use of animals for any purpose... To cease exploitation, enslavement, commodification and use of animals for any purpose. To treat all animals (and by extension, all living beings) with the love and respect we wish for ourselves. When our intention is to do no harm, we find a way, not an excuse."

35 - The Time Is Now

3

HEALTH & FOOD

"I am living without fats, without meat, without fish, but am feeling quite well this way. It always seems to me that man was not born to be a carnivore."

- ALBERT EINSTEIN

This chapter was written in collaboration with
Dr Lella Masson, medical doctor and paediatrician.

100 - The Time Is Now

Today millions of people around the globe are proving that being healthy and being vegan are highly compatible. A healthy vegan diet is appropriate for all stages of our life, including pregnancy, breastfeeding and adolescence. Research supports that vegetarians and vegans are at reduced risk of a number of health conditions including heart disease, certain cancers, Type 2 diabetes, hypertension and obesity. This is because vego and vegan diets are often low in saturated fat and high in vegetables, fruits, whole grains, legumes, soy products, nuts and seeds (all rich in fibre and phytochemicals). This causes lower total and low-density lipoprotein cholesterol levels and better serum glucose control, which leads to the reduction of chronic disease.

A comprehensive large study of nutrition coined the "Grand Prix of epidemiology" concluded that human beings are basically a "vegetation species" and, for our own health

and longevity, we should say clear of meat and dairy.

Expert scientific advice regarding diet usually recommends less animal products but, unfortunately, some nutritionists haven't caught up with the times. Others rely on information from health studies surreptitiously funded by meat, egg and dairy industries using questionable science or drawing suspect conclusions. A number of people I know have also increased, rather than decreased, their meat consumption following trends such as paleo and low-carb diets. And many ill-informed health professionals score away their vegan-curious clients, making them doubt their decision to adopt a vegan diet. Make sure you're getting advice from only the most informed and educated experts.



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