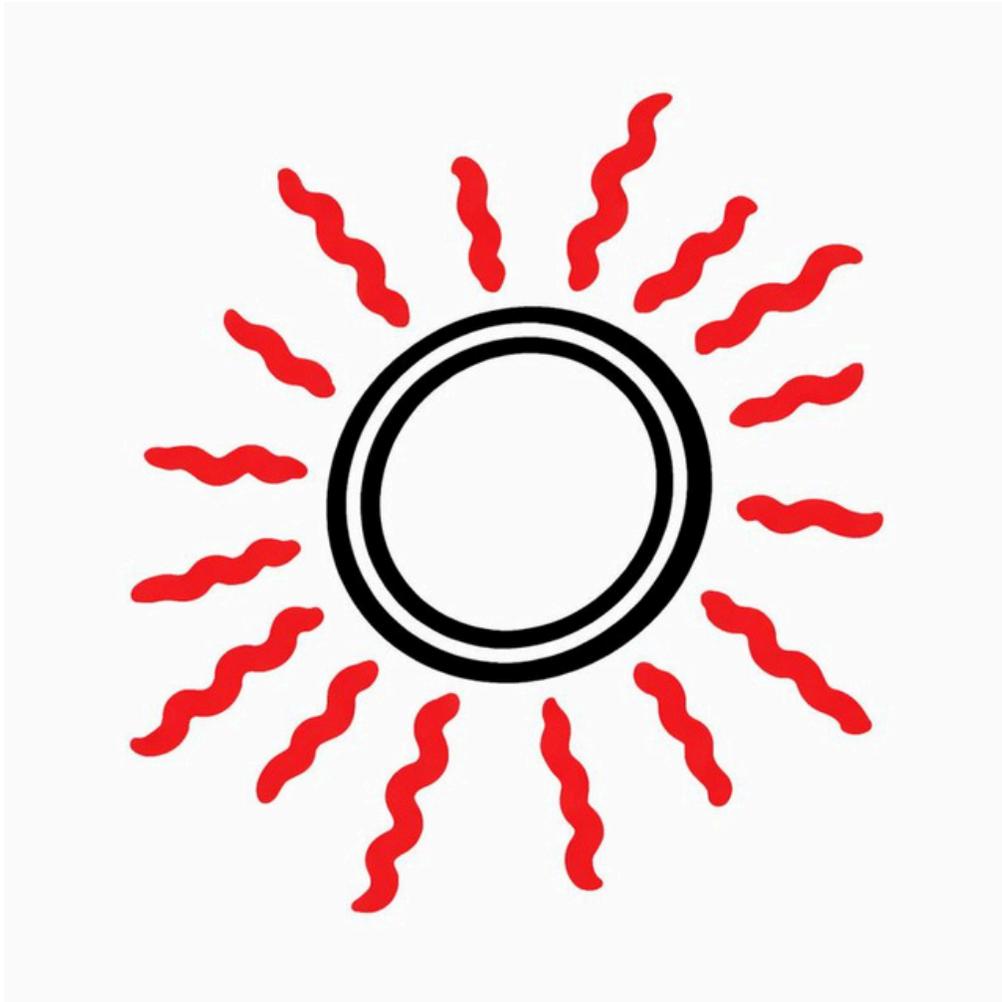


***Spring 2026***

**Kent D. Wolf // [kent@neonliterary.com](mailto:kent@neonliterary.com)  
Eloy Bleifuss Prados // [eloy@neonliterary.com](mailto:eloy@neonliterary.com)**

**Time for a new story.**



# **Upcoming Releases**

# THE DISAPPOINTMENT

Scott Broker

Literary Fiction /  
Debut



**Publication: March 2026**  
**US: Catapult**  
**Agent: Kent D. Wolf**  
**Finished Copies Available**

**Scott Broker** is a queer writer based in Los Angeles. A Tin House Scholar and Lambda Literary Fellow, he has been a finalist for the Iowa Review Prize in Fiction, the New England Review's Emerging Writer Award, and an honorable mention in *Best American Short Stories*.

**“A beautiful portrait of a long-term relationship and the hazards that come from assuming that understanding improves over time... A masterful understanding of human nature distinguishes this sexy debut.” —Kirkus Reviews (starred review)**

**“Compassionate, finely-tuned, and dexterous, Broker's sentences feel wrought from decades of hard earned love and labor. An unforgettable achievement.” —Ocean Vuong**

Set during a doom-fated vacation, *The Disappointment* follows a couple trying to stay together while a surreal reality threatens to unravel them

Jack—a former playwright mourning his failed career—catches his husband, Randy, packing his mother’s urn for their trip to Oregon. Parents, living or otherwise, aren’t the ideal guests for romantic getaways, but Randy has been carrying his mother’s remains everywhere since her death, and he isn’t ready to let go now.

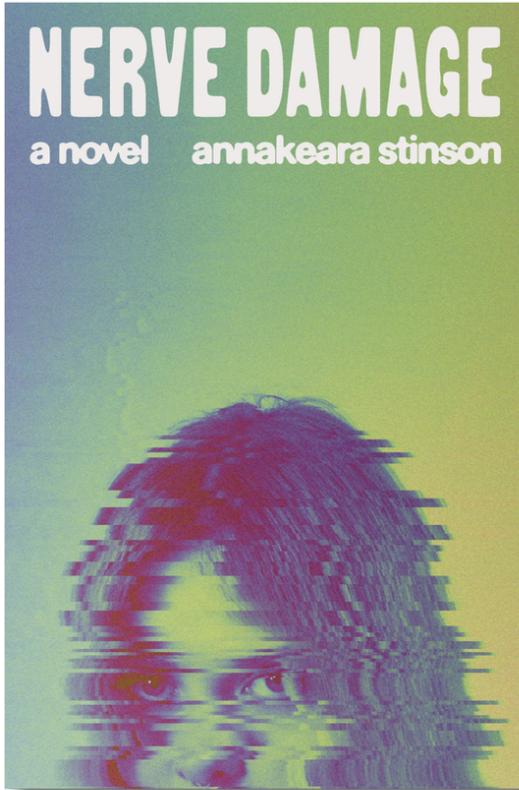
Despite its natural beauty and kitschy charm, the coast does not provide the respite the couple seeks. Instead, their surroundings and encounters with locals grow increasingly strange as the days pass. An overly-dedicated Method actor, tantra-obsessed neighbors, and a child environmentalist who may be able to communicate with the dead are but a few of the characters whose presence exposes long-simmering tensions that threaten to undo Jack and Randy’s marriage—to say nothing of their hold on reality.



# NERVE DAMAGE

Annakeara Stinson

Literary Fiction /  
Debut



**Publication: May 2026**

**US: Knopf**

**UK/ANZ: Scribner Editions**

**Agent: Eloy Bleifuss Prados**

**Proofs Available**

**Annakeara Stinson** is a writer whose work has appeared in *Bustle*, *Brooklyn Magazine*, *Eater*, *IndieWire*, *Pitchfork*, *Marie Claire*, and more. She has an MFA in Fiction from The New School and lives in L.A.

**“Stinson’s voice, her prose, is a feast.”**

**—Kaveh Akbar, *New York Times*  
bestselling author of *Martyr!***

**I read this novel addictively, frequently cringing in terror and laughing out loud, sometimes simultaneously.” —Melissa Febos, author of *Girlhood* and *The Dry Season***

A riotous revenge novel about one woman’s quest to escape her stalker ex-boyfriend—by stalking him herself.

Clarice’s breakup with P.T. began the usual way—she discovered he was cheating—and ended with a restraining order and a one-way ticket from New York to L.A.

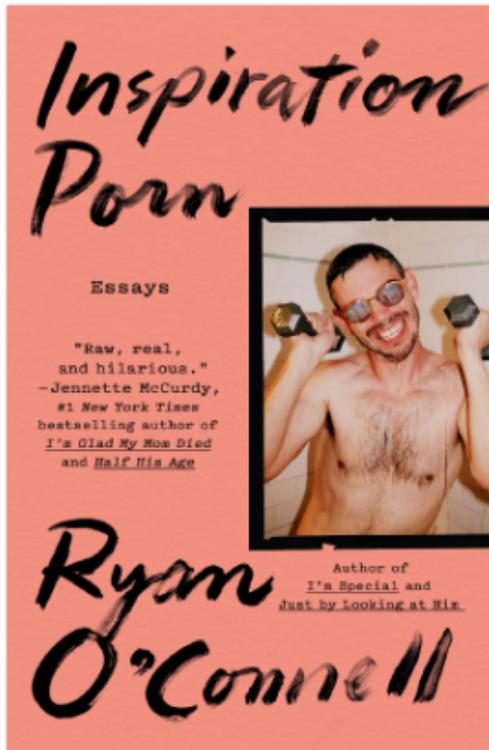
Years later, on the day the restraining order is set to expire, Clarice spots a man who looks suspiciously like P.T. at a nightclub near her new apartment, flirting with the bartender. Clarice is certain her ex has returned to ruin her life, but with scant evidence pointing one way or another she takes increasingly unhinged steps to find the truth.

Profane and poignant, brash and deeply empathetic, *Nerve Damage* is a different kind of survivor narrative—a novel about how far one woman will go as she tries to wrest back control of her life in a world that seems determined to send her spiraling.

# INSPIRATION PORN

Ryan O'Connell

Essays / Humor



**“Raw, real, and hilarious.” —Jennette McCurdy, author of *I’m Glad My Mom Died***

**“Ryan is the funniest writer I know.” —Coco Mellors, author of *Blue Sisters***

**In these hilarious and bawdy musings on disability, sex, family, and Hollywood, an Emmy-winning writer, reflects on how he learned to have the confidence to take up space in a world that doesn't often give you the permission to be yourself.**

For years, Ryan O'Connell wished he was different. Raised in a beach town described as "Laguna Beach with meth", his dad left and his alcoholic mom packed him lunches that wouldn't win any *Top Chef* challenges. And why did he have to be disabled *and* gay?!

Luckily, Ryan had a love for writing and could “construct the narrative of my life before anyone can construct it for me.” In essays that range from the poignant to the side-splitting, Ryan grapples with addiction, navigates the early days of online media, and uses his voice to gain entrance into the cutthroat world of Hollywood.

*Inspiration Porn* is a candid and raunchy look at a life lived without apologies.

**Publication: May 2026**

**US: St. Martin's Press**

**Agent: Kent D. Wolf**

**Film/TV: CAA**

**Past Publishers: UK (Little, Brown), Denmark (Forlaget Falco), World Spanish (Ediciones Camelot)**

**Proofs Available**

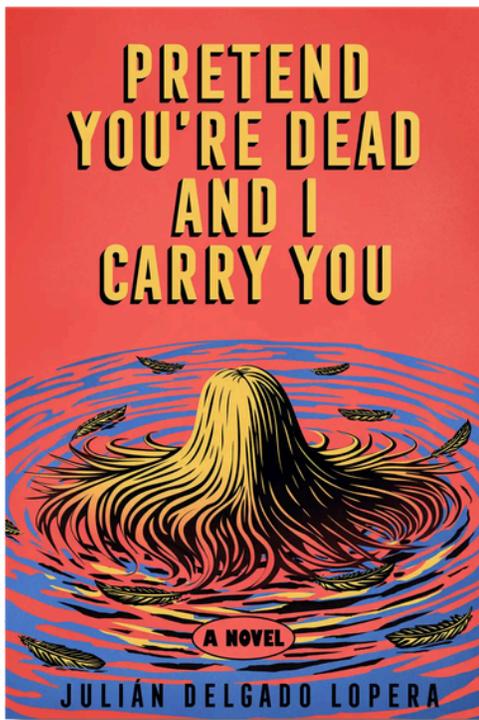
**Ryan O'Connell** is the Emmy-winning creator, writer, and star of Netflix's *Special*, which is based on his memoir, *I'm Special: And Other Lies We Tell Ourselves*. He is the author of the novel *Just By Looking At Him*. He lives in Los Angeles.

# Pretend You're Dead and I

## Carry You

Julián Delgado Lopera

Literary  
Fiction



**Publication:** May 2026

**US:** Liveright

**Agent:** Kent D. Wolf

**Rights Sold:** World Spanish  
(PRH Colombia/Alfaguara)

**Proofs Available**

**Past Publishers:** Brazil  
(Instante), Latin America  
(Grupo Planeta)

**Julián Delgado Lopera** is an award-winning Colombian writer and historian based in Brooklyn. Delgado Lopera is the author of the novel *Fiebre Tropical*, as well as the nonfiction books *Quiéreme* (Nomadic Press) and *¡Cuéntamelo!* (Aunt Lute Books).

"Delgado Lopera is a writer whose sentences make your heart race, and *Pretend You're Dead and I Carry You*, with its unmasking of lies, makings of new truths, insights into the human heart, is generous, imaginative, revelatory, enraging, and loving." —Andrew Sean Greer, Pulitzer Prize-winning author of *Less*

"Julián Delgado Lopera is one of the most exciting writers in all the Americas."—Torrey Peters, author of *Detransition, Baby*

Isolated in a Bogotá apartment, Ignacio's inner light has dimmed, leaving his thirteen-year-old daughter Valentina to raise herself after the death of her mother, who had been pushed to her limit by Ignacio's frequent affairs with other men. Stepping into a maternal role is Mamadora Eléctrica, a trans woman who introduced Ignacio to the city's queer scene years prior.

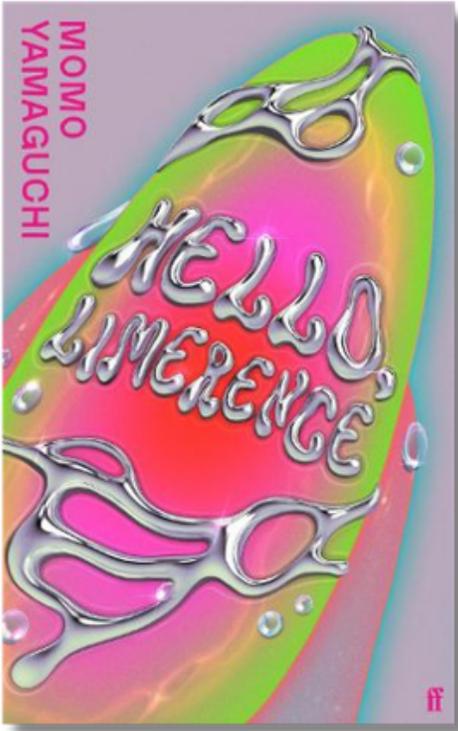
A love-starved Valentina longs for Ignacio to snap out of his depression and to discover the details of her mother's drowning, but he is stuck in the past, haunted by memories of the young man he loved and betrayed. Meanwhile, Ignacio may lose Valentina to his wife's family if he continues to neglect his daughter.

From "a writer who is grinding their own colors" (Dwight Garner, *New York Times*), *Pretend You're Dead and I Carry You* is a profound and richly imagined story about coming undone.

# HELLO, LIMERENCE

Momo Yamaguchi

Literary Fiction / Debut



**Publication: Aug 2026**

**US: Mariner**

**UK: Faber & Faber**

**Rights Sold: France (Actes Sud)**

**Agent: Kent D. Wolf**

**Film/TV: Mirabel Michelson  
(UTA)**

**Proofs Available**

**Momo Yamaguchi** was born in Tokyo, educated in the U.S., and lives and works in London. *Hello, Limerence* is her first novel.

**For fans of Asako Yuzuki and *Fleabag*, an audacious, unhinged debut following the major humiliations and minor triumphs of an overworked, undersexed young woman in Tokyo who must save herself from the hazards of her own lust, obsession, and delusion.**

Mika is about to turn 25, and all she has to show for it is a soul-sucking office job and a terminal case of virginity. Between unwanted advances from co-workers and subway commuters, and love-bombing from unappealing fuckboys, Mika's ready to explode. Her only therapeutic outlet is her imagination, which manifests in a series of comically violent and horny fantasies.

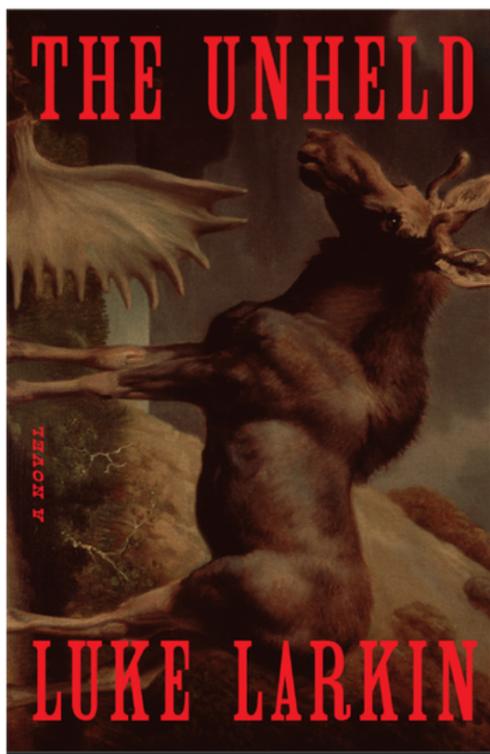
Determined to change her fate, and with the encouragement of Nana, her certified "Hot Girl" best friend, Mika loses half of her virginity to Tyler, a Japanese-American boy with an allergy to commitment. The other half is taken by a man with a drawer full of red flags, all while Mika indulges in fantasies of women much to her titillation and confusion.

Scathingly funny, delightfully profane, and surprisingly heartfelt, *Hello, Limerence* is a story for the unloved and the overlooked—a madcap spin through the frenzy of one woman's desire.

# THE UNHELD

Luke Larkin

Horror / Debut



**Publication: August 2026**

**US: Hyperion Ave (World English)**

**Agent: Eloy Bleifuss Prados**

**Film/TV: Sean Berard (Untitled)**

**Proofs Available**

**Luke Larkin** is a writer who lives in Missoula, Montana, where he earned his MFA in creative writing at the University of Montana. His writing has appeared in publications such as the *Iron Horse Literary Review*, *HAD*, and *Sonora Review*.

**"*The Unheld* will lull you with its sparse Montana vistas, beguile you with its headstrong heroine, then absolutely blow your doors off with one of the most unsettling and unusual monsters I can recall in horror fiction." —Nick Cutter, author of *The Troop***

**"*The Unheld* is a ferocious and utterly original debut from a bold, unflinching literary voice destined to set the horror genre ablaze."—Eric LaRocca, author of *Things Have Gotten Worse Since We Last Spoke***

While other twelve-year-olds are in school, Charlie spends her days skinning the animals her father hunts in the wild woods just outside their cabin. Charlie's life in the Montana Territory is a lonely one, as her father is a moody man of few words.

One night, a living nightmare appears. Neither animal nor human, the Beast drags Charlie's father into the wilderness. To find him Charlie enlists the aid of two unlikely allies: an Englishman with a connection to an occult society and a Cheyenne policeman exiled for a crime he didn't commit.

Yet as she prepares for a confrontation with the Beast, Charlie will need to decide: What does she owe the man who called her daughter yet never showed her love?

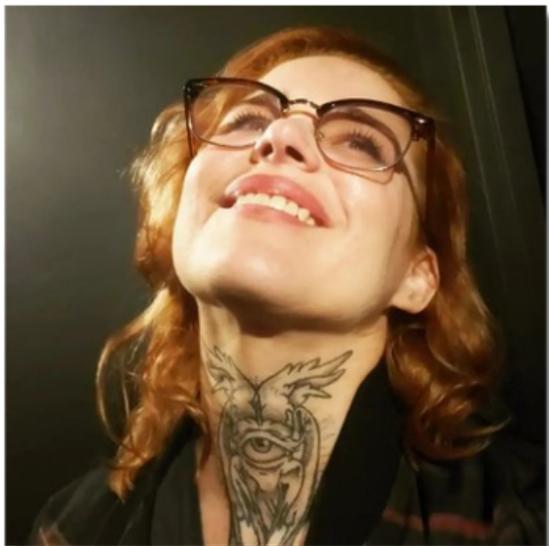
*The Unheld* is an unsettling and soulful historical horror novel—perfect for readers of Andy Davidson's *The Boatman's Daughter* and T. Kingfisher's *What Moves the Dead*. The novel's ingeniously conceived monster will set your skin crawling, while the indomitable heroine at the story's center will capture your heart.

# GROSS

## Disgust, Desire, and the Biology of Belonging

Leigh Cowart

Science /  
Criticism



**A undeniable blend of rigorous research, gonzo curiosity, and confessional verve—*Gross* explores the science and psychology of disgust.**

Disgust is more than a reflex: it's the velvet rope at the club, the moral mace in a culture war, the safeword in a dungeon, and the fuse that sets off every online dogpile. In their new book, Leigh Cowart explores the cultural, evolutionary, and deeply personal implications of this emotion with the wild intelligence and fearless humor for which they are already widely beloved. Whether gagging from the stench of durian fruit or touring the Liquid Ass factory, they bring readers into contact with their own limits and seduce them into shared transgression.

*Gross* is Mary Roach with more chaos, Chuck Tingle with more footnotes, and a perfect fit for readers of *Gulp*, *Bittersweet*, and *This Is Your Mind on Plants*. It's also life-changing: Cowart discovers to their surprise that expressing disgust physically can purge it psychologically, transforming revulsion into resilience and shudders into strength.

Leigh Cowart is an author who knows how to combine bold visuals and existential stakes with transformational storytelling. *Gross* is a buoyant book for a barbaric age.

**Publication: Spring 2027**

**US: Crown**

**Agent: Anna Sproul-Latimer  
Proposal Available**

**MS Delivery: May 2026**

**Option Holders: Croatia  
(Bookmaster-Facta) Estonia  
(Rahva Raamat AS), Japan  
(Hara Shobo), Russia (AST  
Publishers), World Spanish  
(Editorial Trillas)**

**Leigh Cowart** is a researcher and journalist whose work has appeared in the *Washington Post*, *New York Magazine*, *Buzzfeed News*, *Hazlitt*, and other outlets.

# CREATURES OF HABIT

Jennifer Yeh

Literary Fiction / Debut



***Creatures of Habit* is a warm, generous, and emotional debut novel with a speculative bent for fans of *The Correspondent*, *Shark Heart*, and *Sandwich*.**

Gina Lee's life might not have turned out to be terribly exciting, but it's comfortably predictable—until her husband Mark drops a bomb that upends everything. Ever since the unexpected death of his mother Mark has been drifting out of the family orbit. Now, he has completely escaped their gravitational pull: he's leaving to start a new relationship with a younger woman.

Reckoning with a future that looks nothing like the one she imagined and a past she now must rewrite, Gina finds herself adrift for the first time in decades. For years she has been the emotional and practical heart of her family, but with the members of that family scattered and the reality of Mark's engagement party fast approaching, Gina wonders for the first time what she wants for herself.

It's only when a strange amphibious creature crawls through her window to ask for help that Gina begins to understand that her life is not over. In fact, with the unlikely wisdom of her new friend, she finds that it might be just beginning.

Told with a poignantly observant eye, Jennifer Yeh's gentle, uplifting debut that speaks to the shifting seasons of life and the deeply human ability to find joy in a few perfect moments.

**Publication: March 2027**  
**US: William Morrow (World English)**  
**Agent: Eloy Bleifuss Prados**  
**Film/TV: Tara Timinsky and Shivani Doraiswami (Untitled)**  
**Edited MS Available**

**Jennifer Yeh** is a textbook author and a one-time frog biologist. She lives in San Francisco.

# PEANUT

Elisabeth Thomas

Literary Fiction /  
Speculative



***Peanut* is the unsettling and intoxicating new novel by Elisabeth Thomas, whose "deliciously sinister" (*New York Times Book Review*, Editors Choice) debut *Catherine House* was a cult hit.**

Crystal Washington, a sharp, awkward, chronically underestimated assistant at a high-gloss tech company, struggles to fit in with corporate culture. When she is transferred to a secretive new division—Social Machines, she's pulled into the development of a plush robot "companion toy" with learning capabilities (Labubu meets Siri). This adorable fuzzball, the company boasts, is programmed to be your new favorite pet, or your new best friend—or even more.

As work on the toy progresses, Crystal is drawn into an uneasy intimacy with Juliet, a magnetic team scientist. But their bond is threatened by the arrival of Toby, an assistant with a weirdly flat affect and mechanical habits. As Toby works his way into Crystal and Juliet's friendship, Crystal starts to wonder: Is the toy the only robot the company's been developing?

A reckoning with desire, invisibility, and what it means to craft your own story, *Peanut* moves fluidly between the razor-sharp and achingly vulnerable, grounded in a character who refuses to be made small.

**Publication: 2027**

**US: Pantheon**

**Mondadori (Italy)**

**Agent: Kent D. Wolf**

**Film/TV: Mirabel Michelson  
(UTA)**

**Option Holders: Headline  
(UK), dtv (Germany),  
Unedited MS Available**

**Elisabeth Thomas** is the author of *Catherine House*, a Lambda- and Edgar-award finalist and Fantastic Strangelings Book Club pick. A Yale graduate, she works as an archivist for a major art museum and lives in Brooklyn.

# THE FOOL

Baba Ademoroti

Literary Fiction / Debut



**Publication: 2027**

**US: Henry Holt**

**UK: Jacaranda**

**Rights Sold: Narrative  
Landscape (West Africa)**

**Agent: Kent D. Wolf**

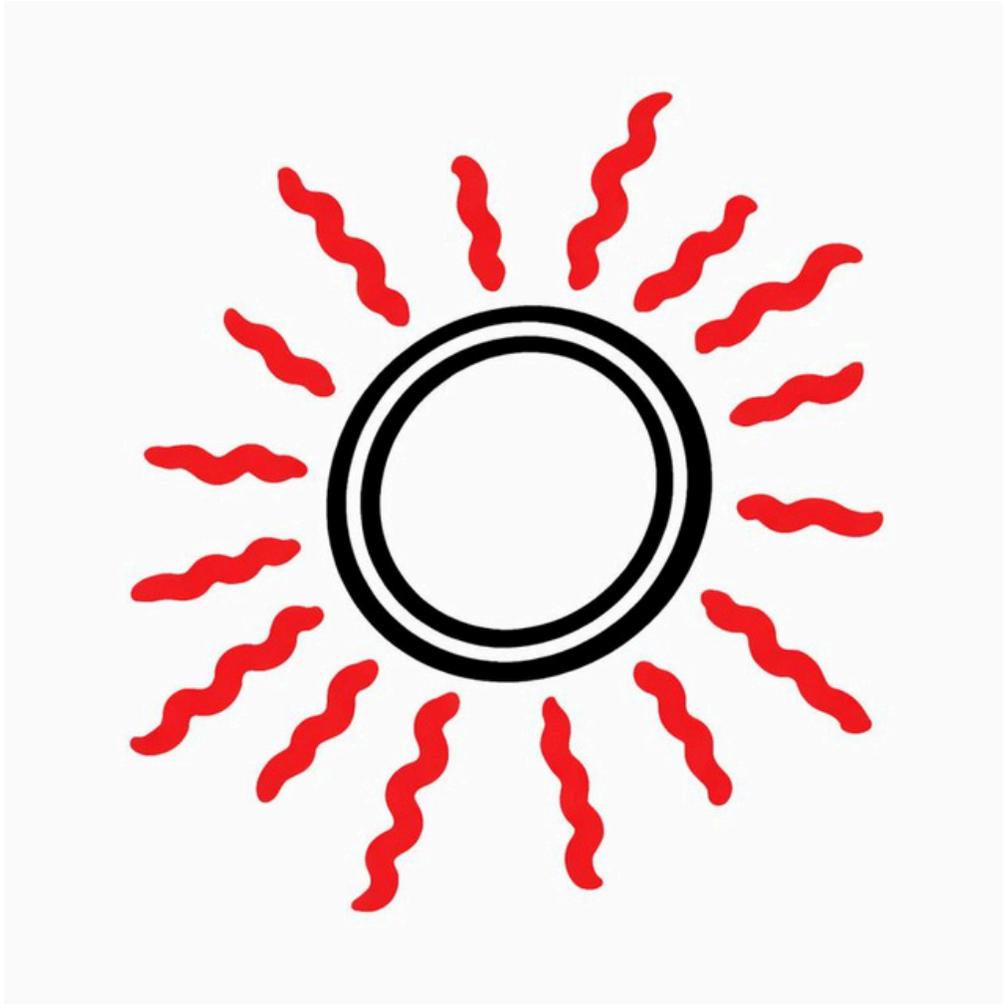
**Unedited MS Available**

**Baba Ademoroti**, a Yoruba writer from Lagos, Nigeria, received an MFA in fiction from the Iowa Writers' Workshop and is pursuing a PhD at the University of Houston. His short fiction is forthcoming or has appeared in *American Short Fiction*, *The Southern Review*, *AGNI*, and in a special literary supplement selected and edited by Chimamanda Ngozi Adichie.

**A warm, tender and absolutely heartbeaking debut from a writer to watch.**

When Niyi learns that his 30-year-old son is gay, the discovery unmoors him, unlocking a burning need to re-examine his life. In a series of letters to his only son, Niyi lays bare his past, and the (supposed) clarity and wisdom on the page reveals more about Niyi than he has ever cared to acknowledge. Set across Nigeria, from Kano, in the north, to the bustling metropolis of Lagos, to an unnamed quiet war town in the deep south, *The Fool* asks the question: How can you make sense of a life if you came of age in a time and place without a language to speak your heart or a model to mirror your existence?

In the tradition of *Gilead*, *The Remains of the Day*, and *On Earth We're Briefly Gorgeous*, *The Fool* explores themes of place, masculinity and queerness, and the ensuing shockwaves when we are confronted with a starkly different way of being, after a life lived in instructed and familiar ways.

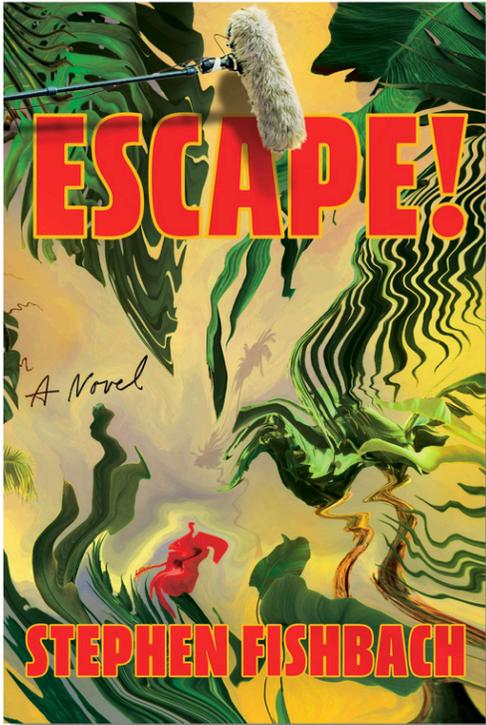


**Recently  
Published**

# ESCAPE!

Stephen Fishbach

Thriller / Debut



**Publication: January 2026**  
**US: Dutton**  
**UK/ANZ: Text**  
**Agent: Kent D. Wolf**  
**Film/TV: Jason Richman and Orly Greenberg (UTA)**  
**Finished Copies Available**

**Stephen Fishbach** is a Pushcart Prize-winning writer and former television executive. A two-time *Survivor* contestant, his fiction has been published by *One Story*. He lives in Washington, DC, with his wife and two daughters.

## National Bestseller!

**"A literary thriller . . . Fishbach's novel stands out because it explores the complicated dynamics of self-narrativizing—and because it's enriched by the behind-the-scenes details informed by his firsthand experience." —*The Atlantic***

**"The novel is a wild ride that will keep readers glued to the page." —*Entertainment Weekly***

**A propulsive debut novel following a has-been reality TV star and a disgraced producer who get one last shot at redemption on a show set on a remote island, only to discover that the plot twists are beyond what they ever imagined.**

Kent Duvall, a faded reality show winner, just wants another chance at glory. When a scandal is captured on camera at a charity event, he gets his shot, on a new jungle survival show with seven other contestants.

The contestants' goals seem simple—survive the wild, build a raft, win treasure. But Beck Bermann, a reality producer who suffered her own public shaming, sees them as characters in her own redemption arc.

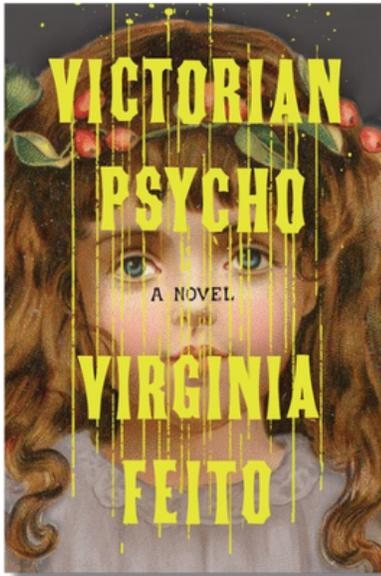
As the schemes and strategies grow, rival camps sabotage each other and rival producers struggle to control the storyline. Soon the question becomes less about who will win than who will make it out in one piece.

# VICTORIAN PSYCHO

Soon to be a Major  
Motion Picture from  
Bleeker Street!

Virginia Feito

Horror / Gothic  
Fiction



**A NEW YORK TIMES NOTABLE BOOK  
OF 2025**

**"[*Victorian Psycho*] lives up to its literary namesakes, delivering unrelenting gore and shock in the vein of those earlier novels by Bret Easton Ellis and Robert Bloch."—*The New York Times Book Review***

**"So weird and wonderful." —*The Guardian***

**From the diabolical mind behind *Mrs. March* comes a gruesome and gleeful new novel that probes the deranged psyche of a bloodthirsty governess.**

Winifred Notty arrives at Ensor House prepared to play the perfect Victorian governess—she'll dutifully tutor her little charges, tell them bedtime stories, and only joke about eating children.

But the longer Winifred spends within the estate's dreary confines, and the more she struggles at every turn to stifle the horrid compulsions of her past. When her chillingly dark imagination breaches the feeble boundary of reality on Christmas morning, Winifred is finally ready to deliver on her generous gifts.

Wielding her signature sardonic wit and a penchant for the gorgeously macabre, Virginia Feito returns with a vengeance in *Victorian Psycho*.

**Publication:** February 2025

**US:** Liveright

**UK:** 4th Estate

**Agent:** Kent D. Wolf

**Film/TV:** Hilary Zaitz Michael  
(WME)

**Finished Copies Available**

**Rights Sold:** Brazil (Darkside),  
Croatia (Vorto Palabra), France  
(Maison Pop Editions), Germany  
(btb), Italy (Mercurio), Korea  
(Hyundai Munhak), Poland  
(Wydawnictwo Kobiectwo), Portugal  
(Alfaguara), Turkey (Juno), Ukraine  
(Vivat), World Spanish (Lumen)

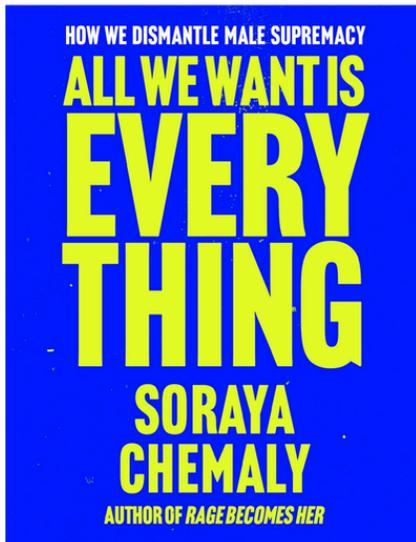
**Virginia Feito** was raised in Madrid and Paris, and studied English and drama at Queen Mary University of London. She lives in Madrid, where she writes her fiction in English.

# ALL WE WANT IS EVERYTHING

## How We Dismantle Male Supremacy

Soraya Chemaly

Politics



**“A painful, funny, and necessary book for uncertain times.” —Mikki Kendall, author of *Hood Feminism***

**“Chemaly's best work yet.”—Laura Bates, author of *Men Who Hate Women***

**From the author of *Rage Becomes Her* comes a fearless and timely manifesto for identifying and rejecting male supremacy in our daily lives.**

Drawing on her trademark skill, wit, clarity, and sharp insight, Soraya Chemaly demonstrates how male supremacy operates, adapting dynamically in order to maintain cruel, exploitative systems of oppression.

Male supremacy, she asserts, isn't primarily about men dominating women. Instead, it's a system that violently pits men against each other, using women and marginalized communities as resources in their competition for power. Under this system, anyone who isn't white, straight, cis, and adhering to strict rules of traditional masculinity is considered inferior and rendered “other.” Femininity defines vulnerability, exploitability, and disposability.

*All We Want Is Everything* offers unflinching analysis and genuine hope, informed by the bold and revolutionary potential of feminist imagination. From private relationships to global politics, Chemaly shows how naming and refusing male supremacy is essential to resisting the forces of fascism. This urgent manifesto is a call to refuse supremacist identities, relationships, and values in order to build more a just, healthy, and sustainable world.

**Publication: November 2025**

**US: Atria/One Signal**

**Agent: Anna Sproul-Latimer**

**Finished Copies Available**

**Past Publishers: United Kingdom (S&S), Arabic (Jadal), China (Huaxia Winshare), France (Albin Michel), Germany (Suhrkamp), Hungary (Libri Kiado), Italy (Harper), Korea (Munhakdongne), Latin America (Oceáno), Lithuania (Alma Littera), Netherlands (De Geus), Poland (Proszynski S-Ka), Spain (Planeta)**

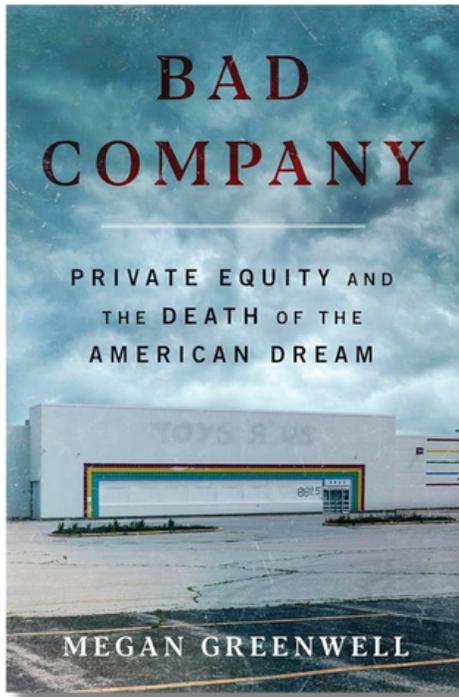
**Soraya Chemaly** is an award-winning writer and activist whose work focuses on the role of gender in culture, politics, religion, and media. She is the author of *Rage Becomes Her* and *The Resilience Myth*.

# BAD COMPANY

## Private Equity and the Death of the American Dream

Megan Greenwell

Current  
Affairs



**\* VANITY FAIR'S BEST BOOKS OF 2025 \* ONE OF  
NEW REPUBLIC'S BOOKS OF THE YEAR \* KIRKUS'  
BEST NONFICTION BOOKS OF THE YEAR 2025  
\* ONE OF AV CLUB'S BEST BOOKS OF 2025 \*  
SHORTLISTED FOR THE HELEN BERENSTEIN  
AWARD FOR JOURNALISM**

**"[An] indictment of an industry that has cannily  
tilted the playing field in its favor. *Bad Company*  
details how cliché abstractions like 'consolidation'  
and 'efficiency' have given cover to real betrayals."**

**— *The New York Times***

**"Greenwell has written an essential guide to an  
industry that operates largely in the shadows"**

**— *Associated Press***

**Publication: June 2025  
US: Dey Street (NA)  
Agent: Anna Sproul-Latimer  
Finished Copies Available**

**Megan Greenwell** is a former editor at publications including *WIRED*, *Deadspin*, and *New York Magazine*. Her work has appeared in *The New York Times*, *The Washington Post*, *Slate*, *Esquire*, and *ESPN*.

Private equity quietly dominates American life, controlling hospitals, daycare centers, grocery stores, newspapers, water systems, and even voting machines. Despite their outsized wealth and influence on politics, private equity firms operate in secrecy,

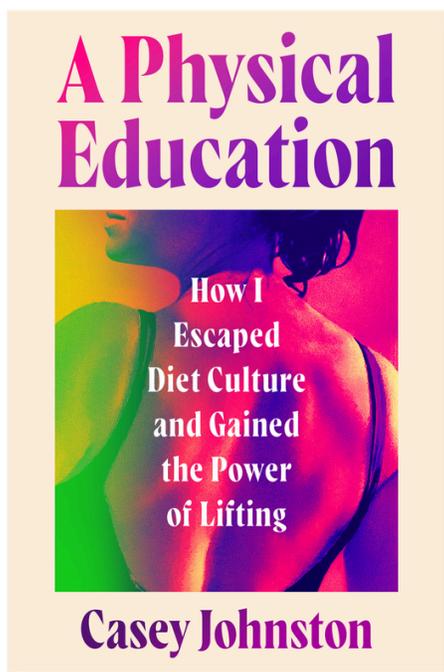
In *Bad Company*, acclaimed journalist Megan Greenwell exposes private equity's destructive grip on the economy. In the tradition of Matthew Desmond's *Evicted*, this urgent book is a forceful rebuke of one of capitalism's most consequential, yet least understood economic forces.

# A PHYSICAL EDUCATION

How I Escaped Diet Culture and Gained the Power of Lifting

Casey Johnston

Memoir /  
Health



A SCIENTIFIC AMERICAN STAFF FAVORITE  
A MARKETPLACE BEST BOOK OF 2025  
A BOOKSHOP BESTSELLER  
A TOP 40 MEMOIR ON AMAZON

**“A really smart memoir about getting strong, inside and out... this book inspired me to take it up a notch and start power-lifting (and I love it).”**  
—Cheryl Strayed

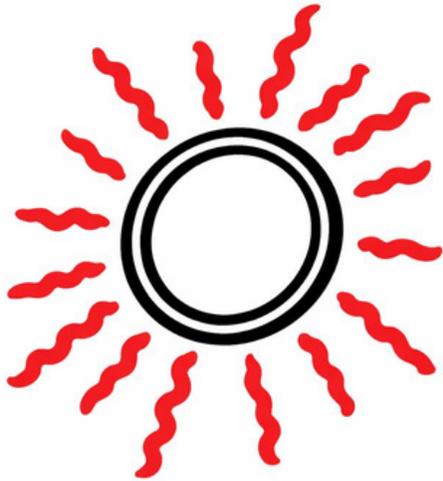
Part memoir and part science writing, this is a book about a woman finding joy in a body that, for so long, she considered her enemy.

*A Physical Education* traces Casey Johnston’s journey of calorie restriction and obsessive cardio to finding healing through the (unexpected) practice of lifting weights. As she progresses, carrying groceries and closing heavy doors become easier. As she diligently practices checking in with how she feels, she begins to question not only how she has treated her body, but how she sees herself and the world.

Combining wit, rage, and a reporter’s eye for detail, Johnston recounts how she learned the process of rupture, rest, and repair—not just within her cells and muscles, but within her spirit. A love letter to the science of female strength, this is a book for anyone who’s ever longed to return home to their own body.

**Publication:** May 2025  
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