

# **HIGHLIGHTS FRANKFURT 2021**

# FICTION NON-FICTION

# Deutsche AutorInnen (Belletristik)





# MATHIAS BERG DIE KRIMINALISTINNEN. IHR ERSTER FALL

Der Auftakt zu einer auf Tatsachen beruhenden Krimireihe über Deutschlands erste Kriminalistinnen – in einer Zeit der gesellschaftlichen Krisen, Umbrüchen und Emanzipation

Düsseldorf, 1969: Die Zulassung von Frauen zum Polizeidienst beim LKA Düsseldorf ist ein Novum in der deutschen Geschichte und produziert Widerstände in der Behörde und der Bevölkerung. Lucia Specht, 21 Jahre, lässt sich davon nicht abhalten – zu sehr ist sie fasziniert vom Beruf der Kriminalistin und fest entschlossen, der Enge ihrer Heimatstadt Essen im Ruhrgebiet zu entkommen und in der schillernden Rheinmetropole ein neues Leben zu beginnen. Als ein junges Hippiemädchen brutal ermordet aufgefunden wird, ermittelt Lucia zusammen mit ihren fünf neuen Kolleginnen – und beweist, dass sie das Zeug zur Kriminalistin hat.

		Tag	
	2021	hatt die	
Michael Meller Literary	Agency	We	
Exposé, Leseprobe (ca.	100 S.)		

**Mathias Berg** kam 1971 unter romanreifen Umständen zur Welt. 17 Tage zu früh, kurz nachdem der Nachbar seine Frau erschossen hatte. Lust auf das Lesen und Schreiben machte ihm seine Mutter, die Tochter eines Polizisten aus Stuttgart. Er arbeitete als Werbetexter und Marketing-Redakteur.

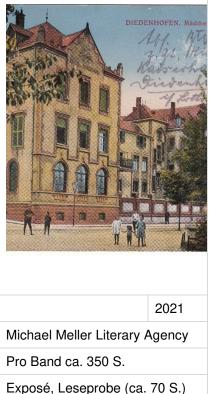


	2021	
Michael Meller Literary Agency		
397 S.		
Exposé und Manuskript		

# SARAH-MARIA KÖPF DIE GEMÄLDESPRINGERIN

Die 19-jährige Kunststudentin Mika glaubt bei einem Besuch der Londoner National Gallery ihren verstorbenen Bruder auf einem der Gemälde zu erkennen. Geschockt verlässt sie das Museum und trifft auf den geheimnisvollen Nicolas, der ihr erzählt, sie entstamme einer alten Blutlinie, die die Gabe besitzt, Gemälde zu bereisen. In der Hoffnung ihren Bruder wiederzusehen, schließt sie sich Nicolas und der Geheimgesellschaft der Gemäldespringer an und begibt sich damit auf eine waghalsige Mission, bei der sie nicht nur ihr Herz riskiert, sondern auch ihr Leben. Denn in der Welt der Gemälde ist nichts, wie es scheint und auch in Mika schlummern verborgene Kräfte, die sie schon bald zur Zielscheibe des mächtigen Anführers der Gemäldespringer, Cecil Preston, machen. Ohne es zu ahnen gerät sie in einen Kampf um Vertrauen, Liebe und Macht, der die Grenze zwischen den Welten zu verwischen droht.

**Sarah-Maria Köpf**, geboren 1997, studierte Kommunikations- und Medienwissenschaft sowie Multimedia-Journalismus. Sie arbeitet als freie Journalistin und ist seit vielen Jahren in der Bloggerszene aktiv, wo sie Bücher rezensiert und über Onlinemarketing schreibt. Ihre größte Leidenschaft gilt aber schon von klein auf der Literatur, weshalb sie stets mit einem Buch in der Tasche anzutreffen ist.



# MARIE LAPIERRE DAS INSTITUT AN DER PLACE DU LUXEMBOURG

Sommer 1910. Das mittelalterliche Moselstädtchen Diedenhofen hat eine bewegte Geschichte hinter sich. Inmitten einer bunt gemischten Bevölkerung aus Deutschen und Franzosen führt die junge Lehrerin Pauline Beaulieu ein Pensionat für höhere Töchter, die sie zu eigenständigen und selbstbewussten Persönlichkeiten erziehen soll. Als eine ihrer Schülerinnen spurlos verschwindet, ist Pauline gezwungen, einen preußischen Hauptmann um Hilfe zu bitten. Der jedoch hat nicht das geringste Interesse daran, sich um französische Damen zu kümmern – bis jemand auf den Plan tritt, der ihm und Pauline gefährlich werden könnte.

Auftakt zu einer Romanreihe um ein Mädchenpensionat, in dem Schülerinnen, Lehrkräfte und Hausangestellte unterschiedlichen gesellschaftlichen, politischen und ethnischen Hintergründen entstammen. Mit jedem Band wird ein weiteres Stück Geschichte der malerischen und zugleich konfliktreichen Belle Époque aufgeblättert, als Lothringen und Elsass Teil des Deutschen Kaiserreiches waren, bevor die Wirren des Krieges eine neue Zeit einläuteten.

**Marie Lapierre** ist das Pseudonym einer mehrfach mit Preisen ausgezeichneten Bestsellerautorin, die in einer deutschfranzösischen Familie aufwuchs und in beiden Ländern lebte.

# Upmarket Fiction

<b>(1) O</b> STORIES FROM THE MARGINS OF CREATIVITY		ENNIS ČEHIČ⊚ SADVERTISING™
Vintage	e Australia	03/22
PRH A	ustralia	
176 pp	•	
MS available		

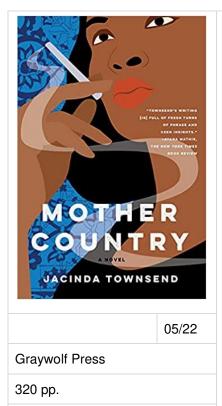
# ENNIS ĆEHIĆ SADVERTISING

### An electrifying debut collection of short stories from a young writer who traverses culture, genre and form and speaks to our moment in unexpected ways

A man grows tired of his open-plan office and builds a fort made of stationery. A woman's euphoria at finally achieving Desktop Zero is quickly replaced with despair. iPhones have feelings, brands come to life, creative directors disappear into parallel universes and lowly freelancers become immortal. It's a world where gods, ghosts and muses stalk the corridors of bland and placeless offices, and the wondrous exists alongside the mundane.

A mind-bending debut collection of stories that explore the existential dramas of the global creative industry, consumerism and social media. With hints of satire and fantasy, *Sadvertising* reflects the absurdity of today's modern condition.

**Ennis Ćehić** lives and works between Melbourne and Sarajevo and is working in the advertising industry as a copywriter. His writing focuses on ideas of displacement, creativity, identity and existentialism and his work has been published in literary journals including *The Age, Meanjin, Assemble Papers, Matters Journal, Kill Your Darlings* and *The Lifted Brow.* In 2018 Ćehić was selected as an inaugural recipient of the *Next Chapter writers scheme* by judges Christos Tsiolkas, Benjamin Law, Maxine Beneba Clarke and Ellen van Neerven. He was mentored by Nam Le.



MS available

# JACINDA TOWNSEND: MOTHER COUNTRY

### A transnational feminist novel about human trafficking and motherhood from an award-winning author

Saddled with student loans, medical debt, and the sudden news of her infertility after a major car accident, Shannon, an African American woman, follows her boyfriend to Morocco in search of relief. There, in the cobblestoned medina of Marrakech, she finds a toddler in a pink jacket whose face mirrors her own. With the help of her boyfriend and a bribed official, Shannon makes the fateful decision to adopt and raise the girl in Louisville, Kentucky. But the girl already has a mother: Souria, an undocumented Mauritanian woman who was trafficked as a teen, and who managed to escape to Morocco to build another life. In rendering Souria's separation from her family across vast stretches of desert and Shannon's alienation from her mother under the same roof, Jacinda Townsend brilliantly stages cycles of intergenerational trauma and healing. Linked by the girl who has been a daughter to them both, these unforgettable characters move toward their inevitable reckoning. Mother Country is a bone-deep and unsparing portrayal of the ethical and emotional claims we make upon one another in the name of survival, in the name of love.

**Jacinda Townsend** is the author of *Saint Monkey*, which won the *Janet Heidinger Kafka Prize* and the *James Fenimore Cooper Prize*. She is a graduate of the Iowa Writers' Workshop and teaches in the MFA program at the University of Michigan in Ann Arbor.

# **Commercial Fiction**



HarperCollins Australia

288 pp.

MS available

# Black Swan 04/22 PRH New Zealand 304 pp. MS available November 2021

# KIMBERLEY ALLSOPP: LOVE AND OTHER PUZZLES

### A witty, warm-hearted and appealing novel about how stepping out of our comfort zones can sometimes be the best – and worst – thing that can ever happen to us

Rory's life is perfectly predictable, ordered and on track – just the way she likes it. She walks her 12,000 steps a day, writes her to-do list, and each night she prepares her breakfast chia pods and lays out her clothes for the next day. She's doing everything right. So why does everything feel so wrong?

Deep down, she knows her life and career – not to mention her relationship – are going nowhere, and so Rory, in a moment of desperation, takes an uncharacteristic step: letting the clues of *The New York Times* crossword puzzle dictate all her decisions for a week. Just for a week, she reasons.

Just to shake things up a bit. What could possibly go wrong? A delightfully witty, deliciously original and astringently refreshing romcom that reads like you're inhaling a zingy citrus cocktail made by Nora Ephron, at a party thrown by Dolly Alderton and Beth O'Leary.

**Kimberley Allsopp** has had her work appear in *Kidspot, The Sunday Telegraph* and *WHIMN* (now *Body & Soul*) and she co-hosts the rom-com podcast, *Meet Cute,* which allows her to justify some of her otherwise questionable life choices. Kimberley has worked in bookselling and publishing since 2008. *Love & Other Puzzles* is her first book. She lives in Sydney with her partner and daughter.

# JENNY PATRICK: HARBOURING

The eagerly awaited new blockbuster historical title from the bestselling author of the *Denniston Rose* trilogy

1839. Huw Pengellin is desperate to find a better life for his family than the one he ekes out in his home country of Wales. His wife, Martha, looks down upon his foolhardy schemes, but she too wants to escape the foundry slums, and the roving eyes of Huw's brother Gareth. Huw starts looking to Colonel Wakefield's plans to travel to the distant shores of New Zealand as a solution. On the other side of the world, Hineroa, a Māori woman, is also desperate to find a better life. As she watches the new arrivals, she fears that the British ships bring further trouble.

Change is underway, not just for Huw and Hineroa but also for the crescent beach, thick bush and steep hills that is about to become the bustling settlement of Wellington.

*Harbouring* is the story of a Welsh couple and a Māori woman in search of a new life.

**Jenny Pattrick** is an acclaimed historical novelist, whose novels are among New Zealand's biggest-selling novels. The former teacher and jeweller's works include the Whanganui novel *Landings*, and *Inheritance*, set in Samoa, which along with all her adult titles have been number one bestsellers in New Zealand. In 2009 she received the *New Zealand Post Mansfield* 



# VALERIE TEJEDA: GOOD ON PAPER

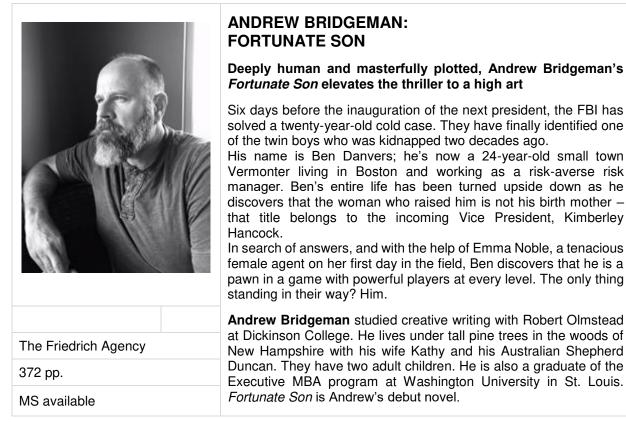
## A fun romance novel that is perfect for fans of Sally Thorne, Christina Lauren, and Jasmine Gillory

Jazmine Prado prides herself on being one of the top journalists at the prestigious magazine, *Style&Travel*. So when Jazmine learns the magazine plans to fire writers and move to video content, she'll do just about anything to save her career. Including, agreeing to allow her boss to make her the star of their first internet show, one that will chronicle her Cancun wedding to her gorgeous, internetfamous fiancé, Hudson Taylor.

But when Jazmine arrives in Cancun and discovers the show's videographer is her first love and former best friend, things get complicated. They have a history. Full of first kisses, marriage pacts, missed opportunities, and a heartbreaking falling out that left them both shattered. So what do you do when your career is hanging by a thread and the one who broke your heart is filming your televised wedding to someone else? Jazmine has no clue. But she is about to find out.

**Valerie Tejeda** is a writer, editor, and internationally published journalist. She has written for *Vanity Fair, MTV, Teen Vogue, Marie Claire, Cosmopolitan*, and others. Valerie is the creator of pop astrology brand BIG COSMIC ENERGY and in less than a year has close to 100K social media followers. Her nonfiction books *Self-Care by the Moon* and *Self-Care for the Signs* released as Audible Originals in 2021.

# Mystery / Thriller





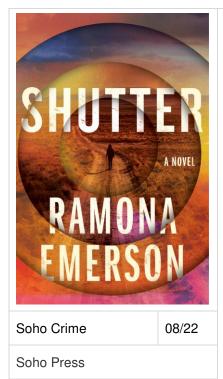
Celadon /Macmillan	07/22
The Friedrich Agency	
MS available October 2021	

# GEORGE DAWES-GREEN: THE KINGDOMS OF SAVANNAH

## "When Green isn't making you laugh, he's making you bite your nails down to the bleeding point." – Stephen King

When matriarch Morgana Musgrove calls upon her prodigal son Ransom to help her with a case, the defunct M. Musgrove & Family Detective Agency is back in business, albeit reluctantly. Tensions rise between the Musgroves and whispers of a mysterious lost "Kingdom" – descendants of the African-American soldiers who fought for King George, and afterwards formed a secret community, refusing to return to slavery—float in the sultry Savannah night. The family of investigators creeps closer and closer to exposing the city's seedy underbelly, and a depraved history that a powerful few are determined to keep hidden, no matter the cost...

**George Dawes Green**, founder of *The Moth* and *Unchained*, is an internationally celebrated author. His first novel, *The Caveman's Valentine*, won the *Edgar Award* and became a motion picture starring Samuel L. Jackson. *The Juror* was an international bestseller in more than twenty languages and was the basis for the movie starring Demi Moore and Alec Baldwin. George Green grew up in Georgia and now lives in Brooklyn, New York.



385 pp.

MS available

# RAMONA EMERSON: SHUTTER

# A cinematic thriller with a dose of the supernatural

Rita Todacheena is a forensic photographer working for the Albuquerque police force. Her excellent photography skills have cracked many cases – she is almost supernaturally good at capturing details. In fact, Rita she sees the ghosts of crime victims who point her toward the clues that other investigators overlook. But the cost of this connection is high. As a lone portal back to the living for traumatized spirits, Rita is terrorized by nagging ghosts who won't let her sleep and who sabotage her personal life. Her taboo and was what drove her away from the Navajo town of Tohatchi, it has isolated her from friends and gotten her in trouble with the law. And now it might be what gets her killed.

When Rita's photography reveals that a fatal car accident was in fact a murder, the furious ghost of the victim latches onto Rita in her quest for revenge, and Rita finds herself in the crosshairs of one of Albuquerque's most dangerous cartels...

**Ramona Emerson** is a Diné writer and filmmaker originally from Tohatchi, New Mexico. She is an *Emmy* nominee, a *Sundance Native Lab Fellow*, a *Time-Warner Storyteller Fellow*, and more. She lives in Albuquerque, New Mexico, where she and her husband run their production company *Reel Indian Pictures*. *Shutter* is her first novel.



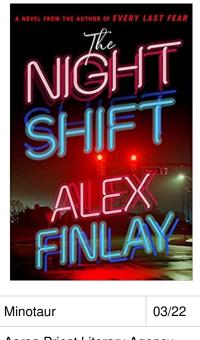
# NICOLÁS FERRARO: CRUZ

# In northern Argentina, two brothers follow in their criminal father's footsteps in a bloody battle to save their family from drug lords in this *Dashiell Hammett Award*-nominated novel

Tomas Cruz swore he would never be like his father, a cocaine junky whose gangland exploits are so notorious that his last name has become an epithet throughout northern Argentina. When Samuel Cruz is convicted and sentenced to thirteen years in prison, he leaves a laundry list of unfinished business and a bloodthirsty cartel demanding satisfaction. Seba, Tomas's revered older brother, a rising soccer star, is compelled to leave behind his straight life and take over his father's underworld debt.

Now Seba, too, has been arrested, and the ruthless cartel boss is holding his wife and daughter as collateral. Tomas is forced to choose between protecting his family and his soul: will he assume the to-do list where Seba left off, plunging into the shocking depravity of the cartel's side businesses? On a bloody quest for underworld justice that will take him from a nightmarish bar staffed by teenage sex slaves to the murky depths of the Parana River, Tomas discovers himself capable of violence he never thought possible. He must ask himself if he really is his father's son . . . and he may not like the answer.

*Cruz*, Argentinian noir wunderkind **Nicolás Ferraro**'s first novel to be translated into English, was a finalist for the prestigious *Dashiell Hammett Award* for Best Crime Novel.



Aaron Priest Literary Agency

320 pp.

MS available

MS available

# ALEX FINLAY: THE NIGHT SHIFT

From the author of the breakout thriller Every Last Fear, comes the electrifying new novel about a pair of small-town murders fifteen years apart-and the ties that bind them

It's New Year's Eve 1999. Y2K is expected to end in chaos: planes falling from the sky, elevators plunging to earth, world markets collapsing. A digital apocalypse. None of that happens. But at a Blockbuster Video in New Jersey, four teenagers working late at the store are attacked. Only one inexplicably survives. Police quickly identify a suspect, the boyfriend of one of the victims, who flees and is never seen again.

Fifteen years later, more teenage employees are attacked at an ice cream store in the same town, and again only one makes it out alive. In the aftermath of the latest crime, three lives intersect: the lone survivor of the Blockbuster massacre who's forced to relive the horrors of her tragedy; the brother of the fugitive accused; and FBI agent Sarah Keller who must delve into the secrets of both nights stirring up memories of teen love and lies - to uncover the truth about murders on the night shift.

Twisty, poignant, and redemptive, The Night Shift is a story about the legacy of trauma and how the broken can come out on the other side, and it solidifies Alex Finlay as one of the new leading voices in the world of thrillers.



# STICKS AND STONES

It's winter in Melbourne and Detective Emmett Corban is starting to regret his promotion to head of the Missing Persons Unit, as the routine reports pile up on his desk. So, when Natale Gibson goes missing, he's convinced this is the big case he's been waiting for the woman's husband and parents insist the devoted mother would never abandon her children, and her personal accounts remain untouched. But things aren't all they seem. The close-knit Italian family is keeping secrets - none bigger than the one Natale has been hiding. Just as the net seems to be tightening, the investigation is turned on its head. The body of a woman is found... and then another.

What had seemed like a standard missing person's case has turned into a frightening hunt for a serial killer, and time is running out. But to really understand these shocking crimes, Emmett and his team will need to delve back through decades of neglect - back to a squalid inner-city flat, where a young boy is left huddling over his mother's body...

Katherine Firkin is a Melbourne journalist, with over a decade of experience and has worked across every medium - print, online, TV and radio. During this time, she covered some of Victoria's most notorious criminal affairs. Her novels are inspired by the many criminal trials she has covered.



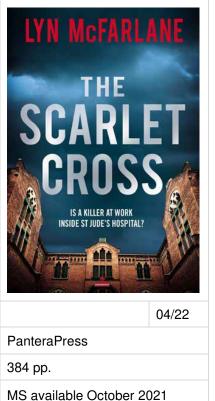
# BETTY HECHTMAN: MURDER INK. VERONICA BLACKSTONE #1

# Writer for Hire Veronica Blackstone is asked to write a celebration of life book for a former client's funeral, but was the death as straightforward as was reported?

Veronica Blackstone is a writer for hire. Be it love letters, biographies, resumes or wedding vows, Veronica has you covered. Her latest assignment is writing a celebration of life book for the funeral of one-time client Rachel Ross who tragically died one year after her wedding. While researching Rachel's life, Veronica finds the information surrounding the circumstances of her death to be shrouded in mystery. No one quite knows what happened and her prominent family are more concerned with their image than the truth. Was Rachel's life as perfect as it seemed or was there something dark going on? Was her fall an accident, deliberate or something else? In celebrating the life of Rachel, Veronica is determined to get to the bottom of her death.

**Betty Hechtman** was born in Chicago and on a particularly eventful weekend graduated college, got married and moved to Los Angeles, California. Her love of mysteries started with Nancy Drew and blossomed when she began to read Agatha Christie's books. She has been doing handicrafts since she was a child. It is like a dream come true to be able to mix mystery and yarn craft in her books.

Also available: WRITING A WRONG (Veronica Blackstone #2)



# LYN McFARLANE: THE SCARLET CROSS

Meredith Griffin manages the emergency department at St Jude's Hospital. A specialist in psychiatric nursing, she's also an expert at hiding her own problems – and solving everyone else's.

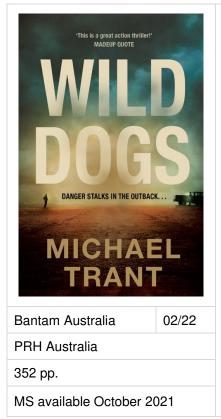
When women with the same fatal injury begin turning up in Meredith's emergency ward, their deaths are labelled as suicides. But Meredith isn't so sure. With the help of Senior Detective Leo Donnelly, she begins an investigation to prove that the women were murdered.

As pressure mounts from all quarters to stop her, questions arise about why the women were targeted – and why the hospital is so desperate to cover things up.

In a battle against addiction, self-doubt and a corrupt institution that may be hiding a serial killer, Meredith finds herself in the crosshairs of a network of powerful people – all of whom will stop at nothing to protect their privilege and the truth.

An atmospheric crime thriller set in a hospital where nothing is as it seems.

**Lyn McFarlane** is a Canadian-Australian writer who splits her time between Sydney, and Vancouver Island. She's a former freelance journalist and holds degrees in economics, journalism and law. Lyn is a member of the *Australian Society of Authors* and the *Crime Writers of Canada*. Her debut novel *The Scarlet Cross* won the 2019 *Arthur Ellis Unhanged Award* for best unpublished manuscript.



# MICHAEL TRANT: WILD DOGS

# *Wild Dogs* is a page-turning action thriller set in the outback, introducing Australia's answer to Jack Reacher

In the drought-ridden rangelands of Western Australia, Gabe Ahern makes his living trapping wild dogs for local station owners.

Still coming to terms with his wife's death – and the part he played in it – the old bushman leads a solitary life. Until one morning, when he rescues a young Afghan man, Altair, from certain execution.

Now, with a gang of people smugglers on his tail and the lives of Altair's family on the line, Gabe is drawn into a ruthless game of cat and mouse. His main opponent is Chase Hunter, a kangaroo hunter with bush skills as wily and sharp as his own.

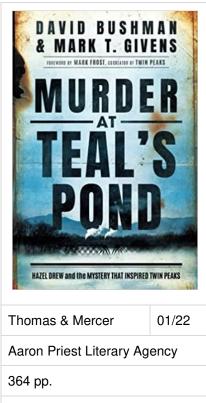
As the old dogger and roo-shooter go head to head, Gabe will need all his cunning to come out of this alive...

**Michael Trant** is a country boy now residing in Perth after a variety of careers ranging from farmer, marine draftsman, pastoralist and FIFO pot washer. Michael writes with an authentic rural voice, drawing on his experiences to open readers to places and lifestyles foreign to many. He has a passion for farming, writing, and gaming, the order of which vary throughout the year. He still works on farms as a tractor driver, mainly to annoy those teachers who claimed no one would pay him to stare out a window all day.

# Deutsche AutorInnen (Sachbuch)

	DOROTHEA ASSIG & DOROTHÉE ECHTER: KARRIEREMYTHEN	
for man	Wie Mythen Ihre Karriere blockieren und wie Sie aus den Mythen Karrierestrategien machen	
	Karrieremythen gehören zum Alltagswissen. "Das weiß doch schließlich jeder", dass "Karrieristen" über Leichen gehen, sich verbiegen, nach oben schleimen und nach unten treten. Dass man nur authentisch sein muss, große Leistung eines Tages belohnt wird, dass auch immer Glück dazu gehört und Menschen aus einfachen Verhältnissen schlicht die nötige Portion Vitamin B fehlt.	
	Die Botschaft der Autorinnen ist: Vergessen Sie die Mythen! Denn sie verbünden sich unmerklich mit Ihren unbewussten Widerständen und halten Sie so davon ab, strategisch vorzugehen.	
	Karrierestrategien dagegen sind äußerst wirksam. Denn sie streben eine einzige Sache an: Für Ihre Karrierewünsche bei den EntscheiderInnen Wohlwollen auszulösen. Es geht um Wohlwollen, wie Ihre Leistung gesehen wird, wie Sie gesehen werden, was Ihnen zugetraut wird, wer Sie empfiehlt, wo andere Menschen Sie sehen,	
2021	was sie Ihnen für Chancen eröffnen. Das machen andere Menschen für Sie. Darauf haben Sie sehr viel Einfluss. Nutzen Sie den!	
Michael Meller Literary Agency	<b>Dorothea Assig</b> und <b>Dorothée Echter</b> sind Beraterinnen für das internationale Topmanagement, Konferenzrednerinnen und Autorinnen von Fachartikeln und Fachbüchern. Dazu zählen <i>Freiheit für Manager</i> und <i>Ambition. Wie große Karrieren gelingen</i> .	
Exposé und Leseprobe		

# Non-Fiction



MS available

# DAVID BUSHMAN, MARK T. GIVENS: MURDER AT TEAL'S POND

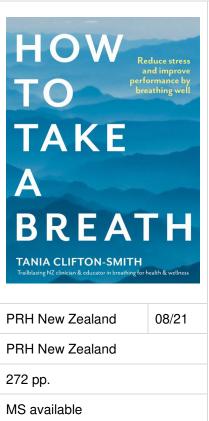
# A brilliantly researched reinvestigation into the nearly forgotten century-old murder that inspired *Twin Peaks*

In 1908, Hazel Drew was found floating in a pond in Sand Lake, New York, beaten to death. The unsolved murder inspired rumours, speculation, ghost stories, and, almost a century later, the phenomenon of *Twin Peaks*. Who killed Hazel Drew? Like Laura Palmer, she was a paradox of personalities – a young, beautiful puzzle with secrets. Perhaps the even trickier question is, Who *was* Hazel Drew?

Seeking escape from her poor country roots, Hazel found work as a domestic servant in the notoriously corrupt metropolis of Troy, New York. Fate derailed her plans for reinvention. But the investigation that followed her brutal murder was fraught with red herrings, wild-goose chases, and unreliable witnesses. Did officials really follow the leads? Or did they bury them to protect the guilty?

The likely answer is revealed in an absorbing true mystery that's ingeniously reconstructed and every bit as haunting as the cultural obsession it inspired.

**David Bushman** is the author of *Conversations with Mark Frost: "Twin Peaks," "Hill Street Blues,"* and *"The Education of a Writer"*. **Mark T. Givens** works as a consultant for the federal government and is the creator and host of the *Twin Peaks*–centric podcast <u>Deer</u> <u>Meadow Radio</u>.



# TANIA CLIFTON-SMITH: HOW TO TAKE A BREATH

Learn how to breathe well for reduction in stress and anxiety, better sleep, clearer thinking and improved performance in sports and at work, written by an experienced clinical expert in breathing function

Breathing well can bring about improvements in a surprising number of areas of your life.

This skill is usually taken for granted. Surely you just breathe in ... and then you breathe out...? But experienced physiotherapist and breathing dysfunction specialist Tania Clifton-Smith has been helping people correct their breathing patterns for over 30 years and has seen at first-hand what a difference it makes.

This book offers simple exercises that anyone can do in just a few minutes, and contains case studies throughout – from the overweight and stressed middle-aged man driving his partner mad with his snoring, to the young elite athletes who are burning out and losing their joy.

**Tania Clifton-Smith** is a New Zealand physiotherapist who has 30 years' experience in the field of breathing dysfunction, breathing pattern disorders and hyperventilation syndrome. Co-founder of the *BradCliff Breathing Method*, Tania has been teaching health professionals internationally about breathing patterns for over 20 years and increasingly in the last two years as Covid-19 has taken hold.



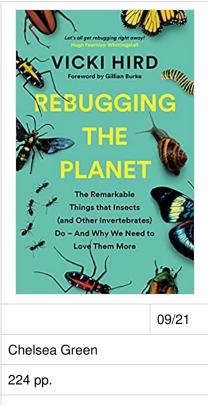
# HUGH VAN CUYLENBURG: LET GO

# From the bestselling author of *The Resilience Project* comes this deeply personal book about the importance of letting go

If ever there was a time for us to be resilient, it was when a deadly virus emerged and engulfed the planet. As death rates soared and lockdowns radically altered our lives, people turned to the *Resilience Project* founder Hugh van Cuylenburg for advice on how to cope. Under pressure to deliver good news in a historic crisis, it didn't take long for Hugh to realise he wasn't coping. Like millions of others around the world, Hugh was forced to reassess life during the pandemic as COVID undermined our sense of safety and strangled our personal connections. After taking the time to address his own feelings, Hugh recognised he was being hamstrung by the same issues that undermine the lives of many: our feelings of shame, our quest for perfection and the toxicity of social media.

Hugh combines powerful insight with research and his own disarming and candid storytelling to show how it is possible to let go of the things that hold us back, and to feel connected, safe and happy once more.

**Hugh van Cuylenburg** has been working in education for more than 17 years, teaching in a range of educational settings. He has completed postgraduate studies in resilience and wellbeing, and has developed and facilitated programs for more than a thousand schools as well as many sports teams and institutions.



# MS available

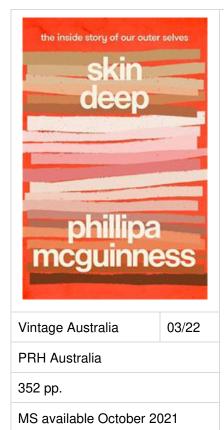
# VICKI HIRD: REBUGGING THE PLANET

Meet the intelligent insects, marvelous minibeasts, and inspirational invertebrates that help shape our planet – and discover how you can help them help us by rebugging your attitude today

Remember when there were bugs on your windshield? Ever wonder where they went? We need to act now if we are to help the insects survive. *Rebugging the Planet* explains how we are headed toward "insectageddon" with a rate of insect extinction eight times faster than that of mammals or birds, and gives us crucial information to help all those essential creepy-crawlies flourish once more.

Author Vicki Hird passionately demonstrates how insects and invertebrates are the cornerstone of our global ecosystem. They pollinate plants, feed birds, support and defend our food crops, and clean our water systems. They are also beautiful, inventive, and economically invaluable – e.g. bees, according to Forbes, contribute an estimated \$235 to \$577 billion to the US economy annually.

**Vicki Hird** is Head of the Sustainable Farming Campaign for Sustain: The Alliance for Better Food and Farming, and she also runs an independent consultancy. An experienced and awardwinning environmental campaigner, researcher, writer and strategist working mainly in the food, farming and environmental policy arenas, Vicki has worked on government policy for many years and is the author of *Perfectly Safe to Eat?: The Facts on Food*.



# PHILLIPA McGUINNESS: SKIN DEEP

This is a book about skin. What happens to it when something goes wrong. How the world responds to imperfection and difference. Skin serves as a barrier between us, and the germs that would otherwise invade and destroy us. It regulates our temperature. Skin remains waterproof even while our entire epidermis replaces itself each month. The body's biggest organ even has its own sub-set of organs - sweat glands, sebaceous glands and hair follicles. Primeval forces drive skin-to-skin contact, but erotic desire is but one of many deepseated urges that make us want to touch the skin of another. Touch is how we express love and affection as well as darker, violent emotions. You will intuitively compile information and judgements about a stranger based on their skin and the clothing that covers it. Skin shouldn't give you the measure of a person but we function as though it does. And interrogating whiteness, both historically, structurally and through current notions of white fragility and victimhood. Paradoxically, skin is a barrier and a point of contact. It is miraculous, our biggest organ.

**Phillipa McGuinness** has interviewed plastic surgeons, dermatologists, burn survivors, beauticians, melanoma sufferers, victims and perpetrators of racism, and all kinds of people who are and are not comfortable in their own skin, for a book where science meets art and culture, history and politics, and philosophy.



# JAZZ THORNTON: LETTERS TO YOU

# A beautiful gift book of letters to provide support, information, encouragement and tips for anyone suffering low moments

This book was designed to be read not just once, or in order, letter by letter, but to be used again and again as a tool when you encounter different emotions and experiences, to help you feel less alone.

It is based on something that helped Jazz Thornton on her own journey towards mental health. A good friend wrote her a set of letters, each in a separate labelled envelope. Every letter was specifically designed to help fight a particular feeling or situation, and Jazz read them all many times.

In this book each chapter is in the form of a letter, and they cover a range of emotions and situations including the following, and many more: To read when you are feeling anxious. To read when you are feeling guilty. To read when you are struggling to sleep...

Also: To read if you are a parent. To read if you have a friend who is struggling. To read if you are afraid to see your doctor for help... Includes practical tips from a practising psychologist, a list of places to get help, and a toolbox of handy skills to use when in distress.

**Jazz Thornton** survived a childhood of abuse, and went on to have international influence in mental health and well-being, using her lived experience to help other young people.

# **Ansprechpartner**

Michael Meller Fon: +49/89/36 63 71 Fax: +49/89/36 63 72 m.meller@melleragency.com

Cristina Bernardi Fon: +49/89/36 63 71 Fax: +49/89/36 63 72 c.bernardi@melleragency.com

Franziska Hoffmann Fon: +49/89/36 63 71 Fax: +49/89/36 63 72 f.hoffmann@melleragency.com

Niclas Schmoll Fon: +49/89/36 63 71 Fax: +49/89/36 63 72 n.schmoll@melleragency.com

Leonie Schöbel Fon: +49/89/36 63 71 Fax: +49/89/36 63 72 I.schoebel@melleragency.com

Regina Seitz Fon: +49/89/36 63 71 Fax: +49/89/36 63 72 r.seitz@melleragency.com