



HIGHLIGHTS LONDON 2019

FICTION

NON-FICTION

Deutsche Autoren (Belletristik)

	<p>NELLY LEWALD: DIE PUPPENÄRZTIN</p> <p>Für Fans von Jenny Colgan und Manuela Inusa</p> <p>Lenas Puppenklinik in einem Münchner Hinterhof ist ein aus der Zeit gefallenes Kleinod. Hier schwelgen Erwachsene in alten Erinnerungen und die Kinder aus der Nachbarschaft finden ihr ganz eigenes Paradies. Mit großer Freude „behandelt“ Lena kranke Kuscheltiere und bringt Kinderaugen zum Leuchten. Nur ihr eigenes Leben und ihr privates Glück sind dabei immer zu kurz gekommen.</p> <p>Als der Besitzer des Grundstücks stirbt und eine amerikanische Investorengruppe eine Luxussanierung plant, muss Lena sich entscheiden: aufgeben oder kämpfen. Mit viel Zuspruch und Unterstützung ihrer Hippie-Kollegin Ekki, ihrer notorisch vorlauten Freundin Katja und der achtjährigen Emma nimmt sie den Kampf auf - und dabei auch ihr eigenes Leben endlich in die Hand. Happy End inklusive.</p> <p><i>Nelly Lewald</i> ist das Pseudonym einer erfolgreichen und vielfach ausgezeichneten deutschen Autorin.</p>
	2019
Michael Meller Agency	
ca. 350 S.	
Exposé & Leseprobe	

	<p>CHRISTINE ZIEGLER: ZITRONENSÜSS. MEIN LEBEN 2.0</p> <p>Für Fans von Kerstin Gier, Franka Bloom und Petra Hülsmann</p> <p>Elenor, 46, ist glücklich und führt eine gute Ehe. Soweit die Theorie. Als ihr Mann Paul eine Affäre beichtet, fällt sie völlig ungebremst auf den harten Boden ihrer 4-Zonen Kaltschaummatratze. Sie muss erkennen, dass sie sich selbst zwischen Kinderbetreuung, Gartenarbeit, Einkäufen sowie Bunt- und Kochwäsche verloren hat. Ihre beste Freundin rät ihr, bei ihrem Mann zu bleiben, denn was sollte sie schon tun, als Hausfrau ohne Job und abgeschlossenes Studium? Und in ihrem Alter! Doch Elenors Enttäuschung hat sich längst in feurigen Kampfgeist gewandelt, und nachdem sie sich ausgiebig an ihrem Mann gerächt hat, zieht sie kurzerhand in eine WG nach München, wo sie einen Neustart wagt. Anfangs schmeckt dieses neue Leben noch enttäuschend bitter, aber irgendwann überraschend süß. Vor allem weil skurril-liebenswerte WG-Mitbewohner, alte Freunde und eine fast vergessene Jugendliebe ihr unerwartet zur Seite stehen und ihr zeigen, dass es nie zu spät für ein Leben 2.0 ist.</p> <p>Christine Ziegler studierte Restaurierungswissenschaften und arbeitete in unterschiedlichen Museen. Heute lebt sie in der Nähe von München. <i>Zitronensüß</i> ist ihr Belletristik-Debüt.</p>
	2019
Michael Meller Agency	
350 S.	
Vollst. MS	

	<p>EMMA MAIEN: WENN WIR VON NÄHE SPRECHEN</p> <p>„Bin ich eine gute Mutter?“ Zerrissen zwischen Job, Haushalt und der Erziehung ihrer 16jährigen Tochter, ist es nicht selten diese Frage, die Iris Zimmermann in schlaflosen Nächten umtreibt. Unmerklich scheint ihr Livia dabei zu entgleiten, sich immer weiter in den geliebten Hochleistungssport zurückzuziehen.</p> <p>Bis zu jenem verhängnisvollen Tag im April, als Iris es verpasst, Livia pünktlich zu ihrem Trainingscamp zu fahren.</p> <p>Ihre Tochter hat einen schweren Unfall, und Iris, geplagt von Schuldgefühlen, muss sich endlich ihrer eigenen Vergangenheit stellen, ihrer Rolle als Mutter und Tochter, wenn sie für Livia – und letztlich für sich selbst – Versöhnung finden will.</p> <p><i>Wenn wir von Nähe sprechen</i> ist ein Roman über Mütter und Töchter; über die Kunst zu vergeben und die Einsicht, dass wir alle mit unseren Dämonen zu tun haben, die uns nie ganz in Ruhe lassen. Es ist ein Buch über den Mut zu schauen, was man braucht, und nicht an dem festzuhalten, was man will. Und eigentlich ist es eine Liebeserklärung an die Mütter und Töchter dieser Welt ...</p>
	2019
Michael Meller Agency	
286 S.	
Vollst. MS	

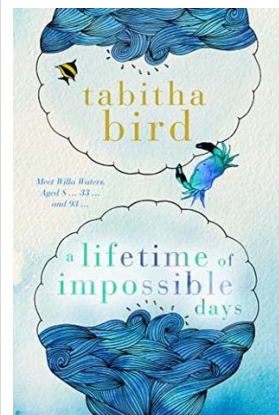
	<p>ELLEN WALKER: NEVERMORE. DER 1. FALL FÜR ALLY MONROE</p> <p>Für alle Fans von Karen Rose & „Jessica Jones“</p> <p>Ally Monroe (24) versucht in Chicago als Privatermittlerin Fuß zu fassen und die Detektei ihres verstorbenen Vaters fortzuführen. Doch ein Desaster jagt das nächste und mittlerweile trennen sie nur noch zwei Rechnungen vom Bankrott. Als ein Mädchen vom nahegelegenen College spurlos verschwindet und Ally mit den Ermittlungen beauftragt wird, weiß sie: Das ist ihre letzte Chance. Auf ihrer Suche nach der Vermissten begegnet sie dem geheimnisvollen und attraktiven Jaxon Mallone (28), den Besitzer einer Kampfsportschule, in der Allys Hauptverdächtiger trainiert. Von der ersten Sekunde an sind Ally und Jaxon sich spinnfeind, geraten im Verlauf der Ermittlungen immer wieder aneinander und kommen sich dabei gefährlich nahe.</p> <p>Sie ahnt nicht, dass Jaxons Vater kein Geringerer ist als Flynn Byrne – Chicagos skrupellosester Verbrecher, der im Verdacht steht, viele Menschen, darunter auch Allys Vater, ermordet zu haben. Als Ally davon erfährt, weiß sie nicht mehr, wem sie trauen kann und als sie selbst ins Visier von Lisas Mörder gerät, hat sie noch viel mehr zu verlieren als nur ihr Herz.</p> <p>Ellen Walker veröffentlicht seit 2004 erfolgreich Liebesgeschichten aller Art im Self-Publishing und in einem großen deutschen Verlagshaus.</p>
	2019
Michael Meller Agency	
ca. 350 S.	
Leseprobe 04/19	

	<p>TIMM SCHRÖDER: DIE ABGESCHALTETEN</p> <p>Ein rasanter Thriller - beklemmend aktuell.</p> <p>Für Leser von Andreas Eschbachs „NSA“ und John Lanchesters „Die Mauer“</p> <p>Das System sieht alles, hört alles, weiß immer, wo du bist. Es weiß, was du kaufst und wer deine Freunde sind. Es belohnt und bestraft. Es ist ein Alptraum. Und jetzt stell dir vor, dass das dein kleinstes Problem ist.</p> <p>Willkommen im Leben von Phil Rhodes. Der brillante Programmierer ist in Post-Brexit-England aus dem System – einer umfassenden Online-Überwachung nach chinesischem Vorbild – gefallen und wird in einem Lager für Abgeschaltete interniert. Doch das Lager entpuppt sich bald als geheimes Zentrum des Widerstandes - und niemand Geringeres als die Frau des Premierministers gibt ihm den Auftrag, das System zu sabotieren.</p> <p>Rhodes ist gut. Aber ist er gut genug, um es mit den Schöpfern des Systems aufzunehmen?</p> <p>Timm Schröder hat in London für Apple Werbung gemacht und in Cannes Löwen gewonnen. Er war Journalist in Sydney und taz-Korrespondent in Kiel. Für die <i>Frankfurter Rundschau</i> hat er Glossen geschrieben.</p>
	2019
Michael Meller Agency	
300 S.	
Vollst. MS	

	<p>SUSANN RECK: BLINDE RADIKALE</p> <p>Ein brisanter Roman – beruhend auf wahren Begebenheiten</p> <p>Berlin. Angezogen von der Aura einer Zufallsbekanntschaft mit der augenlosen Pianistin Wally will Nora einen Film über sie drehen. Bald stellt sich heraus, dass Wally die Enkelin des letzten Apartheid-Präsidenten aus Südafrika ist. Während eines Drehs gerät Nora in einen Sog aus Begegnungen, der es ihr unmöglich macht, Wally von der hochexplosiven Geschichte des Landes zu trennen. Auch Wally erscheint zunehmend nervös und muss sich ihrer Vergangenheit stellen: Ihre Mutter hatte sich gegen den eigenen Vater, den Präsidenten gestellt und alle gefährdet. Der schwarze Fahrer der Familie wurde vom Geheimdienst des Regimes angeheuert, Wallys Mutter auszuspionieren und nach seiner Weigerung brutal ermordet. Seitdem ist die Familie in einer Gewaltschleife gefangen, die bis in die Gegenwart andauert. Während alte Bedrohungen Wally in Berlin verfolgen, muss auch Nora Position beziehen...</p> <p>Susann Reck (*1966) wuchs im Allgäu, in München und Barcelona auf. Sie studierte Romanistik, Geschichte und Philosophie in München und Zürich und Filmregie in Babelsberg. Heute arbeitet sie als Filmemacherin und Regisseurin und Autorin in Berlin. Ihre Filme liefen u.a. auf der Berlinale und wurden für den <i>Max-Ophüls-Preis</i> nominiert.</p>
	2019
Michael Meller Agency	
ca. 300 S.	
Exposé, MS 05/19	

	<p>THOMAS HASEL: DAS GEDICHT DER TOTEN</p> <p>Zwei berühmte britische Dichter des 19. Jahrhunderts wollten die Welt verändern. Mussten sie deshalb sterben? Fast 200 Jahre später erforscht ein Literaturprofessor aus Oxford ihre Leben und kommt einem magischen Liebesgedicht auf der Spur, das die Poeten gemeinsam verfasst haben sollen. Doch mächtige Kräfte wollen ihn um jeden Preis aufhalten...</p> <p>Der Roman um Verschwörung, Macht und Poesie basiert auf den wahren Begebenheiten der bewegten Leben Keats' und Shelleys, in denen Fantasien und Traumwelten eine große Rolle spielten. Ihre Biografien sind eingebettet in eine fiktive Handlung, die zwischen dem 19. Jahrhundert und der Gegenwart springt. Schauplätze sind das heutige Rom sowie London, Wales, Venedig, Genf und Rom zwischen 1815 und 1822.</p> <p>2020 bzw. 2021 jährt sich der Tod PB Shelleys sowie John Keats', die beide viel zu jung gestorben sind, zum 200. Mal.</p> <p>Thomas Hasel (*1969) ist Autor und TV-Journalist u.a. für die Feature-Redaktion der Deutschen Welle. Er promovierte in Politikwissenschaft, ist verheiratet, hat zwei Kinder und lebt in Berlin. <i>Das Gedicht der Toten</i> ist sein erster Roman.</p>
	2019
Michael Meller Agency	
ca. 500 S.	
Exposé, MS 05/19	

Fiction


**TABITHA BIRD:
A LIFETIME OF IMPOSSIBLE DAYS**

An uplifting and magical story of childhood, family and finding ways to change the inevitable. . .

Meet Willa Waters, aged 8 . . . 33 . . . and 93.

On one impossible day in 1965, eight-year-old Willa receives a mysterious box containing a jar of water and the instruction: 'One ocean: plant in the backyard.' So she does - and somehow creates an extraordinary time-slip that allows her to visit her future selves.

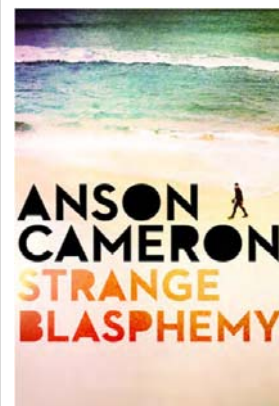
On one impossible day in 1990, Willa is 33 and a mother-of-two when her childhood self magically appears in her backyard. But she's also a woman haunted by memories of her dark past – and is on the brink of a decision that will have tragic repercussions. . .

On one impossible day in 2050, Willa is a silver-haired, gumbboot-loving 93-year-old whose memory is fading fast. Yet she knows there's *something* she has to remember, a warning she must give her past selves about a terrible event in 1990. If only she could recall what it was.

Can the three Willas come together, to heal their past and save their future, before it's too late?

Tabitha Bird is a writer and poet. *A Lifetime of Impossible Days* is her debut novel.

Viking	06/19
Penguin RH Australia	
304 pp.	
MS available	


**ANSON CAMERON:
STRANGE BLASPHEMY**

A thought-provoking and disturbing novel of a clash of cultures and the turmoil that is unintentionally unleashed.

At a surf campus, a weekend of cultural exchange begins, during which a group of less-advantaged boys from Dallas Islamic Academy are taught to surf by boys from Yarraside Boys' Grammar, an elite private school. A sexual encounter takes place on the beach between Seb, a rich kid from the Grammar, and Fariad, a Muslim Afghan refugee from the Academy. Little does anyone know that this encounter has been unwittingly recorded by a drone, sent up by one of the Grammar schoolkids to watch the antics of the surfers.

What then ensues no one can predict. Sides are taken. Threats are made. Seb's and Fariad's families and communities are involved. In not giving his side of the story, Seb enters a living nightmare, where, in his attempts to protect Fariad, and defuse the situation, he unleashes a storm of hatred, suspicion, lies, deceit . . . and ultimately murder.

Anson Cameron has written 6 critically acclaimed novels. He was born in Shepparton in 1961 and lives in Melbourne where he writes a column for *The Age* newspaper.

Vintage Australia	06/19
Penguin RH Australia	
352 pp.	
MS available 04/19	


**GISH JEN:
THE RESISTERS**

A deeply human portrait of a family in the not-so-distant automated future, and the author's first novel in ten years!

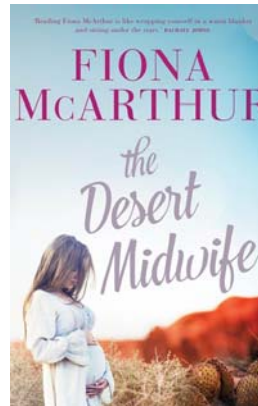
Gwen has a Golden Arm. Her parents first noticed it when piles of Gwen's stuffed animals began accumulating at the bottom of their 3-D printed staircase—little Gwen having hurled them from her crib upstairs. They savor every chance they get to play with their child—that's one job the robots can't take from them.

In AutoAmerica, "play" is rare if not altogether suspicious; your role is either to Produce or to Consume, and digital tyrant Aunt Nettie is watching. When Gwen's undeniable talent makes her the ultimate commodity for Team AutoAmerica, the family must grapple with whether they are protecting her or holding her back.

At once terrifying and strangely buoyant, *The Resisters* is a powerful exploration of what it means to be a parent, and the timeless struggle of how to protect the people we love even as we respect their freedom to choose.

Gish Jen is the author of seven books and has been published in *The New Yorker*, *The Atlantic Monthly*, i.a. Her work has appeared in *The Best American Short Stories of the Century*, edited by John Updike. A member of the *American Academy of Arts and Sciences*, Jen has been awarded a *Lannan Literary Award for Fiction* and a *Guggenheim fellowship* among other awards.

Knopf Doubleday	2020
The Friedrich Agency	
330 pp.	
MS available	


**FIONA McARTHUR:
THE DESERT MIDWIFE**

What if the love of your life forgot who you were?

When outback midwife Ava May meets Zac on a flight to Alice Springs, they tumble into a whirlwind affair. But an exciting adventure leads to a terrible accident, with shattering consequences.

Devastated, Ava retreats to her family cattle station to help salvage what she can of the critical situation. But at home on the drought-ridden farm, her brother is being pushed to his limits, and as his depression intensifies, Ava must step in to prevent another family tragedy.

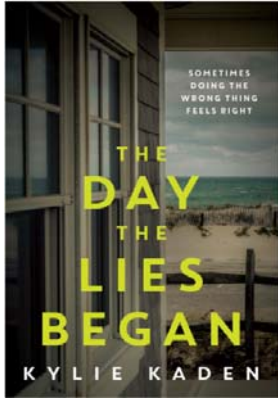
Against the majestic backdrop of Australia's Red Centre, old dreams are shattered, new babies are born and true love takes flight.


The Desert Midwife is a romantic drama about strong women, medical miracles and new beginnings.

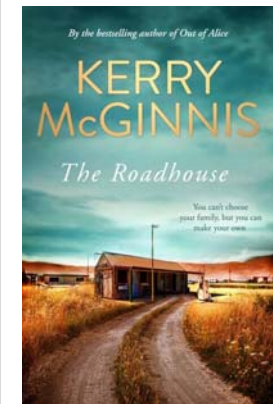
Drawing from her life as a rural midwife, **Fiona McArthur** shares her love of working with women, families and health professionals in her books. In her compassionate, pacey fiction, her love of the Australian landscape meshes beautifully with warm, funny, multigenerational characters as she highlights challenges for rural and remote families, and the strength shared between women.

Michael Joseph	07/19
Penguin RH Australia	
320 pp.	
MS available	

	
<p>STEVEN WRIGHT: THE COYOTES OF CARTHAGE</p> <p>Andre "Dre" Ross has one more shot. Despite being a successful political consultant, his aggressive tactics have tarnished his firm's reputation. Now his boss and mentor Mrs. Fitz is exiling him to the boondocks of South Carolina with \$250,000 of dark money to introduce a ballot initiative on behalf of a mining company. The goal: to manipulate the locals into voting in favor of the sale of pristine public land to the highest bidder.</p> <p>Dre arrives in God-fearing, flag-waving Carthage County, an area America's New Economy has left behind. A local is needed as a strawman to collect signatures, and Dre hires blue-collar couple, oafish Tyler Lee and his pious wife Chalene, to act as the initiative's public face.</p> <p>Under Dre's cynical direction, a land grab is disguised as a righteous fight for faith and liberty. As lines are crossed and lives ruined, Dre's increasingly cutthroat campaign threatens the last remnants of his own humanity and the very soul of Carthage County.</p> <p>A piercing portrait of our fragile democracy and one man's unraveling, <i>The Coyotes of Carthage</i> may very well be the political novel of our times.</p> <p>Steven Wright is a clinical associate professor at the University of Wisconsin-Madison Law School. He served as a trial attorney in the Voting Section of the United States Department of Justice.</p>	
Ecco	04/20
The Friedrich Agency	
MS available Spring 2019	

	
<p>KYLIE KADEN: THE DAY THE LIES BEGAN</p> <p>Perfect for fans of Liane Moriarty, a dangerously obsessive and deliciously addictive drama exploring how ordinary people respond to extraordinary events.</p> <p>It happened the day of the Moon Festival. It could have been left behind, they all could have moved on with their lives. But secrets have a habit of rising to the surface, especially in small towns. Two couples, four ironclad friendships, the perfect coastal holiday town. With salt-stung houses perched like lifeguards overlooking the shore, Lago Point is the scene of postcards, not crime scenes. Wife and mother Abbi, town cop Blake, schoolteacher Hannah and local doctor Will are caught in their own tangled webs of deceit. When the truth washes in to their beachside community, so do the judgements: victim, or vigilante, who will forgive, who will betray? Not all relationships survive. Nor do all residents.</p> <p>Kylie Kaden has an honours degree in psychology, and can typically be found purging out the day's fermented thoughts on her laptop while the washing mounts around her. Kylie's breakthrough debut, <i>Losing Kate</i>, took shape while she was on maternity leave from her day job, and was later translated internationally. Her second critically acclaimed novel, <i>Missing You</i>, followed in 2015.</p>	
	08/19
Pantera Press	
356 pp.	
MS available	

	
<p>CLAY MCLEOD CHAPMAN: THE REMAKING</p> <p>The Ring meets Scream in this terrifying, wickedly fun supernatural thriller about a true-crime tale that takes on a life of its own every 20 years as it's told around a campfire in the '50s, adapted into a movie in the '70s, re-booted in the '90s, and investigated by a podcaster in the present day.</p> <p>When Ella, a beautiful herbalist, moves to Pilot's Knob, Virginia, with her daughter Jessica to start an apothecary, rumors swirl that her shop is a front for witchcraft. As a prominent woman miscarries after taking one of Ella's brews, both are accused and burned at the stake. Ella is hastily buried in the woods, her grave never to be found, but Jessica is buried in a steel-reinforced coffin, surrounded by a fence of interconnected crosses. Sightings of Jessica's ghost wandering around her grave, add to the legend as it's told - and re-told - around summer campfires for decades. But the horrible truth won't be revealed until Amber Lynn--a dead ringer for Jessica - is cast in the '70s horror adaptation inspired by The Witch Girl of Pilot's Knob.</p> <p>Clay McLeod Chapman is a multi-published author, comic writer, and screenwriter. His upcoming middle-grade novel will be adapted into a stop-motion feature for Netflix and voiced by Jordan Peele and Keegan-Michael Key. He teaches at The Actor's Studio at Pace University and lives in Brooklyn with his family.</p>	
	10/19
Quirk Books	
MS available 06/19	



KERRY MCGINNIS: THE ROADHOUSE

When aspiring actress Charlie Carver learns that her cousin Annabelle has died, she immediately leaves Melbourne to fly home to the remote family roadhouse east of Alice Springs. Her relationship with her mother, Molly, is strained but Charlie is determined to patch up their differences.

The reunion, however, is interrupted when Molly suffers a heart attack. Charlie is left to take the reins of the struggling family business, alongside friends old and new, including the captivating local stockman Mike.

The authorities declare Annabelle to have taken her own life, but when a woman's body turns up at an abandoned mine site, Charlie begins to wonder what else is being covered up, and why.

Beginning a search for the truth, a perilous bush chase unfolds that threatens her own life, causing Charlie to wonder whether she ever knew Annabelle at all . . .

Kerry McGinnis was born in Adelaide, she has worked as a shepherd, droving hand, gardener and station cook on the family property. She is the author of the bestselling novels *The Waddi Tree*, *Wildhorse Creek*, *Mallee Sky*, *Tracking North*, *Out of Alice*, *Secrets of the Springs* and *The Heartwood Hotel*.

Michael Joseph	07/19
Penguin RH Australia	
352 pp.	
MS available 04/19	



JUNE WRIGHT: MURDER IN THE TELEPHONE EXCHANGE

“A classic English-style mystery . . . packed with detail and menace.” – *Kirkus Reviews*

When an unpopular colleague at Melbourne Central is murdered, feisty young Maggie Byrnes resolves to turn sleuth. Some of her co-workers are acting strangely, and Maggie reckons she has a better chance of figuring out who is responsible than the stodgy policemen assigned to the case, who seem to think she herself might have something to do with it. Then one of her friends is murdered too, and Maggie might be next in line.

By turns entertaining and suspenseful, and building to a gripping climax, June Wright's debut delivers a winning combination of an intriguing period setting, a “cozy” framework, and elements of psychological suspense.

Born in Melbourne in 1919, **June Wright** made quite a splash with her 1948 debut, *Murder in the Telephone Exchange*. It was the best-selling mystery that year, its sales outstripping even those of the reigning queen of crime, Agatha Christie.

Also by June Wright:
So Bad a Death
The Devil's Caress
Duck Season Death

	1948
Robert Lecker Agency	
368 pp.	
MS available	

Deutsche Autoren (Sachbuch)



CHRISTOPH HÖHTKER: MIKROABENTEUER Handgepäckgeschichten

„LiebhaberInnen des Kapitalismus kommen nirgends abwechslungsreicher auf ihre (exorbitanten) Kosten als in der Stadt Genf...“

Das große Abenteuer wartet nicht am Ende der Welt, sondern in der nächsten Kaffeebude – in Frankfurt oder Lissabon. Höhtker versteht sich meisterhaft darauf, das Ungeheuerliche unter der Oberfläche aufzuspüren und sich den Herausforderungen eines Duty-Free-Shops zu stellen, das Phänomen der Funktionsjacken zu durchdringen oder in den Easyjet-Sozialstrukturen verloren zu gehen. Auf dem Provinzflughafen oder im Fußballstadion, in Jerez oder Kopenhagen, wo auch immer der moderne Held landet, das Mikroabenteuer wartet schon. In dieser Sammlung finden sich die besten der in der ZEIT, der WELT und der NZZ veröffentlichten Handgepäckgeschichten und erzeugen unter Zugabe von ORIGINAL-Beiträgen ein irres Spektakel – und zwar in nächster Nähe.

2019

Michael Meller Agency

164 S.

Vollst. MS



KARIN DAVISON (mit Andreas Matlé): BOMBEN ÜBER BETHLEHEM

Nach einer wahren Begebenheit

Warum setzen sich Musiker der Gefahr aus, Opfer eines Bombardements oder einer Entführung zu werden? Ist es der Glaube, Musik könne Gräben überwinden? Die naive Vorstellung, als Musiker seien sie unantastbar?

2002 machen sich acht internationale Musiker - darunter auch zwei arabische Israelis - für zwei Konzerte auf den Weg nach Bethlehem, begleitet von der Filmproduzentin Karin Davison. Es ist die Zeit der zweiten Intifada. Die Zeit täglicher drohender Angriffe, Selbstmordattentate und Entführungen. Alle Warnungen in den Wind schlagend, harret die kleine Truppe aus – nichts und niemand soll sie daran hindern, für die Menschen von Bethlehem zu spielen. Sie erleben in wenigen Tagen hautnah die jüdisch-palästinensische Tragödie in all ihren aberwitzigen und brutalen Facetten und für keinen von ihnen bleibt dieses Erlebnis ohne Wirkung auf ihr weiteres Leben. Was sich liest wie ein Thriller, hat sich so tatsächlich ereignet. Ein Stoff, der so aktuell ist wie vor fünfzehn Jahren - und heutzutage wichtiger denn je.

Karin Davison ist Filmproduzentin und Journalistin. Schon bei ihrem 1996 veröffentlichten und in vier Sprachen übersetzten Buch *Sonay A. – Hier will ich leben* (C. Bertelsmann) arbeitete sie mit Andreas Matlé zusammen.

2019

Michael Meller Agency

ca. 300 S.

MS 04/19



**OLIVER STOLL:
LASS DICH NICHT ERDRÜCKEN.**

Wie wir von Profisportlern lernen können, Stress auszuhalten und dem Burnout zu entgehen.

Burnout, Panikattacken und Depressionen sind auf dem Weg zur Volkskrankheit. Meistens steht jedoch die Angst zu versagen oder bestimmten Ansprüchen nicht gerecht zu werden in keinem Verhältnis zu den realen Bedrohungen.

Helfen können dabei Methoden aus der Sportpsychologie. Profi-Athleten, die permanent Druck ausgesetzt sind und unter ständiger Beobachtung von Millionen Fernsehzuschauern stehen, lernen früh, mit Niederlagen umzugehen und bald schon aufs Neue anzugreifen. Wie schaffen sie es, immer wieder Topleistungen abzurufen? Welche Methoden nutzen sie, um (noch) besser zu werden? Warum versagen auch sie manchmal im Wettkampf? Warum demotiviert sie das nicht? Wie gelingt es ihnen, trotz Niederlagen ihr Ziel nicht aus den Augen zu verlieren?

Oliver Stoll zeigt, wie sich die aus der Sportpsychologie bekannten Erkenntnisse auf den Rest der Bevölkerung übertragen lassen, um mit gefühltem oder tatsächlichem Leistungsdruck in Schule, Beruf und Alltag besser umgehen zu lernen, Rückschläge zu verarbeiten und sich immer wieder neu zu fokussieren, um ein Ziel beim nächsten Anlauf zu erreichen.

Prof. Dr. Oliver Stoll, Sportpsychologe, ist bekannt durch Beiträge in z.B.. *Sportschau*, *Stern* und *Welt*. Er betreut Profisportler, u.a. die dt. Mannschaft für die Olympischen Sommerspiele 2008.

2019

Michael Meller Agency

ca. 250 S.

Exposé, Kapitelaufriß & Leseprobe

Non-Fiction



**KIRSTEN DRYSDALE:
I BUILT NO SCHOOLS IN KENYA**

This is not your standard white-girl-in-Africa tale. I fed no babies, I built no schools, I saved no rhinos. Self-discovery came a distant second to self-preservation on this particular adventure.

Kirsten Drysdale, an acclaimed television writer and presenter, once worked as a live-in carer for an old rich man with dementia in Kenya. She had no nursing experience or qualifications but she was white, slim and female, which would keep her patient from having violent outbursts – most of the time. Her role was simple – keep Walt company, make sure he takes his medication and doesn't wander off – however, upon arrival in Nairobi she discovered that Walt's family was fighting a war around him, and she would be on the front line. Caught in the crossfire of all kinds of wild accusations, she also had to spy on his wife, keep his daughter placated, hide the weapons and car keys and clip his toenails, all while trying to retain her own sanity in the colonial time warp of his home.

Meanwhile, the Kenyan army was invading Somalia, Al-Shabaab was threatening terror attacks, the East African bodybuilding scene beckoned, and Kirsten discovered she had long-lost cousins running a bar on the other side of the city.

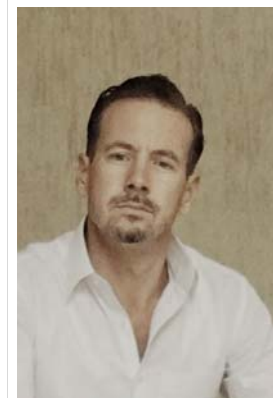
Kirsten Drysdale is probably best known from ABC's *Hungry Beast* and more recently *The Checkout*. This is her first book.

Vintage Australia 01/19

Penguin RH Australia

336 pp.

MS available



**BENJAMIN GILMOUR:
THE GAP**

Benjamin Gilmour has been a paramedic for the past 20 years. He has seen his fair share of drama.

In this riveting memoir, Gilmour recounts the call-outs that summer: some dangerous, some gruesome, some downright ridiculous. And we meet fellow paramedic Tom who, they say, can get a laugh out of everyone except the dead. As the city heats up that summer, however, even Tom begins to lose his sense of humour. People are unravelling – and Benjamin and Tom are no exception.

The Gap is a vivid portrait of the lead-up to Christmas; an unflinching, no-holds-barred look at what happens after the triple-zero call is made. Patients share their innermost feelings, and we witness their loneliness, their despair and their hopes. Beautifully written and sharply observed, *The Gap* exposes the fragility of our lives and the lengths the paramedics will go to try to save us.

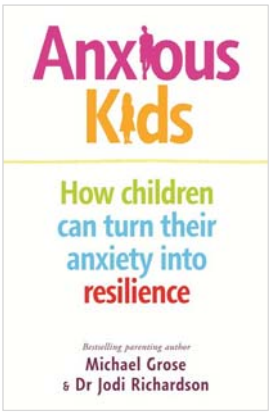
Benjamin Gilmour has travelled the world, worked as a paramedic, directed the film *Son of a Lion* and published *Warrior Poets* (Allen & Unwin), a narrative non-fiction work about his experiences making the film in Pakistan's border with Afghanistan.

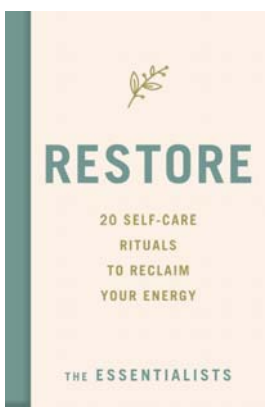
Ebury Australia 08/19

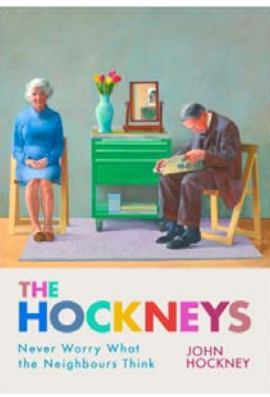
Penguin RH Australia

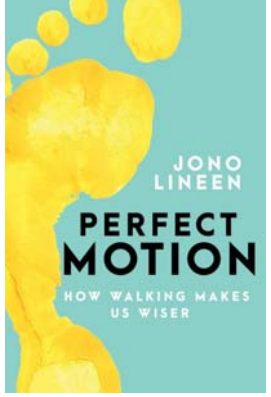
304 pp.

MS available 05/19

		<p>MICHAEL GROSE & Dr JODI RICHARDSON: ANXIOUS KIDS</p> <p><i>Anxious Kids</i> offers parents a new perspective on their children's anxiety, encouraging them to view each episode as an opportunity to empower their kids with the skills to manage anxiety, and thrive.</p> <p>Grose and Richardson explain why more children than ever before experience anxiety. In plain language they outline the origins and biology of anxiety to make sense of it, why it happens, the physical symptoms that comes with it, how to calm it down and why each strategy works.</p> <p>They also give advice on a range of important steps parents can take to reduce the impact of anxiety, enabling children of all ages to live their lives in full colour.</p> <p>Grounded in positive psychology and acceptance and commitment therapy, this book cuts through the science, giving parents the knowledge, tools and confidence to make a positive difference to their children's mental health.</p>
Penguin Life	05/19	
Penguin RH Australia		
304 pp.		
MS available		
<p>Michael Grose is the author of nine books for parents, including the best-selling <i>Why First Borns Rule the World</i>, which has sold more than 23,000 copies.</p> <p>Dr Jodi Richardson is an expert on anxiety having lived it and studied it. She writes regularly on parenting, mental health and wellbeing for magazine and online publications.</p>		

		<p>SHANNAH KENNEDY & LYNDALL MITCHELL: RESTORE: 20 SELF-CARE RITUALS TO RECLAIM YOUR ENERGY BY THE ESSENTIALISTS</p> <p>With 20 essential self-renewal practices to take you from surviving to thriving, <i>Restore</i> helps you reconnect with yourself and revitalize your life. Packed with tried-and-tested strategies and practical tips, from cultivating patience to embracing solitude and supercharging your senses, you will learn how to replenish your natural energy and become so much more. It's time to nourish and nurture yourself from the inside out. It's time to RESTORE.</p> <p>Shannah Kennedy is a leading Australian business and life strategist. She is the author of bestseller <i>Simplify, Structure, Succeed, The Life Plan</i> and <i>Chaos to Calm</i>. An advanced certified life coach and NLP practitioner, Shannah works individually and in groups with a diverse range of executives, entrepreneurs and sporting leaders including Olympians, CEOs and entrepreneurs.</p>
Michael Joseph	04/19	
Penguin RH Australia		
216 pp.		
MS available		
<p>Lyndall Mitchell is Australia's foremost wellness expert with more than 20 years leading the wellness sector and executive coaching in Australia. She is the Founder and CEO of the award-winning <i>Aurora Spa Group</i>. Her products can now be found at <i>Sephora</i>, on board Business Class Qantas flights, and <i>Aurora</i> delivers spa services at Qantas' First Class Lounges in Melbourne and Sydney.</p>		

		<p>JOHN HOCKNEY: THE HOCKNEYS</p> <p>'Never Worry What the Neighbours Think' was how Kenneth Hockney used to inspire his children – David Hockney, one of the world's greatest living artists and siblings John, Paul, Philip and Margaret – to each choose their own route in life.</p> <p><i>The Hockneys</i> is a never before seen insight into the lives of family by youngest brother John, from growing up in the Second World War in Bradford through to their diverse lives across three continents. Hardship, successes as well as close and complex relationships are poignantly illustrated by both famous and private pictures and paintings from David Hockney.</p> <p>With a rare and spirited look into the lives of an ordinary family with extraordinary stories, we begin to understand the creative freedom that led to their successful careers and the launchpad for an artist's work that continues to inspire generations across the world.</p>
	10/19	
Legend Press		
308 pp.		
Unedited MS available		
<p>John Hockney is a storyteller by profession, a writer and a musician. He migrated to Australia in 1968 but has retained strong ties with his large family. His brother is world renowned artist David Hockney.</p>		

		<p>JONO LINEEN: PERFECT MOTION: HOW WALKING MAKES US WISER</p> <p>Since our first ancestor rose up to place one foot in front of another, our desire to walk has produced fundamental changes in our bodies and minds.</p> <p>In <i>Perfect Motion</i>, Jono Lineen investigates that transformation, and why walking has made us more creative, helped us to learn, constructed our perception of time, strengthened our resilience and provided a way of making sense of our life – and death.</p> <p>After the tragic loss of his younger brother, Lineen set off on a 2700-kilometre solo trek across the Himalayas. He walked for months until his legs ached and feet blistered, and by the end of the expedition he was stronger – not just physically, but psychologically and emotionally.</p> <p>What had happened? What had given him this feeling of peace; joy even? Determined to find out, he began researching the science and history of walking and running, and discovered that there were fascinating reasons for his metamorphosis.</p>
Ebury Australia	07/19	
Penguin RH Australia		
288 pp.		
MS available Spring 2019		
<p>Jono Lineen was born in Belfast but moved to Canada as a young boy and spent almost 20 years travelling the world working as a forester, mountain guide, ski racer, humanitarian relief worker and writer. His books include <i>River Trilogy</i>, <i>Into the Heart of the Himalayas</i> and <i>Perfect Motion</i>.</p>		



**CAMERON MILLER & ANDREW CLARKE:
AN AWESOME RIDE. THROUGH A FATHER'S EYES**

An inspiring story of how a very sick child helped so many people, including his father.

With more than 1000 medical procedures including two heart transplants, Shaun Miller faced adversity like few people could. He did it with a smile and positivity, and in the 7 million times viewed farewell message to family and friends, he spoke about his life as 'An Awesome Ride'.

When Shaun Miller battled for life he discovered what life was about. On 1 May, 2012, he recorded a video called *My Final Goodbye* for his family and friends. It went viral and has today recorded nearly six million views. Less than a month later he died. Shaun was remarkable, and his story has been self-published in the book *An Awesome Ride* and will be seen in 2020 in a movie of the same name starring Shane Jacobson.

But every story has more than one part to it. *An Awesome Ride: Through a Father's Eyes* is the story of Shaun's life as told by his father, Cameron. It is a story of two heart transplants and one thousand medical procedures, of a heart disease that may have taken his life but not his spirit.

This story is laden with messages of positivity through the greatest of hardships, of attempting to deal with grief while understanding the legacy created by an amazing young man.

Ebury Australia	08/19
Penguin RH Australia	
320 pp.	
MS available 06/19	



**REBEKAH ROBERTSON:
TRANSCEND**

In 2000, Rebekah Robertson gave birth to twin boys. By the age of three it was clear Georgie was drawn to anything that was pretty or had a skirt that could swirl. Before long Georgie began to insist that she was a girl and when she started school the bullying started, she would come home in floods of tears and begging her mother to help her. Aged seven, Georgie was suicidal.

Rebekah and her husband sought permission for Georgie to begin puberty-blocking medication. Their case, *Re: Jamie*, was the start of the long road to justice for transgender children.

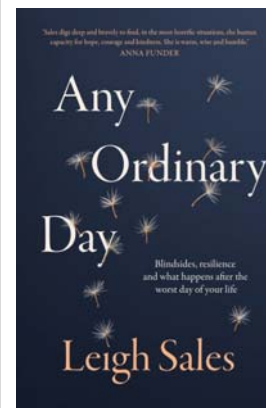
Georgie would go on to become one of the brightest stars of the Australian youth leadership landscape through her advocacy work and Rebekah would found Transcend, a support network for transgender kids and their families.

Part memoir and part inspirational message of hope, *Transcend* is a thought-provoking and profoundly moving true story. Above all, it is a celebration of diversity and the values that unite us all.

Rebekah Robertson is an Australian actor and activist who has appeared on television and on stage. She now advocates for transgender kids and has won numerous awards for her work.

Georgie Stone is a transgender girl. Her visibility has shone a light on the challenges facing gender diverse children and adolescents.

William Heinemann	09/19
Penguin RH Australia	
304 pp.	
MS available 06/19	



**LEIGH SALES:
ANY ORDINARY DAY**

The day that turns a life upside down usually starts like any other, but what happens the day after? Dual Walkley Award-winner Leigh Sales investigates how ordinary people endure the unthinkable.

As a journalist, Leigh Sales often encounters people experiencing the worst moments of their lives in the full glare of the media. But one particular string of bad news stories – and a terrifying brush with her own mortality – sent her looking for answers about how vulnerable each of us is to a life-changing event.

Leigh talks intimately with people who've faced the unimaginable, from terrorism to natural disaster to simply being in the wrong place at the wrong time. Expecting broken lives, she instead finds strength, hope, even humour.

Warm, candid and empathetic, this book is about what happens when ordinary people, on ordinary days, are forced to suddenly find the resilience most of us don't know we have.

Hamish Hamilton	10/18
Penguin RH Australia	
272 pp.	
MS available	

Leigh Sales is one of Australia's most respected journalists. She is the winner of two Walkley Awards, Australia's highest journalism honour; the author of the books *Detainee 002* and *On Doubt*; and the co-host of a popular podcast called Chat 10, Looks 3 with Annabel Crabb.

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