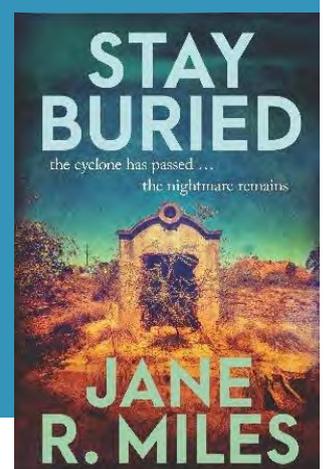
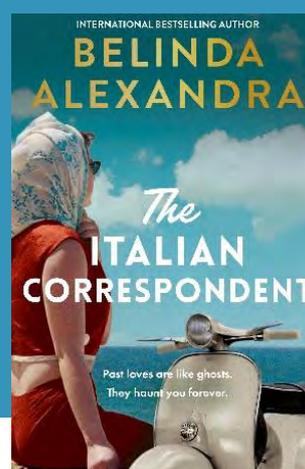
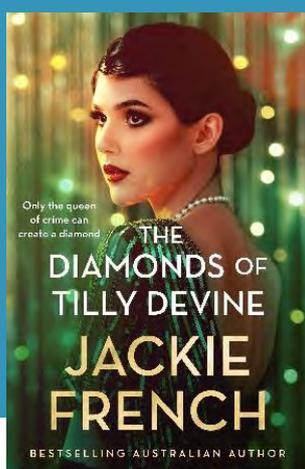
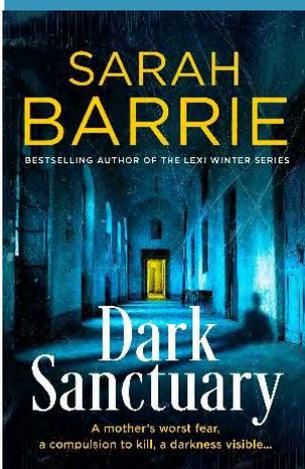
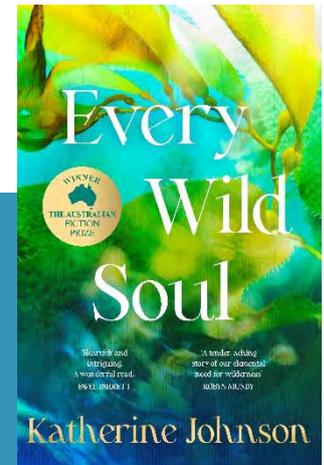
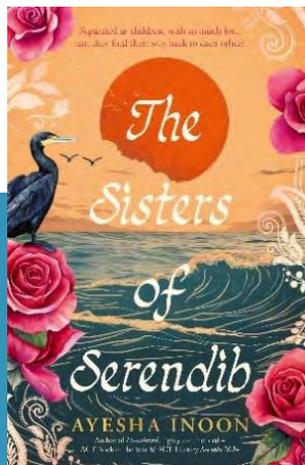
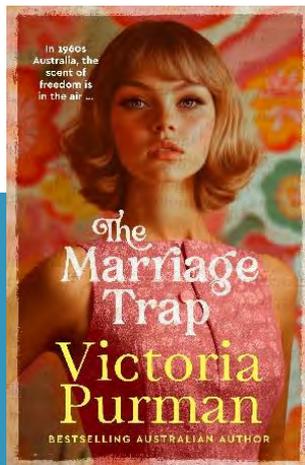
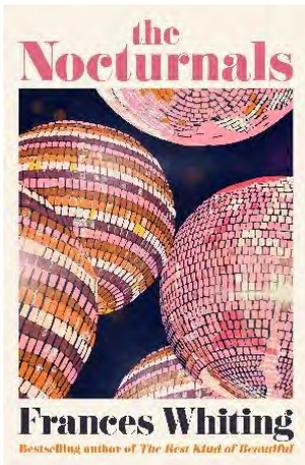


HCANZ ADULT RIGHTS GUIDE

LBF2026



INTRODUCTION

Welcome to the HarperCollins ANZ Adults Rights Guide, a comprehensive showcase of the extraordinary literary talent and unique voices from Australia and New Zealand.

At HarperCollins, our love of publishing Australian and New Zealand stories has spanned more than a hundred years and continues to this day with a dedicated and passionate team of book-makers, book-sellers and book-spruikers. We love books that you can't put down, characters that you fall in love with, stories that stay with you long after you finish the last page.

This guide includes titles from Harper Fiction, Harper Non-Fiction, 4th Estate and HQ. Harper By Design and other illustrated titles are in our illustrated title guide which is available by request to airlie.lawson@harpercollins.com.au

Happy reading!

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NEW
FICTION

NEW FICTION

CRIME, MYSTERY & THRILLER

RIVER CITY

Troy Henderson

Winner – The Australian Fiction Prize

When a Brisbane crime boss vanishes, his reluctant son is dragged into a violent power struggle between warring factions, loose-cannon allies and a city on the brink. *River City* is a fast-paced, gripping crime thriller that explores themes of loyalty, betrayal, and the murky line between good and evil. Packed with dark humour, razor-sharp twists, and unforgettable characters, it will keep readers on the edge of their seats until the final shot is fired.

AWARD

Winner – The Australian Fiction Prize

AWARDS FOR PREVIOUS WORK

Shortlist – Hawkeye Publishing Manuscript Development Prize

Shortlist – Queensland Writers Centre’s Adaptable and Publishable

COMPARISON TITLES

For fans of Mitch Jennings’ *A Town Called Treachery* and *High Rise* by Gabriel Bergmoser

PRAISE FOR AUTHOR’S WRITING

River City

‘*River City* roars to life with the action, grit, and swagger of Brisbane’s underbelly, delivering a cinematic crime story that never takes its foot off the accelerator.’ Samuel Berard

‘If you like your crime gritty and your setting Brisbane, you are going to love the 2025 winner of The Australian Fiction Prize.’ *The Australian*

Head Grenade

‘*Head Grenade* is a hilarious, relatable, intriguing jump into the mind of a young adult trying to just live a life in Brisbane. The narration takes everything on the chin, from increasingly niche restaurants to mysterious backstories to the general stresses of life, roommates and The Valley, all with a quirky deadpan, a host of interesting characters, and a growing thriller aspect that keeps an edge of tension.’ Nita Delgado, Editor and Reviewer

‘This fascinating yet relatable novel is packed with colourful characters and a thrilling plot. Henderson’s evocative, often satirical, writing style brings this coming-of-age tale to life with a thick coating of dark humour.’ Seanna Burnett, Editor and Writer



June 2027

ISBN: 9781460769768

\$34.99

272 pages

234 mm x 153 mm

Imprint: Harper Fiction

Rights: World, all languages

Troy Henderson is a fiction writer from Brisbane, Australia. He has a Bachelor of Popular Music and a Masters of Journalism. He turned to novel writing seriously in his mid-thirties.

His first book, *Head Grenade*, was shortlisted in the Hawkeye Publishing Manuscript Development Prize and the Queensland Writers Centre’s Adaptable and Publishable Programs, respectively.

His short stories have longlisted in the Australian Writers’ Centre Furious Fiction competition, and placed in the GenreCon Short Story competition, and FLEUR Flash Fiction Contest.

NEW FICTION

CRIME, MYSTERY & THRILLER

STAY BURIED

Jane R. Miles

A dark, immersive, psychological thriller with a speculative/light-horror edge.

Christmas Eve, 1974.

As Cyclone Tracy tears through Darwin, four girls disappear into the heart of the outback. No tracks. No bodies. No answers.

Decades later, one returns.

She claims to be one of the missing. But is she? There is no proof of who she is, only a keepsake that once belonged to another missing woman – Sally, a teen mother whose disappearance never mattered to anyone but Von, the daughter she left behind. The woman's return rekindles the cold case, as desperate families plead for answers – and a dark mystery begins to surface.

A hidden bunker ... a ghost ... scratches on a concrete wall ... pictures inside a View-Master ... and the little girl who understood the darkness better than anyone.

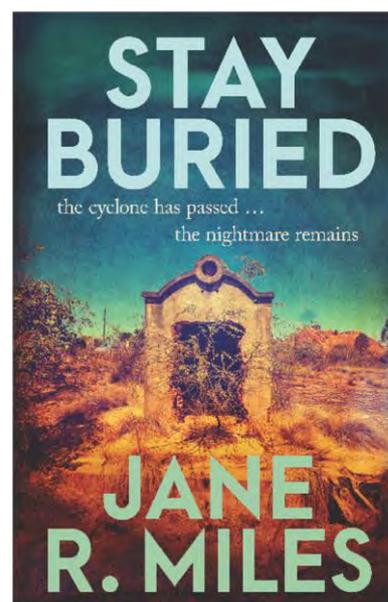
Inspired by true events, *Stay Buried* is the darkly thrilling tale of secrets unearthed, the will to survive and a legend that refuses to die.

COMPARISON

The claustrophobia of *Room* meets the camaraderie of *Yellowjackets* with a touch of *Picnic at Hanging Rock*.

KEY POINTS

- This haunting mystery delves into loss, identity, and the relentless search for truth, offering a deeply resonant and thought-provoking story
- Set against the atmospheric backdrop of the Australian outback and the aftermath of Cyclone Tracy, the story immerses readers in a vivid and unforgettable environment
- Richly developed characters navigating trauma, resilience, and redemption delivers a gripping and emotionally charged experience



August 2026

ISBN: 9781038943521

\$32.99

304 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Jane R. Miles is a former Royal Australian Navy sailor turned writer, born in the suburbs of Perth, Western Australia. After travelling the world and working in top-secret roles within the Department of Defence, she now splits her time between Australia and the Netherlands.

NEW FICTION

CRIME, MYSTERY & THRILLER

FOR ALL THE DEAD GIRLS

Sherryl Clark

Tough and gutsy P.I. Lou Alcott returns with a terrifyingly gritty new case that takes her deep into the dark web.

While juggling a missing person case with unexpected ties close to home and saving an innocent woman and her child from a dangerous domestic situation, Lou ends up in the line of fire of a mysterious dark-web hate group, known only as SYB.

As Melbourne simmers through a relentless heatwave, the murders of more women are connected to SYB and Lou becomes the number one target of their vicious campaign of incited violence.

Lou lurches between a fire-bombed safe house, car chases and stalkers, as her private investigation firm races against time to uncover the core of the group and work out just how far their tentacles stretch ...

Dark, gritty and utterly compelling, *For all the Dead Girls* is Sherryl Clark at her riveting, nail-biting best and delivers a chilling warning that will stay with you long after you've turned the final page.

COMPARISON AUTHORS

Perfect for fans of Jacqueline Bublitz and Jane Caro.

SERIES AWARDS

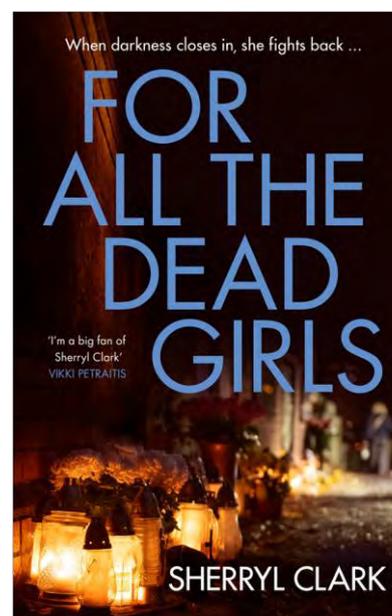
Shortlist – Ngaio Marsh Best Novel

Shortlist – NZ Booklovers Awards

SERIES PRAISE

'The attention to detail is phenomenal, combined with multiple twists that elevates this thriller to a new level of suspense. I was hooked from beginning to end.' *Better Reading*

'I confess, I'm a big fan of Sherryl Clark's and *Woman, Missing* is another one to love. A pacy race against time that keeps you turning the page. Clark pulls in the reader straight away when her private investigator Lou Alcott is called in to locate a missing wife, and to help a woman who suspects her ex is stalking her. *Woman, Missing* is cleverly plotted and hard to put down. A perfect holiday read.' Vikki Petraitis, author of *The Unbelieved*



July 2026

ISBN: 9781038963215

\$32.99

304 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Sherryl Clark has been writing crime fiction for many years; her first crime short stories were published in the Artemis Press anthologies, as well as The Age Summer Reading and in high school texts. In 2018 she entered her novel, *Trust Me, I'm Dead*, in the CWA Debut Dagger and was shortlisted, which led to her being published in the UK. The first book featuring Lou Alcott, *Woman, Missing*, was shortlisted for the Ngaio Marsh Award for Best Novel and NZ Booklovers Awards 2025.

NEW FICTION

CRIME, MYSTERY & THRILLER

MURDER MOST DELICIOUS

Danielle Postel-Vinay

In Paris, murder is a dish best served with chocolate eclairs.

Starting over in Paris was supposed to be the opportunity of a lifetime for American sommelier Olivia Beech – until her dream job ends in murder.

Once a rising star in the wine world, Olivia was one of a handful of women in the world to hold the distinction of being a Master Sommelier before COVID stole her sense of taste – and her career. Adrift and depressed, she gets a second chance when beloved celebrity chef Jacques de Bizet invites her to Paris for a job interview. But as the interview begins, he collapses, poisoned, making Olivia the prime suspect.

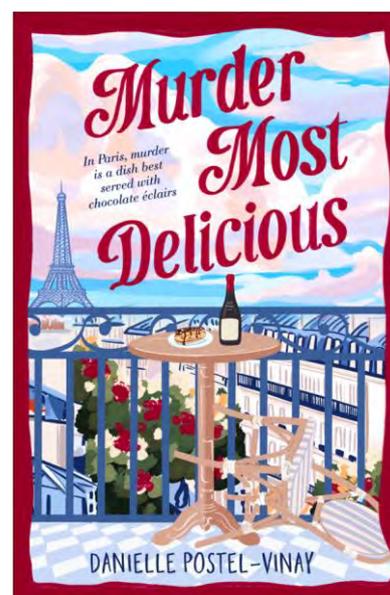
Olivia is in trouble, but she has an advantage: her extraordinary nose is still sharp enough to detect the subtlest of scents, including the poison that killed Jacques. Olivia knows she's innocent, but how can she prove it?

Enter the Paris Neighbourhood Watch, an eccentric circle of locals determined to protect their quartier. At the helm is the mysterious Augusta Dupin, a brilliant but agoraphobic detective, aided by her intuitive British shorthair cat, Chateaubriand. Olivia and Augusta join forces with a group of neighbourhood amateur sleuths – a pâtissier, a cafe owner, a part-time librarian, a florist and a kind-hearted cop who may be falling for Olivia – to solve the crime, a search that helps them find not only the killer but fresh purpose in their lives.

Warm, witty, and brimming with food, friendship, and intrigue, *Murder Most Delicious* transports you to a cozy Parisian neighbourhood where the comforts of French daily life soothe the soul even in the darkest times.

PRAISE

'With a generous dash of wry wit and an abundance of éclat, Postel-Vinay, who also writes as bestselling Danielle Trussoni (Mike Brink series), has fashioned a *très charmant* cozy mystery.' *Library Journal*



June 2026

ISBN: 9781460768877

\$34.99

336 pages

234 mm x 153 mm

Imprint: Harper Fiction

Rights: English language, UK & Commonwealth (ex Canada)

Danielle Postel-Vinay is the French alter ego of the New York Times bestselling author Danielle Trussoni, whose fiction has won the Los Angeles Times Book Prize and the Prix Bête Noir des Libraires 2025 and has been translated into over thirty languages. She is married to a Frenchman and spends part of the year in Paris with her family.

DARK SANCTUARY

Sarah Barrie**A mother's worst fear, a killer on the loose, a darkness visible ...**

Sergeant 'Hex' Rexford is the detective who caught the infamous serial killer Dr. Witcherton. Now, with a series of gruesome murders unfolding inside Coast Sanctuary – a hospital for the criminally insane – Witcherton claims to know who's behind them. Hex takes the case, determined to uncover the truth, even as his own body is failing him.

Beth Thompson is desperate to keep her children safe. Her violent ex is stalking her, her son's behaviour is growing strange, and his beloved teddy bear, Theo, might be more than just a toy. When an elderly woman offers Beth a remote cottage, it feels like a chance to breathe – but safety is an illusion.

Meanwhile, true crime podcasters Eve and Zane are chasing the story of the murders. But as Eve edges closer to the truth, the danger closes in.

As past and present collide, and the body count rises, the threads connecting them all begin to tighten – and something terrifying is watching from the dark.

KEY POINT

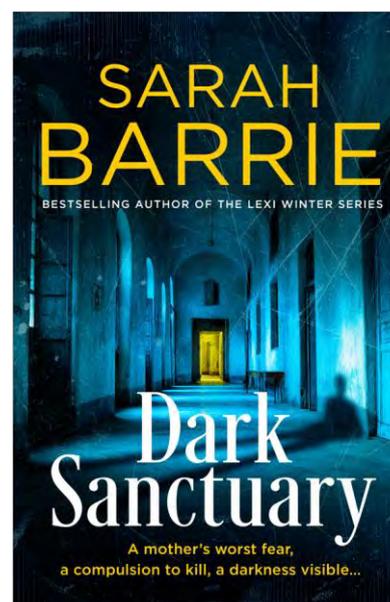
- A gripping page-turner for readers of Candice Fox and Karin Slaughter from an award-winning author

PRAISE

'Explores the terrifying idea that intelligence and moral conviction can coexist with extreme violence. Chilling, smart and impossible to put down. Fans of Barrie's Lexi Winter series, will find plenty to love in this dark, exhilarating thriller.' Angie Faye Martin, author of *Melaleuca*

'Sarah Barrie pits love and loyalty against evil in a dark, gripping, addictive thriller that delivers a powerful and deeply satisfying conclusion.' Kate Horan, author of *On the Edge*

'I loved this novel. I was in awe at the deft interweaving of character and plot threads against an all-too-real backdrop of society today. A totally intriguing read.' Sherryl Clark, author of *For All the Dead Girls*



May 2026

ISBN: 9781038944054

\$32.99

368 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, English

Sarah Barrie is the author of numerous bestselling novels. In a past life, while gaining degrees in arts, science and education, Sarah worked as a teacher, a vet nurse, a horse trainer and a magazine editor, before deciding she wanted to write novels. About the only thing that has remained constant is her love of all things crime.

NEW FICTION

CRIME, MYSTERY, THRILLER

WHAT THE BONES KNOW

Kirstyn McDermott

A child's bones, a lost girl, a mind adrift – sometimes what is lost comes back to haunt you ...

In the village of Kiln Creek in the Victorian Highlands, a ghost gum falls in a storm. Tangled in its roots are the bones of a small child and the tattered remains of her clothing, including a pair of faded red sneakers.

Single mum Jude Mees is in her early forties and struggling to get her business off the ground while raising her ten-year-old daughter, Katie, and managing a fractious relationship with her controlling ex-husband. But when Jude learns that her mother, Nance, who still lives alone on the family property in Kiln Creek, is showing troubling signs of dementia, she has no option other than to return and check on her. Indeed, all is not well at the farm. Nance is slowly drifting off into her own world and there are other disturbing occurrences. Strange smells, inexplicably wet footprints, a voice in the night. As her daughter starts to sleepwalk and Jude's nightmares begin to take over her days, she begins to wonder whether her imagination is out of control or if something more sinister is happening ...

A taut, claustrophobic exploration of what it means to be haunted – by our past, by fractured relationships, by a place we thought we knew and by our own unreliable memories.

KEY POINTS

- A contemporary gothic tale of guilt, grief and redemption from an award-winning author
- The 2026 debut contemporary psychological horror
- Perfect for fans of Riley Sager and Jo Dixon

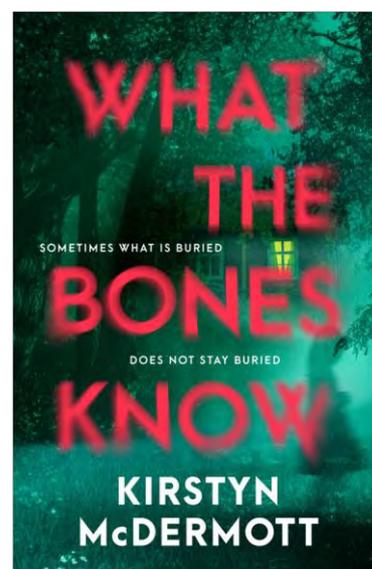
ADVANCE PRAISE

'Powerful writing – McDermott is an exceptional storyteller.' Jo Dixon

PRAISE FOR PREVIOUS WORK

'*Perfections* sings from the page. It is dark, compelling and monstrously beautiful.' Alison Goodman, *New York Times* bestselling author of *Eon* and *Eona*

'Kirstyn McDermott's prose is darkly magical, insidious and insistent. Once her words get under your skin, they are there to stay.' Angela Slatter, British Fantasy award-winning author of *Sourdough and Other Stories*



March 2026

ISBN: 9781038922762

\$32.99

304 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages (ex German)

Kirstyn McDermott is an Australian author of two award-winning novels, *Madigan Mine* and *Perfections*, along with numerous pieces of short fiction and poetry. Her most recent works are *Winterbloom* (winner of 2023 Aurealis Award for best fantasy novella), *Hard Places*, a collection of short fiction, and *Never Afters*, a novella series of retold fairy tales now collected in an omnibus edition. Kirstyn holds a PhD in creative writing and lives in Ballarat, Australia, with fellow writer Jason Nahrung and two distinctly non-literary felines.

NEW FICTION

CONTEMPORARY

SUMMER LAND

Madeleine Streater

A sweeping tale of family, legacy, and the unyielding pull of the land, set against the stark beauty of southern New South Wales.

Spanning two timelines, this evocative novel explores the lives of the Macleay family and the secrets that bind them to Nummerak, their once-grand sheep station.

It's the early 2000s, Sal is a restless teenager navigating her parents' failing marriage and the weight of family expectations. Her mother clings to tradition, her father dreams of change, and Sal's own choices spark ripples that will echo for decades.

Twenty years later, Sal's sudden death leaves her three children grappling with grief and a fractured future. Fleeing Sydney's chaos, they return to Nummerak, a place steeped in history and heartbreak. But the farm is crumbling, and large mining is eager to claim the land. As Hannah fights to preserve Nummerak's historic buildings, Aaron sees salvation in selling. Their conflict deepens as they're drawn into the lives of their neighbours: the struggling O'Learys and the Wyatts, an Aboriginal family championing sustainable farming.

With secrets unearthed and loyalties tested, *Summer Land* is a poignant exploration of love, loss, and the enduring ties to home.

AWARD

Shortlist – Australian Fiction Prize 2024

AWARD FOR PREVIOUS WORK

Shortlist – Penguin Literary Prize

KEY POINTS

- Timely themes of land ownership, sustainability, and the clash between tradition and progress
- Perfect for fans of multi-generational dramas such as *The Light Between Oceans* and that classic Australian novel, *The Thorn Birds*, and authors such as Judy Nunn and Di Morrissey



March 2027

ISBN: 9781460768327

\$34.99

320 pages

234 mm x 153 mm

Imprint: Harper Fiction

Rights: World, all languages

Madeleine Streater is a writer originally from the Southern Highlands of NSW. She completed a Masters in Creative Writing at Bath Spa University under the supervision of acclaimed short story writer Tessa Hadley. After spending several years as a bookseller, she recently began a career as a secondary teacher. She lives in Sydney.

THE PARADISE RESORT

Tricia Stringer

A luxurious resort, a long-awaited holiday, a stunning landscape – but even paradise can have an off day...

Wealthy businesswoman Beatrice Foreston is recovering from an unpleasant battle with cancer and decides a trip to a paradisaical resort in the beautiful Kimberley is needed for her recuperation. After all, what's the point of your friend owning a resort if you never use it?

Resort manager Nelda is not so pleased to see Beatrice. She works day and night to hold the resort together, and Beatrice will need special treatment – more work. Add to that, Nelda has been warned there is a spy in their midst and she has a secret to keep. A secret that could ruin the resort and destroy the livelihoods of all who depend on it.

New staff Kathleen and Omar are a little out of their depth at the resort. If only Omar could keep a handle on his PTSD and Kathleen could manage her panic, fatigue and nausea – and the suspicion that underlies it all.

When Beatrice's brother shows up and drops a bombshell she realises that she needs to get her mojo back. So when Kathleen starts to investigate something very amiss at the resort, the three women join forces to save it and the community they have come to love. And in doing so, discover that necessity makes for unlikely allies – and may even make for friends.

KEY POINTS

- Perfect for fans of Sally Hepworth, Amanda Hampson and Monica McInerney
- Tricia Stringer's print sales in Australia alone stand at over 250,000 copies
- She is in the top 25 fiction authors in the Australian market (Bookscan)

PRAISE FOR TRICIA STRINGER

“Masterful” is used in a lot of reviews, but Tricia Stringer really is, she's one of Australia's most accomplished writers.’ *Better Reading*

‘A moving, feel-good, warm read about strong, loving women – the exact book we all need right now.’ Mamamia on *Birds of a Feather*



October 2026

ISBN: 9781867247784

\$34.99

464 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Tricia Stringer is a bestselling and multiple award-winning author. Her books include contemporary fiction, rural romances and historical sagas set in Australian communities past and present. Tricia grew up on a farm in country South Australia and has spent most of her life in rural communities as the owner of a post office and bookshop, and as a teacher and librarian. She lives on the traditional lands of the Narungga people in the beautiful Copper Coast region and shares her passion for the country and its people through her authentic stories and their vivid characters.

NEW FICTION

CONTEMPORARY

LOVESICK

Lillian Telford

How far can people push each other before there's no way back?

'Do you think much about love?' she asked. 'About how abrupt it is?'

Gabby hooked her arm through his and stretched on her toes to kiss him. His mouth was dry; she tasted like rainwater. It occurred to Gordon then that she was a shadow he might not be able to catch.

Gabby's and Gordon's lives collide during a drug-fuelled night out in Brisbane's West End and they find solace in each other's arms. Both are lovesick and haunted by childhood wounds, and the passion that brings them together isn't enough in the face of insecurity, jealousy and a tragic, unexpected loss.

Raw, honest, expertly crafted, this punchy, gritty, distinctive novel cleverly dissects the passion and messiness of modern relationships shaped by drugs, alcohol, insecurity and trauma.

COMPARISON AUTHORS

For readers of Jacqueline Maley, Coco Mellors and Diana Reid

PRAISE

'With its intoxicating prose, and characters I felt I've somehow known my entire life, Lovesick hit me like a swooning, sensual gut punch. Lillian Telford is a major talent.' Siang Lu, award-winning author of *Ghost Cities*

'A beautiful debut about Brisbane, best friends and ex-boyfriends. Lillian Telford's prose pulses with life.' Cassie Stroud, *Iluka*

KEY POINTS

- Expertly crafted, *Lovesick* is a complex portrait of modern love in all its messiness: heartbreak, passion, obsession, love, jealousy, power
- Though a coming-of-age novel, the themes explored have the maturity to capture a wider readership, unpacking broader family dynamics, intimacy, miscarriage, abandonment and friendship breakdown



July 2026

ISBN: 9781038955494

\$32.99

272 pages

Imprint: HQ Fiction

Rights: World, all languages

Lillian Telford is an emerging writer based in Brisbane/Meanjin. Her short fiction has appeared in a range of literary magazines and anthologies, including Corella Press, *Urinal Magazine*, Island and Bowen Street Press. She has also previously been a recipient of the 2022 UQP Creative Writing Mentorship and was shortlisted for the Glendower Award for another manuscript in 2022.

NEW FICTION

CONTEMPORARY FICTION

SISTERS OF SERENDIB

Ayesha Inoon

Three sisters are separated as children. Decades later, with so much lost and changed, can they find their way back to each other?

In 1990, a boat of asylum seekers leaves war-torn Sri Lanka bound for Australia. When a mother dies on the journey, her three young daughters are separated and scattered across the country.

Years later, the eldest, Janu, still remembers the home she left and the sisters she's lost. Having freed herself from the grip of a painful childhood, she builds a life for herself in a coastal town, running a small shop called Serendib, where the air hums with memory and people come to find what they didn't know they were searching for.

In Melbourne, Samar, the middle sister, dances to speak the words she cannot say, pouring her longing and restlessness into movement, while in Sydney, Maryam, the youngest, finds magic in language, always searching for a place to belong.

As Janu discovers clues to her sisters' identities and begins the quest to bring them together, they all face the question: can something broken for so long ever be made whole again?

Beautiful and heartbreaking, this is the story of women who rise from loss to reclaim their stories, rebuild their lives and step into the fierce beauty of their own becoming.

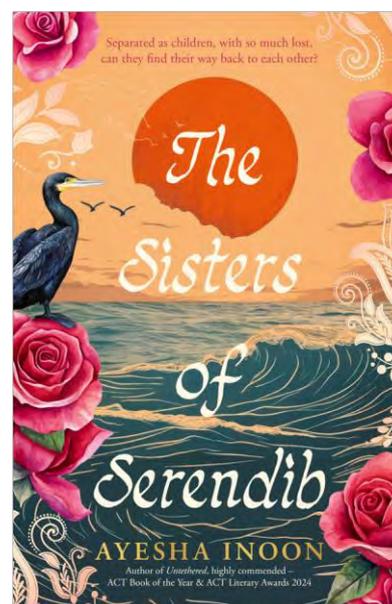
COMPARISON TITLES

Henna Artist by Alka Joshi and *Dream Count* by Chimamanda Ngozi Adichie

PRAISE FOR PREVIOUS WORK

'*Untethered* is not only an engaging read by a highly talented original voice, it's a revelation. Taking the universal theme of leaving one life to begin another, Inoon steeped it in true life experience, lifting this novel into a call from the soul.' *Better Reading*

'A nuanced and moving exploration of what it means to leave the only home you've ever known for the promise of a better life, Ayesha Inoon's *Untethered* examines the crushing disappointments that can await immigrants and the ever-present question of whether they did the right thing.' Tracey Lien, award-winning author of *All That's Left Unsaid*



June 2026

ISBN: 9781038939180

\$32.99

272 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Ayesha Inoon is a Sri Lankan-Australian writer with a unique cultural perspective, which she brings to her writing. Born in Colombo, she travelled widely and worked as a journalist in Sri Lanka before immigrating to Australia in 2013.

NEW FICTION

CONTEMPORARY FICTION

EVERY WILD SOUL

Katherine Johnson

Winner of the inaugural Australian Fiction Prize

On Tasmania's wild and remote Maria Island, eighteen-year-old Min is trying to break free from her controlling, overly protective father, Piers, the island's head ranger. Her unlikely ally is Werner, an eccentric, homeless biologist who has always taught her to care for the imperilled natural world around her – even as it sets them against her father, who has his own plans. When Lucie, a journalist haunted by her family's role in the thylacine's extinction, arrives from London to investigate the island's Tasmanian devil conservation project, she is drawn into the island's rare beauty and mysteries, discovering a community grappling with the tension between progress and preservation, care and control. After a tempestuous storm sees a stranger wash ashore, a chain of events is set in motion that ends in a shocking and mysterious death, only weeks later.

A breathtakingly beautiful and gripping exploration of humanity's connection to the wild, and the hope that can be born from even the darkest of times, *Every Wild Soul* is an absorbing and evocative exploration of resilience, rewilding and healing, a story with nature and courage at its heart. It is a vivid and haunting ode to the wild in all of us.

COMPARISONS

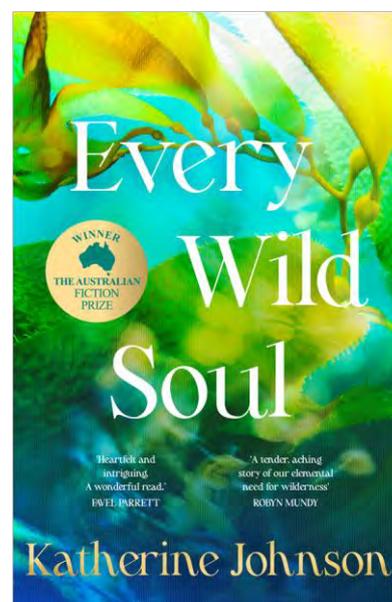
Perfect for readers of *Where the Crawdads Sing*, *The Lost Flowers of Alice Hart*, *Prodigal Summer* and *Wild Dark Shore*.

PRAISE

'A tender, aching story of our elemental need for wilderness.'
Robyn Mundy, *Wild Light*

'A sense of wonder for the land and sea pervades this beautifully crafted novel. It is a work of passion and ferocity – also of gentleness – that, in bringing to life the rewilding of an island and the people who live there, offers a spark of hope to us all.' Suzanne Leal, *The Year We Escaped*

'A thrilling journey into the wildness of landscape and heart, longing and desire, captivity and freedom. Science meets love. Nature meets redemption. Cleverly woven and beautifully written. An intricate portrayal of the fragility of human relationships and the natural world. Lyrical, mysterious, unexpected, *Every Wild Soul* will bring you closer to nature and the wilderness that hides inside all of us.' Karen Viggers, *The Lightkeeper's Wife*



May 2026

ISBN: 9781460768303

\$34.99

336 pages

234 mm x 153 mm

Imprint: Harper Fiction

Rights: World, all languages

Tasmanian writer **Katherine Johnson** is the author of four novels. *Paris Savages* is based on the true story of 'human zoos' in Europe in the late nineteenth century. It was shortlisted in the ABIAs and was The Times Historical Fiction Book of the Month in June 2020. Her previous novels include *The Better Son*, set in northern Tasmania's caves; *Matryoshka*; and *Pescador's Wake*, the story of the danger and heartbreak of lives at the mercy of the sea during a three-week Southern Ocean chase.

THINGS I CANNOT SAY

Geraldine Mellet

They say lightning never strikes twice – but this is just what happens to Tracey Read when she’s consigned to a nursing home after a tragic accident.

Warehoused in a nursing home for the elderly after a catastrophic accident steals her voice and leaves her with paraplegia, 37-year-old Tracey Read spends her days trapped in her room, brainstorming ways to escape ‘The Last Resort’ – the name she’s given this parallel universe.

But as Tracey finds an unexpected community under the fluorescent lights and within the grim walls of the nursing home, she starts to notice what else is going on behind the scenes: cruelty and neglect that are putting her vulnerable new friends in jeopardy. And despite having no voice and almost no movement, it might be up to Tracey to save them all.

Things I Cannot Say is Tracey’s story of thriving in a life that others deem useless, figuring out what’s possible, what’s right, and how to do more than survive.

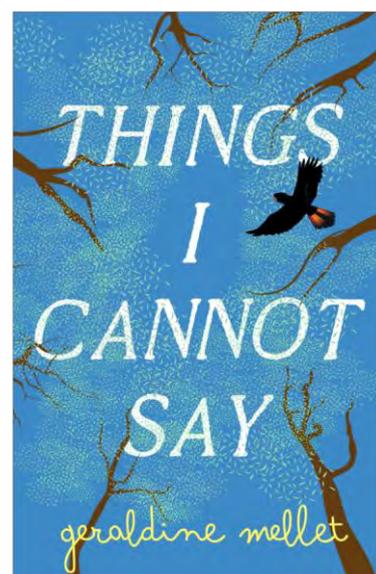
ADVANCE PRAISE

‘Geraldine has done an amazing job with her first novel. While the novel is easy to read, the reality that Tracey confronts is frighteningly accurate, leaving the reader in no doubt that condemning a young person to be “warehoused” in an aged care facility is wrong on every level.’ Dr Bronwyn Morkham, National Director, Young People in Nursing Homes National Alliance

‘As a disabled advocate who has lived in an institution, I feel Geraldine has written a story that needed to be told, not as biography, but a mystery that can only really get solved by people who know the same risk. ... It rings true for me and I highly recommend it.’ Samantha Jenkinson, Strategic Disability Advisor

‘With wry wit and dark irony, Geraldine Mellet has crafted a novel that resonates with authenticity.’ Shelley Davidow, *The Girl with the Violin*

‘Savage, brilliant and funny—Tracey Read is one of the most alive characters I’ve come across in recent contemporary literature. *Things I Cannot Say* is original and thrilling. It stayed with me and made me see the world differently, which is about the best thing you can ask from a novel; Geraldine Mellet is a standout new voice.’ Kathryn Heyman, *Circle of Wonders*



May 2026

ISBN: 9781038953438

\$34.99

272 pages

234 mm x 153mm

Imprint: HQ Fiction

Rights: World, all languages

Geraldine Mellet found her happy place in broadcast journalism. In addition to a 25-year career at the ABC she has written newspaper columns and children’s TV drama and co-written a nonfiction book with Rosalie Leaney (*Whose Hand is This*, 1999).

Geraldine has also worked as an advocate for the Every Australian Counts campaign to get the NDIS legislated and funded and coordinated and filmed *The Lives We Lead*, a social media campaign on the talents and skills of West Australians with disabilities. For the last 18 months she has been co-CEO of the Australian Council on Smoking and Health, a role she has just stepped back from. She is continuing to do some part-time work for the ACS&H while diving back into the world of freelance journalism.

NEW FICTION

CONTEMPORARY

THE NOCTURNALS

Frances Whiting

From the bestselling author of *The Best Kind of Beautiful*, Frances Whiting, comes a funny, moving and wise story of love and friendship, which asks: what lengths would you go to, to protect your friends?

In the summer of 1997, five high school students meet. Nina, the Good Girl. Beatrice, the Poetess. Harriet, the Ghost. Cosmo, the Professor. And Hunter, the Golden Boy. In their last year of school, they become inseparable, five points of the same star, until a fault line cracks between them, scattering them to all corners of the globe.

Now, fifteen years later, Hunter has called them to return to the place where they lived and laughed and cried together, before secrets were whispered and promises were broken. No-one knows why he has assembled them, but there is no question they won't go. Because to outsiders, they might be – in turns – a little bit weird, a little bit glamorous and a little bit dangerous. But to each other, they are, and always will be, the Nocturnals.

ADVANCE PRAISE

'A new Frances Whiting novel is always a cause for celebration! Frances writes page-turning stories filled with warmth, wit, wisdom and charm. One of my favourite Australian writers.' Liane Moriarty, *New York Times* Bestselling author of *Here One Moment*

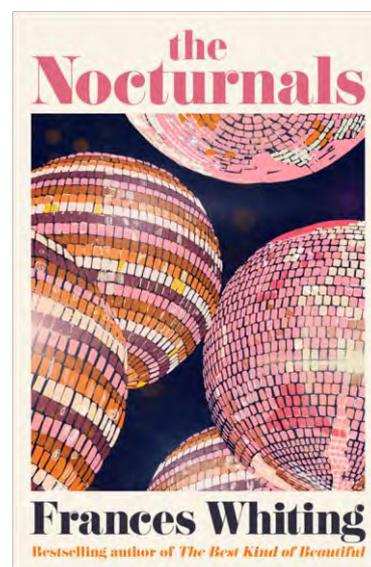
'Frances Whiting writes friendship with such warmth and precision it made my heart ache in the very best way. I fell in love with these characters - and when I finished the novel, I immediately wanted to ring every friend I adore. *The Nocturnals* glows with tenderness. It's a witty, soulful story about the families that shape us, the families we choose, and the version of ourselves that surface in the private hours after midnight.' Sally Hepworth, *New York Times* bestselling author of *Mad Mabel*

'*The Nocturnals* is witty, luminous and frankly, irresistible. Think *The Breakfast Club* meets *The Great Gatsby* - clever, funny, and impossible to put down. I'm calling it as one of the best reads of 2026.' *Rebecca Sparrow*, *Birds of a Feather Book Club*

The Best Kind of Beautiful

'All heart. All soul. All kinds of beautiful.' Trent Dalton, *Boy Swallows Universe*

'The undercurrent of wit in *Sunday Mail* journalist Frances Whiting's tale of love, family and friendship has all the appeal of a Richard Curtis movie.' *Australian Women's Weekly*



April 2026

ISBN: 9781460763926

\$32.99

304 pages

234 mm x 153 mm

Imprint: Harper Fiction

Rights: World, all languages

Frances Whiting is one of Australia's best known and favourite columnists. For more than twenty years her weekly *Sunday Mail* column has engaged readers in the highs, lows and the wonderful of the everyday. She is also an award-winning journalist and Senior Feature Writer for *Q Magazine* in *The Courier-Mail*. She has published two collections of her columns, *Oh to Be a Marching Girl* and *That's a Home Run Tiger!*, and two novels, *Walking on Trampolines* and *The Best Kind of Beautiful*.

CIRCLE OF WONDERS

Kathryn Heyman

The story of two deaths, but more importantly, it is the story of the legacy of life that flows from them - an uplifting celebratory song to life, and a homage to human resilience. For fans of Charlotte Wood, Emily Maguire and Sarah Winman.

Roni is running out of time. As cancer claims her body, she begins a Book of Wonders, capturing the small, luminous moments she once overlooked. It's a final gift to the people she loves, and completing it means reckoning with both the flawed life she has lived and the fractured family she's about to leave behind.

Over one charged lunar month, the women closest to her gather: Belle, her daughter, fresh from rehab and trying to stay upright; Anna, her brilliant sister, returning from London with all her old certainties cracking; and Sylvie, her estranged mother, approaching her own death across the mountain ridge. Meanwhile, Roni's ex - the Drone, as she's dubbed him - refuses to leave the house, casting shade on the light Roni is fighting to keep burning.

Extraordinary, luminous and heart-expanding, *Circle of Wonders* is about facing death while rediscovering life, and about the messy grace that emerges when people who've hurt one another still choose to love.

PRAISE

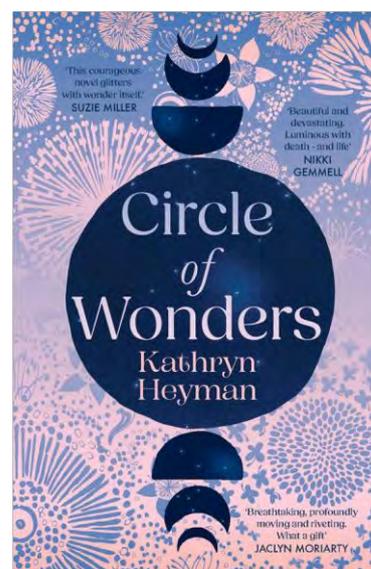
'The most seriously human book I've read in ages, a novel of deep courage and beauty, a serious act of witness to friendship, complexity, and the everyday wonders that sustain us.' Chris Cleave, *Little Bee*

'A beautifully observed, funny and tender novel about letting love in, and letting love go.' Anna Funder, *Wifedom*

'A precious jewellery box of language, capturing the imperfection of being human and probing the mysteries of what matters most - this courageous novel glitters with wonder itself.' Suzie Miller, *Prima Facie*

'Beautiful and devastating. ... It is a novel of wild power that reminds me of Katherine Mansfield and Claire Keegan. I gulped it in a day, then ached that it was over.' Nikki Gemmell, *The Bride Stripped Bare*

'It is breathtaking, ruthless and healing. Beautiful and profoundly moving and riveting. I think this will be a very important book. And enormously meaningful to many people. What a gift.' Jaclyn Moriarty, *Gravity is the Thing*



April 2026

ISBN: 9781460768051

\$34.99

256 pages

234 mm x 153 mm

Imprint: 4th Estate

Rights: World, all languages

Kathryn Heyman is the author of six novels, including *Storm and Grace*, published by Allen and Unwin in February 2017.

She has won numerous awards including an Arts Council of England Writers Award, the Wingate and the Southern Arts Awards, and been nominated for the Orange Prize, the Scottish Writer of the Year Award, the Edinburgh Fringe Critics' Awards, the Kibble Prize and the West Australian Premier's Book Awards.

Kathryn's radio plays for BBC Radio include adaptations of her own work. Her most recent work, *Fury*, a memoir, was published by Allen & Unwin in 2021 and is in development as a feature film.

THE EXTRAORDINARY FLORENCE STOKER

Karen Brooks

A renowned society beauty and muse, Florence Stoker's life was overshadowed by one of the most terrifying literary characters of the 19th century, Count Dracula: her own husband's creation. Or was he ... ?

Dublin, 1875. When witty and beautiful Florence Balcombe marries up-and-coming theatre impresario and putative novelist, Bram Stoker, and her dazzling literary salons make her the darling of the literary, theatre and art worlds in London, no one is surprised. So she came from humble beginnings and her prior engagement to Oscar Wilde was inexplicably broken off? No matter! Now she moves in exalted circles and Bram manages the Lyceum for Henry Irving, the leading actor of his generation.

But appearances can be deceptive. Bram is in thrall to the tyrannical narcissist Henry, who is draining the life from him, and his distance from his marriage bed is noticeable. Old friend Oscar is in court for gross indecency, Bram's reputation is under scrutiny and Florence is afraid – for her family, of the secret she keeps, and of the visions of a monstrous fanged demon that haunts her night and day.

But Florence will fight for her family's reputation and rid herself of the evil that seeks her, even if it means keeping a terrible secret and threatening her own sanity. After all, no ordinary monster can overcome the extraordinary Florence Stoker.

KEY POINTS

- For readers of Heather Rose's *A Great Act of Love* and Tea Cooper's *The Talented Mrs Greenway*
- Biographical historical fiction of a remarkable 19th century woman, wife to Bram Stoker, that references the genesis of *Dracula* and the gothic novels of that era
- Brilliant recreation of the dazzling, complex and fraught society of the late 19th century examining sexual politics, the literary foment and the fight for author copyright – still relevant today

PRAISE FOR THE AUTHOR AND PREVIOUS WORK

'A master storyteller' *Kirkus Reviews*

'A gorgeously atmospheric historical thriller... A gold-star read.'
Better Reading of The Chocolate Maker's Wife

'Brooks's immersive page-turner does not disappoint.'
Publishers Weekly of The Lady Brewer of London



September 2026

ISBN: 9781038942609

\$34.99

480 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Karen Brooks is the author of sixteen novels. She was an academic for over 20 years, a newspaper columnist and social commentator. She has a Ph.D. in English/Cultural Studies, has published internationally, and is an award-winning teacher. Nowadays, she finds greatest contentment studying history, writing, and helping at her husband's brewery, Captain Bligh's.

NEW FICTION

HISTORICAL FICTION

THE DIAMONDS OF TILLY DEVINE

Jackie French

From bestselling author Jackie French comes a compelling book about the choices we make and the chances we never dreamed we'd be given.

Sydney, 1931: The height of the Depression.

They were diamonds: beautiful, sparkling and irresistible.

Nice girls do not accept employment from the infamous Tilly Devine, the brothel owner with jewels on her fingers and a pistol in her handbag. All of Sydney knows her as the queen of crime, ruling an empire of bootleg whisky and gambling clubs, and rumour has it she's quick to pull the trigger on anyone who crosses her – including her husband.

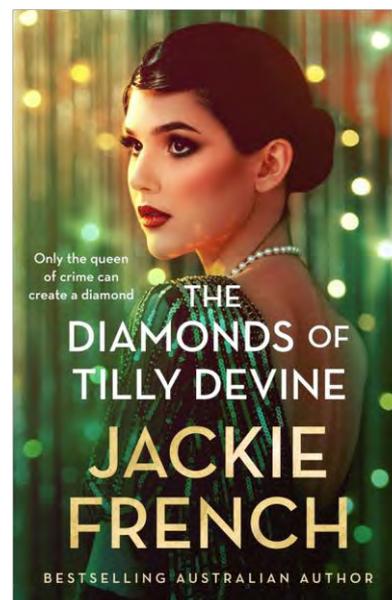
Yet, destitute after her mother's death, Constance McKie realises she has three choices: starve, jump over The Gap, or enter a life no respectable girl would dare consider. When Tilly Devine offers her a role as one of her 'diamonds', Connie finds that perhaps she's not the girl she thought she was.

A diamond's role is complex, demanding, usually glamorous and entirely secret, and kept far away from Tilly's world of gang wars, bribery and blackmail. But when murder is suspected in the mansion that becomes her home, Connie soon learns that it's not only diamonds that are tougher than steel.

PRAISE FOR PREVIOUS WORK

'I personally consider Jackie French the queen of historical fiction, and let me tell you, she did not disappoint ... I was absolutely hooked to the final page.' *Better Reading on The Whisperer's War*

'There aren't many books that make me reach for a tissue as I read the final chapter, but this did.' *Good Reading on The Whisperer's War*



July 2026

ISBN: 9781038903907

\$34.99

368 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Jackie French AM is an award-winning author, historian and ecologist. She was the 2014-2015 Australian Children's Laureate and the 2015 Senior Australian of the Year. In 2016, Jackie became a Member of the Order of Australia for her significant contribution to literature and youth literacy. She is regarded as one of Australia's most popular authors with her vast body of work crossing the threshold of genres and reading ages, and ranging from fiction, non-fiction, picture books, ecology, fantasy and sci-fi to her much-beloved historical fiction.

NEW FICTION

HISTORICAL FICTION

THE PARISIAN CORSET

Katrina Lawrence

A gripping novel inspired by the story of French *Vogue* during the Occupation of Paris ... and the mystery of an iconic fashion photograph.

New York, 2019: Sophie Beauvais, nearing her 100th birthday, reveals a hidden chapter of her life to her granddaughter Daisy. A photograph in a coffee-table book and an old trunk containing a corset identical to the one in the image unlock Sophie's extraordinary story.

Paris, 1939: Sophie has won *Vogue*'s prestigious 'Prix de Paris' award and sails to France, immersing herself in the glamorous world of Parisian fashion. Mentored by legends at French *Vogue*, she navigates a whirlwind of couture, romance, and intrigue. As war looms, Sophie's life takes a dangerous turn. She joins the Resistance, using her position at a couture house to smuggle coded messages, risking everything for France.

Amid heartbreak, betrayal, and loss, Sophie's courage shines as she fights for freedom. After the war, she returns to New York, carrying both the scars and triumphs of her past. Decades later, her revelations inspire awe in her family, as Sophie's tale of resilience, love, and sacrifice unfolds.

COMPARISON AUTHORS

- For fans of Natasha Lester, Fiona McIntosh, Christine Wells, Kate Quinn, Belinda Alexandra, Tania Blanchard

KEY POINTS

- Paris, fashion and WW2 are always a winning combination
- The famous corset photo and the mystery behind it adds an enticing allure
- *The Parisian Corset* sits in that sweet spot of glamour plus danger



December 2026

ISBN: 9781460769287

\$34.99

384 pages

234 mm x 153 mm

Imprint: Harper Fiction

Rights: World, all languages

A beauty journalist for 20 years, **Katrina Lawrence** has mused on makeup, perfume and more for a wide range of women's magazines and online publications. She is one of Australia's most awarded beauty writers, having won a number of industry accolades, including two esteemed Jasmine Awards for fragrance journalism. Katrina lives in Bondi Beach with her husband and two sons, but her spiritual home will always be Paris, a city she has visited countless times (seriously: she has lost count) since the age of five.

NEW FICTION

HISTORICAL FICTION

THE HOBART HOTEL

Mary-Lou Stephens

Glamour, intrigue and two women who will gamble their lives to survive ... the compelling new Tasmanian historical fiction from a bestselling Australian author.

December 1939: The grand opening of Australia's most glamorous and talked about hotel, the Wrest Point Riviera.

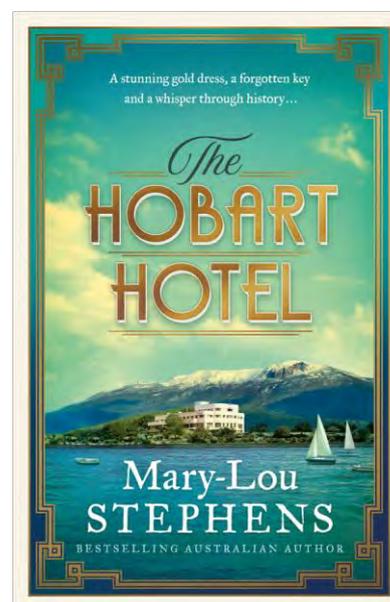
The equally glamorous Sabine Winters, recently arrived in Hobart from the Continent, anticipates a safe port from the storm that rages in Europe along with a few select items of jewellery to add to her (stolen) collection. What she doesn't expect is to be blackmailed into becoming a spy, torn from the safety of Tasmania and taken to the viper's nest of intrigue and plots that is South America during the rise of Nazi power. Her instincts and charms will only get her so far ...

February 1973: The grand opening of Australia's most glamorous, talked about and controversial hotel, the Wrest Point Hotel Casino.

Jenny Davies anticipates a night surrounded by dizzying decor and thrilling action. What she doesn't expect is an invitation to become a Ladybird, one of the casino's croupiers. But Jenny's choice to pursue this exclusive career creates a devastating chain of events that could destroy her life as she knows it. Can a mysterious letter and the gift of a key from a relative Jenny has never heard of somehow be the answer to all of her problems?

ADVANCE PRAISE

'This is another cracking novel from Mary-Lou Stephens about two women, decades apart, and the choices they make. Readers are taken from the opening of the then polarising and now iconic Wrest Point Casino in Tasmania in 1973, to exotic and dangerous South America in World War Two, where Nazis and those who risk everything to stop them, gamble with the world's future. This dual-time, glamorous story of intrigue, spies, trust, deceit, friendship, daring and luck – and so much more – will absolutely sweep you off your feet.' Karen Brooks, bestselling Australian author



April 2026

ISBN: 9781038940346

\$34.99

464 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Mary-Lou Stephens was born in Tasmania, studied acting at The Victorian College of the Arts and played in bands in Melbourne, Hobart and Sydney. Eventually she got a proper job – in radio, where she was a presenter and music director, first with commercial radio and then with the ABC. Mary-Lou lives on the Sunshine Coast with her husband and a hive of killer native bees.

NEW FICTION

HISTORICAL FICTION

THE ITALIAN CORRESPONDENT

Belinda Alexandra

Past loves are like ghosts. They haunt you forever.

I was war-weary, sad and officially divorced – and that was a recipe for recklessness.

Rome, 1951: Veronica Gold is in the city as the correspondent for *Vogue* magazine. As Italy tries to shake off its dark fascist past and promote itself as the most glamorous nation in Europe, Veronica is trying to forget the horrific memories of her time as a war reporter attached to the Eighth Army at the brutal height of the Second World War.

But just as she hopes to lose herself in la dolce vita, three men appear in her life: Lyle Cooper, her ex-husband and an American diplomat; Marcello Fabbri, an archaeologist and one-time partisan now working in the ruins of Pompeii; and the dashing Count Carlo Durazzo, husband of Veronica's estranged friend, the enigmatic heiress Emerald Evergreen.

Complicated feelings arise, but before Veronica can resolve them, one of these three men is murdered. Veronica is quickly drawn into a sphere of spies and a world on the edge of nuclear war, one where nothing and nobody is quite as they seem.

KEY POINTS

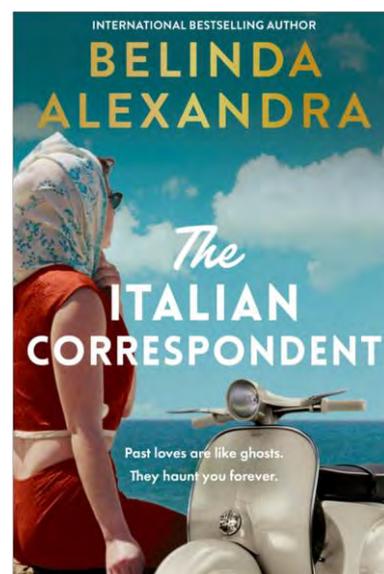
- The stunning new novel from the bestselling author of *The Masterpiece* and *Tuscan Rose*
- Belinda Alexandra has been published around the world and is an author at the height of her powers

PRAISE FOR PREVIOUS WORK

'Belinda Alexandra is a master at keeping the pages turning.' *Herald Sun*

'For a book with such deep themes, *Southern Ruby* is an easy read, told in an entertaining narrative that draws us along like a conversation with a close friend. It is a thought-provoking novel that should leave the reader feeling satisfied as well as entertained.' *The Newtown Review of Books*

'Anyone who knows or follows Belinda Alexandra knows that she's wise, lives life with gusto and immerses herself in activities that she's passionate about. Animal rescue, beautiful design, and of course, her beloved Flamenco dance. In *Emboldened*, she explores "passion" and its importance in our lives, using four unusual women as examples of how to live life to the fullest.' *Better Reading*



April 2026

ISBN: 9781460763070

\$34.99

400 pages

234 mm x 153 mm

Imprint: Harper Fiction

Rights: World, all languages

Rights licensed: Portuguese (Brazil)

Belinda Alexandra has been published to wide acclaim in Australia, New Zealand, the United Kingdom, France, Germany, Holland, Poland, Norway, Russia, Spain, Turkey, Hungary and the United States. She is the daughter of a Russian mother and an Australian father and has been an intrepid traveller since her youth. Her love of other cultures is matched by her passion for her home country, Australia, where she is a volunteer rescuer and carer for the NSW Wildlife Information Rescue and Education Service (WIRES). An animal lover, Belinda is also the patron of the World League for the Protection of Animals (Australia).

THE CORDIAL MAKER

Justine Ford

Two women, separated by time, trapped by the past ... and a mansion with secrets that could set them both free.

1957: Claire Quinn dreams of becoming a cordial maker, but when her sister makes a foolish decision, Claire is forced to take a live-in job as a cook to pay back their debts. When she starts work at the mysterious Dreighton House, she finds romance – and danger. How far will she go to protect those she loves?

2013: Returning to Melbourne after a disastrous event in London, Ashley swears she will never work as a journalist again. But when her grandfather asks her to find out what happened decades ago to Dreighton House's missing cook, Ashley has to dig deep and confront her fears. With the help of a St Kilda detective, what she learns about the missing woman – and herself – will change her life forever.

A riveting story of courage, cordial, and the importance of dreams.

KEY POINTS

- Justine Ford is a well-known crime journalist, true crime writer and TV producer
- *The Cordial Maker* is Justine's first foray into crime fiction and is sure to entrap its audience just like her previous non-fiction work

PRAISE FOR PREVIOUS WORK

'Very well written and thought provoking. Showing care and compassion for the families mourning the loss of a loved one and praying daily for news.' *Beauty and Lace*

'This is an interesting, informative and engaging book and I recommend it to anyone who is interested in the complex and successful work and career of one of Victoria's top Homicide detectives. It's a hard book to put down once you start reading it.'
Sisters in Crime Australia



February 2027

ISBN: 9781460768778

\$34.99

320 pages

234 mm x 153 mm

Imprint: Harper Fiction

Rights: World, all languages

Justine Ford is a true crime author, TV producer and journalist. Her first forays into crime were as a reporter on the top-rating TV series *Australia's Most Wanted*. Justine has since covered the Melbourne Gangland Wars and scores of chilling homicides and missing persons' cases. In that time, she has won the trust of many families who are victims of crime, and developed deep access to police all over Australia, enabling her to bring crucial, never-before-published case information to her reporting.

NEW FICTION

HISTORICAL FICTION

THE MARRIAGE TRAP

Victoria Purman

From the bestselling author of *The Radio Hour* comes this charming but pointed look at the tumultuous extraordinary decade of the 1960s, and the effects of the pill, rebellion and new ideas on ordinary women ...

1960s Adelaide: The Langley family – Olive, Len and their two daughters, twenty-year-old Cathy and ten-year-old Evelyn – live a peaceful suburban life, although Grandma Langley turns up each Sunday lunch like a bad fairy to castigate them for their dubious morals.

Cathy, training to be a teacher, thinks women have it tough. No sex until marriage, then no work, child after child and the sacrifice of their desires to church, husband and family. Cathy is determined not to marry right away. Once married, it's all over. A life no longer her own. Young Evelyn wants to be a fairy princess ... until she sees for herself the price women pay for such dreams.

When the new contraceptive pill arrives, women can suddenly sense freedom. But powerful forces are aligned against women's reproductive choice and a fight begins. A fight that takes on their own doctors, the might of the Catholic church, and the outdated morality of previous generations.

KEY POINT

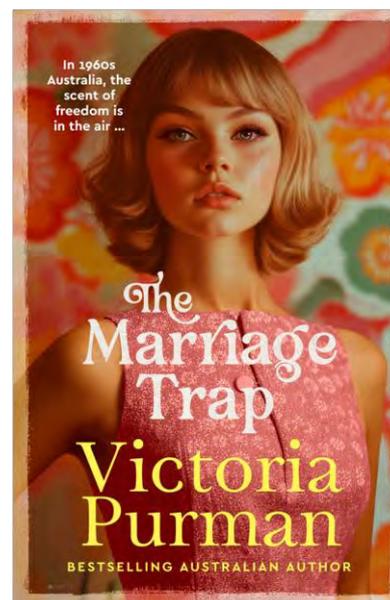
- A *USA Today* bestselling author

PRAISE

'We need books like this one to remind us of the remarkable changes fought for by ordinary women that have improved life for so many. I wanted to climb into the pages of *The Marriage Trap* and thank these women for their service, but I'll have to make do with thanking Victoria for bringing them to life in this story.' Tricia Stringer, author of *The Road Trip*

'Compelling and cosy, this page-turner is a moving picture of 1960s Australia seen through the eyes of three women at different life stages, each grappling with the shackles of patriarchy in a quest for freedom. A heartfelt testament to the bravery and resilience of women.' Arianne James, author of *Daughters of the Tide*

'The frustration, the resignation and, above all, the struggles women faced, as well as the radical possibilities suddenly offered by the advent of the contraceptive pill, are all laid bare in this engaging tale of three women from the same family, but different generations.' Karen Brooks, author of *The Whisky Widow*



May 2026

ISBN: 9781867290636

\$32.99

336 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Victoria Purman is an Australian top ten and *USA Today* bestselling fiction author. Her last book *The Radio Hour* was an Australian bestseller, as were her previous novels. Her earlier novel *The Three Miss Allens* was a *USA Today* bestseller. She is a regular guest at writer's festivals, a mentor and workshop presenter and has been a judge in the fiction category for the Adelaide Festival Awards for Literature and the 2022 ASA/HQ Commercial Fiction Prize.

NEW FICTION

ROMANCE

WHERE THE WATTLES BLOOM

Amy Andrews

Two people who have given up on happily ever after find an unexpected second chance in a rural romance that is equal parts heart-wrenching and heartwarming.

City girl Rowena Murray needs a new beginning, after her high-pressure career as a neonatal intensive care nurse is derailed by a monumental panic attack. So she's glad to be heading to rural Acacia Junction for a low-stress, short-term contract to get back in the game. It's only for six months – then she's outta there.

Sheep farmer Lachlan McCabe is on his way into town when he comes across the new nurse saving the life of the town's beloved baker after a suspected heart attack on a deserted road. It's not the kind of meet-cute anyone would ask for, but Rowena and Lachlan soon find sparks flying.

They're both twice-divorced and have experienced enough of life to know exactly what they want and neither of them is looking for a long-term partner. A casual fling, on the other hand ... well, that's a different story.

When an honest-to-God miracle offers an unexpected second chance they'd both thought impossible, Rowena and Lachlan must decide if they will be sharing life as co-parents or true partners.

KEY POINTS

- From *USA Today* bestselling author
- Amy has been translated into two dozen languages, including Manga, and sold over three million books worldwide

PRAISE

'Besides a fun, sultry break from reality, *Breaking All the Rules* also has some solid messages about glass ceilings, the definition of success, running from your past, and life balance.' *Book Junkie Reviews*

'A classic Amy Andrews, so you're guaranteed to get writing you're going to get lost in and want to keep reading.' *Jo Reads Romance*

'I am a sucker for an Amy Andrews book. After reading as much of her back catalogue as I can get my hands on, Ms. Andrews is an author that I just *know* is going to provide me a happy escape and a satisfying ending.' *All About Romance*



September 2026

ISBN: 9781038942586

\$32.99

304 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Amy Andrews is a multi-award-winning *USA Today*-bestselling author who has written over ninety contemporary romances for both trad and hybrid publishers throughout her twenty-year career. She was a nurse for twenty-eight years, has two grown children and lives in a pretty little coastal town with her husband of thirty-five years.

NEW FICTION

ROMANCE

OUT OF THE BLUE

Penelope Janu

For readers of Karly Lane and Fleur McDonald, comes this fresh rural romance about courage, hope and learning to believe in love from an award-winning, much-loved author.

A traumatic past, a charismatic stranger, a closeknit community ... life is about to get complicated.

Flick Atherton loves the country towns where she lives, her work with migratory birds and the bond she shares with her late brother's daughter. The last thing she needs is a man telling her what to do. Particularly the arrogant, frighteningly competent Norwegian air-force pilot Sebastien Thorsen. When she accepts an assignment in the sub-Antarctic, her biggest challenge isn't the sub-zero temperature or her long-held fears, it's Sebastien.

Head of the UN environmental team funding Flick's position, and an all-round adrenaline junkie, Sebastien is the last man Flick should be attracted to. But the tiny Antarctic community is closeknit and vulnerabilities, both Flick's and Sebastien's, are impossible to hide. Working to finish a job he didn't want to take, Sebastien finds Flick a risk unlike any he has ever encountered, and he is frustrated yet entranced by her impossible mix of fragility and independence.

When the assignment is over and Flick is home again, can she leave her fears and the shadows of the past behind her? Will she accept that the love she's found, even when it is out of the blue, might be all she'll ever need?

PRAISE FOR AUTHOR

'Penelope Janu's fresh, bright, funny new twist on rural romance is an absolute delight. Her wit is as sharp as a knife. She is one of my absolute must-read authors.' Victoria Purman, bestselling author of *The Radio Hour*

'Oh, how I do love reading a novel by Penelope Janu, it's always an absolute pleasure and I find them hard to put down.' *Claire's Reads and Reviews*

'Penelope Janu is on my unputdownable, fave reads category. There was humour, tension, chemistry amongst a backdrop of family drama that just keeps the pages turning. A first-rate read that I could go back to again and again.' *Talking Books*



June 2026

ISBN: 9781038942920

\$32.99

336 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Penelope Janu lives in rural NSW with a distracting husband, a very large dog and, now they're fully grown, six delightful children who come and go. Penelope has a passion for creating stories that explore social and environmental issues, but her novels are fundamentally a celebration of Australian characters and communities. Penelope enjoys riding horses, exploring the Australian countryside and dreaming up challenging hiking adventures.

NEW FICTION

ROMANCE

THE CLOUD CATCHER

Mandy Magro

An epic, soul-stirring love story about the transcendent magic of true love from a bestselling Australian author.

An elderly woman stands at the edge of a mountain, touching the clouds. As she prepares to fall into the abyss, she reflects on the one great love that defined her life – and the one regret that still haunts her. If only she could live her life all over again ...

Waking in the staff-only area of a plane, 26-year-old Zara Monroe shakes off a strange dream and returns to her duties as a flight attendant. With a troubled past behind her and a heart wide open to possibility, she lives for the adventure of the skies. When a chance meeting in Italy sparks an inexplicable connection with a handsome stranger, her world is forever changed. And when fate brings them back together, Zara instinctively knows their love is meant to be.

As Zara and Jay fall into the kind of deep, soulmate love most only dream of, their bond is tested by the past, by tragedy, and by a future that refuses to follow the rules. And as Zara keeps returning to her mysterious dreams of mountaintops and clouds, she begins to wonder ... can a love written in the stars rewrite the course of a lifetime?

COMPARISON AUTHORS

For fans of Jojo Moyes and Nicholas Sparks.

KEY POINT

- Mandy Magro has sold over 300,000 books in Australia alone

PRAISE FOR PREVIOUS WORK

'*One More Time* is beautifully written ... Magro's skilful storytelling, relatable characters, and powerful themes of love and resilience make this book a standout read.' *Better Reading*

'A city girl to country escape tale, with a soft sprinkling of romance and a whisper of suspense ... If rural stories are your cup of tea, you need to pick up a Mandy Magro novel.' *Mrs B's Book Reviews*

'*Riverstone Ridge* by author Mandy Magro captures tragedy, suspense, heartache and second chances all in one read.' *Talking Books*



April 2026

ISBN: 9781038908827

\$32.99

304 pages

234 mm x 153 mm

Imprint: HQ Fiction

Rights: World, all languages

Mandy Magro lives in Cairns, Far North Queensland, with her daughter, Chloe Rose, and assorted animal companions. A romantic at heart, Mandy loves writing about soul-deep love, the Australian rural way of life, and the wonderful characters who call the country home.

RECENT HIGHLIGHTS

RECENT FICTION HIGHLIGHTS

CONTEMPORARY

BOYS SWALLOWS UNIVERSE

The much-loved internationally bestselling debut novel from Australia's favourite storyteller.

Brisbane, 1985: A lost father, a mute brother, a junkie mum, a heroin dealer for a stepfather and a notorious crim for a babysitter. It's not as if Eli Bell's life isn't complicated enough already. He's just trying to follow his heart and understand what it means to be a good man, but fate keeps throwing obstacles in his way – not the least of which is Tytus Broz, legendary Brisbane drug dealer.

But now Eli's life is going to get a whole lot more serious: he's about to meet the father he doesn't remember, break into Boggo Road Gaol on Christmas Day to rescue his mum, come face to face with the criminals who tore his world apart, and fall in love with the girl of his dreams.

A story of brotherhood, true love and the most unlikely of friendships, *Boy Swallows Universe* is heartbreaking, joyous and exhilarating.

PRAISE

'*Boy Swallows Universe* is a wonderful surprise: sharp as a drawer full of knives in terms of subject matter; unrepentantly joyous in its child's-eye view of the world; the best literary debut in a month of Sundays.' *The Australian*

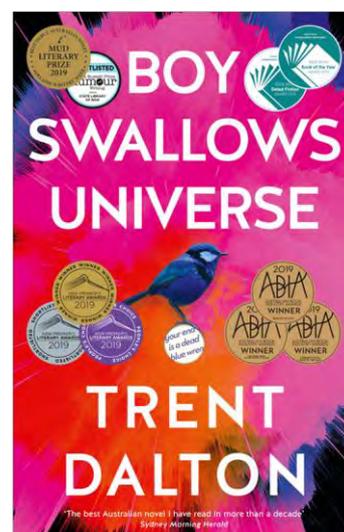
'*Boy Swallows Universe* hypnotizes you with wonder, and then hammers you with heartbreak.' *Washington Post*

'This thrilling novel ...' *New York Times Book Review*

'Marvelously plot-rich ... filled with beautifully lyric prose ... At one point Eli wonders if he is good. The answer is "yes," every bit as good as this exceptional novel.' *Booklist*

'Dalton's splashy, stellar debut makes the typical coming-of-age novel look bland by comparison ... This is an outstanding debut.' *Publisher's Weekly* (starred review)

'Extraordinary and beautiful storytelling' *The Guardian*



ISBN: 9781460757765

\$22.99

528 pages

Imprint: 4th Estate

Rights licensed: over 25 territories; details on request

AWARDS

2019 Winner, ABIA Book of the Year Award; Indie Book Award; Winner, UTS Glenda Adams Award for New Writing; NSW Premier's Literary Awards; People's Choice Award, NSW Premier's Literary Awards; MUD Literary Prize 2019; ABIA Matt Richell Award for New Writer of the Year; ABIA Literary Fiction Book of the Year; ABIA Audiobook of the Year

Trent Dalton is a two-time Walkley Award-winning journalist and the international bestselling author of *Boy Swallows Universe*, *All Our Shimmering Skies*, and *Lola in the Mirror*. His books have sold over one and a half million copies in Australia alone.

RECENT FICTION HIGHLIGHTS

CONTEMPORARY

ALL OUR SHIMMERING SKIES

An extraordinary novel from the beloved bestselling award-winning author of *Boy Swallows Universe* and *Lola in the Mirror*, destined to become another classic.

Darwin, 1942, and as Japanese bombs rain down, motherless Molly Hook, the gravedigger's daughter, turns once again to the sky for guidance. She carries a stone heart inside a duffel bag next to the map that leads to Longcoat Bob, the deep-country sorcerer who put a curse on her family. By her side are the most unlikely travelling companions: Greta, a razor-tongued actress, and Yukio, a fallen Japanese fighter pilot. *Run, Molly, run*, says the daytime sky. Run to the vine forests. Run to northern Australia's wild and magical monsoon lands. Run to friendship. Run to love. Run. Because the graverobber's coming, Molly, and the night-time sky is coming with him. So run, Molly, run.

All Our Shimmering Skies is a story about gifts that fall from the sky, curses we dig from the earth and the secrets we bury inside ourselves. It is an odyssey of true love and grave danger, of darkness and light, of bones and blue skies; a buoyant, beautiful and magical novel abrim with warmth, wit and wonder; and a love letter to Australia and the art of looking up.

PRAISE

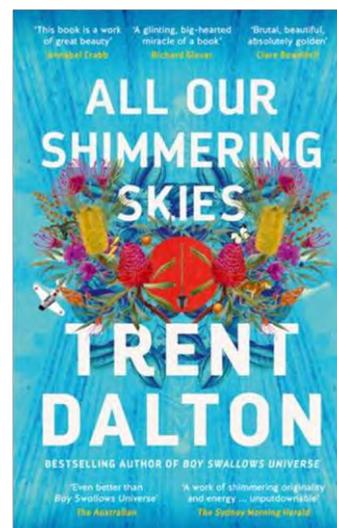
'A glinting, big-hearted miracle of a book.' Richard Glover

'A work of shimmering originality and energy, with extraordinary characters and a clever, thrilling plot ... unputdownable.' *Sydney Morning Herald*

'Dalton is an author of 19th-century expansiveness, one with a sense that intelligence, talent for characterisation and sheer narrative brio can still be the whole cloth of the writer's ambition ... it is storytelling manna, fallen straight from the Territorian skies.' *The Australian*

'Achingly beautiful and poetic in its melancholy, *All Our Shimmering Skies* is a majestic and riveting tale of curses and the true meaning of treasure.' *Booklist*, starred review

'Australia has a new literary hero. Molly Hook – part Cordelia, part Jo March, part Pippi Longstocking – pulls us into a story and a landscape that is mythic, beguiling and almost hallucinatory in its beauty. And instantly recognisable as our own.' Kristina Olsson



ISBN: 9781460759325

\$22.99

198 mm x 128mm

480 pages

Imprint: 4th Estate

Rights licensed: English language, North America (HarperCollins US), English language, UK & Comm, ex ANZ, ex Can (HarperCollins UK), Dutch (HarperCollins Holland), Italian (HarperCollins Italia), German (HarperCollins Deutschland), Spanish (HarperCollins Iberica), Lithuanian (Lithuanian Writers' Union Publishers), Chinese – simplified (Beijing Guangchen Culture Communication Co., Ltd)

Trent Dalton is a two-time Walkley Award-winning journalist and the international bestselling author of *Boy Swallows Universe*, *All Our Shimmering Skies*, and *Lola in the Mirror*. His books have sold over one and a half million copies in Australia alone.

RECENT FICTION HIGHLIGHTS

CONTEMPORARY

LOLA IN THE MIRROR

Bighearted, gritty, magical and moving, *Lola in the Mirror* is the bestselling and irresistible new novel from the author of *Boy Swallows Universe* and *All Our Shimmering Skies*.

'Mirror, mirror, on the grass, what's my future? What's my past?'

A girl and her mother have been on the run for sixteen years, from police and the monster they left in their kitchen with a knife in his throat. They've found themselves a home inside a van with four flat tyres parked in a scrapyard by the edge of the Brisbane River.

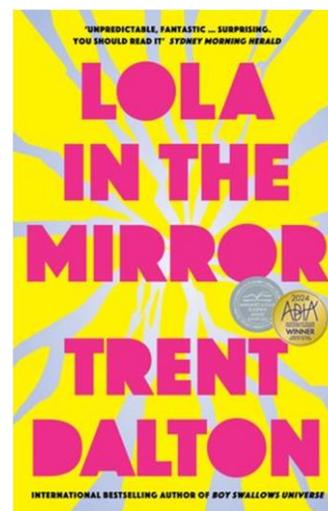
The girl has no name because names are dangerous when you're on the run. But the girl has a dream. A vision of a life as an artist of international acclaim. A life outside the grip of the Brisbane underworld drug queen 'Lady' Flora Box. A life of love with the boy who's waiting for her on the bridge that stretches across a flooding, deadly river. A life beyond the bullet that has her name on it. And now that the storm clouds are rising, there's only one person who can help make her dreams come true. That person is Lola and she carries all the answers. But to find Lola, the girl with no name must first do one of the hardest things we can ever do. She must look in the mirror.

From international bestselling author Trent Dalton, *Lola in the Mirror* is a big, moving, blackly funny, violent, heartbreaking and beautiful novel of love, fate, life and death and all the things we see when we look in the mirror: all our past, all our present, and all our possible futures.

PRAISE

'Unpredictable, fantastic ... It takes a charged narrative, like Dickens achieves, and as Dalton does too, to reach the heart and the brain – writing that is able to carry both stories, the individual and the political/personal ... To tell you more would spoil this complicated and surprising story. You should read it.' *Sydney Morning Herald*

*'Trent Dalton's third novel reminds me of the 1980s advertising slogan for the author's home state of Queensland: Beautiful one day, perfect the next ... *Lola in the Mirror* is a bold, big-hearted, hopeful, humorous, dark, reflective, truthful, superbly written novel that confirms Dalton's place in all the shimmering skies (to borrow the title of his second novel) of Australian literature. He is not a rising star but a star full stop.'* *The Australian*



ISBN: 9781460759844

\$22.99

198 mm x 128mm

448 pages

Imprint: 4th Estate

Rights licensed: English language, North America (HarperCollins US), English language, UK & Comm, ex ANZ, ex Can (HarperCollins UK), Hebrew (Kinneret), German (HarperCollins Deutschland), Spanish and Portuguese, Europe (HarperCollins Iberica),

Winner, 2024 ABIA Book Literary Fiction Book of the Year

Trent Dalton is a two-time Walkley Award-winning journalist and the international bestselling author of *Boy Swallows Universe*, *All Our Shimmering Skies* and *Lola in the Mirror*. His books have sold over and a half million copies in Australia alone.

RECENT FICTION HIGHLIGHTS

LITERARY

GRAVITY LET ME GO

Trent Dalton

Trent Dalton, Australia's no.1 bestselling author, returns with the astonishing *Gravity Let Me Go* – a story you won't ever forget.

How will you ever know how the story ends, if you let the story go?

Noah Cork has just published the scoop of a lifetime: the white-hot true crime book of the cold-blooded killer who slipped an unfolding murder mystery into Noah's mailbox. But if this is his moment of triumph, then why is the tin roof being ripped from the walls of his reality? Why are skeletons standing upright in his closet? Why do people want to run him over in the street? And why does his wife keep writing a cryptic message across the bathroom mirror? As a severe storm cell heads towards Brisbane, Noah is hurtling headfirst into a swirling storm of secrets. He must now cling for dear life to the only story that ever really mattered. He must hold on to the truth. He must hold on to the story. He must hold on to love.

Dark, gritty, hilarious and unexpected, *Gravity Let Me Go* is Trent Dalton's deeply personal exploration of marriage and ambition; truth-telling and truth-omitting; self-deception and self-preservation. It's a novel about the stories we want to tell the world and those we shouldn't, and how the stories we keep locked away are so often the stories that come to define us.

It's the story of a murder.

It's the story of a marriage.

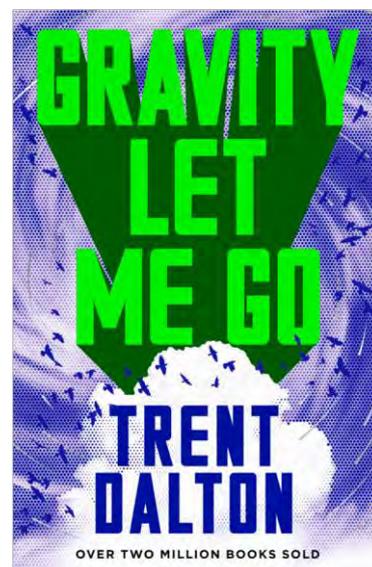
It's the story of a lifetime.

KEY POINTS

- Trent's books have sold over 1.5 million copies in Australia alone
- Rights to his books have been licensed in over thirty territories
- Trent's books have earned many awards, been widely praised, and are loved by readers world-wide

PRAISE

'Ultimately, fans of Dalton's previous novels will find *Gravity Let Me Go* impossible to put down.' *Books + Publishing*



October 2025

ISBN: 9781460769010

\$45.00

448 pages

234 mm x 153 mm

Imprint: 4th Estate

Rights: World, all languages

Rights licensed: English language North America (HarperCollins US), English language, UK & Comm ex ANZ, (HarperCollins/The Borough Press), German (Harper Germany/Nagel & Kimche Verlag)

Trent Dalton is a two-time Walkley Award-winning journalist and the international bestselling author of *Boy Swallows Universe*, *By Sea & Stars*, *All Our Shimmering Skies*, *Love Stories* and *Lola in the Mirror*. *Boy Swallows Universe* was Netflix's most popular Australian-made TV series and hit the global top 10.

RECENT FICTION HIGHLIGHTS

CONTEMPORARY

LONELY MOUTH

Jacqueline Maley

From the bestselling author of *The Truth About Her* comes *Lonely Mouth*, a delicious, clever, tender and vivid novel about the conflicted way women think about their bodies, their appetites, and themselves in the world.

Matilda and Lara are half-sisters who share an unreliable mother and a chaotic past. In every other way, though, they are very different from each other. Lara, ten years younger than Matilda, is a model, living and working in Paris – for her, life is expansive, carefree, beautiful, careless.

Matilda's life, in contrast, is solitary, contained, ordered. She works in one of Sydney's buzziest restaurants, Bocca, with an unrequited crush on her boss, celebrity chef Colson. If she's careful – and she always is – she can keep everything in its proper place. Hold the balance between hunger and satiation.

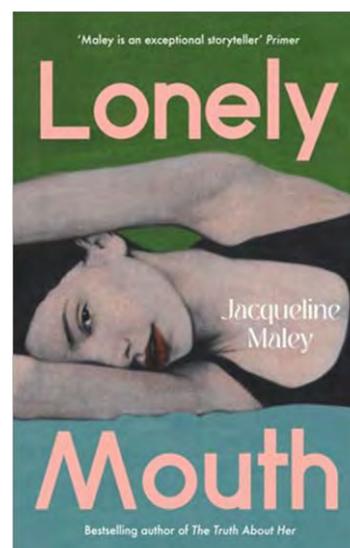
But when Lara's father, the long-absent, erratic Angus Dante, comes back into the sisters' lives, to make amends for his past misdeeds, Matilda's compartmentalised life goes seriously awry. As everything blows apart, Matilda is forced to come to a reckoning with who she is, and how to satisfy the hunger she wants to deny.

PRAISE

'I didn't love this novel because it has food in it, but because it dances exquisitely to a tune that I so often gravitate towards in writing – a song of abandonment, ghastly mothers, dysfunctional families, sisterhood, and loss – and because Maley is such a good writer. She's witty, savage and unshowy, with an ironic sensibility that doesn't preclude a raw tenderness that is utterly devoid of sentimentality.' Nigella Lawson

'Tender, acute, searing and funny, I devoured this novel. It's a coming-of-age novel and a Bildungsroman all at once – about the enormous effort of finding yourself when you start with bad odds – being abandoned as a child by your mother under the Big Merino at Goulburn. Maley's characters are so gloriously alive I felt I knew them. A beautifully structured novel about how desire – for food, for love, for meaning – can shape a life, if you can just be whole enough to tap into it.' Anna Funder, bestseller author of *Wifedom*

'Maley's writing is exquisite – lyrical, detailed and deeply immersive. ... Captivating.' *Books+Publishing*



ISBN: 9781460759189

\$34.99

368 pages

234 mm x 153 mm

Imprint: 4th Estate

Rights: World, all languages

Rights Licensed: World English, ex ANZ (Chatto & Windus, PRHUK)

Jacqueline Maley is a Walkley and Kennedy Award-winning columnist and senior writer for the *Sydney Morning Herald* and *Age* newspapers, where she writes about politics, people and social affairs. Her bestselling debut novel, *The Truth About Her*, was shortlisted for the 2022 ABIA Literary Fiction Book of the Year and the Matt Richell Award for New Writer of the Year. Rights were licensed in the UK, Germany, Spain, Portugal and Italy. She lives in Sydney with her daughter.

NEW
NON-FICTION

WHERE THE LIGHT GETS IN

Ben Crowe

Simple, playful and profound perspective shifts to change your life, now a #1 Australian bestseller.

Ben Crowe is one of the world's most in-demand mindset coaches. In this book, he reveals nine simple-yet-profound perspective shifts that will change the way you see the world and yourself.

Showing how these nine perspective shifts are relevant to every human being, Ben demonstrates how self-compassion, imagination and appreciation can turn adversity into possibility, remove pressure and help us find that elusive balance between confidence and happiness, achievement and fulfillment.

Move from fearful to playful, from human doing to human being, and from fitting in to truly belonging. Even small perspective shifts can lead to massive breakthroughs, creating the freedom to redefine what it means to live a life true to yourself. Because that's *where the light gets in*.

This book will change your perspective on life – forever.

KEY POINTS

- Ben is the world's #1 mindset coach – and one of the world's best kept secrets, until now
- He has worked with some of the world's most successful sportspeople, as well as with global corporations, financial institutions and international agencies including the World Health Organization

PRAISE

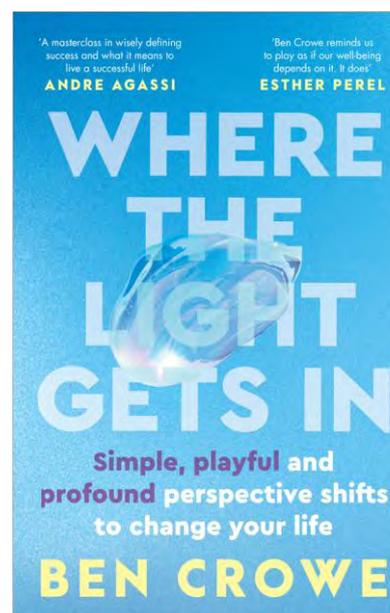
'A masterclass in wisely defining success and what it means to live a successful life.' *Andre Agassi, World #1 Tennis Champion*

'I absolutely loved it and the world will be in a much better place having learned from him.' *Ash Barty, World #1 Tennis Champion*

'Ben Crowe reminds us to play as if our well-being depends on it. It does.' *Esther Perel, Ground-breaking psychotherapist*

'Ben Crowe is a gifted soul and human being, and a brilliant one to boot.' Neal Katyal, US Supreme Court Lawyer, Law Professor and NYT Bestselling author

'Ben Crowe is an absolutely magical person. Absolutely magical. He has the kind of insight which is rare.' Jim Chalmers, Treasurer, Australian Government



February 2026

ISBN: 9781460762943

\$35.99

304 pages

234 mm x 153 mm

Imprint: Harper Non-Fiction

Rights: World, all languages

Rights Licensed: Dutch, German, English language, UK & Com (ex ANZ, ex Can) under offer

Ben Crowe is one of the world's most in-demand professional mentors and leadership coaches. His professional career began at Nike, working in international sports marketing with many of the world's most famous athletes, before leaving to follow his purpose of helping athletes separate what they do from who they are, and find perspective and meaning. As a mindset coach he has changed the lives of many of the world's most successful sportspeople, including Grand Slam tennis champions Ash Barty, Andre Agassi, Dylan Alcott, Formula One champion Daniel Ricciardo and the Australian cricket team. His unique approach to connection, high performance and leadership has led to Ben working also with global corporations, including the world's largest technology companies and financial institutions.

A MATRIARCHAL AGE

Jacinta Parsons

Jacinta Parsons has a lot of thoughts about matriarchal power and wisdom. Her bold suggestion is that equality is no longer what's needed – instead, it's a complete and utter dismantling that is needed – and the matriarch is ready to get it done properly. Profiling international and local examples of successful matriarchal businesses, cultures and families, this new book will focus on what matriarchy looks like; how we build the matriarchs of our future; and explain how the matriarchal lens is capable of reframing everything, and that like patriarchy, the matriarch ideology can be accessed and mobilised across *all* genders.

PRAISE FOR THE AUTHOR AND PREVIOUS WORK

'Jacinta Parsons' superpower is that she is an utterly compelling communicator. She resonates with people all over Australia because she is unafraid to speak the truth with honesty, warmth and humour. This empathetic approach to life is clear in her daily role on public radio, but it is also apparent within her writing.'

Readings

'This beautifully written book had me laughing, crying and at the end, utterly transformed. It has changed my perspective on ageing and inspired me to live and think about it in a completely different way. Adored it!' Myf Warhurst on *A Wisdom of Age*

'ABC presenter Jacinta Parsons is by turns poetic, angry, and circumspectly detached in delivering an intriguing, often moving, collective portrait. A rumination on the female condition and ageing through the generations and beyond ... there is an epic quality to the book. This is distinctive and resonant.' *Sydney Morning Herald* on *A Question of Age*

'A life-affirming and necessary read, Jacinta Parsons' illumination of womankind devours our female silence and complicity. I was equal parts proud and appalled, validated and illuminated – this book gets personal and goes deep into our collective female experience, I could not look away. Confronting, nurturing, heartbreaking and uplifting, all at once.' Mimi Kwa on *A Question of Age*

'Furious, lyrical, tender and ultimately inspiring, this is a book that should be read by all women, whatever their age.' Monica Dux on *A Question of Age*



April 2027

ISBN: 9780733344510

\$35.99

288 pages

234 mm x 153 mm

Imprint: ABC Non-Fiction

Rights: World, all languages

Jacinta Parsons is a broadcaster, radio maker, writer, and public speaker. She currently co-hosts *The Friday Revue* with Brian Nankervis on ABC Melbourne. She has written a memoir, *Unseen* (Affirm Press 2020) and *A Question of Age* (Harper Collins/ABC Books 2022). She is a sought-after public speaker and facilitator with over 15 years of hosting live events. Jacinta has lived with Crohn's disease for over 20 years and is an ambassador for the Crohn's and Colitis Association and speaks and writes about the impact of living with chronic illness.

THE UNEXPECTED GIFT OF MENOPAUSE

Dr Jennifer Hacker Pearson

This ground-breaking neuroscience-meets-self-help book teaches women how to actively train their naturally changing perimenopausal brain to thrive through midlife – and beyond.

The market is awash with menopause books, but *The Unexpected Gift of Menopause* has two big points of difference: neuroplasticity and the author.

It's a positive spin on ageing/menopause. Jennifer argues that your brain rewires itself during menopause and that you can direct who you become in the process, so going through menopause is actually an opportunity.

Jennifer is a PhD neuroscientist and psychotherapist and she's perimenopausal herself. She writes in a relatable way, and while she doesn't have huge reach she's very promotable.

KEY POINTS

- For peri and menopausal women looking for a positive approach
- Dr Jen is an active women's health advocate, speaking out against the lack of support women find in perimenopause

PRAISE FOR PREVIOUS WORK

'I loved this book so much that I am telling all expectant parents about it. It is the best book I read while pregnant; I found it fully prepared me for the birth and somewhat challenging time after I had my little girl. I don't think my birth experience would have been so amazing if I hadn't read this book – I felt very prepared and empowered.' Maddi M on *I Wish Someone Had Told Me...*

'Life changing! This book should be mandatory reading for all expectant mothers. 5 STARS.' Kate M on *I Wish Someone Had Told Me...*

'Throughout it all is a complete lack of judgement and a lot of humour, just what new mothers need. There is no other book like this for expectant mothers and it should be prescribed reading everywhere. I will be recommending it to anyone who tells me they are expecting.' Julie S on *I Wish Someone Had Told Me...*



March 2027

ISBN: 9781460769461

\$35.99

272 pages

234 mm x 153 mm

Imprint: Harper Non-Fiction

Rights: World, all languages

Dr Jennifer Hacker Pearson

holds a PhD in Medicine (Neuroscience and Pharmacology) from the University of Sydney and a postgraduate degree in Psychotherapy. She is an international speaker and consultant, accredited meditation teacher, and author of *I Wish Someone Had Told Me...*

During Dr Jen's time in medical research, she investigated neuroplasticity – the ability of the brain to change itself to adapt. Her work has been published in high-ranking peer-reviewed journals including top neuroscience journal *Nature Neuroscience*.

EVERYDAY EASE: 365 NUDGES TOWARDS AN ORGANISED HOME LIFE

Mia Northrop

What if creating a calmer, more streamlined home life didn't require grand resolutions, marathon decluttering weekends, or drastic life overhauls – but instead, could be achieved through simple, consistent nudges each day?

Everyday Ease: 365 Nudges Towards an Organised Home Life is a practical, empowering daily guidebook for young adults, busy professionals, parents and pre-retirees who are feeling overwhelmed by household chaos and personal administration. Structured into four intuitive sections – Time, Systems, Money, and Self – it offers readers actionable prompts designed to foster clarity, order and peace of mind, one day at a time. Drawing inspiration from the timeless wisdom of *The Daily Stoic*, the behavioural insights of *Atomic Habits*, and the popular life admin strategies of *Life Admin Hacks*, this book uniquely blends daily reflection with real-world action.

Each page-per-day entry features a short quotation to spark thought, a concise commentary to provide context, and a call to action to move readers toward meaningful change in their home and personal lives. Whether a reader seeks to find more time in their day, manage money smarter, strengthen personal boundaries to protect their energy, or tie up life's loose ends, *Everyday Ease* offers immediately accessible support, no matter when they start.

PRAISE FOR PREVIOUS WORK

'This book flips the switch on life admin as we know it and the perpetual expectation on women to do it all.' Tarla Lamberty, editor-in-chief *Women's Agenda*

'My stress levels subsided from the opening page.' Helen McCabe, *Future Women*

'Every home needs a copy.' Bron Maxabella Mandile, *Mumlyfe*

'This book is life-changing. Mia and Dinah's practical, wise and clever advice will help you to start important conversations with your partner or children around the day-to-day tasks that have shackled women for centuries.' Tracey Spicer, author and broadcaster



December 2026

ISBN: 9781460769188

\$34.99

320 pages

234 mm x 153 mm

Imprint: Harper Non-Fiction

Rights: World, all languages

Mia Northrop is a researcher, cofounder of life admin education consultancy Time & Grace, and facilitator of The Art of Adulting online community.

She is coauthor of *Life Admin Hacks*, which is the Amazon #1 Bestseller in Business Time Management, was a 2022 finalist in the Australian Business Book Awards, and has sold more than 22,600 copies.

She was co-host of the number one ranking Australian how-to podcast *Life Admin Life Hacks*, which has had over 150,000 downloads from 100 episodes, where she's interviewed some of the world's leading authorities and fresh voices on time management, the mental load, productivity, personal finance and personal organisation.

BUCKETS OF HOPE

Abang Anade Othow

***The Resilience Project* meets *The Happiest Man on Earth* in this inspiring memoir of hope and perseverance.**

Abang Anade Othow is a South Sudanese refugee who was forcibly separated from her family at the age of five and against all odds managed to survive civil wars in Sudan and then Ethiopia where she fled. Central to her survival was a visualisation method she created, which she calls 'Buckets of Hope', whereby she sorted her emotions into imaginary colourful buckets that helped her understand, express, and transform her inner world.

To help my mind survive, I started creating buckets in my head—mental containers that represented the essential parts of life. Red was danger. Yellow was beauty and joy. Green was growth, gratitude and helping others, and black was resilience and strength.

This method, born of necessity, grew into a philosophy.

In a world where war stripped away certainty, I needed a way to hold onto myself, to make sense of the chaos. Buckets of Hope was a survival instinct, a tool forged in the fires of displacement and loss.

The book is part memoir, part personal development. It covers Abang's brutal childhood and her escape to Australia where she became a model after being spotted by a scout. Now she is a teacher, mother, advocate and keynote speaker – and the most delightful person you could possibly meet. Through Abang's journey, readers will come to understand that even in the harshest of times, 'hope can be built one bucket at a time'.

KEY POINTS

- For readers of *The Happiest Man on Earth* by Eddie Jaku, *The Happiest Refugee* by Anh Do, *Think Like a Monk* by Jay Shetty and *The Resilience Project* by Hugh van Cuylenburg
- Abang Anade Othow is an educator, speaker, and pragmatist who is passionate about using her experience and 'Buckets of Hope' initiative to help others become initiators of change rather than victims of circumstance
- Her website is: www.bucketsofhope.com.au



September 2026

ISBN: 9780733344411

\$35.99

320 pages

234 mm x 153 mm

Imprint: ABC Non-Fiction

Rights: World, all languages

Abang Anade Othow is an internationally recognised educator, speaker, writer and leader whose work blends storytelling, education, psychology, and social impact. She is the visionary founder of Buckets of Hope, a transformative visual and emotional wellbeing framework that uses colour, storytelling and mindfulness to help individuals and communities rise from survival to thriving. She serves as Deputy Chair of the Asylum Seekers Centre. A survivor of civil wars, who rebuilt her life through education and resilience, Abang now works with communities, corporations and schools to cultivate emotional literacy, courage and collective wellbeing.

BETTER NEVER STOPS

Paul Wood**21 days to change your life ...**

Paul Wood drifted into drugs and petty crime as a teenager. At 18, during a drug-fuelled confrontation, he killed a man who had supplied him with methamphetamine. He was convicted of murder and sentenced to life in prison.

Wood eventually made the decision to rebuild himself. He began studying, confronting his behaviour, and taking responsibility for his actions. He completed a bachelor's degree inside, then a master's degree, and ultimately earned a PhD while still incarcerated.

When he was released from prison 11 years after his sentence, he describes the journey as an escape not just from prison walls but from fear, ego, addiction, and the belief that he was powerless over his circumstances.

Today, Paul Wood is a psychologist, author, and sought-after speaker, helping individuals and organisations develop resilience, accountability, and mental toughness, using his own life as proof that radical change is possible.

Better Never Stops explains the evolutionary origins and neuroscience behind our human desire to strive for continual improvement, and how to harness this drive in just 21 days for positive change in our lives.

How do we escape the Gilded Cage in a world with 24/7 access to super-stimulants? What can the CIA and FBI teach us about relationships and how do we apply that to our own lives? How do we live the Prayer of Serenity and embrace criticism? How do we improve our discipline and tenacity? How do we embrace a gold-medal mentality? How do we live our values consistently?

Once you get a handle on some of these concepts and questions, you can, truly, live your best life.

PRAISE FOR PREVIOUS WORK

'It is the sort of book that you buy then read, then after some time has passed read a second time, then a third – each time taking different things from it, based on where your life journey is up to at the time of reading. I fully expect to return to this book again for this exact reason.' *Kete Books*



August 2026

ISBN: 9781775542971

\$36.99

272 pages

234 mm x 153 mm

Imprint: Harper NZ Non-Fiction

Rights: World, all languages

Paul Wood is a Doctor of Psychology, motivational speaker, leadership and development specialist, media personality, husband and father. His area of expertise is in helping people pursue their potential while developing the mental toughness and resilience necessary to flourish through adversity. At 18 Paul was in prison and his life was completely off the rails. Paul uses his journey from delinquent to doctor to illustrate the process of transformational change and how we can strive to be the best version of ourselves possible.

YOUR TIME IS NOW

Suzanne Paul

An inspiring guide to overcoming adversity, turning inaction into action, becoming resilient and taking charge of your own destiny from a Kiwi icon.

Suzanne Paul is one of New Zealand's most cherished personalities, known for her unwavering positivity. Over the last twenty years in her work as a motivational speaker she has taught people around the country how to overcome setbacks and take charge of their future.

Through her own extraordinary path in life, Suzanne has collected tips and tricks she uses every day to help her achieve her goals. Sharing them in this book, these are the pep talks that bolstered her through turbulent highs and lows in business, marriage, family, friendship and mental health, and the lessons she's learned along the way.

Suzanne has a hard-won message for everybody who has ever doubted themselves; who has thought it's too late to pursue a dream; who has faced or feared failure: Your time is now. You can do it.

Featuring a bonus chapter on How to Sell Anything, Anywhere!

KEY POINTS

- Hilarious, clever personality with huge charisma
- For every woman out there who has ever doubted herself, thought it's too late, or faced failure – these are pep talks and stories from Suzanne's own life to sparkle, shine and succeed!

PRAISE FOR PREVIOUS WORK

'The story of Suzanne Paul's triumph over adversity to become a multi-millionaire businesswoman and popular television presenter followed by her more recent financial difficulties has been reported many times. But it was the lesser known tales in her new book *But Wait, There's More* that had me laughing out loud and even moved to tears.' Jo Bailey

'Scattered with pages of motivational know-how, she shows the hard work behind her success, which she expects more of in the future. A lightweight but heartfelt book, no doubt its author will keep on surprising.' *Otago Daily Times*



November 2026

ISBN: 9781775543190

\$35.99

272 pages

234 mm x 153 mm

Imprint: Harper NZ Non-Fiction

Rights: World, all languages

Suzanne Paul is an English-born New Zealand television personality, who gained fame for marketing Natural Glow makeup and appearing on various infomercials since the 1990s, affectionately nicknamed the 'infomercial queen'. Paul has also made appearances in numerous television shows both as a presenter and a guest, including as the winner of the New Zealand version of *Dancing with the Stars* in 2007.

21 DAYS TO A LESS ANXIOUS YOU

Anna Ferguson

Have you ever felt powerless against the tide of overwhelming emotions?

What if there was a technique, backed by science, that could help you regain control by guiding your nervous system back to a state of safety and balance? Anna Ferguson invites readers to reframe their understanding of their body's sensations, revealing that these feelings aren't signs of dysfunction, but evidence of your nervous system doing exactly what it's designed to do – trying to help you.

This empowering book takes you on a 21-day journey, introducing simple yet powerful practices to calm your nervous system and reduce stress.

With easy-to-follow exercises, scientific explanations, and real-life success stories from her clients, Ferguson equips readers with tools to build lasting resilience and inner peace.

If you're ready to transform your relationship with anxiety and find a path to greater ease, this book is your key.

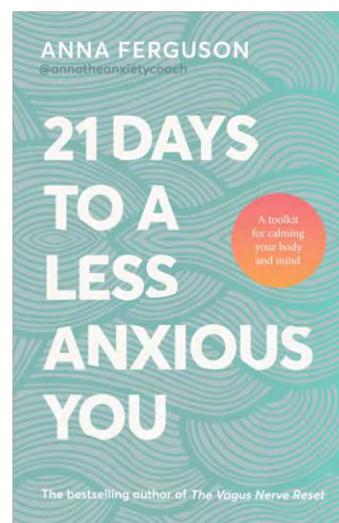
KEY POINTS

- A vibrant community of over 340k followers
- Unlike one-size-fits-all methods, the book offers a personalised journey with adaptable exercises that allow readers to tailor techniques to their specific needs, ensuring that everyone can find the right path to reducing anxiety
- The book seamlessly integrates mental, emotional, and physical wellness practices, promoting a comprehensive approach to mental health that addresses anxiety not just from a psychological standpoint but as a whole-body experience
- Rights to *The Vagus Nerve Reset* were licensed globally (list available on request)

PRAISE FOR PREVIOUS WORK

'Anna's book holds the key to overcoming anxiety.' Chloe Brotheridge, author of *The Anxiety Solution*

'A must read for anyone who needs some clarity on navigating life in a healthier healed way.' Helen Marie, psychotherapist and clinical trauma practitioner



March 2026

ISBN: 9780733344190

\$35.99

304 pages

234 mm x 153 mm

Imprint: ABC Adult

Rights: World, all languages

Rights licensed: English language, North America, Ukrainian, Dutch, Arabic

Anna Ferguson is a leading Australian mental health expert and anxiety therapist, and the bestselling author of *The Vagus Nerve Reset*. She has built an engaged community of 340k followers on Instagram, sharing practical, holistic mind-body tools and breaking down barriers and stigma around mental health. Through her work as a counsellor, speaker and author, she provides valuable resources for those who struggle with anxiety, and is striving to change the conversation around mental health.

WHEN LEARNING IS HARD: A PARENT'S GUIDE

Alexis Frydenberg & Deirdre Brandner

Right now, more children than ever are struggling with learning, and many parents are left overwhelmed, unsure where to turn, and often waiting months (or years) for answers.

In Australia, around 10-15% of school-aged children experience learning difficulties, and approximately 5% are diagnosed with specific learning disorders such as dyslexia. Despite these numbers, families face long waitlists for support, inconsistent advice, and a flood of information that is often confusing, expensive, or simply out of reach.

This book fills that gap.

Co-authored by a paediatrician and a psychologist, *When Learning is Hard: A Parent's Guide* offers a clear roadmap for families navigating their child's learning difficulties, from recognising the signs, through to diagnosis, support strategies, and next steps at home and school. Whether a child has a diagnosed learning difficulty or is simply falling behind, this book helps parents take the next step with clarity and confidence.

KEY POINTS

- For parents who are desperate for answers, but don't know where to turn, parents who want to do their very best for their children and for educators.
- Evidence-based, written by experts in the field – and sorely needed!



January 2027

ISBN: 9780733344503

\$35.99

272 pages

234 mm x 153 mm

Imprint: ABC Books

Rights: World, all languages

Dr Lexi Frydenberg is a respected General and Developmental Paediatrician and educator with over 25 years of clinical experience at The Royal Children's Hospital, Melbourne.

Website: drlexi.com.au

Instagram: @drlexifry

LinkedIn: [linkedin.com/in/lexi-frydenberg-69b66b52](https://www.linkedin.com/in/lexi-frydenberg-69b66b52)

Deirdre Brandner is a registered Child and Adolescent Psychologist and former teacher with more than 30 years' experience supporting children in both clinical and school settings.

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@deidrebrandnerpsychology

LinkedIn: [linkedin.com/in/deidre-brandner-psychology](https://www.linkedin.com/in/deidre-brandner-psychology)

LET'S SLEEP: THE FIRST YEAR

Jazz Kostov

Practical strategies and evidence-based tips for sleeping well in the first year with your baby.

There is a *lot* of conflicting advice about baby sleep and a *lot* of strong opinions about what is the 'right way' to navigate it, so it's only natural to feel overwhelmed and a little anxious about your baby's sleep.

Let's Sleep: The First Year is full of evidence-based and judgement-free advice, giving you all the tools and strategies you need to navigate your baby's sleep with confidence from birth to one.

Written by mum, midwife, nurse and sleep consultant Jazz Kostov, it empowers parents with the knowledge to overcome sleep deprivation, navigate sleep regressions, establish routines and feel confident in a matter of weeks.

PRAISE

'This book is a revelation. Jazz does not 'tell' you what to do, but helps you to find the techniques that will suit your family best. I will be recommending this book for every one of my patients (and the new grandparents!). I wish I had this resource when I had my own children!' Dr Amber Moore, Obstetrician

'Sleep in the first year of life can feel like a mystery – just when you think you have it figured out, everything changes again. Whether you're seeking reassurance, practical strategies, or simply a moment of clarity in the fog of exhaustion, this book is here to support you – every step of the way.' Dr Lexi Frydenberg, Paediatrician

'I have been reading the *Let's Sleep* book and it's every bit as practical and reassuring as the consult, basically like having a sleep coach in your pocket. If you're feeling exhausted, unsure, or just need someone to tell you what's normal and what's not – this is your sign. Get the support. Read the book.' Lauren Treweek, Mum of three, Co-host of *Ready or Not Pod*

'Jazz is an absolute expert when it comes to baby sleep. She's supported my family to navigate baby sleep twice now and her new book includes all the knowledge, routines and advice a parent could possibly need. It also looks incredible – making it a perfect gift for new or expecting parents.' Caitlin Munyard, Mum of two



July 2026

ISBN: 9781460769867

\$45.00

328 pages

215 mm x 165 mm

Imprint: Harper Non-Fiction

Rights: World, all languages

Jazz Kostov is a midwife, nurse and sleep consultant with a background in Maternal and Child Health Nursing. As a mother of two, she understands the challenges of infant sleep and has helped hundreds of families create sustainable sleep habits. Jazz empowers parents with the knowledge and confidence to support their baby's sleep, always with a family focused approach.

NEW NON-FICTION

PARENTING

BOYS

Dr Justin Coulson

This is a playbook for building strong young men from the inside out.

He's disappearing. Behind the closed door, lost in screens, making choices that keep you up at night. He's navigating a world designed to confuse him – algorithms designed to addict him – a world parents don't understand and can't break into. The headlines scream crisis. They warn us that boys are in deep trouble ... and it's getting worse.

But it doesn't have to be like this.

Dr Justin Coulson has a different story to tell. In *Boys*, Justin Coulson reveals what decades of research suggests: when boys get what they actually need, they thrive. Not through force or fixing, but through connection, meaningful challenge, and someone who refuses to give up on them.

This book hands you the 'Playbook'. It cuts through the noise with practical, research-backed strategies for the battles you're fighting right now. Gaming. Pornography. Self-control. Friendships. School motivation. How to discipline without destroying trust. How to stay close when he's pushing away.

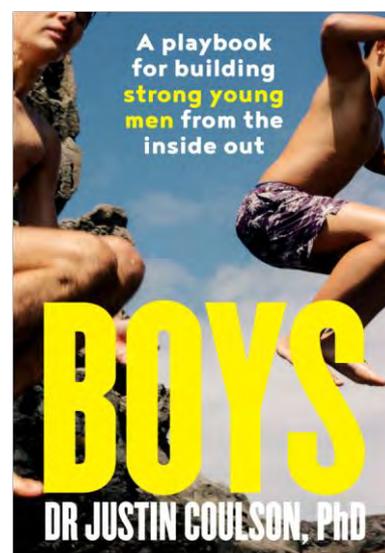
But beneath the tactics lies something more powerful: a vision of masculinity worth fighting for. Boys who help others feel safer and stronger. Who create surplus value. Who become not just good men, but the best version of themselves.

OTHER TITLES

Dr Coulson's previous works include *10 Things Every Parent Needs to Know*, *Miss-Connection*, *The Parenting Revolution*, *21 Days to a Happier Family* and *9 Ways to a Resilient Child*

PRAISE FOR PREVIOUS WORK

'Dr Coulson is a father of six. In my book that means he hasn't seen anything that my 2.5 year old is currently throwing my way. He gets it. And you can tell he gets it. I found myself nodding along at so many points throughout the book, relieved that I'm not the only parent experiencing a particular issue. He knows his stuff, from his personal experience, his studies and the many families he has worked with. The advice in the book is practical, based on scenarios that families so often find themselves in.' *Kid Magazine* on *21 Days to a Happier Family*



June 2026

ISBN: 9780733342523

\$36.99

304 pages

234 mm x 153 mm

Imprint: ABC Adult

Rights: World, all languages

Dr Justin Coulson is the co-host of the popular TV program *Parental Guidance*, and Australia's top ranked parenting podcast, *The Happy Families Podcast*. He is author of five other family and parenting books and his viral video about raising children has been viewed over 80 million times. Justin is a regular contributor to the *Today* show and other major Australian media outlets. He and his wife, Kylie, have been married since the late 1990s and are the parents of six daughters.

HOW TO RUIN A CHILD

Richard Glover

A journey into the alarming, hilarious and ever-changing advice given to Australian parents.

Behind every generation of Australian mothers and fathers in the last more than a hundred years, stood an army of advisors - magazine columnists, expert authors, nurses, priests, and government agencies. Most of those experts were very certain about their own rules. Any deviation would produce a dire result: you'd ruin a child.

Yet, over time, the advice kept changing. Each generation was told that the last generation had it all wrong. How peculiar that most of the experts did not have children of their own.

And, for the current generation of parents, history offers a consolation. When relatives, and other critics, tell young parents that they are 'doing it all wrong', and that different (usually stricter) methods would make everything go smoothly, the experience of Australian parents over time is wonderfully reassuring. Parenting is tough, however you do it, and the outcome, however you do it, is usually a perfectly fine human.

KEY POINTS

- Award-winning, bestseller author
- Richard focuses on advice given to Australian parents, but readers around the world will nod their heads with recognition, shake them with horror, and laugh

PRAISE FOR PREVIOUS WORK

'*The Land Before Avocado* will make you laugh and cry, be angry and inspired. And leave you wondering how bizarre things were, not so long ago. Most of all it will make you realise how far we've come - and how much further we can go.' *Australian Arts Review*

'I wish I could think, hope, laugh, dream and, indeed, write like Richard Glover. And I wish every Australian could read this book. A soaring tribute to the power of wishful thinking.' Trent Dalton, *Boy Swallows Universe of Best Wishes*

'Charming, funny and sincere, this is yet another winning book from the only Boomer worth listening to. A triumph!' Tom Ballard, comedian of *Best Wishes*



October 2026

ISBN: 9780733344435

\$35.99

320 pages

234 mm x 153 mm

Imprint: Harper Non-Fiction

Rights: World, all languages

Richard Glover's bestselling books include *Love, Clancy, The Land Before Avocado, Flesh Wounds* and *The Mud House*. He writes regularly for the *Sydney Morning Herald* and *The Washington Post* and is a former ABC Radio and television presenter.

BOY FROM BUCHENWALD

Szaja Chaskiel and Warren Fineberg

A gripping story of one Jewish boy's astonishing courage amid the horror of the Nazi invasion of Poland.

Today, as I look back on the events of my childhood, I see how often I was robbed of happiness during those years. But I don't want to carry this feeling to my grave. Instead, I want to think about my triumph over adversity, those times when I was in command of myself and the situation.

Szaja Chaskiel was not yet 13 years old when the Gestapo knocked at the family door and asked his father to choose 10 Jews to hang in retribution for the killing of a Nazi soldier. When Szaja's father refused he was shot in the chest. The family was forced to wait nine awful days before Szaja and his younger sister take their father's body and bury him in the icy ground of the Jewish cemetery.

Not long after, Szaja himself was taken to a labour camp at Poznam, and put to work building roads for the Nazi advance. Desperate with hunger and injury, the teenager escaped, later finding refuge in a Catholic presbytery.

This is the true story of how one Polish Jewish boy courageously evaded the Nazis only to end up in the Jewish ghetto in Lodz, survived transportation to Auschwitz and Buchenwald, endured unspeakable horrors, and finally made a new life in Australia.

It is a story of courage, tragedy, hope and reflection.

KEY POINTS

- For readers of the *Tattooist of Auschwitz* and *The Boy in the Striped Pyjamas*
- It is non-fiction but it reads like fiction – the writing is completely immersive



September 2026

ISBN: 9781460769874

\$35.99

320 pages

234 mm x 153 mm

Imprint: Harper Non-Fiction

Rights: World, all languages

Holocaust survivor **Szaja Chaskiel OAM**. Szaja was born in Wielun, Poland in 1929 and survived imprisonment in the Lodz Ghetto, Auschwitz-Birkenau, and Buchenwald concentration camp, where he was liberated at the age of 15.

Warren Fineberg was Executive Director of the Jewish Holocaust Centre, now the Melbourne Holocaust Museum, where he met with Szaja Chaskiel and other Holocaust survivors and recorded their stories. Warren conducted more than 100 interviews with Szaja, and also drew on other survivors' testimonies, delivered to visitors to the museum, in conversations and interviews.

MY OLD MAN AND ME

Kim Huynh***'I have to live' Dad kept saying to me. And I had to help him.***

More than anything, Thiet knows how to look after his family. This all changes when he has a stroke that leaves him in need of constant care.

Coming to terms with Thiet's increasingly frail body and mind is hard on everyone, especially his son Kim.

As Kim washes, transports, medicates, watches over, and fumes at Thiet, he forges a profound connection with the man who risked everything so they could escape Vietnam and start a new life in Australia.

This beautiful tribute from a son to his father is also a timely reflection on the daily struggles and enduring value of a caring life. In telling his family's extraordinary story, Kim calls for greater recognition of caregivers, not only as a matter of justice, but for all of us to flourish.

My Old Man and Me includes a practical guide, list of resources, and intimate accounts of grit, mishap, and humour that will help carers to look after their loved ones and themselves.

KEY POINTS

- Comes with the endorsement of Carers Canberra and Carers Australia
- This is a book for carers and their families (in Australia alone, there are estimated to be around 3 million unpaid carers), but it's not only informative, it's a moving story of family, of society, and of gratitude



October 2026

ISBN: 9780733344473

\$35.99

304 pages

234 mm x 153 mm

Imprint: ABC Non-Fiction

Rights: World, all languages

Kim Huynh is a writer, broadcaster with the ABC, and a senior lecturer in politics and international relations and Deputy Director of the ANU Humanities Research Centre. His previous books include *Australia's Refugee Politics in the 21st Century* and the co-authored *Children and Global Conflict* and *The Culture Wars*. His biography of his parents *Where the Sea Takes Us* attracted academic and literary acclaim. He is also a carer advocate and member of Carers ACT. In 2024 Kim was commissioned by the federal government to write a Statement from Australia's Carers which represents carers from across the nation and sits atop the National Carer Strategy.

NON-FICTION HIGHLIGHTS

RECENT NON-FICTION HIGHLIGHTS

SELF-HELP AND PERSONAL DEVELOPMENT

LIFE HACKS FROM THE BUDDHA

Dr Tony Fernando

How to be calm and content in a chaotic world.

With fifty practical and easy-to-follow life hacks, this book will make you a calmer, happier and more chilled-out version of yourself.

The Buddha worked out how best to deal with the challenges we face today more than 2000 years ago. His teachings show us that human stress, anxiety and suffering are nothing new.

Life Hacks from the Buddha will help you to quieten your mind, create more peaceful environments to live in, and find the calm and contentment you need to help you function at your very best, which will leave a lasting impression on everyone around you.

KEY POINTS

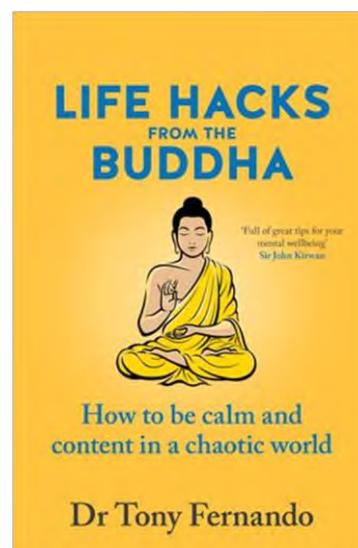
- Jay Shetty meets Oliver Sacks!
- Top 10 bestseller in New Zealand
- This is not a spiritual book; these are time-tested tips to anyone can use to be more resilient and live an easier life
- Rights licensed in seven territories to date

PRAISE

‘Full of great tips for your mental wellbeing.’ Sir John Kirwan

‘Brilliant, relevant, practical. Ancient Eastern wisdom meets modern science.’ Art Green

‘This really is an awesome collection of life hacks to help you feel calm amidst all the calamity. It worked for me.’ Nigel Latta



September 2024

ISBN: 9781775542391

304 pages

234 mm x 153 mm

Imprint: HarperCollins NZ

Rights licensed: English language US, UK and Canada (Harper360), English language, The Philippines, English language, Indian Sub-Continent, Korean, German, Russian, Thai

Tony Fernando is a practising psychiatrist and mindfulness and sleep specialist in Auckland. He obtained his medical degree from the University of the Philippines and his psychiatry and sleep training at the University of Pennsylvania. He has been a senior lecturer and multi-awarded teacher in psychological medicine at the University of Auckland, and has been incorporating the Buddha's teachings into his own life and work as a doctor for the past twenty years. Tony has also been ordained as a Buddhist monk in Myanmar.

RECENT NON-FICTION HIGHLIGHTS

SELF-HELP AND PERSONAL DEVELOPMENT

THE BOOK OF BURNOUT

Bev Aisbett

Bestselling anxiety and mental health expert, Bev Aisbett, tackles a growing mental health emergency: burnout. What it is. Why it happens. Who gets it. And how to stop it before it stops you!

Burnout happens when we take on too much, when we think we can do the impossible, at the cost of our wellbeing, our health and even our quality of life. Although the term is often casually tossed about, burnout is no joke – it can impact every area of your life and leave you depleted in every way.

After two years of the pandemic and lockdowns, working from home, homeschooling, widespread stress and being on our computers and devices 24/7 and constantly available, the danger of burnout for so many of us is all too real. It can happen to anyone.

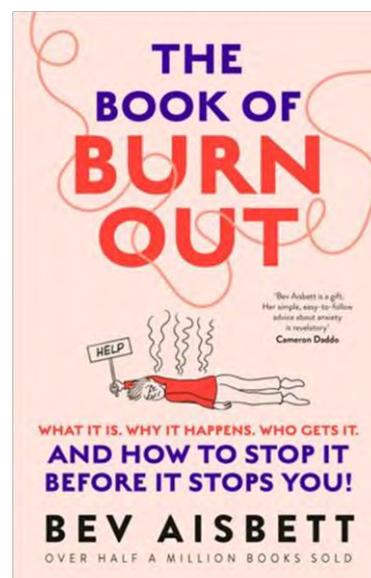
Using humour, straightforward language and her signature illustrations, Bev clearly explains what burnout is, who is at risk, how to recognise the danger signs and, finally, how to step back from the brink, providing insight and techniques to ease burnout and stop yourself going up in smoke.

KEY POINTS

- Bev Aisbett's books have been published in eight languages and sold more than half a million copies worldwide
- Other bestselling books in the series include *Living with IT: A Survivor's Guide to Panic Attacks*, *Taming the Black Dog: A Guide to Overcoming Depression* and *The Book of Burnout*
- Burnout is a growing mental health emergency globally

PRAISE FOR THE AUTHOR

'Bev Aisbett is a gift. Her simple, easy-to-follow advice about anxiety is revelatory' Cameron Daddo, bestselling author



June 2024

ISBN: 9781460764626

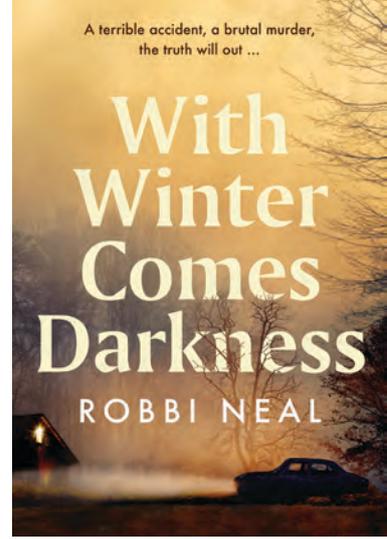
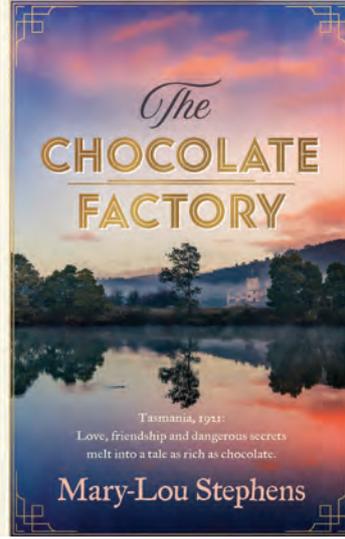
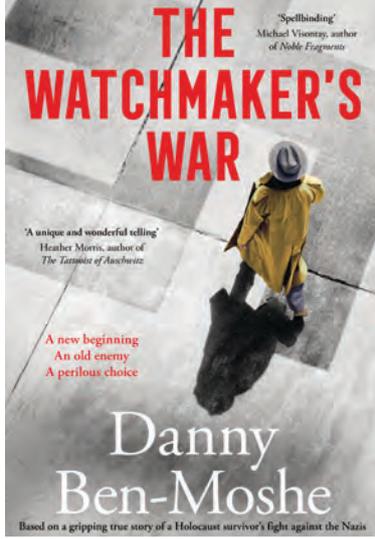
224 pages

210 mm x 135 mm

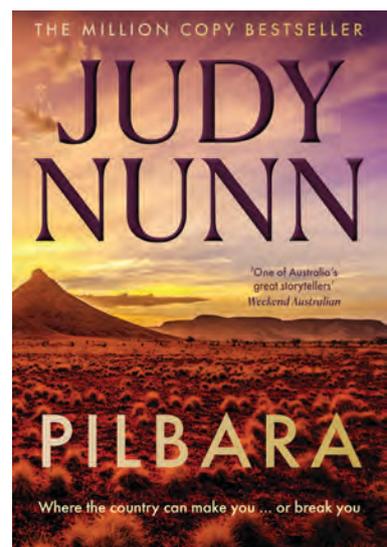
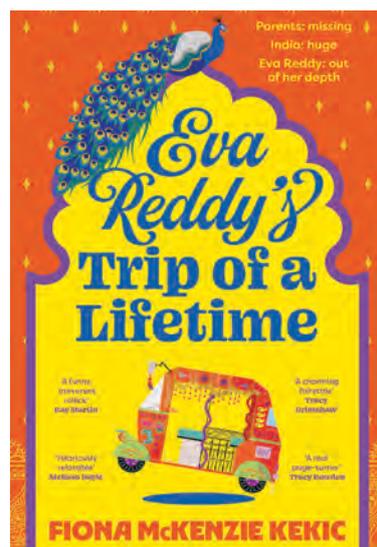
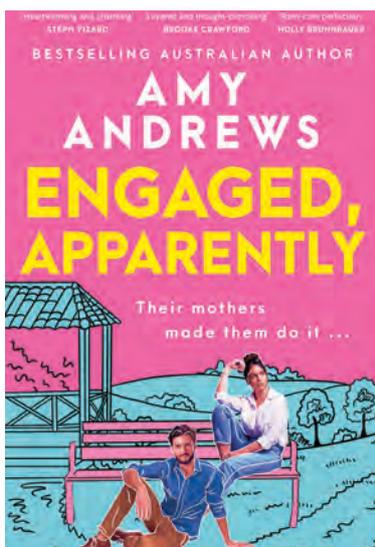
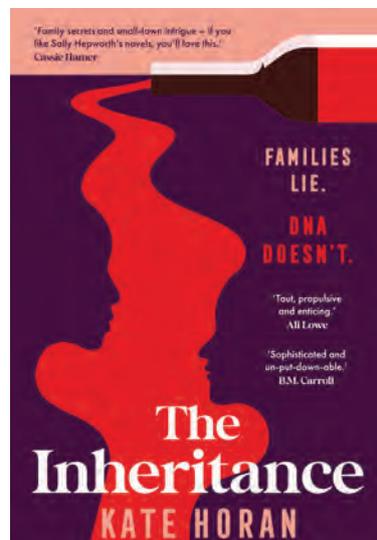
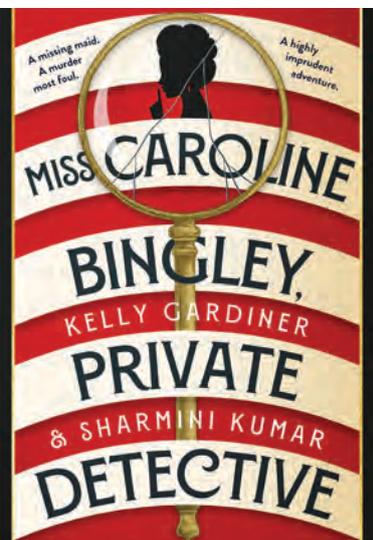
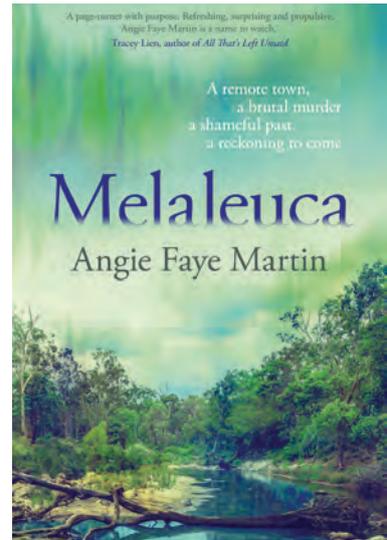
Imprint: Harper Non-Fiction

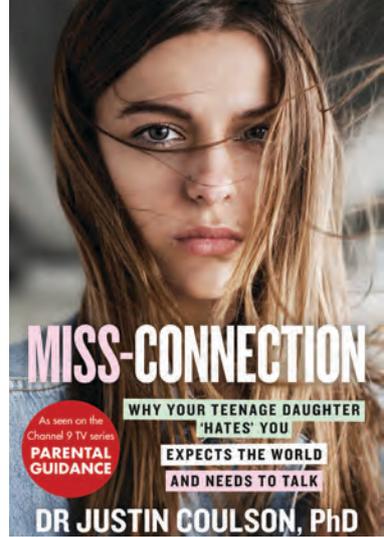
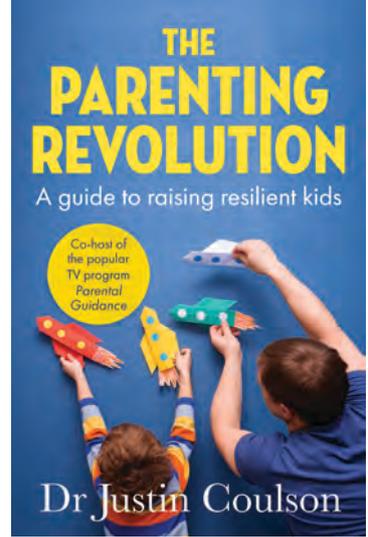
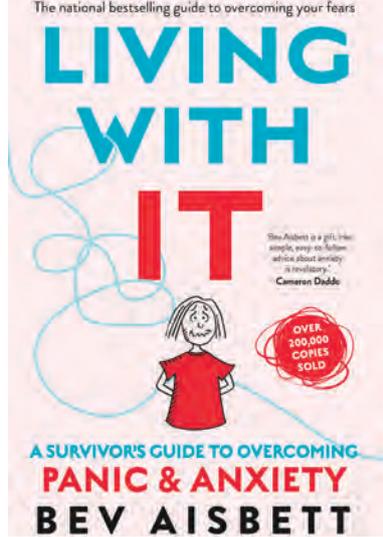
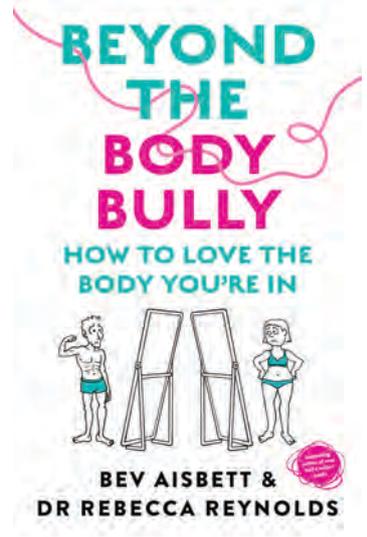
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Bev Aisbett, a trained counsellor, is the author and illustrator of 17 highly regarded self-help books for sufferers of anxiety and depression, most notably the national bestsellers *Living with IT* and *Taming the Black Dog*. These titles are distributed to health professionals nationwide and have been licensed widely internationally.

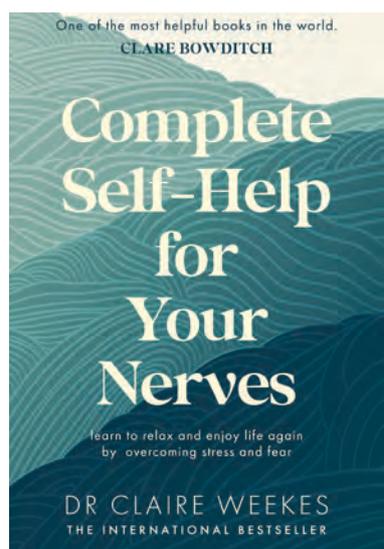
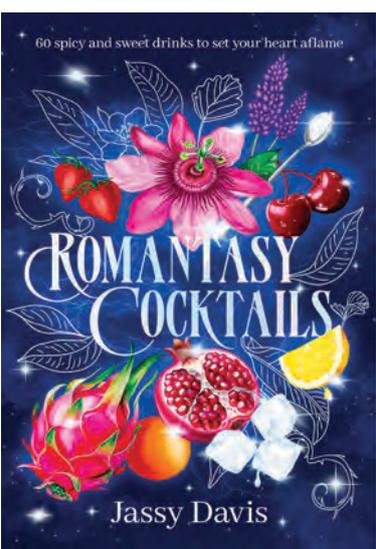
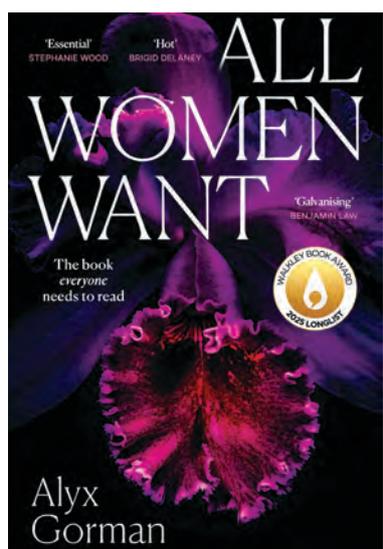
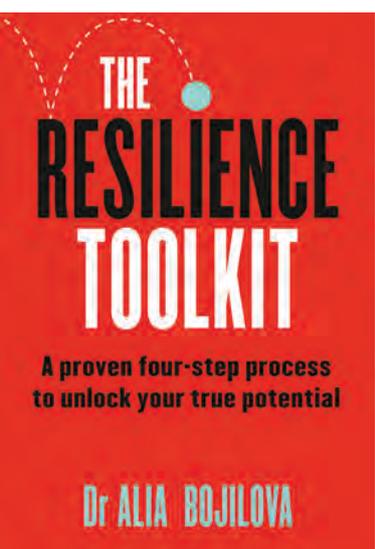
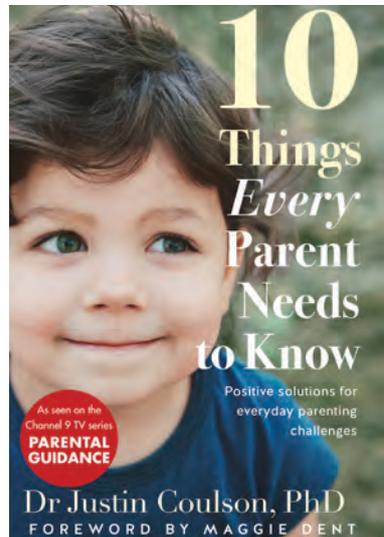
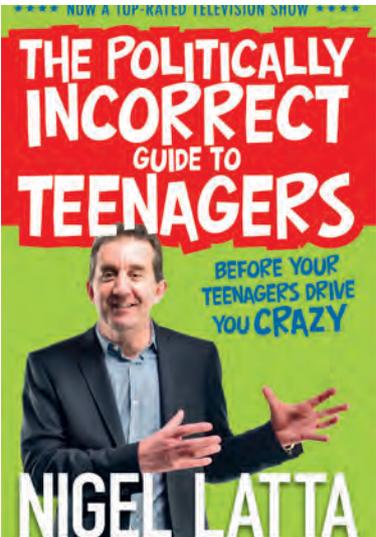
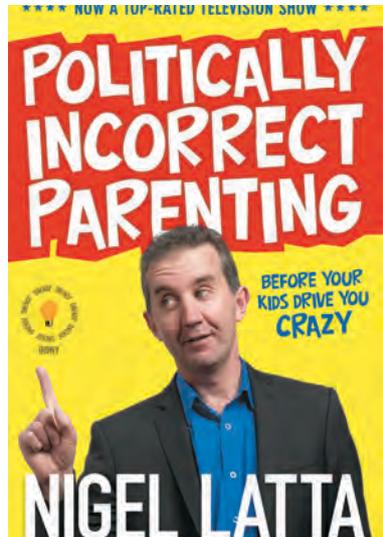
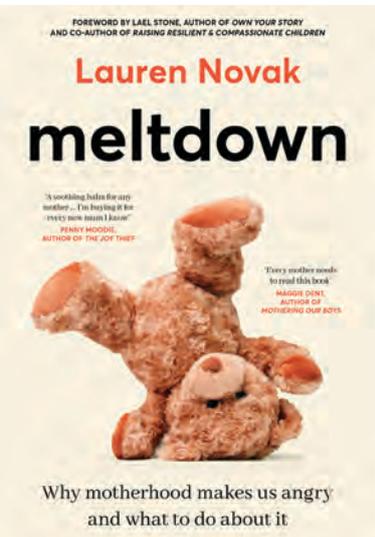
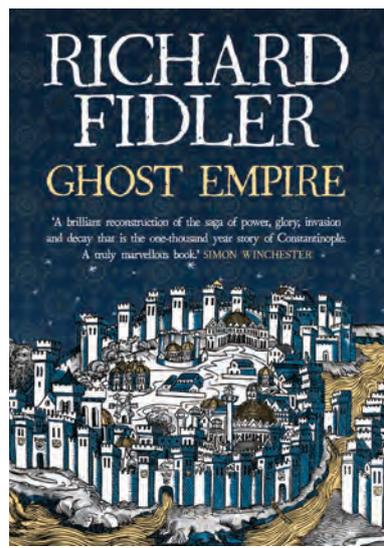


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