

# Chelsea Green Publishing



New and Forthcoming | Spring 2021

# Smoke Hole

Looking to the Wild in the Time of the Spyglass  
Martin Shaw

May 2021, 31,000 words. Black-and-white illustrations throughout  
**World Rights Available**

*“With potent, lyrical language and a profound knowledge of storytelling, Shaw encourages and illuminates the mythic in our own lives. He is a modern-day bard.”—Madeline Miller, author of *Circe* and *The Song of Achilles**

At a time when we are all confronted by not one, but many crossroads in our lives – identity, technology, trust, love, politics and global pandemic, celebrated mythologist and wilderness guide Martin Shaw delivers *Smoke Hole*: three metaphors for the modern world – a commons of imagination. Let us journey together, and these stories be your ally – hold them in your pocket, breathe deeper, feel steadier and become acquainted with rapture.

Assailed by seductive promises and controlled by social media, we are losing our sense of direction. We are losing ourselves. We have networks, not communities.

Through the Smoke Hole, we will find beauty in the wild. Through the Smoke Hole, we will escape the gaze of the Spyglass and find ourselves.

## Praise for Martin Shaw

“I can still remember the first time I heard Martin Shaw tell a story. The tale that emerged was like a living thing, bounding around, throwing itself at us there listening. I had never heard anything like it before.”—**Paul Kingsnorth, Booker Prize shortlisted author of *The Wake***

“Martin Shaw’s work is so very beautiful. A new animal. His love of images is deep and contagious.”—**Coleman Barks, author of *The Essential Rumi***

“Shaw has so much wisdom and knowledge about the old stories, it emanates from his pores.”—**John Densmore, *The Doors***



**Dr. Martin Shaw** is an acclaimed teacher of myth. Author of the award-winning Mythteller trilogy (*A Branch from the Lightning Tree*, *Snowy Tower*, *Scatterlings*), he founded the Oral Tradition and Mythic Life courses at Stanford University, and is director of the Westcountry School of Myth in the UK. Shaw’s most recent books include *The Night Wages*, *Courting the Wild Twin*, *Wolferland* and his Lorca translations, *Courting the Dawn* (with Stephan Harding).



#Nature & Environment  
#Folklore & Mythology



## Peak 40

The New Science of Mid-Life Health for a Leaner,  
Stronger Body and a Sharper Mind

Dr. Marc Bubbs

May 2021, 53,500 words, no art program

**World Rights Available**

Let Dr. Marc Bubbs be your personal trainer in this accessible guide. Create a customized program that works for YOU—from diet, to sleep, type of training and mindset, this book has all the tools you need.

A great resource for parents too, Marc Bubbs is a father of three young children and offers realistic solutions for busy parents.

Dr. Bubbs offers simple, evidence-based and time-efficient strategies to help you reignite your energy and passion. His realistic, grown-up and non-judgemental approach is to explain the effect some food groups and lack of exercise and sleep have on our body. The information presented is easy to digest and he offers advice that can be tailored to your body and personality type. If life has become too sedentary, he provides ways to increase suppleness so that you can start to reintroduce movement into your life without causing pain.

*Peak 40* is for anyone wanting to rediscover the best version of themselves coming into their 40s. Author Dr Marc Bubbs is a performance nutritionist with a portfolio of professional and Olympic athletes – but he is also the dad of three girls, all under 7! Dr. Bubbs is here with you, in the eye of the mid-life storm, and he has created the ultimate book to help you through it.

“[Bubbs] dives into the nutrition and science—where it’s been and where it’s heading.” —**Zack Bitter, world record-holding ultra marathoner, as heard on “The Joe Rogan Experience”**

“Dr. Bubbs’s advice on nutrition, health, and recovery for peak performance has been a game changer!” —**Kevin Pangos, point guard, Barcelona FC Basketball**

#Health & Wellness



**Dr Marc Bubbs** ND, MSc, CISSN, CSCS is a naturopathic doctor, performance nutrition lead for Canada Basketball and performance nutrition consultant for a portfolio of professional and Olympic athletes. Marc is the author of the best-selling book *Peak: The New Science of Athletic Performance That is Revolutionizing Sports*. Marc also hosts *The Performance Nutrition Podcast*, connecting listeners with world-leading experts in human performance and health.



## Wild Nights Out

The Magic of Exploring the Outdoors After Dark

Chris Salisbury

Foreword by Chris Packham, author, naturalist, BBC presenter

June 2021, 64,500 words, Black-and-white Illustrations throughout

**World Rights Available**

**The go-to guide for exploring nature at night, whether on summer holidays, weekends away or even back garden adventures!**

Learn how to call for owls, walk like a fox and expand your sensory perceptions. ***Wild Nights Out*** is a wonderful new hands-on guide for those who wish to take kids (of all ages) outdoors for fun, thrilling nighttime nature adventures.

Parents, grandparents, teachers and nature educators alike will discover a wealth of unique activities to explore the natural world from dusk till dawn. Alongside games, walks and exercises to expand our senses, storyteller and outdoor educator Chris Salisbury will bring this unexplored nocturnal dimension to life with lore about badgers, bats and minibeasts as well as tales of the constellations and planets to share around the campfire.

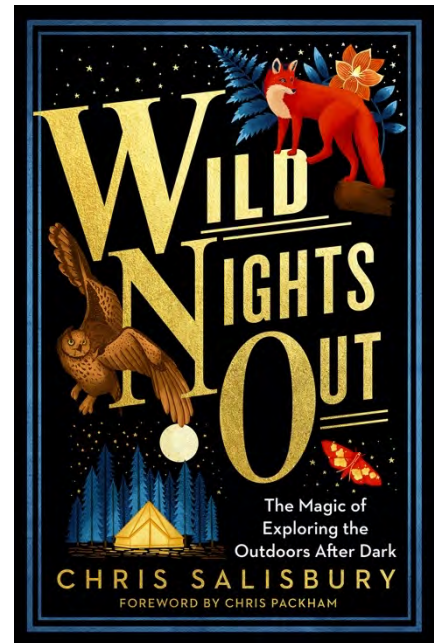
In ***Wild Nights Out*** you can expect to find:

- 25 fun and informative games and activities
- Practical information on how to conduct night walks safely
- Animal facts and stargazing stories
- Beautiful black-and-white illustrations throughout

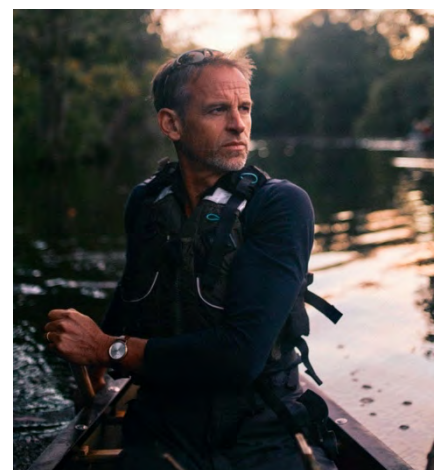
Nature has so much to offer at night, so let ***Wild Nights Out*** be your guide to the dark. It will boost the resilience and self-confidence of children and adults, and instill a lifelong love of having fun in the outdoors when the sun goes down.

*"A fantastic mix of usefulness and imagination, of practical experience and love for the living world."*—Jay Griffiths, author of *Wild: An Elemental Journey*

*"So inspiring! More than anything else, it encourages us to cross a threshold into a new world and go on a nocturnal ramble to look and listen for where the wild things are."*—**Simon Reeve, author and broadcaster**



**Chris Salisbury** is a professional storyteller and the co-founder and artistic director for the Westcountry and Oxford Storytelling Festivals. He founded WildWise in 1999 after many years working as an education officer for Devon Wildlife Trust. With a background in the theatre, a training in therapy and a career in environmental education, he uses every creative means at his disposal to encourage people to enjoy and value the natural world.



#Nature & Environment



## DAWN CHORUS

Invite the group to experience the dawn by waking them up half an hour before first light, to hear the tender notes of the first birds. The important

### Equipment required:

Sit mats

Ages: 9 and up

detail here, is to ensure that you are all seated in enough time to be ready to receive the very first song, as that is quite a moment to appreciate. Usually this will be just before we can detect the light changing, so best be in position

20 minutes beforehand. Even though you might get some pushback in making the invitation, I urge you to offer it anyway for those that are willing. Giving your first hour of attention to the changing of the guard is not to be underestimated, either as a solo experience, or shared with others. It's a heightened, rarefied time, and charged with feelings that garner connection and kinship.

Depending where you are, the first singer will vary, but more often than not, it will be the ubiquitous robin, or possibly a wren, dunno, blackbird or song thrush, though I have heard skylarks too. The birds equipped with the largest eyes are the likely candidates, as they can take more advantage of the least amount of light.

What follows is a wonderful confluence of songs as each songbird throws its voice into the feral choir to greet the morning, its peak being about an hour after the earliest bird begins. Identifying the songsters is of course interesting, but it's really not essential if there is no ornithologist to distinguish which bird is which. It's enough to be simply present and paying attention with your ears.



## DEER EARS

This very effective little exercise will amplify the sounds around us, simply by 'growing' the size of our ears. We can then 'reach' further with our hearing to record what our eyes cannot find – especially helpful in the forest where the trees obscure our view.

### Equipment required:

None

Ages: 6 and up

Number of participants:

2-30

Ask the group to cup their hands behind their ears. Demonstrate how to sculpt the hands to avoid gaps in the fingers. Suggest that the group close their eyes as this seems to focus our attention better to capture the sounds.

Tell the group members to orientate themselves to a constant sound, such as the wind in the trees, running water or distant traffic. Tell them to listen with 'deer ears' in place and then drop their hands to listen without. Give them time to switch repeatedly so they can fully appreciate the contrast in volume when they add their deer ears.

Next, ask the group members to turn their backs to the sound they are listening to. They should immediately notice how much less capacity they have to hear the sound. Show them how to place their cupped hands in front of their ears, with the 'cup' facing backwards, to capture and amplify the sound from behind.



## In Search of Mycotopia

Citizen Science, Fungi Fanatics, and the Untapped Potential of Mushrooms

Doug Bierend

March 2021, 115,000 words, no art program

**World Rights Available**

**“The author’s sharp ear for dialogue imbues his word portraits with vivid detail. . . . Mushrooms are having a moment. [A] natural sequel for the many readers who enjoyed Merlin Sheldrake’s *Entangled Life*.” —*Library Journal***

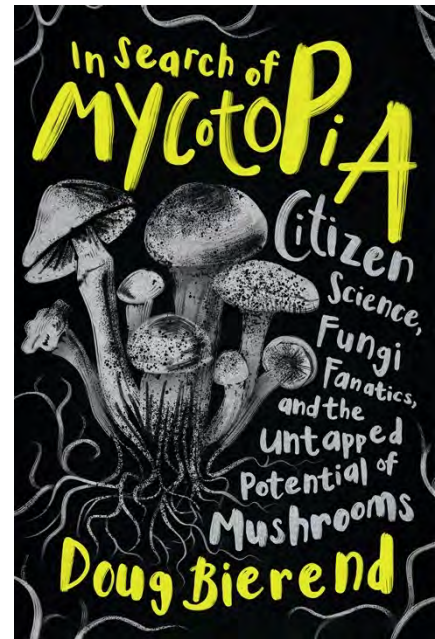
**“Comprehensive and enthusiastic . . . This fascinating, informative look into a unique subculture and the fungi at its center is a real treat.” —*Publishers Weekly***

**“Nothing is impossible if you bring mushrooms into your life, and reading this book is a great way to begin your journey.” —Tradd Cotter, author of *Organic Mushroom Farming and Mycoremediation***

From ecology to fermentation, in pop culture and in medicine—mushrooms are everywhere. With an explorer’s eye, author Doug Bierend guides readers through the weird, wonderful world of fungi and the amazing modern mycological movement.

*In Search of Mycotopia* introduces us to an incredible, essential, and oft-overlooked kingdom of life—fungi—and all the potential it holds for our future, through the work and research being done by an unforgettable community of mushroom-mad citizen scientists and microbe devotees. This entertaining and mind-expanding book will captivate readers who are curious about the hidden worlds and networks that make up our planet.

Bierend uncovers a vanguard of mycologists; growers, independent researchers, ecologists, entrepreneurs, and amateur enthusiasts exploring and advocating for fungi’s capacity to improve and heal. From decontaminating landscapes and waterways to achieving food security, *In Search of Mycotopia* demonstrates how humans can work with fungi to better live with nature—and with one another.



**Doug Bierend** is a freelance journalist writing about science and technology, food, and education, and the various ways they point to a more equitable and sustainable world. His byline appears in *Wired*, *The Atlantic*, *Vice*, *Motherboard*, *The Counter*, *Outside Magazine*, *Civil Eats*, and numerous other publications.



#Nature & Environment #Life Sciences #Society & Culture

## Toxic Legacy

How the Weedkiller Glyphosate Is Destroying Our Health and the Environment

Stephanie Seneff, PhD

June 2021, 84,000 words, no art program

**World Rights Available**

*The Silent Spring* of our time

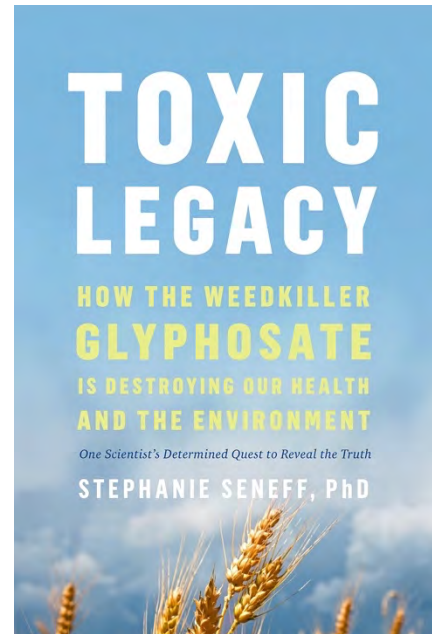
**From an MIT scientist, mounting evidence that the active ingredient in the world's most commonly used weedkiller is responsible for debilitating chronic diseases, including cancer, liver disease, and more**

Glyphosate is the active ingredient in Roundup, the most commonly used weedkiller in the world. Nearly 300 million pounds of glyphosate-based herbicide are sprayed on farms—and food—every year.

Agrichemical companies claim that glyphosate is safe for humans, animals, and the environment. But emerging scientific research on glyphosate's deadly disruption of the gut microbiome, its crippling effect on protein synthesis, and its impact on the body's ability to use and transport sulfur—not to mention several landmark legal cases—tells a very different story.

In *Toxic Legacy*, MIT senior research scientist Stephanie Seneff, PhD presents stunning evidence based on countless published, peer-reviewed studies that glyphosate plays a major role in skyrocketing rates of chronic diseases, including cancer, gut dysbiosis, non-alcoholic fatty liver disease, autism, infertility, and more. Dr. Seneff describes glyphosate's unique mechanism of toxicity that slowly erodes human health over time, as well as its impact on soil, ecosystems, and the nutritional quality of the nation's food supply.

As Rachel Carson did with DDT in the 1960's, Stephanie Seneff sounds the alarm on glyphosate, giving you essential information to protect your health, your family's health, and the planet on which we all depend.



**Stephanie Seneff** is a senior research scientist at MIT's Computer Science and Artificial Intelligence Laboratory. Since 2010, Dr. Seneff's research focus has been the effects of drugs, toxic chemicals, and diet on human health and disease. She has authored over three dozen peer-reviewed journal papers on topics relating human disease to nutritional deficiencies and toxic exposures. She has focused specifically on the herbicide glyphosate and the mineral sulfur.



#Nature & Environment  
#Health & Wellness

## Defending Beef

The Ecological and Nutritional Case for Meat

2<sup>nd</sup> Edition

Nicolette Hahn Niman

July 2021, 102,000 words, no art program

**Finnish Rights Sold**

**“Nicolette Hahn Niman sets out to debunk just about everything you think you know . . . She’s not trying to change your mind; she’s trying to save your world.”—*Los Angeles Times***

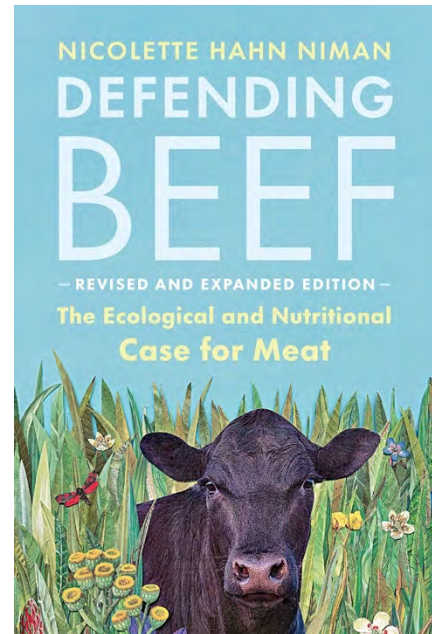
**“Elegant, strongly argued.”—*The Atlantic* (named a “Best Food Book”)**

As the meat industry—from small-scale ranchers and butchers to sprawling slaughterhouse operators—responds to COVID-19, the climate threat, and the rise of plant-based meats, *Defending Beef* delivers a passionate argument for responsible meat production and consumption—in an updated and expanded new edition

For decades it has been nearly universal dogma among environmentalists that many forms of livestock—goats, sheep, and others, but especially cattle—are Public Enemy Number One. They erode soils, pollute air and water, damage riparian areas, and decimate wildlife populations

But is the matter really so clear-cut? Hardly. Environmental lawyer-turned-rancher Nicolette Hahn Niman argues that cattle are not inherently bad for the earth. The impact of grazing can be either negative or positive, depending on how livestock are managed. In fact, with proper oversight, livestock can play an essential role in maintaining grassland ecosystems by performing the same functions as the natural herbivores that once roamed and grazed there.

In this newly revised and updated edition, the author also addresses the explosion in popularity of “fake meat” (both highly processed “plant-based foods” and meat grown from cells in a lab, rather than on the hoof). With more public discussions and media being paid to connections between health and diet, food and climate, and climate and farming—especially cattle farming, *Defending Beef* has never been more timely.



**Nicolette Hahn Niman** served as senior attorney for Waterkeeper Alliance, running their campaign to reform the concentrated production of livestock and poultry. In recent years, she has gained a national reputation as an advocate for sustainable food production and improved farm-animal welfare. She is the author of *Righteous Porkchop* and *Defending Beef*, and has written for numerous publications, including the *New York Times*, *Los Angeles Times*, *HuffPost*, and *The Atlantic* online.



**#Sustainable Agriculture #Food Systems #Nature & Environment**



# The Forager Chef's Book of Flora

Recipes and Techniques for Edible Plants from  
Garden, Field, and Forest

Alan Bergo

June 2021, 80,000 words, full-color images throughout  
**World Rights Available**

**Featuring 180 recipes and over 230 of the author's own beautiful photographs—explore edible plants – from root to flower - with the Forager Chef Alan Bergo as he breaks new culinary ground.**

In *The Forager Chef's Book of Flora* you'll find the exotic to the familiar—from Ramp Leaf Dumplings to Spruce Tip Panna Cotta to Crisp Fiddlehead Pickles—with Chef Bergo's unique blend of easy-to-follow instruction and out-of-this-world inspiration.

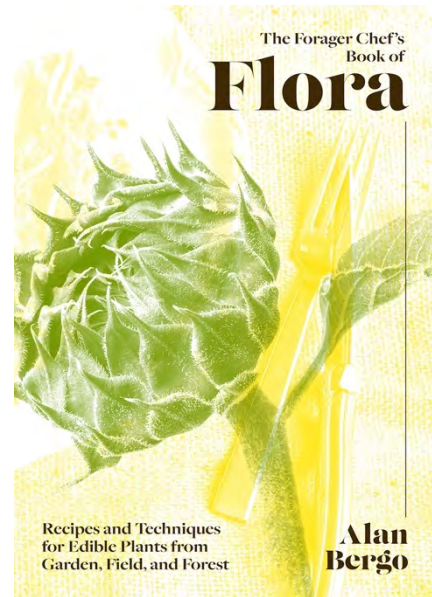
Over the past fifteen years, Minnesota chef Alan Bergo has become one of America's most exciting and resourceful culinary voices, with millions seeking his guidance through his wildly popular website and video tutorials.

Bergo's inventive culinary style is defined by his encyclopedic curiosity, and his abiding, root-to-flower passion for both wild and cultivated plants. Instead of waiting for fall squash to ripen, Bergo eagerly harvests their early shoots, flowers, and young greens—taking a holistic approach to cooking with all parts of the plant, and discovering extraordinary new flavors and textures along the way.

*The Forager Chef's Book of Flora* demonstrates how understanding the different properties and growing phases of roots, stems, leaves, and seeds can inform your preparation of something like the head of an immature sunflower—as well as the lesser-used parts of common vegetables, like broccoli or eggplant. As a society, we've forgotten this type of old-school knowledge, including many brilliant culinary techniques that were borne of thrift and necessity. For our own sake, and that of our planet, it's time we remembered. And in the process, we can unlock new flavors from the abundant landscape around us.

**"Alan Bergo was foraging way before it was trendy."  
—*Outside Magazine***

**#wild foods #foraging #new flavors, familiar ingredients**



Chef **Alan Bergo** is one of America's leading culinary authorities on mushroom hunting and foraging. A veteran of the restaurant industry, he spent nearly two decades as a professional chef specializing in local and wild foods. He's best known for his blogs, recipes, and photography, all featured at his site, [foragerchef.com](http://foragerchef.com)—the web's largest resource on wild-mushroom cookery.







# The Living Soil Handbook

The No-Till Grower's Guide to Ecological Market Gardening

Jesse Frost

July 2021, 88,000 words, full-color photographs & illustrations throughout

**World Rights Available**

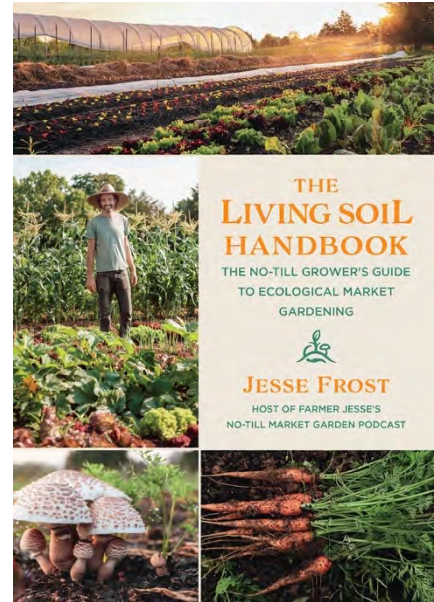
## Principles and farm-tested practices for no-till market gardening—for healthier, more productive soil!

Discovering how to meet the soil's needs is the key task for every market gardener. In this comprehensive guide, Farmer Jesse Frost shares all he has learned through experience and experimentation with no-till practices on his home farm in Kentucky and from interviews and visits with highly successful market gardeners in his role as host of *The No-Till Market Garden Podcast*.

*The Living Soil Handbook* is centered around the three basic principles of no-till market gardening: 1) disturb the soil as little as possible, 2) keep it covered as much as possible, and 3) keep it planted as much as possible. Farmer Jesse then guides readers in applying those principles to their own garden environment, with their own materials, to meet their own goals.

Beginning with an exploration of the importance of photosynthesis to living soil, Jesse provides in-depth information on turning over beds, using compost and mulch, path management, incorporating biology, maintaining fertility, cover cropping, diversifying plantings through intercropping, and production methods for seven major crops. Throughout, the book emphasizes practical information on all the best tools and practices for growers who want to build their livelihood around maximizing the health of their soil.

*The Living Soil Handbook* provides a comprehensive set of options, materials, and field-tested practices to inspire growers to design a soil-nurturing no-till system in their unique garden or farm ecosystem.



**Jesse Frost**, aka Farmer Jesse, is a certified organic market gardener, freelance journalist, and the host of *The No-Till Market Garden Podcast*. He is also a cofounder of [notillgrowers.com](http://notillgrowers.com), where he helps collect the best and latest no-till insights from growers in the United States, Canada, the UK, and Europe.



#Farming & Homesteading

# The Ecological Gardener

How to Create Beauty and Biodiversity from the Soil Up  
Matt Rees-Warren

April 2021, 52,500 words, full-color photographs throughout  
**World Rights Available**

**Design a garden for the future—because what we grow matters.**

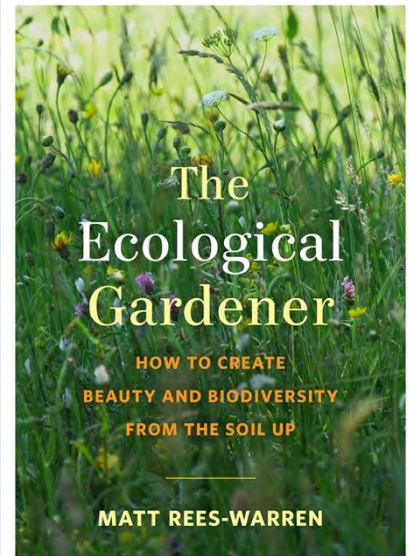
**Transform your garden into a self-sustaining haven for nature and wildlife. Ecological garden designer Matt Rees-Warren shares inspirational design ideas and practical projects to help you create a garden that is both beautiful today and sustainable tomorrow.**

*The Ecological Gardener* will give you the tools to create an abundant, healthy garden from the soil up—a garden that welcomes birds and bees and allows native planting and wild flowers to flourish, with minimal carbon impact or need for fresh water. This book can guide both novice and experienced gardeners alike in their journey to a more ecological approach, and is full of practical projects and information, including:

- Finding the right design for your space
- Creating a wildflower meadow
- Building rainwater catchments and other tips for water conservation
- Making compost from kitchen waste, leaf mold, compost tea and more
- Creating a space for wildlife such as hedgehogs, bees and other pollinators
- Finding beauty in your garden during the winter

Matt will show you how to re-imagine how you garden, working with nature instead of controlling it, to create a space that promotes both wildlife and beauty.

**“Matt Rees-Warren explains why every square inch of Earth, including our gardens, has ecological significance... Excellent, timely, essential!” —Douglas W. Tallamy, author of *Nature’s Best Hope***



**Matt Rees-Warren** is an ecological gardener, designer and writer. During 15 years of life in the “outside”, he’s worked for the National Trust, been head gardener at Kilver Court Gardens, Somerset, and designed gardens for private clients in and around the South West. He is an advocate of organic gardening, permaculture, no-dig gardening and wildlife gardening.



#Gardening



## The Business of Botanicals

Exploring the Healing Promise of Plant Medicines in a Global Industry

Ann Armbrecht

February 2021, 97,500 words, 16-page color insert.

**World Rights Available**

**From tulsi to turmeric, echinacea to elderberry, medicinal herbs are big business—but do they deliver on their healing promise—to those who consume them, those who provide them, and the natural world?**

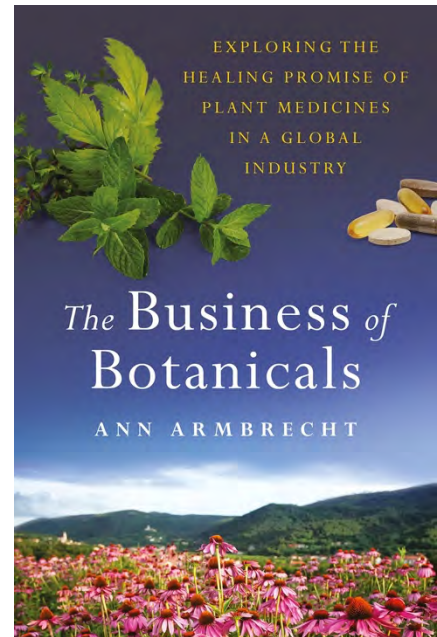
Using herbal medicines to heal the body is an ancient practice, but in the twenty-first century, it is also a worldwide industry. Yet most consumers know very little about where those herbs come from and how they are processed into the many products that fill store shelves. In *The Business of Botanicals*, author Ann Armbrecht follows their journey from seed to shelf, revealing the inner workings of a complicated industry, and raises questions about the ethical and ecological issues of mass production of medicines derived from these healing plants, many of which are imperiled in the wild.

This is the first book to explore the interconnected web of the global herb industry and its many stakeholders, and is an invaluable resource for conscious consumers who want to better understand the social and environmental impacts of the products they buy.

**“An eye-opener. . . [Armbrecht] challenges ideas of what medicine can be, and how business practices can corrupt, and expand, our notions of plant-based healing.”—*The Boston Globe***

**“So deeply honest, sincere, heartfelt, questioning, and brilliant. . . [*The Business of Botanicals*] is an amazing book, that plunges in, and takes a deepening look at those places where people don’t often venture.”—Rosemary Gladstar, author of *Rosemary Gladstar’s Medicinal Herbs***

**“For those who loved *Braiding Sweetgrass*, this book is a perfect opportunity to go deeper into understanding the complex and co-evolutionary journey of plants and people.” —Angela McElwee, former president and CEO of Gaia Herbs**



**Ann Armbrecht** is the director of the Sustainable Herbs Program under the auspices of the American Botanical Council. She is also a writer and anthropologist (PhD, Harvard 1995) whose work explores the relationships between humans and the earth, most recently through her work with plants and plant medicine. She was a 2017 Fulbright-Nehru Scholar documenting the supply chain of medicinal plants in India.



#Health & Wellness #Business & Economy

## Barn Club

A Tale of Forgotten Elm Trees, Traditional Craft, and Community Spirit

Robert J. Somerville

March 2021, 72,000 words, Black-and-white illustrations throughout, 16-page color insert

**World Rights Available**

**Natural history meets traditional hand craft in this celebration of the elm tree and community spirit.**

**Perfect for fans of *Norwegian Wood* and *The Hidden Life of Trees***

*Barn Club* calls on us to discover our landscapes more intimately and to explore the joys of making beautiful things by hand, together.

When renowned craftsman Robert Somerville moved to Hertfordshire, in southern England, he discovered an unexpected landscape rich with wildlife and elm trees. Nestled within London's commuter belt, this wooded farmland inspired Somerville, a lifelong woodworker, to revive the ancient tradition of hand-raising barns.

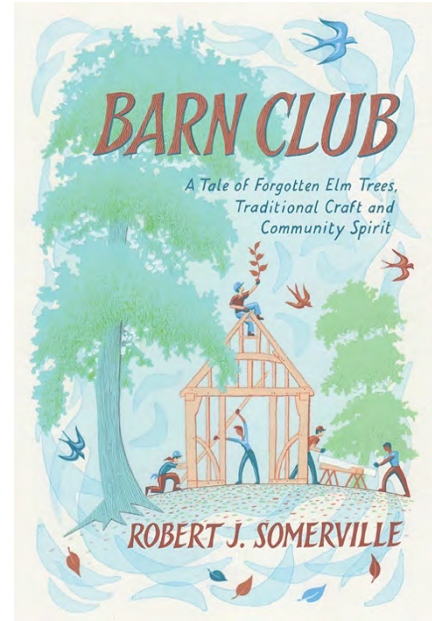
*Barn Club* follows the building of Carley Barn, over the course of one year. Volunteers from all walks of life joined Barn Club, inspired to learn this ancient skill of building elm barns by hand, at its own quiet pace and in the company of others, while using timber from the local woods.

The tale of the elm tree in its landscape is central to *Barn Club*. Its natural history, historic importance, and remarkable survival make for a fascinating story. This is a tale of forgotten trees, a local landscape, and an ancient craft.

This book features 16 pages of color photographs, and black and white line drawings of techniques and traditional timber frame barns feature throughout.

"In today's ego-techno-centred world, Robert Somerville's... 'Barn Club' approach is a way forward that utilizes local traditions, local materials and local hands to create a built environment that is more harmonious with the natural world and of course more beautiful."—**Jack A. Sobon, architect, timber framer, and author of *Hand Hewn***

#Nature & Environment #Craft #Community Resilience



**Robert Somerville** studied engineering and architecture at the University of Cambridge and went on to run a design and building business in Devon, utilizing local wood, stone and earth.

Upon moving to Hertfordshire, Somerville began working with local woodland owners and foresters to source local elm timber and then build and raise timber frames by hand, forming the volunteer group "Barn Club" to teach, practice and celebrate skilled rural craftsmanship.





## Material

Making and the Art of Transformation

Nick Kary

September 2020, 72,500 words, Black-and-white illustrations throughout. **World Rights Available**

**A master craftsperson explores the ways in which working with our hands reveals the essence of both our humanity and our relationship with the natural, material world.**

Personal, engaging, and filled with memorable people, landscapes and scenes, *Material* is a rich celebration of what it means to imagine and create, which in the end is the essence of being human, and native to a place.

“[Kary’s] inquiry goes to the soul of what ‘making’ with our hands is, and how artists entwine physically and emotionally with their materials. An enlightening exploration.”—*Library Journal*

‘A profound and personal delving into the ancient connection between man and matter and our increasingly tenuous relationship with nature. An important book, brimming with insight.’—**Nicholas Evans, author of *The Horse Whisperer***

## Koji Alchemy

Rediscovering the Magic of Mold-Based Fermentation

Rich Shih and Jeremy Umansky

Foreword by Sandor Ellix Katz

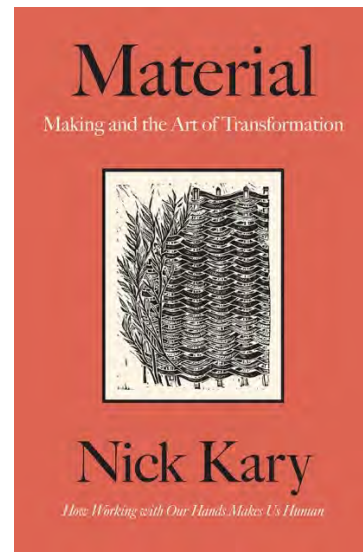
May 2020, 101,500 words, Black-and-white illustrations throughout, color insert. **Spanish, Italian, and Complex Chinese rights sold**

“This book is remarkable.”—David Zilber, co-author of *The Noma Guide to Fermentation*

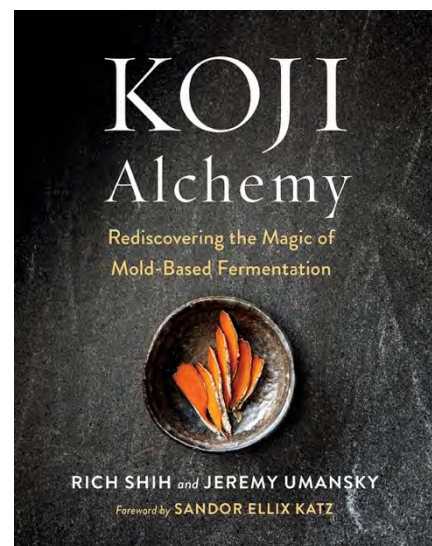
“Next level fermentation fodder”—*The Boston Globe*

For viewers of “Salt Fat Acid Heat,” the first book devoted to processes, concepts, and recipes for fermenting and culturing foods with koji, the microbe behind the delicious, umami flavors of Japanese cuisine

*Koji Alchemy* chefs Jeremy Umansky and Rich Shih—collectively considered to be the most practical, experienced, generous educators on the culinary power of this unique ingredient—deliver a comprehensive look at modern koji use around the world. Using it to rapidly age charcuterie, cheese, and other ferments, they take the magic of koji to the next level, revolutionizing the creation of fermented foods and flavor profiles for both professional and home cooks.



**Nick Kary** has spent a lifetime making, teaching, and writing. Over the past 35 years he has developed his skill set as a craftsman and designer of fine furniture from workshops in London, Mexico and Devon, for clients including Terence Conran, Madonna and Elton John.



**Rich Shih** is one of the leading culinary explorers of koji and miso in the United States and an in-demand food preservation consultant.

**Jeremy Umansky** is a chef/owner of Larder, nominated by the James Beard Foundation as the Best New Restaurant in America in 2019.

## Dancing With Bees

A Journey Back to Nature

Brigit Strawbridge Howard

June 2020, 105,000 words, Black-and-white illustrations throughout.

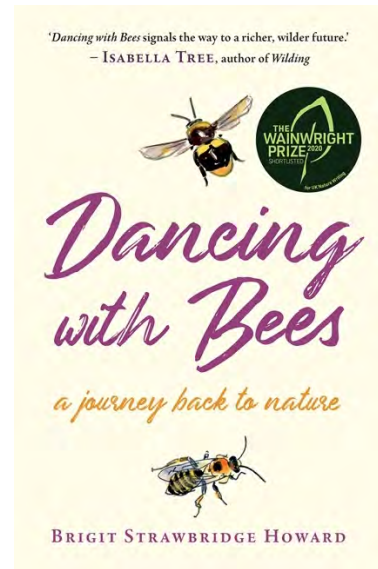
German, Spanish, and Turkish rights sold

SHORTLISTED FOR THE 2020 WAINWRIGHT PRIZE

A naturalist's passionate dive into the lives of bees (of all stripes)—and the natural world in her own backyard

Brigit Strawbridge Howard was shocked the day she realized she knew more about the French Revolution than she did about her native trees. And birds. And wildflowers. And bees. The thought stopped her—quite literally—in her tracks. *Dancing with Bees* is Strawbridge Howard's charming and eloquent account of a return to *noticing*, to reconnecting with the natural world. With special care and attention to the plight of pollinators, Strawbridge Howard shares fascinating details of the lives of flora and fauna that have filled her days with ever-increasing wonder and delight.

"[An] engaging, richly descriptive tale of natural discovery." —  
**Booklist, Starred Review**



**Brigit Strawbridge Howard** is a bee advocate, wildlife gardener and naturalist.

## Bringing Back the Beaver

The Story of One Man's Quest to Rewild Britain's Waterways

Derek Gow

Foreword by Isabella Tree

September 2020, 41,000 words, Black-and-white illustrations throughout. **World Rights Available**

"A treasure" —**Booklist**

In addition to detailing the ups and downs of rewilding beavers, *Bringing Back the Beaver* makes a passionate case as to why the return of one of nature's great problem solvers will be critical as part of a sustainable fix for flooding and future drought, whilst ensuring the creation of essential lifescapes that enable the broadest possible spectrum of wildlife to thrive.

'*Bringing Back the Beaver* ... is a rich and, frankly, fucking funny insight into the human attitudes, systems and bureaucracy that have impeded faster progress to reintroducing this keystone species back into the British landscape. A hugely entertaining book about overcoming the human obstacles to the natural regeneration/nature self-healing we so desperately need on every square inch of the earth right now.'—**Gillian Burke, TV presenter and biologist**



**Derek Gow** is a farmer and nature conservationist. Derek has played a significant role in the reintroduction of the Eurasian beaver, the water vole and the white stork in England. He is currently working on a reintroduction project for the wildcat.



## The Crash of Flight 3804

A Lost Spy, a Daughter's Quest, and the Deadly Politics of the Great Game for Oil

Charlotte Dennett

May 2020, 112,000 words, Black-and-white illustrations throughout. **World Rights Available**

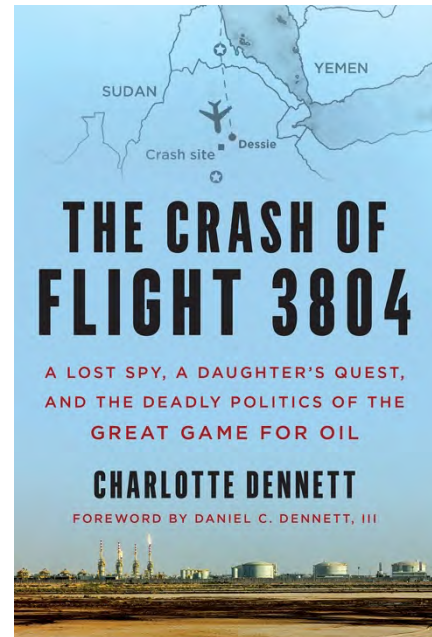
In 1947, Daniel Dennett, America's sole master spy in the Middle East, was dispatched to Saudi Arabia to study the route of the proposed Trans-Arabian Pipeline. It would be his last assignment. A plane carrying him to Ethiopia went down, killing everyone on board. Today, Dennett is recognized by the CIA as a "Fallen Star" and an important figure in US intelligence history. Yet the true cause of his death remains clouded in secrecy.

In *The Crash of Flight 3804*, investigative journalist Charlotte Dennett digs into her father's postwar counterintelligence work, which pitted him against America's wartime allies—the British, French, and Russians—in a covert battle for geopolitical and economic influence in the Middle East. Through stories and maps, she reveals how feverish competition among superpower intelligence networks, military, and Big Oil interests have fueled indiscriminate attacks and targeted killings that continue to this day—from Jamal Khashoggi's murder to drone strikes. The book delivers an irrefutable indictment of these devastating forces and how the brutal violence they incite has shaped the Middle East and birthed an era of endless wars.

*The Crash of Flight 3804* provides important context for understanding the region, while bringing new questions to the fore:

- To what lengths has the United States negotiated with the Taliban, Al Qaeda, and ISIS to secure Big Oil's holdings in Syria, Iraq, and Yemen?
- Was the Pentagon's goal of defeating ISIS a fraudulent pretext for America's occupation of Syrian eastern provinces and a land grab for oil?
- What part does Ukraine play in the energy-dominance struggle between the US and Russia?
- Did the infamous double agent Kim Philby, who worked for the British while secretly spying for the Russians, have anything to do with Dennett's death?
- Why have the US and China made North Africa the next major battleground in the Great Game for Oil?

Part personal pilgrimage, part deft critique, Dennett's insightful reportage examines what happens to international relations when oil wealth hangs in the balance and shines a glaring light on what so many have actually been dying for.



**Charlotte Dennett** is a former Middle East reporter, investigative journalist, and attorney.

"Equal parts Thomas L. Friedman and Tom Clancy, the book is a remarkable achievement whose personalized insights on geopolitics are both gripping and sobering."—**Seven Days**

"The most extraordinary historical account of pipeline politics and the blood-drenched Great Game for Oil ever written. Investigative reporter Charlotte Dennett's tenacious, decades-long quest has resulted in a riveting saga replete with previously hidden details about the powerful characters, countries, and corporations locked in vicious perpetual competition to control the world's oil. No book connects the dots like this one, and with such fascinating clarity. Urgent reading for anyone looking to understand who and what brought us into the War on Terror era and how the groundwork for future wars is being laid."—**Kristina Borjesson, author of Feet to the Fire; creator and cohost of The Whistleblower Newsroom**

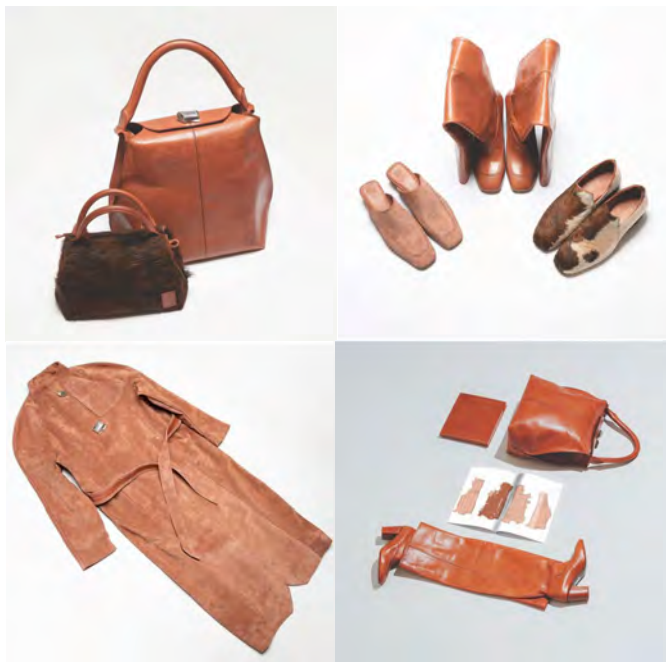
## Coming Soon—Fall 2021 and Beyond

### **The Hunt for the Iron Wolf** Derek Gow

*The Hunt for the Iron Wolf* examines the history and archaeology of the wolf in Britain, their near modern extermination in Brittany, and the interesting stories and science surrounding their extirpation. This provides insights into how Western European attitudes drove wolf extermination in America and Canada. The story then turns to the wolf's recovery from extinction in Europe and the case is made for restoring the wolf in the UK.

### **Bullock 374** Alice Robinson

Alice Robinson is a fashion designer who, through her work, realised that fashion was failing to offer true sustainability and traceability, particularly when it came to leather. *Bullock 374* is the title of Alice's design collection, created in 2019 and made from one bullock. This book is the story of Alice's search to create an ethical and traceable leather supply chain that offers designers and consumers a quality product directly connected to good farming and animal welfare practices – connecting leather back to the land and table. Collection 374 was acquired by the V&A Museum in London for its permanent archives. From farm to slaughter, tannery to butchery and cutting table, this is an eye-opening, provocative investigation into the journey of a bullock from field to fashion.



Founded in 1984, Chelsea Green Publishing is recognized as a leading publisher of books on the politics and practice of sustainable living, publishing authors who bring in-depth practical knowledge to life, and give readers hands-on information related to organic farming and gardening, ecology and the environment, healthy food, economics, progressive politics, and, most recently, integrative health and wellness.

With offices in Vermont and London, UK, Chelsea Green became 100% employee owned in 2020

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cover image by Matt Rees-Warren, *The Ecological Gardener*