

**Chelsea Green Publishing
Rights List
New and Forthcoming
Fall 2020**



nature & environment

Bringing Back the Beaver

The Story of One Man's Quest to Rewild Britain's Waterways

Derek Gow

September 30, 2020

41,000 words

Black-and-white illustrations throughout

World Rights Available



A bold new voice in nature writing, from the front lines of Britain's rewilding movement

Bringing Back the Beaver is farmer-turned-ecologist Derek Gow's inspirational and often riotously funny firsthand account of how the movement to rewild the British landscape with beavers has become the single most dramatic and subversive nature conservation act of the modern era. Since the early 1990s – in the face of outright opposition from government, landowning elites and even some conservation professionals – Gow has imported, quarantined and assisted the reestablishment of beavers in waterways across England and Scotland.

In addition to detailing the ups and downs of rewilding beavers, *Bringing Back the Beaver* makes a passionate case as to why the return of one of nature's great problem solvers will be critical as part of a sustainable fix for flooding and future drought, whilst ensuring the creation of essential lifescapes that enable the broadest possible spectrum of Britain's wildlife to thrive.

Derek Gow is a farmer and nature conservationist. He lives on a 300-acre farm on the Devon/Cornwall border which he is in the process of rewilding. Derek has played a significant role in the reintroduction of the Eurasian beaver, the water vole and the white stork in England. He is currently working on a reintroduction project for the wildcat.

'Bringing Back the Beaver is a hilarious, eccentric and magnificent account of a struggle against bureaucracy, pigheadedness and sheer human irrationality, in order to reintroduce a species crucial to the health of our ecosystems. Derek Gow is an extraordinary character, whose writing is as colourful and dynamic as he is. He has done more to restore our missing fauna than anyone else in Britain. This is his astonishing story of what it takes.'

—**George Monbiot**

'An essential read for everyone interested in nature conservation.'

—**Sir John Lister-Kaye, OBE, naturalist and nature writer**

politics & public policy, business & economy

Bank Job

Daniel Edelstyn and Hilary Powell

September 30, 2020

55,000 words

8-page color insert

World Rights Available



Art hacks life when two filmmakers launch a project to cancel more than £1m of high-interest debt from their local community. This is the inspiring story of how to change the system to meet the needs of many and not just the few.

Bank Job is a white-knuckle ride into the dark heart of our financial system, in which filmmaker and artist duo Hilary Powell and Dan Edelstyn risk their sanity to buy up and abolish debt by printing their own money in a disused bank in Walthamstow, London. Tired of struggling in an economic system that leaves creative people on the fringes, the duo weave a different story, both risky and empowering, of self-education and mutual action. Behind the opaque language and defunct diagrams, they find a system flawed by design but ripe for hacking. This is the inspiring story of how they listen and act upon the widespread desire to change the system to meet the needs of many and not just the few. And for those among us brave enough, they show how we can do this too in our own communities one bank job at a time.

Dan Edelstyn is an experienced film director and producer with multiple commissions for Channel 4. His first film *How to Re-Establish a Vodka Empire* was critically acclaimed and opened at BFI London Film Festival before being released across the UK and US.

Hilary Powell's work ranges from audio-visual epics, supported by Acme and Henry Moore Foundation, to print works collected by V&A and MoMA. She has a track record of involving diverse communities in *making* – from public participation in the production of a pop-up book of the Lower Lea Valley to large-scale print collaborations with demolition workers and material scientists as 'alchemist in residence' at UCL Chemistry.

'When art meets finance, "The Big Bang" takes on a whole new meaning. This is brilliant performative protest.' —**Kate Raworth, author of *Doughnut Economics***

resilience, craft, nature & environment

Material

Making and the Art of Transformation

Nick Kary

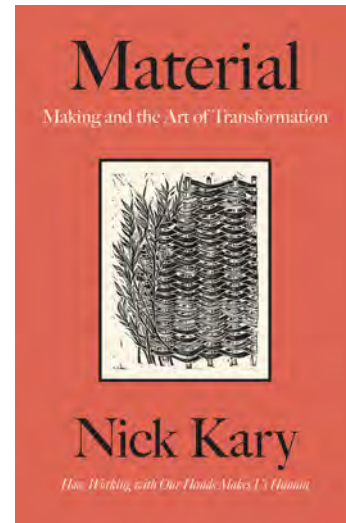
September 30, 2020

72,500 words

Black-and-white illustrations throughout

World Rights Available

How Working With Our Hands Makes Us Human



A master craftsman explores the ways in which working with our hands reveals the essence of both our humanity and our relationship with the natural, material world.

In our present age of computer-assisted design, mass production and machine precision, the traditional skills of the maker or craftsman are hard to find. Yet the desire for well-made and beautiful objects from the hands (and mind) of a skilled artisan is just as present today as it ever has been. Traditional makers are living links to the rich vein of knowledge and skills that defines our common human heritage. More than this, though, many of us harbor a deep and secret yearning to produce something – to build or shape, to imagine and create our own objects that are imbued not only with beauty and functionality, but with a story and, in essence, a spirit drawn from us.

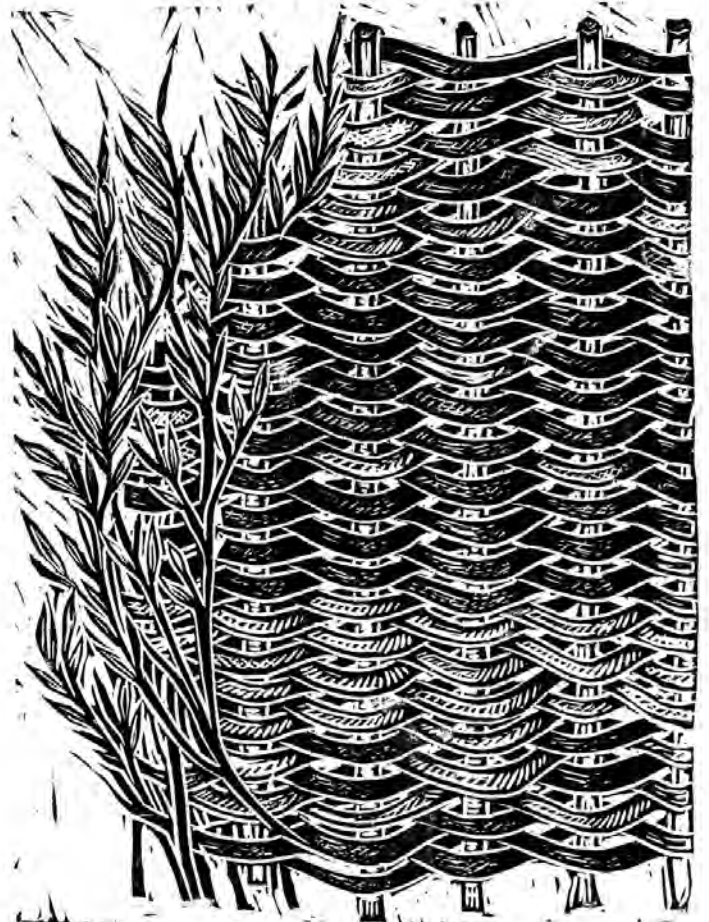
Nick Kary understands this yearning. In *Material*, Kary takes readers along with him to visit some of the places where modern artisans are preserving, and in some cases passing on, the old craft skills. His vivid descriptions and eye for detail make this book a rich and delightful read, and the natural and cultural history he imparts along the way provides an important context for understanding our own past and the roots of our industrial society.

Personal, engaging, and filled with memorable people, landscapes and scenes, *Material* is a rich celebration of what it means to imagine and create, which in the end is the essence of being human, and native to a place.

Nick Kary has spent a lifetime making, teaching, and writing. Over the past 35 years he has developed his skill set as a craftsman and designer of fine furniture from workshops in London, Mexico and Devon, for clients including Terence Conran, Madonna and Elton John. An associate lecturer at Plymouth University and Schumacher College, Nick also teaches furniture making from his own workshops at The Brake, the home and creative centre he established outside Totnes, England.

**‘A profound and personal delving into the ancient connection between man and matter and our increasingly tenuous relationship with nature. An important book, brimming with insight.’—
Nicholas Evans, author of *The Horse Whisperer***

“[Kary’s] inquiry goes to the soul of what ‘making’ with our hands is, and how artists entwine physically and emotionally with their materials. An enlightening exploration.” - Library Journal



food & drink

Towpath

Recipes and Stories

Lori De Mori and Laura Jackson

October 7, 2020

76,000 words

Full-color photographs throughout

World Rights Available



Italian-inspired recipes from the beloved East London cafe, along with stories capturing the ebb and flow of community, food, and the seasons

It is a rare book that transports you to the place of its writing, but *Towpath* does so instantly. *Towpath* is a collection of recipes, stories and photographs capturing the vibrant cafe's food, community and place throughout the arc of its season – beginning just before the first breath of spring, through the dog days of summer and culminating – with fireworks! – before its painted shutters are rolled down again for winter. The beloved eatery is perched on the banks of Regent's Canal in East London and still as much a social experiment as when they first rolled up their shutters 10 years ago. No website, phone, or takeaway coffees means you must search it out or simply stumble across it—and oh will you be glad you did.

Laura Jackson cooked at Rochelle Canteen and at the Auberge de Chassignolles in France before coming to Towpath. Her food is seasonal, honest, unfussy and comforting – and so delicious people have been known to come for breakfast and stay through lunch. She delights in making everything from pickles to ice cream herself. And takes her inspiration where she finds it – so long as it's about making the ingredients shine.

Lori De Mori is the author of four books about Italian cooking and food culture. Her writing has appeared in the *Best Food Writing* anthology (Marlowe & Company, 2000), *Gourmet*, *Saveur*, *Bon Appétit*, *Food & Wine*, *The Independent*, the *Telegraph*, *Olive* and elsewhere. Her last book, *Beaneaters & Bread Soup* (Quadrille 2007), was shortlisted for both the Guild of Food Writers' and the André Simon Food Book of the Year. This is her first book about one of her own culinary adventures.

'This is a cookbook that absolutely everyone should possess. It's a life-changing kind of thing that you'd want to pass on to your children. I want to go full-on 'Julie and Julia' on it and cook a dish every day until I have cooked every single one.'—**Olia Hercules**

'*Towpath* is one of the reasons I live in London. It's a jewel-like, dream of a place. Somewhere to sit and watch the world go by. It's the perfect mix of strength and fragility. A treat for each one of the senses. This book is an invite into their magical world.'—**Keira Knightley**

'When people ask about my favorite restaurants, I instantly think of Towpath. Warm, quirky, intimate, it's a restaurant you never want to leave. This cookbook is the same: personal, inviting and filled with fantastically appealing food. If I can't get to Towpath, it's the next best thing.'—**Ruth Reichl**



nature & environment

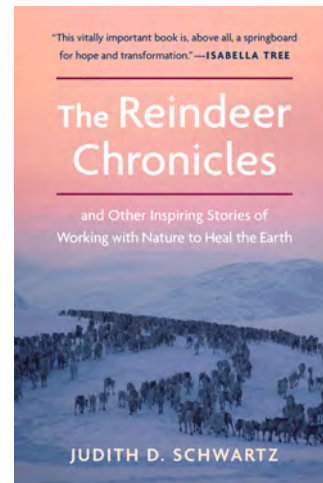
The Reindeer Chronicles

Judith D. Schwartz

August 19, 2020

80,000 words

World Rights Available



In a time of uncertainty about our environmental future—an eye-opening global tour of some of the most wounded places on earth, and stories of how a passionate group of eco-restorers is leading the way to their revitalization.

Award-winning science journalist Judith D. Schwartz takes us first to China's Loess Plateau, where a landmark project has successfully restored a blighted region the size of Belgium, lifting millions of people out of poverty. She journeys on to Norway, where a young indigenous reindeer herder challenges the most powerful orthodoxies of conservation—and his own government. And in the Middle East, she follows the visionary work of an ambitious young American as he attempts to re-engineer the desert ecosystem, using plants as his most sophisticated technology.

Schwartz explores regenerative solutions across a range of landscapes: deserts, grasslands, tropics, tundra, Mediterranean. She also highlights various *human* landscapes, the legacy of colonialism and industrial agriculture, and the endurance of indigenous knowledge.

The Reindeer Chronicles demonstrates how solutions to seemingly intractable problems can come from the unlikeliest of places, and how the restoration of local water, carbon, nutrient, and energy cycles can play a dramatic role in stabilizing the global climate. Ultimately, it reveals how much is in our hands if we can find a way to work together and follow nature's lead.

Judith D. Schwartz is a journalist whose work explores nature-based solutions to global environmental and economic challenges. She writes on this theme for numerous publications and speaks at venues around the world. She is the author of *Cows Save the Planet* and *Water in Plain Sight*. A graduate of the Columbia Journalism School and Brown University, she lives in southern Vermont.

"A lucid and compelling look at the global movement of ecological rehabilitation."—*The Boston Globe*

gardening, farming & homesteading

The Regenerative Grower's Guide to Garden Amendments

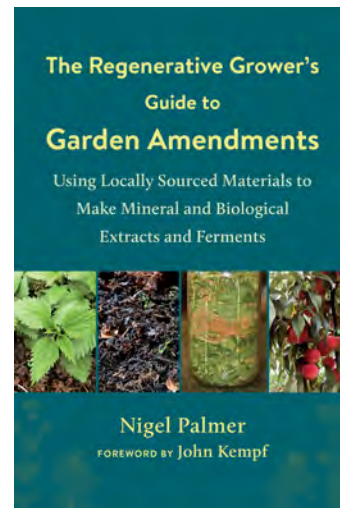
Nigel Palmer

August 7, 2020

52,000 words

Full color illustrations throughout

World Rights Available



Revitalize your garden—and go beyond compost—by making your own biologically diverse inoculants and mineral-rich amendments using leaf mold, weeds, eggshells, bones, and other materials available for little or no cost!

In *The Regenerative Grower's Guide to Garden Amendments*, experimental gardener and author Nigel Palmer provides practical, detailed instructions that are accessible to every grower who wants to achieve a truly sustainable garden ecosystem—all while enjoying better results at a fraction of the cost of commercial fertilizer products. These recipes go beyond fertilizer replacement, resulting in greater soil biological activity and mineral availability. They also increase pest and disease resistance, yields, and nutrient density.

Recipes include:

- Extracting nutrients from plant residues using simple rainwater techniques
- Extracting minerals from bones and shells using vinegar
- Fermenting plant juices and fish
- Culturing indigenous microorganisms (IMO)

Inspired by the work of many innovative traditional agricultural pioneers, especially Cho Ju-Young (founder of the Korean Natural Farming method), *The Regenerative Grower's Guide to Garden Amendments* also includes a primer on plant-soil interaction, instructions for conducting a soil test, and guidance on compost, cover cropping, mulching, measuring the quality of fruits and vegetables using a refractometer, and other aspects of sustainable gardening—making it a must-have resource for any serious grower.

Nigel Palmer has been a lifelong gardener in New England relying on the amazing complexity of nature to inspire his gardening philosophy, as well as working as an aerospace engineer sorting, organizing, and resolving complex technical issues. He is the instructor and curriculum developer of the Sustainable, Regenerative Gardening program at The Institute Of Sustainable Nutrition (TIOSEN).

"For the dedicated organic farmer, [this book] is a gold mine of astonishing methods and new possibilities for growing and maintaining a sustainable and truly organic garden."

-Publisher's Weekly

politics & public policy, nature & environment, business & economy

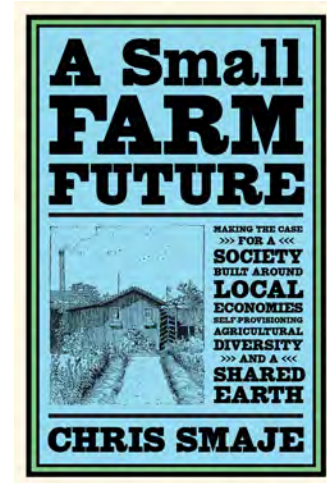
A Small Farm Future

Making the Case for a Society Built
Around Local Economies, Self-Provisioning,
Agricultural Diversity and a Shared Earth
Chris Smaje

October 21, 2020

103,000 words

World Rights Available



In a time of looming uncertainties, what would a truly resilient society look like?

In a groundbreaking debut, farmer and social scientist Chris Smaje argues that organising society around small-scale farming offers the soundest, sanest and most reasonable response to climate change and other crises of civilisation—and will yield humanity’s best chance at survival.

Drawing on a vast range of sources from across a multitude of disciplines, *A Small Farm Future* analyses the complex forces that make societal change inevitable; explains how low-carbon, locally self-reliant agrarian communities can empower us to successfully confront these changes head on; and explores the pathways for delivering this vision politically.

Challenging both conventional wisdom and utopian blueprints, *A Small Farm Future* offers rigorous original analysis of wicked problems and hidden opportunities in a way that illuminates the path toward functional local economies, effective self-provisioning, agricultural diversity and a shared earth.

Chris Smaje has coworked a small farm in Somerset, southwest England, for the last 17 years. Previously, he was a university-based social scientist, working in the Department of Sociology at the University of Surrey and the Department of Anthropology at Goldsmiths College on aspects of social policy, social identities and the environment. Smaje writes the blog *Small Farm Future*, is a featured author at www.resilience.org and a current director of the Ecological Land Co-op.

*‘A Small Farm Future is a solid and truly inspiring book. Getting out of a virtual and globalized economy to cultivate the land with love and respect is our only hope to pass on a viable planet to our children.’—Charles Hervé-Gruyer, author of *Miraculous Abundance*; co-founder, Bec Hellouin Farm, France*

*‘A timely and valuable book – and a very readable read.’—Colin Tudge, co-founder, Oxford Real Farming Conference and the College for Real Farming and Food Culture; author of *The Great Re-Think**

‘Food is the core of culture, and modern industrial culture is rotting from the inside out due to its reliance on fossil-fueled agriculture. The only viable future is one based on small, ecologically regenerative, labor-intensive farming. Chris Smaje’s brilliant book presents the rationale, surveys methods and issues, and supplies an abundance of insight derived from the author’s twenty years of experience. Every young person should read this book.’—Richard Heinberg, Senior Fellow, Post Carbon Institute

politics & public policy

#futuregen: Lessons from a Small Country

Jane Davidson

August 4, 2020

61,000 words

World Rights Available

“What Wales is doing today, the world will do tomorrow.”

—Nikhil Seth, UN Assistant Secretary General

The story of how one small nation responded to global climate issues by radically rethinking public policy for future generations

In *#futuregen*, Jane Davidson explains how, as Minister for Environment, Sustainability and Housing in Wales, she proposed the Well-being of Future Generations (Wales) Act 2015—the first piece of legislation on Earth to place regenerative and sustainable practice at the heart of government. Unparalleled in its scope and vision, the Act connects environmental and social health and looks to solve complex issues such as poverty, education and unemployment.

Davidson reveals how and why such groundbreaking legislation was forged in Wales—once reliant on its coal, iron and steel industries—and explores how the shift from economic growth to sustainable growth is creating new opportunities for communities and governments all over the world.

#futuregen is the inspiring story of a small, pioneering nation discovering prosperity through its vast natural beauty, renewable energy resources and resilient communities. It’s a living, breathing prototype for local and global leaders as proof of what is possible in the fight for a sustainable future.

Jane Davidson is Pro Vice-Chancellor Emeritus at the University of Wales Trinity Saint David and chairs the Food, Farming and Countryside Commission’s Wales Inquiry. From 2000–2011, she was Minister for Education, then Minister for Environment, Sustainability and Housing in the Welsh Government where she proposed legislation to make sustainable development its central organising principle; the Well-being of Future Generations (Wales) Act came into law in April 2015. She introduced the first plastic bag charge in the UK, and her recycling regulations took Wales to third best in the world. She created the Climate Change Commission for Wales, the post of Sustainable Futures Commissioner and the Wales Coast Path. She holds honorary fellowships from WWF, Chartered Institution of Wastes Management, Chartered Institution of Water and Environmental Management. Jane is chair of the RSA in Wales and in 2017 was guest faculty on the Executive Education for Sustainability Leadership programme at Harvard University’s T.H. Chan School of Public Health. She lives on a smallholding in west Wales where she aims to live lightly on the land.

“A valuable insider primer for those hoping to enact equally sweeping green legislation in America and beyond.” —*Booklist*, Starred Review



There's No Pill For This

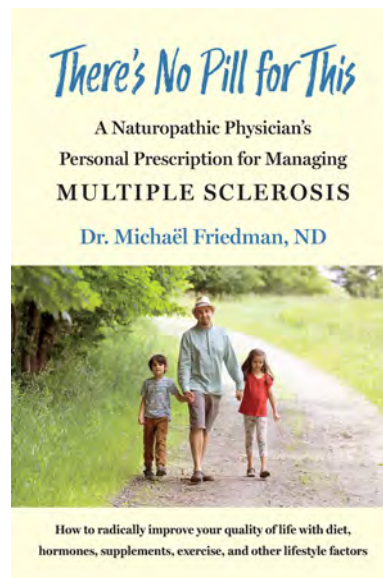
A Naturopathic Physician's
Personal Prescription for
Managing Multiple Sclerosis
Dr. Michaël Friedman

November 6, 2020

70,500 words

Black-and-white illustrations throughout

World Rights Available



From a doctor living with Multiple Sclerosis: how to radically improve your quality of life with diet, hormones, supplements, exercise, and other lifestyle adjustments

Since his diagnosis of Multiple Sclerosis a decade ago, Dr. Friedman has been searching for a cure for the disease. *There's No Pill for This* tells his story and offers treatment advice and hope to those who suffer from MS.

He does not promise a miracle cure but instead provides the personal prescriptions he follows that are delaying the disease process and radically improving his quality of life, including dietary measures and supplements to support a healthy microbiome and hormone therapies that can reduce neuroinflammation and possibly promote neurorestoration. Dr. Friedman presents a daily protocol for MS patients, including diet, supplement, detoxification, and hormone strategies; mindfulness therapy; physical therapy; and a wide range of beneficial lifestyle adjustments related to exercise, sleep routines, time management, stress management, and more.

In the book's conclusion, Dr. Friedman reflects on what this complicated chronic disease has taught him, and continues to teach him, about the value of humility and about what is truly important in life.

Naturopathic physician **Dr. Michaël Friedman** is the founder of the Association for the Advancement of Restorative Medicine and the Journal of Restorative Medicine. He has treated patients with illnesses ranging from lymphoma to liver cancer, achieving remarkable results that have been published in several medical journals.

"I truly recommend *There's No Pill for This* because it contains the wisdom of a health care professional who also has the experience of being a patient. Read and learn—participate in your own health and healing and let his wisdom guide you on your journey."—**Bernie Siegel, MD, author of *No Endings, Only Beginnings* and *Love, Medicine & Miracles***

"An open, honest, and up-to-date guide, based on personal experience in addition to science, for people living with MS along with their caregivers."
--**Library Journal**

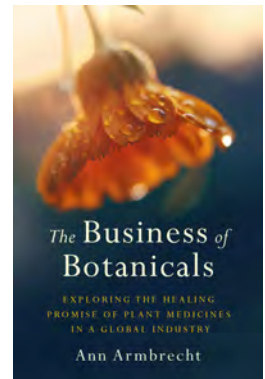
SPRING 2021

The Business of Botanicals

health & wellness

Exploring the Healing Promise of Plant Medicines in a Global Industry
Ann Armbrecht

February 2021, 97,500 words, 16-page color insert. World Rights Available



Using herbs to heal the body is an ancient practice, but in the twenty-first century, herbal medicine is also a worldwide industry—in 2019, consumers spent more than \$9 billion on herbal supplements.

In *The Business of Botanicals*, Ann Armbrecht describes her journeys to herb collection sites, farms, and factories in North America, Europe, and India to tell the stories of the people and places behind the bottles of herbal products on grocery store shelves.

Armbrecht wanted to explore complicated questions about whether the intangible potency of medicinal herbs and the values of respect for the earth and care for people and plants can be preserved when production expands to the industrial scale. For example, Pukka Herbs is attempting to protect rare great hornbills in India by creating a market for the fruit of bibhitaki trees, where the birds nest. And Runo, a producer company in Poland, has embraced the rigorous standards of the FairWild Foundation's certification program, which protects meadow habitats while also providing better wages for wild collectors.

The Business of Botanicals is the first resource of its kind for readers who wish to take the extra step in curating ethically sourced products. The author also calls on readers to acknowledge that such conscious capitalism is only a beginning step along the challenging journey of addressing the social and ecological consequences of our ways of living.

In Search of Mycotopia

business, health & wellness, nature & environment

Citizen Science, Fungi Fanatics, and the Untapped Potential of Mushrooms
Doug Bierend

March 2021, 115,000 words. World Rights Available

An engaging and thrilling tour of the new frontiers in mycology—from ecology to fermentation to medicine—introducing the reader to the fascinating characters involved in the fungal Renaissance.

Given their ubiquity and utility, it's no surprise that humans have deep cultural connections to fungi and mushrooms, even while they have remained both understudied by institutional science and misunderstood by the general populace. But an emerging mycological vanguard is reaching maturity, exploring and advocating for fungi's capacity to remediate contaminated landscapes and waterways, provide food and medicine, and demonstrate how humans might live in equitable and sustainable accord with nature and one another. This diverse cadre of growers, independent researchers, ecologists, entrepreneurs, and amateur enthusiasts is also scrambling to seize on rising demand for specialty mushrooms in culinary and medicinal markets, advance burgeoning fields of 'applied mycology,' and center conversations about social justice and sustainability.

In *In Search of Mycotopia*, Doug Bierend introduces readers to an incredible and oft-overlooked kingdom of life and the potential it holds for our future, by way of the weird and wonderful communities of citizen scientists and microbe devotees working on the fungal frontier. Together they form a picture of the modern mycological movement, which sees these organisms as teachers, partners, and sources of wisdom that offer ways and means for creating a better world.

Founded in 1984, Chelsea Green Publishing is recognized as a leading publisher of books on the politics and practice of sustainable living, publishing authors who bring in-depth, practical knowledge to life, and give readers hands-on information related to organic farming and gardening, ecology and the environment, healthy food, sustainable economics, progressive politics, and, most recently, integrative health and wellness.

With offices in Vermont and London, Chelsea Green became 100% employee owned in 2020.

