

FRANKFURT ADULT NON-FICTION RIGHTS CATALOGUE

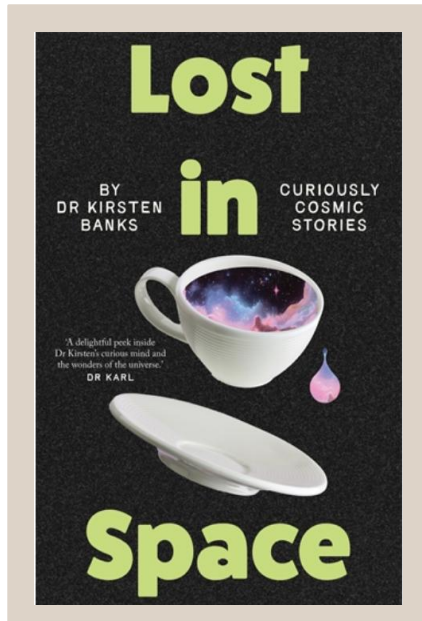
2026

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LOST IN SPACE Curiously Cosmic Stories

Dr Kirsten Banks

830,000+
FOLLOWERS
ACROSS TIKTOK
& INSTAGRAM

For curious readers of all ages who know the universe is enormous - but may not yet realise quite how weird it is.

The universe is far stranger, funnier and more extraordinary than most of us realise — and these are the stories that prove it.

Planets darker than charcoal. Mysterious signals from deep space. Interstellar visitors passing through our solar system. Black holes, moon missions, solar storms and places you definitely shouldn't put on your intergalactic holiday itinerary.

In *Lost in Space*, astrophysicist Dr Kirsten Banks takes readers on a wonderfully curious journey through some of the **weirdest, wildest and most surprising stories in space science**.

Moving effortlessly between extraordinary discoveries, enduring mysteries and the science behind them, Banks makes even complex ideas feel immediate and fun. Along the way she explores everything from the Wow! Signal and wandering objects from interstellar space to Indigenous knowledge of the night sky, the history of moon exploration and the spectacularly strange behaviour of our own Sun.

Warm, funny and completely unintimidating, *Lost in Space* is popular science driven by curiosity rather than equations — an invitation to look up, ask bigger questions and discover just how wonderfully peculiar our universe really is.

PUB DATE
November 2026

PUBLISHER
Pan Macmillan

RIGHTS HELD
WEL (excl ANZ), Translation

ABOUT THE AUTHOR

Dr Kirsten Banks is a Wiradjuri astrophysicist and science communicator who has spent the last decade making the universe exciting, accessible and fun for broad audiences. She is a lecturer at Swinburne University of Technology and a science communicator with the ARC Centre of Excellence for Gravitational Wave Discovery (OzGrav), and completed her PhD in astrophysics at UNSW in 2024.

WHY THIS BOOK?

- ▶ A natural science communicator with a strong public profile, Kirsten brings warmth, humour and real personality to the subject - she sells the wonder of space as brilliantly as she explains it.
- ▶ Packed with strange, memorable and highly shareable stories - from the Wow! Signal and interstellar visitors to black holes, solar storms and some of the universe's most extreme planets.
- ▶ Kirsten Banks has a genuinely funny voice, making complex science feel immediate, entertaining and completely unintimidating.
- ▶ A young First Nations astrophysicist and gifted science communicator exploring the strangest stories in our universe - with a subject that travels effortlessly across markets.

SPACE AT ITS STRANGEST · COSMIC MYSTERIES · WILD SCIENCE · BIG QUESTIONS

COVER ART TO COME

FINANCIAL ADVICE FOR REGENCY LADIES

Laura Stewart

For everyone who has ever wondered why Mrs Bennet was so desperate to marry off five daughters — the money, law and economic survival behind the Regency romance.

Witty, accessible and rigorously researched, *Financial Advice for Regency Ladies* gives readers the economics behind the romance - and shows just how much the women of Austen's world still have to teach us about money, power and independence.

For the women of Regency Britain, marriage was never simply about love. It was about property, inheritance, debt, legal status - and survival.

In *Financial Advice for Regency Ladies*, political economist Laura Stewart takes the familiar world of Jane Austen and reveals the financial architecture beneath the romance. Why couldn't the Bennet daughters inherit Longbourn? What exactly was negotiated in a marriage settlement? How did a woman protect a dowry from an irresponsible husband? And how could an heiress tell whether a charming gentleman wanted her - or her fortune?

Drawing on real lives, extraordinary case histories and familiar figures from Austen, Stewart explores the ways money moved through wills, marriage, settlements and inheritance — and what happened to women when those systems failed them.

Heiresses and fortune hunters, actresses and bankers, widows and working women, mistresses, same-sex couples and women living outside society's prescribed rules all reveal the same essential truth: women were often extraordinarily financially literate because their security depended upon it.

PUB DATE
October 2027

PUBLISHER
Melbourne University Publishing

RIGHTS HELD
Translation (excl France)

PRIMARY AGENT
Melanie Ostell Literary

ABOUT THE AUTHOR

British-born Laura Stewart writes about money, power and the ways history refuses to stay in the past. A political economist and futures analyst at the Australian National University, she leads work on economic security and intergenerational inequality and regularly speaks on inequality and economic foresight at international conferences. Now based in Canberra, she brings together professional expertise in economics with a lifelong love of history and Regency romance.

WHY THIS BOOK?

- ▶ Each chapter begins with an Austen character or dilemma, then expands into real women, historical case studies and the financial systems behind the fiction.
- ▶ A hugely entertaining cast includes heiresses, fortune hunters, actresses, courtesans, widows, working women and women who lived outside conventional marriage.
- ▶ Makes potentially dry subjects — entails, coverture, dowries, settlements and inheritance law — funny, vivid and immediately understandable through extraordinary human stories.
- ▶ Written by a political economist, connecting rigorous economic understanding with the appeal of Austen, Regency history and the enduring question of women's financial independence.

WOMEN & MONEY · REGENCY BRITAIN · JANE AUSTEN · NARRATIVE HISTORY



THE BAD DAY PLAYBOOK

What to Do When Everything Sucks

DR GAYLE SMERDON

NEW TO
RIGHTS
LIST

For anyone who has ever thought, “today is a complete disaster” - a funny, practical toolkit for getting through the bad day without pretending it’s a good one.

A funny, practical playbook for the days when nothing catastrophic has happened — but everything still sucks.

Everyone has bad days. The problem is that when you’re actually in one, it can be surprisingly hard to work out what might help.

The Bad Day Playbook gives readers a simple way to decide what to do next. Gayle Smerdon’s four-part model asks whether you want to be alone or with someone else, and whether you need to go into the problem or get away from it for a while. The answer leads to one of four approaches: Reflect, Talk, Distract or Play.

From there, readers can choose from dozens of practical “plays” — from writing, walking and music to talking things through, playing games or simply taking a break — designed to interrupt the spiral and make the day a little less bad.

Warm, funny and refreshingly free of forced optimism, this is self-help for ordinary rough days: not about fixing your life, but about finding one thing you can do right now to feel a little more in control.

PUB DATE
March 2026

PUBLISHER
Broadcast Books

RIGHTS HELD
WEL (excl ANZ), Translation

FORMAT
176PP

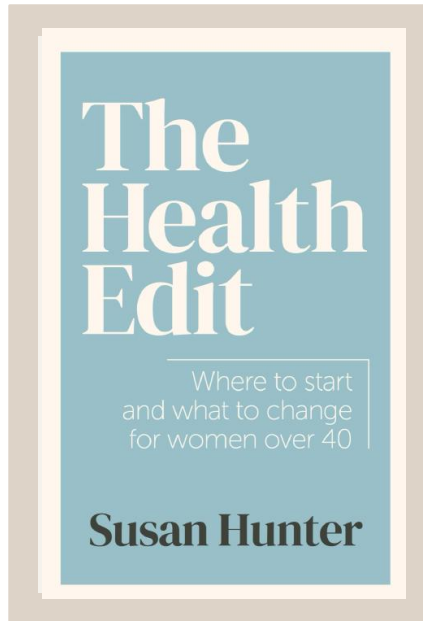
ABOUT THE AUTHOR

Dr Gayle Smerdon is a Melbourne-based writer, speaker and workplace culture specialist. She has previously published books on learning and workplace change and writes regularly for an audience of 11,000+ LinkedIn followers. She also occasionally tries her hand at stand-up comedy — a useful qualification for a book about the days when everything goes wrong.

WHY THIS BOOK?

- ▶ A brilliantly simple framework: Alone or Together? In or Out? Four routes to a better next move.
- ▶ Built for the moment readers actually need it - when a Bad Day has made thinking clearly surprisingly difficult.
- ▶ Reflect · Talk · Distract · Play gives the book an instantly understandable, highly visual structure with dozens of practical options.
- ▶ No toxic positivity, grand transformation or pressure to “fix yourself” - just practical ways to make a difficult day less bad, or less long.
- ▶ Funny, giftable and designed for dipping into rather than reading dutifully from beginning to end.

PRACTICAL SELF-HELP · BAD DAYS · SMALL INTERVENTIONS · NO TOXIC POSITIVITY



PUB DATE
September 2026

PUBLISHER
Broadcast Books

RIGHTS HELD
WEL (excl ANZ), Translation

ABOUT THE AUTHOR

Susan Hunter is an author and health strategist whose work draws on 20 years of clinical practice. She holds a Bachelor of Health Science in Naturopathy and a Bachelor of Arts in Psychology, and created *The Health Edit*, a framework designed to help women understand what their body needs most and decide where to begin. Through her writing and speaking, she challenges both health-information overload and the assumption that decline in midlife is inevitable.

THE HEALTH EDIT

Where to Start and What to Change for Women Over 40

SUSAN HUNTER

For women over 40 overwhelmed by conflicting health advice, *The Health Edit* shows you where to start - and what to change first.

For women who have read the advice, listened to the podcasts and still don't know what to do first - a practical roadmap for navigating health after 40.

For women over 40, health advice can feel relentless: sleep better, eat differently, reduce stress, improve metabolism, exercise more — often while navigating contradictory information and a body that no longer responds quite as it once did.

The Health Edit offers a simpler way forward. Rather than trying to change everything at once, health strategist Susan Hunter helps readers identify the **one area of their health that needs attention most**, make a focused change, and build from there.

Using a practical self-assessment across nine key areas — including sleep, stress, metabolism, mood and movement — readers can identify their biggest health bottleneck and create a personalised starting point. Each chapter then combines accessible health information, real-life case studies and achievable actions designed to fit into busy lives.

Drawing on Hunter's 20 years of clinical practice, *The Health Edit* is a clear, pragmatic guide to replacing health overwhelm with focus, confidence and sustainable change. The book's central philosophy is deliberately incremental: one edit at a time, allowing improvements in one area to create a ripple effect across the rest.

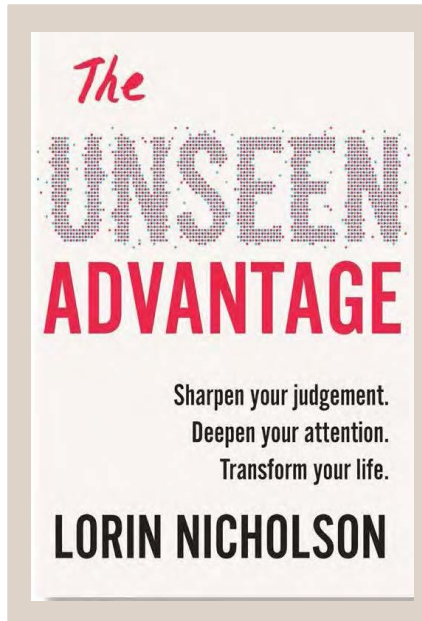
WHY THIS BOOK?

- ▶ A wonderfully clear consumer promise: stop trying to fix everything and work out where to start.
- ▶ Written specifically for women over 40, addressing the information overload and competing health demands of midlife.
- ▶ A practical framework across nine interconnected areas of health helps readers identify their own priorities rather than follow a one-size-fits-all programme.
- ▶ Highly usable: self-assessment, case studies, one essential change, checklists and practical next steps make this a book readers can return to again and again.
- ▶ Hunter brings 20 years of clinical experience to an accessible, reassuring approach centred on achievable change rather than perfection.

WOMEN 40+ · PRACTICAL HEALTH · SIMPLE ACTIONS · CUTTING THROUGH THE NOISE

Unseen Advantage

LORIN NICHOLSON



PUB DATE
September 2027

PUBLISHER
Riveted Press

RIGHTS HELD
WEL (excl ANZ), Translation

ABOUT THE AUTHOR

Lorin Nicholson OAM is one of Australia's most experienced motivational speakers, having delivered more than 4,000 keynote presentations to audiences of over one million people. Legally blind since childhood, he is also a record-breaking endurance cyclist, award-winning musician and former remedial therapist. He has appeared on *60 Minutes* and Channel Nine's *Carols by Candlelight*, and in 2021 received the Medal of the Order of Australia for service to people who are blind or have low vision.

An inspiring and practical guide to seeing beyond our assumptions, connecting more deeply with others and discovering the strengths we may not realise we possess.

What if the information you need is already available to you, but you have never learned how to notice it?

Lorin Nicholson has been legally blind since childhood. Yet blindness did not automatically heighten his other senses or give him extraordinary abilities. Instead, it required him to direct his attention differently: to listen to more than just words, recognise patterns, act on incomplete information and find possibilities that others overlooked.

Lorin draws on those experiences to challenge familiar assumptions about limitation, confidence, resilience and human potential. He shows that adversity does not grant special powers. It creates conditions in which neglected capacities can be discovered, trained and applied.

Through compelling personal stories and a practical six-part framework,

Lorin explores how to:

- notice information you usually overlook;
- determine what is true instead of relying on assumptions;
- move forward without waiting for certainty;
- recognise how trust is built and lost in ordinary moments;
- develop the resilience to remain steady under pressure; and
- keep going when motivation fades.

Lorin developed these capacities through necessity. You can develop them by choice, applying what he learned through blindness to the decisions and challenges that shape your own life. Will you discover your unseen advantage?

WHY THIS BOOK?

- ▶ A distinctive personal-development proposition: a blind author turns the experience of navigating a sighted world into insights about how we listen, communicate and connect.
- ▶ Combines compelling personal stories with practical strategies readers can apply to relationships, work and leadership.
- ▶ Broad crossover between personal growth and professional development, with lessons relevant to family, friendship, teams and workplaces.
- ▶ Moves beyond inspirational memoir to offer concrete tools for listening, trust-building, resilience and empathy.

RESILIENCE · HUMAN CONNECTION · LEADERSHIP · LIVED EXPERIENCE

COVER ART TO COME

The Happy Gut Method

NICOLE DYNAN

A reassuring, practical guide for anyone tired of eliminating foods and ready to understand their gut, rebuild confidence and enjoy eating again.

What if fixing your gut wasn't about cutting more foods out — but learning how to put them back in?

When gut symptoms take over, food is often the first thing we blame. Gluten goes. Then dairy. Then onions, garlic, legumes - until eating becomes increasingly restricted and confusing.

Dietitian Nicole Dynan offers another way.

Drawing on more than 40,000 clinical consultations, *The Happy Gut Method* helps readers understand what may really be driving symptoms such as bloating, constipation, diarrhoea and reflux — and work out what their gut needs rather than endlessly searching for something else to eliminate.

Nicole's practical three-step method — Review, Rebuild and Refine — guides readers to identify patterns and triggers, rebuild the foundations of good gut health, and gradually expand their diet with greater confidence and variety.

Combining clear, evidence-based advice with case studies, meal-planning tools and 50 gut-loving recipes, the goal is simple: fewer symptoms, less anxiety around food, and a sustainable way of eating that lets readers enjoy food again.

PUB DATE
July 2027

PUBLISHER
Pan Macmillan Australia

RIGHTS HELD
WEL (excl ANZ), Translation

ABOUT THE AUTHOR

Nicole Dynan, aka The Gut Health Dietitian, is a Sydney-based accredited practising dietitian with multiple clinics specialising in gut health and food intolerance, particularly in women's health. Together with her team, she has conducted more than 40,000 gut health consultations using *The Happy Gut Method*. Nicole is a regular contributor to morning television, media spokesperson for Dietitians Australia and a guest lecturer at the University of Sydney.

WHY THIS BOOK?

- ▶ Turns the usual gut-health message on its head: instead of endlessly asking what to cut out, Nicole helps readers work out what their gut may need more of.
- ▶ Tackles one of the biggest problems in modern gut health: restrictive diets that become narrower and narrower, leaving readers anxious about food and unsure what they can safely eat.
- ▶ Evidence-based without being clinical or overwhelming, with practical pathways for common symptoms including bloating, constipation, diarrhoea and reflux.
- ▶ Combines health guidance with meal-planning tools and 50 recipes, helping readers translate the science into everyday eating.

FOOD-FIRST • SCIENCE-LED • 50 RECIPES

The Hurt



CATHERINE DE SAINT PHALLE

For readers drawn to elegant, contemplative literary memoir about memory, love, reading and the formation of a self.

A luminous work of literary memory about love, pain and the making of a mind.

The Hurt is the story of a first relationship at the age of eighteen. But is it? In *The Hurt* time is reshuffled and mixed up. As Saint Phalle says, 'Pain ran through my thoughts like a wild animal, making nonsense of past, present and future.' The intriguing narrative is a beguiling mix of memoir and parable, infused with remarkable characters, humour and pathos, and Parisian light.

The author is drawn to the different and the marginalised. Her insight into herself and others arises from her deep understanding of the flawed nature of the human condition. And the company of great books. She writes 'books were my real teachers. I can't remember learning a single thing in a classroom. The craft of reading was the only one I really took away from that dreadful time.'

Just perhaps hurt can be both our undoing and our making, as this story of sliding time illuminates. *The Hurt* is a remarkably honest and captivating work of literature.

PUB DATE
August 2026

PUBLISHER
Transit Lounge

RIGHTS HELD
WEL (excl ANZ), Translation

RIGHTS SOLD (Previous titles)
France

ABOUT THE AUTHOR

Catherine de Saint Phalle was born in London, grew up between England and France and moved to Melbourne in 2003, where she works as a translator. Six of her books have been published in France, and her work with Transit Lounge includes the Stella-shortlisted *Poum* and *Alexandre*.

WHY THIS BOOK?

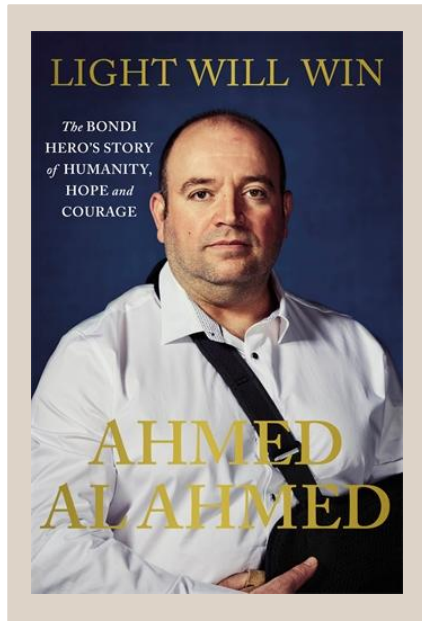
- ▶ Literary creative non-fiction in the European tradition: reflective, philosophical and driven by interior life.
- ▶ A distinctly French sensibility — attentive to nuance, moral ambiguity and the life of the mind.
- ▶ First love becomes a moment of existential rupture rather than conventional confession.
- ▶ Memory, books, identity and desire move fluidly across the page.
- ▶ Catherine has a strong French publishing history, with six previous books published in France.

FIRST LOVE · MEMORY · BOOKS · THE FORMATION OF A SELF

Light Will Win:

The Bondi hero's story of humanity, hope and courage

AHMED AL AHMED



PUB DATE
November 2026

PUBLISHER
Pan Macmillan Australia

RIGHTS HELD
WEL (excl ANZ), Translation

An unforgettable memoir about the life behind one extraordinary act of courage — and the belief that humanity is stronger than hatred.

What makes an ordinary person run towards danger when everyone else is trying to escape?

On a summer afternoon at Bondi Beach, families had gathered to celebrate the Jewish Festival of Lights when two gunmen opened fire on the crowd.

As one of the attackers advanced, Ahmed Al Ahmed made a split-second decision. He confronted and disarmed the gunman, an act that saved lives but left Ahmed shot five times, with lasting nerve damage and two bullets still lodged in his arm. Footage of the Syrian-born Australian Muslim's actions travelled around the world.

But *Light Will Win* is not simply the story of that afternoon. Ahmed's life began in Syria, where hardship and violence helped shape a deeply held conviction never to harm another person — and never to stand by while others were harmed. His memoir moves between Syria, his new life in Australia, the events at Bondi and their complicated aftermath: serious injury, sudden international attention and the permanent consequences of a decision made in seconds.

Warm, compassionate and deeply personal, *Light Will Win* asks what courage really looks like - and how the lives we have lived prepare us for moments we could never have imagined.

WHY THIS BOOK?

- An extraordinary story of instinctive courage: Ahmed's decision to confront and disarm an armed attacker made international headlines and saved lives.
- Written with the ghostwriter behind Eddie Jaku's internationally bestselling *The Happiest Man on Earth*, bringing the same focus on storytelling, humanity and hard-won insight.
- Goes far beyond the events at Bondi to tell the story of Ahmed's childhood in Syria, his migration to Australia and the experiences that shaped his response when confronted with violence.
- A memoir about humanity across cultural and religious divides, told through the experience of a Syrian-born Australian Muslim who risked his life protecting strangers gathered for a Jewish celebration.

ABOUT THE AUTHOR

Ahmed Al Ahmed was born in Syria and immigrated to Australia in 2006. Nineteen years later, he intervened during the Bondi mass shooting, disarming one of the gunmen before being shot five times. He lives in Sydney with his wife and daughters.

COURAGE · HUMANITY · SURVIVAL · AN EXTRAORDINARY TRUE STORY

THE WEIGHT OF WITNESS

The experiences of Australian & New Zealand medics in Gaza

Edited and Introduced by DR BUSHRA OTHMAN

Forty Australian and New Zealand healthcare workers bear witness to what they saw, treated and endured while volunteering in Gaza.

An urgent collection of frontline medical testimony — forty individual voices creating a collective record of what it means to provide care in the midst of war.

The Weight of Witness brings together 40 personal essays by Australian and New Zealand doctors, nurses and other healthcare professionals who volunteered in Gaza, recording their experiences of working under extraordinary conditions and caring for patients amid war and the collapse of medical infrastructure.

Edited and introduced by surgeon Dr Bushra Othman, the collection moves beyond headlines and statistics to the lived experience of frontline medicine: the patients treated, colleagues worked beside, impossible decisions made and human relationships formed in circumstances few medical professionals will ever encounter.

These are accounts of grief, exhaustion, courage and professional duty, but also of the people and communities the contributors encountered. Together they form an immediate record of contemporary conflict seen through the particular lens of those whose role was not to observe events from a distance, but to care for the people caught within them.

WHY THIS BOOK?

- ▶ Forty first-person accounts from Australian and New Zealand medical professionals who volunteered in Gaza.
- ▶ A rare collective record of contemporary conflict seen specifically through the experience of doctors, surgeons, nurses and other healthcare workers.
- ▶ Edited by surgeon Dr Bushra Othman, who has herself undertaken three medical missions to Gaza.
- ▶ Combines medical memoir, frontline testimony and reportage, giving the collection both immediacy and lasting documentary value.

PUB DATE
September 2026

PUBLISHER
Readers and Writers Against the
Genocide

RIGHTS HELD
WEL (excl ANZ), Translation

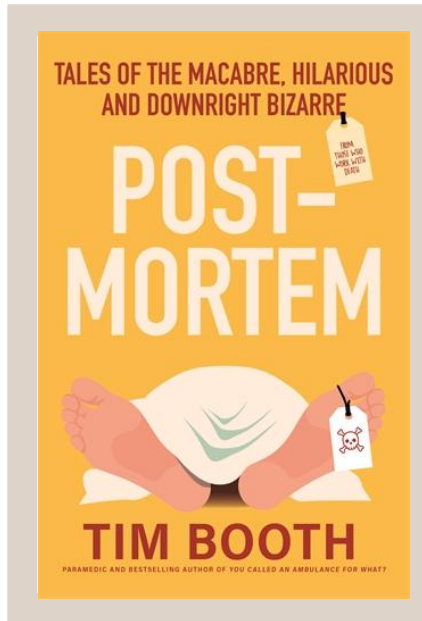
ABOUT THE EDITOR

Dr Bushra Othman is a Palestinian Australian general surgeon based in Melbourne. She has undertaken three medical missions to Gaza and is a medical mission coordinator with the Palestinian Australian & New Zealand Medical Association. In 2025, she received a Distinguished Alumni Award from Flinders University for her humanitarian work in Gaza.

MEDICAL WITNESS · GAZA · FIRST-PERSON TESTIMONY · 40 CONTRIBUTORS

Post-Mortem

TIM BOOTH



PUB DATE
August 2026

PUBLISHER
Pan Macmillan (Australia)

RIGHTS HELD
WEL (excl ANZ), Translation

ABOUT THE AUTHOR

Tim Booth is a seasoned intensive care paramedic, having spent six gruelling years tending to everything from high-stakes traumas to the many ridiculous callouts that define emergency medicine. His first book, *You Called an Ambulance for What?*, exposed the chaotic, often ludicrous world of paramedicine he found there.

For readers fascinated by medicine, mortality and the hidden professions surrounding death — macabre, funny and unexpectedly humane.

Tales of the macabre, hilarious and downright bizarre from those who work with death.

Death is a certainty, but what happens in the lead-up - and in its aftermath - is anything but predictable.

Nobody knows this better than those who work with death every day. There's no time for an existential crisis when your 9-to-5 involves responding to fatal plane accidents, transporting organs for urgent surgery, or fending off a dying man's request for Nickelback.

In this book, bestselling author and paramedic Tim Booth reveals the darkly funny, often absurd, and sometimes horrifying realities of the professionals most people hope never to meet, including:

- crime scene cleaners
- organ procurement coordinators
- gravediggers
- combat medics
- emergency nurses
- and many more.

Blending laugh-out-loud humour with unflinching moments of poignancy, *Post-Mortem* tells the stories of the people who face daily life's final chapter - so we don't have to.

WHY THIS BOOK?

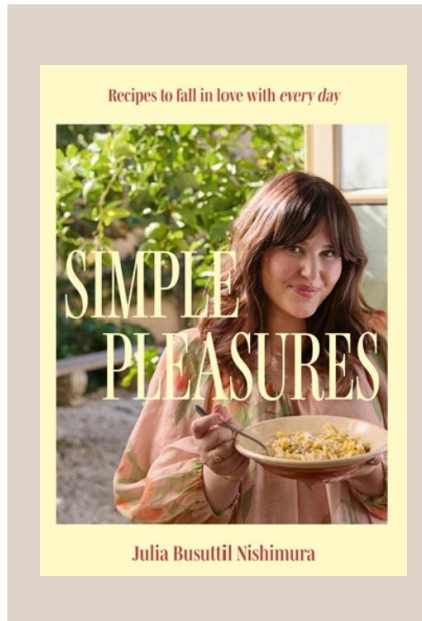
- ▶ Built from interviews with professionals across 25 fields.
- ▶ Perspectives range from Sydney paramedics to American morticians and London investigators.
- ▶ Gallows humour makes an intimidating subject surprisingly entertaining and accessible.
- ▶ Readers can laugh, cringe and reflect - often within the same story.
- ▶ Booth brings both wit and empathy, grounded in his own experience as a paramedic.

DEATH & MORTALITY · GALLOWS HUMOUR · FIRST-HAND STORIES · GLOBAL PERSPECTIVE

SIMPLE PLEASURES

Food to Fall in Love With

Julia Busuttil Nishimura



For cooks who want dinner to be easy without ever feeling ordinary - generous, beautiful food made for everyday life.

Beautiful everyday food for busy lives — 100 generous, seasonal recipes that make simple ingredients feel special.

Eating beautifully at home doesn't need to mean hours in the kitchen or a shopping list filled with obscure ingredients.

In *Simple Pleasures*, bestselling cook and food writer Julia Busuttil Nishimura pares her cooking back to the essentials: good ingredients, a well-stocked pantry and recipes built around ease, flavour and generosity. Everyday staples such as canned tomatoes, beans, eggs, dairy and dried pasta take centre stage, transformed into food you'll genuinely want to cook again and again.

PUB DATE
October 2026

PUBLISHER
Pan Macmillan (Australia) - Plum

RIGHTS HELD
WEL (excl ANZ), Translation

ABOUT THE AUTHOR

Julia Busuttil Nishimura is a cook, author and presenter whose food is shaped by her Maltese heritage, the seasons and the time she spent living in Tuscany. She is a columnist for *Gourmet Traveller*, *Good Weekend* and *The Design Files*, and the author of four bestselling cookbooks: *Ostro*, *A Year of Simple Family Food*, *Around the Table* and *Good Cooking Every Day*.

WHY THIS BOOK?

- ▶ 100 recipes for the way people actually cook now: quick midweek meals, one-pot dishes, pantry-based dinners and wonderfully simple sweets.
- ▶ Julia's distinctive cooking brings together Mediterranean generosity, Maltese heritage and the ease and simplicity of the Italian kitchen.
- ▶ A natural evolution for an established author whose readers have grown alongside her: Julia is now a busy working mother of three, cooking with less time but no less pleasure.
- ▶ An established Australian cookbook author with four bestselling books, a loyal bookselling audience and regular columns in *Gourmet Traveller*, *Good Weekend* and *The Design Files*.

EVERYDAY COOKING · PANTRY STAPLES · SIMPLE ENTERTAINING · 100 RECIPES

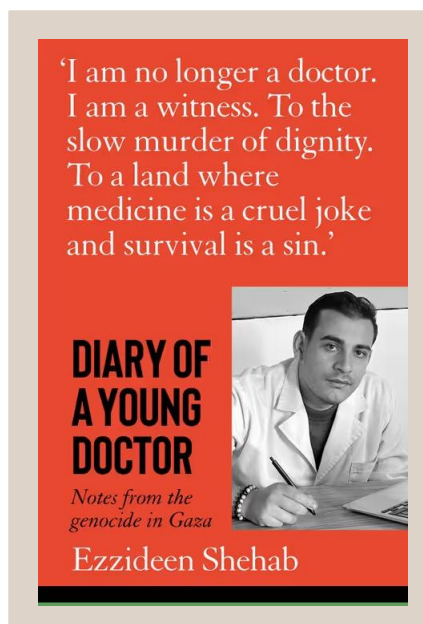
Julia Busuttill Nishimura



Previous Titles



RECENTLY PUBLISHED



DIARY OF A YOUNG DOCTOR

Notes from the Genocide in Gaza

EZZIDEEN SHEHAB

Dr Shehab's
second book to
publish in 2027

For readers of urgent first-person testimony, medical memoir and contemporary history — a deeply human record of survival, service and witness.

A powerful first-hand account of one of the most devastating chapters in recent history.

Five days before 7 October 2023, Ezzideen Shehab returned home to Gaza after completing his medical studies. Within a week, seventy-five members of his extended family had been killed in an airstrike.

In *Diary of a Young Doctor*, Dr Shehab recounts months volunteering in the besieged Indonesian Hospital, treating catastrophic injuries amid relentless bombardment and severe shortages. When the hospital was destroyed, he co-founded the Al-Rahma Medical Centre to provide free care in northern Gaza until repeated attacks forced it to close.

Measured, compassionate and unflinching, his dispatches bear witness not only to devastation, but to the courage, agency and humanity of Gaza's doctors and patients.

PUB DATE
November 2025

PUBLISHER
Readers and Writers Against the
Genocide

RIGHTS HELD
Translation

RIGHTS SOLD
WEL (ex ANZ): Scribe
Spain: Seix Barral
Italy: Mimesis Edizioni



ABOUT THE AUTHOR

Dr Ezzideen Shehab is a young doctor from northern Gaza. He completed his medical training at the University of Isfahan in Iran and returned to Gaza just days before 7 October 2023. He has provided medical care to its people throughout the war.

WHY THIS BOOK?

- ▶ A rare first-person medical account from inside Gaza, written by a young doctor making life-or-death decisions under siege.
- ▶ Written with extraordinary restraint and moral clarity, allowing lived experience to carry its own weight.
- ▶ Goes beyond destruction to foreground medical care, ethical dilemmas and the determination to keep serving a community under attack.
- ▶ Sits alongside the strongest traditions of frontline testimony and medical memoir: a document of witness, conscience and survival.
- ▶ International rights already sold in World English ex ANZ, Spain and Italy.

FIRST-PERSON MEDICAL WITNESS · GAZA · FRONTLINE TESTIMONY



PUB DATE
April 2026

PUBLISHER
Pan Macmillan Australia

RIGHTS HELD
WEL (excl ANZ), Translation

RIGHTS SOLD
Russia (Progress Kniga)

THE ATTENTION RECOVERY PLAN

DAVID GILLESPIE

Winning the battle for focus in a world built to break it.

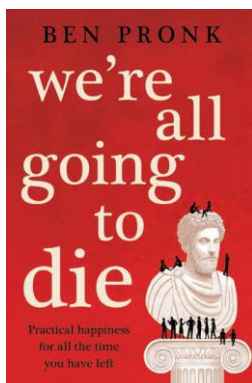
Bestselling author and researcher David Gillespie exposes how powerful tech titans are harnessing our attention to maximise their profits at our expense.

Packed with cutting-edge research and practical advice, *The Attention Recovery Plan* arms us with tools to break our reliance on screens, reset dopamine levels and reclaim focus.

WHY THIS BOOK?

- Tackles the mental health cost of our screen-saturated lives.
- Draws on neuroscience and psychology to show how dopamine-driven design hijacks our biology.
- Offers actionable steps to reduce reliance on screens, reclaim focus and boost creativity.

SCREEN CULTURE · FOCUS · NEUROSCIENCE · PRACTICAL RECOVERY



PUB DATE
July 2026

PUBLISHER
Pan Macmillan Australia

RIGHTS HELD
WEL (excl ANZ), Translation

RIGHTS SOLD
Slovakia (Eastone)

WE'RE ALL GOING TO DIE

BEN PRONK

Mortality shouldn't feel morbid — it's the ultimate motivator for a happier life.

We're All Going to Die is practical happiness for the time you have left. Ben Pronk distils philosophy, psychology and neuroscience into an accessible toolkit for modern readers, offering experiments, reflections and a dose of tough love to help readers define and pursue their own version of joy.

WHY THIS BOOK?

- Dismantles clichés and self-help jargon with wit, candour and clarity.
- Balances humour and depth, making profound ideas engaging and memorable.
- Leaves readers energised, not fearful — an empowering call to make the most of every fleeting day.

PRACTICAL HAPPINESS · MORTALITY · STOICISM · RESILIENCE