

The Ultimate ChatGPT Prompt Book

750+ Expert Prompts to Boost Productivity, Unlock Creative Potential, and Simplify Tasks

Igor Pogany

BOOK DESCRIPTION

Discover the easiest way to leverage artificial intelligence with these 750+ ready-to-use ChatGPT prompts for common uses such as increasing work productivity, creative writing, fun and entertainment, and more.

In this indispensable guide, Igor Pogany, the expert creator behind leading AI education platform AI Advantage, empowers both newcomers and seasoned experts alike to “speak ChatGPT” with fluency and confidence.

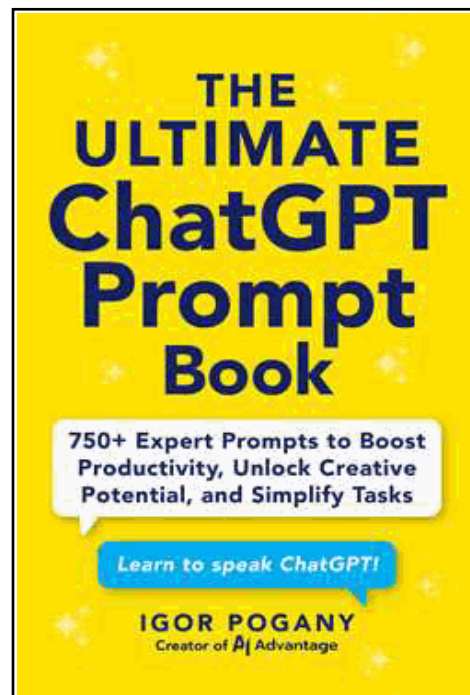
Now, interacting with ChatGPT is easier than ever with more than 750 expert-tested prompts for a myriad of practical use-cases. 100+ “cheat sheets” list specific prompts for achieving a given task, along with a prompting formula to help you tailor the prompt to your specific needs. Get equipped with ready-to-use solutions for your everyday challenges such as:

- Improving productivity when learning new skills
- Preparing schedules, balancing responsibilities, and creating budgets
- Crafting compelling narratives and brainstorming creative ideas
- Simplifying complex research topics
- Considering career viability, preparing for interviews, and crafting persuasive cover letters
- Prioritizing health with custom workout and meal plans
- Busting boredom with games, jokes, and new movies and music discovery

Unlock the immense potential of AI with *The Ultimate ChatGPT Prompt Book* and join the ranks of enthusiasts who have already revolutionized their lives with ChatGPT’s versatility and ease of use.

AUTHOR BIO

Igor Pogany is the creator and expert behind AI Advantage—a multiplatform AI education company. Since the public launch of ChatGPT in November 2022, Igor has built a following of hundreds of thousands of AI enthusiasts on YouTube and via his AI Advantage newsletter. Additionally, Igor provides both free resources and paid courses through the AI Advantage website.



PAPERBACK

On Sale: 01/13/26

Adams Media

9781507225554

Computers

First Print: 60,000

5 1/2 x 8 7/16, 192 pages

Carton quantity: 40

\$16 (US) / \$22.5 (CAN)

AUTHOR HOMETOWN

Igor Pogany - Lisbon, Portugal

OTHER FORMATS

UAB eAudio: 9781668167267,

\$14.99

eBook: 9781507225561, \$11.99

The Dopamine Code

How to Rewire Your Brain for Happiness and Productivity

Dr. Sydney Ceruto

BOOK DESCRIPTION

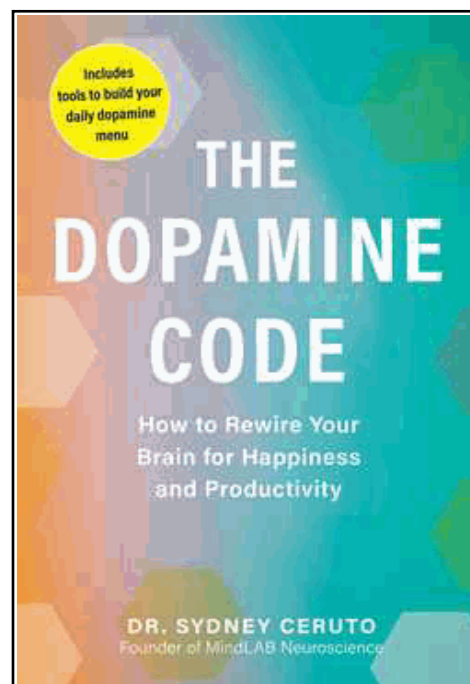
The Dopamine Code is a game-changer for ADHD brains that are feeling stuck, scattered, or buried under a mountain of to-dos. If you're constantly chasing happiness or struggling with focus and time management, this book will be your new favorite tool. It's packed with science on dopamine, how it impacts our motivation and drive, plus strategies like creating dopamine menus to keep your life moving smoothly. You'll learn how to spark joy, reduce overwhelm, and actually get things done without burning out.

Happiness and motivation aren't missing from your brain—it just doesn't work the same way for everyone. *The Dopamine Code* explores the neuroscience behind joy, drive, and follow-through in an engaging and approachable way, revealing why traditional productivity advice often fails to stick. Blending clear science with real-life examples, this book unpacks how dopamine shapes behavior—and how you can work with your brain, not against it, to get unstuck, stay focused, and actually finish what you start.

You'll also learn how to create a customizable “dopamine menu”—a dynamic toolkit of brain-friendly, energizing strategies tailored to how *you* function best. Whether you're navigating school, work, parenting, or simply trying to make it through the day without burning out, this guide offers a fresh, practical approach to happiness and productivity that's doable, sustainable, and finally makes sense.

AUTHOR BIO

Dr. Sydney Ceruto, founder of MindLAB Neuroscience, has been at the forefront of integrating neuroscience into personal and professional coaching for over two decades. With two master's degrees in psychology and two PhDs in behavioral and cognitive neuroscience, Dr. Ceruto is widely recognized as an expert in the field of neuroscience. She practices personal coaching across the globe, with offices in New York, Miami, Beverly Hills, and Lisbon Portugal. Dr. Ceruto is also a *Forbes* Coaching Council Executive Contributor, where she shares insights on neuroscience and leadership, and she has earned her numerous prestigious awards and recognitions, including a 2024 Lifetime Achievement Award from the World Coaching Congress and a 2022 induction into the National Society of Female Entrepreneurs as one of the World's Top 3 Best Life Coaches.



PAPERBACK

On Sale: 06/09/26

Adams Media

9781507226117

Self-Help

First Print: 75,000

5 1/2 x 8 7/16, 256 pages

Carton quantity: 32

\$18 (US) / \$25 (CAN)

AUTHOR HOMETOWN

Dr. Sydney Ceruto / New York City /
New York

OTHER FORMATS

eAudio: 9781668167953, \$25.99

eBook: 9781507226124, \$13.99

Self-Care Activities for Autistic People

100 Step-by-Step Exercises to Help You Feel Grounded, Relaxed, and Happy
Dr. Megan Anna Neff

BOOK DESCRIPTION

Empower your self-care routine and boost wellness with practical, accessible strategies tailor-made for autistic and ADHD adults, helping you manage stress, build connections, and thrive on your own terms.

Relax, recharge, and reset your body with this thoughtfully designed deck of 100 accessible exercises by trusted therapist Dr. Megan A. Neff. Perfectly tailored for autistic adults, this practical resource offers easy-to-use activities that support your well-being across all aspects of life.

Whether you're seeking ways to manage your stress, connect with others, or thrive in your career, these strategies are here to help when you need them the most—and all at the simple flip of a card. Explore the activities at your own pace and in any order you choose. All the exercises are easy to complete and don't require a big-time commitment.

Join the growing community of autistic adults who are prioritizing self-care in a way that is accessible, practical, and tailored for their unique strengths. This deck is your partner in building a life that feels good—on your own terms.

AUTHOR BIO

Dr. Megan A. Neff is a neurodivergent (Autistic-ADHD) clinician, parent, and advocate. She works with late-in-life diagnosed autistic and ADHD people and creates mental health and wellness resources with the neurodivergent person in mind. She is a clinical psychologist, researcher, and writer who stumbled into becoming an accidental "Instagram therapist" and content creator. In a constantly evolving digital and mental health landscape, she often finds herself reflecting on what it means to be human, a helper, and how we can show up for each other.



FLASHCARDS

On Sale: 02/24/26

Adams Media

9781507225066

Psychology

First Print: 75,000

4 x 6, 106 pages

Carton quantity: 40

\$20 (US) / \$28 (CAN)

AUTHOR HOMETOWN

Dr. Megan Anna Neff / Portland / Oregon

The Emotional Detox Deck

50 Cards to Process Your Emotions, Release Toxicity, and Energize Your Life
Sherianna Boyle, MEd, CAGS

BOOK DESCRIPTION

Process difficult emotions, release negativity, and find the joy you deserve in this accessible companion to *The Emotional Detox* featuring brand-new activities.

Transform your emotional well-being one card at a time with *The Emotional Detox Deck*, inspired by Sherianna Boyle's powerful C.L.E.A.N.S.E. method.

This powerful card deck is your portable guide to letting go of anxiety, processing emotions, and making room for more joy in your life. Whether you're feeling overwhelmed, stuck in negativity, or just looking for a moment of calm, these cards offer simple, actionable exercises and prompts to help you shift your mindset and reconnect with the present moment.

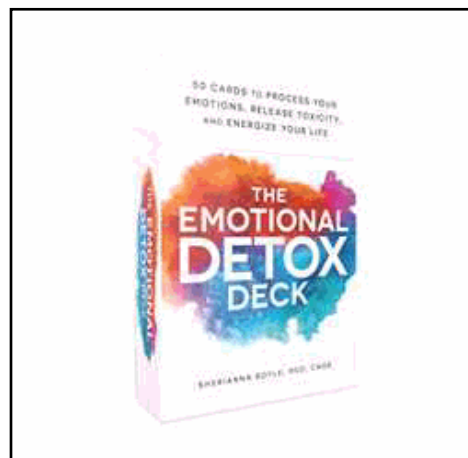
Each card is based on one of the seven steps of the C.L.E.A.N.S.E. method—Clear, Look Inward, Emit, Activate, Nourish, Surrender, and Ease—making it easy to integrate emotional detox into your daily routine. You'll find guided reflections, grounding practices, and positive affirmations, all designed to support you in clearing mental clutter and cultivating new, life-affirming habits.

This deck is perfect for anyone seeking a tool to improve their emotional health. Whether you're new to mindfulness or a seasoned wellness enthusiast, these cards offer a personal, approachable way to care for your emotions and find more joy in your everyday life.

Take the first step toward emotional freedom—experience the simplicity and power of an emotional detox.

AUTHOR BIO

Sherianna Boyle is an internationally bestselling author of numerous books, courses, and audio programs that cover every aspect of mind, body, and spirit. Her groundbreaking books blend psychology, energy healing, and practical and spiritual approaches which produce dynamic results. She is the host of the popular *Just Ask Spirit Podcast*. Learn more about her Emotional Detox and Just Ask Spirit retreats at: SheriannaBoyle.com/Events. Listen to the *Just Ask Spirit Podcast*. Take part in her live streaming events at SheriannaBoyle.com.



FLASHCARDS

On Sale: 01/27/26

Adams Media

9781507225080

Body, Mind & Spirit

First Print: 75,000

4 x 6, 58 pages

Carton quantity: 36

\$21 (US) / \$30 (CAN)

AUTHOR HOMETOWN

Sherianna Boyle / Cape Cod /
Massachusetts

The No (Self) Doubt Workbook

125 Exercises to Ditch Your Inner Critic and Increase Your Self-Confidence

Molly Burford

BOOK DESCRIPTION

Silence your inner critic and build confidence, determination, and self-worth with these 125 uniquely designed exercises to overcome self-doubt, unlock your potential, and embrace your strengths.

Self-doubt. Imposter syndrome. Perfectionism. Sound familiar? You're not alone. So many people have struggles with insecurity. From thinking every success you've ever had is a fluke to worrying that you'll never be good enough, self-doubt is a convincing liar. But that's exactly what self-doubt is—a liar. You just need to discover the truth!

This book is filled with 125 creative, easy-to-follow activities to help you stop self-doubt and take your power back. Exercises include:

- Create a compliment log: Fill in this helpful reminder of kind words you receive from a friend, family member, a coworker or even a random stranger at Trader Joe's.

- Design your most confident life: There's a confident version of you that exists; it might just take a little effort to invite them out of hiding! A series of prompts will reveal what you're good at and how you can incorporate more of those strengths into your day-to-day.

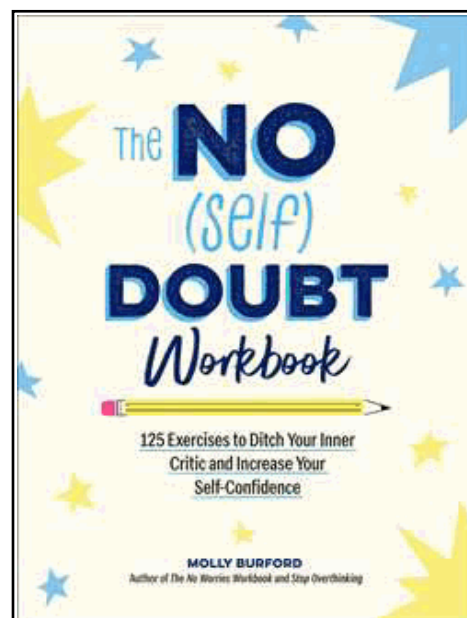
- Establish boundaries with loved ones: Not only do they foster healthy relationships, they keep us safe. Reflect on where you need to build (or reinforce) your boundaries and decide how to enforce them.

- And more!

You can use this workbook in order to jump to activities that feel appropriate for the moment. It's all about what works best for you. With some self-reflection and self-discovery, self-doubt will soon be history!

AUTHOR BIO

Molly Burford writes about relationships, emotional intelligence, and authentic living. Her writing has appeared in *Allure*, *Teen Vogue*, and *Thought Catalog*, among others. She is the author of *The No Worries Workbook*, *Say Yes to Yourself*, *DIY Bucket List*, and *Stop Overthinking*. Molly was born, raised, and still resides in Detroit, Michigan. Follow Molly at @MollyBurford and learn more at MollyBurford.com.



PAPERBACK

On Sale: 03/03/26

Adams Media

9781507225264

Self-Help

First Print: 60,000

5 1/2 x 7 1/2, 176 pages

Carton quantity: 40

\$18 (US) / \$25 (CAN)

AUTHOR HOMETOWN

Molly Burford / Detroit / Michigan

OTHER FORMATS

eAudio: 9781668166901, \$25.99

The Enneagram & You

Understand Your Personality Type and How It Can Transform Your Relationship:
Gina Gomez

BOOK DESCRIPTION

Use the wisdom of the enneagram to strengthen your relationships—at home, at work, and in love! *The Enneagram & You* not only helps you understand your personality type but provides the most comprehensive and modern information on how your type matches up with your friends, family, coworkers, and love interests.

In part one, you'll learn the basic concepts of the enneagram and how to effectively apply it to your life and your relationships. You'll also find a detailed description of each of the nine personality types, including their core values, key desires, and strengths along with their key fears, challenges, and blind spots.

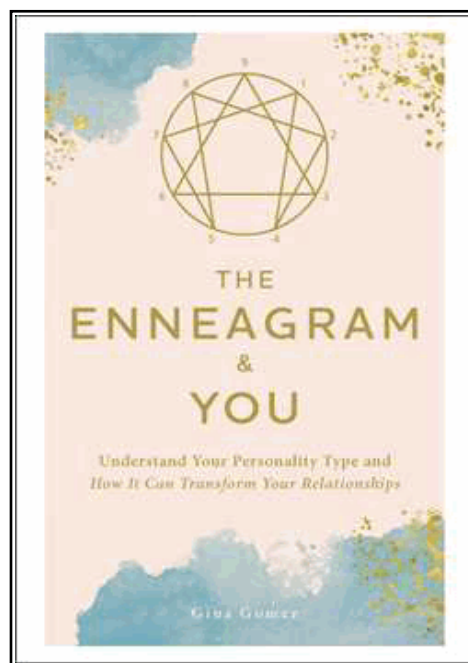
Part two explores each type pairing—from a Type 1 with a Type 1 to a Type 9 with a Type 9 and every possible pairing in between. Chapters cover these pairings in various relationship settings, including professional relationships, family relationships, and romantic relationships. You will learn how each pair works well together as well as the points of tension each pair faces based on how their personality types interact. You'll also find detailed advice on how the different personality types can resolve conflict and effectively communicate with each other and better understand what each person in the relationship needs to feel valued, known, and fully engaged based on their personality type.

Armed with this knowledge, you can begin to understand your reactions and responses to the various people in your life. And you'll also be able to better understand their reactions and responses to you. You'll be able to understand your own strengths and needs while recognizing the different strengths and needs of those around you. And this understanding can help you improve your relationships in ways that previously may have seemed impossible.

Let *The Enneagram & You* unlock the power of personality types to help you improve your personal, professional, and love life today!

AUTHOR BIO

Gina Gomez is an enneagram specialist, women's life coach, and online course creator. With over a decade of study and research with the enneagram, she has implemented the power tool in her workshops as a way for women to rediscover who they are, improve their relationships, and discover how to live in alignment with their core values. Gina is the cohost of *God Bless The Enneagram* podcast, where she gives insightful tips on self-development, relationship advice, and women's issues. She is the author of *The Enneagram & You*.



PAPERBACK

On Sale: 12/09/25

Adams Media

9781507226254

Self-Help

First Print: 20,000

5 1/2 x 8, 256 pages

Carton quantity: 40

\$18 (US) / \$25 (CAN)

AUTHOR HOMETOWN

Gina Gomez / Meridian / Idaho

OTHER FORMATS

UAB eAudio: 9781797111766,

\$19.99

Finding Your Higher Self

Your Guide to Cannabis for Self-Care

Sophie Saint Thomas

BOOK DESCRIPTION

Add a little THC to your TLC with more than 100 cannabis-infused self-care activities designed to enhance and elevate your sense of well-being. After all, when the world gets crazy, it helps to stop and *inhale*.

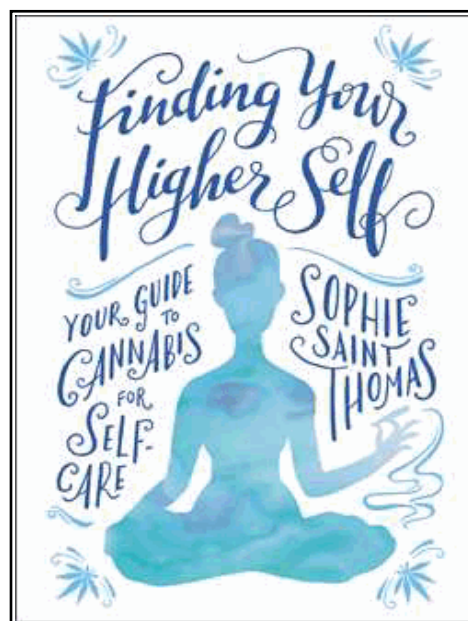
Bliss is a warm bath, scented with essential oils, lit by candlelight, and topped off with a soothing lungful of calming cannabis. Or maybe you find your bliss in child's pose, prefaced by a few gentle doses of your vape pen. Self-care is an important part of modern life, as we all strive to slow down, and do better to care for our minds, bodies, souls, and our relationships with ourselves and others: and cannabis is a lovely, all-natural tool to help you get there. This book has advice for infusing your day with the healing and soothing power of marijuana, from adding it into your yoga or meditation practices, to your journaling practice, your bathing rituals, and your quiet moments.

The book includes activities like:

- Practice the Four-Fold Flower Power Breath
- Give yourself a Massage with Cannabis Oil
- Enjoy a Flower-Fueled Face Mask
- Try a Medicated Meditation After a Really Rough Day

AUTHOR BIO

Sophie Saint Thomas is a freelance writer based in Brooklyn and is originally from the US Virgin Islands. *High Times* named for her one of their "100 Women in High Places" for her writing on cannabis. She is also the author of *The Little Book of CBD for Self-Care*. She has been published in *GQ*, *Playboy*, *VICE*, *Cosmopolitan*, *Forbes*, *Allure*, *Glamour*, *Marie Claire*, *High Times*, *Nylon*, *Refinery29*, *Complex*, *Harper's Bazaar*, *PRIDE Magazine*, *SELF*, and more. She currently lives in Greenpoint with her two marmalade tabby cats, Mama Cat and Major Tom Cat. She has more than one David Bowie tattoo.



PAPERBACK

On Sale: 12/09/25

Adams Media

9781507226261

Self-Help

First Print: 20,000

5 1/2 x 7 1/2, 224 pages

Carton quantity: 40

\$17 (US) / \$24 (CAN)

AUTHOR HOMETOWN

Sophie Saint Thomas / Brooklyn /
New York

OTHER FORMATS

UAB eAudio: 9781797107714,
\$17.99

Self-Care for Black Women Deck

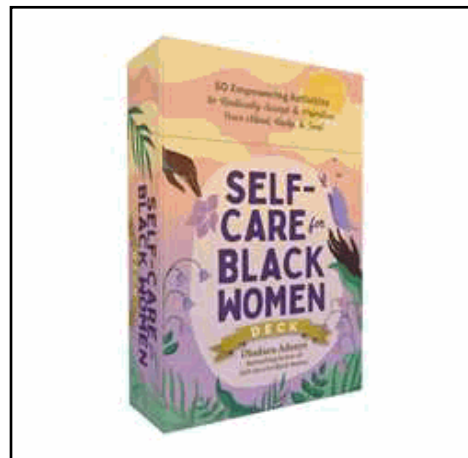
50 Empowering Activities to Radically Accept & Prioritize Your Mind, Body, & Soul

Oludara Adeeyo

BOOK DESCRIPTION

Prioritize your mental, physical, and spiritual wellness with this empowering collection of 50 self-care activities curated specifically for Black women to promote self-love.

It's time for Black women to put themselves first. In a world that systemically devalues both Black people and women, existing at the intersection of these two identities can be a constant struggle. Oludara Adeeyo's *Self-Care for Black Women Deck* is here to help you prioritize you—and your mental, physical, and spiritual wellness. These 50 activity cards allow you to kickstart and maintain your self-care journey. You'll find the self-confidence to celebrate what it means to be a Black woman, so you can live your most authentic life.



AUTHOR BIO

Oludara Adeeyo is a mental health therapist and author of *Self-Care for Black Women* and *Affirmations for Black Women: A Journal*. She is passionate about helping people, especially Black women, improve their overall wellness. Before becoming a Licensed Clinical Social Worker, Oludara worked as a writer and editor. She has been an associate web editor at *Cosmopolitan* and the managing editor at *XXL*. Oludara lives in Los Angeles, California.

FLASHCARDS

On Sale: 01/20/26

Adams Media

9781507225325

Self-Help

First Print: 75,000

4 x 6, 55 pages

Carton quantity: 40

\$19 (US) / \$26 (CAN)

AUTHOR HOMETOWN

Oludara Adeeyo / Los Angeles / California

Mindful Meditations for Black Men

Restorative Practices to Soothe Mind, Body, and Spirit

Jor-El Caraballo, LMHC

BOOK DESCRIPTION

An empowering and thought-provoking collection of meditations for Black men, helping them to experience the awareness, enlightenment, and healing they deserve from licensed therapist and popular author Jor-El Caraballo.

In *Mindful Meditations for Black Men*, mental health expert Jor-El Caraballo teaches Black men of all ages about the many benefits that mindfulness and meditation provide. From finding peace to practicing self-compassion and normalizing fear and defining success, each of the seventy entries in this book provide context and insight on a certain topic rooted in the practice.

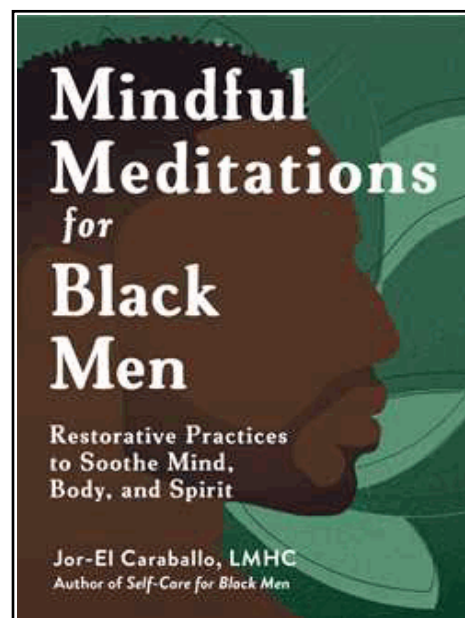
In these meditations, you will:

- Learn the practice of mindful awareness and the power of presence
- Discover ideas, themes, and messages that influence the health and wellness of Black men
- Challenge self-criticism, internalized pressure, and self-limiting beliefs
- Encounter perspectives that help them embrace their full humanity
- Discover opportunities for further personal growth

This book is an invitation for personal reflection and growth. With Caraballo's guidance, this book encourages and uplifts Black men and gives them space to discover the power of mindfulness.

AUTHOR BIO

Jor-El Caraballo is a licensed therapist and cofounder of Viva, a multi-state mental health practice. Caraballo received a BA in psychology from the University of North Carolina at Wilmington and MA and EdM degrees in psychological counseling from Teachers College at Columbia University. He has been featured as a mental health expert across many magazines and websites, including *Mind Body Green*, *Men's Health*, *Healthline*, *Insider*, *Self*, and more, sharing advice and insight on self-care, interpersonal relationships, dealing with trauma, and more.



HARDCOVER

On Sale: 01/06/26

Adams Media

9781507224250

Self-Help

First Print: 50,000

5 1/2 x 7 1/2, 224 pages

Carton quantity: 24

\$17 (US) / \$24 (CAN)

AUTHOR HOMETOWN

Jor-El Caraballo / New York / New York

OTHER FORMATS

eAudio: 9781668138755, \$25.99

eBook: 9781507224267, \$10.99

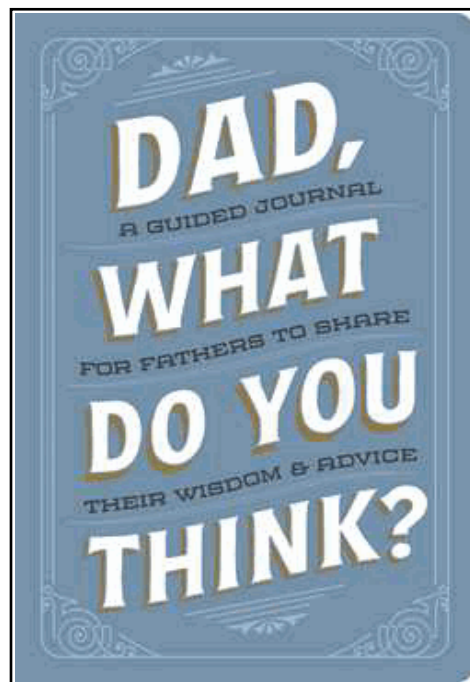
Dad, What Do You Think?

A Guided Journal for Fathers to Share Their Wisdom & Advice

Adams Media

AUTHOR BIO

Adams Media, an imprint of Simon & Schuster, informs, instructs, and inspires readers across a variety of lifestyle categories by providing the content they're looking for, from the experts they follow and trust. From New Age to Personal Finance, Cooking to Self-Help, Adams Media researches, identifies, creates, and distributes accessible content with implicit discoverability. Embodying a uniquely flexible "ground-up" publishing model, Adams Media navigates within or between consumer categories as market opportunity dictates. These are the books people are searching for.



PAPERBACK

On Sale: 05/05/26

Adams Media

9781507226353

Family & Relationships

First Print: 75,000

6 x 9, 160 pages

Carton quantity: 24

\$15 (US) / \$21 (CAN)

AUTHOR HOMETOWN

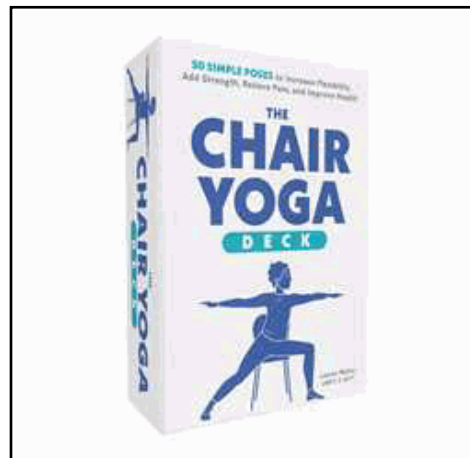
Adams Media / Stoughton /

Massachusetts

The Chair Yoga Deck

50 Simple Poses to Increase Flexibility, Add Strength, Relieve Pain, and Improve Health

Lauren Maher



FLASHCARDS

On Sale: 08/25/26

Adams Media

9781507226421

Health & Fitness

First Print: 75,000

5 x 7, 50 pages

Carton quantity: 40

\$20 (US) / \$28 (CAN)

AUTHOR HOMETOWN

Lauren Maher / Los Angeles /
California

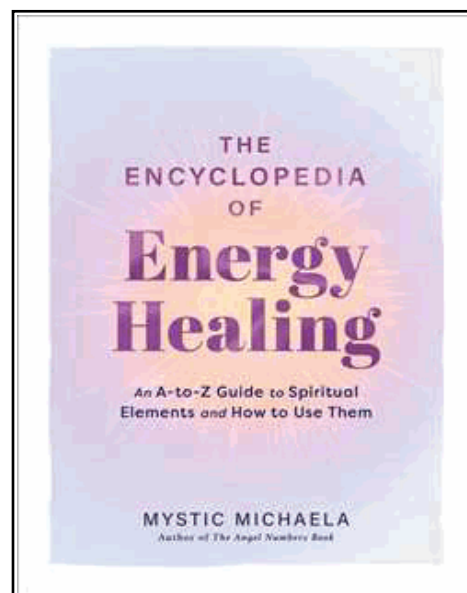
The Encyclopedia of Energy Healing

An A-to-Z Guide to Spiritual Elements and How to Use Them

Mystic Michaela

AUTHOR BIO

Mystic Michaela is a fourth-generation psychic medium. Her true passion is guiding people through spirit to live their own authentic lives. Michaela currently resides in South Florida where she has a thriving practice of personal clients. She is also the host of her own podcast *Know Your Aura*. She has been featured as a New Age expert in *Well+Good*, *Cosmopolitan*, *Shape*, *Mashable*, *HelloGiggles*, and more.



HARDCOVER

On Sale: 06/23/26

Adams Media

9781507226339

Body, Mind & Spirit

First Print: 75,000

7 x 9 1/8, 304 pages

Carton quantity: 24

\$24 (US) / \$34 (CAN)

AUTHOR HOMETOWN

Mystic Michaela / Boynton Beach /
FL

OTHER FORMATS

eAudio: 9781668170267, \$25.99

eBook: 9781507226346, \$11.99

How to Grow Medicinal Herbs

An Illustrated Beginner's Guide to Growing, Harvesting, and Making Herbal Remedies at Home

Vanessa Minton

BOOK DESCRIPTION

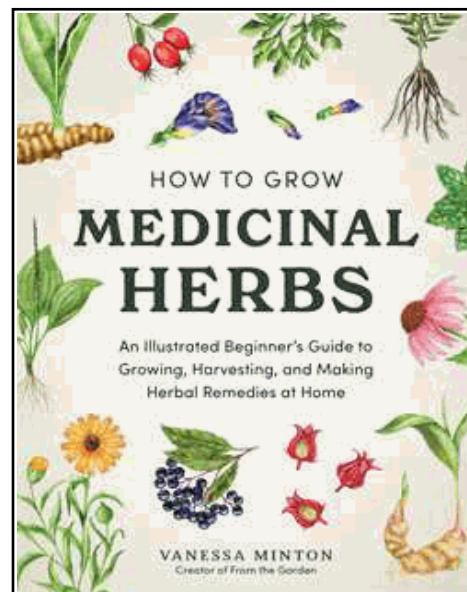
From mint to marjoram, learn how to grow your own medicinal herbs at home, and get tips on how to turn your produce into tinctures, teas, and salves that will improve your physical and mental health.

This practical guidebook teaches readers how to use small spaces to grow your own nutritious herbal plants and stress-relieving spices, and the necessary techniques for turning those plants into natural remedies like salves, teas, and tinctures.

Even if you're brand new to growing food, this book will help you learn how to position your edible herbs for success in small spaces, how to harvest and store them until they're ready to be consumed, and how to turn them into topical and edible medicines. Packed full of information about how to grow 50 different common edible herbs, this book also includes hand-drawn illustrations to show the final produce you can grow at home. And, from vitamins to anti-inflammatory effects, you'll also learn what each plant does for the health of the human body.

AUTHOR BIO

Vanessa Minton is the at-home gardener, chef, and educator behind social media's From The Garden, where she teaches her half-a-million followers how to grow and use their own vegetables and herbs. She has more than fifteen years experience growing herbs, veggies, and flowers for her family and community in central Texas, and has taught local classes on gardening and herbal production for nearly a decade.



HARDCOVER

On Sale: 03/24/26

Adams Media

9781507225998

Gardening

First Print: 60,000

7 x 9 1/8, 240 pages

Carton quantity: 24

\$20 (US) / \$28 (CAN)

AUTHOR HOMETOWN

Vanessa Minton/Leander/Texas

OTHER FORMATS

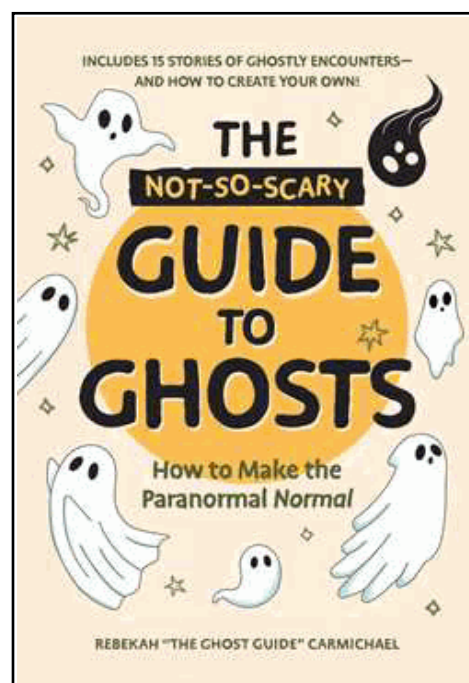
eAudio: 9781668159804, \$25.99

eBook: 9781507226001, \$10.99

The Not-So-Scary Guide to Ghosts

How to Make the Paranormal Normal

Rebekah Carmichael



HARDCOVER

On Sale: 07/21/26

Adams Media

9781507226377

Body, Mind & Spirit

First Print: 75,000

6 x 9, 256 pages

Carton quantity: 24

\$20 (US) / \$28 (CAN)

AUTHOR HOMETOWN

Rebekah Carmichael / Wilmington
/ NC

OTHER FORMATS

eAudio: 9781668170335, \$25.99

eBook: 9781507226384, \$10.99

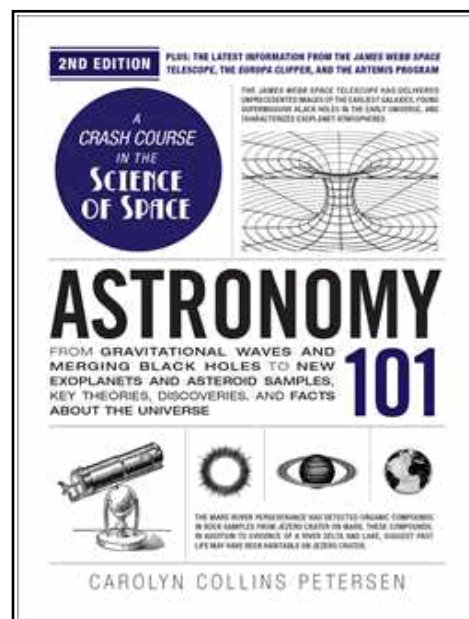
Astronomy 101, 2nd Edition

From Gravitational Waves and Merging Black Holes to New Exoplanets and Asteroid Samples, Key Theories, Discoveries, and Facts about the Universe

Carolyn Collins Petersen

AUTHOR BIO

Carolyn Collins Petersen is a science writer and producer of astronomy and space-science media for planetarium facilities, observatories, science centers, and webpages. She is CEO of Loch Ness Productions, a unique multimedia production company. Recent productions include *Losing the Dark* a collaboration with the International Dark-Sky Association. She has authored several books on astronomy and planetary science, and more than 75 documentary scripts. Carolyn is also a voice-over talent, lending her voice for many science narrations, including the series *Space Weather FX* produced by Loch Ness Productions for MIT's Haystack Observatory. You can also see and hear her work at Astrocast.TV and the Astronomical Society of the Pacific, in their *Astronomy Behind the Headlines* series. One of Carolyn's favorite pastimes is to read science fiction. Her favorite authors include Lois McMaster Bujold, Arthur C. Clarke, and Robert A. Heinlein. She lives in Colorado with her husband Mark, and three cats who own the house.



HARDCOVER

On Sale: 07/28/26

Adams Media

9781507226230

Science

First Print: 60,000

5 1/4 x 7 1/8, 288 pages

Carton quantity: 24

\$18 (US) / \$25 (CAN)

AUTHOR HOMETOWN

Carolyn Petersen / Boulder /

Colorado

OTHER FORMATS

eAudio: 9781668168998, \$25.99

eBook: 9781507226247, \$10.99

Cryptocurrency 101

From Blockchain and Bitcoin to Altcoins and Cryptocurrency Exchanges, Your Essential Guide to Understanding, Acquiring, and Using Cryptocurrency

Joe Duarte, MD

BOOK DESCRIPTION

Learn the ins and outs of cryptocurrency with this essential guide that removes the mystery of digital currency and helps you understand how to safely acquire and use this new type of money.

Want to use cryptocurrency but don't know where to start? Are you unsure as to what cryptocurrency even is? Is cryptocurrency a safe investment? *Cryptocurrency 101* has the answers to all these questions and more. From explaining what cryptocurrency is and the technology that backs it—blockchain—to exploring the various types of crypto available including Bitcoin, Ethereum, XRP, stablecoins, and tokens, you will get a crash course in cryptocurrency to help you get up to speed with the money of the future.

You'll learn the fundamentals of obtaining, storing, and using cryptocurrency as well as taxes and regulations on cryptocurrency. The book also offers information on mining cryptocurrencies including the fundamentals of mining and various ways to mine cryptocurrency.

Additionally, you'll find a primer on investing in cryptocurrency that include a foundational overview of investing and explores various options for investing including straight crypto trading, crypto ETFs, crypto stocks, and crypto futures and options. Armed with this knowledge, you'll be able step into the future of money with confidence.

AUTHOR BIO

Joe Duarte is a market analyst, trader, investor, and money manager. One of CNBC's original Market Mavens, Dr. Duarte has been writing about and analyzing global events since 1990. His articles and commentary have been featured on Marketwatch.com, *Barron's*, *Smart Money*, *Medical Economics*, and more. Dr. Duarte is a board-certified anesthesiologist, and former President of River Willow Capital Management where he managed individual accounts. His combined expertise in health care, energy, and the effects of politics and global intelligence on the financial markets have offered a unique blend of insight and information to thousands of active investors around the world on a daily basis, and he has been quoted in the major media, including CNBC, *The Wall Street Journal*, Associated Press, and CNN.com.



HARDCOVER

On Sale: 04/21/26

Adams Media

9781507225967

Business & Economics

First Print: 75,000

5 1/4 x 7 1/8, 256 pages

Carton quantity: 24

\$17 (US) / \$24 (CAN)

AUTHOR HOMETOWN

Joe Duarte / Dallas / Texas

OTHER FORMATS

eAudio: 9781668159651, \$25.99

eBook: 9781507225974, \$10.99

Credit 101

From How to Build Credit and Improve Your Credit Score to Reducing Credit Card Debt and Preventing Fraud, Your Essential Guide to Using Credit to Build Wealth

Carol Pope

BOOK DESCRIPTION

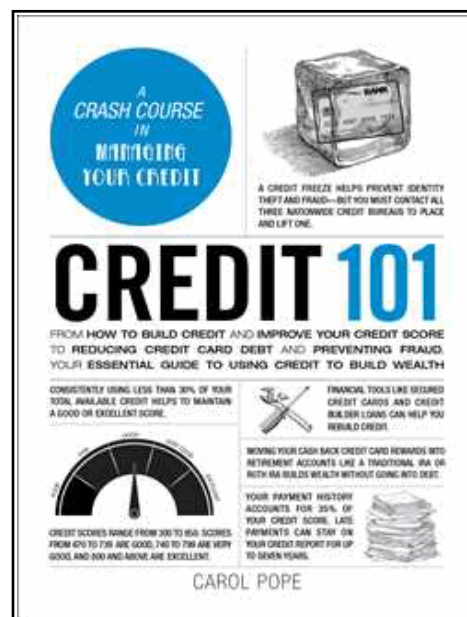
Boost your personal finances and maximize your buying power by optimizing your credit! *Credit 101* cuts through the confusion and brings the ins-and-outs of building, boosting, and repairing credit in straightforward, easy-to-understand way.

Start with the fundamentals of credit—what it is and how it works—and how to read a credit report and understand all the factors that contribute to a credit score. Then learn how to build credit from scratch, how to avoid common credit pitfalls, and how to fix credit mistakes. You'll also find strategies for maintaining excellent credit throughout your life, leveraging credit cards wisely while making significant purchases, choosing the right credit product for you and more. Explore the ins-and outs of credit cards—from how they impact your credit score and various credit card reward programs to balance transfers and the truth about cash advances. And discover effective ways to protect your identity and financial health both online and in person.

With this knowledge at your fingertips, you'll be empowered to take control of your credit, enhance your financial literacy, and step confidently into a future of financial independence.

AUTHOR BIO

Carol Pope is a financial writer who specializes in loans. Her goal is to help readers manage debt, improve their credit scores, and find the lowest loan rates. You can find her work on *LendingTree* and *Bankrate*. Before becoming a full-time writer, she worked as an insurance agent. Carol lives in Florida, and if she's not writing, she's probably running and volunteering with her local running club.



HARDCOVER

On Sale: 05/05/26

Adams Media

9781507226025

Business & Economics

First Print: 60,000

5 1/4 x 7 1/8, 256 pages

Carton quantity: 24

\$17 (US) / \$24 (CAN)

AUTHOR HOMETOWN

Carol Pope / Lakeland / Florida

OTHER FORMATS

eAudio: 9781668161654, \$25.99

eBook: 9781507226032, \$10.99

Write a Romantasy

99 Writing Prompts to Craft a Tale of Heart and Heroism

Erik Patterson

BOOK DESCRIPTION

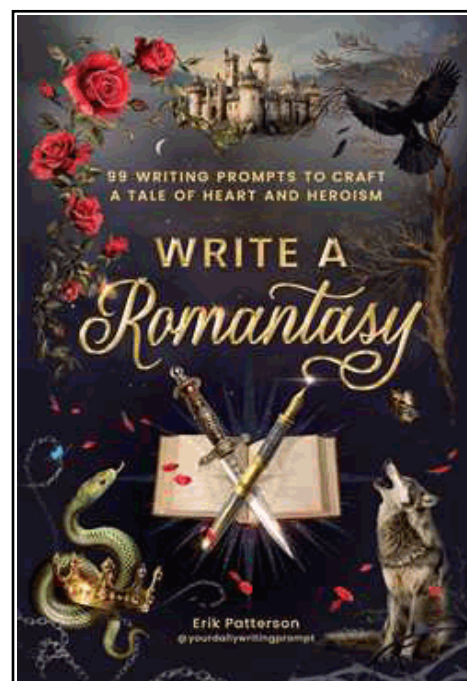
Master the romantasy genre with this ultimate guide full of prompts and tips for aspiring authors and seasoned writers alike looking to craft their dream romantasy novel.

Ideal for writers at all experience levels, this workbook offers an abundance of helpful tips and a variety of prompts that will inspire writers to create their perfect romantasy story!

This book guides writers through the tropes and themes that exist within the romantasy genre, then provides prompts that will not only engage the writer's creativity, but they will also aid in beating writer's block, spark ideas for uncharted possibilities, and offer fresh perspectives to outdated tropes.

AUTHOR BIO

Erik Patterson is an award-winning screenwriter, writing teacher, playwright, and creator of *Your Daily Writing Prompt* on TikTok. Patterson's TikTok prompts have millions of likes, helping writers across all genres including romantasy, romance, and sci-fi/fantasy. His writing has been recognized with the Humanitas Prize, the Writers Guild Award, and the Los Angeles Drama Critics Circle Award, as well as two Emmy nominations, and a GLAAD Media Award nomination. Erik is perhaps most known for writing the iconic *Radio Rebel* ("I am Radio Rebel") for the Disney Channel and *Another Cinderella Story* for ABC Family as well as numerous romantic films for the Hallmark Channel, including the *Sister Swap* films, *Love Under the Stars*, *Love on a Limb*, and *Love at First Bark*.



PAPERBACK

On Sale: 08/26/25

Adams Media

9781507225035

Language Arts & Disciplines

First Print: 75,000

6 x 9, 256 pages

Carton quantity: 24

\$17 (US) / \$23 (CAN)

AUTHOR HOMETOWN

Erik Patterson/Studio City/CA

OTHER FORMATS

UAB eAudio: 9781668154984,

\$19.99

eBook: 9781507225042, \$12.99

Write a Dystopian Novel

99 Writing Prompts to Craft a Tale of Ruin and Rebellion

Erik Patterson

BOOK DESCRIPTION

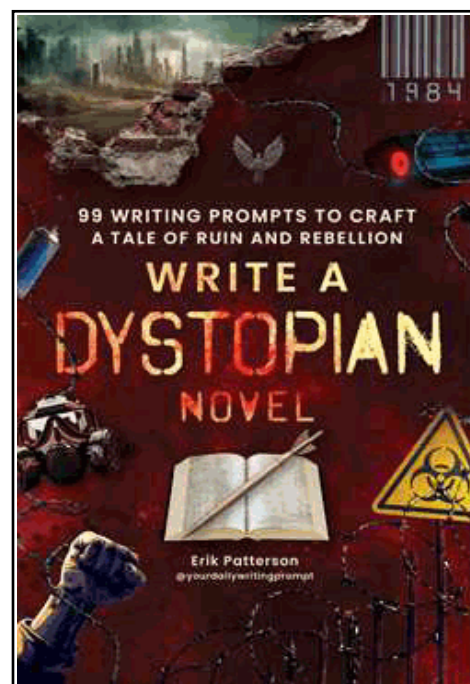
Master writer's block and spark your creativity with this workbook full of helpful tips and a variety of prompts for writers of all experience levels to create their perfect dystopian story!

Write a Dystopian Novel guides writers of all experience levels through the tropes and themes that exist within the dystopian setting, then provides prompts that will not only engage the writer's creativity but will also beat writer's block and offer a fresh perspective on outdated tropes.

First writers will find an interesting scenario for their characters, then they're given brainstorming and writing instructions, and may also find some interesting twists with extra asks about adding additional elements (like a joke or a lie), giving things an extra dystopian spin, or working in a callback. For anyone looking to expand their dystopian writing, this book is a must-have to help complete their story ideas, deepen their worldbuilding, and craft unforgettable, thought-provoking narratives that will captivate readers.

AUTHOR BIO

Erik Patterson is an award-winning screenwriter, writing teacher, playwright, and creator of *Your Daily Writing Prompt* on TikTok. Patterson's TikTok prompts have millions of likes, helping writers across all genres including romantasy, romance, and sci-fi/fantasy. His writing has been recognized with the Humanitas Prize, the Writers Guild Award, and the Los Angeles Drama Critics Circle Award, as well as two Emmy nominations, and a GLAAD Media Award nomination. Erik is perhaps most known for writing the iconic *Radio Rebel* ("I am Radio Rebel") for the Disney Channel and *Another Cinderella Story* for ABC Family as well as numerous romantic films for the Hallmark Channel, including the *Sister Swap* films, *Love Under the Stars*, *Love on a Limb*, and *Love at First Bark*.



PAPERBACK

On Sale: 11/25/25

Adams Media

9781507225288

Language Arts & Disciplines

First Print: 75,000

6 x 9, 256 pages

Carton quantity: 24

\$17 (US) / \$24 (CAN)

AUTHOR HOMETOWN

Erik Patterson/Studio City/CA

OTHER FORMATS

UAB eAudio: 9781668169148,
\$18.99

eBook: 9781507225295, \$12.99

Write a Horror Novel

99 Writing Prompts to Craft a Tale of Terror and Darkness

Erik Patterson

BOOK DESCRIPTION

Abandoned places! Final Girl! Ghostly Hitchhickers! Horror fans and writers-to-be can build their own worlds, craft their own characters, and spin their own gripping stories with these engaging and thought-provoking writing prompts, making writing your own horror story easier—and more thrilling—than ever!

Ideal for writers at all experience levels, this workbook offers an abundance of helpful tips and a variety of prompts that will inspire writers to create their perfect horror story!

Write a Horror Novel guides writers through the tropes and themes that exist within the horror genre, then provides prompts that will not only engage the writer's creativity, they will also aid in beating writer's block, spark creativity for uncharted possibilities, and offer fresh perspectives on outdated storytelling techniques.

First writers will find an interesting plot or setting for their characters, then they're given brainstorming and writing instructions, and may also find some interesting twists with extra asks about adding additional elements (like a joke or a lie), giving things an extra horror spin, or working in a callback. For instance...

SCENARIO

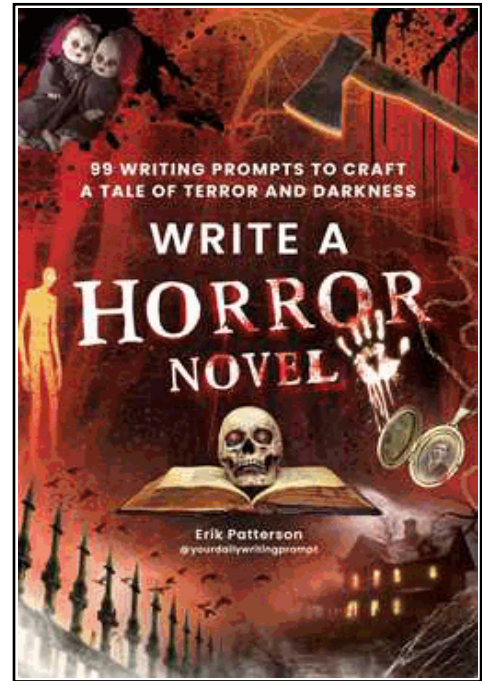
A doll has come to life and it's wreaking havoc on an unsuspecting community. Decide what kind of doll it is (anything from a stuffed animal to a baby doll to an action figure to a teddy bear to a puppet to a mannequin to a wooden boy, and so on), then think about how your protagonist is connected to this once-inanimate object. At this point in your story, the doll has done a lot of damage. Your protagonist has been hurt by this doll, in more ways than one.

BRAINSTORM

What does the doll want? Do a deep dive into the doll's psychology. How did it come to life, what powers does it possess, what rules does it have to follow, and how can it be defeated?

WRITE

Your protagonist hates this damned doll and will do anything in her power to destroy it. Write a series of scenes where your protagonist tries to get rid of the doll, but everything she does fails. Is the doll indestructible? What's your protagonist missing?



PAPERBACK

On Sale: 05/26/26

Adams Media

9781507226131

Language Arts & Disciplines

First Print: 75,000

6 x 9, 256 pages

Carton quantity: 24

\$18 (US) / \$25 (CAN)

AUTHOR HOMETOWN

Erik Patterson/Studio City/CA

OTHER FORMATS

eAudio: 9781668168363, \$25.99

eBook: 9781507226148, \$13.99

What does she need to do to finally break herself out of the doll's damaging orbit?

OPTIONAL ELEMENTS TO INCLUDE

An incantation that doesn't work.

The doll impersonates one of your protagonist's dead loved ones.

A broken bone.

HORROR TWIST

The doll is possessed by a demon. What if this demon knew a dark secret your protagonist has been trying to keep hidden. How might this demonic doll use this misbegotten information to harm your protagonist?

CALLBACKS

What if the doll came with a set of instructions? Could the answer to the doll's destruction be hidden somewhere in the fine print?

AUTHOR BIO

Erik Patterson is an award-winning screenwriter, writing teacher, playwright, and creator of *Your Daily Writing Prompt* on TikTok. Patterson's TikTok prompts have millions of likes, helping writers across all genres including romantasy, romance, and sci-fi/fantasy. His writing has been recognized with the Humanitas Prize, the Writers Guild Award, and the Los Angeles Drama Critics Circle Award, as well as two Emmy nominations, and a GLAAD Media Award nomination. Erik is perhaps most known for writing the iconic *Radio Rebel* ("I am Radio Rebel") for the Disney Channel and *Another Cinderella Story* for ABC Family as well as numerous romantic films for the Hallmark Channel, including the *Sister Swap* films, *Love Under the Stars*, *Love on a Limb*, and *Love at First Bark*.

Agatha Christie

The Mother of the Cozy Mystery

Nancy West

BOOK DESCRIPTION

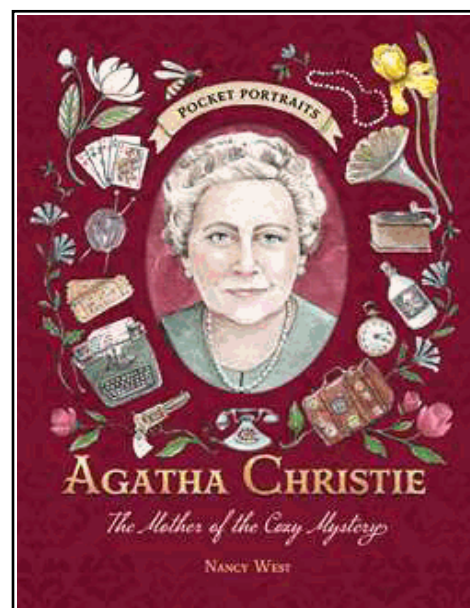
Embark on a journey through the life behind the mother of cozy mysteries like *Murder on The Orient Express* and *And Then There Were None* with this captivating literary biography and stunning celebration of Agatha Christie.

100 short entries take you through moments from Agatha Christie's life—some well-known and some which may be unexpected. These are the moments that shaped her sixty-six detective novels, as well as her plays, short story collections, and romance novels. Including excerpts from her most iconic works like *And Then There Were None*, *Murder on the Orient Express*, and *Death on the Nile*, as well as sidebars that explore how her works have left a lasting impression on pop culture. This book paints a vivid portrait of the complicated and clever woman behind the books.

This beautifully curated book is both an inspiring biography and a celebration of literary brilliance. Whether you're a longtime admirer of Christie or just beginning your literary adventure, *Pocket Portraits: Agatha Christie* will leave you fascinated, inspired, and longing for more.

AUTHOR BIO

Nancy West is professor of English at the University of Missouri and the author of *Kodak and the Lens of Nostalgia*, and *Tabloid, Inc.: Crimes, News, Narratives*, as well as the *Booklist* and *Library Journal* star-reviewed *Masterpiece: America's Fifty-Year-Love Affair with British Television Drama*. West's books have earned her appearances on PBS's *The American Experience* and the BBC's *The Genius of Photography* as well as keynote talks at The National Gallery of Art in Washington, DC, the London School of Design, and the Amon Carter Museum. She is a regular contributor to *Written By* magazine, *The Atlantic*, *The Chronicle of Higher Education*, and the *Los Angeles Review of Books*.



HARDCOVER

On Sale: 05/19/26

Adams Media

9781507225387

Biography & Autobiography

First Print: 60,000

4 1/2 x 6, 240 pages

Carton quantity: 40

\$17 (US) / \$24 (CAN)

AUTHOR HOMETOWN

Nancy West -Columbia, MO

OTHER FORMATS

eAudio: 9781668154588, \$25.99

eBook: 9781507225394, \$10.99

The Ultimate RPG Villain Backstory Guide

Prompts and Activities to Create Compelling Antiheroes, Enemies, and Bad Guys

James D'Amato and Dillin Apelyan

BOOK DESCRIPTION

Enter your villain era with this indispensable resource for game masters and players eager to breathe life into their campaigns with captivating villains and complex antiheroes.

In the varied and diverse worlds of tabletop RPGs, there are a myriad of genres, play styles, and creative opportunities for players and game masters to sink their teeth into. *The Ultimate RPG Villain Guide* is an essential tool for game masters and RPG players seeking to craft memorable antagonists and morally complex heroes. This guide delves into the art of villain creation, offering innovative strategies to develop characters that drive the narrative and captivate players. Whether you're plotting the downfall of a kingdom or the rise of a conflicted anti-hero, this book has you covered.

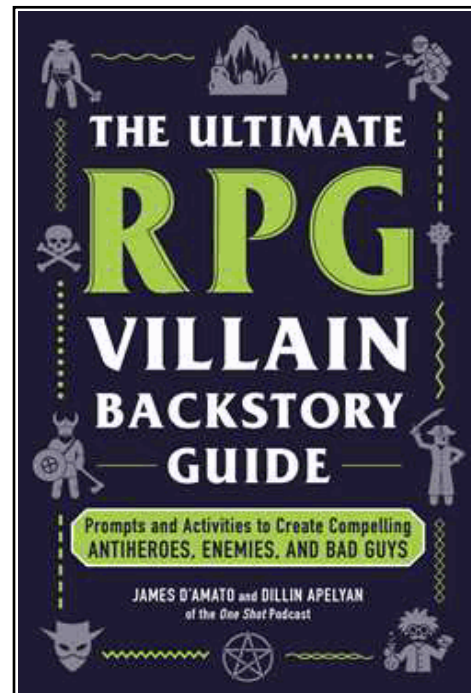
With its step-by-step processes, engaging prompts, and expert insights, *The Ultimate RPG Villain Guide* solves the common problem of flat, uninteresting villains that fail to challenge players' creativity. These tools empower creators to design layered personalities, intricate backstories, and compelling motives that enrich any campaign setting.

Typically, players determine a character alignment that helps to shape their backstory and their character progression, but creating an effective villain goes beyond determining the right evil alignment (lawful, neutral, or chaotic). From classic archetypes to unconventional foes, this workbook provides a wealth of ideas tailored to RPG enthusiasts of all levels, allowing the players to take their characters beyond their alignment to create unique characters that will help to drive the story, rather than disrupt.

AUTHOR BIO

James D'Amato is the author of The Ultimate RPG Series, cofounder of the One Shot Podcast Network, and host of the *One Shot* and *Campaign: Skyjacks* podcasts. He trained at Second City and iO in Chicago in the art of improvisational comedy: he now uses that education to introduce new people to role-playing, and incorporates improvisational storytelling techniques to create compelling and entertaining stories for RPG campaigns and one-shot adventures.

Dillin Apelyan (she/he/they) is the current host of the *One Shot* podcast. In addition, they helm several popular productions including *The Atomless*, *Dorkspawn*, and *Patchwork Productions*, and they have made appearances on media giants like *Dropout* and *Critical Role*. They have also designed and authored several successful roleplaying games like *HUNT(er/ed)* and *Guys in Chairs* and *Spin the Bottle* from the PlusOneExp Zine.



PAPERBACK

On Sale: 03/10/26

Adams Media

9781507225301

Games & Activities

First Print: 75,000

5 1/2 x 8 7/16, 256 pages

Carton quantity: 40

\$16 (US) / \$22.5 (CAN)

AUTHOR HOMETOWN

James D'Amato / Chicago / Illinois

Dillin Apelyan / Brooklyn / New York

OTHER FORMATS

eBook: 9781507225318, \$11.99

I Love EPCOT

100+ Magical Facts, Quizzes, Fan-Favorite Trivia, and More about EPCOT!

Danielle Kelly with Ian Wilson

BOOK DESCRIPTION

Celebrate your love of EPCOT with this must-have handbook that features everything from its stunning history to its iconic rides and attractions to surprising trivia, behind-the-scenes facts, and more.

From World Showcase to the EPCOT International Food & Wine Festival and beyond, *I Love EPCOT* explores every area of the park and is made for the true Disney fanatic—complete with surprising trivia, behind-the-scenes facts, fun quizzes, and so much more.

Whether you visit the Disney Parks many times throughout the year or simply love all things Disney, you know there's always more to learn about the iconic parks. Written by a former Disney cast member and diehard Disney fan, you'll learn inside info about EPCOT's most iconic attractions, rides, and foods, such as:

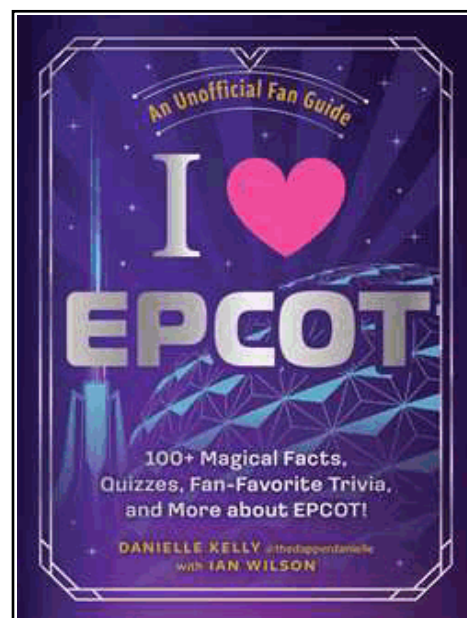
-Not only is EPCOT an epic theme park—it also boasts an incredible aquarium! The SeaBase Aquarium, located in The Seas with Nemo & Friends Pavilion, is the second largest aquarium in the United States. It's so big that you'd need more than eight Olympic swimming pools to hold the same amount of water!

-If you're interested in a unique shopping experience, head to the Japan Pavilion, where you can shop at one of the oldest department store companies in Japan. The original Mitsukoshi store was founded in the late 1600s, and this EPCOT location is their only store in the United States.

-Hungry for some *authentic* Neapolitan pizza? At Via Napoli Ristorante e Pizzeria in the Italy Pavilion, fresh ingredients are imported straight from southern Italy to make your pizza as authentic as possible. The pizza is also cooked in one of three large wood-fired ovens that are named after the three major active volcanoes in Italy: Mount Stromboli, Mount Vesuvius, and Mount Etna!

This is the ultimate EPCOT experience that would surprise even Walt himself.

AUTHOR BIO



HARDCOVER

On Sale: 01/06/26

Adams Media

9781507224977

Travel

First Print: 60,000

5 1/2 x 7 1/2, 208 pages

Carton quantity: 24

\$17 (US) / \$24 (CAN)

AUTHOR HOMETOWN

Danielle

Kelly/Championsgate/Florida

Ian Wilson/Nashville/Tennessee

OTHER FORMATS

UAB eAudio: 9781668171769,

\$17.99

eBook: 9781507224984, \$10.99

Danielle Kelly, known as The Dapper Danielle to her more than half a million social media followers, has exploded into an influential personality known for creating authentic and consistent Disney-themed content. A former Disney cast member with over a decade of experience, Danielle uses her experience to illuminate the stories, people, and history that go into the most magical and happiest places on earth. In between speaking engagements, podcast recordings, and content creation, Danielle is most likely to be at a Disney park obsessing over Orange Bird merch, planning her next fabulous outfit, and reminding everyone to “night night, sleep tight, dream of churros tonight!”

Ian Wilson was born in Tallahassee, Florida, and raised in Anchorage, Alaska. Living between two diametrically different places has helped Ian as an editor connect the abstract to the tangible, the artistic to the quantified, and the wild to the refined. Ian has been helping authors find the right words for their ideas for the last five years and has supported on titles ranging from social commentary to works of fiction. He currently lives in Nashville, Tennessee, with his wife and new baby.

Hack That Dish!

101 Copycat Recipe Secrets to Re-Create Your Favorite Foods—at Home
Todd Wilbur

BOOK DESCRIPTION

From popular copycat recipe developer and bestselling author Todd Wilbur comes a brand-new book of favorite dishes readers can recreate right in their own homes—and learn the secrets to creating delicious dupes of their own!

America's #1 food hacker is here to help anyone looking to recreate their favorite drinks, dishes, and desserts right at home. Todd Wilbur is a one-man culinary cover band who identifies and decodes America's favorite restaurant dishes and beloved brand-name foods, so you can make perfect copies at home.

No matter what you're craving—from fast food breakfast staples to fast casual meals to sweet treats from the candy aisle—you won't have to leave home or break the bank to satisfy your appetite. Todd's got you covered with step-by-step recipes for favorites such as:

- McDonald's Bacon Egg & Cheese McGriddles
- Chick-fil-A Spicy Deluxe Chicken Sandwiches
- Maggiano's Mozzarella Marinara
- On The Border Enchiladas
- Crumbl Semi-Sweet Chocolate Chunk Cookies
- And so much more!

With Todd's expert advice and entertaining experiences figuring out how to recreate all of these foods, you'll learn how to hack dishes on your own. The secret's out and you'll be whipping up all your favorites at home in no time!

AUTHOR BIO

For more than twenty-five years, Todd Wilbur has been reverse-engineering America's most iconic foods for his series of 11 *Top Secret Recipes* cookbooks. With over 5 million books in print, the self-proclaimed "food hacker" has shared his recipes and insights with outlets including *The New York Times*, *People*, *Newsweek*, *Entertainment Weekly*, *Today*, *Good Morning America*, *Fox & Friends*, and The Food Network. He lives with his family in Las Vegas.

final cover
to come

HARDCOVER

On Sale: 04/28/26

Adams Media

9781507225509

Cooking

First Print: 75,000

7 x 9 1/8, 224 pages

Carton quantity: 24

\$24 (US) / \$34 (CAN)

AUTHOR HOMETOWN

Todd Wilbur / Las Vegas / Nevada

OTHER FORMATS

eBook: 9781507225578, \$11.99

The Everything Easy Low-FODMAP Diet Cookbook

175 Healthy Recipes to Reduce Digestive Symptoms, Improve Gut Health, and Feel Your Best

Colleen Francioli with Melinda Boyd

BOOK DESCRIPTION

Manage your digestive issues, identify food triggers, and improve your overall gut health with these 175 easy and satisfying low-FODMAP recipes.

From reducing bloating and gas to improving bowel movements and overall gut health, the low-FODMAP diet can be a lifesaver for people dealing with digestive issues, including IBS. Yet its strict elimination and slow reintroduction process can be difficult without guidance—which is exactly where *The Everything Easy Low-FODMAP Diet Cookbook* comes in.

This book is here to help you create gut-friendly meals that are right for you. you'll learn how to manage the eliminate phase, the best strategies for reintroducing different foods, and how to best customize the diet to suit your needs. You'll also find delicious low-FODMAP recipes for every meal of the day, including:

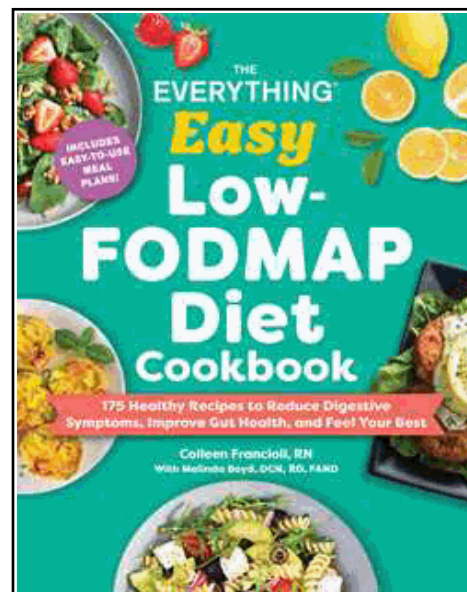
- Pumpkin Spice Crepes that make a delicious breakfast
- Pork Chops with Carrots and Toasted Buckwheat that make the perfect main dish for dinnertime
- A Mixed Berry Cobbler that's the perfect dessert to wrap up any meal
- And many more!

With flexible meal plans, 175 easy and delicious recipes, and all the advice you'll need to get started, you'll have everything you need to create delicious, low-FODMAP meals that will help you manage your digestive issues and feel your best.

AUTHOR BIO

Colleen Francioli, CNC, is a certified nutritional consultant, blogger, recipe developer, and photographer. On her blog, *FODMAP Life*, Colleen shares her own experiences with IBS and the low-FODMAP diet. Her blog includes a wealth of information for the low-FODMAP diet, including recipes, diet tips, grocery lists, foods to avoid, science-based studies, brands with low-FODMAP ingredients, and more.

Dr. Melinda Boyd is a Registered Dietitian and holds a Doctor of Clinical Nutrition degree from Rutgers School of Health Professions. She is currently an assistant professor of nutrition and public health at Cedar Crest College. With over twenty years of clinical experience, she has spent countless hours helping patients improve their health through dietary interventions and behavior change. Her main focus areas include women's health, diabetes care, and gastrointestinal disorders. She has completed the FODMAP and IBS Training for Dietitians course from Monash University and has seen the success of the low FODMAP diet with her IBS patients.



PAPERBACK

On Sale: 01/27/26

Adams Media

9781507225677

Cooking

First Print: 50,000

7 x 9 1/8, 256 pages

Carton quantity: 24

\$19 (US) / \$26 (CAN)

AUTHOR HOMETOWN

Colleen Francioli, RN / Carlsbad / CA

Melinda Boyd / Easley / SC

OTHER FORMATS

eBook: 9781507225684, \$13.99

The Everything Easy MIND Diet Cookbook

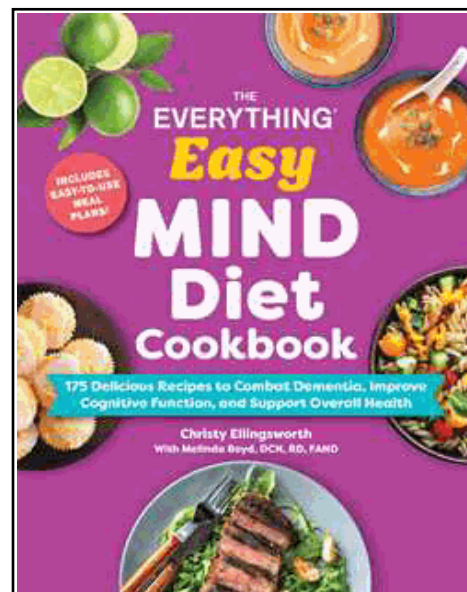
175 Delicious Recipes to Combat Dementia, Improve Cognitive Function, and Support Overall Health

Christy Ellingsworth with Melinda Boyd

AUTHOR BIO

Christy Ellingsworth is a food blogger, recipe creator, and founder of *The Daily Dish* (TheDailyDish.us). Since 2007, *The Daily Dish* has been providing low-sodium heart-healthy recipes, products, and more to thousands of daily readers. She lives in Portland, Maine.

Dr. Melinda Boyd is a Registered Dietitian and holds a Doctor of Clinical Nutrition degree from Rutgers School of Health Professions. She is currently an assistant professor of nutrition and public health at Cedar Crest College. With over twenty years of clinical experience, she has spent countless hours helping patients improve their health through dietary interventions and behavior change. Her main focus areas include women's health, diabetes care, and gastrointestinal disorders. She has completed the FODMAP and IBS Training for Dietitians course from Monash University and has seen the success of the low FODMAP diet with her IBS patients.



PAPERBACK

On Sale: 05/26/26

Adams Media

9781507226407

Cooking

First Print: 75,000

7 x 9 1/8, 256 pages

Carton quantity: 24

\$19 (US) / \$26 (CAN)

AUTHOR HOMETOWN

Christy Ellingsworth / Portland / ME

Melinda Boyd / Easley / SC

OTHER FORMATS

eBook: 9781507226414, \$13.99

The Ultimate Pickle Lover's Book

From Condiment to Cocktail—a Flavorful Celebration of the Mighty Dill
Princess Gabbara and Kelly Jagers

BOOK DESCRIPTION

Pickle enthusiasts can rejoice with this celebration of all-things pickled, featuring over 50 recipes for infusing that addictive briny flavor into every bite.

The Ultimate Pickle Lover's Book takes the tangy flavor of the classic sandwich side and puts it center stage. True pickle freaks will enjoy the fascinating history of pickles from around the world, a definitive(ish) ranking of the best store-bought brands, pickled trivia and quizzes, lists of the greatest pickles in pop culture, content for throwing your own pickle-themed party, and pickle puns-galore.

With over 50 pickle recipes this book helps make pickles the star of every meal. Recipes include:

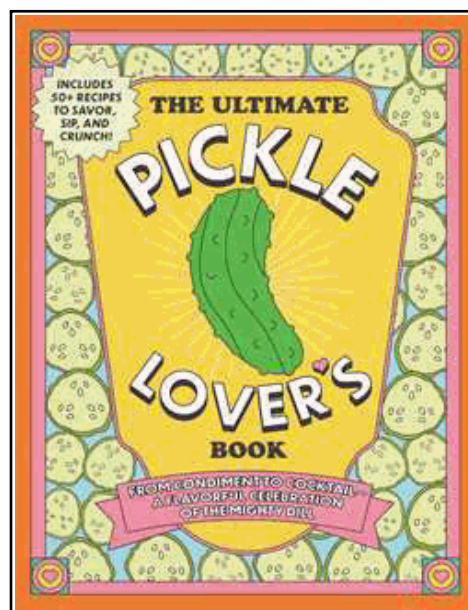
- Air-Fried Dill-Pickle Mozzarella Sticks
- Dill Pickle Chicken Soup
- Pickle Pops
- Probiotic Pickle Tzatziki
- Pickle-Brined Chicken
- Pickled Jalapeño and Bacon Dip
- TikTok-viral snacks like Chamoy Pickles and the Chickie
- Briny drinks like Picklebacks and a Dirty Pickletini
- And more!

Plus, if you're looking to make your own easy pickles at home you will find techniques for DIY-ing dill, bread and butter, half sour, and refrigerator quick pickles. This gift book is packed with as much celebratory goodness as a pickle is packed with flavor!

AUTHOR BIO

Princess Gabbara is a writer, editor, and pop culture enthusiast with a decade of journalism and storytelling experience. Throughout Princess's versatile career, her bylines have appeared in and on *Grammy*, *Billboard*, MTV News, *Shondaland*, *Bustle*, *Bitch Media*, *Vibe*, *Ebony*, and *Essence*. Her career highlights include exclusive interview coverage of celebrities, including Mariah Carey, Venus and Serena Williams, Lady Gaga, Mary J. Blige, Queen Latifah, Issa Rae, Tracee Ellis Ross, Gabrielle Union, Dionne Warwick, Rita Moreno, and more.

Kelly Jagers is a cookbook author, recipe developer, food photographer, food stylist, and founder of the recipe blog *Evil Shenanigans* (EvilShenanigans.com). She is the author of *The Everything® Pie Cookbook*, *Not-So-Humble Pies*, *Moufflet*, *The Everything® Easy Asian Cookbook*, *The Everything® Dutch Oven Cookbook*, and *The Everything® Easy Instant Pot Cookbook*. She is also a cooking instructor, personal chef, and caterer. Kelly lives in Dallas, Texas.



HARDCOVER

On Sale: 12/30/25

Adams Media

9781507225400

Cooking

First Print: 75,000

6 x 8, 160 pages

Carton quantity: 24

\$17 (US) / \$24 (CAN)

OTHER FORMATS

eBook: 9781507225417, \$10.99

The Vegetable Garden Deck

50 Vegetable Cards to Help You Plan, Plant, and Grow the Perfect Garden!
Adams Media

BOOK DESCRIPTION

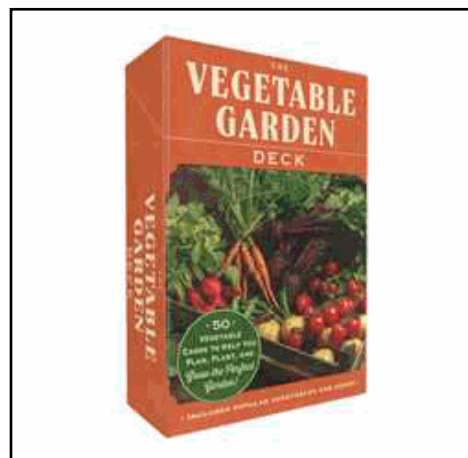
Unlock the potential of your garden and embrace the power of growing your own food with this empowering deck that features information on how to plant and care for 50 popular vegetables.

Immerse yourself in the world of vegetable gardening with *The Vegetable Garden Deck*. This comprehensive deck provides essential information on how to care for 50 popular vegetables and herbs. From cucumbers to basil and carrots to tomatoes, each card offers insight on planting times, watering requirements, harvesting guidelines, and more.

Beyond the practical, *The Vegetable Garden Deck* also highlights the therapeutic benefits of gardening so you can dive into the world of vegetable gardening and experience the joy and wellness plants bring. Whether you're a beginner looking to get your hands dirty or an experienced gardener seeking new ways to bring your garden straight into your kitchen, this deck is for plant lovers everywhere. Organized alphabetically, the deck simplifies the gardening processes, making it easier than ever to plant and maintain your veggies.

AUTHOR BIO

Adams Media, an imprint of Simon & Schuster, informs, instructs, and inspires readers across a variety of lifestyle categories by providing the content they're looking for, from the experts they follow and trust. From New Age to Personal Finance, Cooking to Self-Help, Adams Media researches, identifies, creates, and distributes accessible content with implicit discoverability. Embodying a uniquely flexible "ground-up" publishing model, Adams Media navigates within or between consumer categories as market opportunity dictates. These are the books people are searching for.



FLASHCARDS

On Sale: 08/04/26

Adams Media

9781507226049

Gardening

First Print: 40,000

4 3/8 x 6 3/4, 50 pages

Carton quantity: 40

\$19 (US) / \$26 (CAN)

AUTHOR HOMETOWN

Adams Media / Stoughton /
Massachusetts

The Goth Garden: Dark Blooms

50 Postcards Featuring the Mystery and Beauty of the Goth Garden
Felicia Feaster; Illustrated by Irina Vinnik

BOOK DESCRIPTION

Goth gardening meets postcards in this unique, elegant, and aesthetic collection. Whether they're being sent through the mail, used as spooky décor, or featured in a junk journal, this versatile note card format captures the beauty of the dark garden while creating new opportunities to bring these unusual plants to life.

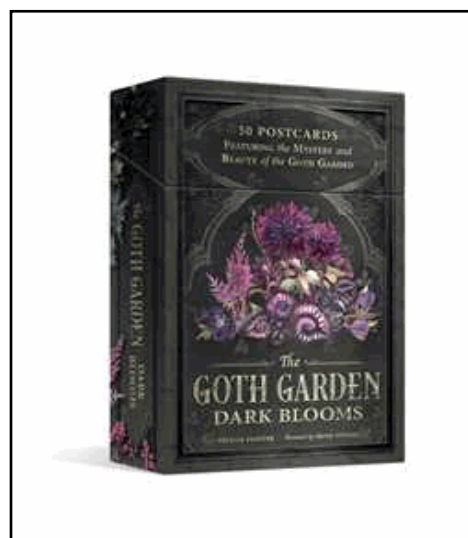
A celebration of the dark magic of the gothic garden, these elegant postcards feature illustrations of some of the spookiest plants around.

Send postcards of the dramatic Black Bat Flower, the elegant Black Star Calla Lilly, the ethereal Ghost Fern, and more with this collection of 50 postcards. These designs highlight some of the most essential plants to create a goth garden and are as beautiful as they are eerie.

Whether you choose to mail them to friends, frame as décor, or even use in a DIY project, this postcard set is a must-have for goth gardeners everywhere.

AUTHOR BIO

Felicia Feaster is a content creator, editor, and lifestyle journalist with a specialty in garden writing. She is the winner of multiple awards from the Society of Professional Journalists and the Garden Writers Association. Her writing has appeared in Martha Stewart, Elle, HGTV, and more. Learn more about her work at FeliciaFeaster.com.



POSTCARD BOOK OR PACK

On Sale: 07/07/26

Adams Media

9781507226018

Gardening

First Print: 75,000

4 3/8 x 6 3/4, 50 pages

Carton quantity: 40

\$18 (US) / \$25 (CAN)

AUTHOR HOMETOWN

Felicia Feaster/Atlanta/Georgia

Murder Among the Stacks

Solve the Puzzles—and the Plot of a Cozy Bookstore Mystery!

Rosie A. Point with Charles Timmerman

BOOK DESCRIPTION

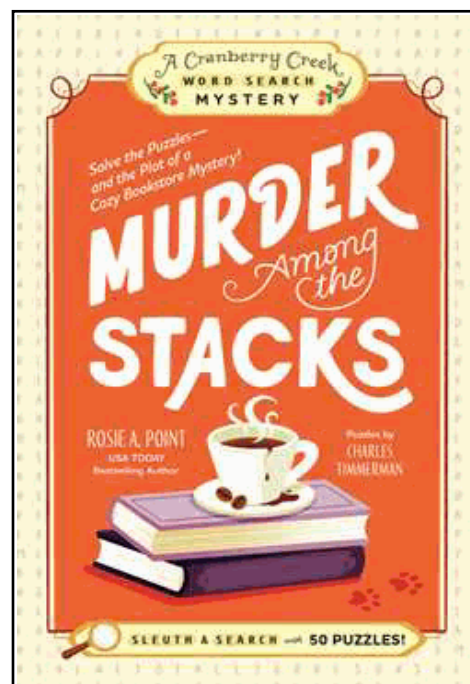
A cozy mystery story combined with themed word search puzzles creates an interactive and charming whodunit experience in this fun new format that invites you to solve the case as you uncover clues.

Abby Jones has it all figured out: moving to Cranberry Creek will give her the fresh start she needs. From opening her brand-new bookstore on Main Street to learning to love her busybody landlady, Myrna, to spending her time on her favorite cozy hobby (word searches!), Abby has her hands full. But when a famous author is mysteriously murdered at her bookstore's opening event, her new future is at stake. It's up to Abby, with the help of some new friends, to solve the case.

AUTHOR BIO

Rosie A. Point is a *USA TODAY* bestselling cozy mystery author of more than ninety novels and novellas set in fictional small towns across the United States. She loves writing about food, amateur sleuths, cats, and secrets; her favorite books are ones you can snuggle up with under a cozy blanket on a winter's day. Rosie lives in Cape Town, South Africa with her son, husband, and adorable kitten, Shiva the Destroyer. For more information please visit RosiePointBooks.com.

Charles Timmerman is the founder of Funster.com, a word game website that was selected as a Yahoo! Pick of the Year, and the bestselling author of more than one hundred puzzle books that have sold over three million copies. His titles include *The Everything Easy Large-Print Crosswords Book* (Volumes 2–9), *The Everything Giant Book of Word Searches* (Volumes 1–12), *Funster 100+ Large Print Easy Crossword Puzzles*, and *Funster 250+ Large Print Word Search Puzzles for Adults*.



PAPERBACK

On Sale: 11/25/25

Adams Media

9781507225271

Games & Activities

First Print: 100,000

6 x 9, 128 pages

Carton quantity: 40

\$15 (US) / \$21 (CAN)

AUTHOR HOMETOWN

Rosie A. Point / Cape Town / South Africa

Charles Timmerman / South Pasadena / California

OTHER FORMATS

UAB eAudio: 9781668169230,
\$9.99

Murder Before "I Do"

Solve the Puzzles—and the Plot of a Cozy Wedding Mystery!

Rosie A. Point with Charles Timmerman

BOOK DESCRIPTION

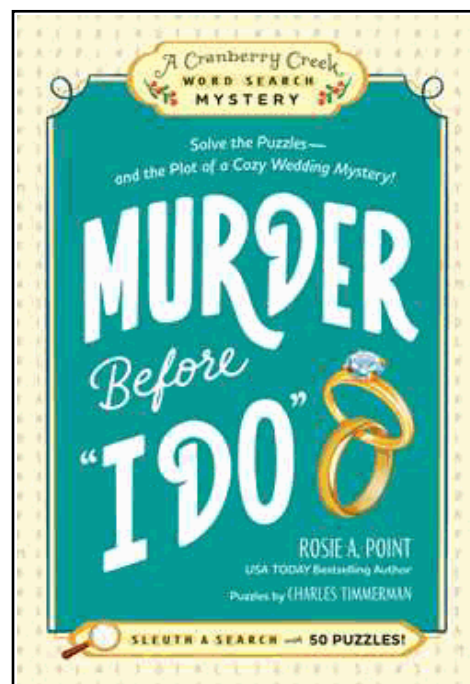
Cozy mystery meets themed word search puzzles in this interactive and charming whodunit experience that invites you to solve the case as you uncover clues.

It's time for a celebration in Cranberry Creek! Abby has never been more excited to be maid of honor for her dear friend, Rose. But when the life-of-the-party best man is murdered at the rehearsal dinner—and the wedding rings he was responsible for go missing—it's up to Abby to save the day!

AUTHOR BIO

Rosie A. Point is a *USA TODAY* bestselling cozy mystery author of more than ninety novels and novellas set in fictional small towns across the United States. She loves writing about food, amateur sleuths, cats, and secrets; her favorite books are ones you can snuggle up with under a cozy blanket on a winter's day. Rosie lives in Cape Town, South Africa with her son, husband, and adorable kitten, Shiva the Destroyer. For more information please visit RosiePointBooks.com.

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PAPERBACK

On Sale: 01/27/26

Adams Media

9781507225455

Games & Activities

First Print: 100,000

6 x 9, 128 pages

Carton quantity: 24

\$15 (US) / \$21 (CAN)

AUTHOR HOMETOWN

Rosie A. Point / Cape Town / South Africa
Charles Timmerman / South Pasadena / California

OTHER FORMATS

UAB eAudio: 9781668169209,
\$9.99

Murder by Muffin

Solve the Puzzles—and the Plot of a Cozy Bakery Mystery!

Rosie A. Point with Charles Timmerman

BOOK DESCRIPTION

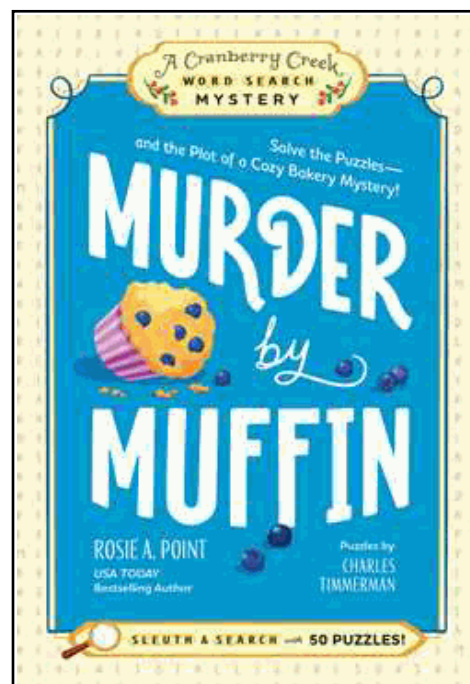
A cozy mystery story combined with themed word search puzzles creates an interactive and charming whodunit experience in this fun new format that invites you to solve the case as you uncover clues.

Life at Cranberry Creek is settling down for Abby Jones. Her bookstore business is booming the drama around her opening event is finally starting to fade, and she's even started to make friends with some of the locals, including her Main Street neighbors at the local bakery. But when the bakery owner Rose is accused of poisoning a restaurant critic with her famous blueberry muffins, Abby knows there's more to this case than meets the eye—and she's determined to clear her friend's name or die trying!

AUTHOR BIO

Rosie A. Point is a *USA TODAY* bestselling cozy mystery author of more than ninety novels and novellas set in fictional small towns across the United States. She loves writing about food, amateur sleuths, cats, and secrets; her favorite books are ones you can snuggle up with under a cozy blanket on a winter's day. Rosie lives in Cape Town, South Africa with her son, husband, and adorable kitten, Shiva the Destroyer. For more information please visit RosiePointBooks.com.

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PAPERBACK

On Sale: 12/30/25

Adams Media

9781507225462

Games & Activities

First Print: 100,000

6 x 9, 128 pages

Carton quantity: 24

\$15 (US) / \$21 (CAN)

AUTHOR HOMETOWN

Rosie A. Point / Cape Town / South Africa
Charles Timmerman / South Pasadena / California

OTHER FORMATS

UAB eAudio: 9781668169179,
\$9.99

Murder on Vacation

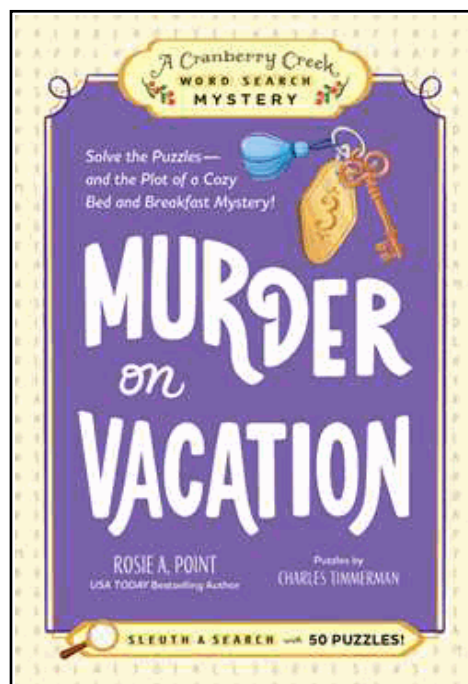
Solve the Puzzles—and the Plot of a Cozy Bed and Breakfast Mystery!

Rosie A. Point with Charles Timmerman

AUTHOR BIO

Rosie A. Point is a *USA TODAY* bestselling cozy mystery author of more than ninety novels and novellas set in fictional small towns across the United States. She loves writing about food, amateur sleuths, cats, and secrets; her favorite books are ones you can snuggle up with under a cozy blanket on a winter's day. Rosie lives in Cape Town, South Africa with her son, husband, and adorable kitten, Shiva the Destroyer. For more information please visit RosiePointBooks.com.

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PAPERBACK

On Sale: 05/26/26

Adams Media

9781507226360

Games & Activities

First Print: 100,000

6 x 9, 128 pages

Carton quantity: 24

\$15 (US) / \$21 (CAN)

AUTHOR HOMETOWN

Rosie A. Point / Cape Town / South Africa
Charles Timmerman / South Pasadena / California

Color Your Own Stickers

500+ Stickers to Color, Stick, and Share!

Gaynor Carradice

BOOK DESCRIPTION

Customize your very own cute and cozy sticker collection with hundreds of designs to color, stick, and share.

Transform your creative downtime into a fun and relaxing experience with this cute and cozy color-your-own sticker book. Packed with charming hand-drawn designs, this book invites you to personalize your world with unique, one-of-a-kind stickers. Perfect for relieving stress, exploring your artistic side, or simply enjoy a mindful moment, it's a delightful way to add a little color to your day.

This book includes:

- Hand-drawn designs so you can enjoy something special
- Premium-quality sticker paper that pairs perfectly with your favorite markers, colored, pencils, or pens
- High-resolution images ensure your stickers look clean, crisp, and vibrant
- Peel-and-stick convenience to personalize notebooks, planners, water bottles, or anything else



AUTHOR BIO

Gaynor Carradice is an experienced graphic designer and illustrator based in Lancashire, United Kingdom. She is the illustrator of the Creepy Cute series of coloring and sticker books and the Cute 'n' Cozy series of coloring books. Gaynor loves to create unique, fun illustrations with modern twists on well-known themes. In her free time she enjoys binge-watching horror movies, long walks in the woodlands with her dogs, fishkeeping, and looking after her many houseplants.

PAPERBACK

On Sale: 04/21/26

Adams Media

9781507225479

Games & Activities

First Print: 75,000

6 1/2 x 8 1/2, 128 pages

Carton quantity: 40

\$15 (US) / \$21 (CAN)

AUTHOR HOMETOWN

Gaynor Carradice / Lancashire /
United Kingdom

Western Stickers

500+ Country, Rodeo, and Cowboy-Inspired Stickers to Giddy Up Your Gear
Adams Media

BOOK DESCRIPTION

Colorful cowboy hats and boots. Lucky horseshoes and bucking broncos. Prickly cacti and desert sunsets. Delivering 500+ “cowboy-core” designs, this country-inspired StickerCore collection brings the Wild West to everyone.

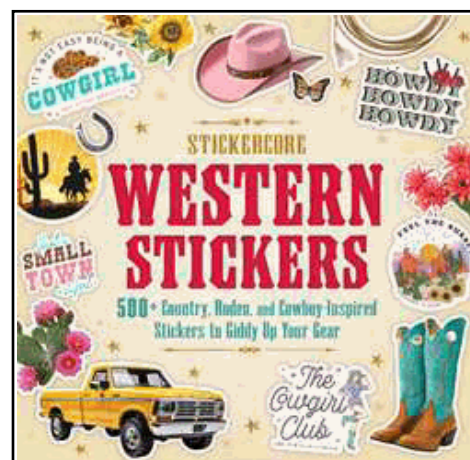
Rhinestone-studded cowgirl boots, pretty paisleys, neon saloon signs, flower-crowned steer skulls, lucky horseshoes, galloping stallions, and fun sayings like “Yeehaw!” and “Howdy!”—what’s not to love about the western aesthetic?

With *Western Stickers*, those ready to saddle up in style will find over 500 stickers to decorate their lives in the “cowboy-core” aesthetic. Add a touch of Wild West flair to everyday items like laptops, water bottles, ereaders, and notebooks. And easily create scrapbook and junk journal pages that proudly declare “This ain’t my first rodeo!”

Whether you’re personalizing your space or crafting a country-inspired gift, these stickers offer endless possibilities for showcasing your distinctive style!

AUTHOR BIO

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PAPERBACK

On Sale: 04/28/26

Adams Media

9781507226391

Games & Activities

First Print: 75,000

6 1/2 x 6 1/2, 96 pages

Carton quantity: 40

\$16 (US) / \$22.5 (CAN)

AUTHOR HOMETOWN

Adams Media / Stoughton /
Massachusetts

Spring Cheer Mini Coloring Book

Gaynor Carradice

BOOK DESCRIPTION

Escape into a world of adorable charm with the *Spring Cheer Mini Coloring Book*, featuring 45 delightful designs that spark creativity and bring stress relief wherever you go!

Cute little ducklings, baby bunnies, and all sorts of flowers!

Spring Cheer Mini Coloring Book is filled with charming illustrations of these seasonal favorites. Its small cute trim size promises big fun, making it a delightful cozy activity to ease stress and spark creativity.

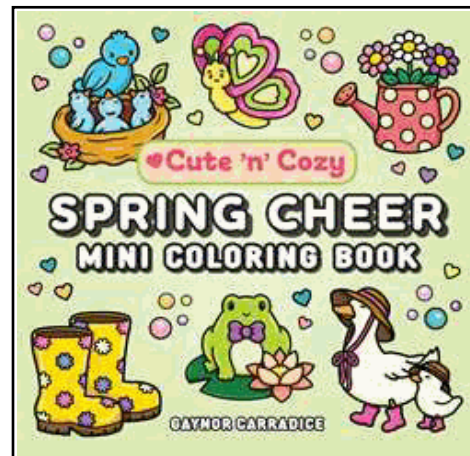
This mini coloring book offers:

- 45 bold and simple designs
- A compact, portable size
- High-quality paper and single-side printing
- High-resolution prints for clear, crisp images

Spring Cheer Mini Coloring Book is perfect when you want a cozy, little escape. This mini book brings big smiles!

AUTHOR BIO

Gaynor Carradice is an experienced graphic designer and illustrator based in Lancashire, United Kingdom. She is the illustrator of the Creepy Cute series of coloring and sticker books and the Cute 'n' Cozy series of coloring books. Gaynor loves to create unique, fun illustrations with modern twists on well-known themes. In her free time she enjoys binge-watching horror movies, long walks in the woodlands with her dogs, fishkeeping, and looking after her many houseplants.



PAPERBACK

On Sale: 01/27/26

Adams Media

9781507225592

Games & Activities

First Print: 60,000

4 x 4, 96 pages

Carton quantity: 36

\$9 (US) / \$12.5 (CAN)

AUTHOR HOMETOWN

Gaynor Carradice / Lancashire /
United Kingdom

Animal Pals Mini Coloring Book

Gaynor Carradice

BOOK DESCRIPTION

Enjoy the fun of the popular coloring craze with these 45 cute and cozy animal designs in an adorably giftable, collectible, and portable package.

Snuggling foxes, curious kittens, and cheerful woodland animals! Enjoy coloring all these creatures and more with the *Animal Pals Mini Coloring Book*. Filled with charming illustrations, its small, cute trim size promises big fun, making it a delightful cozy activity to ease stress and spark creativity.

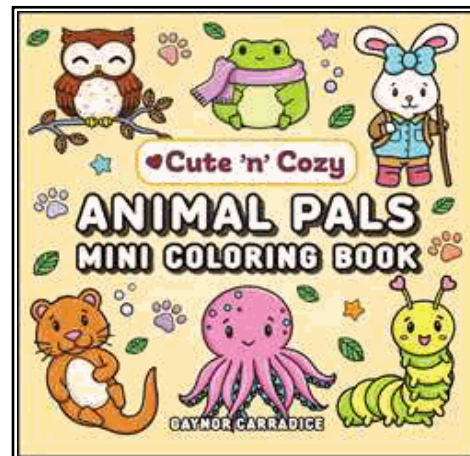
This mini coloring book offers:

- 45 bold and simple designs
- A compact, portable size
- High-quality paper and single-sided printing
- High-resolution prints for clear, crisp images

Animal Pals Mini Coloring Book is perfect when you want a cozy, little escape. This mini book brings big smiles!

AUTHOR BIO

Gaynor Carradice is an experienced graphic designer and illustrator based in Lancashire, United Kingdom. She is the illustrator of the Creepy Cute series of coloring and sticker books and the Cute 'n' Cozy series of coloring books. Gaynor loves to create unique, fun illustrations with modern twists on well-known themes. In her free time she enjoys binge-watching horror movies, long walks in the woodlands with her dogs, fishkeeping, and looking after her many houseplants.



PAPERBACK

On Sale: 09/30/25

Adams Media

9781507225424

Games & Activities

First Print: 60,000

4 x 4, 96 pages

Carton quantity: 224

\$9 (US) / \$12.5 (CAN)

AUTHOR HOMETOWN

Gaynor Carradice / Lancashire /
United Kingdom

Winter Wonder Mini Coloring Book

Gaynor Carradice

BOOK DESCRIPTION

Enjoy the fun of the popular coloring craze with these 45 cute and cozy winter scenes in an adorably giftable, collectible, and portable package.

Roaring fires, skiing penguins, and plenty of hot cocoa! *Winter Wonderland Mini Coloring Book* is filled with charming illustrations of these cold weather favorites. Its small and cute trim size promises big fun, making it a delight cozy activity to ease stress, spark creativity, and curl up with on a cold winter night.

This mini coloring book offers:

- 45 bold and simple designs
- A compact, portable size
- High-quality paper and single-sided printing
- High-resolution prints for clear, crisp images

Winter Wonderland Mini Coloring Book is perfect when you want a cozy little escape. This mini book brings big smiles!

AUTHOR BIO

Gaynor Carradice is an experienced graphic designer and illustrator based in Lancashire, United Kingdom. She is the illustrator of the Creepy Cute series of coloring and sticker books and the Cute 'n' Cozy series of coloring books. Gaynor loves to create unique, fun illustrations with modern twists on well-known themes. In her free time she enjoys binge-watching horror movies, long walks in the woodlands with her dogs, fishkeeping, and looking after her many houseplants.



PAPERBACK

On Sale: 09/30/25

Adams Media

9781507225431

Games & Activities

First Print: 60,000

4 x 4, 96 pages

Carton quantity: 224

\$9 (US) / \$12.5 (CAN)

AUTHOR HOMETOWN

Gaynor Carradice / Lancashire /
United Kingdom

Sweet Treats Mini Coloring Book

Gaynor Carradice

BOOK DESCRIPTION

Enjoy the fun of the popular coloring craze with these 45 cute and cozy sweet treat designs in an adorably giftable, collectible, and portable package.

Frosted cupcakes, sprinkle donuts, and lots and lots of candy fill the pages of *Sweet Treats Mini Coloring Book*. Filled with charming illustrations of these delicious desserts and confections, its small trim size makes it a delightful, cozy activity to ease stress and spark creativity.

This mini coloring book offers:

- 45 bold and simple designs
- A compact, portable size
- High-quality paper and single-sided printing
- High-resolution prints for clear, crisp images

Sweet Treats Mini Coloring Book is perfect when you want a cozy little escape. This mini book brings big smiles!

AUTHOR BIO

Gaynor Carradice is an experienced graphic designer and illustrator based in Lancashire, United Kingdom. She is the illustrator of the Creepy Cute series of coloring and sticker books and the Cute 'n' Cozy series of coloring books. Gaynor loves to create unique, fun illustrations with modern twists on well-known themes. In her free time she enjoys binge-watching horror movies, long walks in the woodlands with her dogs, fishkeeping, and looking after her many houseplants.



PAPERBACK

On Sale: 09/30/25

Adams Media

9781507225448

Games & Activities

First Print: 60,000

4 x 4, 96 pages

Carton quantity: 224

\$9 (US) / \$12.5 (CAN)

AUTHOR HOMETOWN

Gaynor Carradice / Lancashire /
United Kingdom

Summer Fun Mini Coloring Book

Gaynor Carradice

AUTHOR BIO

Gaynor Carradice is an experienced graphic designer and illustrator based in Lancashire, United Kingdom. She is the illustrator of the Creepy Cute series of coloring and sticker books and the Cute 'n' Cozy series of coloring books. Gaynor loves to create unique, fun illustrations with modern twists on well-known themes. In her free time she enjoys binge-watching horror movies, long walks in the woodlands with her dogs, fishkeeping, and looking after her many houseplants.



PAPERBACK

On Sale: 05/26/26

Adams Media

9781507226223

Games & Activities

First Print: 60,000

4 x 4, 96 pages

Carton quantity: 224

\$9 (US) / \$12.5 (CAN)

AUTHOR HOMETOWN

Gaynor Carradice / Lancashire /
United Kingdom