



Books that strengthen, inspire and entertain!

Foreign Rights Titles

Fall 2016

70 Chestnut Street

Dobbs Ferry, NY 10522

Phone: 914-674-9659

Fax: 914-693-0381

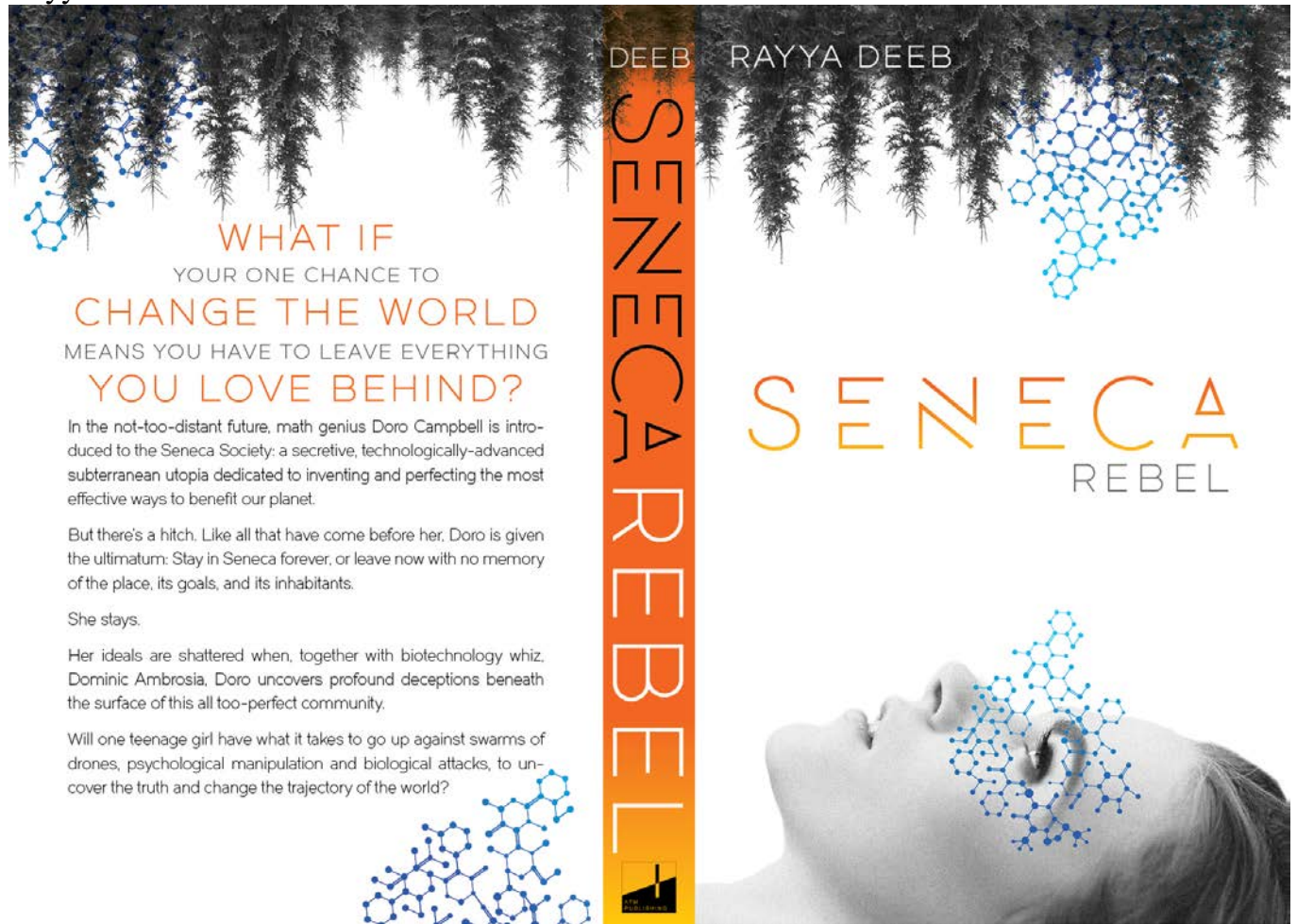
info@tomasinoagency.com

www.tomasinoagency.com

Upcoming...

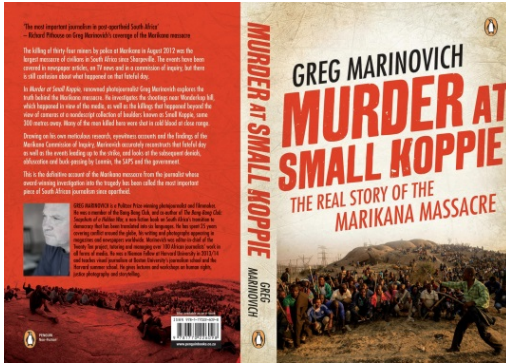
Seneca Society: Seneca Rebel (Book #1)

Rayya Deeb



Young Adult

April 2016, US (Across the Margins Publishing)



Murder at Small Koppie: The Real Story of the Marikana Massacre
Greg Marinovich

In *Murder at Small Koppie*, renowned Pulitzer Prize winning photojournalist Greg Marinovich explores the truth behind the Marikana massacre, looking specifically at the largely untold slaughter of black miners at Small Koppie.

In August 2012, the miners' wildcat strike at Lonmin PLC's platinum mine in Marikana, northwest of Johannesburg had been a long time coming; working and living conditions at the mine had become increasingly desperate as the company failed to make promised improvements.

The workers expected a largely peaceful job action. Instead, they were met with a hail of bullets from assault weapons fired by police who were there ostensibly to maintain law and order. When the fusillade ended, 34 miners were dead—some clearly hunted down and killed at close range. In the aftermath, many of the survivors would be charged with the murders of their compatriots. No police were charged.

It was the worst act of government violence in South Africa since the Sharpeville Massacre, committed by the apartheid regime in 1960; and this time it was a black-run government killing black workers. Greg Marinovich uncovers the complex and highly questionable relationships among company executives, union officers, and major government officials. Taking readers into the mines, the shacks where the miners live, and the boardroom, Marinovich puts names, faces and stories to Marikana's victims and perpetrators. He addresses the big questions that any nation must ask when justice and equality are subverted by conflicts around class, race, money, and power.

Social History

Published in: South Africa (February 2016, Random House South Africa)

US: (Michigan State University Press, 2017)

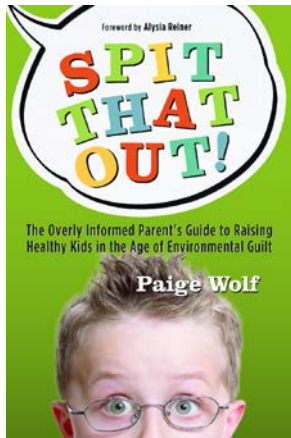
How to Reach Me: Marketing to Digital Natives in a Post-Analog World

Justin Rezvani with Omar Shamout

Mobile phones and social media have changed the world – especially the world of marketing. The popularity of social media platforms such as Facebook, Instagram, YouTube and Snapchat are bringing advertising to the Internet, inducing corporations to spend less money on TV and print campaigns, and more money on social media. In the process, they're learning more about the people who buy their products than they ever thought possible. Not only is this a clarion call against old thinking, but it is a controversial defense of digital data gathering for the purposes of marketing.

Justin Rezvani – 27-year-old founder and Chief Executive of the influencer marketing firm, theAmplify – is the perfect person to walk us through the digital media revolution. As a millennial and an entrepreneur, Justin got in on the ground floor of this industry, launching his company with only \$15,000 in January 2014. It took less than a year for Justin to build a multi-million dollar business from scratch and become one of the most sought after digital marketers in the country.

Business/Technology



SPIT THAT OUT!: The Overly-Informed Parent's Guide to Raising Children in the Age of Environmental Guilt
Paige Wolf

From BPA in baby bottles and asbestos in crayons to misleading "natural" labels—it can frustrate and confuse even the most steadfast parent.

Lighthearted yet authoritative, Spit That Out! cuts through the information overload, sorts cloth from disposable, and empowers readers to make simple but impactful changes.

Featuring real life anxieties and advice from both celebrities and every day moms, Paige Wolf, publicist and green-living expert, assures you that you aren't alone.

Hot-button topics include food, toys, breast milk and diapers, clothing, the hidden toxins in schools, and how to spot greenwashing from a mile away. Bursting with valuable advice on green vacations, how to handle unsupportive friends and family, and how to be green on a budget.

Parenting

US: (September 2016, New Society Publishers -Canada)



Second Chances

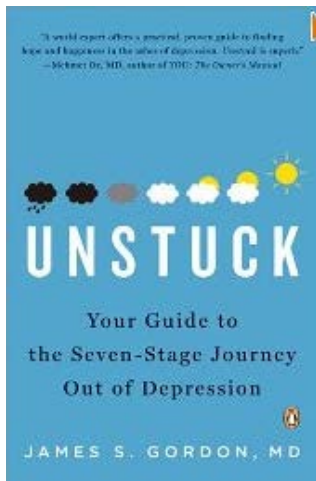
Erin McHugh

This book is an inspiring, funny, thoughtful compendium of stories from people who have wanted another chance at something – and got it. Big stuff like going back to college after the kids grew up. Little stuff like getting a judo belt when you thought you could hardly manage a push-up. Reminiscences of people who found a leg up, a soft shoulder, another spurt of energy, a hidden talent, sometimes with the unexpected help of friends (and strangers) – and sometimes from a place inside them they didn't even know existed.

US: (2017, Abrams)

English language rights available through US publisher.

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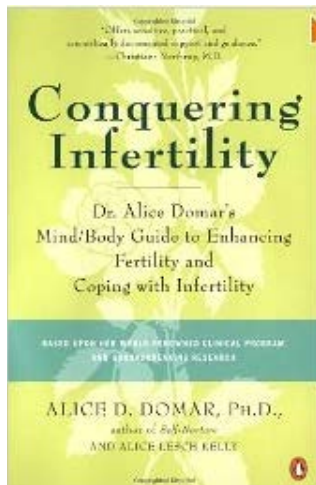


Unstuck: Your Guide to the Seven-Stage Journey Out of Depression

James S. Gordon, M.D.

121 million people worldwide are affected by depression every year. Tens of millions more suffer from anxiety or deep unhappiness. In *Unstuck*, Dr. Gordon has created a seven step program which explains depression as a journey, and encourages turning to pharmaceuticals only if absolutely necessary. Dr. Gordon also recounts stories of his own patients (and himself) to show how ordinary people can move through those seven stages and be healed along the way.

Published in: US (Penguin), UK (Hay House UK), China (Chong Qing University Press), Indonesia (Mizan Publishing House)



Conquering Infertility: Dr. Alice Domar's Mind/Body Guide to Enhancing Fertility and Coping with Infertility

Alice Domar, MD and Alice Lesch Kelly

Infertility is a heartbreaking condition that affects nine million couples worldwide. In *Conquering Infertility*, Harvard psychologist Dr. Alice Domar provides infertile women with what they need most: stress relief, support, and hope. Her innovative mind/body tools help women to regain control of not only their infertility treatment but their lives, concentrating on the often overlooked emotional and psychological effects of infertility. In *Conquering Infertility*, women learn to carve a positive path toward a rich, happy life, whether they give birth or not.

Published in: US (Penguin), Japan (Kobunsha Publishing), Korea (Garam Publishing), Turkey (Akademisyen Yayınevi)

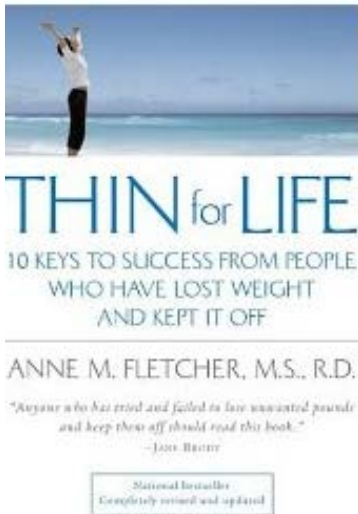


The DERMAdoctor Skinstruction Manual: The Smart Guide to Healthy, Beautiful Skin and Lookin Good at Any Age

Audrey Kunin & Bill Gottlieb

This practical compendium of how-to advice comes from a woman dermatologist who truly understands the issues that women have with their skin. Covering a wide range of problems and treatments, the DERMAdoctor addresses fifty of the most popular questions women have about skin, hair and nail care. Kunin's DERMAdoctor.com, is America's leading skincare advice Internet website, and is a trusted resource for the most effective dermatological products, including the DERMAdoctor proprietary line.

Published in: US (Simon & Schuster), China (Jilin Publishing)

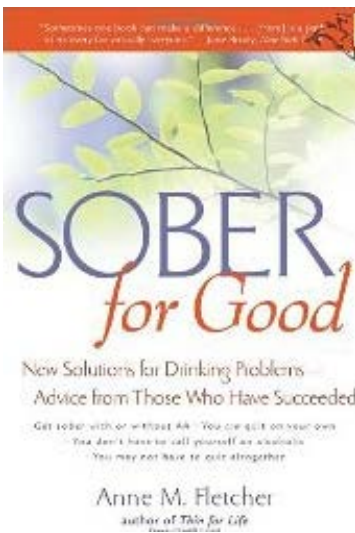


Thin for Life: 10 Keys to Success from People Who Have Lost Weight & Kept It Off

Anne M. Fletcher

Whether you want to lose 10 pounds or 100, *Thin For Life* will help you master your weight problem once and for all by sharing techniques of the real experts: people who have succeeded in keeping weight off for good. *Thin For Life* refutes the popular notion that losing weight permanently is hopeless. Along the way, nutritionist Anne Fletcher dispels the myths associated with shedding unwanted pounds and gives you the tools to lose weight forever. Over 300,000 copies sold.

Published in: US (Houghton Mifflin)

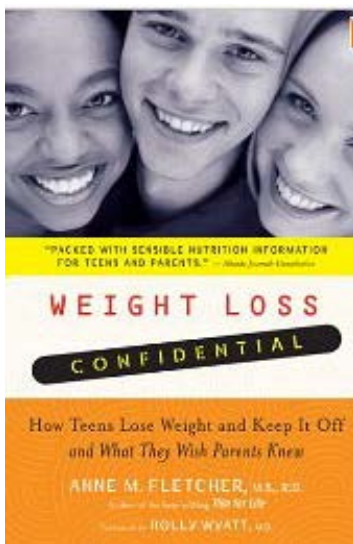


Sober For Good: New Solutions for Drinking Problems—Advice from Those Who Have Succeeded

Anne M. Fletcher

Using the model that worked so well in *Thin For Life*, best-selling author Anne Fletcher once again has gone straight to the real experts: hundreds of men and women who have resolved a drinking problem. Fletcher asked them a simple question: how did you do it? The result: the first completely unbiased guide for problem drinkers, which shatters long-held assumptions about alcohol recovery. Weaving together the success stories of ordinary people and the latest scientific research on the subject, Fletcher uncovers a vital truth: no single path to sobriety is right for every individual.

Published in: US (Houghton Mifflin Harcourt), Spain (Paidós)

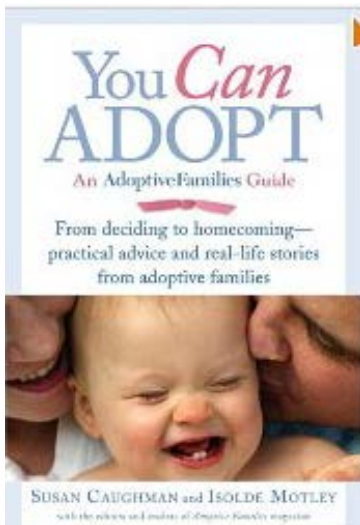


Weight Loss Confidential

Anne M. Fletcher

With the number of overweight children and teens skyrocketing worldwide, *Weight Loss Confidential* is the only book that goes to the *real* experts on how teens lose weight successfully: the teens who have actually done it! Challenging conventional assumptions about teen weight loss, Fletcher distills the results of the latest scientific studies and the findings of countless authorities in the field, weaving them together with her own conclusions. *Weight Loss Confidential* offers solutions—healthy approaches that families can use for a lifetime.

Published in: US (Houghton Mifflin Harcourt)

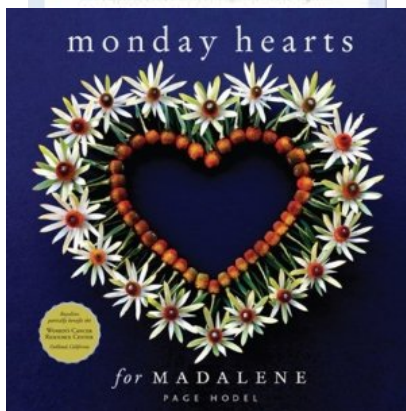


You Can Adopt: An Adoptive Families Guide

Susan Caughman & Isolde Motley

From *Adoptive Families* magazine, this warm, authoritative book is full of practical, realistic advice from leading attorneys, doctors, social workers, and psychologists, as well as honest, intimate stories from real parents and children. *You Can Adopt* answers every question—even the ones you're afraid to ask. Complete with checklists and worksheets, *You Can Adopt* will make your dreams of family come true.

Published in: US (Ballantine Books)

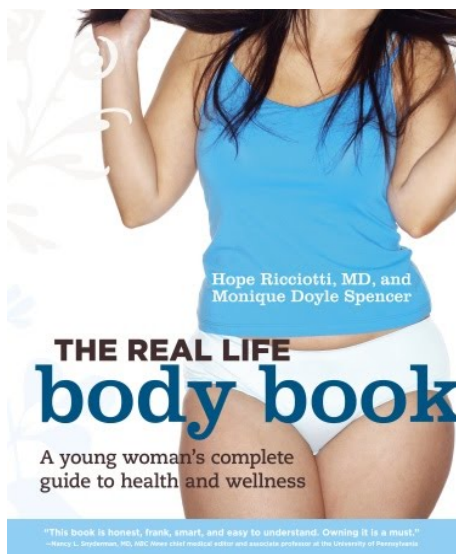


Monday Hearts for Madalene

Page Hodel

When a person falls in love, the universe becomes vividly alive. It happened to artist Page Hodel, when she found the love of her life, Madalene Rodriguez. Every Monday morning, Page would create a heart for Madalene and leave it for her to discover. Sadly, Madalene passed away from ovarian cancer, but Page's love goes on as she continues to make hearts every Monday, using diverse materials such as berries, buttons and bungee cords. This book is a photo collection of one hundred hearts for Madalene—a true testimony to love and enduring faith that anyone can appreciate.

Published in: US (Stewart, Tabori & Chang), Germany (Knesebeck)

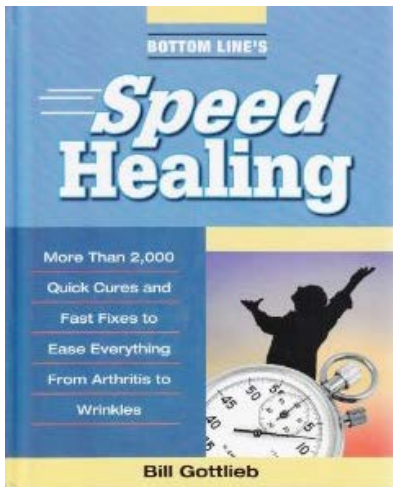


The Real Life Body Book: A Young Woman's Guide to Health and Wellness

Hope Ricciotti, MD, and Monique Doyle Spencer

All girls have questions about her health that they're afraid to ask. In *The Real Life Body Book*, a Harvard obstetrician/gynecologist explains the full range of health issues facing young women today. In this comprehensive and accessible guide, topics range from tattoos to menstrual cycles to piercings to depression. *The Real Life Body Book* is a go-to resource for keeping a girl's body healthy today and for the rest of her life!

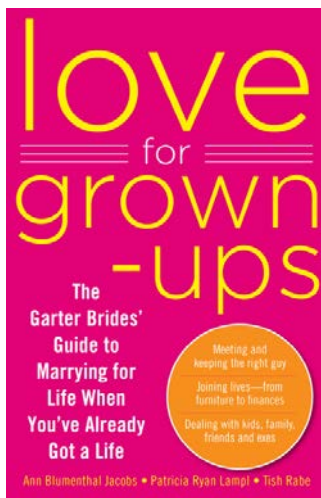
Published in: US (Celestial Arts)



Bottom Line's Speed Healing: More Than 2,000 Quick Cures and Fast Fixes to Ease Everything From Arthritis to Wrinkles
Bill Gottlieb

Prescription drugs and invasive surgeries work **ON** your body, but natural cures work **WITH** your body, so they often work more quickly. Bill Gottlieb scoured the medical journals for the fastest acting natural supplements, home remedies, and gentle, over-the-counter medications in the world. This A-to-Z encyclopedia features more than 2,000 of the world's fastest natural cures for 101 common medical conditions including asthma, headaches, and heart disease.

Published in: US (Bottom Line)



Love for Grown-Ups: How to Marry For Life When You've Already Got A Life

Ann Blumenthal Jacobs, Patricia Ryan Lampl and Tish Rabe
These three friends—whose name derived from the lucky garter passed from one woman to another—met and married wonderful men later in life. Now you can tap into the wisdom of this special sisterhood through the true stories and real-life strategies these women—plus the dozens of others they interviewed—used to meet the right guy, fall in love and create exciting, happy and fulfilling lives. A testament to the notion that marrying older is better!

Published in: US (Harlequin)



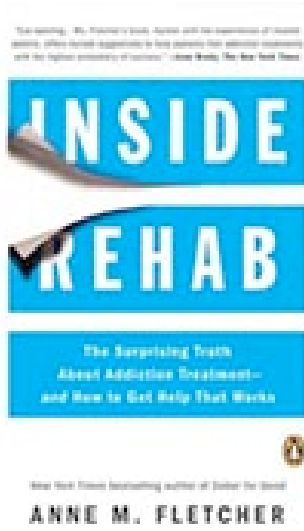
One Good Deed

Erin McHugh

In July 2010, Erin McHugh started a journey called *One Good Deed*, hoping to change her own life (and the lives of others) by 'doing good' for someone every day for an entire year. The entries are short, sometimes funny or surprising, but never cloying; they are followed by one-line, inspirational take-aways. McHugh also has been chronicling her good deeds online, blogging weekly at her website, onegooddeedbook.com. *One Good Deed*: a quest in which one year shines light on the simple question: Where Is The Goodness?

Published in: US (Abrams)

English language rights available through US publisher.



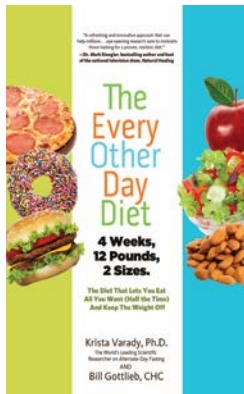
Inside Rehab

Anne M. Fletcher

The word “rehab” is in the common parlance; everyone thinks they know what it means, and that a stint there is the cure-all for addiction. But do we really know what goes on in rehabilitation, and is it actually effective? Is there recent scientific evidence to back up the treatments commonly used in rehab? At the end of the day, is rehab a savior or a scam? *Rehab Nation* is the first book to take you inside rehab facilities to show what goes on from both the patient’s and the institution’s perspectives. Written by best-selling author Anne M. Fletcher, you’ll hear first-hand the emotional stories of people struggling through treatment, as well as the opinions of top experts in this field on what works, what doesn’t, and why.

Published in: US (Viking Press)

English language rights available through US publisher.



The Every-Other Day Diet

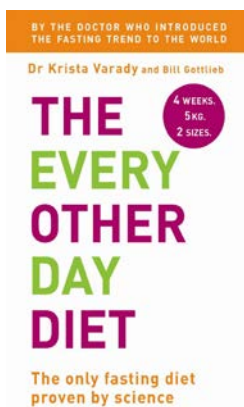
Krista Varady, PhD and Bill Gottlieb, CHC

The Every-Other-Day Diet is a new, effective, simple and unique approach to weight loss—a remarkable diet that allows you to eat anything you want, and as much as you want, every other day. Here’s how it works: the diet breaks up the week into alternating Feast Days and Fast Days. On Feast Day you can eat whatever you like, with no restrictions. And on alternate days –Diet Days – you eat only 500 calories, about 25% of normal caloric intake. And that’s it! The Every-Other-Day Diet is perhaps the simplest diet to hit the market because there is truly only one rule: every other day, eat 500 calories.

Krista Vardy, PhD, an associate professor of nutrition at the University of Illinois, has more than 30 papers on the topic published in the American Journal of Nutrition, Obesity and many other respected journals, and she is currently working under a 2 million dollar grant from the National Institutes of Health on every-other-day dieting and weight maintenance.

Went back to press three times in the first month in the UK.

Published in: US (Hyperion), UK (Hodder & Stoughton), North and South American Spanish Language rights (Oceano Mexico), Lebanon (Arab Scientific Publisher, Inc.), Poland (Illuminatio Lukasz Kierus), Korea (Contents Cave), Czech Republic (Millenium Publishing), and Denmark (Politikens Forlag)





The Knot Guide to Wedding Vows & Traditions

This indispensable resource, completely revised and updated, to help you choose the perfect words, music, and traditions for your ceremony and reception. The ceremony is the cornerstone of your wedding celebration. There are countless ways to make it your own, from meaningful poetry readings to the music that plays as you walk down the aisle.

Over 112,000 copies sold.

Published in: US (Clarkson Potter)



The Knot Complete Guide to Weddings

Planning a wedding can be exciting, fun... and at times, overwhelming. This title answers your questions and arms you with all the know-how you need to manage every detail of your big day. What's more, this book will help you save time and money, so you can dream up and carry out the most meaningful celebration you can imagine. Here, The Knot will walk you through every step of the planning process, from choosing your bridal party to booking your venue.

Over 215,000 copies sold.

Published in: US (Clarkson Potter)



The Knot Ultimate Wedding Planner & Organizer

This is a compilation of The Knot's entire essential wedding planning tools – with dozens of new ideas – in a beautiful organizer. This binder has pockets for collecting inspiring tearsheets, color chips, and business cards; detailed timelines and worksheets for scheduling and budgeting; and 8-tabbed dividers packed with visual inspiration. Filled to the brim with ideas for the twenty-first century bride. Once you have it, you won't want to plan anything without it.

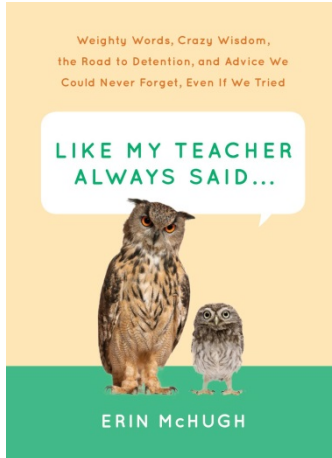
Over 260,000 copies sold (Binder edition).

Plus, The Knot Ultimate Wedding Planner

The perfect companion to the Organizer, this title is a smaller paperback version.

Over 160,000 copies sold (Paperback).

Published in: US (Clarkson Potter)



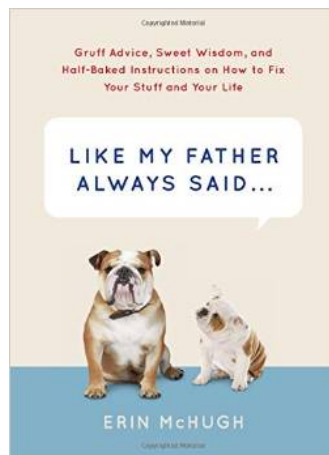
Like My Teacher Always Said: Weighty Words, Crazy Wisdom, Raps with the Ruler, and Advice We Can Never Forget – Even If We Tried

Erin McHugh

Who's right up there as an authority figure to growing children and inquisitive grownups-to-be? Teachers, of course, and they come in many guises – from kindergarten teachers to college guidance counselors, homeroom referees to nuns, coaches to the artists and musicians who round out our kids' cultural persona. Outside the home they mold lives more than any other person our kids come in contact with, and any teacher will tell you this “other” part of their jobs has grown exponentially in the last decades; the effects of two working parent and single-parent homes has upped the responsibility and breadth of what teachers do every day for children. In many cases, they become the third parent, and kids grow up remembering just what they say.

Published in: US (April 2016, Abrams)

English language rights available through US publisher.



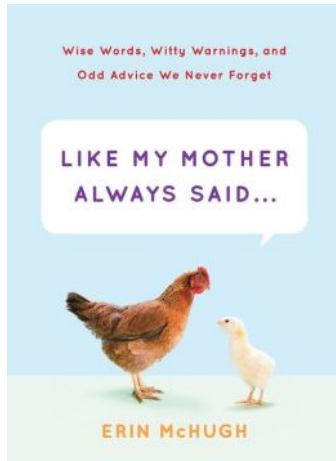
Like My Father Always Said

Erin McHugh

With the early success of LIKE MY MOTHER ALWAYS SAID..., the obvious next branch on the family tree is fathers. McHugh says that in the process of doing LIKE MY MOTHER ALWAYS SAID..., she encountered lots of people who asked, “Please come back to me if you do a book about fathers – I’ve got plenty to say!” Now, McHugh offers fatherly advice, which is significantly different in tone from what mothers say: while mothers seem to take more of a bear-to-cub protective approach, dads’ wisdom carries a sweet, but sometimes gruff note of worry for their kids’ futures.

Published in: US (Abrams)

English language rights available through US publisher.



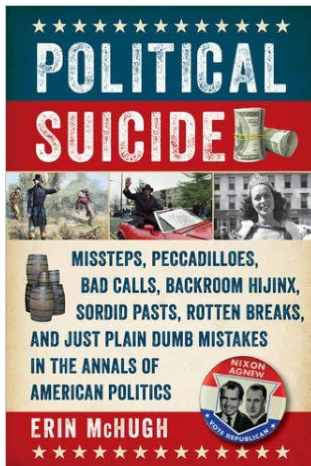
Like My Mother Always Said

Erin McHugh

Though you might not even realize it, you probably repeat the words and (occasionally questionable) wisdom of your mother. After a friend pointed out to Erin McHugh how often she invoked her mom's quotations and memories, she started noticing just how frequently other people did, too. Erin also recognized how humorous, moving, and unusual these gems were and set out to collect as much maternal philosophy as she could. *Like My Mother Always Said* presents the wonderful and screwy things that our moms tell us in their attempts to be helpful and instructive. (Whether they succeed or not is another thing entirely.) Offered up in quips and short anecdotes, the wide variety of information gleaned from our mothers covers all the bases from love and marriage to how to handle your alcohol and plastic surgery.

Published in: US (Abrams), China (Beijing Zhengqing Culture and Art Co Ltd.)

English language rights available only through US publisher.



Political Suicide: Missteps, Peccadilloes, Bad Calls, Backroom Hijinks, Sordid Pasts, Rotten Breaks, and Just Plain Dumb Mistakes in the Annals of American Politics

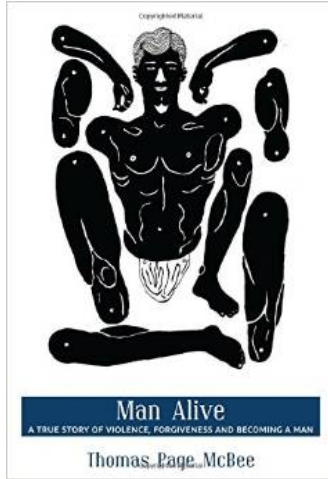
Erin McHugh

Every time there are elections, we can be certain that more skeletons will be found in closets, more mud slung – and, as we know all too well from history, it matters not whether the stories are real or imagined. Once something is in the ether, true or false, it can often mean POLITICAL SUICIDE.

This book brings fascinating history *plus* the crazy antics to readers who thrive on politics and election details that throw voters on both sides of the aisle into tailspins every few years. Did he cheat on his wife? Did she buy the election? Who stole what? Is that even legal? Some actions (and the voters' reactions) simply put politicians in the hot seat for a while – other problems put them straight out to pasture. Full of scandalous facts and anecdotes – much more pithy than a book of trivia, and definitely the tastiest morsel of 2016 and the book of choice for everyone who either gets fed up or never gets enough of this stuff.

US (April 2016, Pegasus Books)

English language rights available only through US publisher.



Man Alive: A True Story of Violence, Forgiveness and Becoming a Man

Thomas Page McBee

What does it mean to be a man?

In *Man Alive*, Thomas Page McBee attempts to answer that question by focusing on two of the men who most impacted this life – one, his otherwise ordinary father who abused him as a child, and the other, a mugger who almost killed him. Standing at the brink of the life-changing decision to transition from female to male, McBee seeks to understand these examples of flawed manhood and tells us how a brush with violence sent him on the quest to untangle a sinister past, and freed him to become the man he was meant to be.

Memoir

Published in: US (City Lights Books)

English language rights available only from US publisher.