



2017
**SHE WRITES
PRESS
CATALOG**

ABOUT SHE WRITES PRESS

She Writes Press is an independent publishing company founded in 2012, with a thriving publishing program dedicated to community, education, and giving women authors a voice and a platform for their writing.

We are a curated press that's both mission-driven and community-oriented, aiming to serve writers who wish to maintain greater ownership and control of their projects while still getting the highest quality editorial help possible for their work.

Every expert we work with has been hand-picked by She Writes Press Publisher Brooke Warner.

Celebrating four years of publishing in 2016, She Writes Press has signed nearly 200 authors. We are an award-winning press whose authors have appeared in publications ranging from *O!* magazine to *People* to *Redbook*, as well as all the industry trade reviews. Our books are distributed by Ingram Publisher Services and are sold into bookstores, libraries, and specialty retail accounts. We are excited to be partnering with high-caliber authors whose books are giving the publishing industry reason to keep its eye on She Writes Press.

She Writes Press is now a proud member of the SparkPoint Studio family, spearheaded by its CEO, Crystal Patriarche.

Publisher Brooke Warner is a co-founder of the press and leads the editorial and production department along with two talented and dedicated project managers, Cait Levin and Lauren Wise.

She Writes Press is known for its beautiful cover designs and interiors, and would like to thank its design team, led by Creative Director Julie Metz, who's supported in her efforts by Leah Lococo, Tabitha Lahr, Rebecca Lown, Kiran Spees, Stacey Aaronson, Katherine Lloyd, and Ann Weinstock.

HOW IT WORKS

SHE WRITES PRESS editorial solutions are a cornerstone of our commitment to our authors, and we have established three specific tracks for authors who submit their works to SWP.

TRACK 1.

Green Light/Good to Go Track 1 is for those SWP authors who are ready for publication. If we determine that you have a publishready manuscript, you will proceed directly into the production process, meaning your manuscript will go straight to layout (designed pages).

TRACK 2.

Copyediting (not included in the She Publishes package) Track 2 is for those SWP authors whose manuscript requires something heavier than a proofread. We offer a brief assessment of your work in order to point you to the places in your manuscript that have deemed it in need of a copyedit. We do not require that you get your copyedit done by SHE WRITES PRESS.

TRACK 3.

Developmental Editing/Coaching (not included in the She Publishes package) Track 3 is for those authors who require more than a copyedit. We will recommend that these authors work with one of SWP's coaches for developmental editing and/or coaching. Your manuscript would qualify for this kind of service if we see inconsistencies in your story, the need for character and/or scene development, point of view problems, or lack of structure.

PROOFREADING

(included in the She Publishes package) All authors publishing on SHE WRITES PRESS will have their final manuscript proofread after their project has been laid out (designed).



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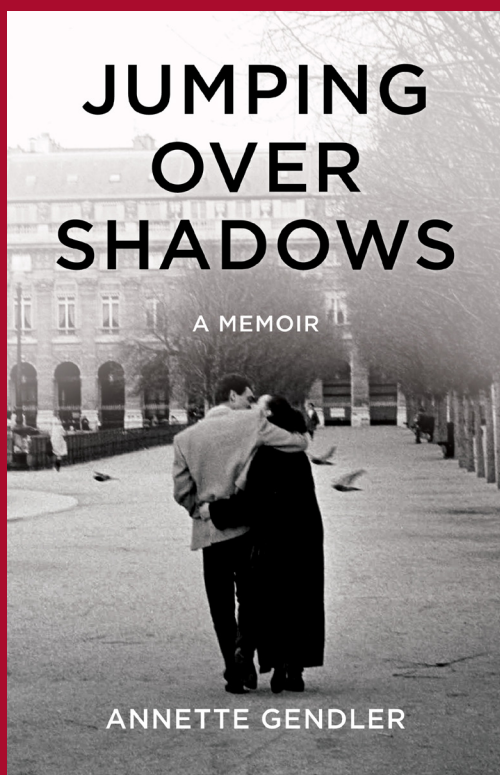
FALL 2017

TBD



**Spring
2017**

APRIL 2017



Publication Date: April 4, 2017

Collections: Contemporary Fiction,
For Women

Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-170-6

E-ISBN: 978-1-63152-171-3

“In this extraordinary work, Annette Gendler illuminates the borders and meeting points between Judaism and Christianity, Germans and Jews, American Jews and Israeli Jews. Writing with eloquent precision, she reminds us why converts to Judaism are among the most precious gifts to the Jewish people. This book confirms Annette Gendler as an indispensable Jewish voice for our time.”

— Yossi Klein Halevi, author of *Like Dreamers*, Senior fellow, Shalom Hartman Institute, Jerusalem

JUMPING OVER SHADOWS

A MEMOIR

ANNETTE GENDLER

DESCRIPTION:

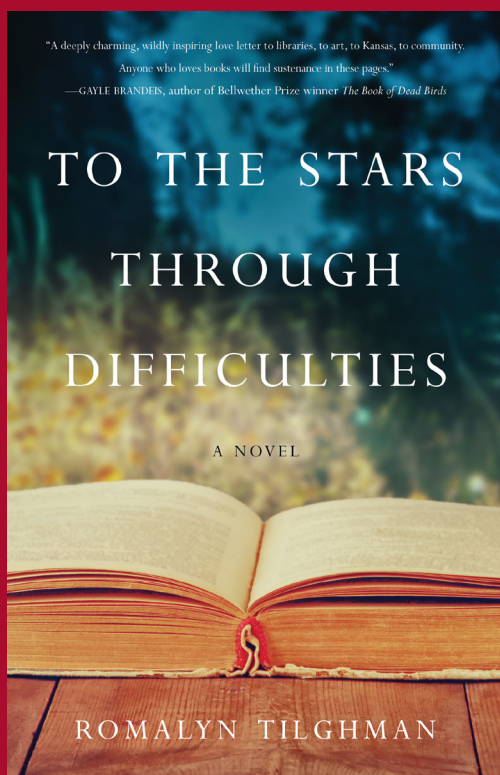
History was repeating itself when Annette Gendler fell in love with a Jewish man in Germany in 1985. Her Great-Aunt Resi had been married to a Jew in Czechoslovakia before World War II—a marriage that, while happy, created tremendous difficulties for the extended family once the Nazis took over their hometown in 1938, and ultimately did not survive the pressures of the time. Annette and Harry’s love, meanwhile, was the ultimate nightmare for Harry’s family of Holocaust survivors.

Weighed down by the burdens of their family histories, Annette and Harry kept their relationship secret for three years, until they could forge a path into the future and create a new life in Chicago. As time went on, however, Annette found a spiritual home in Judaism—a choice that paved the way toward acceptance by Harry’s family, and redemption for some of the wounds of her own family’s past.

ABOUT THE AUTHOR:

Annette Gendler is a writer and photographer. Her work has appeared in the *Wall Street Journal*, *Tablet Magazine*, *Bella Grace*, and *Artful Blogging*, to name a few. She served as the 2014–2015 writer-in-residence at the Hemingway Birthplace Home in Oak Park, Illinois. Born in New Jersey, she grew up in Munich, Germany, and lives in Chicago with her husband and three children. Visit her at www.annettegendler.com.

APRIL 2017



Publication Date: April 4, 2017

Collections: Contemporary Fiction,
For Women

Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-233-8

E-ISBN: 978-1-63152-232-1

TO THE STARS THROUGH DIFFICULTIES

A NOVEL

ROMALYN TILGHMAN

DESCRIPTION:

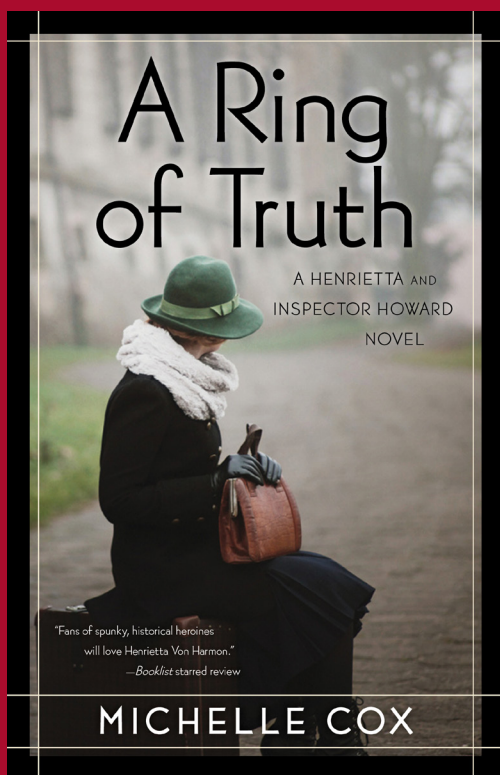
Andrew Carnegie funded fifty-nine public libraries in Kansas in the early 20th century—but it was frontier women who organized waffle suppers, minstrel shows, and women’s baseball games to buy books to fill them. Now, a century later, Angelina returns to her father’s hometown of New Hope to complete her dissertation on the Carnegie libraries, just as Traci and Gayle arrive in town—Traci as an artist-in-residence at the renovated Carnegie Arts Center and Gayle as a refugee whose neighboring town, Prairie Hill, has just been destroyed by a tornado.

The discovery of an old journal inspires the women to create a library and arts center as the first act of rebuilding Prairie Hill after the tornado. As they work together to raise money for the center, Traci reveals her enormous heart, Angelina discovers that problem-solving is more valuable than her PhD, and Gayle demonstrates that courage is not about waiting out a storm but building a future. Full of Kansas history—from pioneer homesteaders to Carrie Nation to orphan trains—*To the Stars through Difficulties* is a contemporary story of women changing their world, and finding their own voices, powers, and self-esteem in the process.

ABOUT THE AUTHOR:

Romalyn Tilghman is a freelance writer and consultant in arts management. She earned BA and MS degrees from the University of Kansas and has studied writing through UCLA’s Writers Program. *To the Stars through Difficulties* is her first novel, inspired by her work as Executive Director of the Association of Community Arts Councils of Kansas, and then as Regional Representative for the National Endowment for the Arts. Since then, she has consulted with private foundations, government agencies, and performing arts groups, and served on national boards and panels. She lives in Southern California.

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Publication Date: April 4, 2017

Collections: Contemporary Fiction,
Mystery, For Women

Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-196-6

E-ISBN: 978-1-63152-197-3

Praise for Book 1 of the series:

“Michelle Cox masterfully recreates 1930s Chicago, bringing to life its diverse neighborhoods and eclectic residents, as well as its seedy side. Henrietta and Inspector Howard are the best pair of sleuths I’ve come across in ages—Cox makes us care not just about the case, but about her characters. A fantastic start to what is sure to be a long-running series.”

— Tasha Alexander, *New York Times* best-selling author of *The Adventuress*

A RING OF TRUTH

A HENRIETTA AND INSPECTOR HOWARD NOVEL

MICHELLE COX

DESCRIPTION:

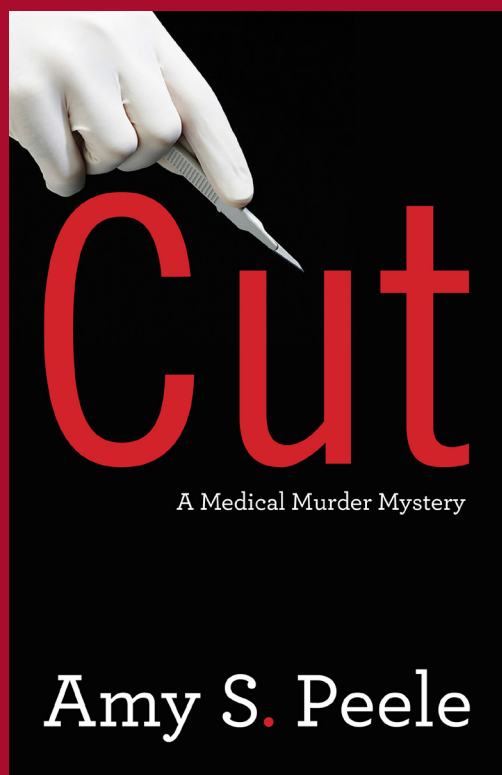
Newly engaged, Clive and Henrietta now begin the difficult task of meeting each other’s family. “Difficult” because Clive has neglected to tell Henrietta that he is in fact the heir to the Howard estate and fortune, and Henrietta has just discovered that her mother has been hiding secrets about her past as well. When Clive brings Henrietta to the family estate to meet his parents, they are less than enthused about his impoverished intended. Left alone in this extravagant new world when Clive returns to the city, Henrietta finds herself more at home with the servants than his family, much to the disapproval of Mrs. Howard—and soon gets caught up in the disappearance of an elderly servant’s ring, not realizing that in doing so she has become part of a bigger, darker plot.

As Clive and Henrietta attempt to discover the truth in the two very different worlds unraveling around them, they both begin to wonder: Are they meant for each other after all?

ABOUT THE AUTHOR:

Michelle Cox holds a BA in English literature from Mundelein College, Chicago, and is the author of the award-winning *A Girl Like You*, the first in the Henrietta and Inspector Howard series. She is known for her wildly popular blog, *How to Get Your Book Published in 7,000 Easy Steps – A Practical Guide*, as well as her charming *Novel Notes of Local Lore*, a blog dedicated to Chicago’s forgotten residents. Cox lives with her husband and three children in the suburbs of Chicago.

APRIL 2017



Publication Date: April 11, 2017

Collections: Contemporary Fiction,
Mystery

Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-184-3

E-ISBN: 978-1-63152-185-0

CUT

A MEDICAL MURDER MYSTERY

AMY S. PEELE

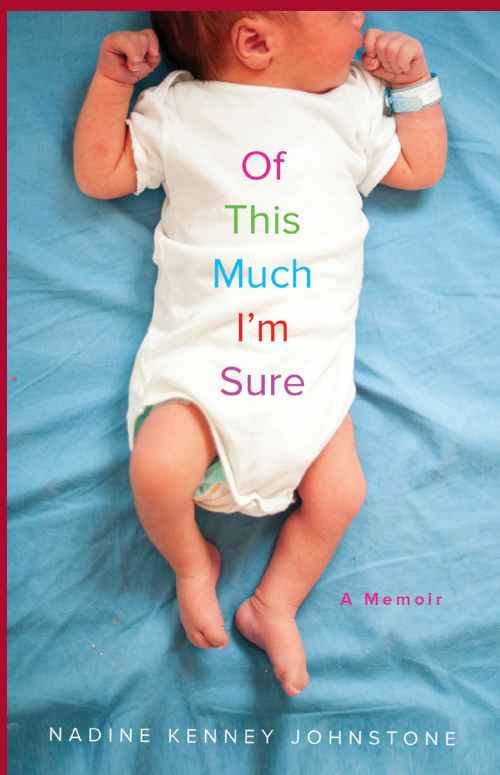
DESCRIPTION:

While the federal government is launching a national investigation on the “equity” of organ distribution, a female tech CEO flies across the country to get a liver transplant. Soon, well-respected transplant nurse Sarah Golden and her best friend, Jackie, find themselves tangled up in an intense plot to uncover the answer to the question on everyone’s mind: *Can you buy your way up to the top of the waiting list?* Their pursuit of justice brings them to Miami, San Francisco, and Chicago—a sometimes fun, sometimes dangerous roller coaster ride from which they barely escape with their lives.

ABOUT THE AUTHOR:

Amy Peele was born and raised in the Chicago area, where she graduated from South Chicago School of Nursing. She discovered her passion for organ donation and transplantation when she started as a transplant coordinator at University of Chicago, and has since enjoyed a thirty-five-year career in transplantation in both Illinois and California. Peele has lived and worked in the San Francisco area since 1985 and has been writing creatively for over fifteen years. In addition to killing people in her murder mysteries, she enjoys meditating, yoga, swimming, and pursuing her spirituality by studying the teachings of Deepak Chopra.

APRIL 2017



Publication Date: April 11, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-210-9

E-ISBN: 978-1-63152-211-6

OF THIS MUCH I'M SURE

A MEMOIR

NADINE KENNEY JOHNSTONE

DESCRIPTION:

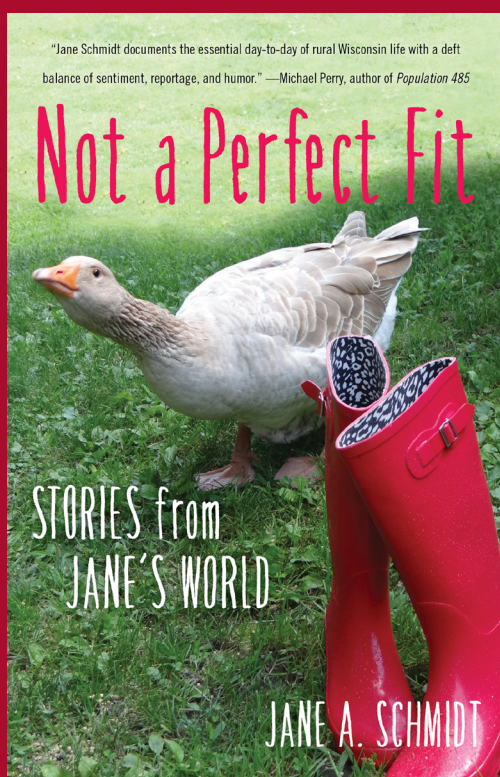
At twenty-two, Chicagoan Nadine Kenney is thrilled to meet her future husband, Jamie, while vacationing in Florida. After a whirlwind, long-distance romance, Nadine leaves her friends, family, and city to join Jamie in suburban Massachusetts. Once married, they begin trying for a baby without knowing how hard that road will become.

Nadine soon faces the little-known horrors of IVF when a procedure causes severe internal bleeding, and she wakes up from emergency surgery with a six-inch scar instead of a baby bump. In the difficult year that follows, anxiety and additional failed fertility treatments threaten her new marriage and her mental state. By some saving grace, she eventually becomes pregnant naturally, but the horrors are not over: her son is diagnosed with potentially terminal kidney complications. Ultimately, Nadine learns that in an unpredictable life, the only thing she can be sure of is the healing power of hope.

ABOUT THE AUTHOR:

Nadine Kenney Johnstone teaches English at Loyola University and received her MFA from Columbia College in Chicago. Her work has been featured in Chicago magazine, *The Moth*, *PANK*, and various anthologies, including *The Magic of Memoir*. She presents at writing conferences internationally and lives near Chicago with her family.

APRIL 2017



Publication Date: April 11, 2017

Collections: Memoir, Humor

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-206-2

E-ISBN: 978-1-63152-207-9

“Jane Schmidt documents the essential day-to-day of rural Wisconsin life with a deft balance of sentiment, reportage, and humor. City mouse, country mouse, newcomer or old-timer, you will find yourself nodding, grinning, and sometimes dabbing at your eyes as you read these stories.”

— Michael Perry, best-selling author of *Truck: A Love Story* and *The Jesus Cow*

NOT A PERFECT FIT

STORIES FROM JANE'S WORLD

JANE SCHMIDT

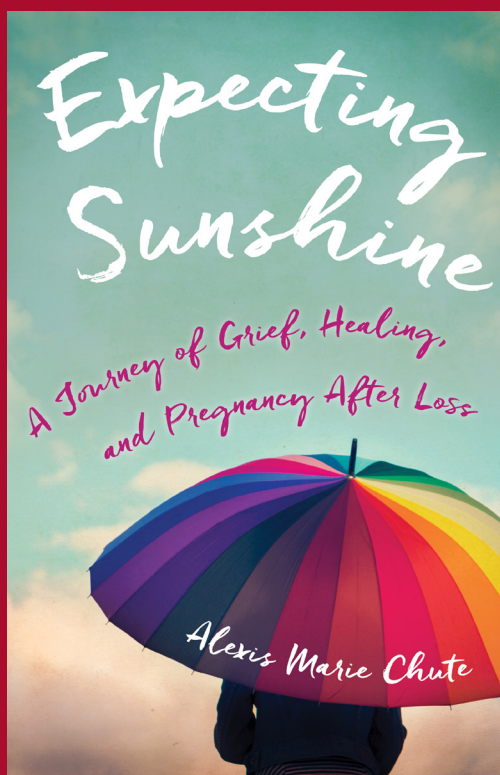
DESCRIPTION:

Not a Perfect Fit is a collection of stories that are laugh-out-loud funny one minute and thought-provoking the next. Stories range from Schmidt's experience living off-grid as the only English woman in an Amish neighborhood to family trips that are remarkably similar to National Lampoon's *Vacation*. Through it all, she manages to rise above the many challenges she faces—inspiring and entertaining her audience along the way. Filled with animal antics, gratitude, mishaps, and madcap adventures, *Not a Perfect Fit's* tell-all, single-girl-gone-country, down-home stories give readers permission to laugh and cry—and, most important, to carry on.

ABOUT THE AUTHOR:

Jane Schmidt is an award-winning columnist for the *Crawford County Independent* and *Kickapoo Scout*. She is the owner of two businesses, Fitness Choices and Turtle Adventures. When not teaching her fitness classes or encouraging women to get outside, she spends her time backpacking in places like the Grand Canyon, Superior Hiking Trail, and Isle Royale National Park; biking across Wisconsin; hiking and kayaking in the Kickapoo Valley Reserve; or just hanging out with her animal family in rural Viola, Wisconsin.

APRIL 2017



Publication Date: April 18, 2017

Collections: Memoir, Self Help,
Inspirational

Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-174-4

E-ISBN: 978-1-63152-175-1

“An amazingly moving and emotional story that any woman—or any parent—can easily relate to.”

— Jennifer Hamilton, Editor,
CanadianFamily.ca

“An honest and tender memoir about the complex and difficult emotions of grief and joy a mother goes through during a pregnancy that follows a death of a child.”

— Lindsey Henke LICSW, founder of
Pregnancy After Loss Support

EXPECTING SUNSHINE

A JOURNEY OF GRIEF, HEALING, AND
PREGNANCY AFTER LOSS

ALEXIS MARIE CHUTE

DESCRIPTION:

After her son, Zachary, dies in her arms at birth, visual artist and author Alexis Marie Chute disappears into her “Year of Distraction.” She cannot paint or write or tap into the heart of who she used to be, mourning not only for Zachary, but also for the future they might have had together. It is only when Chute learns she is pregnant again that she sets out to find healing and rediscover her identity—just in time, she hopes, to welcome her next child.

In the forty weeks of her pregnancy, Chute grapples with her strained marriage, shaken faith, and medical diagnosis, with profound results. Glowing with riveting and gorgeous prose, *Expecting Sunshine* chronicles the anticipation and anxiety of expecting a baby while still grieving for the child that came before—enveloping readers with insightful observations on grief and healing, life and death, and the incredible power of a mother’s love.

ABOUT THE AUTHOR:

Alexis Marie Chute is an award-winning artist, writer, and filmmaker. She received her Bachelor of Fine Arts in painting and photography from the University of Alberta, and her Masters of Fine Arts in creative writing from Lesley University in Cambridge, Massachusetts. Chute is a highly regarded public speaker and has traveled around the world presenting on art, writing, and the healing capacities of creativity. She is widely published in anthologies and magazines, and her artwork has been exhibited internationally. She lives in Edmonton, Alberta, Canada with her husband and their three living children.

APRIL 2017

DOG as my
DOCTOR,



CAT as my
NURSE

An Animal Lover's Guide
to a Healthy, Happy, and
Extraordinary Life



CARLYN MONTES DE OCA L.Ac., M.T.O.M.

Publication Date: April 18, 2017

Collections: Non-Fiction

Price: \$16.95 paperback/\$9.95 eBook

6 x 9

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-186-7

E-ISBN: 978-1-63152-187-4

"Dog as My Doctor, Cat as My Nurse is a beautifully written book filled with healing insights and heartwarming stories which compel us to look at our relationships with our dogs and cats in a whole new way. For those who seek out alternative therapies or for those who are just curious, this engaging, informative, and entertaining read will have you marveling over the healing powers of dogs and cats. If you love animals you will love this book. If you don't live with an animal, you will want to adopt one so you too can live a healthier, happier, and more extraordinary life."

— Maria Jacquemetton, Emmy Award-winning Executive Producer and Writer of *Mad Men*

DOG AS MY DOCTOR, CAT AS MY NURSE

AN ANIMAL LOVER'S GUIDE TO A HEALTHY,
HAPPY & EXTRAORDINARY LIFE

CARLYN MONTES DE OCA

DESCRIPTION:

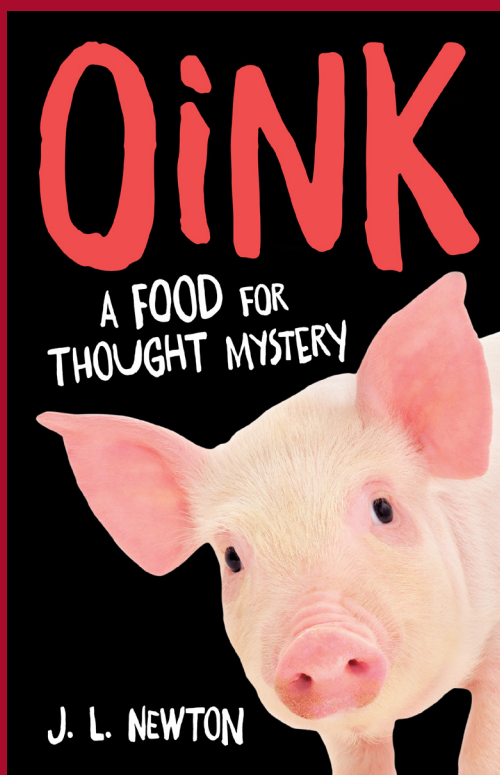
Written for the dog and cat lover, animal advocate, and fan of natural medicine, *Dog as My Doctor, Cat as My Nurse* reveals how our timeless relationships with our beloved animal friends hold the keys to our optimal health. Acupuncturist, plant-based nutritional consultant, and animal advocate Carlyn Montes De Oca weaves together an insightful tapestry of prescriptive advice, personal stories about her lively "six-pack" of rescue dogs and cats, and testimonials from other dog and cat lovers, including best-selling author Jack Canfield.

In an age when most people will suffer from a preventable chronic disease, *Dog as My Doctor, Cat as My Nurse* opens readers eyes' to the fact that our beloved companion animals can be some of the most powerful allies we will ever have on the journey towards a healthier, happier, and more extraordinary life.

ABOUT THE AUTHOR:

Carlyn Montes De Oca is an acupuncturist, plant-based nutritional consultant, and animal advocate in private practice near San Francisco. She holds a bachelor's degree from Loyola Marymount University in communication arts and a master's degree in Traditional Chinese Medicine from Emperor's College. She is also certified in plant-based nutrition from the T. Colin Campbell Center for Nutritional Studies at Cornell University. She was voted PETA's Sexiest Vegetarian Over 50 in 2011, and has been a spokesperson for the Guardian Campaign at In Defense of Animals. She is also the founder of The Animal-Human Health Connection, which focuses on bringing awareness to the many powerful ways that animals enhance human health, happiness, and longevity. Montes De Oca lives in Marin County with her husband, Ken, and her beloved rescue animals.

APRIL 2017



Publication Date: April 18, 2017

Collections: Fiction, Mystery

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-212-3

E-ISBN: 978-1-63152-213-0

“It has been said that the comic campus novel is no more (things in higher ed are verging on the tragic), but *Oink* proves otherwise. A witty combination of a campus novel, a murder mystery, a debate about GMOs, and a recipe book, *Oink* is a celebration of community connected to the joy of food and fellowship. At a time when collegiality is on the decline because of the corporatisation of higher education, Newton’s light-hearted novel makes the serious point that collegiality is important not only personally but also politically.”

—Maggie Berg and Barbara K. Seeber,
authors of *The Slow Professor: Challenging
the Culture of Speed in the Academy*

OINK!

A FOOD FOR THOUGHT MYSTERY

JUDITH NEWTON

DESCRIPTION:

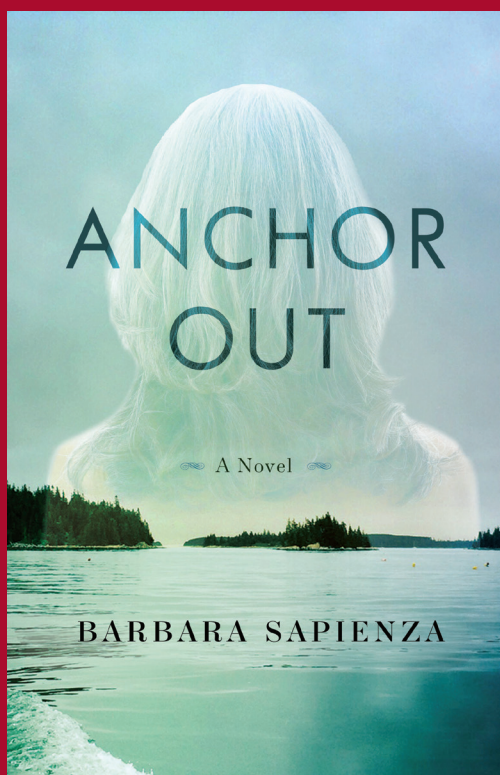
Emily Addams is the last person you’d expect the police to be circling in a poisoning investigation. A professor of women’s studies, a foodie, and a doting mom, Emily has spent her life building a campus community and engaging in peaceful struggles against injustice. But when Peter Elliott, a professor of plant biology at bucolic Arbor State is found comatose in a pig pen clutching a piece of Emily’s corn bread (unmistakable for its goat cheese and caramelized onions) it’s in her direction that the police turn.

Even as she comes under suspicion, Emily and her comrades in women’s, American, and ethnic studies are fighting the administration’s attempt to defund their programs and run their beloved Arbor State more like a corporation than a place of higher learning. Her efforts to save her own skin and to protect the campus community she loves converge as she launches her own investigation to find out who really slipped the professor a piece of cornbread spiked with pesticide—and as always, it is community that helps her solve the crime. In an expression of communal spirit, *Oink* comes with recipes.

ABOUT THE AUTHOR:

J. L. Newton is Professor Emerita at a land grant university. She is at work on another mystery and lives in California where she tends her garden and cooks for family and friends. You can contact her at jnjocals@gmail.com, www.facebook.com/TastingHomeComingOfAgeInTheKitchen, and on Twitter: @jnewton70.

APRIL 2017



Publication Date: April 25, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-165-2

E-ISBN: 978-1-63152-166-9

ANCHOR OUT

A NOVEL

BARBARA SAPIENZA

DESCRIPTION:

Sixty-year-old Frances Pia lives alone on a thirty-foot sailboat anchored near Sausalito, where she communes with the fog, sea lions, cormorants, and two sailor friends, Otto and Russell. She performs random acts of public defacement—painting drainpipes, public restrooms, and murals on the sides of houses—which she believes are beautification projects, and struggles with bouts of depression and mania. Frankly, she’s a bit of a nutcase.

But Frances wasn’t always this way. She was once a Catholic nun with a sister, Anne, who loved her dearly. But then she slept with her brother-in-law, Greg—and ashamed and pregnant, she fled, leaving Anne, her art, and her vocation behind. When she also lost her baby, Nicola, in a freak accident, she lost faith in God and became a keeper of sorrows.

Through a series of wacky adventures, including bouts with the cops and the sea, Frances opens her heart to love for the first time in years—and begins to really paint the town, redeeming herself with Anne and freeing herself from her guilt over Nicola’s death along the way.

ABOUT THE AUTHOR:

Barbara Sapienza is a retired clinical psychologist who practiced in San Francisco. At sixty-six she enrolled in the graduate program in Creative Writing at SFSU. She writes, paints, dances, practices taiji and meditation, and volunteers in a school program in Marin City. She lives in Sausalito with her husband and enjoys her granddaughters, Milla and Isa.

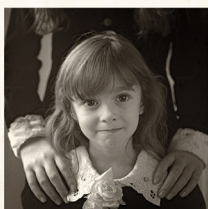
MAY 2017

I Know It in My Heart

WALKING THROUGH GRIEF

WITH A CHILD

A MEMOIR



MARY E. PLOUFFE, PH.D.

Publication Date: May 2, 2017

Collections: Non-Fiction, Self-Help

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-200-0

E-ISBN: 978-1-63152-201-7

“In a profound yet simple way, Mary Plouffe gives us a compelling personal story of grieving—of her sister’s diagnosis, then caring for her little niece, her own family, and herself, then loss, and then on to healing. Her evident experience as a psychologist adds authority to a universal story in a deep and tender way . . . a noteworthy, compassionate companion, eloquent and reassuring.”

—Anne Lynch, Director, Maine Center for Grieving Children

I KNOW IT IN MY HEART WALKING THROUGH GRIEF WITH A CHILD

MARY E. PLOUFFE

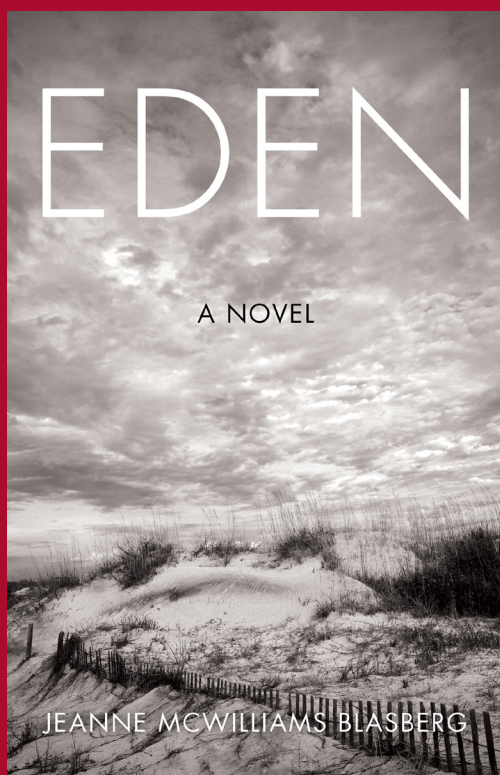
DESCRIPTION:

A three-week adventure becomes a tragic dilemma for a loving sister, a motherless child, and a terrified father facing unimaginable loss together and using their relationships with one another to survive. *I Know It In My Heart: Walking through Grief with a Child* explores the impact of early parental loss, the evolution of grief from toddler to teenager, and the devastation of adult sibling loss. Told by Mary E. Plouffe—a grieving sister who is also a psychologist—the story is more than a memoir; it is an exploration of childhood and adult grief, and how family relationships can weave them into healing. Parents, therapists, and anyone else who wants to see loss through the eyes of a child will find useful information here for guiding children through loss, and understanding how those losses impact them as they grow. Narrated with professional wisdom steeped in personal pain, *I Know It In My Heart* brings us all a step closer to understanding, resilience, and healing.

ABOUT THE AUTHOR:

Mary E. Plouffe, PhD is a clinical psychologist with thirty-five years of experience as a clinician, teacher, and consultant. She has served on the faculty of Maine Medical Center psychiatry residency training program, the Maine Board of Examiners, and The Collaborate School, and has provided consultation to school and courts. Her essays have been published by *NRR*, *On the Issues Magazine*, *Brain*, *Child Magazine*, *Survivor Review*, and *Mothers Always Write*. Find additional information at www.maryplouffe.com.

MAY 2017



Publication Date: May 2, 2017

**Collections: Contemporary Fiction,
Mystery**

**Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5**

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-188-1

HARDCOVER: 978-1-63152-234-5

E-ISBN: 978-1-63152-189-8

“Eden is a heartbreaking novel about the wounds that are passed down through generations. Blasberg’s voice is strong and clear, and her characters are so real—with their ambitions and their weaknesses, their good intentions and their resentments—that no reader is likely to forget them.”

—Ivy Pochoda, author of *Visitation Street*

EDEN

A NOVEL

JEANNE MCWILLIAMS BLASBERG

DESCRIPTION:

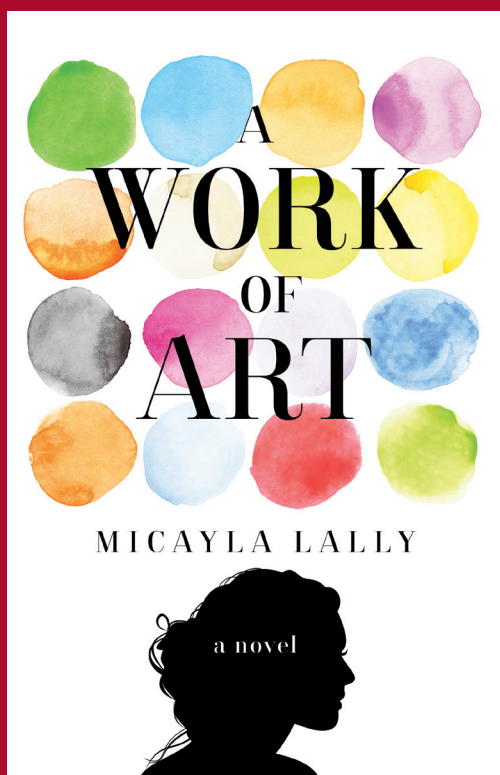
Becca Meister Fitzpatrick—wife, mother, grandmother, and pillar of the community—is the dutiful steward of her family’s iconic summer tradition . . . until she discovers her recently deceased husband squandered their nest egg. As she struggles to accept that this is likely her last season in Long Harbor, Becca is inspired by her granddaughter’s boldness in the face of impending single-motherhood, and summons the courage to reveal a secret she was forced to bury long ago: the existence of a daughter she gave up fifty years ago. The question now is how her other daughter, Rachel—with whom Becca has always had a strained relationship—will react.

Eden is the account of the days leading up to the Fourth of July weekend, as Becca prepares to disclose her secret and her son and brothers conspire to put the estate on the market, interwoven with the century-old history of Becca’s family—her parents’ beginnings and ascent into affluence, and her mother’s own secret struggles in the grand home her father named “Eden.”

ABOUT THE AUTHOR:

Please visit my blog for all the latest news: matthewcplourde.wordpress.com

MAY 2017



Publication Date: May 2, 2017

Collections: Contemporary Fiction,
Women's Fiction

Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-168-3

E-ISBN: 978-1-63152-169-0

“ *A Work of Art* by Micayla Lally takes the unusual tack of beginning the story at the end of a relationship. As she paints a renewed love that rises from the ashes of the old, Lally draws two imperfect characters who are growing into the people they need to be. The question is whether their new love is strong enough to survive the mistakes of their past.”

—Maren Anderson, author of *Fuzzy Logic* and *Closing the Store*

A WORK OF ART

A NOVEL

MICAYLA LALLY

DESCRIPTION:

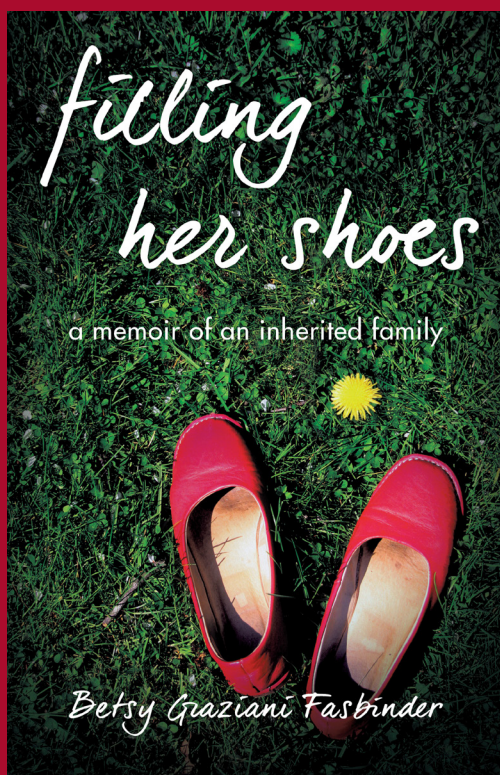
Letting go after her abrupt break-up with Samson is harder than Julene thought it would be, especially since her ex has wasted no time in burying himself in the local dating scene. But during an extended visit to her parents overseas, Julene rediscovers her love of art, and a burgeoning career develops. Samson, on the other hand, after trying valiantly—and unsuccessfully—to forget Julene, has settled instead on his own new career.

When Julene returns home to Australia, a coincidental meeting leads to an emotional reunion—but her love and patience will be tested when she finds out just how busy Samson has been in her absence. Yes, they have both made mistakes they can work through and move past—but when a specter from Samson’s past looms, Julene wonders: Can she trust him again?

ABOUT THE AUTHOR:

Micayla lives in Oregon with her husband and three adventurous boys. Prior to full-time parenting, she worked in Sydney, Australia. More recently, she’s let the boys fend for themselves while furiously writing a handful of novels, and enjoys sewing clothes and hats, and reading until the wee hours.

MAY 2017



Publication Date: May 9, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-198-0

E-ISBN: 978-1-63152-199-7

FILLING HER SHOES

A MEMOIR OF AN INHERITED FAMILY

BETSY GRANZIANI FASBINDER

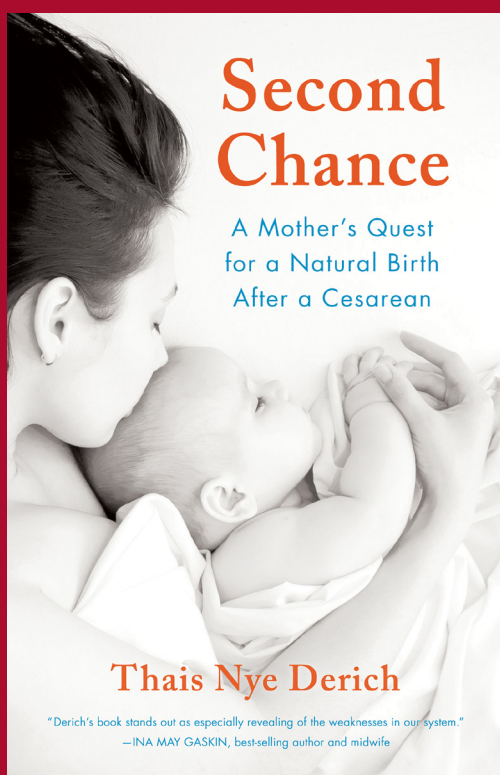
DESCRIPTION:

On the day that she decided to marry a widower—also a long-time friend—Betsy Graziani Fasbinder knew that she wasn't only gaining a husband, she was inheriting a son. Unlike many stepmothers, Betsy didn't have to struggle with an ex, or court battles, or the weekend shuffle between houses—but she did have to navigate living in the shadow of a young mother taken too soon, to honor the memory of her son's first mother, and to become the kind of parent and partner she herself wanted to be. Over time this family would learn how love's roots were formed in their shared losses, and how the new family love and joy they created together would become the richest kind of inheritance.

ABOUT THE AUTHOR:

Betsy Graziani Fasbinder became a second wife when she married a widower with a young son. Their family fashioned itself with loss and love as their foundation, and with tenderness and commitment as their guides. She is the author of the critically acclaimed novel *Fire & Water* and the founder of The Morning Glory Project, which celebrates those who have not only survived tragic loss and trauma but who have turned their heartbreak into heroism and their history into inspiration. Betsy has been a licensed psychotherapist in California since 1992. She lives with her husband in their recently empty nest in Marin County, California. Learn more at www.betsygrazianifasbinder.com.

MAY 2017



Publication Date: May 9, 2017

Collections: Contemporary Fiction,
Women's Fiction

Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-218-5

E-ISBN: 978-1-63152-219-2

"I've read a lot of book-length birth stories, but Derich's stands out as especially revealing of the weaknesses in our system."

—Ina May Gaskin, best-selling author and midwife

"An unbiased, highly transparent account of one woman's journey through the labyrinth of emotions and experiences that can accompany the post-cesarean birthing woman within the U.S."

—Laquitha Glass, Former President of the International Cesarean Awareness Network

SECOND CHANCE

A MOTHER'S QUEST FOR A NATURAL BIRTH AFTER A CESAREAN

THAIS DERICH

DESCRIPTION:

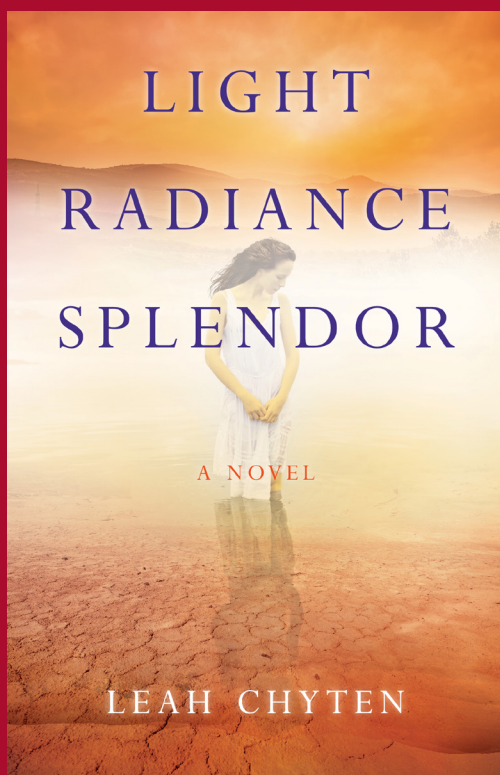
On the joyful day of her son's birth, Thais Derich never questioned going to the hospital. A week later, she walked out physically, spiritually, and emotionally injured, and fully disabused of the idea that the medical field would ever put her best interests before protocol, money, and legal concerns. The next three years of her life were spent recovering from that day, and preparing herself to do things her way when she became pregnant again. And then she did get pregnant again—and that resolve was put to the test.

A universal story about betrayal and trust and the roller coaster ride in between, *Second Chance* illuminates the many ways in which our healthcare system is broken when it comes to helping women give birth, and gives a voice to all the mothers who have walked away from their delivery experiences wondering what the hell just happened.

ABOUT THE AUTHOR:

Thais Derich was born in Carmel, CA. She is a graduate of California Polytechnic University, San Luis Obispo, and lived for two years in Belgium and France studying French before returning to live in California. After starting her own software training business and traveling the US teaching software at Fortune-500 companies, she and her husband decided to start a family, and she left the business to stay home full-time. While at home, she started a successful food blog, sold her healthy granola bars at Rainbow Grocery, and wrote *Second Chance*. Derich is published at Salon, BlogHer, BabyCenter, Literary Mama, *Wild Violet Literary Magazine*, Forge Journal, SFGate, and the *San Francisco Examiner*. A chapter of *Second Chance* was a finalist out of 500 entries for the Creative Non-Fiction Magazine's baby anthology. She now lives in beautiful Marin County, where she is writing her second book and working at a lovely women's coworking space called The Hivery.

MAY 2017



Publication Date: May 16, 2017

Collections: Contemporary Fiction

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-178-2

E-ISBN: 978-1-63152-179-9

LIGHT RADIANCE SPLENDOR

A NOVEL

LEAH CHYTEN

DESCRIPTION:

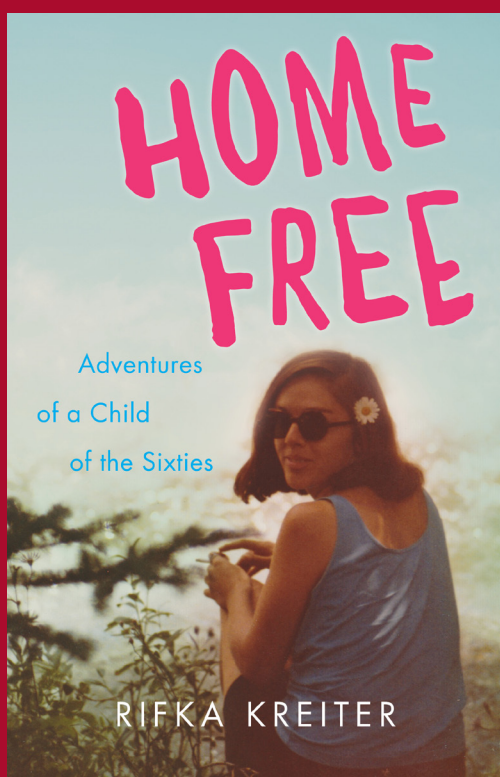
When the world is erupting in violence and chaos, something is out of balance—and what is needed is the return of the exiled Shekinah, the feminine aspect of the divine. Shekinah's compassion for our planet's suffering compels Her to attempt a mission of return, but She needs the help of others.

Set in Eastern Europe in the first half of the twentieth century and culminating in Israel and Palestine, *Light Radiance Splendor* follows three generations of fiercely devoted mission keepers as they grapple with loss of faith, betrayal, and forgiveness, as well as the decoding of an elusive manuscript. Will the mission succeed? Will Shekinah return to heal a fractured world—or are we beyond saving?

ABOUT THE AUTHOR:

Leah Chyten has been a philosopher since youth. Her essay "Life as a Creative Unfoldment" won state recognition as the most original graduation speech in the state of MA. Before attending college she homesteaded in Maine, where she raised animals, children, and vegetables and compiled a collection of songs, poetry, short stories, and a novel. After reluctantly leaving the woods to study psychology and spiritual traditions she became a psychotherapist, workshop leader, and teacher of spirituality. She currently lectures and facilitates groups that explore all facets and dimensions of human potential.

MAY 2017



Publication Date: May 16, 2017
Collections: Memoir, Non-Fiction
Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5

Distributed by Ingram Publisher Services
Print ISBN: 978-1-63152-176-8
E-ISBN: 978-1-63152-177-5

HOME FREE

ADVENTURES OF A CHILD OF THE '60S

RIFKA KREITER

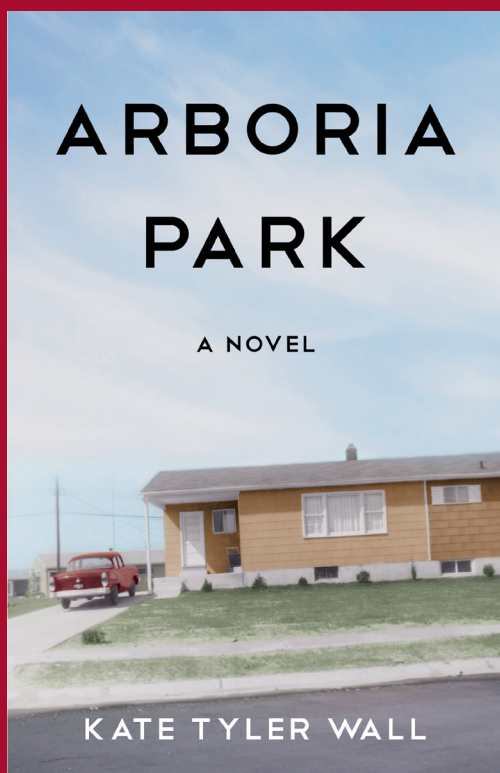
DESCRIPTION:

On a bus trip to a Catskill Mountain ashram, Rifka Kreiter recollects her past as she travels to meet Swamiji, another new guru on the scene in the bustling spiritual marketplace of 1976. Memories abound of an eventful childhood with an unstable mother on New York's Upper West Side and in LA, of dancing the Twist at Manhattan's Peppermint Lounge, and of sitting in against the war—as well as getting tear-gassed in Mississippi, surviving broken love affairs, and more. A checkerboard ride through the fifties, sixties, and early seventies, *Home Free* is powered by Kreiter's passionate drive for pleasure, self-knowledge, and—above all—freedom from limitations, whether psychological, political, or spiritual. Ultimately, it is a joyful trip, as she strives to bust free, be it with drugs, therapy, political activism, or meditation. At last, she arrives at a destination as unexpected as it is transformational.

ABOUT THE AUTHOR:

An astrologer once told Rifka Kreiter that a certain planetary conjunction in her chart signifies “an unusual life, full of unexpected happenings,” and this has certainly proved true. She studied acting at New York's High School of Performing Arts, philosophy at City College of New York, and clinical psychology at Adelphi University. She worked as a waitress, hat-check girl, and hearing researcher. She was Continuity Director at a New York radio station and Assistant Convention Manager at the Concord Resort Hotel. More recently, she tutored SAT Prep courses and was Assistant Director of Admissions at a rural community college. Since 1976, she has been following an ancient yogic path; she lived in a meditation ashram for ten years, and traveled to India three times during that period. Kreiter lives in suburban New Jersey with her partner. She blogs at homefreechildofthe60s.wordpress.com.

MAY 2017



Publication Date: May 23, 2017

**Collections: Contemporary Fiction,
Women's Fiction**

**Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5**

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-167-6

E-ISBN: 978-1-63152-235-2

ARBORIA PARK

A NOVEL

KATE TYLER WALL

DESCRIPTION:

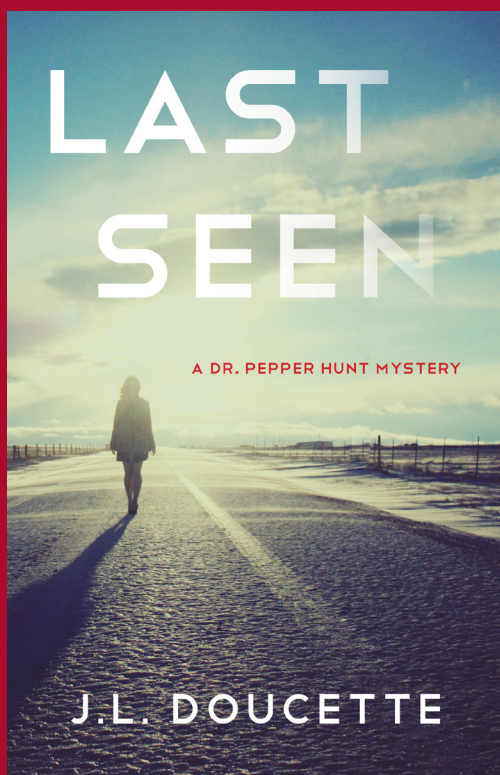
Stacy Halloran has lived most of her life in 1950s-era housing development Arboria Park. But her beloved neighborhood may not survive much longer.

Despite her parents' entreaties to "stay in the yard where it's safe," the Park is where young Stacy roams in quest of "real life." Through her wanderings, she learns about the area's agricultural history; meets people from backgrounds different than her own; watches her siblings develop interracial and same-sex relationships; helps launch the local punk-rock scene; and finally, settles as a wife and mother. As the neighborhood declines (along with her relationship with her mother), Stacy considers moving on to rescue herself and her daughter. But then a massive highway project threatens the ever-resilient Park—and it's Stacy's task to rally family, friends, and neighbors to save it.

ABOUT THE AUTHOR:

Kate Tyler Wall is managing editor of an American history journal in Philadelphia. She grew up in a 1950s-era housing development in Dover, Delaware, which inspired lifelong interests in music, history, exploring, and the power of place. She studied political science, journalism, and American history at the University of Delaware. She now lives in another 1950s tract house in Newark, Delaware with "suburban ecologist" husband Roland Wall and beagle-basset buddy Pilot. At age fifty she started writing fiction and roaming the East Coast in search of punk rock.

MAY 2017



Publication Date: May 23, 2017

**Collections: Contemporary Fiction,
Mystery**

**Price: \$16.95 paperback/\$9.95 eBook
5.5 x 8.5**

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-202-4

E-ISBN: 978-1-63152-203-1

LAST SEEN

A DR. PEPPER HUNT MYSTERY

JOANNE DOUCETTE

DESCRIPTION:

Psychologist and police consultant Dr. Pepper Hunt, struggling to deal with the murder of her husband, leaves the private practice they shared and relocates to Wyoming. There, in the stark landscape of the high desert, there is nothing to remind her of everything she lost and left behind. Then her new patient, Kimi Benally, goes missing in a Wyoming blizzard after her last therapy session—making Pepper the last person to see her. She knows the secrets Kimi shared in therapy hold clues to her mysterious disappearance, and she joins forces with Detective Beau Antelope to try to discover what's happened to her. But as she follows the trail of Kimi's obsession with the past, Pepper begins to fear the worst for her missing patient—and her own haunted memories surface.

ABOUT THE AUTHOR:

J.L. Doucette returned to Rhode Island after living many years in Wyoming. She earned a doctorate in counseling psychology from Boston University and has a private practice in Providence. She is at work on her second novel, *On a Quiet Street*, also featuring Dr. Pepper Hunt.

MAY 2017

Happier at Work



The Power of Love
to Transform the Workplace

Gayle Van Gils

Publication Date: May 30, 2017

Collections: Non-Fiction, Self-Help

Price: \$16.95 paperback/\$9.95 eBook

6 x 9

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-204-8

E-ISBN: 978-1-63152-205-5

HAPPIER AT WORK

THE POWER OF LOVE TO TRANSFORM THE WORKPLACE

GAYLE VAN GILS

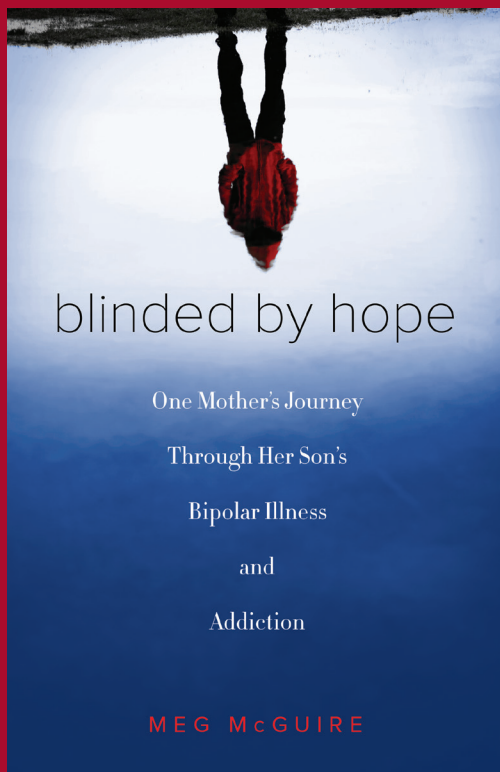
DESCRIPTION:

The American workplace has become toxic to mental, emotional, and physical health. A book for our complex and challenging times, *Happier at Work* offers a practical path for leaders and employees to shift a culture of fear and reactivity to one of communication and collaboration. Mindfulness and compassion come naturally to all of us, as does a fundamental goodness; in these pages, readers will discover how to access that true nature. Van Gils also explores the science behind practices that not only decrease stress, overwhelm, and chronic illness but also develop authentic, emotionally fit leaders and a compassionate workplace. Accessible and inspiring, *Happier at Work* is a guide to a transformed workplace—one of enhanced creativity, innovation, engagement, performance, and joy!

ABOUT THE AUTHOR:

Gayle Van Gils is a mindfulness educator and the founder of the consulting and coaching company Transform Your Culture. She has been practicing and teaching mindfulness for more than twenty-five years, and is a senior meditation teacher in the Shambhala Buddhist lineage. She leads contemplative seminars on personal, business, and societal transformation, both in person and online, and has helped hundreds of people to find more peace, energy, inspiration, joy and success in their lives and businesses. Van Gils holds an MBA from UCLA and is a certified teacher for Search Inside Yourself, the neuroscience-based mindfulness and emotional intelligence program developed and proven at Google to improve leadership skill, innovation, collaboration, and happiness. She and her husband, Gerard, have two sons, Alex and Jonathan who are both musicians. When she is not busy working or practicing meditation, she loves to get her hands dirty in clay and create large sculptural pieces for her home and yard.

JUNE 2017



Publication Date: June 6, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-125-6

E-ISBN: 978-1-63152-126-3

“Meg McGuire’s brilliant and moving story *Blinded by Hope* returns repeatedly to the tough question of belief: Whose story does one believe? Whose rendering of reality does a parent accept from her child and from herself? When does hope blind one to the truth? The anguish aroused in struggling to read and act on the true story comprises the dramatic tension that shapes the relationship between McGuire and her son.”

—Dennis Patrick Slattery, author of *Riting Myth, Mythic Writing: Plotting Your Personal Story*

BLINDED BY HOPE

ONE MOTHER’S JOURNEY THROUGH HER SON’S BIPOLAR ILLNESS AND ADDICTION

MEG MCGUIRE

DESCRIPTION:

One day a teenage boy gets on his bike and rides forty miles up California’s Pacific Coast Highway to avoid causing an earthquake he fears will endanger his mother and sister. But the quake he is experiencing is not coming from beneath the earth; it’s the onset of bipolar illness.

Blinded by Hope describes what it’s like to have an unusually bright, creative child—and then to have that child suddenly be hit with an illness that defies description and cure. Over the years, McGuire attributes her son’s lost jobs, broken relationships, legal troubles, and periodic hospitalizations to the manic phase of his illness, denying the severity of his growing drug use—but ultimately, she has to face her own addiction to rescuing him, and to forge a path for herself toward acceptance, resilience, and love. A wakeup call about the epidemic of mental illness, substance abuse, and mass incarceration in our society, *Blinded by Hope* shines a light on the shadow of family dynamics that shame, ignorance, and stigma rarely let the public see, and asks the question: How does a mother cope when love is not enough?

ABOUT THE AUTHOR:

Meg McGuire is a mother, writer, psychotherapist and the author of several internationally published nonfiction books. She is an activist in mental health and criminal justice reform.

JUNE 2017

*Operatic Divas
and
Naked Irishmen*



AN INNKEEPER'S TALE

A Memoir

Nancy R. Hinchliff

Publication Date: June 6, 2017

Collections: Non-Fiction, Memoir, Humor

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-194-2

E-ISBN: 978-1-63152-195-9

“For anyone who has ever thought about running a Bed & Breakfast, *Operatic Divas and Naked Irishman* offers a hilarious birds-eye view behind the Victorian curtains... with mouth-watering recipes woven through-out, the author shows us just how much you can do with a little daring tenacity in the face of a lonely retirement.”

—Kate Hollister, Ed., Beatdom Book.

OPERATIC DIVAS AND NAKED IRISHMEN

AN INNKEEPER'S TALE

NANCY HINCHLIFF

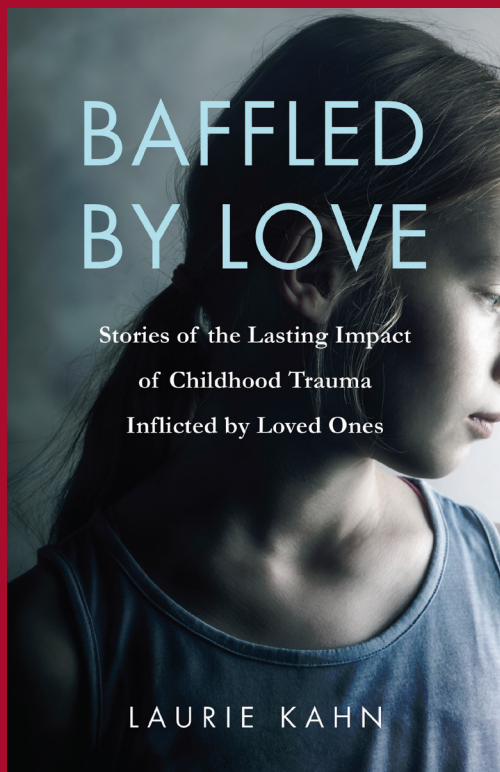
DESCRIPTION:

In 1994, at the age of 64 with no business experience and very little start-up money, Nancy Hinchliff buys a turn-of-the-century mansion in Louisville, Kentucky and turns it into a charming Victorian Inn. Through sheer tenacity, she learns the business while successfully coping with one mishap after another. An admittedly asocial retired school teacher, she reinvents herself as an Inn keeper. The reader is drawn into this humorous and engaging tale as the author wields her way around cantankerous contractors, harrowing housekeepers, and no shortage of strange and interesting guests and events. Through her collected stories, Hinchliff gives readers a personal, in-depth, and honest look at what it's like to be an inn keeper as she candidly describes her twenty-year journey of self discovery.

ABOUT THE AUTHOR:

Nancy Hinchliff holds undergraduate degrees in music and education and graduate degrees in music, science of education, and special education. She is certified to teach English, music, geography and history. She taught in the Chicago public school system for twenty-five years, and in the school of education at the University of Illinois in Chicago. She has been writing all of her adult life—mostly journal articles, essays, and creative non-fiction—and has been published in newsletters, local magazines, and as a guest on several blogs. In 2008 she coauthored *Room at the Table*, a cookbook written for the Bed and Breakfast Association of Kentucky, for which she won their president's award. Hinchliff is now a member of the Burlington, VT Writer's Workshops and is working on her second memoir.

JUNE 2017



Publication Date: June 6, 2017

Collections: Non-Fiction, Self-Help

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-226-0

E-ISBN: 978-1-63152-227-7

“I feel in my bones that this is a work of oceanic empathy and insight and importance—a highly personal yet deeply professional major book that has the potential to shape many lives.”

—Tom French, Pulitzer Prize winner author of *Juniper*, *Zoo Story*

“This is a love story and a beautiful one. Laurie has done a marvelous job of tracking the processes of pain, healing, and love in her clients and herself. I would recommend it to everyone.”

—Don Catherall PhD, author of *Emotional Safety: Viewing Couples Through the Lens of Affect*

BAFFLED BY LOVE

STORIES OF THE LASTING IMPACT OF CHILDHOOD TRAUMA INFLICTED BY LOVED ONES

JOANNE DOUCETTE

DESCRIPTION:

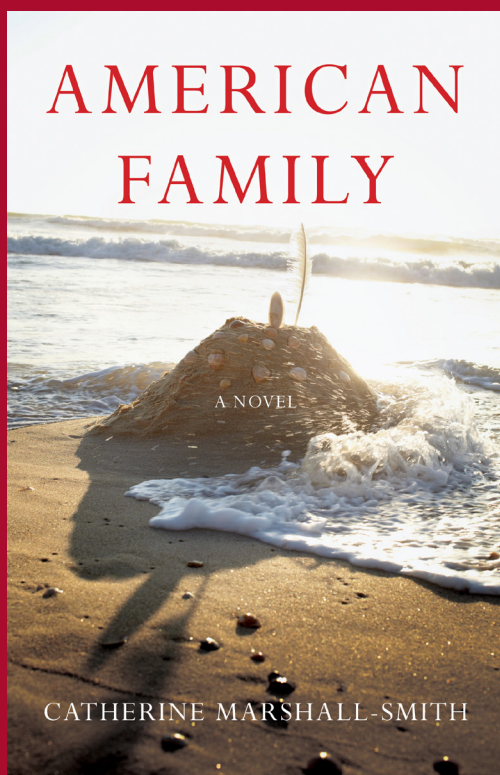
For three decades, Laurie Kahn has treated clients who were abused as children—people who were injured by someone whom they believed to be trustworthy, someone who professed to love them. Their abusers—a father, stepfather, priest, coach, babysitter, aunt, neighbor—often were people who inhabited their daily lives. Love is why they come to therapy. Love is what they want, and love is what they say is not going well for them.

Kahn, too, had to learn to navigate a wilderness in order to find the “good” kind of love after a rocky childhood. In *Baffled by Love*, she includes strands from her own story, along with those of her clients, creating a narrative full of resonance, meaning, and shared humanity.

ABOUT THE AUTHOR:

Laurie Kahn MA, LCPC, MFA is a pioneer in the field of trauma treatment. For more than thirty years, she has specialized in the treatment of survivors of childhood abuse. In 1980, she founded Womenscare Counseling and Training Center. Since then, her ideas and expertise have served both people who have experienced childhood abuse and hundreds of clinicians who have graduated from her Trauma Consultation Training Program. Kahn’s personal essays have been published in anthologies, and her articles and book reviews in professional journals. She lives in Evanston, Illinois with her husband, Michael, and her labradoodle, Kali.

JUNE 2017



Publication Date: June 13, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-163-8

E-ISBN: 978-1-63152-164-5

AMERICAN FAMILY

A NOVEL

CATHERINE MARSHALL-SMITH

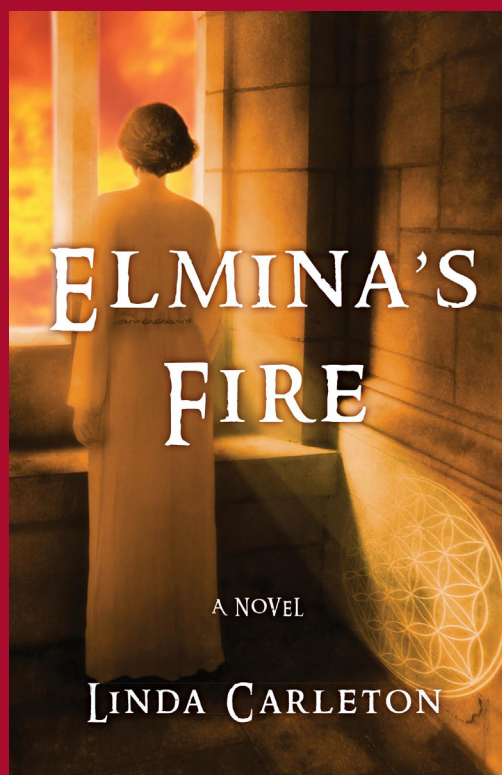
DESCRIPTION:

Richard and Michael, both three years sober, have just decided to celebrate their love by moving in together when Richard—driven by the desire to do the right thing for his ten-year-old daughter, Brady, whom he has never met—impulsively calls his former father-in-law to connect with her. With that phone call, he jeopardizes the one good thing he has—his relationship with Michael—and also threatens the world of the fundamentalist Christian grandparents who love Brady and see her as payback from God for the alcohol-related death of her mother. Unable to reach an agreement, the two parties hire lawyers who have agendas far beyond the interests of the families—and Brady is initially trusted into Richard and Michael’s care. But when the judge learns that the young girl was present when a questionable act took place while in their custody, she returns Brady to her grandparents. Ultimately, it’s not until further tragedy strikes that both families are finally motivated to actually act in the “best interests of the child.”

ABOUT THE AUTHOR:

Catherine Marshall-Smith teaches writing and history to 6th graders, runs long distance, is married to the love of her life, mother to three adult children, has two grand dogs and one dachshund with a very straight nose. In the process of writing *American Family*, she observed in Family Court, interviewed lawyers and a judge and read the Supreme Court ruling on grandparents’ rights with a lawyer. She has her bachelor’s degree in English from University of California at Berkeley and earned a Creative Writing Certificate from the Writing Program at UCLA where she was short listed for the James Kirkwood Award for Fiction 2012.

JUNE 2017



Publication Date: June 13, 2017

Collections: Fiction, Spiritual

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-190-4

E-ISBN: 978-1-63152-191-7

“Elmina’s Fire grabbed me from the start and held on. This is the story of a young woman’s search for spiritual truth. When she leaves her Cathar family to follow the man who would become St. Dominic, she must confront not only her internal demons but ultimately the external horrors of the Abigensian Crusade. More than once while reading I felt myself holding my breath. Linda Carleton has written Elmina’s story so close to the bone, it has the feel of memoir—more remembered than imagined.”

— Joan Lee Hunter, Writing Coach, Fifth House Lodge, Bridgton, ME

ELMINA’S FIRE

A SOUL REMEMBERED

LINDA CARLETON

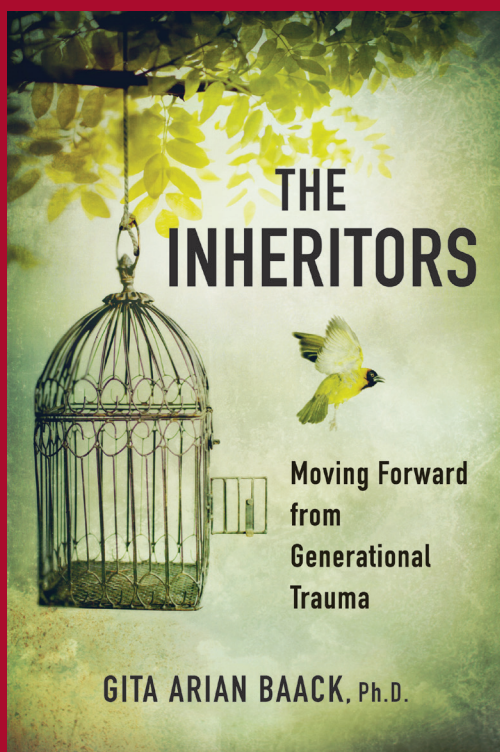
DESCRIPTION:

What happens when a troubled young woman dares to follow the stirrings of her soul in turbulent times? Elmina begins life with a troubled childhood in a medieval French town—a childhood that turns her into a spiritually seeking young woman who dares to follow the stirrings of her soul. Her idealism and love lead her to leave a Cathar school and follow the man who will become Saint Dominic. As the world around her erupts into the Albigensian Crusade, Elmina finds herself complicit in its horror, and her spiritual and emotional life begins to unravel. With the aid of the counsel of her wise prior, Brother Noel, Elmina learns to paint her experiences within a sacred circle—a practice that helps her discover the origins of her lifelong fears and wrestle with questions that are as divisive today as they were eight centuries ago: the nature of God, the purpose of creation, the nature of evil, and the possibility of reincarnation.

ABOUT THE AUTHOR:

Linda Carleton graduated from Yale Divinity School, was ordained in the United Church of Christ, and formerly worked in refugee resettlement. She now lives in Portland, Maine, where she teaches, writes, and offers workshops on mandala journaling and spiritual growth. Linda strives to integrate her own Christian faith with the world’s diverse spiritual teachings and to help the world heal from its history of religious abuse.

JUNE 2017



Publication Date: June 13, 2017

Collections: Non-Fiction, Self-Help

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-222-2

E-ISBN: 978-1-63152-223-9

“Reading Dr. Baack’s book as it evolved allowed me to understand the complexity and sheer brilliance of her work. At every moment I felt this was seminal work that would surely benefit the world on a very large scale.”

**— Danielle Silverman, MBA, MA, BCC,
Editor and President, Vision Coach
International**

INHERITORS OF TRAUMA

MOVING FORWARD FROM GENERATIONAL TRAUMA

GITA BAACK

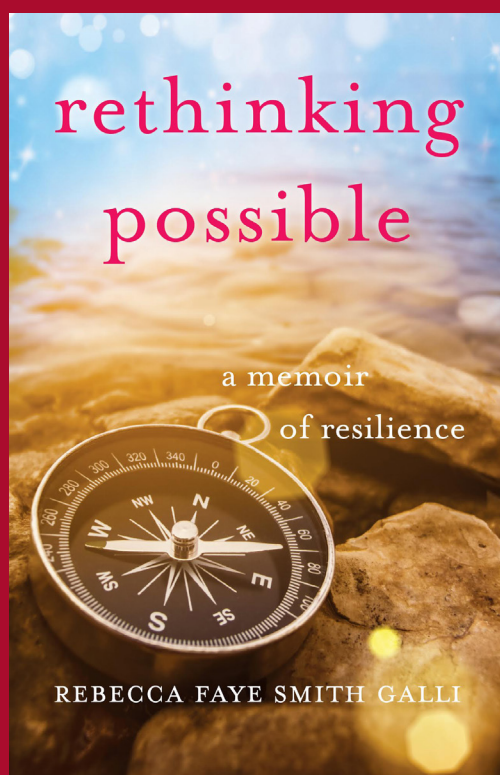
DESCRIPTION:

Our family legacies, both positive and negative, are passed down from one generation to the next in ways that are not fully understood. This secondary form of trauma, which Gita Baack calls “Inherited Trauma,” has not received adequate attention—a failing that perpetuates cycles of pain, hatred, and violence. In *The Inheritors*, readers are given the opportunity to reflect on the inherited burdens they carry, as well as the resilience that has given them the power of survival. Through engaging stories and unique concepts, readers will learn new ways to explore the unknowns in their legacies, reflect on questions that are posed at the end of each chapter, and begin to write their own story.

ABOUT THE AUTHOR:

Gita Arian Baack holds a PhD from Tilburg University, The Netherlands in association with Taos Institute, and an MA in Human Systems Intervention from Concordia University, Montreal, Canada. For over thirty years, her consulting and coaching practice has been based on strengths-based interventions resulting in positive change and empowered individuals. Her research on the effects of trauma on inheriting generations has put her on a path to help “Inheritors” reclaim their lives and build on their resilience. She continues to coach individuals, runs dialogues with communities that have inherited devastating legacies, and speaks to diverse audiences. Dr. Baack lives and works in Ottawa and abroad.

JUNE 2017



Publication Date: June 13, 2017

Collections: Memoir

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5.5 x 8.5

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E-ISBN: 978-1-63152-221-5

RETHINKING POSSIBLE

A MEMOIR OF RESILIENCE

REBECCA FAYE SMITH GALLI

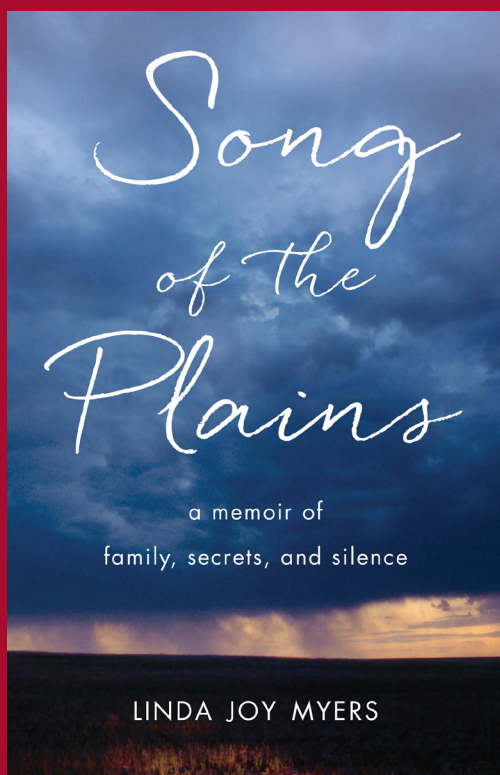
DESCRIPTION:

Becky Galli was born into a family that valued the power of having a plan. With a pastor father and a stay-at-home mother, her 1960s southern upbringing was bucolic—even enviable. But when her brother, only seventeen, died in a waterskiing accident, the slow unraveling of her perfect family began. Though grief overwhelmed the family, twenty-year-old Galli forged forward with her plans for the future—marriage, career, and raising a family of her own—one she hoped would be as idyllic as the family she remembered from her childhood. But life instead presented her with situation after situation that derailed her: her son’s degenerative, undiagnosed disease and subsequent death; her daughter’s autism diagnosis; her separation; and then, nine days after the divorce was final, the onset of the transverse myelitis that would paralyze her from the waist down. Despite these life-changing losses, Galli’s steadfast commitment to family has enabled her family life, far different from the one she planned, to be filled with creative love and acceptance. At once heartbreaking and inspiring, *Rethinking Possible* is a story of the power of love over loss and the choice we all have to shape our life circumstances—even when we’re forced to confront the unimaginable.

ABOUT THE AUTHOR:

Rebecca Faye Smith Galli (Becky) is a reluctant-but-obsessed columnist who writes about love, loss, and healing. Surviving significant losses—her seventeen-year-old brother’s death; her son’s degenerative disease and subsequent death; her daughter’s autism; her divorce; and nine days later, her paralysis from transverse myelitis, a rare spinal cord inflammation that began as the flu—has fostered an unexpected but prolific writing career. In 2000, *The Baltimore Sun* published her first column about playing soccer with her son—from the wheelchair. Fifteen years later, with 400 published columns and a completed memoir, she launched Thoughtful Thursdays—Lessons from a Resilient Heart, a weekly column for her subscriber family that shares what’s inspired her to stay positive. She also periodically contributes to *The Baltimore Sun’s* Op-Ed page, *Midlife Boulevard*, *Nanahood*, and *The Mighty*. Join her Thoughtful Thursdays family at www.beckygalli.com/signup.

JUNE 2017



Publication Date: June 20, 2017

Collections: Memoir

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5.5 x 8.5

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E-ISBN: 978-1-63152-217-8

SONG OF THE PLAINS

A MEMOIR OF FAMILY, SECRETS, AND SILENCE

LINDA JOY MYERS, PHD

DESCRIPTION:

Ever since she was a child, Linda Joy Myers felt the power of the past. As the third daughter in her family to be abandoned or estranged by a mother, she observed the consequences of that heritage on the women she loved as well as herself. But thanks to the stories told to her by her great-grandmother, Myers received a gift that proved crucial in her life: the idea that everyone is a walking storybook, and that we all have within us the key to a deeper understanding of life—the secret stories that make themselves known even without words.

Song of the Plains is a weaving of family history that starts in the Oklahoma plains and spans over forty years as Myers combs through dusty archives, family stories, and genealogy online. She discovers the secrets that help to explain the fractures in her family, and the ways in which her mother and grandmother found a way not only to survive the great challenges of their eras, but to thrive despite mental illness and abuse. She discovers how decisions made long ago broke her family apart—and she makes it her life's work to change her family story from one of abuse and loss to one of finding and creating a new story of hope, forgiveness, healing, and love.

ABOUT THE AUTHOR:

Linda Joy Myers is president and founder of the National Association of Memoir Writers. Her memoir *Don't Call Me Mother—A Daughter's Journey from Abandonment to Forgiveness* was a finalist in the ForeWord Book of the Year Award, a finalist in the IndieExcellence Awards, the winner of the BAIPA Gold Medal award. She's the author of three books on memoir writing: *The Power of Memoir—How to Write Your Healing Story*, *Journey of Memoir*, and *Becoming Whole*. She's a coauthor with Brooke Warner of two books: *Breaking Ground on Your Memoir* and *Magic of Memoir*. Myers writes for the Huffington Post and co-teaches the program Write Your Memoir in Six Months with Brooke Warner. A therapist for thirty-six years, Myers also speaks about memoir, healing, and the power of writing the truth.

JUNE 2017

**RAISING
THE BOTTOM**



Making Mindful Choices
in a Drinking Culture

LISA BOUCHER

Publication Date: June 20, 2017

Collections: Non-Fiction, Self-Help

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-214-7

E-ISBN: 978-1-63152-215-4

RAISING THE BOTTOM

MAKING MINDFUL CHOICES IN A DRINKING CULTURE

LISA BOUCHER

DESCRIPTION:

Do you worry that your drinking may have unintended consequences to your health, your family, your relationships, your profession? We live in a boozy culture, and the idea of women and wine going hand in hand has become entrenched. Is your book club really a “wine club”? Do you drink to “cope” with anxiety, parenthood, the pressures of being a mom, a wife, a professional? In *Raising the Bottom*, mothers, daughters, health professionals, and young women share their stories of why they drank, how they stopped, and the joys and rewards of being present in their lives once they kicked alcohol to the curb. In these pages, women share their drinking stories of hitting emotional bottoms —so you don’t ever have to.

ABOUT THE AUTHOR:

Lisa Boucher holds a BA in English and is the mother of twin sons, now grown. After short stints training polo horses, working as a flight attendant, hairdresser, and bartender, she revamped her life and settled in as a registered nurse. For the past twenty-seven years she has worked with hundreds of women to help them overcome alcoholism, live better lives, and become better parents. *Raising the Bottom* is her fifth book. Boucher lives in Ohio with her husband.

JUNE 2017

Godmother

An Unexpected Journey,
Perfect Timing,
and Small Miracles



Publication Date: June 20, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-172-0

E-ISBN: 978-1-63152-173-7

“In this memoir we are drawn into the experience of a lonely child whose heart is opened by the birth of her brother, and then, suddenly, slammed shut. Decades later, after a transformative spiritual journey around the world, she is given the opportunity, in the most unexpected way, to reopen her heart and develop a mature love through the nurturing of another small child with special needs, staying focused on offering herself in selfless devotion to his well-being. I was fascinated by the ways they bring out the best in each other as he grows into manhood.”

— Carolyn Allen Zeiger, PhD, author of
Doing it All Isn't Everything

GODMOTHER

**AN EXPECTED JOURNEY, PERFECT TIMING,
AND SMALL MIRACLES**

ODILE ATTHALIN

DESCRIPTION:

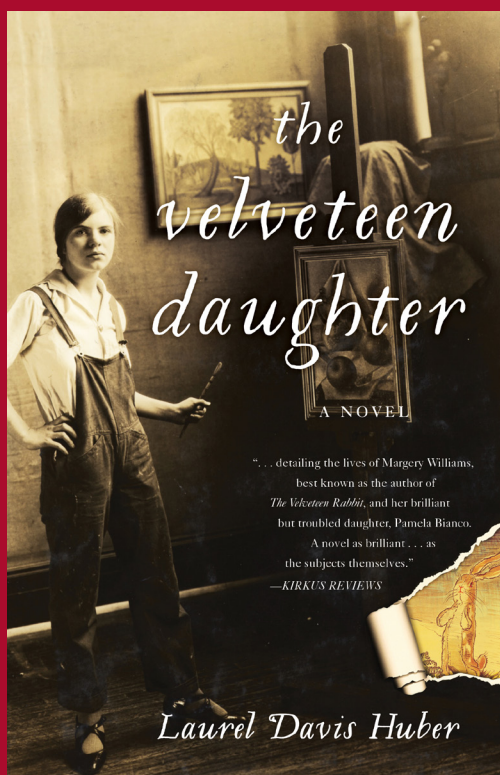
Odile Atthalin was a young woman from a prominent, bourgeois family in Paris when she decided to leave home in search of meaning. All she knew was that she wanted to go East; but once she had separated from France and committed to creating a new life for herself, opportunities fell into place.

After years of travels around the world, including a life-changing four years in an Indian ashram, Atthalin settled in Berkeley, CA, where she found all she needed: her first real home; a godson with special needs to nurture, to whom she became a devoted godmother; and a subculture of seekers, writers, guides, healers, artists, and spiritual creatives—a diverse tribe in which she could fit and finally felt she belonged.

ABOUT THE AUTHOR:

Odile Atthalin was born in Paris, France in 1936 to a patriarchal bourgeois family, the eldest of six children. After surviving the German Nazi Occupation in Normandy and the loss of a baby sibling, she witnessed D-Day and the liberation of her village by the American tanks. She majored in comparative literature at the Sorbonne and studied American Literature at Barnard College on a Fulbright Scholarship. Back in France she completed an M.A in Clinical Psychology. In 1969, she left for India, and kept traveling until 1983. Since 1988, she has maintained a private practice in Berkeley. In 1996, as a Senior Rosen Method Teacher, she founded the Rosen Method Open Center, a school to train Rosen Method Bodywork and Movement practitioners and teachers in the US and in Europe. In 1987, she became a godmother to a baby boy with special needs and became very involved in raising him. Atthalin loves reading and writing, in French and English. She finds great joy in meditation, yoga, Qi Gong, singing, hiking, dancing, and leading a weekly Movement class done to all kinds of good music.

JUNE 2017



Publication Date: June 27, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-192-8

E-ISBN: 978-1-63152-193-5

“Luminous prose . . . an unforgettable sojourn into the lives of early 20th century artists . . . fast-paced and difficult to put down . . . brilliant.”

— Kirkus Reviews

THE VELVETEEN DAUGHTER

A NOVEL

LAUREL DAVIS HUBER

DESCRIPTION:

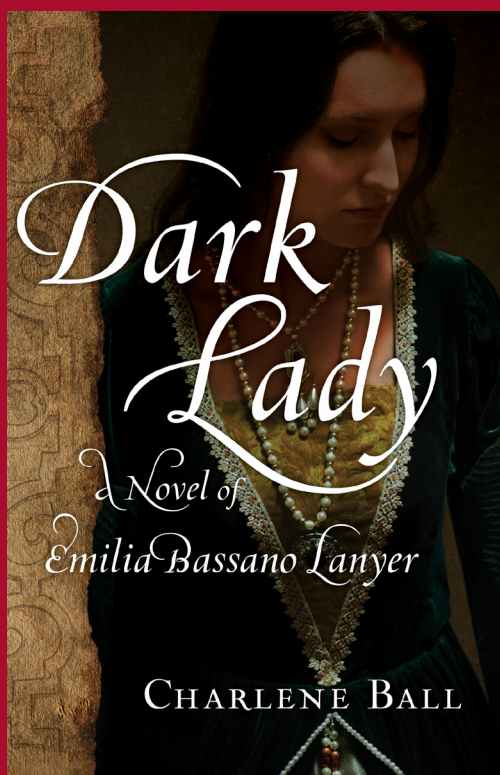
The Velveteen Daughter reveals for the first time the true story of two remarkable women: Margery Williams Bianco, the author of one of the most beloved children’s books of all time—*The Velveteen Rabbit*—and her daughter Pamela, a world-renowned child prodigy artist whose fame at one time greatly eclipses her mother’s. But celebrity at such an early age exacts a great toll. Pamela’s dreams elude her as she struggles with severe depressions, an overbearing father, an obsessive love affair, and a spectacularly misguided marriage. Throughout, her life raft is her mother.

The glamorous art world of Europe and New York in the early 20th century and a supporting cast of luminaries—Eugene O’Neill and his wife Agnes (Margery’s niece), Pablo Picasso, Gertrude Vanderbilt Whitney, and Richard Hughes, author of *A High Wind in Jamaica*—provide a vivid backdrop to the Biancos’ story. From the opening pages, the novel will captivate readers with its multifaceted and illuminating observations on art, family, and the consequences of genius touched by madness.

ABOUT THE AUTHOR:

Laurel Davis Huber grew up in Rhode Island and Oklahoma. She is a graduate of Smith College. She has worked as a corporate newsletter editor, communications director for a botanical garden, high school English teacher, and senior development officer for both New Canaan Country School and Amherst College. She has studied with the novelist and short-story writer Leslie Pietrzyk (the 2015 Drue Heinz Literature Prize winner for *This Angel on My Chest*) and has participated in several writing residencies at the Vermont Studio Center. She now lives in New Jersey with her husband.

JUNE 2017



Publication Date: June 27, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-228-4

E-ISBN: 978-1-63152-229-1

“Sweeping you away with its vivid, poetical writing, *Dark Lady* is a novel about a brilliant Elizabethan woman, a musician, commoner, and secret Jew who was barred from working as a musician because of her sex. Emilia Bassano Lanyer loves three very different men: the aging Lord Hunsdon who treasures her, the young Shakespeare who enchants her, and the man she marries, musician and soldier Lanyer. Her writing arises from her experience as a gifted woman in a world ruled by men. *Dark Lady* is a beautifully drawn portrait of an exceptional woman in a time of plague, war, and political danger.”

— CStephanie Cowell, author of *The Players*, *Claude and Camille*, and *Marrying Mozart*

DARK LADY

A NOVEL OF EMILIA BASSANO LANYER

CHARLENE BALL

DESCRIPTION:

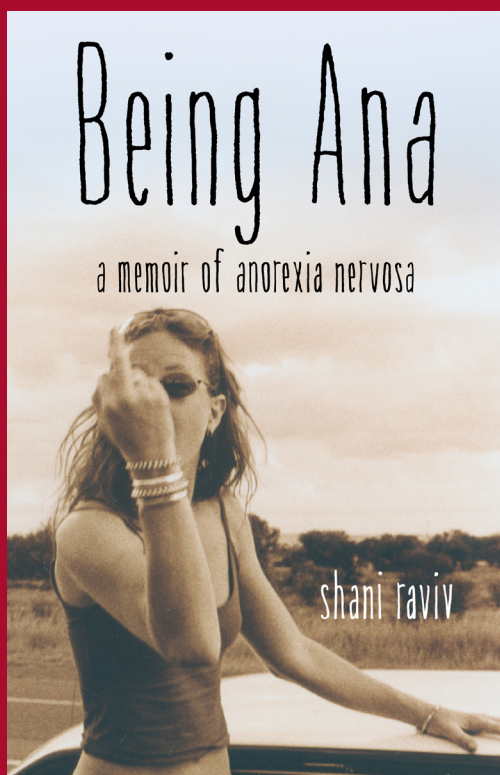
Emilia Bassano has four strikes against her: she is poor, beautiful, female, and intelligent in Elizabethan England. To make matters worse, she comes from a family of secret Jews. When she is raped as a teenager, she knows she probably will not be able to make a good marriage, so she becomes the mistress of a much older nobleman. During this time she falls in love with poet/player William Shakespeare, and they have a brief, passionate relationship—but when the plague comes to England, the nobleman abandons her, leaving her pregnant and without financial security.

In the years that follow, Emilia is forced to make a number of difficult decisions in her efforts to survive, and not all of them turn out well for her. But ultimately, despite the disadvantaged position she was born to, she succeeds in pursuing her dreams of becoming a writer—and even publishes a book of poetry in 1611 that makes a surprisingly modern argument for women’s equality.

ABOUT THE AUTHOR:

Charlene Ball holds a PhD in comparative literature and has taught English and women’s studies at colleges and universities. Although she has written nonfiction, reviews, and academic articles, writing fiction has always been her first love. She has published fiction and nonfiction in *The North Atlantic Review*, *Concho River Review*, *The NWSA Journal*, and other journals. She has reviewed theater and written articles on the arts for Atlanta papers. She is a Fellow of the Hambidge Center for the Arts and held a residency at the Wurlitzer Foundation of New Mexico. She attends fiction workshops by Carol Lee Lorenzo, and she belongs to a writers’ group that she helped found. She retired from the Women’s Studies Institute (now the Institute for Women’s, Gender, and Sexuality Studies) at Georgia State University in 2009 and has been busier than ever with writing and bookselling. She also volunteers with her congregation and other social justice groups. She and her wife, Libby Ware, an author and bookseller, were married in May 2016.

JULY 2017



Publication Date: July 11, 2017

Collections: Memoir, Non-Fiction

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-139-3

E-ISBN: 978-1-63152-140-9

“Ms. Raviv is a fabulous writer and did an amazing job of simultaneously showing how her eating disorder functioned to keep her from being conscious of the underlying issues while in the depths of it, and showing the reader how all of her behaviors, thoughts and feelings were directly related to those underlying issues.”

— Susie Roman, MA, Director of Programs,
National Eating Disorders Association

BEING ANA

A MEMOIR OF ANOREXIA NERVOSA

SHANI RAVIV

DESCRIPTION:

Shani Raviv is a misfit teen whose peer-pressured diet spirals down into full-blown anorexia nervosa—something no one in her early-nineties, local South African community knows anything about.

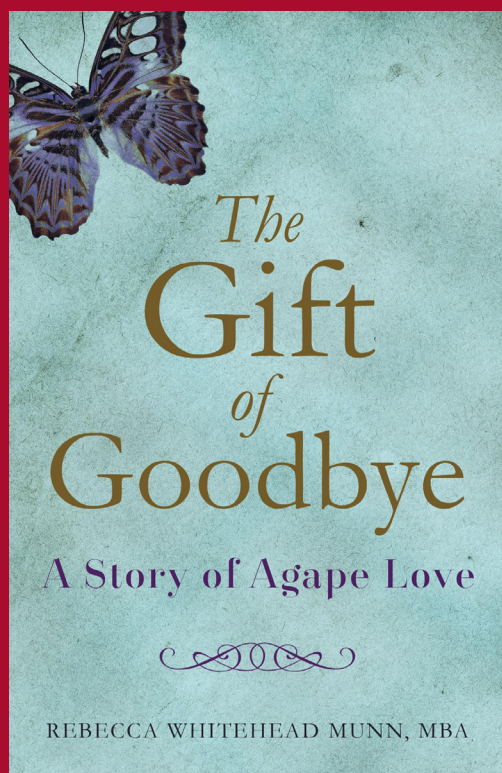
Fourteen-year-old Shani spends the next six years being “Ana” (as many anorexics call it), on the run from her feelings. She goes from aerobics addict to Israeli soldier to rave bunny to wannabe reborn, using sex, drugs, exercise and, above all, starvation, to numb out everything along the way. But one night, at age twenty, Shani faces the rude awakening that if she doesn’t slow down, break her denial, and seek help, she will starve to death. Three years later, her hardest journey of all begins: the journey to let go of being Ana and learn to love herself.

Being Ana is an exploration into the soul and psyche of a young woman wrestling with anorexia’s demons—one that not only exposes the real horrors of a day in the life of an anorexic girl but also reveals the courage it takes to stop fighting and find healing.

ABOUT THE AUTHOR:

Shani Raviv is a published writer, writing coach, copywriter/content producer, and speaker who was born and raised in South Africa. She disputes the belief that an anorexic mindset is a life sentence and considers herself fully recovered. She lives in the Bay Area of California with her son.

JULY 2017



Publication Date: July 18, 2017

Collections: Memoir, Self-Help

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-230-7

E-ISBN: 978-1-63152-231-4

THE GIFT OF GOODBYE

A STORY OF AGAPE LOVE

REBECCA W. MUNN

DESCRIPTION:

Have you faced the loss of a parent, struggled with how to say goodbye? Have you felt the depth of pain of the loss, not knowing where to turn or how to cope? Have you questioned your faith and let fear take over in times of loss? Are you comfortable in your skin or still try to fit in?

Rebecca Whitehead Munn, a mother of two children under the age of five, is going through a divorce when she discovers that her mother, 3,000 miles away, has been diagnosed with terminal cancer. In *The Gift of Goodbye*, she shares how this experience led to a heart-opening expansion, and encourages readers to believe that they, too, can form new beliefs and new connections and elevate their difficult experiences to a higher level of authenticity. The story is her account of living through two major life transitions within a three-year span, and the resulting shift she made in the process—due to the lasting gift of love from her now-deceased mother, her courage, and the choice she made to expand into more of who she was at her core as everything about life as she knew it changed.

ABOUT THE AUTHOR:

Rebecca Whitehead Munn, MBA is a general manager of a healthcare services business for an employee-owned boutique consulting firm. She has a BBA in marketing with a minor in psychology from the University of Texas at Austin and an executive Masters of Business administration degree from the University of Colorado. She leverages her expertise as a certified HBDI professional through all of her interactions to inform expectations and guide communications. In her spare time, she enjoys spending time outdoors with her two teenage children, friends, and chocolate lab, Coco, practicing yoga, snow skiing, golfing, and entertaining. She has lived in Nashville, Tennessee since 2005.

JULY 2017



Publication Date: July 18, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

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E-ISBN: 978-1-63152-224-6

“With a sharp eye for detail and a complement of perfectly peculiar characters, Barbara McDonald has devised a wonderful satire of the academic world. Her portrait of a small liberal arts college—its lecheries and larcenies—exactly conjures the atmosphere of that unique modern institution where absurdity and logic are married so closely: the campus.”

— Louis B. Jones, author of *California's Over*, *Particles and Luck*, and *Radiance*

SLIPSLIDING BY THE BAY

A NOVEL

BARBARA MCDONALD

DESCRIPTION:

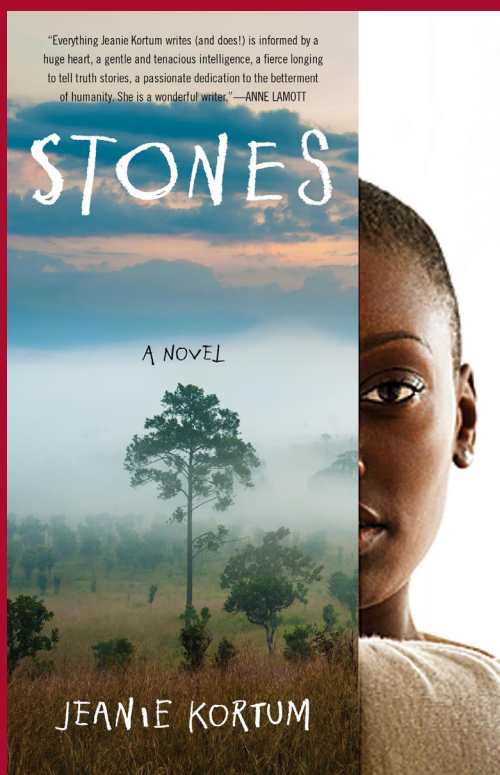
Perched on the edge of San Francisco, Lakeside College is experiencing an identity crisis. John Gudewill is recruited as president to save the college from possible closure—but he is flummoxed at every turn. The faculty, led by secretive English professor Eliot Blanc, is determined to unionize. The alumni want Lakeside to return to its former status as a women-only college. Meanwhile, Sister Magdalena, the college's infamous artist, is waging war against corporate America through her art, and the students are engaging in their own warfare through sit-ins and protests. With the college besieged on all sides, what is its new president to do?

A hilarious spoof of academic intrigue, *Slipsliding by the Bay* mirrors the societal turmoil and follies of the seventies.

ABOUT THE AUTHOR:

A lifelong writer, Barbara McDonald has had poetry published in anthologies and magazines and spent several summers at the Community of Writers at Squaw Valley, where she worked on *Slipsliding by the Bay*. She held various positions at Lone Mountain College in San Francisco before it closed: adjunct faculty, director of institutional service, editor and writer, and alumni director. After being a stringer for local papers and managing editor of a magazine, she worked at Dominican University as director of facilities. *North American Review* commissioned her to write an article on Lone Mountain, its progression and demise. She currently teaches Critical Thinking at the Marin County Jail.

JULY 2017



Publication Date: July 18, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 eBook

5.5 x 8.5

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Print ISBN: 978-1-63152-180-5

E-ISBN: 978-1-63152-181-2

“Everything Jeanie Kortum writes (and does!) is informed by a huge heart, a gentle and tenacious intelligence, a fierce longing to tell truth stories, a passionate dedication to the betterment of humanity. She is a wonderful writer.”

— Anne Lamott

STONES

A NOVEL

JEANIE KORTUM

DESCRIPTION:

A master’s degree student in narrative anthropology, Emily has examined her own roots—but only through an academic lens. All this changes, however, when she comes home to Africa and reconnects with her family’s tribe and its mystical prophecies. Sent on an assignment to embed herself with the last living members of this ancient tribe living the old way deep in the forest, Emily attempts to keep an academic distance even as the people she’s there to observe insist that she is the one they’ve been waiting for, and that it is her destiny to find a stone tablet made thousands of years before Christ and lead the tribe into the future. But resisting her call for change are the women in her village—who worship a secret goddess who advocates female genital mutilation as a symbol of true purity—as well as a police chief with an agenda all his own.

Soon, Emily is swept into the ultimate battle of opposing minds, souls, and bodies—one that could determine the future not just of her tribe but women everywhere

ABOUT THE AUTHOR:

Jeanie Kortum is an award-winning author, journalist, and humanitarian. Her philanthropic work has been widely recognized by a long list of awards, including the Jefferson Award, the San Francisco Foundation’s Community Award, the Commission on Women Making History Award, the Espiritu Award from the Isabel Allende Foundation, and the 2006 Lifetime Achievement Award from the San Francisco Urban Research Association. She has been the subject of two CBS national news profiles and rights to her life story have been sold to Warner Brothers. Kortum’s award-winning first novel, *Ghost Vision*, is loosely based on her experiences living at the top of the world in a Greenland village. She researched *Stones* by living with a hunter/gatherer tribe in Africa, during which time she witnessed a clitoridectomy. This experience compelled her to bring awareness to Female Genital Mutilation (FGM) and assistance to young women forced to undergo the procedures. Kortum lives with her husband and adopted son in Northern California and Ireland.

CONTACT INFORMATION

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