



2017
**SHE WRITES
PRESS
CATALOG**



ABOUT SHE WRITES PRESS

She Writes Press is an independent publishing company founded in 2012, with a thriving publishing program dedicated to community, education, and giving women authors a voice and a platform for their writing.

We are a curated press that's both mission-driven and community-oriented, aiming to serve writers who wish to maintain greater ownership and control of their projects while still getting the highest quality editorial help possible for their work.

Every expert we work with has been handpicked by She Writes Press
Publisher Brooke Warner.

Celebrating five years of publishing in 2017, She Writes Press has signed more than 300 authors. We are an award-winning press whose authors have appeared in publications ranging from *O, The Oprah Magazine* to *People* to *Redbook*, as well as all the industry trade reviews. Our books are distributed by Ingram Publisher Services and are sold into bookstores, libraries, and specialty retail accounts. We are excited to be partnering with high-caliber authors whose books are giving the publishing industry reason to keep its eye on She Writes Press.

She Writes Press is now a proud member of the SparkPoint Studio family, spearheaded by its CEO, Crystal Patriarche.

Publisher Brooke Warner is a cofounder of the press and leads the editorial and production department along with two talented and dedicated project managers, Cait Levin and Lauren Wise.

She Writes Press is known for its beautiful cover designs and interiors; for this we would like to thank our design team, led by Creative Director Julie Metz, who's supported in her efforts by Leah Lococo, Tabitha Lahr, Rebecca Lown, Kiran Spees, Stacey Aaronson and Katherine Lloyd.

HOW IT WORKS

SHE WRITES PRESS editorial solutions are a cornerstone of our commitment to our authors, and we have established three specific tracks for authors who submit their works to SWP.

TRACK 1.

Green Light/Good to Go Track 1 is for those SWP authors who are ready for publication. If we determine that you have a publish-ready manuscript, you will proceed directly into the production process, meaning your manuscript will go straight to layout (designed pages).

TRACK 2.

Copyediting (not included in the She Publishes package) Track 2 is for those SWP authors whose manuscript requires something heavier than a proofread. We offer a brief assessment of your work in order to point you to the places in your manuscript that have rendered it in need of a copyedit. We do not require that you get your copyedit done by SHE WRITES PRESS.

TRACK 3.

Developmental Editing/Coaching (not included in the She Publishes package) Track 3 is for those authors who require more than a copyedit. We will recommend that these authors work with one of SWP's coaches for developmental editing and/or coaching. Your manuscript will qualify for this kind of service if we see inconsistencies in your story, the need for character and/or scene development, point of view problems, or lack of structure.

PROOFREADING

(included in the She Publishes package) All authors publishing on SHE WRITES PRESS will have their final manuscript proofread after their project has been laid out (designed).



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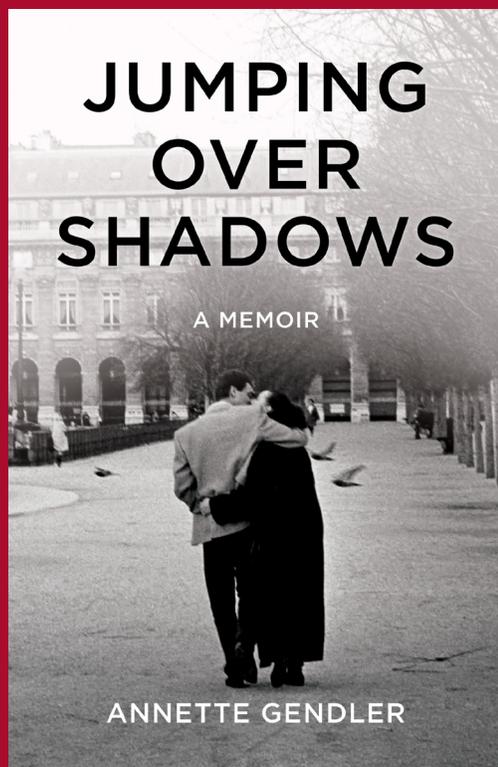
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Spring
2017



APRIL 2017



Publication Date: April 4, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-170-6

E-ISBN: 978-1-63152-171-3

“In this extraordinary work, Annette Gendler illuminates the borders and meeting points between Judaism and Christianity, Germans and Jews, American Jews and Israeli Jews. Writing with eloquent precision, she reminds us why converts to Judaism are among the most precious gifts to the Jewish people. This book confirms Annette Gendler as an indispensable Jewish voice for our time.”

— Yossi Klein Halevi, author of *Like Dreamers* and Senior Fellow, Shalom Hartman Institute, Jerusalem

JUMPING OVER SHADOWS

A MEMOIR

ANNETTE GENDLER

DESCRIPTION:

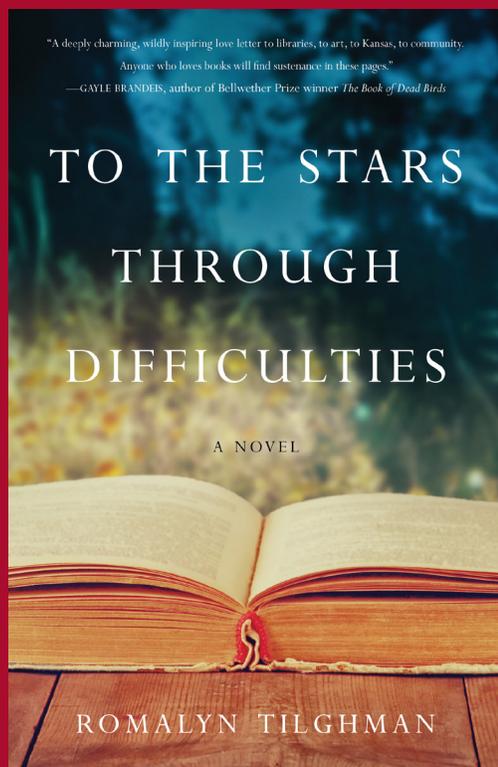
History was repeating itself when Annette Gendler fell in love with a Jewish man in Germany in 1985. Her great-aunt Resi had been married to a Jew in Czechoslovakia before World War II—a marriage that, while happy, created tremendous difficulties for the extended family once the Nazis took over their hometown in 1938 and ultimately did not survive the pressures of the time. Annette and Harry’s love, meanwhile, was the ultimate nightmare for Harry’s family of Holocaust survivors.

Weighed down by the burdens of their family histories, Annette and Harry kept their relationship secret for three years, until they could forge a path into the future and create a new life in Chicago. As time went on, however, Annette found a spiritual home in Judaism—a choice that paved the way toward acceptance by Harry’s family, and redemption for some of the wounds of her own family’s past.

ABOUT THE AUTHOR:

Annette Gendler is a writer and photographer. Her work has appeared in the *Wall Street Journal*, *Tablet Magazine*, *Bella Grace*, and *Artful Blogging*, to name a few. She served as the 2014–2015 writer-in-residence at the Hemingway Birthplace Home in Oak Park, Illinois. Born in New Jersey, she grew up in Munich, Germany; she now lives in Chicago with her husband and three children. Visit her at www.annettegendler.com.

APRIL 2017



Publication Date: April 4, 2017

Collections: Contemporary Fiction,
For Women

Price: \$16.95 paperback/\$9.95 e-book
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-233-8

E-ISBN: 978-1-63152-232-1

“. . . this charming debut will appeal to women’s-fiction fans of gentle reads.”

— *Booklist*

“. . . this warmhearted first novel celebrates the value of community (and libraries!); the inspirational story of women past and present is a must-buy for Kansas libraries and recommended for general adult readers.”

— *Library Review Journal*

TO THE STARS THROUGH DIFFICULTIES

A NOVEL

ROMALYN TILGHMAN

DESCRIPTION:

Andrew Carnegie funded fifty-nine public libraries in Kansas in the early 20th century—but it was frontier women who organized waffle suppers, minstrel shows, and women’s baseball games to buy books to fill them. Now, a century later, Angelina returns to her father’s hometown of New Hope to complete her dissertation on the Carnegie libraries, just as Traci and Gayle arrive in town—Traci as an artist-in-residence at the renovated Carnegie Arts Center and Gayle as a refugee whose neighboring town, Prairie Hill, has just been destroyed by a tornado.

The discovery of an old journal inspires the women to create a library and arts center as the first act of rebuilding Prairie Hill after the tornado. As they work together to raise money for the center, Traci reveals her enormous heart, Angelina discovers that problem-solving is more valuable than her PhD, and Gayle demonstrates that courage is not about waiting out a storm but building a future. Full of Kansas history—from pioneer homesteaders to Carrie Nation to orphan trains—*To the Stars Through Difficulties* is a contemporary story of women changing their world and finding their own voices, powers, and self-esteem in the process.

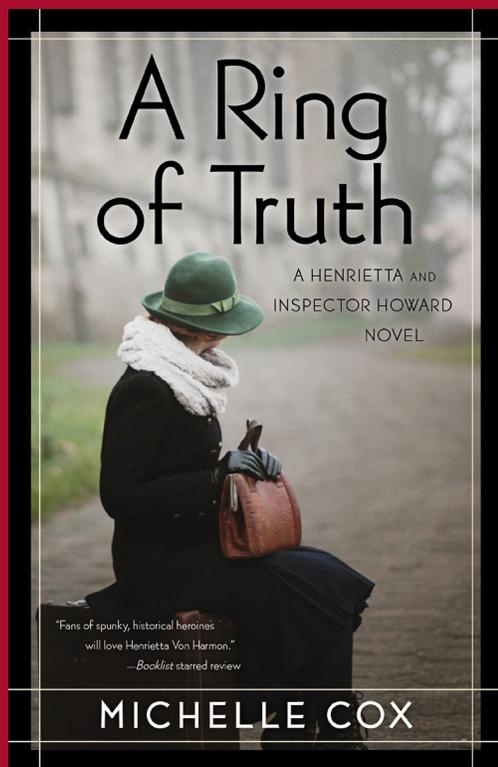
ABOUT THE AUTHOR:

Romalyn Tilghman is a freelance writer and consultant in arts management. She earned BA and MS degrees from the University of Kansas and has studied writing through UCLA’s Writers Program. *To the Stars Through Difficulties* is her first novel, inspired by her work as Executive Director of the Association of Community Arts Councils of Kansas and then as Regional Representative for the National Endowment for the Arts. Since then, she has consulted with private foundations, government agencies, and performing arts groups, and served on national boards and panels. She lives in Southern California.

AWARDS:

2017 IPPY Awards: Contemporary Fiction, Gold Medal

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Publication Date: April 4, 2017

Collections: Contemporary Fiction,
Mystery, For Women

Price: \$16.95 paperback/\$9.95 e-book
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-196-6

E-ISBN: 978-1-63152-197-3

“Set in the 1930s, this romantic mystery combines the teetering elegance of *Downton Abbey* and the staid traditions of *Pride and Prejudice* with a bit of spunk and determination that suggest Jacqueline Winspear’s *Maisie Dobbs*.”

— *Booklist*

“Henrietta and Inspector Howard make a charming odd couple in *Ring of Truth*, mixing mystery and romance in a fizzy 1930s cocktail.”

— Hallie Ephron, *New York Times* best-selling author of *Night Night, Sleep Tight*

A RING OF TRUTH

A HENRIETTA AND INSPECTOR HOWARD NOVEL

MICHELLE COX

DESCRIPTION:

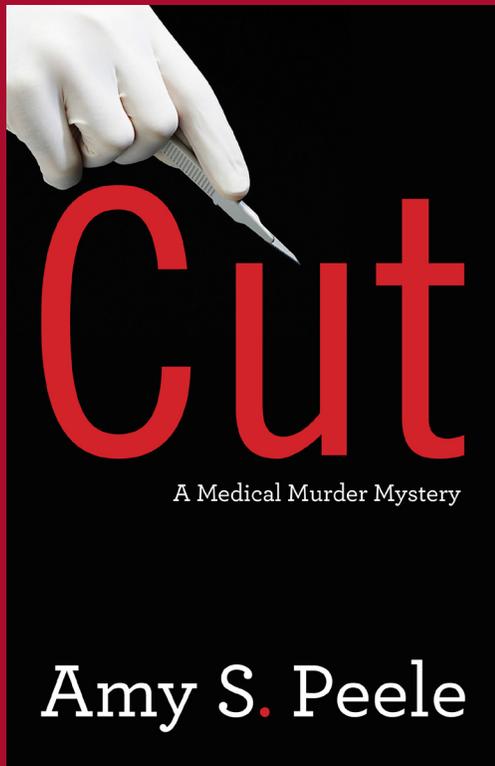
Newly engaged, Clive and Henrietta now begin the difficult task of meeting each other’s family. “Difficult” because Clive has neglected to tell Henrietta that he is in fact the heir to the Howard estate and fortune, and Henrietta has just discovered that her mother has been hiding secrets about her past as well. When Clive brings Henrietta to the family estate to meet his parents, they are less than enthused about his impoverished intended. Left alone in this extravagant new world when Clive returns to the city, Henrietta finds herself more at home with the servants than his family, much to the disapproval of Mrs. Howard—and soon gets caught up in the disappearance of an elderly servant’s ring, not realizing that in doing so she has become part of a bigger, darker plot.

As Clive and Henrietta attempt to discover the truth in the two very different worlds unraveling around them, they both begin to wonder: Are they meant for each other after all?

ABOUT THE AUTHOR:

Michelle Cox holds a BA in English literature from Mundelein College, Chicago, and is the author of the award-winning *A Girl Like You*, the first book in the Henrietta and Inspector Howard series. She is known for her wildly popular blog, *How to Get Your Book Published in 7,000 Easy Steps – A Practical Guide*, as well as her charming *Novel Notes of Local Lore*, a blog dedicated to Chicago’s forgotten residents. Cox lives with her husband and three children in the suburbs of Chicago.

APRIL 2017



Publication Date: April 11, 2017

Collections: Contemporary Fiction,
Mystery

Price: \$16.95 paperback/\$9.95 e-book
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-184-3

E-ISBN: 978-1-63152-185-0

CUT

A MEDICAL MURDER MYSTERY

AMY S. PEELE

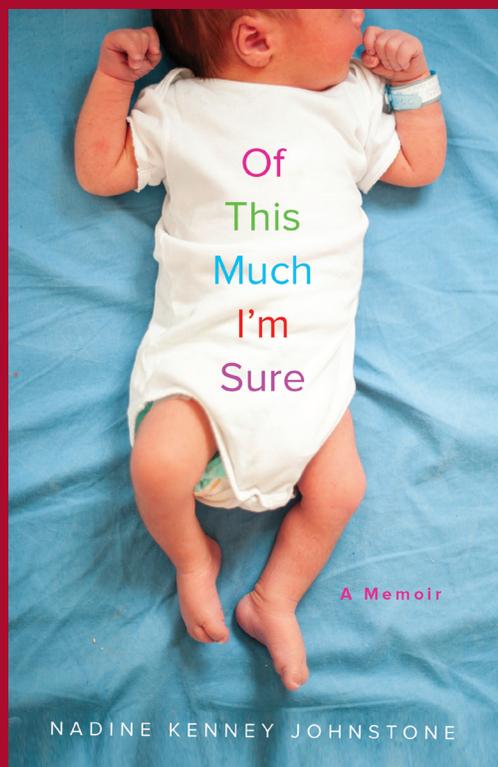
DESCRIPTION:

While the federal government is launching a national investigation on the “equity” of organ distribution, a female tech CEO flies across the country to get a liver transplant. Soon, well-respected transplant nurse Sarah Golden and her best friend, Jackie, find themselves tangled up in an intense plot to uncover the answer to the question on everyone’s mind: *Can you buy your way up to the top of the waiting list?* Their pursuit of justice brings them to Miami, San Francisco, and Chicago—a sometimes fun, sometimes dangerous roller coaster ride from which they barely escape with their lives.

ABOUT THE AUTHOR:

Amy S. Peele was born and raised in the Chicago area, where she graduated from South Chicago School of Nursing. She discovered her passion for organ donation and transplantation when she started as a transplant coordinator at University of Chicago, and has since enjoyed a thirty-five-year career in transplantation in both Illinois and California. Peele has lived and worked in the San Francisco area since 1985 and has been writing creatively for over fifteen years. In addition to killing people in her murder mysteries, she enjoys meditating, yoga, swimming, and pursuing her spirituality by studying the teachings of Deepak Chopra.

APRIL 2017



Publication Date: April 11, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-210-9

E-ISBN: 978-1-63152-211-6

"Of This Much I'm Sure says it—the truths we keep secret. It goes there: messy and beautiful and complicated and terrifying and, ultimately, joyful. It's a story about fighting like hell. It's a story that is more necessary than ever before."

— Megan Stielstra,

The Wrong Way to Save Your Life

OF THIS MUCH I'M SURE

A MEMOIR

NADINE KENNEY JOHNSTONE

DESCRIPTION:

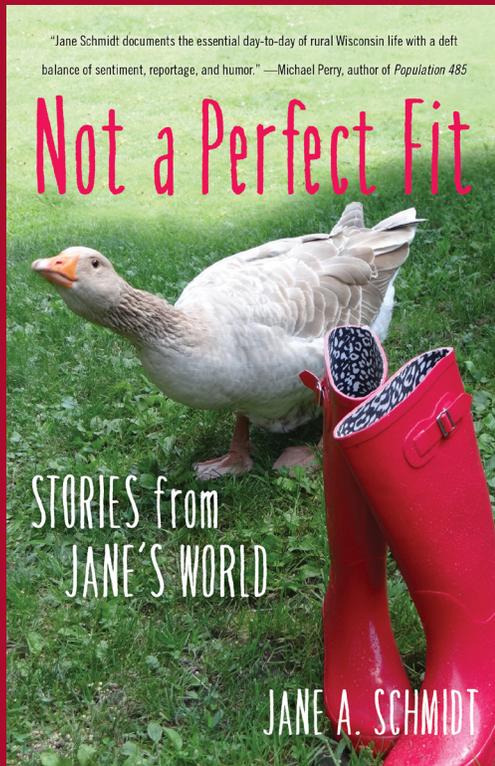
At twenty-two, Chicagoan Nadine Kenney is thrilled to meet her future husband, Jamie, while vacationing in Florida. After a whirlwind, long-distance romance, Nadine leaves her friends, family, and city to join Jamie in suburban Massachusetts. Once married, they begin trying for a baby without knowing how hard that road will become.

Nadine soon faces the little-known horrors of IVF when a procedure causes severe internal bleeding and she wakes up from emergency surgery with a six-inch scar instead of a baby bump. In the difficult year that follows, anxiety and additional failed fertility treatments threaten her new marriage and her mental state. By some saving grace, she eventually becomes pregnant naturally, but the horrors are not over: her son is diagnosed with potentially terminal kidney complications. Ultimately, Nadine learns that in an unpredictable life, the only thing she can be sure of is the healing power of hope.

ABOUT THE AUTHOR:

Nadine Kenney Johnstone teaches English at Loyola University and received her MFA from Columbia College in Chicago. Her work has been featured in *Chicago* magazine, *The Moth*, *PANK*, and various anthologies, including *The Magic of Memoir*. She presents at writing conferences internationally and lives near Chicago with her family.

APRIL 2017



Publication Date: April 11, 2017

Collections: Memoir, Humor

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-206-2

E-ISBN: 978-1-63152-207-9

"Jane Schmidt documents the essential day-to-day of rural Wisconsin life with a deft balance of sentiment, reportage, and humor. City mouse or country mouse, newcomer or old-timer, you will find yourself nodding, grinning, and sometimes dabbing at your eyes as you read these stories."

— Michael Perry, best-selling author of *Truck: A Love Story* and *The Jesus Cow*

NOT A PERFECT FIT

STORIES FROM JANE'S WORLD

JANE A. SCHMIDT

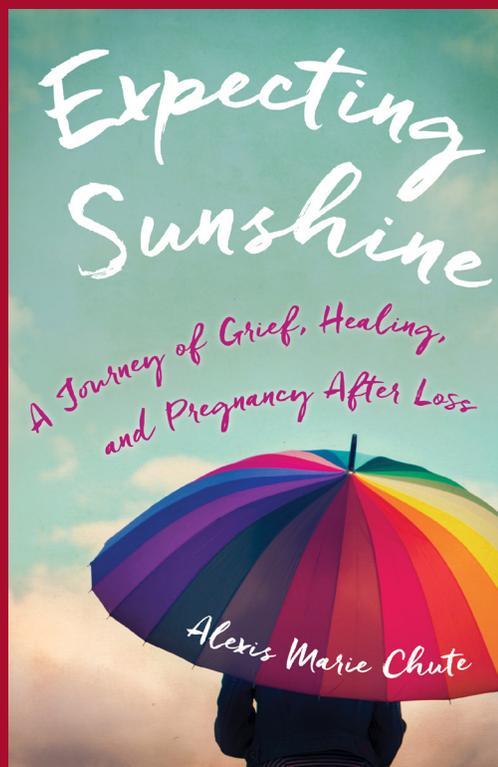
DESCRIPTION:

Not a Perfect Fit is a collection of stories that are laugh-out-loud funny one minute and thought-provoking the next. Stories range from Schmidt's experience living off-grid as the only English woman in an Amish neighborhood to family trips that are remarkably similar to National Lampoon's *Vacation*. Through it all, she manages to rise above the many challenges she faces—inspiring and entertaining her audience along the way. Filled with animal antics, gratitude, mishaps, and madcap adventures, *Not a Perfect Fit's* tell-all, single-girl-gone-country, down-home stories give readers permission to laugh and cry—and, most important, to carry on.

ABOUT THE AUTHOR:

Jane A. Schmidt is an award-winning columnist for the *Crawford County Independent* and *Kickapoo Scout*. She is the owner of two businesses, Fitness Choices and Turtle Adventures. When not teaching her fitness classes or encouraging women to get outside, she spends her time backpacking in places like the Grand Canyon, Superior Hiking Trail, and Isle Royale National Park; biking across Wisconsin; hiking and kayaking in the Kickapoo Valley Reserve; or just hanging out with her animal family in rural Viola, Wisconsin.

APRIL 2017



Publication Date: April 18, 2017

Collections: Memoir, Self-Help,
Inspirational

Price: \$16.95 paperback/\$9.95 e-book
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-174-4

E-ISBN: 978-1-63152-175-1

“An amazingly moving and emotional story that any woman—or any parent—can easily relate to.”

— Jennifer Hamilton, Editor,
CanadianFamily.ca

“An honest and tender memoir about the complex and difficult emotions of grief and joy a mother goes through during a pregnancy that follows the death of a child.”

— Lindsey Henke, LICSW, founder of
Pregnancy After Loss Support

EXPECTING SUNSHINE

A JOURNEY OF GRIEF, HEALING, AND
PREGNANCY AFTER LOSS

ALEXIS MARIE CHUTE

DESCRIPTION:

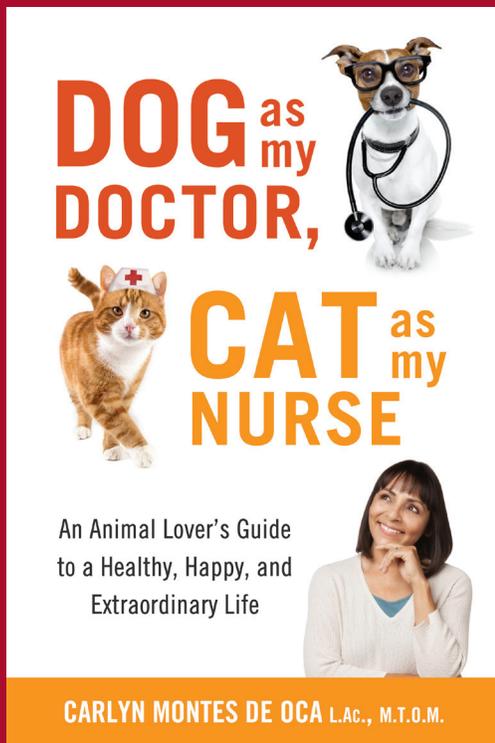
After her son, Zachary, dies in her arms at birth, visual artist and author Alexis Marie Chute disappears into her “Year of Distraction.” She cannot paint or write or tap into the heart of who she used to be, mourning not only for Zachary but for the future they might have had together. It is only when Chute learns she is pregnant again that she sets out to find healing and rediscover her identity—just in time, she hopes, to welcome her next child.

In the forty weeks of her pregnancy, Chute grapples with her strained marriage, shaken faith, and medical diagnosis, with profound results. Glowing with riveting and gorgeous prose, *Expecting Sunshine* chronicles the anticipation and anxiety of expecting a baby while still grieving for the child that came before—enveloping readers with insightful observations on grief and healing, life and death, and the incredible power of a mother’s love.

ABOUT THE AUTHOR:

Alexis Marie Chute is an award-winning artist, writer, and filmmaker. She received her Bachelor of Fine Arts in painting and photography from the University of Alberta, and her Masters of Fine Arts in creative writing from Lesley University in Cambridge, Massachusetts. Chute is a highly regarded public speaker and has traveled around the world presenting on art, writing, and the healing capacities of creativity. She is widely published in anthologies and magazines, and her artwork has been exhibited internationally. She lives in Edmonton, Alberta, Canada with her husband and their three living children.

APRIL 2017



Publication Date: April 18, 2017

Collections: Non-Fiction

Price: \$16.95 paperback/\$9.95 e-book

6 x 9

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-186-7

E-ISBN: 978-1-63152-187-4

“*Dog as My Doctor, Cat as My Nurse* is a beautifully written book filled with healing insights and heartwarming stories that compel us to look at our relationships with our dogs and cats in a whole new way. For those who seek out alternative therapies or for those who are just curious, this engaging, informative, and entertaining read will have you marveling over the healing powers of dogs and cats. If you love animals you will love this book. If you don't live with an animal, you will want to adopt one so you too can live a healthier, happier, and more extraordinary life.”

— Maria Jacquemetton, Emmy Award-winning Executive Producer and Writer of *Mad Men*

DOG AS MY DOCTOR, CAT AS MY NURSE

AN ANIMAL LOVER'S GUIDE TO A HEALTHY,
HAPPY, AND EXTRAORDINARY LIFE

CARLYN MONTES DE OCA, LAC, MTOM

DESCRIPTION:

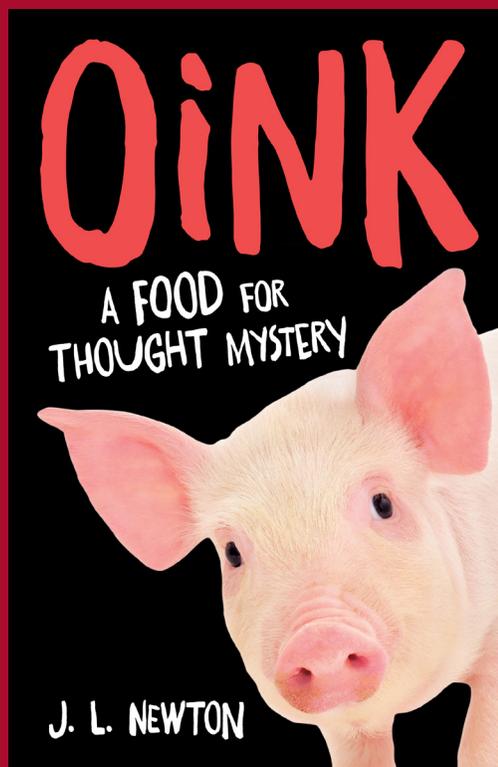
Written for the dog and cat lover, animal advocate, and fan of natural medicine, *Dog as My Doctor, Cat as My Nurse* reveals how our timeless relationships with our beloved animal friends hold the keys to our optimal health. Acupuncturist, plant-based nutritional consultant, and animal advocate Carlyn Montes De Oca weaves together an insightful tapestry of prescriptive advice, personal stories about her lively “six-pack” of rescue dogs and cats, and testimonials from other dog and cat lovers, including best-selling author Jack Canfield.

In an age when most people will suffer from a preventable chronic disease, *Dog as My Doctor, Cat as My Nurse* opens readers' eyes to the fact that our beloved companion animals can be some of the most powerful allies we will ever have on the journey toward a healthier, happier, and more extraordinary life.

ABOUT THE AUTHOR:

Carlyn Montes De Oca is an acupuncturist, plant-based nutritional consultant, and animal advocate in private practice near San Francisco. She holds a bachelor's degree from Loyola Marymount University in communication arts and a master's degree in Traditional Chinese Medicine from Emperor's College. She is also certified in plant-based nutrition from the T. Colin Campbell Center for Nutritional Studies at Cornell University. She was voted PETA's Sexiest Vegetarian Over 50 in 2011, and has been a spokesperson for the Guardian Campaign at In Defense of Animals. She is also the founder of The Animal-Human Health Connection, which focuses on bringing awareness to the many powerful ways that animals enhance human health, happiness, and longevity. Montes De Oca lives in Marin County with her husband, Ken, and her beloved rescue animals.

APRIL 2017



Publication Date: April 18, 2017

Collections: Fiction, Mystery

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-212-3

E-ISBN: 978-1-63152-213-0

“It has been said that the comic campus novel is no more (things in higher ed are verging on the tragic), but *Oink* proves otherwise. A witty combination of a campus novel, a murder mystery, a debate about GMOs, and a recipe book, *Oink* is a celebration of community connected to the joy of food and fellowship. At a time when collegiality is on the decline because of the corporatization of higher education, Newton’s light-hearted novel makes the serious point that collegiality is important not only personally but also politically.”

—Maggie Berg and Barbara K. Seeber,
authors of *The Slow Professor: Challenging
the Culture of Speed in the Academy*

OINK

A FOOD FOR THOUGHT MYSTERY

J. L. NEWTON

DESCRIPTION:

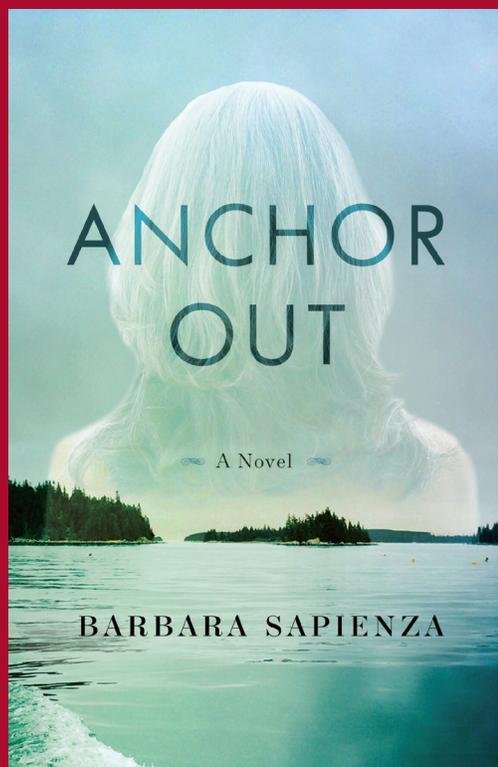
Emily Addams is the last person you’d expect the police to be circling in a poisoning investigation. A professor of women’s studies, a foodie, and a doting mom, Emily has spent her life building a campus community and engaging in peaceful struggles against injustice. But when Peter Elliott, a professor of plant biology at bucolic Arbor State, is found comatose in a pig pen clutching a piece of Emily’s corn bread (unmistakable for its goat cheese and caramelized onions), it’s in her direction that the police turn.

Even as she comes under suspicion, Emily and her comrades in women’s, American, and ethnic studies are fighting the administration’s attempt to defund their programs and run their beloved Arbor State more like a corporation than a place of higher learning. Her efforts to save her own skin and to protect the campus community she loves converge as she launches her own investigation to find out who really slipped the professor a piece of cornbread spiked with pesticide—and as always, it is community that helps her solve the crime. In an expression of communal spirit, *Oink* comes with recipes.

ABOUT THE AUTHOR:

J. L. Newton is Professor Emerita at a land grant university. She is at work on another mystery and lives in California, where she tends her garden and cooks for family and friends. You can contact her via jnjocals@gmail.com, www.facebook.com/TastingHomeComingOfAgeInTheKitchen, and Twitter: @jnewton70.

APRIL 2017



Publication Date: April 25, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-165-2

E-ISBN: 978-1-63152-166-9

“Frances Pia del Aqua is a sixty-year-old renegade, mystic, artist, ex-nun, and nutcase. A chronic runaway, she lives on a tenuously anchored old boat in the middle of Richardson Bay and paddles in to shore for her coffees, conversations, and painting projects.

Barbara Sapienza has depicted the life and world of this difficult, lovable, misunderstood woman with a tender sensitivity that is unforgettable.”

— Molly Giles, author of *All the Wrong Places*

ANCHOR OUT

A NOVEL

BARBARA SAPIENZA

DESCRIPTION:

Sixty-year-old Frances Pia lives alone on a thirty-foot sailboat anchored near Sausalito, where she communes with the fog, sea lions, cormorants, and two sailor friends, Otto and Russell. She performs random acts of public defacement—painting drainpipes, public restrooms, and murals on the sides of houses—which she believes are beautification projects, and struggles with bouts of depression and mania. Frankly, she’s a bit of a nutcase.

But Frances wasn’t always this way. She was once a Catholic nun with a sister, Anne, who loved her dearly. But then she slept with her brother-in-law, Greg—and ashamed and pregnant, she fled, leaving Anne, her art, and her vocation behind. When she also lost her baby, Nicola, in a freak accident, Frances lost faith in God and became a keeper of sorrows.

Through a series of wacky adventures, including bouts with the cops and the sea, Frances opens her heart to love for the first time in years—and begins to really paint the town, redeeming herself with Anne and freeing herself from her guilt over Nicola’s death along the way.

ABOUT THE AUTHOR:

Barbara Sapienza is a retired clinical psychologist who formerly practiced in San Francisco. At sixty-six she enrolled in the graduate program in Creative Writing at SFSU. She writes, paints, dances, practices taiji and meditation, and volunteers in a school program in Marin City. She lives in Sausalito with her husband and enjoys her granddaughters, Milla and Isa.

MAY 2017

I Know It in My Heart

WALKING THROUGH GRIEF

WITH A CHILD

A MEMOIR



MARY E. PLOUFFE, PH.D.

Publication Date: May 2, 2017

Collections: Non-Fiction, Self-Help

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-200-0

E-ISBN: 978-1-63152-201-7

“In a profound yet simple way, Mary Plouffe gives us a compelling personal story of grieving—of her sister’s diagnosis, then caring for her little niece, her own family, and herself, then loss, and then on to healing. Her evident experience as a psychologist adds authority to a universal story in a deep and tender way . . . a noteworthy, compassionate companion, eloquent and reassuring.”

—Anne Lynch, Director, Maine Center for Grieving Children

I KNOW IT IN MY HEART

WALKING THROUGH GRIEF WITH A CHILD

MARY E. PLOUFFE, PHD

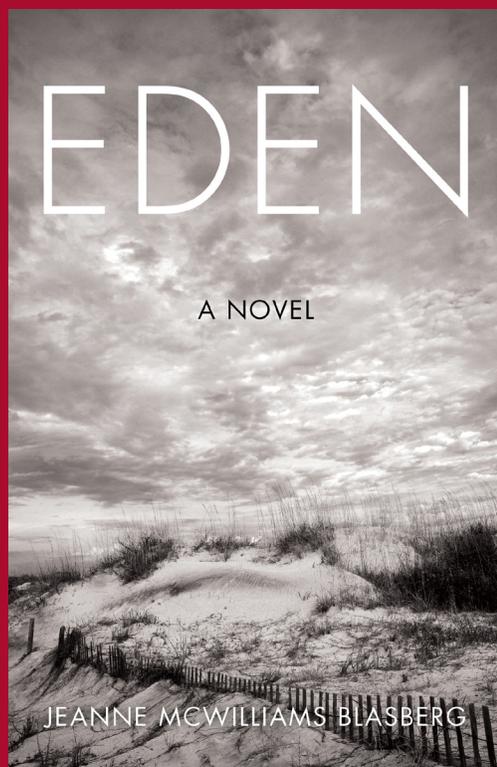
DESCRIPTION:

A three-week adventure becomes a tragic dilemma for a loving sister, a motherless child, and a terrified father facing unimaginable loss together and using their relationships with one another to survive. *I Know It in My Heart: Walking through Grief with a Child* explores the impact of early parental loss, the evolution of grief from toddler to teenager, and the devastation of adult sibling loss. Told by Mary E. Plouffe—a grieving sister who is also a psychologist—the story is more than a memoir; it is an exploration of childhood and adult grief, and how family relationships can weave them into healing. Parents, therapists, and anyone else who wants to see loss through the eyes of a child will find useful information here for guiding children through loss, and for understanding how those losses impact them as they grow. Narrated with professional wisdom steeped in personal pain, *I Know It in My Heart* brings us all a step closer to understanding, resilience, and healing.

ABOUT THE AUTHOR:

Mary E. Plouffe, PhD is a clinical psychologist with thirty-five years of experience as a clinician, teacher, and consultant. She has served on the faculty of Maine Medical Center psychiatry residency training program, the Maine Board of Examiners, and The Collaborate School, and has provided consultation to school and courts. Her essays have been published by *NRR*, *On the Issues Magazine*, *Brain*, *Child Magazine*, *Survivor Review*, and *Mothers Always Write*. Find additional information at www.maryplouffe.com.

MAY 2017



Publication Date: May 2, 2017

Collections: Contemporary Fiction,

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-188-1

Hardcover ISBN: 978-1-63152-234-5

E-ISBN: 978-1-63152-189-8

“Eden is a heartbreaking novel about the wounds that are passed down through generations. Blasberg’s voice is strong and clear, and her characters are so real—with their ambitions and their weaknesses, their good intentions and their resentments—that no reader is likely to forget them.”

—Ivy Pochoda, author of *Visitation Street*

EDEN

A NOVEL

JEANNE MCWILLIAMS BLASBERG

DESCRIPTION:

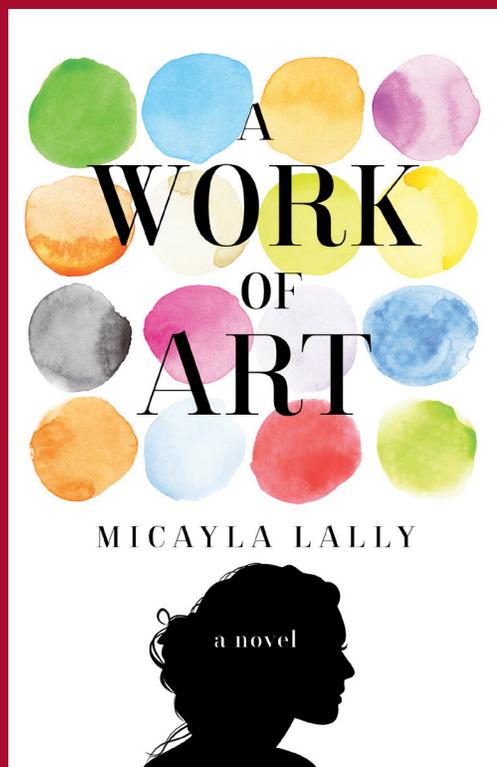
Becca Meister Fitzpatrick—wife, mother, grandmother, and pillar of the community—is the dutiful steward of her family’s iconic summer tradition . . . until she discovers that her recently deceased husband squandered their nest egg. As she struggles to accept that this is likely her last season in Long Harbor, Becca is inspired by her granddaughter’s boldness in the face of impending single-motherhood, and she summons the courage to reveal a long-buried secret: the existence of a daughter she gave up fifty years ago. The question now is how her other daughter, Rachel—with whom Becca has always had a strained relationship—will react.

Eden is the account of the days leading up to the Fourth of July weekend, as Becca prepares to disclose her secret and her son and brothers conspire to put the estate on the market, interwoven with the century-old history of Becca’s family—her parents’ beginnings and ascent into affluence, and her mother’s own secret struggles in the grand home her father named “Eden.”

ABOUT THE AUTHOR:

Jeanne McWilliams Blasberg began her career on Wall Street and later worked in strategic planning at Federated Department Stores in Cincinnati before making her way to Boston, where she worked as a research associate at Harvard Business School. Writing case studies and business articles, however, couldn’t satisfy her creative longings. Today, she is on the board of directors and is an avid student at Grub Street, one of the nation’s preeminent creative writing centers, where she is hard at work on her next book. Jeanne and her husband split their time between Boston and Westerly, RI and have three grown children. When she’s not writing, Jeanne can be found playing squash, skiing, or taking in the sunset over Little Narragansett Bay.

MAY 2017



Publication Date: May 2, 2017

Collections: Contemporary Fiction,
Women's Fiction

Price: \$16.95 paperback/\$9.95 e-book
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-168-3

E-ISBN: 978-1-63152-169-0

“*A Work of Art* by Micayla Lally takes the unusual tack of beginning the story at the end of a relationship. As she paints a renewed love that rises from the ashes of the old, Lally draws two imperfect characters who are growing into the people they need to be. The question is whether their new love is strong enough to survive the mistakes of their past.”

—Maren Anderson, author of *Fuzzy Logic* and *Closing the Store*

A WORK OF ART

A NOVEL

MICAYLA LALLY

DESCRIPTION:

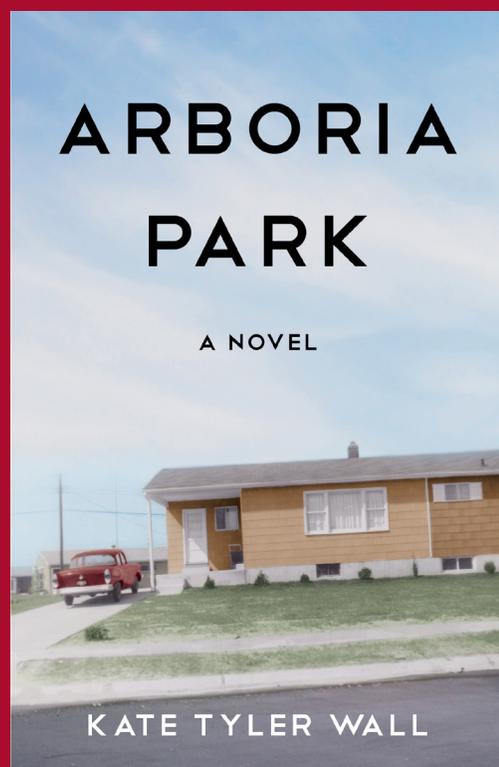
Letting go after her abrupt breakup with Samson is harder than Julene thought it would be, especially since her ex has wasted no time in burying himself in the local dating scene. But during an extended visit to her parents overseas, Julene rediscovers her love of art, and a burgeoning career develops. Samson, on the other hand, after trying valiantly—and unsuccessfully—to forget Julene, has settled instead on his own new career.

When Julene returns home to Australia, a coincidental meeting leads to an emotional reunion—but her love and patience will be tested when she finds out just how busy Samson has been in her absence. Yes, they have both made mistakes they can work through and move past—but when a specter from Samson’s past looms, Julene wonders: Can she trust him again?

ABOUT THE AUTHOR:

Micayla Lally lives in Oregon with her husband and three adventurous boys. Prior to full-time parenting, she worked in Sydney, Australia. More recently, she’s let the boys fend for themselves while furiously writing a handful of novels, and enjoys sewing clothes and hats and reading until the wee hours.

MAY 2017



Publication Date: May 2, 2017

**Collections: Contemporary Fiction,
Women's Fiction**

**Price: \$16.95 paperback/\$9.95 e-book
5.5 x 8.5**

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-167-6

E-ISBN: 978-1-63152-235-2

ARBORIA PARK

A NOVEL

KATE TYLER WALL

DESCRIPTION:

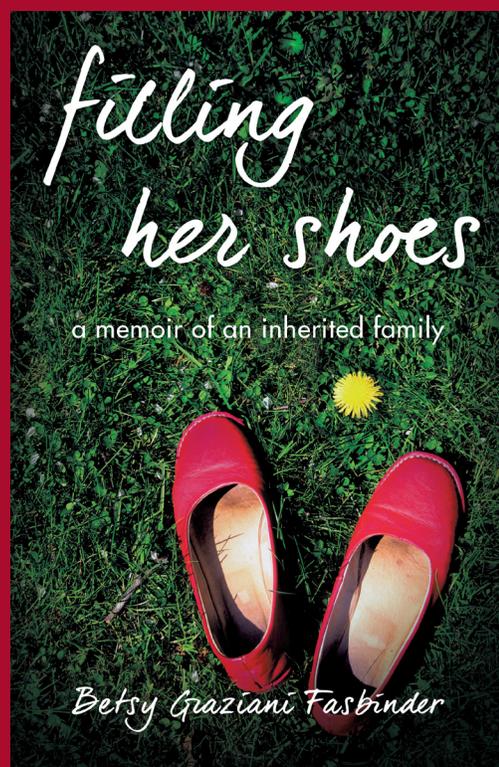
Stacy Halloran has lived most of her life in 1950s-era housing development Arboria Park. But her beloved neighborhood may not survive much longer.

Despite her parents' entreaties to "stay in the yard where it's safe," the Park is where young Stacy roams in quest of "real life." Through her wanderings, she learns about the area's agricultural history; meets people from backgrounds different than her own; watches her siblings develop interracial and same-sex relationships; helps launch the local punk-rock scene; and, finally, settles as a wife and mother. As the neighborhood declines (along with her relationship with her mother), Stacy considers moving on to rescue herself and her daughter. But then a massive highway project threatens the ever-resilient Park—and it's Stacy's task to rally family, friends, and neighbors to save it.

ABOUT THE AUTHOR:

Kate Tyler Wall is Managing Editor of an American history journal in Philadelphia. She grew up in a 1950s-era housing development in Dover, Delaware, which inspired lifelong interests in music, history, exploring, and the power of place. She studied political science, journalism, and American history at the University of Delaware. She now lives in another 1950s tract house in Newark, Delaware with "suburban ecologist" husband Roland Wall and beagle-basset buddy Pilot. At age fifty she started writing fiction and roaming the East Coast in search of punk rock.

MAY 2017



Publication Date: May 9, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-198-0

E-ISBN: 978-1-63152-199-7

FILLING HER SHOES

A MEMOIR OF AN INHERITED FAMILY

BETSY GRAZIANI FASBINDER

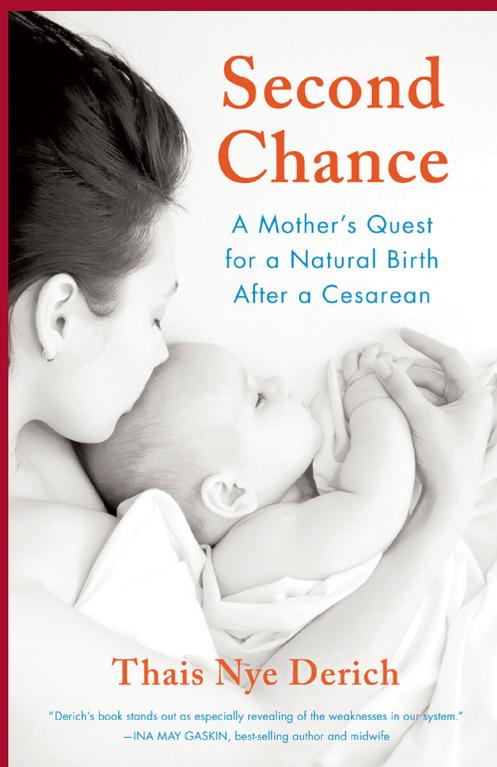
DESCRIPTION:

On the day that she decided to marry a widower—also a long-time friend—Betsy Graziani Fasbinder knew that she wasn't only gaining a husband, she was inheriting a son. Unlike many stepmothers, Betsy didn't have to struggle with an ex, or court battles, or the weekend shuffle between houses—but she did have to navigate living in the shadow of a young mother taken too soon, honoring the memory of her son's first mother, and becoming the kind of parent and partner she herself wanted to be. Over time this family would learn how love's roots were formed in their shared losses, and how the new family love and joy they created together would become the richest kind of inheritance.

ABOUT THE AUTHOR:

Betsy Graziani Fasbinder became a second wife when she married a widower with a young son. Their family fashioned itself with loss and love as their foundation, and with tenderness and commitment as their guides. She is the author of the critically acclaimed novel *Fire & Water* and the founder of The Morning Glory Project, which celebrates those who have not only survived tragic loss and trauma but who have turned their heartbreak into heroism and their history into inspiration. Betsy has been a licensed psychotherapist in California since 1992. She lives with her husband in their recently empty nest in Marin County, California. Learn more at www.betsygrazianifasbinder.com.

MAY 2017



Publication Date: May 9, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-218-5

E-ISBN: 978-1-63152-219-2

“I’ve read a lot of book-length birth stories, but Derich’s stands out as especially revealing of the weaknesses in our system.”

—Ina May Gaskin, best-selling author and midwife

“An unbiased, highly transparent account of one woman’s journey through the labyrinth of emotions and experiences that can accompany the post-cesarean birthing woman within the US.”

—Laquitha Glass, former President of the International Cesarean Awareness Network

SECOND CHANCE

A MOTHER’S QUEST FOR A NATURAL BIRTH
AFTER A CESAREAN

THAIS NYE DERICH

DESCRIPTION:

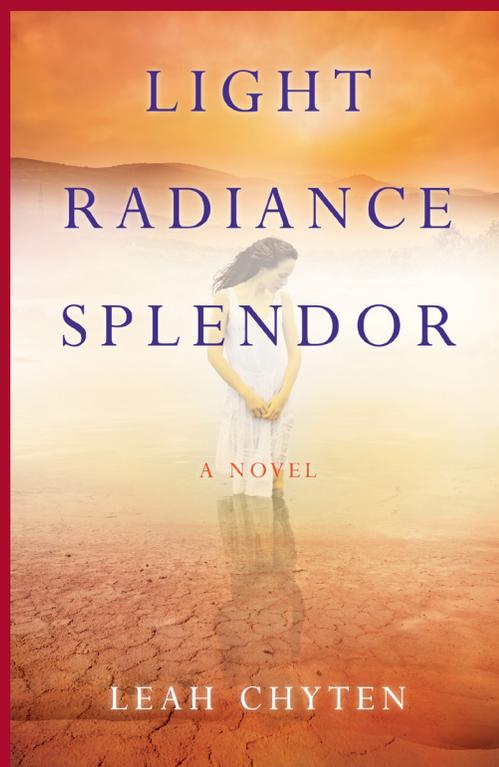
On the joyful day of her son’s birth, Thais Nye Derich never questioned going to the hospital. A week later, she walked out physically, spiritually, and emotionally injured, and fully disabused of the idea that the medical field would ever put her best interests before protocol, money, and legal concerns. The next three years of her life were spent recovering from that day, and preparing herself to do things her way when she became pregnant again. And then she did get pregnant again—and that resolve was put to the test.

A universal story about betrayal and trust and the roller coaster ride in between, *Second Chance* illuminates the many ways in which our healthcare system is broken when it comes to helping women give birth, and gives a voice to all the mothers who have walked away from their delivery experiences wondering what the hell just happened.

ABOUT THE AUTHOR:

Thais Nye Derich was born in Carmel, CA. She is a graduate of California Polytechnic University, San Luis Obispo, and lived for two years in Belgium and France studying French before returning to live in California. After starting her own software training business and traveling the US teaching software at Fortune-500 companies, she and her husband decided to start a family, and she left the business to stay home full time. While at home, she started a successful food blog, sold her healthy granola bars at Rainbow Grocery, and wrote *Second Chance*. Derich has been published by Salon, BlogHer, BabyCenter, *Literary Mama*, *Wild Violet Literary Magazine*, *Forge Journal*, SFGate, and the *San Francisco Examiner*. A chapter of *Second Chance* was a finalist out of 500 entries for *Creative Nonfiction* magazine’s baby anthology. She now lives in beautiful Marin County, where she is writing her second book and working at a lovely women’s coworking space called The Hivery.

MAY 2017



Publication Date: May 16, 2017

Collections: Contemporary Fiction

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-178-2

E-ISBN: 978-1-63152-179-9

LIGHT RADIANCE SPLENDOR

A NOVEL

LEAH CHYTEN

DESCRIPTION:

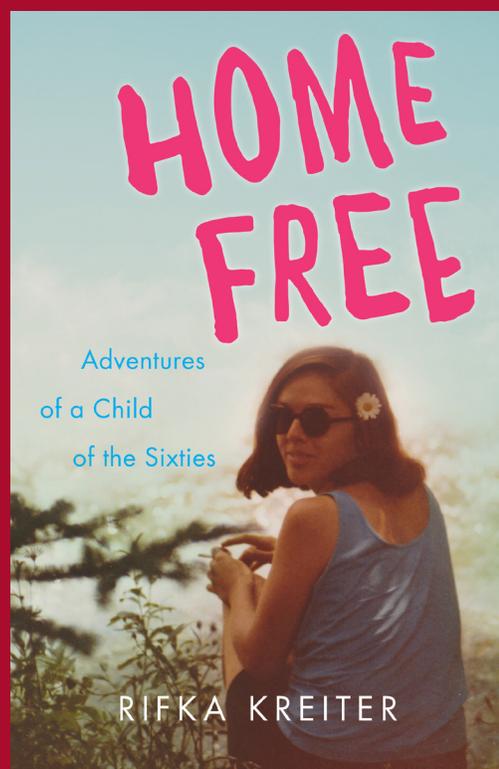
When the world is erupting in violence and chaos, something is out of balance—and what is needed is the return of the exiled Shekinah, the feminine aspect of the divine. Shekinah's compassion for our planet's suffering compels Her to attempt a mission of return, but She needs the help of others.

Set in Eastern Europe in the first half of the twentieth century and culminating in Israel and Palestine, *Light Radiance Splendor* follows three generations of fiercely devoted mission keepers as they grapple with loss of faith, betrayal, and forgiveness, as well as the decoding of an elusive manuscript. Will the mission succeed? Will Shekinah return to heal a fractured world—or are we beyond saving?

ABOUT THE AUTHOR:

Leah Chyten has been a philosopher since youth. Her essay "Life as a Creative Unfoldment" won state recognition as the most original graduation speech in the state of Massachusetts. Before attending college she homesteaded in Maine, where she raised animals, children, and vegetables and compiled a collection of songs, poetry, short stories, and a novel. After reluctantly leaving the woods to study psychology and spiritual traditions she became a psychotherapist, workshop leader, and teacher of spirituality. She currently lectures and facilitates groups that explore all facets and dimensions of human potential.

MAY 2017



Publication Date: May 16, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-176-8

E-ISBN: 978-1-63152-177-5

HOME FREE

ADVENTURES OF A CHILD OF THE SIXTIES

RIFKA KREITER

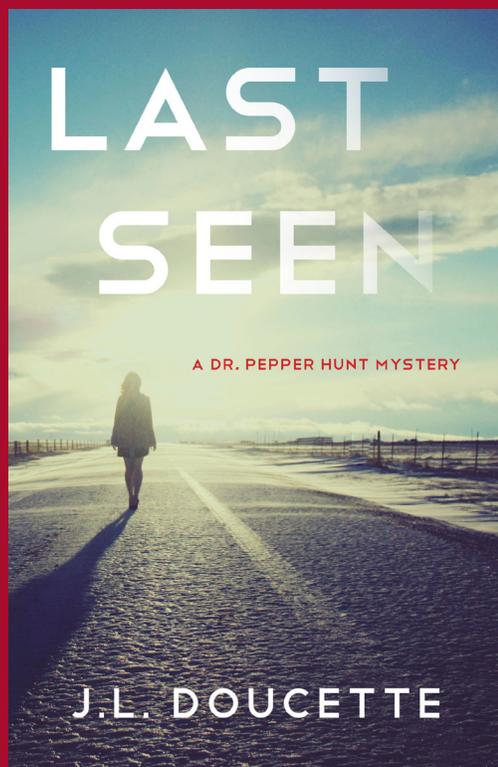
DESCRIPTION:

On a bus trip to a Catskill Mountain ashram, Rifka Kreiter recalls her past as she travels to meet Swamiji, another new guru on the scene in the bustling spiritual marketplace of 1976. Memories abound of an eventful childhood with an unstable mother on New York's Upper West Side and in LA, of dancing the Twist at Manhattan's Peppermint Lounge, and of sitting in against the war—as well as getting tear-gassed in Mississippi, surviving broken love affairs, and more. A checkerboard ride through the fifties, sixties, and early seventies, *Home Free* is powered by Kreiter's passionate drive for pleasure, self-knowledge, and—above all—freedom from limitations, whether psychological, political, or spiritual. Ultimately, it is a joyful trip, as she strives to bust free, be it with drugs, therapy, political activism, or meditation. At last, she arrives at a destination as unexpected as it is transformational.

ABOUT THE AUTHOR:

An astrologer once told Rifka Kreiter that a certain planetary conjunction in her chart signifies “an unusual life, full of unexpected happenings,” and this has certainly proved true. She studied acting at New York's High School of Performing Arts, philosophy at City College of New York, and clinical psychology at Adelphi University. She worked as a waitress, hat-check girl, and hearing researcher. She was Continuity Director at a New York radio station and Assistant Convention Manager at the Concord Resort Hotel. More recently, she tutored SAT Prep courses and was Assistant Director of Admissions at a rural community college. Since 1976, she has been following an ancient yogic path; she lived in a meditation ashram for ten years, and traveled to India three times during that period. Kreiter lives in suburban New Jersey with her partner. She blogs at homefreechildofthe60s.wordpress.com.

MAY 2017



Publication Date: May 23, 2017

Collections: Contemporary Fiction,
Mystery

Price: \$16.95 paperback/\$9.95 e-book
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-202-4

E-ISBN: 978-1-63152-203-1

“A missing person tale with a strong setting and cast of characters . . . Doucette’s auspicious first novel puts a welcome focus on the players instead of transgressive twists.”

—Kirkus

“Author J.L. Doucette gives readers a keen sense of Wyoming winters, three-dimensional characters, and taut, descriptive writing. An enthusiastic welcome to Dr. Pepper Hunt!”

—Linda Barnes, Edgar Award-winning author of the Carlotta Carlyle mystery series

LAST SEEN

A DR. PEPPER HUNT MYSTERY

J.L. DOUCETTE

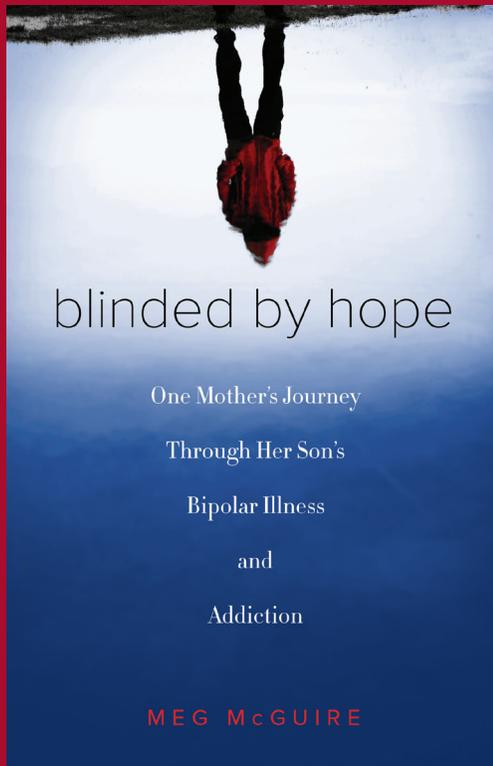
DESCRIPTION:

Psychologist and police consultant Dr. Pepper Hunt, struggling to deal with the murder of her husband, leaves the private practice they shared and relocates to Wyoming. There, in the stark landscape of the high desert, there is nothing to remind her of everything she lost and left behind. Then her new patient, Kimi Benally, goes missing in a Wyoming blizzard after her last therapy session—making Pepper the last person to see her. She knows the secrets Kimi shared in therapy hold clues to her mysterious disappearance, and she joins forces with Detective Beau Antelope to try to discover what’s happened to her. But as she follows the trail of Kimi’s obsession with the past, Pepper begins to fear the worst for her missing patient—and her own haunted memories surface.

ABOUT THE AUTHOR:

J.L. Doucette returned to Rhode Island after living many years in Wyoming. She earned a doctorate in counseling psychology from Boston University and has a private practice in Providence. She is at work on her second novel, *On a Quiet Street*, also featuring Dr. Pepper Hunt.

JUNE 2017



Publication Date: June 6, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 e-book
5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-125-6

E-ISBN: 978-1-63152-126-3

“Meg McGuire’s brilliant and moving story *Blinded by Hope* returns repeatedly to the tough question of belief: Whose story does one believe? Whose rendering of reality does a parent accept from her child and from herself? When does hope blind one to the truth? The anguish aroused in struggling to read and act on the true story comprises the dramatic tension that shapes the relationship between McGuire and her son.”

—Dennis Patrick Slattery, author of
Riting Myth, Mythic Writing: Plotting Your Personal Story

BLINDED BY HOPE

ONE MOTHER’S JOURNEY THROUGH HER SON’S BIPOLAR ILLNESS AND ADDICTION

MEG MCGUIRE

DESCRIPTION:

One day a teenage boy gets on his bike and rides forty miles up California’s Pacific Coast Highway to avoid causing an earthquake he fears will endanger his mother and sister. But the quake he is experiencing is not coming from beneath the earth; it’s the onset of bipolar illness.

Blinded by Hope describes what it’s like to have an unusually bright, creative child—and then to have that child suddenly be hit with an illness that defies description and cure. Over the years, McGuire attributes her son’s lost jobs, broken relationships, legal troubles, and periodic hospitalizations to the manic phase of his illness, denying the severity of his growing drug use—but ultimately, she has to face her own addiction to rescuing him, and forge a path for herself toward acceptance, resilience, and love. A wakeup call about the epidemic of mental illness, substance abuse, and mass incarceration in our society, *Blinded by Hope* shines a light on the shadow of family dynamics that shame, ignorance, and stigma rarely let the public see, and asks the question: How does a mother cope when love is not enough?

ABOUT THE AUTHOR:

Meg McGuire is a mother, writer, and psychotherapist, and the author of several internationally published nonfiction books. She is an activist in mental health and criminal justice reform.

JUNE 2017

*Operatic Divas
and
Naked Irishmen*



AN INNKEEPER'S TALE

A Memoir

Nancy R. Hinchliff

Publication Date: June 6, 2017

Collections: Memoir, Humor

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-194-2

E-ISBN: 978-1-63152-195-9

“For anyone who has ever thought about running a bed-and-breakfast, *Operatic Divas and Naked Irishman* offers a hilarious, bird’s-eye view behind the Victorian curtains . . . with mouthwatering recipes woven throughout. The author shows us just how much you can do with a little daring tenacity in the face of a lonely retirement.”

—Kate Hollister, editor, Beatdom Books

OPERATIC DIVAS AND NAKED IRISHMEN

AN INNKEEPER'S TALE

NANCY R. HINCHLIFF

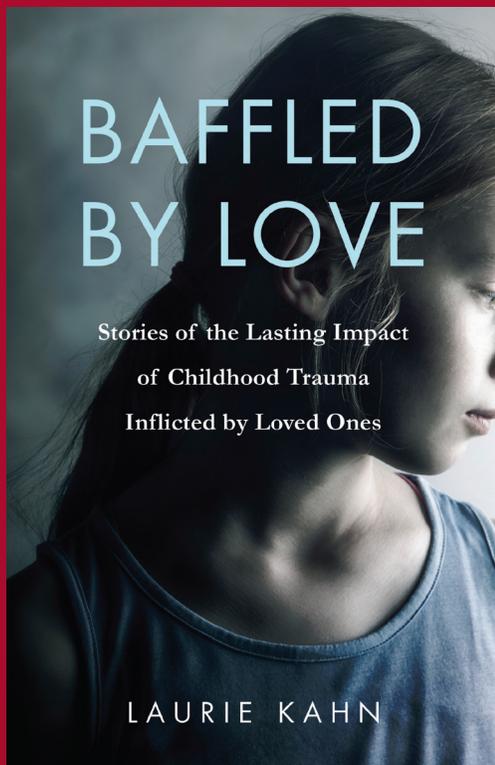
DESCRIPTION:

In 1994, at the age of sixty-four, with no business experience and very little start-up money, Nancy Hinchliff buys a turn-of-the-century mansion in Louisville, Kentucky and turns it into a charming Victorian inn. Through sheer tenacity, she learns the business while successfully coping with one mishap after another. An admittedly asocial retired schoolteacher, she reinvents herself as an innkeeper. The reader is drawn into this humorous and engaging tale as the author navigates her way around cantankerous contractors, harrowing housekeepers, and no shortage of strange and interesting guests and events. Through her collected stories, Hinchliff gives readers a personal, in-depth, and honest look at what it's like to be an innkeeper as she candidly describes her twenty-year journey of self-discovery.

ABOUT THE AUTHOR:

Nancy R. Hinchliff holds undergraduate degrees in music and education and graduate degrees in music, science of education, and special education. She is certified to teach English, music, geography, and history. She taught in the Chicago public school system for twenty-five years, and in the school of education at the University of Illinois in Chicago. She has been writing all of her adult life—mostly journal articles, essays, and creative nonfiction—and has been published in newsletters, local magazines, and as a guest on several blogs. In 2008 she coauthored *Room at the Table*, a cookbook written for the Bed and Breakfast Association of Kentucky, for which she won their president's award. Hinchliff is now a member of the Burlington Writers Workshop and is working on her second memoir.

JUNE 2017



Publication Date: June 6, 2017

Collections: Non-Fiction, Self-Help

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-226-0

E-ISBN: 978-1-63152-227-7

“A sensitive and wise book . . . deeply comforting.”

—Bessell Van Der Kolk, MD, author of *New York Times* bestseller *The Body Keeps the Score: Mind, Brain, and Body in the Healing of Trauma*

“This is a love story and a beautiful one. Laurie Kahn has done a marvelous job of tracking the processes of pain, healing, and love in her clients and herself. I would recommend it to everyone.”

—Don Catherall, PhD, author of *Emotional Safety: Viewing Couples Through the Lens of Affect*

BAFFLED BY LOVE

STORIES OF THE LASTING IMPACT OF CHILDHOOD TRAUMA INFLICTED BY LOVED ONES

LAURIE KAHN

DESCRIPTION:

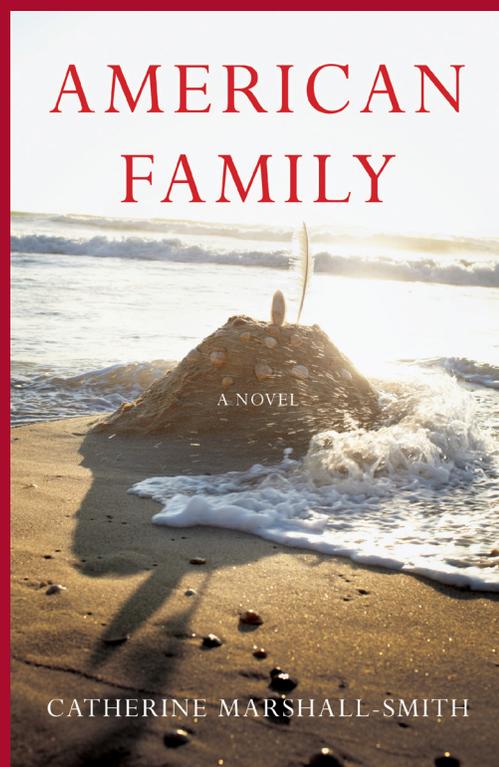
For three decades, Laurie Kahn has treated clients who were abused as children—people who were injured by someone whom they believed to be trustworthy, someone who professed to love them. Their abusers—a father, stepfather, priest, coach, babysitter, aunt, neighbor—often were people who inhabited their daily lives. Love is why they come to therapy. Love is what they want, and love is what they say is not going well for them.

Kahn, too, had to learn to navigate a wilderness in order to find the “good” kind of love after a rocky childhood. In *Baffled by Love*, she includes strands from her own story, along with those of her clients, creating a narrative full of resonance, meaning, and shared humanity.

ABOUT THE AUTHOR:

Laurie Kahn, MA, LCPC, MFA is a pioneer in the field of trauma treatment. For more than thirty years, she has specialized in the treatment of survivors of childhood abuse. In 1980, she founded Womenscare Counseling and Training Center. Since then, her ideas and expertise have served both people who have experienced childhood abuse and hundreds of clinicians who have graduated from her Trauma Consultation Training Program. Kahn’s personal essays have been published in anthologies, and her articles and book reviews in professional journals. She lives in Evanston, Illinois with her husband, Michael, and her labradoodle, Kali.

JUNE 2017



Publication Date: June 13, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-163-8

E-ISBN: 978-1-63152-164-5

“This book is a study in how life can go wrong after a tragedy. But it is also a study in how life can get better. Catherine Marshall-Smith is fearless in what she explores. I highly recommend this book to anyone who has ever needed to make a change in his/her life. Marshall-Smith’s words will give you that courage.”

—Kevin Fisher-Paulson, author of *A Song for Lost Angels* and columnist for the *San Francisco Chronicle*

AMERICAN FAMILY

A NOVEL

CATHERINE MARSHALL-SMITH

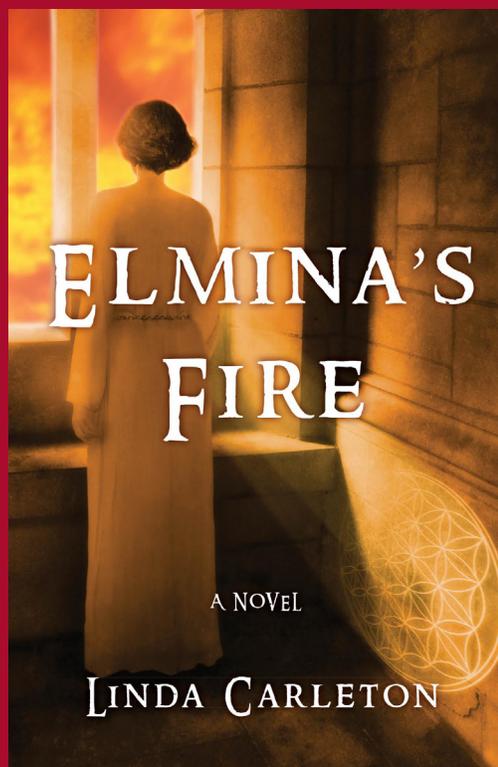
DESCRIPTION:

Richard and Michael, both three years sober, have just decided to celebrate their love by moving in together when Richard—driven by the desire to do the right thing for his ten-year-old daughter, Brady, whom he has never met—impulsively calls his former father-in-law to connect with her. With that phone call, he jeopardizes the one good thing he has—his relationship with Michael—and also threatens the world of the fundamentalist Christian grandparents who love Brady and see her as payback from God for the alcohol-related death of her mother. Unable to reach an agreement, the two parties hire lawyers who have agendas far beyond the interests of the families—and Brady is initially trusted into Richard and Michael’s care. But when the judge learns that the young girl was present when a questionable act took place while in their custody, she returns Brady to her grandparents. Ultimately, it’s not until further tragedy strikes that both families are finally motivated to actually act in the “best interests of the child.”

ABOUT THE AUTHOR:

Catherine Marshall-Smith teaches writing and history to sixth graders, runs long distance, is married to the love of her life, is a mother to three adult children, and has two grand dogs and one dachshund with a very straight nose. In the process of writing *American Family*, she observed in Family Court, interviewed lawyers and a judge, and read the Supreme Court ruling on grandparents’ rights with a lawyer. She has her bachelor’s degree in English from University of California at Berkeley and earned a Creative Writing Certificate from the Writing Program at UCLA, where she was short listed for the James Kirkwood Award for Fiction 2012.

JUNE 2017



Publication Date: June 13, 2017

Collections: Fiction, Spiritual

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-190-4

E-ISBN: 978-1-63152-191-1

“Elmina’s Fire grabbed me from the start and held on. This is the story of a young woman’s search for spiritual truth. When she leaves her Cathar family to follow the man who will later Saint Dominic, she must confront not only her internal demons but ultimately the external horrors of the Albigensian Crusade. More than once while reading I felt myself holding my breath. Linda Carleton has written Elmina’s story so close to the bone, it has the feel of memoir—more remembered than imagined.”

—Joan Lee Hunter, Writing Coach, Fifth House Lodge, Bridgton, ME

ELMINA’S FIRE

A NOVEL

LINDA CARLETON

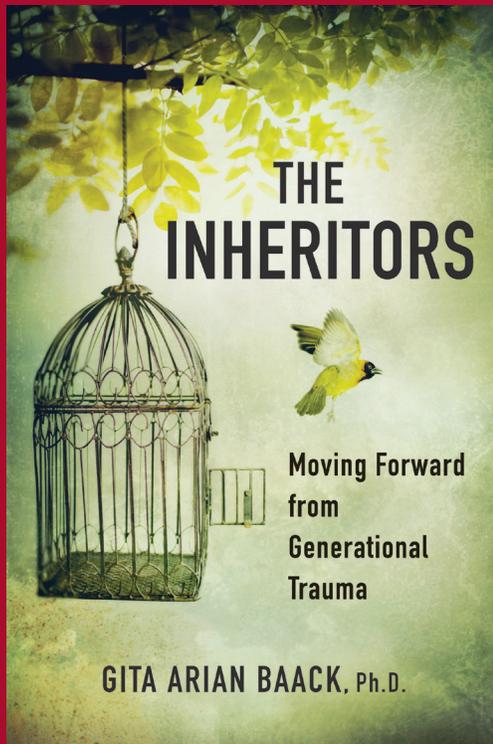
DESCRIPTION:

What happens when a troubled young woman dares to follow the stirrings of her soul in turbulent times? Elmina begins life with a turbulent childhood in a medieval French town—a childhood that turns her into a spiritually seeking young woman who dares to follow the stirrings of her soul. Her idealism and love lead her to leave a Cathar school and follow the man who will become Saint Dominic. As the world around her erupts into the Albigensian Crusade, Elmina finds herself complicit in its horror, and her spiritual and emotional life begins to unravel. With the aid of the counsel of her wise prior, Brother Noel, Elmina learns to paint her experiences within a sacred circle—a practice that helps her discover the origins of her lifelong fears and wrestle with questions that are as divisive today as they were eight centuries ago: the nature of God, the purpose of creation, the nature of evil, and the possibility of reincarnation.

ABOUT THE AUTHOR:

Linda Carleton graduated from Yale Divinity School, was ordained in the United Church of Christ, and formerly worked in refugee resettlement. She now lives in Portland, Maine, where she teaches, writes, and offers workshops on mandala journaling and spiritual growth. Linda strives to integrate her own Christian faith with the world’s diverse spiritual teachings and to help the world heal from its history of religious abuse.

JUNE 2017



Publication Date: June 13, 2017

Collections: Non-Fiction, Self-Help

Price: \$16.95 paperback/\$9.95 e-book

6 x 9

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-222-2

E-ISBN: 978-1-63152-223-9

“Reading Dr. Baack’s book as it evolved allowed me to understand the complexity and sheer brilliance of her work. At every moment I felt this was seminal work that would surely benefit the world on a very large scale.”

**— Danielle Silverman, MBA, MA, BCC,
Editor and President, Vision Coach
International**

THE INHERITORS

MOVING FORWARD FROM GENERATIONAL TRAUMA

GITA ARIAN BAACK, PHD

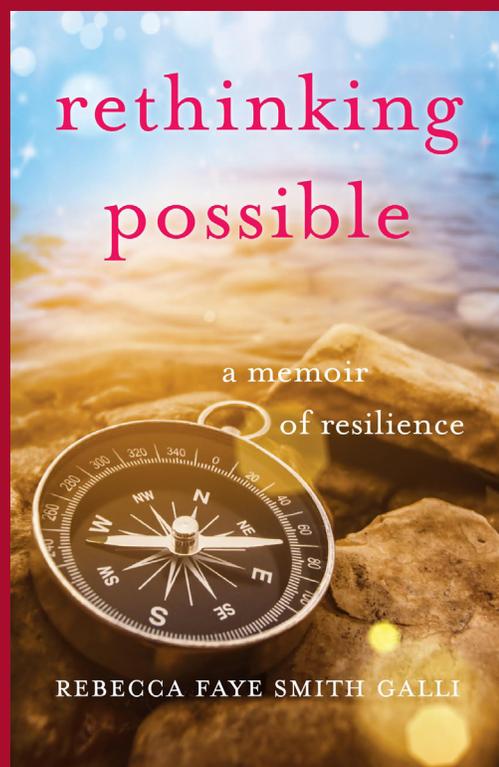
DESCRIPTION:

Our family legacies, both positive and negative, are passed down from one generation to the next in ways that are not fully understood. This secondary form of trauma, which Gita Baack calls “Inherited Trauma,” has not received adequate attention—a failing that perpetuates cycles of pain, hatred, and violence. In *The Inheritors*, readers are given the opportunity to reflect on the inherited burdens they carry, as well as the resilience that has given them the power of survival. Through engaging stories and unique concepts, readers will learn new ways to explore the unknowns in their legacies, reflect on questions that are posed at the end of each chapter, and begin to write their own story.

ABOUT THE AUTHOR:

Gita Arian Baack holds a PhD from Tilburg University, The Netherlands, in association with Taos Institute, and an MA in Human Systems Intervention from Concordia University, Montreal, Canada. For over thirty years, her consulting and coaching practice has been based on strengths-based interventions resulting in positive change and empowered individuals. Her research on the effects of trauma on inheriting generations has put her on a path to help “Inheritors” reclaim their lives and build on their resilience. She continues to coach individuals, run dialogues with communities that have inherited devastating legacies, and speak to diverse audiences. Dr. Baack lives and works in Ottawa and abroad.

JUNE 2017



Publication Date: June 13, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-220-8

E-ISBN: 978-1-63152-221-5

RETHINKING POSSIBLE

A MEMOIR OF RESILIENCE

REBECCA FAYE SMITH GALLI

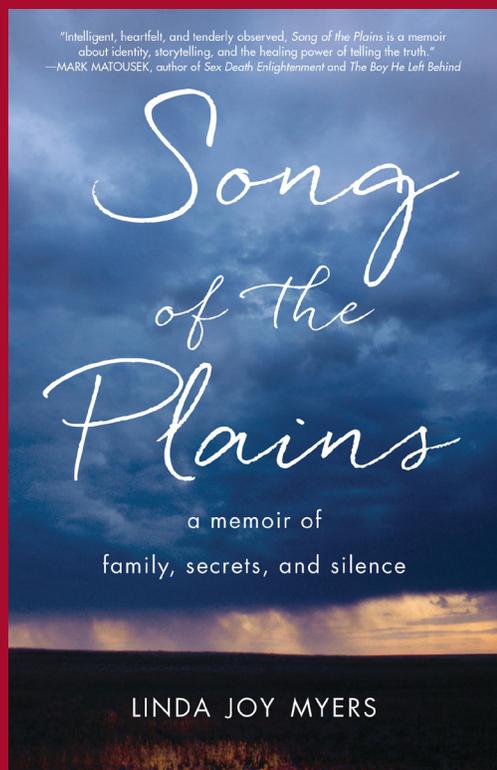
DESCRIPTION:

Becky Galli was born into a family that valued the power of having a plan. With a pastor father and a stay-at-home mother, her 1960s southern upbringing was bucolic—even enviable. But when her brother, only seventeen, died in a waterskiing accident, the slow unraveling of her perfect family began. Though grief overwhelmed the family, twenty-year-old Galli forged forward with her plans for the future—marriage, career, and raising a family of her own—one she hoped would be as idyllic as the family she remembered from her childhood. But life instead presented her with situation after situation that derailed her: her son's degenerative, undiagnosed disease and subsequent death; her daughter's autism diagnosis; her separation; and then, nine days after the divorce was final, the onset of the transverse myelitis that would paralyze her from the waist down. Despite these life-changing losses, Galli's steadfast commitment to family has enabled her family life, far different from the one she planned, to be filled with creative love and acceptance. At once heartbreaking and inspiring, *Rethinking Possible* is a story of the power of love over loss and the choice we all have to shape our life circumstances—even when we're forced to confront the unimaginable.

ABOUT THE AUTHOR:

Rebecca Faye Smith Galli (Becky) is a reluctant-but-obsessed columnist who writes about love, loss, and healing. Surviving significant losses—her seventeen-year-old brother's death; her son's degenerative disease and subsequent death; her daughter's autism; her divorce; and nine days later, her paralysis from transverse myelitis, a rare spinal cord inflammation that began as the flu—has fostered an unexpected but prolific writing career. In 2000, *The Baltimore Sun* published her first column about playing soccer with her son—from the wheelchair. Fifteen years later, with 400 published columns and a completed memoir, she launched *Thoughtful Thursdays—Lessons from a Resilient Heart*, a weekly column for her subscriber family that shares what's inspired her to stay positive. She also periodically contributes to *The Baltimore Sun's* Op-Ed page, *Midlife Boulevard*, *Nanahood*, and *The Mighty*. Join her *Thoughtful Thursdays* family at www.beckygalli.com/signup.

JUNE 2017



Publication Date: June 20, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-216-1

E-ISBN: 978-1-63152-217-8

“*Song of the Plains* is a memoir of fierce longing and a quest to understand the fragile bonds of family. Myers stitches together her past, finding solace in the landscape of the Great Plains and weaving in elements of story like a poet, detective, artist, therapist, mother, daughter, and historian. The fascinating and fractured women in this memoir will continue to whisper their songs for generations to come.”

**—Melissa Cistaro, author of
*Pieces of My Mother***

SONG OF THE PLAINS

A MEMOIR OF FAMILY, SECRETS, AND SILENCE

LINDA JOY MYERS

DESCRIPTION:

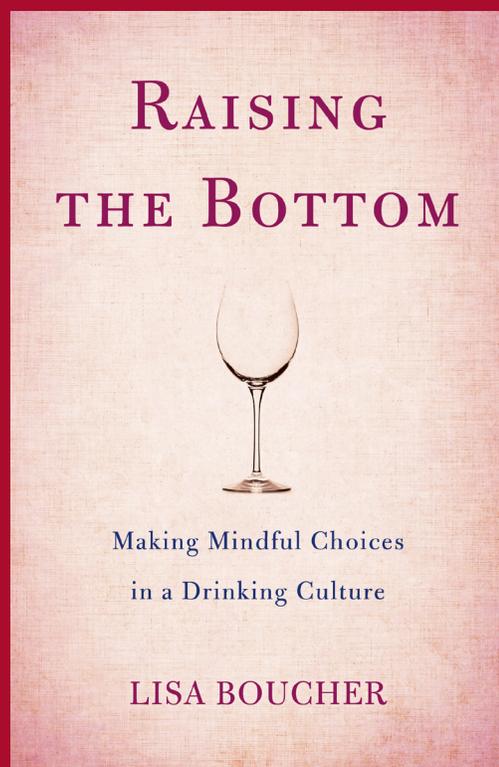
Since she was a child, Linda Joy Myers has felt the power of the past. As the third daughter in her family to be abandoned or estranged by a mother, she observed the consequences of that heritage on the women she loved as well as herself. But thanks to the stories told to her by her great-grandmother, Myers received a gift that proved crucial in her life: the idea that everyone is a walking storybook, and that we all have within us the key to a deeper understanding of life—the secret stories that make themselves known even without words.

Song of the Plains is a weaving of family history that starts in the Oklahoma plains and spans over forty years as Myers combs through dusty archives, family stories, and genealogy online. She discovers the secrets that help to explain the fractures in her family, and the ways in which her mother and grandmother found a way not only to survive the great challenges of their eras but to thrive, despite mental illness and abuse. She discovers how decisions made long ago broke her family apart—and she makes it her life’s work to change her family story from one of abuse and loss to one of finding and creating a new story of hope, forgiveness, healing, and love.

ABOUT THE AUTHOR:

Linda Joy Myers is president and founder of the National Association of Memoir Writers. Her memoir *Don’t Call Me Mother: A Daughter’s Journey from Abandonment to Forgiveness* was a finalist in the ForeWord Book of the Year Award, a finalist in the IndieExcellence Awards, and the winner of the BAIPA Gold Medal award. She’s the author of three books on memoir writing: *The Power of Memoir: How to Write Your Healing Story*, *Journey of Memoir*, and *Becoming Whole*. She’s a coauthor with Brooke Warner of two books: *Breaking Ground on Your Memoir* and *The Magic of Memoir*. Myers writes for the *Huffington Post* and co-teaches the program Write Your Memoir in Six Months with Brooke Warner. A therapist for thirty-six years, Myers also speaks about memoir, healing, and the power of writing the truth.

JUNE 2017



Publication Date: June 20, 2017

Collections: Non-Fiction, Self-Help

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-214-7

E-ISBN: 978-1-63152-215-4

“Raising the Bottom brings to the forefront a very necessary and under-discussed subject. Our health-care system is currently ill-equipped to deal with the complicated problem of alcohol and drug dependence. Now more than ever, it is imperative that physicians receive better training on recognizing, understanding, and treating addiction. Only then can we be truly effective at assisting our patients in their recovery.”

—Richard Saxen, MD, Internal Medicine

RAISING THE BOTTOM

MAKING MINDFUL CHOICES IN A DRINKING CULTURE

LISA BOUCHER

DESCRIPTION:

Do you worry that your drinking may have unintended consequences to your health, your family, your relationships, your profession? We live in a boozy culture, and the idea of women and wine going hand in hand has become entrenched. Is your book club really a “wine club”? Do you drink to “cope” with anxiety, parenthood, the pressures of being a mom, a wife, a professional? In *Raising the Bottom*, mothers, daughters, health professionals, and young women share their stories of why they drank, how they stopped, and the joys and rewards of being present in their lives once they kicked alcohol to the curb. In these pages, women share their drinking stories of hitting emotional bottom—so you don’t ever have to.

ABOUT THE AUTHOR:

Lisa Boucher holds a BA in English and is the mother of twin sons, now grown. After short stints training polo horses and working as a flight attendant, hairdresser, and bartender, she revamped her life and settled in as a registered nurse. For the past twenty-seven years she has worked with hundreds of women to help them overcome alcoholism, live better lives, and become better parents. *Raising the Bottom* is her fifth book. Boucher lives in Ohio with her husband.

JUNE 2017

Godmother

An Unexpected Journey,
Perfect Timing,
and Small Miracles



Publication Date: June 20, 2017

Collections: Memoir

**Price: \$16.95 paperback/\$9.95 e-book
5.5 x 8.5**

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-172-0

E-ISBN: 978-1-63152-173-7

“In this memoir we are drawn into the experience of a lonely child whose heart is opened by the birth of her brother, and then, suddenly, slammed shut. Decades later, after a transformative spiritual journey around the world, she is given the opportunity, in the most unexpected way, to reopen her heart and develop a mature love through the nurturing of another small child with special needs, staying focused on offering herself in selfless devotion to his well-being. I was fascinated by the ways they bring out the best in each other as he grows into manhood.”

— Carolyn Allen Zeiger, PhD, author of
Doing It All Isn't Everything

GODMOTHER

**AN UNEXPECTED JOURNEY, PERFECT TIMING,
AND SMALL MIRACLES**

ODILE ATTHALIN

DESCRIPTION:

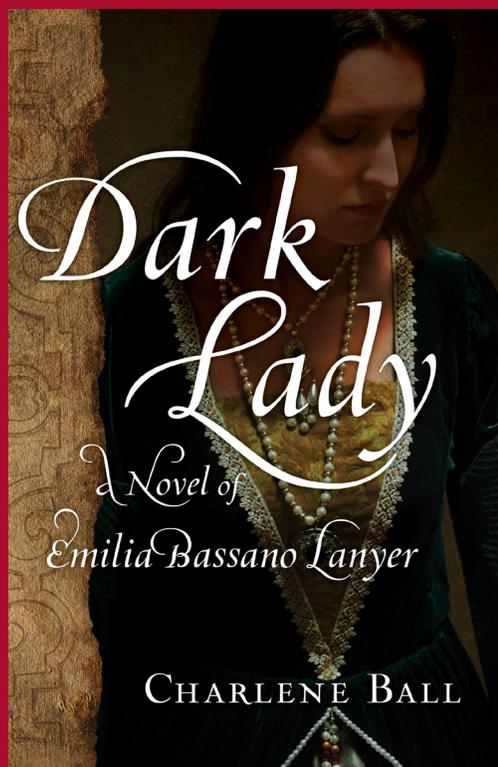
Odile Atthalin was a young woman from a prominent, bourgeois family in Paris when she decided to leave home in search of meaning. All she knew was that she wanted to go East; but once she had separated from France and committed to creating a new life for herself, opportunities fell into place.

After years of travels around the world, including a life-changing four years in an Indian ashram, Atthalin settled in Berkeley, CA, where she found all she needed: her first real home; a godson with special needs to nurture, to whom she became a devoted godmother; and a subculture of seekers, writers, guides, healers, artists, and spiritual creatives—a diverse tribe in which she could fit and finally felt she belonged.

ABOUT THE AUTHOR:

Odile Atthalin was born in Paris, France in 1936 to a patriarchal bourgeois family, the eldest of six children. After surviving the German Nazi Occupation in Normandy and the loss of a baby sibling, she witnessed D-Day and the liberation of her village by the American tanks. She majored in comparative literature at the Sorbonne and studied American Literature at Barnard College on a Fulbright Scholarship. Back in France, she completed an MA in Clinical Psychology. In 1969, she left for India, and she kept traveling until 1983. Since 1988, she has maintained a private practice in Berkeley. In 1996, as a Senior Rosen Method Teacher, she founded the Rosen Method Open Center, a school to train Rosen Method Bodywork and Movement practitioners and teachers in the US and in Europe. In 1987, she became a godmother to a baby boy with special needs and became very involved in raising him. Atthalin loves reading and writing in both French and English. She finds great joy in meditation, yoga, Qi Gong, singing, hiking, dancing, and leading a weekly Movement class done to all kinds of good music.

JUNE 2017



Publication Date: June 27, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-228-4

E-ISBN: 978-1-63152-229-1

“Sweeping you away with its vivid, poetical writing, *Dark Lady* is a novel about a brilliant Elizabethan woman, a musician, commoner, and secret Jew who was barred from working as a musician because of her sex. Emilia Bassano Lanyer loves three very different men: the aging Lord Hunsdon, who treasures her; the young Shakespeare, who enchants her; and the man she marries, musician and soldier Lanyer. Her writing arises from her experience as a gifted woman in a world ruled by men. *Dark Lady* is a beautifully drawn portrait of an exceptional woman in a time of plague, war, and political danger.”

—Stephanie Cowell, author of *The Players*, *Claude and Camille*, and *Marrying Mozart*

DARK LADY

A NOVEL OF EMILIA BASSANO LANYER

CHARLENE BALL

DESCRIPTION:

Emilia Bassano has four strikes against her: she is poor, beautiful, female, and intelligent in Elizabethan England. To make matters worse, she comes from a family of secret Jews. When she is raped as a teenager, she knows she probably will not be able to make a good marriage, so she becomes the mistress of a much older nobleman. During this time she falls in love with poet/player William Shakespeare, and they have a brief, passionate relationship—but when the plague comes to England, the nobleman abandons her, leaving her pregnant and without financial security.

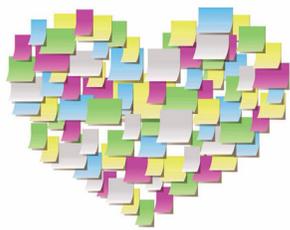
In the years that follow, Emilia is forced to make a number of difficult decisions in her efforts to survive, and not all of them turn out well for her. But ultimately, despite the disadvantaged position she was born to, she succeeds in pursuing her dreams of becoming a writer—and even publishes a book of poetry in 1611 that makes a surprisingly modern argument for women’s equality.

ABOUT THE AUTHOR:

Charlene Ball holds a PhD in comparative literature and has taught English and women’s studies at colleges and universities. Although she has written nonfiction, reviews, and academic articles, writing fiction has always been her first love. She has published fiction and nonfiction in *The North Atlantic Review*, *Concho River Review*, *The NWSA Journal*, and other journals. She has reviewed theater and written articles on the arts for Atlanta papers. She is a Fellow of the Hambidge Center for the Arts and held a residency at the Wurlitzer Foundation of New Mexico. She attends fiction workshops by Carol Lee Lorenzo, and she belongs to a writers’ group that she helped found. She retired from the Women’s Studies Institute (now the Institute for Women’s, Gender, and Sexuality Studies) at Georgia State University in 2009 and has since been busier than ever with writing and bookselling. She also volunteers with her congregation and other social justice groups. She and her wife, Libby Ware, an author and bookseller, were married in May 2016.

JUNE 2017

Happier at Work



The Power of Love
to Transform the Workplace

Gayle Van Gils

Publication Date: June 30, 2017

Collections: Non-Fiction, Self-Help

Price: \$16.95 paperback/\$9.95 e-book

6 x 9

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-204-8

E-ISBN: 978-1-63152-205-5

“This is a book for our times and the future of business, offering clear methods for reducing stress, improving relationships and performance, and even rewiring the brain!”

—Michael Foster, Founder and Chairman of Human Capital Institute, CEO of Id8TE

HAPPIER AT WORK

THE POWER OF LOVE TO TRANSFORM THE WORKPLACE

GAYLE VAN GILS

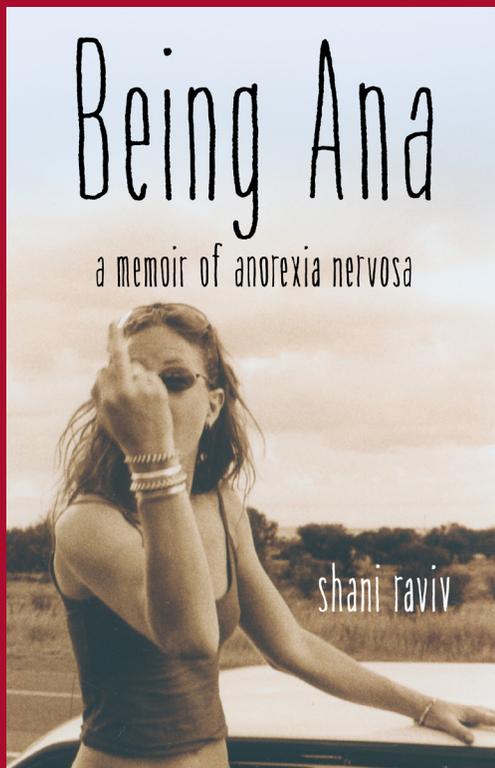
DESCRIPTION:

The American workplace has become toxic to mental, emotional, and physical health. A book for our complex and challenging times, *Happier at Work* offers a practical path for leaders and employees to shift a culture of fear and reactivity to one of communication and collaboration. Mindfulness and compassion come naturally to all of us, as does a fundamental goodness; in these pages, readers will discover how to access that true nature. Van Gils also explores the science behind practices that not only decrease stress, overwhelm, and chronic illness but also develop authentic, emotionally fit leaders and a compassionate workplace. Accessible and inspiring, *Happier at Work* is a guide to a transformed workplace—one of enhanced creativity, innovation, engagement, performance, and joy!

ABOUT THE AUTHOR:

Gayle Van Gils is a mindfulness educator and the founder of the consulting and coaching company Transform Your Culture. She has been practicing and teaching mindfulness for more than twenty-five years, and is a senior meditation teacher in the Shambhala Buddhist lineage. She leads contemplative seminars on personal, business, and societal transformation, both in person and online, and has helped hundreds of people to find more peace, energy, inspiration, joy and success in their lives and businesses. Van Gils holds an MBA from UCLA and is a certified teacher for Search Inside Yourself, the neuroscience-based mindfulness and emotional intelligence program developed and proven at Google to improve leadership skill, innovation, collaboration, and happiness. She and her husband, Gerard, have two sons, Alex and Jonathan, who are both musicians. When she is not busy working or practicing meditation, Van Gils loves to get her hands dirty in clay and create large sculptural pieces for her home and yard.

JULY 2017



Publication Date: July 11, 2017

Collections: Memoir

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-139-3

E-ISBN: 978-1-63152-140-9

“Ms. Raviv is a fabulous writer and did an amazing job of simultaneously showing how her eating disorder functioned to keep her from being conscious of the underlying issues while in the depths of it and showing the reader how all of her behaviors, thoughts, and feelings were directly related to those underlying issues.”

**—Susie Roman, MA, Director of Programs,
National Eating Disorders Association**

BEING ANA

A MEMOIR OF ANOREXIA NERVOSA

SHANI RAVIV

DESCRIPTION:

Shani Raviv is a misfit teen whose peer-pressured diet spirals down into full-blown anorexia nervosa—something no one in her early-nineties, local South African community knows anything about.

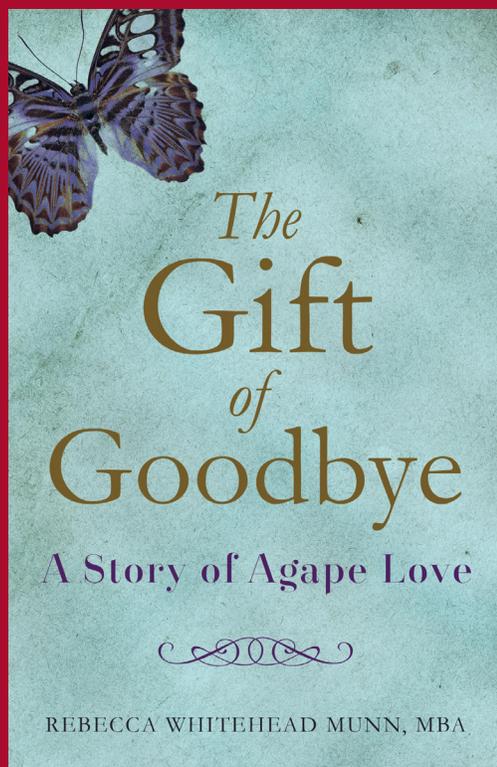
Fourteen-year-old Shani spends the next six years being “Ana” (as many anorexics call it), on the run from her feelings. She goes from aerobics addict to Israeli soldier to rave bunny to wannabe reborn, using sex, drugs, exercise and, above all, starvation, to numb out everything along the way. But one night, at age twenty, Shani faces the rude awakening that if she doesn’t slow down, break her denial, and seek help, she will starve to death. Three years later, her hardest journey of all begins: the journey to let go of being Ana and learn to love herself.

Being Ana is an exploration into the soul and psyche of a young woman wrestling with anorexia’s demons—one that not only exposes the real horrors of a day in the life of an anorexic girl but reveals the courage it takes to stop fighting and find healing.

ABOUT THE AUTHOR:

Shani Raviv is a published writer, writing coach, copywriter/content producer, and speaker who was born and raised in South Africa. She disputes the belief that an anorexic mindset is a life sentence and considers herself fully recovered. She lives in the Bay Area of California with her son.

JULY 2017



Publication Date: July 18, 2017

Collections: Memoir, Self-Help

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-230-7

E-ISBN: 978-1-63152-231-4

“A love letter and testament to an extraordinary mother, a shared journey through the garden of loss, and the metamorphosis that blossoms through courage and big, open-hearted love as grief subsides into wisdom and grace. Munn has penned an intimate gem of a book that shows how a willing sharing of a darkening path eventually leads to light. Beautiful!”

—Irene Allison, coauthor of *Stay, Breathe with Me: The Gift of Compassionate Medicine*

THE GIFT OF GOODBYE

A STORY OF AGAPE LOVE

REBECCA WHITEHEAD MUNN, MBA

DESCRIPTION:

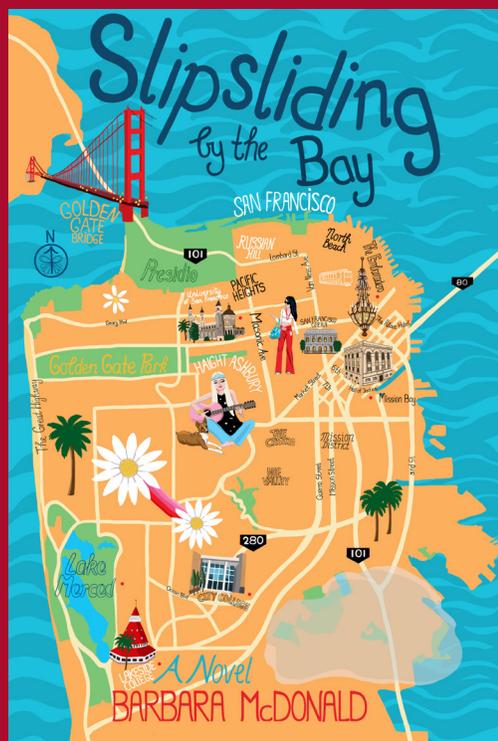
Have you faced the loss of a parent and struggled with how to say goodbye? Have you felt the depth of the pain of the loss, not knowing where to turn or how to cope? Have you questioned your faith and let fear take over in times of loss? Are you comfortable in your skin or still trying to fit in?

Rebecca Whitehead Munn, a mother of two children under the age of five, is going through a divorce when she discovers that her mother, 3,000 miles away, has been diagnosed with terminal cancer. In *The Gift of Goodbye*, she shares how this experience led to a heart-opening expansion, and encourages readers to believe that they, too, can form new beliefs and new connections and elevate their difficult experiences to a higher level of authenticity. The story is her account of living through two major life transitions within a three-year span, and the resulting shift she made in the process—due to the lasting gift of love from her now-deceased mother, her courage, and the choice she made to expand into more of who she was at her core as everything about life as she knew it changed.

ABOUT THE AUTHOR:

Rebecca Whitehead Munn, MBA is a general manager of a healthcare services business for an employee-owned boutique consulting firm. She has a BBA in marketing with a minor in psychology from the University of Texas at Austin and an executive Masters of Business administration degree from the University of Colorado. She leverages her expertise as a certified HBDI professional through all of her interactions to inform expectations and guide communications. In her spare time, she enjoys spending time outdoors with her two teenage children, friends, and chocolate lab, Coco, practicing yoga, snow skiing, golfing, and entertaining. She has lived in Nashville, Tennessee since 2005.

JULY 2017



Publication Date: July 18, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-225-3

E-ISBN: 978-1-63152-224-6

“With a sharp eye for detail and a complement of perfectly peculiar characters, Barbara McDonald has devised a wonderful satire of the academic world. Her portrait of a small liberal arts college—its lecheries and larcenies—exactly conjures the atmosphere of that unique modern institution where absurdity and logic are married so closely: the campus.”

— Louis B. Jones, author of *California's Over*, *Particles and Luck*, and *Radiance*

SLIPSLIDING BY THE BAY

A NOVEL

BARBARA McDONALD

DESCRIPTION:

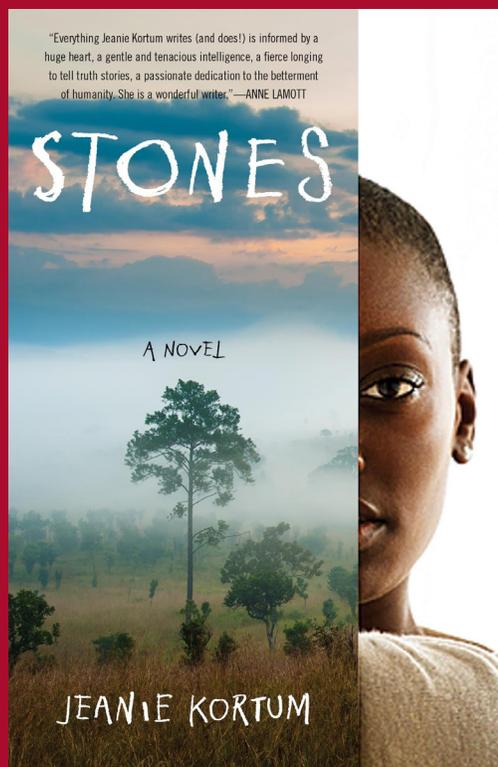
Perched on the edge of San Francisco, Lakeside College is experiencing an identity crisis. John Gudewill is recruited as president to save the college from possible closure—but he is flummoxed at every turn. The faculty, led by secretive English professor Eliot Blanc, is determined to unionize. The alumni want Lakeside to return to its former status as a women-only college. Meanwhile, Sister Magdalena, the college's infamous artist, is waging war against corporate America through her art, and the students are engaging in their own warfare through sit-ins and protests. With the college besieged on all sides, what is its new president to do?

A hilarious spoof of academic intrigue, *Slipsliding by the Bay* mirrors the societal turmoil and follies of the seventies.

ABOUT THE AUTHOR:

A lifelong writer, Barbara McDonald has had poetry published in anthologies and magazines and spent several summers at the Community of Writers at Squaw Valley, where she worked on *Slipsliding by the Bay*. She held various positions at Lone Mountain College in San Francisco before it closed: adjunct faculty, director of institutional service, editor and writer, and alumni director. After being a stringer for local papers and managing editor of a magazine, she worked at Dominican University as director of facilities. North American Review commissioned her to write an article on Lone Mountain, its progression and demise. She currently teaches Critical Thinking at the Marin County Jail.

JULY 2017



Publication Date: July 18, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 e-book

6 x 9

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-180-5

E-ISBN: 978-1-63152-181-2

“Everything Jeanie Kortum writes (and does!) is informed by a huge heart, a gentle and tenacious intelligence, a fierce longing to tell truth stories, a passionate dedication to the betterment of humanity. She is a wonderful writer.”

—Anne Lamott

STONES

A NOVEL

JEANIE KORTUM

DESCRIPTION:

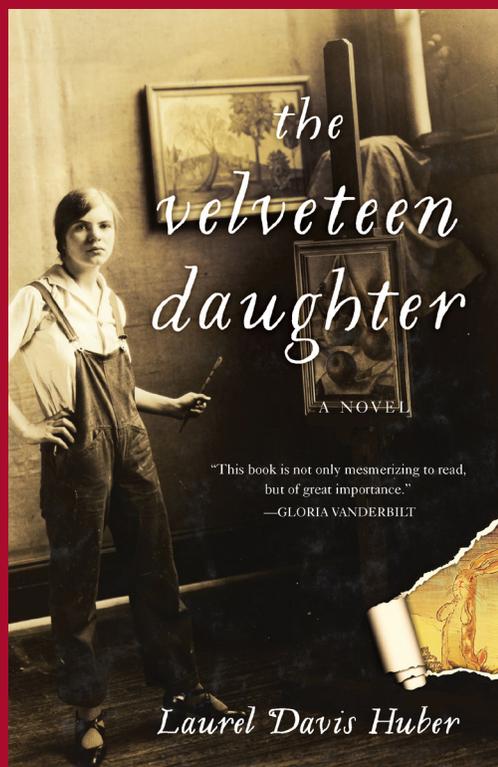
A master’s degree student in narrative anthropology, Emily has examined her own roots—but only through an academic lens. All this changes, however, when she comes home to Africa and reconnects with her family’s tribe and its mystical prophecies. Sent on an assignment to embed herself with the last living members of this ancient tribe living the old way deep in the forest, Emily attempts to keep an academic distance even as the people she’s there to observe insist that she is the one they’ve been waiting for, and that it is her destiny to find a stone tablet made thousands of years before Christ and lead the tribe into the future. But resisting her call for change are the women in her village—who worship a secret goddess who advocates female genital mutilation as a symbol of true purity—as well as a police chief with an agenda all his own.

Soon, Emily is swept into the ultimate battle of opposing minds, souls, and bodies—one that could determine the future not just of her tribe but women everywhere.

ABOUT THE AUTHOR:

Jeanie Kortum is an award-winning author, journalist, and humanitarian. Her philanthropic work has been widely recognized by a long list of awards, including the Jefferson Award, the San Francisco Foundation’s Community Award, the Commission on Women Making History Award, the Espiritu Award from the Isabel Allende Foundation, and the 2006 Lifetime Achievement Award from the San Francisco Urban Research Association. She has been the subject of two CBS national news profiles and rights to her life story have been sold to Warner Brothers. Kortum’s award-winning first novel, *Ghost Vision*, is loosely based on her experiences living at the top of the world in a Greenland village. She researched *Stones* by living with a hunter/gatherer tribe in Africa, during which time she witnessed a clitoridectomy. This experience compelled her to bring awareness to female genital mutilation (FGM) and assistance to young women forced to undergo the procedures. Kortum lives with her husband and adopted son in Northern California and Ireland.

JULY 2017



Publication Date: July 27, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-192-8

E-ISBN: 978-1-63152-193-5

“Luminous prose . . . an unforgettable sojourn into the lives of early 20th-century artists . . . fast-paced and difficult to put down . . . brilliant.”

—Kirkus Reviews

“*The Velveteen Daughter* seamlessly weaves fiction into reality and reality into fiction, quickly merging to become one truth that vividly reveals Bianco’s secret heart. This book is not only mesmerizing to read but of great importance, bringing Pamela Bianco as an artist to find her rightful place in the history of art.”

—Gloria Vanderbilt

THE VELVETEEN DAUGHTER

A NOVEL

LAUREL DAVIS HUBER

DESCRIPTION:

The Velveteen Daughter reveals for the first time the true story of two remarkable women: Margery Williams Bianco, the author of one of the most beloved children’s books of all time—*The Velveteen Rabbit*—and her daughter Pamela, a world-renowned child prodigy artist whose fame at one time greatly eclipses her mother’s. But celebrity at such an early age exacts a great toll. Pamela’s dreams elude her as she struggles with severe depressions, an overbearing father, an obsessive love affair, and a spectacularly misguided marriage. Throughout, her life raft is her mother.

The glamorous art world of Europe and New York in the early 20th century and a supporting cast of luminaries—Eugene O’Neill and his wife Agnes (Margery’s niece), Pablo Picasso, Gertrude Vanderbilt Whitney, and Richard Hughes, author of *A High Wind in Jamaica*—provide a vivid backdrop to the Biancos’ story. From the opening pages, the novel will captivate readers with its multifaceted and illuminating observations on art, family, and the consequences of genius touched by madness.

ABOUT THE AUTHOR:

Laurel Davis Huber grew up in Rhode Island and Oklahoma. She is a graduate of Smith College. She has worked as a corporate newsletter editor, communications director for a botanical garden, high school English teacher, and senior development officer for both New Canaan Country School and Amherst College. She has studied with the novelist and short-story writer Leslie Pietrzyk (the 2015 Drue Heinz Literature Prize winner for *This Angel on My Chest*), and has participated in several writing residencies at the Vermont Studio Center. She now lives in New Jersey with her husband.

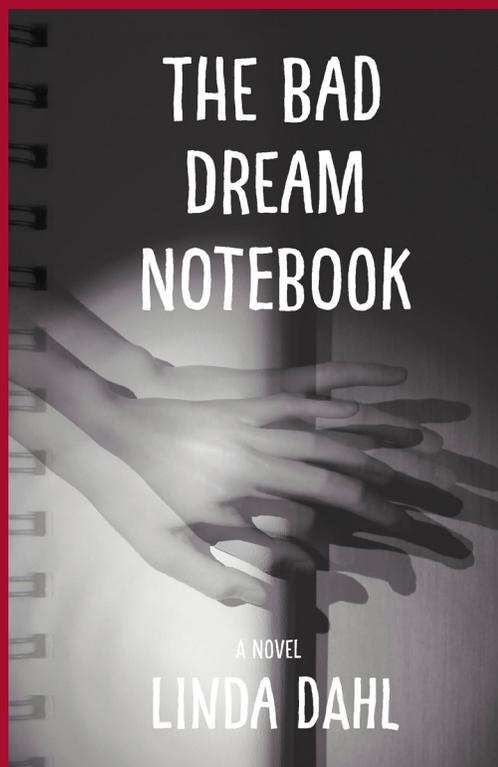
AWARDS:

2017 IPPY Awards: Best First Book- Fiction, Silver Medal

A top-down view of a cozy autumn scene. On the left, a thick, yellow, textured knit sweater is draped over a dark wooden surface. A single red maple leaf is tucked into the sweater. In the center, an open notebook with blank white pages lies flat. Two pressed maple leaves are placed on the right page: one is a large, light-brown leaf, and the other is a smaller, vibrant red leaf. In the bottom right corner, a white ceramic mug filled with dark brown tea sits on the wooden surface. Another large, orange-brown maple leaf is partially visible next to the mug. The overall composition is warm and inviting, capturing the essence of the fall season.

Fall
2017

AUGUST 2017



Publication Date: August 1, 2017

Collections: Fiction

Price: \$16.95 paperback/\$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-294-9

E-ISBN: 978-1-63152-295-6

THE BAD DREAM NOTEBOOK

A NOVEL

LINDA DAHL

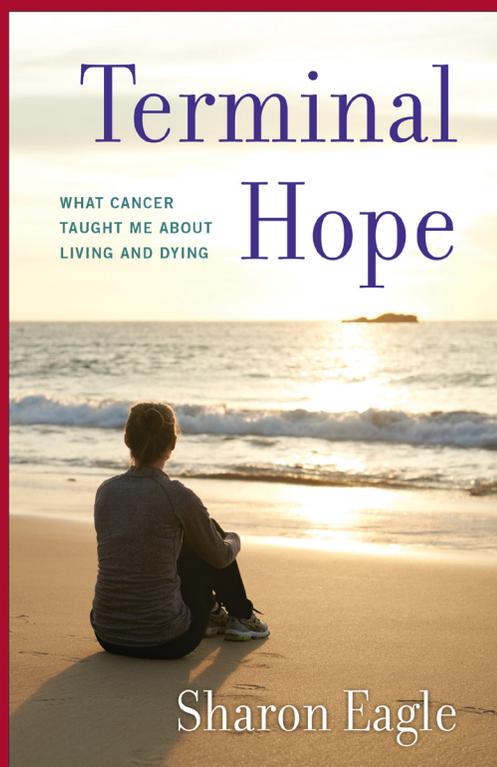
DESCRIPTION:

John and Erica Mason-Grey are hard-working artists and loving parents—but when John dies, their teenage daughter Mona’s casual drug use spirals into heroin addiction. She and her mother soon begin an anguished game of hide-and-seek that leads to countless arguments, arrests, thefts, rehabs, and relapse, a recurring nightmare that seems to have no end. Ultimately, it’s only when each of them finds a way to accept their new reality—Mona by taking charge of her own recovery, and Erica by focusing on her own vitality—that each experiences the unexpected joy and renewal that await those who decide to stop living in the bad dream of addiction. Unflinching about the ways the disease of addiction can torpedo a family yet leavened with dollops of humor, *The Bad Dream Notebook* will resonate with anyone who has lived through the agony of a loved one’s drug dependency.

ABOUT THE AUTHOR:

Linda Dahl is the award-winning author of seven previous books of both fiction and non-fiction. She writes about challenging personalities and difficult issues, reflecting her interests in the arts and addiction and recovery. She has two children and lots of animals and lives in an old farmhouse in upstate New York, where she serves with several organizations that work to educate young people about and help them recover from drug use dependency.

AUGUST 2017



Publication Date: August 1, 2017

Collections: Memoir, Self-Help

Price: \$16.95 paperback/ \$9.95 e-book

5.5 x 8.5

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-288-8

E-ISBN: 978-1-63152-289-5

TERMINAL HOPE

**WHAT CANCER TAUGHT ME ABOUT
LIVING AND DYING**

SHARON EAGLE

DESCRIPTION:

How can anyone feel hopeful after learning she is fatally ill? Sharon Eagle seeks to answer that very question in *Terminal Hope*, which chronicles her experience with stage 4 lung cancer. After receiving her diagnosis, Eagle, a longtime nurse and educator, understands immediately that her cancer will probably kill her. What she can't foresee is the remarkable wisdom she gains from the spiritual and emotional quest her diagnosis sparks. As she navigates the land of cancer, seeking new purpose and meaning, Eagle discovers that her illness has a great deal to teach her. Among many other lessons, cancer inspires her to examine her own faith journey, rebuild relationships, and reconsider patient-caregiver communication and support. Above all, she uncovers compelling evidence for her belief that death is not the end but rather merely a transition to something even better. A moving memoir about the power of positivity, gratitude, and faith, *Terminal Hope* offers a new perspective for people of all belief systems.

ABOUT THE AUTHOR:

Sharon Eagle and her five siblings were raised in the beautiful Willamette Valley in western Oregon. After high school, Eagle left home to attend college in southern Idaho but withdrew during her second year, feeling unsure of her life goals. Over the next ten years, she relocated to central Washington, married, and had three children. She began her nursing career working the night shift at the town's only hospital. She discovered her love of teaching when students from the local nursing program came to the hospital for their clinical rotations. That inspired her to earn a master's degree that would qualify her to teach nursing on a full-time basis. During the last several years of her career, she authored a number of healthcare textbooks. Her career, which lasted a total of twenty-four years, ended prematurely when she was diagnosed with lung cancer. Eagle is a mother of three and a grandmother of eight (including twins) and, when time and energy permit, loves to read and quilt.

AUGUST 2017

PARENT DELETED

[dih-leet id]
verb
to eliminate especially by blocking out, cutting out, or erasing

A Mother's Fight for Her Right to Parent

MICHELLE DARNÉ

Publication Date: August 8, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

5.25 x 8

Distributed by Ingram Publisher Services

Print ISBN: 978-1-63152-282-6

E-ISBN: 978-1-63152-283-3

“Michelle Darné’s enthralling and heartbreaking story presents the raw truth of what it is like to be the target of another parent’s alienating behaviors. Her experience reflects that of millions of other parents who are blamed for what is happening to them, and for whom there is no relief. It takes great courage to share such a story, and Darné is to be commended for her courage to do so.”

—Jennifer J. Harman, PhD, Associate Professor of Psychology at Colorado State University and author of *Parents Acting Badly: How Societies and Institutions Promote the Alienation of Children from their Loving Families*

PARENT DELETED

A MEMOIR

MICHELLE DARNÉ

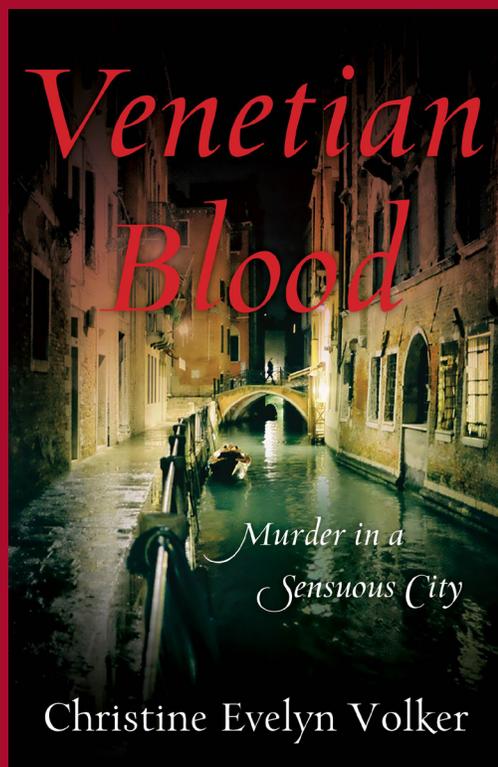
DESCRIPTION:

An acclaimed spokesperson for equality at the helm of *And Baby*, a pioneer magazine, radio show, and TV series on alternative parenting, Michelle Darné found herself at once callously erased from the lives of her children and silenced by the law. *Parent Deleted* is a gripping tale of one non-biological, lesbian mother’s fight for her children—an intimate, infuriating, and infectious story of perseverance, sacrifice, and hope in the face of debilitating adversity. And it is a courageous, disturbing, and necessary exposé of a likely emergent social justice frontier: the rights of all children to be with their parents, whether they are biologically linked, straight, gay, prepared or knocked up, perfect spouses or fallible ones.

ABOUT THE AUTHOR:

Michelle Darné has been a prominent figure in the fashion, advertising, marketing, publishing, and entertainment industries for more than thirty years. In 2000, she bet on a market nobody believed existed when she decided to publish *And Baby Magazine: Redefining Modern Parenting*, which became the pioneer national magazine to focus on alternative parenting. Within a few years, *And Baby* became a radio show with 7 million listeners, and then a TV series followed by 35 million homes through Time Warner Cable. In 2005, the National Gay & Lesbian Chamber of Commerce (NGLCC) named Darné the inaugural Entrepreneur of the Year. She is currently CEO and Executive Producer of Patina Entertainment, a digital media company providing quality content for underserved niche markets. To amplify the impact she aims to have through *Parent Deleted*, she also recently joined the board of *Erasing Family*, a documentary on family bond obstruction, and founded Simply Parent, a nonprofit dedicated to forging a society where good parenting is protected in all its diverse genesis, forms, and colors.

AUGUST 2017



Publication Date: August 8, 2017
Collections: Fiction, Mystery
Price: \$16.95 paperback/ \$9.95 e-book
Distributed by Ingram Publisher Services
5.5 x 8.5
Print ISBN: 978-1-63152-310-6
E-ISBN: 978-1-63152-311-3

“With lush language, Volker transports us to Venice, Italy, and the murder of Count Sergio Corrin. From the opening pages, we are swept up by language, intrigue, and a tantalizing mystery. Volker reaffirms the abiding adage: describe a world well enough and the reader is fully contained in it.”

—Nina Schuyler, author of the award-winning book *The Translator*

VENETIAN BLOOD

MURDER IN A SENSUOUS CITY

CHRISTINE EVELYN VOLKER

DESCRIPTION:

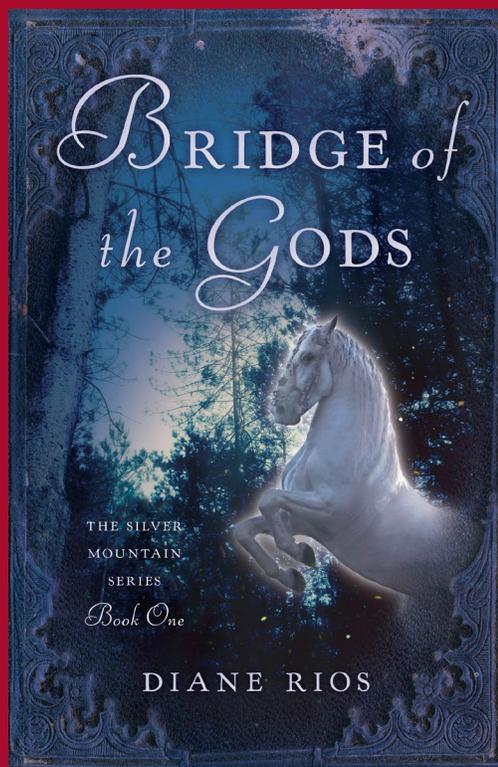
Struggling to forget a crumbling marriage, forty-year-old Anna Lucia Lottol comes to Venice to visit an old friend—but instead of finding solace, she is dragged into the police station and accused of murdering a money-laundering count with whom she had a brief affair. A US Treasury officer with brains and athleticism, Anna fights to clear her name in a seductive city full of watery illusions. As she works to pry information from a cast of recalcitrant characters sometimes denying what she sees and hears, she succeeds in unleashing a powerful foe bent on destroying her. Will she save herself and vanquish her enemies, including her darkest fears?

A mysterious tapestry of murder, betrayal, and family, *Venetian Blood* is a story of one woman’s brave quest for the truth —before it’s too late.

ABOUT THE AUTHOR:

Christine Evelyn Volker became intrigued by foreign cultures at an early age, which propelled her to study Spanish, German, and Italian. After pursuing an MLS and an MBA, she was drawn to international banking and became a senior vice president at a global financial institution. Her career brought her to Italy, where she immersed herself in the language and made frequent visits to Venice. *Venetian Blood* marks a return to her roots in the humanities. A native New Yorker, she resides with her husband in Richmond, California, where she heads a local library nonprofit organization and writes about environmental sustainability. She is currently at work on her second international mystery, this one set in the rainforest of Peru.

AUGUST 2017



Publication Date: August 15, 2017

Collections: Children's Fiction, Tween Fiction, Teen Fiction

Price: \$14.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-244-4

E-ISBN: 978-1-63152-245-1

“Diane Rios is as gifted a storyteller as she is an artist. Her tales harken back to a bygone era while still feeling both relevant and fresh.”

—Gayle Forman, author of *If I Stay* and *Leave Me*

BRIDGE OF THE GODS

THE SILVER MOUNTAIN SERIES: BOOK ONE

DIANE RIOS

DESCRIPTION:

Twelve-year-old Chloe Ashton is an only child living in the remote wilderness of Oregon. She spends her days happily exploring the forests around her home, and is astonished to find the animals seem to know her, to follow her, and even try to speak to her. When a family tragedy results in Chloe's abduction and sale to the vagabonds, she is taken deeper into the woods, and finds out just how much the animals know. Set at a time when technology is first touching the West, there is an evil rising in the land. The country is under attack, and all creatures, man and beast, must hide. The old legends speak of an ancient, natural magic deep within the mountains and rivers, and as Chloe struggles to survive, she finds that it still exists deep within the forests. Friendship can be found even in the darkest of places, and it doesn't always come in human form. *Bridge of the Gods* is a novel for all ages about the magical power of nature, and of finding friendship in the darkest of places.

ABOUT THE AUTHOR:

Diane Rios lives in Portland Oregon with her husband, Greg, and rescued dog, Faye. Her passion for the forests and coastline of Oregon stem from her own childhood spent living in the woods with her artisan parents. Real-life Oregon places mix with fantasy in her debut novel *Bridge of the Gods*, Book One in the Silver Mountain Series. Diane has been published as illustrator for Gayle Forman's 2006 travel diary *You Can't Get There from Here* on Rodale Press, and wrote and illustrated the whimsical picture book about a dog who wants to be a photographer in *Dizzy's Dream*, available on Blurb.com. A long time writer and blogger, Rios worked for three years at Powell's Books in downtown Portland, where she "greatly increased her personal collection of middle readers" and was inspired to write this series.

AUGUST 2017

**FINDING MY
BADASS SELF**

— A YEAR OF —
TRUTHS AND DARES



SHERRY STANFA-STANLEY

Publication Date: August 15, 2017

Collections: Memoir, Humor

Price: \$14.59 paperback / \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-290-1

E-ISBN: 978-1-63152-291-8

“Kiss your comfort zone good-bye! Sherry Stanfa-Stanley challenges herself on the eve of her fifty-second birthday to shake up the status quo of a middle-age life. In fifty-two chapters, you can live vicariously or, better yet, get motivated to get out there. Stanfa-Stanley is funny, real, maybe a little crazy, and totally wonderful.”

—Betsy Lerner, author of *The Bridge Ladies*
and *The Forest for the Trees*

FINDING MY BADASS SELF

A YEAR OF TRUTHS AND DARES

SHERRY STANFA-STANLEY

DESCRIPTION:

Fighting midlife inertia, Sherry Stanfa-Stanley chose to stare down fear through The 52/52 Project: a year of weekly new experiences designed to push her far outside her comfort zone. These ranged from visiting a nude beach with her seventy-five-year-old mother in tow to taking a road trip with her ex-husband—and then another one with his girlfriend. She also went on a raid with a vice squad and SWAT team, exfoliated a rhinoceros (inadvertently giving him an erection), and crashed a wedding (where she accidentally caught the bouquet). While finding her courage in the most unlikely of circumstances, Sherry ultimately found herself.

For midlifers, fatigued parents, and anyone who may be discontent with their life and looking to shake things up, try new things, or just escape, *Finding My Badass Self* is proof it's never too late to reinvent yourself—and that the best bucket list of all may be an unbucket list.

ABOUT THE AUTHOR:

Sherry Stanfa-Stanley is a writer, humorist, and squeamish adventurer. She writes about her midlife escapades and other topics on Face-book (The 52 at 52 Project) and also blogs at www.sherrystanfa-stanley.com. By day, Sherry attempts to respectably represent her alma mater as a communication director at The University of Toledo. An empty nester after raising Son #1 and Son #2, she now indulges a menagerie of badly behaved pets.

AUGUST 2017

Living a
Spiritual Life
in a
Material
World

Four Keys to
Fulfillment and Balance

Anna Gatmon, PhD

Publication Date: August 15, 2017

Collections: Spiritual, Self-Help

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.25 x 8

Print ISBN: 978-1-63152-256-7

E-ISBN: 978-1-63152-257-4

LIVING A SPIRITUAL LIFE IN A MATERIAL WORLD

FOUR KEYS TO FULFILLMENT AND BALANCE

ANNA GATMON, PHD

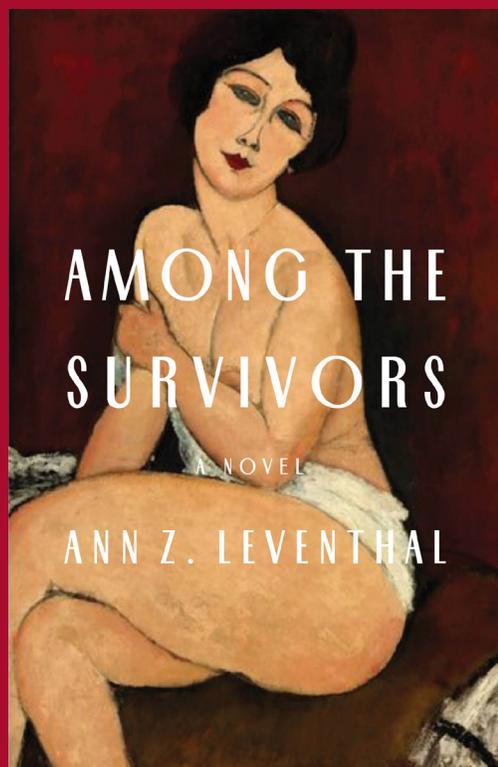
DESCRIPTION:

Living a Spiritual Life in a Material World offers an unconventional approach to the spiritual-material split so prevalent in our culture. In these pages, Dr. Anna Gatmon demystifies the all-too-often elusive nature of spirituality and brings it down to earth, providing a concrete road map to living a life that is spiritually fulfilling without having to give up material pleasures. Weaving stories from her personal life with insights and testimonials from her doctoral research, Gatmon offers four keys to improve intuitive decision making, empowering readers to become their own spiritual guide and live a spiritually meaningful life while staying fully engaged in daily material living.

ABOUT THE AUTHOR:

Anna Gatmon, PhD comes from a multicultural background that spans the US, Sweden, Israel, and France. Her diverse professional background includes a career as a fashion model in Europe and the US., founding an alternative elementary school based on an original holistic educational model, home-schooling her two sons, and leading workshops and performing individual work with clients in Israel, Europe, and the US. Her eclectic cultural experiences and rich life journey have given her a deep understanding of people's daily struggles and insights into ways of transcending individual and cultural suffering. She holds a doctoral degree in Transformative Learning from the California Institute for Integral Studies and lives with her family in Sonoma County, California.

AUGUST 2017



Publication Date: August 22, 2017

Collections: Fiction

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-236-9

E-ISBN: 978-1-63152-237-6

“Ann Z. Leventhal’s *Among the Survivors* is a rarity: a novel that fuses a modern Cinderella tale to an intriguing Holocaust mystery. The result is a unique hybrid, the likes of which I’ve never read before.”

—Wally Lamb, author of *She’s Come Undone* and *I’ll Take You There*

AMONG THE SURVIVORS

A NOVEL

ANN Z. LEVENTHAL

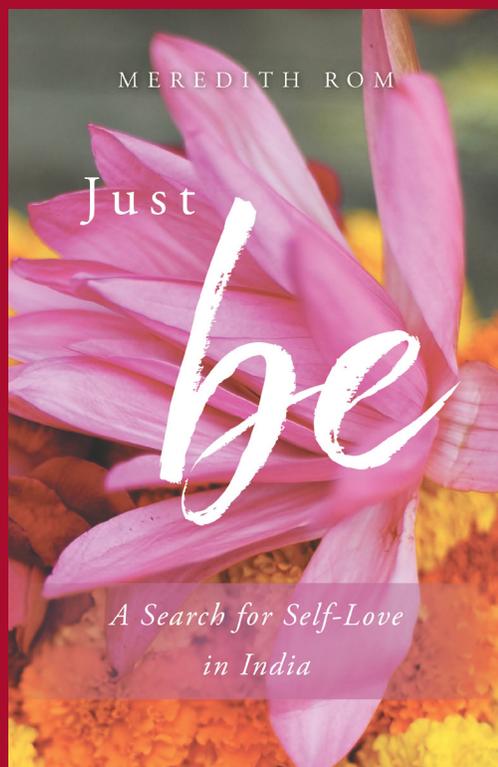
DESCRIPTION:

Though twenty-one-year-old Karla Most manages to bag Saxton Perry, a virtual prince thirty years her senior, she has no idea how to live happily ever after, with or without him. Karla cannot get past her anger at having been deceived by her single, now-dead mother, Mutti, who—supposedly a “Holocaust victim,” complete with tattooed numbers—was in fact a German Christian who got into the United States by falsifying her background. So what does that make her daughter? Before she can answer that question, Karla must track down the actual story of her own existence.

ABOUT THE AUTHOR:

Ann Z. Leventhal is the author of *Life-lines*, a novel about a wife who runs away with her husband’s mistress. Her short stories, articles, poems, and reviews have appeared in *Vignettes*, *The Georgia Review*, *Prairie Schooner*, *Christopher Street*, *The New York Times Book Review*, and *Publishers Weekly*.

AUGUST 2017



Publication Date: August 22, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-286-4

E-ISBN: 978-1-63152-287-1

“Rom’s self-searching leads to India, where she meets gurus and lovers and makes inroads into the wilderness of her deepest heart. Her story inspires me to question my own habits of being. She says ‘yes!’ to life, with all its mysterious and unexpected turnings. This is a courageous adventure and love story.”

—Lindsay Fleming, contributing writer at the *Baltimore Fishbowl*

JUST BE

A SEARCH FOR SELF-LOVE IN INDIA

MEREDITH ROM

DESCRIPTION:

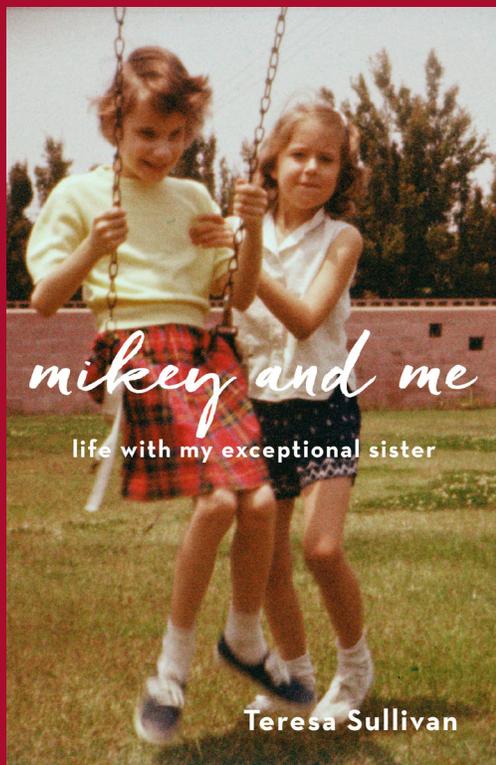
Meredith Rom thought her life was set to follow the usual trajectory of her classmates in New York—graduate from high school with honors, go to a prestigious university, and begin a career working nine to five—until those expectations were promptly halted by the unforeseen turn in the economic market and high unemployment rates. Following an unpleasant breakup, with no job offers in sight, Rom chose a new course: to follow her intuition across the country to San Francisco and, soon after, halfway around the world to India.

This coming-of-age memoir takes you inside the ashrams of gurus and sages of the Far East, where Rom learns to seek happiness within rather than from external achievements and circumstances. Her courageous adventure leads her to heal her heart and believe in the magical happenstance of the universe, along the way discovering the true meaning of acceptance and forgiveness and, ultimately, finding an unshakable love and trust within herself.

ABOUT THE AUTHOR:

Meredith Rom is a yoga teacher, women’s leadership coach, and host of the *Rising Women Leaders* podcast. She believes that when a woman creates a foundation of love within and for herself, she is granted the freedom to live beyond her fear, take bigger leaps, and truly share her greatest gifts with the world. After graduating from NYU in 2010, Rom followed her intuition to Northern California, where she now teaches yoga and mentors women to rise in courage, self-love, and feminine leadership. Find her at www.meredithrom.com and on Instagram: @meredithrom.

AUGUST 2017



Publication Date: August 29, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-270-3

E-ISBN: 978-1-63152-271-0

“Teresa Sullivan has written a moving and important account of life with an autistic sibling. She reminds those of us who live every day with the challenge of supporting and assisting a profoundly autistic adult that we are not alone.”

—Karl Taro Greenfield, author of *Boy Alone*

MIKEY AND ME

LIFE WITH MY EXCEPTIONAL SISTER

TERESA SULLIVAN

DESCRIPTION:

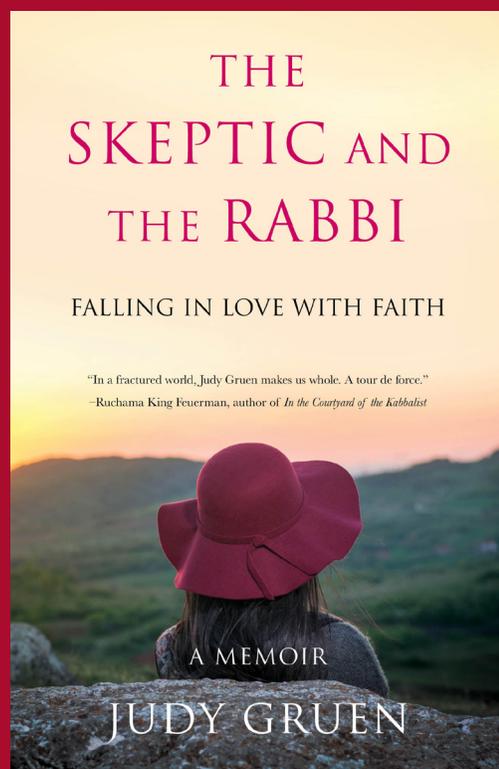
A riveting memoir about growing up as the typical sibling in a family of four, *Mikey and Me* is Teresa Sullivan’s tribute to her beloved sister, Mikey, who is blind and developmentally disabled.

As Mikey gets older, her behavior becomes increasingly dangerous; when she is twelve, institutionalization is the family’s only option. Without the unifying purpose of caring for Mikey, the family begins to unravel. Seeking comfort and connection, Teresa navigates the border between the mainstream and 1960s counterculture. Soon, however, peace and love morph into a darker world where drugs and addiction prevail—but Teresa and her parents always come together to visit Mikey.

ABOUT THE AUTHOR:

Teresa Sullivan is retired RN, hospital administrator and clinician with twenty-plus years of experience in psychiatry and addiction medicine. She lives with her three rescued dogs, Danny, Maya, and Kate, in her hometown, Santa Monica, California.

SEPTEMBER 2017



Publication Date: September 5, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-302-1

E-ISBN: 978-1-63152-303-8

“Judy Gruen writes with down-to-earth warmth and humor about her personal spiritual journey. As she navigates family, friendship, love, loss, parenting, and community, you will root for her like you would cheer on a new best friend—someone who you just know somehow cares for and understands you, too.”

—Lori Palatnik, founding director of the Jewish Women’s Renaissance Project

THE SKEPTIC AND THE RABBI

FALLING IN LOVE WITH FAITH

JUDY GRUEN

DESCRIPTION:

As Judy Gruen walked down the aisle and into her Orthodox Jewish future, her bouquet quivered in her shaky hand. Having grown up in the zeitgeist that proclaimed, “If it feels good, do it,” was she really ready to live the life of “rituals, rules, and restraints” that the Torah prescribed? *The Skeptic and the Rabbi* is a rare memoir with historical depth, spirituality, and intelligent humor. Gruen speaks with refreshing honesty about what it means to remain authentic to yourself while charting a new yet ancient spiritual path at odds with the surrounding culture, and writes touchingly about her family, including her two sets of grandparents, who influenced her in wildly opposite ways. As she navigates her new life with the man she loves and the faith she also loves—surviving several awkward moments, including when the rabbi calls to tell her that she accidentally served unkosher food to her Shabbat guests—Gruen brings the reader right along for the ride. Reading this wry, bold, and compelling memoir, you’ll laugh, you’ll cry, and when you’re finished, you may also have a sudden craving for chicken matzo ball soup—kosher, of course.

ABOUT THE AUTHOR:

Judy Gruen is the author of several award-winning humor books and coauthor of a book on MBA admissions. She has written for the *Wall Street Journal*, *Chicago Tribune*, *Los Angeles Times*, *Saturday Evening Post*, *American Thinker*, *Boston Globe*, *Chicago Tribune*, *Christian Science Monitor*, *Family Circle*, *Ladies’ Home Journal*, *Los Angeles Times*, *Northwestern*, *Woman’s Day*, and many other media outlets. She has been quoted in *The New York Times* and *Better Homes & Gardens*, and has been a guest on many radio programs. Her writings on Jewish interest and spirituality have been featured on the websites Aish.com and ReadtheSpirit.com, as well as the *Jewish Journal* of Los Angeles and *Jewish Action*. She has also contributed to ten anthologies.

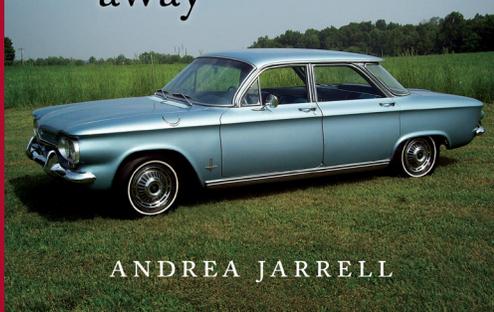
SEPTEMBER 2017

I'm
the
one
who
got
away

"An uncommonly
fine writer . . .
a wonderful debut."

—
DANI SHAPIRO,
author of
Hourglass and
Still Writing

a memoir



Publication Date: September 5, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5 x 8.25

Print ISBN: 978-1-63152-260-4

E-ISBN: 978-1-63152-261-1

"Brave, clear-eyed, compelling and powerful, *I'm the One Who Got Away* is a riveting story of love and survival. Andrea Jarrell is an uncommonly fine writer whose gritty realism is matched by the rigor and elegance of her prose. This is a wonderful debut."

—Dani Shapiro, *Hourglass* and *Still Writing*

I'M THE ONE WHO GOT AWAY

A MEMOIR

ANDREA JARRELL

DESCRIPTION:

When Andrea Jarrell was a girl, her mother often told her of their escape from Jarrell's dangerous, cunning father as if it was a bedtime story. In this real-life *Gilmore Girls* story, mother and daughter develop an unusual bond, complicated by a cautionary tale of sexual desire and betrayal. Once grown, Jarrell thinks she's put that chapter of her life behind her—until a woman she knows is murdered, and she suddenly sees how her mother's captivating story has also held her captive, influencing her choices in lovers and friends.

Set in motion by this murder, Jarrell's compact memoir is about the difficulty that daughters have separating from—while still honoring—their mothers, and about the perils of breaking the hereditary cycle of addiction. It's also about Jarrell's quest to make a successful marriage and family of her own—a journey first chronicled in her "Modern Love" essay for *The New York Times*. Without preaching or prescribing, *I'm the One Who Got Away* is a life-affirming story of having the courage to become both safe enough and vulnerable enough to love and be loved.

ABOUT THE AUTHOR:

Andrea Jarrell has written about relationships, recovery, parenting, self-esteem, yoga, travel, and education for *The New York Times*, *The Washington Post*, *The Christian Science Monitor*, the *Huffington Post*, and many literary and popular magazines and websites. An LA girl who grew up traveling the world thanks to her determined mother, she now lives with her family in suburban Washington, DC.

SEPTEMBER 2017



Publication Date: September 5, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-298-7

E-ISBN: 978-1-63152-299-4

THE FIRST SIGNS OF APRIL

A MEMOIR

MARY-ELIZABETH BRISCOE

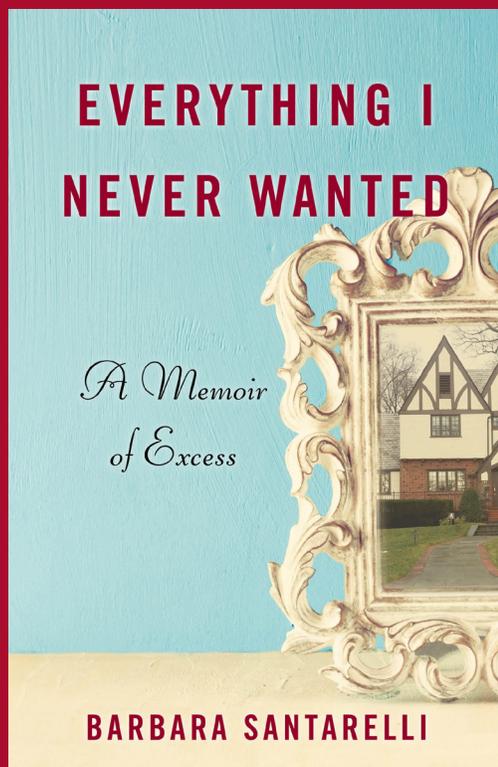
DESCRIPTION:

Wounds fester and spread in the darkness of silence. *The First Signs of April* explores the destructive patterns of unresolved grief and the importance of connection for true healing to occur. The narrative weaves through time to explore grief reactions to two very different losses: suicide and cancer.

ABOUT THE AUTHOR:

Mary-Elizabeth Briscoe, LCMHC, CCTP is a licensed mental health counselor currently on sabbatical from her private psychotherapy practice in northeastern Vermont. After spending a year living on the Dingle Peninsula, Ireland working on her memoir she is currently splitting her time between Cape Cod, Vermont and Ireland. Mary-Elizabeth has a master's degree in clinical mental health counseling from Lesley University and is a licensed clinical mental health counselor and Certified Clinical Trauma Professional. In addition she has worked as a Lecturer for Springfield College School of Professional and Continuing Studies St. Johnsbury, Vt. Campus. She is a regular contributor to *Cape Women Online* and *Sweatpants & Coffee magazine*. Mary-Elizabeth loves riding her motorcycle and spending as much time as possible with her dog, Fergus..

SEPTEMBER 2017



Publication Date: September 12, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-258-1

E-ISBN: 978-1-63152-259-8

EVERYTHING I NEVER WANTED

A MEMOIR OF EXCESS

BARBARA SANTARELLI

DESCRIPTION:

Life in a middle-class Italian American-Catholic neighborhood in the 1950s Bronx is not supposed to include divorce, Judaism, classical music, political discourse, or poverty in the social construct. So, in the absence of friends, young Barbara takes comfort in the minutiae, the small details available to her in her everyday life that seem to be overlooked by others. But that appreciation for the inanimate world leads her on a path to the acquisition of objects and a quest for identity that dominates her choices—from her marriage and family life to her constant striving for more and more. Barbara's chosen nursing career offers validation and some affirmation, but falls short of providing her what's most elusive—self-esteem—until finally, at age fifty, she abruptly abandons her conventional role of mother, wife, nurse, and neighbor to attempt a 300-mile bike ride from Boston to New York. Poorly prepared, she takes only what she needs to flee her life, and a fierce determination that finally allows her to discover her place in the world—and to find true belonging.

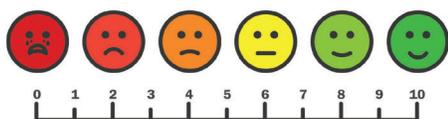
ABOUT THE AUTHOR:

Barbara Santarelli, RN, BS, HCA, has been an employed nurse for more than four decades and an elementary school nurse for the past twenty-five years. She's authored articles about sex education for teens, and she credits her long and varied nursing career to her cryptic sense of humor and persistent optimism. Twice married (currently to husband Nick), Santarelli is a mother, grandmother, avid reader, and cyclist who considers Stella, her nine-pound Dachsund, and Celeste, her road bike, to be members of her extended family.

SEPTEMBER 2017

Negatively *Ever After*

A SKEPTIC'S
GUIDE to FINDING
HAPPINESS



Deanna K. Willmon

Publication Date: September 12, 2017

Collections: Self-Help

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-312-0

E-ISBN: 978-1-63152-313-7

NEGATIVELY EVER AFTER

A SKEPTIC'S GUIDE TO FINDING HAPPINESS

DEANNA K. WILLMON

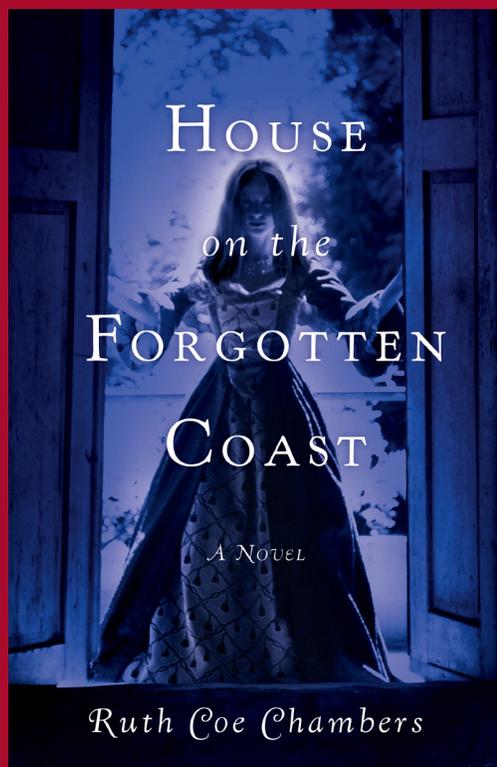
DESCRIPTION:

Fed up with happiness gurus telling you that you can't be happy unless you get rid of all of your negativity? Sick of all those perky Positive Pollys receiving all the happiness glory? *Negatively Ever After* will provide the guidance you need to find happiness without the impossible task of eradicating negativity from your life. This book debunks the popular misconception that being positive and being happy are synonymous. Using a simple "Happiness Bank" analogy, the author shares her research, experiences, and missteps in discovering that negativity is not the enemy. From achieving self-adoration and learning what gratitude truly means to determining whether sharing happiness is really a good idea, this book explains how to develop "Negativity Wisdom" in order to embrace and effectively utilize your inherent negative tendencies. Realistic and accessible, *Negatively Ever After* will help you harness your negativity and find your own inner happiness.

ABOUT THE AUTHOR:

Deanna Willmon graduated from the University of Nevada, Las Vegas (UNLV) with a bachelor's degree in interdisciplinary social science. A Las Vegas native, she still resides in her hometown with her spouse and two children, both of whom should be finishing their university studies and leaving the nest. Any. Day. Now. Willmon's professional career has primarily been spent in management and administration, striving to better organize and help make others' professional lives more tolerable. Her weekends are spent playing board games, reading, writing short stories, and working on her first novel. Despite a (somewhat) irrational fear of the Internet, she can be found on her blog and lurking on most social media sites. She also occasionally creates items for the happy negativist and those who love them in the online store Slap Happy Sundries.

SEPTEMBER 2017



Publication Date: September 19, 2017

Collections: Fiction

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-300-7

E-ISBN: 978-1-63152-301-4

THE HOUSE ON THE FORGOTTEN COAST

A NOVEL

RUTH COE CHAMBERS

DESCRIPTION:

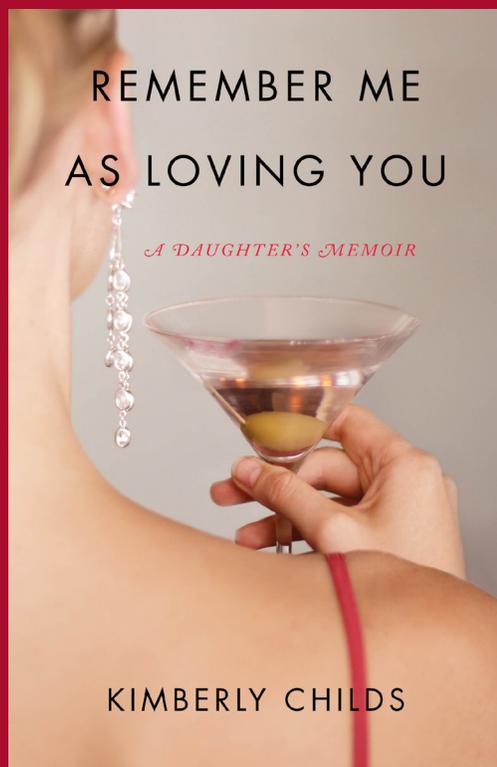
Secrets, lies, and murder haunt *The House on the Forgotten Coast*, a magical novel set in Apalachicola, Florida in the late 1980s.

The novel begins with the beautiful Annelise Lovett Morgan, who, powerless in the face of her southern heritage, is forced to marry the mature Coulton Morgan instead of the young man who has captured her heart, artistic Seth Mitchell. But seventeen-year-old Annelise dies on her wedding day in 1879, never to live in the remarkable house built as a wedding gift from her father—and her story ends there, until Elise Foster's parents buy the historic house in 1987. When this happens, the house becomes a portal whereby Annelise and Elise, two young women from very different centuries, meet to solve a murder that occurred 100 years earlier.

ABOUT THE AUTHOR:

Ruth Coe Chambers received formal training in creative writing at the University of South Florida, following years of writing as a journey to make sense of a life that was often confusing and contradictory. She has been published in numerous anthologies, journals, and magazines, including *Dolls Remembered*, an anthology by Donna Dries Christensen; *Water's Edge* magazine; and *Chicken Soup for the Coffee Lover's Soul*. Chambers has been interviewed on the radio in Pittsburgh, PA and on TV in Memphis, TN, both in connection with her novel, *The Chinaberry Album*. Her novel *Heat Lightning* was a finalist at the 2008 First Coast Writers' Festival Novel Contest.

SEPTEMBER 2017



Publication Date: September 19, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-157-7

E-ISBN: 978-1-63152-158-4

“Kimberly Childs’s book is a rich read—a poignant, occasionally harrowing, but ultimately redemptive account of a life of longing, and not just that of the author but all of us to some degree. It speaks eloquently of how we are often defined by the empty places in our lives, the missing pieces, and presents a compelling and compassionate portrait of the gulf that often exists between how we want life to be and how it actually is, between our reach and our grasp. I offer Childs—and her book—a high-five for courage and stoutheartedness.”

—Gregg Levoy, author of *Vital Signs: Discovering and Sustaining Your Passion for Life and Callings: Finding and Following an Authentic Life*

REMEMBER ME AS LOVING YOU

A DAUGHTER’S MEMOIR

KIMBERLY CHILDS

DESCRIPTION:

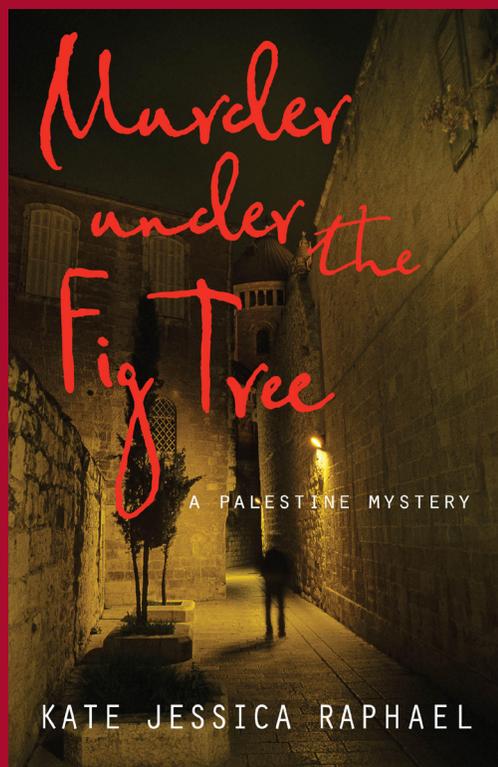
In this colorful memoir, Kimberly Childs quests for the love and home her glamorous, alcoholic mother is unable to provide. Jeanne Gibson is a mountain woman with unusual charisma—a real-life Holly GoLightly—who marries Broadway’s meanest producer, David Merrick, and proceeds to self-destruct. Bounced from place to place, Childs grows up in Lady Eden’s English boarding school, London’s prestigious Savoy Hotel, a Kentucky farm with an outhouse, a Manhattan private girls’ school, and amidst Broadway’s theaters.

Seeking connection on the streets and in the communes of 1960s San Francisco, Childs discovers serenity through meditation and the Dances of Universal Peace. Aspiring for transformation, she finds home in an Indian guru’s ashram—then realizes she must trust her own instincts and courageously walks away. A touching story of compassion and forgiveness, *Remember Me As Loving You* is a compelling read that will be an inspiration to anyone who has found themselves betrayed by the people they love.

ABOUT THE AUTHOR:

Kimberly Child graduated from Adelphi University with a master’s degree in social work. She has worked as a psychotherapist and fiber artist, and is a former small business owner. She lives in Asheville, North Carolina with her husband and dog.

SEPTEMBER 2017



Publication Date: September 19, 2017

Collections: Fiction, Mystery

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-274-1

E-ISBN: 978-1-63152-275-8

“One of the best mysteries I’ve read in a long time . . . Kate Raphael writes great women characters and does a fantastic job of portraying the realities of Palestinian life as background to a gripping story.”

—Starhawk, best-selling author of *The Fifth Sacred Thing* and *The Spiral Dance*

MURDER UNDER THE FIG TREE

A PALESTINE MYSTERY

KATE JESSICA RAPHAEL

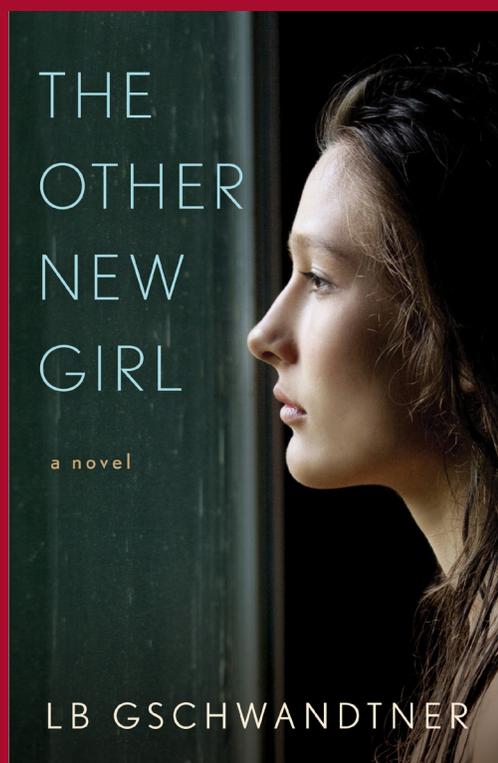
DESCRIPTION:

Hamas has taken power in Palestine, and the Israeli government is rounding up threats. When Palestinian policewoman Rania Bakara finds herself thrown in prison, though she has never been part of Hamas, her friend Chloe flies in from San Francisco to get her out. Chloe begs an Israeli policeman named Benny for help—and Benny offers Rania a way out: investigate the death of a young man in a village near her own. The young man’s neighbors believe the Israeli army killed him; Benny believes his death might not have been so honorable. Initially, Rania refuses; she has no interest in helping the Israelis. But she is released anyway, and returns home to find herself without a job and suspected of being a traitor. Searching for redemption, she launches an investigation into the young man’s death that draws her into a Palestinian gay scene she never knew existed. With Chloe and her Palestinian Australian lover as guides, Rania explores a Jerusalem gay bar, meets with a lesbian support group, and plunges deep into the victim’s world, forcing her to question her beliefs about love, justice, and cultural identity.

ABOUT THE AUTHOR:

Kate Raphael is a San Francisco Bay Area writer, feminist, queer activist, and radio journalist who makes her living as a law firm word processor. She lived in Palestine for eighteen months as a member of the International Women’s Peace Service. She spent over a month in Israeli prison and was eventually deported because of her activism. She has won a residency at Hedgebrook and been a grand marshal of the San Francisco LGBT Pride Parade. She produces the weekly radio show *Women’s Magazine* on Pacifica’s KPFA, which is heard throughout Northern and Central California. Her debut Palestine mystery, *Murder Under the Bridge*, won the 2016 International Publisher Book Awards (IPPY) Silver Medal for Mystery.

SEPTEMBER 2017



Publication Date: September 26, 2017

Collections: Women's Fiction

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-306-9

E-ISBN: 978-1-63152-307-6

“The ingredients of this dark and disturbing coming-of-age novel include adolescent cruelty, religious hypocrisy, and the sadder-but-wiser perspective of the adult who dares to look back. I was riveted.”

**—Wally Lamb, *New York Times*
best-selling author**

THE OTHER NEW GIRL

A NOVEL

LB GSCHWANDTNER

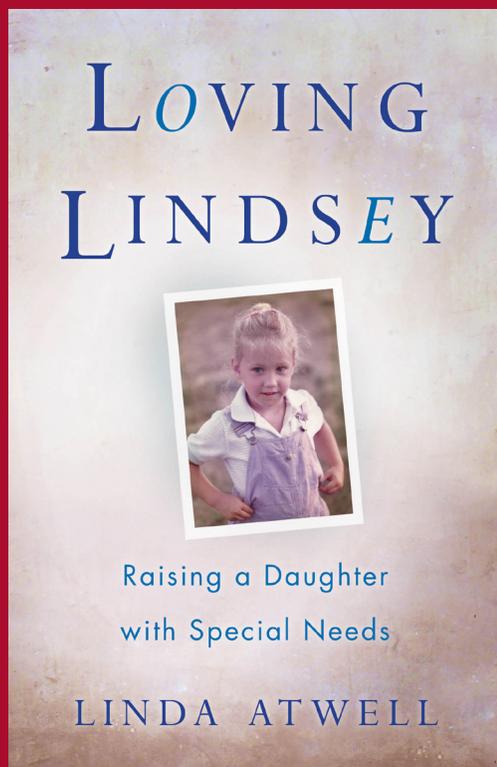
DESCRIPTION:

During her first week at coed Quaker prep Foxhall School, sassy Susannah Greenwood, one of two girls who've entered as sophomores, gets pulled into the cool girls' clique. While the school is instructing her in the moral and ethical tenets of the Quaker faith, the cool girls allow her to enter their world beyond the rule book—but in trying to find a balance between idealistic faith and the reality of a competitive system, Susannah runs afoul of the school's most authoritarian dean and befriends the only other new sophomore, a brainy, socially inept outcast. Then her new friend runs away after being shamed by the dean, and Susannah finds herself caught between the two forces of loyalty and authority: Should she cooperate with the unforgiving, and now vulnerable, dean, who, with her job on the line, is pleading for information from her about her runaway friend? Or should she keep the secret she's sworn to protect?

ABOUT THE AUTHOR:

LB Gschwandtner is the author of four adult novels, one middle grade novel, and one collection of quirky short stories. She has attended numerous fiction writing workshops—the Iowa Writers Workshop and others—and studied with Wally Lamb, Lary Bloom, and Suzanne Levine in Praiano, Italy and Fred Leebron and Bob Bausch in the US. She has won awards in *Writers Digest* and Lorian Hemingway fiction competitions and been published in literary digests and magazines. She lives on a tidal creek in Virginia with her husband of forty-five years, with whom she cofounded the multimedia company Selling Power Inc. LB has been the editor of *Selling Power* magazine for more than thirty years. She and her husband have three adult daughters and two grandchildren.

SEPTEMBER 2017



Publication Date: September 26, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-280-2

E-ISBN: 978-1-63152-281-9

“Linda Atwell is a beacon of light in her book about the richness of raising a daughter with special needs. Lindsey stories are woven into the midst of Atwell’s own very full life, and she truly tells it like it is. She shares her experiences through the lenses of love, humor, and the human condition.”

—Diana Dolan Mattick, Special Education Teacher and Learning Specialist

LOVING LINDSEY

RAISING A DAUGHTER WITH SPECIAL NEEDS

LINDA ATWELL

DESCRIPTION:

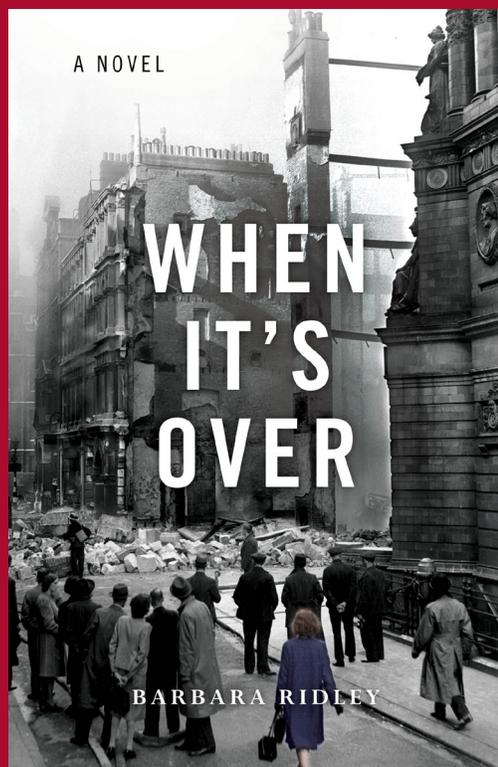
Linda Atwell and her strong-willed daughter, Lindsey—a high-functioning young adult with intellectual disabilities—have always had a complicated relationship. But when Lindsey graduates from Silverton High School at nineteen and gets a job at Goodwill, she also moves into a newly remodeled cottage in her parents’ backyard—and Linda believes that all their difficult times may finally be behind them.

Life, however, proves not to be so simple. As Lindsey plunges into adulthood, she experiments with sex, considers a tubal ligation, and at twenty quits Goodwill and runs away with Emmett, a man more than twice her age. As Lindsey grows closer to Emmett, she slips further away from her family—but Linda, determined to save her daughter, refuses to give up. A touching memoir with unexpected moments of joy and humor, *Loving Lindsey* is a story about independence, rescue, resilience, and, most of all, love.

ABOUT THE AUTHOR:

Linda Atwell lives in Silverton, Oregon with her husband, John. They have two incredible adult children. Linda earned her BA from George Fox College, but it is her entrepreneurial and adventuresome spirits that have inspired her career goals. She owned a successful home décor business for ten years before switching to adjusting catastrophe insurance claims and climbing roofs for a living. Now she writes. Her award-winning work has appeared in print and online magazines. She irregularly writes a blog about her daughter with special needs. Atwell is happiest traveling the world and hopes to get fifty stamps in her passport before it expires.

SEPTEMBER 2017



Publication Date: September 26, 2017

Collections: Historical Fiction

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-296-3

E-ISBN: 978-1-63152-297-0

“Lena’s beautifully developed character, Ridley’s commanding sense of place, and a well-drawn supporting cast bring this intricate historical fiction vividly to life.”

—Barbara Stark-Nemon, author of *Even in Darkness*

WHEN IT'S OVER

A NOVEL

BARBARA RIDLEY

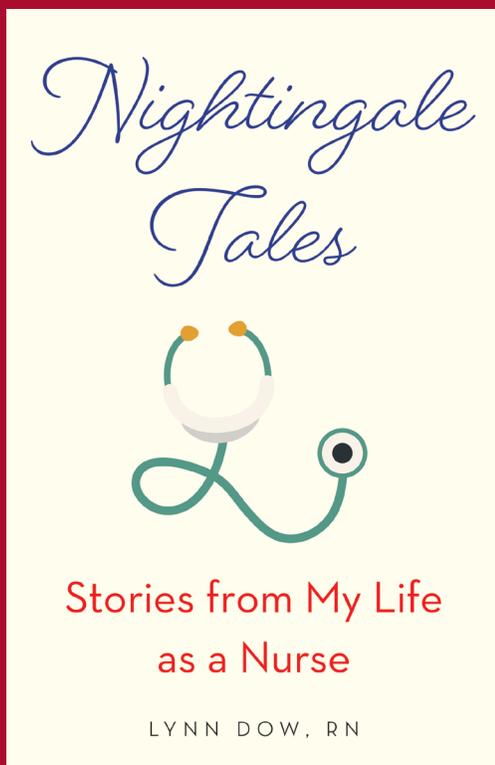
DESCRIPTION:

Coming of age in Prague in the 1930s, Lena Kulkova is inspired by the left-wing activists who resist the rise of fascism. She meets Otto, a refugee from Hitler's Germany, and follows him to Paris to work for the Republican side in the Spanish Civil War. As the war in Spain ends and a far greater war engulfs the continent, Lena gets stuck in Paris with no news from her Jewish family, including her beloved baby sister, left behind in Nazi-occupied Czechoslovakia. Otto, meanwhile, has fled to a village in England; he urges Lena to join him, but she can't obtain a visa. When Lena and Otto are finally reunited, the safe haven Lena has hoped for doesn't last long. Their relationship becomes strained, and Lena is torn between her loyalty to Otto and her growing attraction to Milton, the son of the eccentric Lady of the Manor. As the war continues, she yearns to be reunited with her sister, while Milton is preoccupied with the political turmoil that leads to the landslide defeat of Churchill in the 1945 election. Based on a true story, *When It's Over* is a moving, resonant, and timely read about the lives of war refugees, dramatic political changes, and the importance of family, love, and hope.

ABOUT THE AUTHOR:

Barbara Ridley was raised in England but has lived in California for more than thirty years. After a successful career as a nurse practitioner, which included publication in numerous professional journals, she is now focused on creative writing. Her work has appeared in literary journals, such as *The Writers Workshop Review*, *Still Crazy*, *Ars Medica*, *The Copperfield Review*, and *BLYNK.T*. This is her first novel. Ridley lives in the San Francisco Bay Area with her partner and her dog, and has one adult daughter, of whom she is immensely proud. Find her online at www.barbararidley.com.

OCTOBER 2017



Publication Date: October 3, 2017

Collections: Non-Fiction

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-276-5

E-ISBN: 978-1-63152-277-2

"I'm a doctor and I know that nursing is key to medicine, maybe even at its core. And in Lynn Dow's *Nightingale Tales* we get to find out from a modest, spunky, liquor-enjoying old nurse what it was like to be a nurse during the past half century. Her tales are short, well-told, and of the good, the bad, and the ugly."

—Victoria Sweet, MD, author of *God's Hotel: A Doctor, a Hospital, and a Pilgrimage to the Heart of Medicine*

NIGHTINGALE TALES

STORIES FROM MY LIFE AS A NURSE

LYNN DOW, RN

DESCRIPTION:

In the 1950s, nurses served as handmaidens to the physician; by the start of the new millennium, they had become admired independent practitioners.

Nightingale Tales is a peek into that transition, as told by a nurse who lived it. Each chapter is a stand-alone story depicting the ridiculous mores nurses have been subjected to over the years, the archaic equipment they've had to struggle with, and the changes in the profession, brought about by time, the feminist movement, and advances in technology. Told with humor and compassion, the stories of *Nightingale Tales* provides an unusual—and highly entertaining—window into the world of medicine from the mid-twentieth century to the present.

ABOUT THE AUTHOR:

Lynn Dow is a registered nurse who spent fifty years in the profession in a variety of positions—staff nurse, head nurse, teacher, and mentor—at large medical centers on both the East and West Coasts. Now retired, she has finally found the time to write about her experiences. She lives with her husband in San Francisco.

OCTOBER 2017



Publication Date: October 3, 2017

Collections: Fiction, LGBTQ

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-284-0

E-ISBN: 978-1-63152-285-7

SWEARING OFF STARS

A NOVEL

DANIELLE WONG

DESCRIPTION:

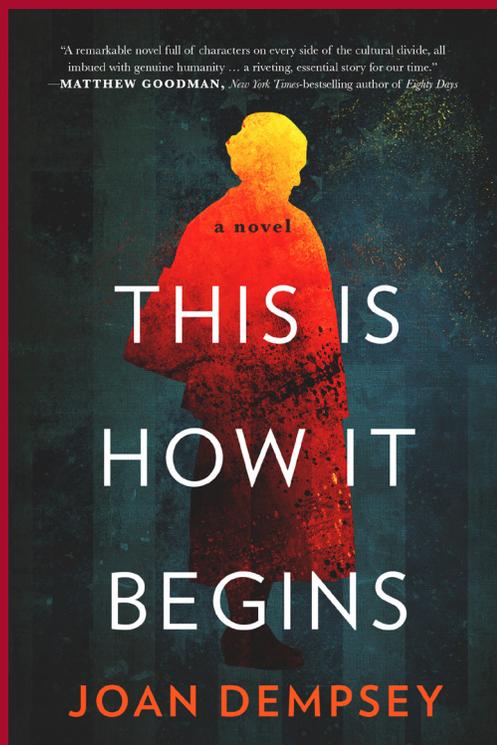
Amelia Cole—Lia for short—is one of the first women studying abroad at Oxford University in the 1920s. Finally free from her overbearing Brooklyn parents, she finds a welcome sense of independence in British college life—and quickly falls for Scarlett Daniels, an aspiring actress and hardheaded protester. Scarlett introduces her to an exciting gender-equality movement, but when their secret love clashes with political uprising, their relationship is one of the casualties.

Years later, Lia's only memories of Scarlett are obscured by the glossy billboards she sees advertising the actress's new films. But when a mysterious letter surfaces, she is immediately thrown back into their unsettled romance, and she crosses oceans and continents in her search for her former lover. Lia will stop at nothing to win Scarlett back—but ultimately, spread across time and place, she begins to realize that uncovering lost love might not be attainable after all.

ABOUT THE AUTHOR:

Danielle Wong is a California native living on the East Coast. Writer by day and reader by night, she loves creating and consuming all forms of media. She tagged along on her dad's business trips during childhood, and in doing so explored more than twenty-five different countries, including Egypt, China, and England. Seeing so much of the world at a young age rendered her a travel addict and photography junkie. Her writing has been published in print and online publications, including the *Huffington Post*, *USA Today*, and *Her Campus*. Wong is currently earning an MFA while working on her next novel.

OCTOBER 2017



Publication Date: October 3, 2017

Collections: Fiction

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.25 x 8

Print ISBN: 978-1-63152-308-3

E-ISBN: 978-1-63152-309-0

"In this remarkable novel, Joan Dempsey brings together contemporary America and Holocaust-era Warsaw to tell a riveting tale of family secrets, civil rights, and the persistence of memory.

Here are pastors and politicians, teachers and activists, historians and spies—all of them, on every side of the cultural divide, imbued with genuine humanity. *This Is How It Begins* is an essential story for our time."

—Matthew Goodman, *New York Times* best-selling author of *Eighty Days: Nellie Bly and Elizabeth Bisland's History-Making Race Around the World*

THIS IS HOW IT BEGINS

A NOVEL

JOAN DEMPSEY

DESCRIPTION:

In 2009, eighty-five-year-old art professor Ludka Zeilonka gets drawn into a political firestorm when her grandson, Tommy, is among a group of gay Massachusetts teachers fired for allegedly silencing Christian kids in high school classrooms. The ensuing battle to reinstate the teachers raises the specter of Ludka's World War II past—a past she's spent a lifetime trying to forget.

Radio host Warren Meck has been leading the Massachusetts campaign to root out anti-religious bias in public schools—but he believes in working respectfully within the political system, so he's alarmed and offended when his efforts are undermined by someone inciting violent action. Even worse, he fears the culprit is among his inner circle.

As Ludka's influential family defends Tommy under increasingly vicious conditions, a stranger with connections to her past shows up and threatens to expose her for illegally hoarding a valuable painting presumed stolen by the Nazis. Compulsively readable, *This Is How It Begins* is a timely novel about free speech, the importance of empathy, and the bitter consequences of long-buried secrets.

ABOUT THE AUTHOR:

New England native Joan Dempsey received an MFA and teaching certificate in creative writing from Antioch University, Los Angeles. Her writing has been published in *The Adirondack Review*, *Alligator Juniper*, *Obsidian: Literature of the African Diaspora*, and *Plenitude Magazine*, and aired on NPR. Dempsey was the recipient of a significant research grant from the Elizabeth George Foundation for her work on *This Is How It Begins*. She lives in Maine with her partner and their family of animals. Find her online at www.joandempsey.com.

OCTOBER 2017

Hug Everyone You Know

A Year of COMMUNITY,
COURAGE, *and* CANCER



Antoinette Truglio Martin

Publication Date: October 3, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-262-8

E-ISBN: 978-1-63152-263-5

“This is a great story: inventive, informative, and irresistibly readable. Quite an accomplishment when the subject is cancer. Brava.”

—Odette Heideman, Editor, *Epiphany Magazine*

HUG EVERYONE YOU KNOW

A YEAR OF COMMUNITY, COURAGE,
AND CANCER

ANTOINETTE TRUGLIO MARTIN

DESCRIPTION:

Antoinette Martin believed herself to be a healthy and sturdy woman—that is, until she received a Stage 1 breast cancer diagnosis. Cancer is scary enough for the brave, but for a wimp like Martin, it was downright terrifying. She had to swallow waves of nausea at the thought of her body being poisoned, and she frequently fainted during blood draws and infusions. To add to her terror, cancer suddenly seemed to be all around her. In the months following her diagnosis, a colleague succumbed to cancer, and five of her friends were also diagnosed.

Though tempted, Martin knew she could not hide in bed for ten months. She had a devoted husband, daughters, and a tribe of friends and relations. Along with work responsibilities, there were graduations, anniversaries, and roller derby bouts to attend, not to mention a house to sell and a summer of beach-bumming to enjoy. In order to harness support without scaring herself or anyone else, she journaled her experiences and began to e-mail the people who loved her—the people she called *My Everyone*—keeping them informed and reminding all to “hug everyone you know” at every opportunity. Reading the responses became her calming strategy. Ultimately, with the help of her community, Martin found the courage within herself to face cancer with perseverance and humor.

ABOUT THE AUTHOR:

Antoinette Truglio Martin is a speech therapist and special education teacher by training but a writer at heart. She is the author of *Famous Seaweed Soup*, and was a visiting author in schools for several years. She was formerly a regular columnist for *Parent Connection (In A Family Way)* and *Fire Island Tide (Beach Bumming)*. Personal experience essays and excerpts of her memoir have been published in *Bridges* (2014), *Visible Ink* (2015), and *The Southampton Review* (2016). Martin proudly received her MFA in creative writing and literature from Stony Brook Southampton University in 2016. As a stage four breast cancer patient, she does not allow cancer to dictate her life. She lives in her hometown of Sayville with her husband, Matt, and is never far from My Everyone and the beaches she loves.

OCTOBER 2017

BUT MY BRAIN HAD OTHER IDEAS

A Memoir of Recovery
from Brain Injury



DEB BRANDON

Publication Date: October 10, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-246-8

E-ISBN: 978-1-63152-247-5

“It’s impossible to read *But My Brain Had Other Ideas* and not be in awe of this woman’s determination to triumph over her disease. Brandon’s clear-eyed approach to her story will hook you from the first chapter and remind you what it means to live life full-on. Her refusal to be circumscribed by angioma is a reminder of the power of hope in all of our lives.”

—Lee Woodruff, *New York Times* best-selling author and journalist

BUT MY BRAIN HAD OTHER IDEAS

A MEMOIR OF RECOVERY FROM BRAIN INJURY

DEB BRANDON

DESCRIPTION:

When Deb Brandon discovered that cavernous angiomas—tangles of malformed blood vessels in her brain—were behind the terrifying symptoms she’d been experiencing, she underwent one brain surgery. And then another. And then another. And that was just the beginning.

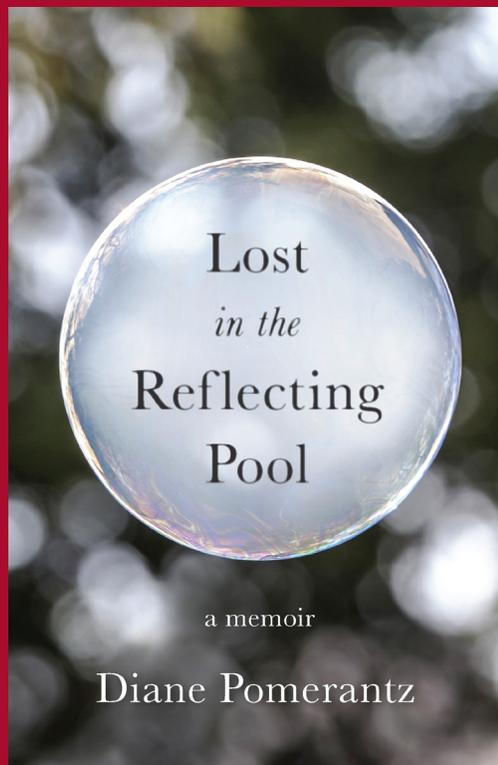
Including an introduction by Connie Lee, Founder and President of the Angioma Alliance, *But My Brain Had Other Ideas* follows Brandon’s story all the way through to long-term recovery, revealing without sugarcoating or sentimentality Brandon’s struggles—and ultimate triumph.

ABOUT THE AUTHOR:

Deborah Brandon, PhD has been a professor in the Mathematical Sciences Department at Carnegie Mellon University since 1991. She has participated nationally and internationally in dragon boating. She is a mother, a writer, and a respected textile artist, as well as a brain injury survivor.

Her essays have appeared in several publications, including *Dragon Boat World International*, *HandEye Magazine*, *Logan Magazine*, *SIAM Journal of Mathematical Analysis*, *Journal of Integral Equations and Applications*, and the *Weave a Real Peace* newsletter, where she has a regular column. Her books include *Birth and Rebirth: Textile Techniques from Around the World*. Brandon is an active blogger and regularly participates in social media platforms, including Facebook, where she discusses brain injury and its impact.

OCTOBER 2017



Publication Date: October 10, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-268-0

E-ISBN: 978-1-63152-269-7

“The emotional journey that is *Lost in the Reflecting Pool* is a story of love and of life, of courage and endurance, made all the more real and relevant by Dr. Pomerantz’s human frailty. She, like the wildflowers in the field, despite their seeming delicacy, somehow finds a way to endure and eventually thrive. Pomerantz rises from her long suffering not as an invulnerable superhero, undaunted and unmarred by all that has occurred, but as an ever more deeply feeling and thoughtful woman, mother, and therapist—and is more beautiful for it.”

—Charles McCormack, MA, MSW, LCSW-C,
author of *Treating Borderline States in Marriage*
and *Hatching Charlie: A Psychotherapist’s Tale*

LOST IN THE REFLECTING POOL

A MEMOIR

DIANE POMERANTZ

DESCRIPTION:

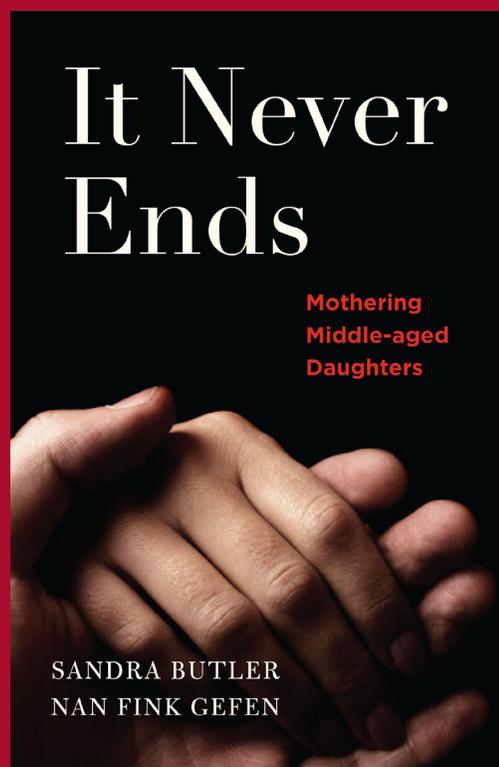
When Diane, a psychologist, falls in love with Charles, a charming and brilliant psychiatrist, there is laughter and flowers—and also darkness. After moving through infertility treatments and the trials of the adoption process as a united front, the couple is ultimately successful in creating a family. As time goes on, however, Charles becomes increasingly critical and controlling, and Diane begins to feel barraged and battered. When she is diagnosed with aggressive breast cancer, Charles is initially there for her, but his attentiveness quickly vanishes and is replaced by withdrawal, anger, and unfathomable sadism. What Diane previously thought were just Charles’s controlling ways are replaced by clear pathologic narcissism and emotional abuse that turns venomous at the very hour of her greatest need.

A memoir and a psychological love story that is at times tender and at times horrifying, *Lost in the Reflecting Pool* is a chronicle of one woman’s struggle to survive within—and ultimately break free of—a relationship with a man incapable of caring about anyone beyond himself.

ABOUT THE AUTHOR:

Dr. Diane Pomerantz is a clinical psychologist who has been in practice working with children, adolescents, and adults in the Baltimore, Maryland area for over thirty-five years. She has done extensive work in the area of trauma and child abuse and research in the area of personality development of abused children. She currently runs Healing Through Writing groups in her practice. She is a breast cancer survivor and has two wonderful grown children. She and her shaggy dog, Rug, live amidst tall trees on the outskirts of Baltimore, Maryland.

OCTOBER 2017



Publication Date: October 10, 2017
Collections: Non-Fiction
Price: \$16.95 paperback/ \$9.95 e-book
Distributed by Ingram Publisher Services
5.5 x 8.5
Print ISBN: 978-1-63152-278-9
E-ISBN: 978-1-63152-279-6

IT NEVER ENDS

MOTHERING MIDDLE-AGED DAUGHTERS

EDITED BY SANDRA BUTLER AND NAN FINK GEFEN

DESCRIPTION:

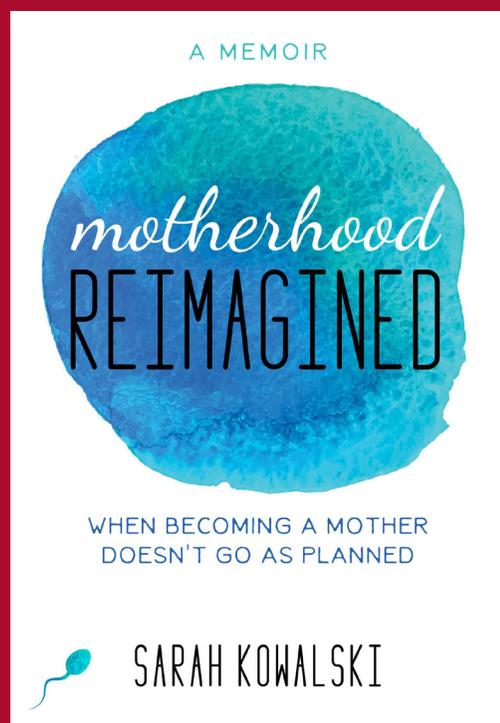
As mothers and daughters age, their relationship shifts and changes in complex and often demanding ways. In *It Never Ends*, women speak openly about the heartaches and satisfactions of mothering midlife daughters, revealing the issues that arise, the ongoing effects of the past on the present, and the varied and often invisible ways in which they continue mothering. Some describe how they silence themselves to avoid their daughters' impatience or disapproval, and how this self-silencing makes them feel unknown and unseen; some struggle with sorrow and guilt about what is missing from the relationship; and still others accept their inevitable limitations, forgive themselves and their daughters for mistakes made, and grow to more fully appreciate their deep bond.

ABOUT THE AUTHOR:

Nan Fink Gefen is the author of *Stranger in the Midst: A Memoir of Spiritual Discovery*, *Discovering Jewish Meditation*, and *Clear Lake: A Novel*, winner of the IndieFab Gold Award for general fiction. After fifteen years in practice as a psychotherapist, she became the cofounding publisher in 1986 of *Tikkun* magazine. In 2007 she founded *Persimmon Tree: An Online Magazine of the Arts by Women Over Sixty*. Nan lives with her husband in Berkeley, CA. Their blended family includes seven children and ten grandchildren.

Sandra Butler is the author of *Conspiracy of Silence: The Trauma of Incest*. Her second book, *Cancer in Two Voices*, coauthored with Barbara Rosenblum, was the winner of the 1991 Lambda Literary Award. She is also the coproducer of the award-winning documentaries *Cancer in Two Voices* and *Ruthie and Connie: Every Room in the House*. She has two middle-aged daughters and a rich community of women friends.

OCTOBER 2017



Publication Date: October 17, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-272-7

E-ISBN: 978-1-63152-273-4

“From the moment we meet Sarah Kowalski, one thing is for sure: nothing will go as planned. But Sarah proceeds with determination, dissolving every physical and emotional barrier that dares stand in her way. This book is a must-read for anyone charting an unconventional path toward parenthood.”

—Cheryl Dumesnil, author of *Love Song for Baby X: How I Stayed (Almost) Sane on the Rocky Road to Parenthood*

MOTHERHOOD REIMAGINED

WHEN BECOMING A MOTHER DOESN'T GO AS PLANNED

SARAH KOWALSKI

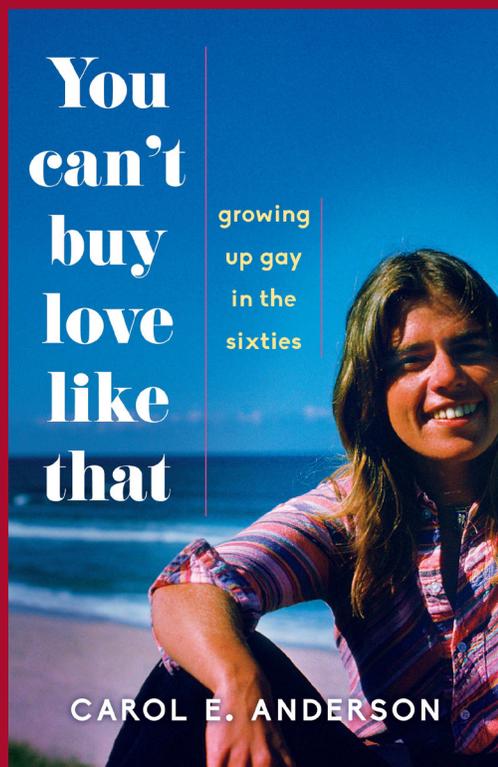
DESCRIPTION:

At the age of thirty-nine, Sarah Kowalski began to realize time was running out to have a baby. After grappling with what it meant to have a baby alone, she eventually realized that she'd always wanted a baby more than anything and decided to use a sperm donor—only to find out she was infertile. Thus began a year of hope and despair in which she fought the diagnosis, refusing to accept her doctor's suggestion that she move on to donor eggs. In the months that followed, Kowalski catapulted herself into a diligent regime of herbs, Qigong, meditation, acupuncture, and more in a futile attempt to improve her egg quality. It was only after facing the dormant self-doubt and self-hatred fueled by her body's inability to conceive that she was able to surrender her previous notions of what it meant to be a mother and embrace a different path to motherhood. A story of personal triumph and unconditional love, *Motherhood Reimagined* reveals what's possible when we are willing to put down the version of motherhood we expected and embrace the unconventional.

ABOUT THE AUTHOR:

Sarah Kowalski, Esq. is a fertility doula, family building coach, postpartum doula, and author, as well as the founder of Motherhood Reimagined. She is a regular contributor to ESME.com, YourTango.com, and ChoiceMoms.org. As a single mother by choice who conceived her son via sperm and egg donors, she is a go-to guide for women who are contemplating single motherhood, having fertility issues, raising donor-conceived children, or navigating life as single mothers. Kowalski has a BA from UC Berkeley, and she graduated magna cum laude from Santa Clara University Law School in 1998. She left the practice of law to pursue her interests in alternative healing and the mind/body connection by becoming a Guild-Certified Feldenkrais Practitioner, Qigong instructor, and Certified Integral Coach.

OCTOBER 2017



Publication Date: October 17, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-314-4

E-ISBN: 978-1-63152-315-1

YOU CAN'T BUY LOVE LIKE THAT

GROWING UP GAY IN THE SIXTIES

CAROL E. ANDERSON

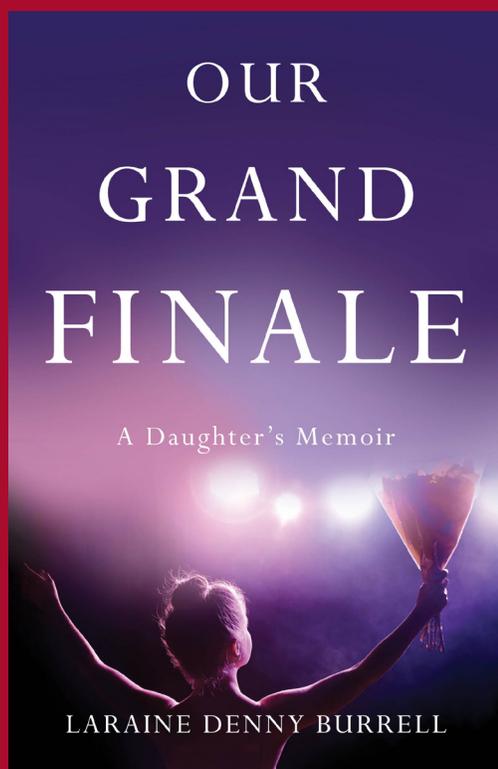
DESCRIPTION:

Carol Anderson grows up in a fundamentalist Christian home in the '60s, a time when being gay was in opposition to all social and religious mores and against the law in most states. Fearing the rejection of her parents, she hides the truth about her love orientation, creating emotional distance from them for years, as she desperately struggles to harness her powerful attractions to women while pursuing false efforts to be with men. The watershed point in Carol's journey comes when she returns to graduate school and discovers the feminist movement, which emboldens her sense of personal power and the freedom to love whom she chooses. But this sense of self-possession comes too late for honesty with her father. His unexpected death before she can tell him the truth brings the full cost of Carol's secret crashing in—compelling her to come out to her mother before it is too late. Candid and poignant, *You Can't Buy Love Like That* reveals the complex invisible dynamics that arise for gay people who are forced to hide their true selves in order to survive—and celebrates the hard-won rewards of finding one's courageous heart and achieving self-acceptance and self-love.

ABOUT THE AUTHOR:

Carol E. Anderson is a life coach and former organizational consultant. She has traveled the world extensively for work and pleasure—most recently to Kenya on a photo safari and to the Democratic Republic of the Congo on a philanthropic mission. She holds a doctorate in spiritual studies and master's degrees in psychology, organizational development, and creative nonfiction. She is the founder of Rebellious Dreamers, an eighteen-year-strong nonprofit organization that helps women over thirty-five realize dreams they'd deferred and women of all ages come into their own. Anderson is the author of the essay "What is it about memoir," published in *Magic of Memoir*, and coauthor of "Deeper Power," published in *Enlightened Power: How Women are Transforming the Practice of Leadership*. This is her first memoir. She lives with the love of her life and their sassy pup in a nature sanctuary in Ann Arbor, MI.

OCTOBER 2017



Publication Date: October 17, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-238-3

E-ISBN: 978-1-63152-239-0

OUR GRAND FINALE

A DAUGHTER'S MEMOIR

LARAIN DENNY BURRELL

DESCRIPTION:

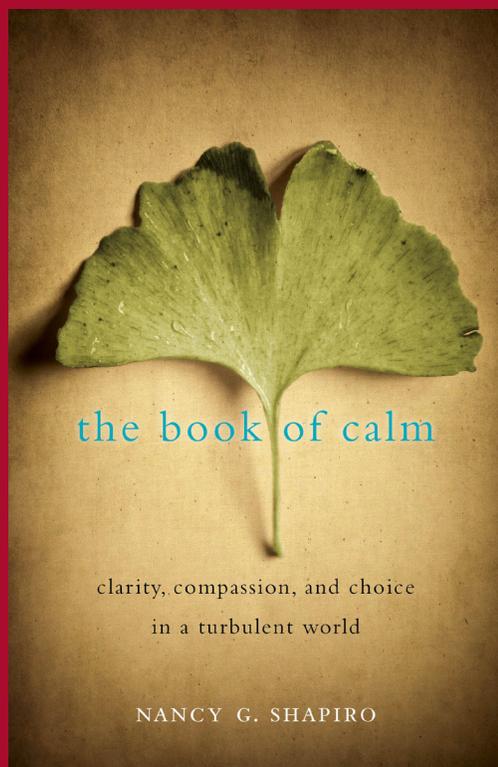
Laraine Burrell gets the call to come back to England from the United States just in time to visit briefly with her father before he passes away. Following his death, she is overcome with grief, feeling that she has squandered the time she had with her father. Instead of staying close, she chose to travel the world and seek her own goals as a young woman, always thinking there would be time later on to tell her dad all the things she wanted to tell him—how much she loved him, and how he was her hero. Now, she realizes, it's too late.

Wanting to do something significant for her father to make up for her neglect, Burrell reflects on the fascinating life her father, a Royal Yachtsman, led—and decides that the one thing she can do for him is to tell his exceptional life story and make sure he is not forgotten. *Our Grand Finale* is the culmination of that effort—an exploration of both the author's and her father's unusual life experiences, and a reminder that "later" doesn't always come.

ABOUT THE AUTHOR:

Laraine Denny Burrell was born and raised in England and at sixteen won a full scholarship to the Royal Academy of Dancing in London, England. Burrell spent many years living and working all over the world as a professional dancer, singer, and actress. Eventually, she moved to the United States to join the cast of what was then the largest stage show in the world, *Hello Hollywood Hello*, at the MGM Grand in Reno, Nevada. After retiring as a performer, she went on to obtain three academic degrees. Burrell currently practices as an intellectual property attorney and litigator for a well-established law firm in Washington State. She has written many law-related articles for legal, trade, and general publications. Her short story "The Perfect Crime" was published in *Woman's World* magazine.

OCTOBER 2017



Publication Date: October 24, 2017

Collections: Self-Help

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-248-2

E-ISBN: 978-1-63152-249-9

“Here is a book as necessary for today as breath. Shapiro is a great storyteller, and guides us out of the dark woods of fear, self-doubt, and powerlessness and into the calm within chaos—huge subjects that she masters in a personal way so the reader can definitely say, “I can do it.”

—Perie Longo, Santa Barbara Poet Laureate (2007-2009), Past President: National Association for Poetry Therapy, and author of *Baggage Claim*

THE BOOK OF CALM

CLARITY, COMPASSION, AND CHOICE
IN A TURBULENT WORLD

NANCY G. SHAPIRO

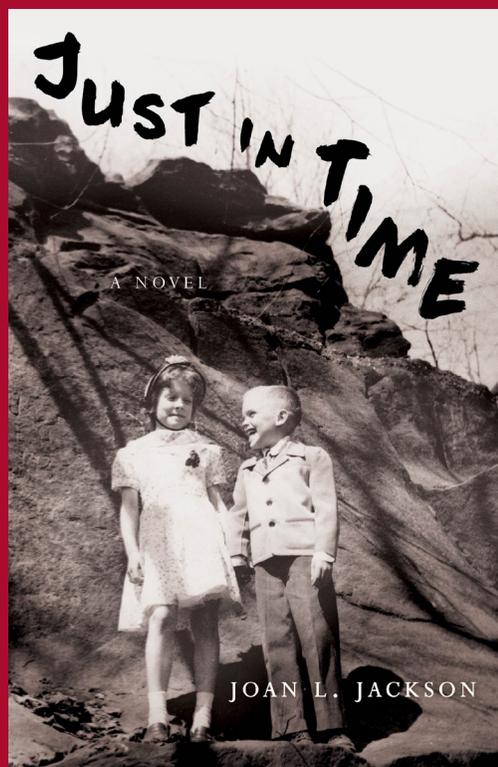
DESCRIPTION:

Using real-life stories, scientific concepts, and awareness tools, *The Book of Calm* challenges the constraints of inevitable change and a turbulent world with a spirited, dynamic stance of clarity, compassion, and choice. Transitions expert Nancy G. Shapiro moves gracefully and deliberately through subjects as diverse as welcoming paradox, fierce self-care, power, and conversation, and the difficult task of connecting with others when faced with our thousand-fold differences—providing convincing evidence for the idea that people stuck in fear or indecision can experience profound insights and break harmful habits when they let go of old beliefs and move into their own wisdom. Inspiring and compelling, *The Book of Calm* supports and inspires readers to reimagine and renew their lives and their place in the world by transforming habitual patterns ingrained in their thoughts, language, and behaviors—one person, one family, one community at a time.

ABOUT THE AUTHOR:

Nancy G. Shapiro advocates calm as a Professional Certified Coach, writer, and workshop leader. She is the author of *The Road to Calm* blog and a master facilitator of writing/well-being workshops held around the world. Her expertise is supporting people through inevitable shifts in their personal and professional lives. She lives and works in San Miguel de Allende, Mexico.

OCTOBER 2017



Publication Date: October 24, 2017

Collections: Fiction

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-264-2

E-ISBN: 978-1-63152-265-9

"I loved it. An honestly told story of a family coping with a situation that they have inherited. So beautifully written. It will resonate with many readers."

—Liz Murphy, former owner of The Learned Owl Book Store, Hudson, OH

JUST IN TIME

A NOVEL

JOAN LINDSTEDT JACKSON

DESCRIPTION:

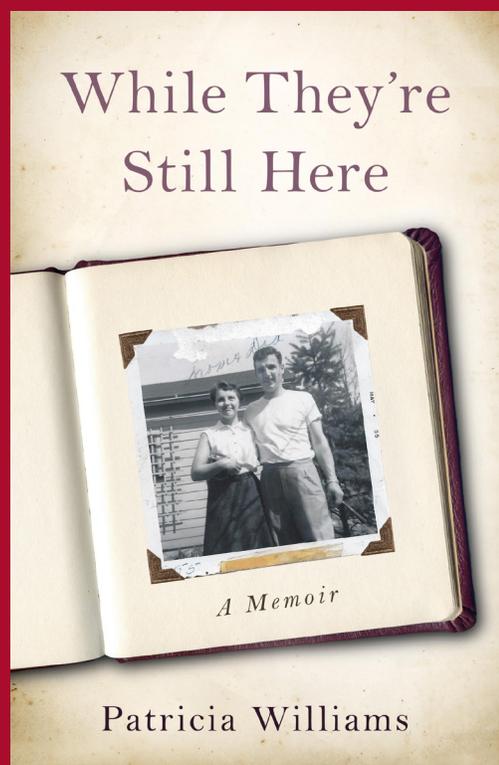
For most of his adult life, the only place he felt at peace was at home in Silver Lake, Ohio with his parents—but after their sudden death, he is left on his own. Eager to help their brother, Steve's siblings, Scott and Sylvia, who both live in Los Angeles, scramble to find someone reliable to live with Steve. The answer to their problem comes in the form of Sylvia's sister-in-law, Nancy, who is desperate to find a place to live; within days, she moves in with Steve.

This is the story of Steve and Nancy, who, as virtual strangers thrown together out of necessity, forge a way to live in fragile harmony. Sometimes dark, sometimes humorous, *Just in Time* is a hopeful, firsthand account of the day-to-day roller coaster of life with a schizophrenic.

ABOUT THE AUTHOR:

Joan Jackson was raised in Ohio. After teaching French for a time, she went on to manage a French-Tahitian export company in Oregon. She is the author of the novel *Voluntary Chaos* and has published several magazine articles and written a collection of short stories. Jackson spends ten weeks annually in her childhood home in Silver Lake, Ohio, caretaking and managing the home for her schizophrenic brother, who lives alone. She and her husband reside in Los Angeles, California.

NOVEMBER 2017



Publication Date: November 7, 2017

Collections: Memoir

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-240-6

E-ISBN: 978-1-63152-241-3

WHILE THEY'RE STILL HERE

A MEMOIR

PATRICIA WILLIAMS

DESCRIPTION:

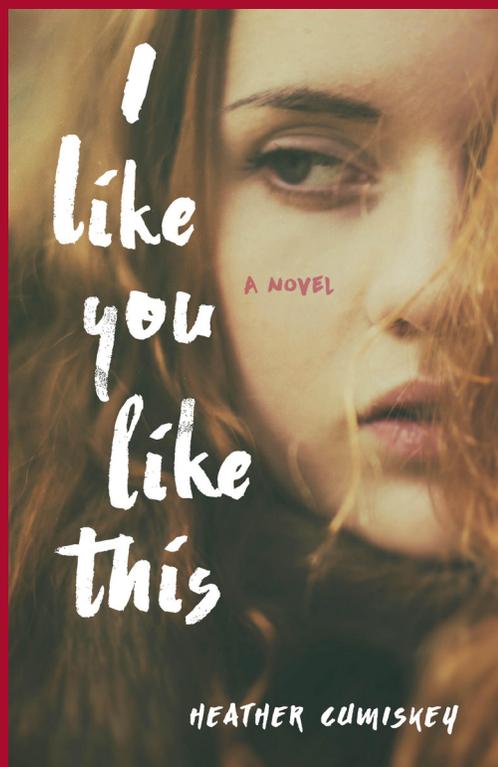
After a lifetime of strained bonds with her aging parents, Patricia Williams finds herself in the unexpected position of being their caregiver and neighbor. As they all begin to navigate this murky battleground, the long-buried issues that have divided their family for decades—alcoholism, infidelity, opposing politics—rear up and demand to be addressed head-on.

Williams answers the call of duty with trepidation at first, confronting the lines between service and servant, guardian and warden, while her parents alternately resist her help and wear her out. But by facing each new struggle with determination, grace, and courage, they ultimately emerge into a dynamic of greater transparency, mutual support, and teachable moments for all. Honest and humorous, graceful and grumbling, *While They're Still Here* is a poignant story about a family that waves the white flag and begins to heal old wounds as they guide each other through the most vulnerable chapter of their lives.

ABOUT THE AUTHOR:

Patricia Williams grew up in Elyria, Ohio surrounded by relatives and friends, then spent a few unforgettable years in Cumberland, Maryland. She is now retired from a long and satisfying career as a dental hygienist and lives in Olympia, Washington, where she has enjoyed gardening, crafting, tracing genealogy, reading, caring for pets, and entertaining visitors on the same parcel of paradise since 1977. She lives with her spouse, Katy Murray. Learn more about Williams at www.patriciawilliamsbook.com.

NOVEMBER 2017



Publication Date: November 7, 2017

Collections: Young Adult Fiction

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-292-5

E-ISBN: 978-1-63152-293-2

#1 New Release in Teen & Young Adult
Drug and Alcohol Abuse Fiction by
Amazon

I LIKE YOU LIKE THIS

A NOVEL

HEATHER CUMISKEY

DESCRIPTION:

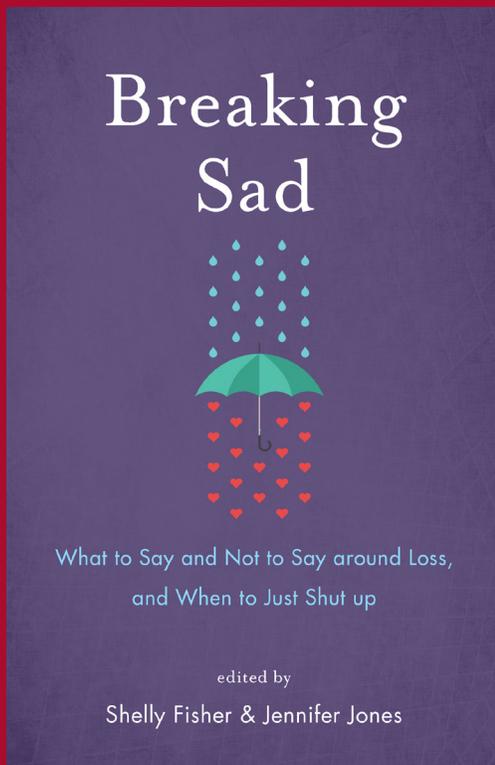
In 1984 Connecticut, sixteen-year-old Hannah Zandana feels cursed: she has wild, uncontrollable hair and a horrid complexion that she compulsively picks, and as if that weren't bad enough, her emotionally unavailable parents mercilessly ridicule her appearance and verbally shame her.

Wanting to change her pathetic life, Hannah attempts to impress a group of popular girls—an ill-fated effort, except that it gets her the attention of Deacon, a handsome and mysterious boy who also happens to be her school's resident drug dealer. Suddenly, Hannah's life takes an unexpected detour into Deacon's dangerous and seductive world—but when her relationship and family unravel around her, she is forced to reexamine what she believes about herself and the people she trusts the most.

ABOUT THE AUTHOR:

Heather Cumiskey is a freelance writer and editor. She studied English at State University of New York at Albany. *I Like You Like This* is her debut novel. She resides in Maryland with her husband and three sons.

NOVEMBER 2017



Publication Date: November 14, 2017

Collections: Self-Help

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-242-0

E-ISBN: 978-1-63152-243-7

BREAKING SAD

WHAT TO SAY AND NOT TO SAY AROUND LOSS, AND WHEN TO JUST SHUT UP

EDITED BY SHELLY FISHER AND JENNIFER JONES

DESCRIPTION:

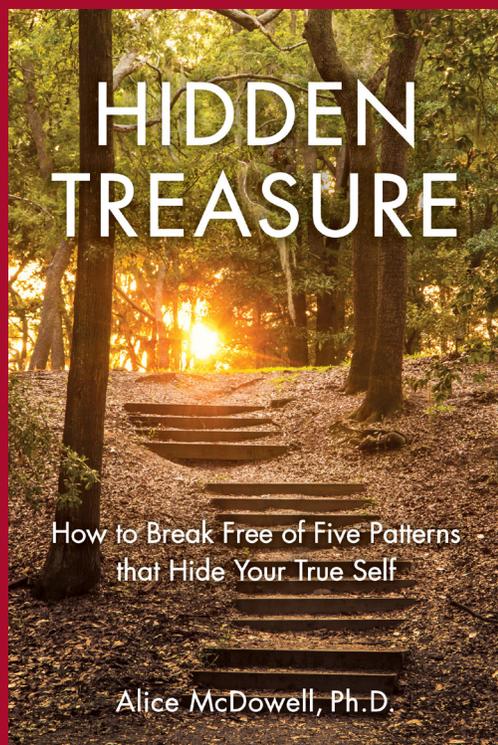
When someone loses someone or something they love, there's no cookie-cutter, one-size-fits-all "fix" that will magically take their pain away. Each person grieves, heals, and processes trials and tribulations differently. In *Breaking Sad*, Shelly Fisher and Jennifer Jones explore everything including the loss of a loved one, the loss of a job, and the loss of health, delving into personal experiences from people on the other side of all of our good intentions to share some insight regarding the questions we're unable to ask: *How do I help? Is it better to say nothing? Should I share what my experience was like?* The pages of this book are lined with real stories and real feedback to those questions and more. Amongst our many differences lies a similar need for understanding, comfort, and support; *Breaking Sad* is the start of the conversation that will get us all to a place where we can offer these things to people when they need it most.

ABOUT THE AUTHORS:

Shelly Fisher is a graduate of Syracuse University's SI Newhouse School of Communications, with a minor in psychology. She also holds a master's degree in education from UNC Chapel Hill. While in Chapel Hill she manned a twenty-four-hour crisis intervention line, laying the foundation for her interest in helping others in need and giving back to the community. She is a Philadelphia native and has led multiple small businesses in the area, along with serving on the boards for several educational and charitable organizations. She has been happily married for over thirty years and has three children, three dogs, and a bird.

Jennifer Jones graduated from Chestnut Hill College in Philadelphia with a BA in communications with a concentration in journalism and professional writing. She spent time in the field during school doing freelance work for local papers and blogs. After college, she found her passion in creative nonfiction, short essays, and songwriting. She and her partner currently reside in Philadelphia, PA.

NOVEMBER 2017



Publication Date: November 14, 2017

Collections: Self-Help

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-304-5

E-ISBN: 978-1-63152-305-2

“Practical, clear, and wise, this book is a precious gift to anyone seeking to understand the patterns that underlie their behavior.”

—Jalaja Bonheim, PhD, author of *The Sacred Ego: Making Peace with Ourselves and Our World*

HIDDEN TREASURE

HOW TO BREAK FREE OF FIVE PATTERNS THAT HIDE YOUR TRUE SELF

ALICE MCDOWELL, PHD

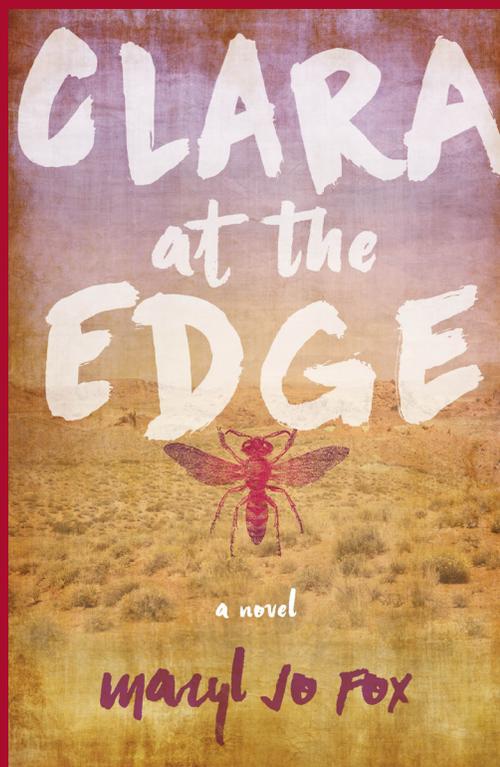
DESCRIPTION:

Do you long to live a more authentic life but feel you might be getting in your own way? In *Hidden Treasure*, author Alice McDowell reveals five personality patterns that cause unnecessary suffering and block individuals from living a full and radiant life. These patterns can be so ingrained that they influence body shape and even who a person thinks they are. Through a series of exercises, compelling true stories, fun cartoons, and spiritual insights, McDowell offers the opportunity to learn about and break free of these patterns, and provides guidelines for readers to join or create a Hidden Treasure group for ongoing exploration. No matter a person's age or background, *Hidden Treasure* can light the way to softening and healing these patterns—and restoring your true self and spiritual identity in the process.

ABOUT THE AUTHORS:

Alice McDowell, PhD is a counselor in private practice, retreat guide, and cofounder of Light on the Hill Retreat Center, as well as the founder of the Hidden Treasure program—a three-year training in personal and spiritual growth. A professor of religious studies at Ithaca College for eighteen years, she now facilitates groups devoted to inner work. McDowell has trained with healers, humanist and transpersonal psychologists, Sufi and Buddhist teachers, and Christian contemplatives, and has guided people in their personal and spiritual journeys for over thirty years. She draws upon her diverse training and life experience to help others awaken to their true selves, their divinity within.

NOVEMBER 2017



Publication Date: November 21, 2017

Collections: Fiction

Price: \$16.95 paperback/ \$9.95 e-book

Distributed by Ingram Publisher Services

5.5 x 8.5

Print ISBN: 978-1-63152-250-5

E-ISBN: 978-1-63152-251-2

“Who knew wasps could be protectors, champions, and the best friends a girl ever had? Maryl Jo Fox has written a wild, enchanting, constantly surprising story of one woman’s resilience, courage, and redemption through what may be a kind of magical insanity. *Clara At the Edge* kept me buzzing on every page.”

—Diana Wagman, author of *#6 and The, Care and Feeding of Exotic Pets*

CLARA AT THE EDGE

A NOVEL

MARYL JO FOX

DESCRIPTION:

Eccentric widow Clara Breckenridge, seventy-three, is on a last-ditch journey to reconcile with her estranged son, confront the guilty secrets tied to her daughter’s death, and maybe find love again before she dies miserable and alone. Magic purple wasps saved her as a child from an abusive father, and they want to help her now—but Clara, scared and stubborn, runs from revelation. When her beloved old house gets slated for destruction, Clara insists her son haul the entire structure from Eugene, Oregon, to Jackpot, Nevada. There she encounters troubled young people abandoned by their parents who turn Clara’s life upside down. Still, she won’t confront her past. Can Clara’s purple wasp companion actually help Clara join life again? Or will time run out, leaving her devastated and alone?

ABOUT THE AUTHORS:

Maryl Jo Fox grew up in Idaho and studied music at the University of Idaho before transferring to UC Berkeley for a BA in English. She went on to earn an MA in English at the University of Illinois, Champaign-Urbana. Her short fiction has appeared in *Passages North*, *Bat City Review*, and other journals. Her writing also appeared in the *LA Weekly* and the *LA Times*. She is a former president of the LA Drama Critics Circle. She has taught literature and composition at Pasadena City College, Glendale College, and others, and currently leads a novels discussion group at Vromans bookstore in Pasadena. She discovered her focus in a UCLA Extension Writers’ Program class, “Master Sequence in Magic, Surrealism, and the Absurd.”

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