

London Book Fair March 2024



Pantera Press — taking on the world...

Pantera Press is a relatively young and leading independent book publisher, based in Sydney, created to champion writing culture and literacy in Australia with a clear community and cultural purpose. We use our profits to fund charities and not-for-profits that encourage reading and work to close the literacy gap in Australia.

Pantera was named a 2023 Heatseeker by Neilsen Bookscan, an award that recognises the leading independent publishers showing both short-term and long-term growth. Pantera is the only publisher to be named a Heatseeker for 7 consecutive years. We have also been shortlisted 7 times for the Australian Book Industry Small Publisher of the Year award.

We publish 25-36 books a year that fit with our mission to spark imagination, conversation and change. This includes non-fiction books that matter, fiction across the range from commercial to literary, as well as children's and YA titles.

Our books are distributed in Australia and New Zealand by Bloomsbury, and we hold world rights to most of our titles. We would love to introduce you to our list.

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Upcoming Adult Fiction _____



Upcoming Historical Fiction THE GALLOWS BIRD Barbara Sumner

A woman caught between two worlds, determined to own her freedom, no matter the cost.

Downton Abbey meets *Burial Rites* in this rich, embroiling tale based on true stories of the transportation of female convicts.

London 1838: Hannah 'Birdie' Bird is an underlaundry maid, servant in a manor house. Born the illegitimate child of an aristocratic mother, Birdie is caught between worlds, with ideas above her station and a suspicion that the wealthy family she serves is hers. She will risk anything to change her life. A secret synesthete, to Birdie the colours of fabric are imbued with flavour and smell, and she's particularly captivated by the beauty of silk. Falling into love and crime, she commits the largest silk heist of her time.

Betrayed and jailed, she finds herself transported to the ends of the earth, the Antipodes. After an arduous journey, Birdie and the women she befriends at sea arrive in Sydney Cove, and are sent to Parramatta's Female Factory, a workhouse prison for unmarried women that hosts the infamous 'mermaid's dance' to find them prospective partners. Will she finally find her longed for freedom in this far off land? *The Gallows Bird* gives voice to the women who refuse to let history leave them behind.

About the Author



Barbara Sumner is an author and filmmaker. Her back catalogue of achievements includes producing three highly acclaimed feature documentaries, a career in journalism, event production, television, bringing up four daughters and being accepted into a Masters program at the tender age of 60.

Barbara lives with her husband Thomas Burstyn in Hawke's Bay with a curmudgeonly ginger cat. She spends her time reading, writing, walking, and corrupting her grandchildren with wild ideas about life, love, and imagination.

Barbara is passionate about telling the untold stories of women in history - which is so often the stories of working class women.

The story is based on her own family history as well as wider research of convict transportation and treatment.

Pub Date: May 2024 ISBN: 9780645818055 Category: Historical Fiction Format: Paperback C 234mm x 153mm Extent: 416pp Rights Held: World Rights Sold: Audio (ANZ); Large Print (in negotiation)

BARBARA SUMNER

AN ILLICIT LOVE, A DEADLY CRIME.

AND A WOMAN WITH IDEAS



A DARK NIGHT. A DARKER SECRET

BETWEEN

HUSBANDS

SUSANNAH GLENN

BETWEEN HUSBANDS AND WIVES | Susannah Glenn

On a cold, dark night, two cars collide ...

Inside the vehicle at fault, Jennifer Ashby survives with barely a scratch. In the wreckage of the second, the occupants are not so lucky. Jennifer's good character helps her escape jail, but she is traumatised by the event. Desperate for a fresh start, and with her marriage buckling under the stress, she convinces her husband, Jon, to make a sea-change and move with their young son to Far North Queensland.

As Jon spends long hours at his new job and Jennifer makes secret plans to absolve her lingering guilt, cracks begin to form in their idyllic new life. Will their dark secret be exposed? And what really happened on the night of the accident?

A page-turning domestic thriller for fans of Sally Hepworth and Liane Moriarty. About the Author



Susannah Glenn has worked as a print journalist, editor, magazine publisher and managing editor for News Limited, Western Newspapers, Macquarie Publications, APN Educational Media and the London Times Higher Education Supplement. She has also worked in corporate communications, public relations, marketing, publications, media and event management. Three years ago, she quit her day job to pursue her long-held ambition of becoming a full-time writer and published author. Susannah divides her time between her farm on the Mid North Coast of NSW and Adelaide.

Pub Date: August 2024 ISBN: 9780645869071 Category: Domestic Thriller Format: Paperback C 234mm x 153mm Extent: 294pp Rights Held: World Rights Sold: Audio ANZ (in negotiation)

Domestic Thriller





Pub Date: September 2024 ISBN: 9780648618959 Category: Domestic Thriller Format: Paperback C 234mm x 153mm Extent: 294pp Rights Held: World From the author of *The Mothers* comes a near-future thriller that explores the possibilities and dangers of designing the perfect baby.

In 2027, Angela Monahan is grappling with the decision of whether to take advantage of a new health service that promises a healthier, stronger baby through gene editing. With a semi-famous mother who has a substance abuse problem and a husband ravaged by the pandemic, there's plenty in her family tree that Angela would like to protect her unborn child against. But not everybody loves the so-called designer baby technology.

Years later, Adelaide Liddiard is an ambitious political staffer trying to make a difference in a world where tough new laws curtail the rights of genetically modified people. Many are prejudiced against enhanced humans because the promises of health and special abilities proved false, but she is determined to fight for what she believes in. Adelaide and her husband are also saving and working towards something they've called The Cyprus Project, when their plans are derailed by the threat of a new strain of virus.

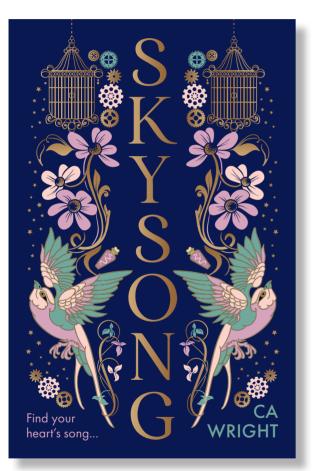
Told across two generations, and two continents, *Inheritance* is about the legacies we leave our children, the bonds between mothers and daughters, and how it's never too late to fix our mistakes.

About the Author

INHERITANCE | Genevieve Gannon

Genevieve Gannon is an award-winning journalist based in Sydney. Over her 15-year career she has worked as a frontline reporter in Canberra, Melbourne and Sydney covering crime, health, social affairs and politics. She was the lead court reporter for Australian Associated Press and has been published in most major Australian newspapers. She is presently the senior journalist at *The Australian Women's Weekly* where she is known for in-depth articles on issues relating to the health, rights and safety of women. She is the author of *The Mothers* and *The Gifted Son*.

Upcoming Fantasy Fiction SKYSONG CA Wright



SPARKING IMAGINATION

& CHANGE

PANTERA

PRESS

CONVERSATION

Pub Date: October 2024 ISBN: 9780645869057 Category: Fantasy Fiction Format: Paperback C 234mm x 153mm Extent: 360pp Rights Held: World A beautiful lyrical retelling of Hans Christian Andersen's *The Nightingale.*

Oriane has a secret. Every morning she transforms into the skylark, and it is her song that brings the dawn.

Seclusion has kept her safe, but Oriane craves freedom. Craving freedom, one morning, Oriane chooses not to return to her human form and continues to fly, through the forest, and into the wild unknown. When she lands unexpectedly in the gardens of the royal palace she is taken in by the prince and treated like a goddess – and a prisoner.

Unable to escape palace politics, Oriane yearns for the simplicity of her previous life. There is a growing danger in the royal city, and Oriane and her gift are at the centre of the intrigue. But within the whispers comes an unexpected surprise: she may not be as alone as she thought. There may be another like her. The nightingale. About the Author



CA Wright is a fiction writer and book editor. After studying English literature, writing and editing at university, she established a successful freelance editing career, working with authors to prepare their books for publication by day while writing her own fiction by night.

As a reader, Claire is drawn to books that sweep you off your feet with immersive worlds and lyrical storytelling. As a writer, she's inspired by authors like Victoria Schwab, Naomi Novik and Marie Rutkoski, and strives to create character-driven stories told through prose that begs to be savoured. Claire lives with her husband in the beachside city of Newcastle, New South Wales. *Skysong* is her first novel. **Recent Adult Fiction**



Recent Literary Fiction EVERYONE AND EVERYTHING | Nadine J. Cohen



Pub Date: September 2023 ISBN: 9780645240092 Category: Literary Fiction Format: Paperback C 234mm x 153mm Extent: 320pp Rights Held: World Rights Sold: Audio - ANZ (Bolinda); German (Luebbe) A dazzling literary debut, *Everyone and Everything* will make you laugh, cry and call your sister.

When Yael Silver's world comes crashing down, she looks to the past for answers and finds solace in surprising places. An unconventional new friendship, a seaside safe space and an unsettling amount of dairy help her to heal, as she wrestles with her demons – and some truly terrible erotic literature.

Funny and tender, *Everyone and Everything* is about friendship, grief and the deep, frustrating bond between sisters. It asks what makes us who we are and what leads us onto ledges. Perfect for fans of Meg Mason, Nora Ephron and Victoria Hannan, this is an intimate, wry and wise exploration of one woman's journey to the brink and back.

'Everyone and Everything hits the right balance of absurdity and dark humour, essential for a book in which the central theme is death. Cohen weaves Yael's Jewish identity into the narrative with hypnotic ease, and treats [Sydney's] iconic locations the way Nora Ephron treats Manhattan in her writing. Place is an identity-setter and for Yael, it doesn't take her long to realise that [the city] is brimming with sanctuaries that promise hope, love, safety and futurity.' Sydney Morning Herald/The Age

"A dazzling literary debut ... It's the novel I never knew I needed but now know I'll never forget." *Better Reading* About the Author



Nadine J. Cohen, also known as Nadine von Cohen, is a writer and refugee advocate from Sydney. Her musings can be found all over the internet, with bylines in *The Guardian, The Saturday Paper, SMH, ABC, SBS, Frankie, Harper's Bazaar* and more. She is a co-founder and director at Hope for Nauru, a volunteer-run not-for-profit serving refugees and asylum seekers affected by offshore detention. *Everyone and Everything* is her debut novel.

BOOKTOPIA DEBUT BEST BOOK OF THE YEAR 2023 SYDNEY MORNING HERALD/THE AGE -BEST BOOKS OF 2023

'Cohen writes exquisitely about sadness, especially about intergenerational trauma and the unimaginable grief of successive loss.' *The Big Issue*

'Everyone and Everything is a sassy, soulful, current, conversational and truly delightful read. Written in the first person, the heart of the story is its compelling, adorable, flawed and deeply relatable protagonist. Yael Silver is a thirty-something Jewish hot mess of hope. She's an instant best friend to us as she travels through various life stages on a journey to healing, post a traumatic episode. Smart without being smug, insightful and hysterically funny, this novel is destined to be one of the most-loved releases of the year.' *Better Reading*

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PRESS

Recent Literary Crime Fiction DEEP IN THE FOREST Erina Reddan

What lies behind the walls of the Sanctuary?

'Urgent. Come tomorrow. Can't wait any longer.'

Fed up with being shunned by locals for a crime she didn't commit, Charli Trenthan plans to leave Stone Lake. But when she receives a cryptic message from a member of the Sanctuary, a conservative closed community on the edge of town, she is determined to track down its author.

Crossing the forest, close to the Sanctuary, Charli makes a gruesome discovery and finds herself, once again, a key suspect in a criminal investigation. As she fights to prove her innocence and digs deeper into the Sanctuary, with danger mounting from all sides, she uncovers some shattering secrets.

A gripping thriller with vivid and shimmering prose, and a shocking conclusion that will leave you spellbound, *Deep in the Forest* raises questions about who we trust and why.

About the Author



Erina has worked with words, ideas and stories all her life. She started out as a journalist, working in radio and television and was awarded the prestigious Walkley Award for her work as an ABC foreign correspondent. She has a Master's Degree in Professional Writing (University of Technology Sydney) and a PhD in Creative Writing (La Trobe University) on girl warriors and ball gowns. She's taught politics at the University of Melbourne and creative writing at LaTrobe University and Writers Victoria. Her family claims she can glamorise a handful of facts beyond recognition in the service of an entertaining story, sometimes at the expense of truth but always in favour of wonder.

'A propulsive mystery of secrets ... will leave you couchbound and wired to the end.' *Sydney Morning Herald*

'A gripping crime thriller ... a character-driven page turner that will leave you reeling. With *Deep in the Forest*, Reddan cements herself as a crime writer to watch.' *Better Reading*

'Erina Reddan's intimate writing lures readers into a heady, syrupy haze. *Deep in the Forest* is a simmering slow burn of a thriller' *Books+Publishing*

> 'Powerfully suspenseful.' Australian Women's Weekly

ERINA REDDAN

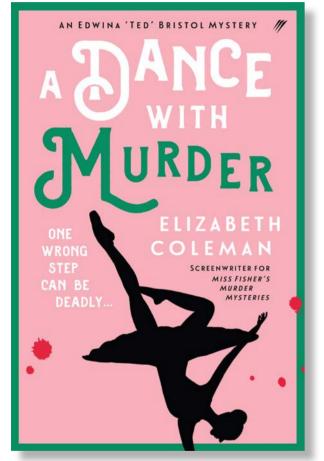
DEEP

IN THE

Pub Date: December 2023 ISBN: 9780648677086 Category: Literary Crime Fiction Format: Paperback C 234mm x 153mm Extent: 320pp Rights Held: World Rights Sold: Audio (Bolinda) PANTERA PRESS

SPARKING IMAGINATION, CONVERSATION & CHANGE

Recent Cosy Crime Fiction A DANCE WITH MURDER | Elizabeth Coleman



Pub Date: January 2024 ISBN: 9780645757880 Category: Commercial Crime Fiction Format: Paperback C 234mm x 153mm Extent: 380pp Rights Held: World Rights Sold: Audio (Wavesound) A charming and cheeky murder mystery with twist and turns aplenty, perfect for fans of *The Thursday Murder Club* and *The Tea Ladies*.

PI Edwina 'Ted' Bristol's latest case is proving complicated. Ballerina Giselle Terreiti is the target of a stalker, but she is also the ex-wife of Ted's good friend, swordcraft nemesis and cop Spike. While accepting the case is a win for the agency, Ted must distance herself from Spike without explaining why.

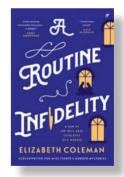
As the stalker ups the ante, breaking into Giselle's house and leaving a disturbing message, Ted throws herself into the investigation, identifying three suspects. She must go undercover via the dating apps to locate her most promising lead, life coach Jarrod, who Giselle dated briefly.

Meanwhile, Ted's sister Bob refers a curious case: Cecily is trying to find her husband, Pete, who has been missing for a year, presumed dead, after he failed to return home from a day out surfing. As Ted closes in on the culprit in the stalking case and Spike questions her friendship, a murder turns everything upside down ...

About the Author



Elizabeth Coleman is a successful screenwriter who has written on every season of *Miss Fisher's Murder Mysteries* and *Miss Fisher's Modern Murder Mysteries*. She is also the author of the hit play *Secret Bridesmaids Business* and co-created the much-loved ABC drama *Bed of Roses*. She is the author of the first book in the Ted Bristol series, *A Routine Infidelity*.



'Full of unexpected twists and rich in loveable characters.' Books+Publishing

'Delightfully cosy ... hits the summer reading spot.' Sydney Morning Herald

Coleman has crime fiction cred ... Meticulously constructed. The Age and Sydney Herald Sun

PANTERA

PRESS

A big attraction. JAMES COLLEY

Pub Date: February 2024 ISBN: 9780645757910 Category: Commercial Fiction Format: Paperback C 234mm x 153mm Extent: 312pp Rights Held: World Rights Sold: Audio - ANZ (Bolinda)

Recent Commercial Fiction THE NEXT BIG THING James Colley

Part young-love rom-com, part David vs Goliath story of small-town life, this is a heartwarming, hilarious, quintessentially Australian novel by a talented new voice.

Norm has lived in Norman for most of his life. It's where he grew up with his dad, where he went to school and met his best friend Ella. But the town is dying: the river has dried up, and with it all the jobs.

One night at the pub, on the anniversary of his dad's death, Norm announces a plan. He's going to build a Big Thing to drive tourism to the town and give it a future. And to show Ella that she could have a future here too, maybe even with him.

Meanwhile, Ella has watched all of her peers leave Norman for big cities and greener pastures. But Ella has a plan of her own: to leave Norman for university next year.

Out of guilt, Ella keeps her plan a secret while encouraging Norm's big idea. If it works, Norm will have a four-metre-high souvenir to remember her by when she leaves. And if not, at least they'll have one last perfect summer together.

Will Norm build a Big Thing in time to save the town, and to convince the girl of his dreams she belongs here too - or is it too late?

About the Author



James Colley is a comedy writer and producer known for his work as head writer on *Gruen, Gruen Nation, Question Everything* and *The Weekly with Charlie Pickering.* He is a regular columnist for the Spectrum liftout in the *Sydney Morning Herald*, and his writing has been featured in the *Guardian, Frankie Magazine, Crikey, the Big Issue* and *Junkee.* He has performed live at Vivid Sydney, the Festival of Dangerous Ideas, Splendour in the Grass, the Sydney Comedy Festival, Melbourne International Comedy Festival and Adelaide Fringe Festival. *The Next Big Thing* is his debut novel.

'This debut romcom from comedy writer James Colley understands instinctively the law of comedic profusion ... so full of warmth and appealing wit it might well be the next big thing.' *Sydney Morning Herald*

'A breezy, funny and sweet debut: a Castle/Dish-style Aussie romcom about a guy called Norman who has big dreams for his tiny, struggling outback town ... the payoff is delicious.' *Guardian*

The Next Big Thing is the kind of laugh-out-loud book you need at the start of a year.' *ArtsHub* Upcoming Adult Non-Fiction _____

PANTERA

PRESS

Upcoming Business Non-Fiction WORK BACKWARDS | Tim Duggan

'This is a rare book: both profound and useful.' SETH GODIN The revolutionary method to work smarter and live better

Pub Date: April 2024 ISBN: 9780645818031 Category: Non-Fiction - Business Format: Paperback C 234mm x 153mm Extent: 320pp Rights Held: World Something's about to break, and if we don't change direction soon, it's going to be us.

It doesn't matter in which industry or where: too many of us are overworked, disengaged and apprehensive about the future of work. In his life-affirming new book, bestselling author and founder Tim Duggan argues that we approach work and life the wrong way around.

Fuelled by a powerful realignment that's questioning the way we traditionally think about and interact with our workplaces, in *Work Backwards* you'll discover:

- Why reversing your thinking can have such an oversized impact
- The four things you need to live a full life right now
- · How to easily reset your life-work balance
- · How to use tools like remote, hybrid and flexible work properly
- Why this is the right moment to experiment with work
- Expert guidance from the world's leading work and happiness researchers
- A new army of people who are rethinking their relationship with work.

Learn valuable, practical tools to work better and live a fulfilled and meaningful life that takes advantage of this once-in-a-generations opportunity to reverse your thinking and reclaim your life from work. About the Author



Tim Duggan is an optimist who loves thinking about big ideas. He has co-founded several digital media ventures, most notably Junkee Media, one of the leading publishers for Australian youth.

Tim's first book, *Cult Status: How to Build a Business People Adore*, was awarded the Best Entrepreneurship and Small Business Book at the 2021 Australian Business Book Awards, and his second book on creativity, *Killer Thinking: How to Turn Good Ideas into Brilliant Ones*, was named one of the Best Books of 2022 by Apple Books.

'Absolutely brilliant and life-changing. This book will help you take back control of your life.'
Hugh van Cuylenburg, author of The Resilience Project
'This is a rare book: both profound and useful. Take your time and savour every page, it will change you for the better.'

Seth Godin, author of The Song of Significance

'Tim Duggan is the master of a gentle but firm invitation to reassess our values and relationship to work ... Nothing could be more valuable.' Benjamin Law

Upcoming Social Commentary/Memoir HUMAN? Ziggy Ramo



SPARKING IMAGINATION

& CHANGE

ΡΔΝΤΓΡΔ

PRESS

CONVERSATION

Pub Date: May 2024 ISBN: 9780645240139 Category:Non Fiction Social Commentary/Memoir Format: Paperback C 234mm x 153mm Extent: 304pp Rights Held: World

A Lie That Has Been Killing Us Since 1788

So-called Australia is built upon a lie: that 97% of the population are human, and the others simply 'Indigenous', devoid of the same basic rights.

Human? is the story of Ziggy Ramo's experience growing up under the weight of this lie. We've had 235 years of continued destruction in the name of 'civilised progress', under an oppressive colonial system that punches down on almost everyone. We all deserve more. But to move forward we have to be honest about the past.

Written on the precipice of becoming a parent, *Human*? is Ziggy Ramo's offering for the future – an attempt to bridge a nation-wide knowledge gap, and start a new conversation. Prerequisite reading for anyone searching for a way forward, together.

Human? is a book, an album and an exhibition by one of the most exciting voices of this generation. With his powerful debut, Ziggy asks: Would you still fight for human rights if it meant giving up your privilege?

A groundbreaking, provocative call-to-arms by acclaimed Wik artist Ziggy Ramo, *Human?* invites readers to confront this nation's biggest lie. About the Author

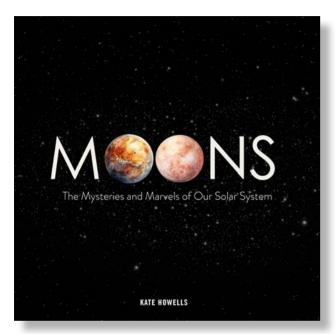


Rapper and changemaker Ziggy Ramo knows his worth. An award-winning musician and producer of Wik and Solomon Islander heritage, Ziggy's artistry challenges the settler colonialism and institutional racism upon which Australia was built. His creativity channels perspectives that are often neglected or suppressed, offering unique and salient commentary on race, masculinity and mental health.

His phenomenally important LP *Black Thoughts* was awarded the FBI Album of the Year, and April 25th took home FBI Single of Year. Ziggy made his directorial debut in 2021 with the music video for *Little Things*, filmed in collaboration with the Sydney Opera House. A true multihyphenate, Ziggy then made his acting and composer debut, starring in the Stan original series *Black Snow*. His second studio album, *Sugar Coated Lies*, was released on the 26th of January 2023.

Carrying the ancestral name of Ramo, meaning the person to which you are accountable, his work is a force to be reckoned with.

ΙΠΟΤ



THE MYSTERIES AND MARVELS OF OUR SOLAR SYSTEM

Almost every planet in our solar system has one, so why do we know so little about moons?

Join astronomer Kate Howells on an interplanetary voyage to explore the mind-boggling moons of our solar system, from the volcanic hellscape of Io to the ice mountains and methane seas of Titan.

Beautifully illustrated with space photography and artistic interpretations, and filled with unbelievable facts about our own galactic backyard, Moons is a perfect introduction to just how majestic and freaky our solar system can be. Kate Howells is a lover of all things space.

Kate is Communications Strategist at the Planetary Society, working to engage their myriad audiences in the adventure of space exploration. Based in Guelph, ON, Kate also serves as Canadian Space Policy Adviser, and is the author of the book Space is Cool as Fuck.



Page Size: 230 mm x 230 mm flexicover Extent: 126pp Rights Held: World Pub Date: May 2024



As the googlers from the viral shopping channel show clip rightly said, 'The Moon is a moon' - that is to say, what we call 'the Moon' is just one of many moons – and a moon is a natural satellite.

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A highly designed and fully illustrated colour book exploring the magical, wonderful world of our moons.

Upcoming Non-Fiction Self-help

From Australia's Dr Happy, this is a guidebook to the power of becoming a bit more lost – to getting out of our own heads and going off the beaten track.

Dr Tim Sharp has been researching, writing and speaking about happiness for decades, as one of Australia's leaders of the positive psychology movement. But in recent years, he's realised that maybe he's been a bit more lost than he wanted to admit. And that might actually be a good thing.

A large and growing body of research highlights the value of getting 'lost' to improve our resilience and our mental health. That could mean literally wandering outdoors in nature or letting our minds do the wandering by sitting with negative thoughts and unpleasant emotions, rather than constantly trying to fight or push them away.

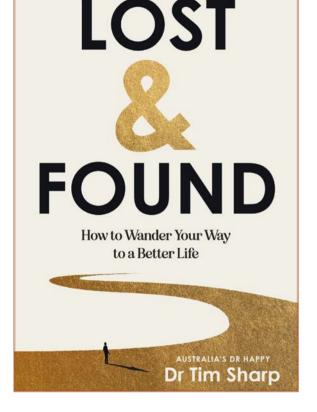
Packed with psychological insights, practical tips and personal stories from Tim's life, *Lost and Found* is a new kind of self-help book that invites all of you to the table: the bad and the good, your failures and your successes, challenges and breakthroughs. By sitting with discomfort, we allow ourselves to become more authentic and vulnerable – and by becoming lost, we find our true selves.

About the Author



Dr. Tim Sharp is Australia's very own 'Dr Happy', at the forefront of the positive psychology movement and founder of the Happiness Institute. He has run one of Sydney's most respected clinical psychology practices, a highly regarded executive coaching practice, has taught at most of the major universities in Australia and is currently Adjunct Professor at both UTS and RMIT.

He is also the bestselling author of a number of books, including *The Good Sleep Guide, The Happiness Handbook, 100 Ways to Happiness* and *100 Ways to Happy Children*, and the popular *Habits for Happiness* audiobook series with Audible. He regularly appears on Australian TV, featuring on *Today, The Morning Show, Studio 10, The Project* and many other programs.



SPARKING IMAGINATION,

& CHANGE

PANTERA

PRESS

CONVERSATION

Pub Date: July 2024 ISBN: 9780645817928 Category: Non-Fiction Self-Help Format: Paperback C 234mm x 153mm Extent: 300pp Rights Held: World



Upcoming Non-Fiction - Nutrition YOU ARE MORE THAN WHAT YOU EAT Dr Emma Beckett



Science, nutrition & a perfectly imperfect approach to eating Dr Emma Beckett

Pub Date: August 2024 ISBN: 9780645869095 Category: Non-Fiction Nutrition Format: Paperback C 234mm x 153mm Extent: 300pp Rights Held: World Science, Nutrition, and a Perfectly Imperfect Approach to Eating

Our relationship with food is broken, but Dr Emma Beckett is here to help us repair it.

This is not a diet book, but it is a book about your diet, your life, and how food fits into it all.

In her sassy, and straightforward style, Dr Emma Beckett takes her extensive research qualifications and applies them to our everyday lives. She shows us how and why food choices, eating, and biology are not as simple as diet culture suggests. By embracing this complexity, we can empower ourselves to make changes that suit our unique lives and biology. Ditch the guilt that comes with trying to follow simple rules don't actually work, along with the pressure to be perfect.

Part manual, part memoir, part manifesto, You are more than what you eat puts the person back at the heart of nutrition. Informed by a scientific evidence base, this is the perfect antidote to misinformation, and the weight loss industry. This book will teach you to embrace the complexity of your body and your life, reject the lure of simple slogans, and heal your relationship with food. About the Author



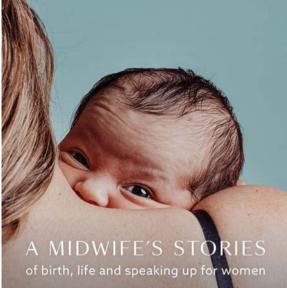
Dr Emma Beckett loves food – food & nutrition science. food fashion and eating food. You can find her in the lab, classroom, media, buried in the latest scientific literature, or on social media. Emma regularly appears in print, online, on radio, television and social media. Her aim is to empower people to interpret food and nutrition information so that they can make informed choices about food without fear or judgment. She combines her deep and diverse education, with degrees (including a PhD) in biomedical science, food science, nutrition science, science management, and epidemiology, experience as a university academic, industry researcher, and research fellow, communication experience and her passion to provoke thought, change and action. She has won several research and communications awards, including being named as a NSW Young Tall Poppy in 2017. She collects food-themed dresses and earrings, and loves football, cats, and Agatha Christie.

PANTERA PRESS

SPARKING IMAGINATION, CONVERSATION & CHANGE

Upcoming Non-Fiction - Birthing and Motherhood LABOUR OF LOVE | Oceane Campbell

OCEANE CAMPBELL LABOUR OF LOVE



Pub Date: September 2024 ISBN: 9780645817959 Category: Non-Fiction - Birthing and Motherhood Format: Paperback C 234mm x 153mm Extent: 300pp Rights Held: World A midwife's stories of birth, babies and learning how to stand up for what she believes - and the women she supports. A warm, deeply human and powerfully feminist book about a truly unique job and the way it impacts so many of us.

From her first days as a junior nursing student thrown into a delivery room, through to birthing babies during strict lockdown measures, *Labour of Love* follows midwife Oceane Campbell as she finds the courage to stand up to doctors, advocate for mothers, catch and save babies, and grieve, celebrate and soothe new parents.

We're there as Oceane goes through her own experiences of IVF, miscarriage and birth, as she makes mistakes, learns weird and wonderful things about the pregnant body, and every day, witnesses the most transformative, intensely personal, and absolutely mindblowing moment of a person's life.

Labour of Love explores the issues of consent, risk, misogyny and autonomy that women face as they go through the monumental transition from woman to mother. And in between these crucial conversations for our times, are stories that will simply leave you in awe of the human body and the miracle of witnessing that first breath. About the Author



Oceane Campbell is a proud and passionate midwife and writer working, living and mothering her three children on the unceded lands of the Awabakal nation. Oceane's first book *The Silence Between Us: A Mother and Daughter's Conversation Through Suicide and into Life* (2021), is a raw and original double memoir tracing mother and daughter as they try to understand and rebuild their relationship after Oceane's suicide attempt as a teenager.

Before becoming a midwife in 2016, Oceane completed a psychology degree with honours. In 2022, she was named Newcastle Woman of the Year for her advocacy work in mental health and improving LGBTQI+ families accessing maternity care.



Upcoming Non-Fiction - Beauty ALL I EVER WANTED WAS TO BE HOT Self image, beauty ideals and desirability Lucinda 'Froomes' Price



Pub Date: September 2024 ISBN: 9780645869033 Category: Non-Fiction - Beauty Format: Paperback C 234mm x 153mm Extent: 300pp Rights Held: World An often hilarious, startlingly honest, and endlessly insightful investigation into self image, desirability, and power and how they're shaped by pop-culture and our parents, written by one the nation's most beloved online personalities, Lucinda Price AKA Froomes.

Beloved comedian, podcaster and commentator Price's debut book explores obsession and self-image, and how while striving to be hot feels natural, particularly in our culture, it is dangerous, homogenous, and informed by patriarchy.

Anchored in her own personal experience, *All I Ever Wanted Is to Be Hot* is a refreshingly honest interrogation of how pop culture, the internet and modern beauty ideals intersect to influence our bodies and how we feel about them. Price challenges the prevailing myths surrounding the health, wellness and cosmetic industries, and encourages readers to sit with the inherent contradictions of participating in that culture.

All I Ever Wanted Is to Be Hot seeks to answer the question: does the way we see ourselves need an extreme makeover?

About the Author

Lucinda Price (aka Froomes) is a writer, presenter, comedian, podcaster and radio host.

She's one half of award-winning pop culture radio duo Flex & Froomes on CADA and iHeartRadio. Her writing work has appeared in *The Guardian, The Sydney Morning Herald, ABC* and *Pedestrian*, alongside her weekly newsletter with over 10,000 subscribers. Her sold-out debut show at the 2023 Melbourne International Comedy Festival was rated five stars from *The Age*.

She's also the CEO of FROOMESWORLD, an international one-woman business specialising in scripting, producing, presenting and editing original content. She has amassed a cult following online and earned an AACTA nomination for Best Digital Creator of 2022.

With a passion for taking the piss across multi-platform media, Froomes is a one-of-a-kind creative powerhouse. Recent Adult Non-Fiction ____

PANTERA

PRESS

Recent Non-Fiction Lifestyle THE DREAM CLEAN | Chantel Mila



Pub Date: September 2023 ISBN: 9780645624526 Category: Non-Fiction Format: Paperback C 234mm x 153mm Extent: 240pp Rights Held: World

Simple, Budget-Friendly, Eco-Friendly Ways to Make Your Home Beautiful

This is the ultimate home care guide to make your home look and feel amazing. After years of sharing her top home-cleaning tips online to her engaged and growing audience, here Chantel Mila compiles all of her bestpractice cleaning methods into a one-stop, easy-to-use resource.

The Dream Clean is Chantel's collection of tips and tricks, cleverly organised by room type and cleaning level in a way that is accessible for all households and lifestyles. The book is jam-packed with:

*budget-friendly, eco-friendly and easy-to-achieve DIYs and how-tos *tips for cleaning, styling and organising *room-by-room guides *plenty of routines and checklists

Chantel believes strongly that treating yourself to a beautiful home is the ultimate form of self-care, and *The Dream Clean* is a home-cleaning bible that will help you achieve just that.

About the Author



Melbourne-based Chantel Mila, aka Mama Mila, started posting recipes and simple home hacks in 2018, and now has a reach of over 2 million across platforms. Known for her #mamamilastips series, Chantel creates innovative and welldesigned content to her loyal, engaged following. Her relatable style has led her to work with local and global brands including Bunnings, Woolworths, Afterpay, HelloFresh and Colgate. Her media work includes appearances on *The Morning Show, Sunrise, Mamamia, news.com.au* and *That's Life* magazine, among many others.

TIKTOK audience: 1.4 million followers, 50.9 million views, 32% Australia, 68% overseas

INSTAGRAM audience: 2.1 million followers, 35% Australia, 65% overseas

(35% of followers in North America, 10% in the UK)

PANTERA PRESS

SPARKING IMAGINATION, CONVERSATION & CHANGE

Recent Social History KINKY HISTORY | Esmé Louise James

Irreverent and provocative, this is a history of sex, from TikTok sensation Esmé Louise James.

It's time to take your seat for a dinner party like no other. Discover the long, long history of the dildo. Hear James Joyce celebrate the beauty of his wife's farts. And you'll never guess Albert Einstein's thoughts on marital relations.

Kinky History draws on Esmé Louise James's phenomenally successful series on TikTok, which explores scandalous stories in the ancient world and the saucy secrets of famous figures. Teaming up with her statistician mother, Dr Susan James, the pair have surveyed the nation for all of your intimate secrets – and the results are in.

By placing the past in conversation with the present, we'll explore five 'kinks' that challenge our thinking about sex. How has the idea of sin shaped our sex lives? Why is masturbation so taboo? Where are our hidden queer histories? How do kinks and fetishes play with the idea of sex? And why does pornography have so much power over us?

Kinky History aims to blow open our conversation about sexuality and gender. Strap yourself in (or on?) – let's build a more liberated, sex-positive future.

About the Author



Esmé Louise James (@esme.louisee) is best known for her *Kinky History* series on TikTok, where she currently has more than three million followers across platforms. Esmé is a PhD candidate at the University of Melbourne; her thesis investigates the emerging genre of the pornographic novel in the 18th century. She has written a range of non-fiction articles for *The Age*, the *ABC* and *The Conversation*, as well as short stories and poetry, and in 2020 she was listed in the Top 30 Emerging Writers by SBS Australia. Esmé also presents the popular *Kinky History* podcast, was a speaker at TEDxSydney in 2022, and was nominated for Best Digital Creator at the 2022 AACTA Awards.

'Far from being academic, it's a tale told with relish and humour ... A colourful study, often told in a suitably picaresque style.' *Sydney Morning Herald*

'Friendly and accessible ... a fun book and an important one as it explores five "kinks" that may challenge how we think about sex.' Books+Publishing

'Written with obvious relish, Kinky History is fun and informative.' *ArtsHub*

'Bold and enlightening ... a radical journey through the evolution of human intimacy.' Chantelle Otten

The Stories of Our Intimate Lives, Past and Present

Pub Date: October 2023 ISBN: 9780645240092 Category: Non-Fiction - Social History Format: Paperback C 234mm x 153mm Extent: 344pp Rights Held: World Rights Sold: WEL ex ANZ to TarcherPerigee (PRH); Dutch (Boeke); Audio - ANZ (Bolinda) Upcoming and Recent Children's and YA titles _



Upcoming YA drama WHAT'S MURDER BETWEEN FRIENDS

Meg Gatland-Veness



MEG GATLAND-VENESS

Musicals, murder, and the perfect amount of drama .. a guaranteed page-turner.' TOBAST MADDEN, bestselling author of Anything But fine

Pub Date: June 2024 ISBN: 9780645817973 Category: YA fiction Format: Paperback B+ 210mm x 135mm Extent: 304pp Rights Held: World 'I think it was one of us,' Walter says ... 'We had the perfect opportunity. Everyone's thinking it, I'm just saying it.'

The last thing Hallie and her drama classmates expect to find on a high school scavenger hunt is a dead body. In a town with a population of about thirty-six, no one has experience with murder investigations, but now everyone's asking who killed Ms Lovelace.

The drama kids thought they were the only people nerdy enough to be at school on a Sunday. When they learn that Adam Tolentino, football star, dramaclub nemesis and the hottest boy in school, was there too, Hallie is given the task of finding out what he knows – but she soon learns there's more to Adam than meets the eye.

Although still grieving her favourite teacher, Hallie knows the show must go on. Managing a musical and a murder investigation is a lot, but Hallie and her friends won't give up on Ms Lovelace – or each other.

About the Author



Meg Gatland-Veness is a high school drama teacher. She attended the University of Newcastle where she studied a Bachelor of Arts and a Bachelor of Secondary Teaching.

Meg has been reading and writing stories for as long as she can remember. Equal to her love of words is her passion for championing local youths and fostering important conversation about issues facing young Australians today.

Meg was born in Milton, a small Australian town and now lives on the Central Coast of New South Wales. When she's not writing novels, you'll most likely find her at rehearsals for the latest show she's directing or tending to her garden.

Meg is the author of *I Had Such Friends* (2018), which was shortlisted for the ABIA Small Publishers' Children's Book of the Year in 2019, *When Only One* (2022) and *What's Murder Between Friends* (2024).

Recent YA Fantasy Fiction KALDORAS | Lynette Noni



<section-header>

Pub Date: November 2023 ISBN: 9780645869002 Category: Middle-Grade Fiction Format: Paperback B 198mm x 128mm Extent: 236pp Rights Held: World Journey back to the world of Medora to follow Alexandra Jennings and her friends – and enemies – for one last adventure.

Spanning four years after the final book in Lynette Noni's #1 bestselling series The Medoran Chronicles, this is an epilogue like no other, full of laughter, tears, and above all, the unending power of friendship.

'Lynette Noni is a marvelous and inventive storyteller, whose books are absolutely impossible to put down. I can't wait to see what she comes up with next!' Sarah J Maas, #1 New York Times bestselling author of The Throne of Glass and A Court of Thorns and Roses series

'Lynette Noni is a master at her craft. *The Medoran Chronicles* have richly develped characters, superb world-building that makes you feel like you're actually there, and stories that pack a punch, full of emotion and thrills. Highly recommended!' *James Dashner*, #1 New York Times bestselling author of *The Maze Runner* series

AUTHOR OF THE BEST-SELLING WHISPER AND WEAPON DUOLOGY, AND THE PRISON HEALER SERIES

About the Author



Lynette Noni loves getting lost in stories – both the ones she creates, and those created by others. Lynette grew up on an outback farm and now lives behind the sunswept beaches of the Sunshine Coast. Devastated when her Hogwarts letter didn't arrive, she consoled herself by looking inside every wardrobe she could find, and is still determined to find her way to Narnia. Bursting with novel ideas, Lynette is a reader who writes and a writer who reads. She has a worldwide blog-following where she enthusiastically shares her devotion to books and her unashamed Disney animation addiction.

SALES HIGHLIGHTS

THE MEDORAN CHRONICLE books have sold over 140,000 copies in Australia.

Lynette is routinely the number 1 bestselling YA author in the territory.

Her books regularly occupy the top spots in the Australian bestseller charts.



Upcoming YA Fantasy Fiction THE MEDORAN CHRONICLES | Lynette Noni

The Medoran Chronicles is an addictive fantasy series set in a unique parallel world. A wondrous exploration of friendship and belief in oneself, it is set against the backdrop of an ancient betrayal and eternal war.

SPARKING

& CHANGE

IMAGINATION, CONVERSATION

Sixteen-year-old Alexandra Jenning finds herself stranded in Medora, a fantasy world full of impossibilites. As she explores Akarnae Academy, a school for teenagers with extraordinary gifts, she is embraced by colourful new friends who accept her as one of their own.

But Alex soon discovers that she is an unwilling pawn in a deadly game, and the weight of an entire race's survival rests on her shoulders. She must find a way to protect the Medorans from Aven Dalmarta, the banished Prince from the Lost City of Meya, who is on a quest to reclaim his birthright.

This refreshingly innocent YA journey emphasises the values of friendship and loyalty while offering a new slant on high school fantasy. There are authority figures who aren't quite what they seem, unconventional magic influenced by futuristic technology, and an omniscient library that can influence and guide Alex through the insecurities and uncertainties of her new world – and hopefully towards an understanding of the strength of her own willpower and an assured future for Medora.





AN ALICE ENGLAND MYSTERY

THE STRANGE SIGHTING | Ash Harrier

The third book in the *Alice England Mysteries*, featuring Alice – who is curious, truthful and smart, but who works in her father's funeral home and receives messages from the dead. An engaging heroine!

Alice England and her friends are back with a mystery that throws them straight in the deep end.

Marine biologist Stingray Bolland dies suddenly, but no one suspects anything sinister. That's until Alice's special talent and her powers of observation reveal that he was studying a new species in the waters around Damocles Cove – and that he saw something mysterious right before he died.

More and more people are spotting a strange creature in the cove, and there are claims it's a storm kelpie of Scottish legend. It seems impossible that an oceandwelling blue man who threatens to sink your boat could be real – but on a sightseeing boat tour with Cal's cousin, Alice, Cal and Violet encounter something unusual. Could the legend be true?

As fate, fortune and scientific discovery collide, Alice and her friends must uncover what's really going on in Damocles Cove – and whether the truth is even stranger than the legend.

About the Author



Ash Harrier lives in Perth, Western Australia. She is an Ambassador for the *Books in Homes Australia* charity, which helps children in disadvantaged circumstances build their home libraries. Ash has a great fondness for puzzles, scientific facts, birds and the smell of dried tea. Some of her favourite pastimes are reading, daydreaming and spending time in the garden with her small flock of hens.

Recent Middle-Grade Fiction

PRAISE FOR THE DEADLY DAYLIGHT

'As well as being a charming mystery, *The Deadly Daylight* also functions as a sweet and gentle lesson in empathy and difference. (It) is an engaging novel with a full cast of larger-than-life characters, and even I didn't pick the bad guy! Harrier sets us up nicely for the next book in the series, and readers will be left wanting more.' *Books+Publishing*



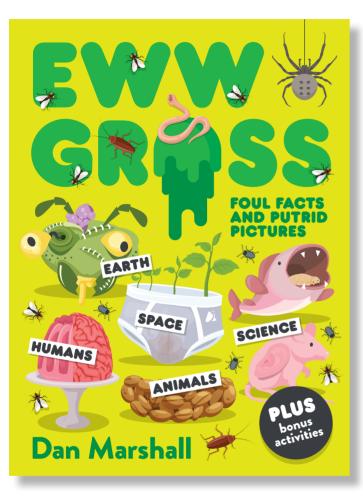


Pub Date: February 2024 ISBN: 9780645757972 Category: Middle-Grade Fiction Format: Paperback B 198mm x 128mm Extent: 288pp Rights Held: World

ASH HARRIER

ΙΠςτ

EWW GROSS! Dan Marshall



Foul Facts and Putrid Pictures

Get ready to discover just how gross our universe really is. Learn the foulest facts about space, Earth, humans, animals and science that have been tested by REAL SCIENTISTS, and even do your own gross experiments. Meet your guide, Slimon, who loves all things rotten, revolting, despicable and downright disgusting.

Did you know ...

There's poo on the moon?

You will drool enough in your lifetime to fill two swimming pools?

There's a wall covered in chewing gum that's over 30 years old?

There's a robot designed to projectile vomit?

Full to the brim with the world's filthiest facts and most putrid pictures, this book is sure to make you and your friends say 'Eww Gross!' Dan is a designer, illustrator and writer who runs a design agency, Studio Marshall. For over 20 years he has worked with a diverse group of clients including the Sydney Opera House, The Australian Museum, One Laptop Per Child, The Hunger Project, Facebook and Coca Cola.

Dan's books stem from his passion for graphic design, communicating information visually and his deep curiosity and include *Mind Blown* as well as *No Way!* and the picture books *Super Duper* and *Look Book*.

Publication: November 2023 ISBN: 9780645624564 Page Size: 247 x 184mm Extent: 244pp (hardcover) Rights Held: World

Rights Sold: Polish (ZNAK)



THE Plot

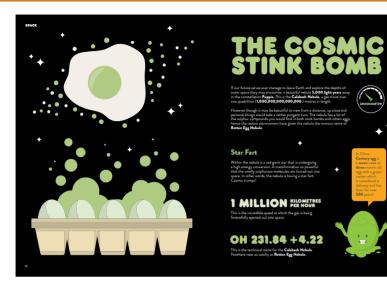
A beautifully designed children's book full of foul facts and icky illustrations bound to pique a child's imagination and interest.

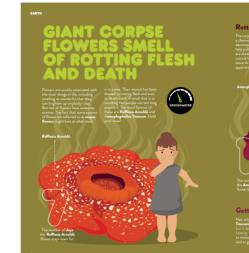
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THE

PLOT

EWW GROSS! Dan Marshall









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R.I.P.

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With bonus activities to foster imagination and discovery.



PRESS

SPARKING IMAGINATION, CONVERSATION PANTERA & CHANGE

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