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JOHN BLAKE PUBLISHING • METRO PUBLISHING • MUSIC PRESS • DINO BOOKS CATALOGUE – Autumn 2017–Spring 2018



JOHN BLAKE PUBLISHING
 METRO PUBLISHING
 MUSIC PRESS
 DINO BOOKS

CATALOGUE – Autumn 2017–Spring 2018





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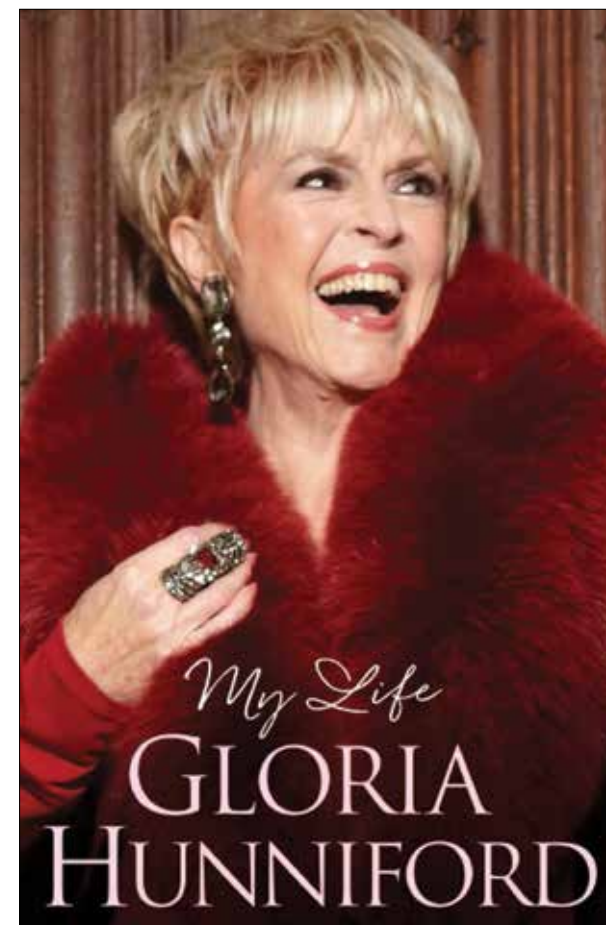
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My Life

Gloria Hunniford

978 1 78606 457 8 October 2017 £20.00 HB Rights: World

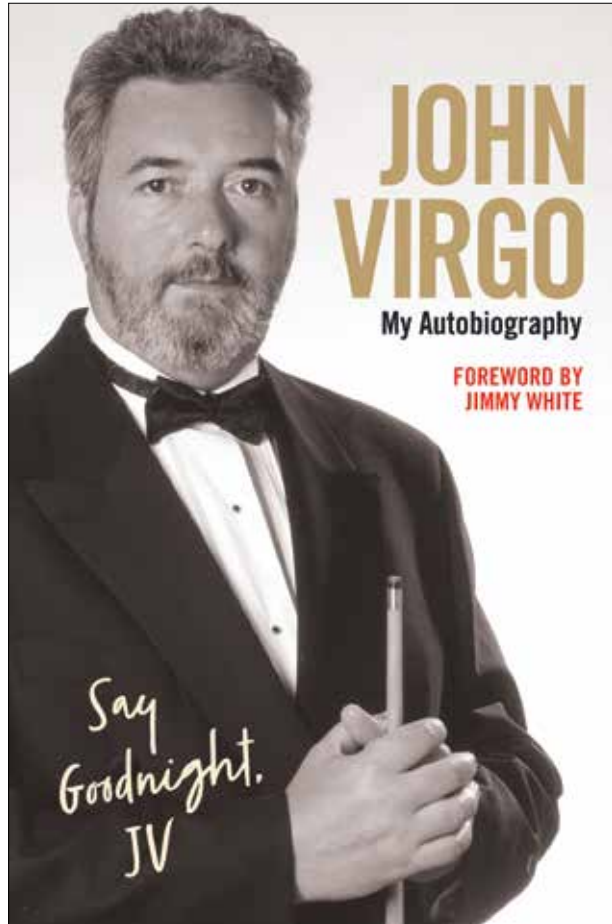
978 1 78606 831 6 February 2018 £8.99 PB Rights: World

As one of Britain's best known TV and radio personalities, Gloria Hunniford requires little introduction. With an illustrious career spanning seven decades, this is Gloria's life story. Starting out as a singer aged seven, before moving to Canada and then back to Ireland where a job at Ulster Television set her career on a trajectory she could never have imagined.

Since then, Gloria's career has blossomed. After becoming the first woman to host a daily radio programme, presenting on BBC Radio 2 for thirteen years, she was then the first woman to be offered her own chat show and Sunday, Sunday launched her into the homes of millions of people, as she interviewed the greats from stage and screen. More recently, she is known for presenting the consumer programme, *Rip Off Britain*, and is currently a panellist on *Loose Women*.



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Say Goodnight, JV – My Autobiography

John Virgo

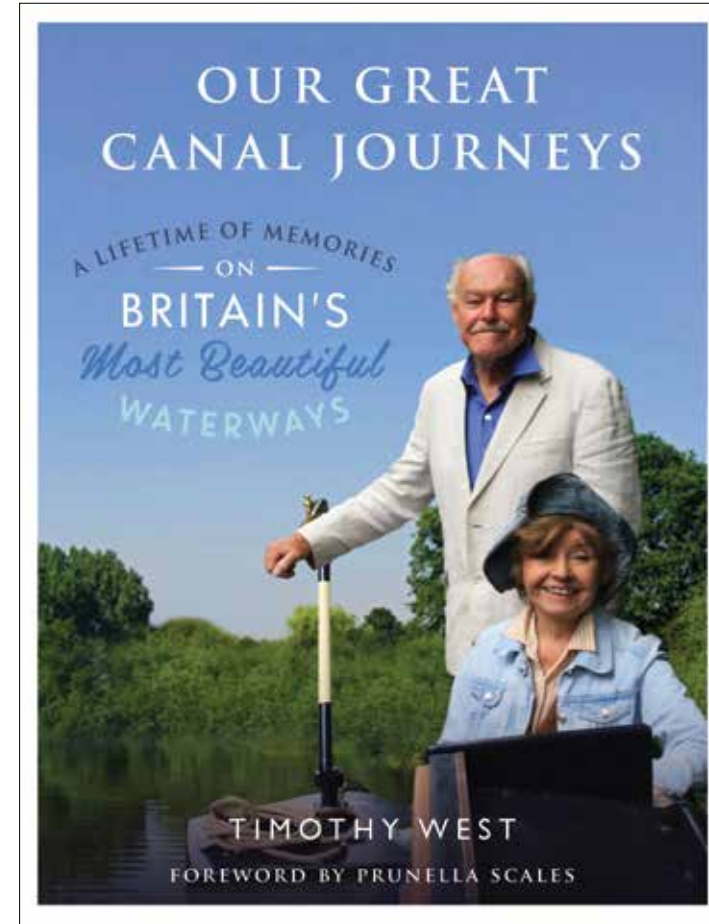
Foreword by Jimmy White

978 1 78606 444 8 November 2017 £18.99 HB Rights: World

In this revelatory memoir, snooker player John Virgo turns the spotlight on himself, sharing secrets from forty years at the top of one of the world's most popular sports. JV is a household name thanks to his razor-sharp BBC Snooker commentary and the much-loved quiz show *Big Break*, and is famous for his hilarious impersonations of snooker's biggest stars.

John provides fascinating insights into British sporting life, taking readers from his childhood in Salford, through smoky snooker dens to tournaments worldwide. He relives travelling on Concorde, rubbing shoulders with royalty, and much more. Reflecting on his greatest snooker triumphs (which earned him the nickname 'Mr Perfection'), John describes how he overcame adversity to become UK champion. Yet he also reveals how gambling wrecked his dreams of becoming world champion and nearly bankrupted him.

John's magical memories are a reminder of a time when Britain – and sport – took itself a little less seriously.



Our Great Canal Journeys – A Lifetime of Memories on Britain's Most Beautiful Waterways

Timothy West

978 1 78606 511 7 November 2017 £20.00 HB Rights: World

For more than half a century, a shared love of canals and narrowboats has run through the marriage of Timothy West and Prunella Scales. The iconic actors have spent many of the happiest days of their life together watching nature unfold before them at four miles an hour.

In 2014, Tim and Pru took to the canals of Britain and beyond with a television crew. No one suspected that their seemingly light-hearted travelogue would transcend the programme's gentle façade, becoming something entirely more powerful. From the outset, the reflective undertones of the possibilities of later life, and the realities of Prunella's dementia, struck a chord with viewers.

Illustrated throughout with beautiful photography, *Our Great Canal Journeys* tells the story of the couple's life and travels. It explores with sensitivity the trials, and joys, of ageing, and how Prunella's struggle with dementia has changed, and yet failed to change, their lives together.



Full Circle – My Story

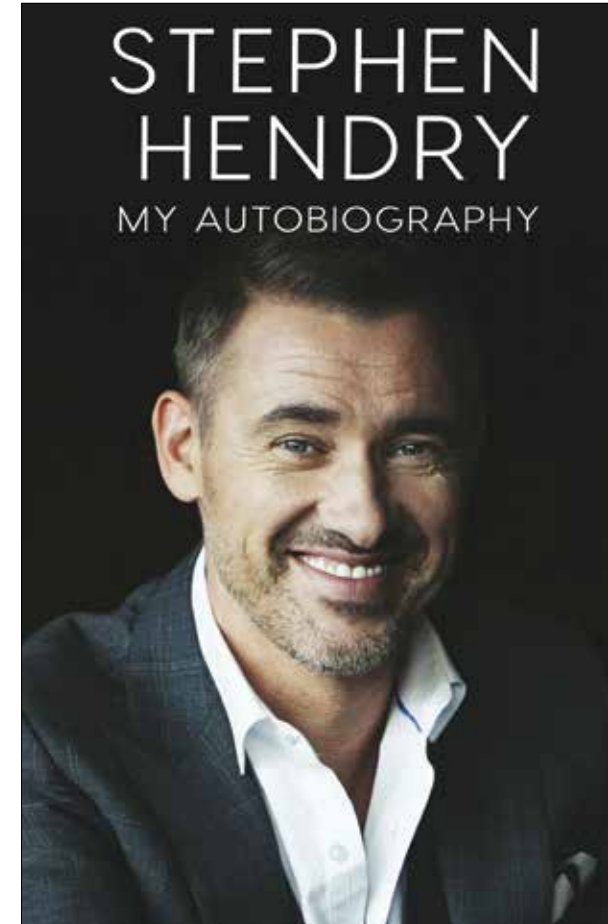
Joanna Rowsell Shand

978 1 78606 420 2 November 2017 £20.00 HB Rights: World

When thirteen-year-old Joanna Rowsell Shand decided to take on a challenge set by representatives from British Cycling, she didn't realise that the decision would change her life, leading her to Olympic glory. She was mainly motivated by the prospect of escaping a double maths lesson.

In fact, Jo's power output was off the chart – the highest ever recorded for a female of her age – and she was talent-spotted for the junior cycling team. But with no experience in the sport, Jo was well behind her peers, who had been prepped for life on a bike since infancy. In addition, Jo was – and remains – a very shy girl, not least because of her condition, alopecia universalis, which took her hair from her just as her teenage years were about to strike.

Candid, poignant and written with characteristic honesty and self-deprecating wit, this is a story of grit, determination and triumph over adversity that will leave you feeling inspired



Stephen Hendry – My Autobiography

Stephen Hendry

978 1 78606 568 1 April 2018 £18.99 HB Rights: World

Stephen Hendry became the youngest professional snooker player in 1985, aged sixteen, and went on to become the youngest-ever snooker world champion in 1990, at the age of 21.

Widely regarded by fans and pundits alike as one of the sport's greatest players of all time, Hendry retired in 2012 with an unprecedented seven world champion titles under his belt – a record that remains to this day.

Offering rare insights into the life of the man behind the cue, and what made him such a top-class player, this is the definitive autobiography of the legend that is Stephen Hendry.



Sarah Millican – The Queen of Comedy

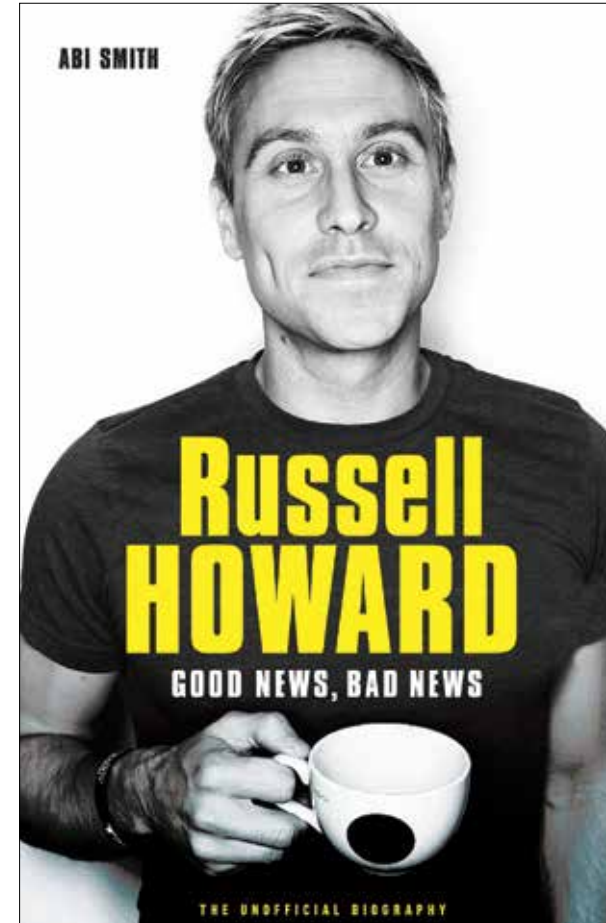
Tina Campanella

978 1 78606 452 3 September 2017 £8.99 PB Rights: World

Just over a decade ago, Sarah Millican was a married civil servant working in a job centre. However, after the sudden break-up of her marriage, she decided to sign up for a writing workshop. It kick-started one of comedy's greatest success stories.

Sarah grew up as a child of the Miners' Strike, which caused immense financial hardship for her family; she was also bullied. Although always clever and creative, it wasn't until her thirties that she was finally recognised – spectacularly – when she won the Best Newcomer Award following the 2008 Edinburgh Fringe Festival. A few years later, her first DVD broke all sales records for a female comedian.

Sarah's brand of Geordie warmth and humility, mixed with a natural edginess and willingness to talk about all aspects of life, has won her millions of fans. This is the story of how a shy woman from South Shields became the queen of British comedy.



Russell Howard – Good News, Bad News: The Biography

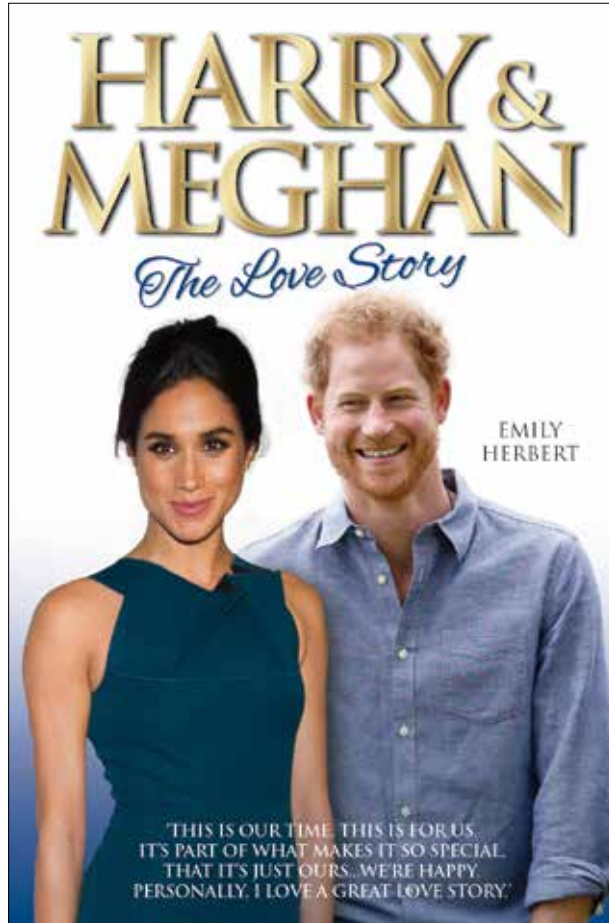
Abi Smith

978 1 78606 446 2 October 2017 £8.99 PB Rights: World

Good news, Russell Howard fans! It's time to take a butcher's into the mad but endearing world of one of the UK's favourite comedians. Abi Smith heads deep into the West Country to discover how we fell in love with this energetic, boyishly blond Bristolian.

How has the timid boy who was too shy to speak at family gatherings become a TV panel-show heavyweight? How did a kid who used to sleep with his underpants on his head in an effort to cure his acne become an award-winning stand-up, with a string of worldwide sell-out tours to his name?

He might describe himself as the 'munter' of all his friends, with his wonky teeth and lazy eye. He might have been bullied at school and had haircuts from hell. But he is having the last laugh now – and we are in the front row, laughing out loud with him.



Harry & Meghan – The Love Story

Emily Herbert

978 1 78606 422 6 £7.99 PB Rights: World

After much speculation in the national media, Prince Harry has finally confirmed the rumours about his relationship with American actress Meghan Markle. His fervent official declaration from Kensington Palace, which stated that he would do anything to protect his girlfriend, was most unusual for a royal, and it was this unprecedented announcement that clearly signified Ms. Markle is here to stay.

Prominent columnist Emily Herbert tells the exclusive story of how the American actress stole the heart of a much-loved British prince. From how they met, their courtship and how they fell in love, as well as insight into Ms. Markle's upbringing in America, readers will learn exactly how the Prince's heart was finally won.



Success on Your Own Terms – You're Better Than You Think You Are

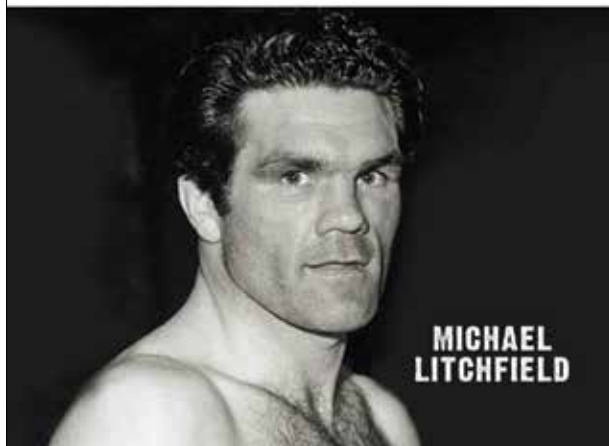
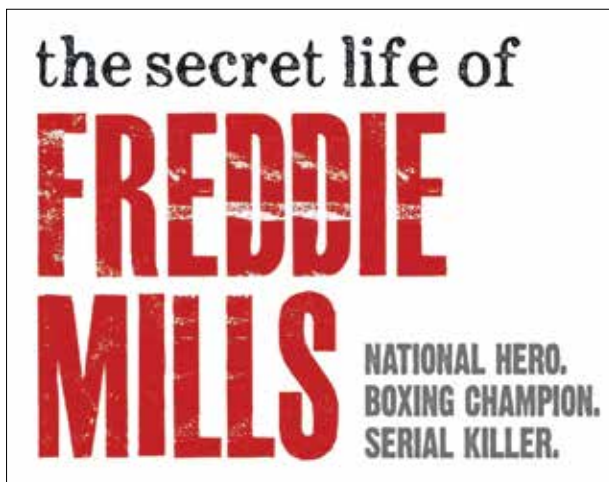
Sir Rod Aldridge, OBE

978 1 78606 573 5 November 2017 £18.99 HB Rights: World

Sir Rod Aldridge is a leading entrepreneur and philanthropist. He is the founder and former executive chair of the British FTSE 100 company Capita, and chairman of educational charity the Aldridge Foundation. Yet he started out as the only child of working-class parents in Brighton, utterly failed by the UK's educational system.

Wishing to support young people from struggling communities much like that of his own childhood, Rod's journey led him to help address ineffective education in this country. His story ends with him going back to the beginning, using his skills and experience to create the Aldridge Foundation and, through his academy schools, help 10,000 students nationwide to reach their full entrepreneurial potential.

Written with students in mind, *Success on Your Own Terms* proves that no matter where you come from, no matter what the circumstances, anything is possible through hard work, determination and resilience.



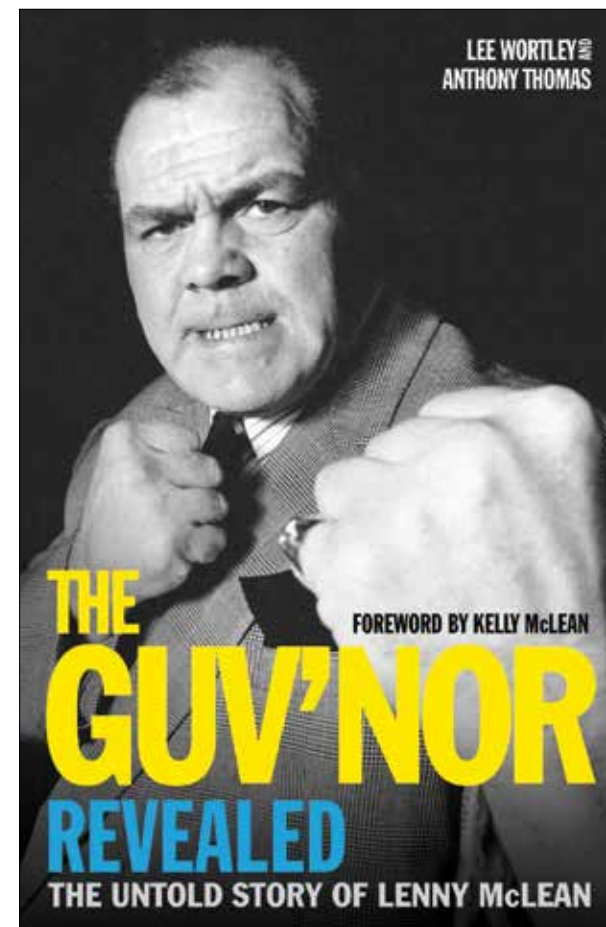
The Secret Life of Freddie Mills – National Hero. Boxing Champion. Serial Killer.

Michael Litchfield

978 1 78606 445 5 September 2017 £7.99 PB Rights: World

Seven young prostitutes hideously murdered. All dumped naked, having been stored by their killer as sex toys. For more than fifty years, crime reporter Michael Litchfield lived knowing that he was once suspected by Scotland Yard of being a serial killer more depraved than Jack the Ripper. During the killing spree, which lasted over a year, Litchfield had a mole inside the Yard's Murder Squad drip-feeding him ploys to snare this monster terrorising west London. At one point, the Yard feared that a prostitute, missing for over a fortnight, had become the eighth victim. It took the author just eleven hours to find her (alive and well) and hand her to the police.

When the killings stopped, the Murder Squad's most senior member claimed that the killer had committed suicide. An innocent man was named in a deceitful cover-up. The author names the *real* serial killer – a national treasure who died in bizarre circumstances.



The Guv'nor Revealed

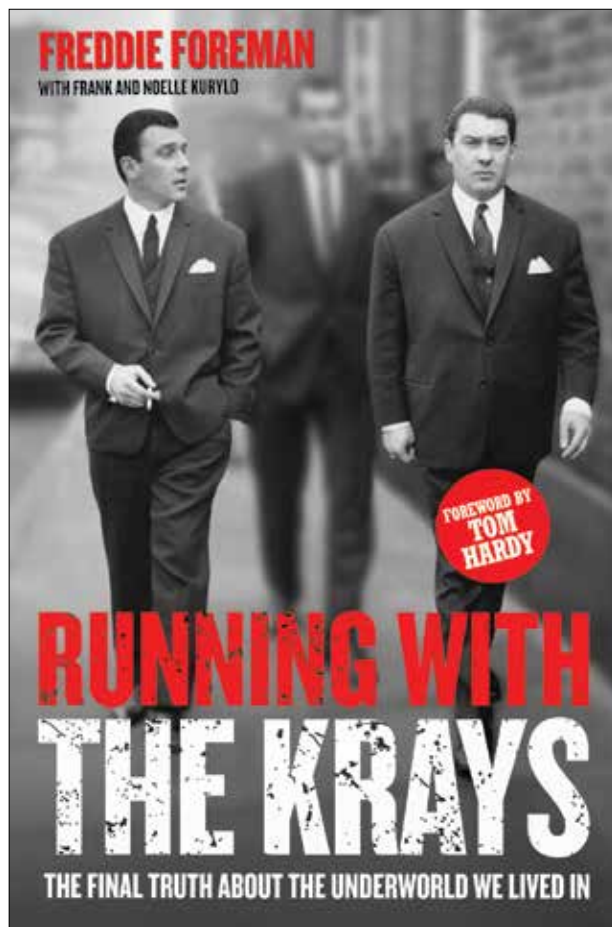
Lee Wortley and Anthony Thomas

978 1 78606 449 3 October 2017 £8.99 PB Rights: World

Lenny McLean was quite possibly one of the most notorious prizefighters this country has produced.

He was a mountain of a man and a true fighter, feared on the streets of gangland London and outside the clubs whose doors he manned in the heart of the capital. But he was also an old-school East Ender, who took pride in operating on a gentleman's code – despite the often-dangerous world he inhabited. His life was cut all-too-short, just as it was taking a new, previously unimaginable direction after his role in Guy Ritchie's *Lock, Stock, and Two Smoking Barrels*.

McLean was one of a kind; infamous for his brute strength but also loved for his protective heart. *The Guv'nor Revealed* uncovers parts of Lenny McLean's life not previously explored, with shared memories from his close friends, family and various other acquaintances who crossed his path one way or another during his lifetime.



Running with the Krays – The Final Truth about the Underworld We Lived In

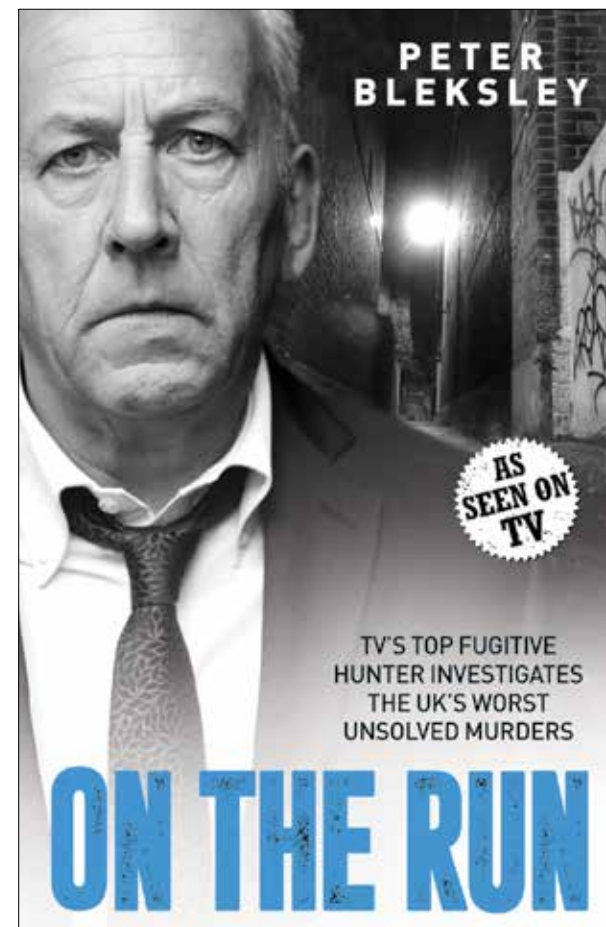
Freddie Foreman

978 1 78606 280 2 November 2017 £8.99 PB Rights: World

For over fifty years, Freddie Foreman's name has commanded respect, and occasionally fear, from those who work to uphold the law – and those who operate just outside it. With almost all of his compatriots, such as the notorious Kray twins, now gone, Foreman is truly the last real gangster.

Known as 'Brown Bread Fred', Freddie Foreman's reputation still precedes him. Working as a troubleshooter for many notorious London 'firms', he was required to clean up the problems that they had caused for themselves. It would be his work with the Krays that brought him the greatest notoriety.

Running with the Krays contains the musings and reminiscences of someone who really was there and saw it all, along with rare photographs capturing Foreman, the Krays and dozens of other 'Faces' in their heyday. It is the no-holds-barred story of Foreman's life and the exciting and glamorous world in which he lived.



On the Run

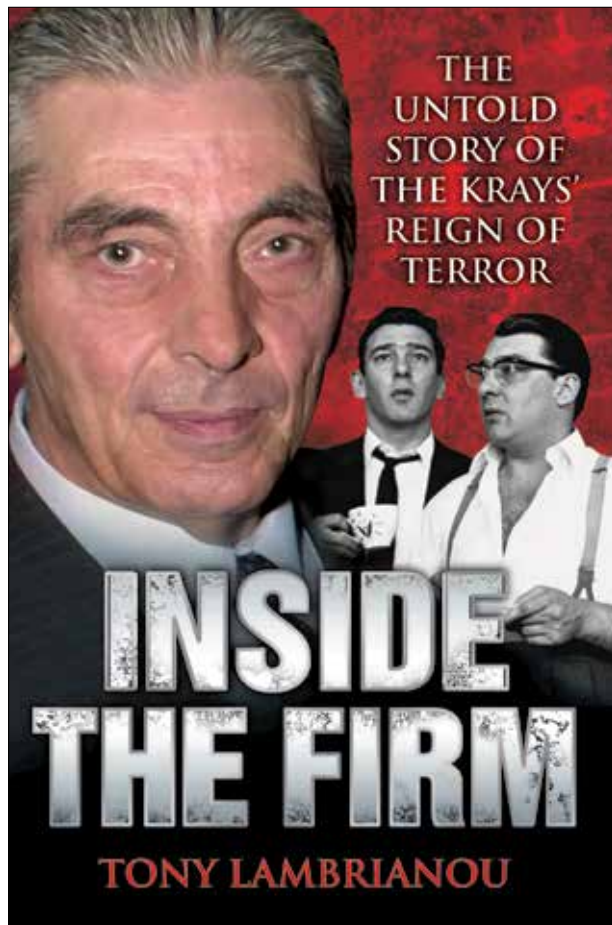
Peter Bleksley

978 1 78606 514 8 January 2018 £8.99 PB Rights: World

Roughly ten per cent of all murders in the UK go unsolved. Here, one of Britain's top former undercover cops shines new light on cases up and down the country in search of answers.

Peter Bleksley's life has been devoted to investigating. As an undercover detective for the Metropolitan Police, his ability to get to the bottom of a case was legendary. His success rate in solving murders as a serving officer stands at one hundred per cent. Now a renowned policing and crime expert seen on the BBC and as the Chief on Channel 4's *Hunted*, Bleksley's knowledge and experience is peerless.

Using investigative skills acquired over decades of experience, and access to archives and contacts in the force, Bleksley shines new light on investigations that ran aground, often despite extensive media coverage and police resources. He also discovers glaring errors made by investigators and forensic teams that will shock many readers.



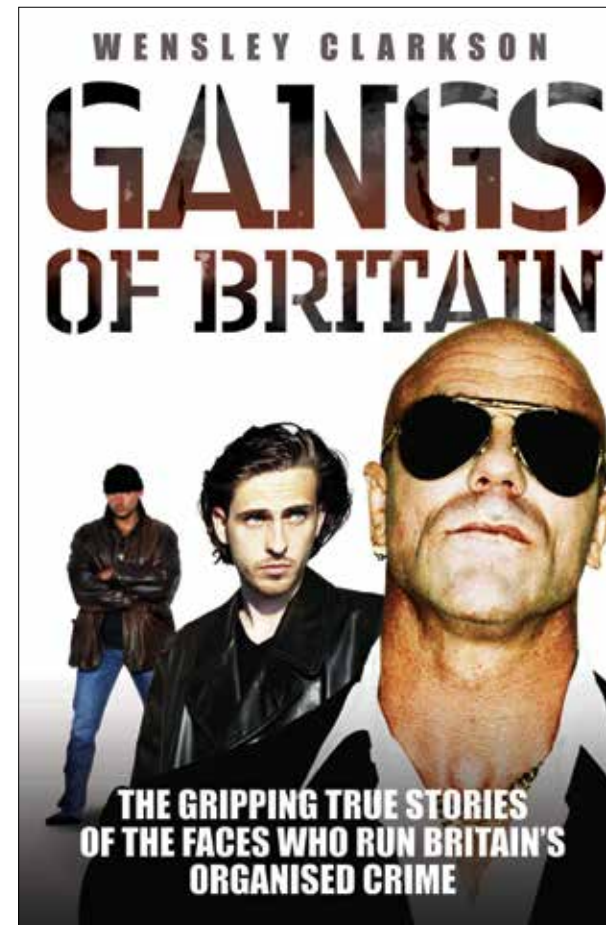
Inside the Firm

Tony Lambrianou

978 1 78606 844 6 February 2018 £8.99 PB Rights: World

Throughout the 1960s, Tony Lambrianou was a trusted member of the Kray gang. He had a unique insight into the workings of a criminal organisation whose reputation in the underworld perseveres to this day. But Lambrianou was not just an observer, and his role in the Kray story ultimately led to him serving fifteen years in prison. *Inside the Firm* tells, with searing honesty, his violent history with the Krays – and the horrors of his subsequent imprisonment in top security institutions.

In exorcising his ghosts, Lambrianou reveals an account that is more impartial and more terrifying than anything Ronnie and Reggie ever could have written. From the murder of Jack ‘The Hat’ McVitie – and the mystery of his undiscovered body – to the role of the Kray legacy in Britain’s prisons today, *Inside the Firm* is the last confession of a gangster determined to turn his back on his brutal past.



Gangs of Britain – The Faces Who Run Britain’s Organised Crime

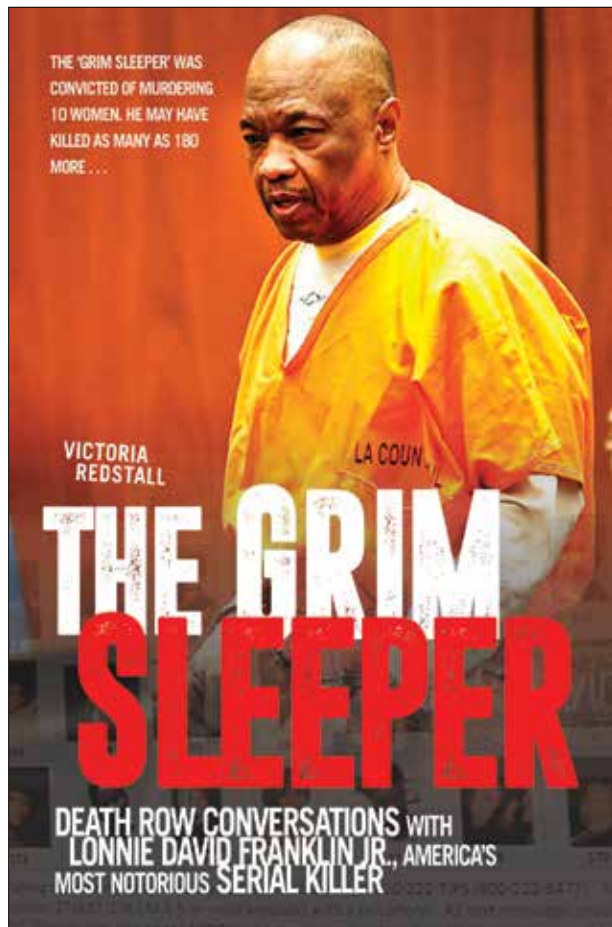
Wensley Clarkson

978 1 78606 258 1 April 2018 £7.99 PB Rights: World

Today’s gangsters are worlds apart from the ganglords of the Fifties and Sixties. The godfathers of old were seen by many as a stabilising influence. Their power inspired respect; they kept the underworld in check. Britain’s twenty-first-century gangs are far shadier. Their brutality has spread far and wide and they now live and thrive in our midst, on suburban streets alongside ordinary folk.

Organised crime is worth more than £10 billion in Britain every year. The old crimes of prostitution and extortion are losing out to multi-million-pound drug deals, bringing gangsters more money and power than ever before.

Acclaimed true-crime author Wensley Clarkson has met many of Britain’s richest and most powerful gangs, and in this gripping account, he provides an extraordinary insight into these feared Guv’nors.



The Grim Sleeper – Death Row Conversations with Lonnie David Franklin Jr.

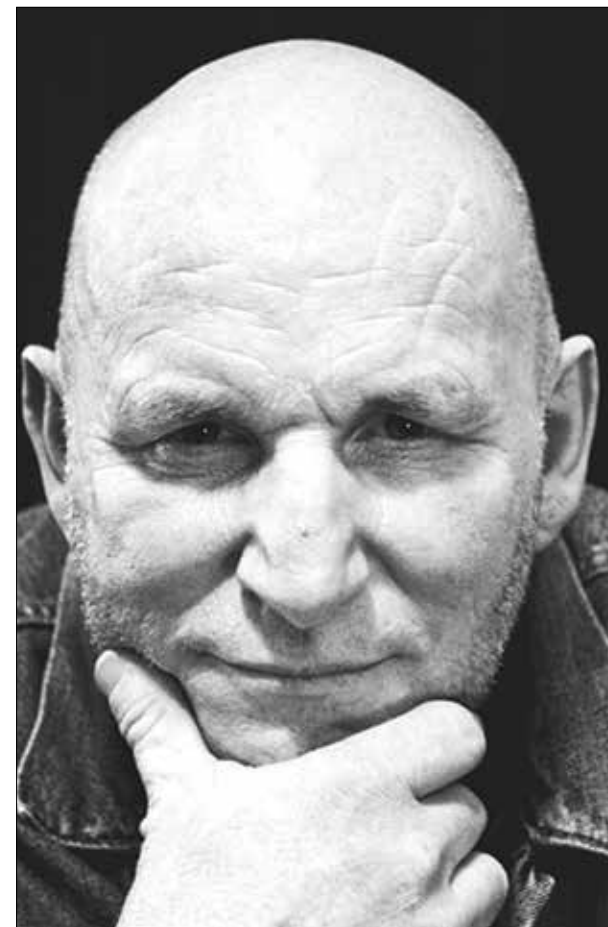
Victoria Redstall

978 1 78606 866 8 February 2018 £8.99 PB Rights: World

Victoria Redstall delves into the mind of American serial killer Lonnie David Franklin Jr – known as ‘the Grim Sleeper’, because he mysteriously stopped killing for fifteen years.

Franklin has a criminal record dating back to 1989. In 2010, during a raid at his flat, police discovered photographs of 180 women, some apparently dead. In May 2016, he was convicted of the killings of nine women and one teenage girl in Los Angeles. In August 2016, he was sentenced to death for each of the ten victims named in the verdict. It is suspected that he killed many more.

Written with the insight of someone who has spoken to the killer (currently on Death Row in San Quentin State Prison, California) many times, *The Hidden Serial Killer* is a chilling reminder of the everyday murderers who walk among us.



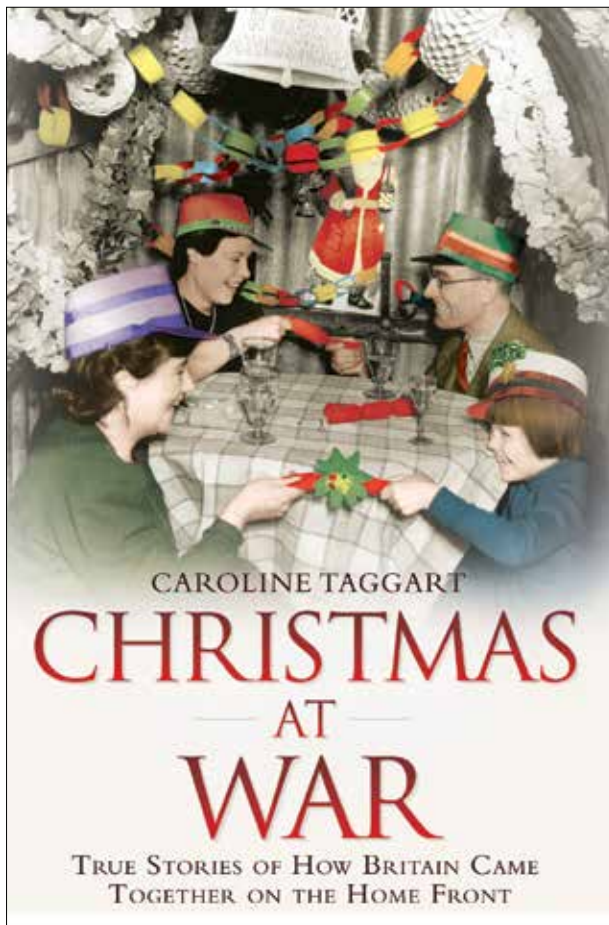
The Quality Street Gang

Lenny Flood with Anita Armstrong

978 1 78606 570 4 March 2018 £8.99 PB Rights: World

This is John Blake at its best, with a gritty UK true-crime gangster memoir – the story of Lenny Flood, member of Manchester’s infamous Quality Street Gang in the 1960s, which was headed up by his uncle Doug Flood and John ‘Legs’ Miller. This absorbing biography follows his life of crime, subsequent stint in Strangeways prison in the 1970s, and then a life on the run on the Costa del Sol in the 1980s and 1990s. During that time, he mixed with the most infamous of UK gangsters, including Ronnie Knight, Mickey Riley, Jimmy Swords, John ‘Goldfinger’ Palmer and Vinny Scarvio. Now he’s home – and free. This is Lenny’s story of a life of crime and mixing with Britain’s criminal kingpins.

Written with Anita Armstrong, who penned the John Blake bestseller *Life in Strangeways*, this is for fans of *The Guv’nor* and any of the perennial Kray twins bestsellers.



Christmas at War: True Stories of How Britain Came Together on the Home Front

Caroline Taggart

978 1 78606 814 9 November 2017 £7.99 PB Rights: World

No turkey. No fruit to make a decent pudding. No money for presents. Your children away from home to protect them from bombing; your husband, father and brothers off fighting. How in the world does one celebrate Christmas?

That was the situation facing the people of Britain for six long years during the Second World War. These first-hand reminiscences tell of carol singing in the blackout, torches carefully covered so that no passing bombers could see the light, and of the excitement of receiving even just a comic, a few nuts and an apple in your Christmas stocking. They recount the resourcefulness that went into makeshift dinners and hand-made presents, and the generosity of spirit that made having a happy Christmas possible in appalling conditions



Free Boots and Back-to-Backs – Memories of a Birmingham Childhood in the 1950s

Maureen Harvey

978 1 78606 867 5 March 2018 £7.99 PB Rights: World

Born in 1946, Maureen Harvey grew up in a poor working-class household in Birmingham, when the city was still a major manufacturing centre. Her near-total recall tells of family pride and neighbourliness; of making do and being thankful for small mercies.

Back then, the deserving poor could write to the *Daily Mail* for a free pair of serviceable boots, while, as a small child, Maureen foraged for coal and wood. Despite poverty and unemployment, the city's working class really were 'poor, but proud and honest'.

Today, Birmingham's last court of back-to-back houses – built to house the city's vast industrial workforce – is preserved by the National Trust. But they were once the homes of the people who made this country what it is – as this book shows.



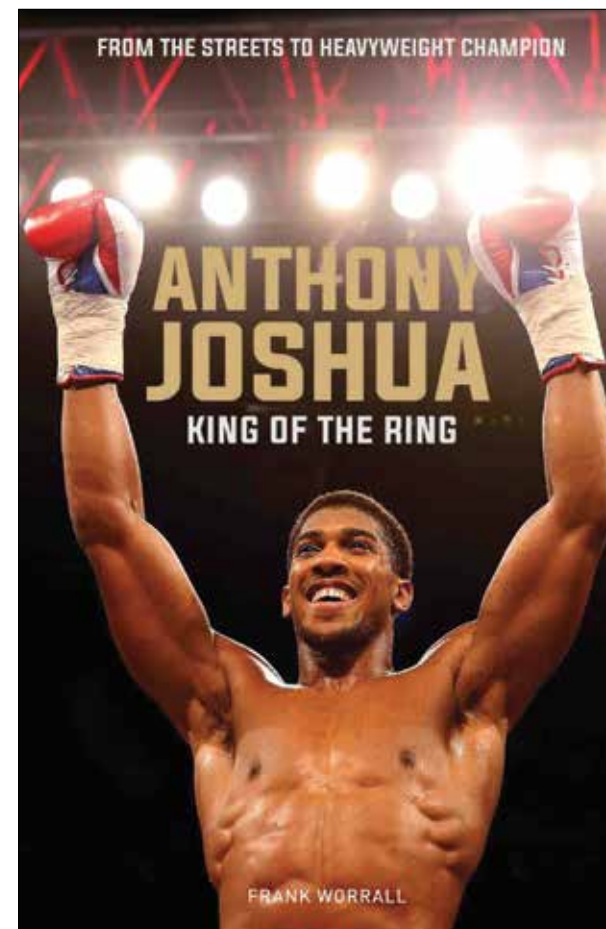
Somebody's Daughter

Zara Phillips

978 1 78606 566 7 February 2018 £7.99 PB Rights: World

Zara Phillips seemed to live a charmed life – backing singer to the stars, with an incredible career here and across the Atlantic. But her smile masked an unhappy childhood and the reality that she was adopted as a baby into a loveless family in the 1960s. Her life soon spiralled out of control. As a teenager, she suffered from drug and alcohol addiction and sexual abuse. She struggled to find her birth parents and her identity.

This is a hard-hitting and emotional memoir, dealing with serious topics such as forced adoption and religious prejudices in England in the Sixties, and reveals how a beautiful woman's life has been dominated by her adoption and still affects both her and those around her.



Anthony Joshua – King of the Ring: From the Streets to Heavyweight Champion

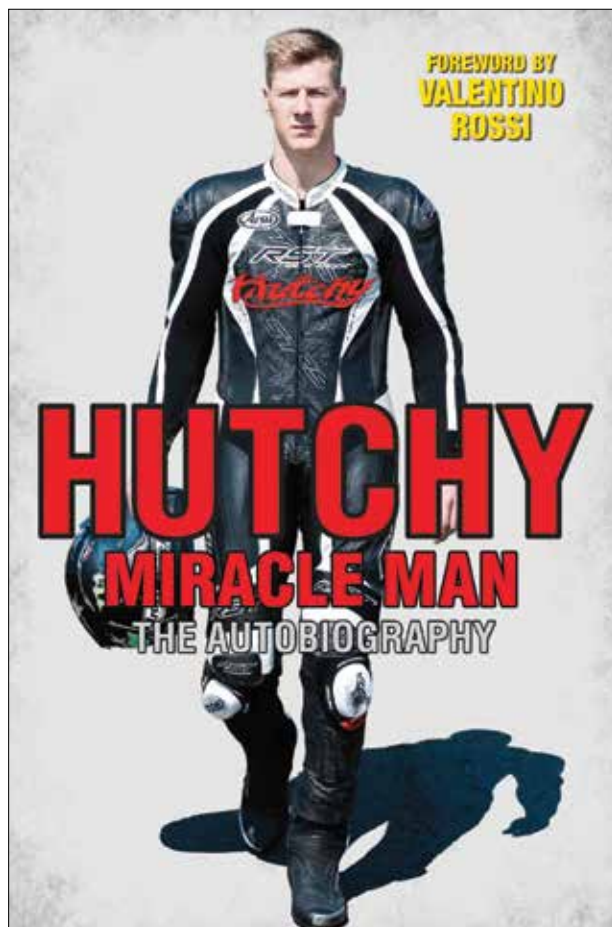
Frank Worrall

978 1 78606 542 1 October 2017 £7.99 PB Rights: World

On the night of 29 April 2017, at Wembley Stadium, Anthony Joshua defeated the Ukraine's former world heavyweight champion, Vladimir Klitschko. In doing so, he added the WBA and IBO heavyweight titles to the IBF belt he already held.

In one of history's greatest heavyweight contests, a brilliant but relatively inexperienced fighter had defeated one of the finest boxers of any age. But the bout also harked back to an era of true sportsmen, with Joshua as generous in victory as Klitschko was in defeat. For once, boxing lived up to the epithet 'the Noble Art'.

In the first post-Klitschko-fight study of this remarkable boxer, bestselling sports writer Frank Worrall examines the life of a young man who has won all nineteen of his professional fights by KO. At twenty-seven, Joshua has a glittering career ahead of him, and seems set to usher in a new golden age for heavyweight boxing.



Hutchy – Miracle Man: The Autobiography

Ian Hutchinson

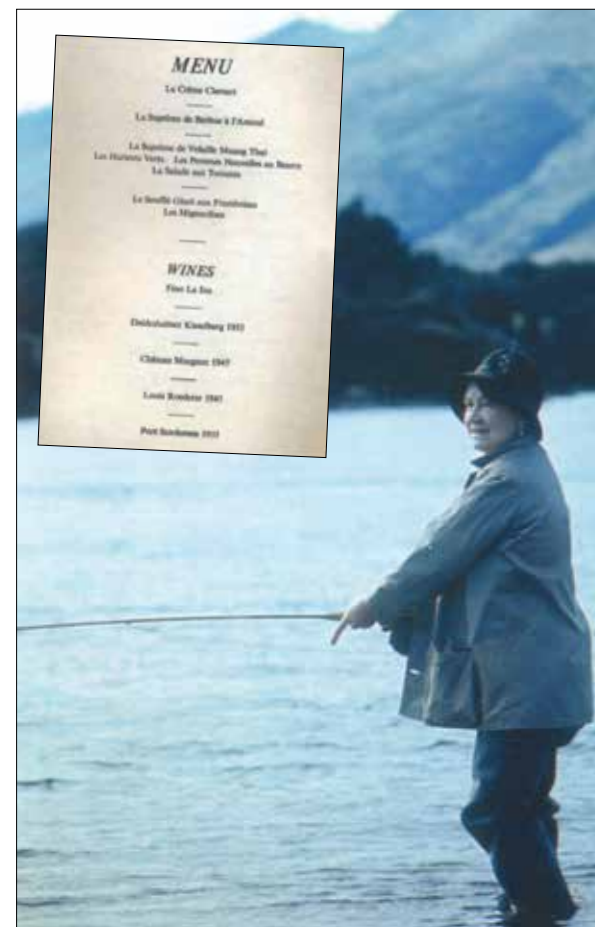
Forewords by Valentino Rossi and Murray Walker, OBE

978 1 78606 277 2 | October 2017 | £8.99 | PB | Rights: World

In summer 2010, Ian ‘Hutchy’ Hutchinson recorded the most wins in an Isle of Man TT festival (five), having already won the Supersport class at the North West 200 in Northern Ireland. But that September, at a British Supersport round at Silverstone, the Yorkshireman crashed, breaking his left leg so badly that there were fears it might have to be amputated. After many surgical operations and a lengthy recovery, he fractured it *again* in 2012.

But after modifications to the gear and rear-brake levers on his race machines, he won the 2013 Macau Grand Prix. Two years later, he secured three wins, a second and a third place at the 2015 Isle of Man TT, also winning that year’s Joey Dunlop TT Championship Trophy. And 2016 was to prove even better.

Hutchy: Miracle Man is a book for anyone interested in the life of a brilliant rider loved not just for his achievements but for his unassuming modesty and humour.



Dinner at Buckingham Palace

Charles Oliver

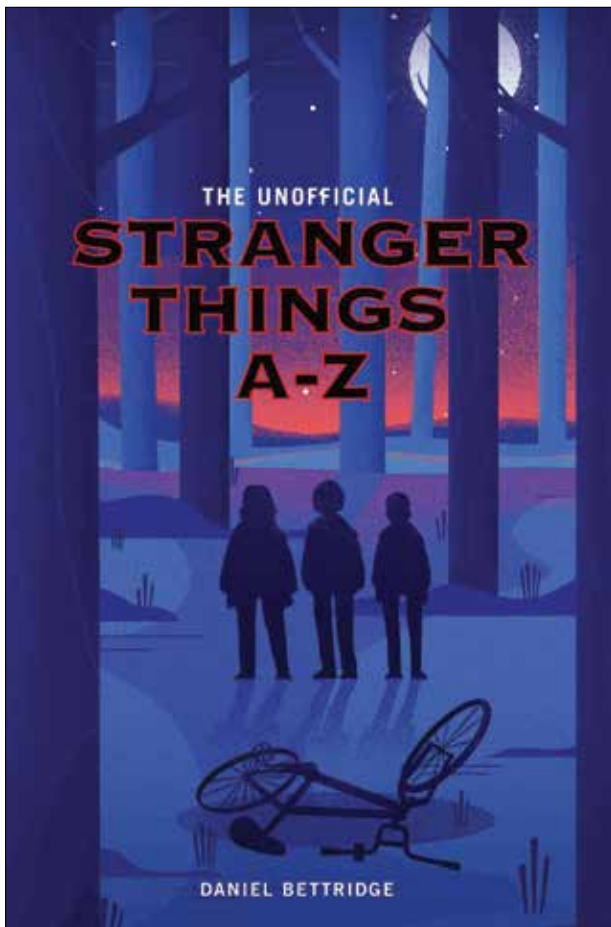
Compiled and edited by Paul Fishman and Fiorella Busoni

978 1 78606 516 2 | November 2017 | £12.99 | HB | Rights: World

A behind-the-scenes look into the spectacular and privileged world of Buckingham Palace, Windsor Castle and Balmoral. Charles Oliver worked at Buckingham Palace from the reign of Queen Victoria to that of Elizabeth II. This book is based on his diaries, and offers an extraordinary collection of anecdotes, recipes, menus and personal photographs.

The perfect, must-have book for fans of history, the royal family and British culture as a whole, *Dinner at Buckingham Palace* is being republished in a handsome, beautifully illustrated hardback edition.

The book also features a selection of menus used at royal events, alongside a series of exclusive private photographs of the Royal Family.



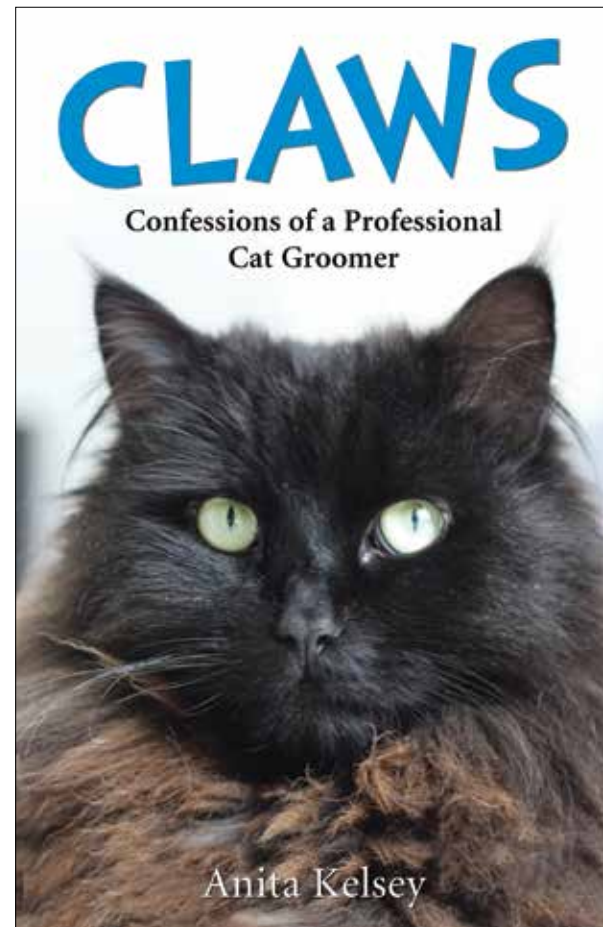
The Unofficial Stranger Things A-Z

Daniel Bettridge

978 1 78606 470 7 September 2017 £8.99 PB Rights: World

From *Alien* to the Upside Down, get ready for an A-Z journey through the world of *Stranger Things*.

The Duffer Brothers' creation has engrossed millions of fans worldwide, with its suspenseful story-telling and vivid evocation of a seemingly ordinary Middle American town that is hiding some dark secrets. It's also an unashamed love letter to the decade of *E.T.*, *It* and the classic high-school movie, filled to the brim with pop-culture references. This is an essential read for all fans of *Stranger Things*, exploring the world of Hawkins, Indiana and its residents (as well as their real-life counterparts) with some fun facts and a hefty dose of 1980s pop culture along the way. Whether you want to brush up on your knowledge and get ready for what's to come, or if you're a newbie who needs to get up-to-speed, this fun and informative guide has you covered.



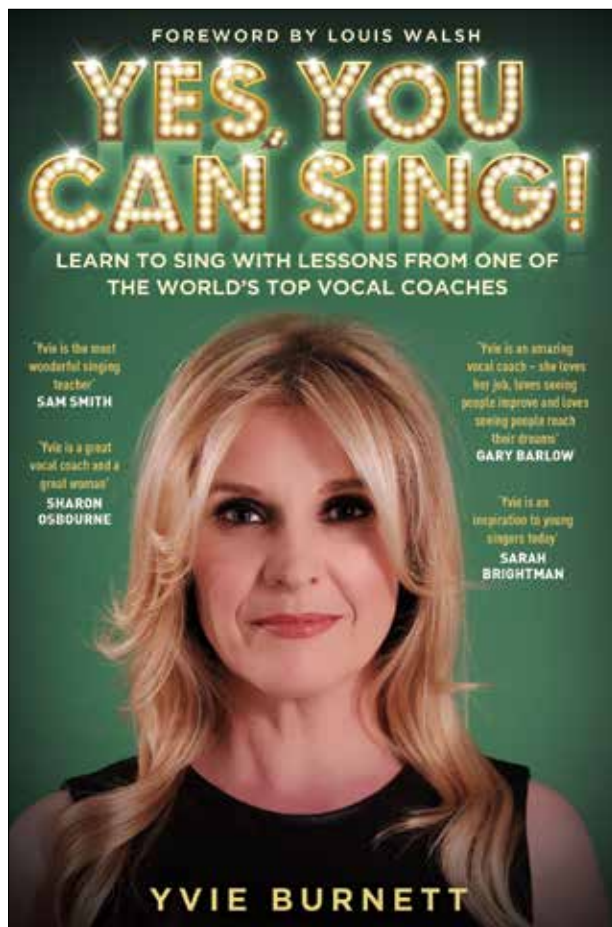
Claws – Confessions of a Professional Cat Groomer

Anita Kelsey

978 1 78606 285 7 September 2017 £12.99 HB Rights: World

During her years of visiting homes as a cat groomer, Anita Kelsey has amassed a vast array of funny, cute and ridiculous stories about moggies – and, of course, their owners. In *Claws*, she picks out a few of her favourite tales to share, from 'Sammy the Swooner' to 'Tubbs: The Fat Cat Caught in His Flap'.

A must-have for all cat lovers, *Claws* is the work of an author with a lifetime of living alongside, and professionally caring for, felines in their various guises and eccentricities. In the pages of this entertaining and heart-warming book, you'll meet twenty of the most characterful cats, all eventually calmed and preened to their natural beauty and animal magnificence by the author. Meet their owners, too, and enjoy Anita's take on individual relationships between pet and owner as well as learning a few 'mog tips' on how best to look after your feline friends.



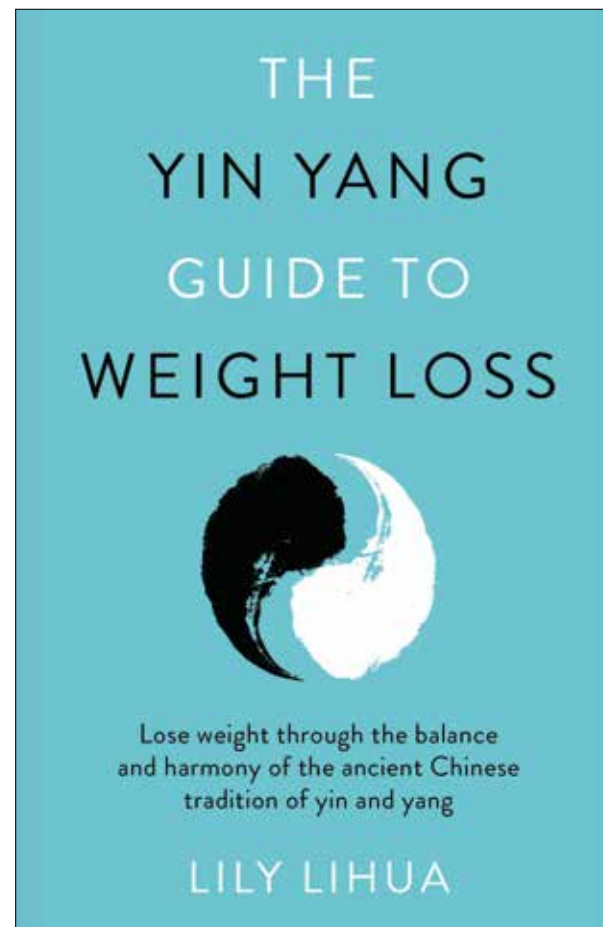
Yes, You Can Sing – Learn to Sing with Lessons from One of the World’s Top Vocal Coaches

Yvie Burnett

978 1 78606 413 4 September 2017 £14.99 PB Rights: World

Yvie Burnett wants to teach the world to sing. You’ll have seen her on everything from *The X Factor* to *The Voice*, *Britain’s Got Talent* and *America’s Got Talent*. So she’s worked with the best.

She’s helped Sam Smith to stay on top of his game, polished the fabulous high notes of Nicole Scherzinger and helped Katy Perry to warm up ahead of major gigs. Now it’s your turn. Chapter by chapter, in this invaluable manual Yvie will cover everything from how to prepare for that nerve-wracking audition, how to conquer breath control and why you should always avoid tongue piercings! Additionally, there are invaluable anecdotes and advice from a host of well-known names including Leona Lewis, Ollie Murs and Ricky Wilson.



The Yin Yang Guide to Weight Loss – Dieting Secrets of Imperial China

Lily Lihua

978 1 78606 829 3 January 2018 £10.99 PB Rights: World

China is ranked as one of the world’s slimmest nations. The secret to its people’s healthier, happier lifestyle has been ingrained in its culture for thousands of years: they believe that life should be aligned with nature, and follow the yin and yang theory of balance. This 2,000-year-old philosophy from the philosopher Lao Tzu argues that a part can only be understood through its relationship to the whole.

Lily Lihua has been a consultant in Chinese medicine for over twenty years and runs the Gi Sen clinics across London. She brings this ancient philosophy into her acupuncture, fertility and nutritional treatments. Now she’s putting her expertise and experience into a book to help you lose weight and regain your well-being. In *The Yin Yang Guide to Weight Loss*, Lily lets you into these ancient secrets, as well as providing easy recipes and exercises that you can easily incorporate into daily life.



Turn Back Time – Lose Weight and Knock Years off Your Age

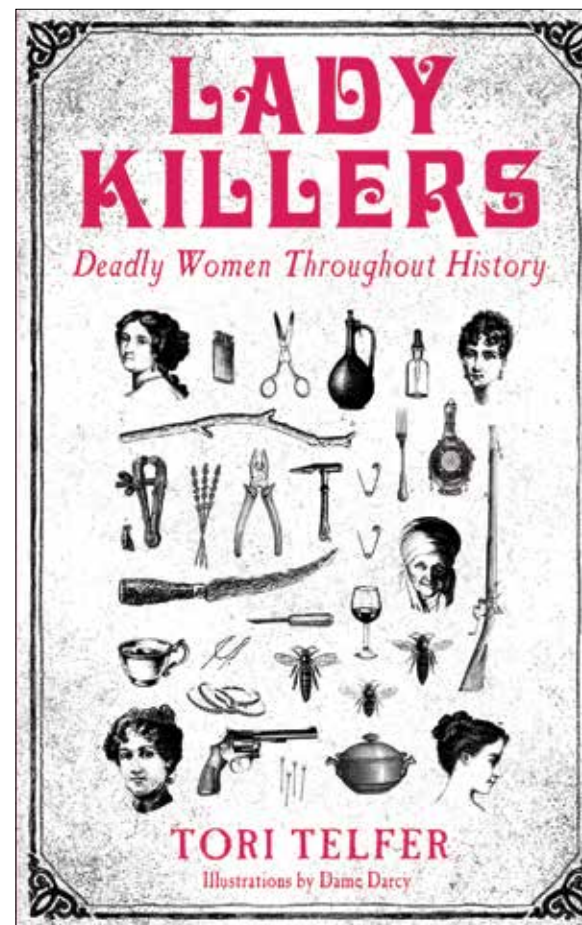
Dr Aamer Khan and Carole Malone

978 1 78606 827 9 January 2018 £12.99 PB Rights: World

Learn how to protect your health for the future by losing weight – and knock years off your age – with expert advice from Harley Street doctor, Dr Aamer Khan.

Dr Khan has spent more than fifteen years performing cosmetic and non-surgical procedures, helping thousands of men and women, each with a different concern, achieve their aim – to look good and feel as good as they can. In *Turn Back Time*, he gives the reader everything they need to know about how to look good and feel great in older age, and to turn back the clock.

This enlightening book provides practical, personal and expert advice on the right exercise, and best nutrition to help you find the right balance in life.



Lady Killers – Deadly Women Throughout History

Tori Telfer

978 1 78606 121 8 January 2018 £8.99 PB Rights: UK & Commonwealth (exc. Canada)

The overwhelming majority of serial killers are assumed to be male. Indeed, in 1998, FBI profiler Roy Hazelwood declared at a homicide conference, 'There are no female serial killers.'

Based on the popular online series on Jezebel and The Hairpin, *Lady Killers* disputes that claim, offering fourteen gruesome examples. Erzsébet Báthory, Nannie Doss, Mary Ann Cotton, and Darya Nikolayevna Saltykova rival their male counterparts in cunning and cruelty. Each chapter explores the crimes and history of one killer, then unpacks her legacy and portrayal in the media, and the stereotypes and sexist clichés surrounding her.

This is the first book to examine female serial killers through a feminist lens. With a witty and dryly humorous tone, the author dismisses easy explanations and tired tropes, delving into the complex reality of female aggression and predation. Featuring fourteen illustrations from Dame Darcy, *Lady Killers* is an insightful and irresistible journey into the heart of darkness



The English Public School – An Irreverent and Personal History

Martin Stephen

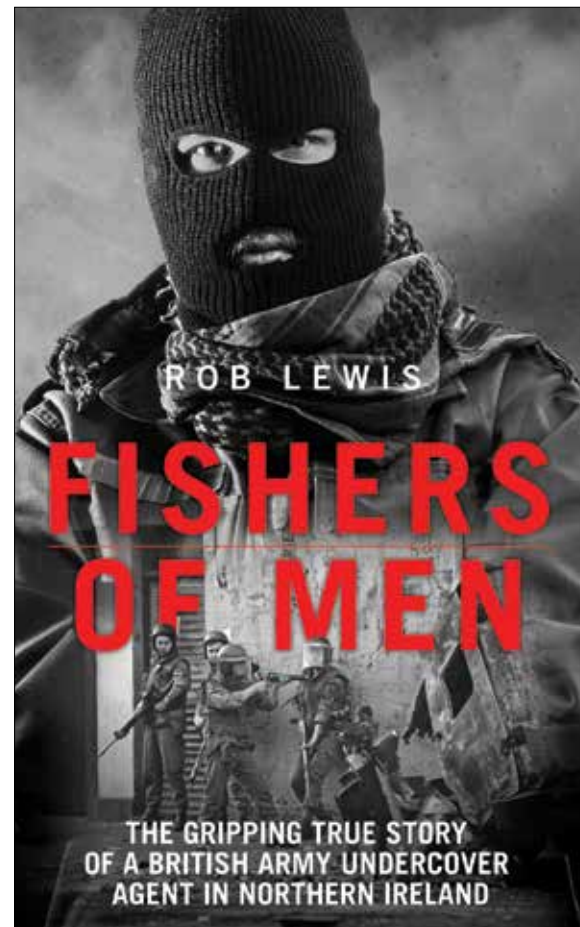
978 1 78606 877 4 April 2018 £12.99 HB Rights: World

‘A fascinating and important book.’ – Lord Baker of Dorking, former Secretary of State for Education

‘Martin Stephen cannot write a boring line. By turns utterly horrifying and hilariously funny, [his book] is also academically fascinating, and . . . a rip-roaring good read.’ – Jilly Cooper

Until his retirement in 2011, Martin Stephen was High Master of St Paul’s School, and before that of Manchester Grammar School – two of the most academically successful independent schools in the world. He is uniquely placed to write a study of that extraordinary phenomenon, the English public school.

This book is no hagiography, however, and pulls no punches when it comes to the failings of private educational establishments, while also showing that their benefits can be harnessed for a wider good.



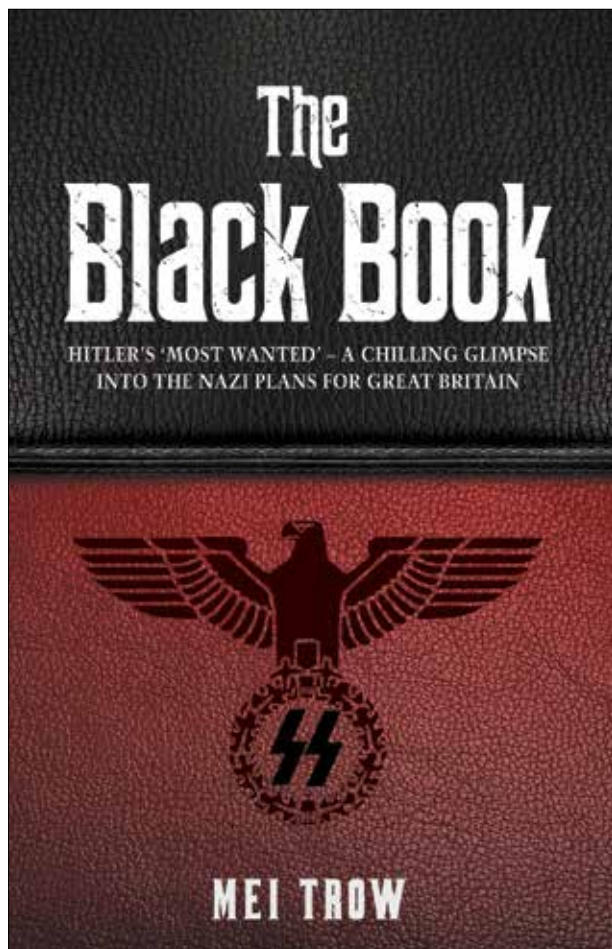
Fishers of Men – The Gripping True Story of a British Army Undercover Agent in Northern Ireland

Rob Lewis

978 1 78606 469 1 September 2017 £8.99 PB Rights: World

‘The Force Research Unit was so secret that the rest of the army was unaware of its existence. This is the only book that will ever appear about it.’

Fishers of Men is the true account of secret operations in Northern Ireland carried out by the British Army’s most clandestine unit. Through Rob Lewis’s own extraordinary experiences, it tells the unique story of an essential instrument in the fight against terrorism: covert intelligence gathering. The techniques the unit used to target and recruit their contacts, how they protected their informants and the terrifying life their agents led are all told by this agent handler, who uses many of his cases to illustrate the skills, intelligence and sense of humour essential to the job.



The Black Book – A Chilling Glimpse into the Nazi Plans for Great Britain

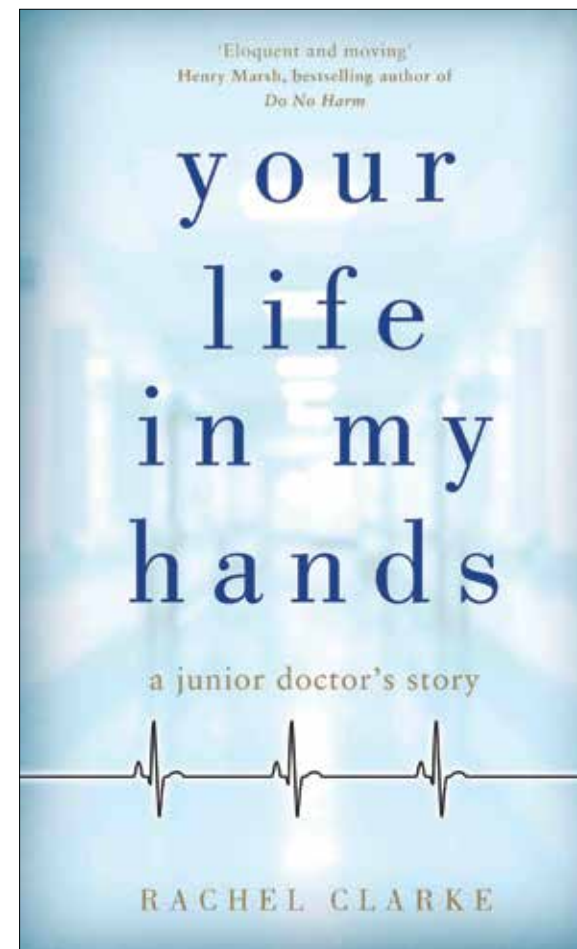
Mei Trow

978 1 78606 515 5 November 2017 £8.99 PB Rights: World

In July 1940, Walter Schellenberg of the German Secret Service compiled a list of 2,694 known enemies of the Reich believed to be living in Britain. In that month, the Wehrmacht was poised across the Channel, ready to hit Britain with blitzkrieg – the terrible tactic that had already overwhelmed Poland, Denmark, Norway, Holland, Luxembourg, Belgium and France.

Schellenberg's list represents the heart and soul of a nation that made the British what they were, but also includes a diaspora from Europe – the intellectuals, politicians and writers driven from their homelands by the German conquests. All human life is there.

The Black Book is the first book to evaluate Schellenberg's list, and look at the chilling reality of what Hitler had in store for the nation.



Your Life in My Hands

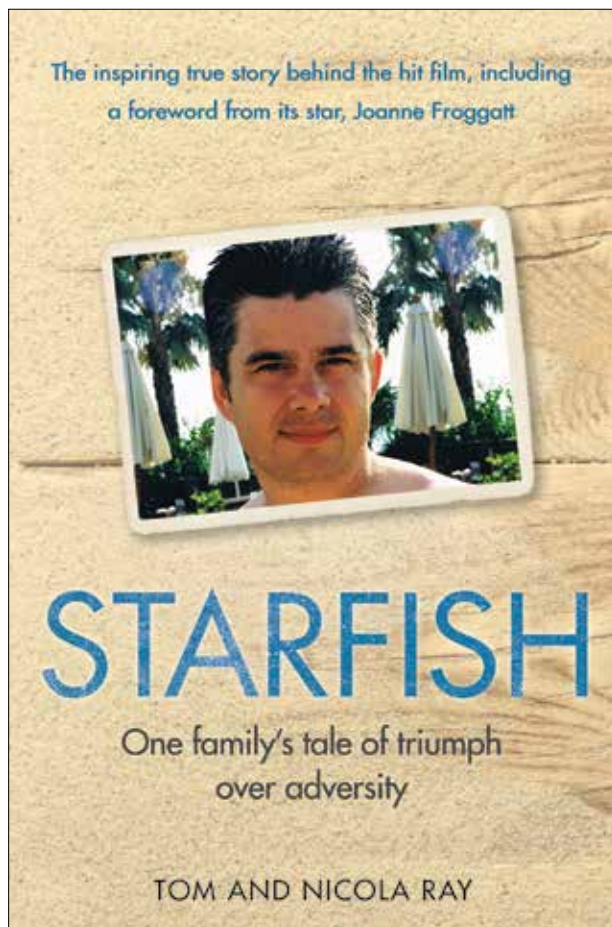
Rachel Clarke

978 1 78606 865 1 December 2017 £8.99 PB Rights: World

How does it feel to be spat out of medical school into a world of pain, loss and trauma that you feel wholly ill-equipped to handle? To be a medical novice who makes decisions which – if you get them wrong – might forever alter, or end, a person's life?

In this heartfelt, deeply personal account of life as a junior doctor in today's National Health Service, former television journalist turned doctor Rachel Clarke captures the extraordinary realities of ordinary life on the NHS front line.

Your Life in My Hands is at once a powerful polemic on the systematic degradation of Britain's most vital public institution, and a love letter of optimism and hope to that same health service and those who support it. This profoundly moving memoir offers a glimpse into a life spent between the dissection room and the bedside, the mortuary and the doctors' mess. It captures with tenderness and humanity the highs and lows of a new doctor's first steps onto the wards, and what it means to be entrusted with carrying another's life in your hands.



Starfish – One Family’s Tale of Triumph After Tragedy

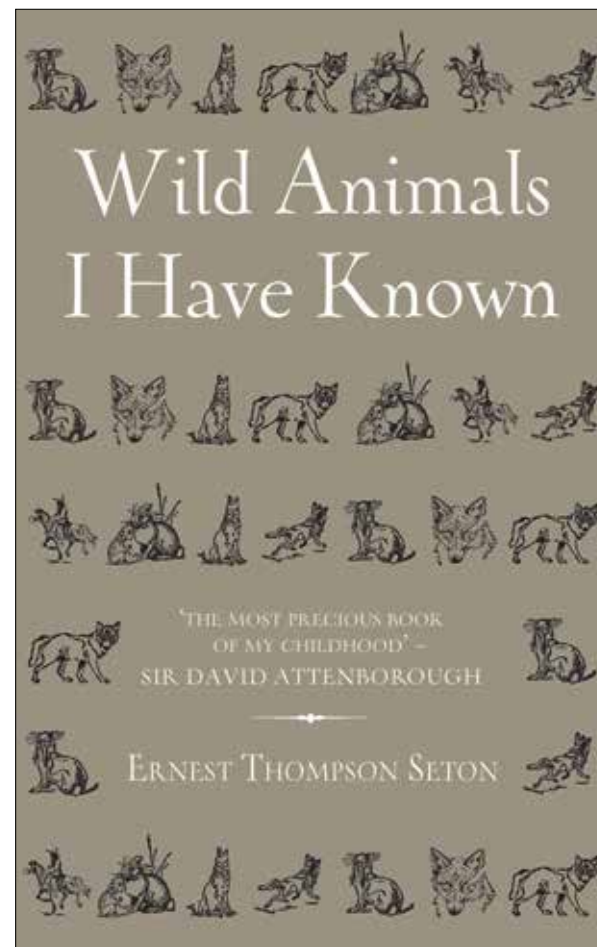
Tom and Nicola Ray

978 1 78606 512 4 | September 2017 | £8.99 | PB | Rights: World English Language

‘There is a voice that whispers to me on the pillow... It stirs a part of me, even in my coma, reminding me that I’m thirty-eight and in love with the most beautiful woman in the world. It tells me that one third of me is gone but what’s left is enough.’

When Tom Ray put his daughter to bed one December evening, he had the house of his dreams, a beautiful wife and a second baby on the way. But by the next morning, he had succumbed to sepsis. *Starfish* tells Tom and Nic Ray’s inspirational story of life before, during and after the devastating illness that claimed Tom’s lower arms, legs, and part of his face.

This is a tale of a couple whose love was tested to its limit after their perfect life fell apart overnight. Heartbreakingly honest, it is a testament to the love and hope that has held their family together.



Wild Animals I Have Known

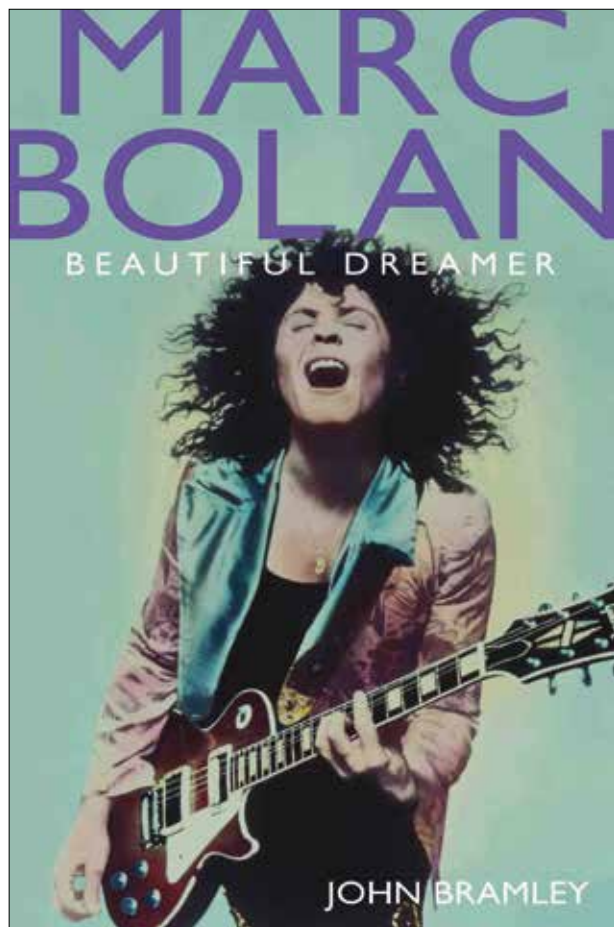
Ernest Thompson Seton

978 1 78606 465 3 | September 2017 | £12.99 | HB

‘The most precious book of my childhood’ – Sir David Attenborough

Meet Old Lobo, a gigantic grey wolf who is the scourge of farmers and ranchers in the Currumpaw region of northern New Mexico. This creature is just one of the animals whose true stories come to life in this engrossing collection by celebrated naturalist Ernest Thompson Seton (1860–1946).

Combining scientific observations of animals in their natural habitats with a romantic vision of nature and the narrative skills of a born storyteller, Seton created extraordinary tales – each offering an affectionate but realistic portrait of an individual creature – which gave the animal story new force and believability as a literary genre. Critically and popularly acclaimed upon its appearance in 1898, *Wild Animals I Have Known* remains the best-known and best-loved of his works. This edition faithfully reproduces the layout of the original volume, as well as all 200 of the author’s distinctive illustrations.



Marc Bolan – Beautiful Dreamer

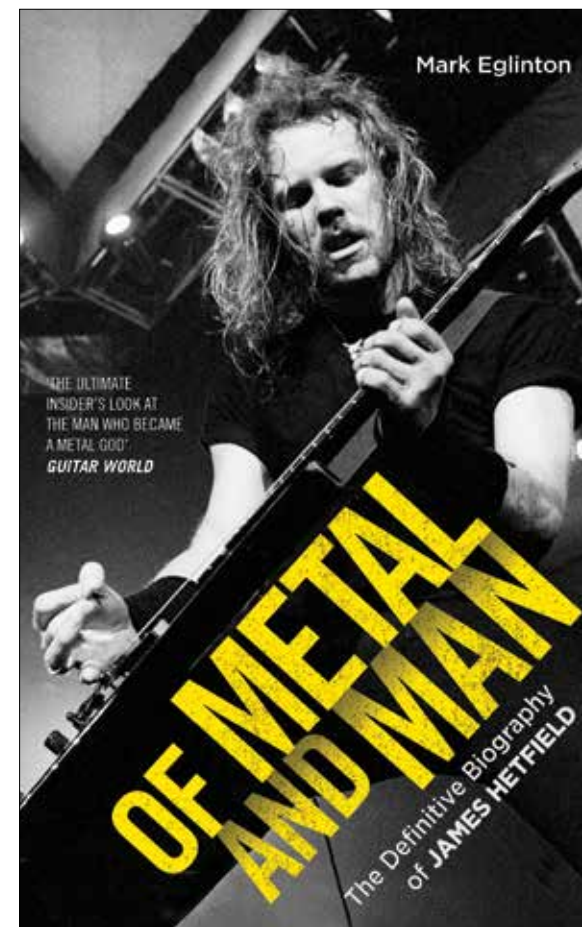
John Bramley

978 1 78606 448 6 September 2017 £20.00 HB Rights: World

Marc Bolan was the wizard who brought magic back to pop music. He transformed himself from a 1960s folk singer into an effervescent glam-rock icon for the early 1970s. But on 16 September 1977, he was killed in a car crash – a tragic, avoidable accident. He was just twenty-nine.

Gradually, acclaim grew for the way that he'd brought colour and humour to an increasingly leaden genre. Much like Jimi Hendrix before him, and Kurt Cobain after, Marc's natural charisma was undeniable, yet it was his scorching talent as a performer and songwriter that underpinned his legend.

Including rare, unpublished photographs and excerpts from Marc's poetry, this biography is penned by an original fan – one who followed Marc Bolan on tour and was fortunate enough to have met him. Published forty years on from Marc's death, *Beautiful Dreamer* paints a picture of the man and his magic. His legacy will forever wear a diamond-studded halo.



Of Metal and Man

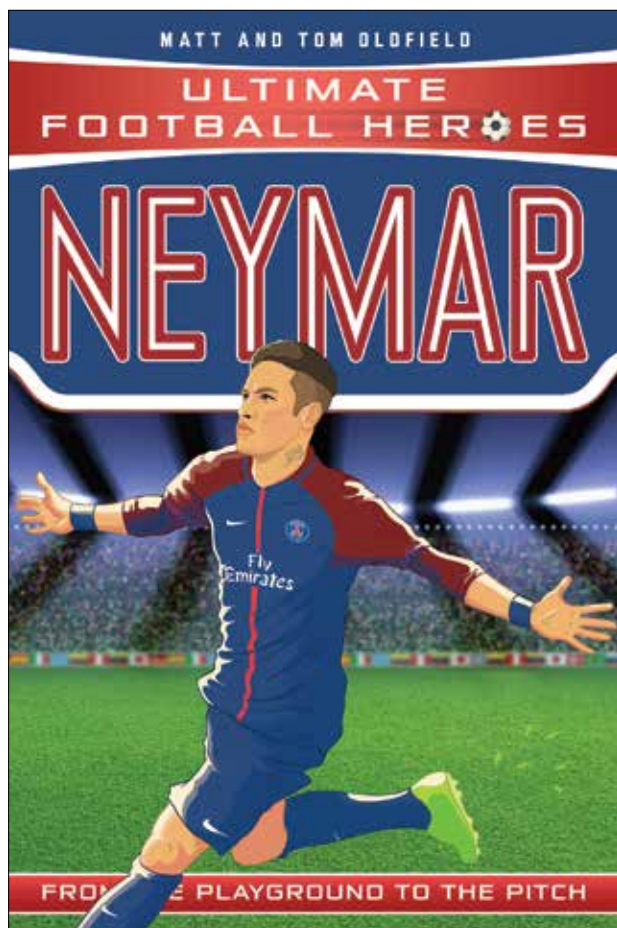
Mark Eglinton

978 1 78606 418 9 October 2017 £8.99 PB Rights: World

'James Hetfield is a guitarist of otherworldly ability... this book tries to understand, de-mystify and even humanise a rock legend who, for most of his career, has remained impenetrable.'

Metallica have sold 110 million records worldwide and won eight Grammy Awards. *Of Metal and Man* is the revised biography of their legendary lead singer and guitarist, offering an exclusive insight into his life and career. Author Mark Eglinton charts the effect that global fame has had on Hetfield and his cohorts, and the complexities of the relationships within the band. He also sheds light on the highs of Metallica's worldwide success and the lows of various members' addiction and alcohol abuse, incorporating exclusive first-hand interviews with key figures from the band's inner circle.

Now updated with new material, this is the definitive biography of James Hetfield – co-founder of a band that has changed the face of rock the world over.



Neymar

Matt and Tom Oldfield

978 1 78606 404 2 | October 2017 | £5.99 | PB | Rights: World

'As Neymar Jr made the long walk to the penalty spot, he knew this was his chance, the one that he had dreamed of since the age of three. If he scored, Brazil would be Olympic champions for the first time ever.'

Neymar da Silva Santos Júnior is the boy with the big smile who carries the hopes of Brazil on his shoulders. He now stands alongside Pelé and Ronaldinho as a Brazilian footballing hero. Bidding a fond farewell to his home in São Paulo, Neymar's dreams finally came true when he joined Barcelona. Alongside Messi and Suárez, he formed part of the most feared attacking trident in the game. This is the heart-warming true story of Neymar's road to glory



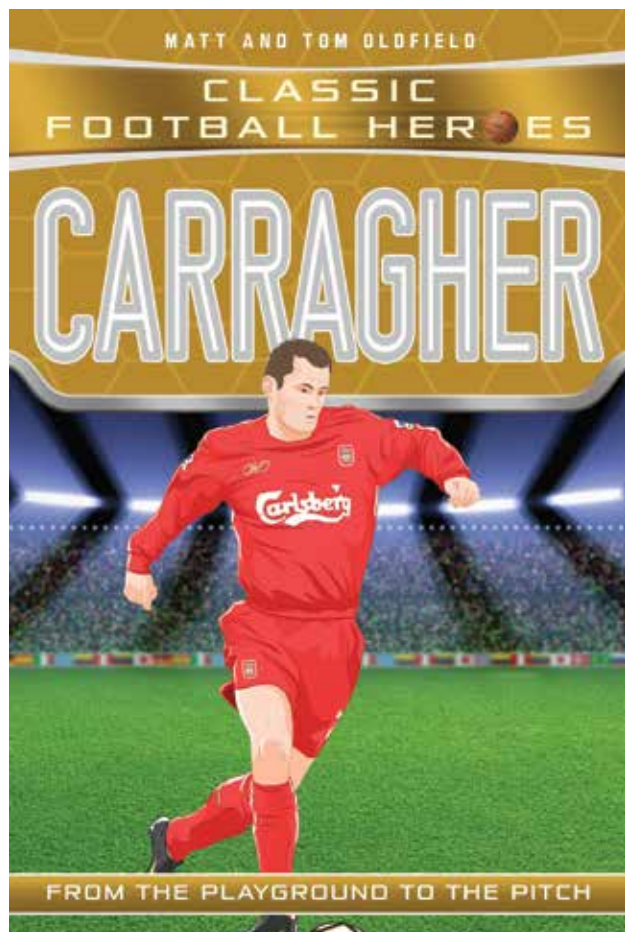
Agüero

Matt and Tom Oldfield

978 1 78606 807 1 | October 2017 | £5.99 | PB | Rights: World

'Balotelli... AGÜEROOOOO! I swear you'll never see anything like this ever again!'

Agüero is the tale of the boy who would go on to re-write football history forever. His dramatic 94th-minute goal on the final day of the 2011/12 season, to snatch the title from under rivals Manchester United's noses, was the most electric moment in Premier League history. This book tells the story of how the small boy from Argentina became a formidable footballing hero.



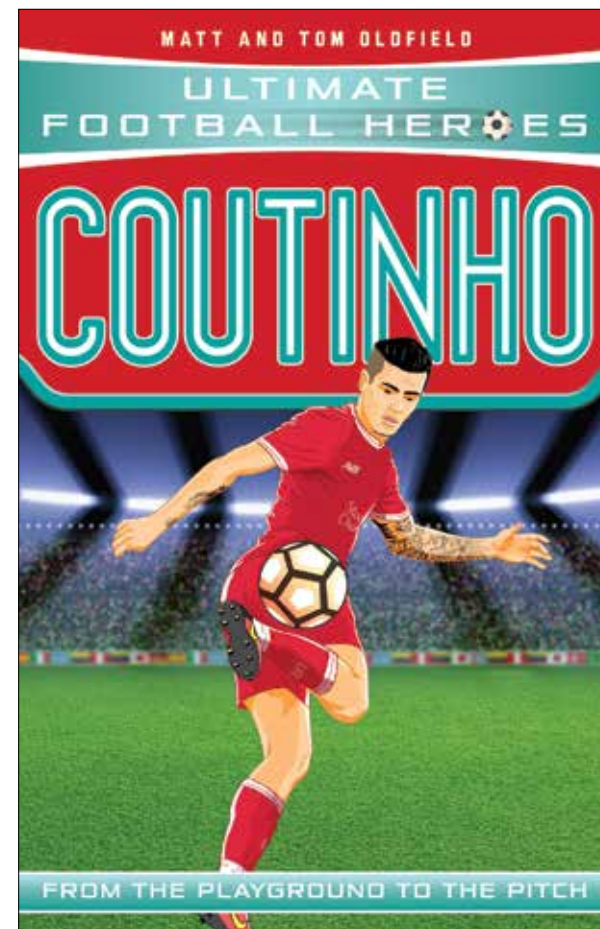
Carragher

Matt and Tom Oldfield

978 1 78606 463 9 October 2017 £5.99 PB Rights: World

'He put his body on the line for the good of the team. His passion made him stand out from the rest.'

Carragher tells the story of the Liverpool hero who stood firm to make Liverpool's breath-taking victory at the UEFA Champions League Final in 2005 possible, coming back against AC Milan, despite the Italian team's enormous lead. This is a story about true loyalty and dedication to one of the world's greatest teams



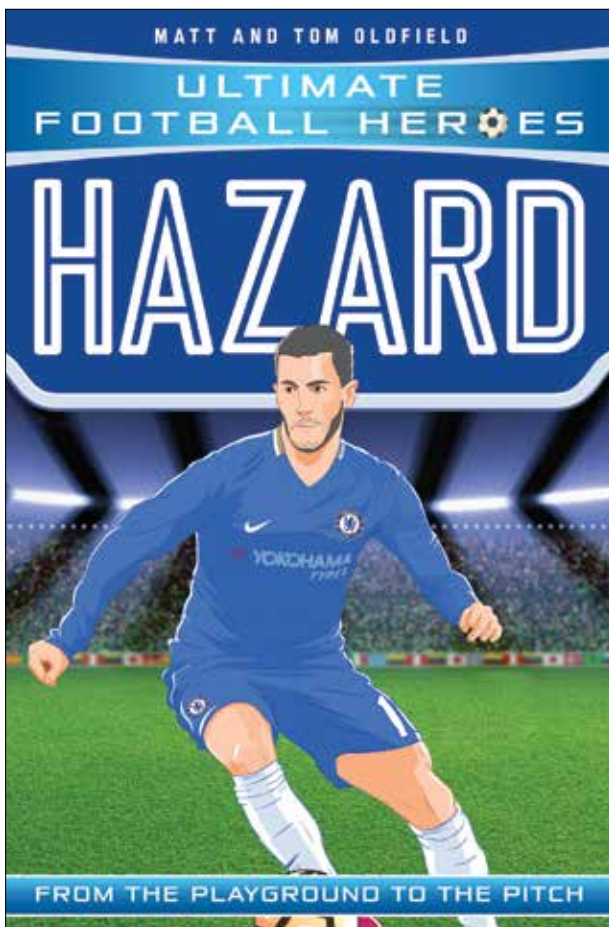
Coutinho

Matt and Tom Oldfield

978 1 78606 462 2 October 2017 £5.99 PB Rights: World

'Philippe took a deep breath, shut his eyes and listened to the Anfield roar. The Liverpool stadium had the best atmosphere in the whole world.'

Coutinho follows the Brazilian football wonder on his stunning path from the backyards of Rio de Janeiro to the bright lights of Milan and the historic city of Liverpool. This is a truly inspiring story of a playmaker that constantly pushes his team towards success, with his fast pace, silky skills and incredible agility as Liverpool's Number 10.



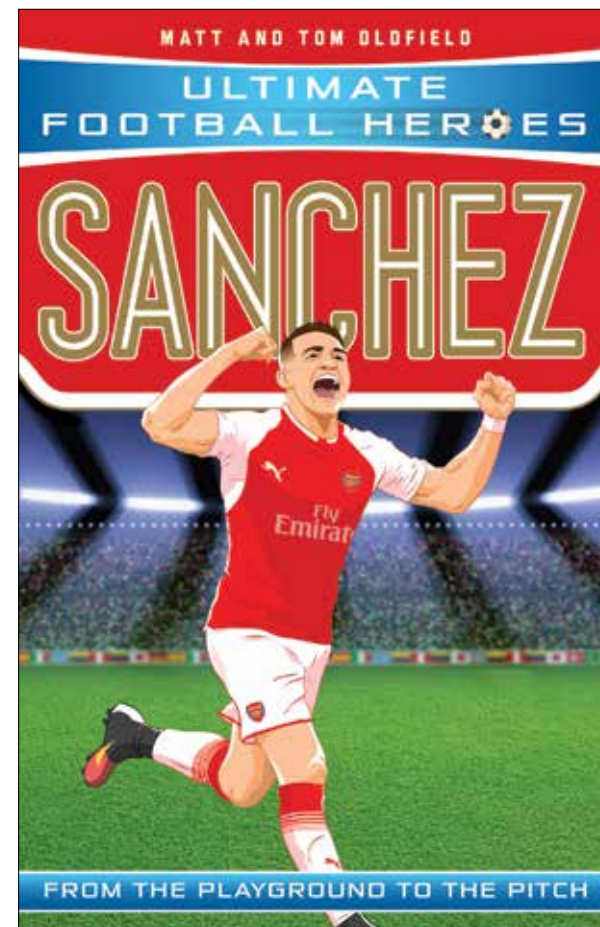
Hazard

Matt and Tom Oldfield

978 1 78606 808 8 | October 2017 | £5.99 | PB | Rights: World

'Eden slid on his knees towards the fans with his arms out wide. He was the hero again – there was just no stopping him now.'

Hazard is the thrilling tale of how the wing wizard went from local wonder kid to league champion. With the support of his football-obsessed family, Eden worked hard to develop his amazing dribbling skills and earn his dream transfer to Chelsea



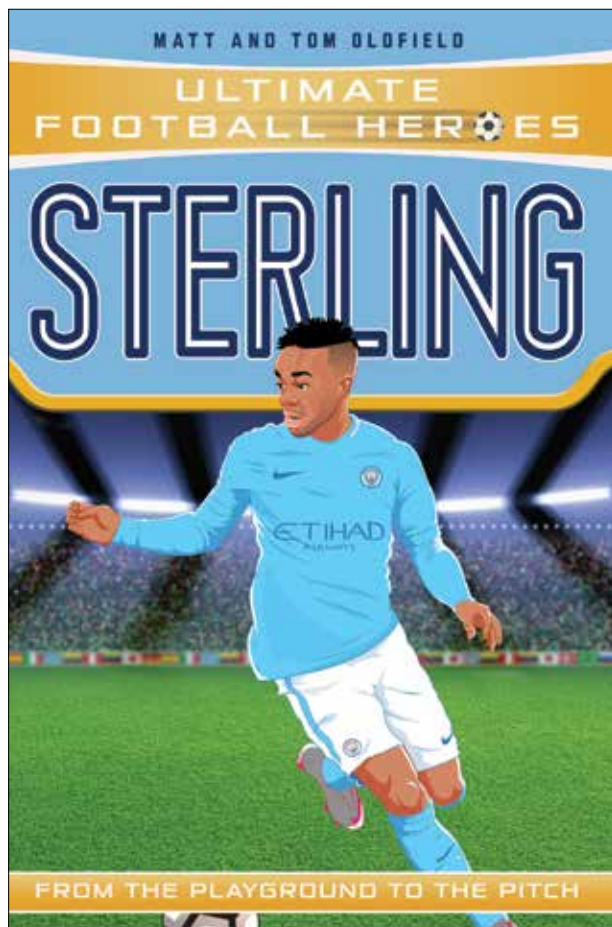
Sánchez

Matt and Tom Oldfield

978 1 78606 809 5 | October 2017 | £5.99 | PB | Rights: World

'At the edge of the penalty area, Alexis hit the ball straight into the top corner. The shot was so powerful that the goalkeeper hardly even saw it.'

Sánchez tells the story of the Arsenal superstar's incredible journey from the streets of Tocopilla to become a national hero and one of the best players in the world. With his pace, skill and eye for a goal, Alexis is now one of the Premier League's biggest stars. The story is every bit as exciting as the player.



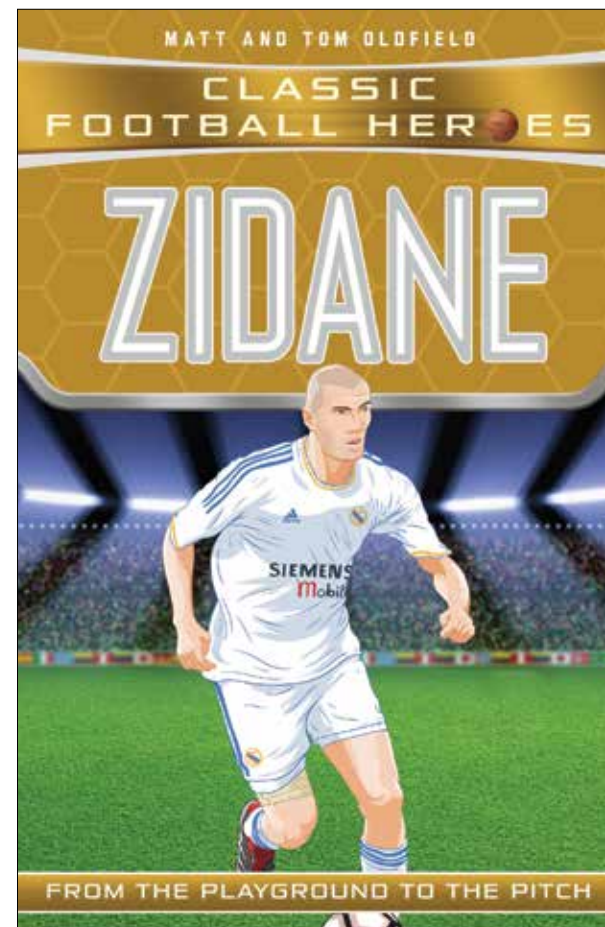
Sterling

Matt and Tom Oldfield

978 1 78606 811 8 | October 2017 | £5.99 | PB | Rights: World

'It was 14 November 2012. This was the biggest day of Raheem's life so far – after all, you only made your England debut once.'

Sterling is the exciting tale of a boy who followed his passion and became one of the most dynamic young players in world football, winning the hearts of Liverpool, Manchester City and England fans along the way. Relive Sterling's whirlwind journey in this uplifting story.



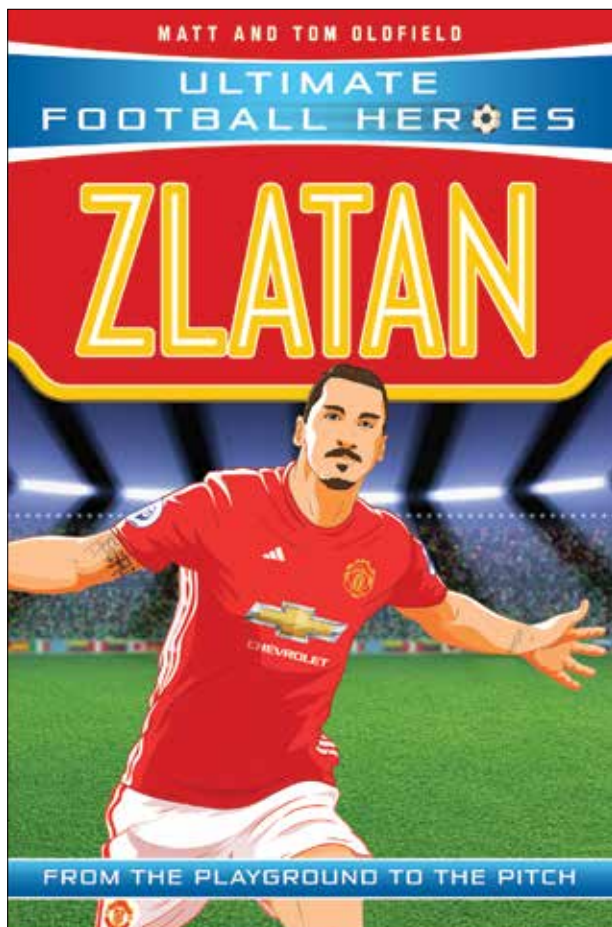
Zidane

Matt and Tom Oldfield

978 1 78606 461 5 | October 2017 | £5.99 | PB | Rights: World

'In the first minute, Zidane used his strength to hold off two Brazilian midfielders and then backheeled the ball cleverly between them. The French fans loved his tricks.'

Zidane is the fantastic story of the boy who started off on the streets of Marseille and went on to win a World Cup with France, score a legendary volley to win the 2002 Champions League Final, and return to Real Madrid as manager. This is how the poor boy with the incredible talent went on to become the greatest player of his generation.



Zlatan

Matt and Tom Oldfield

978 1 78606 810 1 | October 2017 | £5.99 | PB | Rights: World

'With the TV cameras watching, Zlatan roared like a lion. It was his tenth league title in only twelve years but he never got tired of winning.'

Zlatan follows the Swedish superstar on his amazing journey from the tough streets of Malmö to becoming the deadly striker at Manchester United. Along the way he has been a star for Juventus, Inter Milan, Barcelona, and Paris Saint-Germain, as well as becoming Sweden's all-time leading scorer. This is the story of one of a generation's finest footballers.



Please, Let Me Go

Caitlin Spencer

978 1 78606 513 1
£7.99 • PB

From the age of fourteen, Caitlin was completely controlled, repeatedly raped, provided with alcohol, given drugs, sold and passed on to new gangs over and over again. In *Please, Let Me Go*, Caitlin speaks openly about what she has suffered, and also shows just how unwilling many people are to face up to what is happening in our midst, for fear of being called racist. By bravely speaking out, she will, hopefully prove just how deep these problems are and just how the abusers get away with it in plain sight of the authorities.

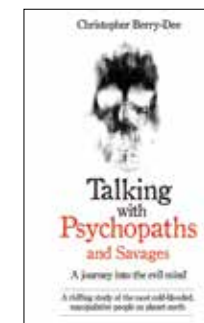


George Michael

Emily Herbert

978 1 78606 456 1
£7.99 • PB

George Michael's life and career brought him international fame, and his sudden and unexpected death shocked the world. His unrivalled popularity as an artist, however, and the music he made, have turned him into one of the immortal greats of pop music. As Emily Herbert shows in this new biography, his legacy is not just his music, but his many extraordinary, and often anonymous, acts of charity.



Talking with Psychopaths and Savages

Christopher Berry-Dee

978 1 78606 122 5
£7.99 • PB

In *Talking With Psychopaths and Savages*, bestselling author and criminologist Christopher Berry-Dee takes readers deep inside the dark minds of some of the most pitiless people alive. Having spent years interviewing imprisoned criminals including notorious serial killers, he discovered that the lack of remorse these people showed was often more terrifying than the crimes they had committed. This book will inevitably shift the reader's view of psychopaths, and in doing so, reveals that horror can be much closer to us than we think.

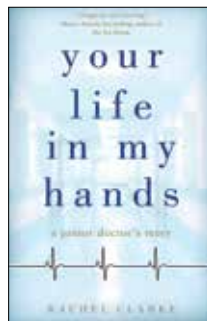


Notorious

Jack Slack

978 1 78606406 6
£14.99 • PB

Conor McGregor is the biggest star in combat sports today. This is not another tale about an athlete who was born exceptional and groomed for success. It is about how one young man, through bloody-minded determination and indomitable spirit, came to change the whole game. From Crumlin to Las Vegas and from the cage to the cars, *Notorious* explores not just how the fight game changed Conor McGregor, but how Conor McGregor revolutionised the fight game.



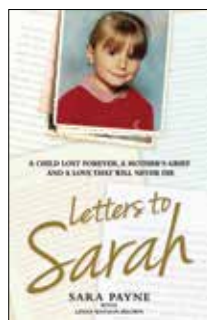
Your Life in My Hands

Rachel Clarke

978 1 78606 451 6
£16.99 • HB

In *Your Life in My Hands*, television journalist turned junior doctor Rachel Clarke captures the extraordinary realities of life on the NHS front line. During last year's historic junior doctor strikes, Rachel was at the forefront of the campaign against the government's imposed contract upon young doctors. Her heartfelt, deeply personal account of life as a junior doctor in today's NHS is both a powerful polemic on the degradation of Britain's most vital public institution and a love letter of optimism and hope to that same health service.

'Eloquent and moving' – Henry Marsh, bestselling author of *Do No Harm*



Letters to Sarah

Sara Payne

978 1 78606 447 9
£8.99 • PB

'It has been seventeen years since you went missing, princess ... There have been too many Christmases without you ...'

In the summer of 2000, schoolgirl Sarah Payne went missing from a beach where she played with her siblings. She had been abducted and murdered. Seventeen years later, her mother Sara wants to tell the full story of how she coped then, and how she has survived. Through a series of letters to her beloved daughter, she takes the reader on a heart-breaking but uplifting journey through every parent's worst nightmare in a moving account of the ultimate emotional survival.

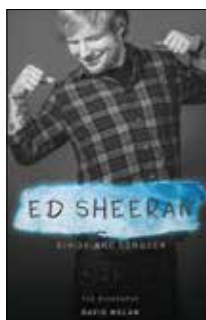


Guarding Diana

Ken Wharfe

978 1 78606 388 5
£18.99 • HB

Diana, Princess of Wales – security code name 'Purple Five Two' – travelled all over the world during her incredible life. Wherever she went, in public or in private, she was shadowed by her Scotland Yard personal protection officer, Inspector Ken Wharfe, whose job it was to keep her safe, even to the extent of sacrificing his own life, if necessary. In the six years that Ken was at Diana's side they travelled hundreds of thousands of miles together, sharing secrets, laughter and tears on a truly extraordinary journey. This is their exclusive story.



Ed Sheeran

David Nolan

978 1 78606 459 2
£8.99 • PB

Tracing the singer's story from his bohemian childhood in Yorkshire and Suffolk to the release of his third album, *Divide*, music journalist David Nolan chronicles global music superstar Ed Sheeran's musical life and times. Featuring exclusive interviews with friends, relatives, musical collaborators and key figures in his rise to stardom, *Divide and Conquer* tells the story of how Ed Sheeran went from school drop-out to one of the world's most successful musicians.

Non-Fiction

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| Against All Odds | 9781844549054 | Paperback | £6.99 |
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| Amazing Snooker Trickshots | 9781921804670 | Paperback | £8.95 |
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