



HarperCollins Publishers
Australia and New Zealand

New Releases
Fiction &
Non-Fiction

Contents

Fiction

General Fiction.....	Page
Literary Fiction.....	Page
Voyager	Page

Non-Fiction

General Non-Fiction	Page
Cookery and Lifestyle	Page
Biography & Autobiography.....	Page
Sport.....	Page
History	Page
Health & Wellbeing	Page

FICTION TITLES

Perfume blogger Polly is in crisis. Will her husband's absence break her ... or make her? A novel of perfumes, exploring life, love, loss and forgiveness.

Maggie Alderson

The Scent of You

Are you still married if you haven't seen your husband for months?

Polly's life is great. Her children are away at uni, her glamorous mother – still modelling at eighty-five – is happily settled in a retirement village, and her perfume blog is taking off. Then her husband announces he needs some space and promptly vanishes.

As Polly grapples with her bewildering situation, she clings to a few new friends to keep her going – Shirlee, the loudmouthed yoga student; Guy, the mysterious, infuriating and hugely talented perfumer; and Edward, an old flame from university.

And while she distracts herself with the heady world of luxury perfume, Polly knows she can't keep reality at bay forever. Eventually she is forced to confront some difficult truths: about her husband, herself and who she really wants to be.

Also by Maggie Alderson:

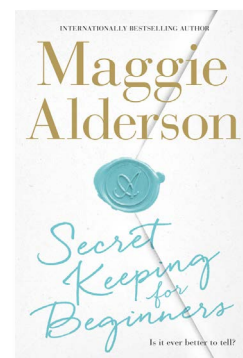
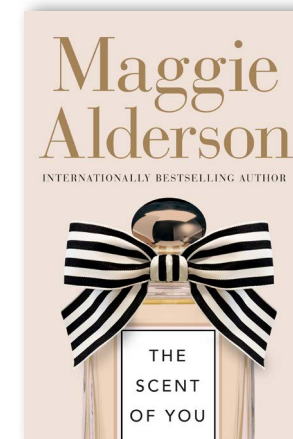
Secret Keeping for Beginners

Maggie Alderson is the author of eight novels and four collections of her columns from Good Weekend magazine. Her children's book *Evangeline, the Wish Keeper's Helper* was shortlisted for the Prime Minister's Literary Award. Before becoming a full-time author she worked as a journalist and columnist in the UK and Australia, editing several magazines, including British ELLE.

Manuscript Available

April 2017 | 464pp | 234x153 cm | ISBN 9781460751213

Rights Held: World English language



Grief. Recriminations. Redemption.
Will tragedy bring a family closer together or tear it apart?

Jesse Blackadder

Sixty Seconds

What is it about the sparkle of water? The Brennan family have recently arrived in the warmth of Murwillumbah, leaving behind a tentative affair, a broken friendship and overly

supportive family in freezing Hobart. Artist and father Finn works at home on his sculptures, while minding two-year-old son Zac. Bridget has a new job. Fifteen-year-old Jarrah is struggling to fit in at school, but the family is delighting in their new surrounds and the novelty of a backyard pool.

One morning, Bridget loses sight of Zac in the rush for breakfast, and tragedy strikes. Zac is found drowned. The finger of blame is pointed at Finn and he numbly accepts responsibility. In her grief, Bridget withdraws from her husband and finds companionship with a work colleague. The stakes jump further when authorities move to prosecute Finn as an example to other irresponsible pool owners. Meanwhile, fifteen-year-old Jarrah is coping with the hole left by Zac's death, seeing his parents retreat from him in their grief, and confronting his sexual identity.

Sixty Seconds treads confidently, but sensitively, into the tragic aftermath of a child's death. It explores the immediate explosive consequences, and the slow ripples that wash over the community.

Jesse Blackadder is an author brimming with talent and ideas. She has published four novels, and won awards including the Benjamin Franklin prize for historical fiction (USA), and the Guy Morrison prize for literary journalism (Australia). *SIXTY SECONDS* is inspired by a true story.

Manuscript Available July 2017

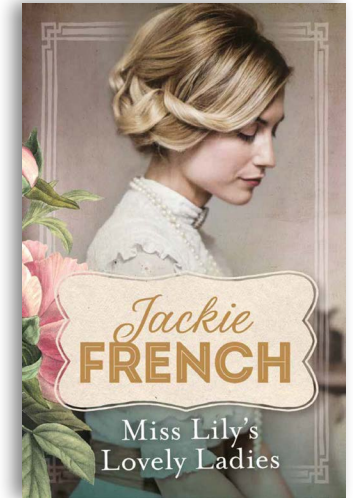
October 2017 | 384pp | 234x153 mm | Paperback | ISBN 9781460754245

Rights Held: World English; Translation – all languages

When the lives of four debutantes are interrupted by WW1, they emerge as women determined to change the world.

Jackie French

Miss Lily's Lovely Ladies



At the mysterious Miss Lily's secret 'school', young women selected from Europe's royalty and highest families learn how to captivate a man - as a husband, or at a dinner party, in a salon or at a grouse shoot. For in 1914, persuading men is the only true power a woman has.

Sophie Higgs is not upper crust. She is colonial Australian, the daughter of a corned beef millionaire. But of all Miss Lily's 'lovely ladies', Sophie may be the only one to understand Miss Lily's true ambition: to stop the almost inevitable war between the British and German empires. And only Sophie may have the courage to carry out a desperate plan to block use of the most terrifying weapon of the war.

Jackie French AM is an award-winning writer, wombat negotiator and was the Australian Children's Laureate for 2014-2015 and the 2015 Senior Australian of the Year. In 2016 Jackie became a Member of the Order of Australia for her contribution to children's literature and her advocacy for youth literacy. She is regarded as one of Australia's most popular children's authors, and writes across all genres - from picture books, history, fantasy, ecology and sci-fi to her much loved historical fiction. 'Share a Story' was the primary philosophy behind Jackie's two-year term as Laureate.

Manuscript Available

April 2017 | 512pp | 234x153 mm | Paperback | ISBN 9781460753583

Rights Held: World English; Translation – all languages



The adventure of a lifetime ...
or two, or three

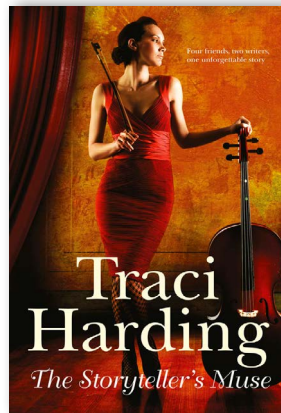
Traci Harding

The Immortal Bind

When Sara is gifted a beautiful antique chair as a wedding present, she is completely unaware that it is one of a unique pair. On the other side of the world, the chair's twin is presented to a reclusive artist, Jon, as a birthday gift.

The two new owners are thrust into a mind-expanding adventure through the ages - medieval East Anglia, Scotland, France and India. In each instance they experience significant junctions in their lives past, to remember and redress ripples of karma they set in motion, and thwart an evil entity that still threatens their present day lives.

Their journey exposes a cursed love affair spanning one hundred thousand years and ten thousand miles. Only the full realisation of their own short comings will prevent the tragic reoccurring outcome of their immortal bind.



Also by Traci Harding:

The Storyteller's Muse

Traci Harding is one of Australia's best loved and most prolific authors. Her first novel, *The Ancient Future*, sold more than 30,000 copies in Australia. She has published 18 bestselling books and been translated into several languages. She lives on the beautiful Hawkesbury River in NSW.

Manuscript Available

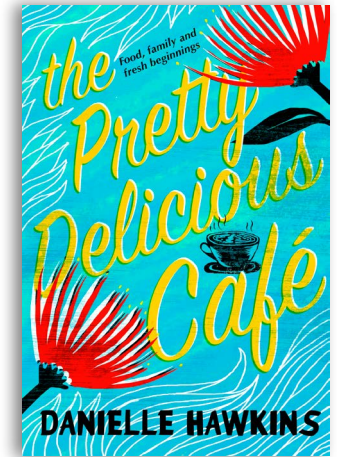
February 2017 | 432pp | 234x153 mm | Paperback | ISBN 9780732299422

Rights Held: World English; Translation – all languages

Food, family and fresh beginnings. A warm, witty novel, brimming with the trademark romance, friendship and eccentricity that Danielle Hawkins's fans adore.

Danielle Hawkins

The Pretty Delicious Cafe



On the outskirts of a small seaside town in New Zealand, Lia and her friend Anna work serious hours running their restored cafe.

The busy season is just around the corner, and there are other things to occupy them. Anna is about to marry Lia's twin brother, and Lia's ex-boyfriend seems not to understand it's over. When a gorgeous stranger taps on Lia's window near midnight and turns out not to be a serial killer, she feels it's a promising sign. But the past won't let them be, and Lia must decide.

The Pretty Delicious Cafe will remind you of those special, good things we love about living. And the food is great.

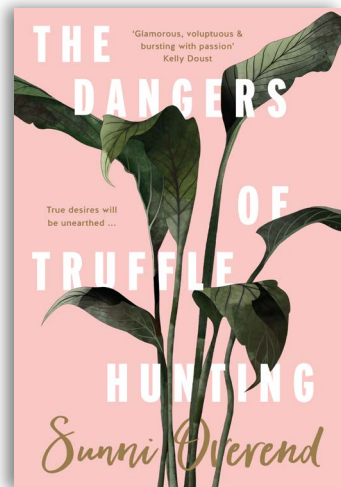
'Incredibly fast paced with effortlessly flowing, witty dialogue' – Better Reading

Danielle Hawkins grew up on a sheep and beef farm near Otorohanga in New Zealand, and later studied veterinary science. After graduating as a vet she met a very nice dairy farmer who became her husband and switched to sheep farming. Danielle spends two days per week working as a large-animal vet and the other five as housekeeper, cook and general dogsbody. She has two small children, and now that they both go to school she finds more time to write things. She is already the author of two other brilliant novels, *Dinner at Rose's* and *Chocolate Cake for Breakfast*.

Manuscript Available

December 2016 | 352pp | 234x153 mm | Paperback | ISBN 9781460752586

Rights Held: World English; Translation – all languages



True desires will be unearthed... For readers of Zoe Foster-Blake, Candace Bushnell and *Gourmet Traveller*, a delightful story that spans the Australian wine country, the French provinces and hip bars of Melbourne.

Sunni Overend

The Dangers of Truffle Hunting

Kit Gossard's life is neatly mapped out. A secure photographic job. A partner ready to commit. A wedding in the family vineyard for her mother to preside over.

So why the apprehension? Why a hunger for something ... more?

Then someone new appears. Earthy, reserved, magnetic, this new man brings out feelings she has long suppressed, and suddenly Kit can't contain her simmering discontent.

Black truffle hunting, illicit pastry lessons, vine fruit on flesh – Kit is seduced. It feels right. Before it all goes wrong.

Artful, sexy, sophisticated, *The Dangers of Truffle Hunting* explores how a man can be more to a woman than a destination.

Sunni Overend is a graphic design grad, and the daughter of the late award-winning children's author Jenni Overend. Sunni worked briefly in creative advertising before building an online fashion store and concurrently wrote two women's fiction manuscripts. She married her architect husband in 2013, sold her online store, and merged her areas of expertise to self-publish her first novel, *March*.

Manuscript Available

January 2017 | 352pp | 234x153 mm | Paperback | ISBN 9781460752104

Rights Held: World English; Translation – all languages

Keep your secrets. Tell your lies. The gripping new psychological thriller from the author of the bestselling *The One Who Got Away*.

Caroline Overington

The Lucky One

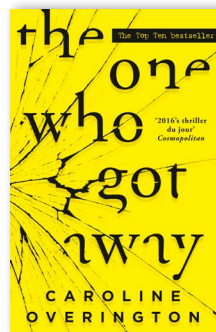
An old castle ...

For more than 150 years, a grand house known as Alden Castle has stood proudly in the rolling hills of California's wine country, home to a family weighed down by secrets and debt.

A fresh body ...

When the castle is sold, billionaire developers move in, only to discover one skeleton after another – including a fresh corpse – rotting in the old family cemetery.

An unsolved mystery ...



As three generations of the well-respected Alden-Stowe family come in for scrutiny, the police unearth a twisted web of rivalries, alliances, deceit, and treachery.

A gold-digger wife, a demented patriarch, a daughter in the grip of first love ... Who has lied? Who will survive? And who, amidst all the horror and betrayal, is the lucky one?

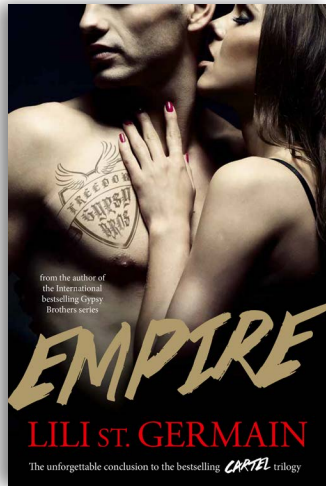
Also by Caroline Overington

Caroline Overington is a bestselling Australian author and the Associate Editor of *The Australian* newspaper. She has been a foreign correspondent in New York and in Hollywood; she has previously worked for *The Age*, *The Sydney Morning Herald* and *The Australian Women's Weekly*; and she has written eleven books, including some prize winners. Caroline lives in Sydney with her family, including twins, and an adored blue dog.

Manuscript Available

May 2017 | 352pp | 234x153 mm | Paperback | ISBN 9780732299767

Rights Held: World English; Translation – all languages



The breathtaking finale to the USA Today bestselling Cartel trilogy.

Lili St Germain

Empire

People aren't born monsters. They're made that way. They're created, fuelled by one singular moment in time when their universe shatters.

I'd been with Dornan Ross for the better part of a decade. Slept in his bed, sewn up his wounds,

tasted his blood, seen inside his soul.

But even I wasn't prepared for what he did.

I should have known it would always come down to this, from the very moment I laid eyes on him in that motel. I should have known his salvation was too good to be true.

Because it's all gone now, the impossible love I had for him bleeding away in the darkness that came afterward.

Now there's only hate.

Now I just want to escape.

Even if it means I have to kill him to be free.

Also in the series:

Cartel and Kingpin



Lili St Germain is a phenomenon. The Perth-based author left corporate life to write and has become a no. 1 bestseller at home and abroad, selling hundreds of thousands of copies of her *Gypsy Brothers* dark romance series, full of betrayal, revenge and bad biker boys.

Manuscript Available

January 2017 | 336pp | 234x153 mm | Paperback | ISBN 9781460750063

Rights Held: World English; Translation – all languages

Rights Licensed: UK (Harper 360), US (Harper 360)

Revenge, redemption... and pastry. The witty new novel from the author of *Hotel du Barry*, for fans of Jonas Jonasson.

Lesley Truffle

The Scandalous Life of Sasha Torte

In the winter of 1912 on the wild West Coast of Tasmania, Wolfftown's most notorious heiress and murderess, Sasha Torte, tells the tale of her own spectacular downfall.

Forsaken by her parents and raised by criminals and reprobates, Sasha becomes a world famous pastry chef at the tender age of seventeen. Entanglement with the disreputable Dasher brothers leads to love, but also to a dangerous addiction.

Behind bars in Wolfftown's gaol, Sasha sips premium champagne as she recalls a life of seduction, betrayal, ghosts, opium and an indiscreet quantity of confectionary – and plots her escape.

The Scandalous Life of Sasha Torte is a wild romp of dastardly deeds, intrepid protagonists, dark villains, wild gangs, luxurious hotels.... and mouth-watering treats.

Also by Lesley Truffle:

Hotel du Barry

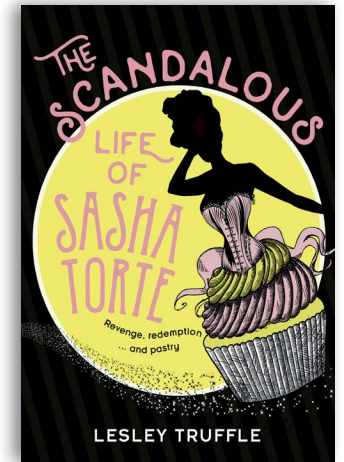
London born Australian Lesley Truffle has travelled extensively and worked in London and Japan. She's worked as a secondary school teacher, photographer, hotel maid, fringe actor and in art galleries, bars, nightclubs and other jobs too ghastly to mention. While exhibiting her art photography in Melbourne galleries Lesley realised she wanted to create imaginary stories and interior monologues, and returned to writing.

Manuscript Available

February 2017 | 384pp | 234x153 mm | Paperback | ISBN 9781460751435

Rights Held: World English; Translation – all languages (excl. German)

Rights Licensed (previous title): HarperCollins France (France), HarperCollins Iberica (Spain), HarperCollins Italia (Italy), HarperCollins Germany (German)



What happens when love and loyalty collide? Two couples must deal with the consequences of their messy love not for themselves but for those who depend on them. For lovers of heartfelt love stories like Nicolas Sparks.

Tess Woods

Beautiful Messy Love

When football star Nick Harding hobbles into the Black Salt Cafe the morning after the night before, he is served by Anna, a waitress with haunted-looking eyes and no interest in footballers, famous or otherwise. Nick is instantly drawn to this exotic, intelligent girl. But a relationship between them risks shame for her conservative refugee family and backlash for Nick that could ruin his career.

Meanwhile, Nick's sister, Lily, is struggling to finish her medical degree. When she meets Toby, it seems for the first time she is following her heart, not the expectations of others. Yet what starts out as a passionate affair with a man who has just buried his wife slips quickly into dangerous dependency.

Through attraction, breakups, triumphs and tragedies, these two couples learn just how much their beautiful messy love might cost. A West Side Story for the modern day.

Tess Woods is a health professional who lives in Perth, Australia with one husband, two children, one dog and one cat who rules over all of them. LOVE AT FIRST FLIGHT is her first novel. When she isn't working or being a personal assistant to her kids, Tess enjoys reading and all kinds of grannyish pleasures like knitting, baking, drinking tea, watching Downton Abbey and tending to the veggie patch.

Manuscript Available May 2017

August 2017 | 432pp | Paperback | ISBN 9781460753835

Rights Held: World English; Translation – all languages

From one of Australia's most acclaimed young voices comes a heartbreaking novel of loss, growth and redemption.

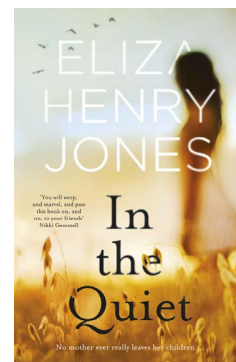
Eliza Henry-Jones

Ache

A year ago, a devastating bushfire ripped Annie's world apart - killing her grandmother, traumatising her young daughter and leaving her mother's home in the mountains half destroyed. Annie fled back to the city, but the mountain continues to haunt her. Now, drawn by a call for help from her uncle, she's going back to the place she loves most in the world, to try to heal herself, her marriage, her daughter and her mother.

A heart-wrenching, tender and lovely novel about loss, grief and regeneration, Ache is not only a story of how we can be broken, but how we can put ourselves back together.

Eliza Henry Jones' remarkable debut novel, *In the Quiet*, was shortlisted for the 2015 Readings Prize for New Australian Fiction, shortlisted for the NSW Premier's Award and longlisted for the ABIA and Indie Awards.



Also by Eliza Henry-Jones:

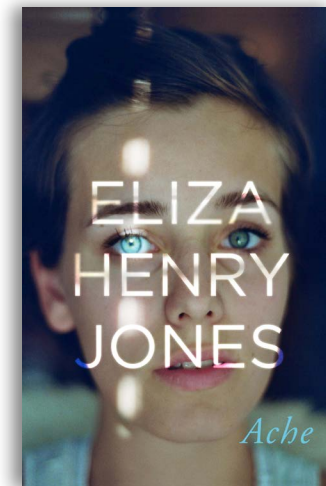
In The Quiet

Eliza Henry-Jones was born in Melbourne in 1990. She was a Young Writer-in-Residence at the Katharine Susannah Prichard Writers' Centre in 2012 and was a recipient of a Varuna residential fellowship for 2015. She has qualifications in English, psychology and grief, loss and trauma counselling.

Manuscript Available

June 2017 | 256pp | 234x153 mm | Paperback | ISBN 9781460750384

Rights Held: World English; Translation - all languages



A charming, funny and irresistible novel about families, friendship and tiny little white lies.

Meg Mason

You Be Mother

The only thing Abi ever wanted was a family. So when she falls pregnant by an Australian exchange student in London, she cannot pack up her old life in Southfields fast enough, to start all over in Sydney.

It is not until she arrives, with three-week-old Jude in tow, that Abi realises Stu is not quite ready to be a father after all. And he is the only person she knows in this hot, confusing city, where the job of making friends is turning out to be harder than she thought. That is, until she meets Phyllida, a charming, imperious older neighbour, recently widowed, rattling around in her enormous house. Phil is hankering for a little project, and as much in need of company as Abi. The unusual pair become fast friends, anchors in each other's otherwise featureless days.

If only Abi had not told Phil one tiny lie, the very first day they met...

A delightful, warm, funny and totally endearing novel about families – the ones we have, and the ones we want – and the stories we tell ourselves about them. For fans of India Knight, Allison Pearson and Nina Stibbe.

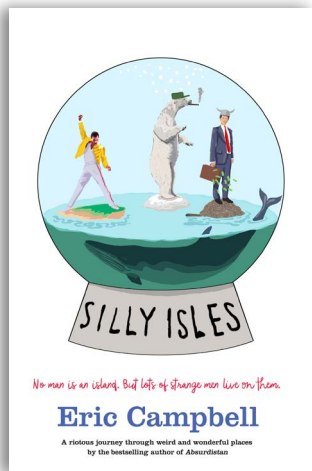
Sydney-based Meg Mason is the author of the popular 'Mum Vs. World' column for *Sunday Magazine*, where she served as Managing Editor in 2010. Meg began her career at the *Financial Times* in London before switching to *The Times*. After relocating to Sydney she began writing for the *Sydney Morning Herald*, *Russh*, *Cosmopolitan* and *GQ*.

Manuscript Available June 2017

September 2017 | 320pp | Paperback | ISBN 9780732293536

Rights Held: World English; Translation – all languages

NON-FICTION TITLES



From the bestselling author of *Absurdistan*, a hilarious tour through small but very strange places.

Eric Campbell

The Silly Isles

No man is an island. But lots of strange men live on them.

In the Kurils, off northern Japan, World War II is still being fought between Japan and Russia, both hell-bent on claiming this tiny island group

as their territory. The Galapagos Islands may be home to some of the world's most astonishing flora and fauna but it's also home to Ecuador's gerrymander ambitions and has the tear gas, riots and police barricades to prove it. Iceland, the world's 'purest' genetic community, is a place where everyone is blonde, beautiful - and thoroughly in-bred as a result of zero immigration. And in Spitzbergen, residents can choose to live in the neat and tidy, polar-bear hunting Norwegian half or in the mountain of garbage, rust and dysfunction that is the Soviet half.

In more than a decade of international reporting, Eric Campbell has covered wars, famines, presidencies, and revolution. In the islands he surveys here he finds microcosms of society, complete with long-lasting blood feuds, hidden wars, bizarre histories; all the vanities, hopes and rivalries of great powers. Wry, witty and clever, with a wonderful eye for the absurd, Eric Campbell is the Bill Bryson of the small, odd forgotten places around the world and what they tell us about the human condition.

Multi award winning journalist, Eric Campbell has been a foreign correspondent for 20 years, reporting from more than 100 countries and on every continent. From 1996 to 2000 he was the ABC's Moscow Correspondent and from 2001 to 2003 he was based in Beijing covering China, Afghanistan and Central Asia until he was wounded in a suicide bombing in Kurdistan. After recovering, he joined Foreign Correspondent as its Sydney based roving reporter. His work has taken him around the world scores of times.

Manuscript Available

May 2017 | 320pp | 234x153 mm | Paperback | ISBN 9780732285944

Rights Held: World English; Translation – all languages

A baby-boomer road trip through three American states where marijuana is legal, from San Francisco to Seattle.

Colin Hogg

Holiday on High

Spilling out of a road trip across America, from San Francisco up the long coast road, mostly, to Seattle, *Holiday on High* follows the adventures of a baby boomer bewildered by the unfair realities concerning his natural medicine of choice, marijuana. Deemed illegal, even for medical purposes, in his home country, the stuff is increasingly openly available in parts of that most conservative of nations, the USA.

This seemed worth looking into.

Hence *Holiday on High*, a road trip winding through three American states where cannabis, marijuana, weed, call it what you will, is legally and variously available and, in fact, in some states, is part of an alternative tourist experience. And Colin Hogg is an alternative sort of tourist.

Holiday on High rides on the relationship between the writer and his travelling companion. On this occasion, his driver is an old friend called Bruce. He claimed he knew how to drive on the wrong side of the road and, mostly, he lived up to that claim.

Colin Hogg's career, in and around writing – as a commentator, reviewer, columnist and agony aunt – dates from the late 1960s. He is currently a columnist with a woman's weekly magazine. His earlier books include biographies of the poet Sam Hunt, the writer Barry Crump, and an award-winning children's book. Colin's most recent journey – to discover the joys and trappings of the new era of marijuana tourism and the legalisation ramifications in America and his homeland, New Zealand – is a curious, hilarious, page-turning read and poignant piece of travel writing.

Manuscript Available August 2017

November 2017 | pp | x mm | Paperback | ISBN 9781775541073

Rights Held: World English; Translation – all languages

The Australian Navy battling pirates, gunrunners and drug smugglers in the seas of the Arabian Gulf.

Ian McPhedran

The Smack Track

From Ian McPhedran, best-selling author of *The Amazing SAS* and *Too Bold to Die*, comes the untold and largely unknown story of how the Royal Australian Navy battles pirates, gunrunners and drug smugglers along the infamous drug route in the seas of the Arabian Gulf and the Horn of Africa known as the 'smack track'.

For twenty years, Australian sailors have been risking their lives, conducting often fraught, dangerous but virtually unknown operations. From braving rough seas to boarding rickety dhows or clambering up the sheer steel sides of modern day supertankers looking for contraband, *The Smack Track* tells a thrilling story of grit, courage, ingenuity and sacrifice.

Ian McPhedran was until very recently the Sydney-based national defence writer for News Limited. He has been a journalist all his working life and has covered conflicts in Burma, Somalia, Cambodia, Papua New Guinea, Indonesia, East Timor, Afghanistan and Iraq. In 1993 he won a United Nations Association Peace Media award and in 1999 the Walkley award for best news report for his expose of the Navy's Collins class submarine fiasco. His first book, *The Amazing SAS: The Inside Story of Australia's Special Forces*, is a national bestseller.

Manuscript Available June 2017

September 2017 | 304pp | 234x153 mm | Paperback | ISBN 9781460752920

Rights Held: World English; Translation – all languages

A stylish, full-colour practical guide to cruelty free, plant based eating.

Animals Australia

Taste for Life

People everywhere are discovering the delicious, life enhancing properties of plant-based foods.

Now you too can make the move with *Taste for Life*, a complete guide to plant based eating.

Find out:

- Why a plant based diet is good news for animals, the planet and your health
- How plant based foods can give you all the nourishment you need and more
- Tips and tricks for quick and easy meals everyone will want to try
- How to celebrate with the best of them with yummy plant based dishes and treats for barbecues, kids' parties, the festive season and more.

With more than 100 recipes that include tasty breakfasts, snacks and lunches, scrumptious comfort food and luscious desserts, *Taste for Life* will help you and your family eat kindly, tread lightly and live well.

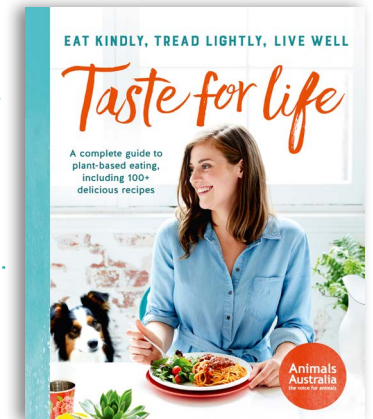


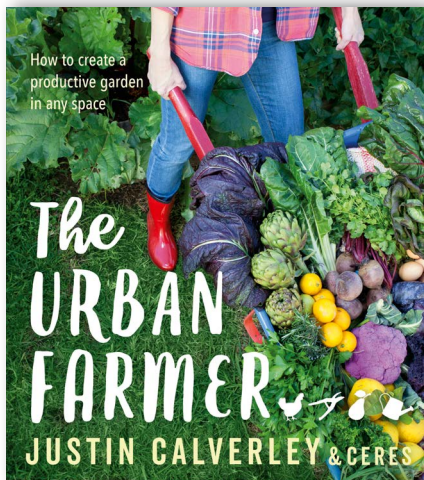
Animals Australia is Australia's leading animal protection organisation, representing some 40 member groups and over 1.5 million individual supporters. Animals Australia's investigations and strategic public awareness campaigns are recognised the world over.

Manuscript Available

March 2017 | 256pp | 250x205 mm | Paperback | ISBN 9780733337895

Rights Held: World English; Translation – all languages





The guide for anyone who dreams of living the country life in the city by growing their own healthy, sustainable fruit and veg – and more!

Justin Calverley

The Urban Farmer

Producing our own fruit, vegetables, herbs, eggs and honey is perfectly possible in a suburban backyard. This practical guide will help urban dwellers develop a more sustainable existence. With a deep knowledge of permaculture and organic gardening, horticultural expert Justin Calverley shows you how to establish a diverse urban farm, whether in your own backyard, a plot shared with your neighbours or even on a kerbside verge. Justin advocates observing and following nature's cycles and patterns as the best way to a sustainable and productive garden.

As well as growing fruit and veg, Justin explains how to take up bee keeping, mushroom growing, chook care, propagation and preserving your patch's bounty.

So be inspired and get cracking on your own little garden of Eden!

Justin Calverley, a horticultural expert with more than 20 years' experience, teaches a popular course, The Complete Urban Farmer, at CERES in Melbourne. He is a go-to expert for the media and in high demand on the presentation and public speaking circuit. Ten years of Justin's popular 3RRR radio show 'Dirty Deeds' is available as a podcast. CERES Environment Park is an award winning, not for profit, sustainability centre and urban farm on 4.5 ha of reclaimed industrial land by the Merri Creek in Brunswick East, Melbourne. Internationally renowned, it has more than 400,000 annual visitors and 40,000 FB followers.

Manuscript Available

March 2017 | 256pp | 240x210 mm | Paperback | ISBN 9780733334535

Rights Held: World English; Translation – all languages

Slow Cooker Central is back with 200 delicious new recipes that won't break the bank!

Paulene Christie

Slow Cooker Super Savers

Raising a family can be a challenge financially but *Super Savers* is packed with easy, tasty and inexpensive meals for anyone on a budget. Organised into \$5, \$10, \$15 and \$20 dishes, these all-new recipes are sure to hit the mark.

Slow cookers can turn even the cheapest cuts of meat or inexpensive vegies into delicious dishes. Whether it's casseroles or curries, soups or roasts - or even desserts and other treats - Slow Cooker Central's 200 Super Saver recipes are flavour-packed as well as budget-friendly! There are recipes for every occasion, from weeknight dinners to holiday celebrations, and all the recipes are by real people, cooking in real kitchens - with no obscure ingredients or complicated instructions.

Packed with all Paulene's useful tips and tricks, these are fail-safe recipes that will quickly become family favourites - and save you \$\$.

Also by Paulene Christie:

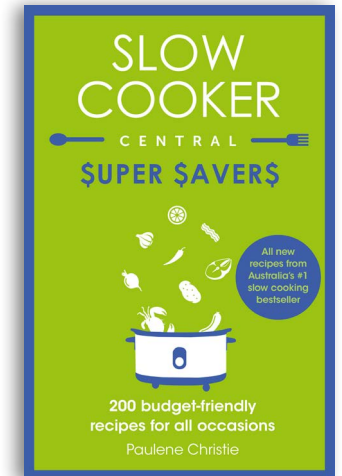
Slow Cooker Central 1 & 2

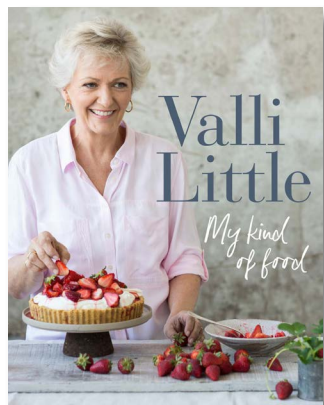
Slow-cooking internet sensation Paulene Christie is a busy working mum with a passion for sharing new and exciting recipes for the slow cooker. She now has nearly 500,000 members in her Facebook group Slow Cooker Recipes 4 Families, and a hugely successful website, Slow Cooker Central. Paulene lives in Queensland with her husband and three young children.

Manuscript Available

June 2017 | 352pp | 234x153 mm | Paperback | ISBN 9780733335129

Rights Held: World English; Translation – all languages





Valli shares the secrets of her favourite foods, so that you can make it your kind of food, too.

Valli Little

My Kind of Food

One of Australia's favourite food writers and cooks, Valli Little is loved for her imaginative, easy to follow and fail safe recipes. She firmly

believes that cooking should be a light hearted, fun experience – it's not about perfection and sticking rigidly to a recipe.

My Kind of Food takes us into the heart of Valli's enthusiasm and passion for experimenting with flavours and ingredients to come up with recipes you will want to cook and share time and time again.

Featuring 100 recipes that will inspire home cooks and foodies alike, this is a very personal book that shares Valli's delight in serving beautiful simple food that embraces both traditions and trends.



Valli Little's passion for her subject shines through in her writing and recipes. Born into a family of UK restaurateurs, she was destined to work in the food industry. After a formal training at Le Cordon Bleu in London, Valli embarked on a career as a food consultant and caterer. Valli was the food director of the highly successful *delicious.* magazine for 14 years, and is the author of ten bestselling *delicious.* books. Valli lives in Sydney with her husband Phil.

Manuscript Available

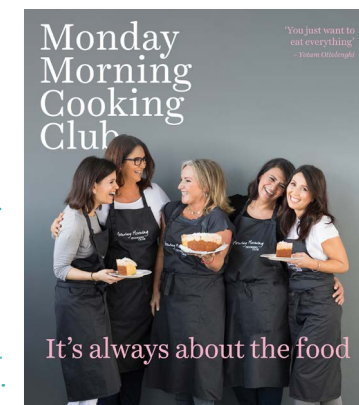
April 2017 | 270x210 mm | 236pp | Paperback | ISBN 9780733335273

Rights Held: World English; Translation – all languages

The bestselling, passionate and unstoppable women of the Monday Morning Cooking Club return with their third book of favourite Jewish recipes.

Monday Morning Cooking Club

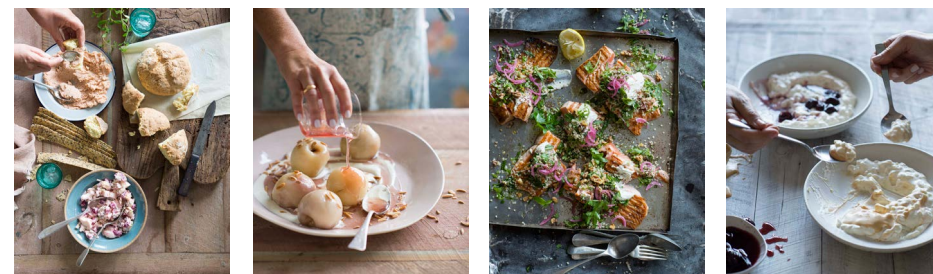
It's Always About the Food



Two bestselling books later, the Monday Morning Cooking Club returns with a stunning third book which is the result of a two year search for recipes from the global Jewish diaspora - those much loved dishes that have nurtured a community and have been feeding family and friends for years.

It's Always About the Food is a delicious and rich, story-filled snapshot of cooking, which gathers together the very best recipes from the global Jewish community, reflecting the Jewish people's love for food and cooking, and the importance of the family table.

This book is all about the food, flavours and the most delicious family recipes – not from a restaurant or a test kitchen, but from the heart of the home.



In 2008, six women from Sydney's Jewish community came together as friends every Monday morning to cook their favourite recipes and talk about food. They wanted to share the stories and recipes of their community, inspire people to preserve their recipes, and give all the profits to charity. They published *The Monday Morning Cooking Club* in April 2011, and have never looked back.

Manuscript Available

April 2017 | 304pp | 240x210 mm | Hardback | ISBN 9781460751664

Rights Held: World English; Translation – all languages

The experts at Organic Gardener Magazine on everything you need to know to grow a bountiful harvest of vegies organically in your own backyard.

Organic Gardener Magazine

Backyard Bounty

Following the success of HAPPY HENS, Organic Gardener Magazine's horticultural editor Penny Woodward and other expert contributors present a practical and inspirational guide to growing veg organically, whether you're starting a patch from scratch or an old hand who wants go greener.

This book will tell you all you need to know to grow your own healthy and sustainable vegies: from getting started, preparing your patch and making compost, to an A-Z of popular vegetables with a month-by-month planting and growing guide, combating pests and diseases naturally - and so much more!

So what are you waiting for? Go organic and start reaping your own healthy backyard harvest now!

Expert contributors from Organic Gardener Magazine, lead by OGM's horticultural editor, Penny Woodward.

As well as her role at Organic Gardener Magazine, Penny has written seven gardening books and is a regular on talkback radio in Melbourne.

Manuscript Available May 2017

August 2017 | 272pp | 220x80 mm | Paperback | ISBN 9780733335297

Rights Held: World English; Translation – all languages

All new slow cooker recipes from the bestselling queen of Australian slow cooking.

Sally Wise

Ultimate Slow Cooker

Slow cookers are the perfect cooking method for families – both large and small – and the time poor, helping you make delicious, healthy meals with minimal effort.

Now the queen of Australian slow cooking, Sally Wise, shares 100 delectable new recipes for soups, mains – beef, lamb, chicken, pork, goat, seafood and vegetarian – and moreish desserts. Many recipes also include optional side dishes you can create while the slow cooker works its magic.

Whether it's curries, braises, roasts or wonderful desserts, so many exciting flavours can be coaxed from the depths of the slow cooker – from sweet, salty and sticky ribs or pulled pork sliders to baked lemon, ricotta and ginger cheesecake.

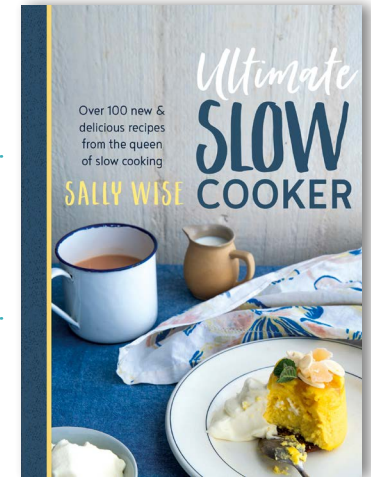


Sally Wise is the bestselling author of *A Year in the Bottle*, *Slow Cooker* and many other cookbooks which feature delicious preserves and everyday cooking. A regular guest on ABC radio, she runs the Sally Wise Cooking School in the picturesque Derwent Valley in Tasmania.

Manuscript Available

April 2017 | 352pp | 234x153 mm | Paperback | ISBN 9780733338038

Rights Held: World English; Translation – all languages



A fresh, spirited and engaging biography of a fascinating and influential woman who was instrumental in shaping modern Australia.

Sarah Goldman

An Irresistible Force

Caroline Chisholm was a take-no-prisoners game-changer of colonial Australia - as well as a charming, wholly committed, and utterly determined force of

nature. Arriving in Australia in 1838, she was appalled by the plight of young female immigrants in Australia - there were no jobs for them, no accommodation, and many of them resorted to prostitution to survive. In response to this need, Caroline became a woman on a mission. She met every immigrant ship and became a familiar figure on the wharves, finding positions for immigrant girls and sheltering many of them in her home. As the government of the day refused to help, Chisholm established accommodation, services and the first employment office in the colony, drawing up the first ever employment contracts in Australia. She established minimum wages, found jobs and homes, created employment agencies in a dozen rural centres as well, and she managed to do all this without any assistance from the government of the time. In many ways a proto-feminist and committed social activist, she utterly transformed life in Australia.

A long overdue, contemporary and lively reassessment of Caroline, which brings to life her spirited character, her modern relevance, her feminist credentials and her egalitarian spirit.

Sarah Goldman has spent most of her working life as a journalist, firstly for newspapers in Sydney (Sunday Telegraph, Daily Telegraph, The Australian) and then London (Daily Mail, The Evening Standard, The Age), before transferring to television news producing in London, Sydney and Melbourne. About ten years ago, Sarah gave up journalism to spend more time with her family and write her biography of Caroline Chisholm.

Manuscript Available July 2017

October 2017 | 304pp | 234x153 mm | Paperback | ISBN 9781460753439

Rights Held: World English; Translation – all languages

How one woman turned her life upside down to help those who needed it most - half a world away.

Jane Hutcheon

China Baby Love

In 1997 Linda McCarthy Shum had a stable teaching career and a happy marriage with beloved partner Greg. But an article in a newsletter was about to bring her life undone.

The article spoke of Chinese babies being abandoned and dying because of a lack of human contact. The unwanted children were seen as 'throwaway kids' and armies of them were filling up the orphanages of China.

Linda Shum was appalled. A year later, on her first ever trip overseas, she visited an orphanage filled with sick and dying children, the hidden human aftermath of China's One Child Policy.

For almost two decades, while China busily developed into a wealthy economy, Linda has travelled back and forth from her home, raising money to better care for the orphans. Battling distrusting government officials and a constant lack of funds, Linda has saved countless little lives, while also establishing a school in the orphanage and a foster care program.

Today she is the founder and President of the Chinese Orphans Assistance Team (COAT). Linda's work has given the 'throwaway kids' a brighter future, but her achievements have been hard won.

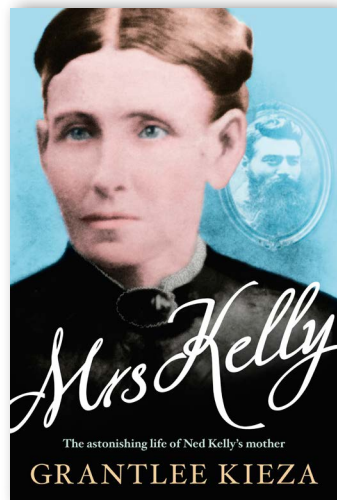
Jane Hutcheon began her career in radio and television in Hong Kong and has witnessed ground breaking news unfolding over her 30 years as a broadcast journalist. She has served as the ABC Correspondent in China, the Middle East and Europe. Jane is a keen observer of Chinese society and history. She directed and wrote the 2013 documentary From Mao to Now for ABC News and published her first book From Rice to Riches in 2003.

Manuscript Available

May 2017 | 304pp | 234x153 mm | Paperback | ISBN 9780733334337

Rights Held: World English; Translation – all languages





The epic untold story of an Australian matriarch - Ned Kelly's mother.

Grantlee Kieza

Mrs Kelly

Ellen Kelly was a child during the Great Famine in Ireland. When she arrived in Melbourne in 1847 aged 15, British convict ships were still dumping their unhappy cargo in what was then known as the colony of New South Wales. When she died at the age of 91

in 1923, having outlived seven of her 12 children, motor cars passed by her bush home north of Melbourne, and Australia was a modern sovereign nation.

The wife of a convict, Ellen was widowed as a mother of seven when her husband died after months in a police lock up. She lived through Irish famine and Australian drought, listened through the prison wall while her eldest son was hanged and saw the charred remains of another of her children, killed in a police shoot out. One son became Australia's most infamous outlaw. Another became a highly decorated policeman, an honorary member of the Royal Canadian Mounted Police and a worldwide star on the rodeo circuit.

By bestselling biographer Grantlee Kieza, *Mrs Kelly* is the story of one of Australia's most notorious women, but it is also the story of so many of Australia's pioneering women, who knew only too well the hardships of pioneering life. More than that, it's the story of the making of Australia, from struggling colony to modern nation.

Grantlee Kieza is a prizewinning writer for *The Courier Mail* and *Sunday Mail* newspapers. He has previously written for *The Daily Telegraph*, *Sunday Telegraph*, *The Australian* and *The Sun Herald*, covering assignments as diverse as adventure races in the Adirondack Mountains to anti-apartheid activism in Soweto. He was a finalist in the 2011 Walkley Awards for Excellence in Journalism. His previous books include *Monash*, *Bert Hinkler* and *Sons of the Southern Cross*.

Manuscript Available

March 2017 | 624pp | 234x153 mm | Hardback | ISBN 9780733331572

Rights Held: World English; Translation – all languages

A gripping memoir of life in Jerusalem from one of Australia's most experienced Middle East correspondents.

John Lyons

A Balcony over Jerusalem

Leading Australian journalist John Lyons will take readers on a fascinating personal journey through the wonders and dangers of the Middle East.

Drawing on a 20-year interest in the Middle East, Lyons has had extraordinary access -interviewing everyone from Israel's former Prime Ministers to key figures from Hezbollah and Hamas. He's witnessed the brutal Iranian Revolutionary Guard up close. He's confronted Hamas officials about why they fire rockets into Israel and Israeli soldiers about why they fire tear gas at Palestinian school children.

By telling the story of his family travelling through the region, this book is extremely readable and entertaining, full of humour, colour. It is sometimes dazzling in its detail, sometimes tragic. Readers can smell the wonderful markets of the Middle East and feel the fear of what it is like to be blindfolded and have your hands bound with electrical cord.

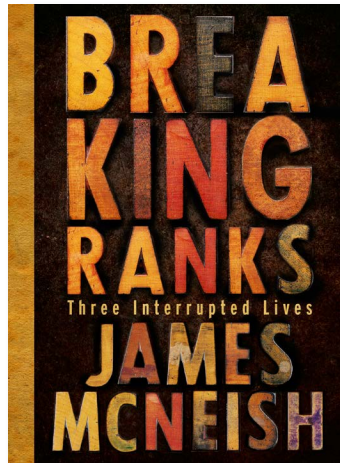
Lyons explains the Middle East through everyday life and experiences - his son's school, his wife's friends and his own dealings with a range of people over six years. If you only read one book on the Middle East, this is it.

John Lyons is one of Australia's leading journalists. A three-time Walkley winner, John is currently Associate Editor (Digital Content) at *The Australian*. For six years he was *The Australian's* Middle East correspondent, based in Jerusalem with his wife, Sylvie Le Clezio, and son, Jack. He is a former editor, and New York correspondent, of *The Sydney Morning Herald* and Washington correspondent for *The Australian*. While in Jerusalem he and Sylvie won three United Nations Human Rights Awards, and a Walkley for their contribution to 'Stone Cold Justice' a special investigative report for ABC TV's *Four Corners* on the children of the West Bank.

Manuscript Available May 2017

August 2017 | 304pp | 234x153 mm | Paperback | ISBN 9780733334337

Rights Held: World English; Translation – all languages



Three distinct stories about three distinct men, with one thing in common – they all paid the price for standing up for what they believed.

James McNeish

Breaking Ranks

From a great writer, three great stories about conscience and consequence.

This is the story of three men – a doctor, a soldier and a judge. They are men of rare achievement. The doctor has the gift of saving others but not himself. The soldier disobeys orders and abandons his command post in a bid to die with his men. The judge cares more to uphold a principle than save himself from ruin.

All three defy convention in a way that exacts a price.

Sir James McNeish is one of New Zealand's greatest writers. In his life he published nine novels, 14 works of non-fiction, four plays and numerous articles and essays. Several of his books are classics - *Lovelock*, *Dance of the Peacocks* - and his psychological investigation of the Bain murders (*The Mask of Sanity*, 1997) was one of the major books on the topic. He has been awarded all major NZ writing prizes and fellowships, and was made a Knight Companion in 2010 for services to literature.

His death in November 2016 came soon after he delivered the final pages of last book, *Breaking Ranks*.

Manuscript Available

April 2017 | 300pp | 210x135 mm | Paperback | ISBN 9781775540908

Rights Held: World English; Translation – all languages

From bogan to boned and beyond – a full-frontal 'femoir' by one of Australia's best-loved journalists.

Tracey Spicer

Good Girl Stripped Bare

Tracey Spicer was always the good girl. Inspired by Jana Wendt, this bogan from the Brisbane backwaters waded through the 'cruel and shallow money trench' of television to land a dream role: national news anchor for a major network.

But the journalist found that, for women, TV was less about news and more about helmet hair, masses of makeup and fatuous fashion, in an era when bosses told you to 'stick your tits out', 'lose two inches off your arse', and 'quit before you're too long in the tooth'. Still, Tracey plastered on a smile and did what she was told. But when she was sacked by email after having a baby, this good girl turned 'bad', taking legal action against the network for pregnancy discrimination.

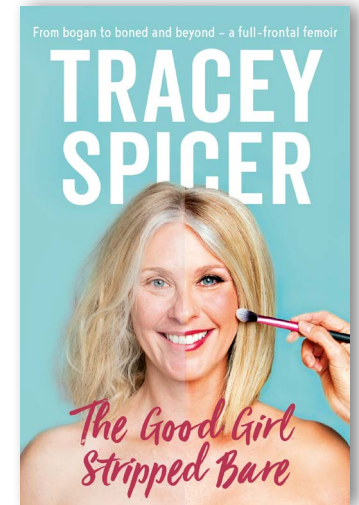
In this frank and funny 'femoir' -- part memoir, part manifesto -- Tracey 'sheconstructs' the structural barriers facing women in the workplace and encourages us all to shake off the shackles of the good girl.

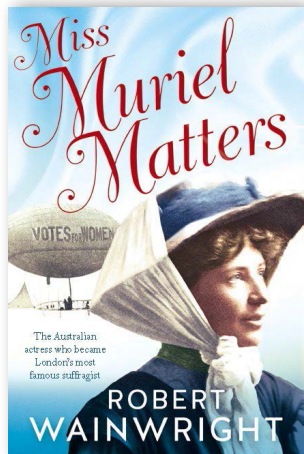
Tracey Spicer is an iconoclast whose TEDx Talk 'The Lady Stripped Bare' has been seen by more than 1.5 million people. Tracey has anchored national news, current affairs and lifestyle programs for several TV networks, and has brought her sassy style to talkback radio. Her columns have appeared in metropolitan newspapers and on news websites. Renowned for the courage of her convictions, passion for social justice and commitment to equality, she has a wicked sense of humour – something of a prerequisite for a career in the media.

Manuscript Available

May 2017 | 320pp | 216x153 mm | Paperback | ISBN 9780733335631

Rights Held: World English; Translation – all languages





The Australian actress who became one of London's most famous suffragists.

Robert Wainwright

Miss Muriel Matters

Discover the most inspiring woman you've never heard of ...

In 1909, a young Australian actress made headlines around the world when she took to the

sky over London in an airship emblazoned with the slogan 'Votes for Women' and dropped leaflets over the city. Muriel Matter was dubbed 'that daring Australian girl', and the American media declared it to be the world's first aerial protest.

Just months earlier, Muriel had become the first woman to make a speech in the British House of Commons, after chaining herself to a brass grille to protest against the segregation of women in the Parliament. She went on to become one of the most famous suffragists of her day, her skill as an orator drawing crowds in their thousands.

So why is the remarkable Muriel Matters a relative unknown in both Britain and her home country? In *Miss Muriel Matters*, bestselling writer Robert Wainwright discovers an extraordinary woman full of intelligence, passion and bravery who fought for women's rights in a world far from equal.



Also by Robert Wainwright:

Maverick Mountaineer

Robert Wainwright is a well known journalist and the author of several topical books. He has written books on Rose Porteous, Caroline Byrne, Martin Bryant and Ian Thorpe. Robert lives in London with his wife Paola Totaro and their family.

Manuscript Available

April 2017 | 320pp | 234x153 mm | Paperback | ISBN 9780733333736

Rights Held: World English; Translation – all languages

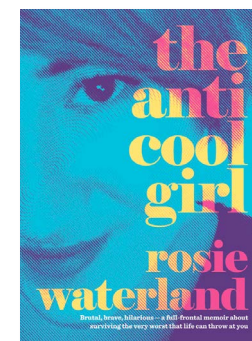
'Individual, wounded, brilliant and hilarious'

Rosie Waterland

Every Lie I've Ever Told

Rosie Waterland took Australia by storm in 2015 with the critically acclaimed, bestselling memoir *The Anti-Cool Girl*, her irrepressible, blackly comic account of her unconventional childhood. *The Anti-Cool Girl* was shortlisted for the 2016 Indie Book Awards and the ABIA awards.

Now Rosie returns with another irresistibly funny, sharply observed and deeply moving book of autobiographical essays about the lies she's told, the truths she's avoided and that funny grey area inbetween.



Also by Rosie Waterland:

The Anti-Cool Girl

Rosie Waterland is an author, columnist, host, comedian and screenwriter. Her irreverent brand of humour has been applied to topics including feminism, pop culture, body image, television and more. Rosie's first book, *The Anti-Cool Girl*, was a critically acclaimed national bestseller.

Manuscript Available May 2017

August 2017 | 320pp | 234x153 mm | Paperback | ISBN 9781460750650

Rights Held: World English; Translation – all languages

Fast-paced and funny motoring yarns by one of Australia's best-known rev heads.

Shane Jacobson

Rev Head

Was it luck that gave me the chance to race at Bathurst? They say Luck is when Skill meets Opportunity. In my case Luck came when Not-quite-enough Skill overshot the braking marker, speared off the track, and slammed into Opportunity while Opportunity was doing its best to get out of the way.

Shane Jacobson is a rev head. The much-loved Australian actor (aka toilet technician Kenny) collects vehicles the way some people collect spoons, and has driven everything from rattletraps to racing cars, shaggin' wagons to semis, forklifts to Ferraris, Fords, Holdens and everything in between.

In *Rev Head*, Shane puts his foot to the floor and takes us on a wild ride down the highways and byways of his motoring obsession. Deadly billycarts, drag racing in a Commodore station wagon packed with dental supplies, driving the world's rarest, strangest and fastest cars, competing at Bathurst, rallying and some spectacular crashes -- this fast-paced and often hilarious collection of motoring yarns will keep rev heads everywhere on the edge of their seats.

Shane Jacobson is one of Australia's most loved, award-winning actors, presenters and entertainers, and has worked with some of the biggest names in radio, film, stage and television for more than 25 years. Best known for his work in film, television and theatre, he's also a song and dance man, author, screen writer, creative director, producer, executive producer, plus an ambassador for many worthy charities and organisations ... Occasionally, he even gets some sleep!

Manuscript Available May 2017

August 2017 | 272pp | 210x153 mm | Paperback | ISBN 9780733338168

Rights Held: World English; Translation – all languages

Four years before the inaugural Tour de France four Australians set out on a bicycle race around Australia.

Bret Harris

Tour de Oz

On 24 November 1896 a wiry and wily bushman named Arthur Richardson left Coolgardie for Adelaide by bicycle. Carrying only a small kit and a water-bag, he followed the telegraph line. After much 'sweating and swearing' on sandy roads west of Eucla, and enduring the scorching heat, 31 days later he became the first man to pedal across the Nullarbor. But within three years Richardson had set his sights on becoming the first person to ride around the vast island continent, not yet a nation, and some 18,507km. On 5 June, 1899, he left Perth, heading north, carrying no more than a swag and a pistol. It took courage, self-confidence, endurance and resourcefulness to tackle such a ride. Richardson would follow dirt tracks, cattle and camel pads and stars in the night sky as he battled thirst, hunger, exhaustion, crocodile attack and spears from Aboriginal warriors to realize his dream. But he also had competition...another party of cyclists with the same ambition. New Zealand-born Brothers Frank and Alex White and wealthy adventurer Donald Mackay from Wallandbeen Station, NSW, were attempting the ride in a counter-clockwise direction from Melbourne and Brisbane respectively. Set against the fledging pastoralist empires of pre-Federation Australia, *Tour de Oz*, is the extraordinarily true story of a remarkable race to 'circumcycle' the Australian continent - before we became a nation.

Bret Harris is a senior sports writer with The Australian newspaper. In a career spanning 35 years, Harris has written about rugby league, boxing, sailing, baseball, netball and athletics, but mainly focused on basketball and rugby union. He is known for his ability to break news stories, but also writes features and analysis. Complementing his career in journalism, Harris is also the author of eight sports books.

Manuscript Available April 2017

June 2017 | 356pp | 234x153 mm | Paperback | ISBN 9781460751770

Rights Held: World English; Translation – all languages



The story of the Rugby League World Cup, brought to life with first-hand stories from the players, coaches and administrators behind the big moments.

Andrew Marmont

Their Finest Hour

More than sixty years ago, Paul Barrière decided to host rugby league's first ever World Cup tournament. An enthralled Parisian public stood on concrete bleachers as their country

fought gallantly in the final after suffering total rugby league abolishment a few years earlier. Each of the four teams lacked resources and money, with Britain not having cash to employ a coach or make their team blazers.

Fast-forward to 2013 and the game's elite have access to sports scientists and six-figure salaries. Spectators sit in top-class stadiums, as global sponsors add their support behind a tournament that has set new standards in sporting excellence.

From Graeme Langland's 'try that wasn't' to the violent 1960's, how New Zealand got Wayne Bennett, Wales and USA's gallant performances and England's epic semi-final against the Kiwis, this is a narrative of what made the World Cups so enthralling.

Interviewing rugby league's biggest names like Johnny Whiteley, Wally Lewis, Dean Bell and Glenn Lazarus to master coaches such as Clive Griffiths, Ricky Stuart and Frank Endacott, Marmont brings together an exciting mixture of stories, anecdotes and interviews that will appeal to both rugby league supporters and anyone who loves a good sporting read.

Andrew Marmont is a Melbourne-based freelance writer and broadcaster. A regular contributor to *Big League*, the official NRL magazine, he has also written for *Rugby League Week*, *NZ Rugby World*, *Goal Weekly* and *Fairfax NZ*. Andrew's broadcast experience includes producing sports radio with RSN Racing and Sport and EON Sports Radio, covering international rugby league for Radio Yorkshire and RSN, as well as presenting and calling the Victorian Rugby League's senior grand finals.

Manuscript Available April 2017

July 2017 | 352pp | 234x153 mm | Paperback | ISBN 9780733335877

Rights Held: World English; Translation – all languages

A gripping blend of family mystery, contemporary stories and the beautiful and bloody Viking tales, set against the starkly stunning landscape of Iceland.

Richard Fidler & Kari Gislason

Saga Land

Broadcaster Richard Fidler and author Kári Gislason are good friends. They share a deep attachment to the sagas of Iceland – the true stories of the first Viking families who settled on that remote island in the Middle Ages. These are tales of blood feuds, of dangerous women, and people who are compelled to kill the ones they love the most. The sagas are among the greatest stories ever written, but the identity of their authors is largely unknown.

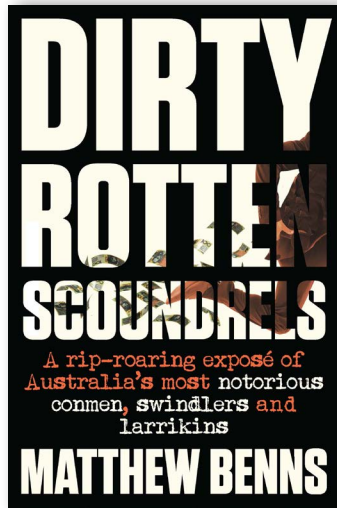
Together, Richard and Kári travel across Iceland, to the places where the sagas unfolded a thousand years ago. They cross fields, streams and fjords to immerse themselves in the folklore of this fiercely beautiful island. And there was another mission: to resolve a longstanding family mystery: a gift from Kári's Icelandic father that might connect him to the greatest of the saga authors.

Richard Fidler presents *Conversations With Richard Fidler*, an in-depth interview program broadcast across Australia on ABC Radio. He is the author of the bestselling book *Ghost Empire*. Kári Gislason is a memoirist, travel writer and creative writing teacher who lectures in creative writing and literary studies at QUT. He is the author of *The Promise of Iceland* and *The Ash Burner*.

Manuscript Available August 2017

November 2017 | 400pp | 210x135 mm | Hardback | ISBN 9780733338236

Rights Held: World English; Translation – all languages



A highly entertaining, scurrilous and fascinating book on Australian con men (and women) and all their dirty, devious tricks.

Matthew Benns

Dirty Rotten Scoundrels

There are con men you fear and con men you hate, and con men with amazing stories who take your breath away with their dirty tricks and sheer brazen effrontery. How do they get away with it?

Written by bestselling author Matthew Benns, *Dirty Rotten Scoundrels* is a rollicking rollcall of all the worst and most outrageous scammers and dodgy dealers in Australian history, a true crime book that will have readers gasping in disbelief at the sheer effrontery of these Aussie crooks and amazed at the gullibility of their victims.

Con artists often revel in the image of a larrikin but this book will push beneath the veneer to delve into the true nature of the evil these people do and the long lasting damage, emotional and financial, suffered by their victims.

Matthew Benns is a journalist who has an eye for a good story. He writes fast paced, well researched, topical and above all entertaining books on everything from true crime to business (*Who Killed Qantas*), to Australia's racing industry (*Fixed*), to the nexus between sex, money and power (*Mistress*).

Using impeccable sources, Matthew provides Australians with the uncomfortable facts and shocking answers to the questions raised against our big business and icons, and he doesn't flinch from the facts.

Manuscript Available

April 2017 | 320pp | 234x153 mm | Paperback | ISBN 9781460750827

Rights Held: World English; Translation – all languages

Get inspired with Kim Beach, a leading trainer whose down to earth approach and achievable health, diet and fitness advice will help busy women 25+ lead a fitter, healthier and more balanced life.

Kim Beach

Beach Fit

In a world where 'experts' abound to tell you how to exercise and what to eat, Kim Beach provides a straightforward, down to earth alternative. As a busy mum running a business, she understands how difficult it can be in our time poor modern life to squeeze health and fitness into our over-stuffed schedules.

Kim's promise is that the long term solution for a fitter and healthier lifestyle is based around eating well, training hard, staying consistent and, most of all, enjoying your journey. Adopting a practical, 'real world' approach, *Beach Fit* features:

- Weekly exercise and eating program
- Step by step workouts and plans for weights, HIIT and cardio
- Delicious, healthy and fast recipes

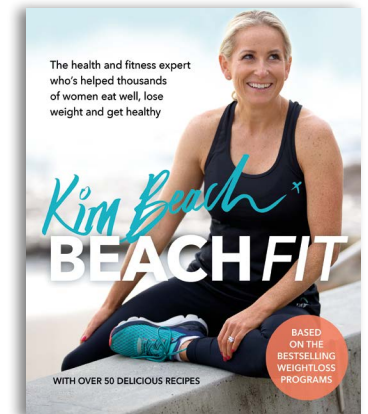
Packed with step by step photographs of workouts, easy to follow demonstrations, and deliciously simple recipes that can be prepared in under 20 minutes, *Beach Fit* is the perfect book for anyone who has decided that now is the time for them to embrace their health and fitness in their day to day life.

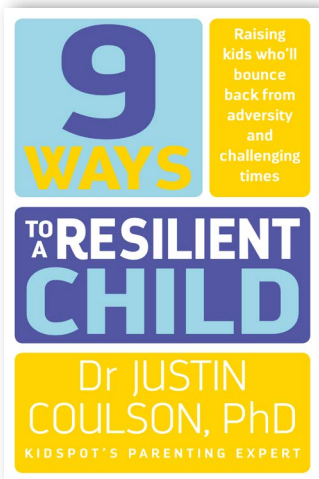
Kim walked away from her desk job in 2001 with the goal of pursuing a career in health and fitness. Since then she has developed a wonderfully unique challenge to women from all walks of life to approach health in a balanced way. Kim's inspiring, down to earth approach has already brought her a vast network of followers who love her brand. She stands out as a genuinely caring and supportive trainer in a world of fitness and diet experts.

Manuscript Available

April 2017 | 208pp | 224x190 mm | Paperback | ISBN 9780733337871

Rights Held: World English; Translation – all languages





The author of *21 Days to a Happier Family*, Dr Justin Coulson, on raising kids who'll bounce back from adversity and challenging times.

Justin Coulson

9 Ways to a More Resilient Child

Have you ever watched your child give up too quickly and easily, moaning 'I can't'. Perhaps

your child resists going to school because they don't like their teacher or their friend rejected them. Maybe they failed in a sporting contest or an exam.

Friendship problems, bullying, physical changes and parenting styles are just some of the issues that can affect our children's ability to bounce back from difficulty and adapt to challenging situations. Helping our children develop resilience can have lifelong positive effects.

9 Ways to a Resilient Child will help parents enable their children to cope with the challenges that life throws at us all. Discover the problems with common advice like 'Toughen up, princess', the negative impact of helicopter parenting, and how praise can harm instead of help. Understand both the protective and the risk factors affecting resilience. And uncover the psychological secrets that will build your child's ability to bounce back, stronger and more resilient than ever: from the ability to think flexibly, make safe and healthy choices, and exercise self control, to the powerful impact of family, relationships, school and community.

Justin Coulson left school at Year 10 to pursue a successful career as a radio broadcaster. After his first child was born, Justin realised he just wasn't the dad he wanted to be. To learn more about parenting, he started studying, eventually completing a PhD in Positive Psychology and Parenting. He now lives with his wife and six daughters in Wollongong, NSW, but travels Australia constantly, giving talks to parents, teachers and professionals. He is the author of *21 Days to a Happier Family*.

Manuscript Available

February 2017 | 288pp | 234x153 mm | Paperback | ISBN 9780733334825

Rights Held: World English; Translation – all languages

The essential Australian guide to First Aid for babies and children.

Sarah Hunstead

A Life. A Finger. A Pea Up a Nose.

Rapidly becoming Australia's Number 1 practical First Aid book specifically for your child, *A Life. A Finger. A Pea Up a Nose.* is the essential guide to give parents and carers practical paediatric advice on what to do in a medical emergency. Based on the enormously popular CPR Kids First Aid program, this completely revised and expanded edition will empower you with the knowledge and skills to recognise and respond to your sick or injured child – with confidence.

Unlike other First Aid manuals, Sarah takes real situations and combines them with her wealth of experience to make *A Life. A Finger. A Pea Up a Nose.* a thoroughly entertaining read as well as a treasure trove of sound advice.

Easy-to-follow advice, nurse and parent-tested methods and clear illustrations will show you how to: assess a situation and stay calm, treat an injury in a child-friendly way, recognise the warning signs that show your child has a serious illness, know when to get help, make your home child-safe, and keep yourself in peak condition so you can care for your kids.

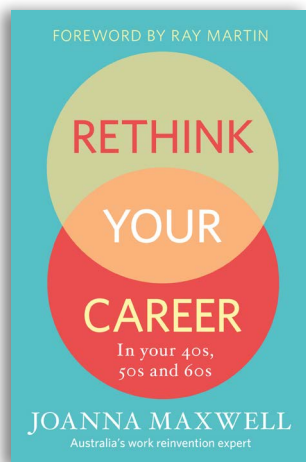
This is the one book you'll hopefully never need. Read it now. You never know - the child whose life you save could be yours.

Sarah has over 15 years experience in Paediatric Emergency Nursing, and has a passion for all things paediatrics. With a love of lifelong learning, Sarah has a Masters Degree in Clinical Practice, and has worked in various roles in Paediatric Emergency Departments including Nurse Unit Manager and Clinical Nurse Specialist. Sarah founded CPR Kids in 2012, and she has made it her mission to empower every person who cares for children with lifesaving skills of Paediatric CPR, First Aid and recognition of the sick child. Visit CPR Kids at cprkids.com.au.

Manuscript Available July 2017

September 2017 | 320pp | 234x153 mm | Paperback | ISBN 9781460753248

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How to reinvent your career – and work for as long as you want.

Joanna Maxwell

Rethink Your Career

Have you reached a point in your career where you've accumulated plenty of wisdom and experience and feel you have so much more to contribute, only to find others think you're near the end of your employment shelf life?

If you're just not ready to bow out, revitalising

your working life is much easier than you think.

Career coach and work reinvention expert Joanna Maxwell shows you how to continue a satisfying and rewarding working life by refreshing a current career, pursuing a new direction or leveraging your strengths to start your own business.

With a wealth of practical exercises and inspirational real-life stories, *Rethink Your Career* will help you discover:

- Creative new ways to think about work
- How to turn an interest into a career
- Practical strategies to take stock of your financial needs
- What you actually want from your future work life
- How to use your experience and know-how to give back
- Simple ways to put plans into action and ensure the changes stick.

So why wait? Start planning your new career now!

A former lawyer and journalist, and now a qualified coach, Joanna's coached hundreds of people for career change through workshops and her websites. Her blogs reach over 1200 recipients. She has lived these issues, changing career several times with great success. In 2015 Joanna appeared with Ray Martin on two series of a successful radio program, *The Road Next Travelled*, for the Macquarie Network. Joanna is a frequent guest on both 2UE and ABC radio to talk about this topic, and is in hot demand as a speaker.

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Page 40

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