



FALL 2016



ADAMS
MEDIA

FRONTLIST & BACKLIST
CATALOG





TABLE OF CONTENTS



Horror	1	New Age	40
Fiction	2	Parenting	41
Mystery.....	5	Coloring Books	42
Young Adult.....	6	Craft.....	51
Career	16	Games.....	52
Personal Finance	20	Humor	56
Politics.....	23	Calendars	57
Cooking	24	Weddings.....	58
Health.....	28	Sports.....	61
Medical History.....	32		
Science	33		
Self-Help	34		
Psychology	39		

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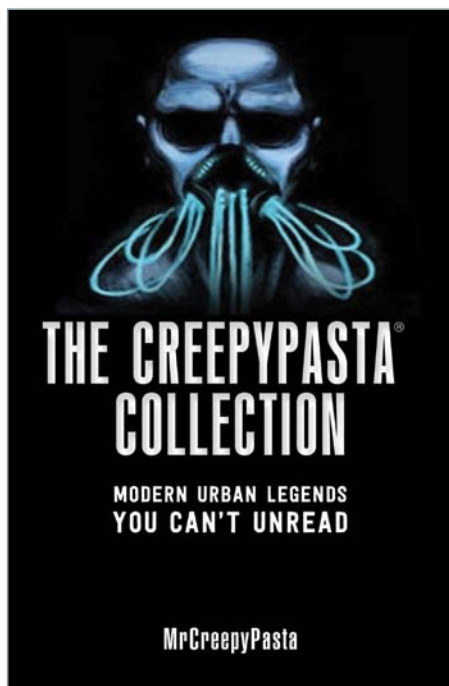
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ON EDELWEISS AT

edelweiss.abovethetreeline.com



The Creepypasta® Collection

Modern Urban Legends You Can't Unread
MrCreepyPasta

Bloodcurdling stories from the world of Ted the Caver and Slenderman

- Terrifying stories authored online, presented by the creator of the YouTube Channel MrCreepyPasta, with a million subscribers
- *The Creepypasta® Collection* is the only book on the market licensed to use the trademarked term due to the author's strong working relationship with the trademark owner
- Creepypasta is an increasingly popular genre of online fiction, with more than 300,000–400,000 searches every month

For years, dark, unsettling, *truly creepy* stories have been surfacing around the web. Now, with the help of YouTube sensation MrCreepyPasta, these stories have come together to make their new home in *The Creepypasta® Collection*. This book delves into the depths of the absolute best—and most terrifying—short stories on the Internet. Be prepared to sleep with the lights on after experiencing the misadventures of our heroes and heroines, who've encountered everything from the supernatural to the disturbed. With stories that range from the unforgettable NoEnd House to the fear-inducing Laughing Jack—The Creepypasta® Collection is the greatest gift for fans and horror enthusiasts alike.

SEPTEMBER

ISBN: 9781440597909
UPC: 045079597907
\$16.99 (CAN \$21.50)
Paperback
5½ x 8½, 304 pages
World Rights
#R2432

MRCREEYPASTA

San Antonio, TX

Youtube.com/mrcreeypasta

MrCreepyPasta presents the best of the most terrifying short stories of the web via his 1.03-million-subscriber YouTube Channel (of the same name), which have been viewed 137 million times (as of March 2016). He has worked with Fox Studios and lupBox, and been interviewed for *Chilling Tales* podcast, *Double Toasted*, and many college radio stations and papers. He regularly speaks at conventions across the country for horror, comic books, and pop culture.

MARKETING

- National publicity campaign
- Halloween promotional tie-ins
- Holiday gift guide campaign
- Social media campaign
- Online giveaway
- Writer's Digest advertising

CAN'T MISS BACKLIST



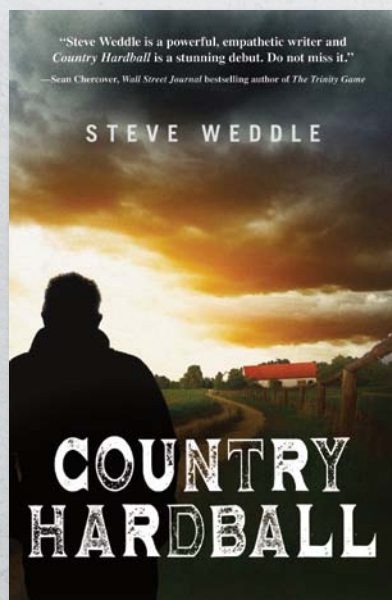
9781440562150



9781440580765



Benjamin LeRoy,
publisher of Tyrus Books,
Seeker of authenticity

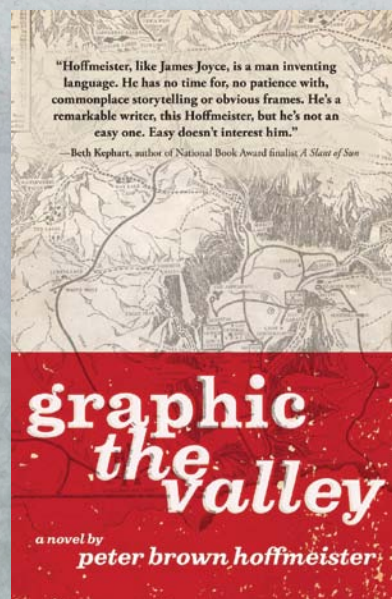


"Downright dazzling."
— *New York Times Book Review*

5½ x 8½, 208 pages
North American-English Rights

Paperback:
ISBN: 9781440570810
UPC: 045079570818
\$16.99 (CAN \$18.99)
#U9657

Hardcover:
ISBN: 9781440570803
UPC: 045079570801
\$24.99 (CAN \$27.99)
#U9658



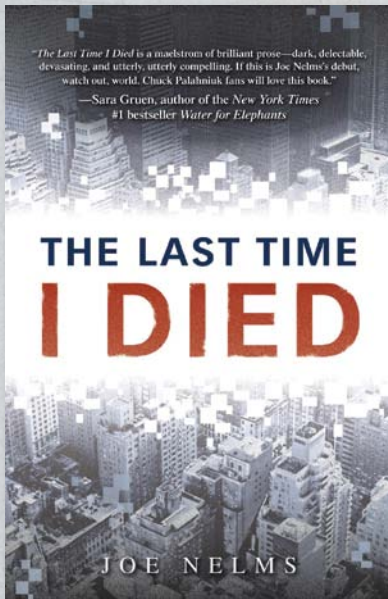
**"Mr. Hoffmeister brings a newfound sense of urgency
to one of the Bible's oldest and strangest tales."**

— *Wall Street Journal*

5½ x 8½, 272 pages
North American Rights

Paperback:
ISBN: 9781440568930
UPC: 045079568938
\$16.95 (CAN \$17.99)
#U8447

Hardcover:
ISBN: 9781440562037
UPC: 045079562035
\$24.95 (CAN \$25.99)
#U5580

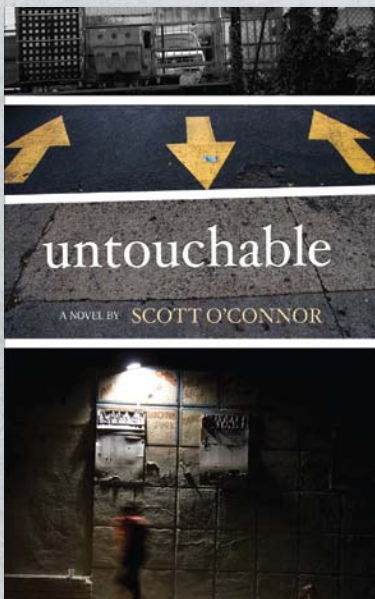


“One of the most compelling first novels
in recent memory.”

—*Booklist* (STARRED REVIEW)

ISBN: 9781440571800
UPC: 045079571808
\$16.99 (CAN \$18.99)
Paperback

5½ x 8½, 256 pages
North American English Rights
#T0078

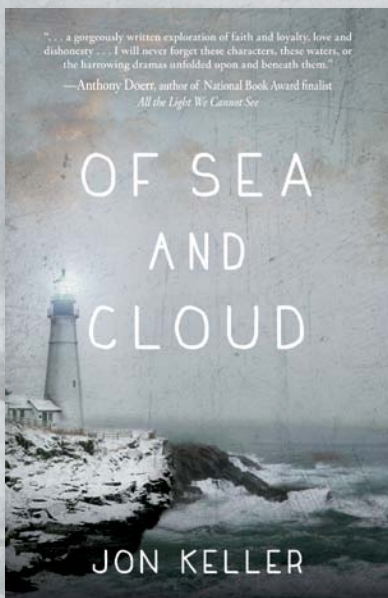


“Scott O’Connor speaks softly and somehow manages
to make something beautiful of unspeakable matters
. . . a voice so insistently sizzling, you want to lean in
close to catch every word.”

—*The New York Times Book Review*

ISBN: 9781935562504
\$15.95 (CAN \$16.99)
Paperback

5½ x 8½, 384 pages
North American English Rights
#W7276



“A gorgeously-written exploration of faith
and loyalty, love and dishonesty I will never
forget these characters, these waters, or the harrowing
dramas unfolded upon and beneath them.”

—Anthony Doerr, 2015 Pulitzer Prize Winner &
New York Times bestselling author of
All the Light We Cannot See

5½ x 8½, 336 pages
US and Canadian Rights

Hardcover:
ISBN: 9781440580222
UPC: 045079580220
\$24.99 (CAN \$27.99)
#T3503

Paperback:
ISBN: 9781440589065
UPC: 045079589063
\$15.99 (CAN \$17.99)
#T8671



NOVEMBER

ISBN: 9781440596728
 UPC: 045079596726
 \$24.99 (CAN \$30.99)
 Hardcover
 5½ x 8½, 288 pages
 English Language in the US and Canada
 #R1597



TRACY MANASTER
Portland, Oregon

Tracy Manaster is a graduate of Wesleyan University and the Iowa Writers' Workshop. She was the 2006 recipient of the National League of American Pen Women's Joanna Catherine Scott prize for novel excerpt. Her nonfiction has appeared in *Igora* and *Moxie* magazines and as interactive exhibit texts for the Smithsonian Institution's National Museum of American History. She lives in Portland, Oregon with her husband and twin daughters.

CAN'T MISS BACKLIST



9781440592188



9781440595455

The Done Thing

Tracy Manaster

In the style of *Olive Kitteridge* comes Lida Stearl in *The Done Thing*

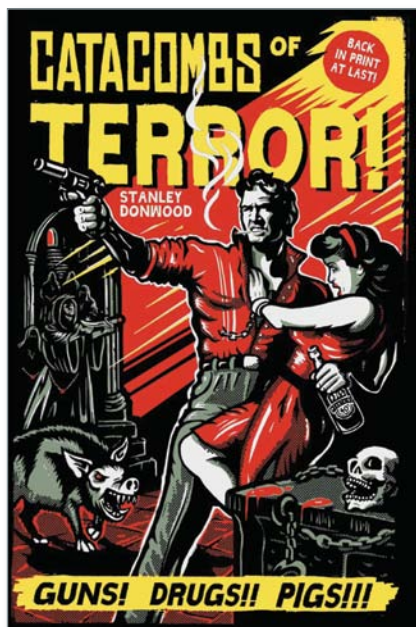
- From the author of *You Could Be Home By Now* ("Poignant, funny debut . . . A hoot that will touch your heart!" —*People*)
- For fans of Elizabeth Strout and Claire Messud

Lida Stearl prides herself on always knowing the most appropriate thing to do in any given situation, confidence that has served her well in building her career as an orthodontist, maintaining a happy marriage, and raising her young niece in the wake of a violent tragedy. But now she's a widowed, retired, empty-nester and the small perfections of an orderly life are not quite enough to stop her from feeling adrift.

Then a well-intentioned birthday gift leads to the discovery that Clarence Lusk, on death row for the murder of Lida's sister and preparing for his final appeal, is seeking penpals. Lida, furious, does not think he is entitled to any such consolations, and decides to teach him a lesson: she begins to write him, pretending to be naïve, twenty-three, and just the slightest bit flirtatious. As she accumulates details of Clarence's life in prison and his connections outside it, her preoccupation with the crime and its echoes intensifies, unsettling those around her and jeopardizing her relationship with her beloved niece. When the date of Clarence's clemency hearing is set and he begins to suspect there is something strange about his penpal, Lida finds herself in danger of losing what little family remains to her.

MARKETING

- National publicity campaign
- Advance reader copies
- ABA outreach
- Key award submissions
- Edelweiss galley download available
- Regional events and trade shows
- *Writer's Digest* advertising
- Online giveaways
- BookBub promo
- BEA giveaway / author appearance



Catacombs of Terror!

Stanley Donwood

Pulp! Guns! Drugs! Pigs!

“A barn-burning, page-turner from the depths of the secret worlds of hellish evil . . .”
 –Flea of the Red Hot Chili Peppers

- A novel from the in-house artist of the band Radiohead!
- *Pulp Fiction* meets the Illuminati
- First American publication; previously published in the UK

SEPTEMBER

ISBN: 9781440596698
 UPC: 045079596696
 \$22.99 (CAN \$28.99)
 Hardcover
 5½ x 8½, 208 pages
 North American English Rights
 #R1596



Catacombs of Terror! is a noir crime thriller set in Bath, England, in which private investigator Martin Valpolicella receives a tip that he will soon be framed for a future murder—that of his former lover—one that is set to take place in the catacombs buried beneath the city. Can he save the girl, and himself? A drug-fueled escapade takes place in the seedy subterranean of the countryside better known for hot springs and Jane Austen.

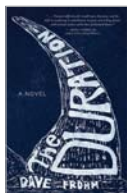
Donwood has penned a breakneck tale that weaves through secret societies, underground tunnels, and a surreal cast of characters where nothing is as it seems except looming danger!

STANLEY DONWOOD

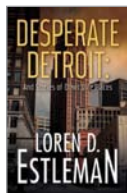
Bath, England
slowlydownward.com

Stanley Donwood (the pen name of Dan Rickwood) is best known for being the “in-house” illustrator for Radiohead, having created all of their album and poster art since 1994. Donwood’s other works of fiction include *Slowly Downward* and *Household Worms*, both published by Tangent, and *Humor*, a collection of old and new work, published by Faber.

CAN'T MISS BACKLIST



9781440594632



9781440596230

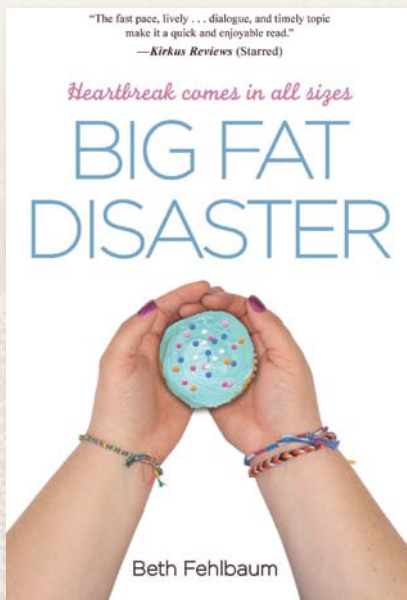
MARKETING

- National publicity campaign
- Advance reader copies
- ABA outreach
- Key award submissions
- Edelweiss galley download available
- Regional events and trade shows
- *Writer's Digest* advertising
- Online giveaways
- BookBub promo
- BEA giveaway



Merit Press

Jacquelyn Mitchard,
New York Times Bestselling Author,
Curator, and Editor-in-Chief at Merit Press



“Colby’s life . . . is difficult enough, but it gets worse very quickly once she discovers a photo of her politician father kissing another woman. The fast pace, lively . . . dialogue, and timely topic make it a quick and enjoyable read.”

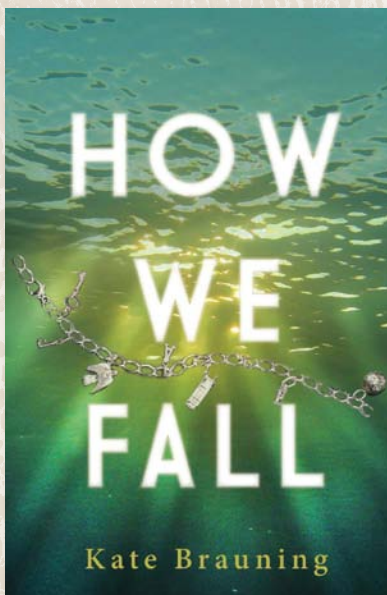
— *Kirkus Reviews* (Starred)

Winner of Texas Library Assoc. Spirit of TX High School Reading List Pick

5½ x 8½, 288 pages
World Rights

Paperback
ISBN: 9781440592676
UPC: 045079592674
\$9.99 (CAN \$10.99)
#S6438

Hardcover
ISBN: 9781440570483
UPC: 045079570481
\$17.99 (CAN \$19.99)
#U9261



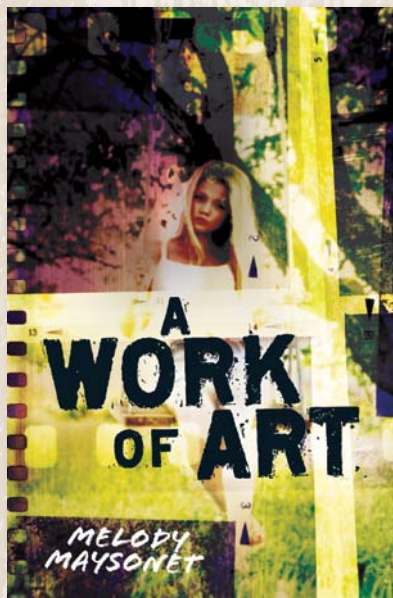
“An unusual combination of romance and suspense This quest for identity, wrapped up in an intriguing mystery, hooks from the beginning.”

— *Booklist*

5½ x 8½, 304 pages
World English Rights

Paperback
ISBN: 9781440592270
UPC: 045079592278
\$9.99 (CAN \$10.99)
#S5545

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ISBN: 9781440581793
UPC: 045079581791
\$17.99 (CAN \$19.99)
#T4578

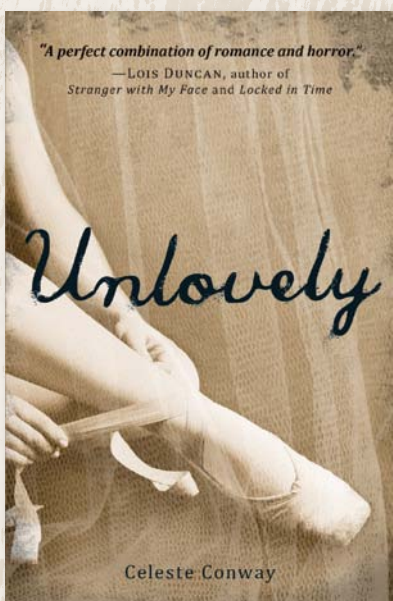


“Maysonet honestly, yet delicately, highlights issues such as victim-blaming, shame, and difficult sexual relationships.”

— *The Horn Book Magazine*

ISBN: 9781440582547
UPC: 045079582545
\$17.99 (CAN \$19.99)
Hardcover

5½ x 8½, 240 pages
World English Rights
#T4793



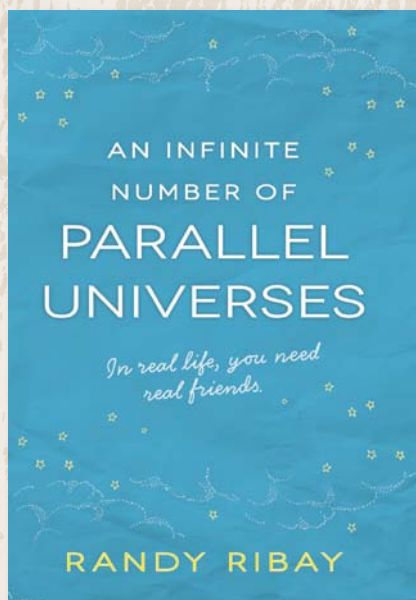
“A perfect combination of romance and horror.”

—Lois Duncan, author of *Stranger with My Face* and *Locked in Time*

5½ x 8½, 256 pages
World English Rights

Hardcover
ISBN: 9781440582790
UPC: 045079582798
\$17.99 (CAN \$19.99)
#T4946

Paperback
ISBN: 9781440592256
UPC: 045079592254
\$9.99 (CAN \$10.99)
#S5543

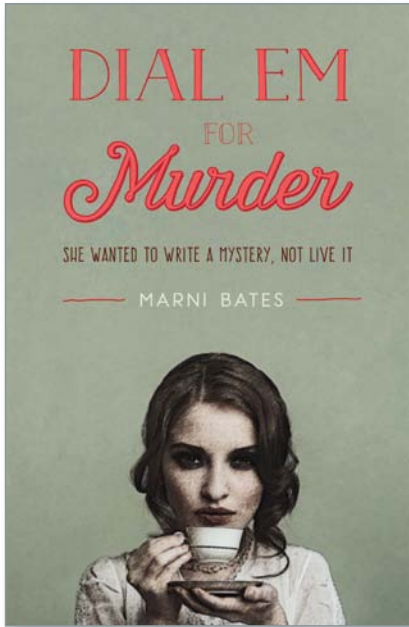


“A legitimate geeky book written by an awesomely geeky man who understands the classic geeky teenager. And. it. Was. On. Point. The trip of a lifetime. You want a diverse, thought-provoking, hilarious book?”

This is it. Join the party.”
—YA Books Central

ISBN: 9781440588143
UPC: 045079588141
\$17.99 (CAN \$19.99)
Hardcover

5½ x 8½, 240 pages
World Rights
#T8043



Dial Em for Murder

Marni Bates

She wanted to write a mystery, not live one

- A real mystery wrapped in a lighthearted romp
- Portrait of a girl with an independent professional life, but with an absentee dad
- Author's first series, *Awkward*, has been optioned for a television show by the Disney Channel

Sixteen-year-old Emmy Danvers was sitting in Starbucks, working on her romance novel, when a crazy old man suddenly mumbled a cryptic warning and then . . . died in a heap, slumped over her body. But the incident wasn't as random as she thought, and the old man might have taken a bullet for Emmy at the moment he slipped something into her pocket: a digital tablet with secrets she can't decode. Thrust into a dangerous world where nothing is as it seems, Emmy fights to track down her absentee father, reckons with the flirtatious bad boy who may actually be "one of them," and tries to stay one step ahead of the killers, as the old man's parting advice begins to make terrible sense.

NOVEMBER

ISBN: 9781440595851

UPC: 045079595859

\$17.99 (CAN \$22.99)

Hardcover

5½ x 8½, 256 pages

North American English Rights

#R0740

MeritPress

MARNI BATES

Portland OR

marnibates.com

Marni Bates was first published at age nineteen, when her autobiography, *Marni*, was selected for the 2010 New York Public Library Staff for the Teen Age list. Her first novel series, *Awkward*, has been optioned by the Disney Channel and is translated into several languages.

CAN'T MISS BACKLIST



9781440589003



9781440592256

MARKETING

- National publicity campaign
- Advance reader copies
- ABA outreach
- ALA/YASA outreach
- Key award submissions
- Merit 66 Teen Reader campaign
- Online giveaway
- Edelweiss galley download available
- Social media campaign



Aftermath

Clara Kensie

She's free. Isn't she?

- Ripped from the headlines, a story about the years that come *after* a girl is held captive in the attic of a kidnapper for four endless years
- Expecting to return to the idyllic life she recalls, Charlotte instead is thrust into a family that has fallen apart, with a mother who wants her to hide forever and a father who wants her to be a media star
- A realistic, heart-wrenching, but ultimately hopeful story about the "afterlife" of crime victims

Charlotte dreamed of her family every day of her captivity in the attic of a kidnapper: in fact, thinking of them, happy and whole, was her only comfort. When she escapes, it's to a stunning loss: that family has fallen apart. Mom and Dad are divorced, and her sister is a drugged-out delinquent, and while Mom treats Charlotte like a rare orchid, her father wants her to get out there and do a lecture tour. Worst of all, Charlotte can't prove what she knows is true—that there was another victim. And that girl never got a second chance to live.

NOVEMBER

ISBN: 9781440598708
 UPC: 045079598706
 \$17.99 (CAN \$22.99)
 Hardcover
 5½ x 8½, 256 pages
 World English Rights
 #R3045



CLARA KENSIE

Round Lake Beach, IL

Clara Kensie is an award-winning author of dark fiction for young adults. Her debut series, *Run to You*, was named one of *RT* magazine Editors' Best Books of 2014, and Book One in the series, *Deception So Deadly*, was the winner of the 2015 RITA Award for Best First Book.

CAN'T MISS BACKLIST



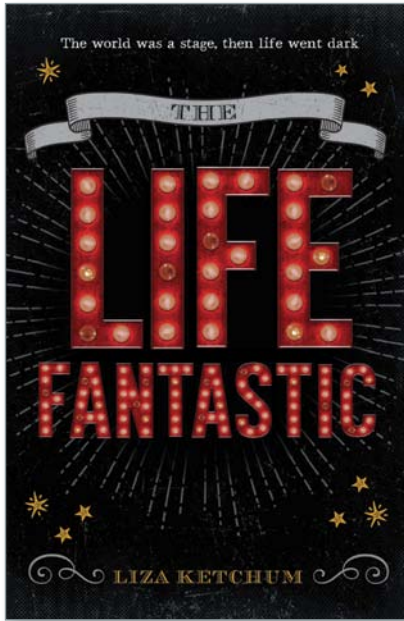
9781440595820



9781440592195

MARKETING

- National publicity campaign
- Advance reader copies
- ABA outreach
- ALA/YASA outreach
- Key award submissions
- Merit 66 Teen Reader campaign
- Online giveaway
- Edelweiss galley download available
- Social media campaign



The Life Fantastic

Liza Ketchum

Sing a song of justice

- Raised by failed actors, Teresa flees her Vermont home for her dream of Broadway
- Teresa’s talent grows in power and acclaim, but when she loses her heart to a talented young black guy, her heart breaks to see how the world treats their love
- Veteran author Liza Ketchum’s novel *Where the Great Hawk Flies* won the Massachusetts Book Award for Children’s/Young Adult Literature

JANUARY

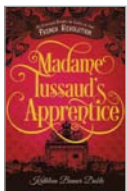
ISBN: 9781440598760
 UPC: 045079598768
 \$17.99 (CAN \$22.99)
 Hardcover
 5½ x 8½, 256 pages
 World English
 #R3047



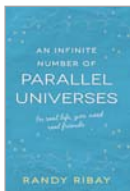
LIZA KETCHUM
 Watertown, MA
 lizaketchum.org

Liza Ketchum is the award-winning author of sixteen books, including *Out of Left Field*, set in contemporary Boston with echoes to the Vietnam War era. Her novel *Where the Great Hawk Flies* won the Massachusetts Book Award for Children’s/Young Adult Literature, and *The Gold Rush*, a companion to the Ken Burns/Geoffrey Ward PBS series *The West*, was an ABA “Pick of the List” book. An experienced teacher, Liza was a founding faculty member of Hamline University’s MFA in Writing for Children and Young Adults program. She currently teaches writing to graduate students and is at work on another novel.

CAN’T MISS BACKLIST



9781440581168

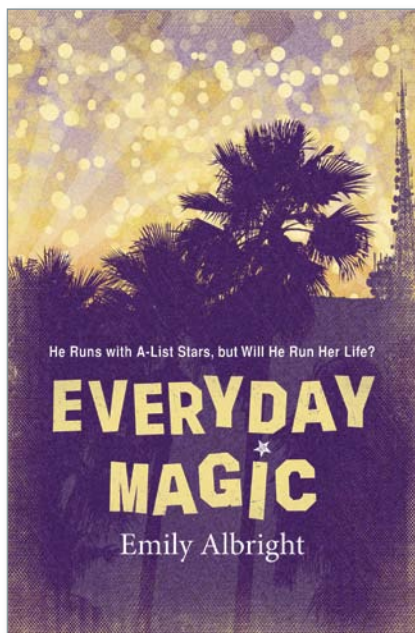


9781440588143

Teresa was once part of her family’s vaudeville troupe, but her parents have gone home to Vermont to play it safe when they fail to hit the big time. Even though she’s not yet sixteen, Teresa’s dreams are as big as her voice and, when her dad tells her that she must join the family piano-tuning business, Teresa hops a freight to New York—only to learn that her little brother has stowed away on the same train. With nowhere to turn on the streets of the heartless city, Teresa and her brother are taken in by big-hearted Maude, who encourages Teresa in contests she enters, and wins. But even Maude can’t protect the girl from heartbreak when she falls in love with a young man who is black. Her dream of stardom must compete with her dream of a better world, as she vows to fight not only for recognition but equality, against the backdrop of the growing movement for civil rights.

MARKETING

- National publicity campaign
- Advance reader copies
- ABA outreach
- ALA/YASA outreach
- Key award submissions
- Merit 66 Teen Reader campaign
- Online giveaway
- Edelweiss galley download available
- Social media campaign



DECEMBER

ISBN: 9781440598739
 UPC: 045079598737
 \$17.99 (CAN \$22.99)



Hardcover
 5½ x 8½, 256 pages
 English Language in the U.S, Canada,
 and Philippines
 #R3046

**EMILY ALBRIGHT
 Salem, OR**

Emily Albright is the pen name for Stacey Zink. Her love of Jane Austen, L.M. Montgomery, and Louisa May Alcott help Emily create strong heroines and swoon-worthy romances. Her debut novel, *The Heir and the Spare*, was inspired by the marriage of Prince William and Catherine Middleton.

Everyday Magic

Emily Albright

What Kind of Dad Pays You to Date a Movie Star?

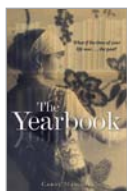
- Maggie’s dad, a Hollywood director, isn’t content just to plan her future in entertainment law, he blackmails her to date the star of his new movie
- *Everyday Magic* deals with the dark side of celebrity, showing that even glam-crammed Hollywood nights can’t give a girl a life with real meaning
- Emily Albright’s *The Heir and the Spare* has been one of the biggest hits for Merit Press, and her newest weaves beguiling elements of fashion, royal-watching, and romance with down-to-earth issues like the battle for independence

From the author of *The Heir and the Spare* comes another lively but thoughtful novel of modern love writ large against the backdrop of popular culture—this time, Hollywood behind the scenes. Maggie wants to be a designer, but her father, an A-list director on the downward slide, brushes her hopes aside, insisting that she become an entertainment lawyer and work for him. And then he ups the pressure, literally blackmailing Maggie to date Ben, the hot young actor starring in his new movie—even though Maggie loves Preston. But Maggie sleuths out the reason why her father seems ready to sell her to the highest bidder, and breaks away. Designing a stunning red carpet gown for a hip young duchess, she implores Preston to give them another chance in an all-out bid to go her own way.

MARKETING

- National publicity campaign
- Advance reader copies
- ABA outreach
- ALA/YASA outreach
- Key award submissions
- Merit 66 Teen Reader campaign
- Online giveaway
- Edelweiss galley download available
- Social media campaign

CAN'T MISS BACKLIST



9781440588976



9781440584602



Color Blind

Sheila Sobel

What you don't know really *can* hurt you

- A story of first love and terrible danger told in the storm-ravaged setting of New Orleans after Hurricane Katrina
- A girl who has lost everything will risk everything for a new start when the boy she loves leads her to a past linked to the voodoo history of New Orleans
- First novelist Sheila Sobel is active in the youth book-writing and film community in Los Angeles

OCTOBER

ISBN: 9781440597466
 UPC: 045079597464
 \$17.99 (CAN \$22.99)
 Hardcover
 5½ x 8½, 256 pages
 World English Rights
 #R2003



When April's father dies, she is alone in the world, her mother having abandoned the family when April was just a baby. Colorful Aunt Kate takes the orphaned girl in, but April barely knows her aunt, a chef who lives in New Orleans—which seems like a foreign land. Then she meets a boy who leads tours of the haunted city, and who leads her to the home of voodoo queen Marie Laveau, a place that holds a frightening secret linked to April's own past.

SHEILA SOBEL
 Beverly Hills, CA

An active member of the youth writing and film-study community, Sheila Sobel lives in Beverly Hills with her husband, her dogs, and her cats.

CAN'T MISS BACKLIST



9781440590108



9781440570575

MARKETING

- National publicity campaign
- Advance reader copies
- ABA outreach
- ALA/YASA outreach
- Key award submissions
- Merit 66 Teen Reader campaign
- Online giveaway
- Edelweiss galley download available
- Social media campaign



Dessert First

Dean Gloster

Sometimes, life is more than enough

- A realistic, moving portrait of a young girl coping with her sibling's death
- Strong friendship-and-family story about facing terminal illness in the tradition of *The Fault in Our Stars*
- Topical medical science plot in a realistic teen voice

Kat is the big sister and, as a bone-marrow match, the only hope for saving her little brother, Beep, whose leukemia has relapsed for the second time. In the face of her family's tragedy, Kat has been the problem-solver cheerleader, so now she can't tell anyone, even the boy she loves, that it's all been an act. When even her heroic effort to save Beep fails, so does Kat's irreverent sense of humor, and she spirals downward, until help comes from an unlikely place.

SEPTEMBER

9781440594540
045079594548
\$17.99 (CAN \$22.99)

Hardcover
5½ x 8½, 304 pages
North American English Rights
#S8875

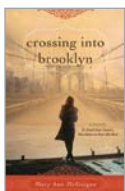
MeritPress

DEAN GLOSTER

Berkley, CA

A lawyer and former standup comic, Dean Gloster drew inspiration from his wife, a pediatric hospice nurse, for *Dessert First*, his debut novel.

CAN'T MISS BACKLIST



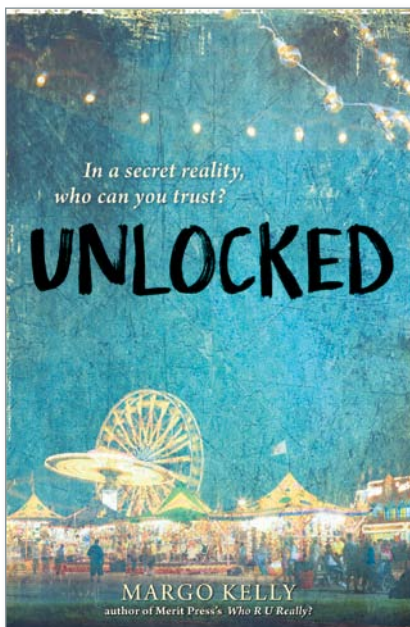
9781440584633



9781440582547

MARKETING

- National publicity campaign
- Advance reader copies
- ABA outreach
- ALA/YASA outreach
- Key award submissions
- Merit 66 Teen Reader campaign
- Online giveaway
- Edelweiss galley download available
- Social media campaign



OCTOBER

ISBN: 9781440593598
 UPC: 045079593596
 \$17.99 (CAN \$22.99)
 Hardcover
 5½ x 8½, 288 pages
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MARGO KELLY
Nampa, ID

A native of the northwest, Margo Kelly is a veteran public speaker who currently lives in Idaho. Her debut young adult novel, *Who R U Really?*, was published in 2014.

Unlocked

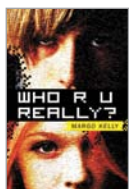
Margo Kelly

In a secret reality, who can you trust?

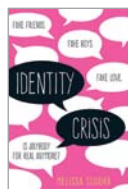
- A provocative thriller that explores the myths and truths behind the link between hypnosis and mind control
- A story of friendship with a strong message about the serious mistake of judging others by the “weirdness” of clothes they wear and the beliefs they hold dear
- Veteran novelist and speaker Margo Kelly, who published the thriller *Who R U Really?* with Merit Press, has a national base in lecturing to groups on the topics of emotional health and Internet safety for teens

Hannah is losing her mind. Shame and guilt over her role in the car crash that killed her friend torment her every day. And then there’s her secret history. Objects in her room are moved—or did she move them herself, or did she only imagine it? And only Hannah knows that it was her bizarre belief that bugs were crawling on her hands that made her lose control of the car. Is she headed for a locked ward, like her dad? Then, as she loses hope, the school’s weird “occult” expert offers to help her find the truth, and reality is darker than fantasy.

CAN'T MISS BACKLIST



9781440592263



9781440590139

MARKETING

- National publicity campaign
- Advance reader copies
- ABA outreach
- ALA/YASA outreach
- Key award submissions
- Merit 66 Teen Reader campaign
- Online giveaway
- Edelweiss galley download available
- Social media campaign



Teach Me to Forget

Erica M. Chapman

You might as well live

- A wry and searching look at teen suicide and preventing the agony
- The love story incorporates the issues of family struggle with a teen's depression
- Focuses on how peer interaction is the most powerful force against sadness

Ellery can't go on. The sister she adored is dead and her family is in shambles, but when she makes the tortured decision to end it all, even her gun misfires. When she goes out to replace it, she mistakes one Big Mart for another, and can't even get a refund. But she does meet Colton, a very cute boy who seems way too concerned with Ellery's worthless existence. Still, Ellery just can't really see why she should make a commitment to a life without hope—until Colton reveals just how well he knows what suicide can do to a family. His love for her is only one of the reasons he will fight for her life.

DECEMBER

ISBN: 9781440594571

UPC: 045079594579

\$17.99 (CAN \$22.99)

Hardcover

5½ x 8½, 256 pages

World English Rights

#S8876

MeritPress

ERICA M. CHAPMAN

Detroit MI

ericamchapman.com

A devout Detroit Lions fan, Erica M. Chapman is also mentor to other young adult writers, and a contributor to *YA Misfits*. This is her first novel.

CAN'T MISS BACKLIST



9781440592270



9781440592676

MARKETING

- National publicity campaign
- Advance reader copies
- ABA outreach
- ALA/YASA outreach
- Key award submissions
- Merit 66 Teen Reader campaign
- Online giveaway
- Edelweiss galley download available
- Social media campaign



SEPTEMBER

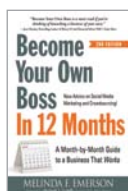
ISBN: 9781440596780
 UPC: 045079596788
 \$16.99 (CAN \$21.50)
 Paperback
 5½ x 8½, 272 pages
 World Rights
 #R1654

YUWANDA BLACK

Kingston, Jamaica
 inkwelleditorial.com

Yuwanda Black is the owner and sole operator of Inkwell Editorial, an online information portal for editorial and creative professionals and leading site for information on how to start, grow, or maintain a freelance writing business. She has been featured in numerous magazines, newspapers, and online outlets, including Entrepreneur.com's small business magazine *Be Your Own Boss*, *Black Issues Book Review*, *Savvy Professional* magazine, the *Chicago Tribune*, and the *Wall Street Journal's* RealEstateJournal.com.

CAN'T MISS BACKLIST



9781440584350



9781440575174

The Ultimate Freelancer's Guidebook

Learn how to land the best jobs, build your brand, and be your own boss

Yuwanda Black

An insider's guide to building a successful freelance business

- Featured in *Entrepreneur's* small business magazine *Be Your Own Boss*, the *Chicago Tribune*, and the *Wall Street Journal*, Yuwanda Black specializes in helping young freelancers build a business and "live the freelance life"
- A third of the American workforce are freelancers, and the segment is growing faster than any other group (*Fast Company*)
- Freelancing is a popular choice for millennials, and there is a growing number of digital marketplaces available to serve this market, including Upwork, TaskRabbit, and Amazon Home Services

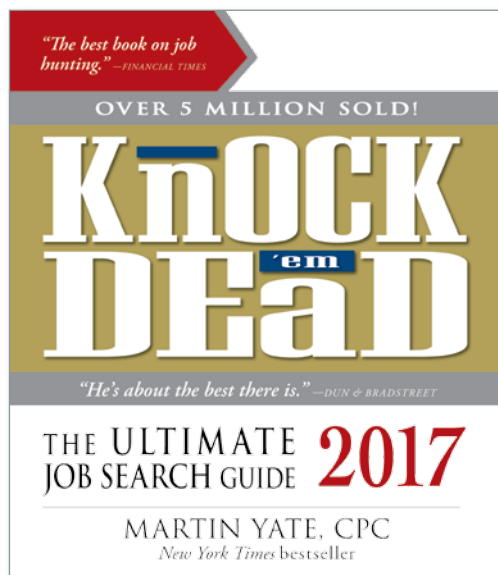
Being a professional freelancer doesn't mean sleeping late and sipping coffee at local cafes with a laptop. Real freelancers know that making a living off freelance projects takes hard work, perseverance, and patience. *The Ultimate Freelancer's Guidebook* gives readers the tools they need to be successful in the ever-growing freelance market. Longtime freelancer and entrepreneur Yuwanda Black shows readers how to:

- Break into the freelance market
- Find the best-paying jobs
- Negotiate a contract
- Build a brand
- Create a strong online presence and portfolio

Readers will learn how to build their reputation in the freelance market, form long-lasting professional relationships, and start taking control of their own employment destiny.

MARKETING

- National publicity campaign targeting career and workforce media



Knock 'em Dead 2017

The Ultimate Job Search Guide

Martin Yate, CPC, *New York Times* bestseller

- In today's highly competitive job market, job seekers need an edge to get interviews and to turn those interviews into job offers—an edge Martin Yate provides
- Important job-search trends include social media marketing, personal branding, and Internet networking and job searching
- *Knock 'em Dead* books have sold more than 5 million copies

OCTOBER

ISBN: 9781440596018

UPC: 045079596016

\$17.99 (CAN \$22.99)

Paperback

8 x 9¼, 384 pages

World Rights

#R0909

Previous edition: 9781440588815

MARTIN YATE, CPC

Savannah, GA

knockemdead.com

Martin Yate, CPC, is one of the foremost experts in the field of job search and career management. The author of *Knock 'em Dead Resumes*, *Knock 'em Dead Cover Letters*, *Knock 'em Dead: Secrets & Strategies for First-Time Job Seekers*, and numerous other books, he has helped millions of people turn their careers and their lives around.

New York Times bestseller Martin Yate has helped millions of people turn their lives around by finding great jobs and managing their career progress. Whether readers are looking for a first job, re-entering the market, or planning a career change, Yate provides a road to professional success, utilizing the latest job-search strategies for the digital age. This new edition of his classic guide explains everything from building a keyword-rich online profile to social media networking to accepting an offer. Readers will also learn how to:

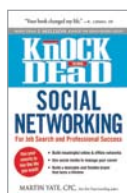
- Create resumes that get results
- Maximize a LinkedIn profile for optimum discoverability
- Get the most out of career sites like Glassdoor and Indeed
- Turn job interviews into job offers
- Negotiate the best salary and benefits package
- Manage a career and climb the ladder of promotion

Knock 'em Dead 2017 will help readers navigate the changing job-search market, land their dream jobs, and be better prepared to navigate the twists and turns of a long career.

CAN'T MISS BACKLIST



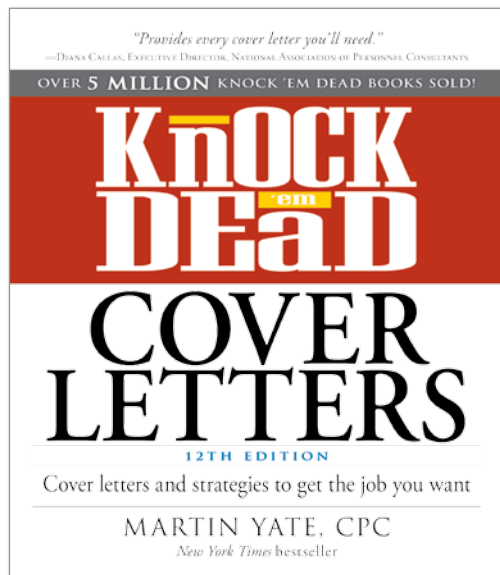
9781440536793



9781440569715

MARKETING

- National publicity campaign targeting career and workforce media
- Radio satellite tour
- Library market outreach
- College outreach
- Social media campaign
- Online giveaways



Knock 'em Dead Cover Letters, 12th Edition

Cover letters and strategies to get the job you want
 Martin Yate, CPC, *New York Times* bestseller

Cover letters that get noticed, get read, and get the interview!

- Career expert Martin Yate shows how to use the right keywords and phrases in a cover letter to get a resume in the hands of the hiring manager
- Yate explains how to identify key descriptors in job posts and use them to craft cover letters that draw the attention of hiring managers
- Knock 'em Dead books have sold more than 5 million copies

Job seekers, above all, need interviews. That's why they write cover letters—to get in front of someone who can hire them. How to do it? The key, as Martin Yate explains, is to use language drawn from the job posting itself, words that will send an application to the top of database searches. In this completely updated guide, readers will find numerous sample cover letters, along with Yate's tried and proven methods to:

- Determine relevant keywords to get attention
- Effectively display a personal brand and transferable skills that can be brought to the job
- Find the right contact information that gets material in front of decision-making managers and recruiters
- Use social media sites such as LinkedIn to create an effective online profile and build professional and personal networks

With Martin Yate's expertise at their fingertips, readers will grab employers' attention and land the interviews necessary to get great job offers!

NOVEMBER

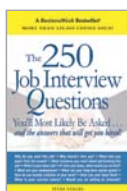
ISBN: 9781440596186
 UPC: 045079596184
 \$15.99 (CAN \$19.99)
 Paperback
 8 x 9¼, 320 pages
 World Rights
 #R1201

Previous edition: 9781440579066

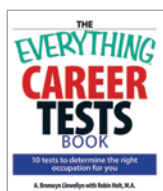
MARTIN YATE, CPC
 Savannah, GA
 knockemdead.com

Martin Yate, CPC, is one of the foremost experts in the field of job search and career management. The author of *Knock 'em Dead 2017*, *Knock 'em Dead Resumes*, *Knock 'em Dead: Secrets & Strategies for First-Time Job Seekers*, and numerous other books, he has helped millions of people turn their careers and their lives around.

CAN'T MISS BACKLIST



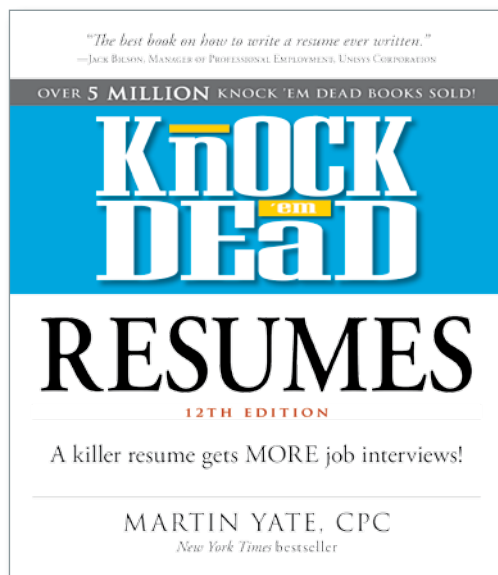
9781580621175



9781593375652

MARKETING

- National publicity campaign targeting career and workforce media
- College outreach
- Social media campaign
- Online giveaways
- Radio satellite tour
- Library market outreach



NOVEMBER

ISBN: 9781440596193
 UPC: 045079596191
 \$15.99 (CAN \$19.99)
 Paperback
 8 x 9¼, 320 pages
 World Rights
 #R1202

Previous edition: 9781440579073

MARTIN YATE, CPC Savannah, GA knockemdead.com

Martin Yate, CPC, is one of the foremost experts in the field of job search and career management. The author of *Knock 'em Dead*, *Knock 'em Dead Cover Letters*, *Knock 'em Dead: Secrets & Strategies for First-Time Job Seekers*, and numerous other books, he has helped millions of people turn their careers and their lives around.

CAN'T MISS BACKLIST



9781440536786



9781440562709

Knock 'em Dead Resumes, 12th Edition

A killer resume gets MORE job interviews!
 Martin Yate, CPC, *New York Times* bestseller

Expert advice on building a powerful, attention-getting resume

- This newest edition of Martin Yate's guide to creating resumes uses Yate's proven method of finding the right keywords and phrases to get a resume in the hands of the hiring manager
- In today's highly competitive job market, job seekers need an edge to get interviews and to turn those interviews into job offers—an edge Martin Yate provides
- Knock 'em Dead books have sold more than 5 million copies

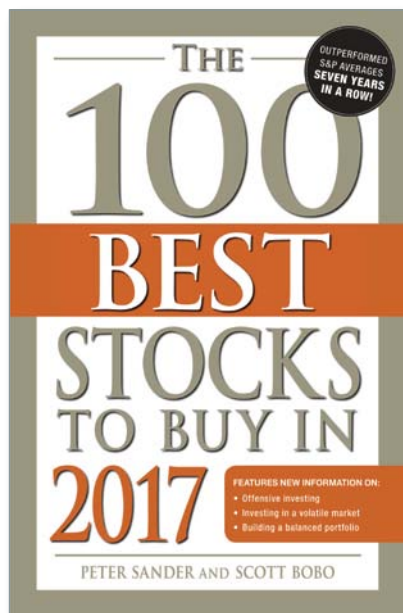
In today's highly competitive job market, candidates need a way to call attention to their transferable skills and professional behavior. Drawing on more than thirty years of experience, bestselling author Martin Yate shows readers how to write dynamic, effective resumes to do just that. Readers will learn how to create a resume that:

- Stands out in a resume database
- Builds a strong personal brand employers will want on their team
- Passes recruiters' six-second scan test
- Calls attention to the specific skills hiring managers are looking for

The new edition of this classic guide includes dozens of sample resumes as well as cutting-edge advice on resume-writing tactics. With *Knock 'em Dead Resumes, 12th Edition*, readers will easily grab employers' attention—and score the job they want.

MARKETING

- National publicity campaign targeting career and workforce media
- College outreach
- Social media campaign
- Online giveaways
- Radio satellite tour
- Library market outreach



The 100 Best Stocks to Buy in 2017

Peter Sander and Scott Bobo

Now is the time to make money!

- The stock picks featured in *The 100 Best Stocks to Buy* have beaten the S&P averages for the past seven years in a row
- Author Peter Sander is a widely recognized expert on value investing, the method used by Warren Buffett and other successful financiers
- Previous editions of *The 100 Best Stocks to Buy* have sold more than 250,000 copies!

DECEMBER

ISBN: 9781440596025
 UPC: 045079596023
 \$16.99 (CAN \$21.50)
 Paperback
 5½ x 8½, 400 pages
 World Rights
 #R0910

Previous edition: 9781440589171

PETER SANDER Granite Bay, CA

Peter Sander has written forty-three books, including *Value Investing for Dummies* and *Personal Finance for Entrepreneurs* as well as *101 Things Everyone Should Know About Economics*. The author of numerous articles dealing with investment strategies, he is the coauthor of *The 100 Best Stocks to Buy in 2016*.

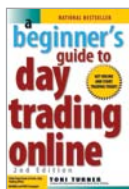
SCOTT BOBO San Jose, CA

Scott Bobo specializes in trend and investment analysis in the consumer electronics, personal computer, and semiconductor industries. Scott served as lead researcher for the 2011 and 2012 editions of *The 100 Best Stocks* and as coauthor for the 2013–16 editions. He operates Red Wrench, a personal technology and investment consulting firm.

CAN'T MISS BACKLIST



9781440595134



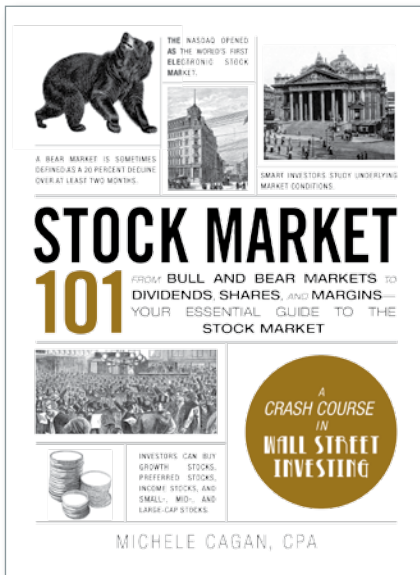
9781593376864

Market growth in 2016 has slowed, as bears come out in response to the slowing of the Chinese economy, falling oil prices, and concerns about currency. Nonetheless, it's still possible for shrewd investors to profit. *The 100 Best Stocks to Buy in 2017* shows investors how to protect their money with stock picks that have beaten the S&P averages seven years in a row. Authors Sander and Bobo explain in detail their value investing philosophy as well as low-volatility investing and how to find stocks that consistently perform and pay dividends.

An essential guide for anyone investing in today's market, *The 100 Best Stocks to Buy in 2017* is a proven source of solid, dependable advice readers can take to the bank.

MARKETING

- **New Year / New You Investment campaign**



Stock Market 101

From Bull and Bear Markets to Dividends, Shares, and Margins—Your Essential Guide to the Stock Market
Michele Cagan, CPA

The definitive guide to investing in stocks

- Half of Americans invest in the stock market (Fortune.com)
- A beginner’s guide to the fascinating history and dramatic ups and downs of stock marketing trading
- Adams Media’s 101 series has sold more than 200,000 copies!

Too often, textbooks turn the noteworthy details of investing into tedious discourse that would put even a hedge fund expert to sleep. *Stock Market 101* cuts out the boring explanations of basic investing and instead provides hands-on lessons on the history of stock market trading and the current financial markets that keep readers engaged as they build a portfolio and expand their savings.

Whether readers are looking to master the major principles of stock investing, or just want to learn more about how the market shifts over time, *Stock Market 101* has all the answers.

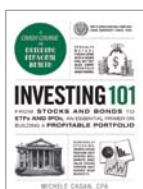
DECEMBER

ISBN: 9781440599194
 UPC: 045079599192
 \$15.99 (CAN \$19.99)
 Paper over Board
 5¼ x 7½, 256 pages with an 8-page,
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 #R3452

MICHELE CAGAN, CPA Baltimore, MD

Michele Cagan, CPA has worked as a financial planner, accountant, and tax advisor, assisting both individuals and small business owners. She is the author of several personal finance and business books, including *Investing 101*, *The Everything Accounting Book*, *Streetwise Structuring Your Business*, *Streetwise Business Plans with CD*, and *Streetwise Incorporating Your Business*.

CAN'T MISS BACKLIST



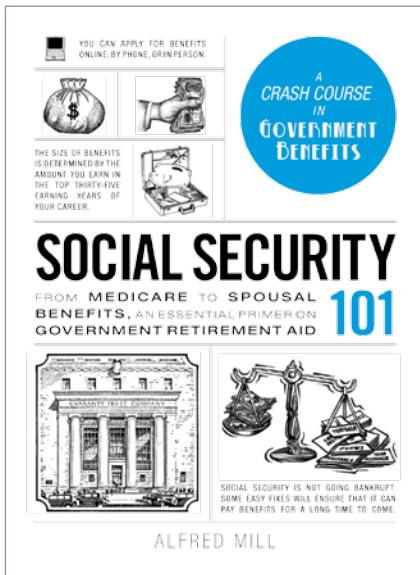
9781440595134



9781440511868

MARKETING

- National publicity campaign targeting wealth management and finance media



Social Security 101

From Medicare to Spousal Benefits, an Essential Primer on Government Retirement Aid

Alfred Mill

A crash course in managing retirement

- Without Social Security benefits, more than 40 percent of Americans aged 65 and older would have incomes below the poverty line (U.S. Bureau of the Census)
- 36 percent of non-retirees — about 10 percentage points higher than a decade ago—say they’re counting on Social Security to be a major source of their retirement income (Gallup)
- Adams Media’s 101 series has sold more than 200,000 copies!

OCTOBER

ISBN: 9781440599224
 UPC: 045079599222
 \$15.99 (CAN \$19.99)
 Paper over Board
 5¼ x 7½, 256 pages with an 8-page,
 4-color insert
 World Rights
 #R3453

Too often, writing about social security turns the noteworthy details of the benefits into boring details about regulations or biased political arguments. *Social Security 101* cuts out the tedious explanations and instead provides a hands-on lesson that keeps readers engaged as they learn all they need to know about the federal program that’s been around since the Great Depression.

From the history of social security to its likely role in the future, this primer is packed with hundreds of entertaining tidbits and concepts. *Social Security 101* has all the answers—even the ones readers didn’t know they were looking for.

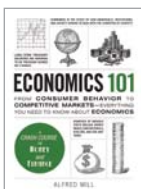
ALFRED MILL Portland, OR

Alfred Mill is a self-professed economics buff and experienced professor on the subject. He began his career as a graduate TA and has since gone on to teach courses ranging from the principles of economics to in-depth theoretical discourses on economic policy and political rhetoric.

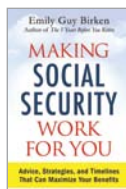
MARKETING

- National publicity campaign targeting wealth management and retirement media

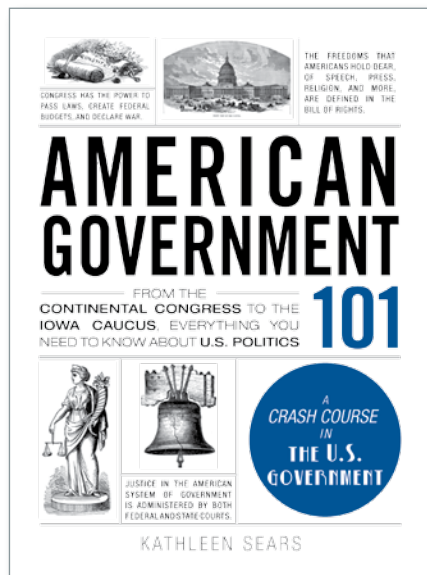
CAN'T MISS BACKLIST



9781440593406



9781440593376



SEPTEMBER

ISBN: 9781440598456
 UPC: 045079598454
 \$16.99 (CAN \$21.50)
 Paper Over Board
 5¼ x 7½, 256 pages with an 8-page
 4-color insert
 World Rights
 #R2704

KATHLEEN SEARS
Syracuse, NY

Kathleen Sears loves following politics, and learning the ins and outs of the political process. She has studied U.S. history for the past seven years.

American Government 101

From the Continental Congress to the Iowa Caucus, Everything You Need to Know about U.S. Politics

Kathleen Sears

A guide to the foundations of U.S. politics

- Thirty-five percent of Americans couldn't name a single branch of the U.S. government when asked in a national survey (Annenberg Public Policy Center of the University of Pennsylvania)
- This guide provides nonpartisan information for readers who are looking for unbiased facts in a presidential election year
- Adams Media's 101 series has sold more than 200,000 copies!

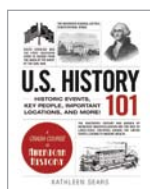
Too often, textbooks turn the noteworthy details of government into tedious discourse that would put even the President to sleep. *American Government 101* cuts out the boring explanations, and instead provides a hands-on lesson that keeps readers engaged. From the backstory of the Constitution to the institution of the Electoral College, this primer is packed with hundreds of entertaining tidbits and concepts that will help readers to learn about how the government of the United States actually works.

So whether readers want to learn about how policies and laws are created, or just want to become better-informed voters, *American Government 101* has all the answers—even the ones they didn't know they were looking for.

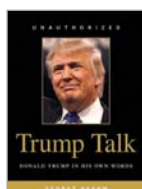
MARKETING

- National publicity campaign targeting election-year tie-ins
- Cross promo with F+W Gun community

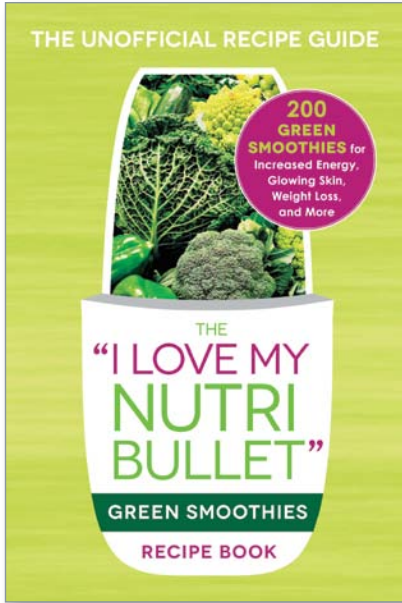
CAN'T MISS BACKLIST



9781440586484



9781440595592



SEPTEMBER

ISBN: 9781440598425
 UPC: 045079598423
 \$14.99 (CAN \$18.99)
 Paperback
 6 x 9, 240 pages
 World Rights
 #R2703

The “I Love My NutriBullet” Green Smoothies Recipe Book

200 Green Smoothies for Increased Energy, Glowing Skin, Weight Loss, and More

200 recipes for whole-body health!

- Features 200 green smoothie recipes for the NutriBullet that improve health, boost energy, and promote weight loss
- NutriBullet has a loyal and active fan base on their popular website, nutriliving.com, and more than 1.4 million likes on Facebook
- Sales of NutriBullets in 2013 and 2014 totaled more than 20 million units (*Wall Street Journal*)

Millions of people can’t get enough of the NutriBullet and it’s no wonder why—it makes it easy to whip up simple, healthy smoothies every day! In *The “I Love My NutriBullet” Green Smoothies Recipe Book*, readers will find 200 recipes that unlock the amazing health benefits of leafy greens, fruits, and vegetables using their favorite kitchen appliance. Organized by specific health benefit—including weight loss, detox, anti-aging, and bone and gut health—each recipe offers a tasty and nutritious blend of vegetables and fruits that will keep readers feeling full throughout the day.

Complete with a glossary of common superfoods like kale, chia seeds, and coconut oil, along with nutrition stats for each recipe, this super-healthy recipe book is an all-in-one guide to the many benefits of delicious and nutrient-rich green smoothies. With the versatile NutriBullet and these easy-to-make recipes, readers will be able to meet all of their wellness goals.

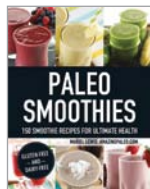
MARKETING

- National publicity campaign targeting health and wellness media
- NutriBullet giveaway / sweeps promo

CAN’T MISS BACKLIST

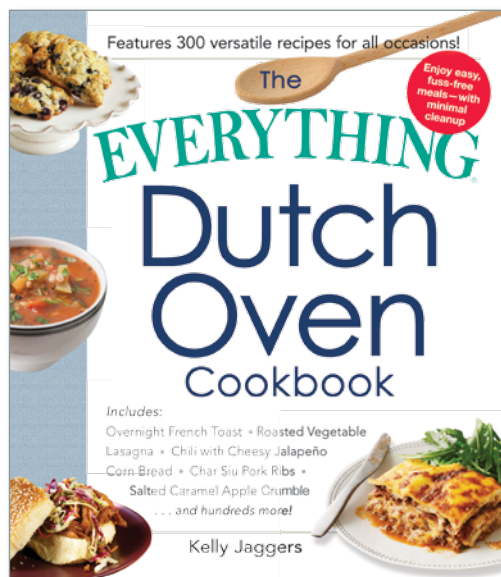


9781440592089



9781440574658

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The Everything® Dutch Oven Cookbook

Kelly Jagers

Easy, inventive, and delicious recipes for the most versatile pot in the kitchen!

- Dutch ovens are kitchen essentials—they're the best choice for braises, pot roasts, stews, casseroles, deep frying, poaching, and more! (*Cook's Illustrated*)
- Everything® cookbooks have sold more than 3.3 million copies!

AUGUST

ISBN: 9781440597619

UPC: 045079597617

\$18.99 (CAN \$23.99)

Paperback

8 x 9¼, 304 pages with an 8-page,

4-color insert

World Rights

#R2048

KELLY JAGGERS

Dallas, TX

www.evilshenanigans.com

Kelly Jagers is a cookbook author, recipe developer, food photographer, and founder of the FoodBuzz Blog Award-nominated blog Evil Shenanigans. She specializes in creating innovative recipes featuring fresh, seasonal ingredients. Kelly's recipes have been featured in *Food News Journal*, *Cooking Club of America*, and PBS's *Kitchen Explorers*. When she is not busy cooking up a storm in her own kitchen, she teaches cooking classes, designs wedding cakes, and speaks about food blogging and recipe development.

Dutch ovens are renowned for their durability, consistent heating capabilities, and flexibility when it comes to creating meals. A classic American cooking technique, modern Dutch oven cooking is the home cook's perfect choice for a wide range of dishes, from soups and stews to braised meats and pot roasts to homemade breads, fried foods, and more. *The Everything® Dutch Oven Cookbook* features 300 recipes for easy-to-prepare dishes for all occasions, including:

- Hazelnut French Toast Casserole
- Ginger Beef Stew with Dumplings
- Cape Cod Clambake
- Spicy Vegetable Stir-Fry
- Braised Chickpeas with Parmesan and Thyme
- Peach and Raspberry Cobbler
- Chocolate Turtle Cake

Also featuring comprehensive information about how to select and care for cast-iron and enameled Dutch ovens, this guide is the ultimate resource for creative, delicious, and effortless one-pot meals.

CAN'T MISS BACKLIST



9781440500176



9781440527692



JULY

ISBN: 9781440597497
 UPC: 045079594111
 \$19.99 (CAN \$24.99)
 Paperback
 8¼ x 8¼, 256 pages
 4c; 35 color photos
 World Rights
 #S8556

The New Pressure Cooker Cookbook

More Than 200 Modern, Easy Recipes for Today's Kitchen
 Adams Media

Slow cooked taste in no time!

- The electric pressure cooker is the newest “must-have” kitchen appliance (*Los Angeles Times*)
- Today’s pressure cookers are built with multiple safety features that ensure the explosion concerns of old cookers do not happen—making pressure cookers a safe and fun cooking appliance for a new, younger audience!
- Home cooks are busier than ever, but with a pressure cooker, exciting meals like Miso Red Snapper, Shrimp Risotto, Ginger-Chili Chicken, and Smoked Portobello Burgers can be weeknight favorites

The old fashioned pressure cooker is now a must-have tool in the modern busy cook’s kitchen. As easy as a slow cooker, but without the all-day wait, the pressure cooker makes crafting healthy and delicious meals seem effortless! It not only reduces cooking times by 60% to 90%, but it also preserves the essential vitamins in food, so readers can eat healthier without spending all day in the kitchen.

Whether readers are looking for exciting international flavors like Coconut Fish Curry and Baba Ganoush or comfort food favorites like Pasta and Chickpea Minestrone or Creamy Mushroom Risotto, *The New Pressure Cooker Cookbook* has it all! With a full spectrum of pressure cooker recipes at their fingertips, readers can create delicious breakfast, lunch, dinner, and dessert dishes in a snap!

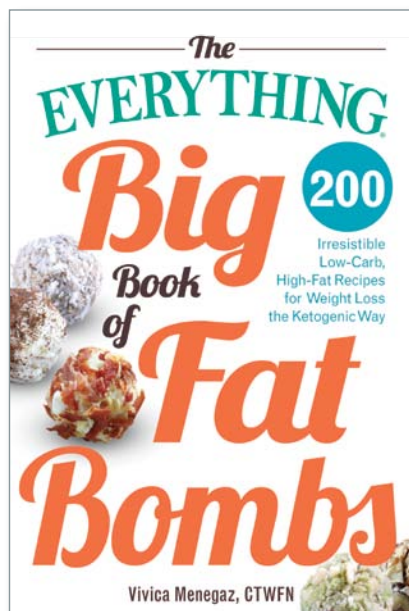
CAN'T MISS BACKLIST



9781440589768



9781440594113



JULY

ISBN: 9781440596759
 UPC: 045079596757
 \$17.99 (CAN \$22.99)
 Paperback
 5½ x 8½, 256 pages
 World Rights
 #R1599

VIVICA MENEGAZ, CTWFN

Ojai, CA

thenourishedcaveman.com

Vivica Menegaz, CTWFN is a Certified Technician in Whole Food Nutrition who specializes in therapeutic ketogenic diets. On her popular Keto-Paleo blog The Nourished Caveman, she shares nutrition information and recipes, and gives guidance for living a successful ketogenic lifestyle. Vivica is the creator of the The Healing Foods Method, a 10-week ketogenic course to transform her clients' health.

The Everything® Big Book of Fat Bombs

200 irresistible low-carb, high-fat recipes for weight loss the ketogenic way

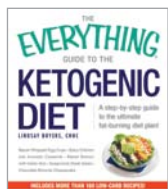
Vivica Menegaz, CTWFN

Bite-sized snacks packed with delicious flavors and healthy fats

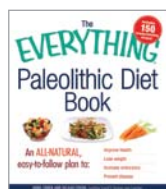
- Ketogenic diets are growing in popularity: In addition to boosting weight loss, they also are used to treat type 2 diabetes, epilepsy, and cardiovascular risks. (About.com)
- Everything® cookbooks have sold more than 3.3 million copies!

Fat bombs are high-fat, low-carb treats and snacks, ideal for boosting fat intake when following a ketogenic diet. Fat bombs can help get rid of those stubborn pounds as they fill dieters up in between meals, take the place of sugary desserts, and boost energy levels before or after workouts. They're also great for helping ketogenic dieters reach their daily fat requirements, a necessity when maintaining ketosis. *The Everything® Big Book of Fat Bombs* delivers 200 indulgent sweet, savory, and liquid fat bombs to satisfy any craving. With these easy recipes, readers will always have something delicious and satisfying to snack on while following the ketogenic diet!

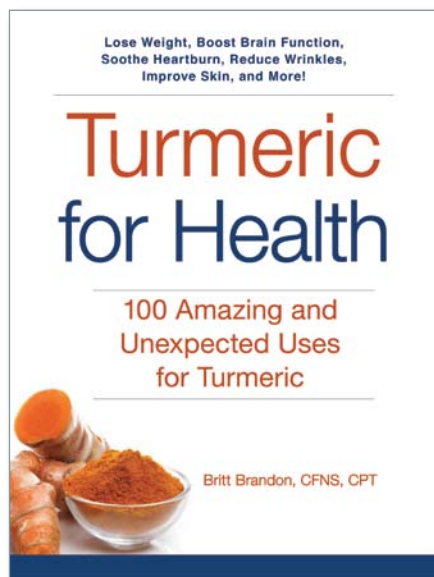
CAN'T MISS BACKLIST



9781440586910



9781440512063



Turmeric for Health

100 Amazing and Unexpected Uses for Turmeric

Britt Brandon, CFNS, CPT

Turmeric—a natural healing powerhouse!

- A guide to the transformative healing, wellness, and beauty benefits from turmeric
- The health and beauty benefits of turmeric have been featured on prominent online outlets, including Fox News, *Allure*, *Marie Claire*, *Men’s Health*, *Prevention*, and Yahoo
- The For Health series has sold more than 75,000 copies to date

OCTOBER

ISBN: 9781440594670

UPC: 045079594678

\$12.99 (CAN \$16.50)

Paperback

6 x 8, 128 pages

World Rights

S8880

For centuries, turmeric, the spice that gives curry its yellow color and its distinctive warm and earthy flavor, has been used in eastern medicine traditions to treat digestive problems; relieve swelling and pain; and heal cuts, burns, and bruises. Now new medical studies are confirming this wisdom—and adding to it.

Turmeric contains powerful anti-inflammatory compounds and is full of strong antioxidants, which can help combat chronic life-threatening disease, including heart disease, certain types of cancer, arthritis, Parkinson’s disease, and Alzheimer’s disease. It’s an all-natural remedy for common ailments like headaches, allergies, eye and ear infections, and menstrual pain. And turmeric is an effective health and beauty aid, with uses ranging from wrinkle fighter to teeth whitener to hair thickener. With *Turmeric for Health*, readers will discover all the benefits that this simple spice can bring—without dangerous chemicals or costly procedures.

BRITT BRANDON

Jensen Beach, FL

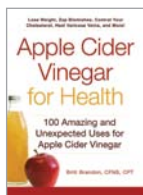
ultimatefitmom.com

Britt Brandon is a Certified Personal Trainer and Certified Fitness Nutrition Specialist. She blogs about fitness and nutrition at UltimateFitMom.com and is the author of several health and wellness books, including *Apple Cider Vinegar for Health*, *Coconut Oil for Health*, and *Ginger for Health*.

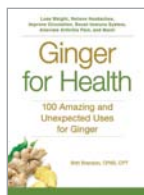
MARKETING

- National publicity campaign targeting health and wellness media

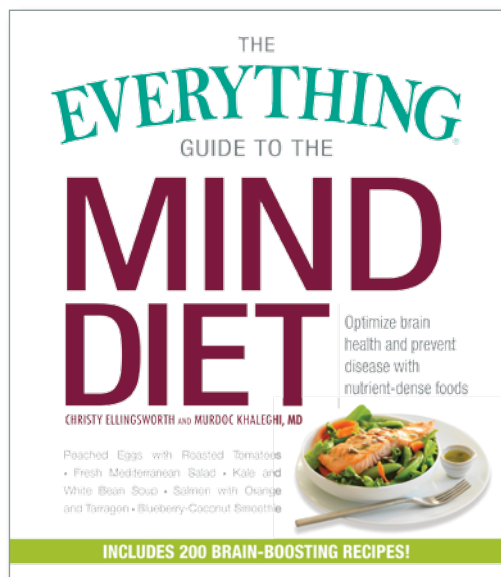
CAN'T MISS BACKLIST



9781440573149



9781440591433



The Everything® Guide to the MIND Diet

Optimize brain health and prevent disease with nutrient-dense foods

Christy Ellingsworth and Murdoc Khaleghi, MD

A nutritious plan to prevent Alzheimer's and boost brain health

- Early research has found that the MIND diet lowers Alzheimer's risk by up to 53 percent for those who rigorously adhere to the diet! (*U.S. News and World Report Best Diet Rankings 2016*)
- Includes 200 recipes, more recipes than any other MIND diet guides on the market
- Everything® health titles have sold more than 630,000 copies

OCTOBER

ISBN: 9781440597992

UPC: 045079597990

\$18.99 (CAN \$23.99)

Paperback

8 x 9¼, 304 pages

World Rights

#R2435

CHRISTY ELLINGSWORTH

Portland, ME
thedailydish.us

Christy Ellingsworth is a food writer, recipe creator, and founder of *The Daily Dish*, a food blog that provides low-sodium, heart-healthy recipes and products to thousands of daily readers.

MURDOC KHALEGI, MD Westfield, MA

Murdoc Khaleghi, MD, is a physician, author, and researcher. Dr. Khaleghi has earned research fellowships from the Stein Institute for Research on Aging and the American Heart Association, which he has used to perform research on topics ranging from cardiovascular disorders to cholesterol-lowering drugs. He has been featured on *The Doctors*, 20/20, and CNN.

The MIND diet is a new healthy eating plan that can boost memory, cognition, and overall brain health. A hybrid of the Mediterranean and DASH diets, the MIND diet (short for “Mediterranean-DASH Intervention for Neurodegenerative Delay”) is an easy plan that reduces the risk of brain disease and cardiovascular conditions. In fact, studies have shown that those who adhere to the MIND diet lowered their risk of Alzheimer's by 53 percent!

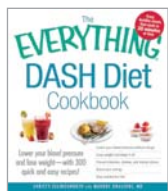
On this plan, dieters focus on ten brain-healthy food groups, and can even indulge in a glass of wine! They'll limit unhealthy foods, including red meats, cheeses, and fried foods.

The Everything® Guide to the MIND Diet is a comprehensive yet approachable resource that guides readers through the plan, and features nutrient-dense foods to promote brain health. With shopping lists, meal plans, and 200 recipes, readers will find all the tools they need for health, wellness, and longevity.

MARKETING

- National publicity campaign to health and wellness media

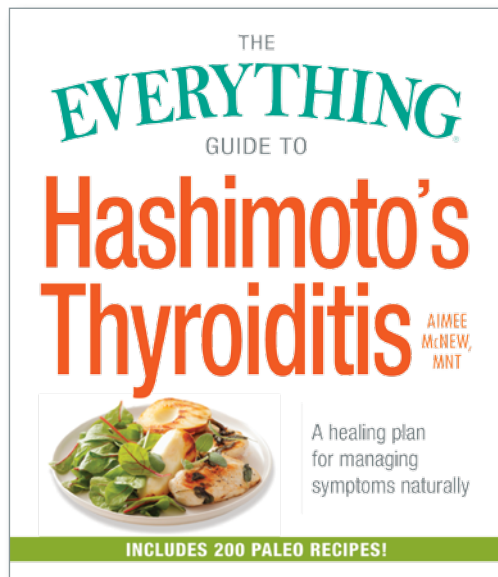
CAN'T MISS BACKLIST



9781440543531



9781440506741



The Everything® Guide to Hashimoto's Thyroiditis

A healing plan for managing symptoms naturally
Aimee McNew, MNT

A nourishing Paleo approach to treat symptoms and heal inflammation

- A unique take on the Hashimoto's diet treatment plan, featuring all Paleo recipes
- In the U.S., thyroid autoimmune disease affects nearly 14 million people (National Institutes of Health)
- Everything® health titles have sold more than 630,000 copies

OCTOBER

ISBN: 9781440598142
UPC: 045079598140
\$18.99 (CAN \$23.99)
Paperback
8 x 9¼, 304 pages
World Rights
#R2494

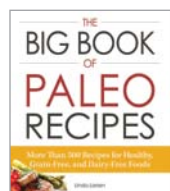
For readers diagnosed with the autoimmune condition Hashimoto's thyroiditis, modern medicine often does little to improve symptoms. However, scientists are discovering ways to address this disease without resorting to prescription drugs and synthetic treatments: through the Paleo diet. By using functional medicine and healing foods, many people are finally finding relief.

In *The Everything® Guide to Hashimoto's Thyroiditis*, readers will discover the causes, symptoms, and co-occurring conditions of Hashimoto's. They'll learn exactly which foods will help improve their condition and avoid the ones that exacerbate problems. This all-in-one health guide also features meal plans, 200 nutritious recipes, and easy tips for transitioning to the Paleo lifestyle—so readers can improve well-being and heal their bodies naturally.

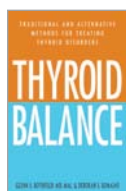
AIMEE MCNEW, MNT Fort Wayne, IN AimeeMcNew.com

Aimee McNew, MNT, is a certified nutritionist and health coach who specializes in Hashimoto's thyroiditis and other autoimmune disorders, the Paleo diet, hormone balance, and digestive wellness. Since reversing her own Hashimoto's symptoms with a Paleo diet, she now focuses on helping her clients heal while treating autoimmune disorders. Her writing and nutrition work can be found on www.PaleoPlan.com, and she has also been featured in the *Huffington Post* and on BBC America.

CAN'T MISS BACKLIST



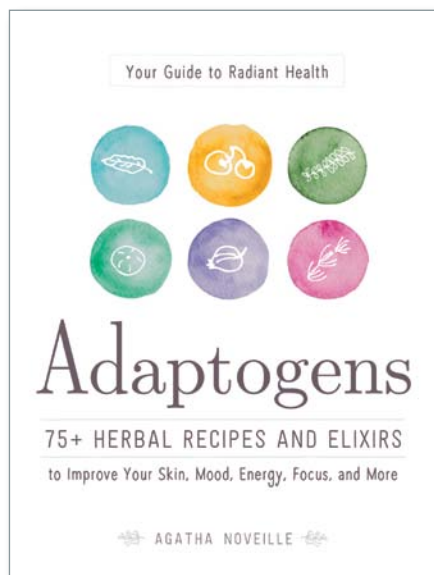
9781440586293



9781580627771

MARKETING

- National publicity campaign to health and wellness media



NOVEMBER

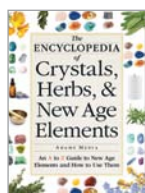
ISBN: 9781440596391
 UPC: 045079596399
 \$16.99 (CAN \$21.50)
 Paperback
 6 x 8, 224 pages
 2-color
 World Rights
 #R1420

AGATHA NOVEILLE

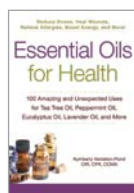
Dalton, GA
 indieherbalist.com

Agatha Noveille is the founder of the Common Branch Herb School, a grassroots herbal classroom that exists to promote herbs as the common knowledge that they once were, and as a way to safeguard community health and resilience. In addition to writing her own blog, *The Independent Herbalist*, Agatha is part of the writing team at *The Herbal Academy*, writes regular posts for *The Survival Mom* blog, and has contributed articles to a variety of magazines and periodicals, including *mindbodygreen.com* and *From Scratch* magazine.

CAN'T MISS BACKLIST



9781440591099



9781440587771

Adaptogens

75+ herbal recipes and elixirs to improve your skin, mood, energy, focus, and more

Agatha Noveille

A practical guide to nature's stress fighters

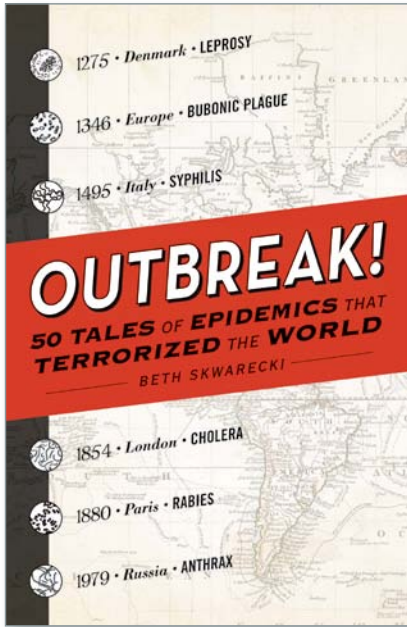
- Adaptogens can be used to reduce stress, promote immunity, boost energy, maintain a healthy weight, and improve mood
- Offers an affordable DIY option to expensive adaptogen potions sold by Moon Juice, the Beauty Chef, and other wellness brands
- Articles on adaptogens have been featured on Yahoo, *Huffington Post*, *Harper's Bazaar*, *Health* magazine, *Mother Earth News*, and celebrity physician Dr. Frank Lipman's website, *The Chalkboard*

Adaptogens are a unique class of plants that help to improve the health of the adrenal system, which manages the way a body reacts to emotional and physical stress. Used for centuries in Chinese and Ayurvedic medicine, adaptogens counteract the adverse effects of stress and fatigue, while stimulating the immune system and increasing energy stores.

In *Adaptogens*, herbalist Agatha Noveille introduces readers to the health and wellness benefits of twenty-three adaptogenic herbs, including ashwagandha, maca, He Shou Wu, and holy basil. Readers will also find more than eighty recipes for potions and remedies to improve sleep, mood, mental focus, immune function, stamina, and for general wellness and beauty. With *Adaptogens*, readers will learn the secrets to vibrant health and natural healing.

MARKETING

- National publicity campaign targeting health and wellness media



OCTOBER

ISBN: 9781440596278
 UPC: 045079596276
 \$15.99 (CAN \$19.99)
 Paperback
 5½ x 8½, 256 pages
 World Rights
 #R1206

BETH SKWARECKI
 Pittsburgh, PA
 bethskw.com

Beth is a science writer with a degree in biology and spent several years crunching data for a bio-informatics project at Cornell. Now, she writes about the life sciences, including molecular biology, human health research, and ecology, for a variety of outlets including PLOS Public Health Perspectives, Lifehacker, *Science* magazine, *Scientific American*, and more.

CAN'T MISS BACKLIST



9781605506241



9781440536144

Outbreak!

50 Tales of Epidemics that Terrorized the World
 Beth Skwarecki

The frightening yet fascinating stories behind history's scariest epidemics

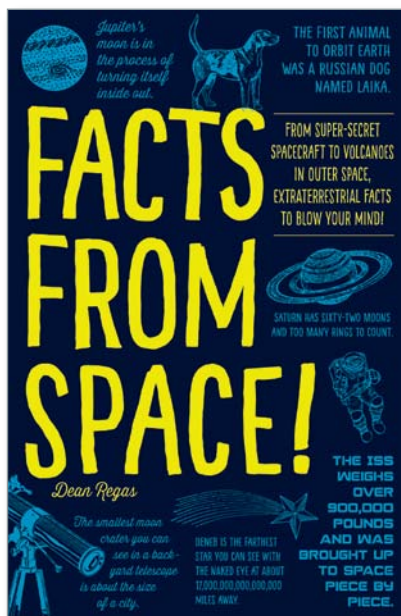
- From Ebola to Zika, news on outbreaks continues to go viral; this book provides historical context for past and present epidemics
- It's *The Hot Zone* crossed with *Wicked Plants* as it provides engaging informational narratives about the world's most deadly outbreaks
- Author Beth Skwarecki's writing has been featured online at PLOS Public Health Perspectives, *Science* magazine, *Scientific American*, Lifehacker, and more

It might start with an itch in the throat, or a rash on the skin. But soon enough patient zero goes from slightly sick to spreading a disease across countries and continents. It's happened numerous times throughout history and now *Outbreak!* catalogs fifty of those incidents in gruesome detail.

From ancient outbreaks of smallpox and plague to modern epidemics such as SARS and Ebola, readers will learn how and why these diseases spread on such a major scale—and the likelihood of their return. Told in a gripping narrative style, the stories capture the mystery and devastation brought on by these diseases. It's a sickeningly fun read that confirms the true definition of *going viral*.

MARKETING

- National publicity campaign targeting pop culture and health media



OCTOBER

ISBN: 9781440597015
 UPC: 045079597013
 \$15.99 (CAN \$19.99)
 Paperback
 5½ x 8½, 240 pages
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 R1725

DEAN REGAS Cincinnati, OH

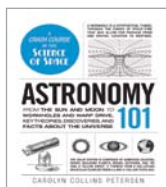
cincinnatiobservatory.org/deanregas/
stargazersonline.org

Dean Regas has been the astronomer for the Cincinnati Observatory since 2000 and the cohost of the syndicated astronomy program *Star Gazers* since 2010. In addition to his work for *Sky & Telescope* magazine, Dean has also written for the *Huffington Post*, the *Cincinnati Enquirer*, and *Astronomy* magazine.

CAN'T MISS BACKLIST



9781605506241



9781440563591

Facts from Space!

From Super-Secret Spacecraft to Volcanoes in Outer Space, Extraterrestrial Facts to Blow Your Mind!

Dean Regas

Fascinating facts, stellar space stories, and out-of-this-world trivia!

- For fans of true space facts, as popularized by Neil deGrasse Tyson's *Cosmos*, as well as outer space movies like *The Martian*, *Gravity*, and *Interstellar*
- Author Dean Regas knows his stars—he's a contributing editor to *Sky & Telescope* magazine, frequent guest on NPR's *Science Friday*, and cohost of the PBS show *Star Gazers*

From the sun's super-hot core to the many moons of Neptune, we're traveling to the far reaches of our solar system and beyond to collect hundreds of incredibly interesting space facts. *Facts from Space!* launches into an exciting education on everything outside our atmosphere. Readers will discover:

- Jupiter's moon Io is in the process of turning itself inside out. The volcanic satellite has daily eruptions, which cause large pools of lava to constantly recoat its surface.
- While in orbit, early space missions used to eject human waste. Astronauts' pee would freeze and create intricate ice formations floating through space.
- Deneb is the farthest star you can see with the naked eye—at an amazing 3,000 light years away (or about 17,000,000,000,000,000 miles)
- Packed with all this information, it's a stellar read for sci-fi fans and at-home astronomers alike!
- And more!

MARKETING

- National publicity campaign targeting pop culture and science media
- Cross promo with F+W Sky and Telescope community



Manifesting Made Easy

How to Harness the Law of Attraction to Get What You Really Want

Jen Mazer

The Queen of Manifestation teaches how to turn intentions into reality

- A step-by-step guide to creating a personalized plan for attracting success, love, and happiness
- Jen Mazer has been featured in many national publications, including the *New York Times*, *New York* magazine, and *Jezebel*

According to Jen Mazer, the “Queen of Manifestation,” the secret to attracting your desires is living as if you have already achieved them. It sounds simple, but most people have hidden blocks preventing them from attracting the abundance they deserve. In *Manifesting Made Easy*, readers learn to free themselves from limiting beliefs and embrace the idea of “acting as if” to attract what they desire—love, happiness, good health, or career success.

Manifesting Made Easy takes readers step by step through the process of manifesting, from understanding what it is they want, to mapping out ways to make it a reality, to signaling to the universe that they’re ready for good things to come their way. With exercises, writing prompts, and a wealth of personal success stories, this book makes it easy for anyone to uncover and pursue their hidden dreams.

NOVEMBER

ISBN: 9781440597046
 UPC: 045079597044
 \$16.99 (CAN \$21.50)
 Paperback
 5½ x 8½, 224 pages
 2-color
 World Rights
 #R1726

JEN MAZER

New York, NY

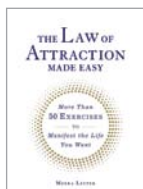
queenofmanifestation.com

Jen Mazer is a transformational speaker and coach, known for her signature Manifestation Masters Program. Her work has been featured in the *Huffington Post*, the *New York Times*, *New York* magazine, *Success 3.0*, Fox News, ABC, and *The Epoch Times*.

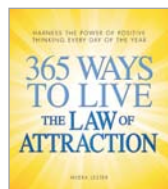
MARKETING

- National publicity campaign
- New Year/New You campaign targeting self-help media

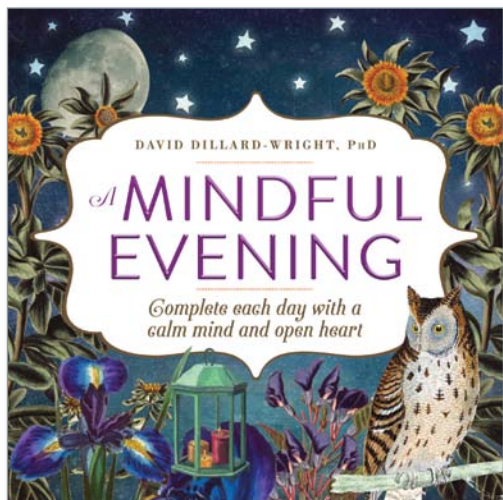
CAN'T MISS BACKLIST



9781440594854



9781440500503



A Mindful Evening

Complete each day with a calm mind and open heart
David Dillard-Wright, PhD

The path to a restful night

- Includes 175 daily practices and inspirational quotes to conclude each day with a calm mind and positive energy
- Google Searches for “evening meditation” and “mediation for sleep” are increasing month to month
- Author David Dillard-Wright, PhD is trained in the Trappist tradition of contemplative prayer and teaches philosophy, religion, and ethics at the university level

JANUARY

ISBN: 9781440598678
UPC: 045079598676
\$14.99 (CAN \$18.99)
Paperback with gatefold flaps
6 x 6, 284 pages
14 2-page, 4-color inserts
World Rights
#R2976

With all the struggles of modern life, sleep often proves elusive to people who just can’t relax after a stressful day. But that doesn’t have to be the case. Studies have shown a close link between improved sleep quality and meditation, and Buddhist monks are taught to meditate lying down before sleep. With *A Mindful Evening*, readers can channel this ancient tradition as part of their daily nighttime routine.

With 200 inspiring quotes and short, easy mindfulness exercises, readers will learn how to end their day with a clear head and calming energy. These simple moments of awareness, healing postures, and meditations can help soothe their souls as conclude each day and prepare for a tranquil, restful night’s sleep.

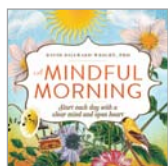
DAVID DILLARD-WRIGHT, PH.D. Augusta, GA

David Dillard-Wright, Ph.D. teaches philosophy, religion, and ethics at the University of South Carolina, Aiken. His academic work focuses on philosophy of the mind and animal ethics. His practice in meditation originated in the Trappist tradition of contemplative prayer and then segued into Eastern practices. He is the author of *A Mindful Morning*, *Mediation for Multitaskers*, *The Everything® Guide to Meditation for Healthy Living*, *5-Minute Mindfulness*, and *At Ganapati’s Feet*.

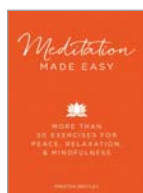
MARKETING

- National publicity campaign
- New Year/New You campaign targeting self-help media

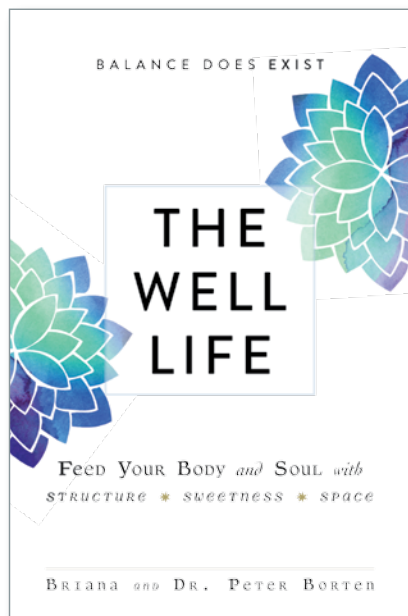
CAN'T MISS BACKLIST



9781440596360



9781440584329



DECEMBER

ISBN: 9781440596247
 UPC: 045079596245
 \$15.99 (CAN \$19.99)
 Paperback
 5½ x 8½, 288 pages
 World Rights
 #R1205

BRIANA BORTEN AND DR. PETER BORTEN
Portland, OR
 thedragontree.com

Briana Borten and Dr. Peter Borten are the creators of the Rituals of Living online community and the Dragontree, a holistic wellness brand that includes day spas, health and body care products, *Well* magazine, and a vast online educational resource with videos, courses, and articles on mental, spiritual, and physical health. Briana is a Mastery Coach with an extensive background in coaching clients to help them reach personal breakthrough and mastery. Peter is a doctor of Asian medicine who helps people attain whole health of body and mind.

CAN'T MISS BACKLIST



9781440556289



9781440564772

The Well Life

Feed Your Body and Soul with Structure, Sweetness, and Space
 Briana Borten and Dr. Peter Borten

Simple steps to a vibrant, centered, and peaceful life

- Provides actionable advice for a total life makeover that takes readers from an overwhelmed, passive lifestyle to an empowered, fully-engaged, and satisfying life
- Wellness is a growing popular trend online, in the workplace, and in pop culture
- *The Well Life* is a practical guide for incorporating wellness into all aspects of life—career, relationships, health, and leisure time

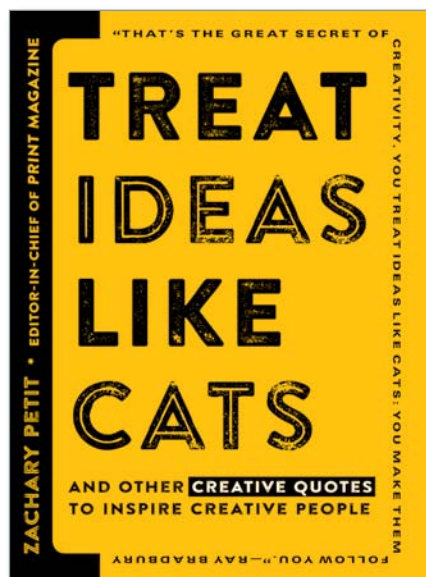
The secret to living an exceptional life—with fulfilling work and leisure, meaningful relationships, and time for oneself—is finding balance. Briana and Dr. Peter Borten provide readers with the tools and rituals they need to create this all-important balance in their lives—even in the face of chaos. The Bortens focus on three fundamental principles of a satisfying life:

- **Sweetness:** Readers learn the importance of feeding their lives, bodies, and souls, and how self-care makes them more effective at shaping their lives in the ways they choose
- **Structure:** Readers learn how intelligent structure can give them more spontaneity and freedom, and liberate them from an excessively busy existence
- **Space:** This book teaches readers how to carve out purposeful space, which allows for perspective—an understanding of the big picture and one’s place in it

By adding and maintaining sweetness, structure, and space to their lives, readers will be able to let go of stress and tension that gets in the way of being happy, authentic, and fully present—living a Well Life.

MARKETING

- National publicity campaign
- New Year/New You campaign targeting self-help media



NOVEMBER

ISBN: 9781440596339

UPC: 045079596337

\$17.99 (CAN \$22.99)

Trade paperback

5½ x 7½, 192 pages

4-color throughout

World Rights

#R1363

ZACHARY PETIT

Cincinnati, OH

www.zacharypetit.com

Zachary Petit is the editor-in-chief of the National Magazine Award-winning publication *PRINT*, a freelance journalist and a lifelong literary and design nerd. Formerly, he was the senior managing editor of *HOW* magazine and the longtime managing editor of *Writer's Digest* magazine.

Treat Ideas Like Cats

And Other Creative Quotes to Inspire Creative People

Zachary Petit

It's the creative inspiration everybody needs

- Combines the success of illustrated quote books with the popularity of creativity titles
- Each page will be individually designed with layouts coming from a number of award-winning artists
- This book will have the support of the HOW and PRINT brands, which have more than 1.2 million followers on social media

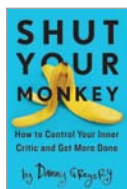
"That's the great secret of creativity. You treat ideas like cats: you make them follow you."

—Ray Bradbury

Treat Ideas Like Cats unlocks the secret of creativity as it collects the inspiring and insightful words of artists, writers, designers, and thinkers who have had the courage to create. Each page comes alive as the speaker's inspiring message is set against a striking layout. It creates a visually stunning reference that will become the ultimate creativity catalyst.

This is the perfect go-to for whenever readers are feeling stunted, drained, or blocked. Readers will be able to take inspiration and then take flight in their creative process.

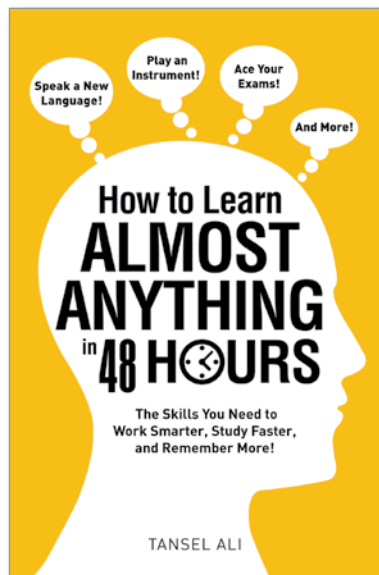
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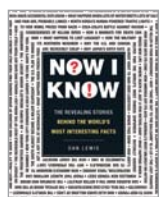
AUGUST

ISBN: 9781440597763
 UPC: 045079597761
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 5½ x 8½ 208 pages
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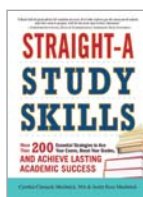
TANSEL ALI
Melbourne, Australia
 tanselali.com

Tansel Ali is a 3-time Australian Memory Champion. He shot to fame worldwide for memorizing two Yellow Pages phone books—over 2,300 business names and 20,000 digits—in only 24 days. Tansel was the celebrity memory coach for television personality and former CEO of Leo Burnett, Todd Sampson in the award-winning TV documentary, *Redesign My Brain*. With Tansel’s memory coaching, Todd competed at the World Memory Championships in London, where he successfully memorized an entire deck of randomly shuffled playing cards.

CAN’T MISS BACKLIST



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978144052465

How to Learn Almost Anything in 48 Hours

The Skills You Need to Work Smarter, Study Faster, and Remember More!

Tansel Ali

Fool-proof memory techniques for learning all types of material

- With memory champion Tansel Ali’s techniques, anyone can memorize hundreds of foreign phrases, learn to play piano, become a test-taking whiz, or simply win the trivia championship at the local pub
- Perfect for college students, adult learners, and anyone wishing to keep their brain in top condition
- Memory and brain-training books are a perennial topic and well-positioned to succeed

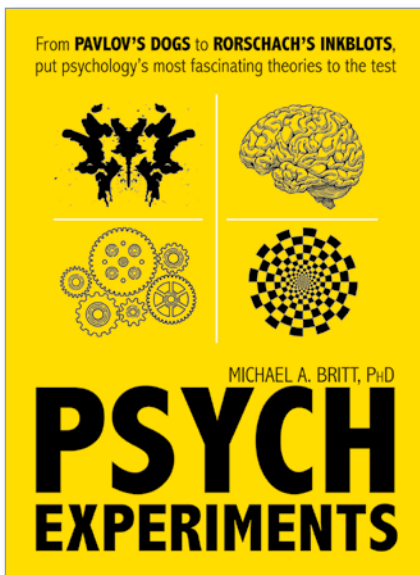
Three-time Australian Memory Champion Tansel Ali reveals the secret to learning new skills fast—easy-to-learn memory strategies, including mind mapping, visualization techniques, and mnemonic devices.

Whether readers would like to study for exams efficiently, learn a foreign language, confidently make a speech, learn to play a new musical instrument, or improve their general knowledge, memory-training expert Tansel demonstrates how to do it quickly and effectively with the aid of a few memory tricks.

Packed with practical exercises for honing memory and training the brain to learn well and learn fast, this is the ultimate book for anyone ready to sharpen their mind and expand their knowledge.

MARKETING

- National publicity campaign targeting health and pop culture media



DECEMBER

ISBN: 9781440597077

UPC: 045079597075

\$15.99 (CAN \$17.99)

Paperback

5½ x 7½, 224 pages

Black and white illustrations

World Rights

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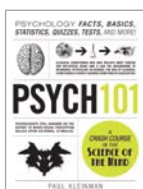
MICHAEL A. BRITT, PHD

Rhinebeck, NY

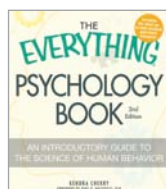
thepsychfiles.com

Michael Britt, PhD, is the creator of *The Psych Files*, a popular podcast that has been downloaded 13 million times. The companion website, ThePsychFiles.com, is linked to by thousands of high schools, colleges, and universities around the world. Dr. Britt was a professor of psychology at Marist College for ten years, and he currently runs B & E Productions, LLC, a mobile app and social media firm.

CAN'T MISS BACKLIST



9781440543906



9781440506918

Psych Experiments

From Pavlov's dogs to Rorschach's inkblots, put psychology's most fascinating theories to the test

Michael A. Britt, PhD

A guide to classic experiments anyone can do!

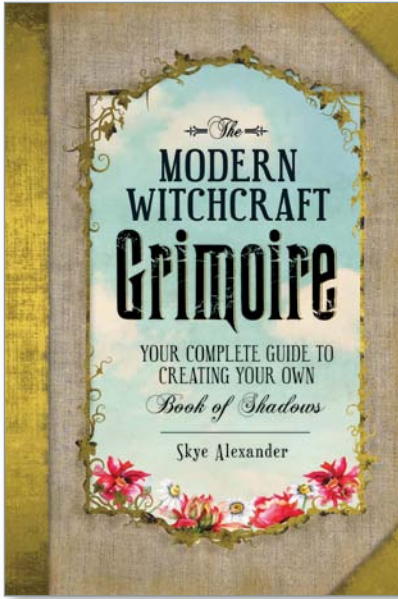
- A modern twist on historic psychology experiments, with simplified explanations and instructions for re-creating them
- Social media has opened up an entirely new realm of neuroscience research, and scientists believe that the medium will provide new opportunities for studies that analyze human behavior (*Trends in Cognitive Science*)
- *Psych 101*, another popular psychology title from Adams Media, has sold more than 85,000 copies

Throughout history, famous psychological experiments—from Freud's id, ego, and superego to the Skinner box—have changed the way science views human behavior. But how do these tests really work? In *Psych Experiments*, readers can test these theories and experiments out for themselves, right at home.

With a modern twist and easy-to-understand explanations of popular psychological experiments, readers will learn such important theories such as how contagious yawning works, what exactly happened with Pavlov and his dogs, and what it means to have selective attention. With this compulsively readable little book, readers won't just read about the history of psychology—they'll live it!

MARKETING

- National publicity campaign targeting pop culture and psychology media



AUGUST

ISBN: 9781440596810
 UPC: 045079596818
 \$16.99 (CAN \$21.50)
 Paper over Board
 6 x 9, 304 pages
 World Rights
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SKYE ALEXANDER
Kerrville, TX

Skye Alexander is the author of more than 30 fiction and nonfiction books. Her stories have been published in numerous anthologies, and her work has been translated into a dozen languages. She is also an artist, writing teacher, feng shui practitioner, astrologer, and tarot reader.

The Modern Witchcraft Grimoire

Your Complete Guide to Creating Your Own Book of Shadows
 Skye Alexander

An expert guide to crafting a personal and magickal book of spells

- Witchcraft expert Skye Alexander shows readers how create a modern grimoire to record incantations and keep a personal history that can be passed on to future generations
- *The Modern Guide to Witchcraft* and *The Modern Witchcraft Spellbook* have sold more than 18,000 copies to date
- Witches have captured audiences' attention with spellbinding series like *Witches of East End*, *Sleepy Hollow*, and *The Originals*

Creating a grimoire, or book of shadows, is an instrumental step in the study of witchcraft. Wiccan expert Skye Alexander helps serious practitioners explore their love of witchcraft, deepen their study of magick, and record their personal history of favorite incantations, spells, and charms. *The Modern Witchcraft Grimoire* is an essential reference as well, including the history of these sacred texts, along with a selection of basic spells, techniques for creating magical talismans, and instructions for blessing the grimoire.

With this beautifully designed and illustrated manual of magick, readers will be able to create a personalized journal that will last for generations to come.

MARKETING

- National publicity campaign
- Halloween promotional tie-ins targeting New Age media

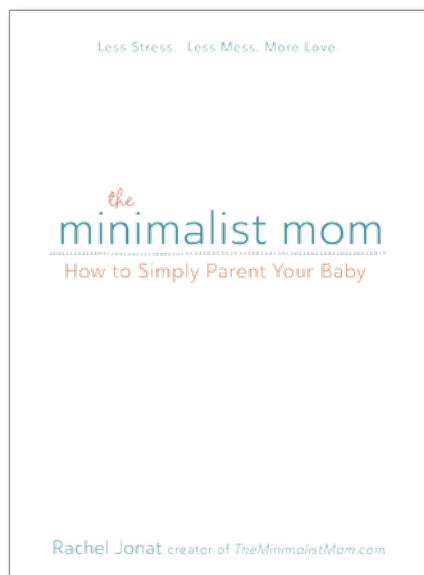
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9781440580024



9781440589232



AUGUST

ISBN: 9781440597558

UPC: 045079597556

\$15.99 (CAN \$19.99)

Paperback

5½ x 7½, 176 pages

World Rights

#R2046

RACHEL JONAT

Vancouver, BC

theminimalistmom.com

Rachel Jonat is the writer behind the popular blog *The Minimalist Mom* (www.theminimalistmom.com), which receives up to 100,000 pageviews a month. Rachel has written about minimalism for the *Chicago Tribune*, *Business Insider*, the *Globe and Mail*, *Chatelaine Insider*, and *Babble.com*.

The Minimalist Mom

How to Simply Parent Your Baby

Rachel Jonat

Simple parenting advice from the creator of TheMinimalistMom.com

- Minimalist parenting (less stuff, happier family) has been covered by a multitude of parenting and general media outlets, including NPR, U.S. News and World Report, *The New York Times*, and Parenting.com
- Four million babies are born in the U.S. every year; in 2013, more than \$23 billion dollars were spent on baby products—everything from toys to formula to cribs and strollers
- According to pediatricians, parents need very few *things* to raise a happy and healthy child

The Minimalist Mom isn't a manual or schedule for the first year with a new baby. It isn't a list of what to buy or where to spend. It's a book about making the tough job of parenting easier by simplifying. Less stuff, more help. Less gadgets and a bit more quiet. Being a minimalist mom means being intentional about all that baby gear and not getting swept up in the tide of buying more new stuff at every turn.

Rachel Jonat, the original Minimalist Mom, provides moms with hundreds of “baby’s first-year” hacks, some big, some small, all from parents who have been there and have valuable advice to share. New moms will learn about asking for what they really need, like someone to come over and hold the baby while they shower, instead of what they can easily do without: piles of plastic baby gear that add no more than clutter to the new family’s home.

MARKETING

- National publicity campaign targeting parenting media
- Mommy blogger campaign
- Social media campaign
- Online giveaways

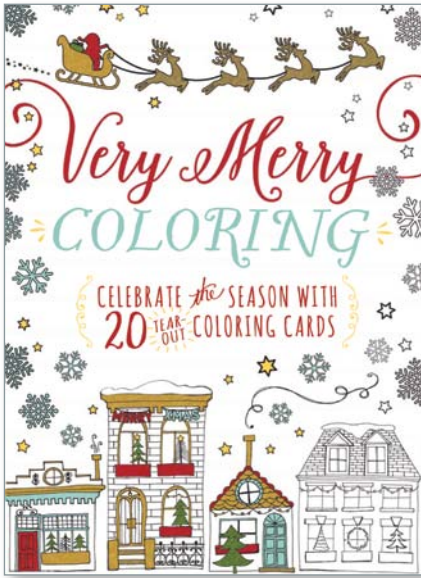
CAN'T MISS BACKLIST



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OCTOBER

ISBN: 9781440598487
 UPC: 045079598485
 \$9.99 (CAN \$12.50)
 Flexi-Bind
 5½ x 7½, 40 pages
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Very Merry Coloring

Celebrate the Season with 20 Tear-Out Coloring Cards

Festive holiday designs to color, decorate, and share

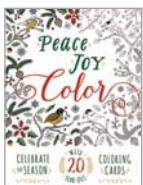
- More than just a coloring book—the finished pages can be used as holiday cards, gift tags, or frameable keepsakes
- *Very Merry Coloring* features a modern, artistic holiday feel and will appeal to a wide range of shoppers and gifters
- A followup to 2015’s bestselling *Peace Joy Color*, which sold more than 30,000 copies in its first two months

It’s time to get cozy with colored pencils as *Very Merry Coloring* provides twenty holiday coloring cards perfect for personalized season’s greetings. Each of the twenty cards included in the set has a unique holiday illustration to color and share. From toasty fireplace scenes to festive balsam firs, there’s plenty to choose from. Once the cards have been colored, readers can hang them as decorations, use them as personalized gift tags, or send them out to friends and family. It’s a unique way to share the joy of coloring!

MARKETING

- **Holiday gift guide campaign**

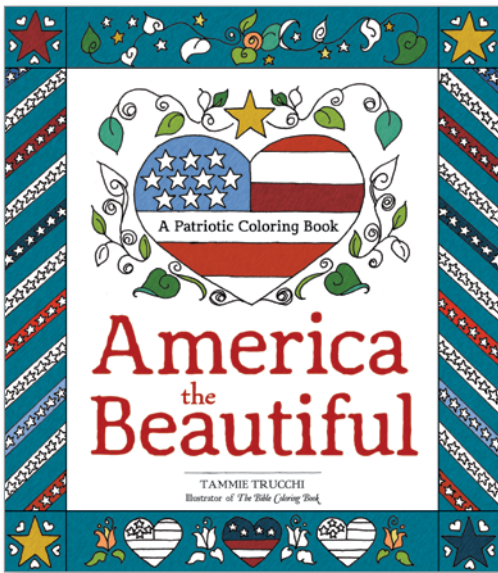
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9781440595929



America the Beautiful

A Patriotic Coloring Book
Tammie Trucchi

Celebrate Uncle Sam in every color imaginable

- Provides 100 amazing, folk art-inspired patriotic designs to color and share
- Out in time for the 2016 election, it's relevant all year round from President's Day to the Fourth of July
- Adams Media coloring books have sold more than 750,000 copies including similar successes like *The Bible Coloring Book*

OCTOBER

ISBN: 9781440599286
UPC: 045079599284
\$14.99 (CAN \$18.99)
Paperback
8 x 9½, 208 pages
World Rights
#R3455

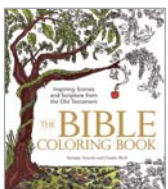
From sea to shining sea, people have been coloring up a storm and now they'll be able to set colored pencil to paper to celebrate the United States. *America the Beautiful* is a coloring book that captures the patriotic spirit of the heartland as it provides amazing Americana folk art designs everyone will enjoy. With perforated pages, people can now color and share their creations and proudly show off their national pride.

Coloring the picturesque scenes, patterns, and word art is the perfect activity for anyone looking to express their creativity and patriotism. Finally, something the whole country can agree on!

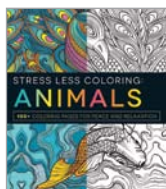
TAMMIE TRUCCHI Abington, MA

Tammie Trucchi is the illustrator of *The Bible Coloring Book*. She is an artist based outside of Boston, who studied Fine Art at the School of the Museum of Fine Arts in Boston and earned her Bachelors degree in Fine Art from Tufts University.

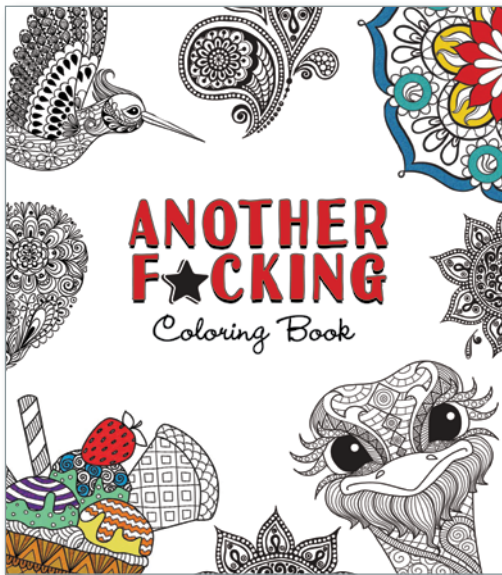
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9781440593888



JULY

ISBN: 9781440598418
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\$10.99 (CAN \$13.99)
Paperback
8 x 9 1/8 96 pages
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Another F*ing Coloring Book

Rude, funny, and f*ing awesome!

- An alternative to the calming and meditative adult coloring books that are available everywhere, this book lets readers express how they really feel
- Features colorful quotes—from “Zone the f*ck out,” to “Home is where the liquor is,” to “Well, aren’t you just a f*ing ray of sunshine?”—surrounded by intricate illustrations
- The coloring book trend is still going strong, with millions of copies sold in the US and other countries

*Another F*ing Coloring Book* is perfect for anyone who knows sunshine and kittens nor gardens and mandalas can’t fix everything. The funny, relatable swears and phrases that accompany the intricate and beautiful designs will help readers express their frustration with—or add their own darker shade of humor to—any situation.

Whether readers need to unwind after a hellish day or simply want to let the world know they’ve got better things to do with their time, they’ll find a cheerfully profane and delightfully inappropriate image perfectly designed to calm them the f*ck down.

MARKETING

- National publicity campaign targeting pop culture media

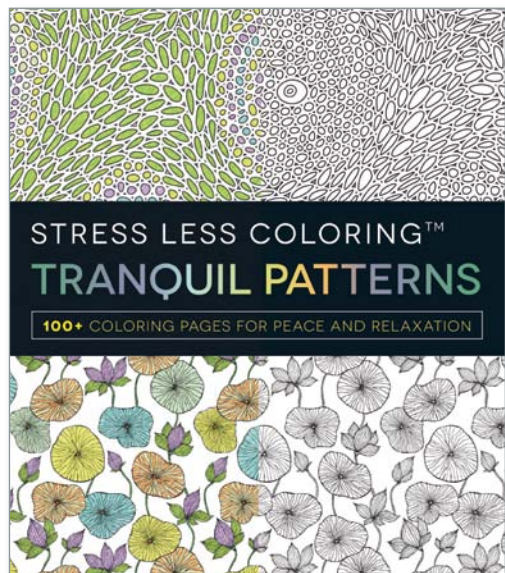
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OCTOBER

ISBN: 9781440599163
 UPC: 045079599161
 \$14.99 (CAN \$18.99)
 Paperback
 8 x 9½, 208 pages
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Stress Less Coloring™ Tranquil Patterns

100+ Coloring Pages for Peace and Relaxation
 Adams Media

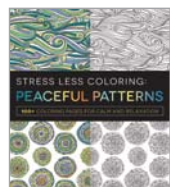
Intricate restful patterns for creative stress relief

- Encourages readers to find their inner calm by coloring in 100 intricate line-art designs
- The popularity of coloring for stress relief continues to grow, and has been cited in the *Huffington Post*, *Shape*, and *The Guardian*, as well as on Yahoo, BBC News, and WebMD
- More than 450,000 copies sold in the Stress Less Coloring™ series!

Stress Less Coloring™ Tranquil Patterns inspires readers to find peace and relaxation in 100 all-new soothing patterns. Coloring and shading any of the brand-new 100 calming designs helps to quiet anxious minds in a creative, relaxing, and therapeutic way. Each stress-reducing page invites would-be artists to express themselves using their own unique palette to decorate the designs. Soon, they'll be able to shift focus to a relaxing and fun activity as they concentrate on coloring in these gorgeous patterns.

Whether readers are new to art therapy or have been coloring for years, this book will help them find inner calm and creativity—one page at a time.

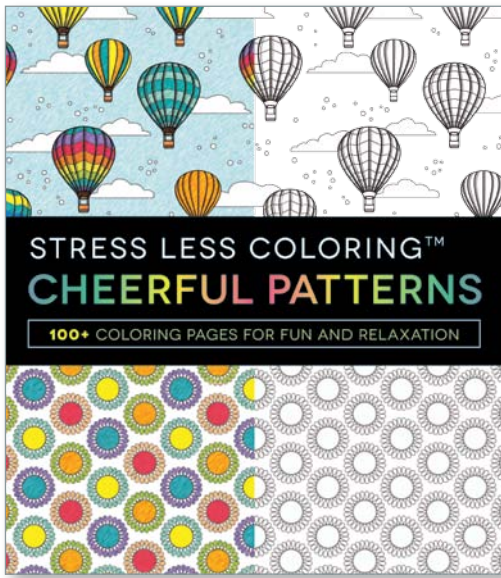
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Stress Less Coloring™ Cheerful Patterns

100+ Coloring Pages for Fun and Relaxation
Adams Media

Guaranteed to improve anyone's mood!

- Encourages readers to find their inner calm by coloring in 100 intricate line-art designs
- The popularity of coloring for stress relief continues to grow, and has been cited in the *Huffington Post*, *Shape*, and *The Guardian*, as well as on Yahoo, BBC News, and WebMD
- More than 450,000 copies sold in the Stress Less Coloring™ series!

OCTOBER

ISBN: 9781440599170
UPC: 045079599178
\$14.99 (CAN \$18.99)
Paperback
8 x 9½, 208 pages
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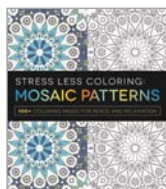
Stress Less Coloring™ Cheerful Patterns inspires readers to find peace and relaxation in 100 all-new joyous patterns. Coloring and shading any of the all-new 100 playful designs helps to quiet anxious minds in a creative, relaxing, and therapeutic way. Each stress-reducing page invites would-be artists to express themselves using their own unique palette to decorate the designs. Soon, they'll be able to shift focus to a relaxing and fun activity as they concentrate on coloring in these delightful patterns.

Whether readers are new to art therapy or have been coloring for years, this book will help them find inner calm and creativity—one page at a time.

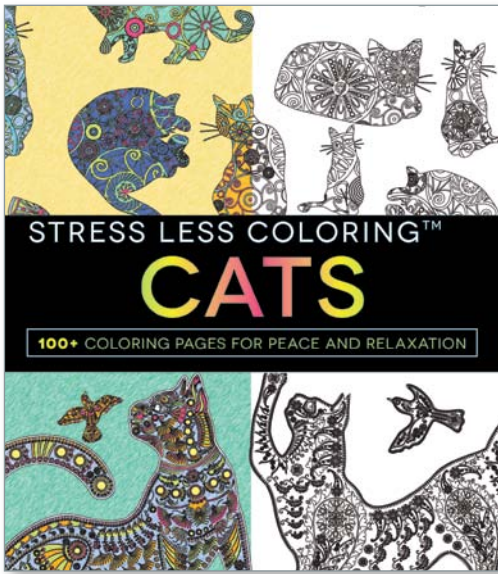
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9781440584909



Stress Less Coloring™ Cats

100+ Coloring Pages for Peace and Relaxation
Adams Media

Color 100 curious, comical, and cuddly cats

- Encourages readers to find their inner calm by coloring in 100 intricate line-art designs
- The popularity of coloring for stress relief continues to grow, and has been cited in *The Huffington Post*, *Shape*, and *The Guardian*, as well as on Yahoo, BBC News, and WebMD
- More than 450,000 copies sold in the Stress Less Coloring™ series!

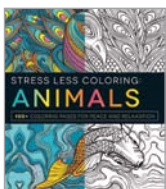
MAY

ISBN: 9781440597138
UPC: 045079597136
\$14.99 (CAN \$18.99)
Paperback
8 x 9½, 208 pages
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Stress Less Coloring™ Cats inspires readers to find peace and relaxation in the beauty of playful and delightful felines. Coloring and shading any of the all-new 100 whimsical cats designs helps to calm anxious minds in a creative, relaxing, and therapeutic way. From frolicking kittens and napping tabbies to regal lions and other wild creatures, each stress-reducing page invites would-be artists to express themselves using their own unique palette to decorate the designs. Soon, they'll be able to shift focus to a relaxing and fun activity as they concentrate on coloring in these delightful illustrations.

Whether readers are new to art therapy or have been coloring for years, this book will help them find inner calm and creativity—one page at a time.

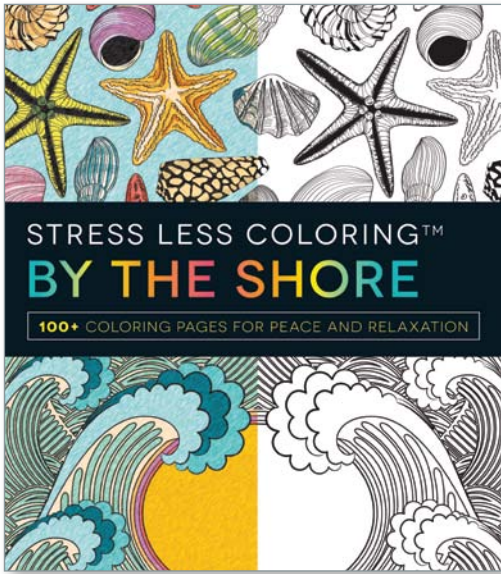
CAN'T MISS BACKLIST



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Stress Less Coloring™ By the Shore

100+ Coloring Pages for Peace and Relaxation
Adams Media

A relaxing trip to the sea shore

- Encourages readers to find their inner calm by coloring in 100 intricate line-art designs
- The popularity of coloring for stress relief continues to grow, and has been cited in *The Huffington Post*, *Shape*, and *The Guardian*, as well as on Yahoo, *BBC News*, and *WebMD*
- More than 450,000 copies sold in the Stress Less Coloring™ series!

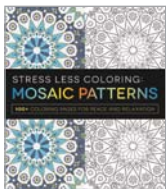
MAY

ISBN: 9781440597145
UPC: 04507997143
\$14.99 (CAN \$18.99)
Paperback
8 x 9½, 208 pages
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Stress Less Coloring™ By the Shore inspires readers to find peace and relaxation in enchanting under-the-sea scenes. Coloring and shading any of the beautiful, all-new 100 oceanic designs helps to calm anxious minds in a creative, relaxing, and therapeutic way. From schools of tropical fish and magnificent coral reefs to the soothing patterns of seashells, each stress-reducing page invites would-be artists to express themselves using their own unique palette to decorate the designs. Soon, they'll be able to shift focus to a relaxing and fun activity as they concentrate on coloring in these delightful illustrations.

Whether readers are new to art therapy or have been coloring for years, this book will help them find inner calm and creativity—one page at a time.

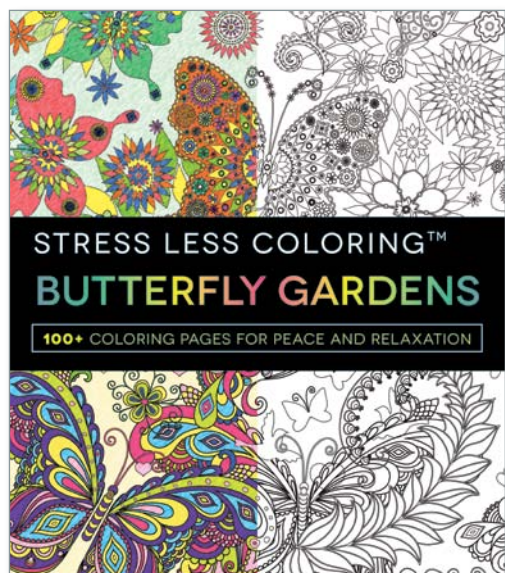
CAN'T MISS BACKLIST



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9781440595073



Stress Less Coloring™ Butterfly Gardens

100+ Coloring Pages for Peace and Relaxation
Adams Media

A beautiful and natural way to relieve stress

- Encourages readers to find their inner calm by coloring in 100 intricate line-art designs
- The popularity of coloring for stress relief continues to grow, and has been cited in *The Huffington Post*, *Shape*, and *The Guardian*, as well as on Yahoo, *BBC News*, and *WebMD*
- More than 450,000 copies sold in the Stress Less Coloring™ series!

JULY

ISBN: 9781440598074
UPC: 045079598072
\$14.99 (CAN \$18.99)
Paperback
8 x 9½ 208 pages
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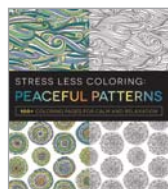
Stress Less Coloring™ Butterfly Gardens inspires readers to find peace and relaxation in the beauty of butterflies. Coloring and shading any of the all-new 100 stunning illustrations of butterflies, flowers, and foliage helps to calm anxious minds in a creative, relaxing, and therapeutic way. Featuring the amazing natural patterns of delicate wings resting among beautiful flowers and plants, each stress-reducing page invites would-be artists to express themselves using their own unique palette to decorate the designs. Soon, they'll be able to shift focus to a relaxing and fun activity as they concentrate on coloring in these gorgeous patterns.

Whether readers are new to art therapy or have been coloring for years, this book will help them find inner calm and creativity—one page at a time.

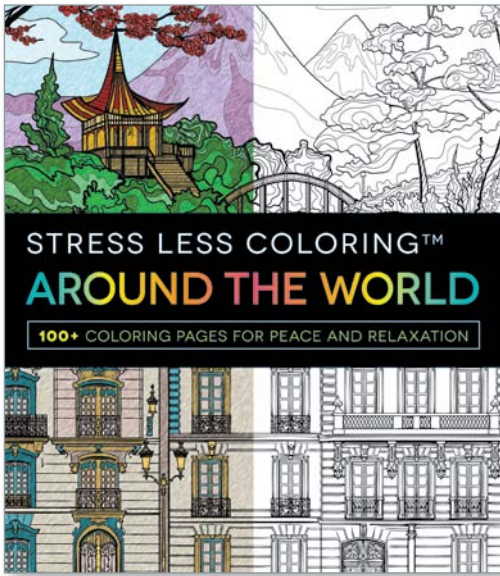
CAN'T MISS BACKLIST



9781440592874



9781440594816



AUGUST

ISBN: 9781440598173
UPC: 045079598171
\$14.99 (CAN \$18.99)
Paperback
8 x 9 1/8 208 pages
World Rights
#R2546

Stress Less Coloring™ Around the World

100+ Coloring Pages for Peace and Relaxation
Adams Media

A relaxing trip to the beautiful sites of the world

- Encourages readers to find their inner calm by coloring in 100 intricate line-art designs
- The popularity of coloring for stress relief continues to grow, and has been cited in *The Huffington Post*, *Shape*, and *The Guardian*, as well as on Yahoo, *BBC News*, and *WebMD*
- More than 450,000 copies sold in the Stress Less Coloring™ series!

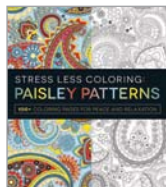
Stress Less Coloring™ Around the World inspires readers to find peace and relaxation in the beauty of landmarks and folk art patterns from countries near and far. Coloring and shading any of the 100 all-new illustrations of famous sights and beautiful folk-art inspired patterns helps to calm anxious minds in a creative, relaxing, and therapeutic way. From the Eiffel Tower to the Golden Gate Bridge to the Great Wall of China, each stress-reducing page invites would-be artists to express themselves using their own unique palette to decorate the designs. Soon, they'll be able to shift focus to a relaxing and fun activity as they concentrate on coloring in these delightful illustrations.

Whether readers are new to art therapy or have been coloring for years, this book will help them find inner calm and creativity—one page at a time.

CAN'T MISS BACKLIST



9781440595912



9781440584879



SEPTEMBER

ISBN: 9781440596667
 UPC: 045079596665
 \$17.99 (CAN \$22.99)
 Paperback
 8¼ x 8¼, 176 pages
 4-color
 World Rights
 #R1598

ADRIANNE SURIAN
 Grand Rapids, MI
happyhourprojects.com

Adrienne Surian is an artist and creative lifestyle blogger at happyhourprojects.com, where she shares free craft projects and recipes that can be made in an hour or less. Her work has been featured by Fox News, BuzzFeed, Babble, and Country Woman magazine. Adrienne is the author of *DIY T-Shirt Crafts*.

CAN'T MISS BACKLIST



9781440591341



9781440589676

DIY Stamped Metal Jewelry

From Monogrammed Pendants to Embossed Bracelets—30 Easy Jewelry Pieces from HappyHourProjects.com!

Adrienne Surian

Techniques and inspiration for handcrafted, custom jewelry

- Adrienne Surian's popular quick-crafts blog, happyhourprojects.com, has been featured on BuzzFeed and Babble
- Creative projects—all made in an hour or less—are perfect for DIYers at all levels
- Thousands of metal-stamped jewelry tutorials are featured on craft blogs, YouTube, and Pinterest

Metal stamping is one of the hottest trends in jewelry—both online at Etsy and in other handmade marketplaces, fashion boutiques, and artisan jewelry shops. But most people don't realize how easy it is to make these beautiful, wearable works of art using basic tools, various metals, and a few simple skills. Featuring step-by-step instructions and photographs for 30 one-of-a-kind pieces, *DIY Stamped Metal Jewelry* shows readers how easily they can transform their jewelry wardrobe with stunningly creative stamped-metal accessories.

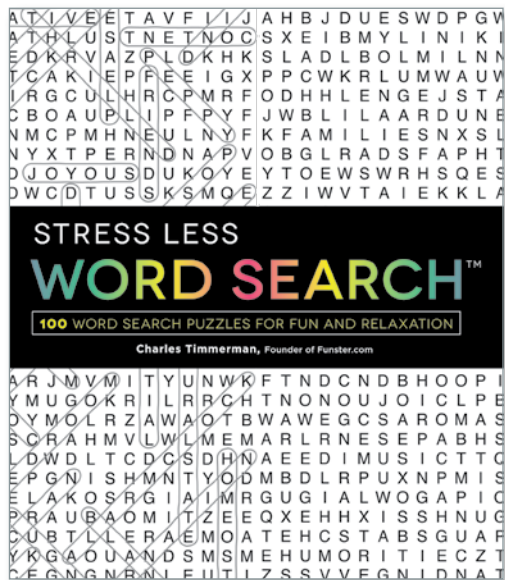
Fabulous styles include:

- Flirty Charm Bangles
- Adventurer's Double-Pendant Necklace
- Hot Stuff Coffee Locket
- Ampersand Ring
- Diva Chandelier Earrings

Each chapter includes quick tutorials on customizing designs to make bracelets, charms, pendants, and earrings that reflect readers' own tastes and styles. In just a few hours, readers will learn the secrets of creating handmade adornments that are truly unique and personal.

MARKETING

- National publicity campaign targeting DIY and craft media
- Jewelry giveaway/sweeps promo
- Cross promo with F+W Craft community
- House ads



Stress Less Word Search™

100 Word Search Puzzles for Fun and Relaxation
 Charles Timmerman, Founder of Funster.com

A calming activity for a stressful world

- A brand-new collection of word-search puzzles designed to calm the mind and ease stress
- Adams games and puzzle titles have sold more than 3 million copies, and word search books have sold nearly 1 million copies.
- More than 450,000 copies sold in the Stress Less series!

Stress Less Word Search™ inspires puzzling fans to find peace and relaxation in 100 all-new joyous patterns. Finding, circling, or and highlighting words in any of the all-new 100 word search puzzles helps to quiet anxious minds in a creative, relaxing, and therapeutic way.

Each stress-reducing page contains an all-new puzzle featuring an engaging theme, including the natural world, relaxing hobbies, and favorite literary characters. Soon, readers will be able to shift focus to a relaxing and fun activity as they concentrate on finding all the words to complete the puzzle. Whether readers are new to word search puzzles or have been enjoying them for years, this book will help them find inner calm and creativity—one page at a time.

DECEMBER

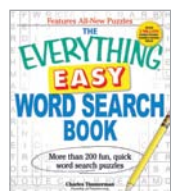
ISBN: 9781440599026
 UPC: 045079599024
 \$10.99 (CAN \$13.99)
 Paperback
 8 x 9½, 192 pages
 World Rights
 #R3259

CHARLES TIMMERMAN

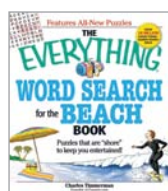
South Pasadena, CA
 Funster.com

Charles Timmerman is the founder of Funster.com, a word game website that was selected as a Yahoo! Pick of the Year, and the author of more than 90 Everything® puzzle books, including *The Everything® Word Search Book*, *The Everything® Giant Book of Word Searches* (volumes 1-11), and *The Everything® Easy Word Search Book*.

CAN'T MISS BACKLIST



9781440542688



9781605500454



NOVEMBER

ISBN: 9781440597961

UPC: 045079597969

\$14.99 (CAN \$18.99)

Paperback

5½ x 7½, 224 pages

World Rights

#R2434

TERI LITORCO

Calgary, Alberta

thattergirl.tumblr.com

Teri Litorco is a vlogger and blogger at the popular gaming site *Geek and Sundry*. She's a wargamer and tabletop gaming fan, and runs several other nerdy projects, including a weekly *Star Trek* Twitter chat, the *The Board Dames* gaming podcast, and many other popular gamer geek projects.

The Civilized Guide to Tabletop Gaming

100 Rules Every Gamer Must Live By

Teri Litorco

A friendly and entertaining etiquette guide for newbies and longtime gamers alike

- Sales of board games has increased 15–20 percent over the last five years, and Gen Con, the national board game convention, saw a 65 percent increase of attendees from 2014 to 2015
- Board game bars are popping up across the country, and many bookstores host game-playing gatherings
- Author Teri Litorco writes for the popular nerd website *Geek and Sundry*, founded by actress Felicia Day and home to Wil Wheaton's online show *Tabletop*

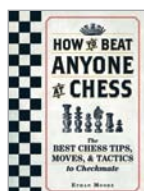
Zombie Dice. King of Tokyo. 221B Baker Street. These aren't new blockbuster movies—they're titles in the booming world of tabletop games. In recent years, tabletop gaming has exploded in popularity, with conventions netting tens of thousands of guests, and the top sellers raking in millions of sales. *The Civilized Guide to Tabletop Gaming* is the go-to primer for all gamers—newbie and expert alike—interested in expanding their social gaming experience.

Expert gamer Teri Litorco helps readers get along as they play and make the most out of their time with their gamer group. Packed with insider advice and etiquette tips, this essential guide includes advice on avoiding drama and poor sportsmanship at the game table, how to put together a harmonious gaming group, and maximizing enjoyment at gaming conventions. With 100 gaming etiquette rules, *The Civilized Guide to Tabletop Gaming* provides gamers with all they need for a lively and pleasant game night—no matter who wins!

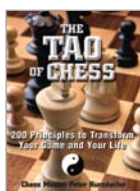
MARKETING

- National publicity campaign targeting geek and pop culture media
- Social media campaign
- Holiday gift guide campaign

CAN'T MISS BACKLIST



9781440592140



9781593370688



DECEMBER

ISBN: 9781440597794
 UPC: 045079597792
 \$15.99 (CAN \$19.99)
 Paperback
 8¼ x 10½, 288 pages
 World Rights
 R2354

CHARLES TIMMERMAN

South Pasadena, CA
 funster.com

Charles Timmerman is the founder of Funster.com, a word game website that was selected as a Yahoo! Pick of the Year, and the author of more than 90 Everything® puzzle books, including *The Everything® Giant Book of Easy Crosswords* (volumes 1–3), *The Everything® Easy Large-Print Crosswords Book* (volumes 1–6) and *The Best of Everything® Crosswords Book*.

CAN'T MISS BACKLIST



9781440571572



9781440559938

The Everything® Easy Large-Print Crosswords Book, Volume 7

More than 100 easy-to-solve, supersized puzzles

Charles Timmerman, Founder of Funster.com

Supersized crossword fun!

- More puzzles than the competition—most large-print collections consist of 50–120 puzzles
- Because aging eyes lose elasticity, presbyopia (the inability to focus on objects close up) affects nearly 20% of the more than 78 million boomers (*Publishers Weekly*)
- Puzzle books are bestsellers for the Everything® series (more than 3 million sold), and large-print puzzle books have sold more than 500,000 copies

Everything is bigger in *The Everything® Easy Large-Print Crosswords Book, Volume 7*—the clues, the numbers, the grids—even the answers! And each of these brand-new crosswords helps readers improve vocabulary, memory, and problem-solving skills.

With clues ranging from beloved books and classic TV shows to favorite foods and popular vacation spots, these light and easy puzzles are perfect for taking a break—without having to use a dictionary! Beginners and experienced puzzlers will enjoy the satisfaction of quickly solving these entertaining crosswords.



SEPTEMBER

ISBN: 9781440597800
 UPC: 045079597808
 \$15.99 (CAN \$19.99)
 Paperback
 8¼ x 10½, 288 pages
 World Rights
 #R2353

CHARLES TIMMERMAN

South Pasadena, CA
 Funster.com

Charles Timmerman is the founder of Funster.com, a word game website that was selected as a Yahoo! Pick of the Year, and the author of more than 90 Everything® puzzle books, including *The Everything® Word Search Book*, *The Everything® Giant Book of Word Searches* (volumes 1-11), and *The Everything® Easy Word Search Book*.

The Everything® Easy Large-Print Word Search Book, Volume 7

More than 100 new easy-to-read puzzles
 Charles Timmerman, Founder of Funster.com

Oversized puzzles that are easy to see—and solve!

- The only word search series that is both easy and large-print
- Because aging eyes lose elasticity, presbyopia (the inability to focus on objects close up) affects nearly 20 percent of the more than 78 million boomers (*Publishers Weekly*)
- Everything® games books have sold more than 3 million copies

The Everything® Easy Large-Print Word Search Book, Volume 7 is a must-have collection for the word search solver who prefers larger-print searches! Readers of all ages will enjoy these quick, fun puzzles without straining their eyes. And with clues ranging from favorite TV shows and movies to popular vacation spots and activities, the light and easy puzzles are perfect for taking a break and relaxing.

This volume of brand-new puzzles will delight word search fans who can't get enough of these bestselling pencil puzzles.

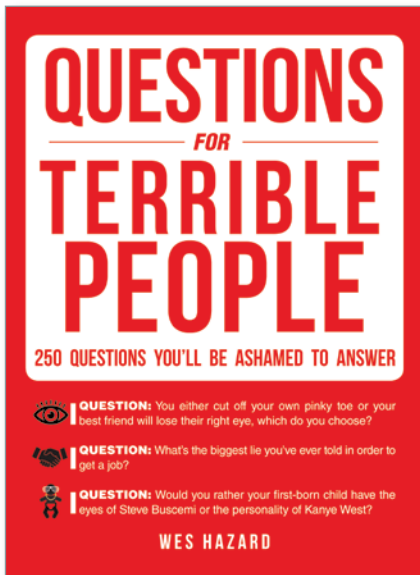
CAN'T MISS BACKLIST



9781440592379



9781440585395



Questions for Terrible People

250 Questions You'll Be Ashamed to Answer
Wes Hazard

Everyone has a line they won't cross. Here's how to find it.

- 250 edgy questions with a Would You Rather? meets Cards Against Humanity vibe.
- Author was named one of the top "5 Boston Comedians to Watch" by the *Boston Globe Magazine*
- Politically incorrect and raunchy party games such as Cards Against Humanity are growing in popularity. In 2014, CAH was estimated at earning \$12 million since its release in 2011

OCTOBER

ISBN: 9781440597527
UPC: 045079597525
\$14.99 (CAN \$18.99)
Paperback
5½ x 7½, 272 pages
World Rights
#R2005

How well do people *really* know their friends? Forget social etiquette and political correctness. It's time to get real. With *Questions for Terrible People*, readers find out what kind of person they really are, and how they would deal in the most awkward, random situations. With more than 250 questions like: How much money would it take for you to eat a puppy? If your house were on fire, what three items would you grab before running to safety? What celebrity crush would you leave your spouse for and why? These hilarious, sometimes-offensive, cringe-worthy questions will help readers get the party started, get to know one another, and get the laughs going all night long.

WES HAZARD

Boston, MA
weshazard.com

Wes Hazard was named one of "5 Boston Comedians to Watch" by the *Boston Globe Magazine*. Wes brings wit, energy, and honesty to the stage and the page, qualities that have made him a regular performer in Boston venues as well as at the Boston Comedy Festival and the Women in Comedy Festival. Wes is a multiple-time winner on The Moth StorySLAM stage and he's appeared as a guest on the *Comedy Bang! Bang! Live!* podcast.

MARKETING

- National publicity campaign targeting pop culture media
- Social media campaign
- Holiday gift guide campaign

CAN'T MISS BACKLIST



9781440586323



9781440591402



Weed 2017 Daily Calendar

365 More Things You Didn't Know (or Remember) about Cannabis
I.M. Stoned

An irreverent look at cannabis and the people who love it

- Nearly half (49%) of Americans have admitted to smoking weed (Pew Research Center)
- With more states decriminalizing and legalizing marijuana, it's the perfect time to start learning all there is to know about pot

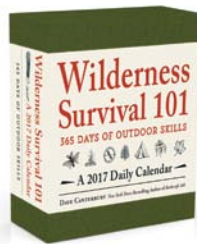
Enjoy the ultimate cannabis calendar as it rolls together trivia, quotes, and smoking techniques to highlight everything that's great about weed. Packed with plenty of entertaining information, each calendar page provides a fun nugget readers can relay during their next smoke session. It's the perfect gift for anyone who partakes in marijuana—medicinal or otherwise.

AUGUST

ISBN: 9781440598180
UPC: 045079598188
\$14.99 (CAN \$18.99)
Boxed Calendar
4½ x 4½, 320 pages
World Rights
#R2573

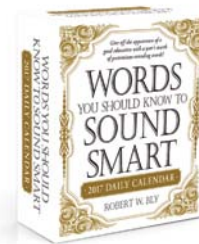
Previously
Announced
Adams Media
2017 Calendars

Wilderness Survival 101: A 2017 Daily Calendar



ISBN: 9781440596483
UPC: 045079596481
\$14.99 (Canada \$18.99)
Boxed Calendar
4½ x 4½; 320 pages
World Rights
#R1425

Words You Should Know to Sound Smart 2017 Daily Calendar



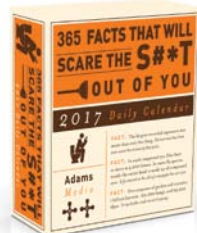
ISBN: 9781440596476
UPC: 045079596474
\$14.99 (Canada \$18.99)
Boxed Calendar
4½ x 4½; 320 pages
World Rights
#R1424

365 Days of Beer 2017 Daily Calendar



ISBN: 9781440596452
UPC: 045079596450
\$14.99 (Canada \$18.99)
Boxed Calendar
4½ x 4½; 368 pages
World Rights
#R1422

365 Facts That Will Scare the S#*t Out of You 2017 Daily Calendar



ISBN: 9781440596469
UPC: 045079596467
\$14.99 (Canada \$18.99)
Boxed Calendar
4½ x 4½; 368 pages
World Rights
#R1423

Stress Less Coloring 2017 Wall Calendar



ISBN: 9781440597459
\$14.99 (Canada \$18.99)
Wall Calendar
12 x 12; 28 pages
World Rights
#R2869



DECEMBER

ISBN: 9781440598999
 UPC: 045079598997
 \$18.99 (CAN \$22.99)
 Semi-concealed wire-o
 6 x 8½, 304 pages
 World Rights
 #R3258

Previous edition: 9781440569616

SHELLY HAGEN
Saratoga Springs, NY

Shelly Hagen is the author of numerous Everything® wedding books, including *The Everything® Destination Wedding Book*; *The Everything® Groom Book*; the second, third, and fourth editions of *The Everything® Wedding Organizer*; and *The Everything® Wedding Book, 3rd Edition*.

The Everything® Wedding Organizer, 5th Edition

Checklists, charts, and worksheets for planning the perfect day!
 Shelly Hagen

An all-in-one guide to planning a stress-free wedding

- Features fresh information on using social media during the planning process, and etiquette on sharing information, pictures, wedding news, and more
- Only 16 percent of brides hire a wedding planner or day-of coordinator, leaving the responsibilities of planning up to the couple (*The Knot*)
- Everything® Wedding titles have sold more than 1.6 million copies!

For the newly engaged couple, the list of things that have to be selected, viewed, tasted, signed, and completed before the big day can be overwhelming. Brides- and grooms-to-be need a comprehensive resource to plan and track every detail! *The Everything® Wedding Organizer, 5th Edition* will help couples stay organized, prepared, and relatively stress-free for a unique and unforgettable day.

Featuring helpful advice on:

- Making and sticking to a wedding budget
- Planning strategies and checklists
- Using social media to their advantage
- Keeping track of vendors and payments
- Invitation and thank-you note etiquette

Packed with dozens of worksheets, checklists, and samples, this convenient and irreplaceable guide makes planning a wedding an enjoyable, memorable experience.

CAN'T MISS BACKLIST



9781440501852



9781440561511



OCTOBER

ISBN: 9781440595325
 UPC: 045079595323
 \$12.99 (CAN \$16.50)
 Paperback
 6 x 8, 176 pages
 North American Rights
 S9916

NATASHA BURTON Santa Barbara, CA

A former staff writer and editor for *HuffPost Weddings*, Natasha Burton is a freelance journalist who regularly writes about wedding planning and all things bridal for *Lover.ly* and *Modern Luxury Brides California*, among other publications. As a weddings expert, she's been quoted on *Brides.com* and featured on leading wedding blogs, including *Style Me Pretty*, *The Knot*, and *Rustic Wedding Chic*.

101 Quizzes for Brides and Grooms

Take These Tests to Discover Your Wedding Personality and Customize Your Big Day Together

Natasha Burton

The first step to stress-free wedding planning

- Wedding expert Natasha Burton helps couples discover their own wedding personality and plan a unique and meaningful celebration
- Quizzes, checklists, and discussion suggestions help cut through the endless array of options available to couples planning a wedding
- The importance of a personalized wedding continues to rise, even when it comes to how couples will incorporate tradition. For example, 37% of them choose to write their own vows (*Brides* magazine American Wedding Study)

A quiz book and planning guide all in one, *101 Quizzes for Brides and Grooms* helps couples navigate this special time in their lives through fun, informative tests and accompanying advice. Unlike other one-size-fits-all wedding planning books, this interactive guide helps readers create a personalized wedding planning roadmap. Quizzes determine both partners' personality, style, and expectations, and checklists cover even the smallest details that go into wedding planning. Couples will find that taking the time to talk about their dreams and hopes will help them uncover their very own wedding style, whether it's traditional and timeless, rustic and casual, or somewhere in between.

MARKETING

- National publicity campaign targeting wedding media

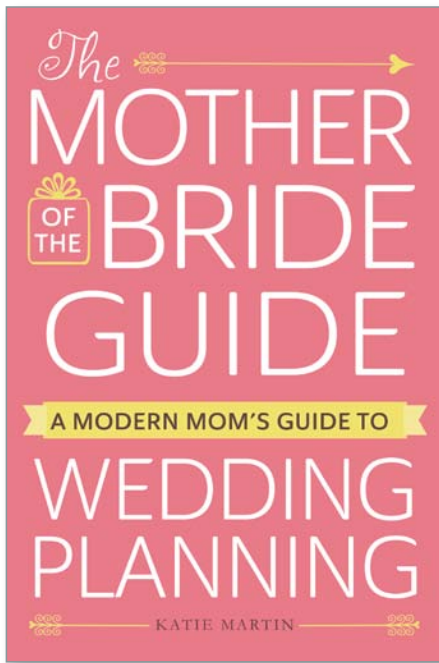
CAN'T MISS BACKLIST



9781440567421



9781440585944



NOVEMBER

ISBN: 9781440598296
 UPC: 045079598355
 \$15.99 (CAN \$19.99)
 Paperback
 6 x 9, 224 pages
 World Rights
 #R2668

KATIE MARTIN
Washington, DC

EleganceandSimplicity.com
 Eco-BeautifulWeddings.com

Katie Martin is the president of Elegance & Simplicity, Inc., a wedding- and event-planning company that has been featured in media such as *The Knot*, the *Washington Post*, HGTV.com, and hundreds of blogs. Katie is also the publisher and editor-in-chief of the *Eco-Beautiful Weddings* magazine and blog.

CAN'T MISS BACKLIST



9781598695465



9781440501852

The Mother of the Bride Guide

A Modern Mom's Guide to Wedding Planning
 Katie Martin

A survival guide for today's mother of the bride

- A thoroughly modern guide for mothers, covering the new traditions and practices of planning a wedding—from Pinterest to welcome bags
- Every year, about two million brides walk down the aisle—and two million mothers need help getting them there! (Bridal Expo)
- The role of the bride's mother has changed drastically over the years, and moms need assistance becoming an ally instead of an archenemy (*Huffington Post*, 2012)

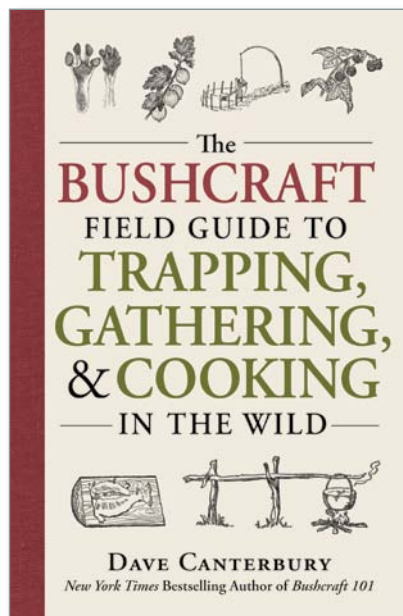
She's met Mr. Right and set the date—now the bride needs her mother's help to plan the big event. *The Mother of the Bride Guide* includes everything moms need to get their daughters down the aisle in style. With expert guidance every step of the way, wedding planner Katie Martin explains all readers need to know about:

- Getting the most out of Pinterest and wedding-planning sites
- Meeting the future in-laws
- Navigating sticky situations like ex-spouses and former family members
- Social media etiquette
- Knowing when to speak up—and when to keep quiet!

This practical guide covers everything readers need to make sure the bride has the perfect—and stress-free—day of her dreams.

MARKETING

- National publicity campaign targeting wedding media



OCTOBER

ISBN: 9781440598524

UPC: 045079598522

\$16.99 (CAN \$21.50)

Paperback

5½ x 8½, 256 pages with an 8-page,

4-color insert

World Rights

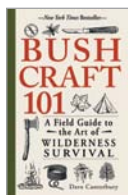
#R3048

DAVE CANTERBURY

Jackson, OH

Dave Canterbury is the co-owner and supervising instructor at the Pathfinder School in southeast Ohio (named by *USA Today* as one of the Top 12 Survival Schools in the United States), and the managing editor of *Self-Reliance Illustrated* magazine. He is an army veteran, and currently a self-employed hunting guide and survival instructor. His work has also been published in *New Pioneer* and *American Frontiersman*.

CAN'T MISS BACKLIST



9781440579776



9781440587962

The Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild

Dave Canterbury, *New York Times* Bestselling Author of *Bushcraft 101*

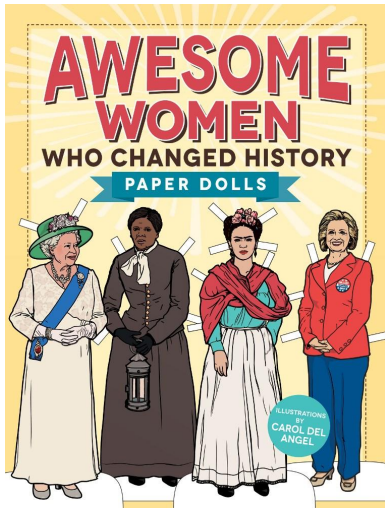
The ultimate resource for backcountry cooking

- Dave Canterbury—wilderness expert, *New York Times* bestselling author, cohost of National Geographic's *Dirty Rotten Survival*—provides valuable know-how for securing sustenance in the wild
- Includes in-depth instruction on the gathering, trapping, and cooking skills needed for survival out in the wilderness, along with simple recipes for preparing satisfying meals
- *Bushcraft 101* and *Advanced Bushcraft* have combined sales of more than 125,000 copies

Bushcraft enthusiasts thrive on surviving in the wild. They don't pitch tents—they build shelters with tree branches and other natural materials. They don't start fires with lighter fluid—they can even start one without matches. And they don't need to pack a picnic basket. Properly prepared bushcrafters can find all the sustenance they need in the wilderness. Renowned outdoors expert and *New York Times* bestselling author Dave Canterbury provides readers with all they need to know about packing, trapping, gathering, and preparing food for their treks and wilderness travels. Whether they're headed out for a day hike or a weeklong expedition, readers will find everything they need to survive—and eat well—while out in the wild.

MARKETING

- National publicity campaign targeting outdoors and men's interest media
- House ads
- Social media campaign
- Online giveaways
- Holiday gift guide campaign
- Blade Show appearance
- Cross promotion with F+W Outdoors Community



Awesome Women Who Changed History

Paper Dolls

Carol del Angel

A collection of paper dolls featuring adventurous, daring and trailblazing women from history.

Summary

The most badass collection of paper dolls--ever!

Forget the runway. These *Awesome Women Who Changed History* are dressed for the battlefields, the picket lines--and the White House!

These 21 realistic paper dolls have everything they need to shatter the glass ceiling. Prepare Sally Ride for liftoff with her spacesuit and helmet. Get Annie's gun (and her hat and dress) before she heads into a sharpshooting competition. And please rise for the honorable Ruth Bader Ginsburg, whose robes and gavel will have her ready to preside over the United States Supreme Court.

Whether conducting research while living with the gorillas in the mist, mastering the art of French cooking, or leading travelers on the Underground Railroad, the paper doll likenesses of these groundbreaking women are sure to inspire awesome women of any age.

Contributor Bio

Carol Del Angel has worked as an illustrator since 2004. Eclectic but well considered, her work is built on an interest in people, nature, typography, architecture, and pattern. She has exhibited at Exposicion Publicidad in Mexico and was included in the Vox Pop exhibition at the Coningsby Gallery in London. Her website is www.caroldelangel.com.

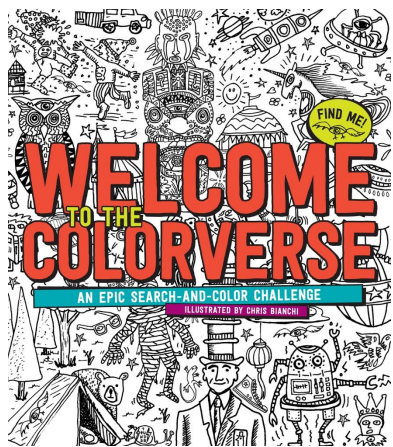
Illustrations



9781440599873_il_1_b6304.jpg 9781440599873_il_2_b6359.jpg

9781440599873
1440599874
Pub Date: 1/1/2017
\$12.99
Trade Paperback

48 Pages
125 illustrations
Humor / Form



Welcome to the Colorverse

An Epic Search-and-Color Challenge

Chris Bianchi

A coloring book and hidden picture challenge featuring fun, eclectic, highly detailed illustrations that will appeal to tweens, teens and adults.

Summary

A Hidden-Picture Quest Through Outrageously Awesome Worlds!

Extreme snowboard scenes

Pop art-inspired sushi

Tropical Hawaii luau

Each scene in *Welcome to the Colorverse* is a tad bit...off. Kites fly themselves, animals take on human form, and ice cream cones grow from the ground. You'll journey from the desert to the sky, a safari to the candy shop, and the forest to an aquarium, bringing color to the intricately designed landscapes filled with odd characters and strange happenings. Every new setting has its own unique task to complete as you search each wacky scene, creating awesome art in the process.

Welcome to the crazy world of the Colorverse, where everything is familiar—but nothing is as it seems!

9781440598289

1440598282

Pub Date: 12/2/2016

\$13.99

Trade Paperback

128 Pages

60 B&W Illus.

Games / Activity Books

Illustrations



9781440598289_il_1_7aee1.jpg



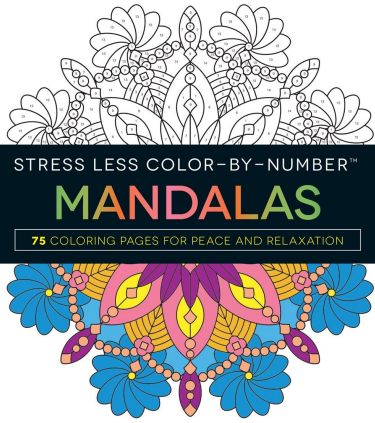
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Stress Less Color-By-Number Mandalas

75 Coloring Pages for Peace and Relaxation

Adams Media

This book helps adults manage and release their stress in a creative, relaxing and therapeutic way--through coloring intricate line-art patterns following color-by-number instructions.

Summary

Coloring has never been more relaxing!

In this book, you will find 75 intricate mandala illustrations ready to color. By following the simple color-by-number instructions, you are guaranteed to create beautiful finished pictures. The pre-selected color placement allows you to fully relax as you fill in the spaces. Full-color versions of the illustrations will show you what you will be creating, helping you to select the images you want to color and ensuring you accurately complete your coloring.

9781507201275

1507201273

Pub Date: 1/1/2017

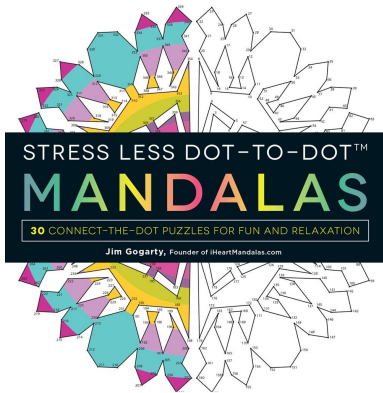
\$14.99

Trade Paperback

160 Pages

75 illustrations; 2 8-page 4-color
inserts

Games / Activity Books



Stress Less Dot-to-Dot Mandalas

30 Connect-the-Dot Puzzles to Complete and Color

Jim Gogarty

Summary

Relaxing dot-to-dot puzzles for adults!

Stress Less Dot-to-Dot: Mandalas combines the surprisingly calming activity of connecting dots with the meditative practice of drawing mandalas. If you're looking for an easy way to unwind, start connecting the dots to create your own intricate mandala design. Once the picture is complete, you'll have a beautiful mandala to color and enjoy.

No longer just for kids, drawing dot-to-dot is a perfect meditative exercise for adults looking to relax. Soon you'll be de-stressing--dot by dot!

Contributor Bio

Jim Gogarty has had a passion for drawing for as long as he can remember, going from crayons to felt tips to today's digital pen. He began drawing mandalas in 2005 after a spiritual awakening during meditation. Since then, he has worked to turn this love for the symmetrical patterns into a career. He currently runs www.iHeartMandalas.com, where he brings these images to life.

9781440599187

1440599181

Pub Date: 11/4/2016

\$8.99

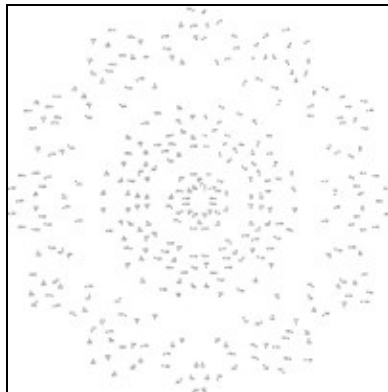
Trade Paperback

80 Pages

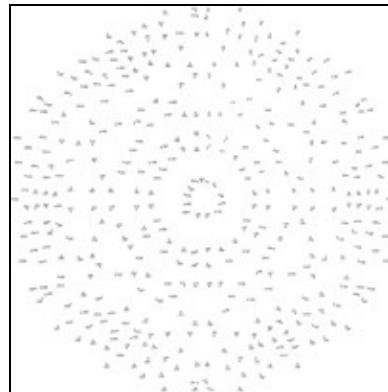
30 B&W illustrations

Games / Activity Books

Illustrations

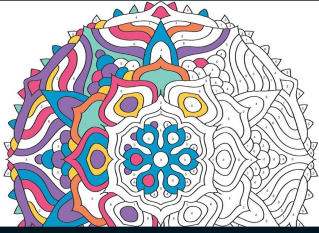


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STRESS LESS PAINT-BY-NUMBER™
MANDALAS



A PAINT-BY-NUMBER KIT



Jim Gogarty, Founder of iHeartMandalas.com

Stress Less Paint-By-Number Mandalas

A Paint-By-Number Kit

Jim Gogarty

What's after coloring? Painting, of course. *Stress Less Paint-By-Number - Mandalas* provides amateur artists with everything they would need for a relaxing creative experience: the paints, the brushes and the numbered illustrations to follow.

Summary

Stress Less Paint-By-Number - Mandalas supplies amateur artists with everything they need for a little art therapy. You don't have to worry about finding the right paints, buying enough brushes or even deciding on a complementary color scheme. This paint-by-number kit provides all the fun without any of the hassle. With more than two-dozen mandala illustrations, at-home artists will be able to choose a meditative pattern, follow the color selection instructions and unwind as you create beautiful artwork. It's relaxation by the numbers.

Contributor Bio

Jim Gogarty has had a passion for drawing for as long as he can remember, ranging from crayons to felt tips to today's digital pen. He began drawing mandalas in 2005 after a spiritual awakening during meditation. Since then, he has worked to turn this love for the symmetrical patterns into a career. He currently runs iHeartMandalas.com, where he brings these images to life.

9781507200001

1507200005

Pub Date: 1/1/2017

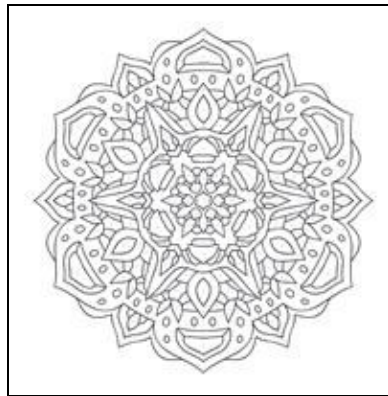
\$16.99

Trade Paperback

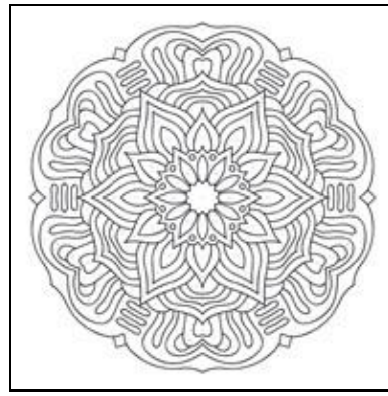
64 Pages

Art / Techniques

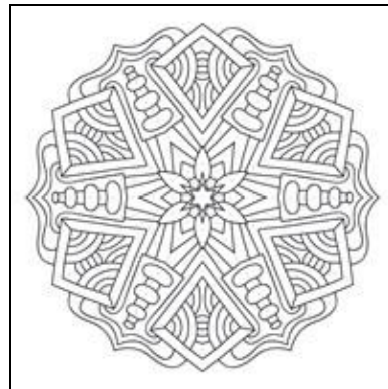
Illustrations



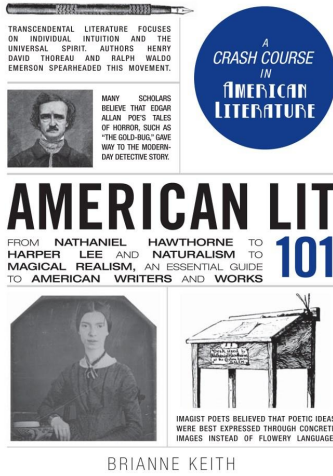
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9781507200001_il_3_a4637.jpg



American Lit 101

From Nathaniel Hawthorne to Harper Lee and Naturalism to Magical Realism, an essential guide to American writers and works

Brianne Keith

An essential guide to the writers, literary movements and key terms associated with American literature.

Summary

From poetry to fiction to essays, *American Lit 101* leaves no page unturned!

Edgar Allan Poe. Willa Cather. Henry David Thoreau. Mark Twain. The list of important American writers goes on and on. These voices played a vital role in shaping the scope of American literature, and the United States itself. But too often, textbooks reduce this storied history to dry text that would put even a tenured professor to sleep.

American Lit 101 is an engaging and comprehensive guide through the major players in American literature. From colonialism to postmodernism and every literary movement in between, this primer is packed with hundreds of entertaining tidbits and concepts, along with easy-to-understand explanations on why each author's work was important then and still relevant now. So whether you're looking for a refresher course on key American literature or want to learn about it for the first time, *American Lit 101* has all the answers--even the ones you didn't know you were looking for.

Contributor Bio

Brianne Keith is a writer and editor with a degree in English literature from Boston University and a master's degree in English literature from University of Massachusetts, Boston. A longtime lover of Thoreau, she serves on the Editorial Advisory Board of The Thoreau Society, one of the oldest societies devoted to an American author. She continues to write on Thoreau, and other subjects in American literature, in her free time. She lives in Belmont, MA.

9781440599682

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Pub Date: 1/1/2017

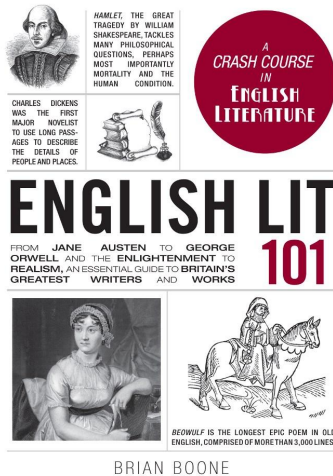
\$15.99

Hardcover

256 Pages

8-page 4-color insert

Literary Criticism / American



English Lit 101

From Jane Austen to George Orwell and the Enlightenment to Realism, an essential guide to Britain's greatest writers and works

Brian Boone

An essential guide to the writers, literary movements and key terms associated with English literature.

Summary

A guide to the greats in British literature!

From Mary Shelley's *Frankenstein* and Charles Dickens' *Tiny Tim* to Jane Austen's *Mr. Darcy* and Shakespeare's *Juliet*, British authors have created some of the most compelling characters in all of literature. But too often, textbooks reduce these vibrant voices to boring summaries that would put even an English dean to sleep.

English Lit 101 is an engaging and comprehensive guide through the major players in American literature. From romanticism to modernism and every literary movement in between, this primer is packed with hundreds of entertaining tidbits and concepts, along with easy-to-understand explanations on why each author's work was important then and still relevant now. So whether you're looking for a refresher course on key English literature or want to learn about it for the first time, *English Lit 101* has all the answers--even the ones you didn't know you were looking for.

Contributor Bio

Brian Boone is an editor and writer for the bestselling *Uncle John's Bathroom Reader* line of trivia and humor books. He wrote *I Love Rock 'n' Roll (Except When I Hate It)* published by Penguin/Perigee, and coauthored *American Inventions: Big Ideas That Changed Modern Life* (Time-Life) and *How to Make Paper Airplanes* (Child's World). He has contributed to *How Stuff Works*, *Barnes and Noble Reads*, *McSweeney's*, *Splitsider*, *Someecards*, *The Onion*, *Adult Swim*, and *Funny or Die*. He lives in Oregon.

9781440599712

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Pub Date: 1/1/2017

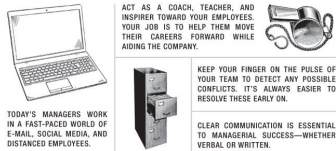
\$15.99

Hardcover

256 Pages

8-page 4-color insert

Literary Criticism / European



MANAGEMENT 101

FROM HIRING AND FIRING TO IMPARTING NEW SKILLS, AN ESSENTIAL GUIDE TO MANAGEMENT STRATEGIES



STEPHEN SOUNDERING

9781507200360
1507200366
Pub Date: 12/2/2016
\$15.99
Hardcover

240 Pages
8-page 4-color insert
Business & Economics / Business
Communication

Management 101

From Hiring and Firing to Imparting New Skills, an Essential Guide to Management Strategies

Stephen Soundering

Learn the concepts and strategies of management in order to manage your employees successfully.

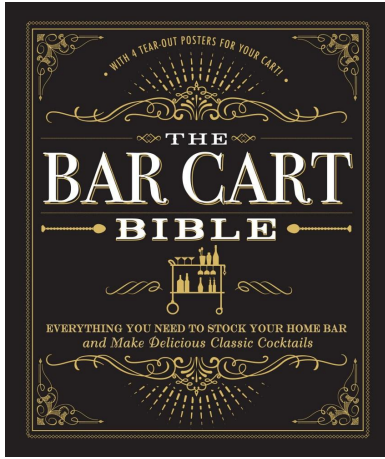
Summary

A crash course in managing productive, successful, and happy employees!

Effective employee management is imperative to a business' success, but all too often management books turn the important details of best practices into tedious reading that would put even a CEO to sleep. *Management 101* cuts out the boring explanations of management policies, and instead provides hand-on lessons that keep you engaged as you learn how to manage productive, happy employees. From hiring and firing to delegating and coaching, this primer is packed with hundreds of entertaining tidbits and concepts that you won't be able to get anywhere else. So whether you're a business owner, a middle-manager with many direct reports, or an entry-level employee learning to supervise interns, *Management 101* has all the answers--even the ones you didn't know you were looking for.

Contributor Bio

Stephen Soundering retired from a successful thirty-five-year career in human resources in 2013 to teach management strategies, policies, and techniques to new managers through intensive workshops and corporate retreats.



The Bar Cart Bible

Everything You Need to Stock Your Home Bar and Make Delicious Classic Cocktails

Adams Media

A guide to setting up your own bar cart with over 300 cocktail recipes. Includes four tear-out mini-posters you can use to decorate your cart.

Summary

The Recipe for the Perfect Bar Cart!

Like with any good drink, the secret to creating a winning bar cart is to understand its components. *The Bar Cart Bible* breaks down these elements and provides you with the necessary information, including:

- 300+ cocktail recipes
- Bottles to have on hand
- A glassware guide
- Required equipment
- Measurement charts
- Definitions of bartending terminology
- Garnish suggestions
- Mixology tips
- 4 pieces of frame-ready, decorative art

Now isn't it time for a drink?

9781507201169

1507201168

Pub Date: 1/1/2017

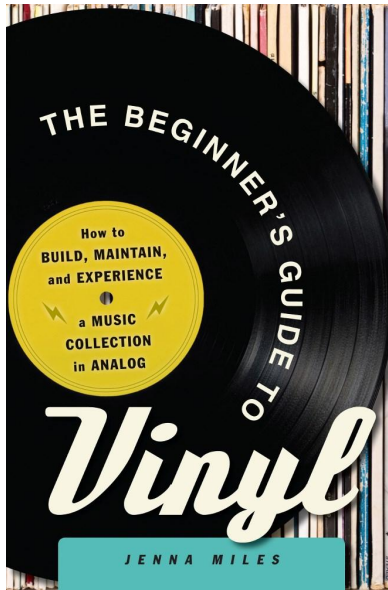
\$14.99

Hardcover

224 Pages

8-page 4-color perforated insert

Cooking / Beverages



The Beginner's Guide to Vinyl

How to Build, Maintain, and Experience a Music Collection in Analog

Jenna Miles

An authoritative guide to all things vinyl, from finding the right turntable to buying, cleaning and storing your new and used vinyl records.

Summary

The ultimate guide to starting and keeping a record collection!

Vinyl records are back--in a big way. Music lovers are turning back to vinyl for its pure sound and the fun of collecting. If you're ready to take the plunge, *The Beginner's Guide to Vinyl* will walk you through the basics of what is sure to become your newest passion.

Whether your musical tastes are jazz, rock, country, classical, or show tunes, you can find vinyl records from your favorite artists--but you have to know where to look. And DJ-turned-vinyl-expert Jenna Miles will let you know all that and more. Check out:

- How records are made
- Where to purchase a turntable
- How to take care of both the machine and your vinyl records
- And more!

If you're a more advanced audiophile, you'll find plenty of information about hardware beyond the entry-level options, along with a backstage pass to tidbits and stories about artists and the industry that you've never heard before. It's the next best thing to an afternoon spent at the record store!

Contributor Bio

Jenna Miles is president and cofounder of SRCVinyl, a company specializing in vinyl records, as well as co-owner of Vinyl Collective, an online news site and community for vinyl collectors that boasts more than 20,000 registered users and 2.2 million monthly page views. As president of SRCVinyl, Jenna oversees production of vinyl records, retail operations, customer service, marketing, and sales, providing her with extensive vinyl record knowledge. As owner of Vinyl Collective, she has frequently been able to expand her vinyl knowledge through connecting with the community in addition to overseeing the vinyl news site.

9781440598968

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Pub Date: 12/2/2016

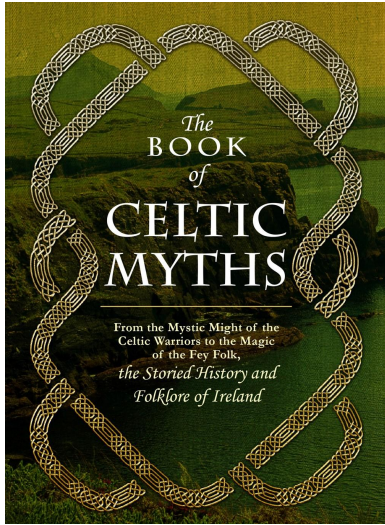
\$16.99

Trade Paperback

272 Pages

8-page 4-color photo insert

Music / Recording & Reproduction



The Book of Celtic Myths

From the Mystic Might of the Celtic Warriors to the Magic of the Fey Folk, the Storied History and Folklore of Ireland, Scotland, Brittany, and Wales

Adams Media

This collection of Celtic myths and legends will entertain readers looking for a description of the different stories and ideas that make up the Celtic culture.

Summary

Hear the tales of Gods, monsters, magic, and more!

Warriors, poets, scholars, and visionaries--from the depths of time the ancient Celts have fascinated us. Their rich heritage lives on today. But who were they?

From the Druids and fairies to King Arthur and Celtic Christianity, there is much to be learned about these natives of the British and Irish islands. Their stories are fantastic and stirring, and through them, you'll gain a glimpse into what life was like during the Iron Age.

These legends, first told through song as people gathered around the fire more than 2,000 years ago, are now here for you to explore. Experience the wonder and wisdom of these mysterious people with *The Book of Celtic Myths*.

9781507200872

1507200870

Pub Date: 12/2/2016

\$16.99

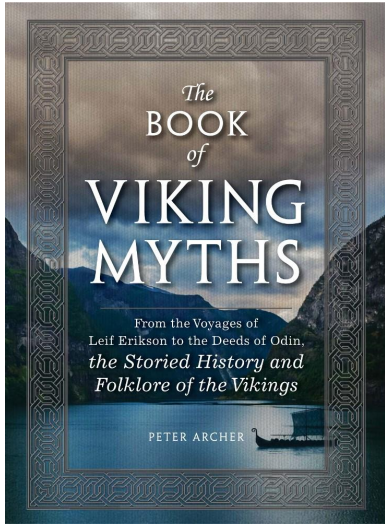
Hardcover

256 Pages

B&W spot art

Fiction / Fairy Tales, Folk Tales,

Legends & Mythology



The Book of Viking Myths

From the Voyages of Leif Erikson to the Deeds of Odin, the Storied History and Folklore of the Vikings

Peter Archer

A collection of Norse myths, from the mischief of Loki to the wisdom of Odin, complete with facts and details about the Vikings who lived their lives by these tales.

Summary

This collection of Norse myths retells the stories of the Viking people, with myths of their gods and goddesses, monsters and great heroes. From tales of beautiful and powerful Freyja to the gold-toothed Heimdallr and the wolf Fenrir, this book explores all of the figures and stories that make up Norse Mythology. Along with these tales, the book also includes information about the Vikings and how their myths affected their lives and histories.

Contributor Bio

Peter Archer has taught college classes in classical mythology, the legends of King Arthur, and American folklore. He is the author or co-author of sixteen books and has held jobs ranging from a pit clerk at the Chicago Mercantile Exchange to production editor on a left-wing newspaper in New York City. He is currently an editor for Adams Media and lives in a 200-year-old converted parsonage in southeastern Massachusetts with two cats and about 4,000 books.

9781507201435

1507201435

Pub Date: 1/1/2017

\$16.99

Hardcover

256 Pages

Fiction / Fairy Tales, Folk Tales,
Legends & Mythology

 THE CONSCIOUS PARENT'S
GUIDE TO

Raising Boys



Cheryl L. Erwin, MA, MFT, AND Jennifer Costa

9781440599941
1440599947
Pub Date: 1/1/2017
\$14.99
Trade Paperback

240 Pages
Family & Relationships / Parenting

The Conscious Parent's Guide to Raising Boys

A mindful approach to raising a confident, resilient son * Promote self-esteem * Encourage positive communication * Strengthen your relationship

Cheryl L. Erwin, Jennifer Costa

An essential guide to using mindful parenting techniques to raise boys.

Summary

The tools you need to foster a positive, supportive relationship with your son!

Concerns about self-esteem, peer pressure, and behavior can make raising healthy, happy boys seem overwhelming--but it doesn't have to be. With the help of *The Conscious Parent's Guide to Raising Boys*, you can encourage open communication with your son.

With patience and everyday mindfulness, you can guide your boys from childhood through those challenging developmental years. This easy-to-use guide explains how you can help your son:

- Communicate effectively with others
- Strengthen self-image and resist peer pressure
- Define and exhibit acceptable behavior
- Keep their commitments to family, community, and themselves

Family therapist Jennifer Costa provides you with the information and support you need for parenting with flexibility, resilience, and love so you can create a calm, happy environment for raising well-adjusted, confident boys.

Contributor Bio

Cheryl L. Erwin, MA, LMFT, is a licensed family therapist and parent coach, a popular parenting speaker and trainer, and the coauthor of numerous books about parenting. You can learn more about Cheryl and her work at www.cherylerwin.com.

Jennifer Costa is a behavioral specialist and social worker. As a parent coach and mentor, she develops positive behavioral interventions and support materials for her clients, and has taught positive discipline courses, conscious parenting practices, and behavioral support curriculum for schools and nonprofits. Jennifer is the author of *The Conscious Parent's Guide to Positive Discipline*.

 THE CONSCIOUS PARENT'S
GUIDE TO

Raising Girls



Erika V. Shearin Karres, EdD, and Rebecca Branstetter, PhD

9781440599910
1440599912
Pub Date: 1/1/2017
\$14.99
Trade Paperback

240 Pages
Family & Relationships / Parenting

The Conscious Parent's Guide to Raising Girls

A mindful approach to raising a strong, confident daughter * Promote self-esteem * Build resilience * Improve communication

Erika V. Shearin Karres, Rebecca Branstetter

An essential guide to using mindful parenting techniques to raise girls.

Summary

The tools you need to foster a positive, supportive relationship with your daughter!

Raising a confident, self-assured girl in today's world is complicated, but it can be done--with the help of *The Conscious Parent's Guide to Raising Girls*.

Inside, you'll find the strategies you need to help your daughter navigate through her world of school cliques, confusing media messages, and pressures to be a "good girl." With smart, comprehensive advice on the trials and triumphs of raising a daughter with patience, this concise guide explains how you can:

- Deal with cliques, bullies, and peer pressure
- Communicate effectively and sensitively with your daughter
- Strengthen self-image, resist peer pressure, and promote self-esteem
- Build emotionally healthy relationships

Rebecca Branstetter, PhD, and Erika V. Shearin Karres, EdD, provide you with the information and support you need for parenting with mindfulness, flexibility, and resilience. You'll be able to create a calm and centered emotional environment for raising well-adjusted, confident girls.

Contributor Bio

Erika V. Shearin Karres, EdD, author of *Mean Chicks, Cliques, and Dirty Tricks*, is a well-known parenting expert and lecturer who has won numerous Outstanding Educator awards. She raised two daughters, one a gastroenterologist, the other a United Methodist minister, and inspired her two granddaughters, one a medical student and the other planning to enter law school. Dr. Erika lives in Chapel Hill, NC and Wilmington, NC.

Rebecca Branstetter, PhD, is a child and adolescent psychologist and school psychologist in the San Francisco Bay Area. She works with kids who struggle in school, and writes about her experiences in her blog, Notes from the School Psychologist. She is the author of *The Everything Guide to Children with Executive Functioning Disorder*, *The Conscious Parent's Guide to Executive Functioning Disorder*, and *The Conscious Parent's Guide to ADHD*.

ESSENTIAL OILS

YOUR GUIDE TO
UNDERSTANDING AND
USING ESSENTIAL OILS

101



KYMBERLY KENISTON-POND, CIR, CFR, CCMA

9781507200551
1507200552
Pub Date: 1/1/2017
\$16.99
Trade Paperback

256 Pages
7 2-page 4-color inserts
Health & Fitness / Alternative
Therapies

Essential Oils 101

Your Guide to Understanding and Using Essential Oils

KyMBERly Keniston-Pond

With detailed profiles of 100 essential oils and 100 remarkable uses for the oils, this book will be the essential reference for anyone who wants to use essential oils to care for their health, beauty, and home.

Summary

Learn the effective, natural way to care for your family and home!

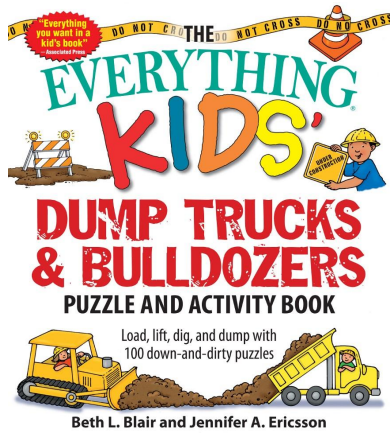
From clary sage and eucalyptus to lavender and ylang ylang, essential oils are safe, environmental alternatives to traditional medicine and home-care products. But where do you start?

Inside, you'll find detailed profiles that include the source, history, properties, and uses for 100 of the most common and affordable essential oils. Essential oil expert KyMBERly Keniston-Pond teaches you how to choose pure, high-quality oils; demonstrates the proper way to blend and store them; and provides suggestions for the simple tools you'll need for working with essential oils.

This easy-to-use guide includes 100 amazing ways to use essential oils to improve your health and appearance, as well as protect and clean your home--all without the need for harsh chemicals. With *Essential Oils 101*, you'll find the right oil for any need and discover all the benefits a few drops of essential oil can bring.

Contributor Bio

KyMBERly Keniston-Pond is the author of *Essential Oils for Health*. She is a Certified Integrative Reflexologist, Certified Clinical Master Aromatherapist, and a Continued Education Provider for reflexology and aromatherapy. She has presented on using essential oils with people with disabilities for the Virginia Community Colleges Association's annual concurrent sessions in 2009 and 2010, and for the Virginia State Therapeutic Recreation Association in 2010. She has also spoken about essential oils on the television program *Virginia This Morning* and has been published in the *Nature's Awakening* magazine.



9781507201190
1507201192
Pub Date: 11/11/2016
\$9.99
Trade Paperback

144 Pages
100 B&W puzzles
Juvenile Nonfiction / Activity
Books

The Everything Kids' Dump Trucks and Bulldozers Puzzle and Activity Book

Load, Lift, Dig, and Dump with 100 Down-and-Dirty Puzzles

Beth L. Blair, Jennifer A. Ericsson

Summary

Rumble! Roar! Beep! Kaboom!

If you're the kind of kid who can't resist a construction site--the roar of big trucks, giant piles of dirt, and super-tall cranes lifting bundles of steel high in the air--this book is for you! Inside, you'll find 100 all-new puzzles, starring diggers, loaders, dumpers, lifters, and many more kinds of work vehicles. You can bulldoze your way through a maze, dump a load of letters into a crisscross, mix up some words in a scramble, or load the correct answer in a math puzzle. There are codes to crack, dots to connect, and words to criss-cross.

Get behind the wheel with fun puzzles like:

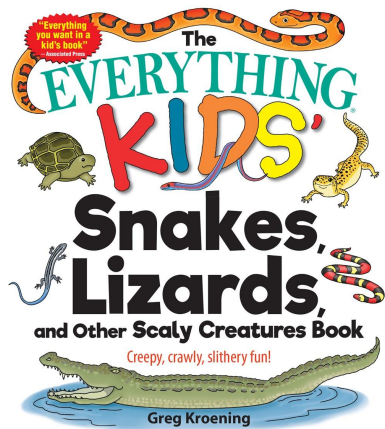
- Floating Cranes
- Junk Pile
- Giant Jobs
- Twisted Skidders
- Push Me, Pull You

Put on your hard hat, grab a pencil, and join us at the construction site.

Contributor Bio

Beth L. Blair is a freelance illustrator and graphic artist. She is the author of several books, including *The Everything Kids' Puzzle Book*, *The Everything Kids' Pirates Puzzle and Activity Book*, *The Everything Kids' Mazes Book*, and *The Everything Kids' Gross Puzzle and Activity Book*, and she has created puzzles for *The Everything Kids' States Book* and *The Everything Kids' Presidents Book*.

Jennifer A. Ericsson is a freelance children's writer and the coauthor of children's books, including *The Everything Kids' Puzzle Book*, *The Everything Kids' Gross Puzzle and Activity Book*, and *The Everything Kids' Pirates Puzzle and Activity Book*.



9781507201206
1507201206
Pub Date: 1/6/2017
\$9.99
Trade Paperback

144 Pages
30 puzzles, 20 line art
Juvenile Nonfiction / Activity
Books

The Everything Kids' Snakes, Lizards, and Other Scaly Creatures Book

Creepy, Crawly, Slithery Fun!

Greg Kroening

Summary

Amazing facts and fun activities for kids who love reptiles!

Get up close and personal with all types of cool reptiles in *The Everything Kids' Snakes, Lizards, and Other Scaly Creatures Book*! Explore the world of snakes, lizards, turtles, crocodilians, and other cold-blooded animals of all sizes with tons of puzzles, exciting reptile facts, and do-it-yourself activities. You'll learn all about how reptiles are born, how they hunt for food, and what it takes to escape--or fight--their enemies!

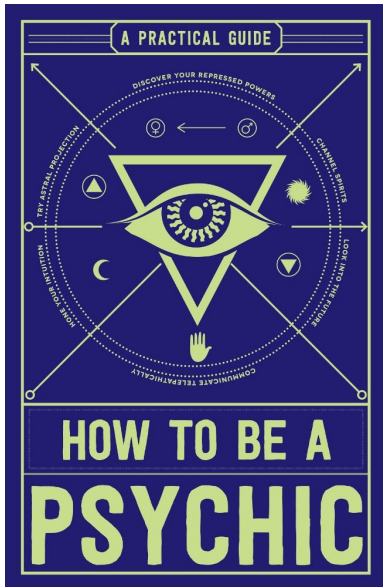
You'll learn how to:

- Tell the difference between harmless and poisonous snakes
- Get to know big reptiles like crocs and gators--without getting too close!
- Separate ancient myths from true reptilian facts
- Do research and learn more about the world's wondrous reptiles
- Care for pet reptiles—from iguanas to tortoises

Complete with 30 fun games and puzzles, this book is the ultimate guide to reptilian fun!

Contributor Bio

Greg Kroening is an experienced elementary school teacher who has taught science to children in kindergarten to grade five for nearly twenty years. He participated in a statewide effort to integrate science into the Minneapolis Public Schools' math curriculum. In 2002, Mr. Kroening wrote a grant that awarded his school \$40,000 from the Cargill Corporation for training and materials to better integrate more rigorous science and humanities into the curriculum.



How to Be a Psychic

A Practical Guide

Michael R. Hathaway

An instructional guide to harnessing your intuition and building your psychic skills to reach out to the other side.

Summary

Discover your innate psychic ability!

Take control of your future with *How to Be a Psychic*. You'll start by learning how to tune in to the psychic ability you already have--but never knew how to access. After mastering these easy-to-follow instructions on how to hone the sensitivity of your senses, you'll move on to the more specialized skills of a psychic, such as:

- Channeling spirits, including talking with people who have passed away
- Communicating with animals
- Connecting telepathically with people across long distances, using the power of your mind
- Looking into the future

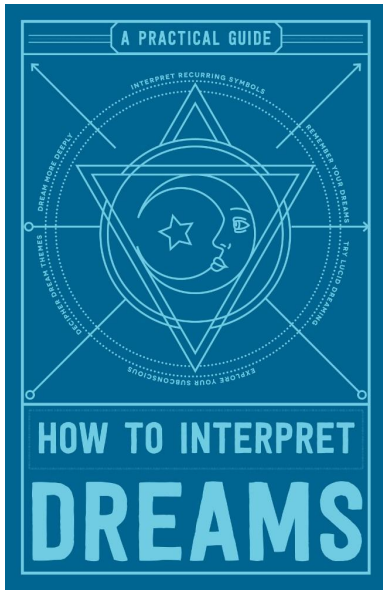
There's no prior experience or crystal balls required. With the help of *How to Be a Psychic*, you'll soon be able to achieve clairvoyance, determine your future, and reach the Other Side.

Contributor Bio

Michael R. Hathaway, DCH, is a board-certified fellow of the National Guild of Hypnotists, a certified hypnosis instructor, and a board-certified Past Life Regression Therapist. Dr. Hathaway is head of the White Mountain Hypnosis Center in Madison, NH, and has more than twenty-five years of experience in psychic and paranormal research. He lives in Madison, NH.

9781507200612
1507200617
Pub Date: 12/2/2016
\$14.99
Trade Paperback

256 Pages
B&W spot art
Body, Mind & Spirit
/ Parapsychology



How to Interpret Dreams

A Practical Guide

Adams Media

An instructional guide to understanding and interpreting your dreams, with tips to better remember your dreams and explore your dream world, and a dictionary of dream images and themes and their meanings.

Summary

This guide gives you 101-level instruction on how to explore the meanings of your dreams, giving you insight into your own subconscious hopes, wishes and desires. This book will walk you through the current and historical understanding of how dreams work, the steps to better remember your dreams when you wake up, methods of exploring your dreams deeper while you sleep and a dictionary explaining the meanings of themes, images and sensations you feel in dreams as well as nightmares.

This book also explores the more fantastic elements of dreaming, from the process of lucid dreaming to the possibility of telepathy and ESP in dreams. From exploring your dreams to using them to travel beyond yourself, this guide helps you to harness your sleeping hours to better understand yourself and your world.

9781507201909

1507201907

Pub Date: 2/3/2017

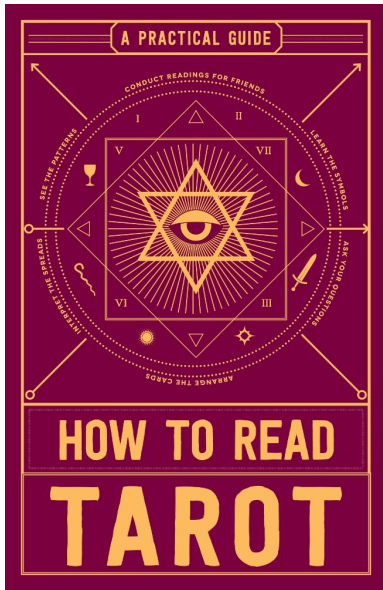
\$14.99

Trade Paperback

256 Pages

B&W spot art

Body, Mind & Spirit / Dreams



How to Read Tarot

A Practical Guide

Adams Media

An instructional guide to reading the tarot to look into your future, and that of your friends.

Summary

This book provides an accessible and easy to read guide to reading tarot cards. You will learn the meanings behind all of the cards in the deck, and how to arrange, query and consult the cards to look towards your future.

9781507201879

1507201877

Pub Date: 2/3/2017

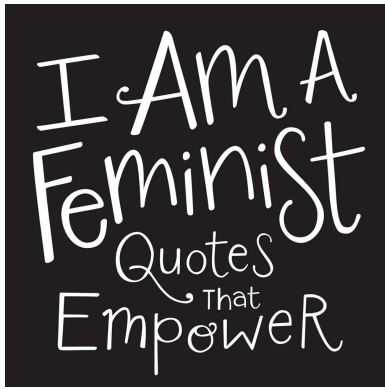
\$14.99

Trade Paperback

256 Pages

B&W spot art

Body, Mind & Spirit / Divination



I Am a Feminist

Quotes That Empower

Adams Media

A collection of quotes that encapsulate what it means to be a feminist and a powerful woman in both the traditional sense and within the new movement.

Summary

The notion of what it means to be a feminist is different today than it was 100 years ago. The definition has morphed throughout the suffragette movement in the early 1900s, to the women's rights movements and Gloria Steinem in the 1960s, and now to the new face of modern feminism and gender rights. At its core, feminism will always be the advocacy of women's rights on the grounds of political, social, and economic equality to men.

The women and men who advocate for this idea have changed history. This collection of 200 quotes and facts about women will inspire, motivate and galvanize you.

With powerful words such as:

- "Well-behaved women seldom make history."--Laurel Thatcher Ulrich
- "A woman is like a tea bag--you never know how strong she is until she gets in hot water."--Eleanor Roosevelt
- "When we talk about equal rights, there are issues that face women disproportionately... If your son can do it, your daughter should be able to."--Beyonce
- "I think it is right I am paid the same as my male counterparts. I think it is right that I should make decisions about my own body. I think it is right that women be involved on my behalf in the policies and decisions that will affect my life. I think it is right that socially, I am afforded the same respect as men."--Emma Watson
- "When a man gives his opinion, he's a man. When a woman gives her opinion, she's a bitch."--Bette Davis
- "Women are the real architects of society."--Harriet Beecher Stowe

9781507200940

1507200943

Pub Date: 1/1/2017

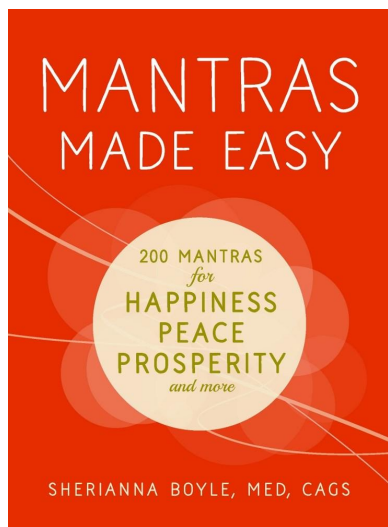
\$14.99

Hardcover

208 Pages

spot art

Reference / Quotations



Mantras Made Easy

Mantras for Happiness, Peace, Prosperity, and More

Sherianna Boyle

A collection of accessible and helpful mantras to help you overcome various challenges that you're facing, complete with instructional information on how to properly employ mantras in your daily life.

Summary

Discover the power of your words!

Your cellphone rings--you automatically reach for it. Your child calls for you--your innate response is to go to him. Just like you are programmed for these responses, so too can you train your brain to manifest your life's goals and dreams. It is as amazing and powerful as it sounds--and it is entirely possible with the help of mantras.

Simply put, mantras are syllables or phrases you repeat. The act of repeating these words can energize you, aiding you to manifest your ambitions. In *Mantras Made Easy*, you will learn how to positively influence your thinking as well those around you.

Whether you hope to achieve happiness, forgiveness, peace, or wealth, there are mantras here to guide you. With coaching from professor and counselor Sherianna Boyle, you will tap into the power of this ancient practice and unlock your true potential. From overcoming challenges to starting a whole new chapter of your life, the 200 mantras in this book will allow you to achieve your highest potential and become a source of infinite love. If you're ready, just say the word.

Contributor Bio

Sherianna Boyle, MEd, CAGS, is an adjunct psychology professor, seasoned yoga instructor, and author of five other books; she has also been published in more than fifty articles. Some of her most prominent work has been as an energy practitioner, blending insight from her years of teaching parent education and adolescent self-esteem classes with her experience as a licensed school psychologist. Her book *The Four Gifts of Anxiety* was endorsed by NAMI, and *Choosing Love* was placed on the top ten must reads with *Metro US*. Sherianna's services and resources can be found at www.sheriannaboyle.com.

9781440599972

1440599971

Pub Date: 1/2/2017

\$14.99

Trade Paperback

224 Pages

2-color with spot art

Self-Help / Affirmations



A Mother's Love

Beautiful, Unconditional, . . . and Forever

Adams Media

A collection of heartwarming quotes about moms and the power of a mother's love.

Summary

Mothers are the glue that holds our hearts together. From the second you are born, your mom is your greatest advocate, most sympathetic friend, and greatest ally. Moms deserve our love and recognition every day. In *A Mother's Love*, readers will find 300 powerful, inspiring, heartwarming quotes, proverbs, wisdoms, and poems from a variety of sources about what a mother's support, guidance, and unconditional love can do.

9781507201138

1507201133

Pub Date: 1/1/2017

\$14.99

Paperback

270 Pages

7 2-page 4-color inserts

Family & Relationships / Parenting

My mother was the most beautiful woman I ever saw. All I am I owe to my mother. I attribute all my success in life to the moral, intellectual and physical education I received from her.--George Washington

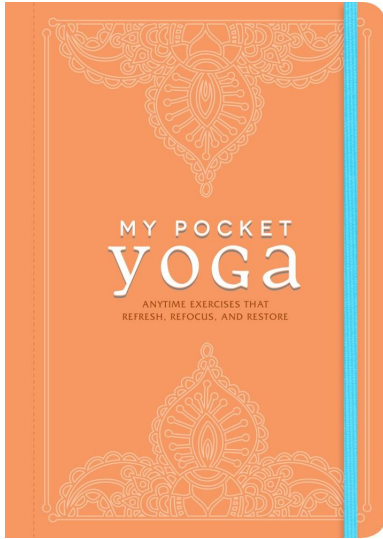
I have so much admiration for women who are mothers, who balance family and work. I see them and I have this word in my head--respect. I also look to learn. I see these women and I think, 'Yes, it can be balanced, it can all work out.'--Beyonce

Who takes the child by the hand takes the mother by the heart.--German Proverb

Love as powerful as your mother's for you leaves its own mark...to have been loved so deeply...will give us some protection forever. --J.K. Rowling

When you are a mother, you are never really alone in your thoughts. A mother always has to think twice, once for herself and once for her child. --Sophia Loren

"Strength and dignity are her clothing, and she laughs at the time to come. She opens her mouth with wisdom, and the teaching of kindness is on her tongue. She looks well to the ways of her household and does not eat the bread of idleness. Her children rise up and call her blessed; her husband also, and he praises her: 'Many women have done excellently, but you surpass them all.'"--Proverbs 31:25-30



My Pocket Yoga

Anytime Exercises That Refresh, Refocus, and Restore

Adams Media

Gifty, easy-to-carry package filled with quick practical yoga techniques to help you center and increase your mindfulness through poses, breathing and mantras.

Summary

Make time for you--anytime, anywhere!

As you go about your busy day, it's important to make time to catch your breath and recharge. *My Pocket Yoga* help you quiet the noise and achieve serenity at home, at the office, or even in your car--in mere minutes.

Throughout your day, you'll be able to choose from 40+ breathing exercises and easy-to-follow poses, complete with illustrations. These quick yet powerful exercises allow you to be more mindful, increase your awareness, and find your center in any situation. After a quick break for a yoga pose or focused breathing, you can return to your to-do list feeling more balanced, centered, and refreshed.

Say goodbye to distraction, and greet your daily challenges with a calm, clear mind--all you need is *My Pocket Yoga*.

9781440599446

1440599440

Pub Date: 1/1/2017

\$13.99

Vinyl Paperback

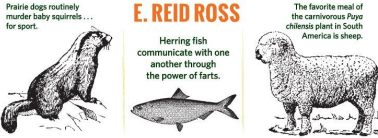
176 Pages

47 B&W illustrations

Health & Fitness / Yoga



500 REASONS YOU'LL NEVER WANT TO GO OUTSIDE AGAIN



Nature is the Worst

500 reasons you'll never want to go outside again

E. Reid Ross

A comedic collection of 500 of the most absurd and horrifying things that happen in nature.

Summary

500 of the most absurd and horrifying things that happen in nature!

Crashing waves, stunning sunsets, sprawling landscapes. Nature is beautiful, right? Wrong. *Nature Is the Worst*. Need proof?

- The giant pitcher plant not only eats bugs, it's large enough to trap small mammals.
- Almost 90 percent of the koala population in Australia has chlamydia.
- A hailstorm in Bangladesh in 1986 killed 92 people with giant balls of ice weighing more than 2 pounds apiece.
- Crocodiles can climb trees.
- The poisonous *Dracunculus vulgaris*, or voodoo lily, smells like rotting flesh, looks like it's splattered in blood, and features a central black spike that can grow up to 4 feet tall.
- Cats often kill their first litter.
- A "haboob" is a biblically-huge wall of dust that can reduce visibility to zero, reach a height of 5,000 feet and stretch as far as 100 miles wide.
- Vampire bats are totally real, and yes, they love blood.

Nature Is the Worst contains hundreds of cringe-worthy, shocking facts you never knew about nature that prove the world is a terrifying--and sometimes very strange--place.

Contributor Bio

E. Reid Ross resides in Maryland, and is a columnist/editor at Cracked.com. He's no scientist, that's for sure, but with a background in military intelligence and law enforcement, he's not just the author this book needs, he's exactly the one it deserves.

9781440599071
1440599076
Pub Date: 1/2/2017
\$13.99
Trade Paperback

272 Pages
Humor / Form



The New One Pot Cookbook

More Than 200 Modern Recipes for the Classic Easy Meal

Adams Media

More than 200 fresh, modern, one pot recipes perfect for a younger audience.

Summary

A modern twist on classic one-pot cooking!

Discover fresh, innovative, one-pot recipes that definitely go above and beyond your mom's favorite weeknight go-to meals. With easy instructions, and even easier cleanup--as well as beautiful ingredients and modern flavor combinations--anyone can make these fabulous dinner party crowd pleasers!

Whether you're into sweet-and-savory combinations like Baked Apple Butter Steak with Sweet Potatoes and Butternut Squash Soup with Kielbasa and Wild Rice or international flavor favorites like Beef and Roasted Vegetables with Provencal Vinaigrette and Curried Chicken with Avocado, with more than 200 one-pot recipes to choose from, you'll never run out of easy, artisan meals that are simple to make and effortless to clean up!

9781507200254

1507200250

Pub Date: 12/2/2016

\$19.99

Trade Paperback

256 Pages

Cooking / Methods

Illustrations



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9781507200254_il_4_52a03.jpg



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The Power Bowl Recipe Book

150 Nutrient-Rich Dishes for Mindful Eating

Britt Brandon

Delicious, nutrient-dense complete meals served in the quick convenience of a bowl.

Summary

Power bowls are the newest nutritional trend and for good reason. These versatile dishes are all about macronutrients and are packed with whole, nutrient-dense foods that are filling, satisfying and completely free of empty calories and processed and refined foods. Best of all, the wholesome ingredients can be mixed, matched and combined to create delicious meals that provide specific health benefits.

In this book, you will find 150 delicious power bowl recipes created to deliver specific nutrients that provide 14 different health benefits including:

- Bowls for Pre-Workout Energy
- Bowls for Post-Workout Recovery
- Bowls for Weight-Loss
- Bowls for Cleanses and Detox
- Bowls For Better Immunity
- Bowls for Brain Health
- Bowls for a Healthy Heart
- Bowls for Regulating Blood Sugar
- Bowls for Strong Bones
- Bowls to Reduce Inflammation
- Bowls for Better Digestion
- Bowls for Beautiful Skin
- Bowls for Anti-Aging

FEATURES

- 150 recipes for nutrient-dense, health-enhancing meals in bowls
- Calorie count and detailed nutritional stats for every recipe
- Beautiful 4-color photography of finished recipes

Contributor Bio

Britt Brandon is a Certified Personal Trainer and Certified Fitness Nutrition Specialist (certified by the International Sports Science Association, ISSA) who has enjoyed writing books focusing on clean eating and fitness for Adams Media for several years. She's the author of many books including *Apple Cider Vinegar for Health*, *Coconut Oil For Health*, *The "I Love My NutriBullet" Recipe Book* and *Infused Water*. As a competitive athlete, trainer, mom of three small children and fitness and nutrition blogger on her own website (www.ultimatefitmom.com) that receives an average of 15,000 monthly hits, she is well-versed in the holistic approaches to keeping one's self in top performing condition...and actually uses Apple Cider Vinegar daily, as a drink as well as in many home remedies.

THE POWER BOWL

RECIPE BOOK

150 Nutrient-Rich Dishes for MINDFUL EATING

BRITT BRANDON, CFNS, CPT



9781507200582

1507200587

Pub Date: 1/1/2017

\$18.99

Trade Paperback

224 Pages

25 color photos

Cooking / Health & Healing

The Science of Positivity

Stop Negative Thought Patterns by Changing Your Brain Chemistry

Loretta Graziano Breuning

A brilliant synthesis of evolutionary psychology, popular psychology, neuroscience and self-help that teaches healthy exercises/practices that release Dopamines, Serotonin, Oxytocin and Endorphins to boost and encourage positive thinking and overcome cynical thought patterns and negativity.

Summary

Learn the scientific benefits of positivism!

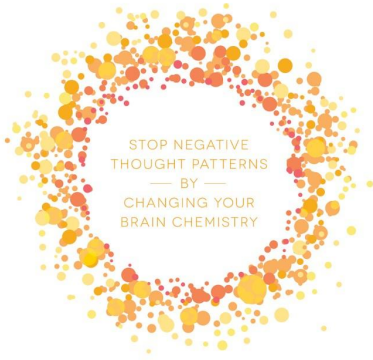
Sometimes it's easiest to look for the worst in every situation--our brains have evolved to scan for problems in order to help avoid them. But you can transcend this natural negativity--if you know how.

The Science of Positivity teaches you how cynical thought habits are formed, and how you can rewire yourself to go beyond them. Neurochemical expert Loretta Graziano Breuning, PhD, empowers you to transcend negativity by creating new thought habits. You'll learn simple, practical actions you can take to shift your thinking to a way that causes your brain to reward optimism with the release of happy chemicals. You can even permanently replace cynical thought patterns with realistic and optimistic thoughts.

In just minutes a day for six weeks, you will build new pathways to see the world in new ways. Frustration is an inevitable part of life, but rather than using cynicism to manage frustration, you can rewire your brain to get beyond it.

Contributor Bio

Loretta Graziano Breuning, PhD, holds a BS from Cornell University and a PhD from Tufts University. She is the founder of the Inner Mammal Institute and professor emerita at California State University, East Bay. The Inner Mammal Institute offers resources for rewiring your mammalian neurochemistry. Dr. Breuning writes the blog, *Your Neurochemical Self: Getting Real with a 200 Million-Year-Old Brain*, on PsychologyToday.com. She has been interviewed on NPR, *The Matt Townsend Show*, and the *Ask Altucher* podcast, and her work been featured in *Psychologies*, *Real Simple*, the Dodo, Independent Voter Network, and the School of Life in London.



THE SCIENCE OF POSITIVITY

LORETTA GRAZIANO BREUNING, PHD
AUTHOR OF HABITS OF A HAPPY BRAIN

9781440599651

1440599653

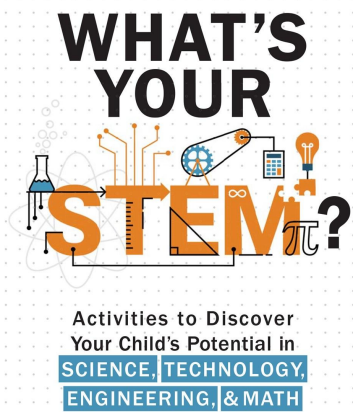
Pub Date: 12/2/2016

\$15.99

Trade Paperback

224 Pages

Psychology / Emotions



RIHAB SAWAH, MS, MA AND ANTHONY CLARK, PHD

9781507200643
1507200641
Pub Date: 1/1/2017
\$15.99
Trade Paperback

256 Pages
spot art
Family & Relationships / Parenting

What's Your STEM?

Activities to Discover Your Child's Potential in Science, Technology, Engineering, and Math

Rihab Sawah, Anthony Clark

An interactive activity book with activities related to all of the flavors of STEM, aimed at parents and their kids. The wealth of activities helps kids find what kind of STEM skills they like the best.

Summary

Foster your child's curiosity!

How exactly does a bridge stay up?
Why are there so few people with red hair?
What's the probability that someone else has the same birthday as you?

Nurture your child's interest in the world around them through fun, engaging activities that teach as they entertain. Short for science, technology, engineering, and mathematics, STEM represents much more than a collection of school subjects or classes. It's an exciting world that goes well beyond the walls of a classroom and into the world around us.

What's Your STEM? encourages your family to explore this world through 50 easy-to-follow activities like Water Rocket Launch, the Physics of Floating Feathers, the Geometry Scavenger Hunt, and Balloon-Powered Car. But the big takeaway from these experiments is not just how plants make food or how to separate salt from water. Your daughter might discover that she has a real knack for statistics--maybe she'd like her school's math club. Your son might realize he loves all things plants, and start volunteering at the community garden. Who knows? These interests could even spawn a successful career well down the road. The sky's the limit with *What's Your STEM?*

Contributor Bio

Rihab Sawah, MS, MA, is an award-winning professor with nearly twenty years of teaching experience. A professor of physics at St. Louis Community College, she has taught courses in physics, engineering, astronomy, physical science, and mathematics.

Anthony Clark, PhD, is an associate professor of business and economics at St. Louis Community College. Dr. Clark has taught classes in economics, statistics, business mathematics, and sustainability, and has conducted research in natural resource management and sustainability. He lives in St. Charles, MO.

TABLE OF CONTENTS

Core Backlist and Recent Releases

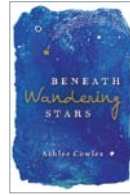
Fiction	63	Pregnancy & Babies.....	76
Young Adult.....	63	Pets & Animals	77
Fiction	63	Home & Garden	77
Mystery/Crime	64	Cooking & Diet	77
Biography & Memoir	64	Unofficial Cookbook.....	77
Business	64	Food & Recipes	78
General	64	Ethnic & Regional.....	78
Small Business	65	Appliance Cooking.....	78
Personal Finance	65	Vegetarian & Vegan.....	79
Sales	66	Sweets & Desserts	79
Careers	66	Beverages	79
Graphic Design	67	Diet & Health.....	79
Education	68	Fitness	81
Writing & Grammar	68	Coloring Books	81
Language Reference	69	Medical & Self-Help	82
Reference	69	Relationships	83
Trivia.....	71	Dating	83
Humor	71	Sex	84
Games & Puzzles	72	Body, Mind & Spirit	84
Crosswords	72	Religion	85
Word Search	72	Weddings	85
Other Games.....	74	Arts & Crafts	85
Everything Kids'	74	Music	86
Games & Puzzles	74	Travel	86
Everything Kids'	74	History	86
Juvenile Non-Fiction	75		
Parenting	75		

Fiction

Young Adult



Alice in Wonderland High
Rachel Shane
9781440584664
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 300 pages, 2015



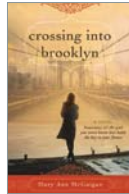
Beneath Wandering Stars
Ashlee Cowles
9781440595820
\$17.99 (CAN \$22.99), HC
5 1/2 x 8 3/4, 272 pages, 2016



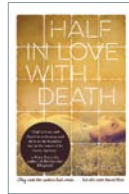
Big Fat Disaster
Beth Fehlbaum
9781440592676
\$9.99 (CAN \$10.99), PB
5 1/2 x 8 3/4, 286 pages, 2015



Breakfast with Neruda
Laura Moe
9781440592195
\$17.99 (CAN \$22.99), HC
5 1/2 x 8 3/4, 256 pages, 2016



Crossing into Brooklyn
Mary Ann McGuigan
9781440584633
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 224 pages, 2015



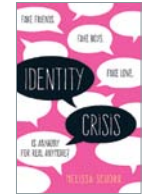
Half in Love with Death
Emily Ross
9781440589034
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 224 pages, 2015



The Heir and the Spare
Emily Albright
9781440590108
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 287 pages, 2016



How We Fall
Kate Brauning
9781440592270
\$9.99 (CAN \$10.99), PB
5 1/2 x 8 3/4, 304 pages, 2015



Identity Crisis
Melissa Schorr
9781440590139
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 240 pages, 2016



An Infinite Number of Parallel Universes
Randy Ribay
9781440588143
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 240 pages, 2015



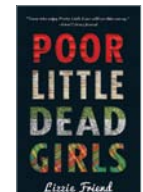
Local Girl Swept Away
Ellen Wittlinger
9781440589003
\$17.99 (CAN \$22.99), HC
5 1/2 x 8 3/4, 272 pages, 2016



Madame Tussaud's Apprentice
Kathleen Benner Duble
9781440581168
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 224 pages, 2014



Perdita
Faith Gardner
9781440588112
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 224 pages, 2015



Poor Little Dead Girls
Lizzie Friend
9781440584534
\$9.99 (CAN \$10.99), PB
5 1/2 x 8 3/4, 284 pages, 2014



Sweet Madness
Trisha Leaver
9781440588945
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 224 pages, 2015



Unaccompanied Minor
Hollis Gillespie
9781440567735
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 256 pages, 2014



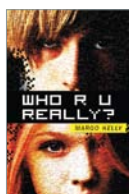
Unlovely
Celeste Conway
9781440592256
\$9.99 (CAN \$10.99), PB
5 1/2 x 8 3/4, 256 pages, 2015



We Will Be Crashing Shortly
Hollis Gillespie
9781440567704
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 240 pages, 2015



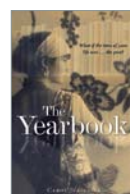
Who Is Mackie Spence?
Lin Kaymer
9781440584602
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 208 pages, 2015



Who R U Really?
Margo Kelly
9781440592263
\$9.99 (CAN \$10.99), PB
5 1/2 x 8 3/4, 240 pages, 2015



A Work of Art
Melody Maysonet
9781440582547
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 240 pages, 2015

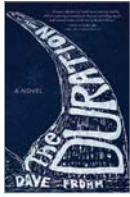


The Yearbook
Carol Masciola
9781440588976
\$17.99 (CAN \$19.99), HC
5 1/2 x 8 3/4, 224 pages, 2015

Fiction



A Better Goodbye
John Schulan
9781440592041
\$24.99 (CAN \$27.99), HC
9781440592058
\$16.99 (CAN \$18.99), PB
5 1/2 x 8 3/4, 302 pages, 2015



The Duration

Dave Fromm

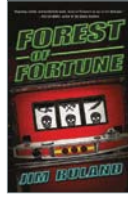
9781440594649

\$24.99 (CAN \$30.99), HC

9781440594632

\$16.99 (CAN \$21.50), PB

5 1/2 x 8 3/4, 304 pages, 2016



Forest Of Fortune

Jim Ruland

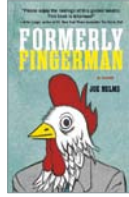
9781440579899

\$24.99 (CAN \$27.99), HC

9781440589072

\$15.99 (CAN \$17.99), PB

5 1/2 x 8 3/4, 288 pages, 2015



Formerly Fingerman

Joe Nelms

9781440581700

\$24.99 (CAN \$27.99), HC

5 1/2 x 8 3/4, 288 pages, 2015



Grace

Calvin Baker

9781440585784

\$24.99 (CAN \$27.99), HC

9781440585753

\$16.99 (CAN \$18.99), PB

5 1/2 x 8 3/4, 288 pages, 2015



A Hard and Heavy Thing

Matthew J. Hefji

9781440591877

\$24.99 (CAN \$27.99), HC

9781440591884

\$16.99 (CAN \$18.99), PB

5 1/2 x 8 3/4, 365 pages, 2016



I Like You Just Fine When You're Not Around

Ann Garvin

9781440595455

\$16.99 (CAN \$21.50), PB

5 1/2 x 8 3/4, 288 pages, 2016



Of Sea and Cloud

Jon Keller

9781440589065

\$15.99 (CAN \$17.99), PB

8 1/2 x 8 3/4, 320 pages, 2015



A Paper Son

Jason Buchholz

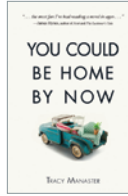
9781440591617

\$24.99 (CAN \$27.99), HC

9781440591624

\$16.99 (CAN \$18.99), PB

5 1/2 x 8 3/4, 320 pages, 2016



You Could Be Home By Now

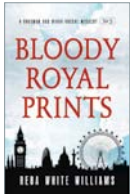
Tracy Manaster

9781440592188

\$16.99 (CAN \$18.99), PB

5 1/2 x 8 3/4, 288 pages, 2015

Mystery/Crime



Bloody Royal Prints

Reba White Williams

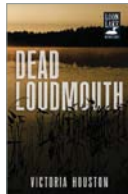
9781440585487

\$24.99 (CAN \$27.99), HC

9781440585456

\$16.99 (CAN \$18.99), PB

5 1/2 x 8 3/4, 272 pages, 2015



Dead Loudmouth

Victoria Houston

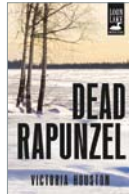
9781440568459

\$24.99 (CAN \$30.99), HC

9781440568442

\$16.99 (CAN \$21.50), PB

5 1/2 x 8 3/4, 208 pages, 2016



Dead Rapunzel

Victoria Houston

9781440568497

\$24.99 (CAN \$27.99), HC

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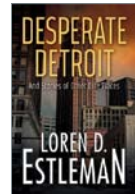
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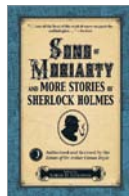
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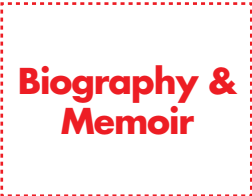
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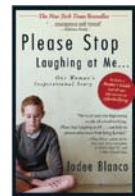
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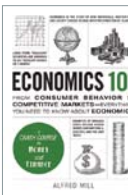
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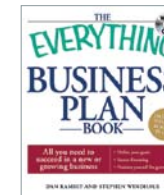
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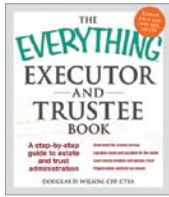
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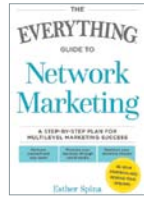
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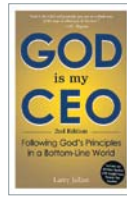
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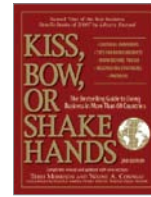
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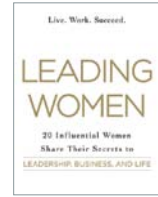
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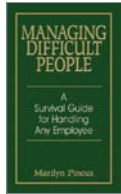
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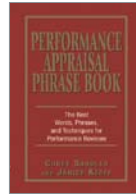
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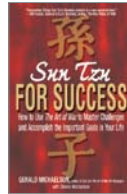
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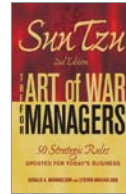
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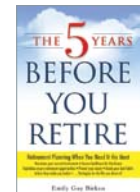


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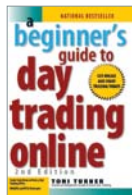


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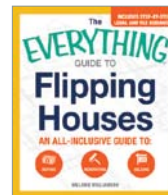
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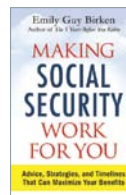
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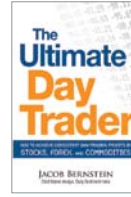
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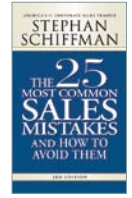


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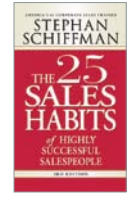


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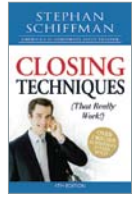
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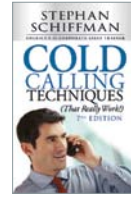
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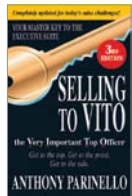
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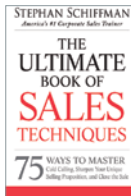
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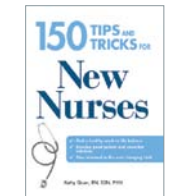
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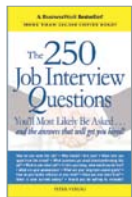
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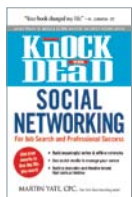
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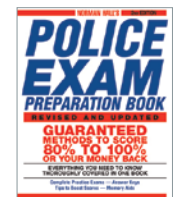
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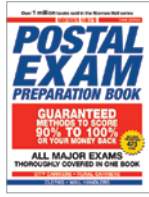
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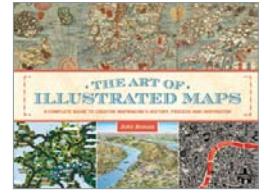
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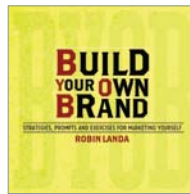
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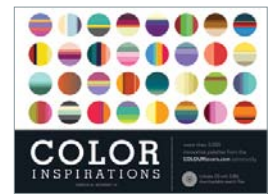
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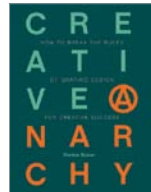
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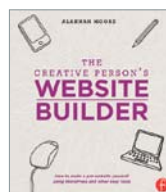
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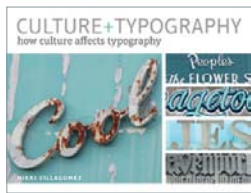
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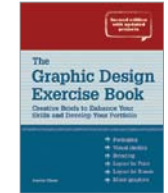
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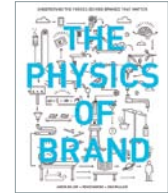
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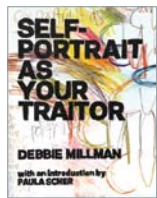
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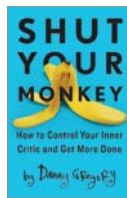
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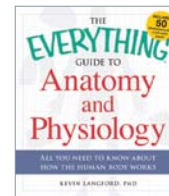
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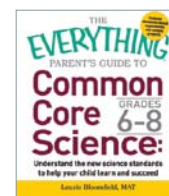
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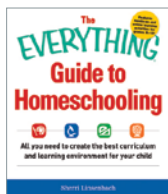
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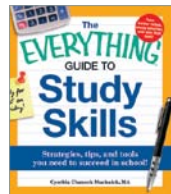
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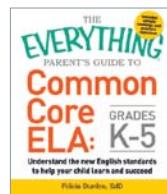
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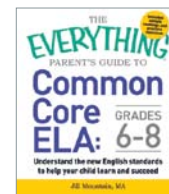
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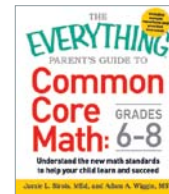
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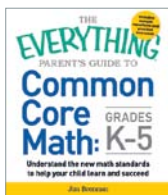
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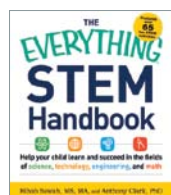
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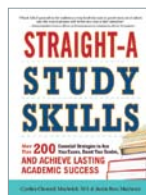
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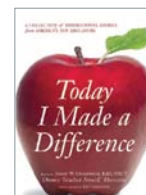
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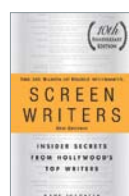
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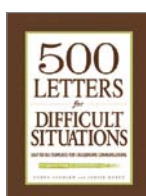
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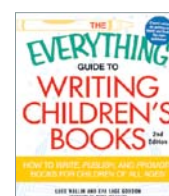
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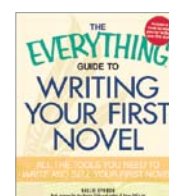
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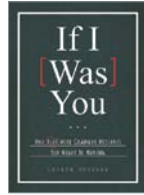
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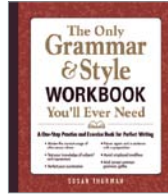
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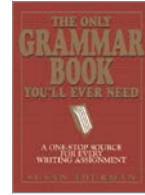
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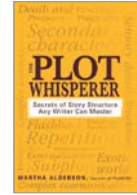
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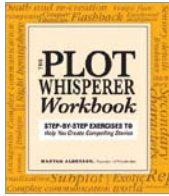
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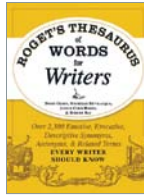
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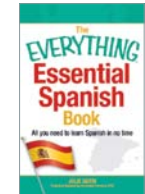
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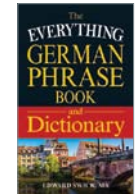
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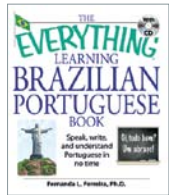
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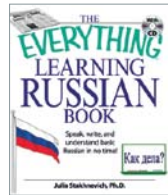
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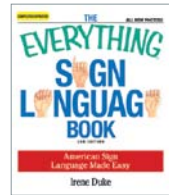
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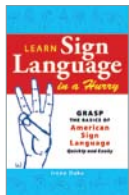
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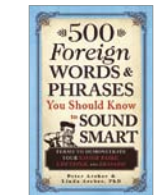
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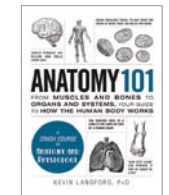
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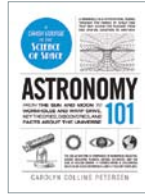
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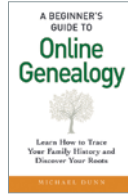
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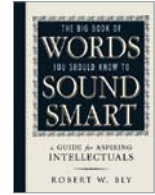
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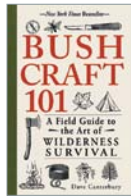
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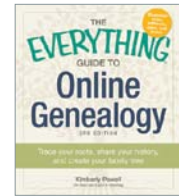
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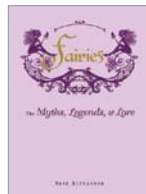
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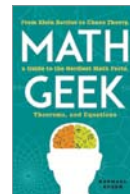
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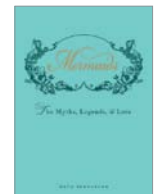
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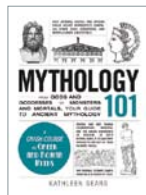
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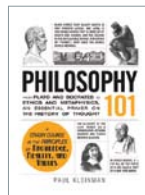
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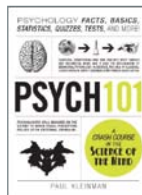
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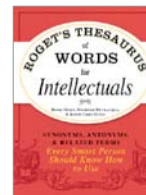
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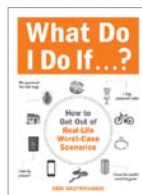
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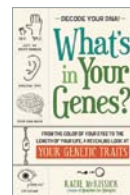
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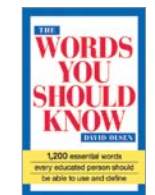
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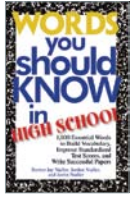


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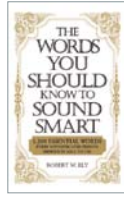


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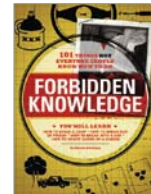
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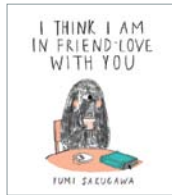
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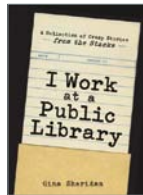
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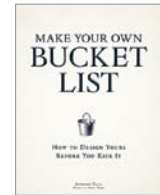
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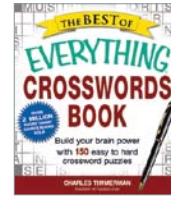


WTF?
 Gregory Bergman
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 \$10.99 (CAN \$12.50), PB
 5 1/2 x 6 1/4, 234 pages, 2008

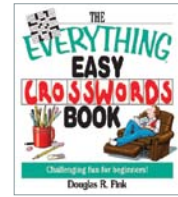


Games & Puzzles

Crosswords



The Best of Everything Crosswords Book
 Charles Timmerman
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The Everything Easy Cross-Words Book
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The Everything Easy Large-Print Crosswords Book
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The Everything Easy Large-Print Crosswords Book, Volume III
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 \$15.95 (CAN \$17.99), PB
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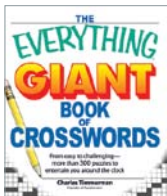
The Everything Easy Large-Print Crosswords Book, Volume IV
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 9781440538865
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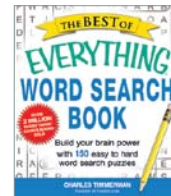


The Everything Giant Book of Crosswords
 Charles Timmerman
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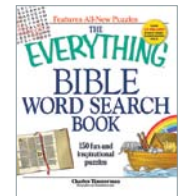


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Word Search



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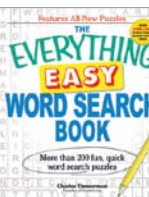
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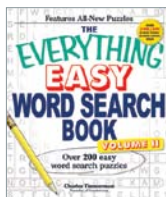
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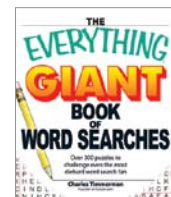
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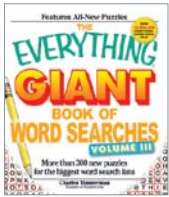
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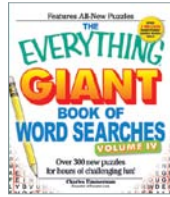
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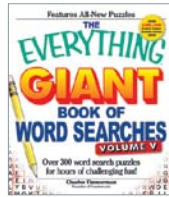
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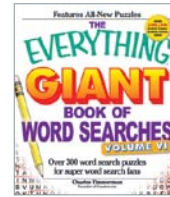
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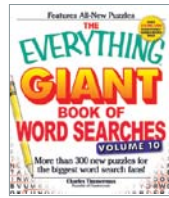
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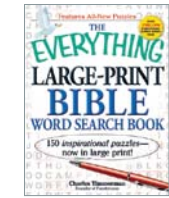
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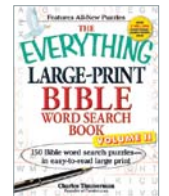
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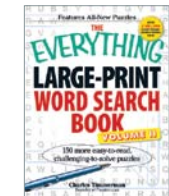
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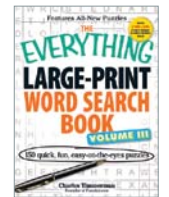
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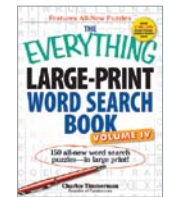
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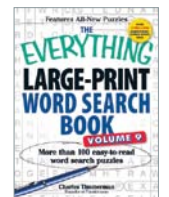
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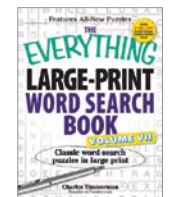
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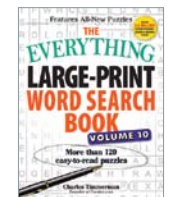
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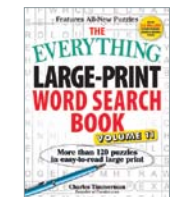
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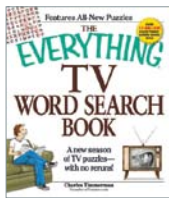
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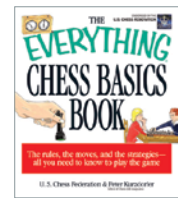


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The Everything Word Search for the Beach Book
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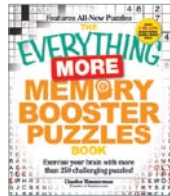
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The Everything Chess Basics Book
Peter Kurzdorfer
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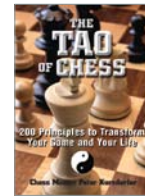
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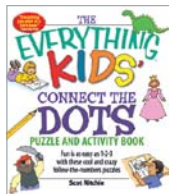


How To Beat Anyone at Chess
Ethan Moore
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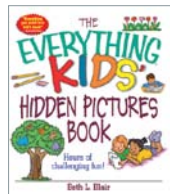


The Tao of Chess
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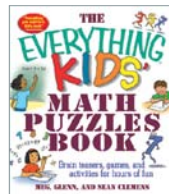
Everything Kids'
Games & Puzzles



The Everything Kids' Connect the Dots Puzzle and Activity Book
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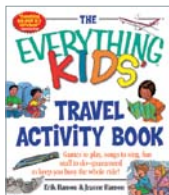
The Everything Kids' Math Puzzles Book
Meg Clemens
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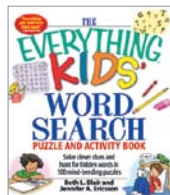
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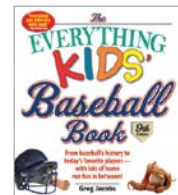


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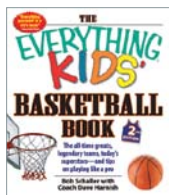
Everything Kids'



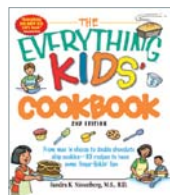
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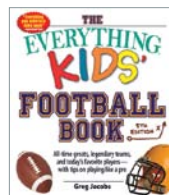
The Everything Kids' Baseball Book, 9th Edition
Greg Jacobs
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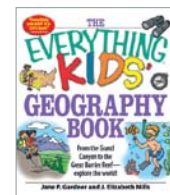
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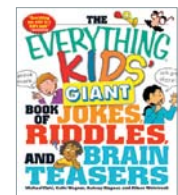
The Everything Kids' Cookbook, 2nd Edition
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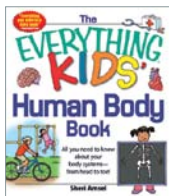
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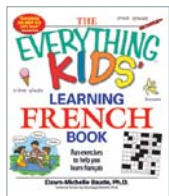
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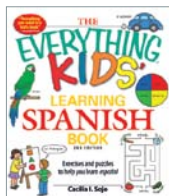
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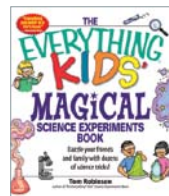
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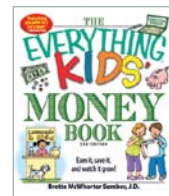
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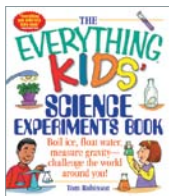
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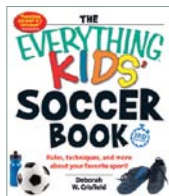
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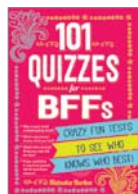


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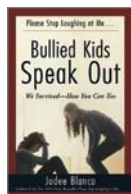


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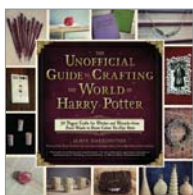
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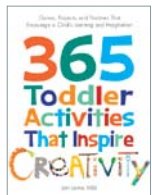
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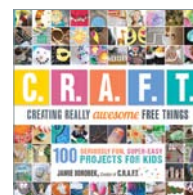
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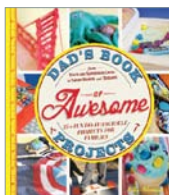
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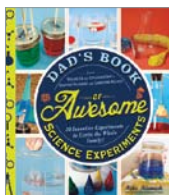
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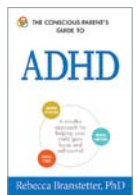
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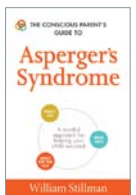
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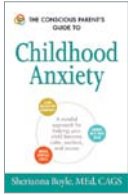
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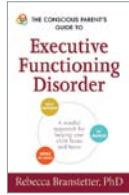
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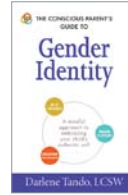
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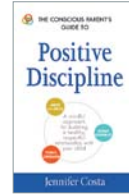
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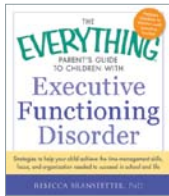
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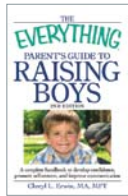
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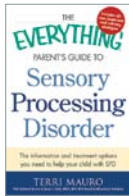
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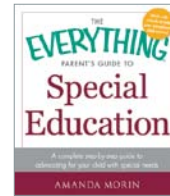
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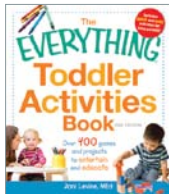
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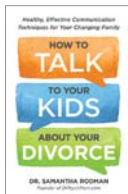
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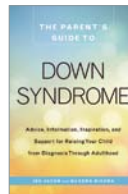
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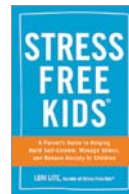
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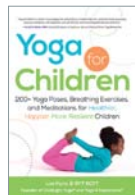
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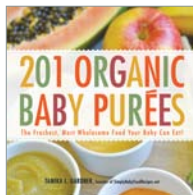


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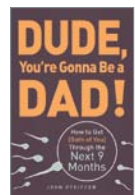
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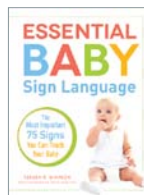
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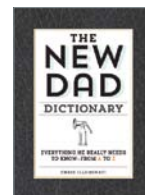
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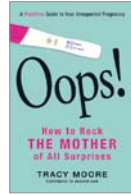
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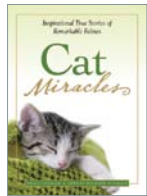
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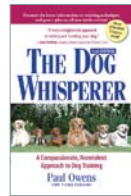
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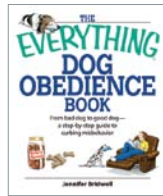
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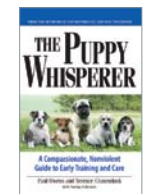
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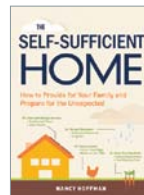
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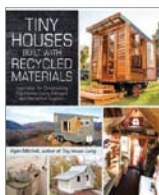
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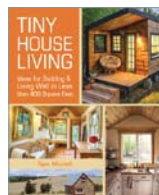
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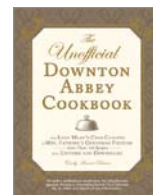
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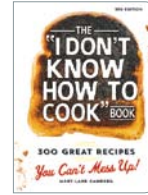
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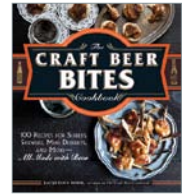
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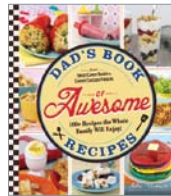
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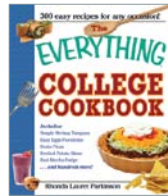
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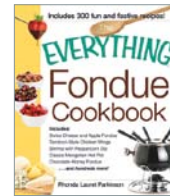
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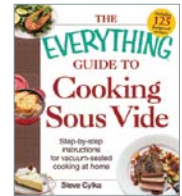
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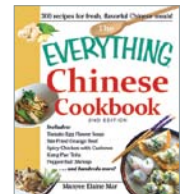


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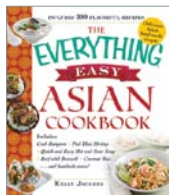


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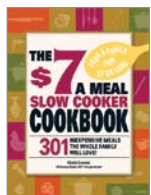


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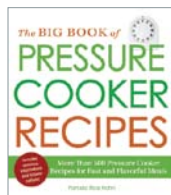


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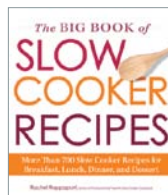
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\$9.95 (CAN \$11.99), PB
6 x 8, 336 pages, 2009



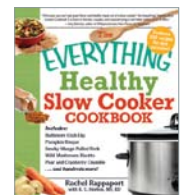
The Big Book of Pressure Cooker Recipes
Pamela Rice Hahn
9781440561993
\$20.95 (CAN \$21.95), PB
8 x 9 1/4, 512 pages, 2013



The Big Book of Slow Cooker Recipes
Rachel Rappaport
9781440560699
\$21.95 (CAN \$22.99), PB
8 x 9 1/4, 704 pages, 2013



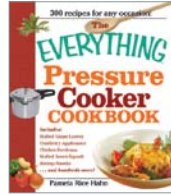
The Everything Cast-Iron Cookbook
Cinnamon Cooper
9781440502255
\$16.95 (CAN \$17.99), PB
8 x 9 1/4, 304 pages, 2010



The Everything Healthy Slow Cooker Cookbook
Rachel Rappaport
9781440502316
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The Everything Panini Press Cookbook
 Anthony Tripodi
 9781440527692
 \$17.99 (CAN \$19.99), PB
 8 x 9 1/4, 304 pages, 2011



The Everything Pressure Cooker Cookbook
 Pamela Rice Hahn
 9781440500176
 \$16.95 (CAN \$17.99), PB
 8 x 9 1/4, 304 pages, 2009

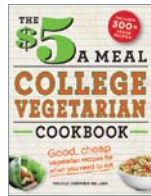


The New Cast-Iron Cookbook
 Adams Media
 9781440589768
 \$19.99 (CAN \$21.99), PB
 8 1/4 x 8 1/4, 256 pages, 2015



The New Slow Cooker Cookbook
 Adams Media
 9781440594113
 \$19.99 (CAN \$21.99), PB
 8 1/4 x 8 1/4, 256 pages, 2016

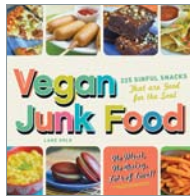
Vegetarian
& Vegan



The \$5 a Meal College Vegetarian Cookbook
 Nicole Cormier
 9781440552670
 \$12.95 (CAN \$13.50), PB
 6 x 8, 224 pages, 2013



The Everything Vegan Paleo Cookbook
 Daelyn Fortney
 9781440590221
 \$17.99 (CAN \$19.99), PB
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Vegan Junk Food
 Lane Gold
 9781440528972
 \$16.95 (CAN \$17.99), PB
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Sweets & Desserts



Kids' Treats
 Katie Wyllie
 9781440589645
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Mini Donuts
 Jessica Segarra
 9781440543418
 \$17.95 (CAN \$18.99), HC
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Beverages



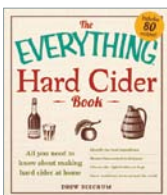
Bartender's Guide
 John K Waters
 9781598697643
 \$14.95 (CAN \$17.99), PB
 4 3/4 x 8 3/4, 528 pages, 2008



Coffee Nerd
 Ruth Brown
 9781440582127
 \$14.99 (CAN \$16.99), PB
 5 1/2 x 7 1/2, 206 pages, 2015



The Everything Bartender's Book, 4th Edition
 Cheryl Charming
 9781440586330
 \$12.99 (CAN \$14.50), PB
 5 1/2 x 8 3/8, 288 pages, 2015



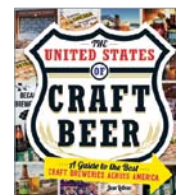
The Everything Hard Cider Book
 Drew Beechum
 9781440566189
 \$17.99 (CAN \$19.99), PB
 8 x 9 1/4, 304 pages, 2013



The Homebrewer's Journal
 Drew Beechum
 9781440561450
 \$14.95 (CAN \$15.99), PB
 6 x 8, 256 pages, 2013

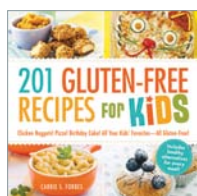


The Only Wine Book You'll Ever Need
 Danny May
 9781593371012
 \$8.95 (CAN \$10.99), PB
 5 1/4 x 7 1/8, 288 pages, 2004

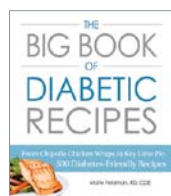


The United States of Craft Beer
 Jess Lebow
 9781440583728
 \$19.99 (CAN \$21.99), PB
 8 1/4 x 9 1/4, 208 pages, 2015

Diet & Health



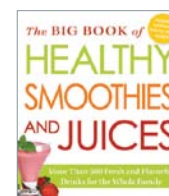
201 Gluten-Free Recipes for Kids
 Carrie S. Forbes
 9781440570834
 \$16.99 (CAN \$18.99), PB
 7 x 7, 240 pages, 2013



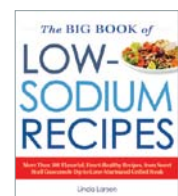
The Big Book of Diabetic Recipes
 Marie Feldman
 9781440593659
 \$20.99 (CAN \$22.99), PB
 8 x 9 1/4, 512 pages, 2016



The Big Book of Gluten-Free Recipes
 Kimberly A. Tessmer
 9781440562396
 \$20.95 (CAN \$21.99), PB
 8 x 9 1/4, 512 pages, 2013

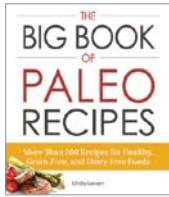


The Big Book of Healthy Smoothies and Juices
 Adams Media
 9781440580376
 \$20.99 (CAN \$22.99), PB
 8 x 9 1/4, 400 pages, 2014

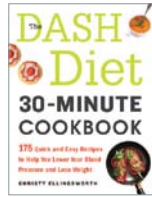


The Big Book of Low-Sodium Recipes
 Linda Larsen
 9781440591655
 \$20.99 (CAN \$22.99), PB
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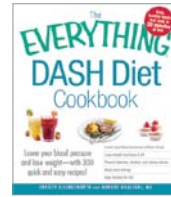
The Big Book of Paleo Recipes
Linda Larsen
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The DASH Diet 30-Minute Cookbook
Christy Ellingsworth
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Kelly Smith
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\$19.99 (CAN \$21.99), PB
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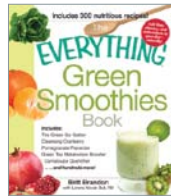
The Everything DASH Diet Cookbook
Christy Ellingsworth
9781440543531
\$17.95 (CAN \$18.99), PB
8 x 9 1/4, 304 pages, 2012



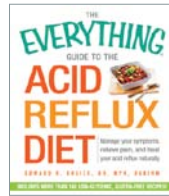
The Everything Giant Book of Juicing
Teresa Kennedy
9781440557859
\$17.95 (CAN \$18.99), PB
8 x 9 1/4, 304 pages, 2013



The Everything Gluten-Free Slow Cooker Cookbook
Carrie S. Forbes
9781440533662
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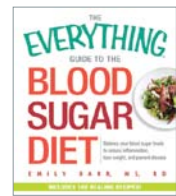
The Everything Green Smoothies Book
Britt Brandon
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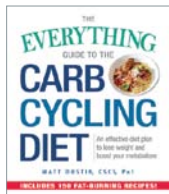
The Everything Guide to the Acid Reflux Diet
Edward R. Rosick
9781440586262
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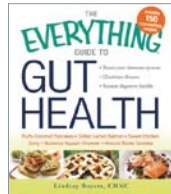
The Everything Guide to the Autoimmune Diet
Jeffrey McCombs
9781440587320
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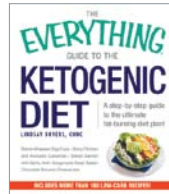
The Everything Guide to the Blood Sugar Diet
Emily Barr
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The Everything Guide to the Carb Cycling Diet
Matt Dustin
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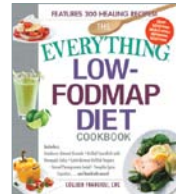
The Everything Guide to Gut Health
Lindsay Boyers
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\$18.99 (CAN \$20.99), PB
8 x 9 1/4, 304 pages, 2015



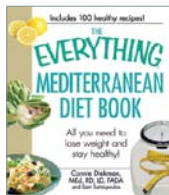
The Everything Guide to the Ketogenic Diet
Lindsay Boyers
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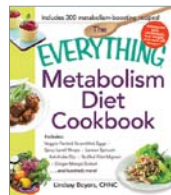
The Everything Juicing Book
Carole Jacobs
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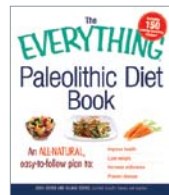
The Everything Low-FODMAP Diet Cookbook
Colleen Francioli
9781440595295
\$18.99 (CAN \$23.99), PB
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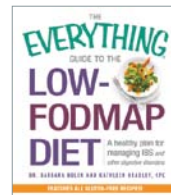
The Everything Mediterranean Diet Book
Connie Diekmann
9781440506741
\$16.99 (CAN \$18.99), PB
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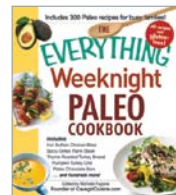
The Everything Metabolism Diet Cookbook
Lindsay Boyers
9781440592287
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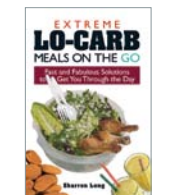
The Everything Paleolithic Diet Book
Jodie Cohen
9781440512063
\$16.95 (CAN \$18.99), PB
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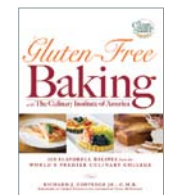
The Everything Guide to the Low-FODMAP Diet
Barbara Bolen
9781440581731
\$18.99 (CAN \$20.99), PB
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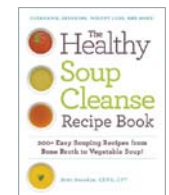
The Everything Weeknight Paleo Cookbook
Michelle Fagone
9781440572296
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Extreme Lo-Carb Meals on the Go
Sharron Long
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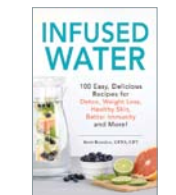
Gluten-Free Baking with The Culinary Institute of America
Richard J. Coppedge Jr.
9781598696134
\$18.95 (CAN \$22.99), PB
7 x 9 1/4, 288 pages, 2008



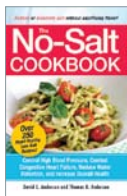
The Healthy Soup Cleanse Recipe Book
Brandon Britt
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The "I Love My NutriBullet" Recipe Book
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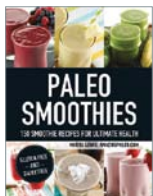
Infused Water
Britt Brandon
9781440594700
\$13.99 (CAN \$17.50), PB
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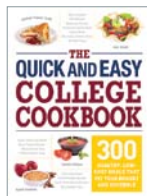
The No-Salt Cookbook
David C. Anderson
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\$12.95 (CAN \$15.99), PB
5 1/2 x 8 1/2, 336 pages, 2001



Paleo Green Smoothies
Michelle Fagone
9781440592935
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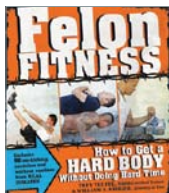
Paleo Smoothies
Mariel Lewis
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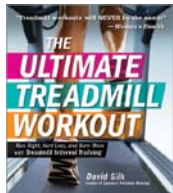
The Quick and Easy College Cookbook
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9781440595233
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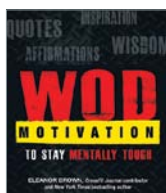
Fitness



Felon Fitness
William S. Kroger
9781440526596
\$15.95 (CAN \$16.99), PB
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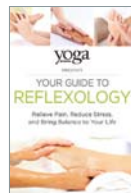
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David Siik
9781440589294
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Eleanor Brown
9781440570612
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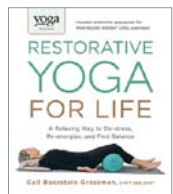
WOD Motivational Posters
Eleanor Brown
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Yoga Journal Presents Restorative Yoga for Life
Gail Boorstein Grossman
9781440575204
\$19.99 (CAN \$21.99), PB
8 x 9 1/4, 256 pages, 2014



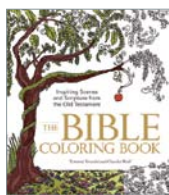
Zen and the Art of Running
Larry Shapiro
9781598699609
\$11.95 (CAN \$14.99), PB
5 1/2 x 7 1/2, 224 pages, 2009



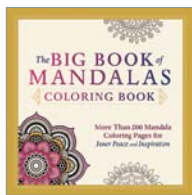
Coloring Books



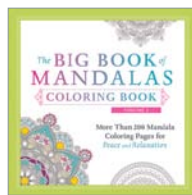
The Art of Nature Coloring Book
Adams Media
9781440570605
\$14.99 (CAN \$16.99), PB
8 3/8 x 10, 128 pages, 2013



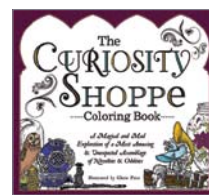
The Bible Coloring Book
Tammie Trucchi
9781440595226
\$14.99 (CAN \$18.99), PB
8 x 9 1/8, 192 pages, 2016



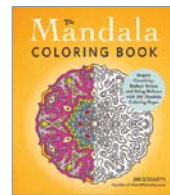
The Big Book of Mandalas Coloring Book
Adams Media
9781440579868
\$18.99 (CAN \$20.99), PB
8 x 8, 416 pages, 2014



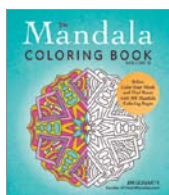
The Big Book of Mandalas Coloring Book, Volume 2
Adams Media
9781440586255
\$18.99 (CAN \$20.99), PB
8 x 8, 416 pages, 2015



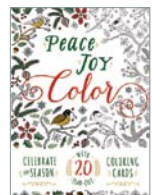
The Curiosity Shoppe Coloring Book
Chris Price
9781440595967
\$15.99 (CAN \$19.99), PB
11 x 10, 80 pages, 2016



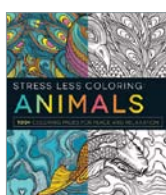
The Mandala Coloring Book
Jim Gogarty
9781440569982
\$15.99 (CAN \$17.99), PB
8 x 9 1/4, 208 pages, 2013



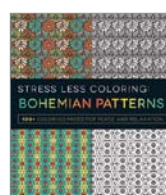
The Mandala Coloring Book, Volume II
Jim Gogarty
9781440595936
\$15.99 (CAN \$19.99), PB
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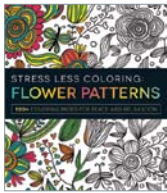


Stress Less Coloring Bohemian Patterns
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9781440595073
\$14.99 (CAN \$16.99), PB
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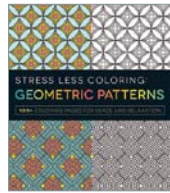


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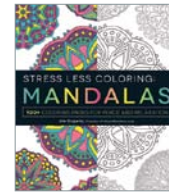
Stress Less Coloring Geometric Patterns
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9781440593871
\$14.99 (CAN \$16.99), PB
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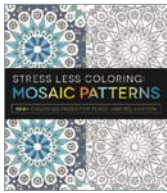
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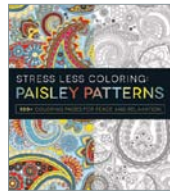
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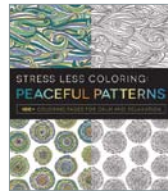
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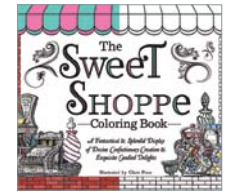
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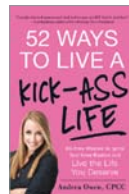


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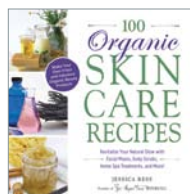


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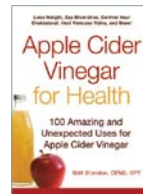
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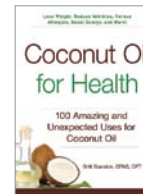
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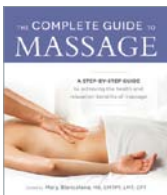
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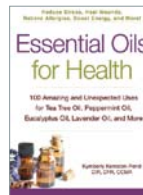
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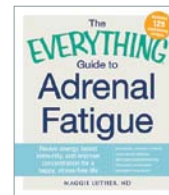
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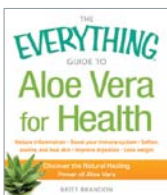
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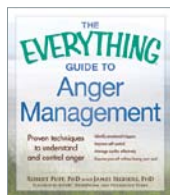
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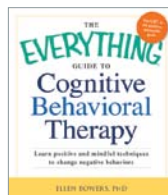
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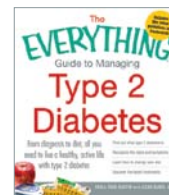
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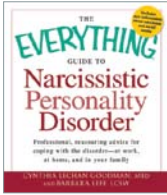
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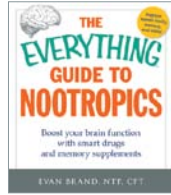
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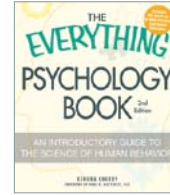
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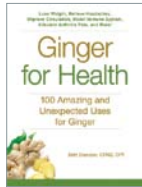
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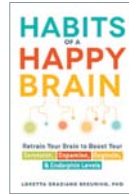
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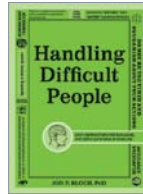
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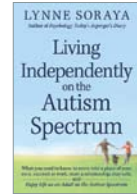
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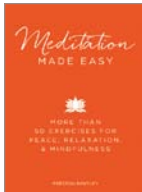
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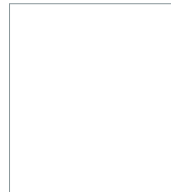
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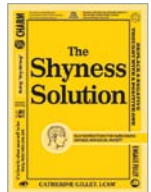
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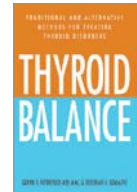
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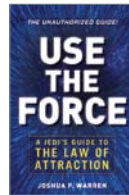
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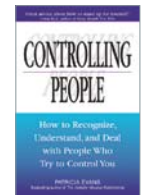
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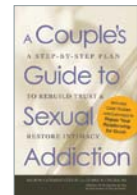
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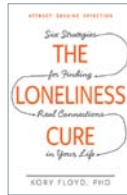
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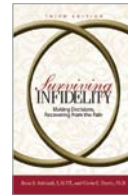
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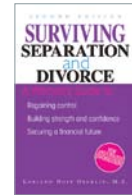
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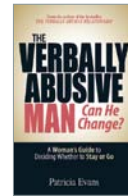
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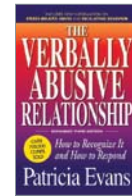
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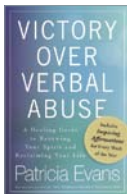
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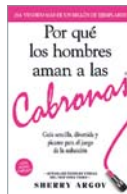
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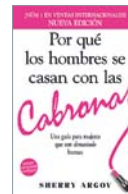
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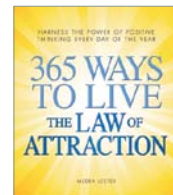
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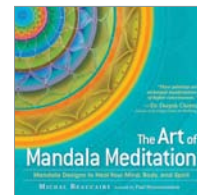
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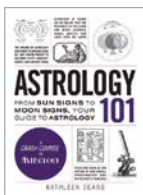
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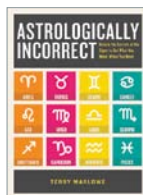
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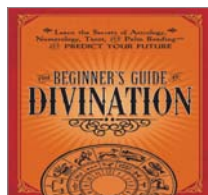
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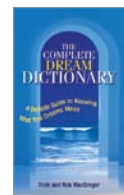
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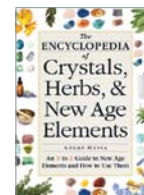
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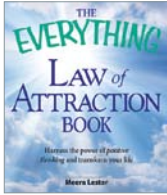
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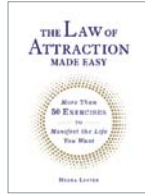
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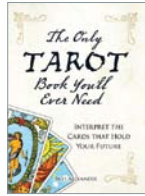
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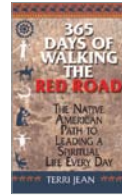
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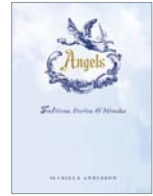
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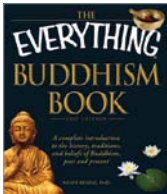
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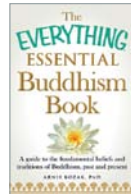
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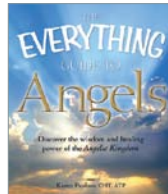
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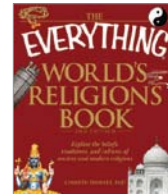
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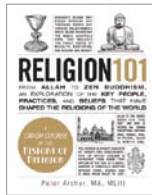
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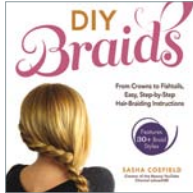
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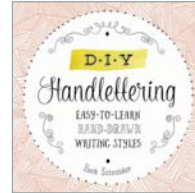
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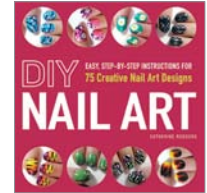
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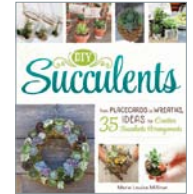
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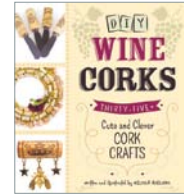
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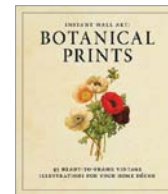
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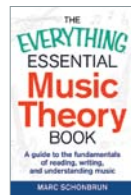
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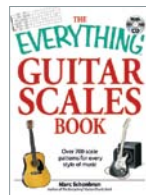
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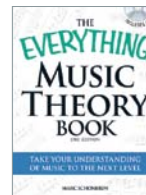
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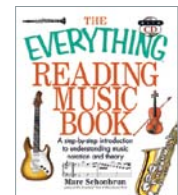
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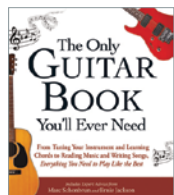
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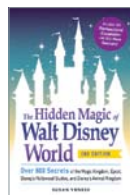
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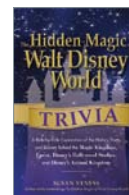
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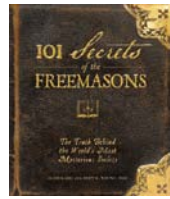
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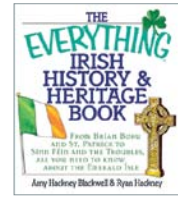
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INDEX

3D Origami Fun!	85	Bartender's Guide	79	Comment Cards for Life	71
\$5 a Meal College Cookbook	78	Become Your Own Boss in 12 Months, 2nd Edition	64	The Complete Dream Dictionary	84
The \$5 a Meal College Vegetarian Cookbook	79	A Beginner's Guide to Day Trading Online, 2nd Edition	65	The Complete Guide to Massage	82
The 5 Years Before You Retire	65	The Beginner's Guide to Divination	84	The Complete Mother of the Groom	85
The \$7 a Meal Slow Cooker Cookbook	78	A Beginner's Guide to Online Genealogy	70	The Conscious Parent's Guide to ADHD	75
The 25 Most Common Sales Mistakes and How to Avoid Them, 3rd Edition	66	A Beginner's Guide to Short-Term Trading, 2nd Edition	65	The Conscious Parent's Guide to Asperger's Syndrome	75
The 25 Sales Habits of Highly Successful Salespeople, 3rd Edition	66	Beneath Wandering Stars	63	The Conscious Parent's Guide to Autism	75
52 Ways to Live a Kick-Ass Life	82	The Best Bar Trivia Book Ever	71	The Conscious Parent's Guide to Childhood Anxiety	76
The 100 Best Stocks to Buy in 2017	20	The Best Joke Book (Period)	71	The Conscious Parent's Guide to Coparenting	76
100 Organic Skincare Recipes	82	The Best of Everything Crosswords Book	72	The Conscious Parent's Guide to Executive Functioning Disorder	76
The 101 Habits of Highly Successful Screenwriters, 10th Anniversary Edition	68	The Best of Everything Word Search Book	72	The Conscious Parent's Guide to Gender Identity	76
101 Quizzes For BFFs	75	The Best Oral Sex Ever - Her Guide to Going Down	84	The Conscious Parent's Guide to Positive Discipline	76
101 Quizzes for Brides and Grooms	59	The Best Oral Sex Ever - His Guide to Going Down	84	Controlling People	83
101 Quizzes for Couples	83	A Better Goodbye	63	Country Hardball	2
101 Secrets of the Freemasons	87	The Bible Coloring Book	81	A Couple's Guide to Sexual Addiction	83
101 Things You Didn't Know about Irish History	87	The Big Book of Diabetic Recipes	79	The Craft Beer Bites Cookbook	78
150 Tips and Tricks for New Nurses	66	The Big Book of Gluten-Free Recipes	79	The Craft Beer Cookbook	78
150+ Screen-Free Activities for Kids	75	The Big Book of Healthy Smoothies and Juices	79	Creating Really Awesome Free Things	75
201 Gluten-Free Recipes for Kids	79	The Big Book of Low-Sodium Recipes	79	Creative Anarchy	67
201 Organic Baby and Toddler Meals	76	The Big Book of Mandalas Coloring Book	81	The Creative Person's Website Builder	67
201 Organic Baby Purees	76	The Big Book of Mandalas Coloring Book, Volume 2	81	Creative Stuff	67
The 250 Job Interview Questions, 4th Edition	66	The Big Book of Paleo Recipes	80	Creative Workshop	67
250 Questions for Starting a Nonprofit	65	The Big Book of Pressure Cooker Recipes	78	The Creativity Challenge	82
365 Days of Beer 2017 Daily Calendar	57	The Big Book of Slow Cooker Recipes	78	The Creepypasta Collection	1
365 Days Of Walking The Red Road	85	The Big Book of Words You Should Know	70	Crossing into Brooklyn	63
365 Facts That Will Scare the S#*t Out of You 2017 Daily Calendar	57	The Big Book of Words You Should Know to Sound Smart	70	Culture+Typography	67
365 Questions for Couples	83	Big Fat Disaster	6, 63	The Curiosity Shoppe Coloring Book	81
365 Toddler Activities that Inspire Creativity	75	Blogging for Creatives	67	Dad's Book of Awesome Projects	75
365 Ways to Live the Law of Attraction	84	Bloody Royal Prints	64	Dad's Book of Awesome Recipes	78
500 Foreign Words & Phrases You Should Know to Sound Smart	69	Breakfast with Neruda	63	Dad's Book of Awesome Science Experiments	75
500 Letters for Difficult Situations	68	Breakthrough Thinking	67	The DASH Diet 30-Minute Cookbook	80
1,001 Facts that Will Scare the S#*t Out of You	71	Build Your Own Brand	67	Dead Loudmouth	64
2002 Romantic Ideas, 3rd Edition	83	Building Better Brands	67	Dead Rapunzel	64
Above the Fold, Revised Edition	67	Bullied Kids Speak Out	75	Design Basics Index	67
Adaptogens	31	Bushcraft 101	70	Design Funny	67
Advanced Bushcraft	69	The Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild	61	Desperate Detroit and Stories of Other Dire Places	64
Aftermath	9	Cat Miracles	77	Dessert First	13
Alice In Wonderland High	63	Catacombs of Terror!	5	Detroit Is Our Beat	64
America the Beautiful	43	Check These Out	70	Dial Em for Murder	8
American Government 101	23	Choose Your Retirement	65	Dig Two Graves	64
Anatomy 101	69	Choosing Love	83	DIY Artisanal Soaps	86
Angels	85	The Civilized Guide to Tabletop Gaming	53	DIY Bedroom Decor	75
Another F*cking Coloring Book	44	Closing Techniques (That Really Work!), 4th Edition	66	DIY Braids	86
Apple Cider Vinegar For Health	82	Coconut Oil for Health	82	DIY Chalkboard Crafts	86
Archetypes in Branding	67	Coffee Nerd	79	DIY Handlettering	86
Architecture 101	70	Cold Calling Techniques (That Really Work!), 7th Edition	66	DIY Metal Stamped Jewelry	51
The Art of Illustrated Maps	67	College Hacks	70	DIY Nail Art	86
The Art of Mandala Meditation	84	Color - The Professional's Guide	67	DIY Rustic Modern Metal Crafts	86
The Art of Nature Coloring Book	81	Color Blind	12	DIY Succulents	86
Astrologically Incorrect	84	Color Inspirations	67	DIY T-Shirt Crafts	86
Astrology 101	84			DIY Updos, Knots, and Twists	86
Astronomy 101	70			DIY Wine Corks	86
				DIY Wood Pallet Projects	86
				Do Less	82

The Dog Whisperer, 2nd Edition	77	The Everything Easy Large-Print Word Search Book, Volume IV	72	The Everything Guide to Homeschooling	68
Dude, You're a Dad!	76	The Everything Easy Mediterranean Cookbook	78	The Everything Guide to Integrative Pain Management	82
Dude, You're Gonna Be a Dad!	76	The Everything Easy Word Search Book	72	The Everything Guide to The Ketogenic Diet	80
The Duration	64	The Everything Easy Word Search Book, Volume II	72	The Everything Guide to Managing Type 2 Diabetes	82
Economics 101	64	The Everything Essential Brazilian Portuguese Book	69	The Everything Guide to Narcissistic Personality Disorder	83
The Emoji-To-English Dictionary	71	The Everything Essential Buddhism Book	85	The Everything Guide to Network Marketing	65
The Encyclopedia of Crystals, Herbs, and New Age Elements	84	The Everything Essential Dog Training and Tricks Book	77	The Everything Guide to Nootropics	83
Essential Baby Sign Language	76	The Everything Essential French Book	69	The Everything Guide to Online Genealogy, 3rd Edition	70
Essential Oils for a Clean and Healthy Home	77	The Everything Essential German Book	69	The Everything Guide to Selling Arts & Crafts Online	86
Essential Oils for Health	82	The Everything Essential Music Theory Book	86	The Everything Guide to Smoking Food	78
Everyday Grain-Free Baking	80	The Everything Essential Russian Book	69	The Everything Guide to Spices for Health	83
Everyday Magic	11	The Everything Essential Spanish Book	69	The Everything Guide to Study Skills	68
The Everything American Government Book	87	The Everything Executor and Trustee Book	65	The Everything Guide to the Acid Reflux Diet	80
The Everything Bartender's Book, 4th Edition	79	The Everything Father-to-Be Book, 3rd Edition	76	The Everything Guide to the Carb Cycling Diet	80
The Everything Bible Word Search Book	72	The Everything Fondue Cookbook	78	The Everything Guide to the Low-Fodmap Diet	80
The Everything Big Book of Fat Bombs	27	The Everything German Phrase Book & Dictionary	69	The Everything Guide to the MIND Diet	29
The Everything Big Book of Jokes	71	The Everything Giant Book of Crosswords	72	The Everything Guide to Writing Children's Books, 2nd Edition	68
The Everything Brazilian Portuguese Practice Book with CD	69	The Everything Giant Book of Juicing	80	The Everything Guide to Writing Your First Novel	68
The Everything Buddhism Book, 2nd Edition	85	The Everything Giant Book of Word Searches	72	The Everything Guitar Scales Book with CD	86
The Everything Business Plan Book with CD	64	The Everything Giant Book of Word Searches Volume II	72	The Everything Hard Cider Book	79
The Everything Career Tests Book	66	The Everything Giant Book of Word Searches, Volume 10	73	The Everything Healthy Slow Cooker Cookbook	78
The Everything Cast-Iron Cookbook	78	The Everything Giant Book of Word Searches, Volume 11	73	The Everything Investing in Your 20s and 30s Book	65
The Everything Chess Basics Book	74	The Everything Giant Book of Word Searches, Volume 8	73	The Everything Irish History & Heritage Book	87
The Everything Chinese Cookbook, 2nd Edition	78	The Everything Giant Book of Word Searches, Volume 9	73	The Everything Job Interview Book, 3rd Edition	66
The Everything Classical Mythology Book, 2nd Edition	70	The Everything Giant Book of Word Searches, Volume III	73	The Everything Juicing Book	80
The Everything College Cookbook	78	The Everything Giant Book of Word Searches, Volume IV	73	The Everything Kids' Astronomy Book	74
The Everything DASH Diet Cookbook	80	The Everything Giant Book of Word Searches, Volume V	73	The Everything Kids' Baseball Book, 9th Edition	74
The Everything Dog Obedience Book	77	The Everything Giant Book of Word Searches, Volume VI	73	The Everything Kids' Basketball Book, 2nd Edition	74
The Everything Dog Training and Tricks Book, 2nd Edition	77	The Everything Giant Book of Word Searches, Volume VII	73	The Everything Kids' Connect the Dots Puzzle and Activity Book	74
The Everything Dutch Oven Cookbook	25	The Everything Gluten-Free Slow Cooker Cookbook	80	The Everything Kids' Cookbook, 2nd Edition	74
The Everything Easy Asian Cookbook	78	The Everything Green Smoothies Book	80	The Everything Kids' Football Book, 5th Edition	74
The Everything Easy Cross-Words Book	72	The Everything Groom Book	85	The Everything Kids' Geography Book	74
The Everything Easy Large-Print Crosswords Book	72	The Everything Guide to Adrenal Fatigue	82	The Everything Kids' Giant Book of Jokes, Riddles, and Brain Teasers	74
The Everything Easy Large-Print Crosswords Book, Volume 7	54	The Everything Guide to Aloe Vera for Health	82	The Everything Kids' Hidden Pictures Book	74
The Everything Easy Large-Print Crosswords Book, Volume III	72	The Everything Guide to Anatomy and Physiology	68	The Everything Kids' Human Body Book	75
The Everything Easy Large-Print Crosswords Book, Volume IV	72	The Everything Guide to Angels	85	The Everything Kids' Learning French Book	75
The Everything Easy Large-Print Crosswords Book, Volume V	72	The Everything Guide to Anger Management	82	The Everything Kids' Learning Spanish Book, 2nd Edition	75
The Everything Easy Large-Print Crosswords Book, Volume VI	72	The Everything Guide to The Autoimmune Diet	80	The Everything Kids' Magical Science Experiments Book	75
The Everything Easy Large-Print Word Search Book	72	The Everything Guide to The Blood Sugar Diet	80	The Everything Kids' Math Puzzles Book	74
The Everything Easy Large-Print Word Search Book, Volume 5	72	The Everything Guide to Cognitive Behavioral Therapy	82	The Everything Kids' Mazes Book	74
The Everything Easy Large-Print Word Search Book, Volume 6	72	The Everything Guide to Cooking Sous Vide	78	The Everything Kids' Money Book, 2nd Edition	75
The Everything Easy Large-Print Word Search Book, Volume 7	55	The Everything Guide to Customer Engagement	66	The Everything Kids' Puzzle Book	74
The Everything Easy Large-Print Word Search Book, Volume II	72	The Everything Guide to Flipping Houses	65	The Everything Kids' Science Experiments Book	75
The Everything Easy Large-Print Word Search Book, Volume III	72	The Everything Guide to Gut Health	80	The Everything Kids' Soccer Book, 3rd Edition	75
		The Everything Guide to Hashimoto's Thyroiditis	30	The Everything Kids' Travel Activity Book	74
				The Everything KIDS' Weather Book	75
				The Everything Kids' Word Search Puzzle and Activity Book	74
				The Everything Labrador Retriever Book	77

INDEX

The Everything Large-Print Bible Word Search Book	73	The Everything Parent's Guide to Common Core Math Grades 6-8	68	Graphic Artist's Guild Handbook of Pricing and Ethical Guidelines, 14th Edition	67
The Everything Large-Print Bible Word Search Book, Volume II	73	The Everything Parent's Guide to Common Core Math Grades K-5	68	Graphic Design Exercise Book - Revised Edition	67
The Everything Large-Print Crosswords Book, Volume III	72	The Everything Parent's Guide to Common Core Science Grades 6-8	68	Graphic the Valley	2
The Everything Large-Print Cryptograms Book	74	The Everything Parent's Guide to Raising Boys, 2nd Edition	76	A Guide to Improvised Weaponry	70
The Everything Large-Print Travel Word Search Book	73	The Everything Parent's Guide to Sensory Processing Disorder	76	The Guide to Writing Fantasy and Science Fiction	69
The Everything Large-Print Travel Word Search Book, Volume II	73	The Everything Parent's Guide to Special Education	76	Habits of a Happy Brain	83
The Everything Large-Print TV Word Search Book	73	The Everything Parent's Guide to Teenage Addiction	76	Half In Love with Death	63
The Everything Large-Print Word Search Book Volume III	73	The Everything Personal Finance in Your 20s & 30s Book, 3rd Edition	65	Handling Difficult People	83
The Everything Large-Print Word Search Book, Volume 10	73	The Everything Pressure Cooker Cookbook	79	A Hard and Heavy Thing	64
The Everything Large-Print Word Search Book, Volume 11	73	The Everything Psychology Book, 2nd Edition	83	Healthcare Made Easy	65
The Everything Large-Print Word Search Book, Volume 8	73	The Everything Reading Music Book with CD	86	The Healthy Hound Cookbook	77
The Everything Large-Print Word Search Book, Volume 9	73	The Everything Sign Language Book, 2nd Edition	69	The Healthy Soup Cleanse Recipe Book	80
The Everything Large-Print Word Search Book, Volume II	73	The Everything Soapmaking Book, 3rd Edition	86	The Heir and the Spare	63
The Everything Large-Print Word Search Book, Volume IV	73	The Everything Start Your Own Business Book, 4th Edition with CD	65	The Her Campus Guide to College Life	68
The Everything Large-Print Word Search Book, Volume V	73	The Everything STEM Handbook	68	The Hidden Magic of Walt Disney World Trivia	86
The Everything Large-Print Word Search Book, Volume VI	73	The Everything Stir-Fry Cookbook, 2nd Edition	78	The Hidden Magic of Walt Disney World, 2nd Edition	86
The Everything Large-Print Word Search Book, Volume VII	73	The Everything Toddler Activities Book, 2nd Edition	76	The Hollow Girl	64
The Everything Law of Attraction Book	85	The Everything TV Word Search Book	74	The Homebrewer's Journal	79
The Everything Learning Brazilian Portuguese Book	69	The Everything Vegan Paleo Cookbook	79	How To Beat Anyone at Chess	74
The Everything Learning German Book, 2nd Edition	69	The Everything Wedding Checklist Book, 3rd Edition	85	How to Learn Almost Anything in 48 Hours	38
The Everything Learning Russian Book with CD	69	The Everything Wedding Etiquette Book, 4th Edition	85	How to Talk to Your Kids about Your Divorce	76
The Everything Learning Spanish Book with CD, 2nd Edition	69	The Everything Wedding Organizer	58	How We Fall	6, 63
The Everything Low-FODMAP Diet Cookbook	80	The Everything Weeknight Paleo Cookbook	80	The "I Don't Know How to Cook" Book, 3rd Edition	78
The Everything Mediterranean Cookbook, 2nd Edition	78	The Everything Wild Game Cookbook	78	The "I Love My NutriBullet" Recipe Book	80
The Everything Mediterranean Diet Book	80	The Everything Word Search Book	74	I Hate Everyone	71
The Everything Metabolism Diet Cookbook	80	The Everything Word Search for the Beach Book	74	I Hate Everything	71
The Everything More Memory Booster Puzzles Book	74	The Everything World's Religions Book, 2nd Edition	85	I Like You Just Fine When You're Not Around	64
The Everything Mother of the Bride Book, 4th Edition	85	Extreme Lo-Carb Meals on the Go	80	The "I Love My NutriBullet" Green Smoothies Recipe Book	24
The Everything Movie Word Search Book	73	Facts from Space!	33	I Think I Am in Friend-Love with You	71
The Everything Music Theory Book with CD, 2nd Edition	86	Fairies	70	I Work at A Public Library	71
The Everything New Puppy Book	77	Felon Fitness	81	Identity Crisis	63
The Everything Paleolithic Diet Book	80	Finding Peace When Your Heart Is in Pieces	83	If I Was You	69
The Everything Panini Press Cookbook	79	Forbidden Knowledge	71	An Illustrated Life	67
The Everything Parent's Guide to Children with Executive Functioning Disorder	76	Forest Of Fortune	64	An Infinite Number of Parallel Universes	7, 63
The Everything Parent's Guide to Common Core ELA, Grades 6-8	68	Formerly Fingerman	64	Infused Water	80
The Everything Parent's Guide to Common Core ELA, Grades K-5	68	Gardening for Geeks	77	Instant Wall Art - Botanical Prints	86
		The Geek Baby Book	76	Instructions for Happiness and Success	83
		Getting Back Together, 2nd Edition	84	Investing 101	65
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		Gluten-Free Baking with The Culinary Institute of America	80	Keep Calm and Shut the F*ck Up	71
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		Grace	64	Kiss, Bow, or Shake Hands, 2nd Edition	65
				Knock 'em Dead 2017	17
				Knock 'em Dead Cover Letters	18
				Knock 'em Dead Hiring the Best, 6th Edition	66
				Knock 'em Dead Job Interview	66
				Knock 'em Dead Resumes	19
				Knock 'em Dead Secrets & Strategies for First-Time Job Seekers	66
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Life Hacks	70	The Only Wine Book You'll Ever Need.....	79	Stop. Breathe. Chill.	75
Living Independently on the Autism Spectrum	83	On-the-Go Fun for Kids!	76	Straight-A Study Skills	68
Local Girl Swept Away	63	Oops! How to Rock the Mother of All Surprises	77	The Strategic Designer	68
LogoLounge 9.....	67	The Organically Clean Home	77	Stress Free Kids.....	76
The Loneliness Cure.....	84	Outbreak!	32	Stress Less Coloring - Animals.....	81
Madame Tussaud's Apprentice	63	Paleo Green Smoothies.....	81	Stress Less Coloring - Around the World.....	50
Make Your Own Bucket List	71	Paleo Smoothies.....	81	Stress Less Coloring - Bohemian Patterns	81
Making Social Security Work for You.....	65	A Paper Son.....	64	Stress Less Coloring - Butterfly Gardens.....	49
Managing Difficult People.....	65	The Parent's Guide to Down Syndrome	76	Stress Less Coloring - By the Shore	48
The Mandala Coloring Book	81	Peace. Joy. Color	81	Stress Less Coloring - Cats	47
The Mandala Coloring Book, Volume II.....	81	Pensionless.....	66	Stress Less Coloring - Cheerful Patterns	46
Manifesting Made Easy	34	Perdita.....	63	Stress Less Coloring - Fantasy	81
The Manipulative Man	84	Performance Appraisal Phrase Book.....	65	Stress Less Coloring - Flower Patterns	82
Math Geek.....	70	Philosophy 101	70	Stress Less Coloring - Geometric Patterns.....	82
Meditation Made Easy.....	83	The Physics of Brand.....	67	Stress Less Coloring - Joyful Patterns.....	82
Mermaids	70	Please Stop Laughing at Me	64	Stress Less Coloring - Love	82
A Mindful Evening.....	35	The Plot Whisperer.....	69	Stress Less Coloring - Mandalas	82
A Mindful Morning.....	83	Plot Whisperer Workbook	69	Stress Less Coloring - Paisley Patterns.....	82
Mini Donuts.....	79	Poor Little Dead Girls.....	63	Stress Less Coloring - Peaceful Patterns.....	82
The Minimalist Mom	41	Por que los hombres aman a las cabronas.....	84	Stress Less Coloring - Psychedelic Patterns	82
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The Modern Witchcraft Grimoire	40	Pregnancy Sucks for Men, 2nd Edition.....	77	Stress Less Coloring 2017 Wall Calendar	57
The Modern Witchcraft Spell Book	85	Pregnancy Sucks, 2nd Edition.....	77	Stress Less Word Search	52
Moon Spells	85	The Provenance Press Guide to the Wiccan Year...85		Sun Tzu - The Art of War for Managers, 2nd Edition	65
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The New Dad Dictionary	76	Raising Unicorns	71	The Sweet Shoppe Coloring Book.....	82
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The New Slow Cooker Cookbook	79	Roger's Thesaurus of Words for Intellectuals.....	70	Teach Me to Forget.....	15
Nimble	67	Roger's Thesaurus of Words for Writers.....	69	The Done Thing.....	4
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Norman Hall's Postal Exam Preparation Book, 3rd Edition.....	67	Selling to VITO the Very Important Top Officer, 3rd Edition.....	66	Tiny House Living	77
The No-Salt Cookbook.....	81	Show Me, Don't Tell Me.....	68	Tiny Houses Built with Recycled Materials.....	77
Now I Know.....	71	Shut Your Monkey	68	Today I Made a Difference.....	68
Now I Know More	71	The Shyness Solution	83	Toxic Men	84
Of Sea and Cloud.....	3, 64	Social Media Strategies for Investing	66	Treat Ideas Like Cats.....	37
Oh Boy, You're Having a Girl.....	77	Social Security 101	22	Trump Talk.....	64
On My Own Two Feet, 2nd Edition	65			Turmeric for Health	28
One-Star Reviews.....	71			The Twentysomething Guide to Getting it Together.....	83
				Type Teams	68
				U.S. History 101	87
				The Ultimate Book of Sales Techniques.....	66

INDEX

The Ultimate Day Trader.....	66	Your Illustrated Guide to Becoming One with the Universe	83
The Ultimate Freelancer's Guidebook.....	16		
The Ultimate Marketing Plan, 4th Edition.....	65		
The Ultimate Sales Letter, 4th Edition.....	66		
The Ultimate Treadmill Workout.....	81		
Unaccompanied Minor	63	Zen and the Art of Quilting	86
Unicorns	70	Zen and the Art of Running	81
The United States of Craft Beer	79		
The United States of Strange.....	71		
Unlocked	14		
Unlovely.....	7, 63		
The Unofficial Divergent Aptitude Test	75		
The Unofficial Downton Abbey Cookbook.....	77		
The Unofficial Downton Abbey Cookbook, Revised Edition	77		
The Unofficial Game of Thrones Cookbook	77		
The Unofficial Guide to Crafting the World of Harry Potter	75		
The Unofficial Harry Potter Cookbook.....	78		
Untouchable.....	3		
Use The Force.....	83		
Vegan Junk Food.....	79		
Verbal Abuse.....	84		
The Verbally Abusive Man - Can He Change?	84		
The Verbally Abusive Relationship, Expanded Third Edition.....	84		
Very Merry Coloring	42		
Victory over Verbal Abuse.....	84		
We Will Be Crashing Shortly.....	63		
Web Designer's Idea Book, Volume 4	68		
Weed 2017 Daily Calendar.....	57		
The Well Life.....	36		
What Do I Do If...?.....	70		
What They Didn't Teach You in Design School	68		
What's in Your Genes?	70		
Who Is Mackie Spence?	63		
Who R U Really?	63		
Why Men Love Bitches	84		
Wilderness Survival 101: A 2017 Daily Calendar	57		
WOD Motivation	81		
WOD Motivational Posters	81		
The Words You Should Know.....	70		
Words You Should Know in High School.....	71		
The Words You Should Know to Sound Smart.....	71		
Words You Should Know to Sound Smart 2017 Daily Calendar	57		
A Work of Art.....	7, 63		
WTF?	72		
The Yearbook	63		
Yoga for Children.....	76		
Yoga Journal Presents Restorative Yoga for Life	81		
Yoga Journal Presents Your Guide to Reflexology ..	81		
Yoga Journal Presents Your Guide to Reiki	81		
You Could Be Home By Now.....	64		
The Young Man's Guide.....	70		

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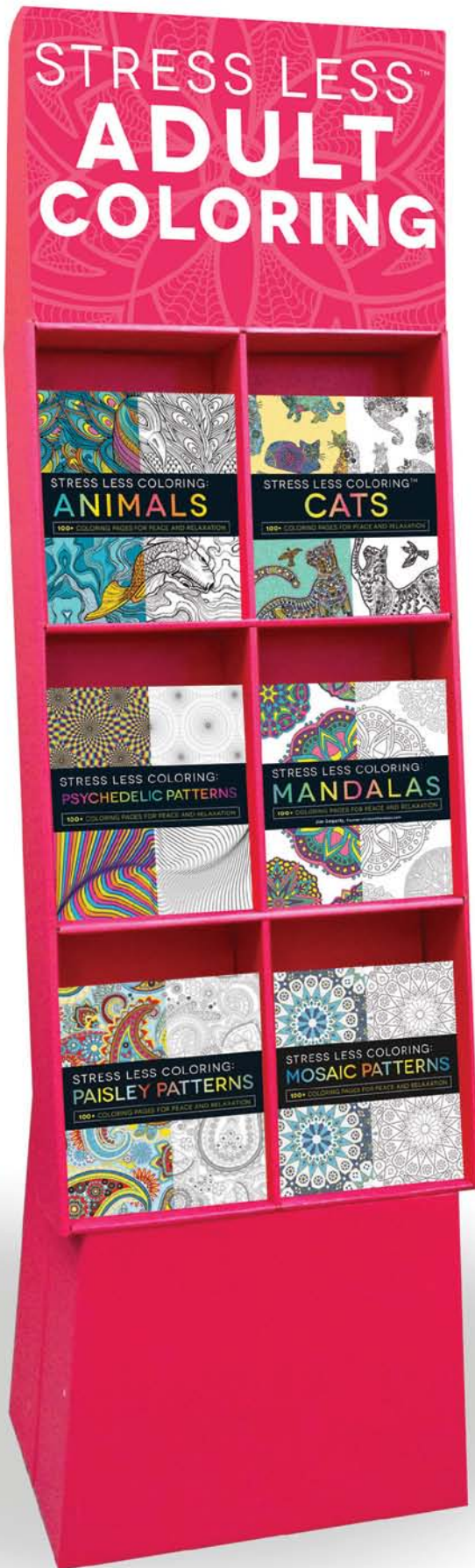
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